Report card
Afghanistan

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Obesity prevalence

Adults, 2018

■ Obesity　■ Overweight

| Survey type:	Measured
Age:	18-69
Sample size:	3666
Area covered:	National
References:	Afghanistan STEPS Survey 2018 https://extranet.who.int/ncdsmicrodata/index.php/catalog/782 (Last Accessed 03.11.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2014

Legend: ■ Obesity ■ Overweight

Survey type:	Self-reported
Age:	13-17
Sample size:	2579
Area covered:	National
References:	Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/2014-GSHS-Afghanistan-fact-sheet.pdf?ua=1 (last accessed 25.11.20)
Notes:	WHO cutoffs.
Cutoffs:	WHO

Infants, 2018
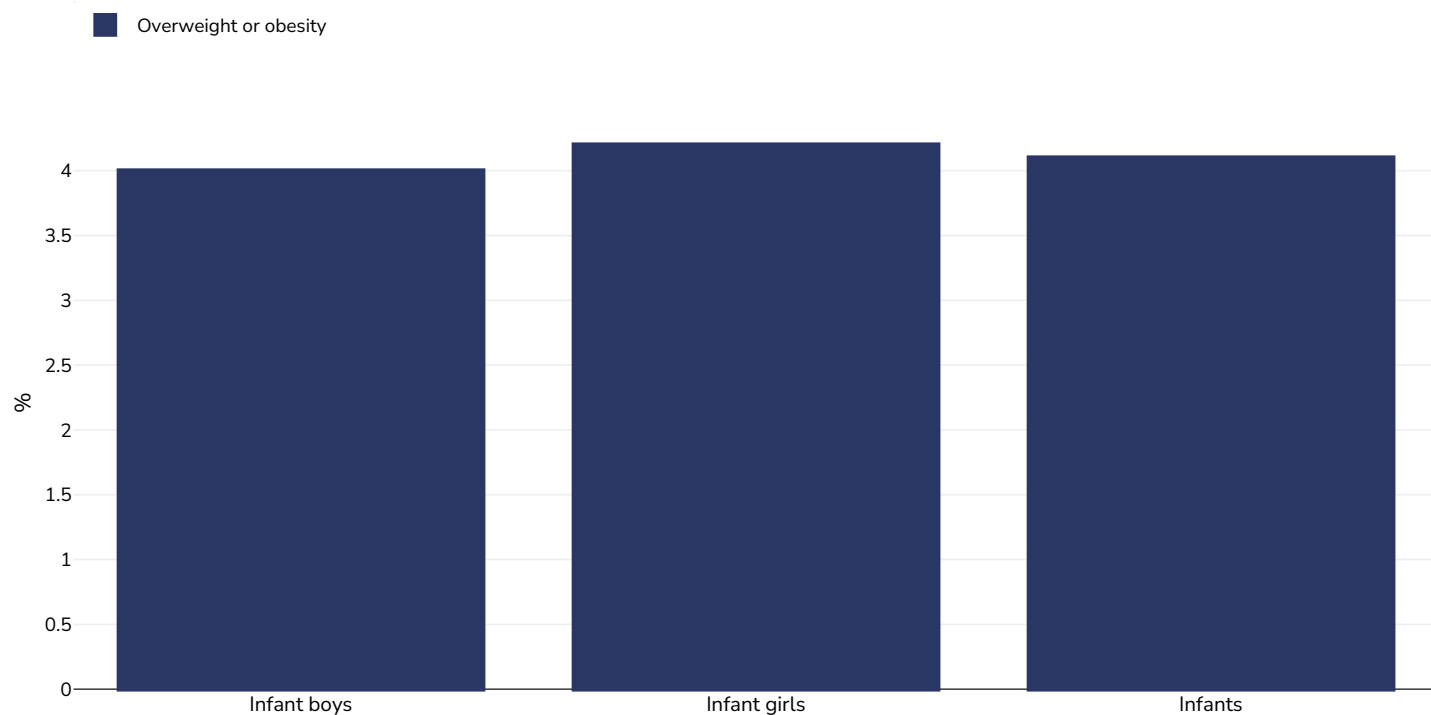
■ Overweight or obesity


Age:	0-5
Sample size:	19692
References:	Other: Afghanistan Health Survey 2018
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Definitions:	=>+2SD

Overweight/obesity by education

Adults, 2013
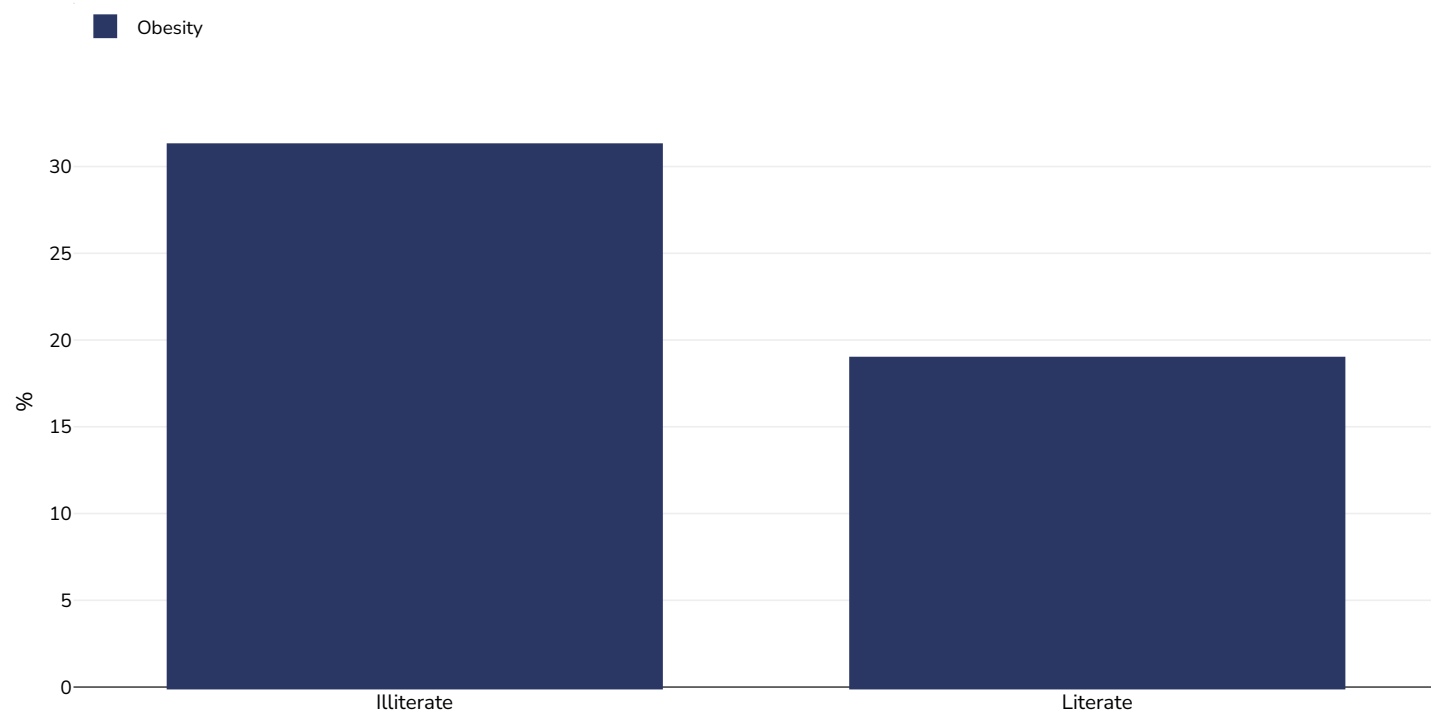
■ Obesity

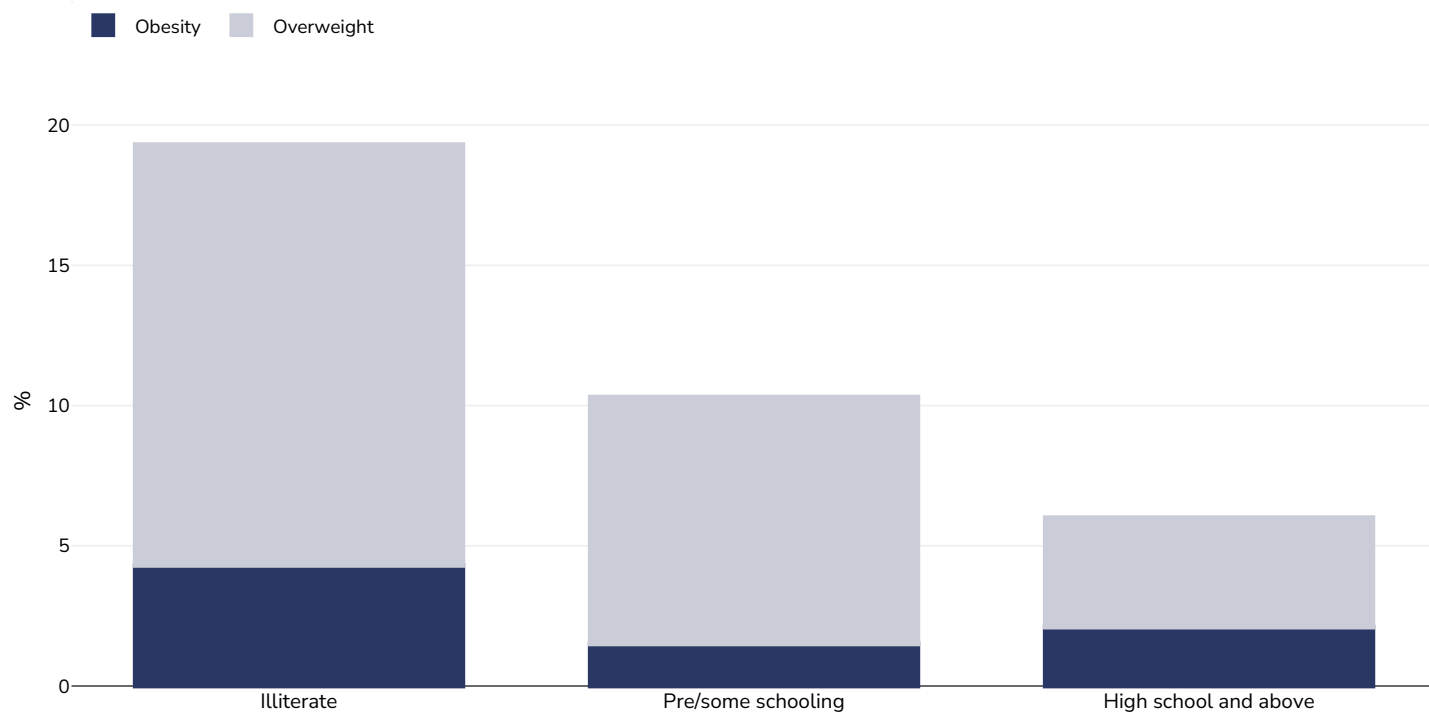| Survey type:	Measured
Age:	25+
Sample size:	1200
Area covered:	Jalalabad City
References:	Saeed KMI. Prevalence and associated risk factors for Obesity in Jalabad city - Afghanistan. Alexandria Journal of Medicine (2015) 51, 347–352

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Girls, 2013

Legend: ■ Obesity ■ Overweight

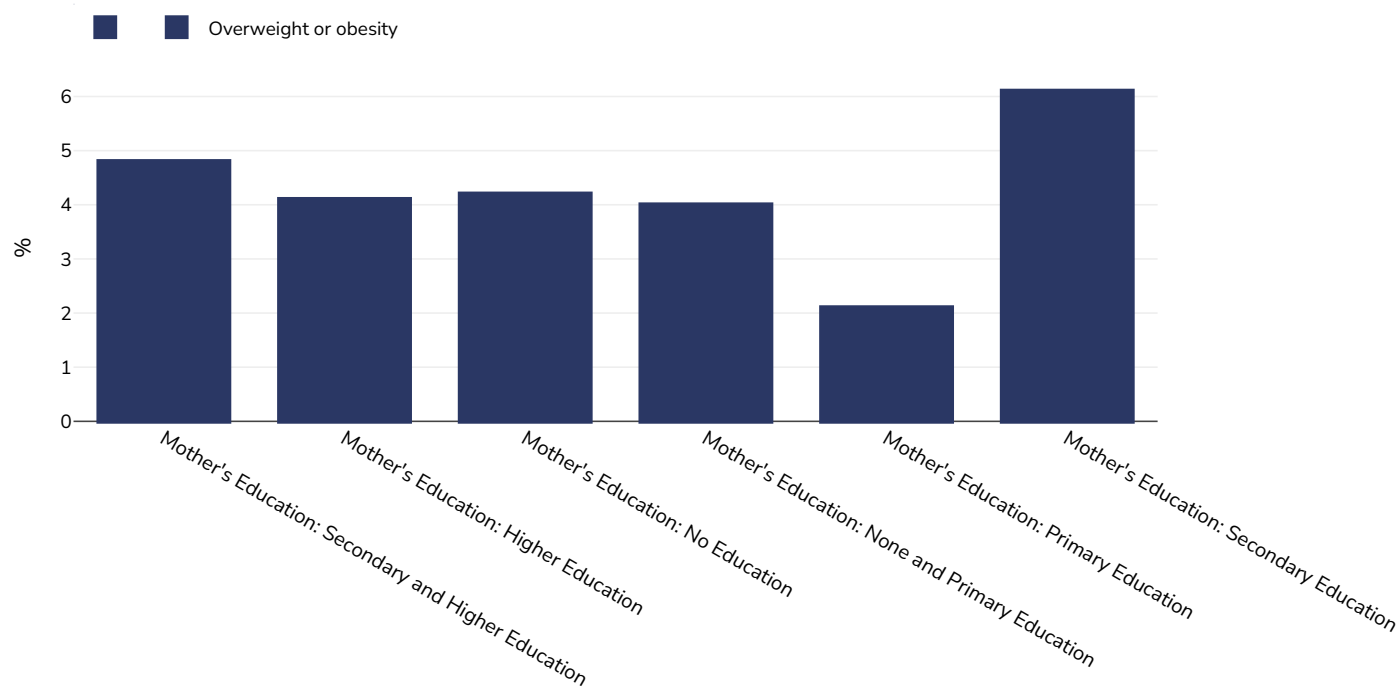| Survey type:	Measured
Age:	15-19
Sample size:	5808
Area covered:	National
References:	National Nutrition Survey Afghanistan 2013. Survey Report. Available from: https://reliefweb.int/sites/reliefweb.int/files/resources/Report%20NNS%20Afghanistan%202013%20(July%2026-14).pdf. [Last Accessed 16th January 2019].
Notes:	WHO cut-offs used
Cutoffs:	WHO

Infants, 2018

■ ■ Overweight or obesity

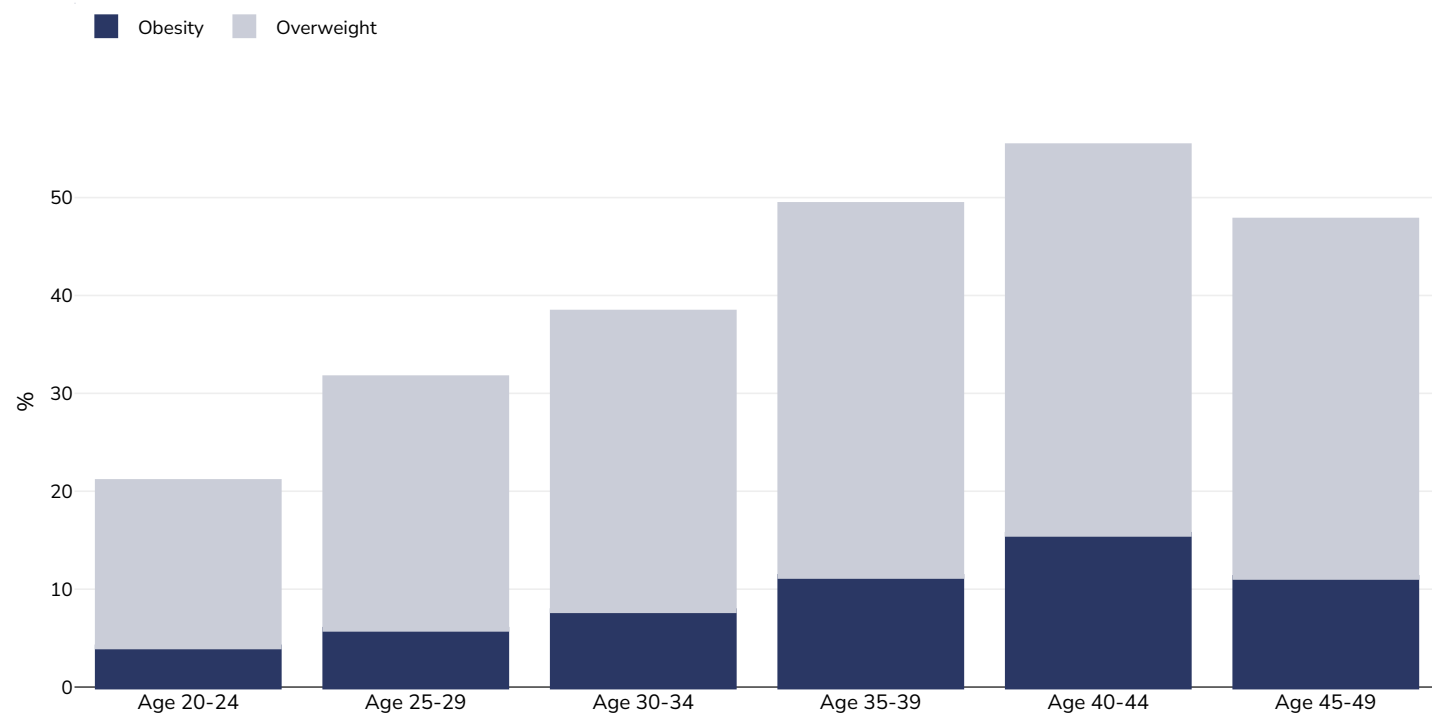|	
Sample size:	19692
References:	Other: Afghanistan Health Survey 2018
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Definitions:	=>+2SD

Overweight/obesity by age

Women, 2013

Legend: ■ Obesity ■ Overweight

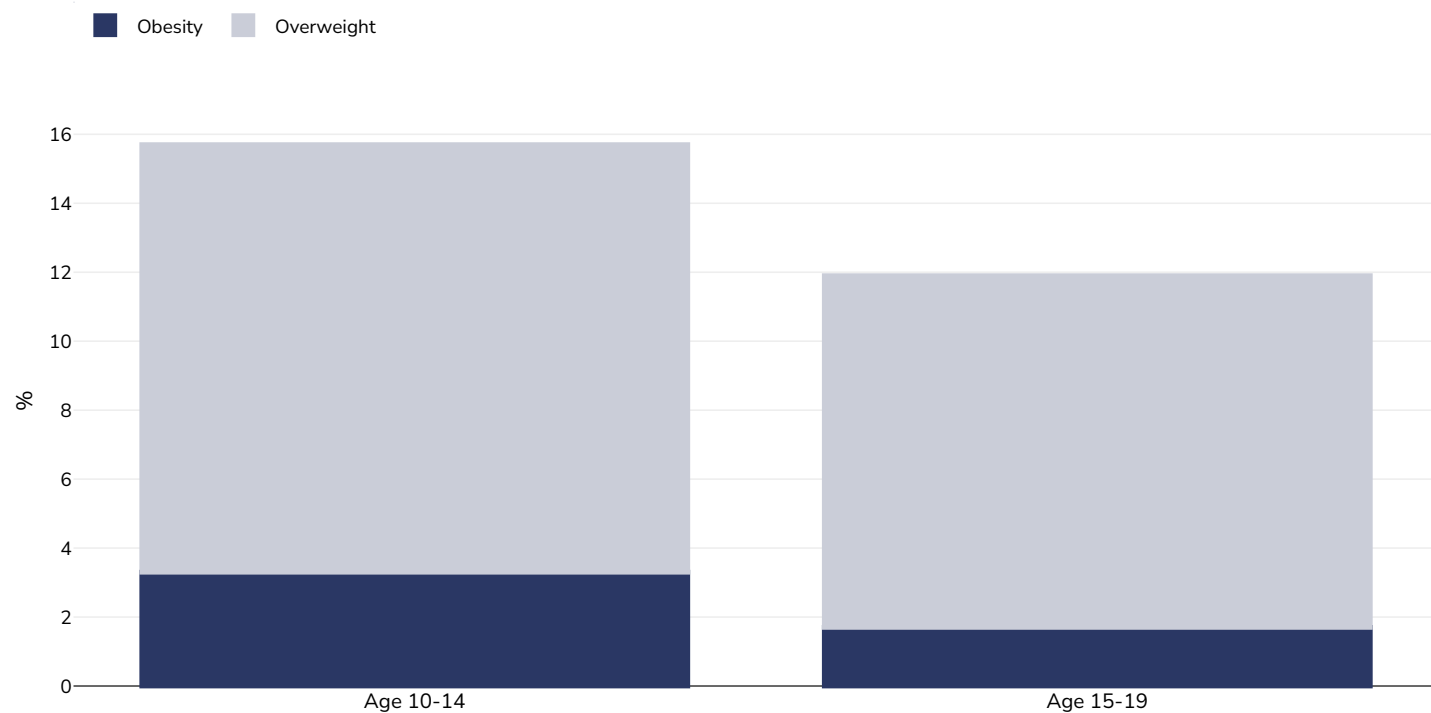| Survey type:	Measured
Sample size:	11124
Area covered:	National
References:	National Nutrition Survey Afghanistan 2013. Survey Report. Available from: https://reliefweb.int/sites/reliefweb.int/files/resources/Report%20NNS%20Afghanistan%202013%20(July%2026-14).pdf. [Last Accessed 16th January 2019].
Notes:	Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Girls, 2013

Legend: Obesity ▮ (dark navy), Overweight ▮ (light grey)

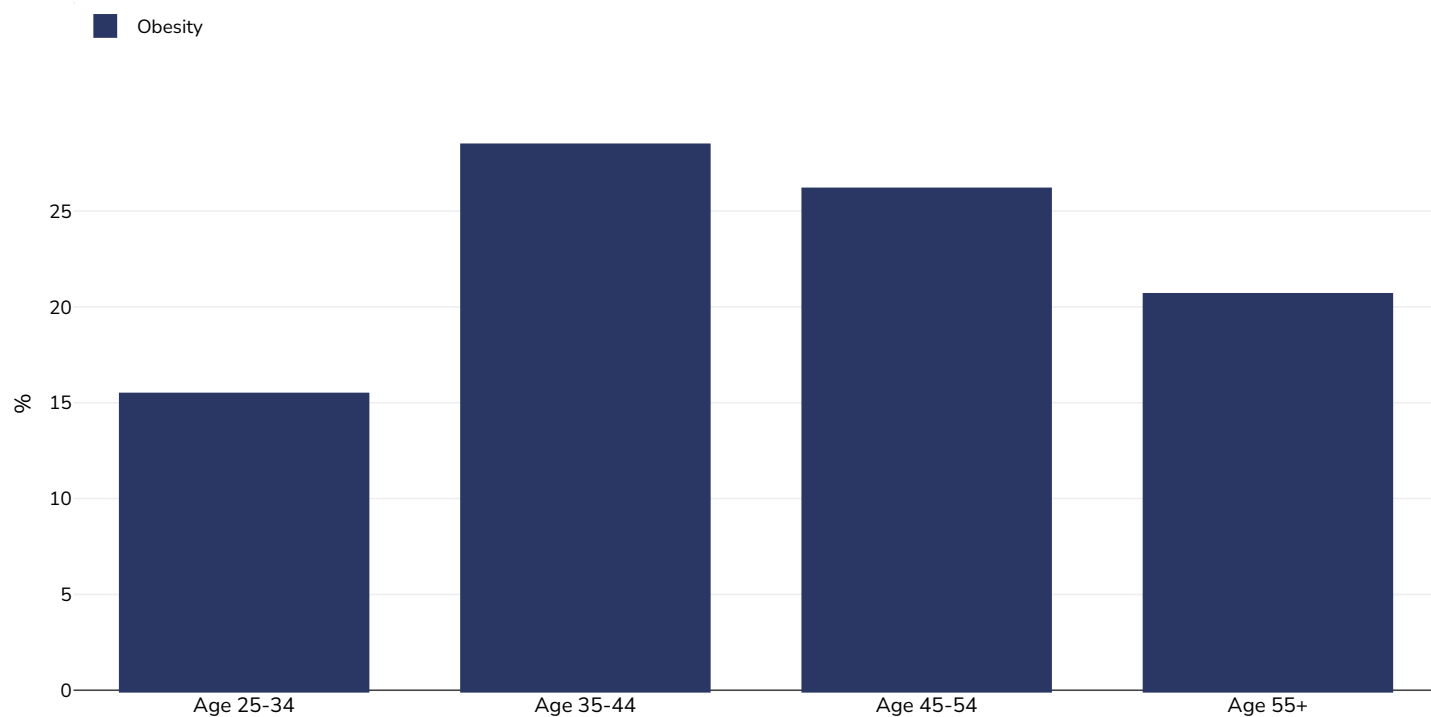| Survey type:	Measured
Sample size:	5808
Area covered:	National
References:	National Nutrition Survey Afghanistan 2013. Survey Report. Available from: https://reliefweb.int/sites/reliefweb.int/files/resources/Report%20NNS%20Afghanistan%202013%20(July%2026-14).pdf. [Last Accessed 16th January 2019].
Notes:	WHO cut-offs used.
Cutoffs:	WHO

Overweight/obesity by region

Adults, 2015

■ Obesity

| Survey type:	Measured
Sample size:	1172
Area covered:	Regional - Kabul
References:	Profile of risk factors for noncommunicable diseases in major cities of Afghanistan: WHO STEPwise approach. https://applications.emro.who.int/emhj/v26/04/10203397-2020-2604-388-399.pdf (last accessed 19.05.2022)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Infants, 2018
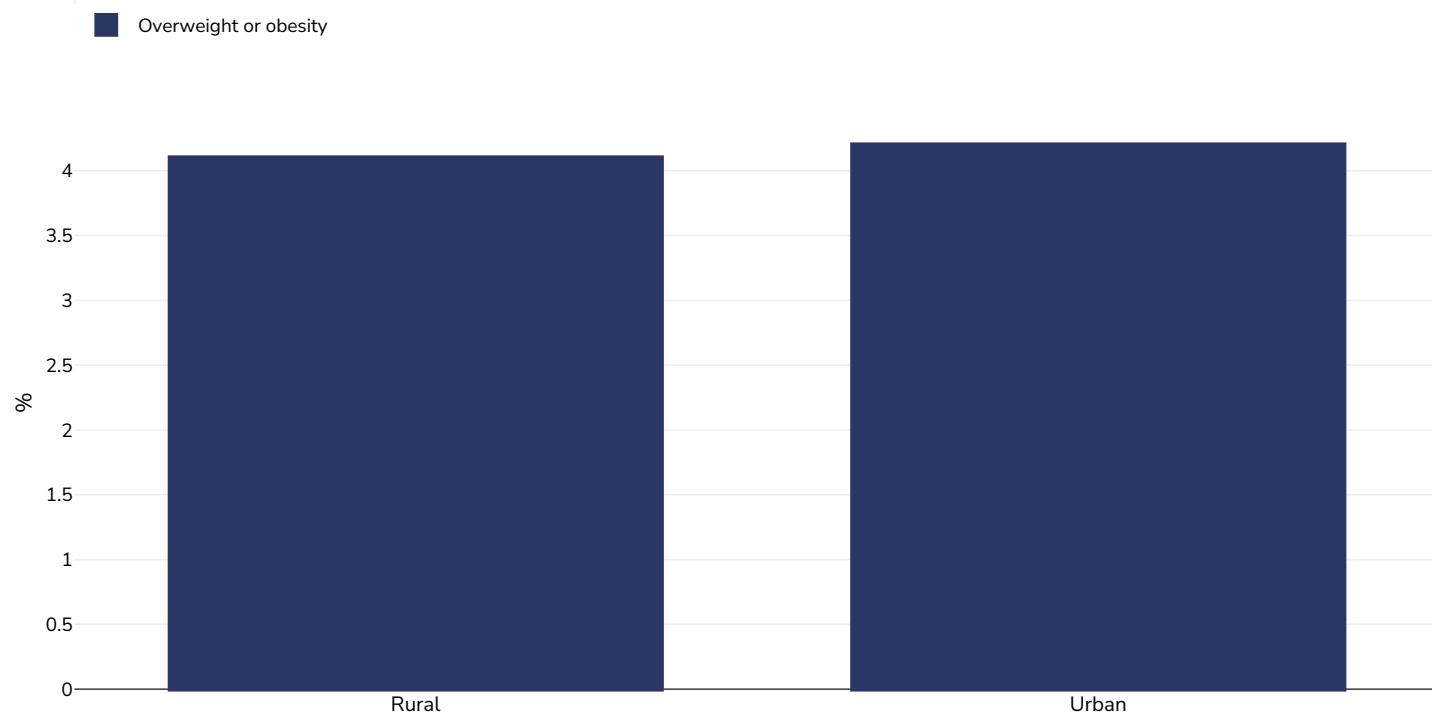
■ Overweight or obesity

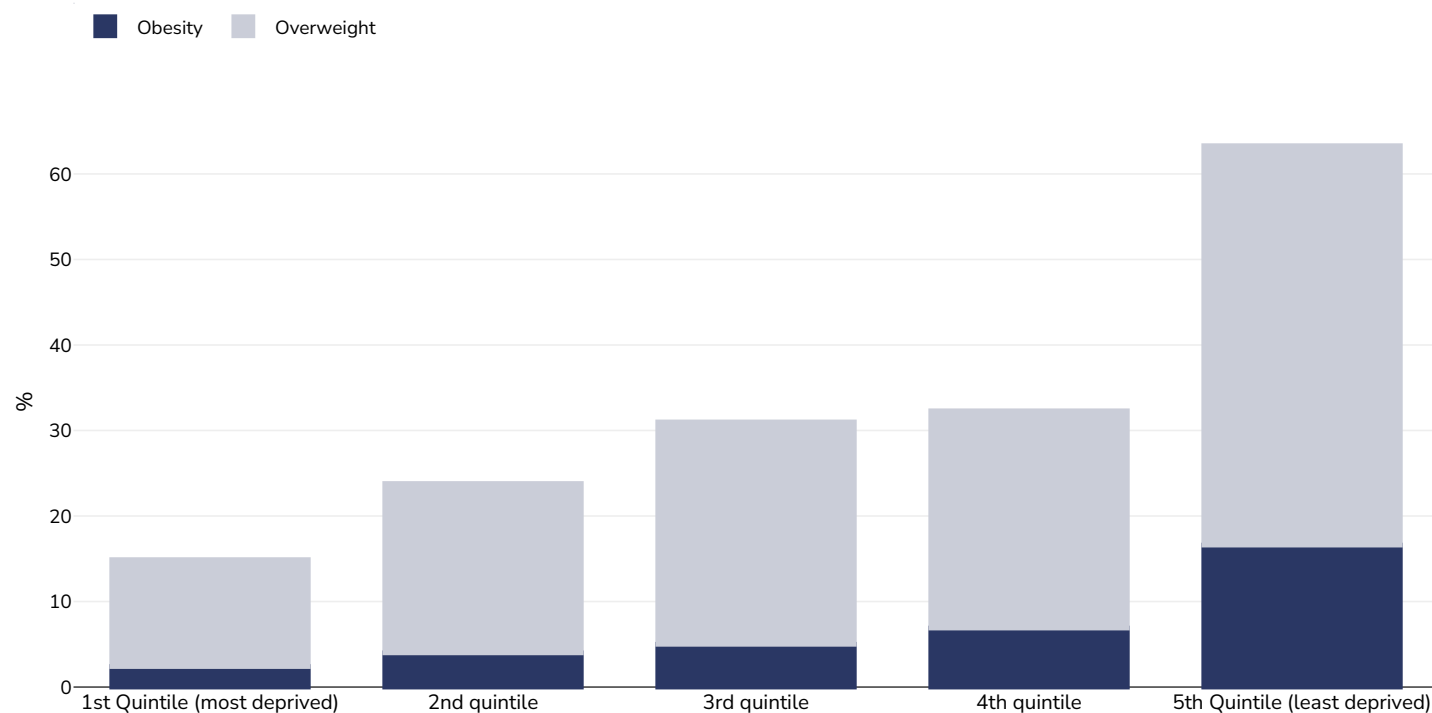| Sample size:	19692
References:	Other: Afghanistan Health Survey 2018
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Definitions:	=>+2SD

Overweight/obesity by socio-economic group

Women, 2013

■ Obesity ■ Overweight

Survey type:	Measured
Age:	15-49
Sample size:	11,124
Area covered:	National
References:	National Nutrition Survey Afghanistan 2013. Survey Report. Available from: https://reliefweb.int/sites/reliefweb.int/files/resources/Report%20NNS%20Afghanistan%202013%20(July%2026-14).pdf. [Last Accessed 16th January 2019].
Notes:	Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Girls, 2013

Legend: ■ Obesity □ Overweight

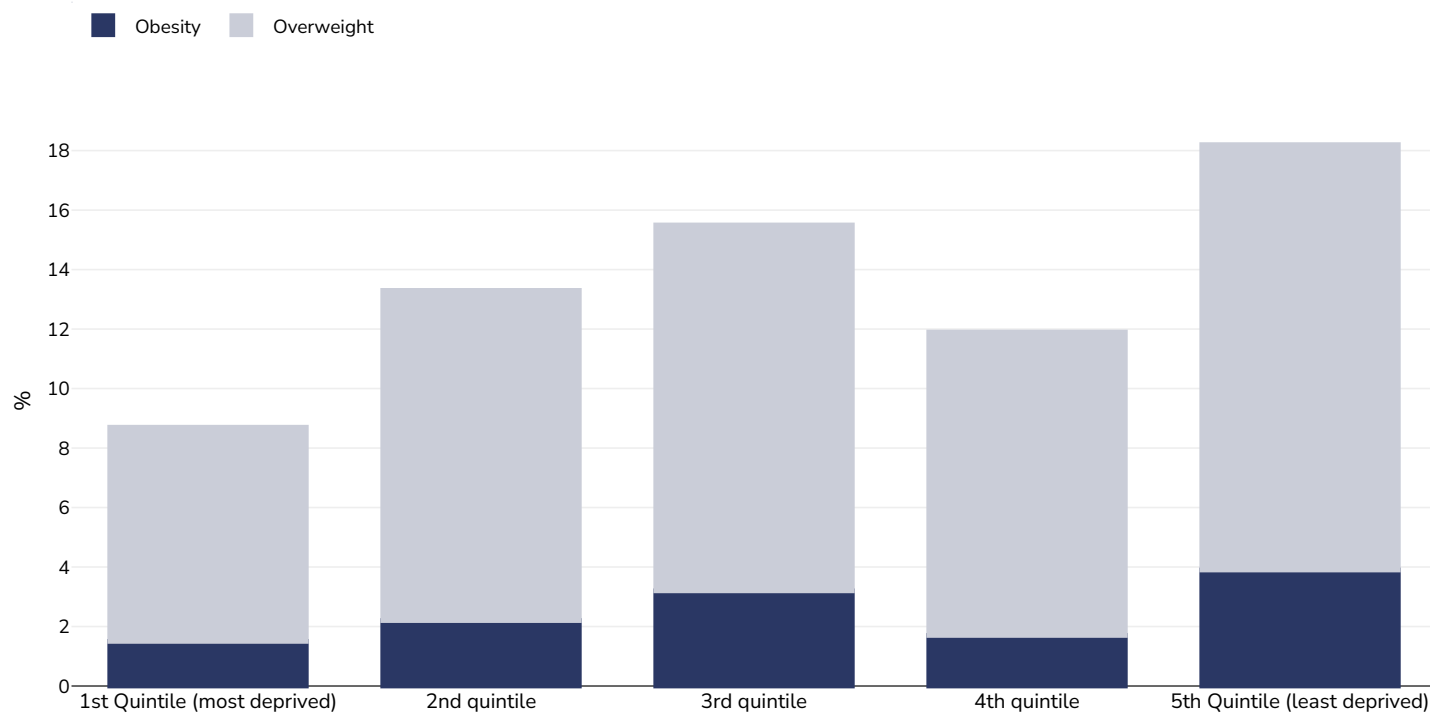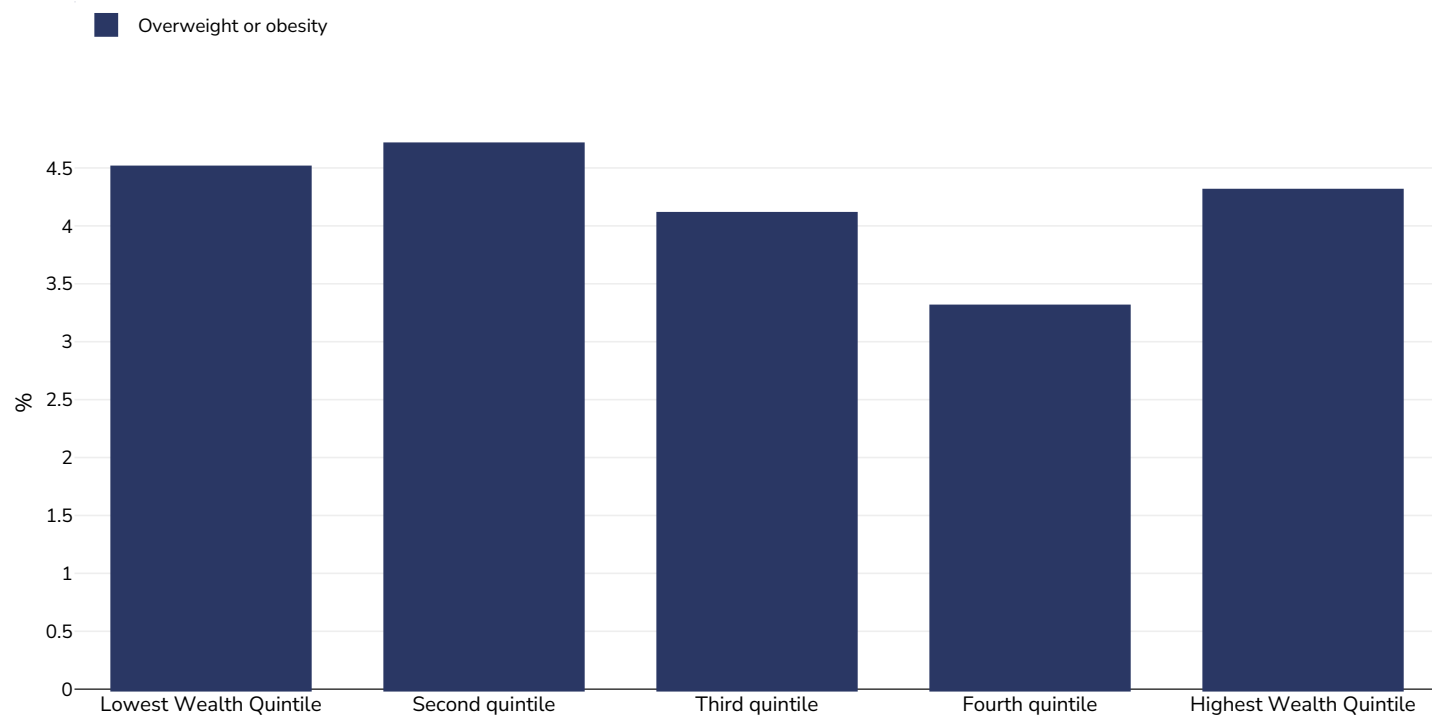| Survey type:	Measured
Age:	15-19
Sample size:	5808
Area covered:	National
References:	National Nutrition Survey Afghanistan 2013. Survey Report. Available from: https://reliefweb.int/sites/reliefweb.int/files/resources/Report%20NNS%20Afghanistan%202013%20(July%2026-14).pdf. [Last Accessed 16th January 2019].
Notes:	WHO cut-offs used.
Cutoffs:	WHO

Infants, 2018

■ Overweight or obesity

Sample size:	19692
References:	Other: Afghanistan Health Survey 2018
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Definitions:	=>+2SD

Insufficient physical activity

Children, 2016
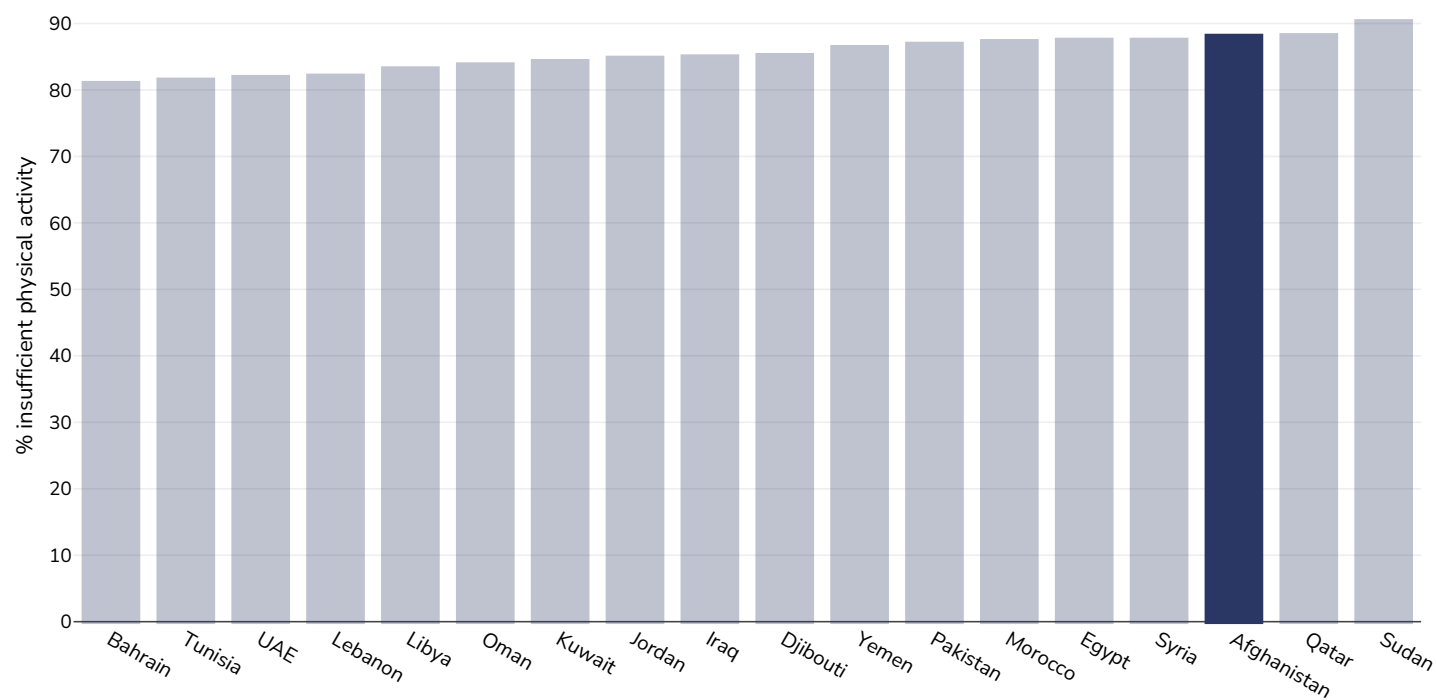
Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Boys, 2016
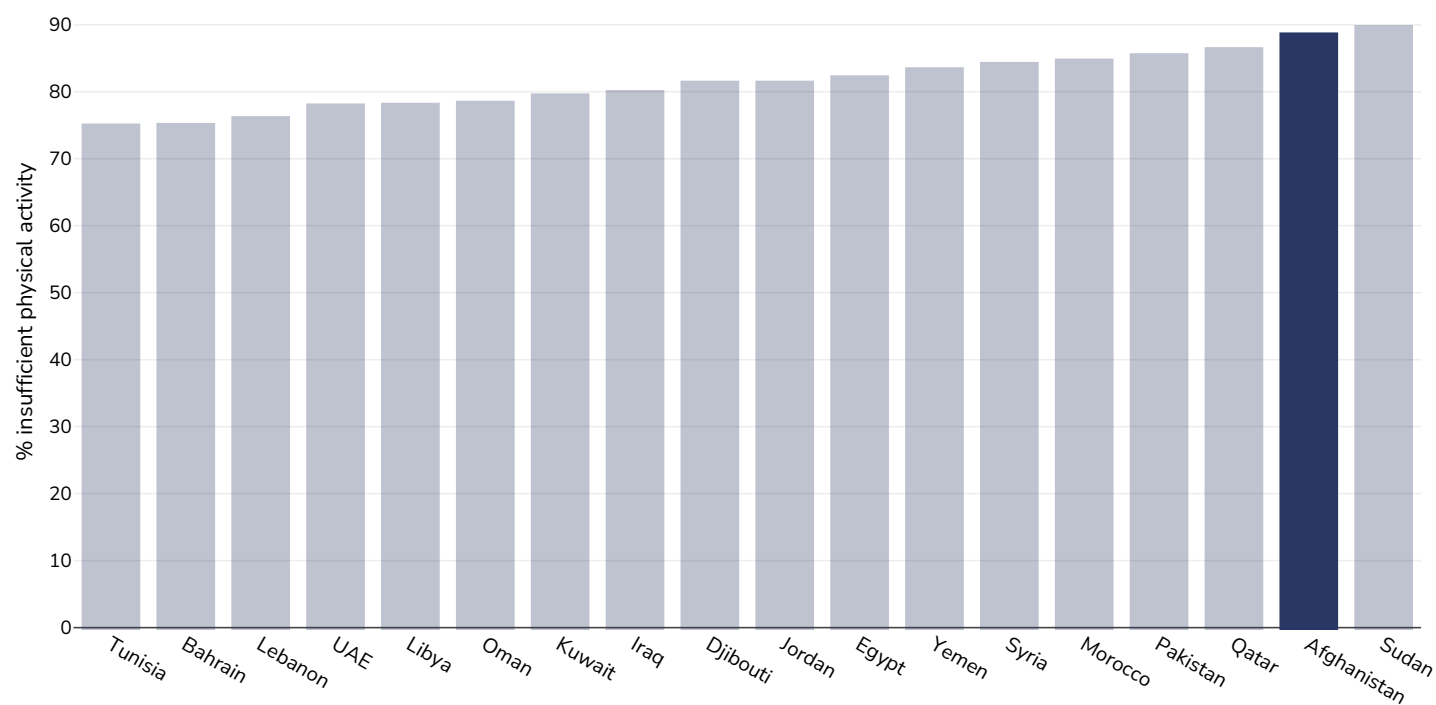
Chart: % insufficient physical activity (y-axis, 0–90) by country. Countries from left to right: Tunisia, Bahrain, Lebanon, UAE, Libya, Oman, Kuwait, Iraq, Djibouti, Jordan, Egypt, Yemen, Syria, Morocco, Pakistan, Qatar, Afghanistan, Sudan.

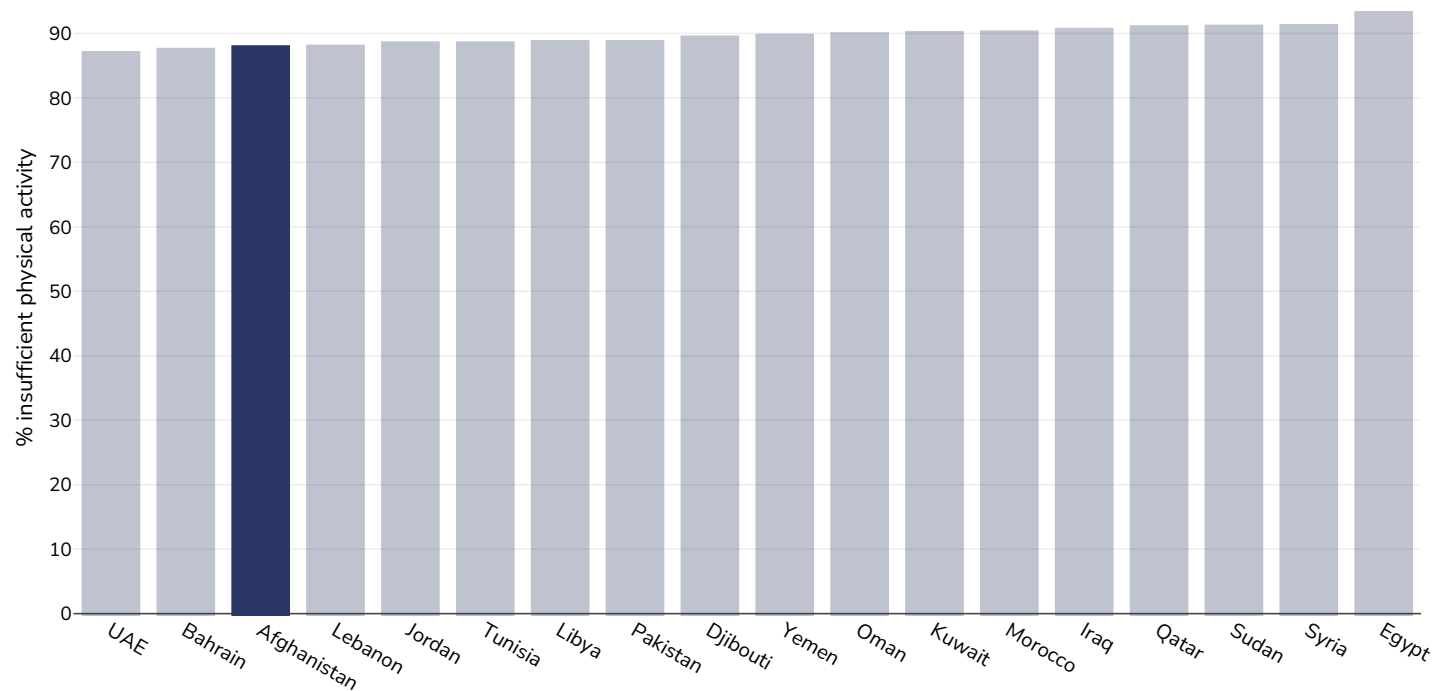| Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Girls, 2016

Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Average daily frequency of carbonated soft drink consumption

Children, 2009-2015
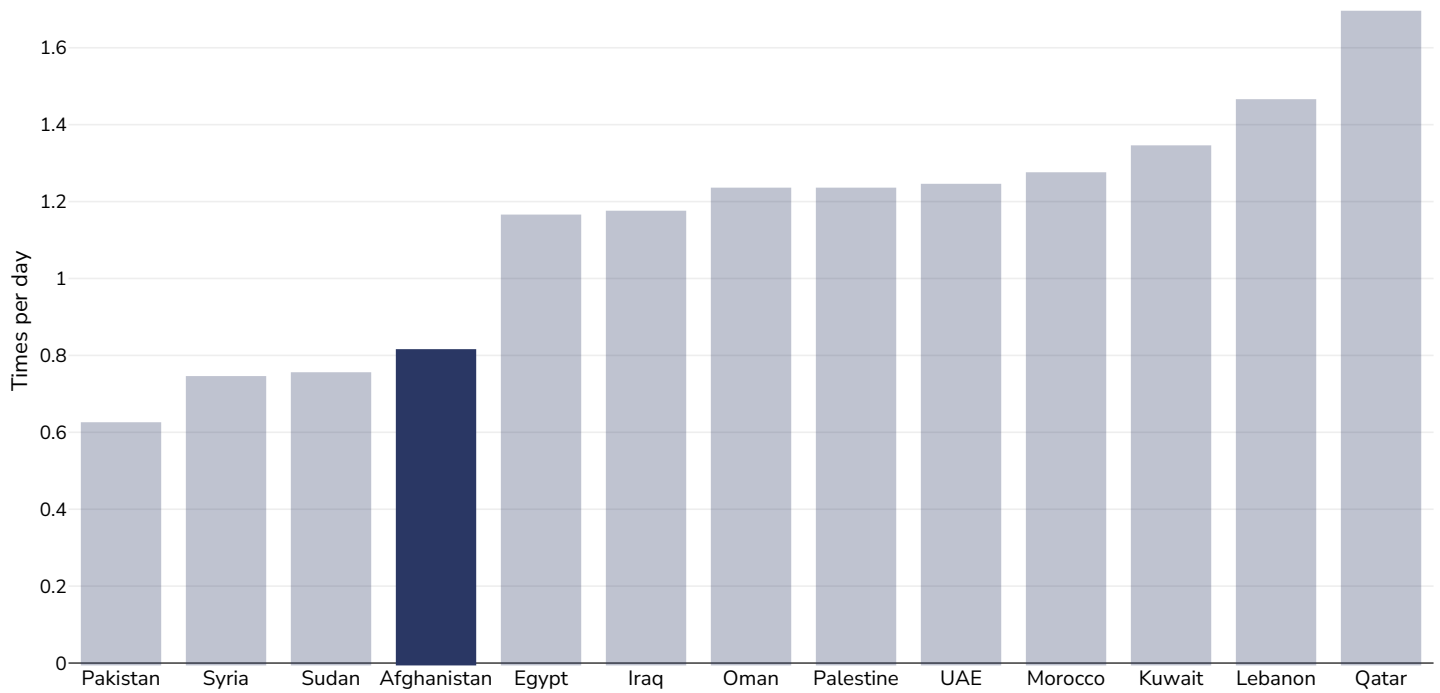
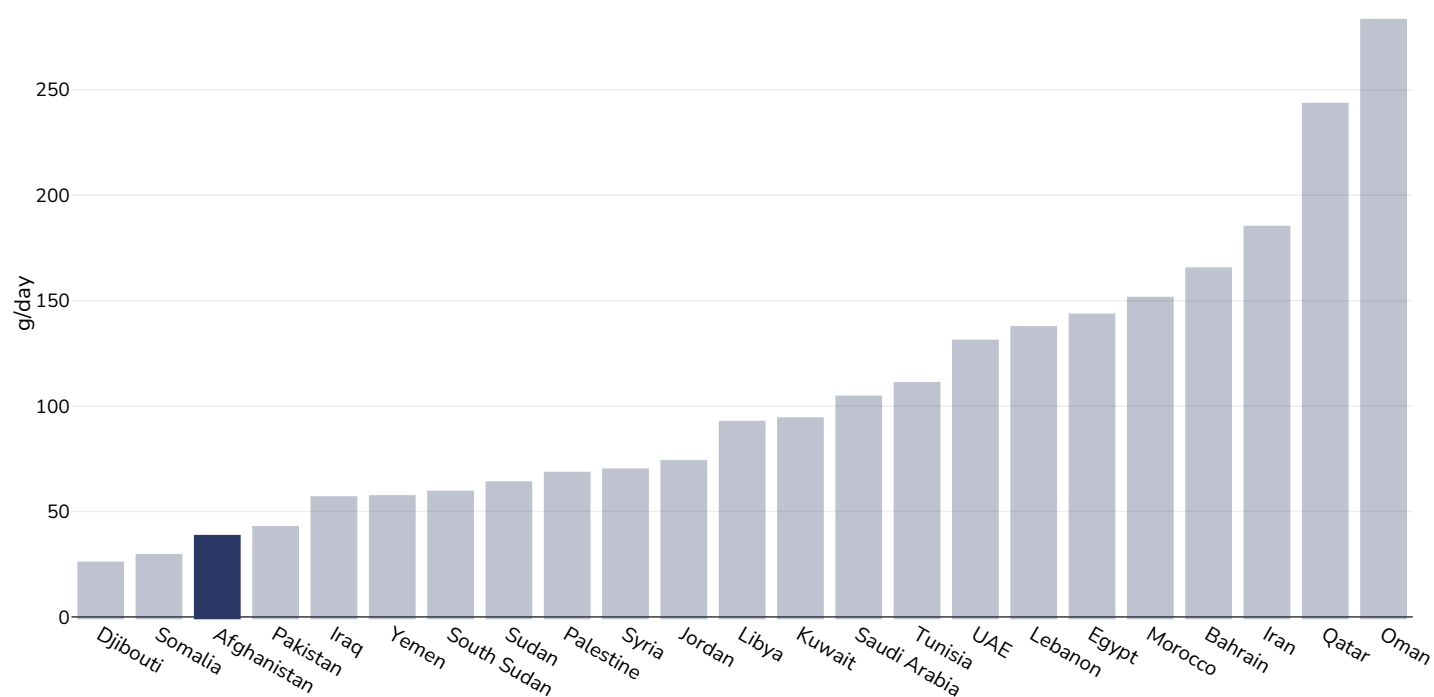| Survey type:	Measured
Age:	12-17
References:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Estimated per capita fruit intake

Adults, 2017

Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita fruit intake (g/day)

Prevalence of less than daily fruit consumption

Children, 2008-2015
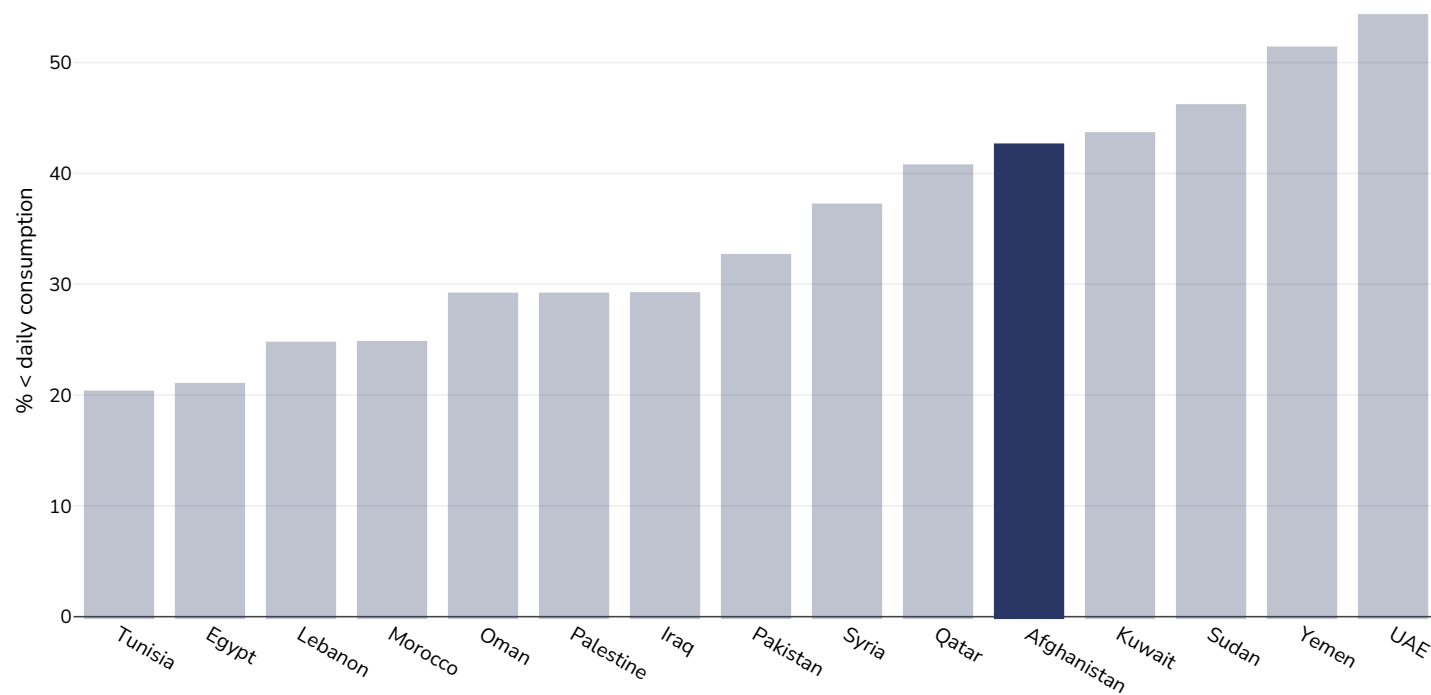
Survey type:	Measured
Age:	12-17
References:	Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less than daily vegetable consumption

Children, 2008-2015
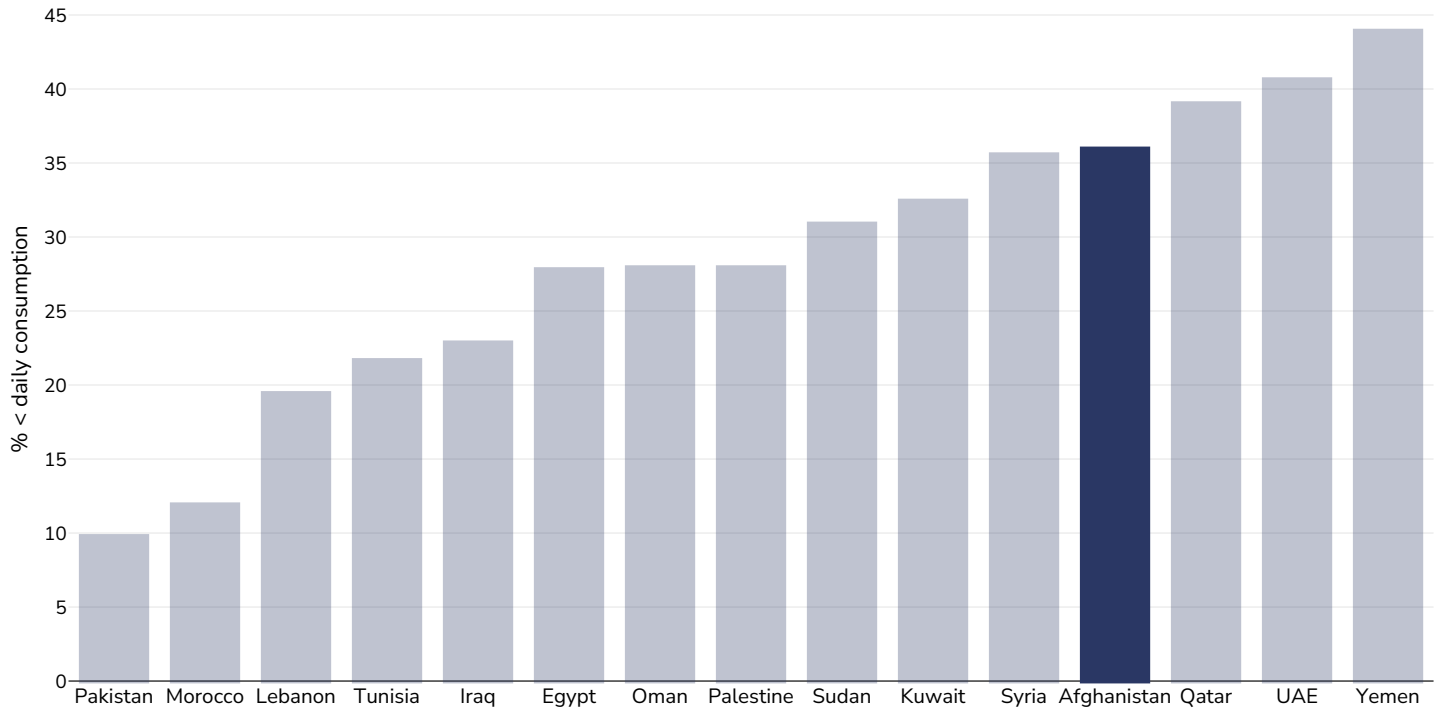
Survey type:	Measured
Age:	12-17
References:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Average weekly frequency of fast food consumption

Children, 2009-2015

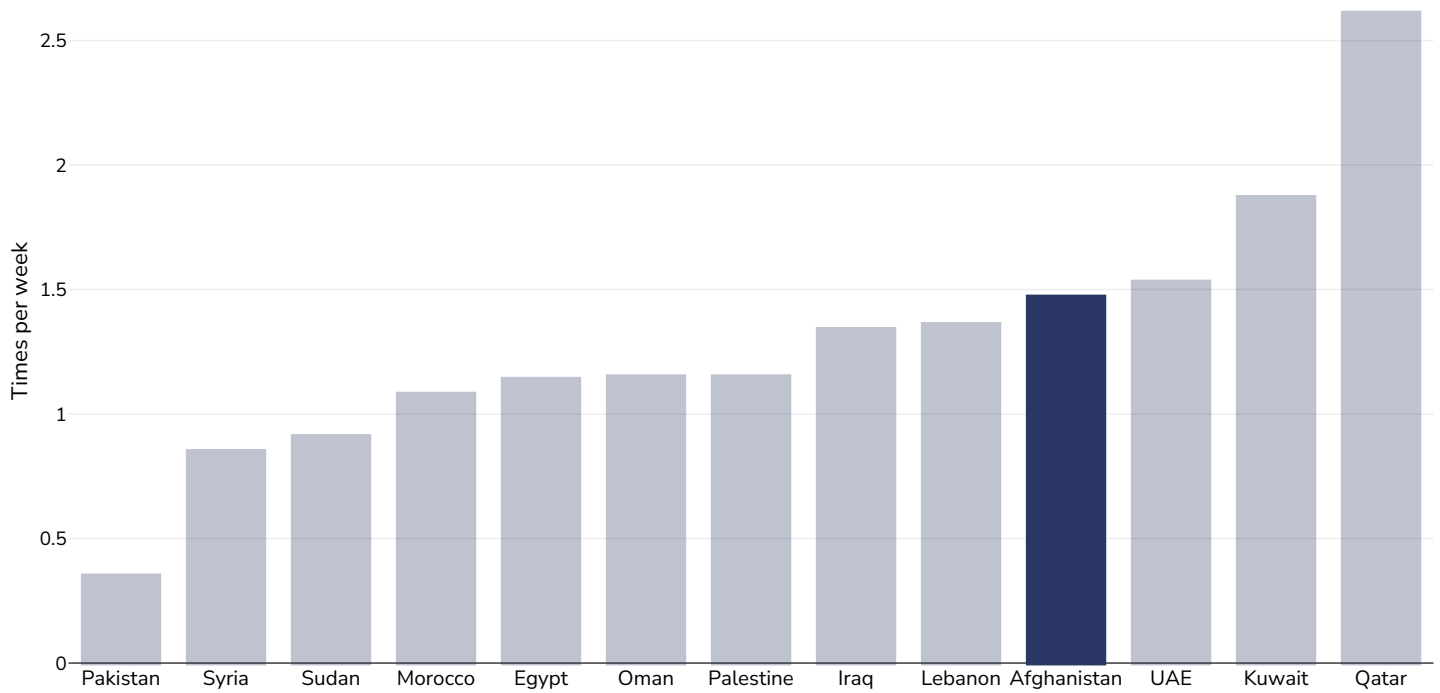
Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Estimated per-capita processed meat intake

Adults, 2017
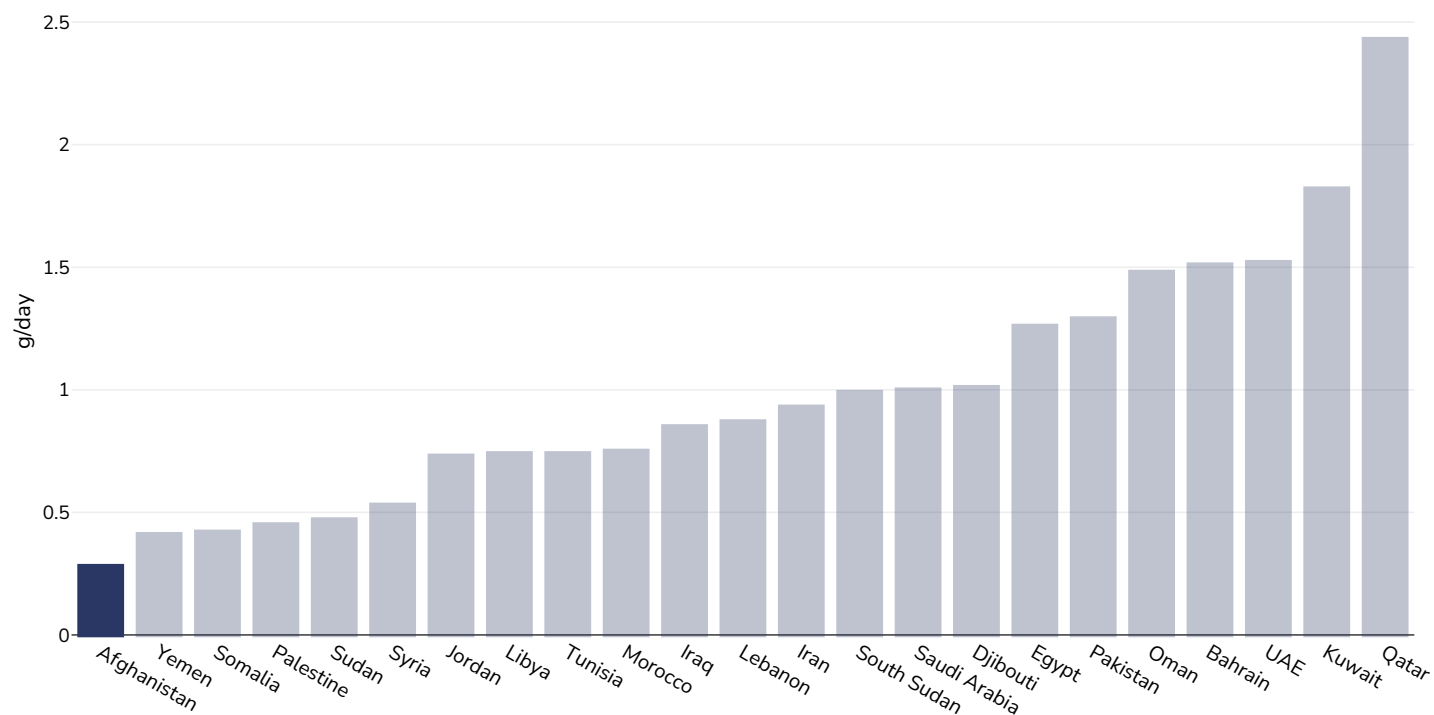
Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Adults, 2017
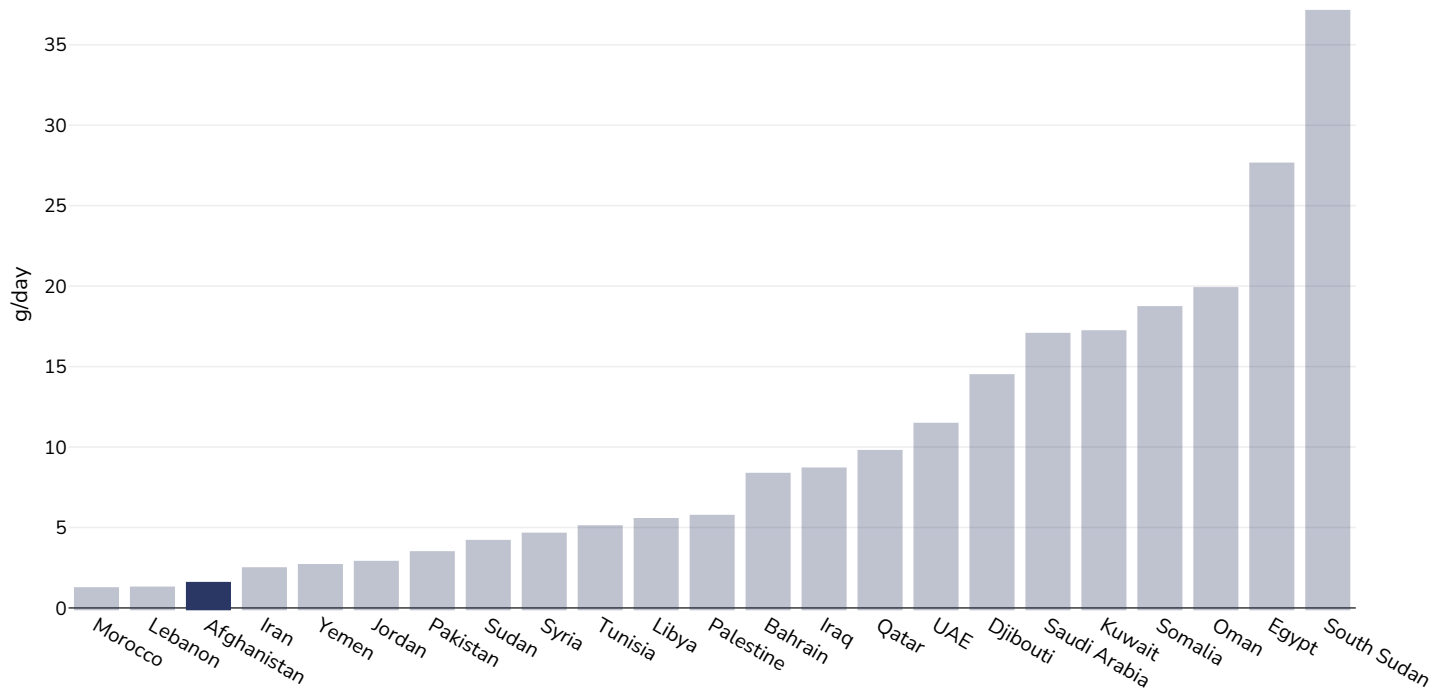
Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita whole grains intake (g/day)

Mental health - depression disorders

Adults, 2015
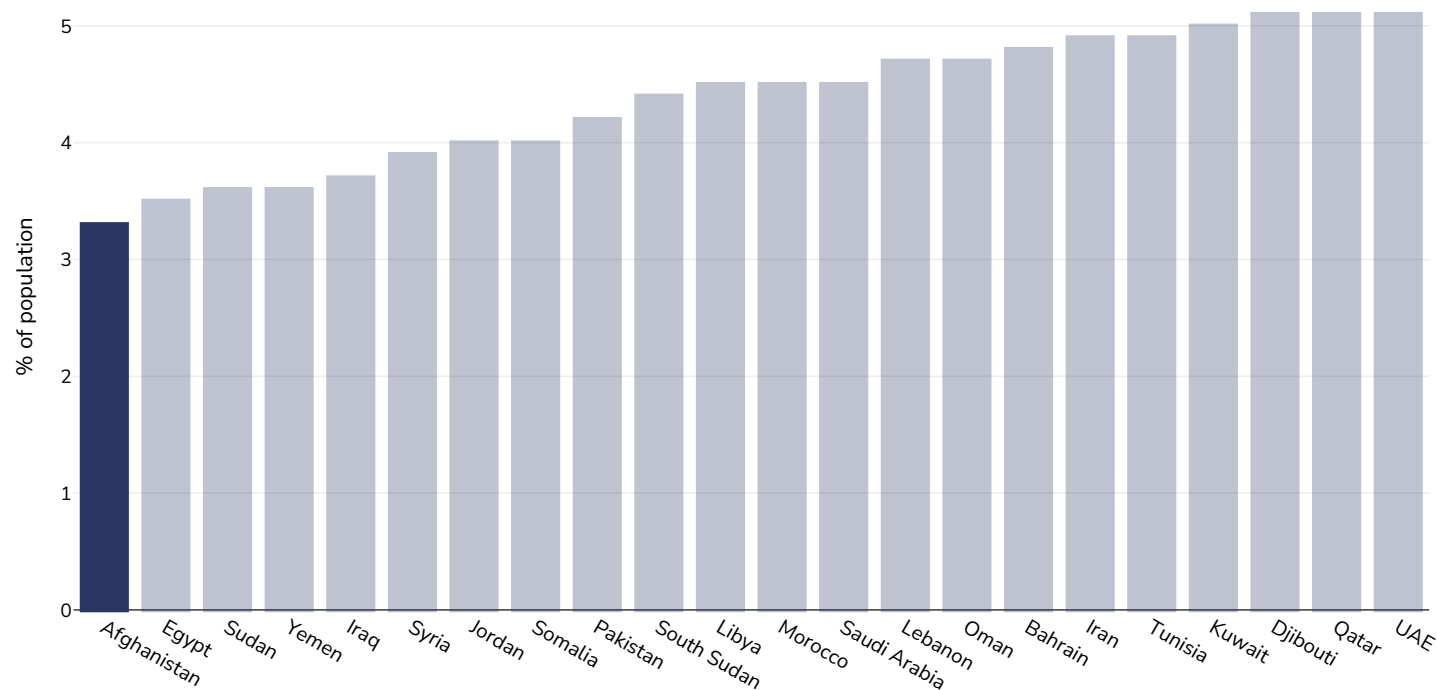
References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with depression disorders

Mental health - anxiety disorders

Adults, 2015
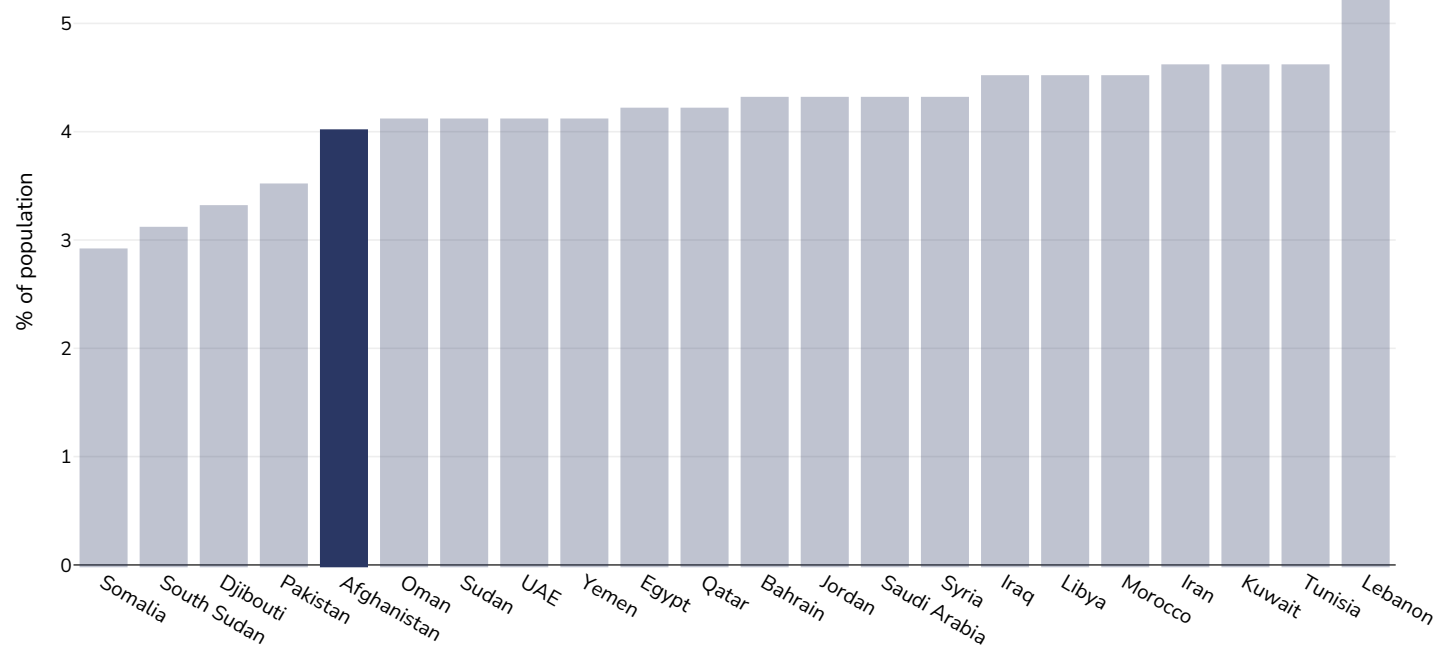
References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with anxiety disorders

% Infants exclusively breastfed 0-5 months

Children, 2010-2019
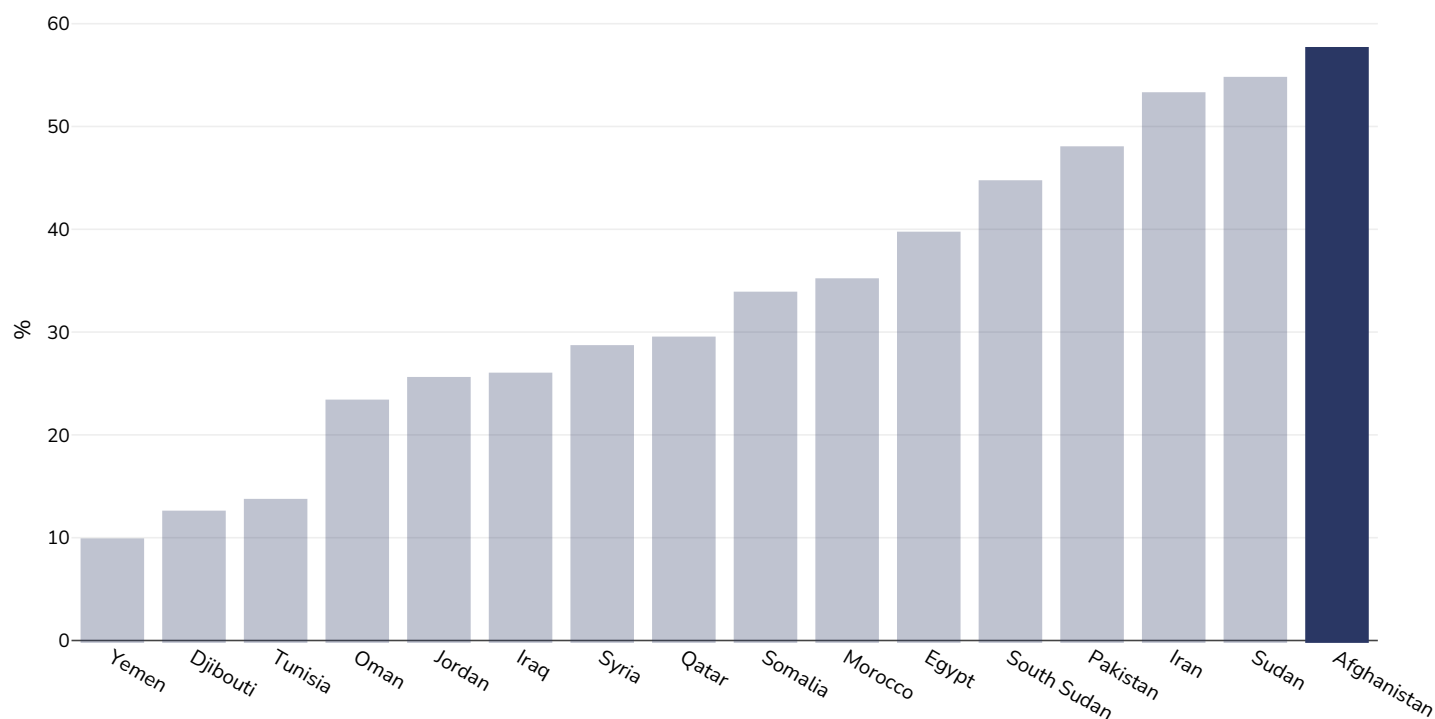
Area covered:	National
References:	Afghanistan Health Survey 2018
Notes:	See UNICEF website for further survey information. Available at : https://data.unicef.org/resources/dataset/infant-young-child-feeding/ (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.
Definitions:	% exclusively breastfed 0-5 months

Oesophageal cancer

Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Breast cancer

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Colorectal cancer

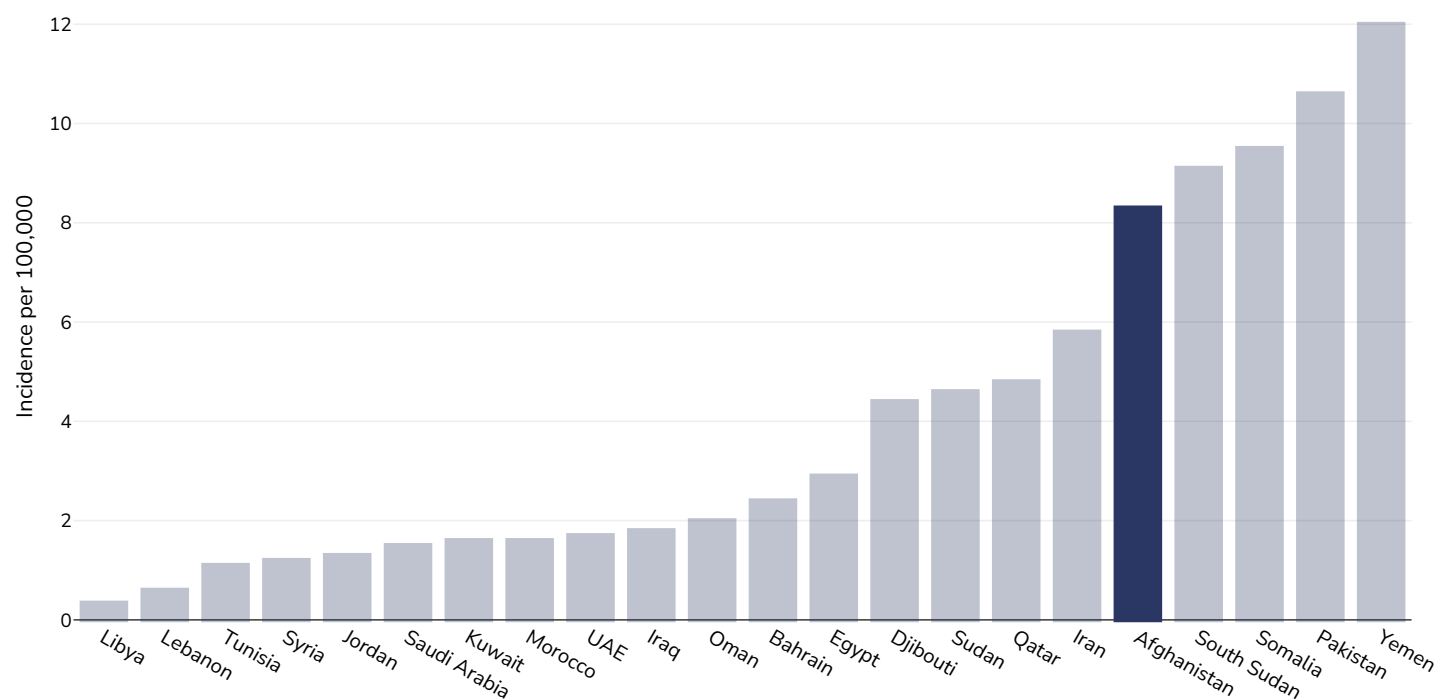## Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Pancreatic cancer

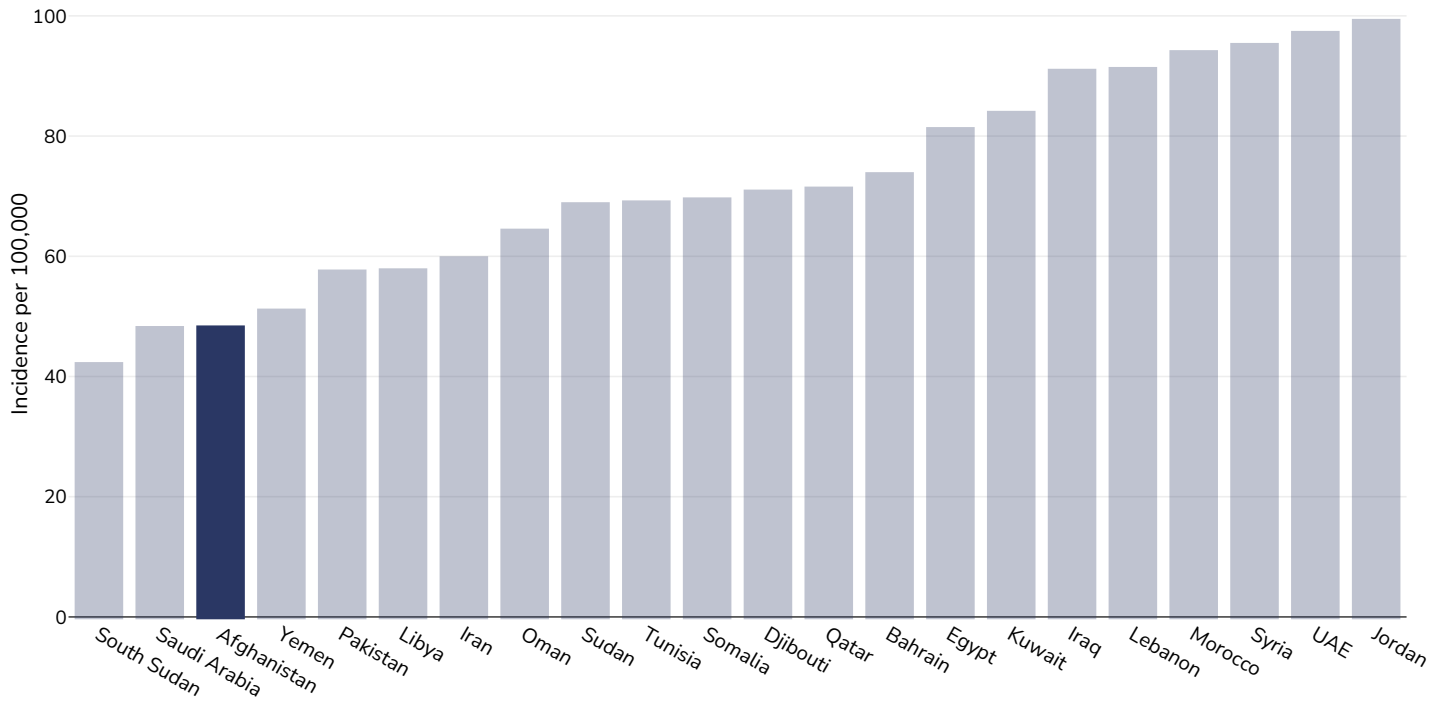## Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Chart: Incidence per 100,000 (y-axis, 0–9) by country:
Pakistan, Djibouti, Sudan, Oman, Afghanistan, Saudi Arabia, South Sudan, Iraq, Somalia, Morocco, Yemen, Tunisia, Syria, UAE, Egypt, Iran, Jordan, Lebanon, Libya, Kuwait, Bahrain, Qatar
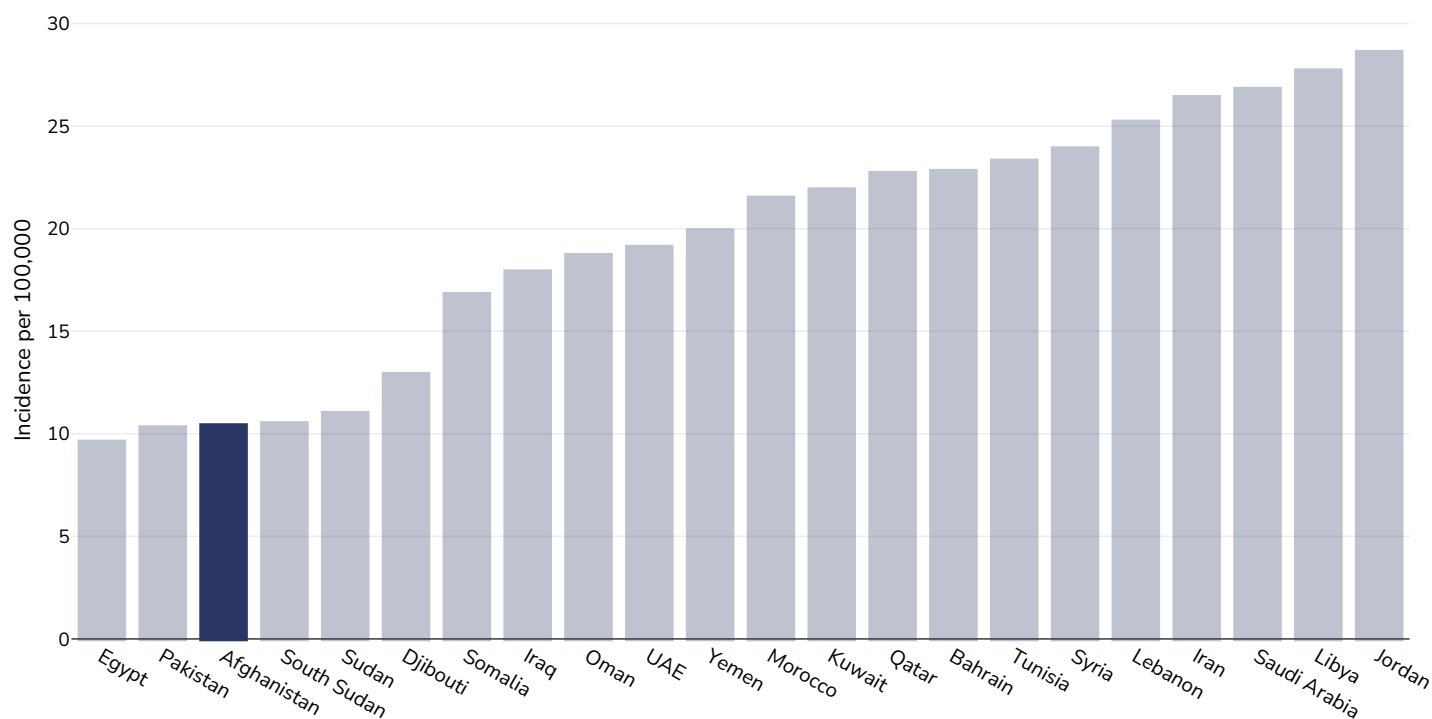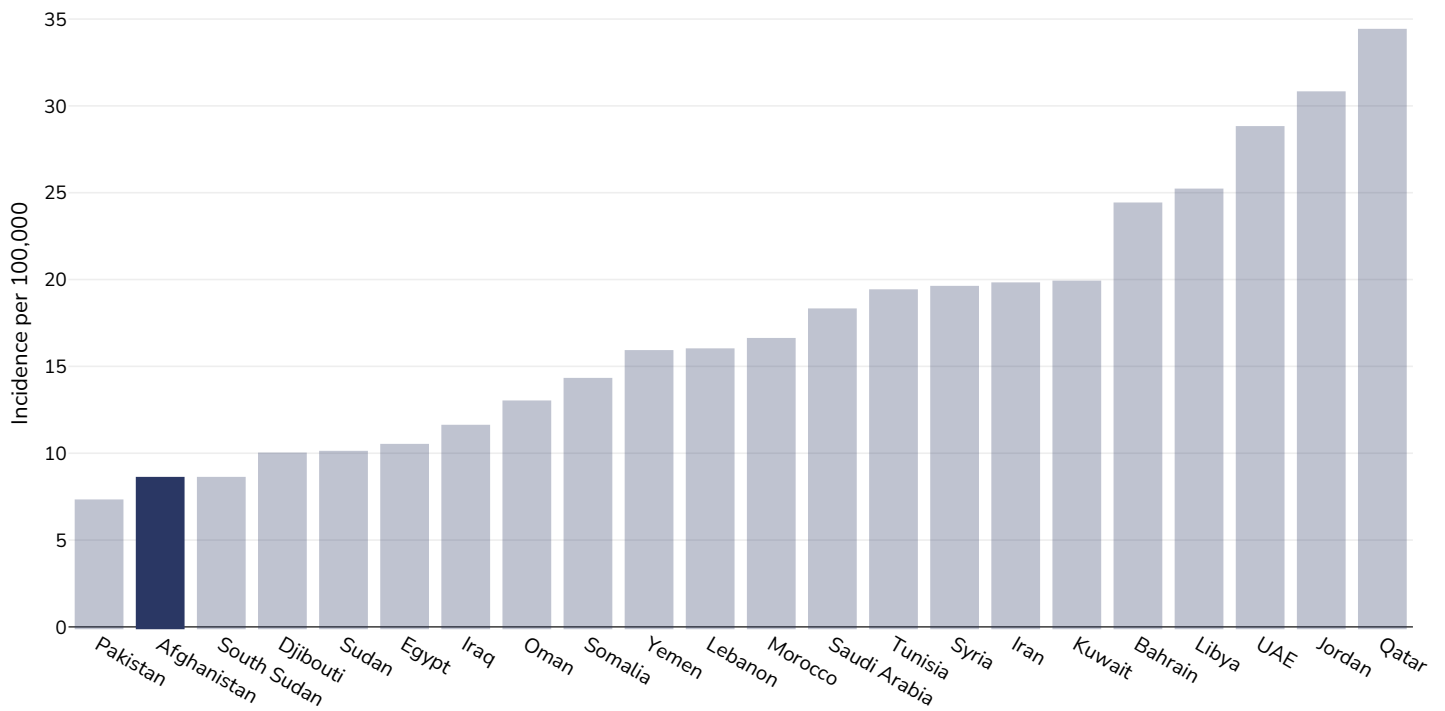
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Gallbladder cancer

Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

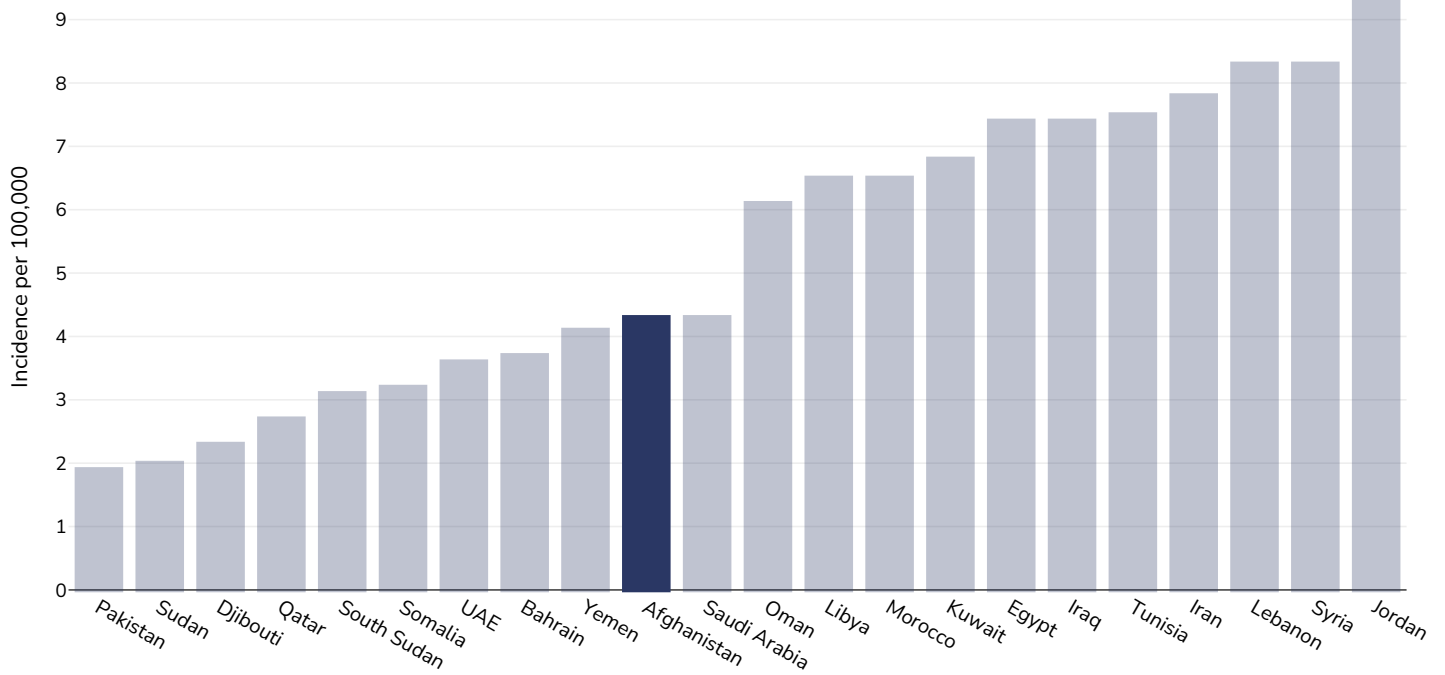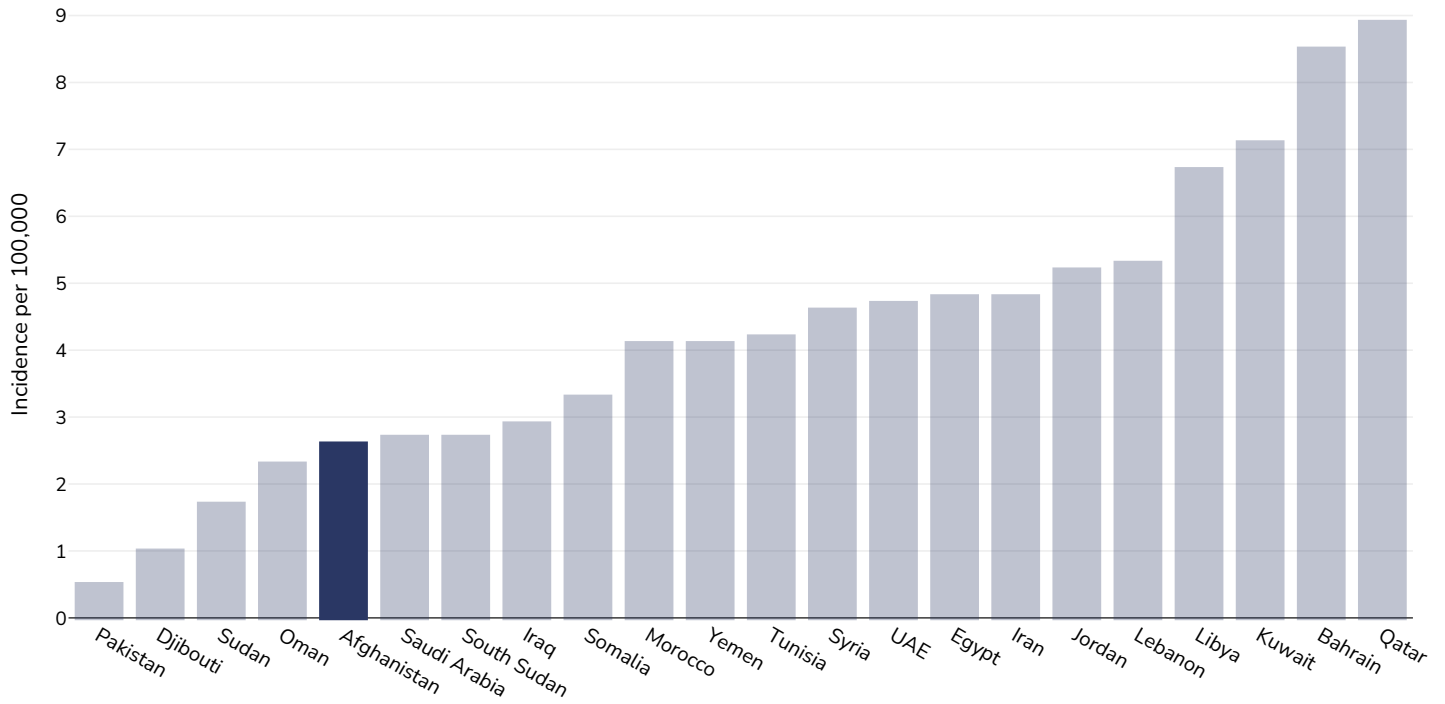## Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Kidney cancer

Men, 2020

Incidence per 100,000 (y-axis, 0–9)

Countries (x-axis, left to right): Yemen, South Sudan, Sudan, Pakistan, Djibouti, Qatar, Morocco, Somalia, UAE, Oman, Iran, Bahrain, Kuwait, Tunisia, Egypt, Saudi Arabia, Iraq, Afghanistan, Jordan, Syria, Libya, Lebanon

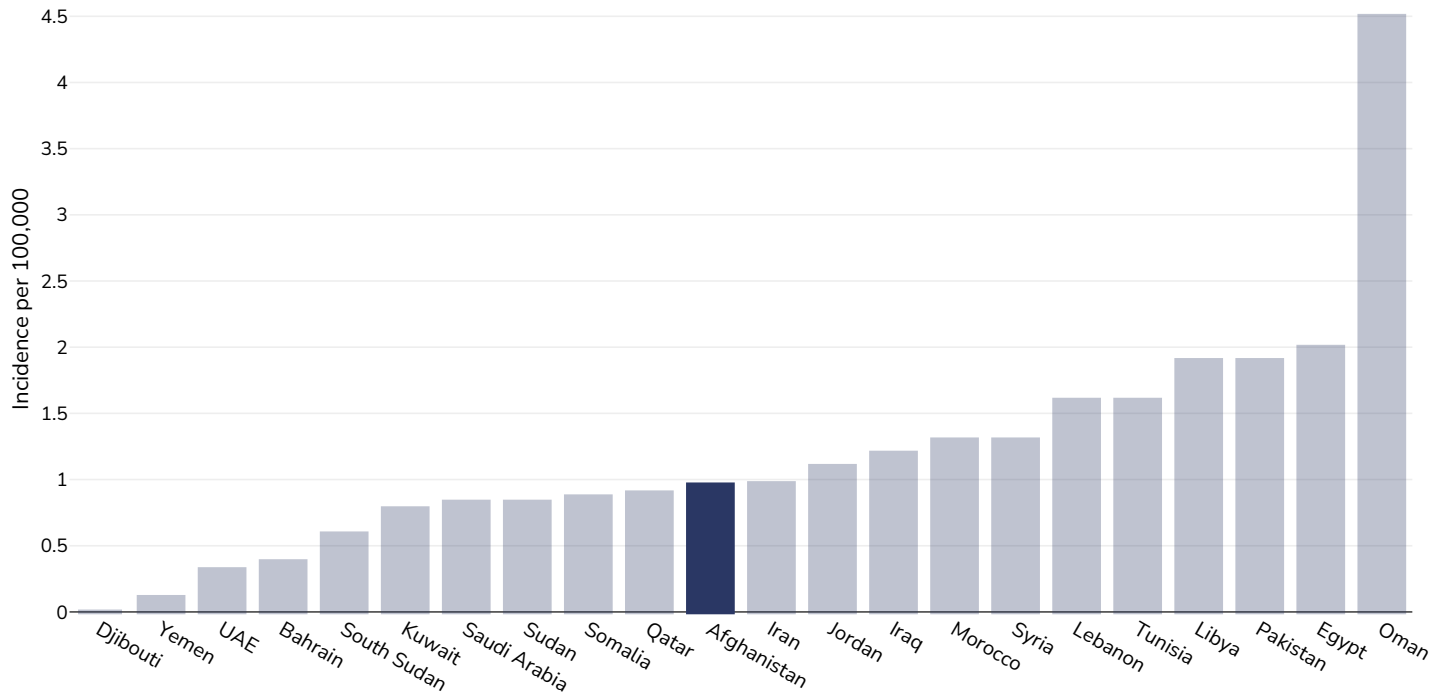|	
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Cancer of the uterus
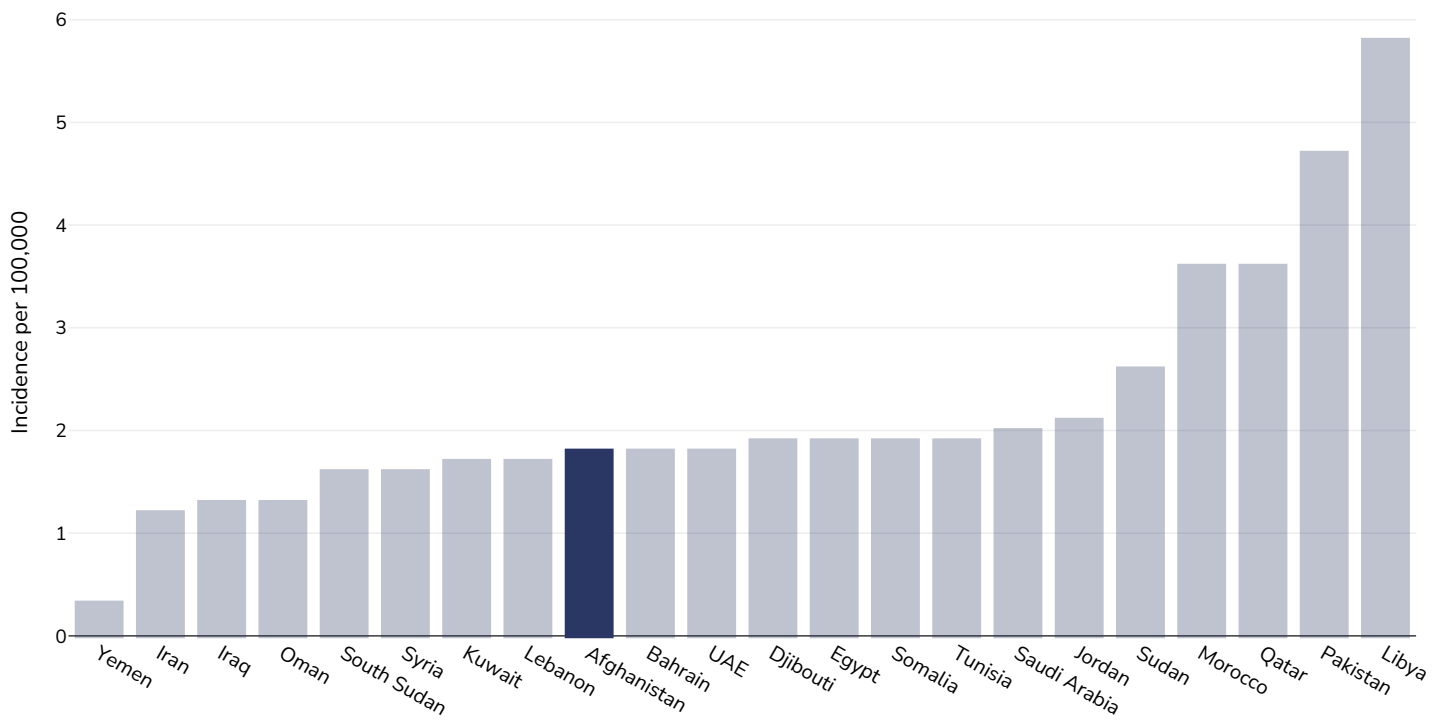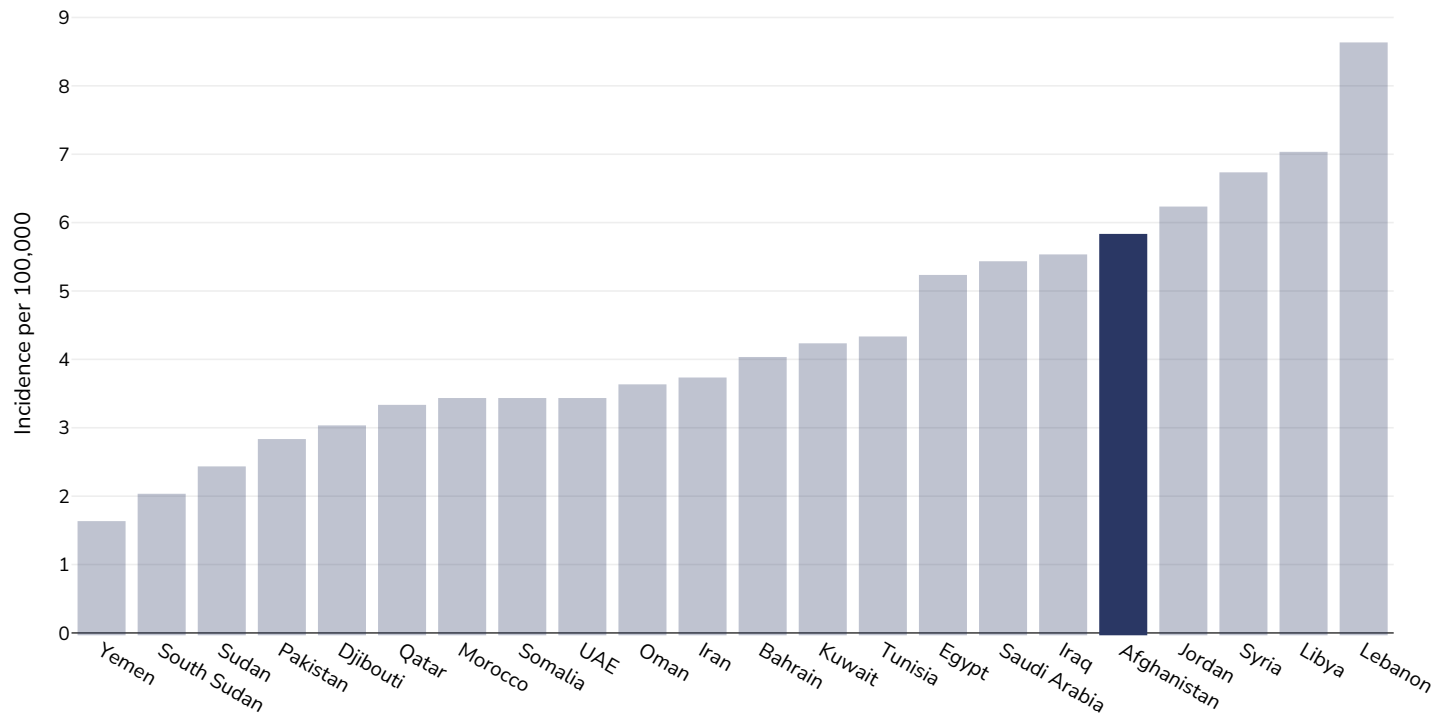
Women, 2020

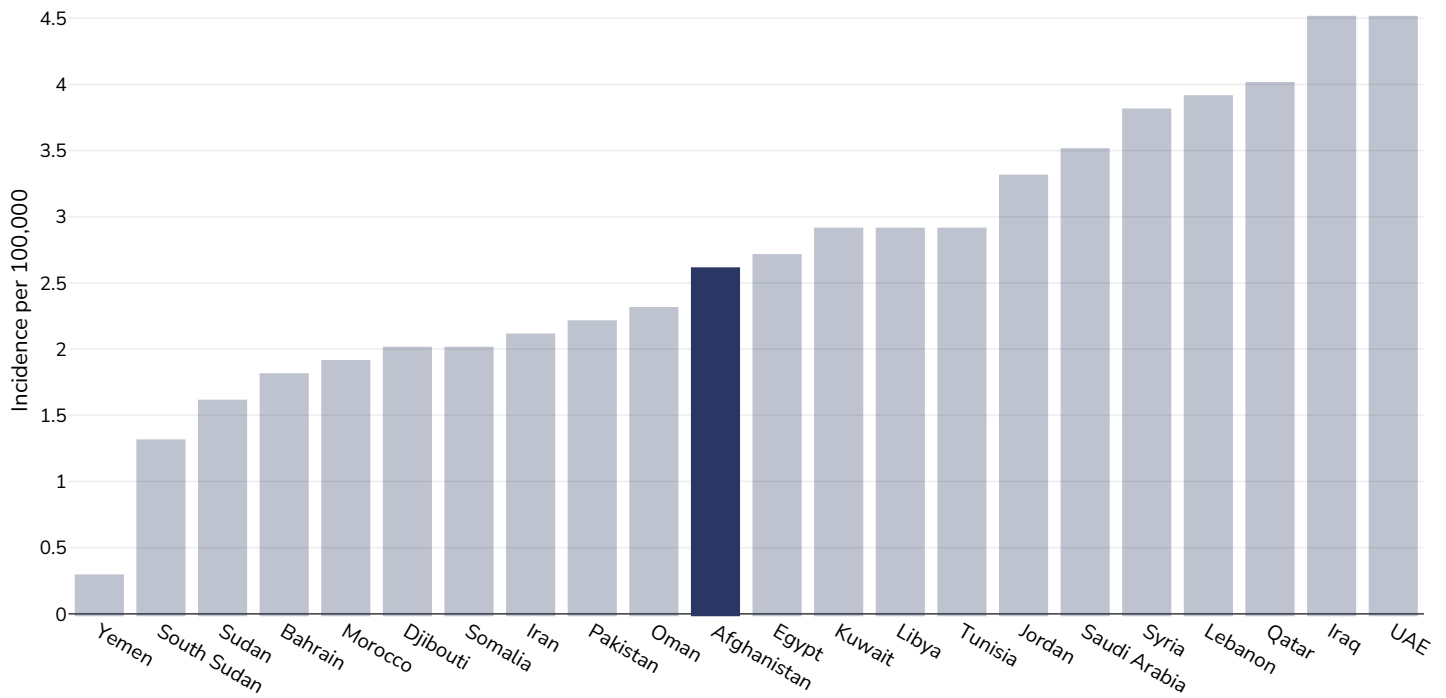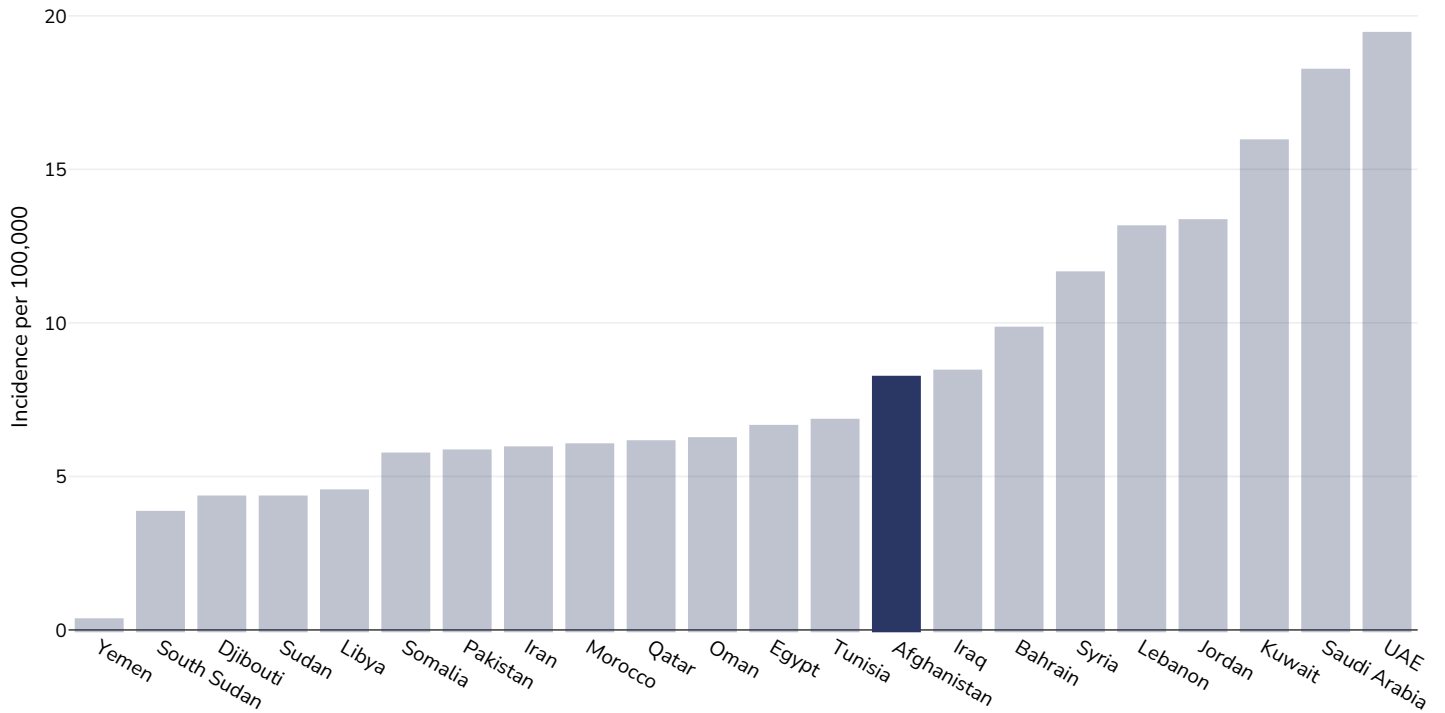
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2023
Definitions:	Age-standardized indicence rates per 100 000

Raised blood pressure

Adults, 2015
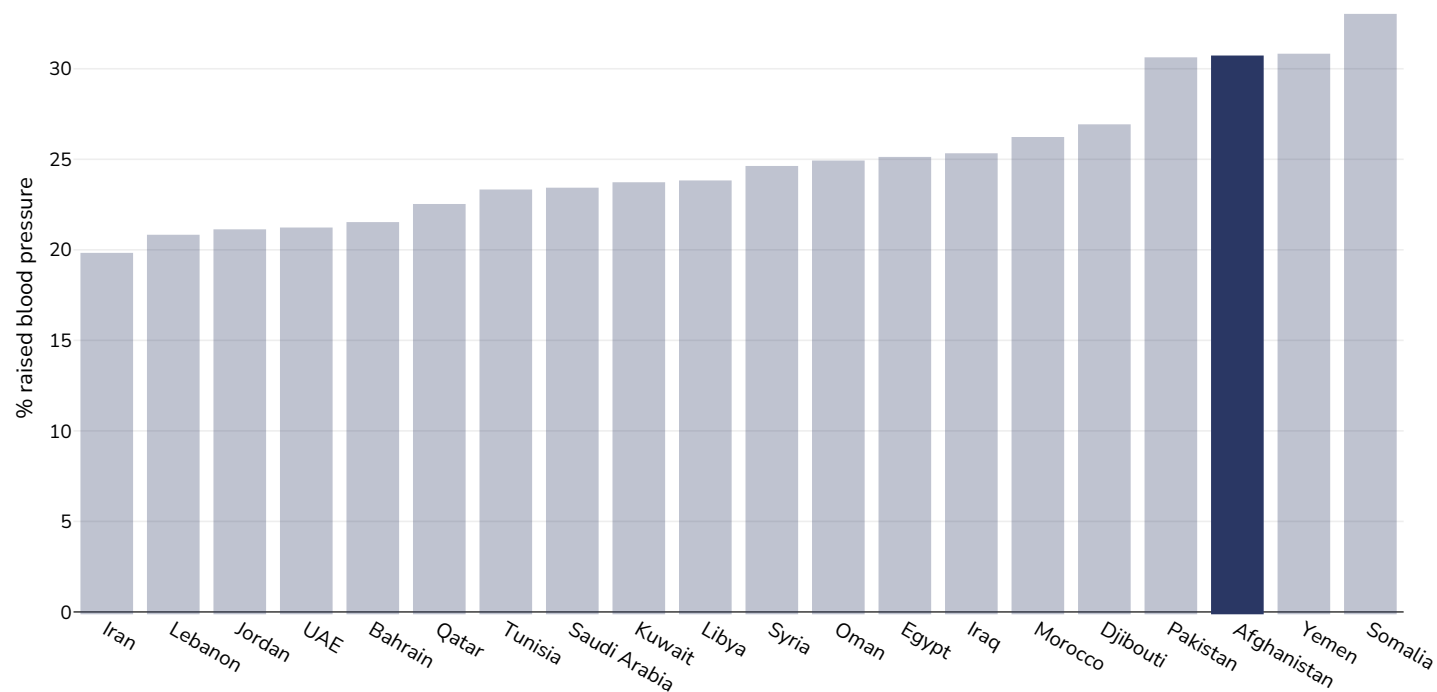
% raised blood pressure

Countries (left to right): Iran, Lebanon, Jordan, UAE, Bahrain, Qatar, Tunisia, Saudi Arabia, Kuwait, Libya, Syria, Oman, Egypt, Iraq, Morocco, Djibouti, Pakistan, Afghanistan, Yemen, Somalia

References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Men, 2015
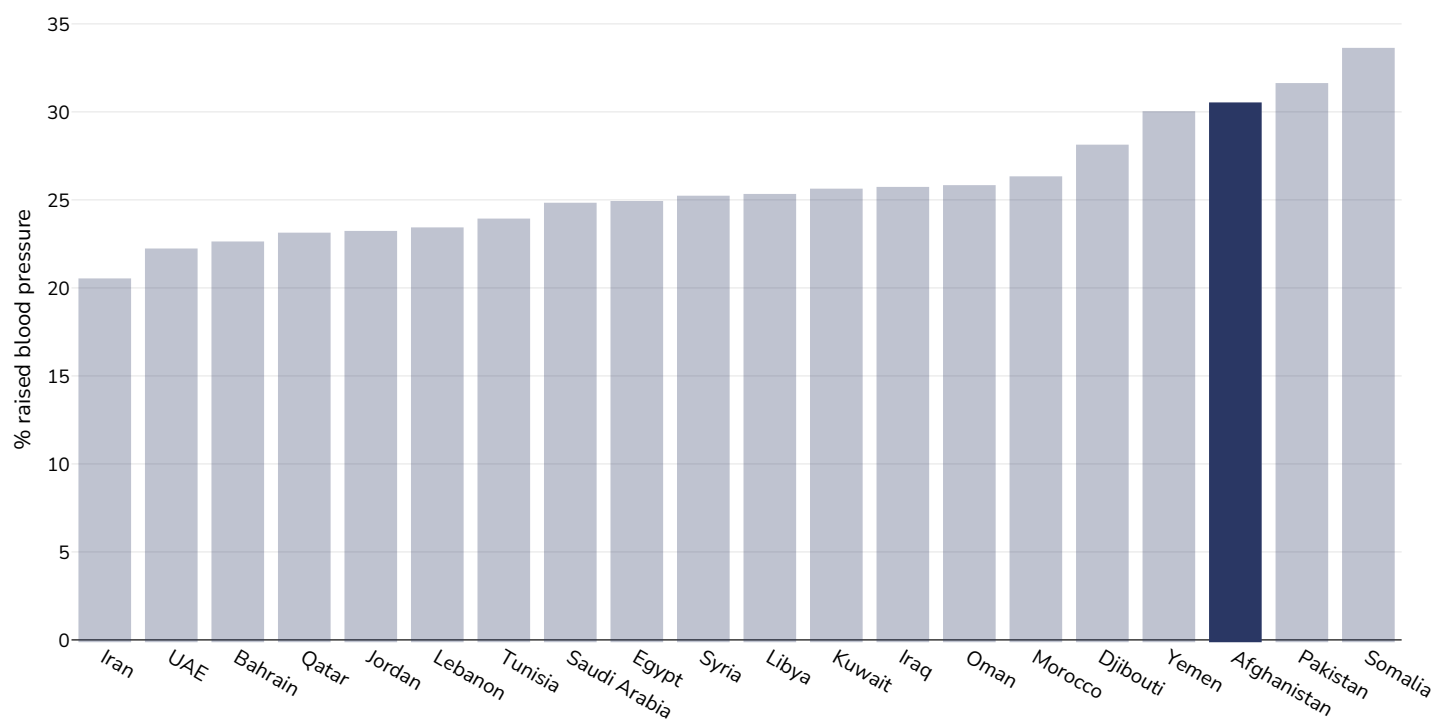
Chart: % raised blood pressure by country (Age Standardised estimated % Raised blood pressure 2015)

Country	% raised blood pressure (approx.)
Iran	20.5
UAE	22.2
Bahrain	22.6
Qatar	23.1
Jordan	23.2
Lebanon	23.5
Tunisia	23.9
Saudi Arabia	24.8
Egypt	25.0
Syria	25.3
Libya	25.4
Kuwait	25.7
Iraq	25.8
Oman	25.9
Morocco	26.4
Djibouti	28.2
Yemen	30.1
Afghanistan	30.6
Pakistan	31.7
Somalia	33.7

References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Women, 2015
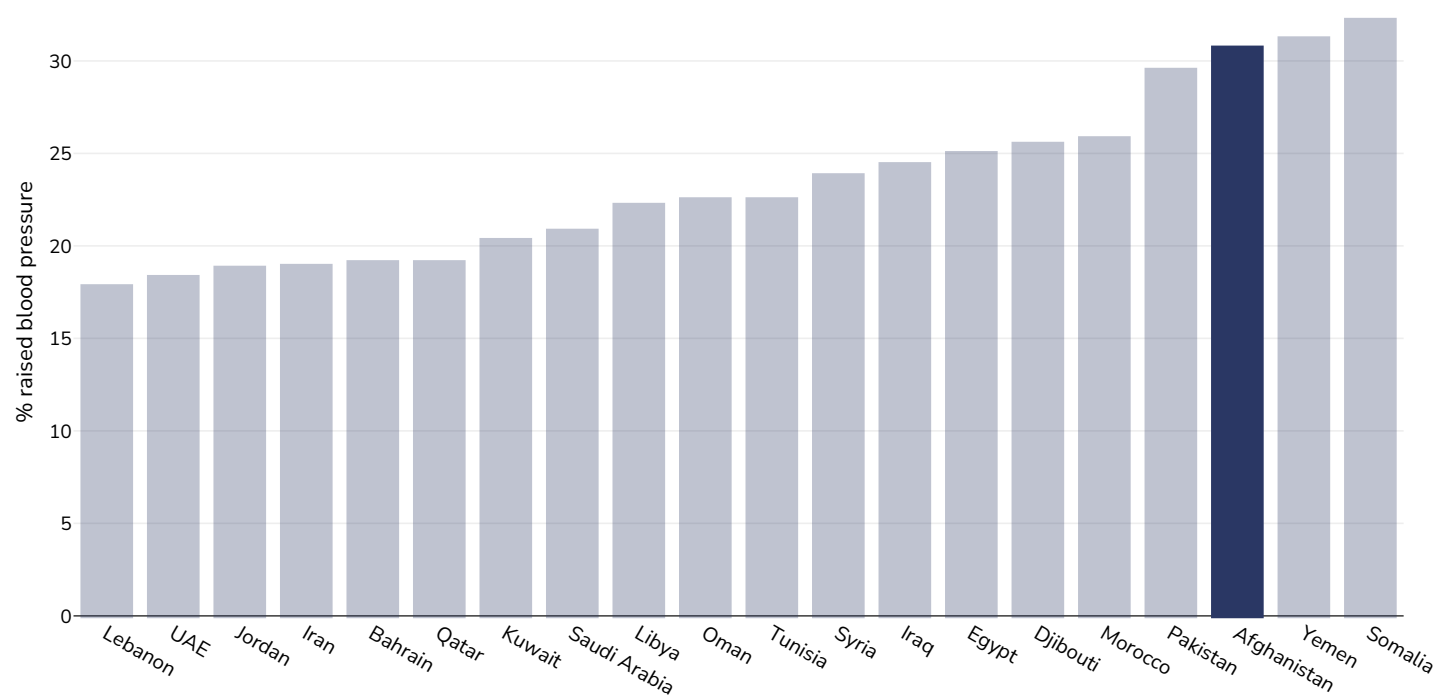
Chart: % raised blood pressure by country (Women, 2015)

Country	% raised blood pressure
Lebanon	17.9
UAE	18.4
Jordan	18.9
Iran	19.0
Bahrain	19.2
Qatar	19.2
Kuwait	20.4
Saudi Arabia	20.9
Libya	22.4
Oman	22.7
Tunisia	22.7
Syria	24.0
Iraq	24.6
Egypt	25.1
Djibouti	25.6
Morocco	26.0
Pakistan	29.6
Afghanistan	30.9
Yemen	31.4
Somalia	32.4

Y-axis: % raised blood pressure

References: Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Raised cholesterol

Adults, 2008
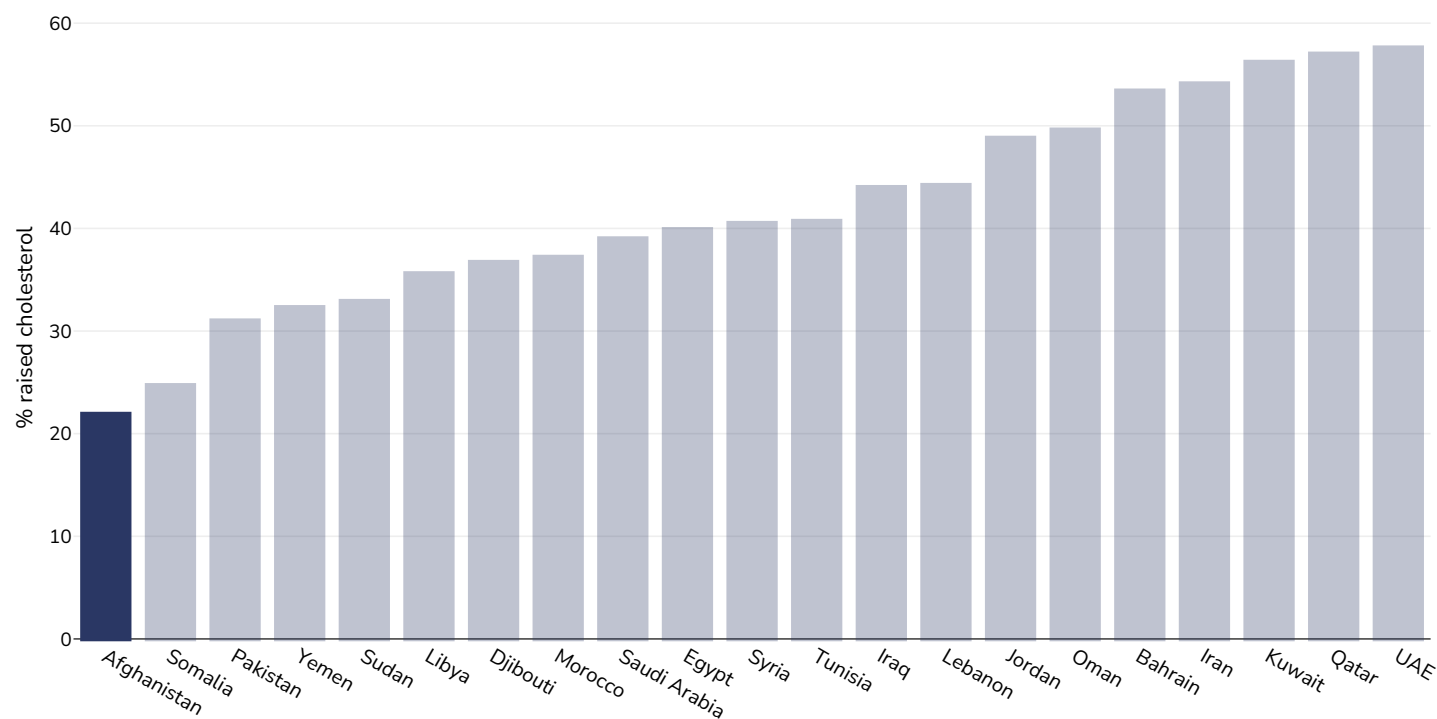
	% raised cholesterol

Countries (left to right): Afghanistan, Somalia, Pakistan, Yemen, Sudan, Libya, Djibouti, Morocco, Saudi Arabia, Egypt, Syria, Tunisia, Iraq, Lebanon, Jordan, Oman, Bahrain, Iran, Kuwait, Qatar, UAE

References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Men, 2008
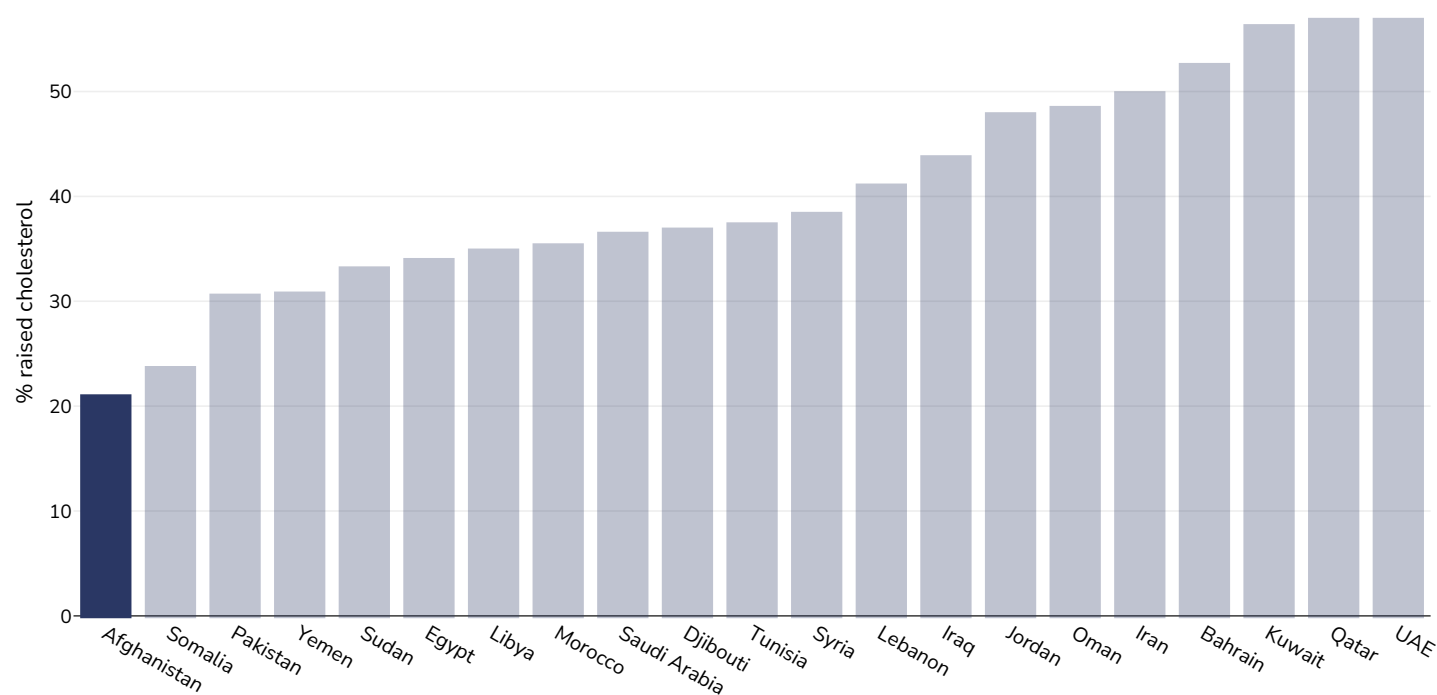
Chart: % raised cholesterol by country

Country	% raised cholesterol
Afghanistan	~21
Somalia	~24
Pakistan	~31
Yemen	~31
Sudan	~33
Egypt	~34
Libya	~35
Morocco	~36
Saudi Arabia	~37
Djibouti	~37
Tunisia	~38
Syria	~39
Lebanon	~41
Iraq	~44
Jordan	~48
Oman	~49
Iran	~50
Bahrain	~53
Kuwait	~56
Qatar	~57
UAE	~57

References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Women, 2008
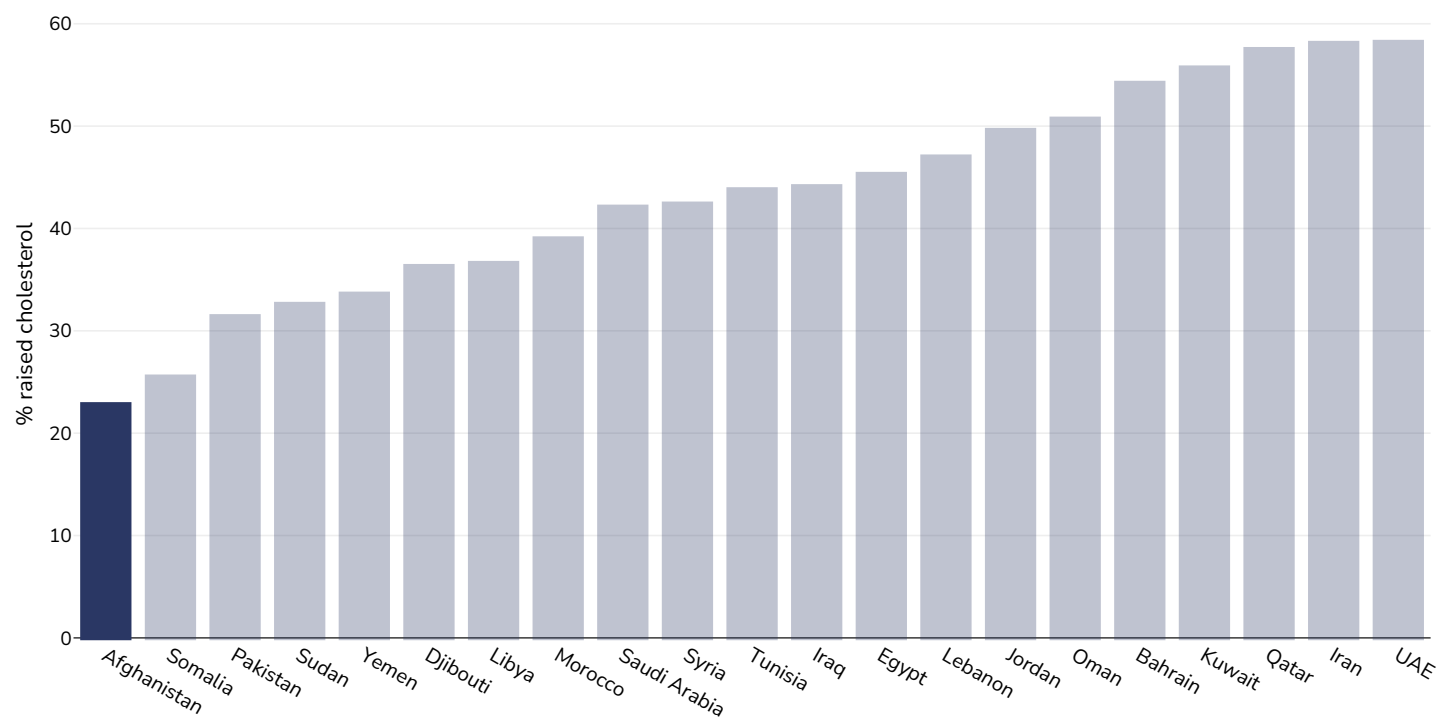
% raised cholesterol

References:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definitions:	% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Raised fasting blood glucose

Men, 2014
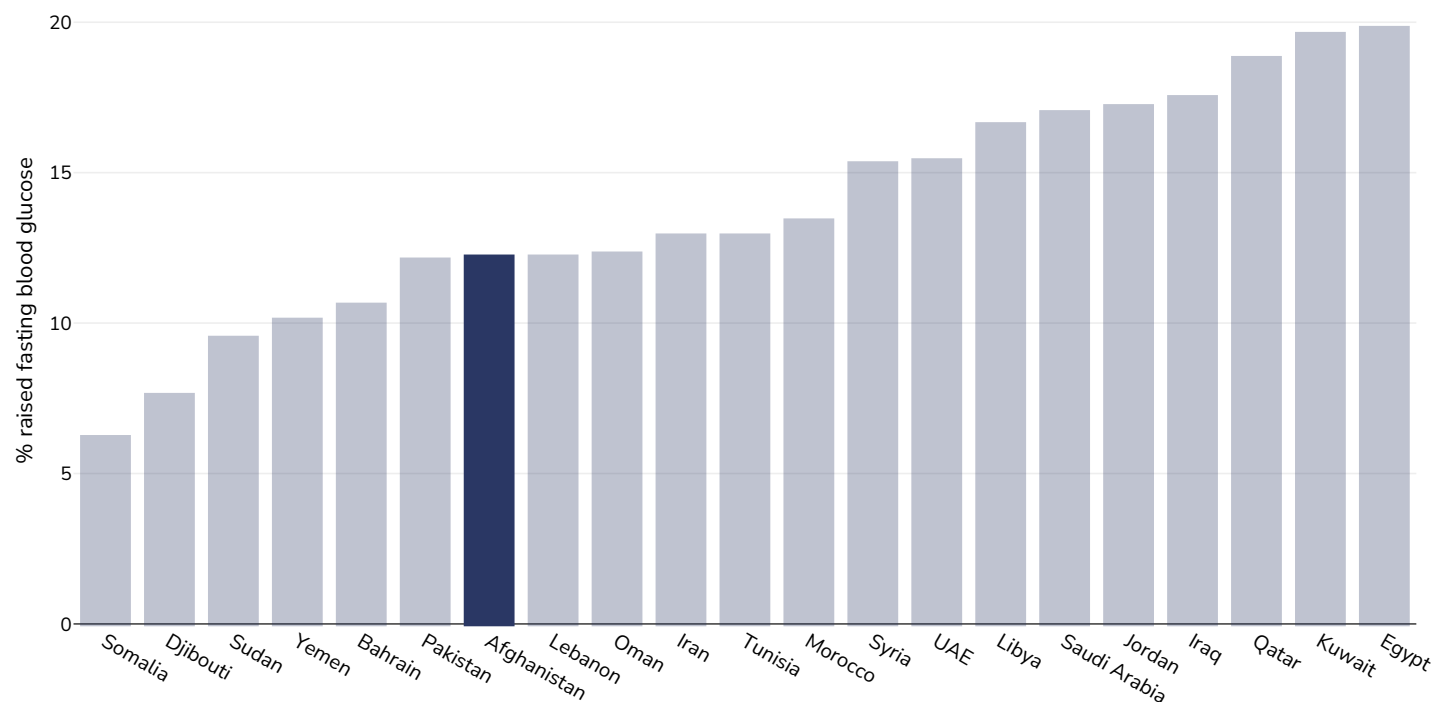
References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Women, 2014

% raised fasting blood glucose

20 — 15 — 10 — 5 — 0

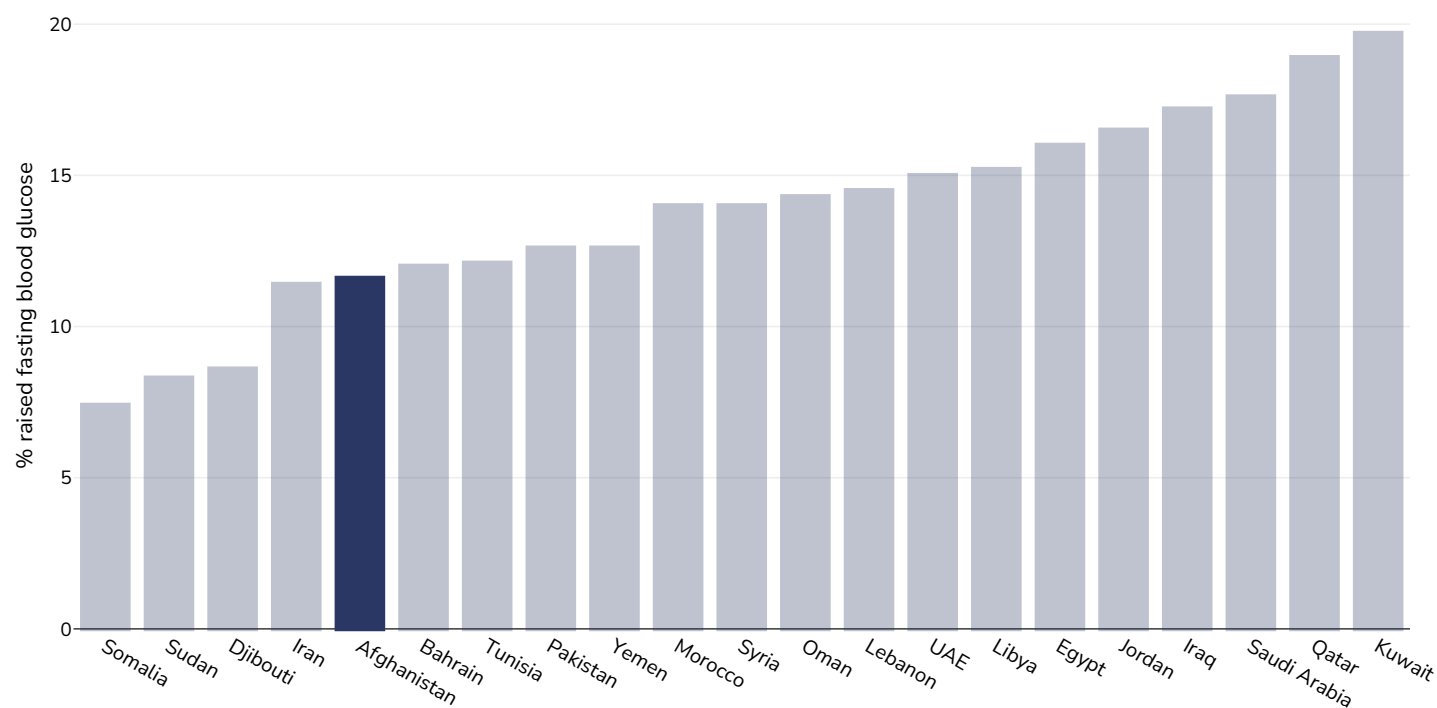Somalia, Sudan, Djibouti, Iran, Afghanistan, Bahrain, Tunisia, Pakistan, Yemen, Morocco, Syria, Oman, Lebanon, UAE, Libya, Egypt, Jordan, Iraq, Saudi Arabia, Qatar, Kuwait

References: Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Diabetes prevalence

Adults, 2021
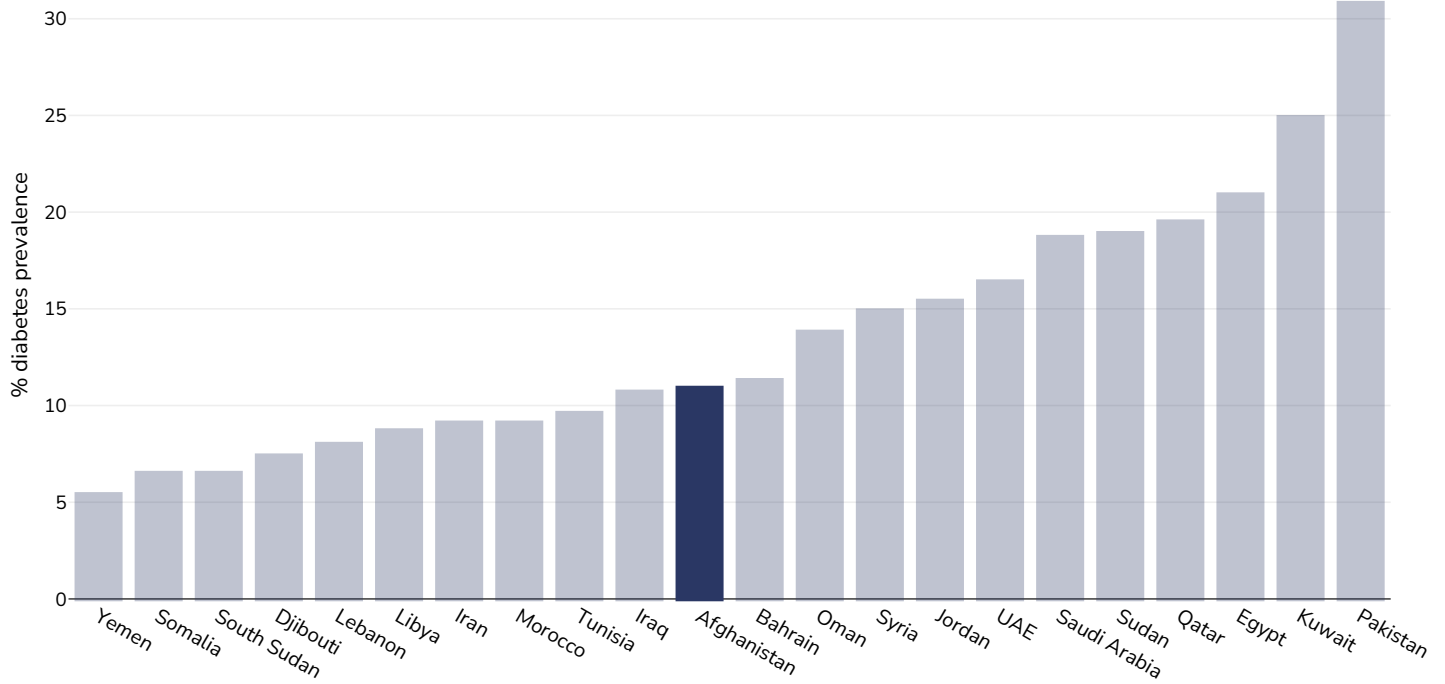
Age:	20-79
Area covered:	National
References:	Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org
Definitions:	Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.

Labelling

Is there mandatory nutrition labelling?	✖
Front-of-package labelling?	✖
Back-of-pack nutrition declaration?	✖
Color coding?	✖
Warning label?	✖

Regulation and marketing

Are there fiscal policies on unhealthy products? ✖

Tax on unhealthy foods? ✖

Tax on unhealthy drinks? ✖

Are there fiscal policies on healthy products? ✖

Subsidy on fruits? ✖

Subsidy on vegetables? ✖

Subsidy on other healthy products? ✖

Mandatory limit or ban of trans fat (all settings)? ✖

Mandatory limit of trans fats in place (all settings)? ✖

Ban on trans-fats or phos in place (all settings)? ✖

Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children? ✖

Mandatory restriction on broadcast media? ✖

Mandatory restriction on non-broadcast media? ✖

Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children? ✖

Are there mandatory standards for food in schools? ✖

Are there any mandatory nutrient limits in any manufactured food products? ✖

Nutrition standards for public sector procurement? ✖

Political will and support

National obesity strategy or nutrition and physical activity national strategy?	❌
National obesity strategy?	❌
National childhood obesity strategy?	❌
Comprehensive nutrition strategy?	✔️
Comprehensive physical activity strategy?	❌
Evidence-based dietary guidelines and/or RDAs?	✔️
National target(s) on reducing obesity?	✔️
Guidelines/policy on obesity treatment?	❌
Promotion of breastfeeding?	✔️

Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✔️
Within 5 years?	✔️

Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✔️

Key

✔️ Present   ✔️ Present (voluntary)   ✔️ Incoming   ❌ Absent   ❓ Unknown

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