



# Argentina



## Country report card - children

*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/argentina-7/>.*



## Razširjenost debelosti

Otroci, 2018-2019



|                |           |
|----------------|-----------|
| Vrsta ankete:  | Izmerjeni |
| Starost:       | 5-17      |
| Obseg vzorcev: | ~8000     |

**Zajeto območje:**

Na regionalni ravni (v urbanih naseljih)

**Literatura:** 2° Encuesta Nacional de Nutrición 2018-2019. <https://fagran.org.ar/wp-content/uploads/2020/01/Encuesta-nacional-de-nutricion-y-salud.pdf> (Accessed 16.06.21)

**Opombe (na voljo samo v angleščini):**

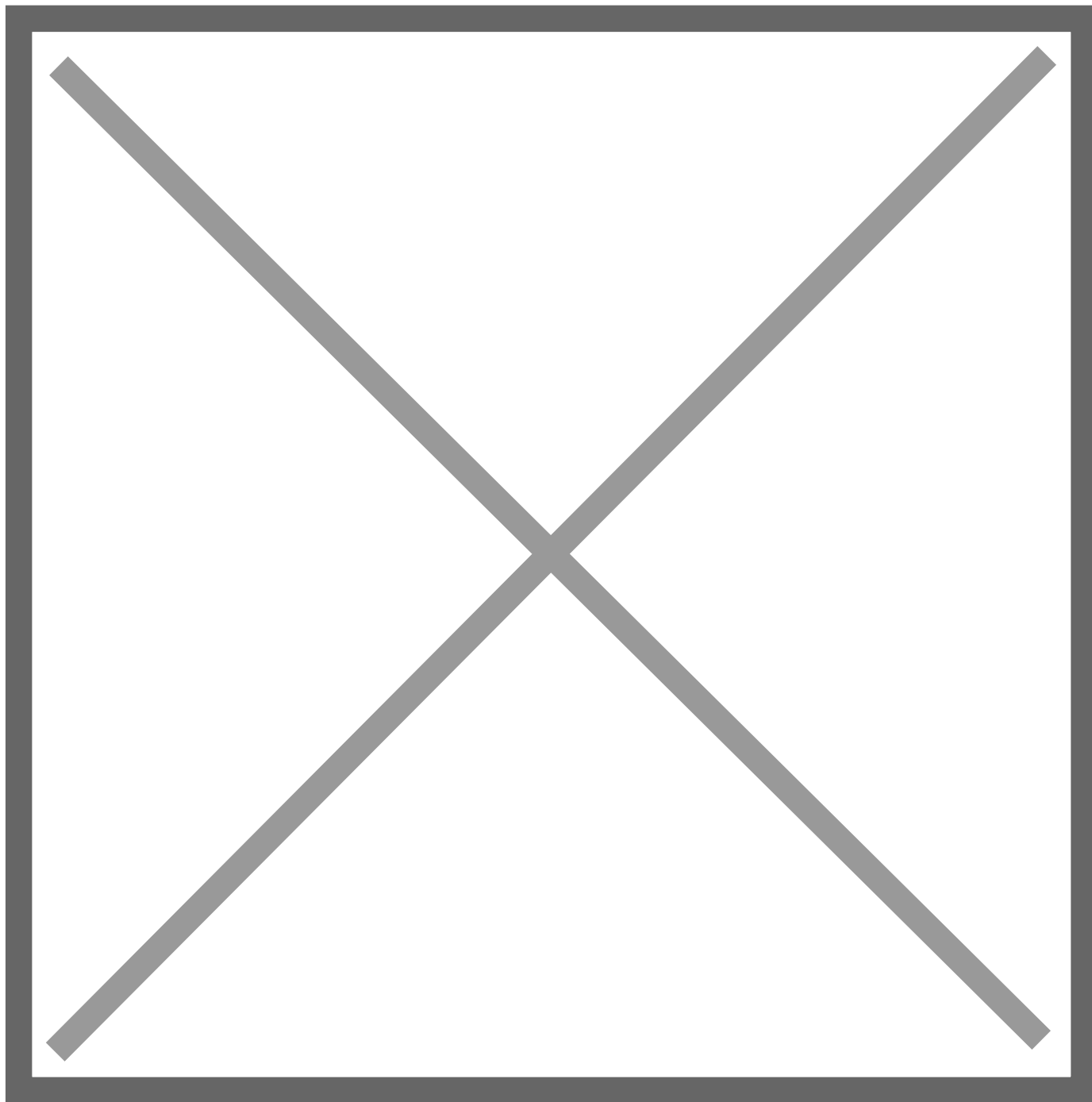
Representative of 6 urban regions in Argentina.

**Cutoffs:**

WHO

## % Children living with overweight or obesity 2007-2018

Deklice



**Vrsta ankete:**

Samoprijavljeni

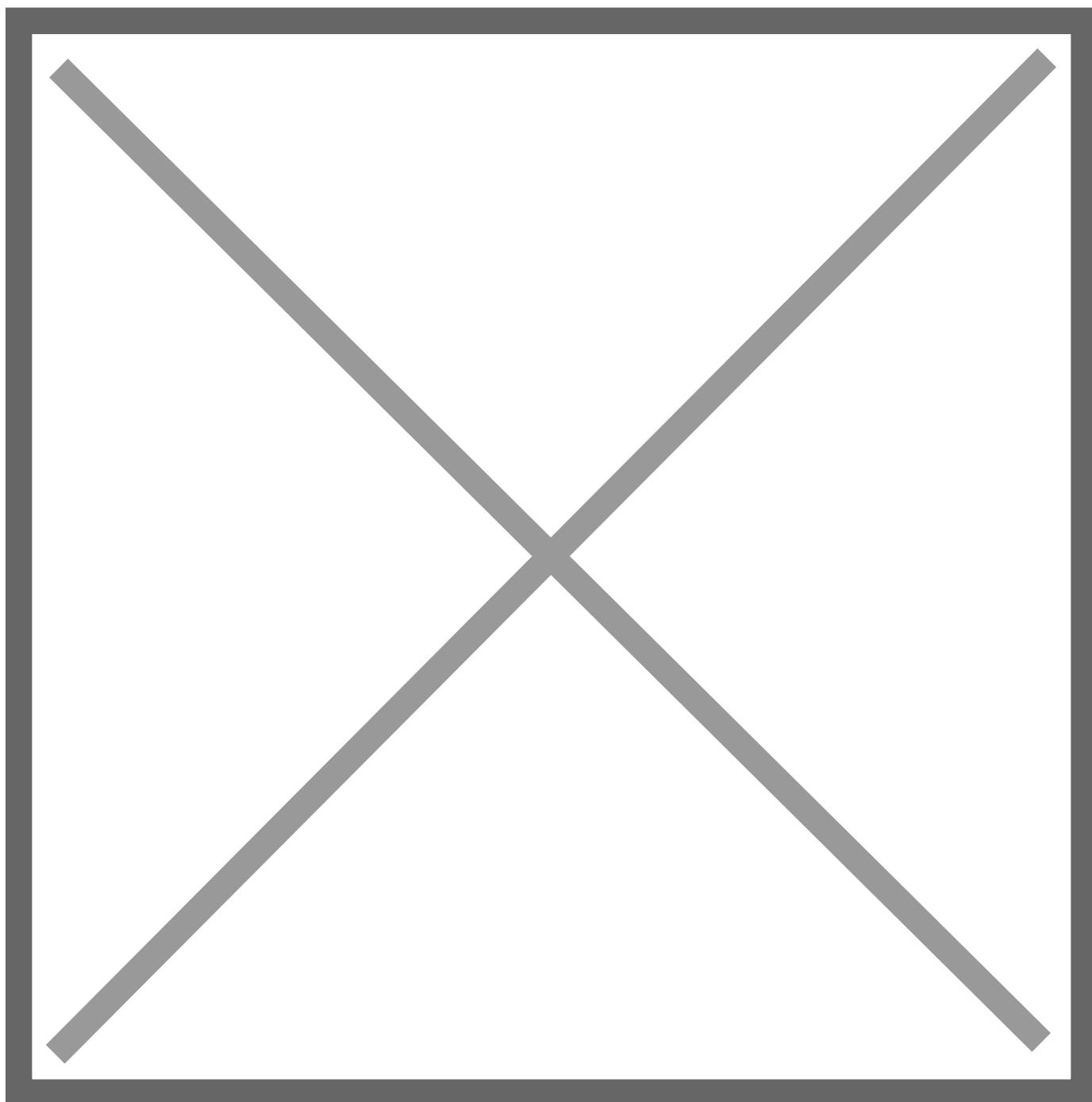
**Literatura:**

2007: Global School-based Student Health Survey, Argentina 2007 Fact Sheet. Available at [https://www.who.int/ncds/surveillance/gshs/2007\\_Argentina\\_fact\\_sheet.pdf?ua=1](https://www.who.int/ncds/surveillance/gshs/2007_Argentina_fact_sheet.pdf?ua=1)  
2012: Global School-based Student Health Survey (GSHS), available at [https://www.who.int/ncds/surveillance/gshs/Argentina\\_GSHS\\_FS\\_2012\\_National.pdf?ua=1](https://www.who.int/ncds/surveillance/gshs/Argentina_GSHS_FS_2012_National.pdf?ua=1) (last accessed 25.11.20)  
2018: Argentina Global School-Based Student Health Survey 2018. <https://extranet.who.int/ncdsmicrodata/index.php/catalog/866/download/6099> (Accessed 13.07.21)

Ä e ni navedeno drugaÄ e, se prekomerna teÅ¼a nanaÄja na ITM med 25 kg in 29,9 kg/m<sup>2</sup>, debelost pa na ITM, viÄji od 30 kg/m<sup>2</sup>.

Za zbiranje teh podatkov so bile morda uporabljene razliÄ ne metodologije, zato podatki iz razliÄ nih raziskav morda niso strogo primerljivi. Prosimo, da uporabljene metodologije preverite pri izvirnih virih podatkov

## Dejavniki



**Vrsta ankete:**

Samoprijavljeni

**Literatura:**

2007: Global School-based Student Health Survey, Argentina 2007 Fact Sheet. Available at [https://www.who.int/ncds/surveillance/gshs/2007\\_Argentina\\_fact\\_sheet.pdf?ua=1](https://www.who.int/ncds/surveillance/gshs/2007_Argentina_fact_sheet.pdf?ua=1)

2012: Global School-based Student Health Survey (GSHS), available at [https://www.who.int/ncds/surveillance/gshs/Argentina\\_GSHS\\_FS\\_2012\\_National.pdf?ua=1](https://www.who.int/ncds/surveillance/gshs/Argentina_GSHS_FS_2012_National.pdf?ua=1) (last accessed 25.11.20)

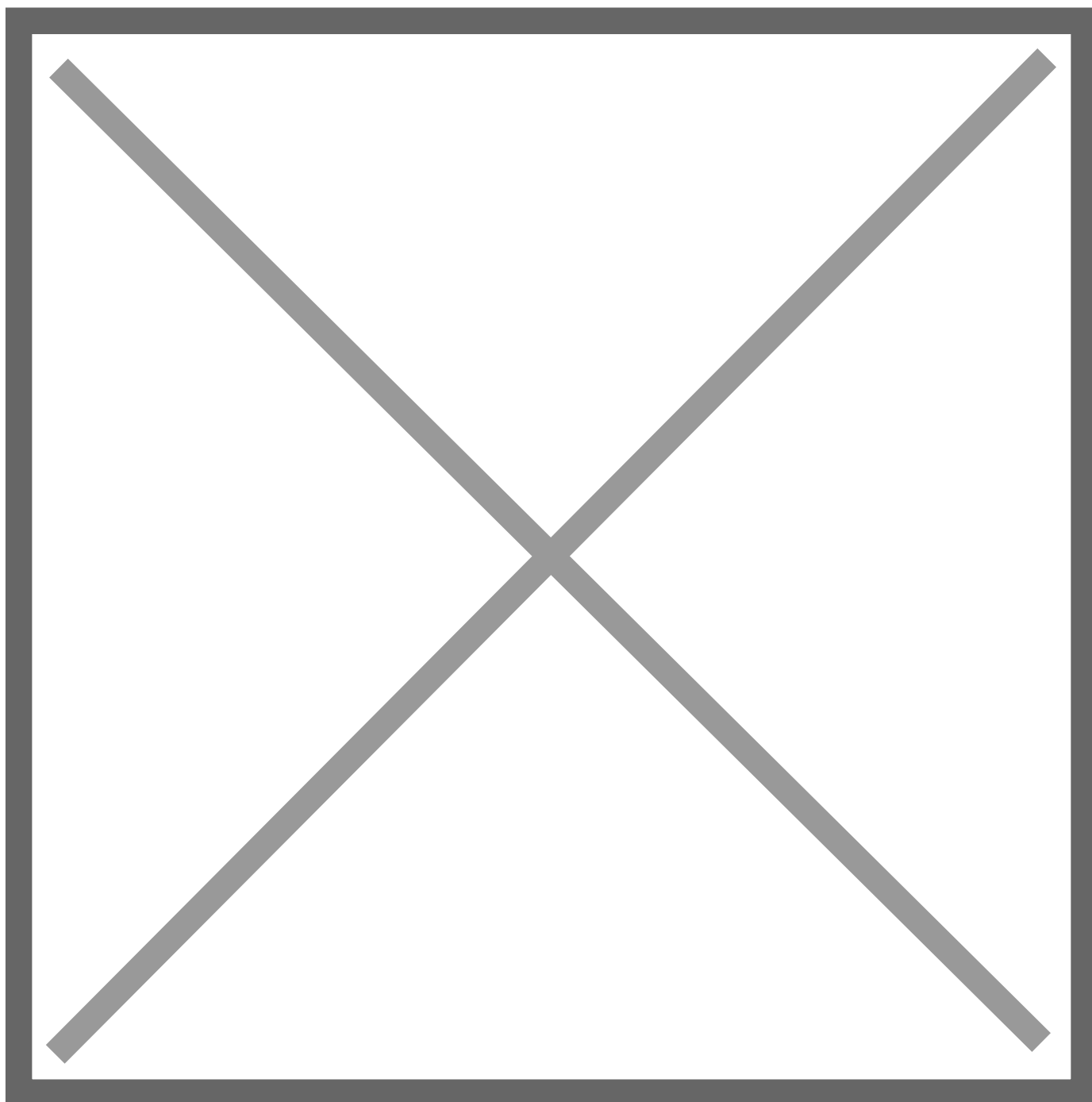
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## Boys and girls



**Vrsta ankete:**

Samoprijavljeni

**Literatura:**

2007: Global School-based Student Health Survey, Argentina 2007 Fact Sheet. Available at [https://www.who.int/ncds/surveillance/gshs/2007\\_Argentina\\_fact\\_sheet.pdf?ua=1](https://www.who.int/ncds/surveillance/gshs/2007_Argentina_fact_sheet.pdf?ua=1)

2012: Global School-based Student Health Survey (GSHS), available at [https://www.who.int/ncds/surveillance/gshs/Argentina\\_GSHS\\_FS\\_2012\\_National.pdf?ua=1](https://www.who.int/ncds/surveillance/gshs/Argentina_GSHS_FS_2012_National.pdf?ua=1) (last accessed 25.11.20)

2018: Argentina Global School-Based Student Health Survey 2018. <https://extranet.who.int/ncdsmicrodata/index.php/catalog/866/download/6099> (Accessed 13.07.21)

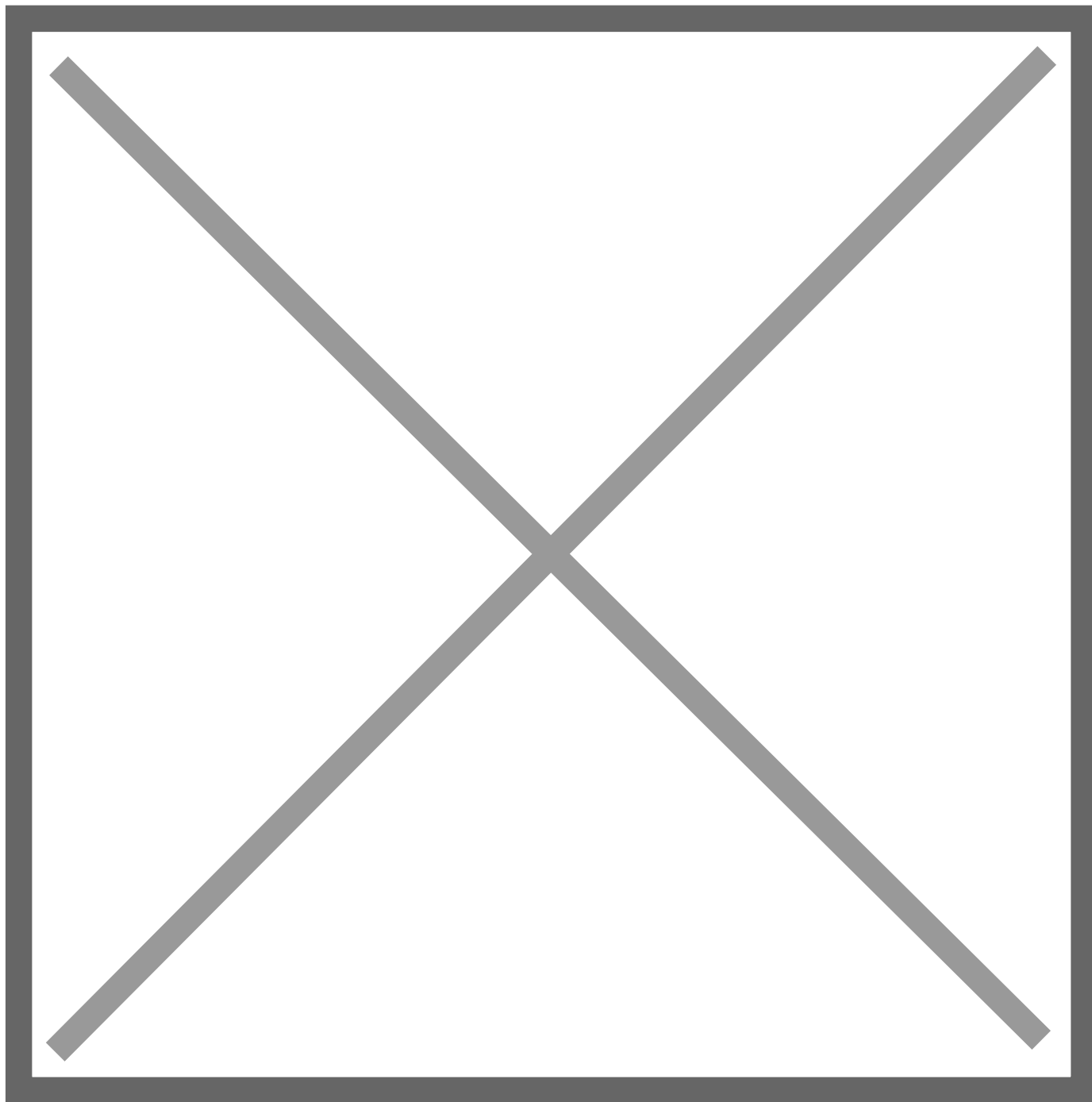
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## Double burden of underweight & overweight

Otroci, 2022



**Vrsta ankete:**

Izmerjeni

**Starost:**

5-19

**Literatura:**

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

**Opombe (na  
voljo samo v  
angleščini):**

Age standardised estimates

**Definicije (na  
voljo samo v  
angleščini):**

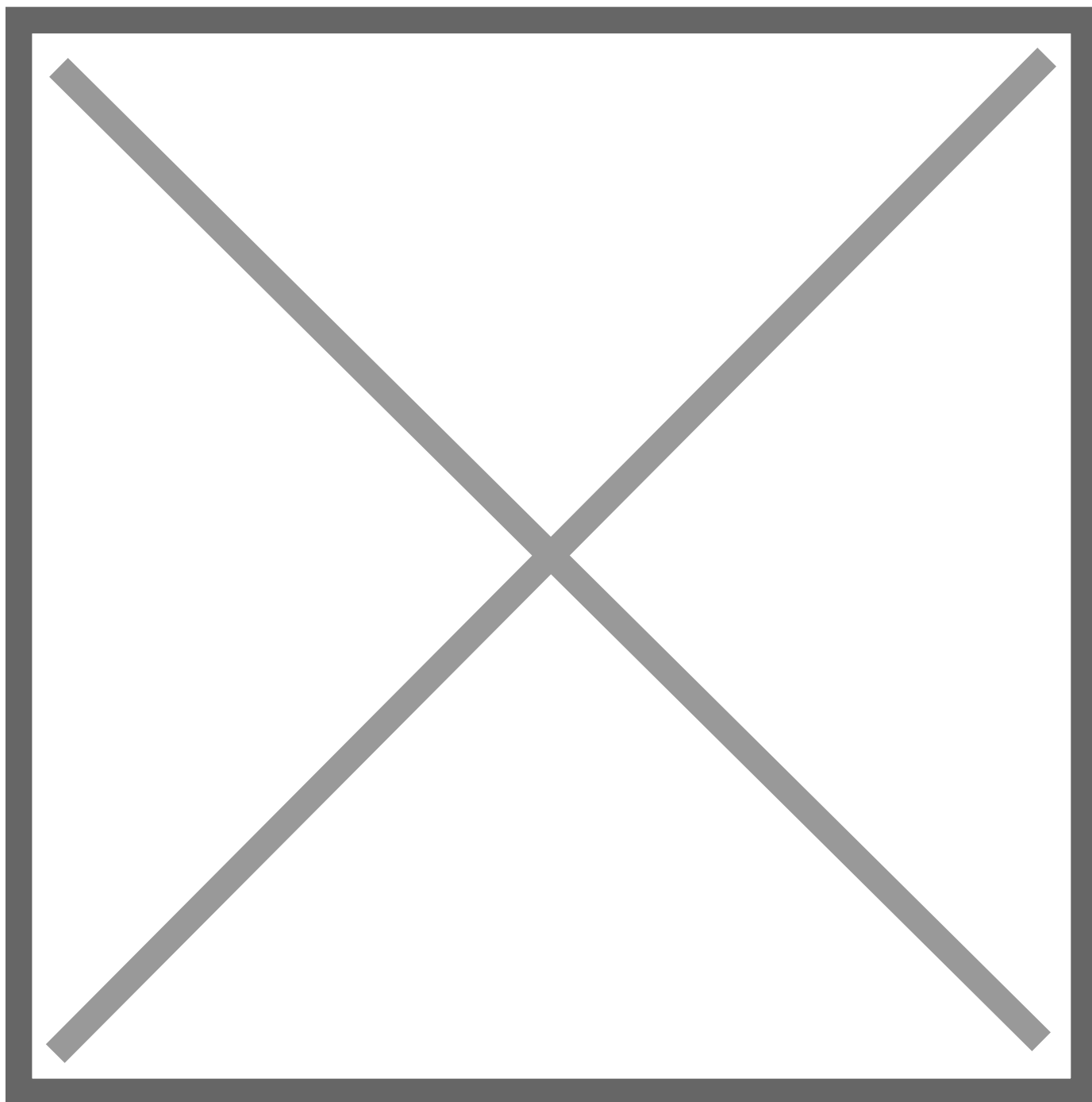
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

**Cutoffs:**

BMI < -2SD and BMI > 2SD

## Nezadostna telesna aktivnost

Otroci, 2016



|                      |                                                                                                                                                                                                                                 |
|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Vrsta ankete:</b> | Samoprijavljeni                                                                                                                                                                                                                 |
| <b>Starost:</b>      | 11-17                                                                                                                                                                                                                           |
| <b>Literatura:</b>   | Global Health Observatory data repository, World Health Organisation,<br><a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21) |

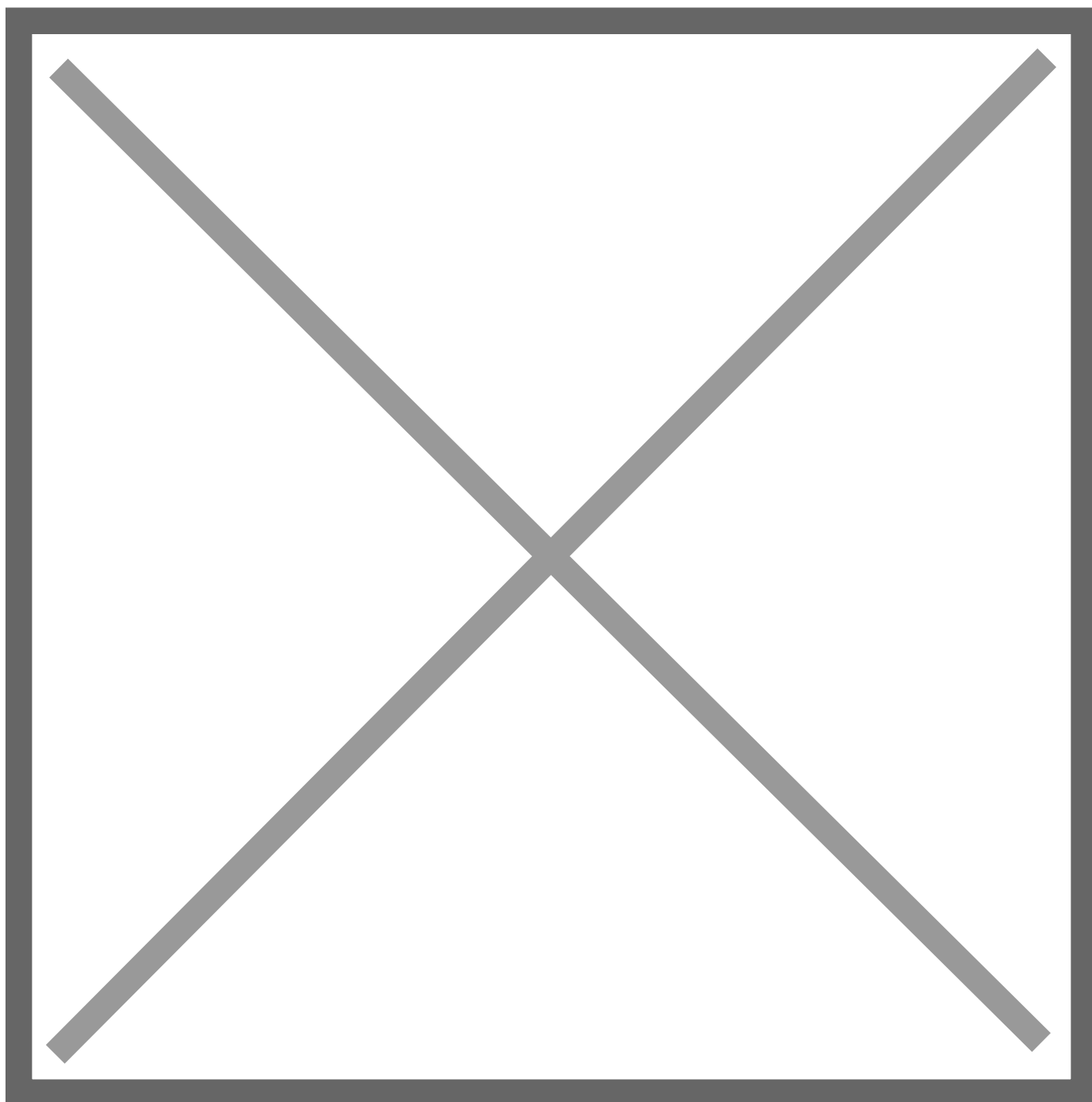
**Opombe (na  
voljo samo v  
angleščini):**

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije (na  
voljo samo v  
angleščini):**

% Adolescents insufficiently active (age standardised estimate)

## DeÅi ki, 2016



**Vrsta ankete:**

Samoprijavljeni

**Starost:**

11-17

**Literatura:**

Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

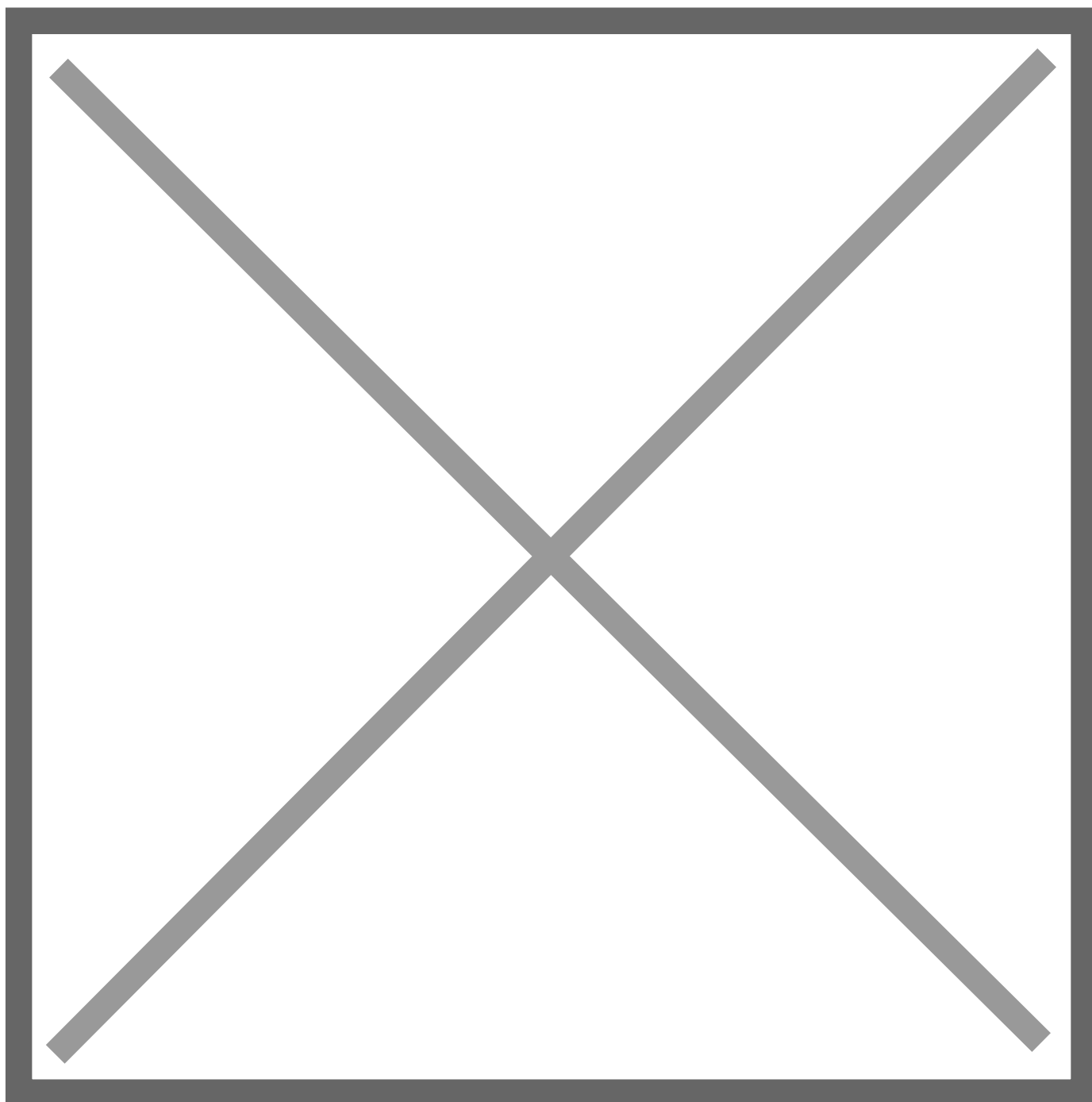
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voljo samo v  
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## Deklice, 2016

**Vrsta ankete:**

Samoprijavljeni

**Starost:**

11-17

**Literatura:**Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

**Opombe (na  
voljo samo v  
angleščini):**

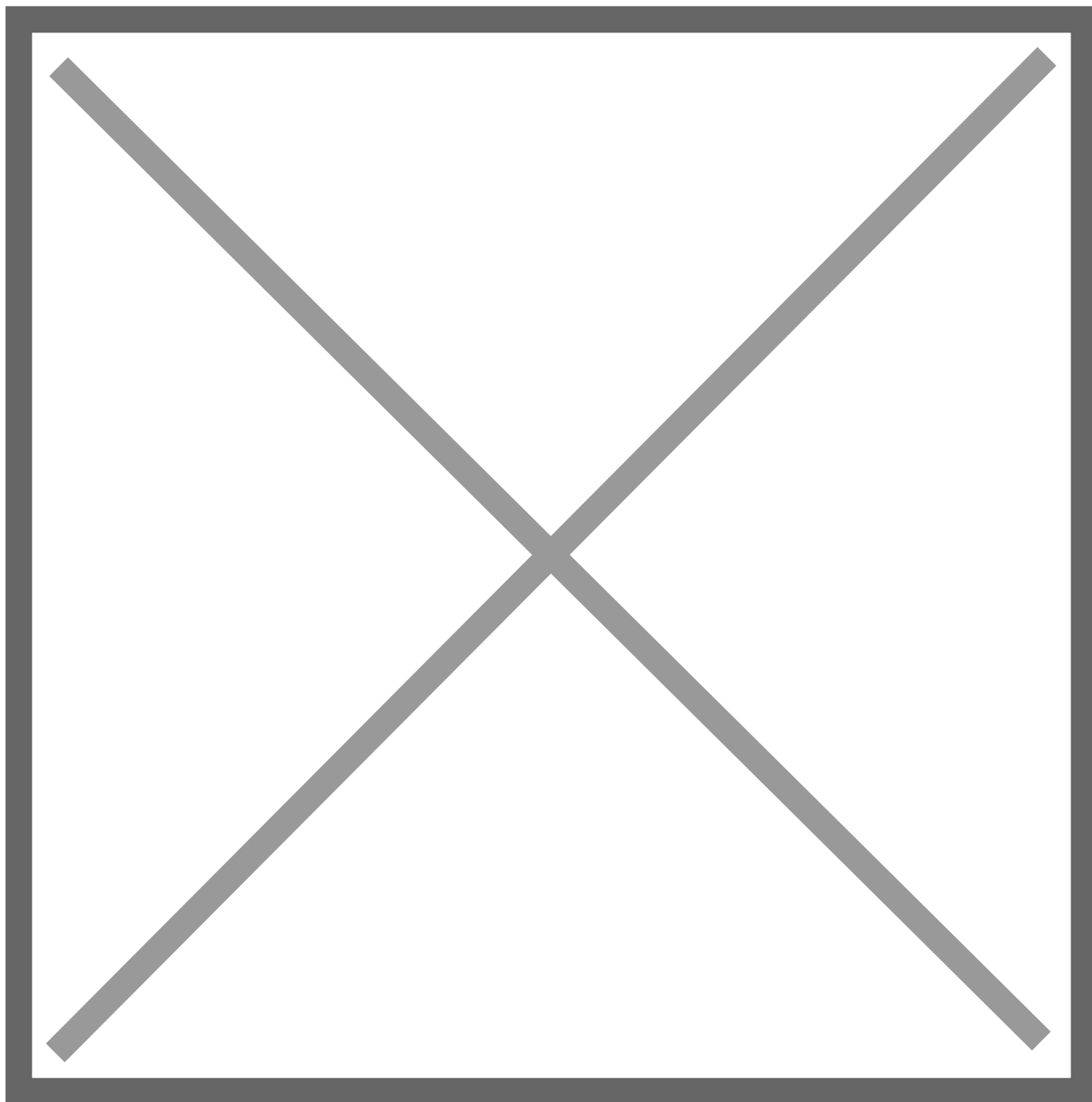
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definicije (na  
voljo samo v  
angleščini):**

% Adolescents insufficiently active (age standardised estimate)

## Povpre  na dnevna pogostost uÅ¾ivanja gaziranih brezalkoholnih pija 

Otroci, 2009-2015



Vrsta ankete:

Izmerjeni

Starost:

12-17

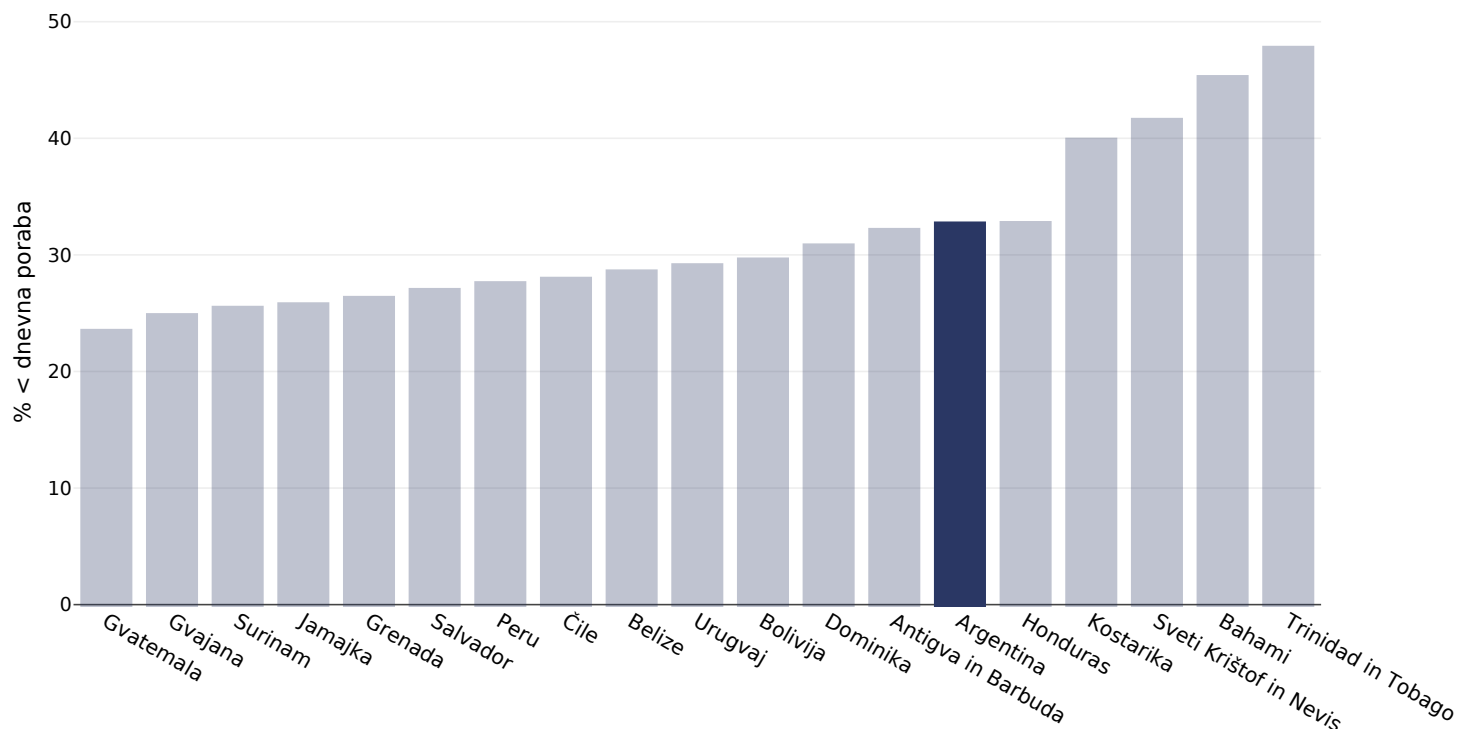
**Literatura:**

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

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## Razširjenost uÅ¾ivanja sadja (manj kot 1x na dan)

### Otroci, 2009-2015



**Vrsta ankete:**

Izmerjeni

**Starost:**

12-17

**Literatura:**

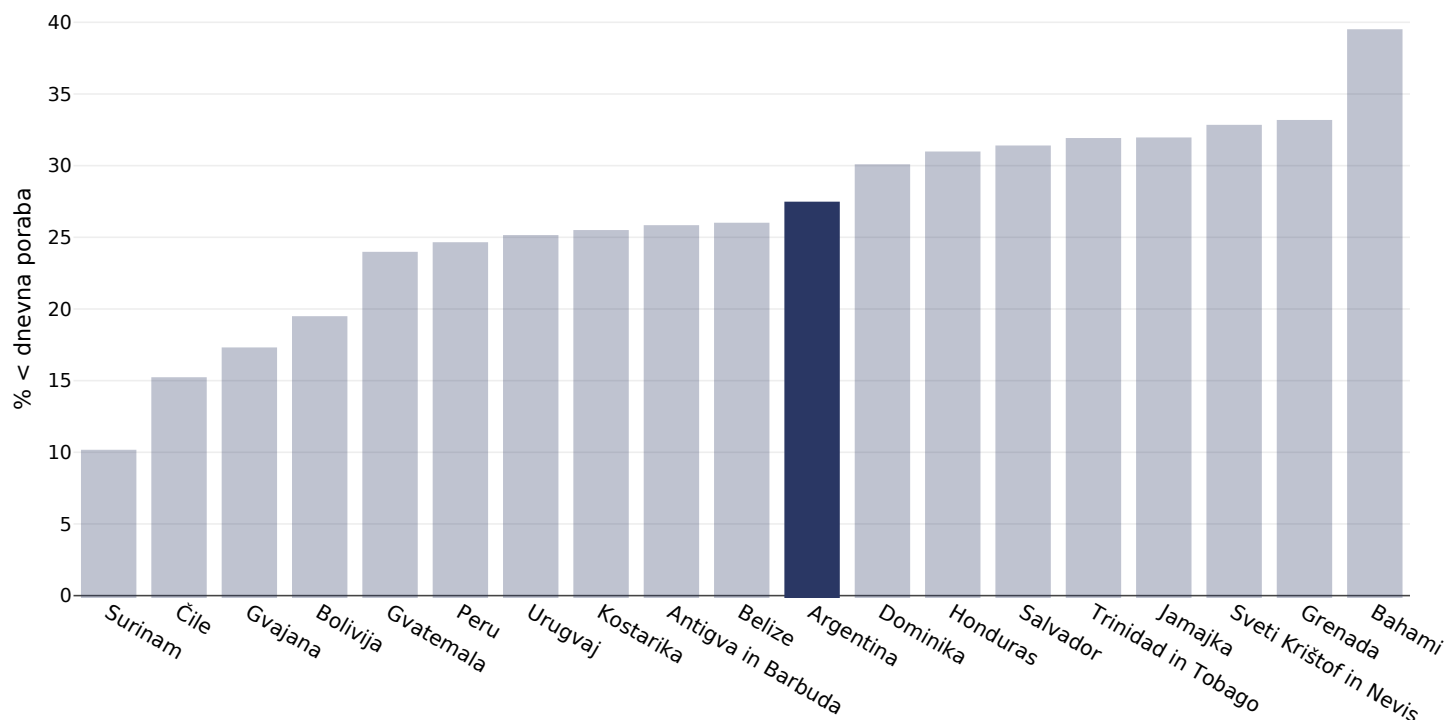
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definicije (na voljo samo v angleÅ¡ini):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

## Razširjenost uÅ¾ivanja zelenjave (manj kot 1x na dan)

### Otroci, 2009-2015



**Vrsta ankete:**

Izmerjeni

**Starost:**

12-17

**Literatura:**

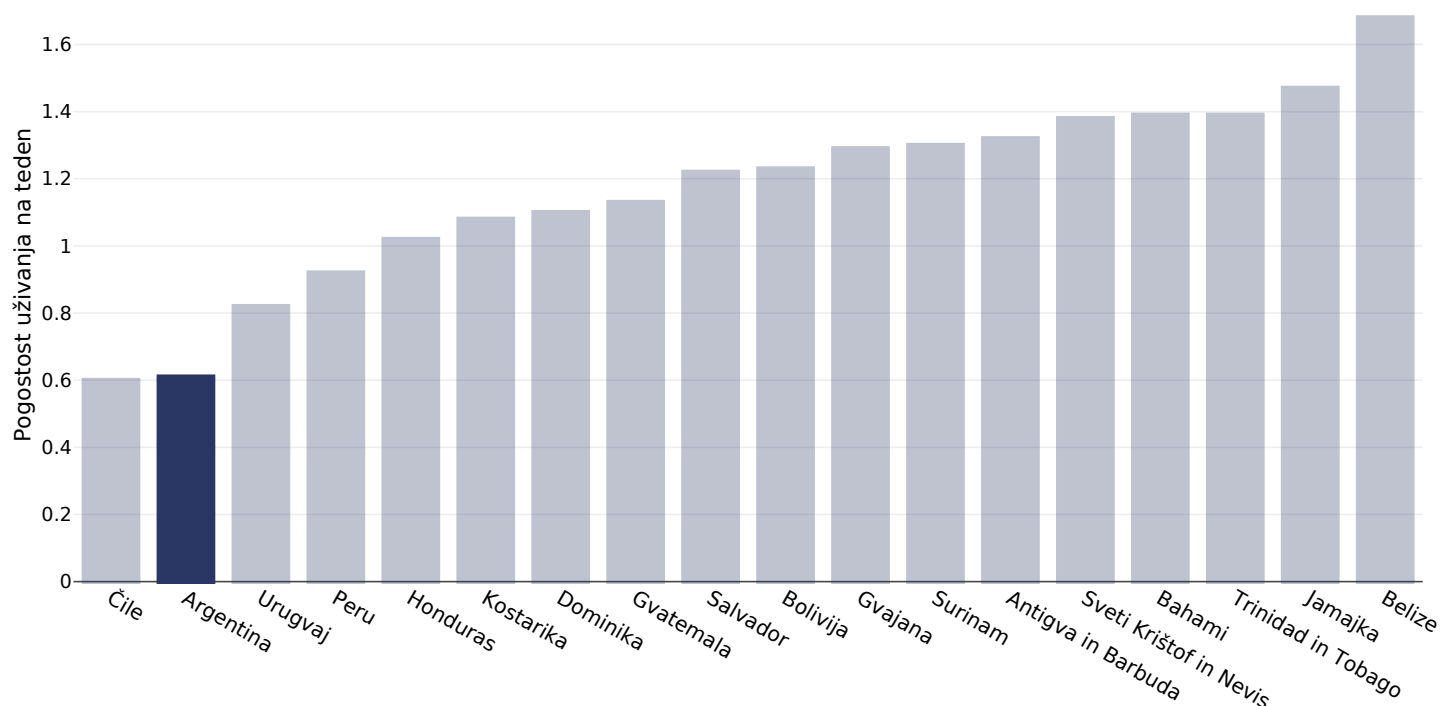
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definicije (na voljo samo v angleÅ¡ini):**

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Povpreĉna tedenska pogostost uÅ¾ivanja hitre hrane

### Otroci, 2009-2015



**Starost:**

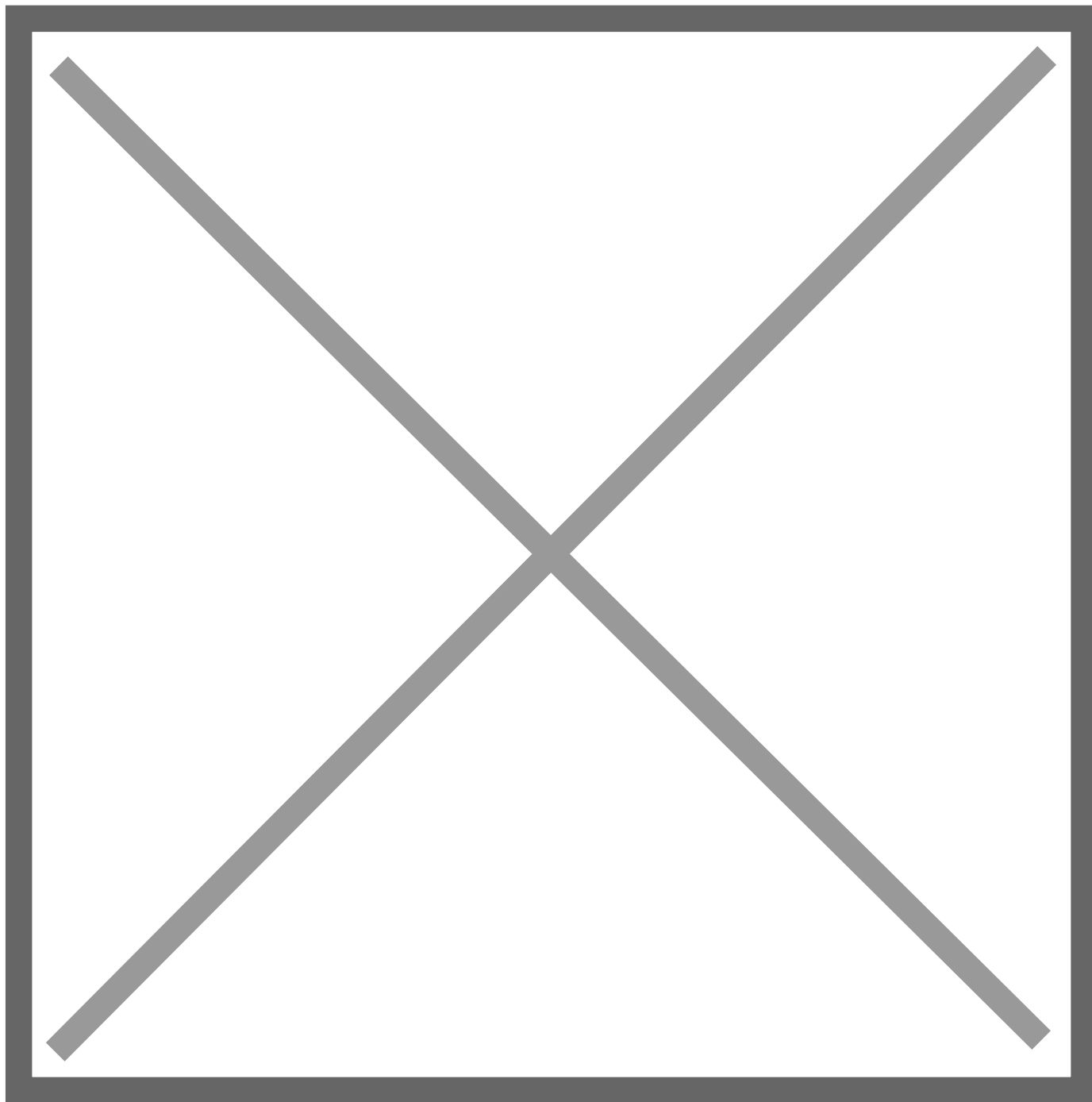
12-17

**Literatura:**

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

## DuÅ¡evno zdravje â depresivne motnje

Otroci, 2021



Zajeto obmoãje:

Na drÅ¾avni ravni

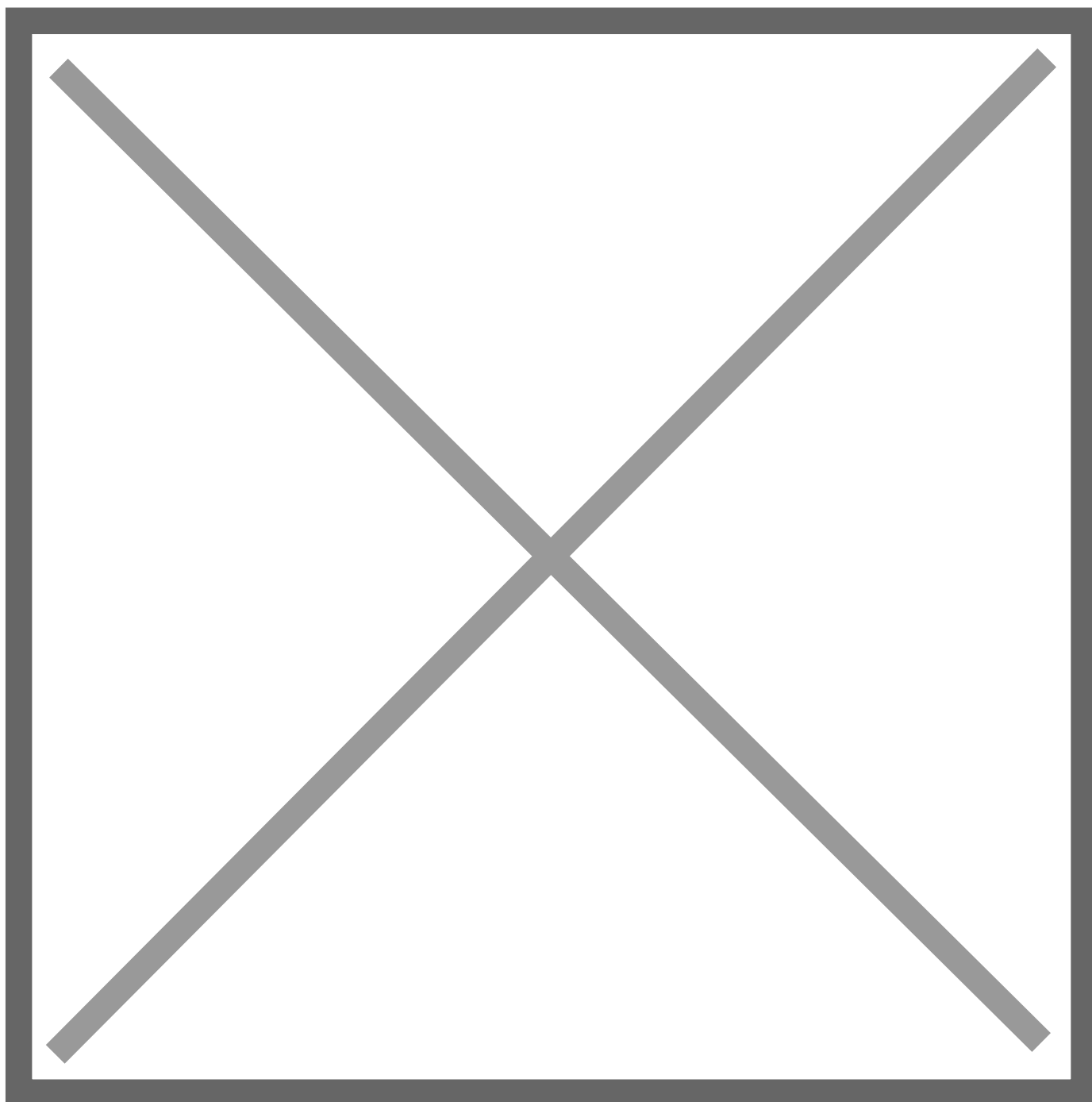
## Literatura:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definicije (na  
voljo samo v  
angleščini):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Dejavniki, 2021



**Zajeto območje:**

Na državni ravni

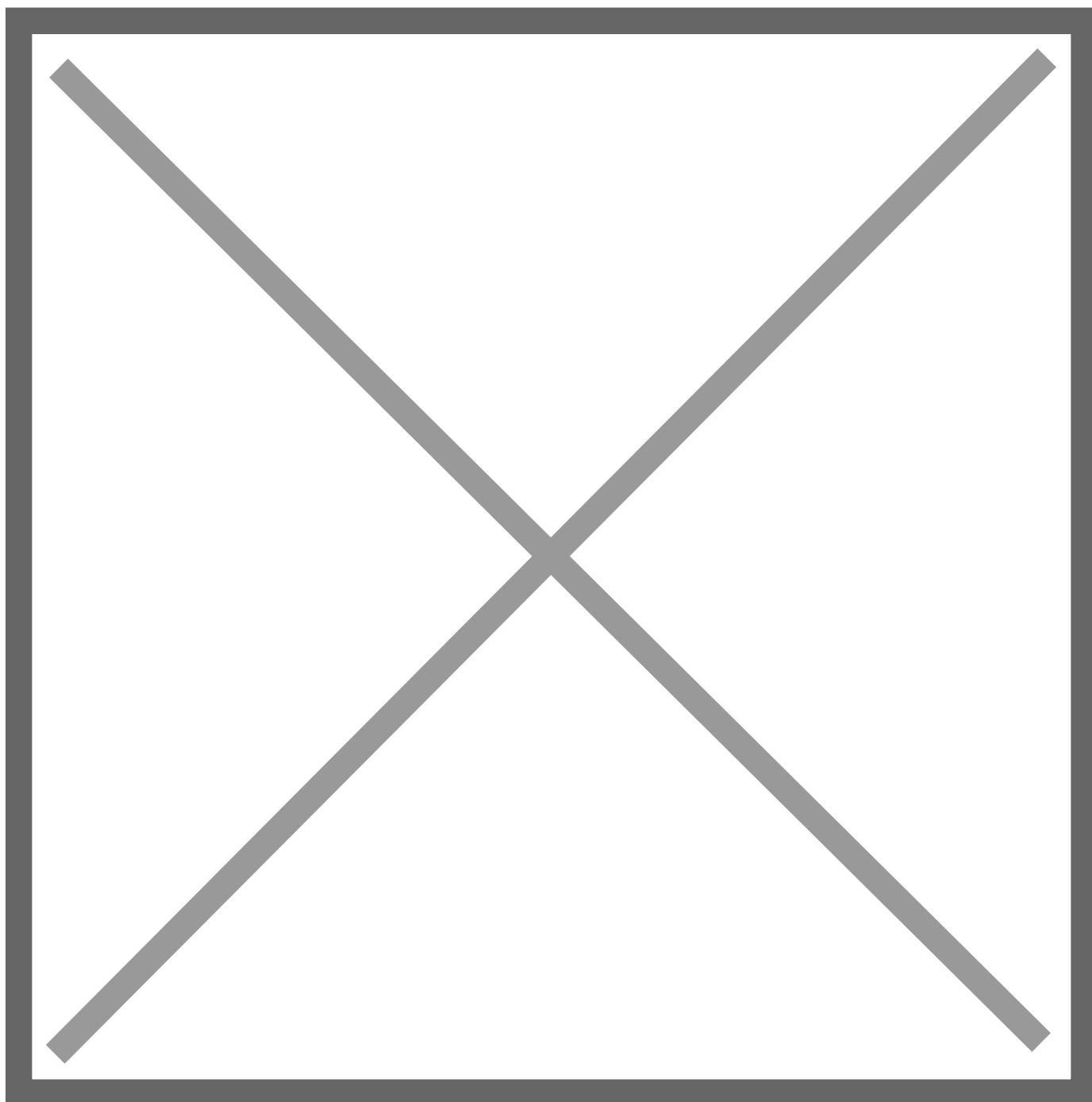
### Literatura:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definicije (na  
voljo samo v  
angleščini):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Deklice, 2021



Zajeto območje  
je:

Na državni ravni

**Literatura:**

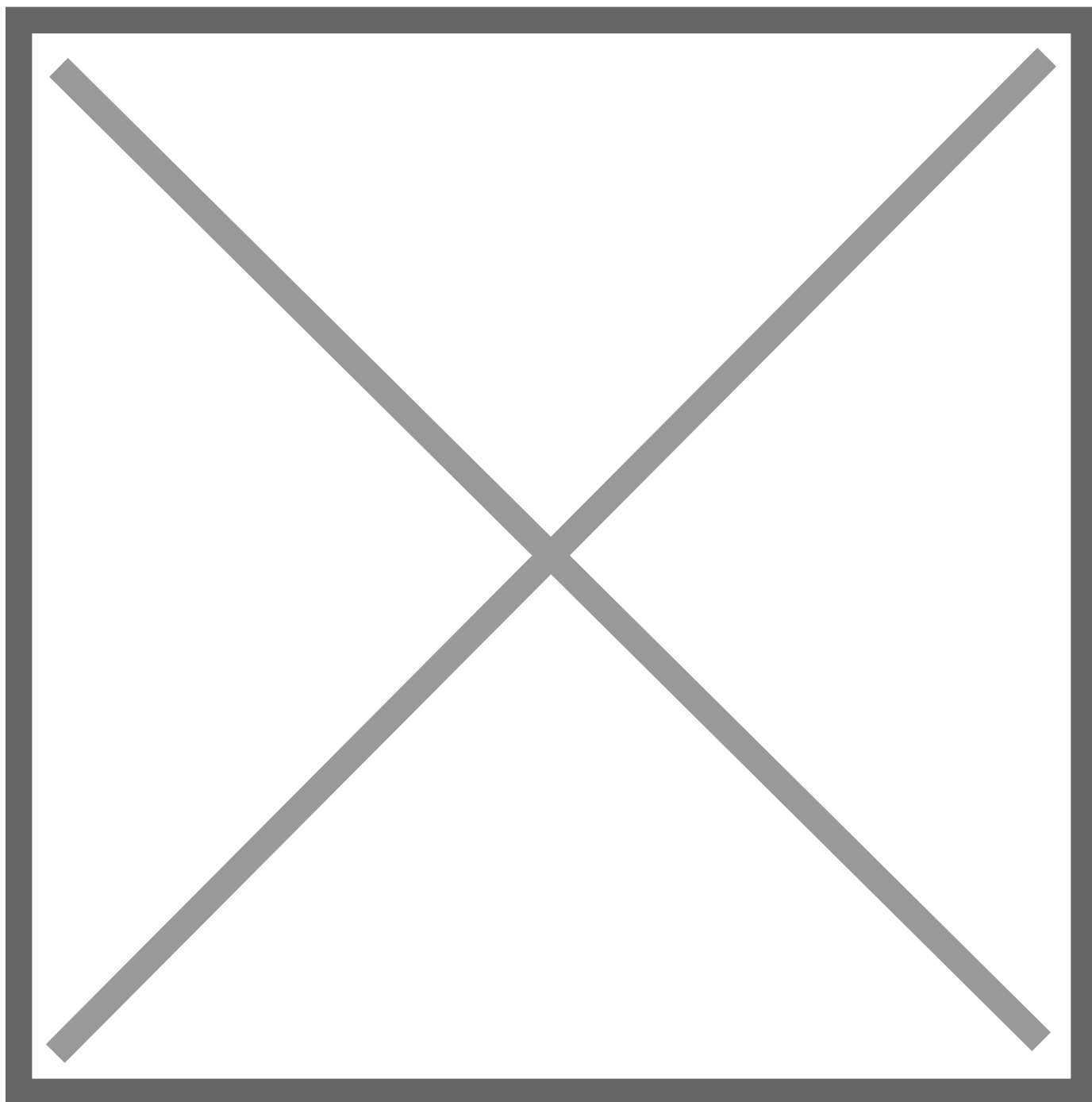
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definicije (na  
voljo samo v  
angleščini):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

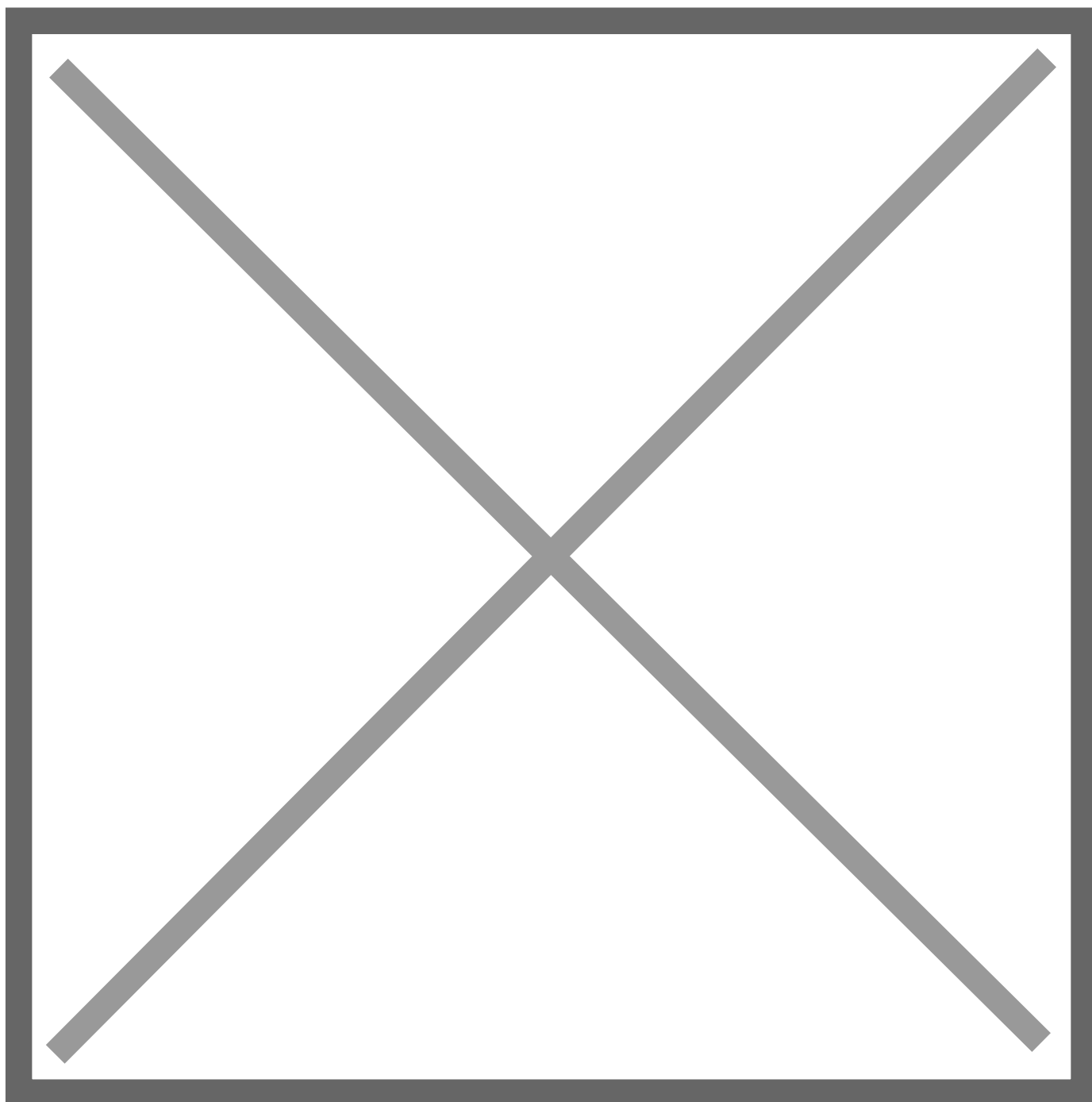
## DuÅ¡evno zdravje â anksiozne motnje

Otroci, 2021

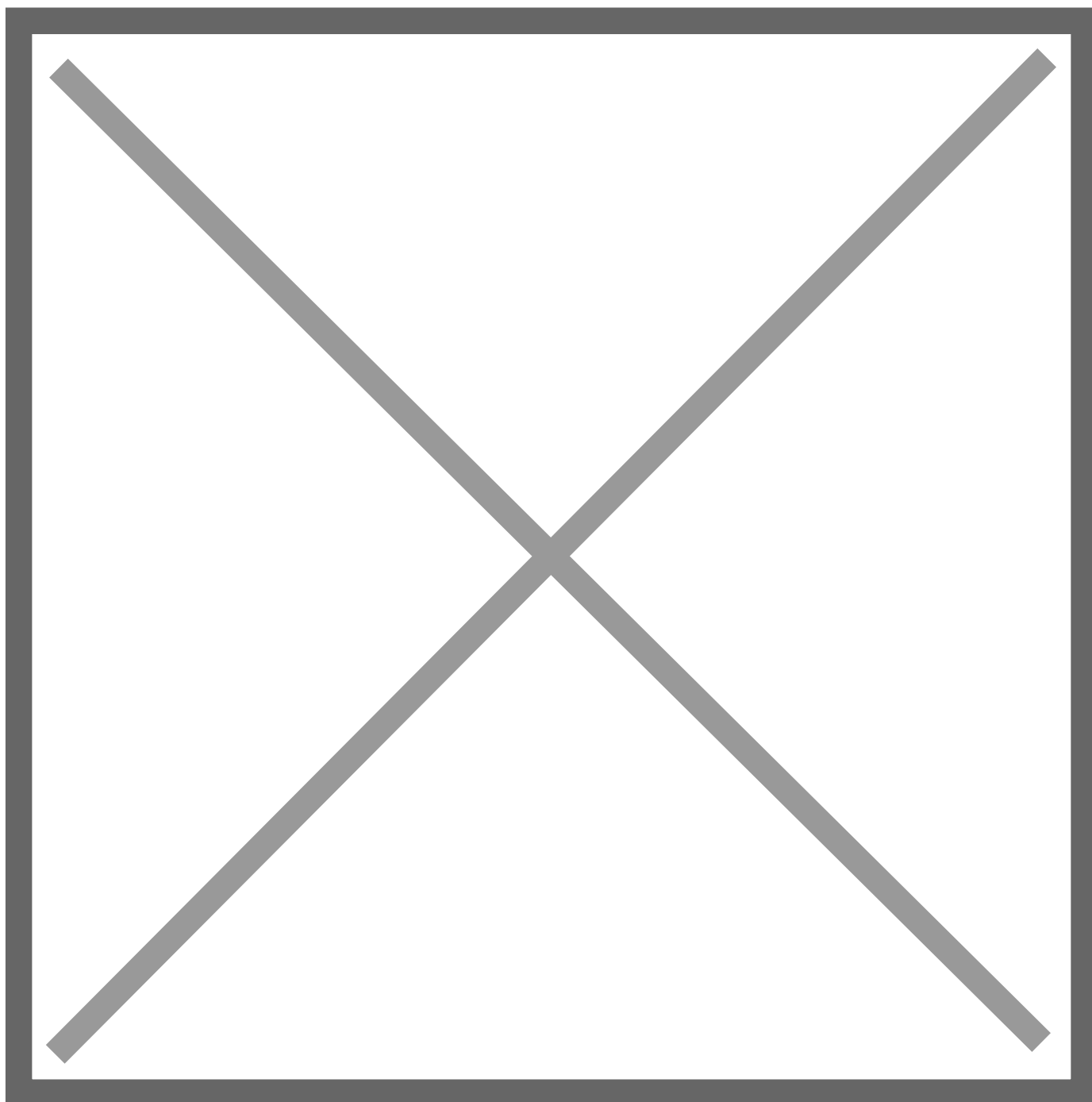
**Literatura:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

DeÄ ki, 2021

**Literatura:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Deklice, 2021****Literatura:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025