

# Argentina



## Policies, Interventions and Actions

### Extension of trans fatty acid limit in oils and fats to all other foods

Argentina passed a best-practice trans fatty acid policy in 2022. The policy - which will extend Argentina's existing 2% TFA limit in oils and fats to all other foods and include the elimination of PHO- will come into effect in 2024.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2024 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
References:	Countdown to 2023: WHO report on global trans-fat elimination 2022. Geneva: World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO.

### The Argentine Law No. 27,642 - "Promotion of healthy eating"

The Argentine Law No. 27,642 came into effect in 2022, establishing the incorporation of warnings on the front-of-package of containers. The law also includes the regulation of: advertising, endorsements, and marketing on unhealthy food packaging; advertising, promotion and sponsorship of food aimed at children and adolescents; the marketing and delivery of unhealthy foods in educational settings; the inclusion of food education in the 3 levels of compulsory education; and carrying out massive communication campaigns aimed at the entire population. The front-of-pack labelling style used is the black octagons with white borders and letters that warn about excess sugars, total fats, saturated fats, sodium, and calories. In addition, two precautionary legends must be used: "contains sweeteners not recommended for children" and "contains caffeine, avoid in children."

Categories:	Evidence of Marketing Guidelines/Policy Labelling Regulation/Guidelines Evidence of School Food Regulations
Year(s):	2022 (ongoing)
Target age group:	Adults and children
Organisation:	Government
Find out more:	<a href="http://www.boletinoficial.gob.ar">www.boletinoficial.gob.ar</a>

## Clinical Guideline on Diagnosis and Treatment of Obesity in Argentina

To contribute to the recognition of obesity as a chronic health problem. Improve its diagnostic process, therapeutic management, reduce the development and progression of its complications as well as its impact on the mortality and quality of life of the people who present it. The challenge is to help reduce its prevalence and shorten the gaps between knowledge and practice of the different actors involved in addressing this problem. This guide provides tools to systematize diagnostic and therapeutic processes based on evidence.

Categories:	Evidence of Management/treatment guidelines
Year(s):	2017 (ongoing)
Target age group:	Adults
Organisation:	Ministerio De Salud. Presidencia de la Nation
Find out more:	<a href="http://www.msal.gob.ar">www.msal.gob.ar</a>
Linked document:	<a href="#">Download linked document</a>
References:	Anon (n.d.) Guía de Práctica Clínica Nacional sobre Diagnóstico y Tratamiento de la Obesidad en adultos. [Online]. Available from: <a href="http://www.msal.gob.ar/images/stories/bes/graficos/0000000971cnt-2017-06_guia-practica-clinica_obesidad.pdf">http://www.msal.gob.ar/images/stories/bes/graficos/0000000971cnt-2017-06_guia-practica-clinica_obesidad.pdf</a> [Accessed: 1 July 2020b].

## NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

Categories:	Evidence of Obesity Target
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation
References:	Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

## COMISIÓN NACIONAL DE ALIMENTACIÓN SALUDABLE Y PREVENCIÓN DE LA OBS

National Multisectoral stakeholder mechanism in place (such as Coalition, Taskforce, Committee) for Obesity or Nutrition (including obesity).

Categories:	Evidence of a multi-sectoral national coordination mechanism for obesity or nutrition (including obesity)
Year(s):	2016 (ongoing)
Target age group:	Adults and children
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/26866">https://extranet.who.int/nutrition/gina/en/node/26866</a> (last accessed 09.08.22)

## Dietary guidelines for the Argentinian population (Guías alimentarias para la población Argentina)

The FBDGs updating process was coordinated by the National Ministry of Health, through the Directorate for Health Promotion and Control of Non-communicable Diseases, together and with the support of nutrition professionals associations, and a broad interdisciplinary panel of professionals. Main participating entities included Ministry of Agriculture, Ministry of Social development, directorates of health service quality and of maternity and infancy, academia, the national institute of food, other professional associations, research institutes, among others. (Available only in English)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2016 (ongoing)
Target age group:	Adults and children
Organisation:	Interdisciplinary panel of professionals
Find out more:	<a href="http://www.argentina.gob.ar">www.argentina.gob.ar</a>
References:	<a href="https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/argentina/en/">https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/argentina/en/</a>

## Ley 24.674 Modifícase la Ley de Impuestos Internos, texto ordenado en 1979 y sus modificaciones. Disposiciones Generales. Tabaco. Bebidas alcohólicas. Cervezas. Bebidas analcohólicas, jarabes, extractos y concentrados

Mandatory volume or weight based specific excise tax on unhealthy food or drink products. Non-alcoholic beverages, aerated or not: beverages with low alcohol content: fruit and vegetable juices, syrups for soft drinks, extracts and concentrates that, due to their preparation and commercial presentation, are sold for domestic consumption or in public places (bars, confectioneries, etc.), with or without the addition of water, soda or other beverages: and products intended for the preparation of non-alcoholic beverages not specifically covered by other internal taxes, whether natural or artificial, solid or liquid, are subject to an internal tax of four per cent (4 %). The same levy will be paid for syrups, extracts and concentrates, not derived from fruit, intended for the preparation of non-alcoholic beverages. (Available only in Argentinian Spanish language)

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2016 (ongoing)
Target age group:	Adults and children
Organisation:	The Senate and Chamber of Deputies of the Argentine Nation meeting in Congress
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/82186">https://extranet.who.int/nutrition/gina/en/node/82186</a> (last accessed 11.08.22)

## Programa Nacional de Alimentación Saludable y Prevención de la Obesidad

National obesity strategy integrating components of physical activity and nutrition with overweight/obesity-specific focus.

Categories:	Evidence of National Obesity Strategy/Policy or Action plan
Year(s):	2016 (ongoing)
Target age group:	Adults
Organisation:	Ministry of Health
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/39396">https://extranet.who.int/nutrition/gina/en/node/39396</a> (last accessed 17.08.22)

## National Program to Fight Sedentary Lifestyles

The purpose of this programme is to reduce the prevalence of physical inactivity in the general population, promoting the adoption of active lifestyles.

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2013 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	<a href="http://www.msal.gob.ar">www.msal.gob.ar</a>
Linked document:	<a href="#">Download linked document</a>
References:	Anon (2020) Programa Nacional de Lucha contra el Sedentarismo. [Online]. 2020. Msal.gob.ar. Available from: <a href="http://www.msal.gob.ar/ent/index.php/programas/programa-de-lucha-contra-el-sedentarismo">http://www.msal.gob.ar/ent/index.php/programas/programa-de-lucha-contra-el-sedentarismo</a> [Accessed: 1 July 2020].

## Artículo N° 155 tris del Código Alimentario Argentino

Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. "The content of industrially produced trans fatty acids in food should not be greater than: 2% of the total fats in vegetable oils and margarines intended for direct consumption and 5% of the total fats in the rest of the foods. These limits do not apply to fats from ruminants, including milk fat." (Available only in Argentinian Spanish language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2010 (ongoing)
Target age group:	Adults and children
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/24662">https://extranet.who.int/nutrition/gina/en/node/24662</a> (last accessed 11.08.22)

## "Plan Argentina Saludable" (Healthy Argentina)

The Directorate of Health Promotion and Control of Chronic Non-communicable Diseases created this strategy to address healthy eating, tobacco control, active lifestyles and control of obesity and chronic diseases related to nutrition.

Categories:	Evidence of NCD strategy
Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy Evidence of Multidisciplinary Intervention Evidence of Management/treatment guidelines
Year(s):	2007
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	<a href="http://www.msal.gob.ar">www.msal.gob.ar</a>
Linked document:	<a href="#">Download linked document</a>
References:	Anon (2017) Ministerio de Salud. [Online]. 1 March 2017. Argentina.gob.ar. Available from: <a href="http://www.msal.gob.ar/argentina-saludable/plan/argsal.html">http://www.msal.gob.ar/argentina-saludable/plan/argsal.html</a> [Accessed: 1 July 2020].

## Reglamento Tecnico Rotulacion Alimentos Envasados [Technical Regulation for Packaged Food Labelling]

Mandatory national labelling guidelines for packaged foods and drinks in place. (Available only in Argentinian language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2005 (ongoing)
Target age group:	Adults and children
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/86431">https://extranet.who.int/nutrition/gina/en/node/86431</a> (last accessed 10.08.22)

## GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	<a href="https://extranet.who.int">extranet.who.int</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a>

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