

Antigua and Barbuda

Policies, Interventions and Actions



Too Much Junk

In May 2018, the HCC launched the CSO Regional Action Team for Childhood Obesity Prevention including key members of civil society in eight countries: Antigua and Barbuda, Barbados, the Bahamas, Belize, Grenada, Jamaica, St Lucia, and St Kitts Nevis. Together, these organisations have shared materials and best practices in an effort to increase the public awareness around Childhood Obesity and its prevention and to garner thousands of signatures of support for the policies proposed in the HCC's Call to Action at www.toomuchjunk.org.

Categories:	Transnational Obesity Strategies/Policy or Action Plan
Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Community Interventions/Campaign
Year(s):	2018
Target age group:	Children
Organisation:	Health Caribbean Coalition
Find out more:	www.healthycaribbean.org

NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

Categories:	Evidence of Obesity Target
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation
References:	Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

National Strategic Plan for Health 2016-2020

The National Strategic Plan for Health, 2016-2020 provides a blueprint for advancing the national vision of “attainment of optimal health and wellness for all residents of Antigua and Barbuda”. It establishes medium-term priorities for the health sector, defines the manner in which the resources of all partners will be synergized, and balances national needs with available resources.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2016-2020
Target age group:	Adults and children
Linked document:	Download linked document

2014-2019 Plan of Action for Promoting Healthy Weights in the Caribbean: Prevention and Control of Childhood Obesity

Outlines action plans aiming to halt and reverse the rise in obesity in children and adolescents by 2025. Includes promotion of healthy lifestyle, healthy diet, increase physical activity, and providing information, care and support.

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy Transnational Obesity Strategies/Policy or Action Plan
Year(s):	2014-2019
Target age group:	Children
Organisation:	Caribbean Public Health agency (CARPHA)
Find out more:	carpha.org
Linked document:	Download linked document
References:	Caribbean Public Health agency (CARPHA). Safeguarding Our Future Development Plan of Action for Promoting Healthy Weights in the Caribbean: Prevention and Control of Childhood Obesity 2014 - 2019. Available from: http://carpha.org/Portals/0/docs/HealthyWeights.pdf . [Accessed February 13 2019].

Food-based dietary guidelines for Antigua and Barbuda

National dietary guidelines and/or RDAs with intake targets for sugar, fat, and calorific content. (Available only in English)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2013 (ongoing)
Target age group:	Adults and children
Organisation:	Ministries of Health, Education and Agriculture in collaboration with the FAO.
Linked document:	Download linked document
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/antigua-and-barbuda/en/

A FOOD AND NUTRITION SECURITY POLICY FOR ANTIGUA AND BARBUDA

Comprehensive Nutrition strategy including overweight/obesity

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2012 (ongoing)
Target age group:	Adults and children
Organisation:	The Government of Antigua and Barbuda
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/11543 (last accessed 17.08.22)

CARICOM Regional Standard: Specification for labelling of pre-packaged foods (CRS 5: 2010)

Voluntary national labelling guidelines for packaged foods and drinks in place but mandatory when there is a health or nutrition claim. (Available only in English language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2010 (ongoing)
Target age group:	Adults and children
Organisation:	CARICOM Regional Organisation for Standards and Quality
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/25355 (last accessed 10.08.22)

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en