Aruba



Country report card

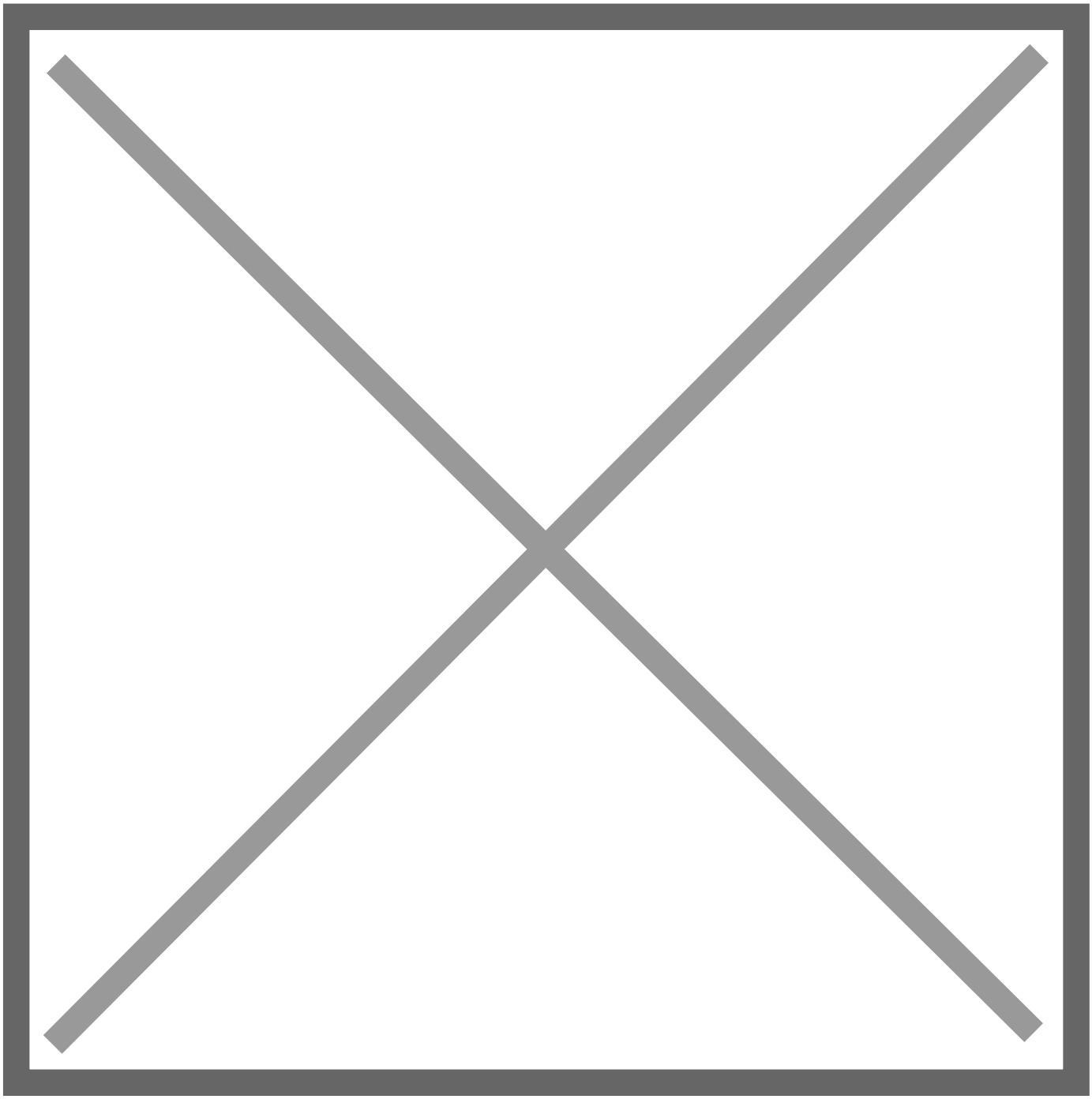
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/aruba-9/.

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Obesity prevalence

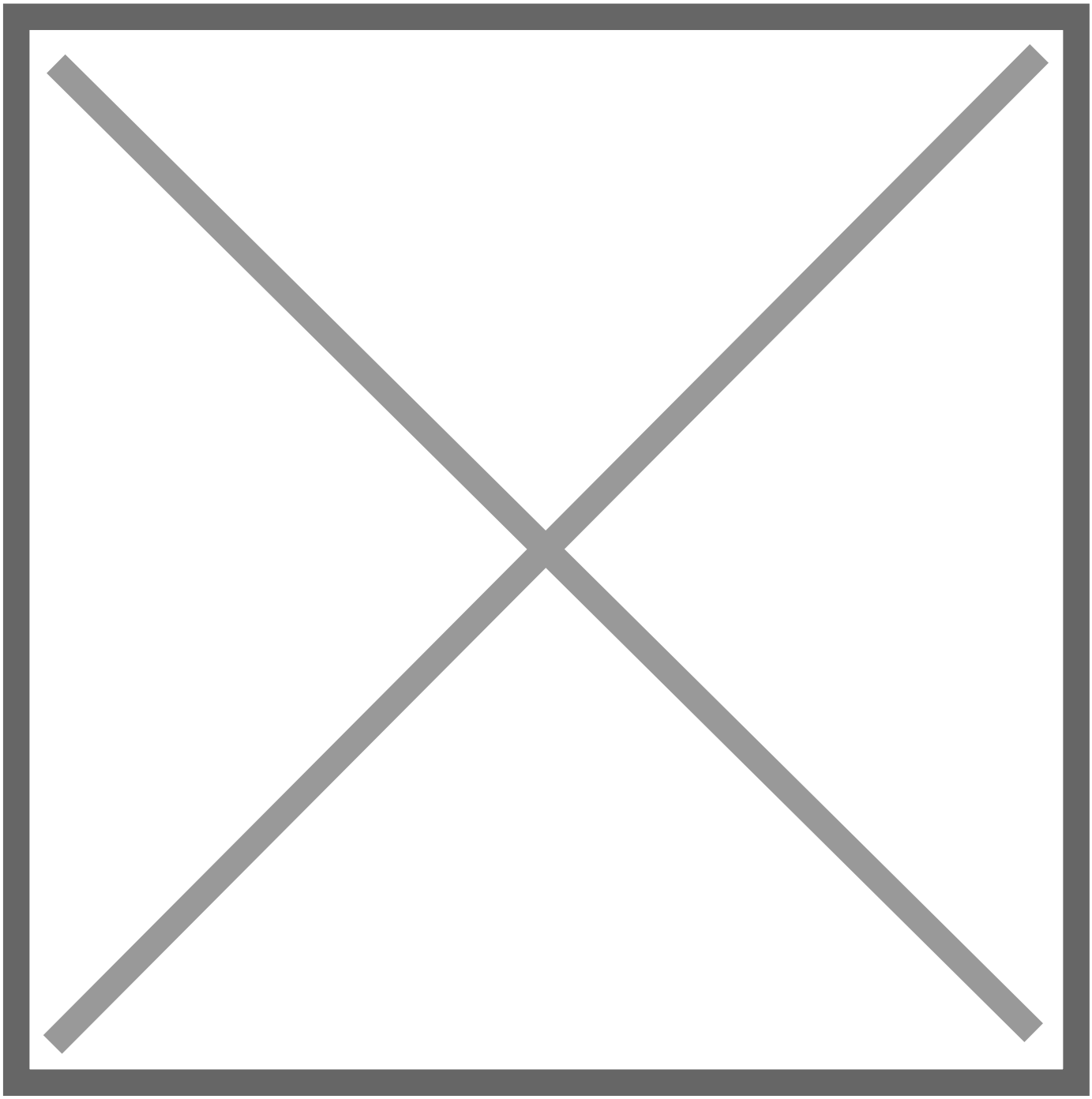
Adults, 2023



Survey type:	Measured
Age:	18-69
Sample size:	2736
Area covered:	National
References:	Pan American STEPS Risk Factor Surveillance Survey Aruba 2024 Report. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/aruba/steps/2023-steps-aruba-country-report.pdf?sfvrsn=28655eee_3&download=true (last accessed 05.09.24)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2012

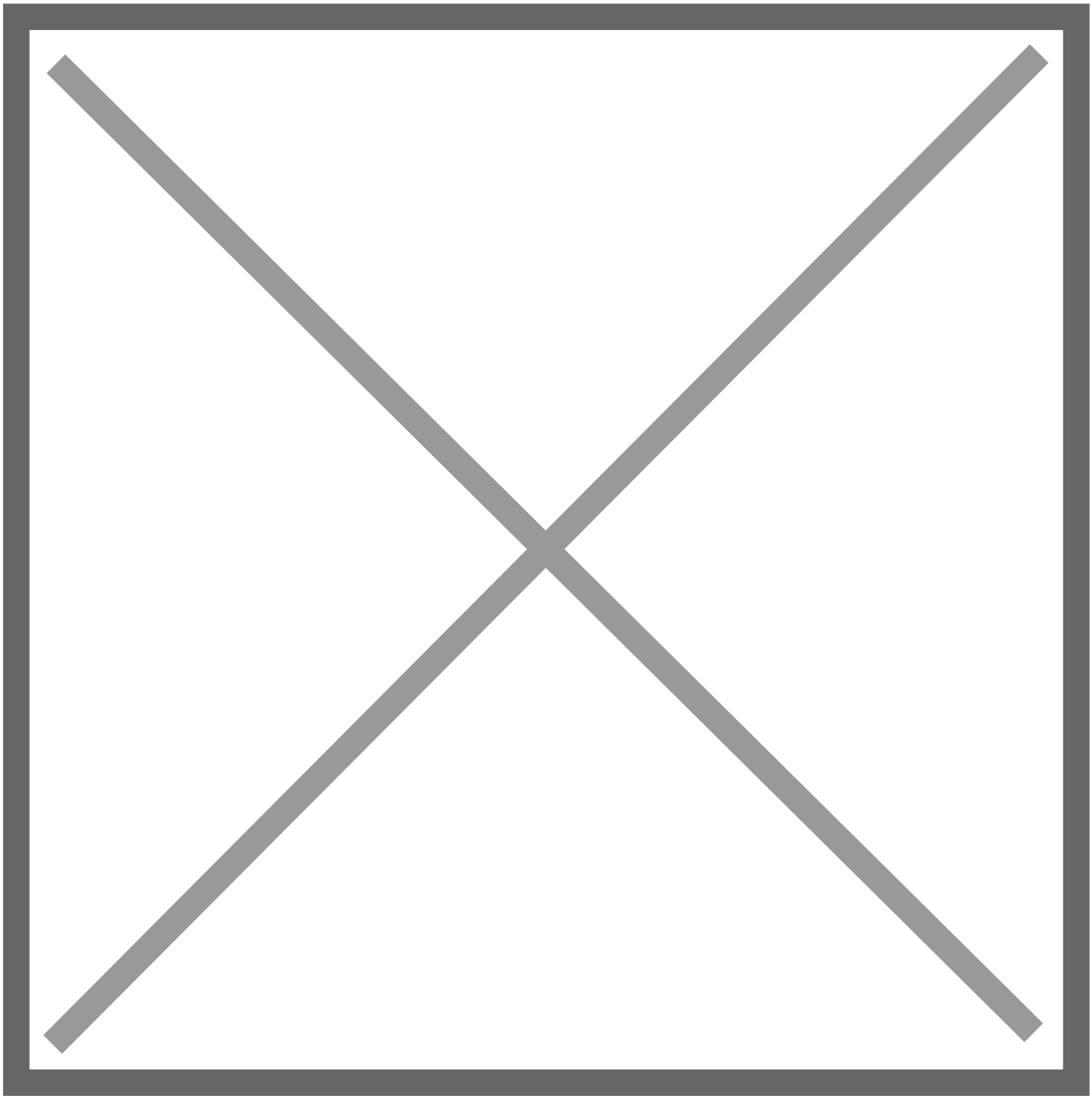


Survey type:	Measured
Age:	12-18
Sample size:	641
Area covered:	Subnational
References:	Youth Health Survey Aruba 2012 - The Department of Public Health of Aruba (DPH) https://cbs.aw/wp/wp-content/uploads/2013/01/Youth-Health-Survey-Aruba-2012-Report.pdf (last accessed 08.03.22).

Notes:	The sample for the Youth Health Survey Aruba 2012 was drawn by Central Bureau of Statistics (CBS) of Aruba, using the population data and of the population attending secondary schools. A random sample of all the classes of all 14 secondary schools on Aruba was drawn, comprehending 9058 adolescents. From this sample a sub sample was drawn for the collection of biometrical measurements.
Definitions:	In this survey the normative references for BMI for the male and female adolescents was taken from the Centre of Disease Control (CDC). BMI cut off points for the different weight categories varies for males and females.
Cutoffs:	CDC

Overweight/obesity by age

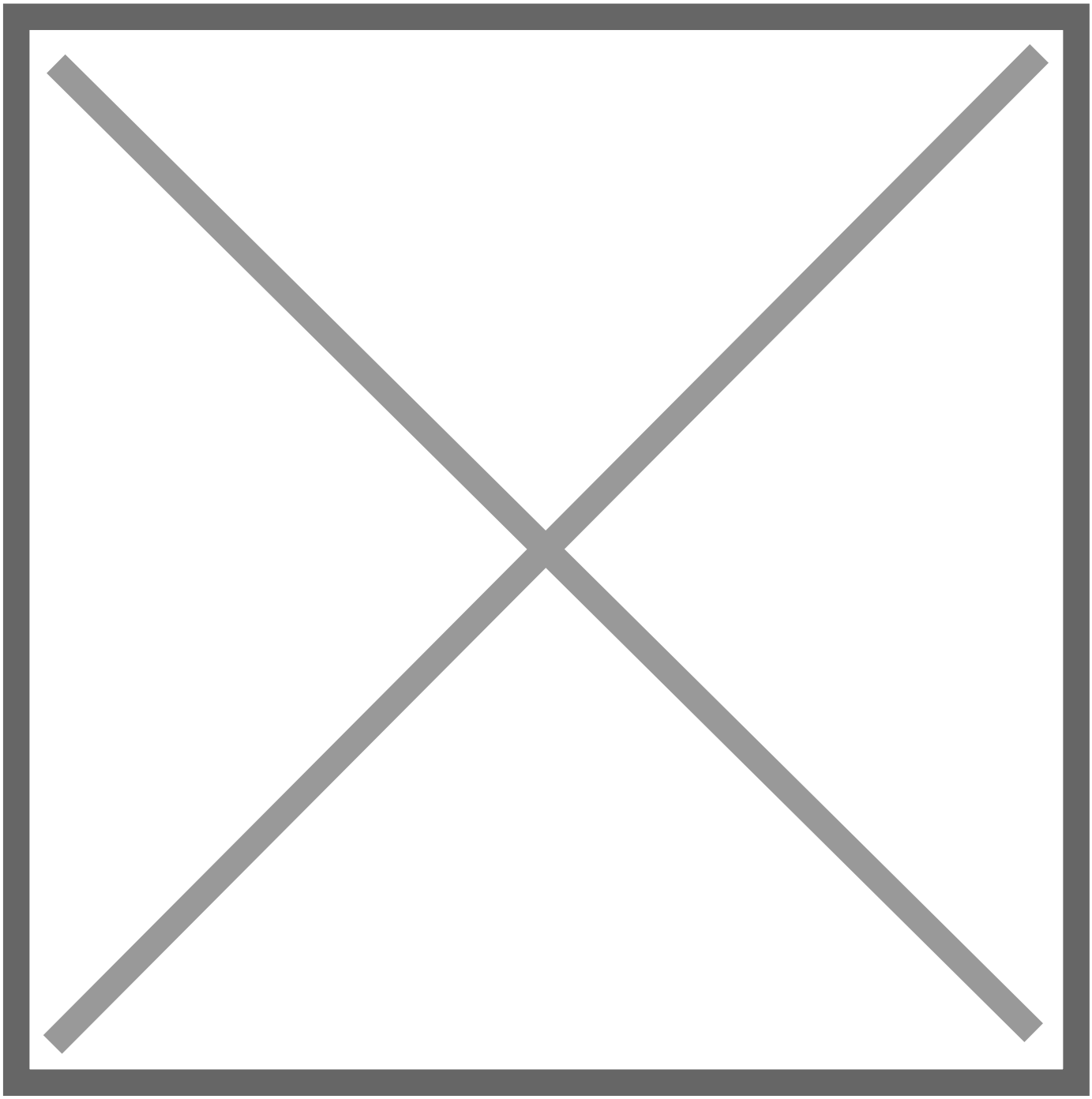
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Children, 2012

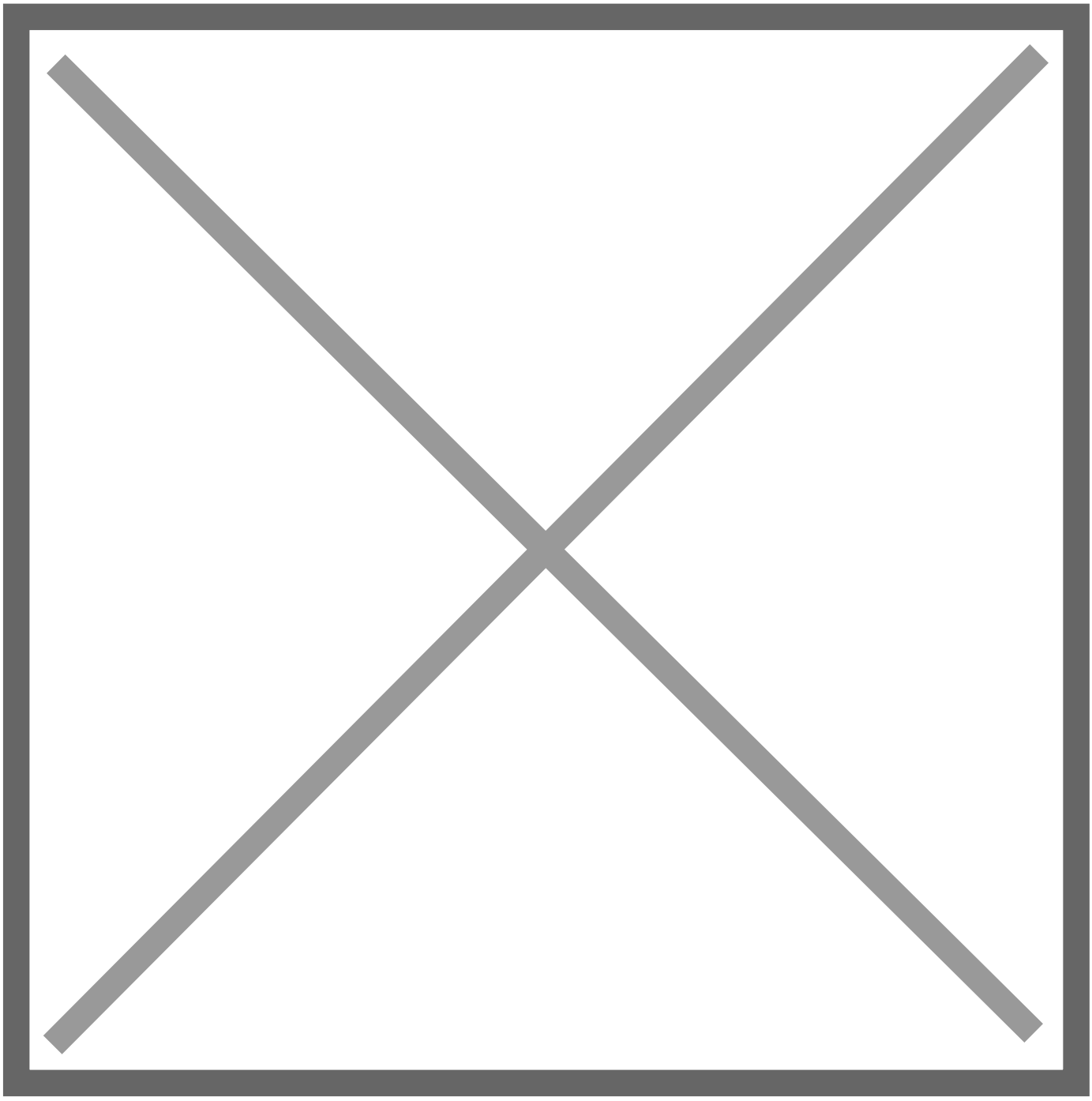


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Cutoffs:	CDC

Diabetes prevalence

Adults, 2024



References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org

PDF created on August 20, 2026