

# Report card

## Yemen

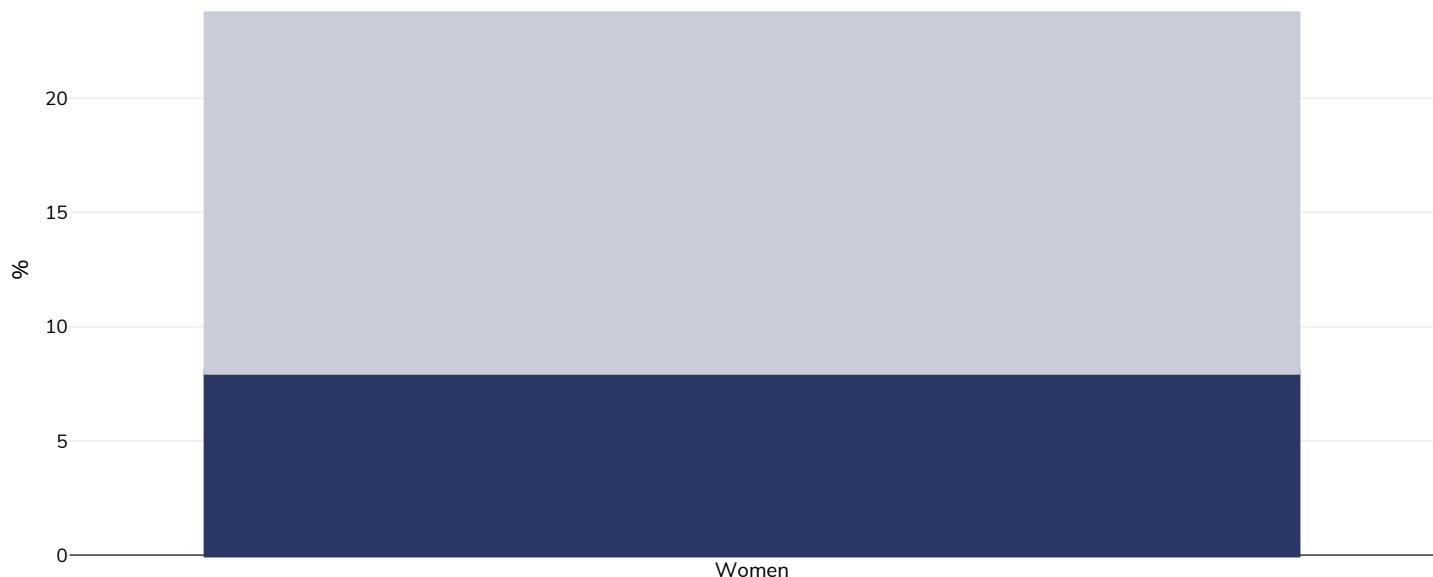


Contents	Page
Obesity prevalence	2
Overweight/obesity by education	4
Overweight/obesity by age	6
Overweight/obesity by region	7
Overweight/obesity by socio-economic group	9
Insufficient physical activity	11
Estimated per capita fruit intake	14
Prevalence of less than daily fruit consumption	15
Prevalence of less than daily vegetable consumption	16
Estimated per-capita processed meat intake	17
Estimated per capita whole grains intake	18
Mental health - depression disorders	19
Mental health - anxiety disorders	20
% Infants exclusively breastfed 0-5 months	21
Oesophageal cancer	22
Breast cancer	24
Colorectal cancer	25
Pancreatic cancer	27
Gallbladder cancer	29
Kidney cancer	31
Cancer of the uterus	33
Raised blood pressure	34
Raised cholesterol	37
Raised fasting blood glucose	40
Diabetes prevalence	42
Contextual factors	43

## Obesity prevalence

### Women, 2013

Obesity     Overweight



Survey type: Measured

Age: 15-49

Sample size: 22207

Area covered: National

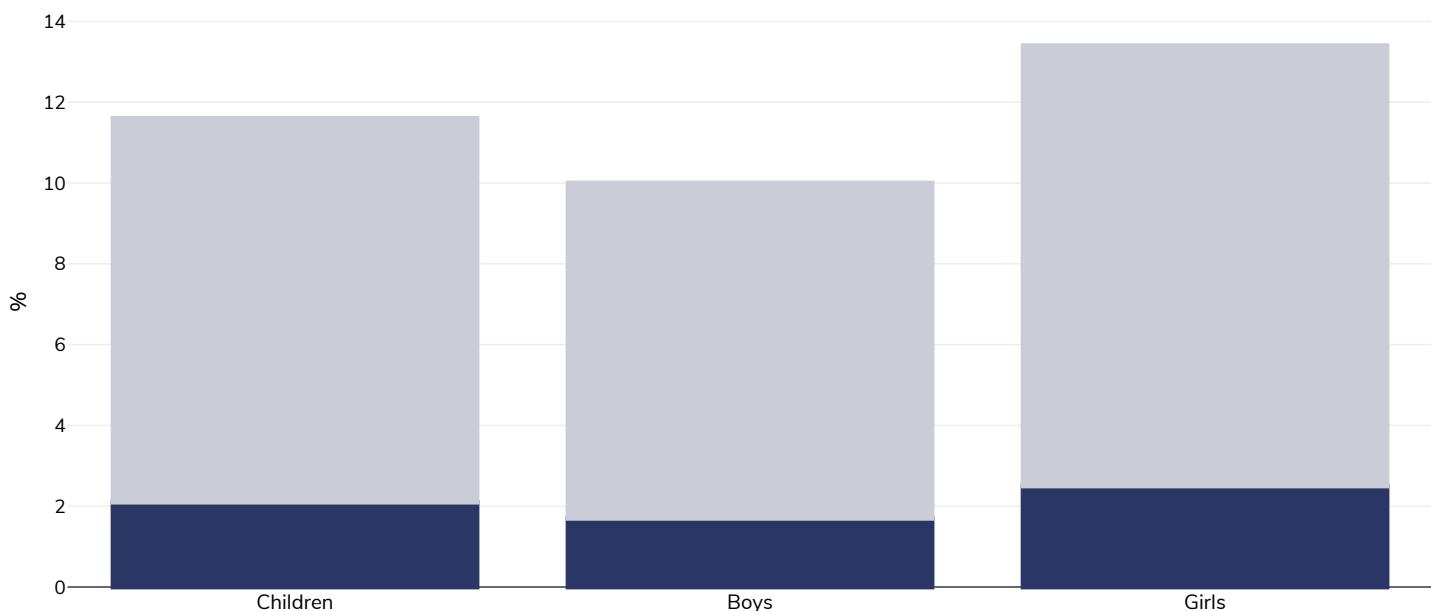
References: Ministry of Public Health and Population - MOPHP/Yemen, Central Statistical Organization - CSO/Yemen, Pan Arab Program for Family Health - PAPFAM, and ICF International. 2015. Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International.  
<http://www.dhsprogram.com/publications/publication-FR296-DHS-Final-Reports.cfm> (last accessed 16.08.2022)

Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Children, 2014

█ Obesity   █ Overweight

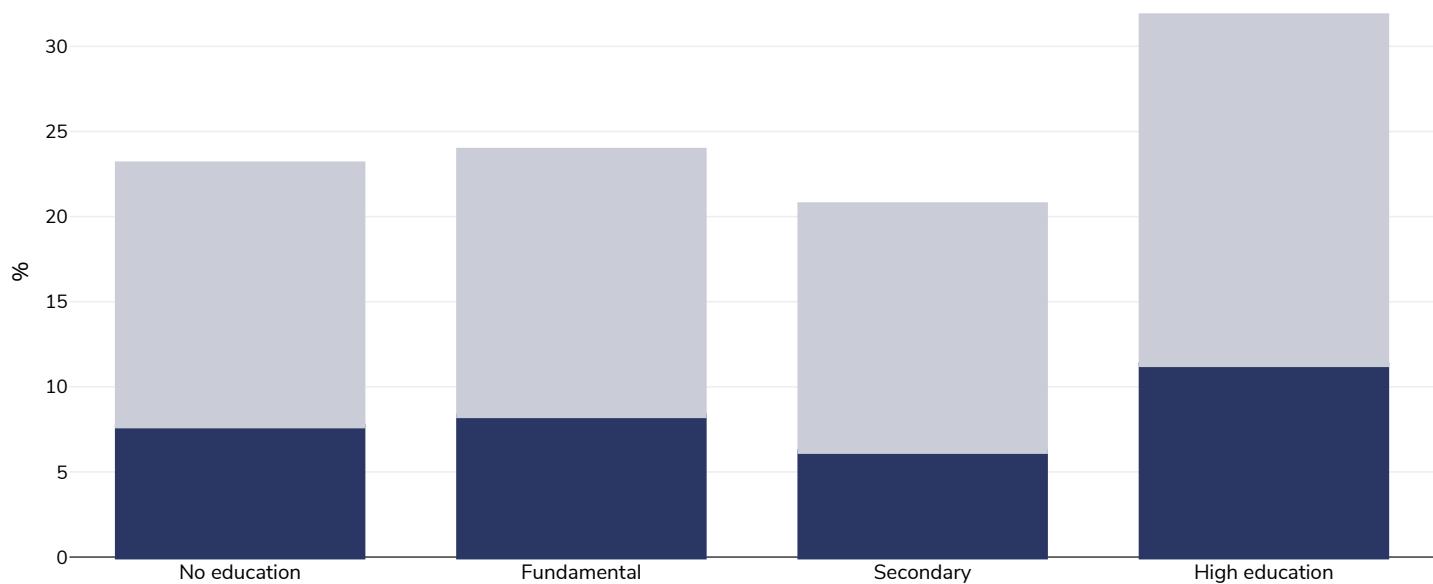


Survey type:	Self-reported
Age:	13-17
Sample size:	2655
Area covered:	National
References:	Global School-based Student Health Survey (GSHS), available at <a href="https://www.who.int/ncds/surveillance/gshs/gshs_fs_yemen_2014.pdf?ua=1">https://www.who.int/ncds/surveillance/gshs/gshs_fs_yemen_2014.pdf?ua=1</a> (available at <a href="https://www.who.int/ncds/surveillance/gshs/gshs_fs_yemen_2014.pdf?ua=1">https://www.who.int/ncds/surveillance/gshs/gshs_fs_yemen_2014.pdf?ua=1</a> last accessed 14.12.20)
Notes:	WHO cutoffs.
Cutoffs:	WHO

## Overweight/obesity by education

Women, 2013

Obesity     Overweight



Survey type: Measured

Age: 15-49

Sample size: 22207

Area covered: National

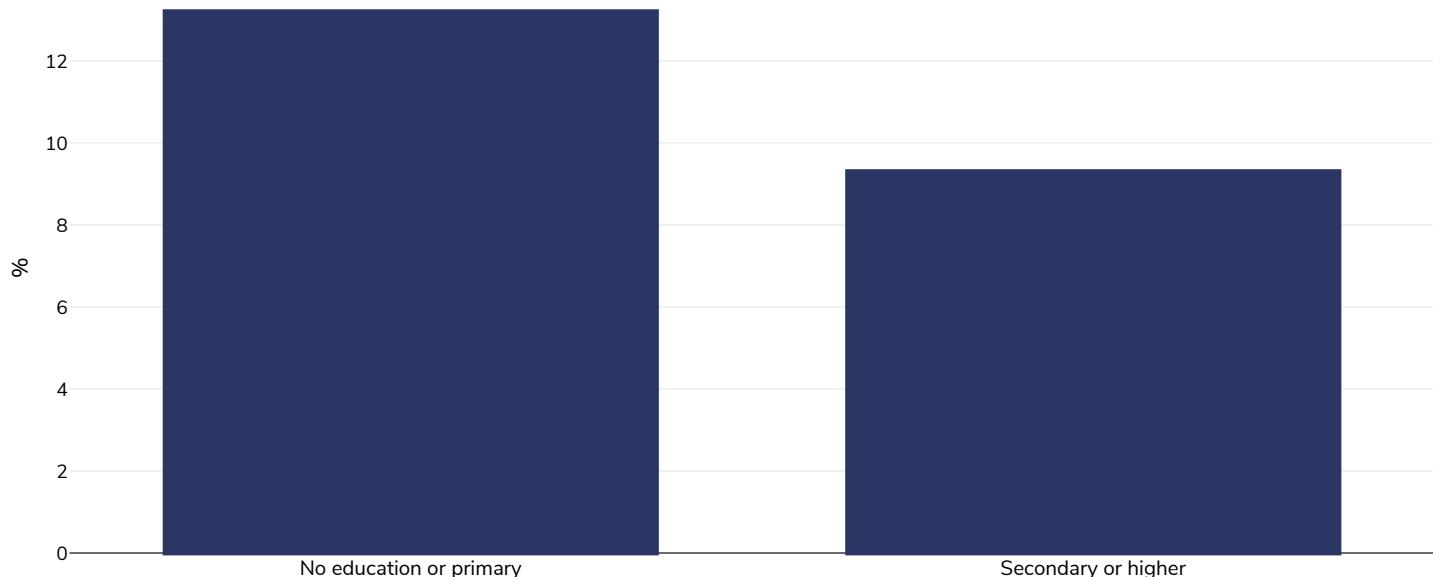
References: Ministry of Public Health and Population - MOPHP/Yemen, Central Statistical Organization - CSO/Yemen, Pan Arab Program for Family Health - PAPFAM, and ICF International. 2015. Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International., <http://www.dhsprogram.com/publications/publication-FR296-DHS-Fina>

Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Girls, 2013

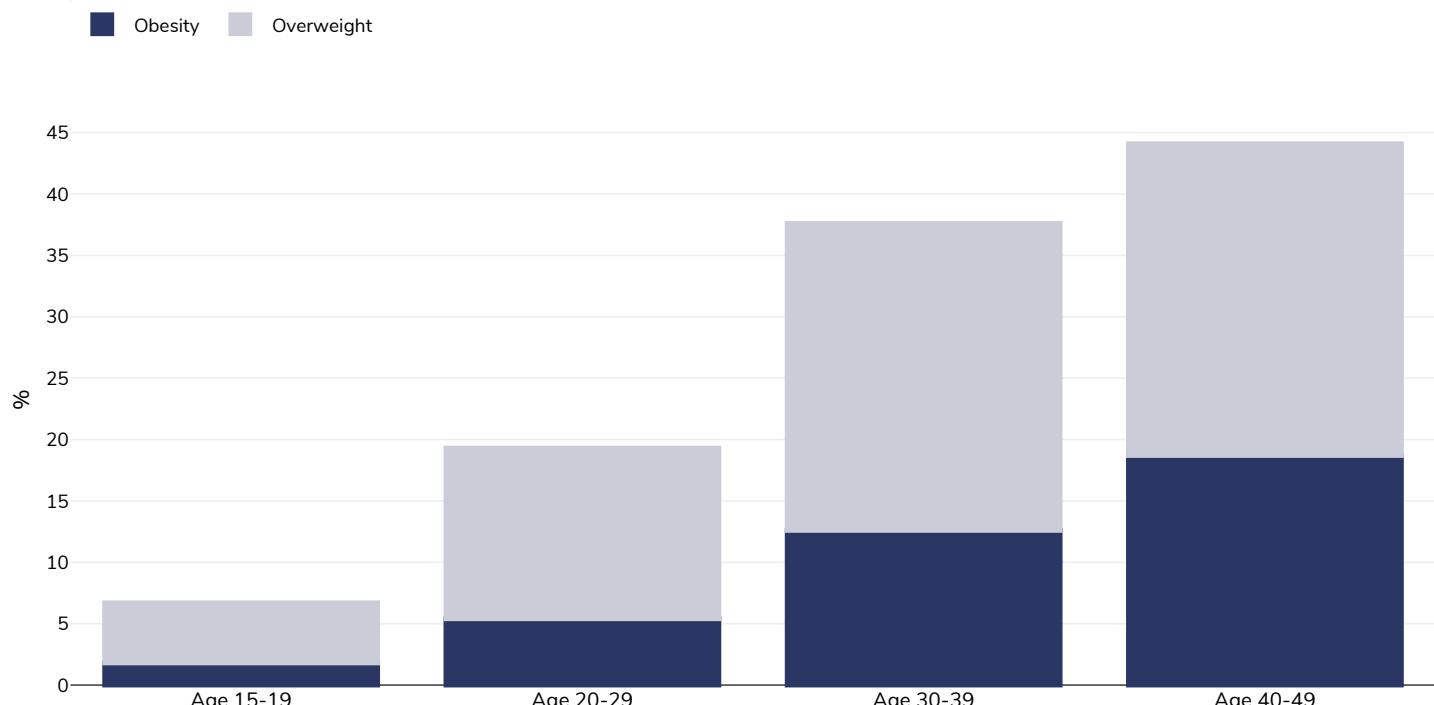
Overweight or obesity



Survey type:	Measured
Age:	15-19
Sample size:	4390
Area covered:	National
References:	Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Ministry of Public Health and Population - MOPHP/Yemen, Central Statistical Organization - CSO/Yemen, Pan Arab Program for Family Health - PAPFAM, and ICF International. 2015. Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International.
Definitions:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

## Overweight/obesity by age

Women, 2013



Survey type: Measured

Sample size: 22207

Area covered: National

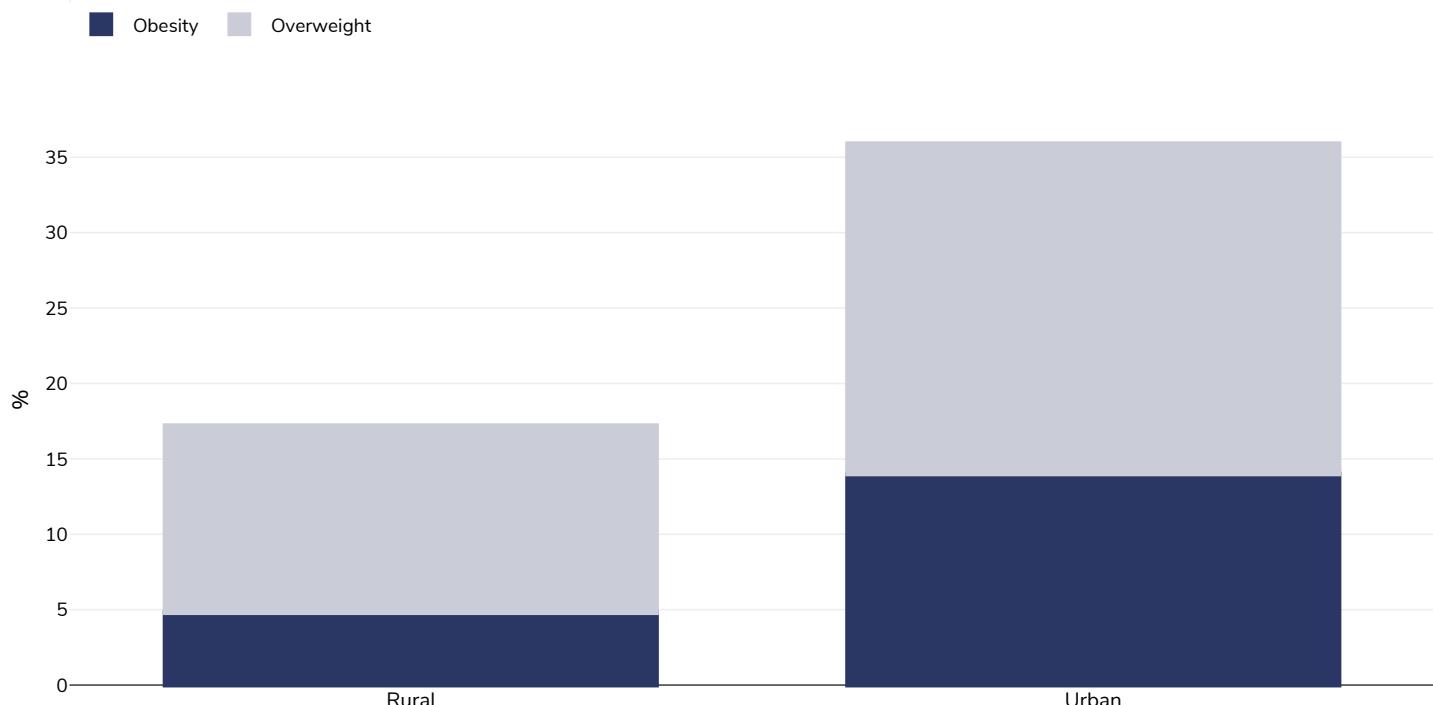
References: Ministry of Public Health and Population - MOPHP/Yemen, Central Statistical Organization - CSO/Yemen, Pan Arab Program for Family Health - PAPFAM, and ICF International. 2015. Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International.

Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Overweight/obesity by region

Women, 2013

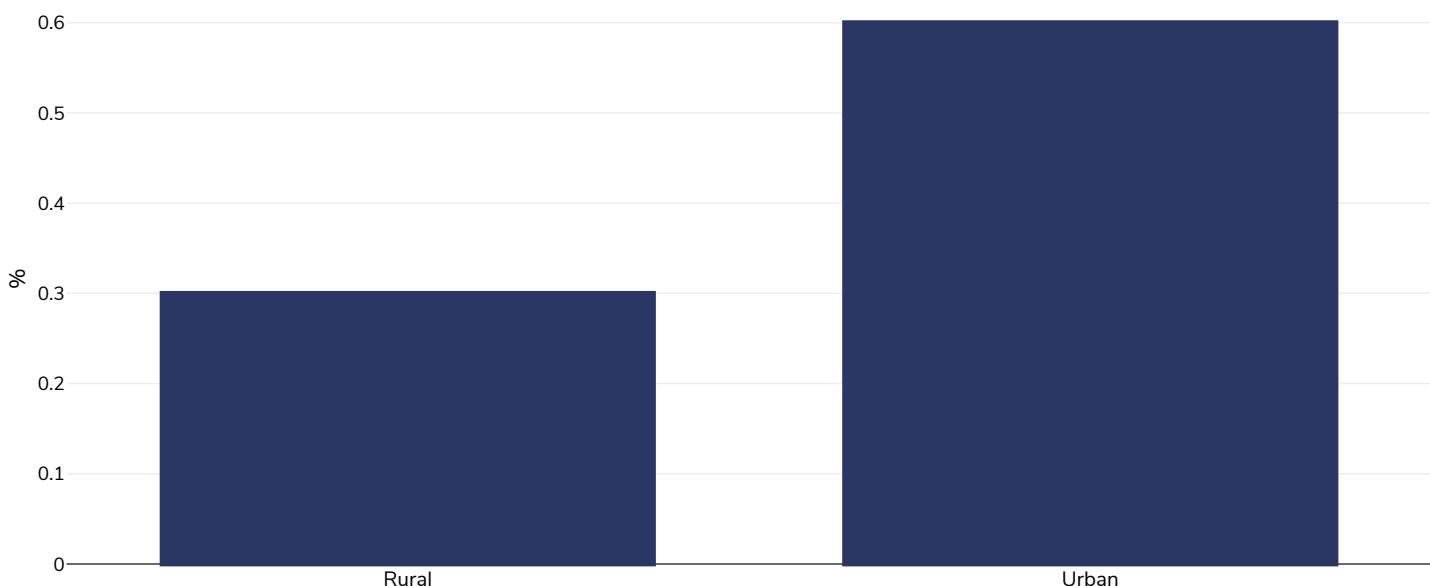


Survey type:	Measured
Age:	15-49
Sample size:	22207
Area covered:	National
References:	Ministry of Public Health and Population - MOPHP/Yemen, Central Statistical Organization - CSO/Yemen, Pan Arab Program for Family Health - PAPFAM, and ICF International. 2015. Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International.
Notes:	Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Children, 2013

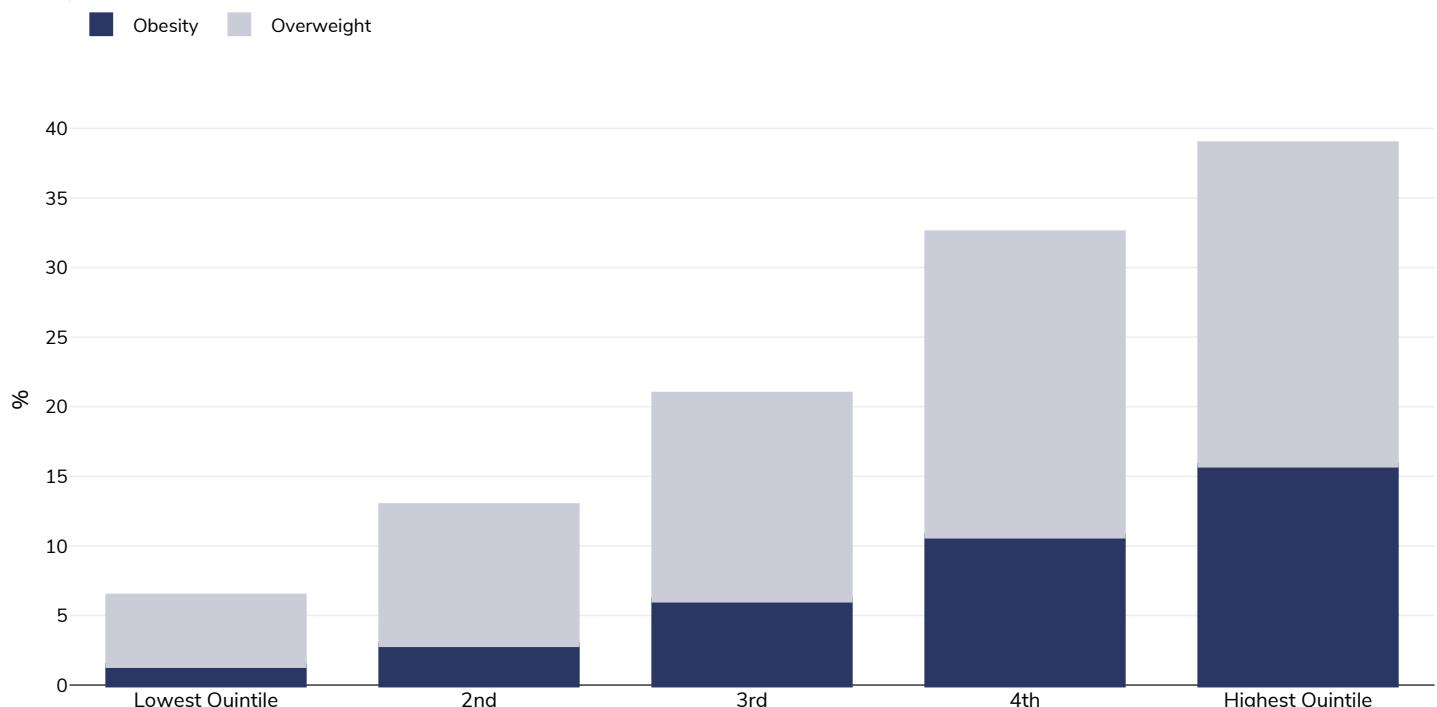
■ Overweight or obesity



Survey type:	Measured
Sample size:	13823
Area covered:	National
References:	Ministry of Public Health and Population - MOPHP/Yemen, Central Statistical Organization - CSO/Yemen, Pan Arab Program for Family Health - PAPFAM, and ICF International. 2015. Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International.
Notes:	Infants
Definitions:	Weight for age. Overweight or obesity = >+2SD
Cutoffs:	Other

## Overweight/obesity by socio-economic group

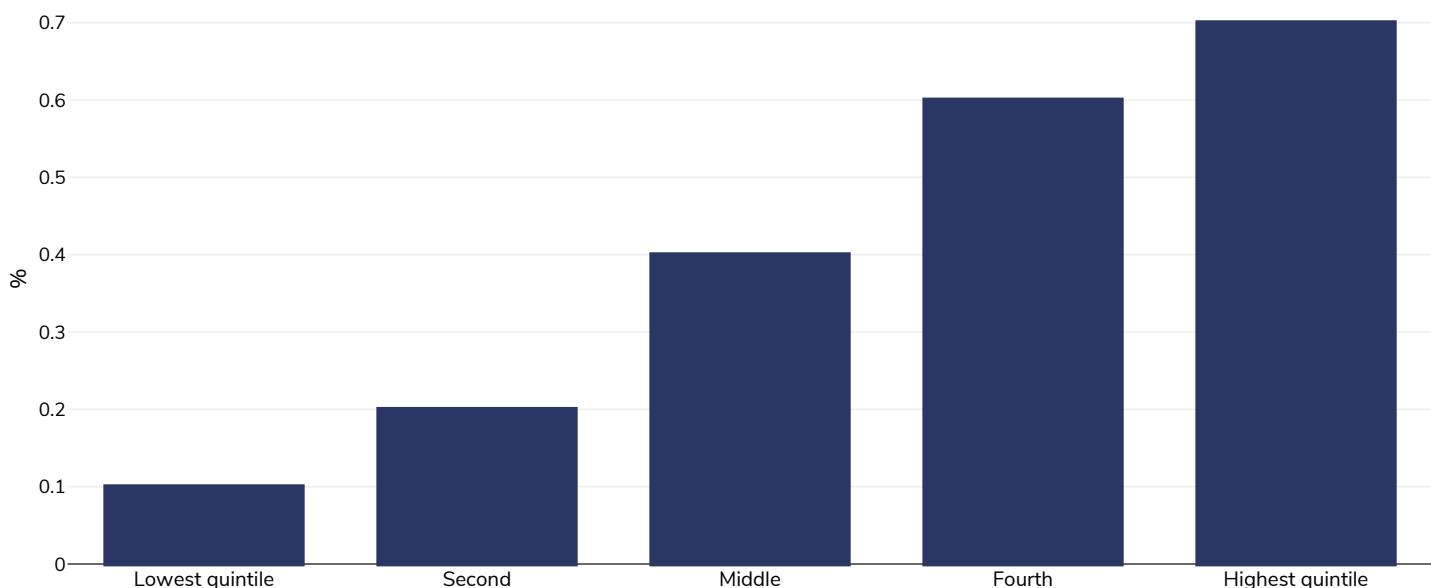
Women, 2013



Survey type:	Measured
Age:	15-49
Sample size:	22207
Area covered:	National
References:	Ministry of Public Health and Population - MOPHP/Yemen, Central Statistical Organization - CSO/Yemen, Pan Arab Program for Family Health - PAPFAM, and ICF International. 2015. Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International. <a href="http://www.dhsprogram.com/publications/publication-FR296-DHS-Fina">http://www.dhsprogram.com/publications/publication-FR296-DHS-Fina</a>
Notes:	Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m <sup>2</sup> , obesity refers to a BMI greater than 30kg/m <sup>2</sup> .	

## Children, 2013

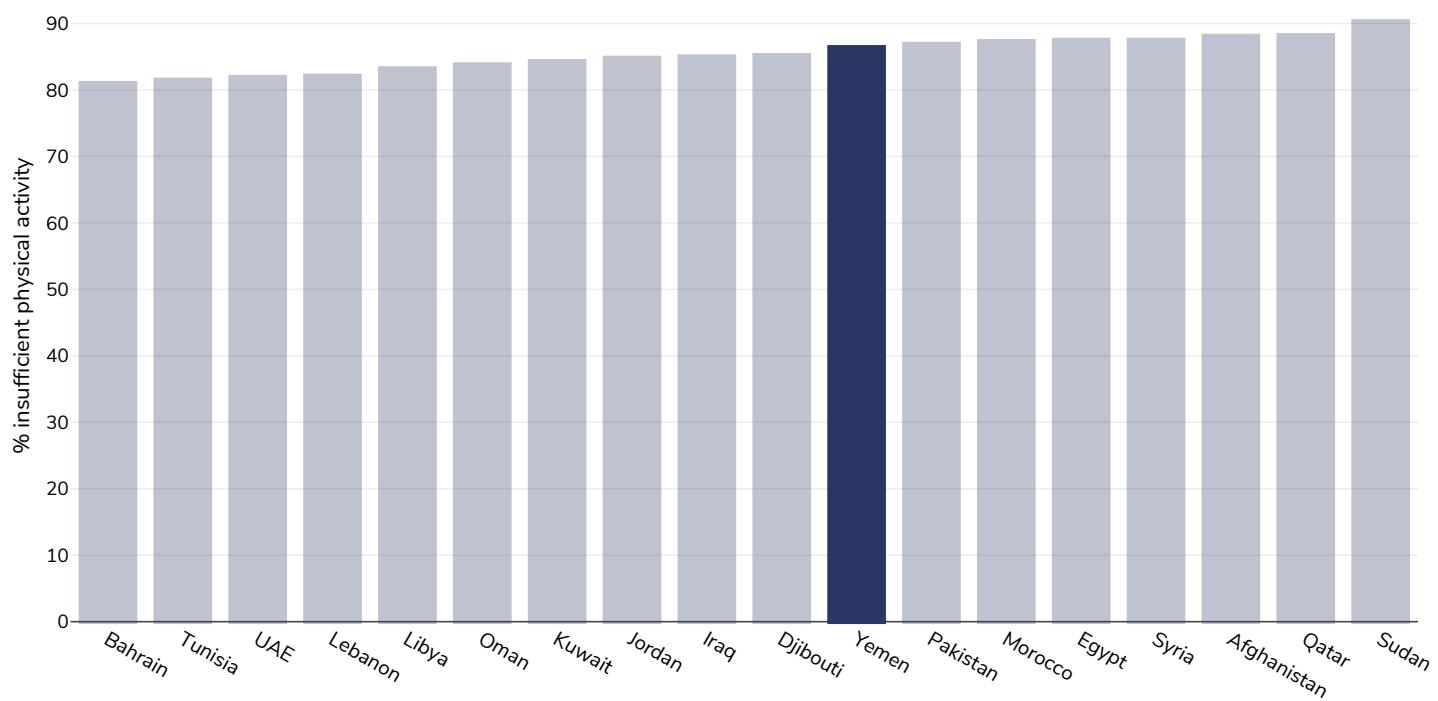
■ Overweight or obesity



Survey type:	Measured
Sample size:	13823
Area covered:	National
References:	Ministry of Public Health and Population - MOPHP/Yemen, Central Statistical Organization - CSO/Yemen, Pan Arab Program for Family Health - PAPFAM, and ICF International. 2015. Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International. <a href="http://www.dhsprogram.com/publications/publication-FR296-DHS-Final-Reports.cfm">http://www.dhsprogram.com/publications/publication-FR296-DHS-Final-Reports.cfm</a> (last accessed 24.06.21)
Notes:	Infants.
Definitions:	Weight for age. Overweight or obesity = >+2SD
Cutoffs:	Other

## Insufficient physical activity

### Children, 2016



Survey type:

Self-reported

Age:

11-17

References:

Global Health Observatory data repository, World Health Organisation,

<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

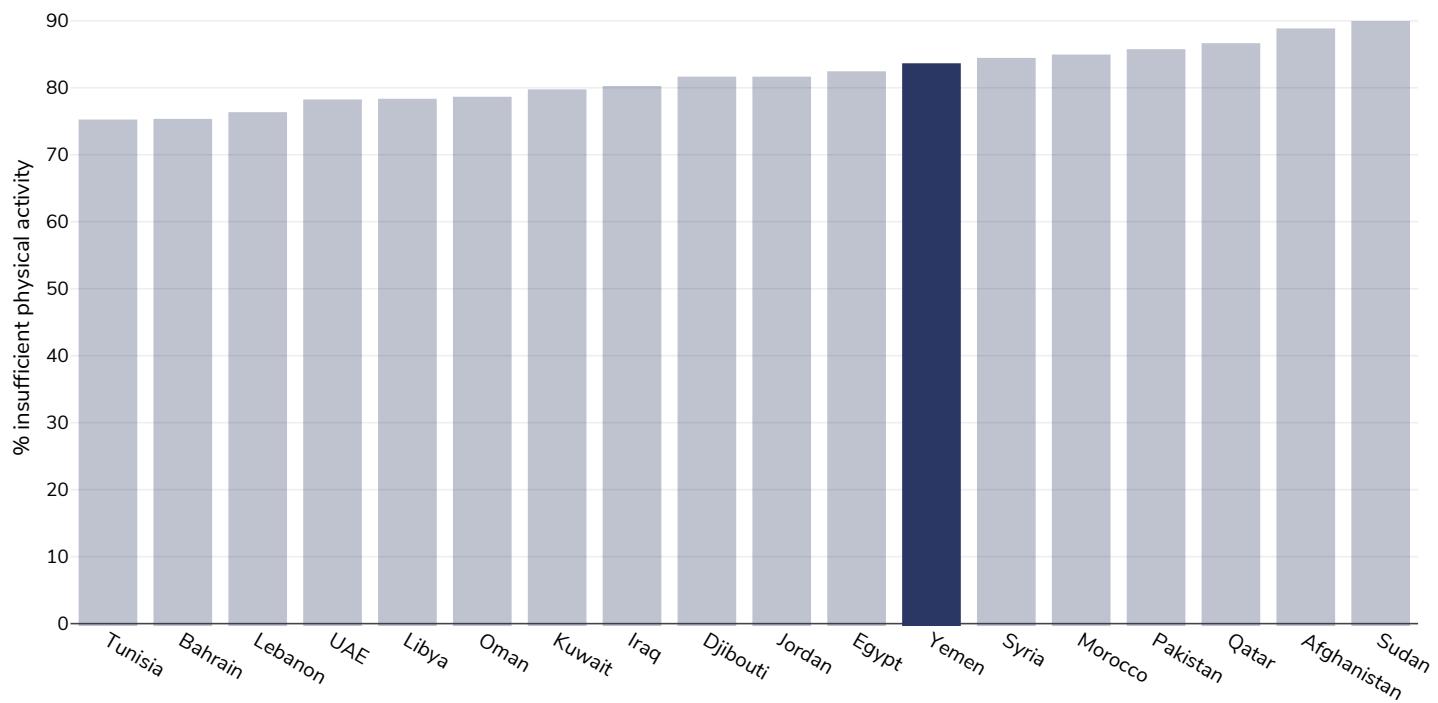
Notes:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions:

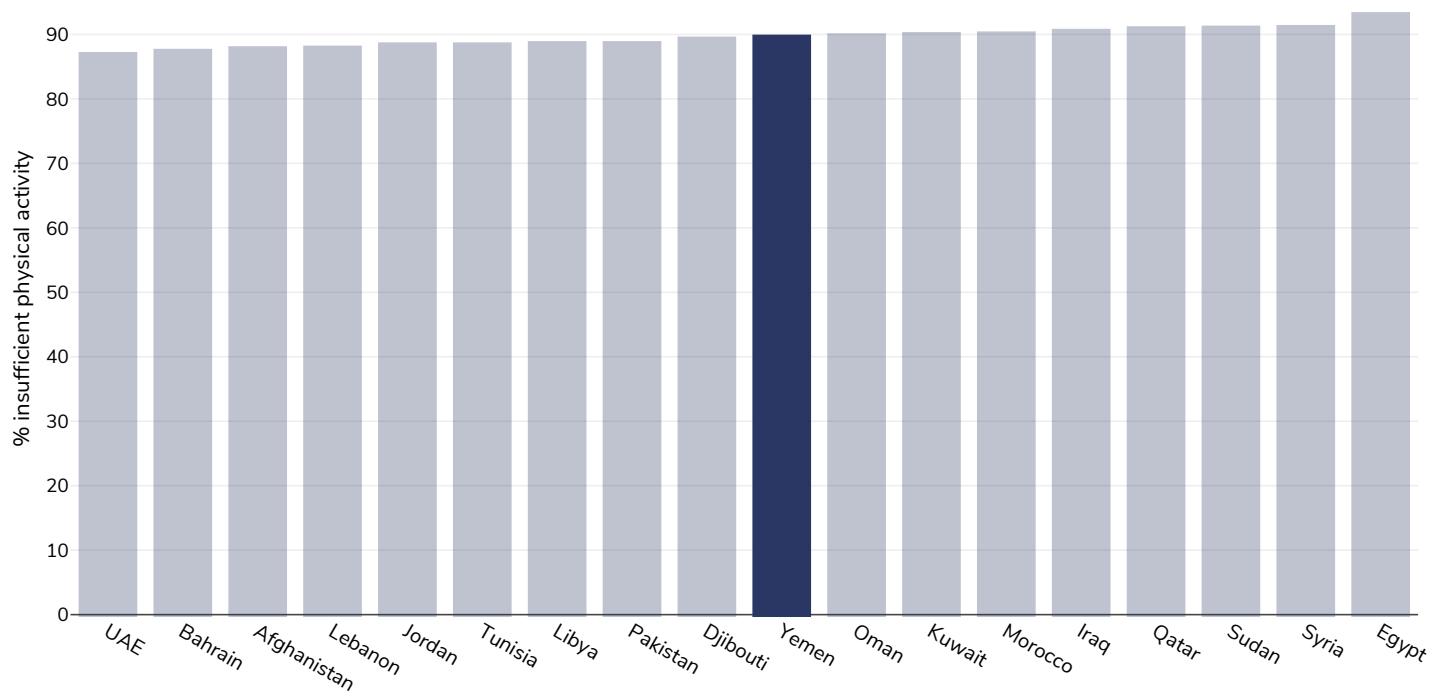
% Adolescents insufficiently active (age standardised estimate)

## Boys, 2016



Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

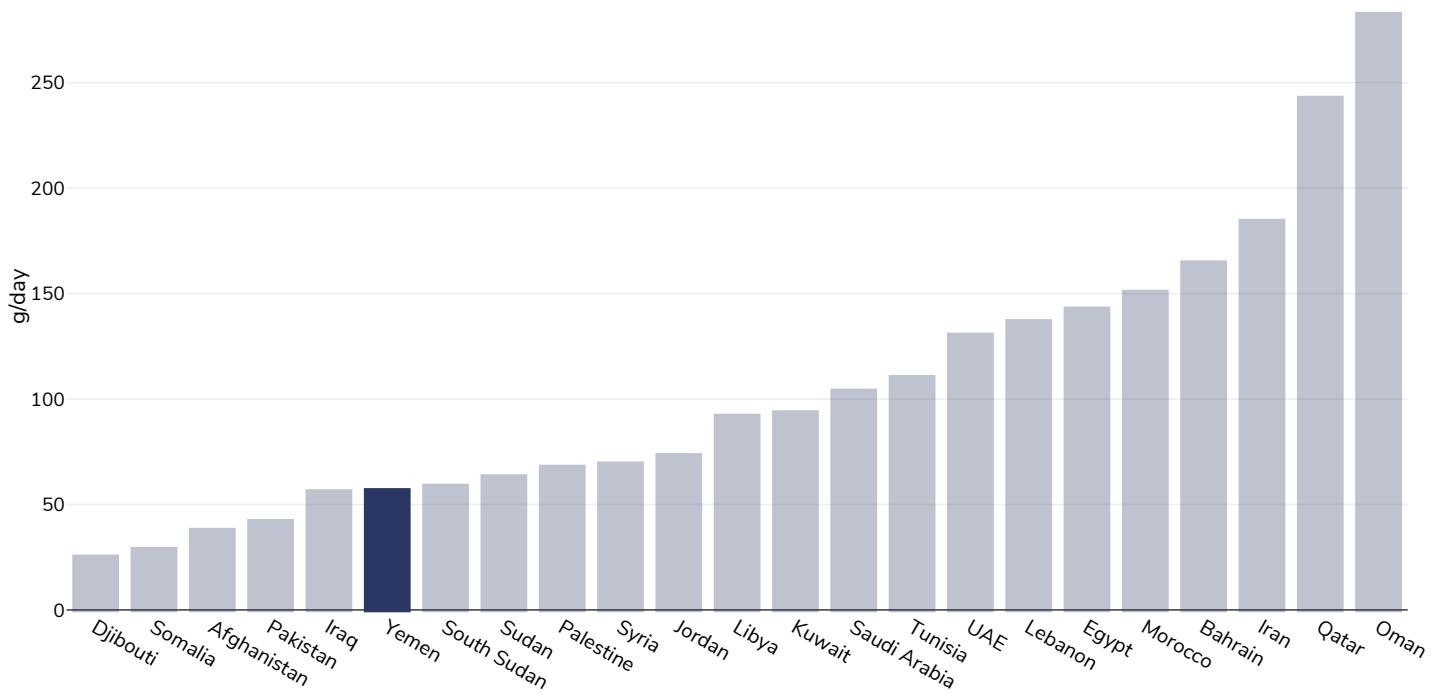
## Girls, 2016



Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

## Estimated per capita fruit intake

Adults, 2017



Survey type:

Measured

Age:

25+

References:

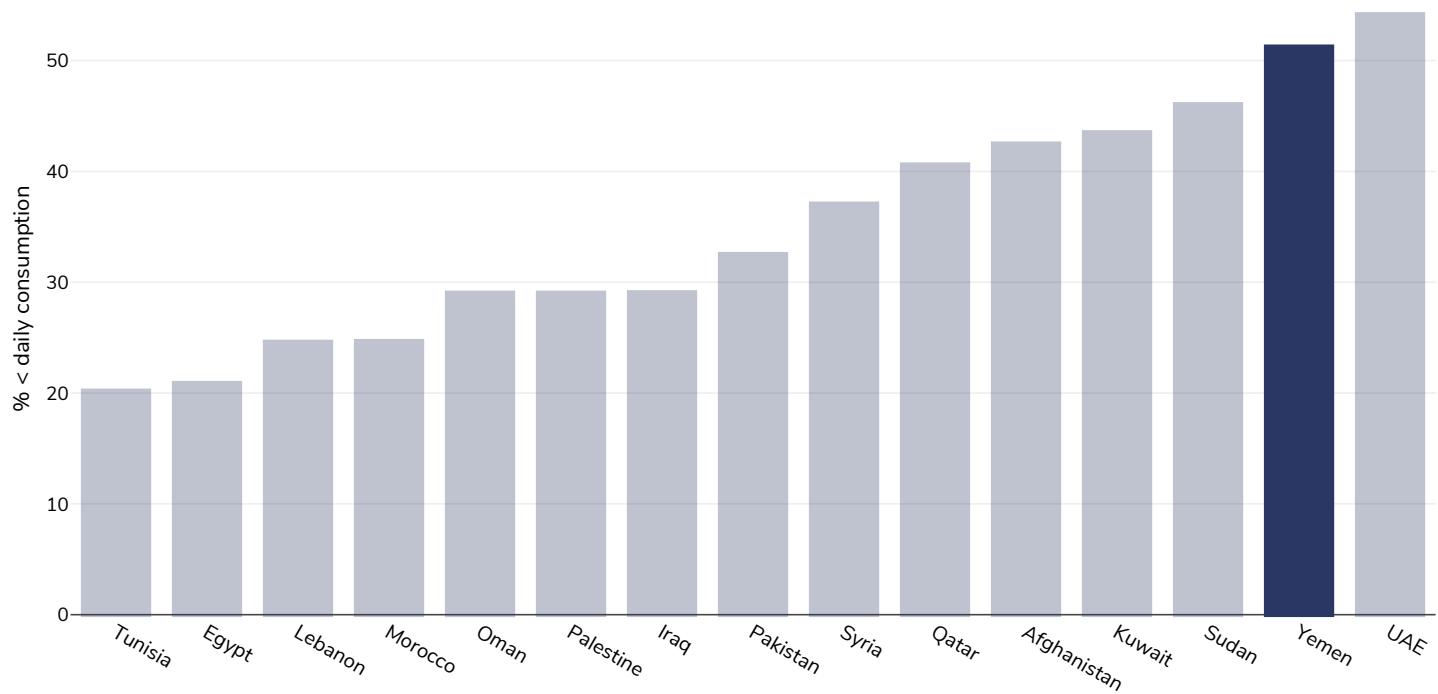
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions:

Estimated per-capita fruit intake (g/day)

## Prevalence of less than daily fruit consumption

Children, 2008-2015



Survey type:

Measured

Age:

12-17

References:

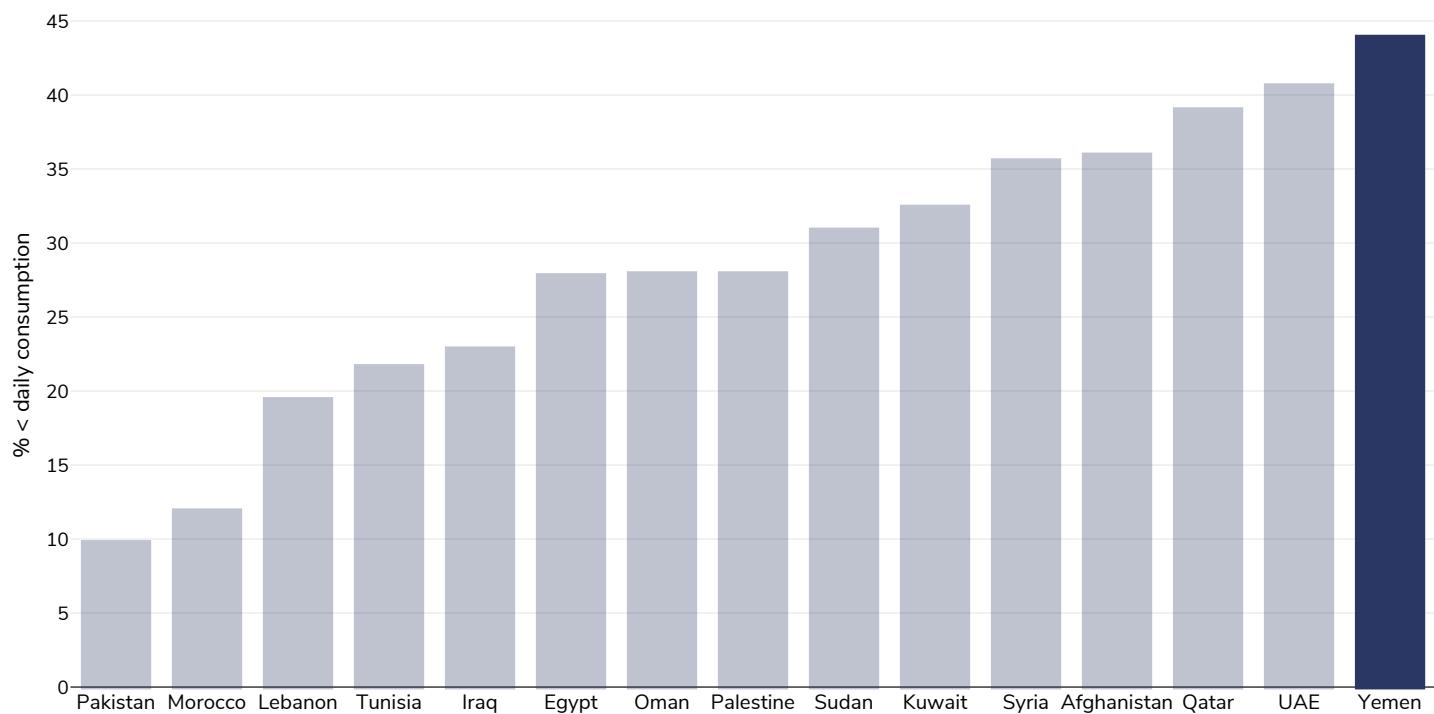
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitions:

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

## Prevalence of less than daily vegetable consumption

Children, 2008-2015



Survey type:

Measured

Age:

12-17

References:

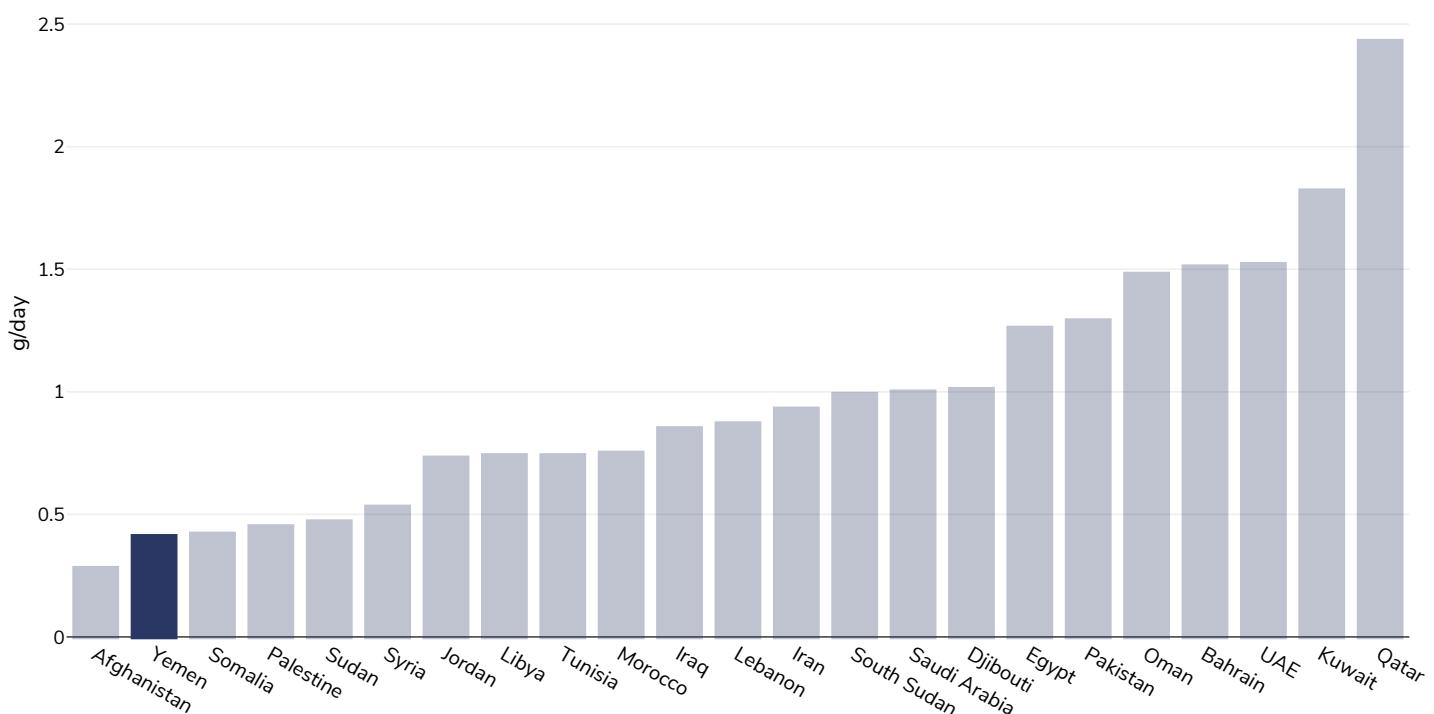
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. *Food and Nutrition Bulletin*.  
<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard  
<http://www.foodsystemsdashboard.org/food-system>

Definitions:

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Estimated per-capita processed meat intake

Adults, 2017



Survey type:

Measured

Age:

25+

References:

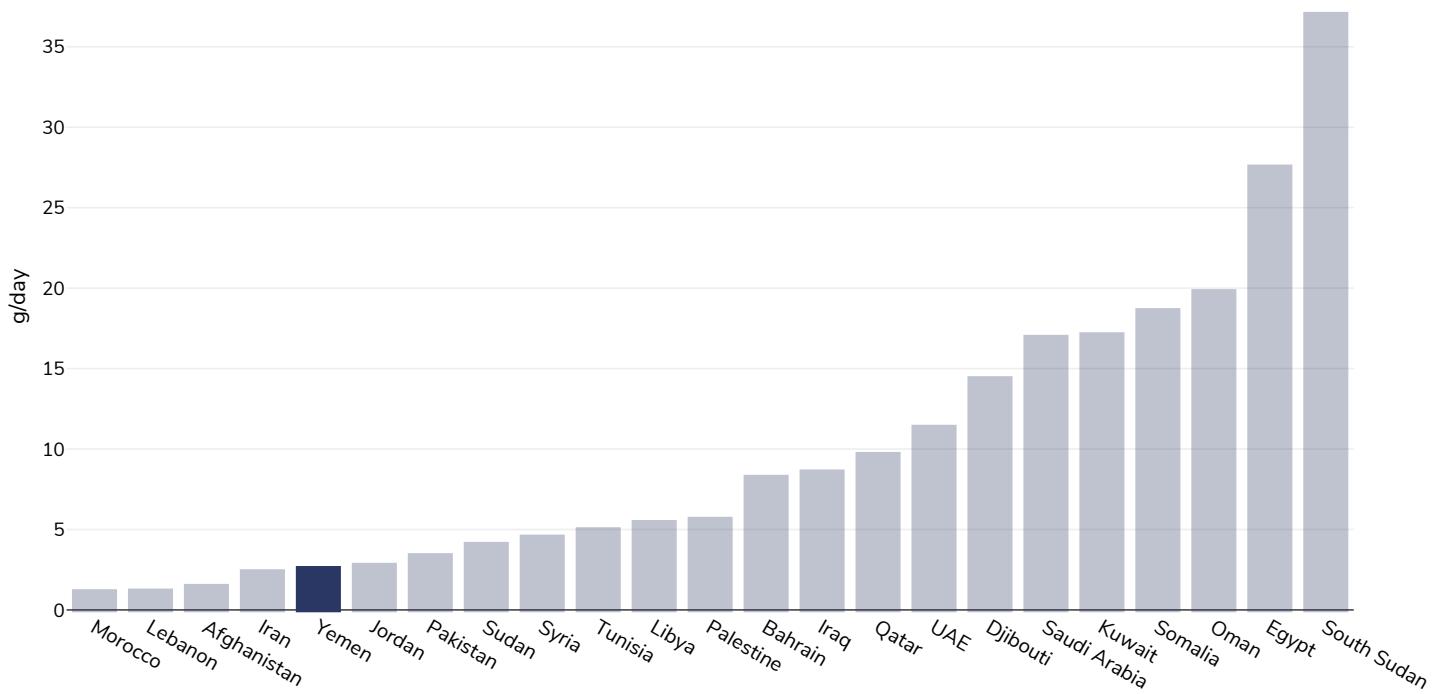
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions:

Estimated per-capita processed meat intake (g per day)

## Estimated per capita whole grains intake

Adults, 2017



Survey type:

Measured

Age:

25+

References:

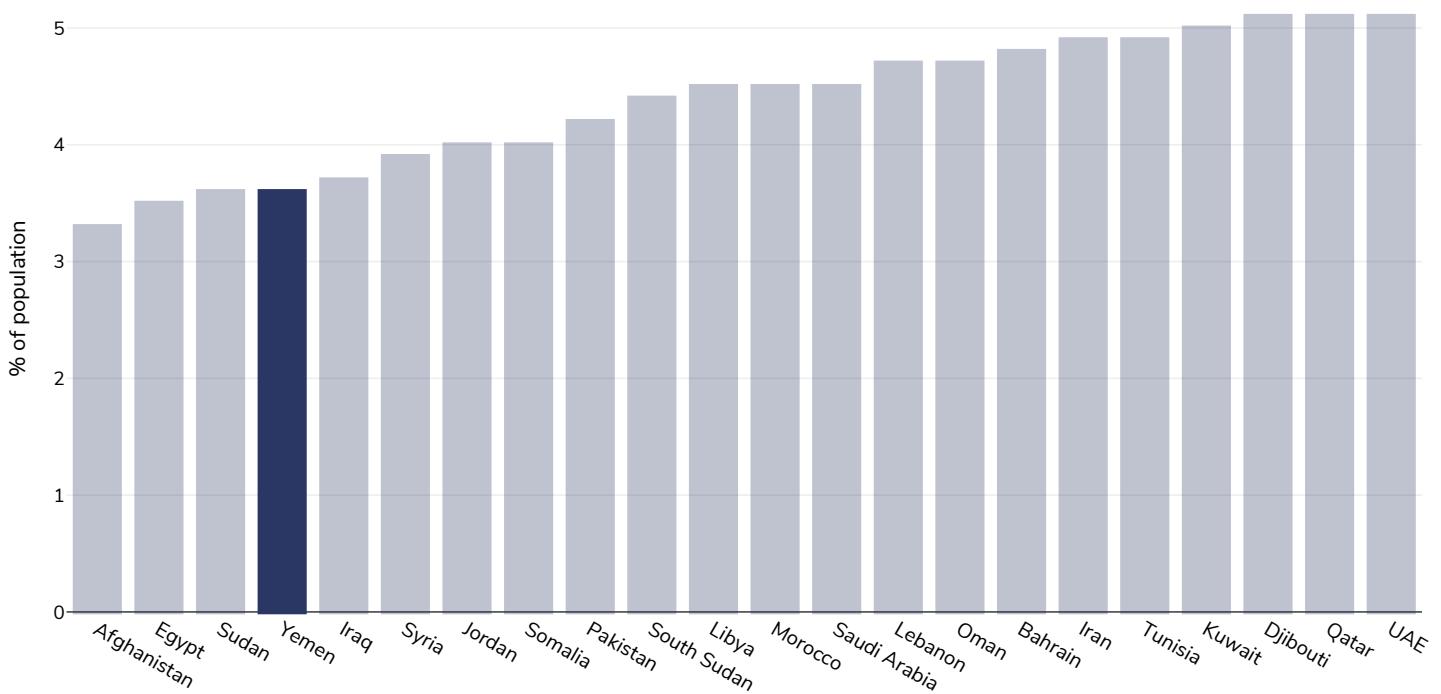
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definitions:

Estimated per-capita whole grains intake (g/day)

## Mental health - depression disorders

Adults, 2015



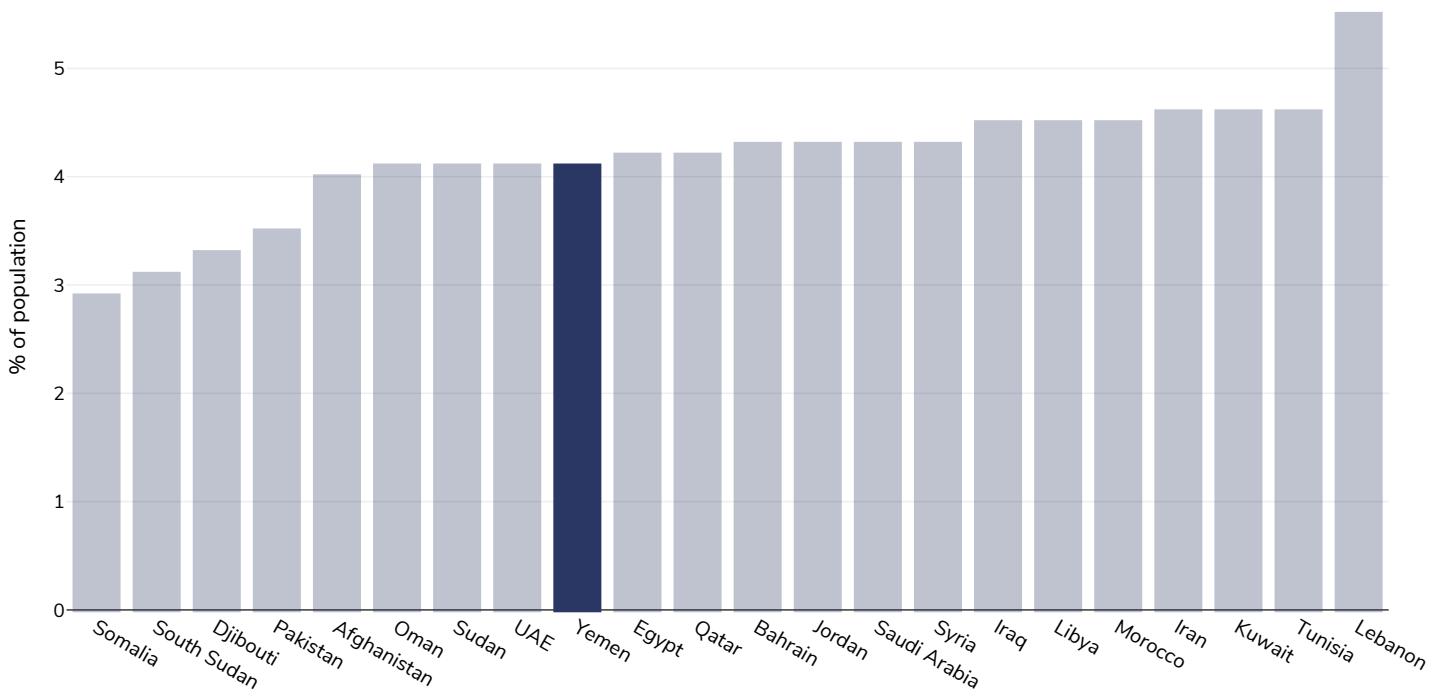
References: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions:

% of population with depression disorders

## Mental health - anxiety disorders

Adults, 2015



References:

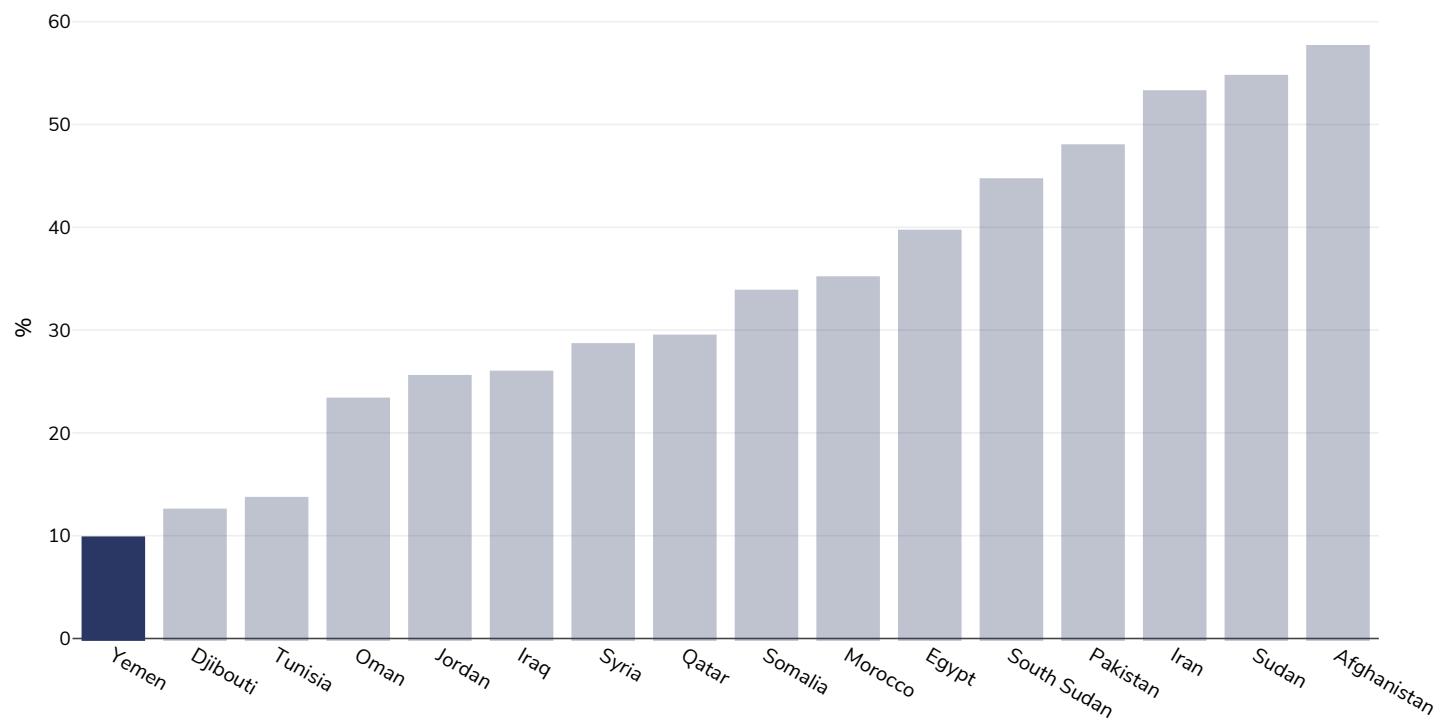
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions:

% of population with anxiety disorders

## % Infants exclusively breastfed 0-5 months

Children, 2010-2019



Area covered:

National

References:

Yemen National Health and Demographic Survey 2013. Rockville, Maryland, USA: MOPHP, CSO, PAPFAM, and ICF International, 2014.

Notes:

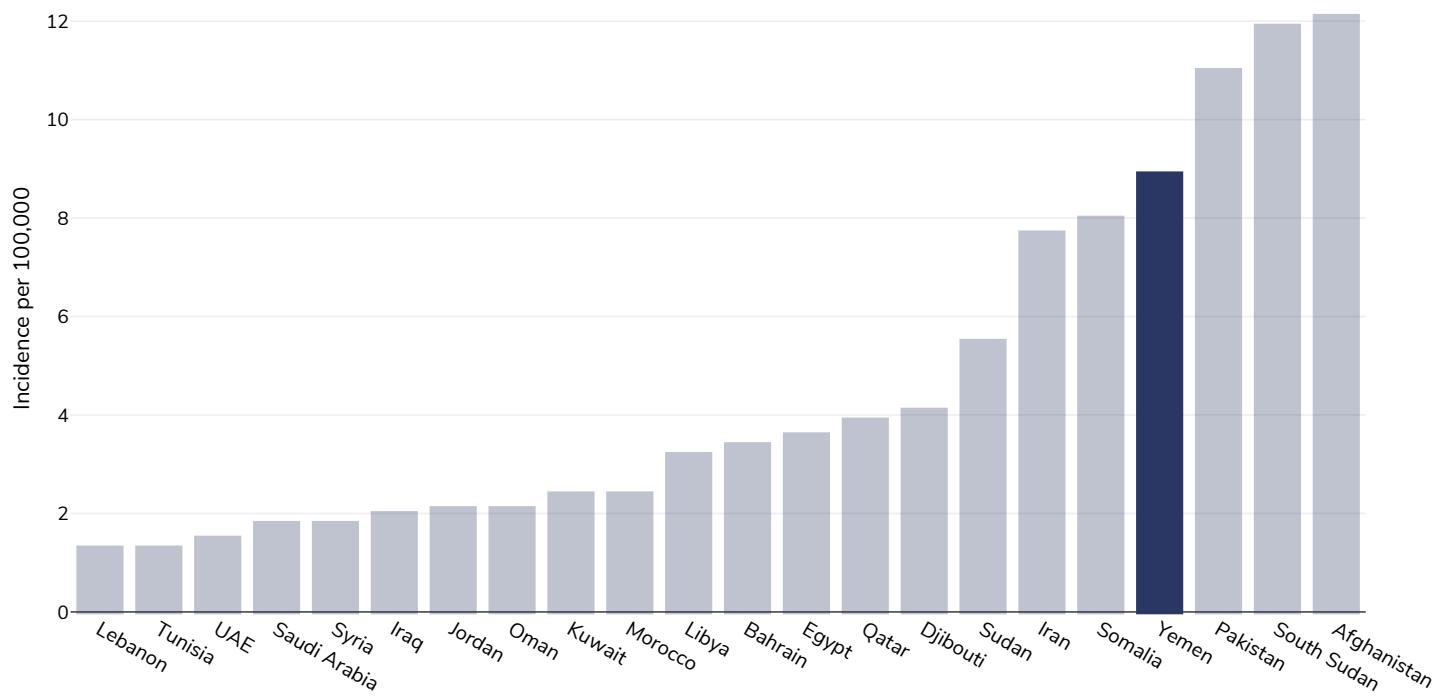
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definitions:

% exclusively breastfed 0-5 months

## Oesophageal cancer

Men, 2020



Age:

20+

Area covered:

National

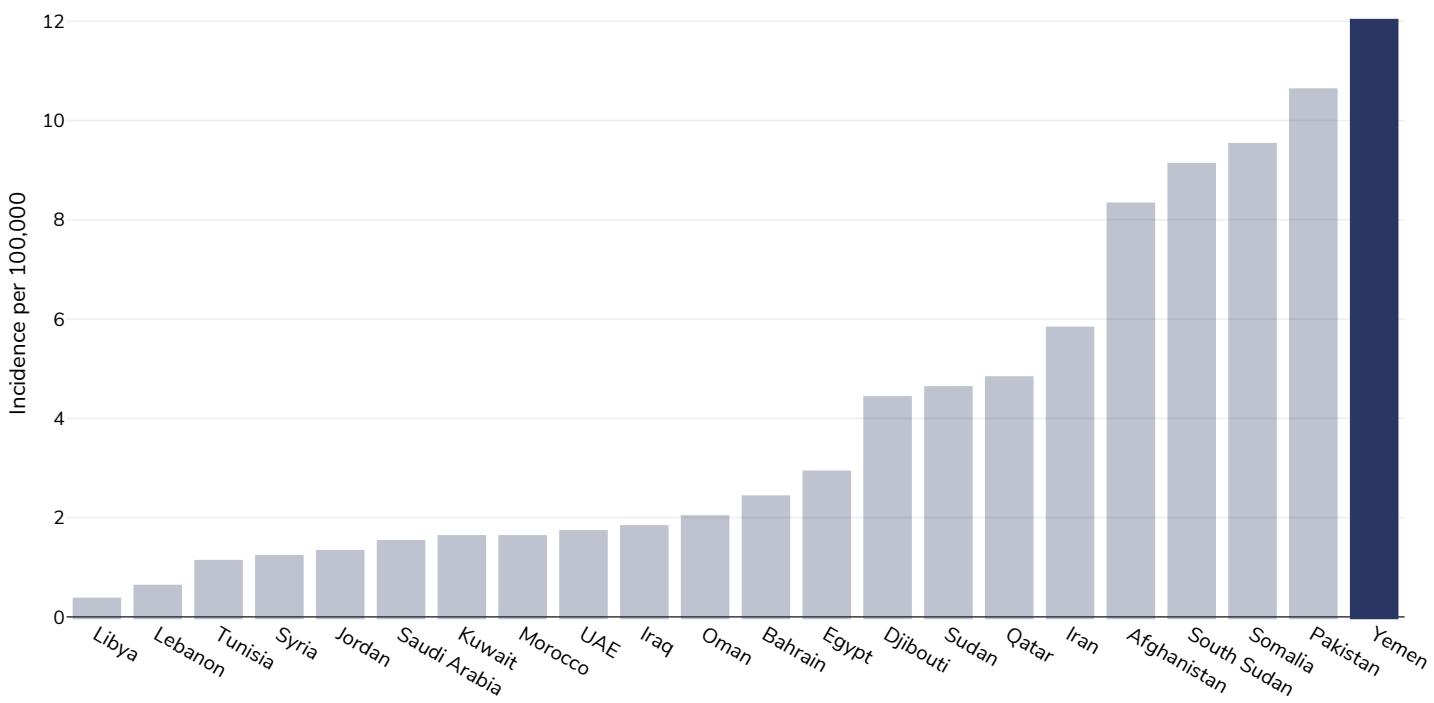
References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions:

Age-standardized incidence rates per 100 000

## Women, 2020



Age:

20+

Area covered:

National

References:

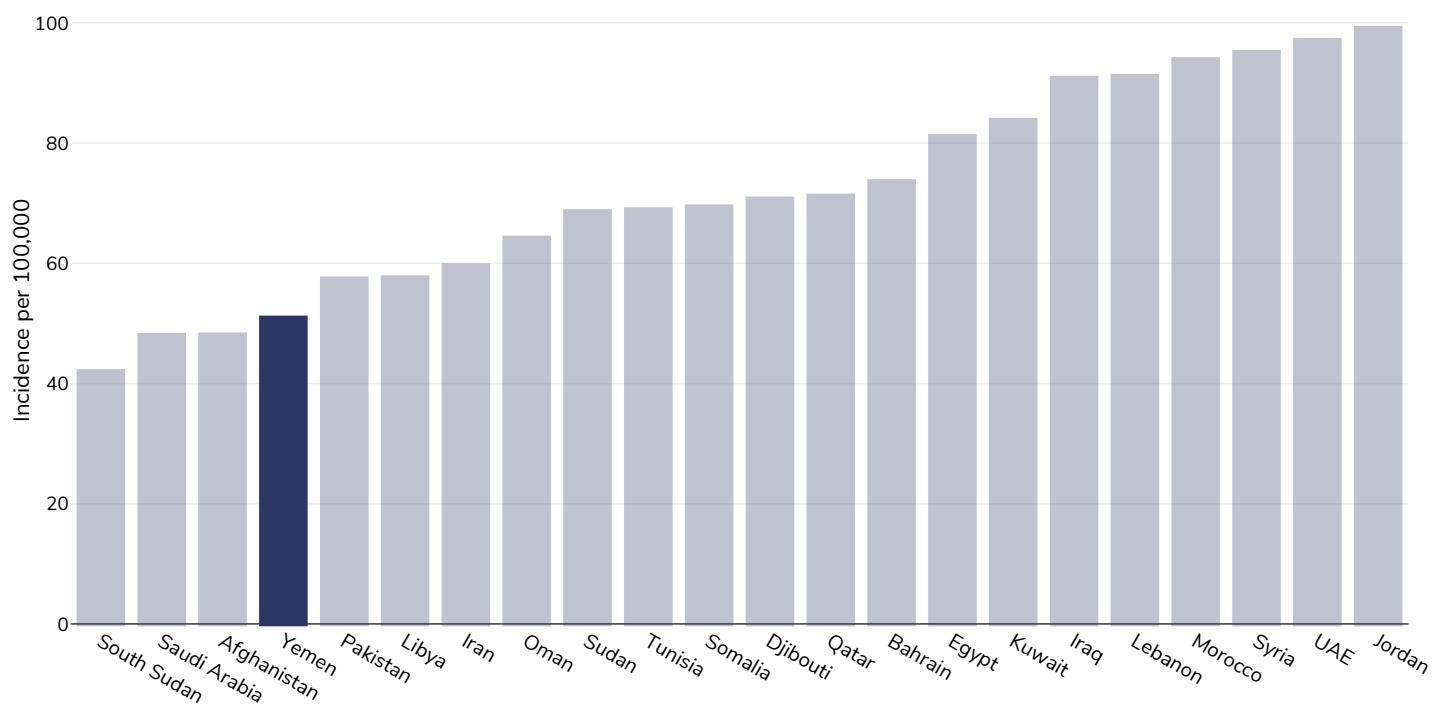
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions:

Age-standardized incidence rates per 100 000

## Breast cancer

Women, 2020



Age:

20+

Area covered:

National

References:

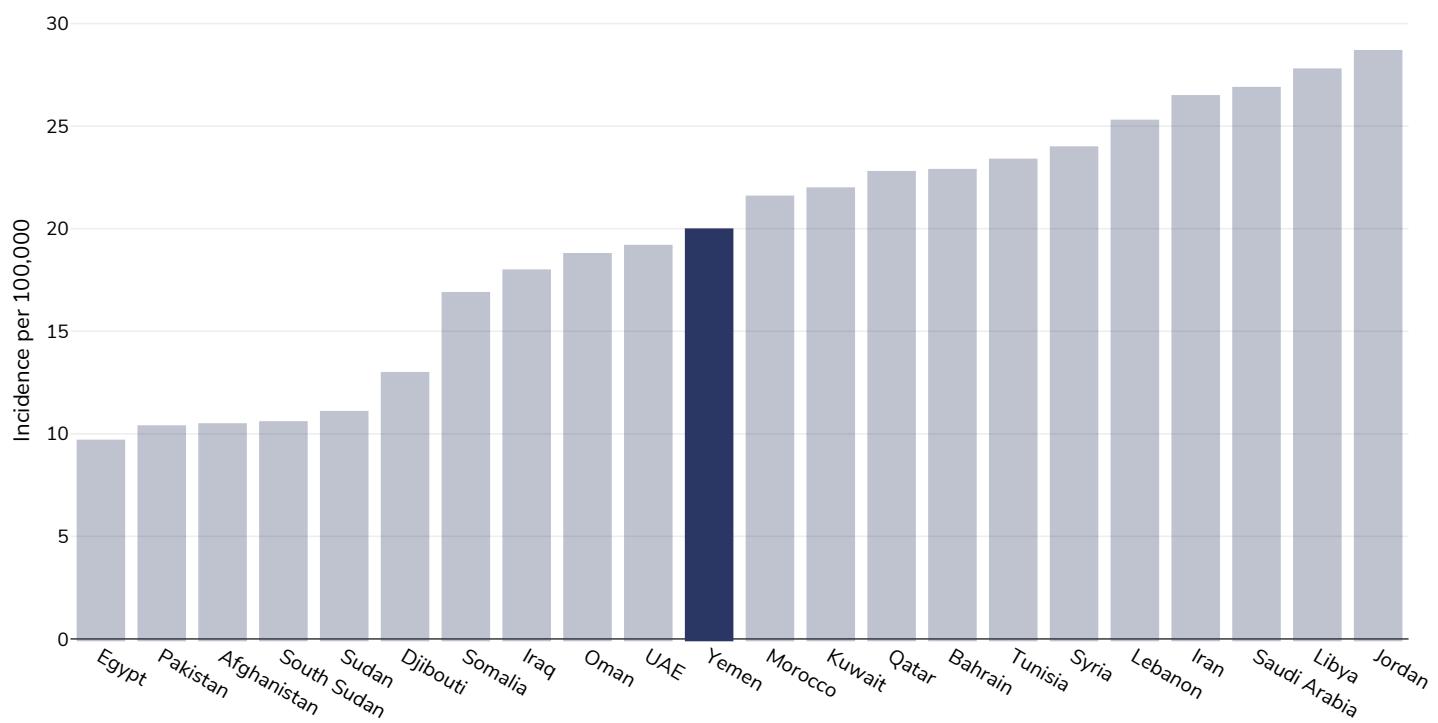
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions:

Age-standardized incidence rates per 100 000

## Colorectal cancer

Men, 2020



Age:

20+

Area covered:

National

References:

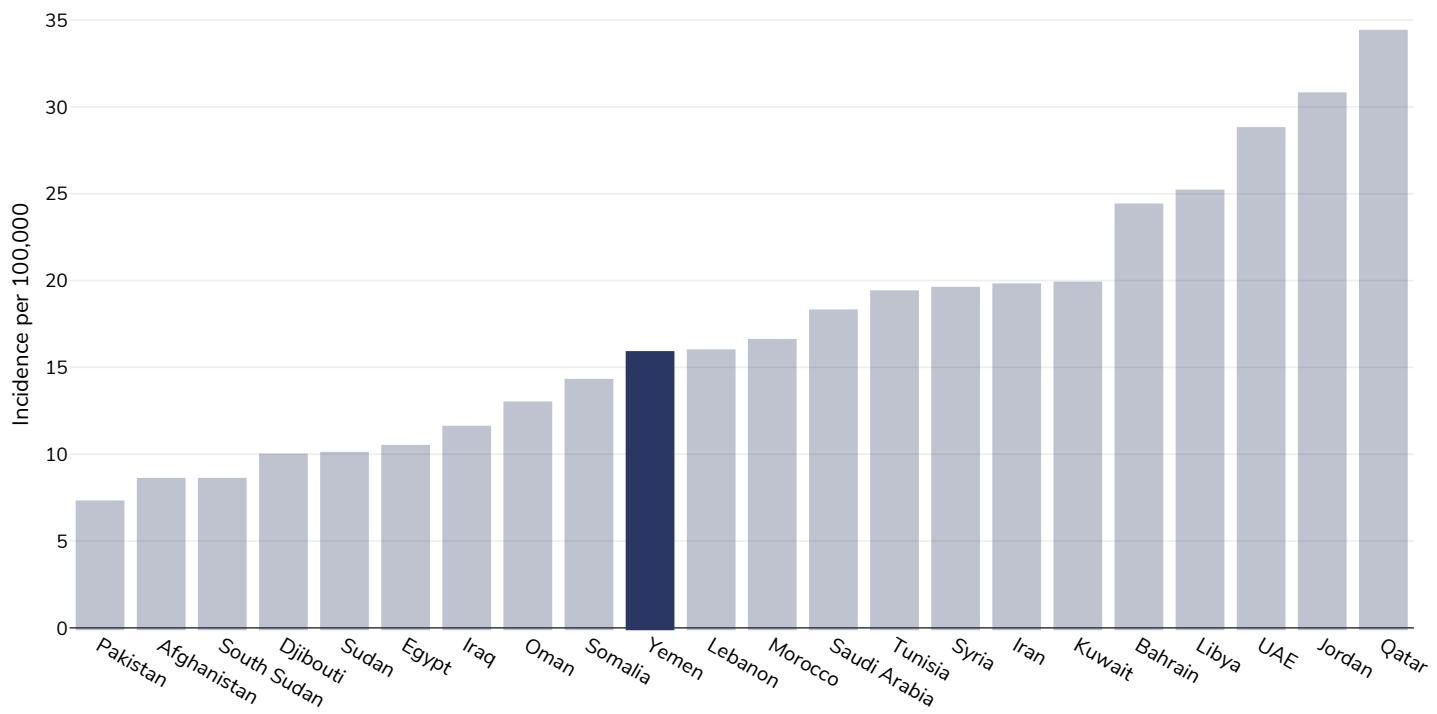
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

<https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions:

Age-standardized incidence rates per 100 000

## Women, 2020



Age: 20+

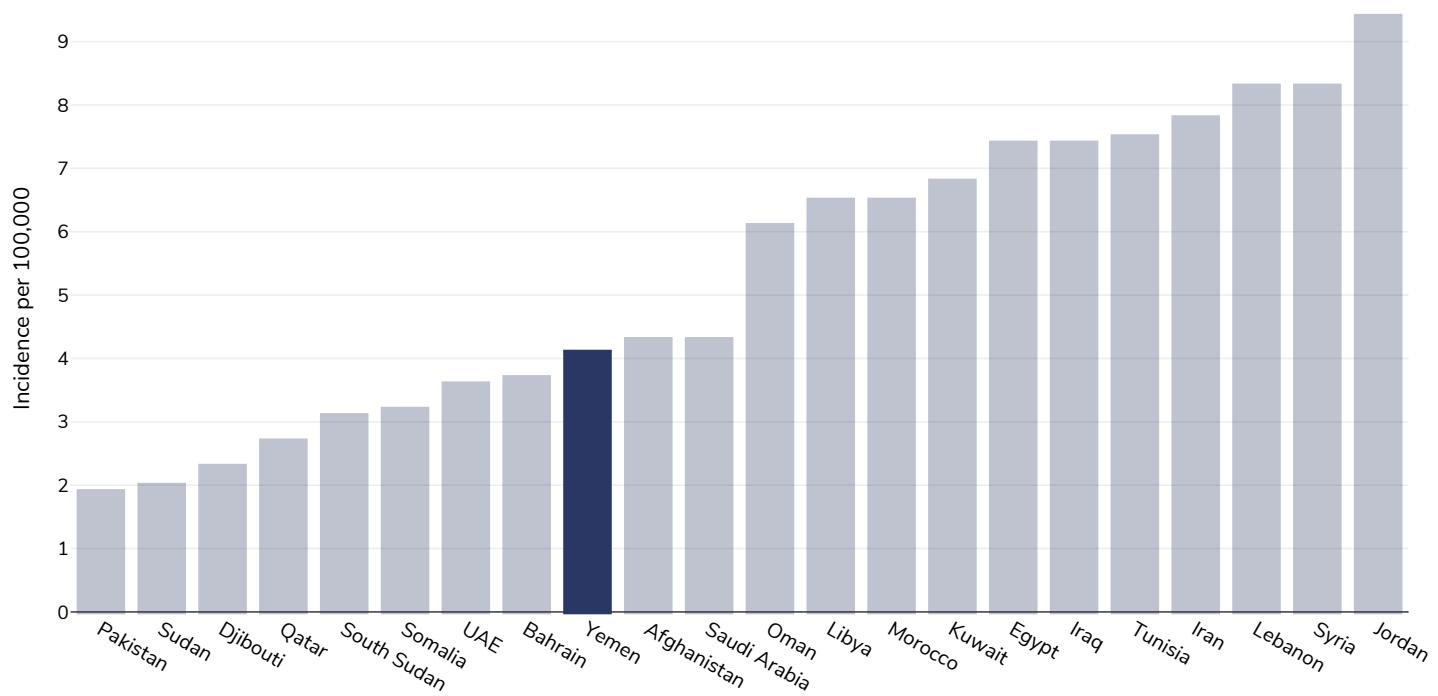
Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions: Age-standardized incidence rates per 100 000

## Pancreatic cancer

Men, 2020



Age:

20+

Area covered:

National

References:

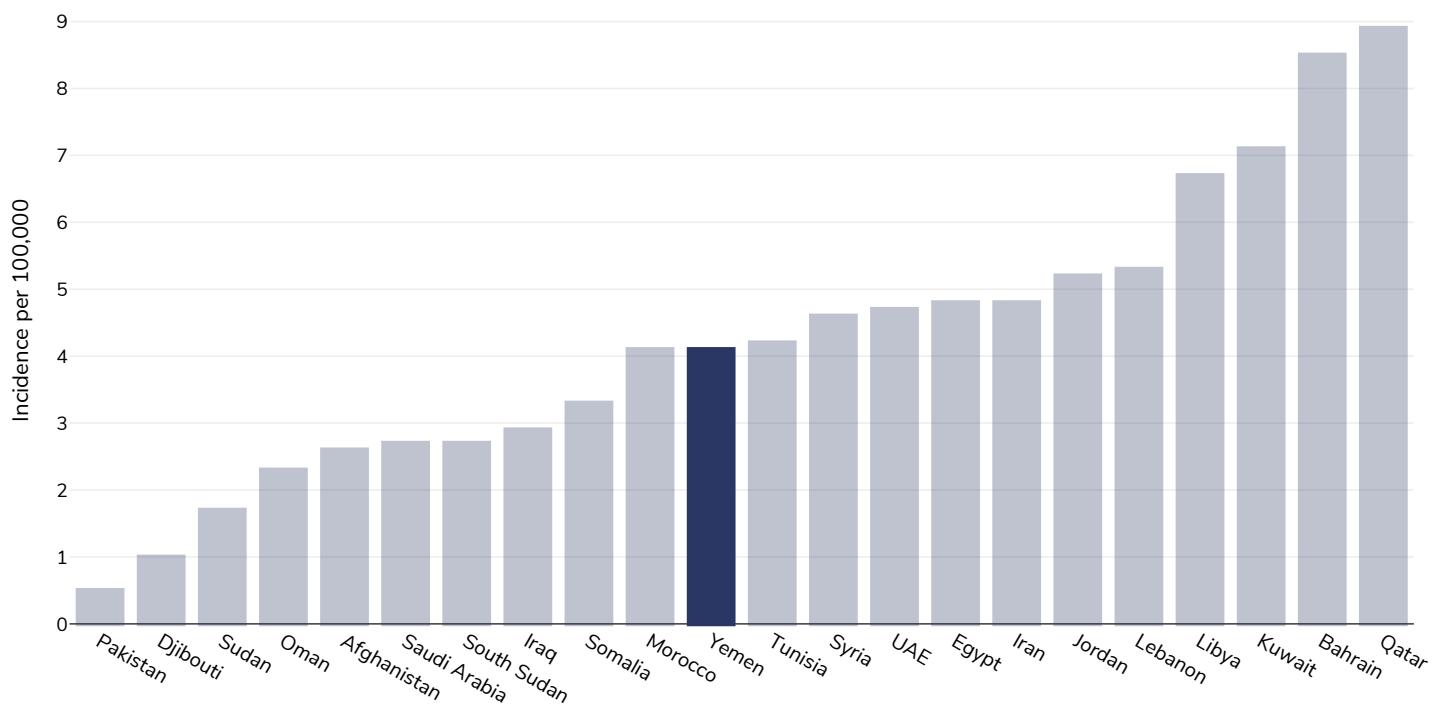
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

<https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions:

Age-standardized incidence rates per 100 000

## Women, 2020



Age:

20+

Area covered:

National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

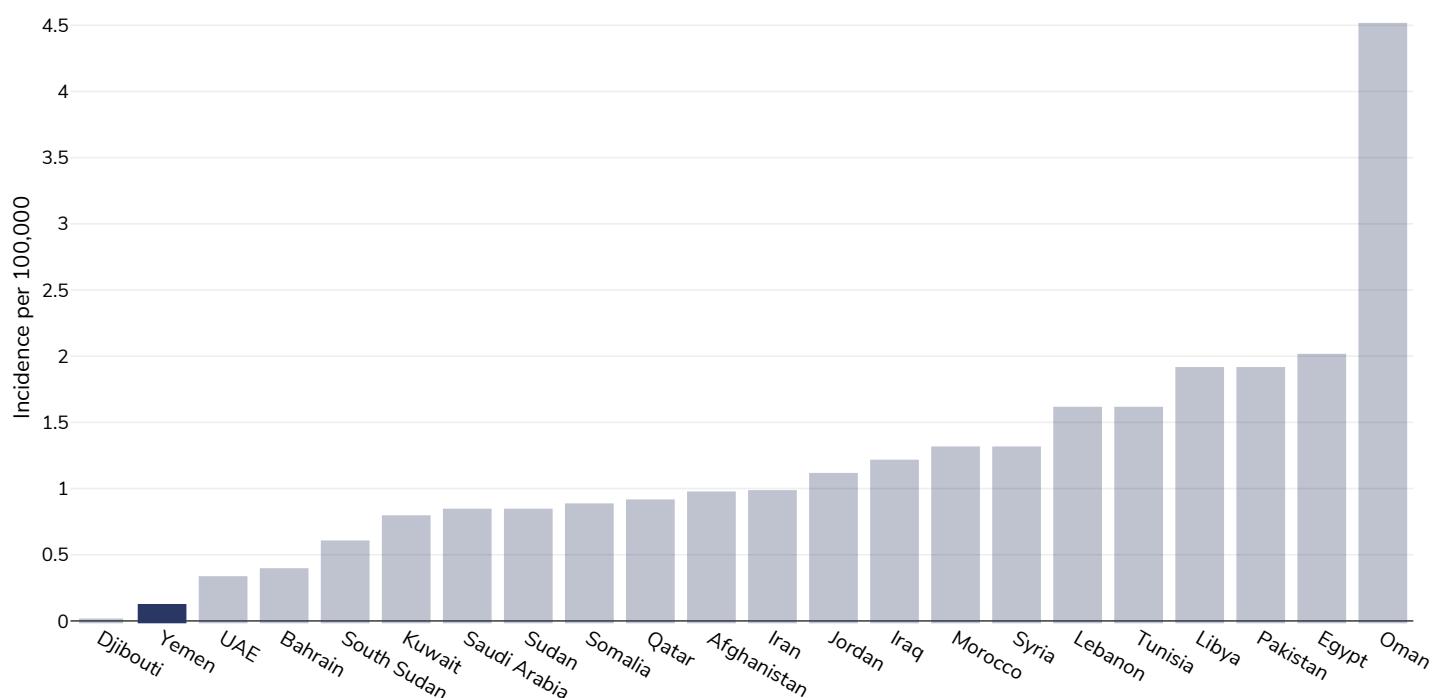
<https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions:

Age-standardized incidence rates per 100 000

## Gallbladder cancer

Men, 2020



Age:

20+

Area covered:

National

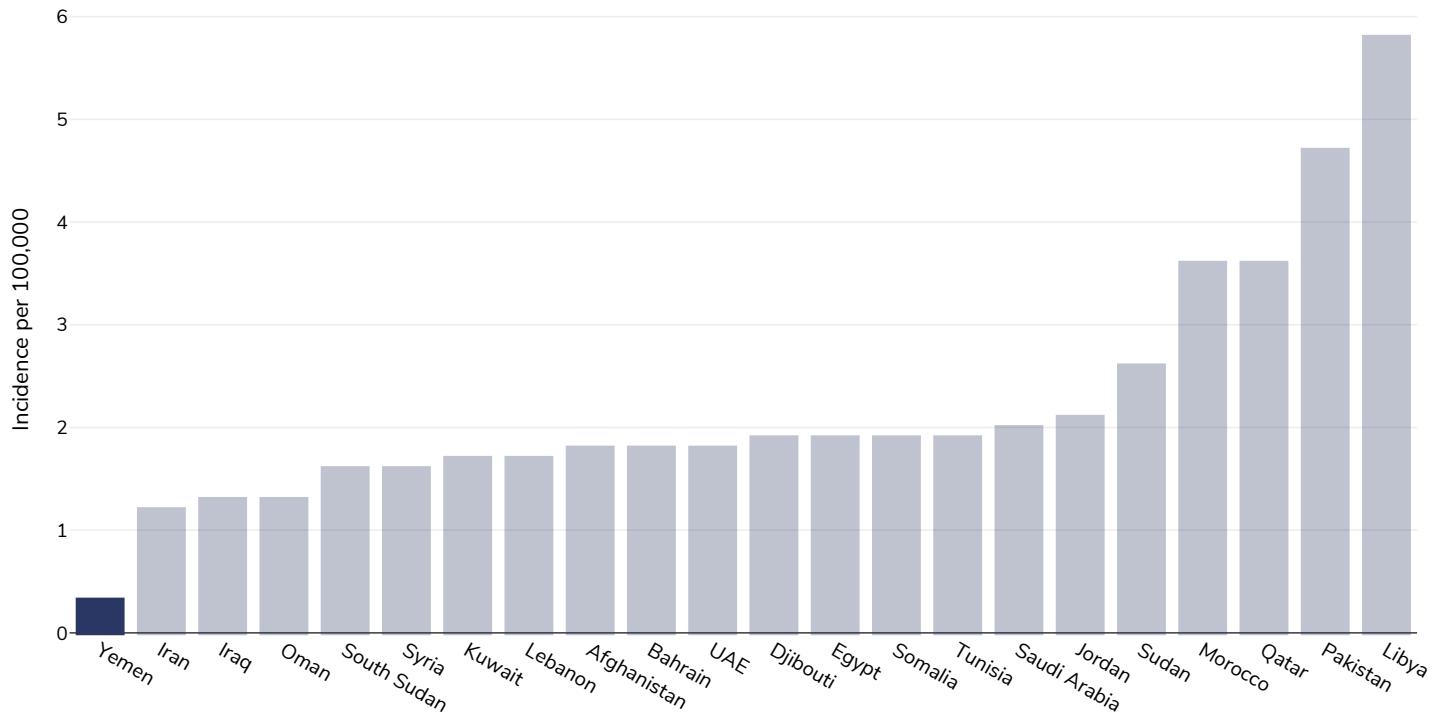
References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions:

Age-standardized incidence rates per 100 000

## Women, 2020



Age: 20+

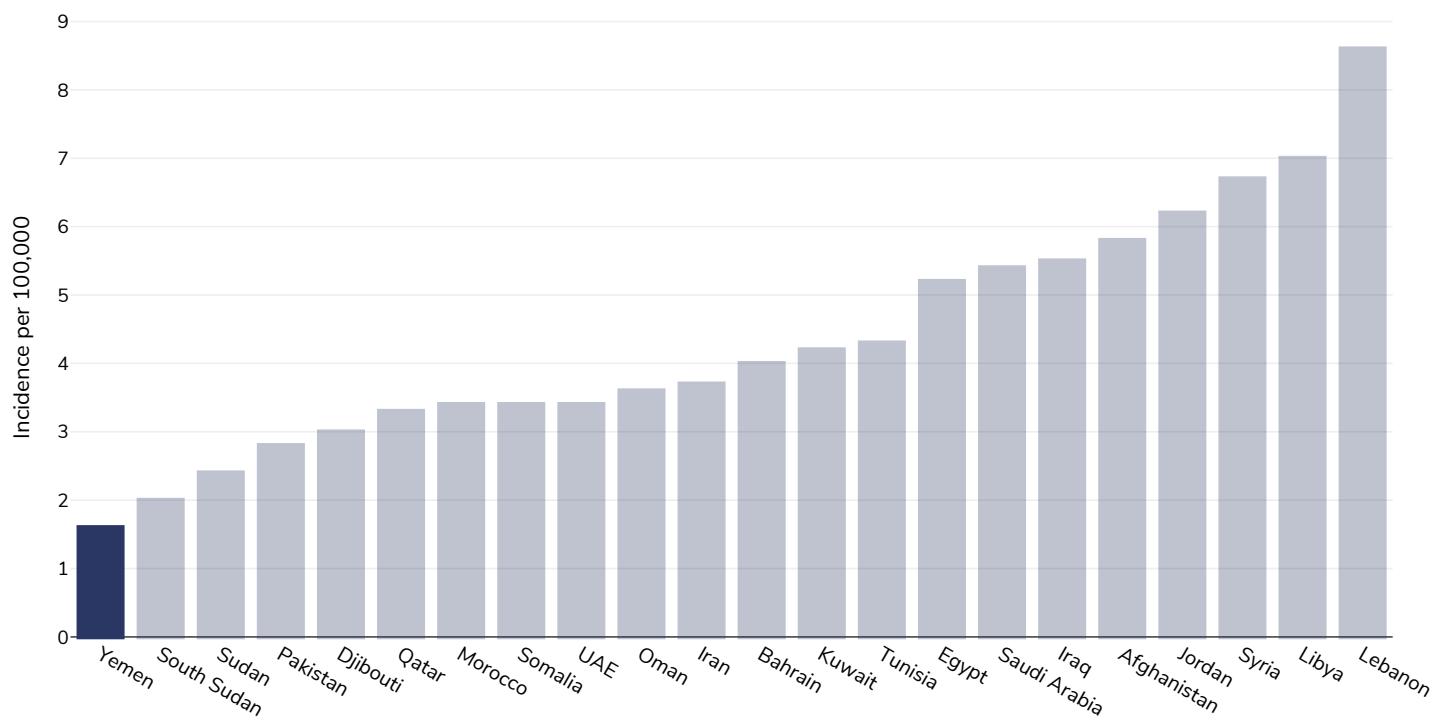
Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions: Age-standardized incidence rates per 100 000

## Kidney cancer

Men, 2020



Age:

20+

Area covered:

National

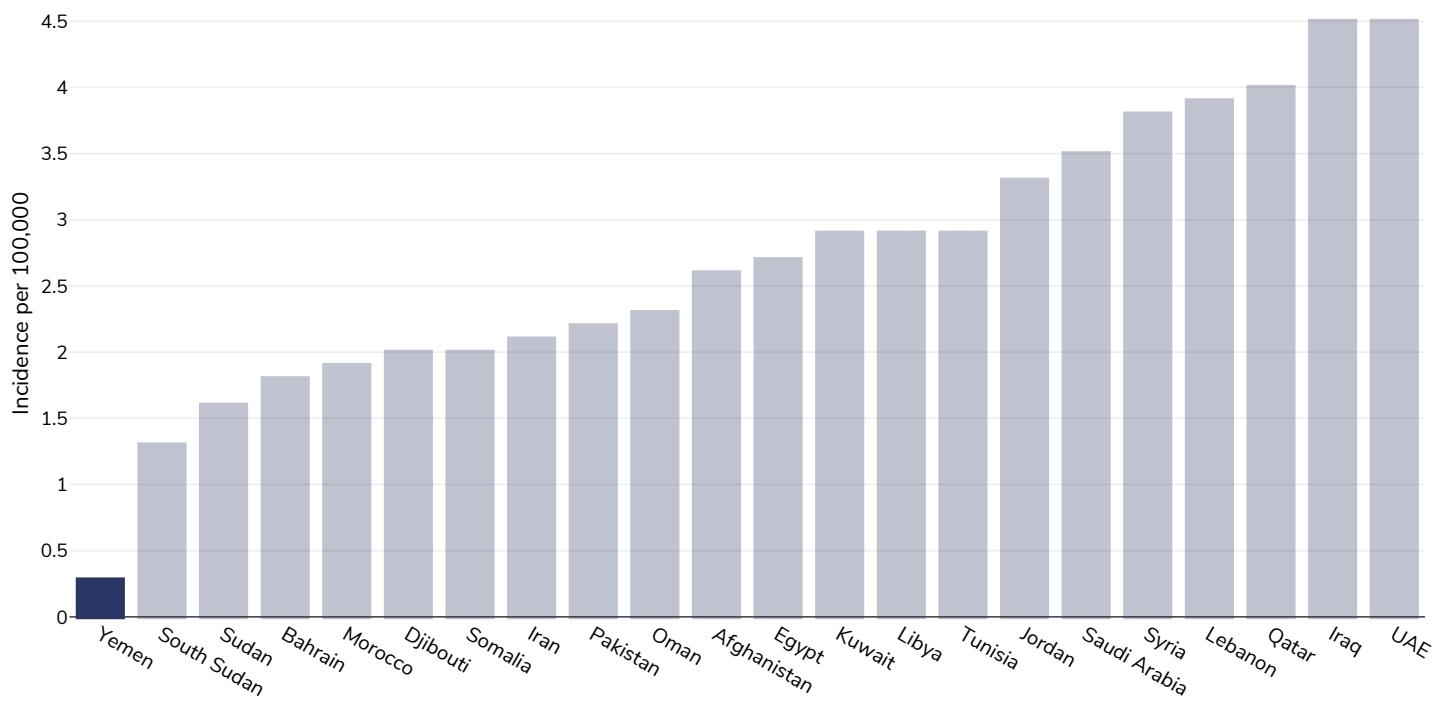
References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions:

Age-standardized incidence rates per 100 000

## Women, 2020



Age:

20+

Area covered:

National

References:

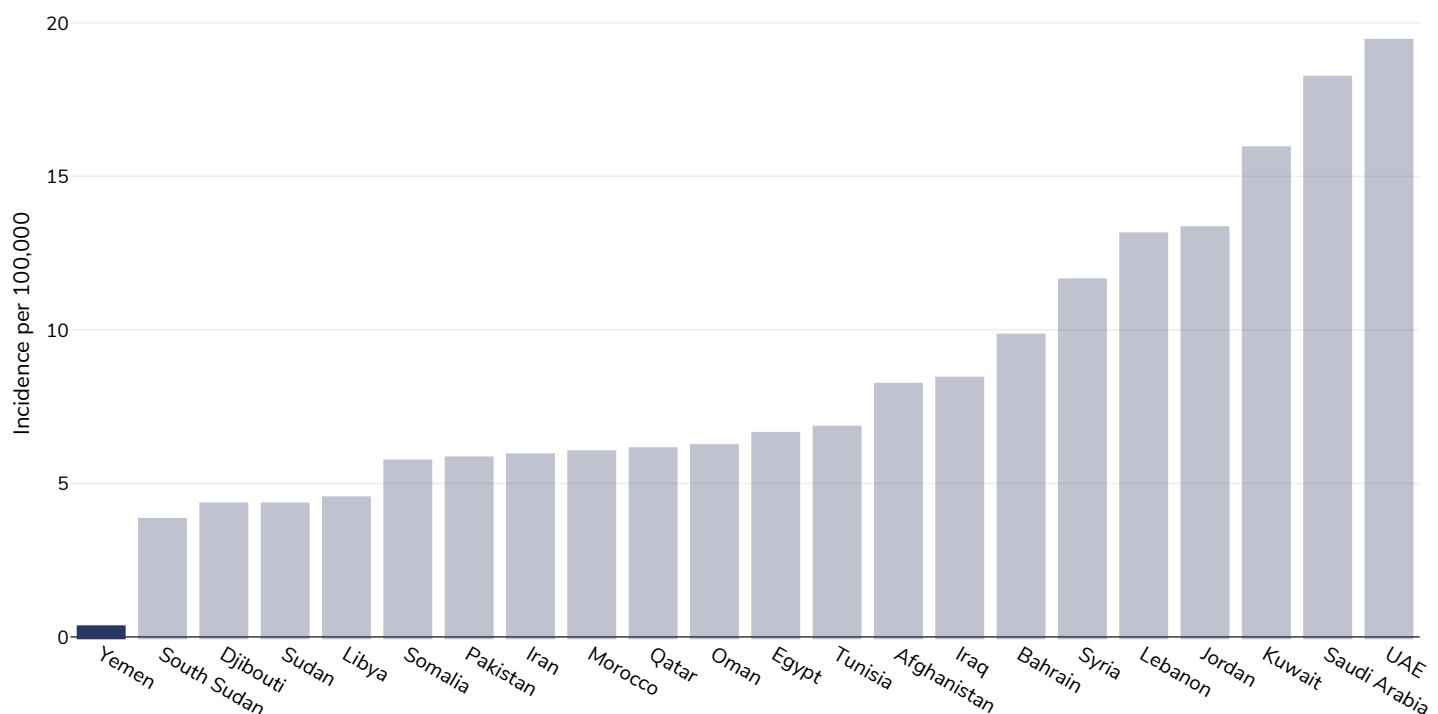
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions:

Age-standardized incidence rates per 100 000

## Cancer of the uterus

Women, 2020



Age:

20+

Area covered:

National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

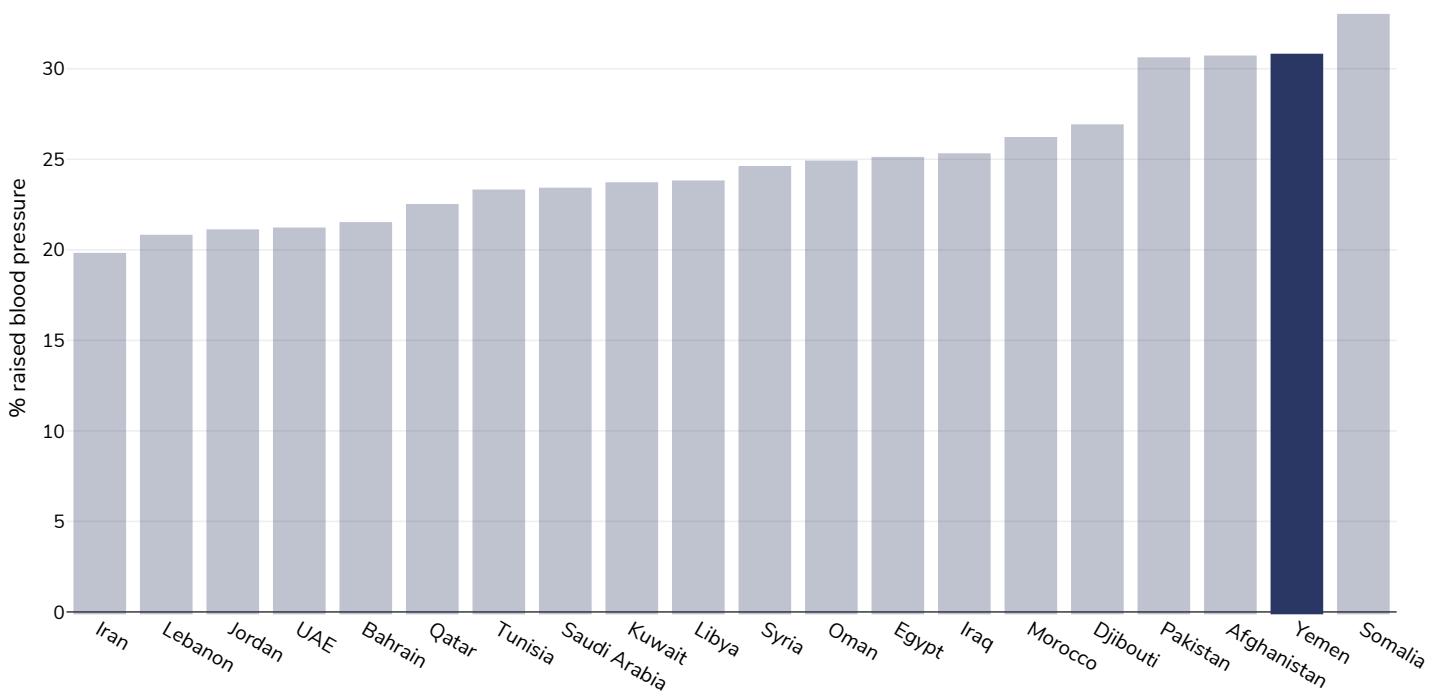
<https://gco.iarc.fr/today>, accessed 10.01.2385

Definitions:

Age-standardized incidence rates per 100 000

## Raised blood pressure

Adults, 2015



References:

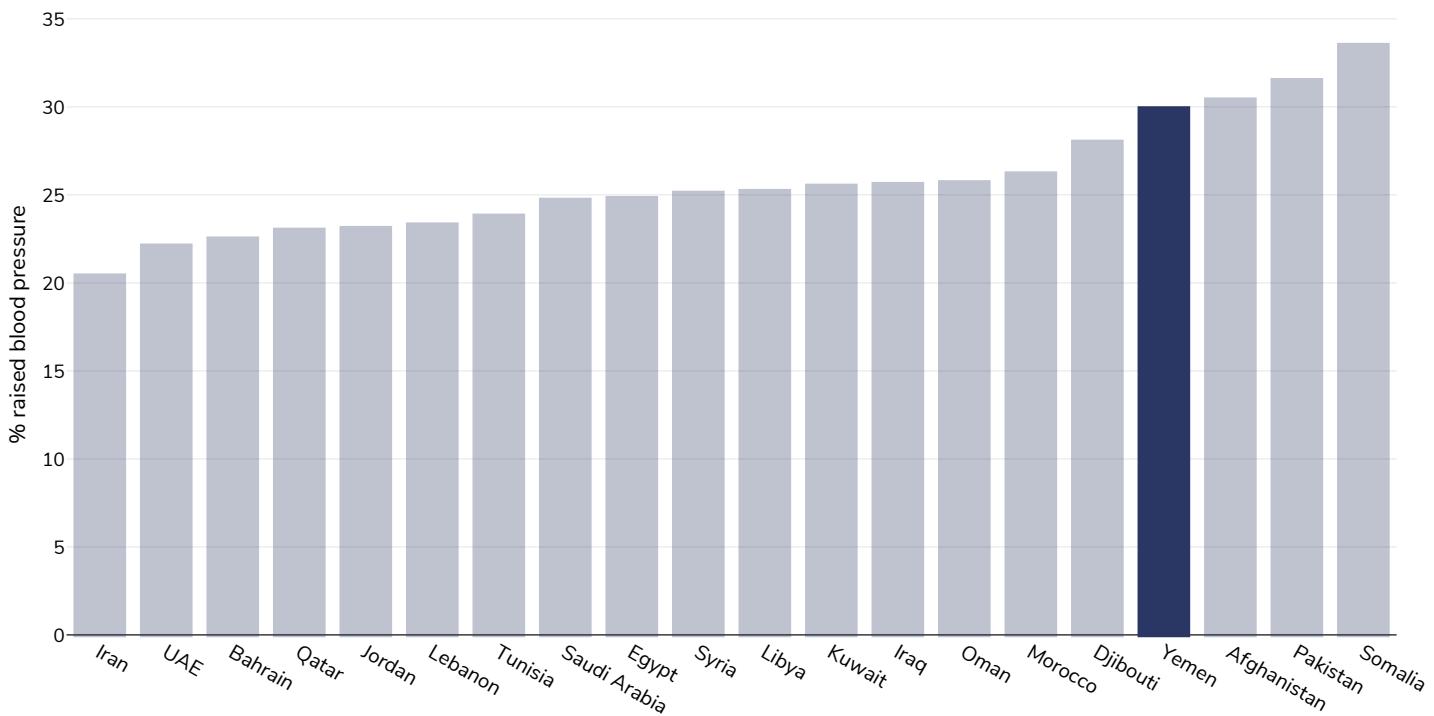
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Men, 2015



References:

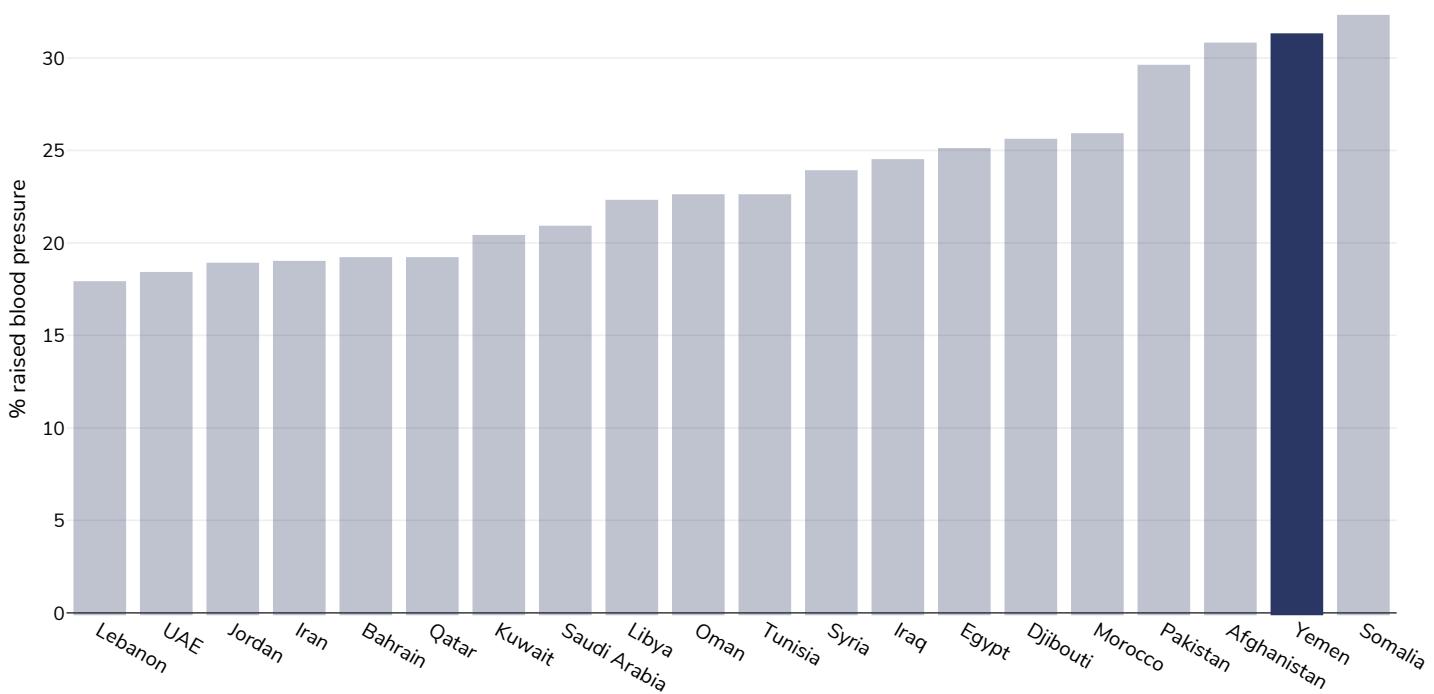
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Women, 2015



References:

Global Health Observatory data repository, World Health Organisation,

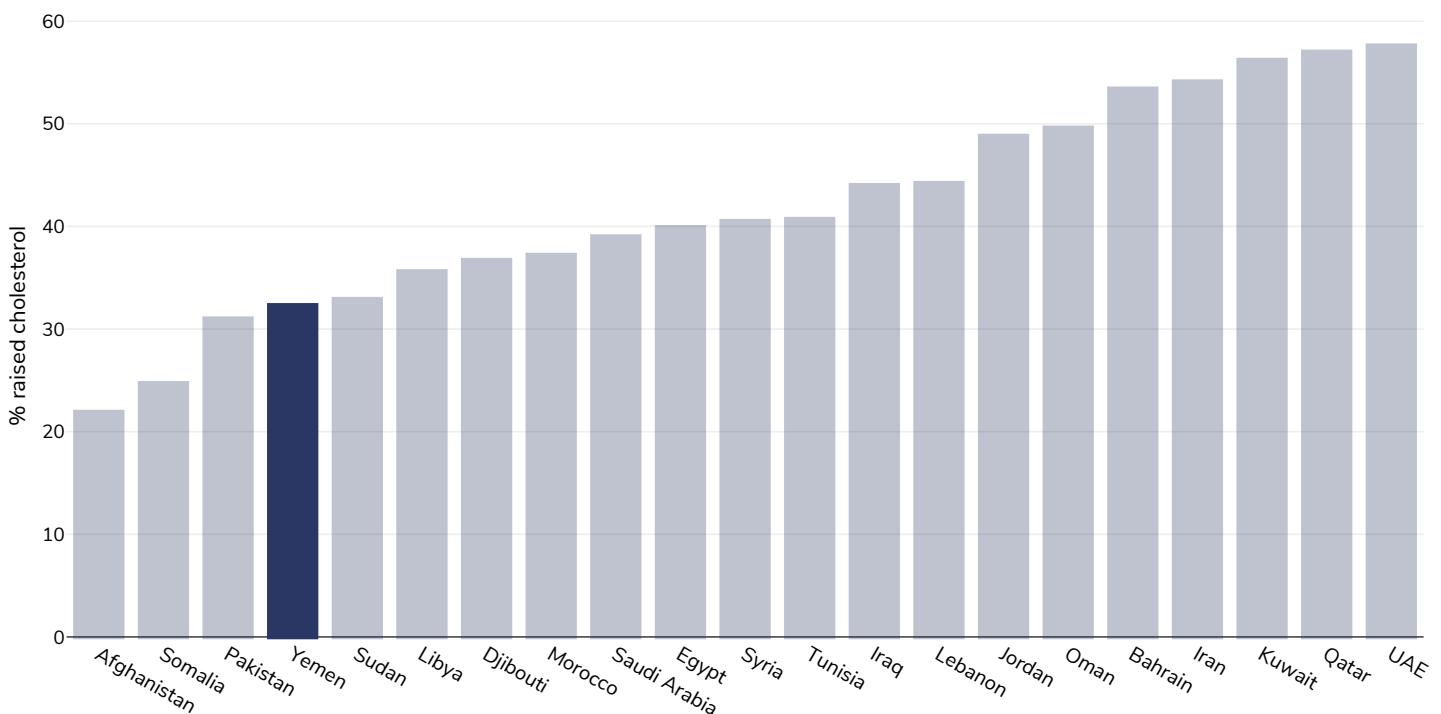
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Raised cholesterol

Adults, 2008



References:

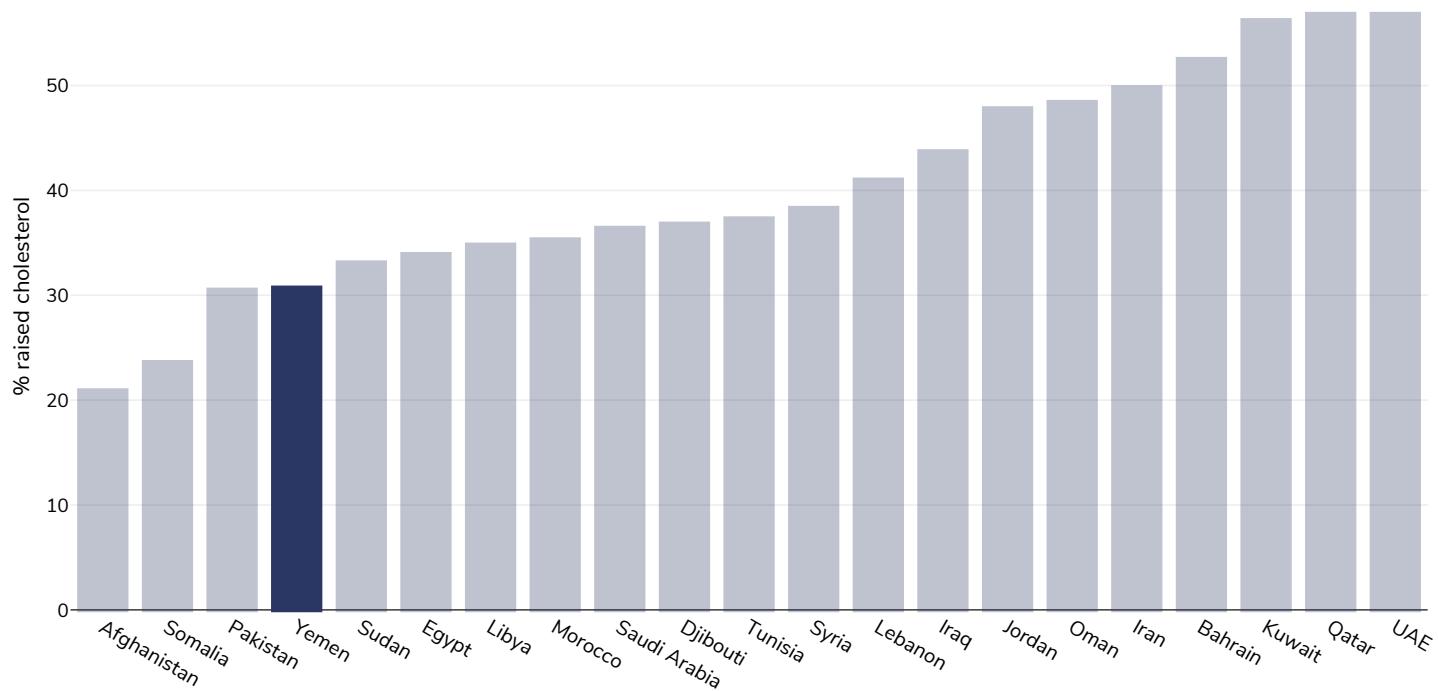
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

Definitions:

% Raised total cholesterol ( $\geq 5.0 \text{ mmol/L}$ ) (age-standardized estimate).

**Men, 2008**



References:

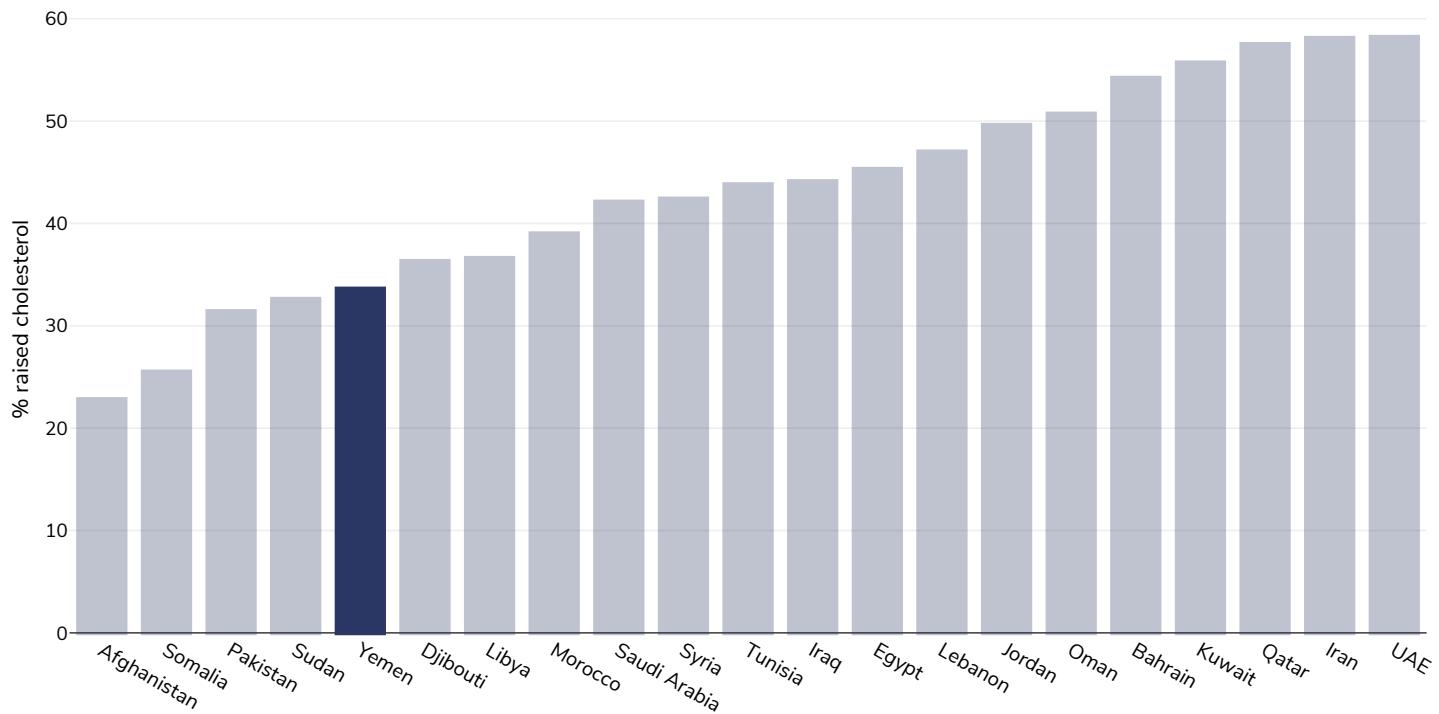
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

Definitions:

% Raised total cholesterol ( $\geq 5.0 \text{ mmol/L}$ ) (age-standardized estimate).

## Women, 2008



References:

Global Health Observatory data repository, World Health Organisation,

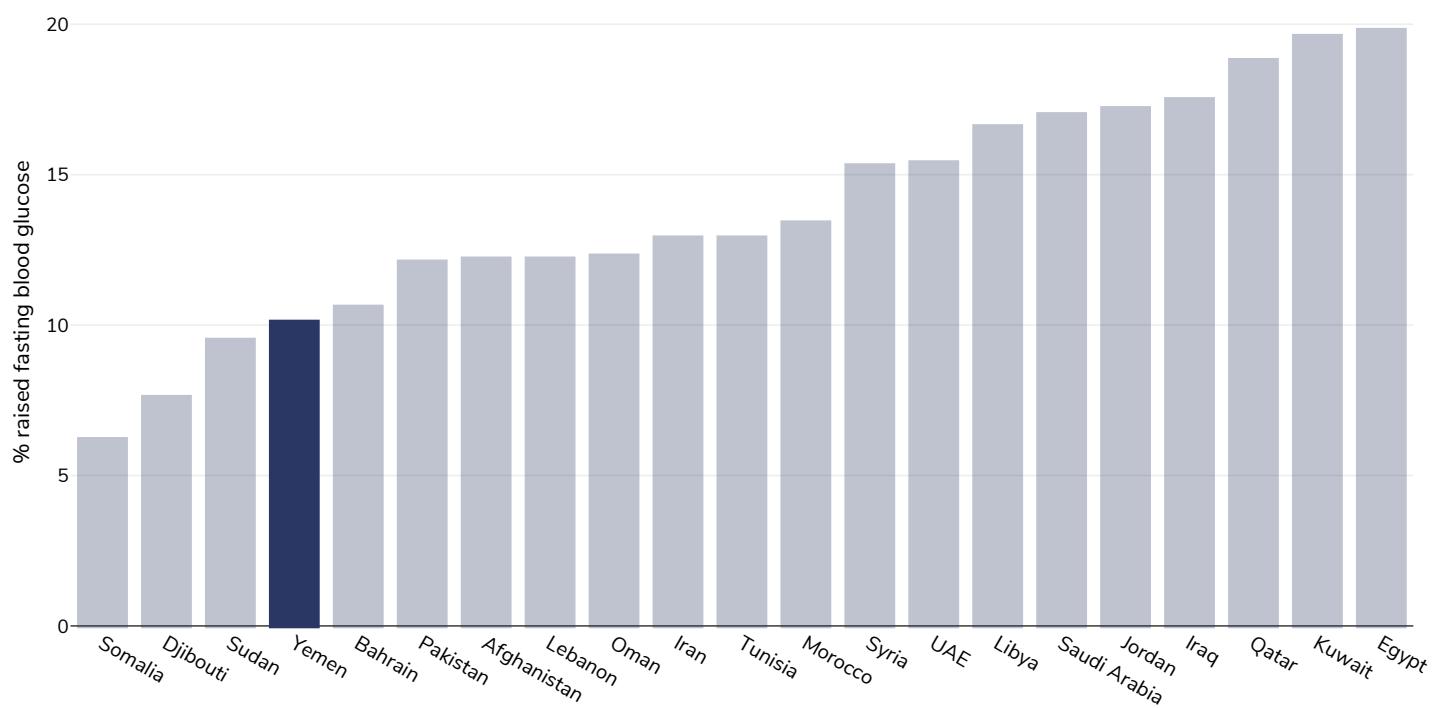
<http://apps.who.int/gho/data/node.main.A885>

Definitions:

% Raised total cholesterol ( $\geq 5.0 \text{ mmol/L}$ ) (age-standardized estimate).

## Raised fasting blood glucose

Men, 2014



References:

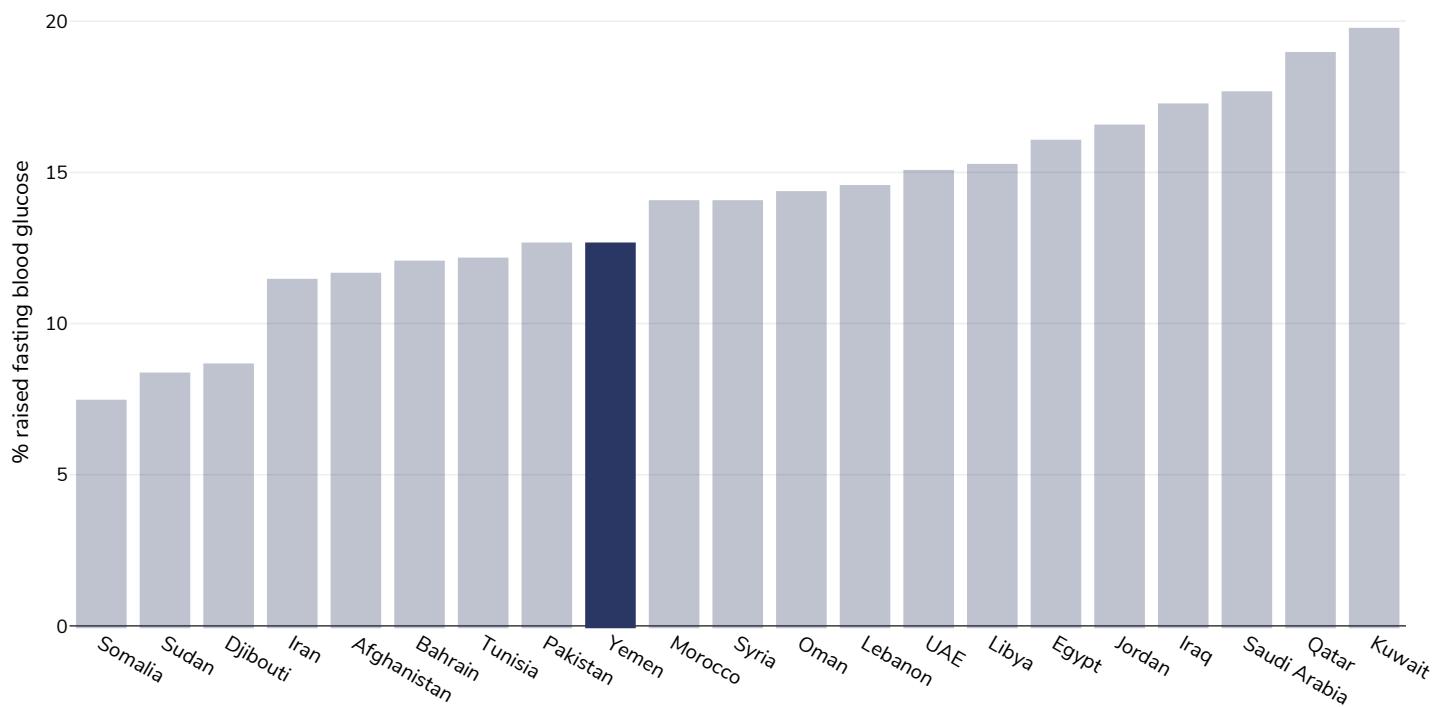
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitions:

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Women, 2014



References:

Global Health Observatory data repository, World Health Organisation,

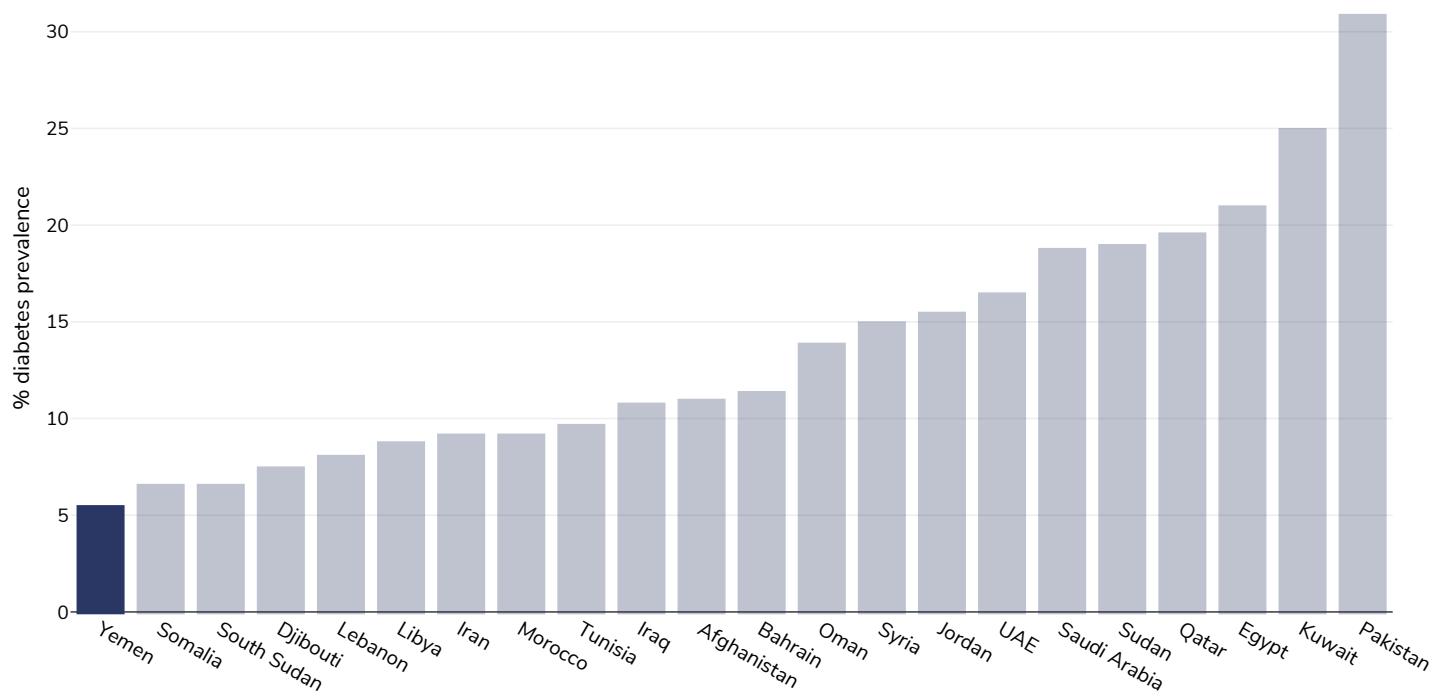
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitions:

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Diabetes prevalence

Adults, 2021



Age: 20-79

Area covered: National

References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definitions: Age-adjusted comparative prevalence of diabetes, %

## Contextual factors

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



### Labelling

---

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



## Regulation and marketing

**Are there fiscal policies on unhealthy products?**

✗

Tax on unhealthy foods?

✗

Tax on unhealthy drinks?

✗

**Are there fiscal policies on healthy products?**

✗

Subsidy on fruits?

✗

Subsidy on vegetables?

✗

Subsidy on other healthy products?

✗

**Mandatory limit or ban of trans fat (all settings)?**

✗

Mandatory limit of trans fats in place (all settings)?

✗

Ban on trans-fats or phos in place (all settings)?

✗

**Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?**

✗

Mandatory restriction on broadcast media?

✗

Mandatory restriction on non-broadcast media?

✗

Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?

✗

**Are there mandatory standards for food in schools?**

✗

**Are there any mandatory nutrient limits in any manufactured food products?**

✗

**Nutrition standards for public sector procurement?**

✗



## Political will and support

National obesity strategy or nutrition and physical activity national strategy?	<span style="color: red;">X</span>
National obesity strategy?	<span style="color: red;">X</span>
National childhood obesity strategy?	<span style="color: red;">X</span>
Comprehensive nutrition strategy?	<span style="color: green;">✓</span>
Comprehensive physical activity strategy?	<span style="color: red;">X</span>

Evidence-based dietary guidelines and/or RDAs?	<span style="color: red;">X</span>
National target(s) on reducing obesity?	<span style="color: gray;">?</span>
Guidelines/policy on obesity treatment?	<span style="color: red;">X</span>
Promotion of breastfeeding?	<span style="color: red;">X</span>



## Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	<span style="color: green;">✓</span>
Within 5 years?	<span style="color: red;">X</span>



## Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	<span style="color: green;">✓</span>
---	--------------------------------------

## Key

✓ Present

✓ v Present (voluntary)

✓ Incoming

X Absent

? Unknown

Last updated September 13, 2022

PDF created on August 23, 2023