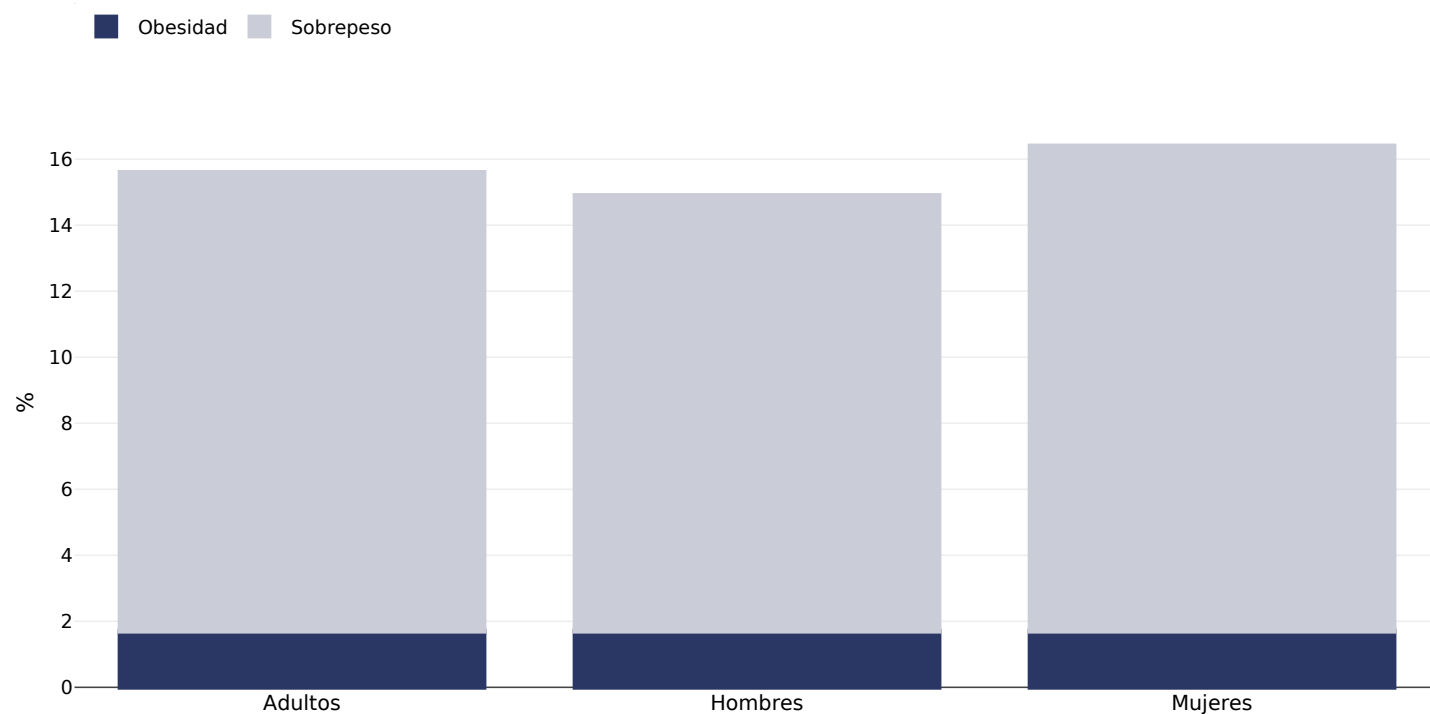


Report card Vietnam



Prevalencia de obesidad

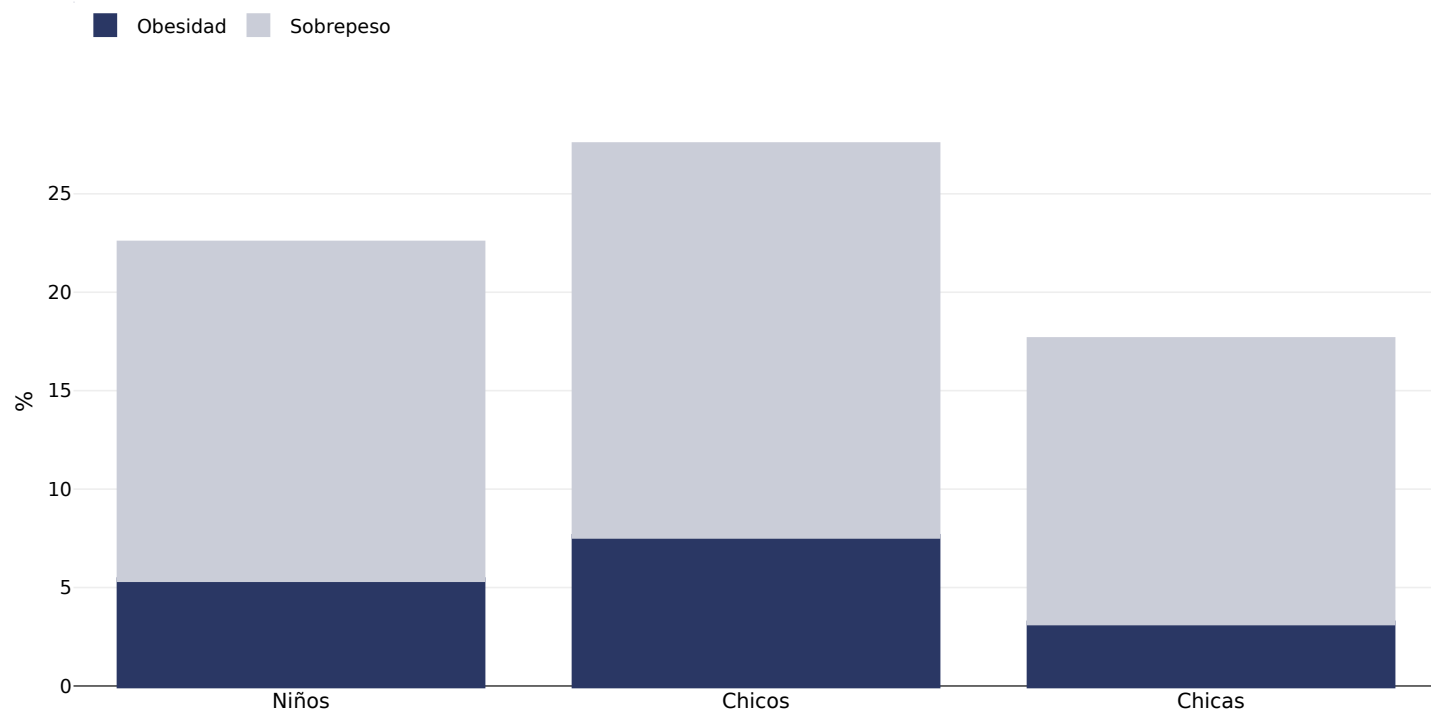
Adultos, 2015



| | |
|-----------------------|---|
| Tipo de encuesta: | Medido |
| Edad: | 18-69 |
| Tamaño de la muestra: | 3037 |
| Zona abarcada: | Nacional |
| Referencias: | Vietnam STEPS Survey 2015, https://www.who.int/ncds/surveillance/steps/VietNam_2015_STEPS_Report.pdf (last accessed 08.07.20) |
| Notas: | Men = 1316, Women = 1721 |

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m².

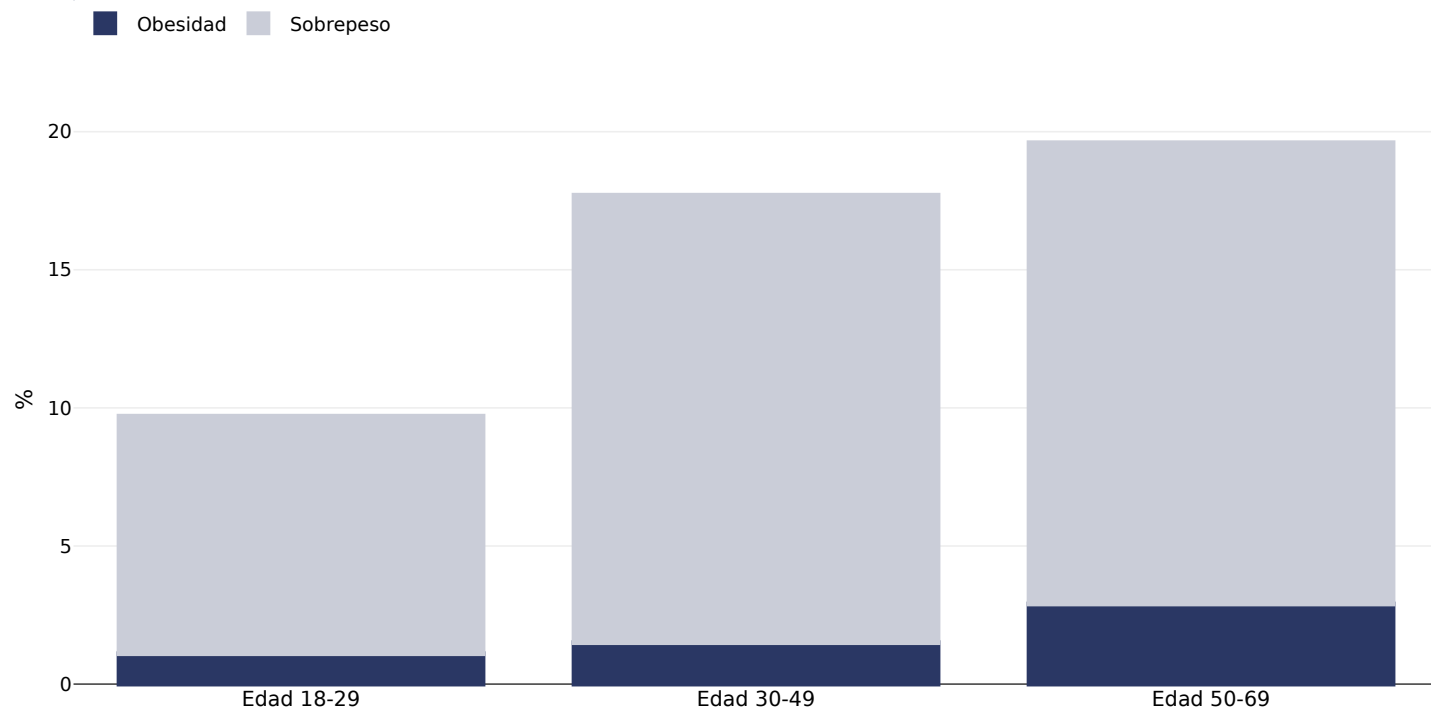
Niños, 2018



| | |
|-----------------------|---|
| Tipo de encuesta: | Medido |
| Edad: | 11-14 |
| Tamaño de la muestra: | 2788 |
| Zona abarcada: | Nacional |
| Referencias: | Phan, H.D., Nguyen, T.N.P., Bui, P.L., Pham, T.T., Doan, T.V., Nguyen, D.T. and Van Minh, H., 2020. Overweight and obesity among Vietnamese school-aged children: National prevalence estimates based on the World Health Organization and International Obesity Task Force definition. PloS one, 15(10), p.e0240459. |
| Notas: | WHO cut-offs available in the study. |
| Cutoffs: | IOTF |

Sobrepeso/obesidad por edad

Adultos, 2015



Tipo de encuesta: Medido

Tamaño de la muestra: 3037

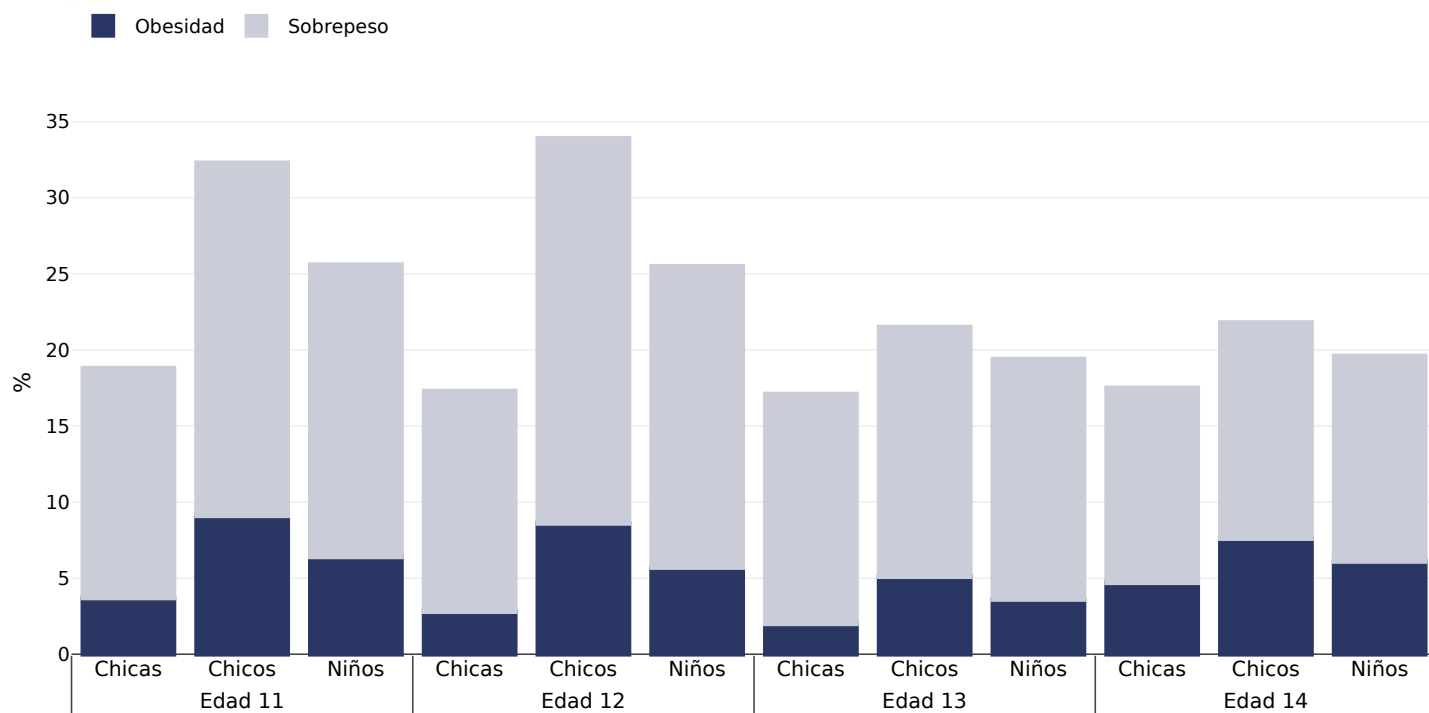
Zona abarcada: Nacional

Referencias: Vietnam STEPS Survey 2015, https://www.who.int/ncds/surveillance/steps/VietNam_2015_STEPS_Report.pdf

Notas: Men = 1316, Women = 1721

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m².

Niños, 2018



Tipo de encuesta: Medido

Tamaño de la muestra: 2788

Zona abarcada: Nacional

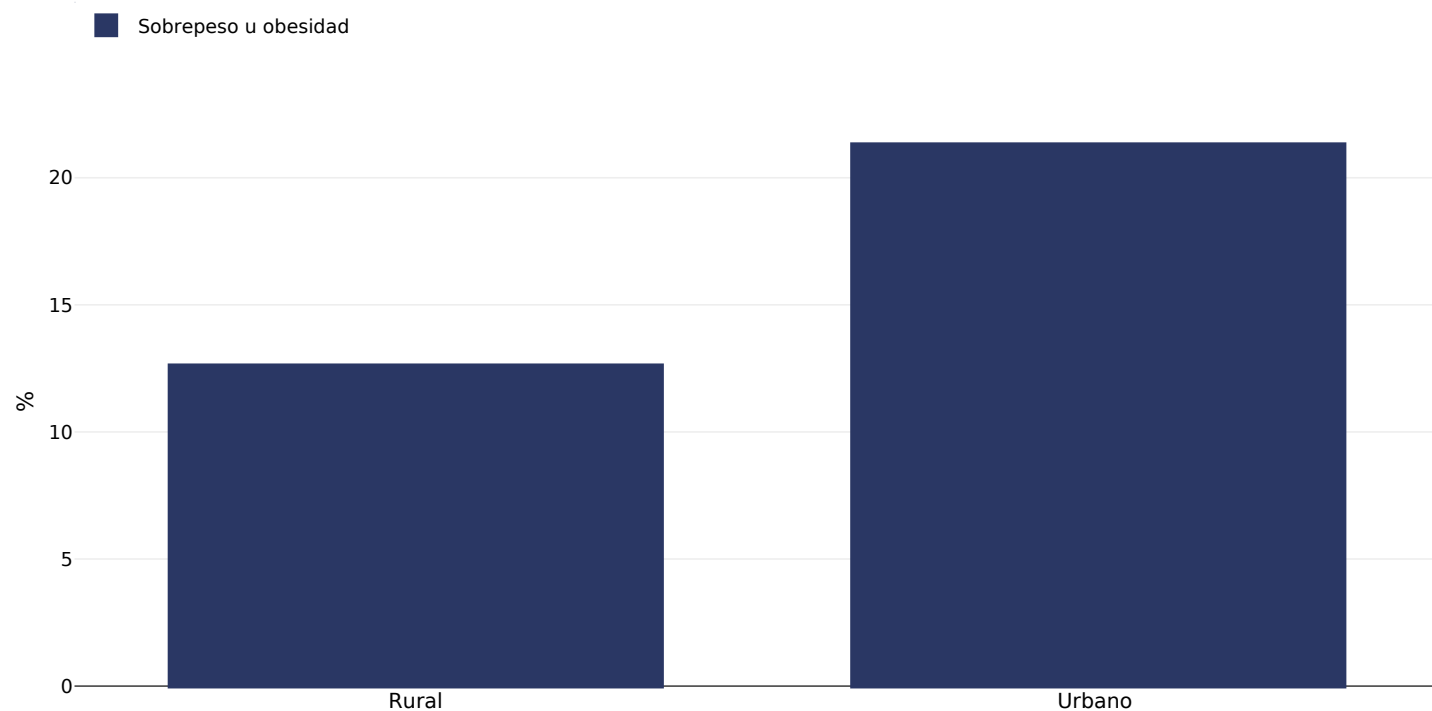
Referencias: Phan, H.D., Nguyen, T.N.P., Bui, P.L., Pham, T.T., Doan, T.V., Nguyen, D.T. and Van Minh, H., 2020. Overweight and obesity among Vietnamese school-aged children: National prevalence estimates based on the World Health Organization and International Obesity Task Force definition. *PLoS one*, 15(10), p.e0240459.

Notas: WHO cut-offs available in the study.

Cutoffs: IOTF

Sobrepeso/obesidad por región

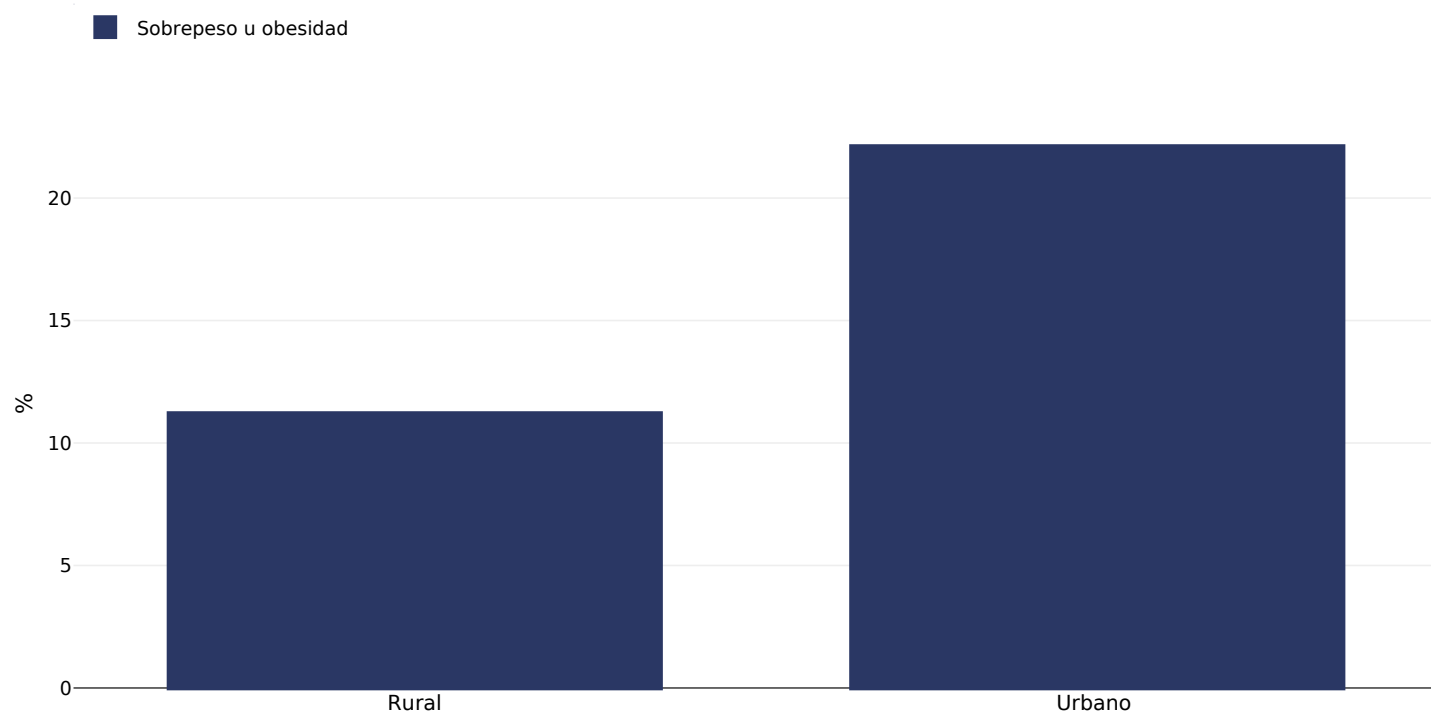
Adultos, 2015



| | |
|-------------------|---|
| Tipo de encuesta: | Medido |
| Edad: | 18-69 |
| Referencias: | National Survey on the risk factors of non communicable diseases (STEPS) Viet Nam 2015. General Department of Preventive Medicine, Ministry of Health, HANOI 2016 |

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m².

Hombres, 2015



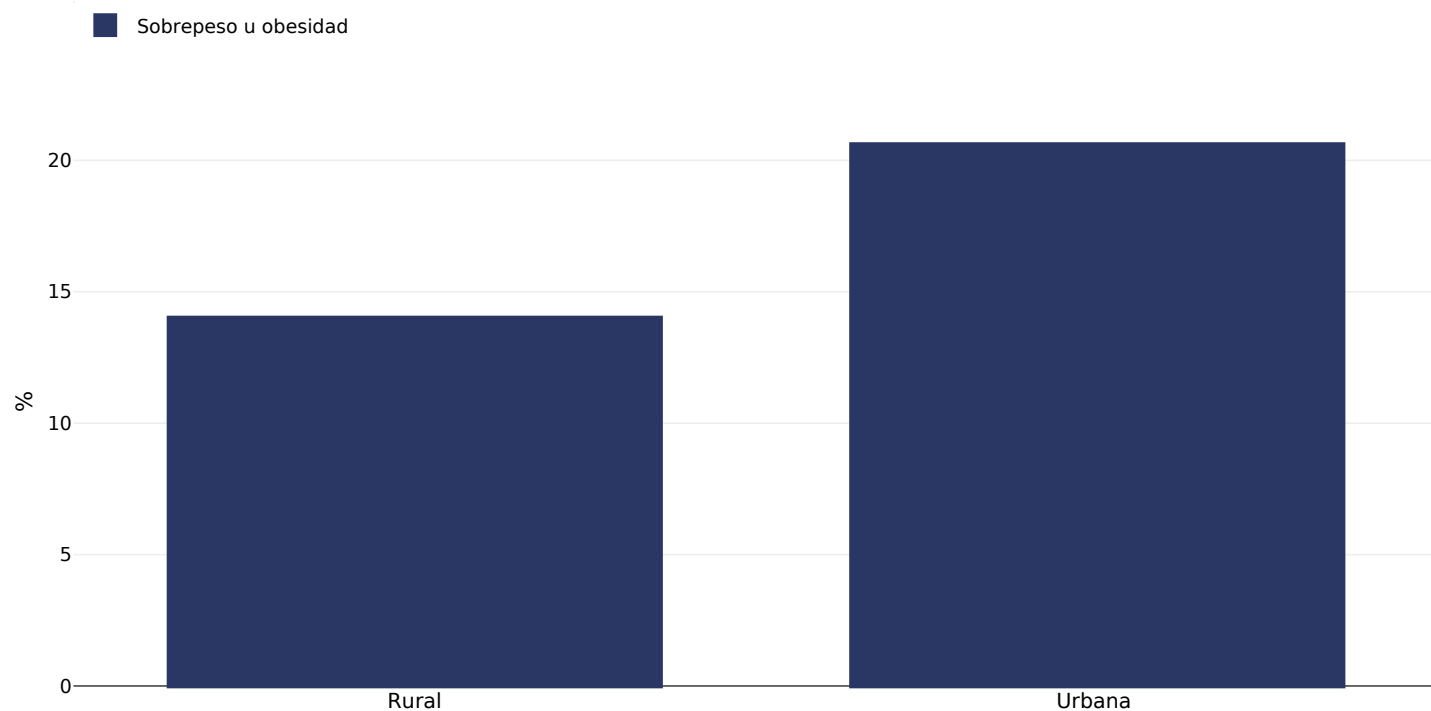
Tipo de encuesta: Medido

Edad: 18-69

Referencias: National Survey on the risk factors of non communicable diseases (STEPS) Viet Nam 2015. General Department of Preventive Medicine, Ministry of Health, HANOI 2016

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m².

Mujeres, 2015



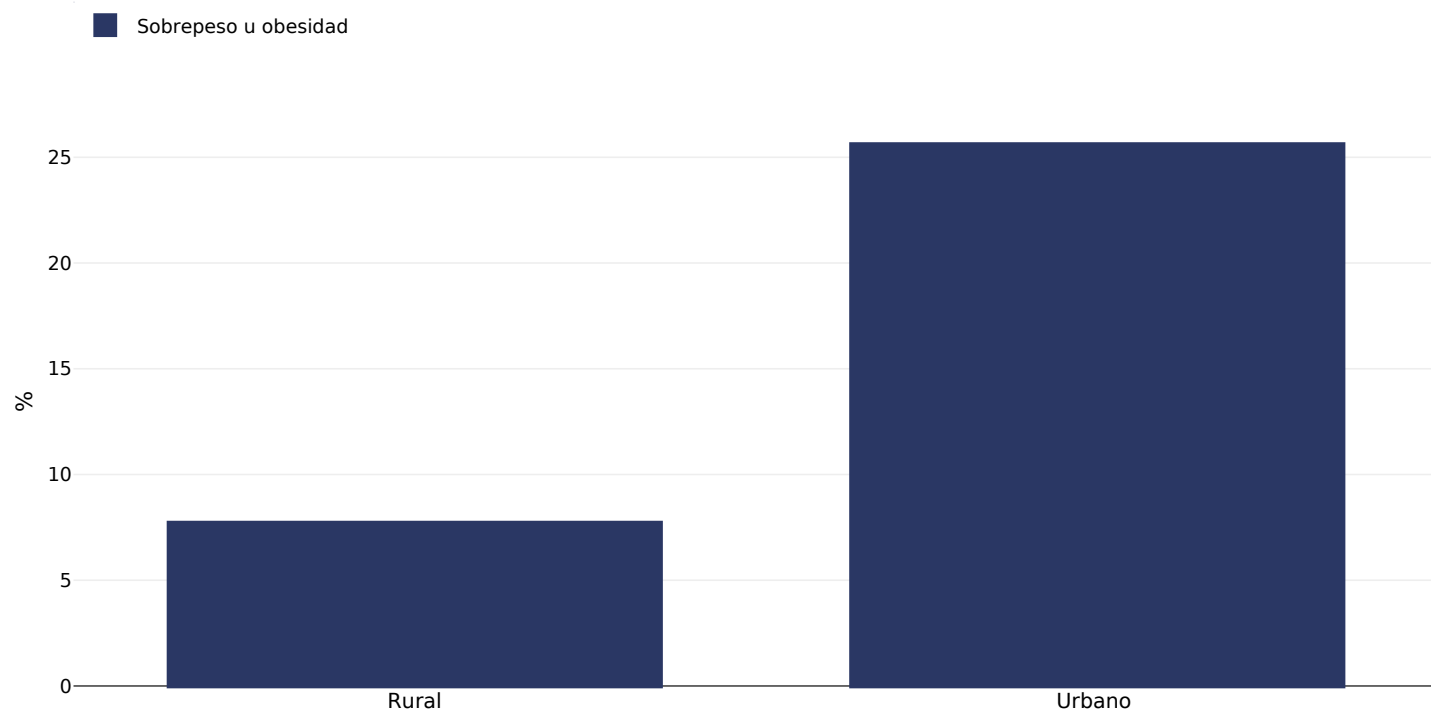
Tipo de encuesta: Medido

Edad: 18-69

Referencias: National Survey on the risk factors of non communicable diseases (STEPS) Viet Nam 2015. General Department of Preventive Medicine, Ministry of Health, HANOI 2016

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m².

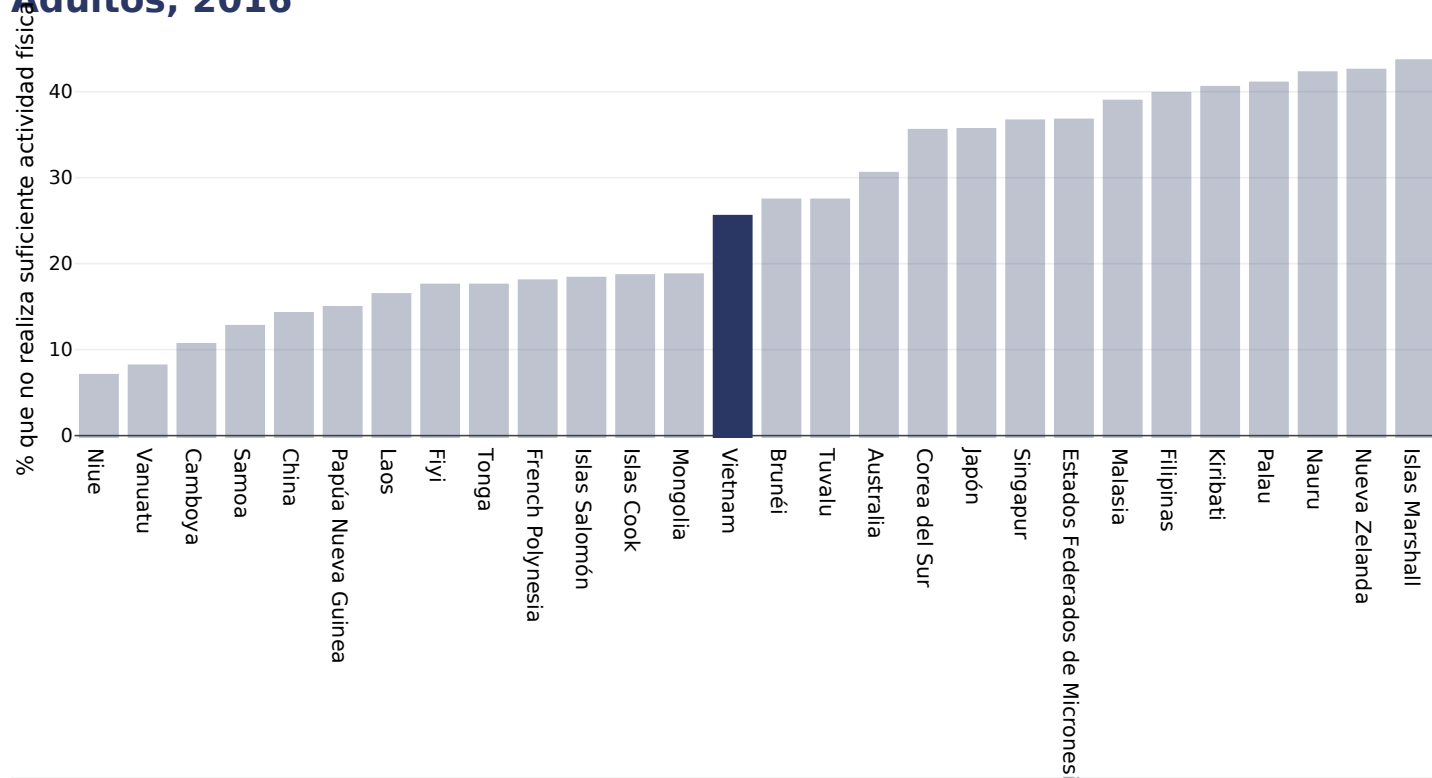
Niños, 2016



| | |
|-----------------------|--|
| Tipo de encuesta: | Medido |
| Edad: | 3-6 |
| Tamaño de la muestra: | 2602 |
| Zona abarcada: | Subnational (DodaLab and FilaBavi, Hanoi) |
| Referencias: | Minh Do L, Tran TK, Eriksson B, Petzold M and Ascher H. Prevalence and incidence of overweight and obesity among Vietnamese preschool children: a longitudinal cohort study. BMC Pediatrics (2017) 17:150. |
| Notas: | IOTF cut-offs used |
| Cutoffs: | IOTF |

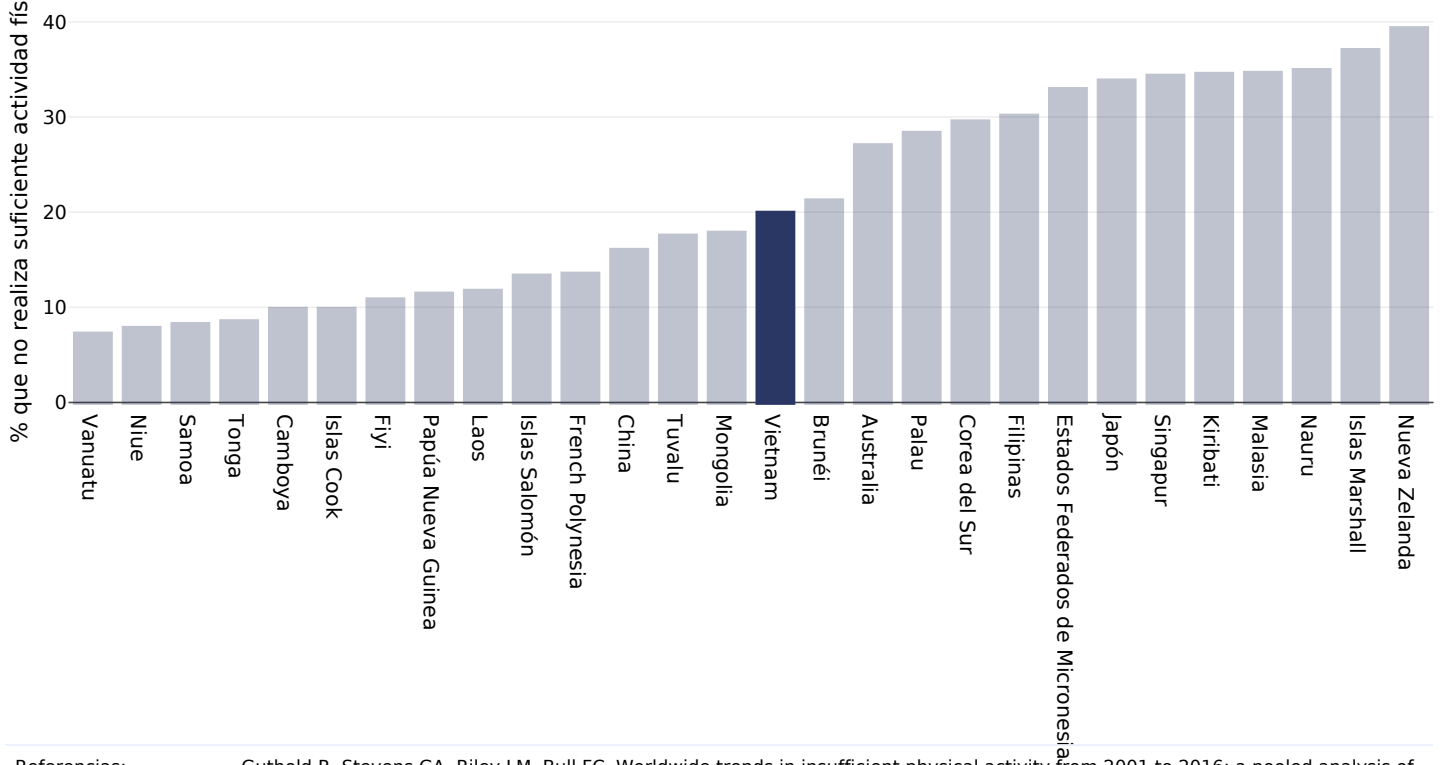
Actividad física insuficiente

Adultos, 2016



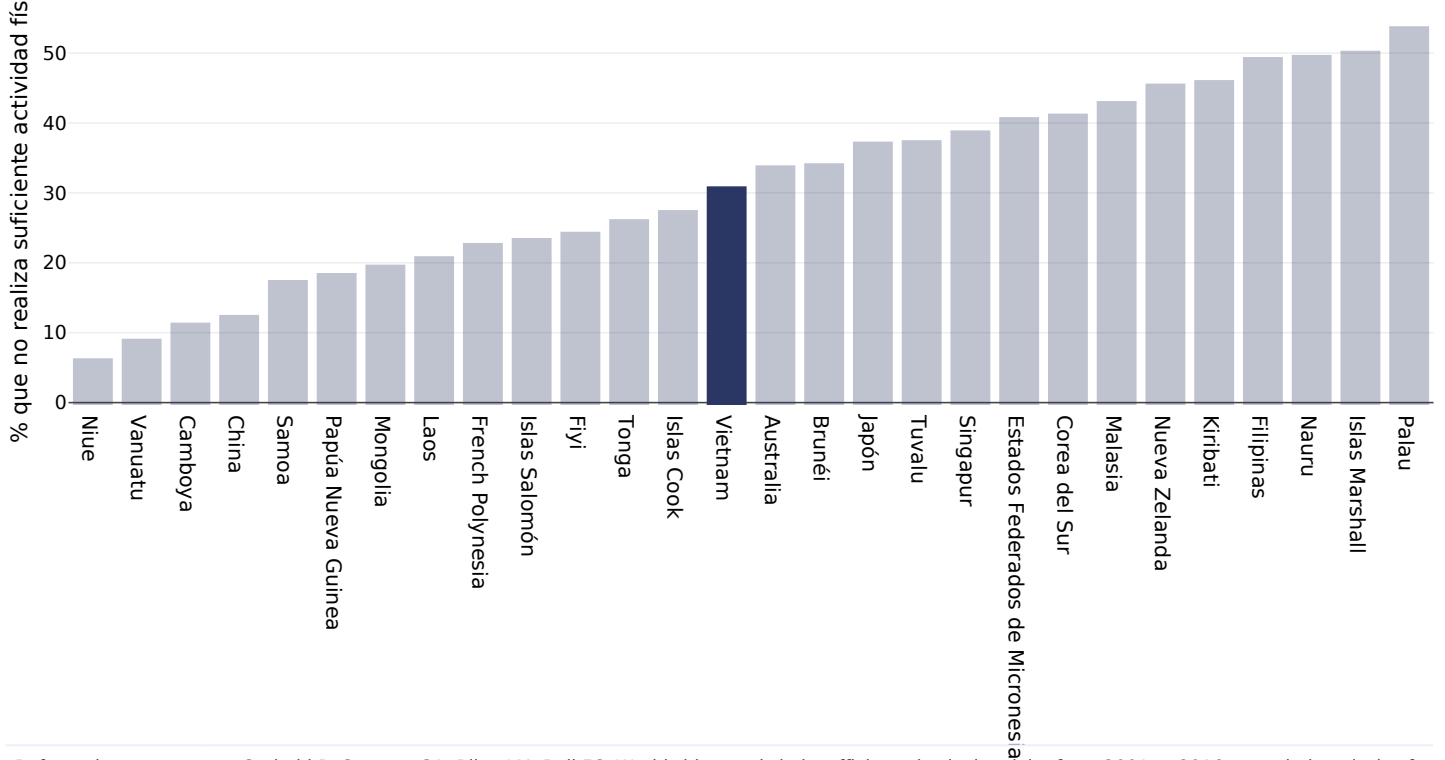
Referencias: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Hombres, 2016



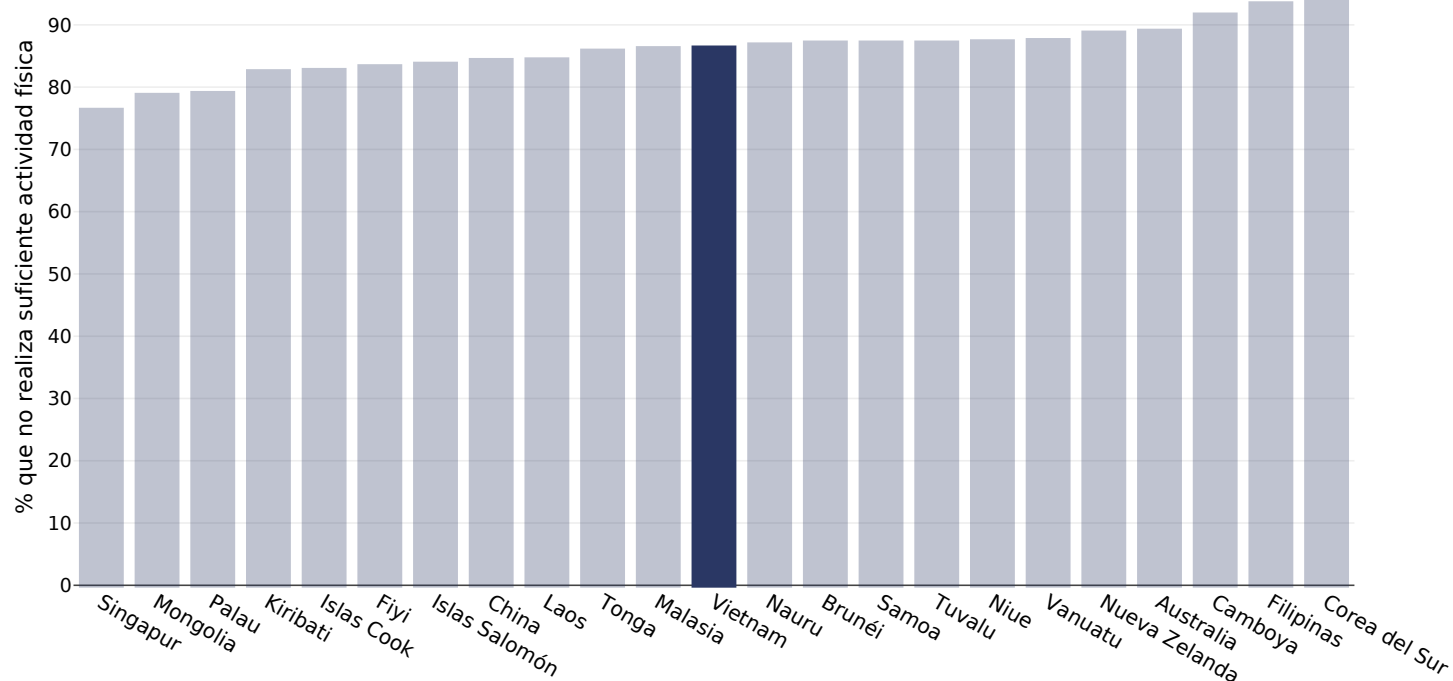
Referencias: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Mujeres, 2016



Referencias: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Niños, 2016



Tipo de encuesta:

Autodeclarado

Edad:

11-17

Referencias:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

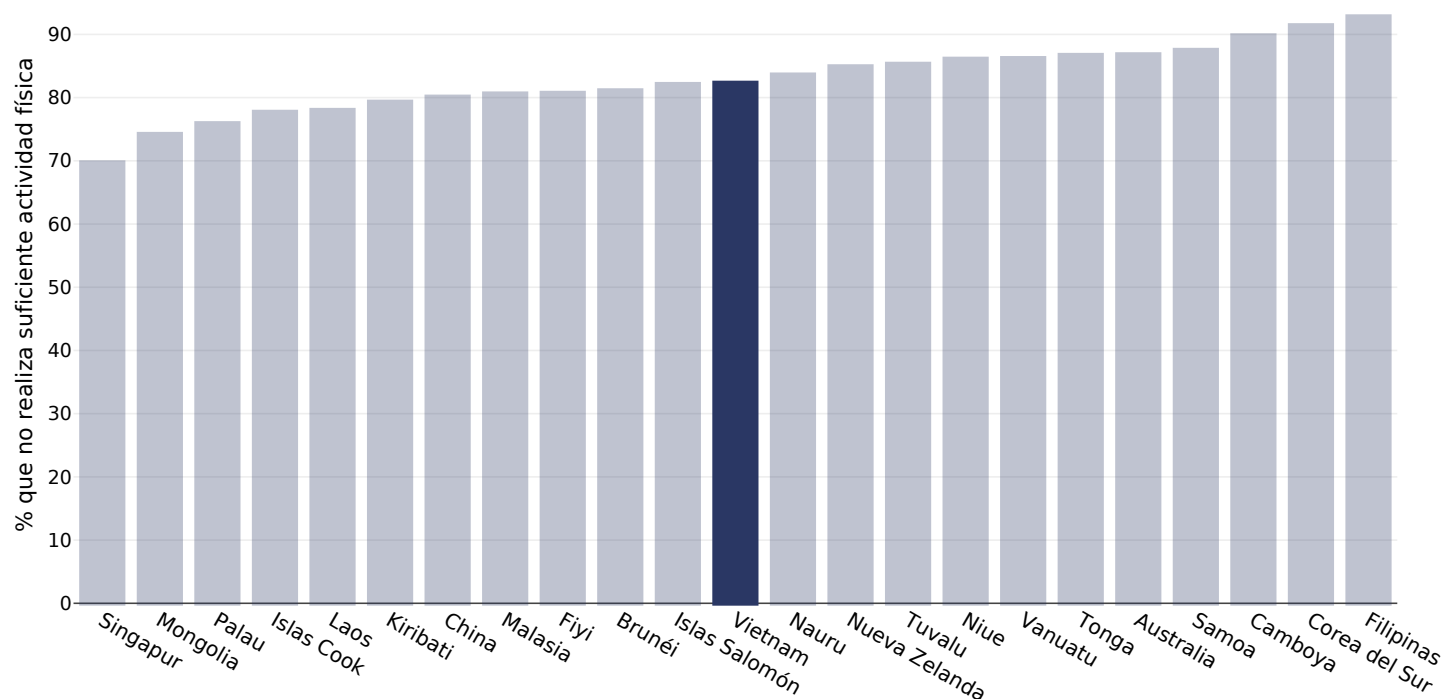
Notas:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definiciones (solo disponible en inglés):

% Adolescents insufficiently active (age standardised estimate)

Chicos, 2016



Tipo de encuesta:

Autodeclarado

Edad:

11-17

Referencias:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

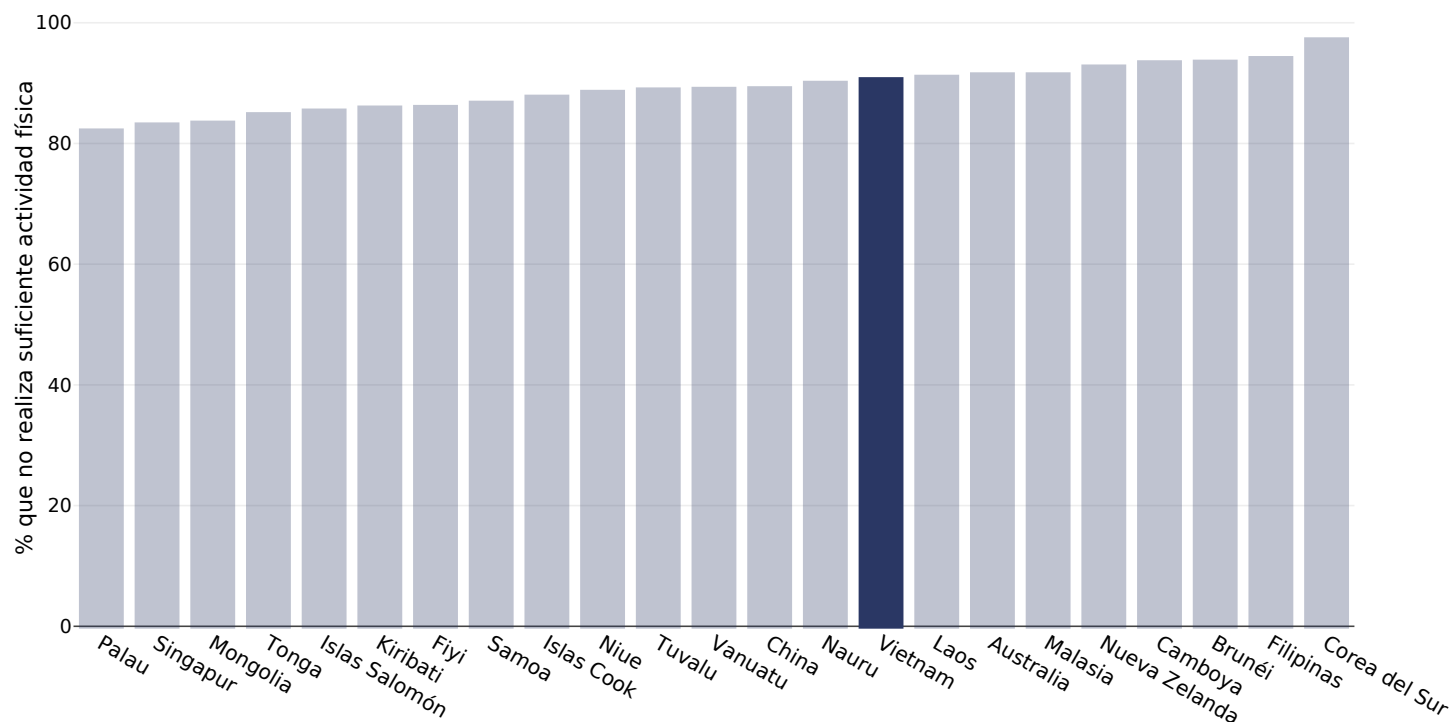
Notas:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definiciones (solo disponible en inglés):

% Adolescents insufficiently active (age standardised estimate)

Chicas, 2016



Tipo de encuesta:

Autodeclarado

Edad:

11-17

Referencias:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Notas:

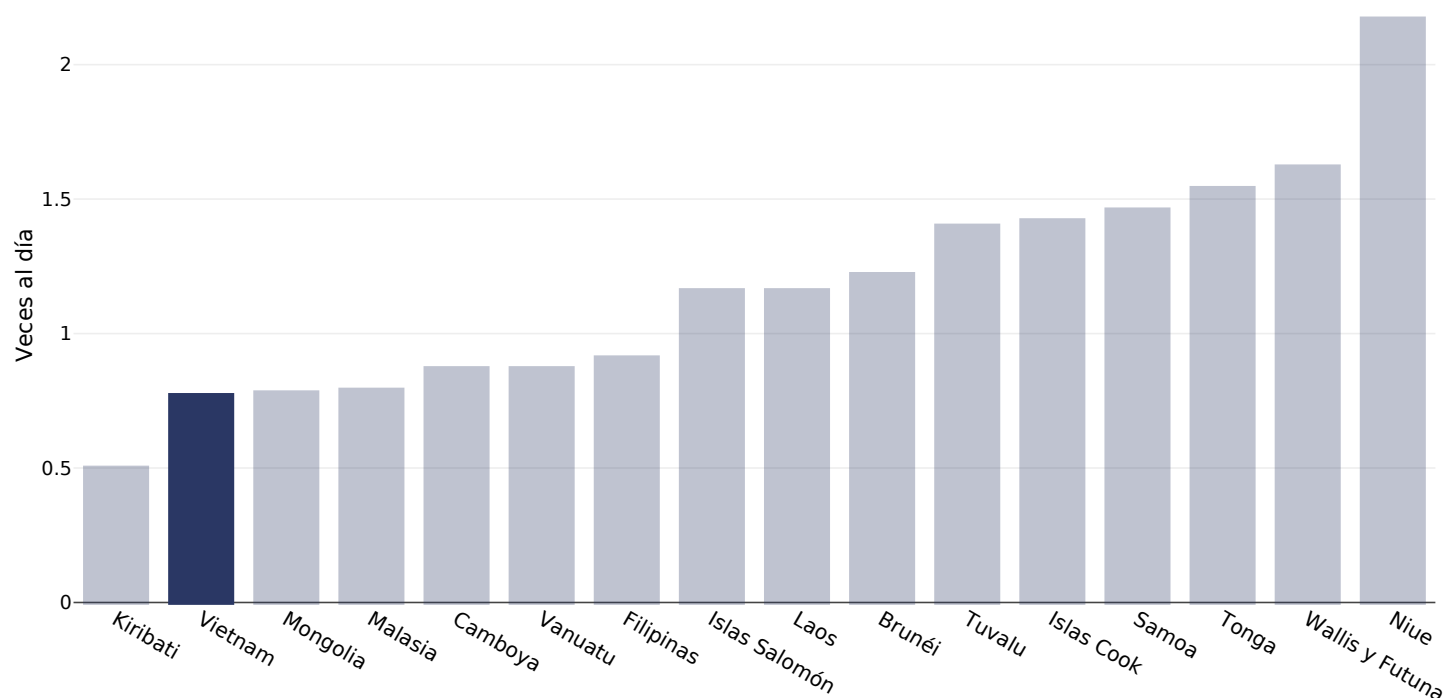
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definiciones (solo disponible en inglés):

% Adolescents insufficiently active (age standardised estimate)

Frecuencia media diaria de consumo de refrescos carbonatados

Niños, 2010-2015



Tipo de encuesta:

Medido

Edad:

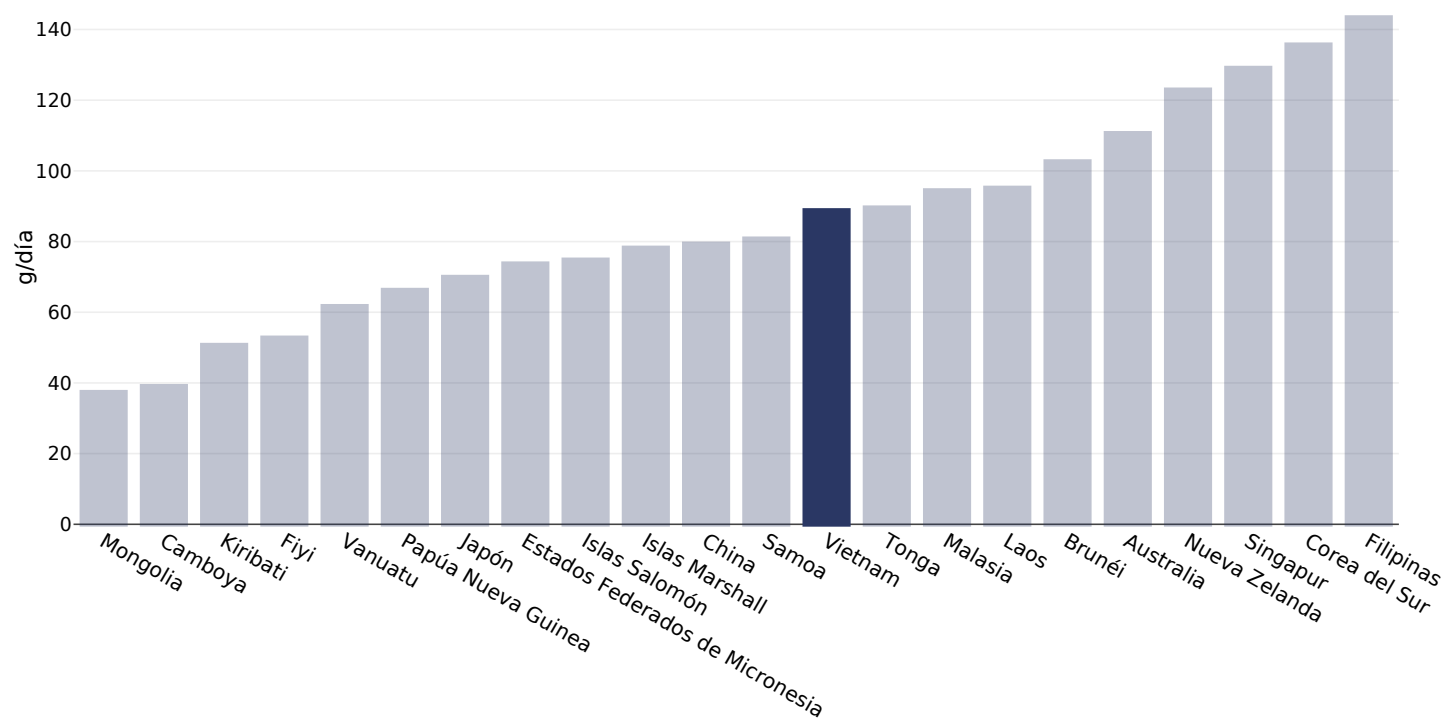
12-17

Referencias:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>
sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Estimated per capita fruit intake

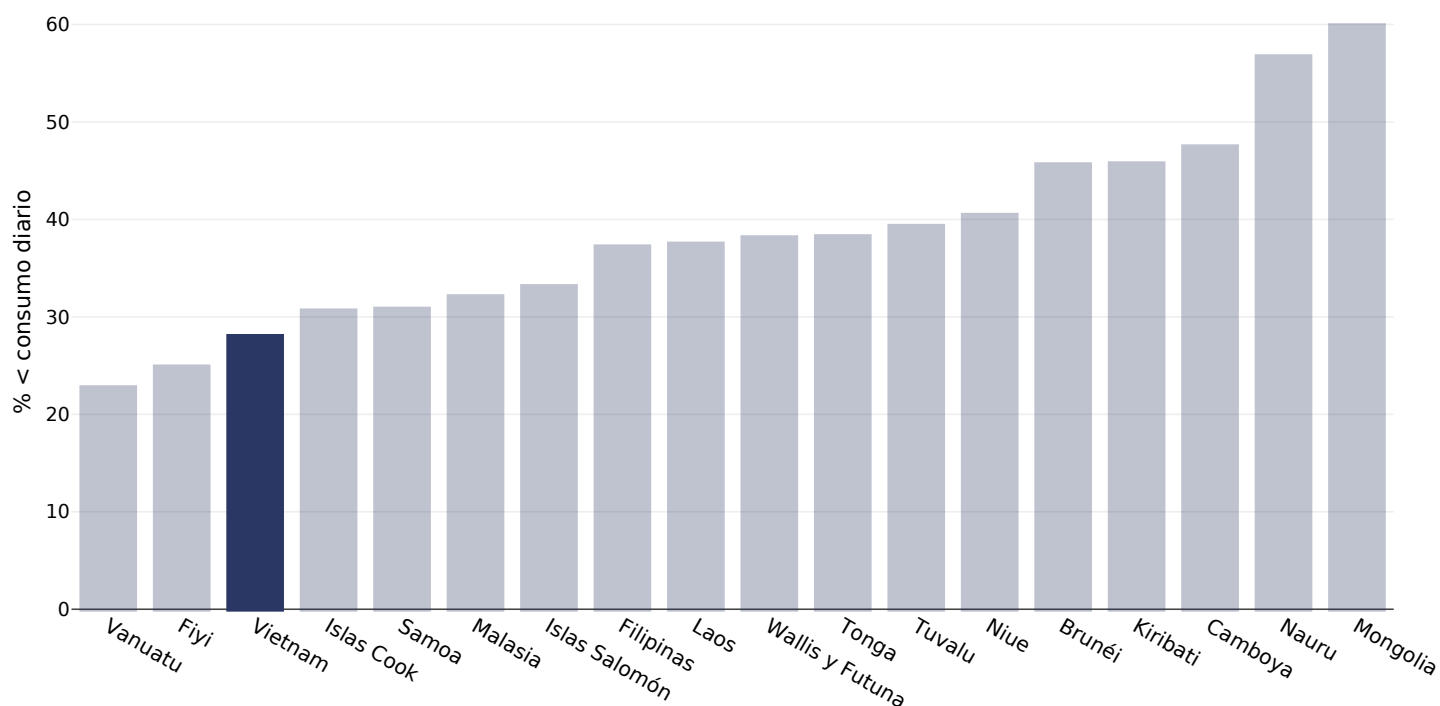
Adultos, 2017



| | |
|---|---|
| Tipo de encuesta: | Medido |
| Edad: | 25+ |
| Referencias: | Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/ |
| Definiciones (solo disponible en inglés): | Estimated per-capita fruit intake (g/day) |

Prevalencia del consumo de fruta menos de una vez al día

Niños, 2010-2015



Tipo de encuesta:

Medido

Edad:

12-17

Referencias:

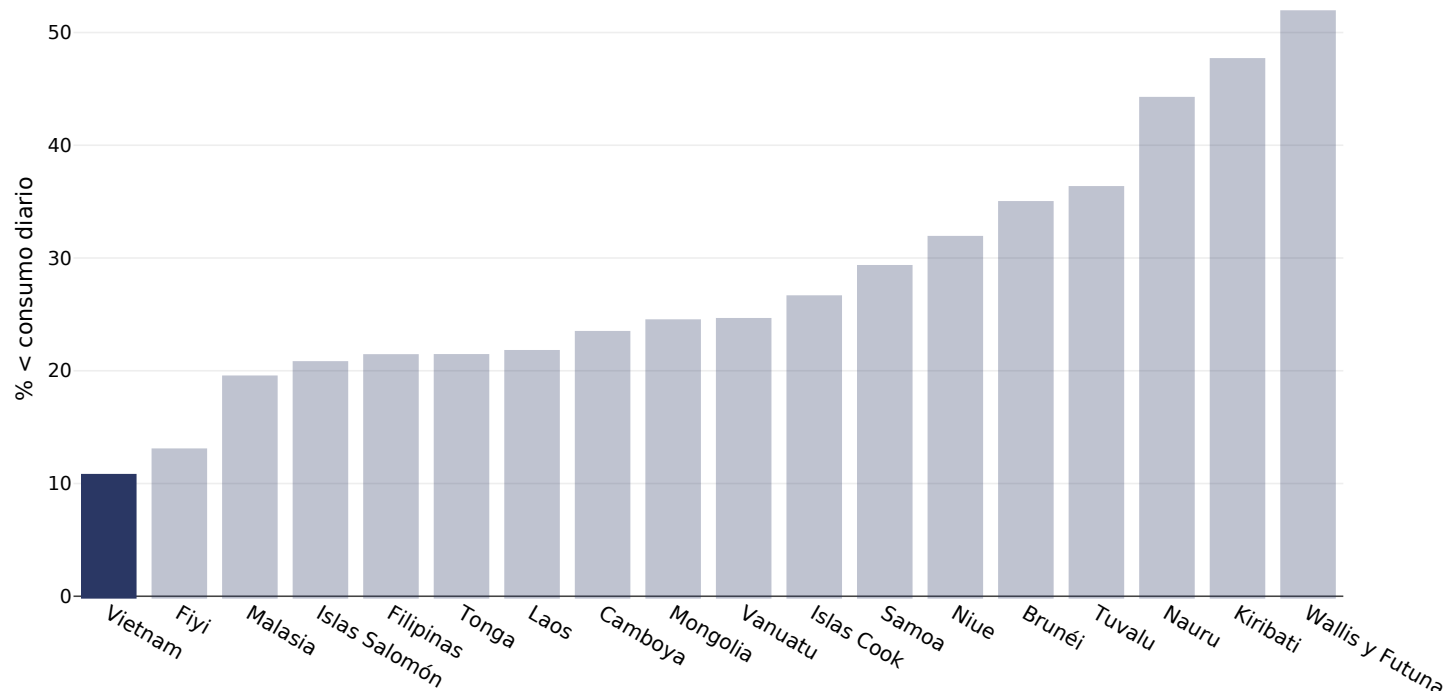
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definiciones (solo disponible en inglés):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalencia del consumo de verdura menos de una vez al día

Niños, 2010-2015



Tipo de encuesta: Medido

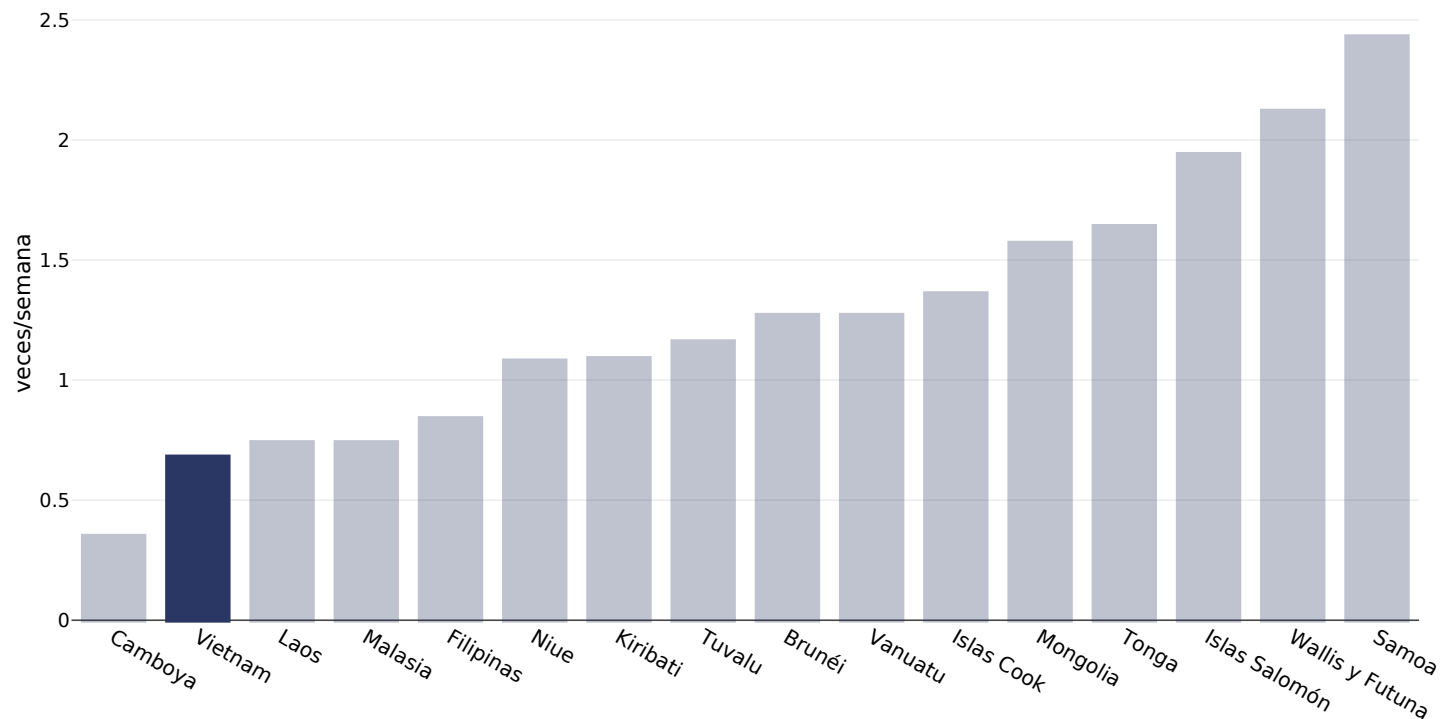
Edad: 12-17

Referencias: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definiciones (solo disponible en inglés): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Frecuencia media semanal de consumo de comida rápida

Niños, 2010-2015

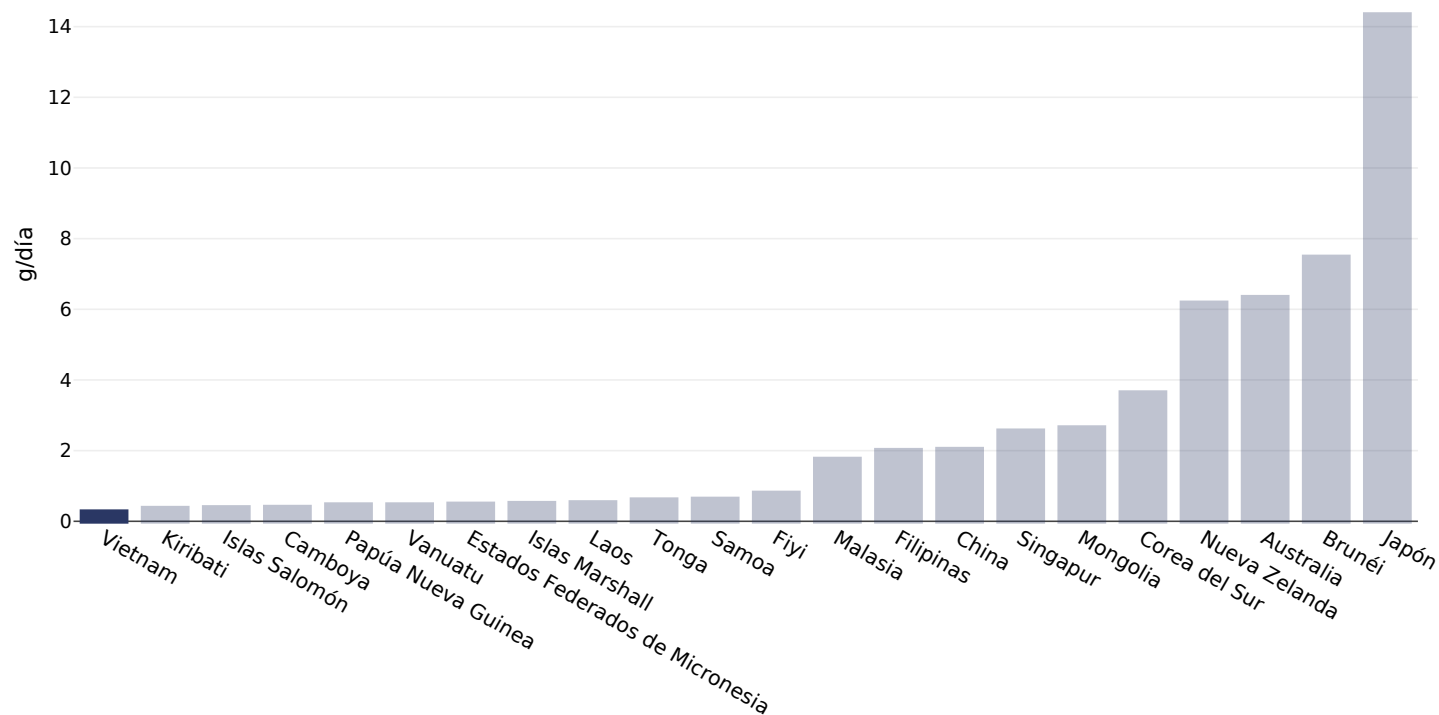


Edad: 12-17

Referencias: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Ingesta estimada de carne procesada per cápita

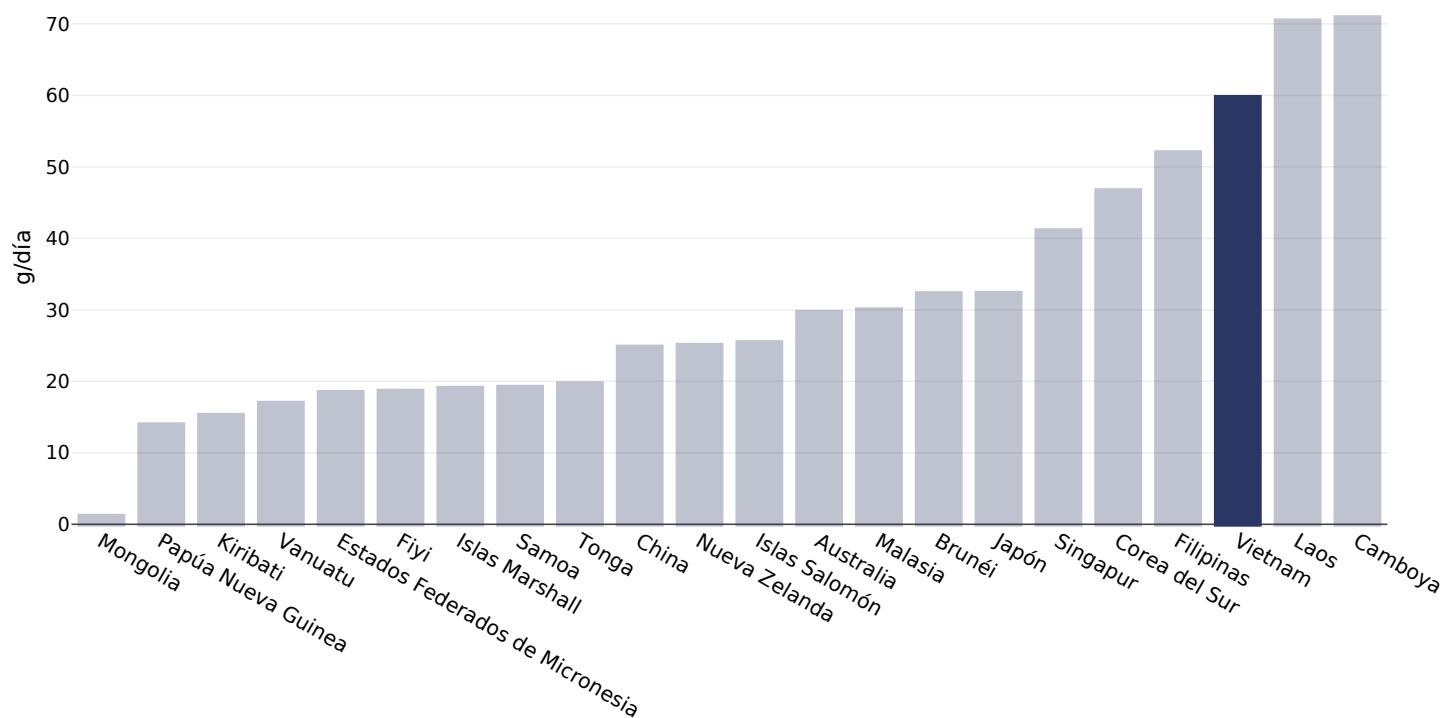
Adultos, 2017



| | |
|---|---|
| Tipo de encuesta: | Medido |
| Edad: | 25+ |
| Referencias: | Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/ |
| Definiciones (solo disponible en inglés): | Estimated per-capita processed meat intake (g per day) |

Estimated per capita whole grains intake

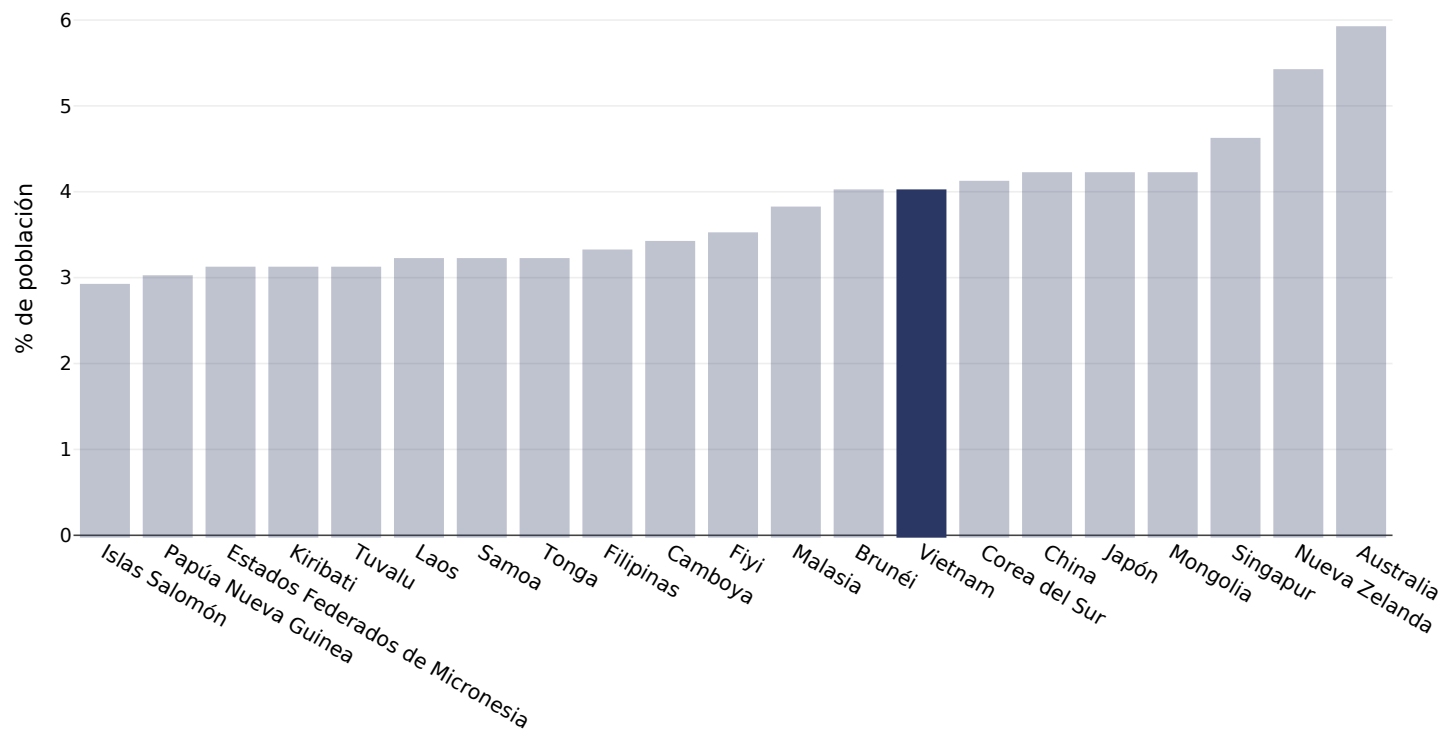
Adultos, 2017



| | |
|---|---|
| Tipo de encuesta: | Medido |
| Edad: | 25+ |
| Referencias: | Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/ |
| Definiciones (solo disponible en inglés): | Estimated per-capita whole grains intake (g/day) |

Salud mental: trastornos de depresión

Adultos, 2015



Referencias:

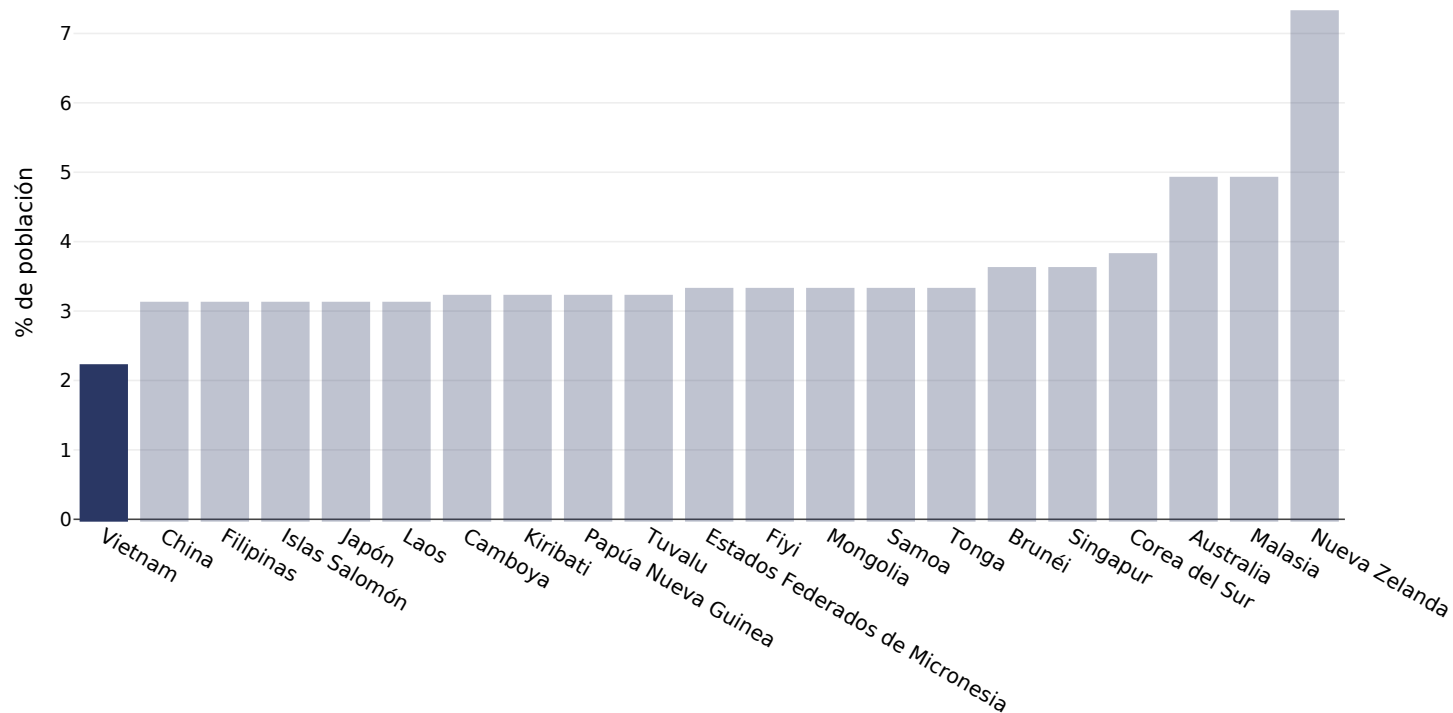
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definiciones (solo disponible en inglés):

% of population with depression disorders

Salud mental: trastornos de ansiedad

Adultos, 2015



Referencias:

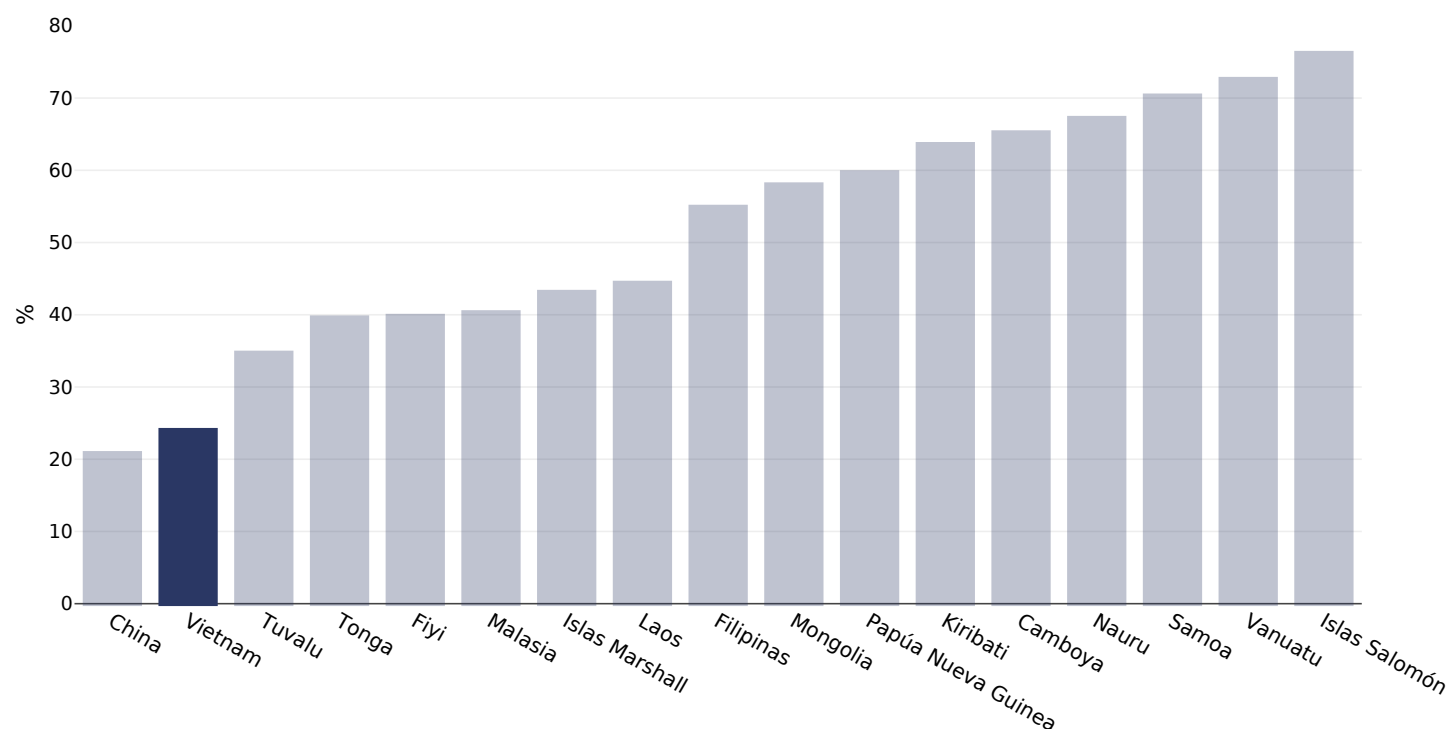
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definiciones (solo disponible en inglés):

% of population with anxiety disorders

% de los lactantes se alimentan exclusivamente de leche materna 0-5 meses

Niños, 2004-2020



Zona abarcada:

Nacional

Referencias:

Monitoring the situation of children and women: Viet Nam Multiple Indicator Cluster Survey 2014

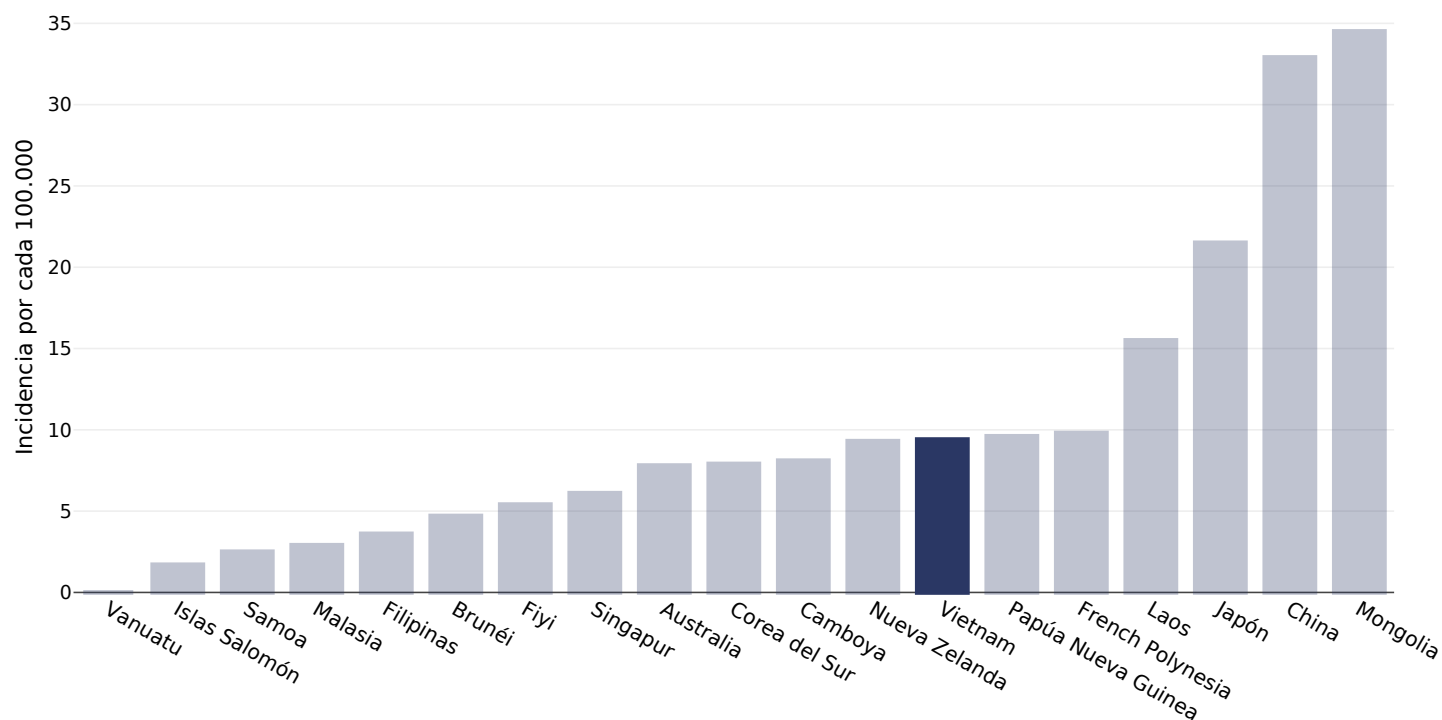
Notas: See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definiciones (solo disponible en inglés):

% exclusively breastfed 0-5 months

Cáncer de esófago

Hombres, 2020



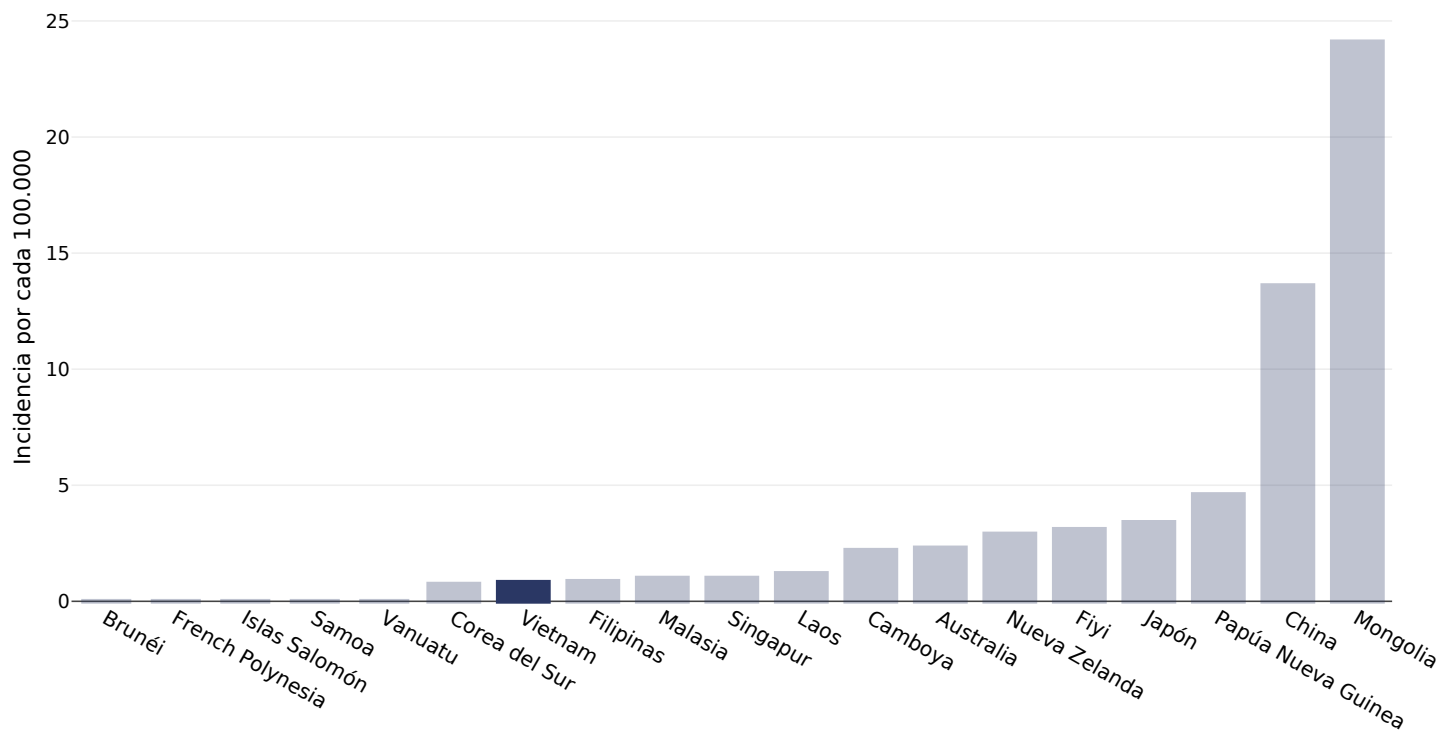
Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Mujeres, 2020



Edad: 20+

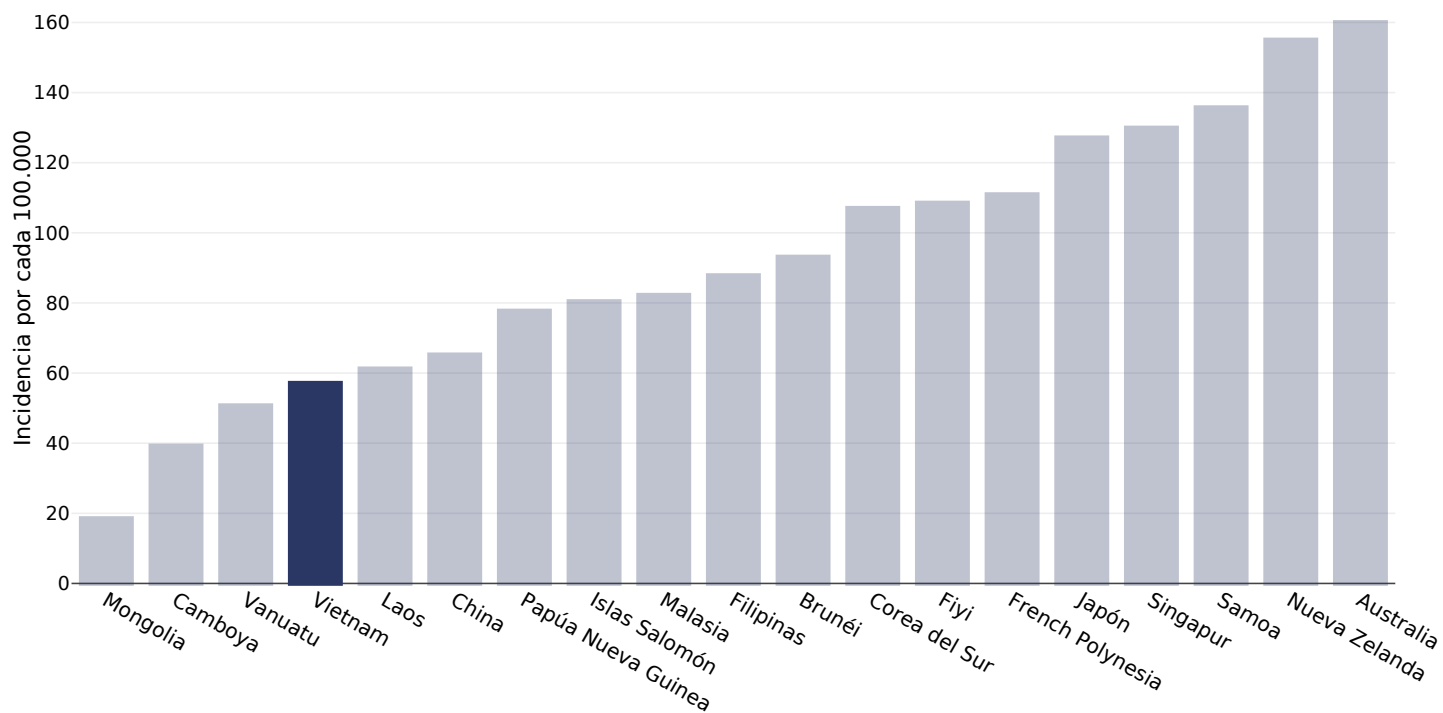
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer de mama

Mujeres, 2020



Edad: 20+

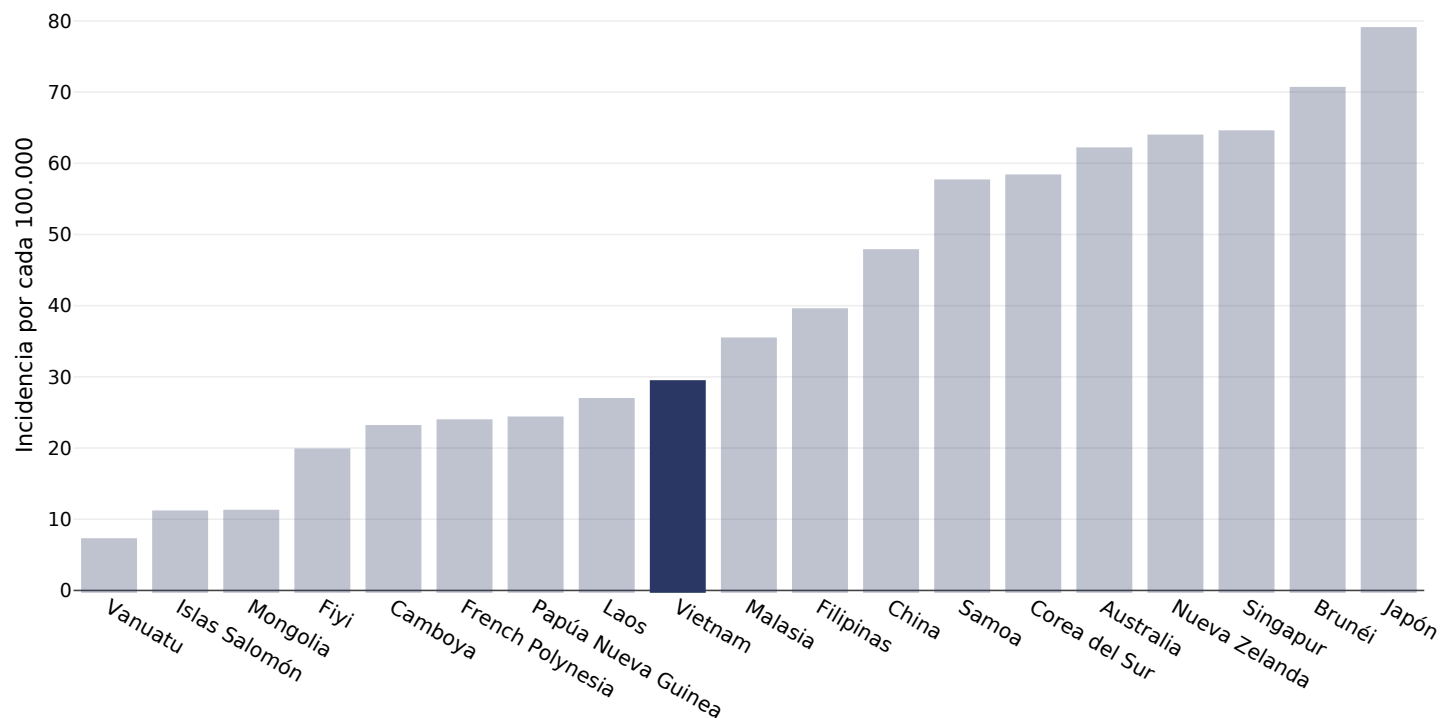
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer colorrectal

Hombres, 2020



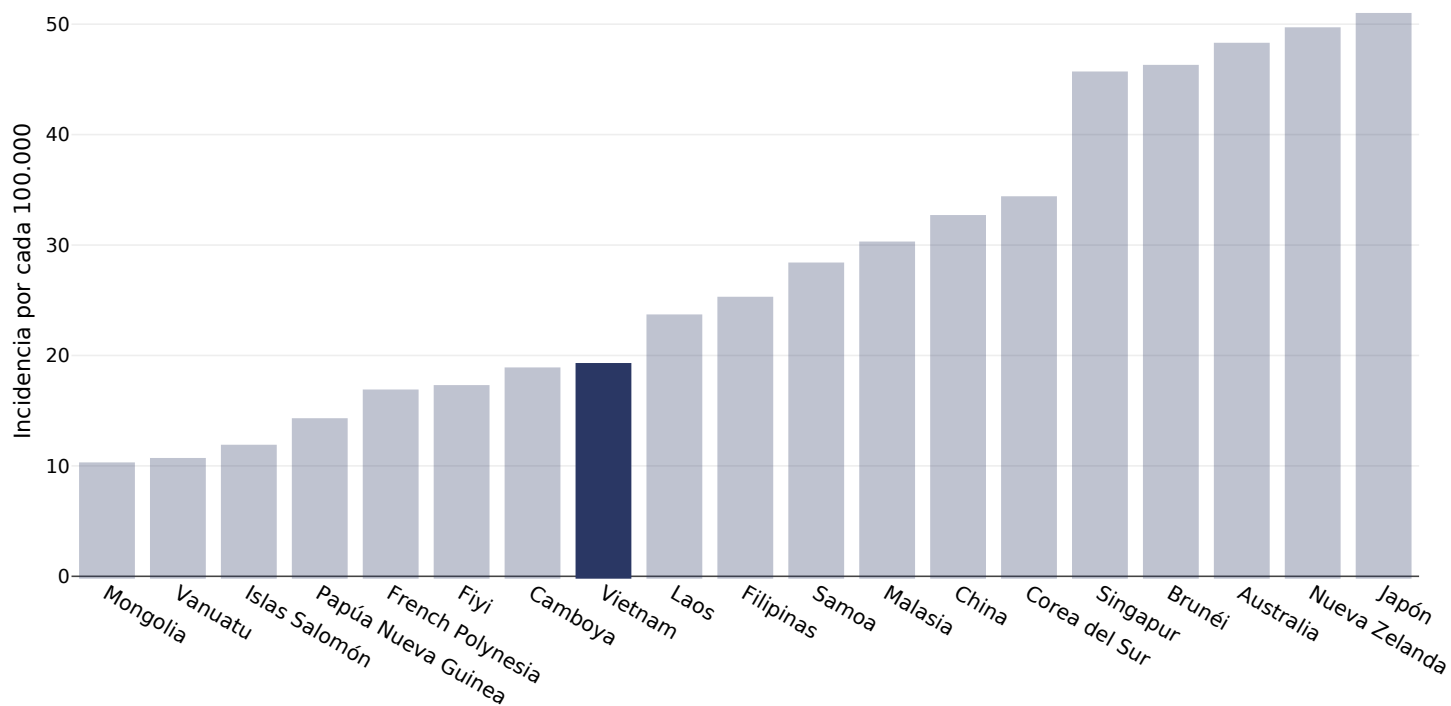
Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Mujeres, 2020



Edad: 20+

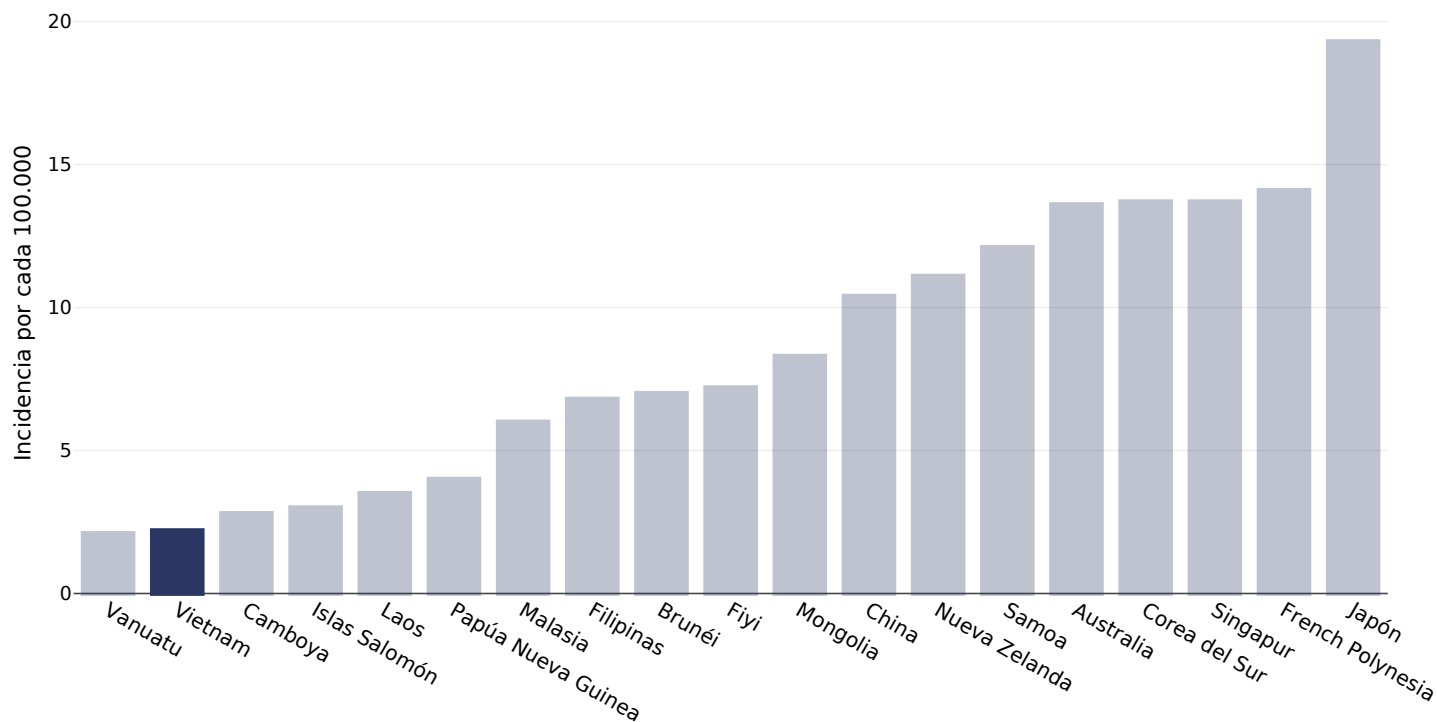
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer de páncreas

Hombres, 2020



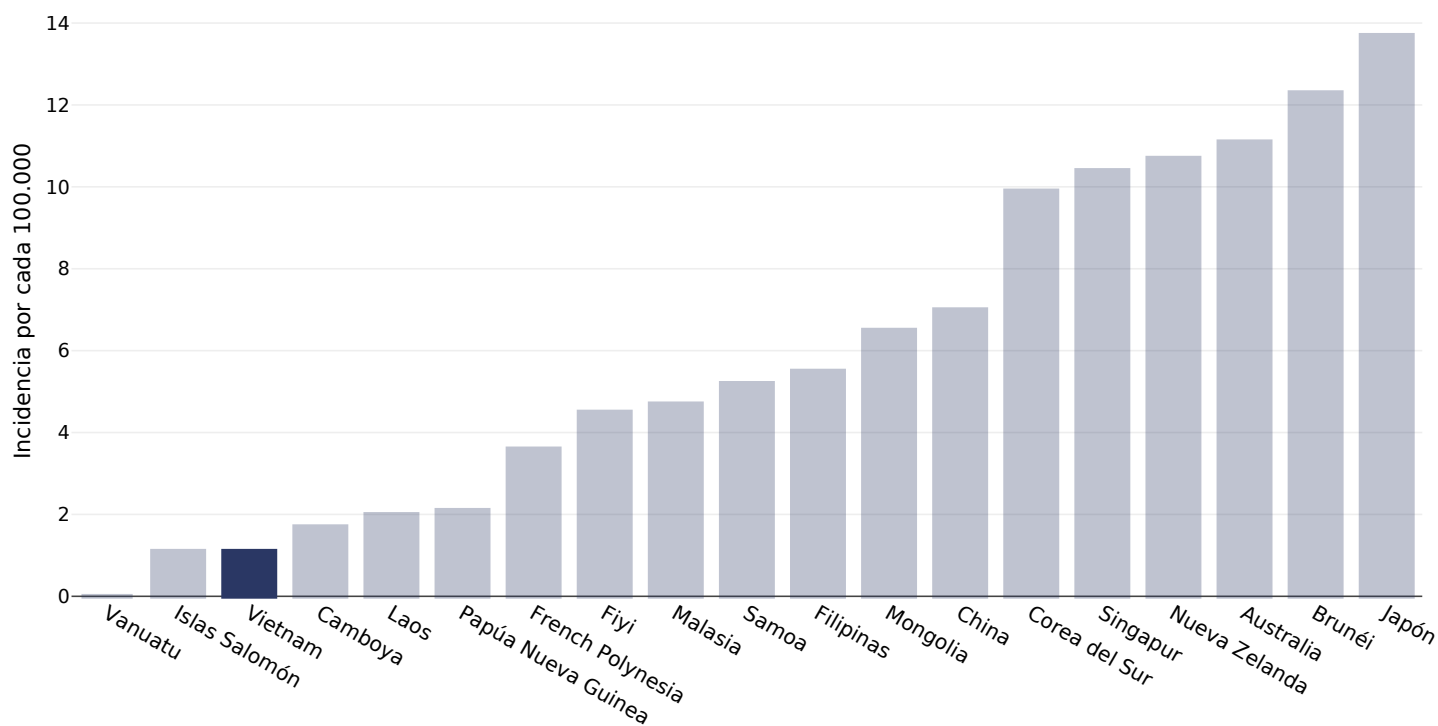
Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Mujeres, 2020



Edad: 20+

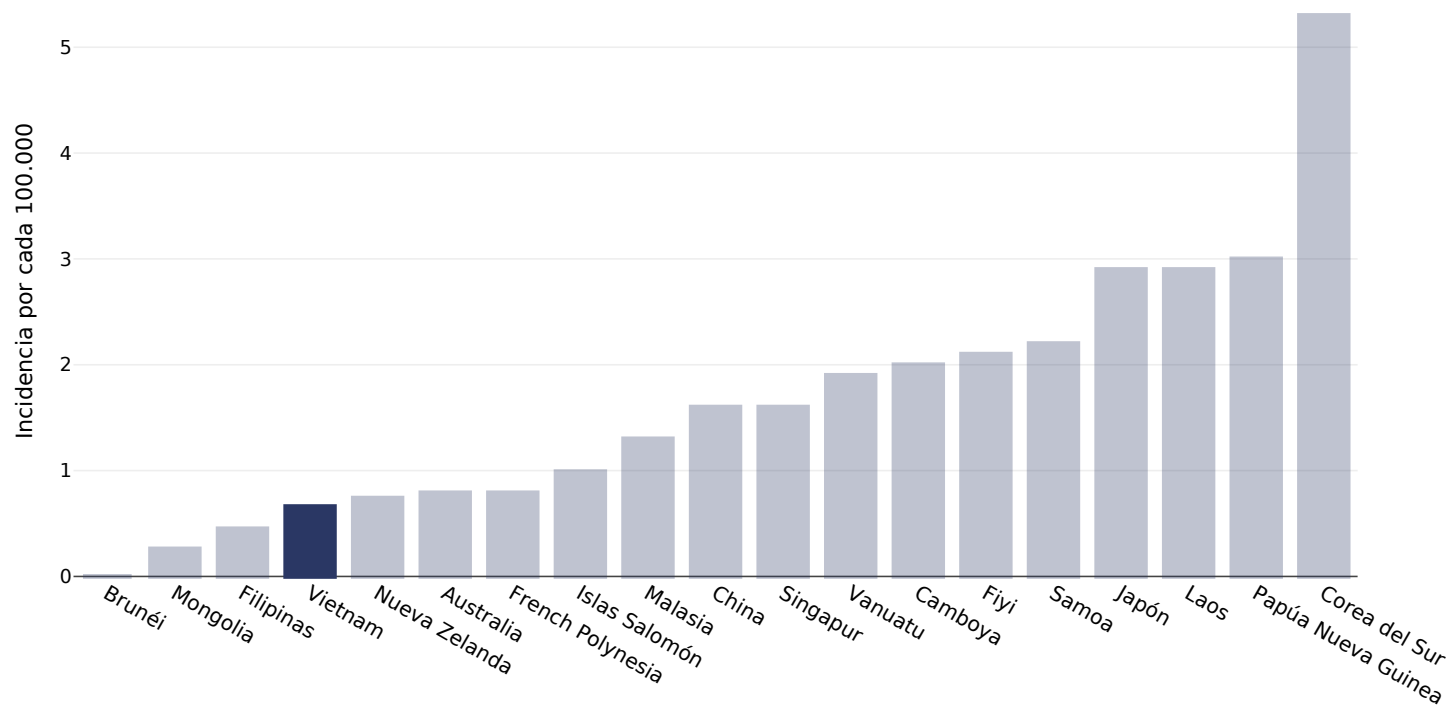
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer de la vesícula biliar

Hombres, 2020



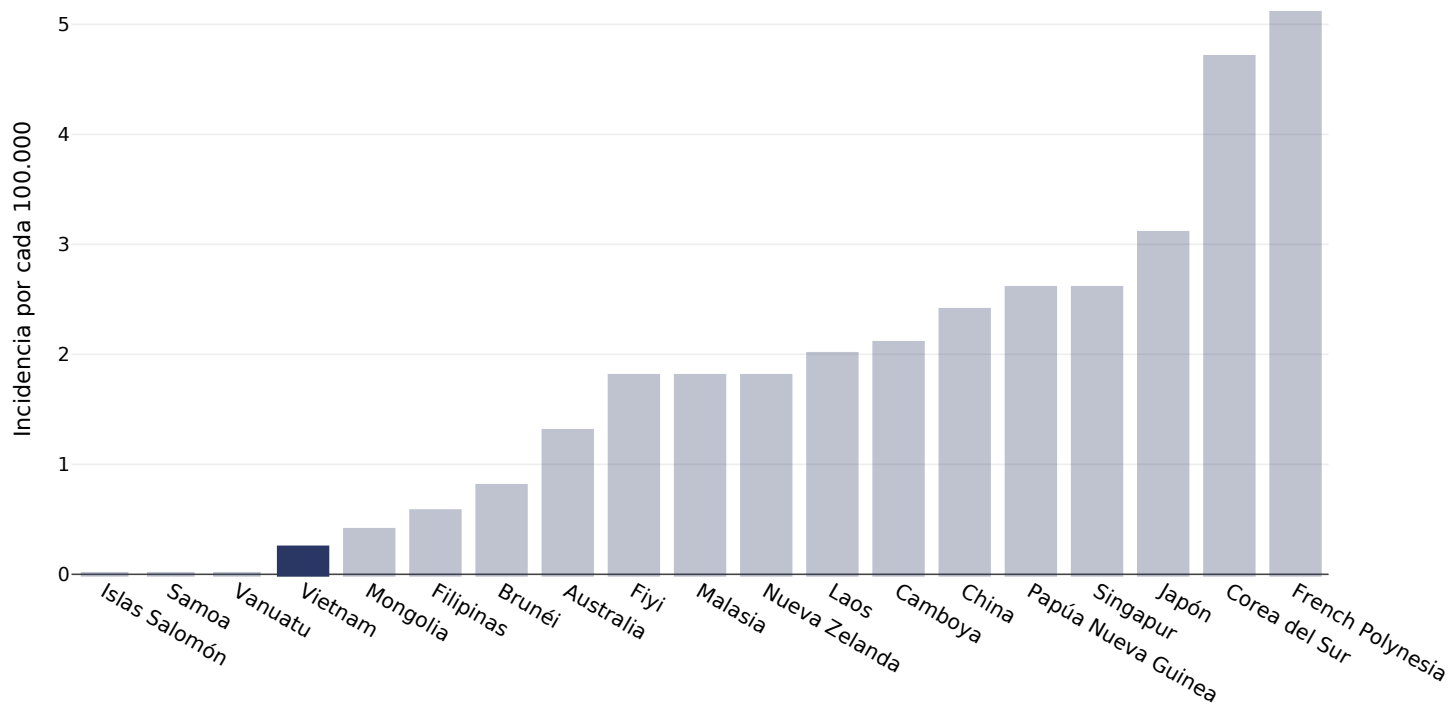
Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Mujeres, 2020



Edad: 20+

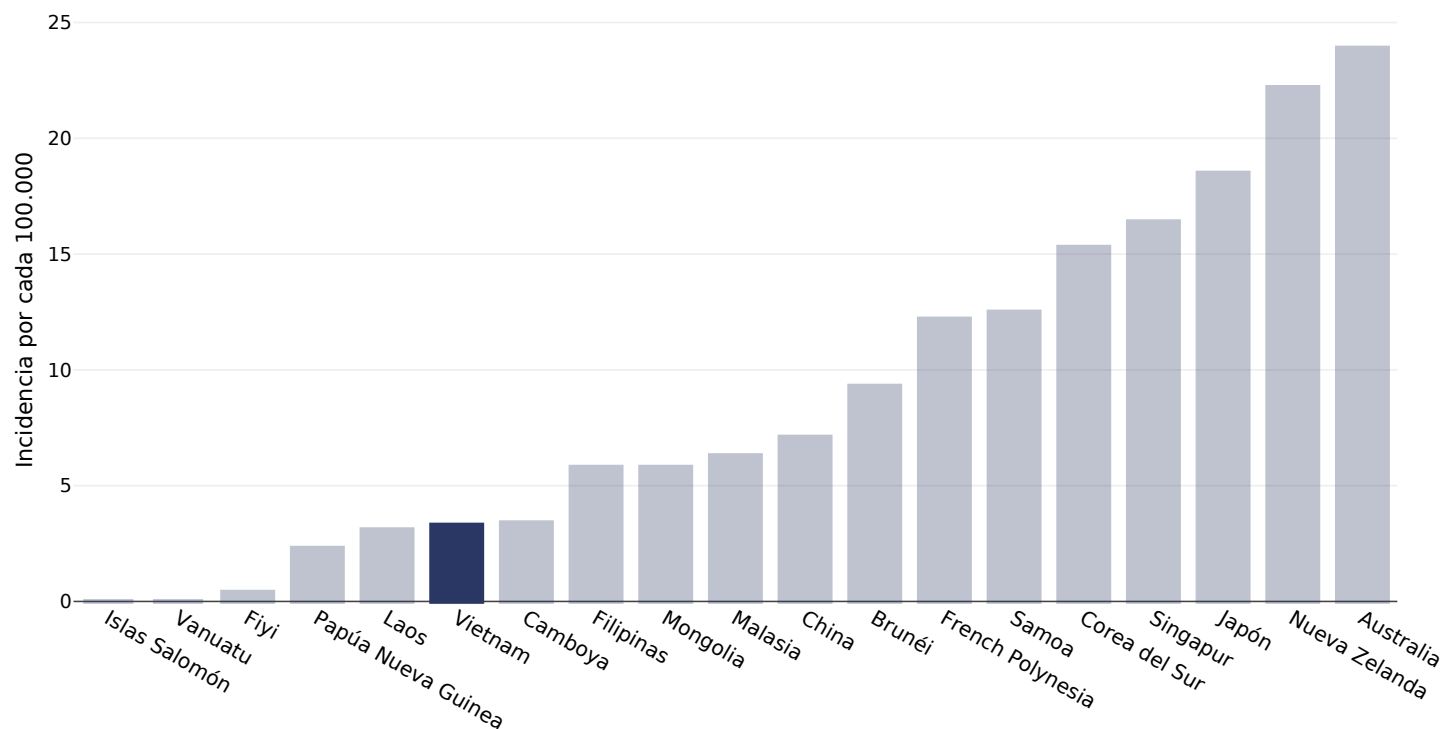
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer de riñón

Hombres, 2020



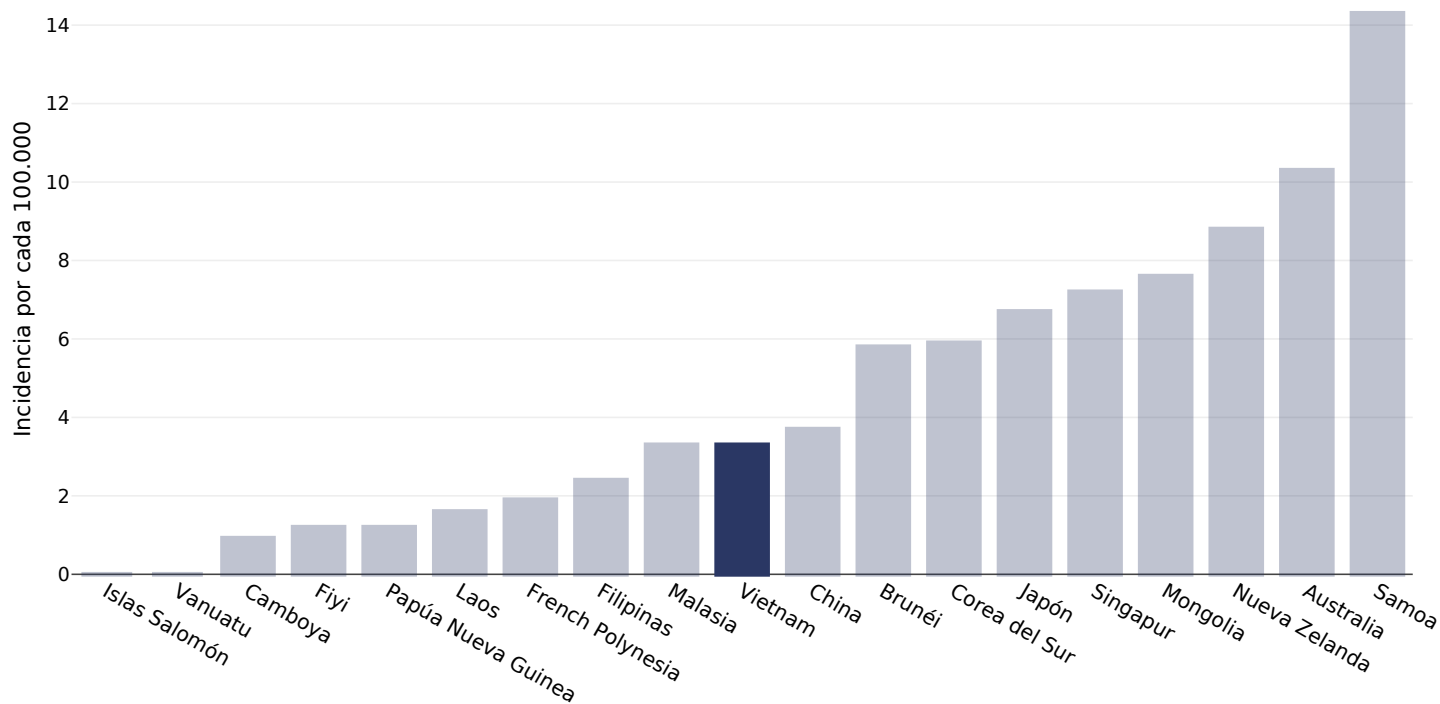
Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Mujeres, 2020



Edad: 20+

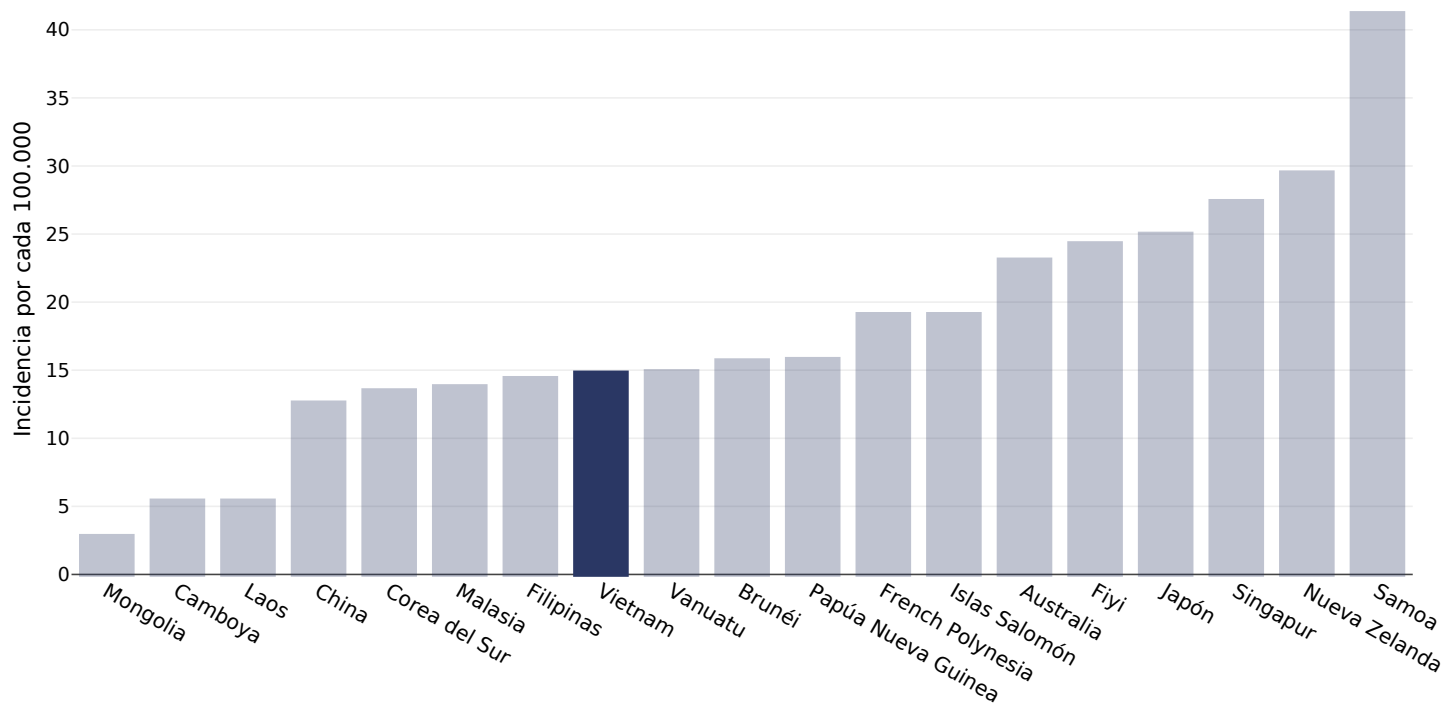
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer de útero

Mujeres, 2020



Edad: 20+

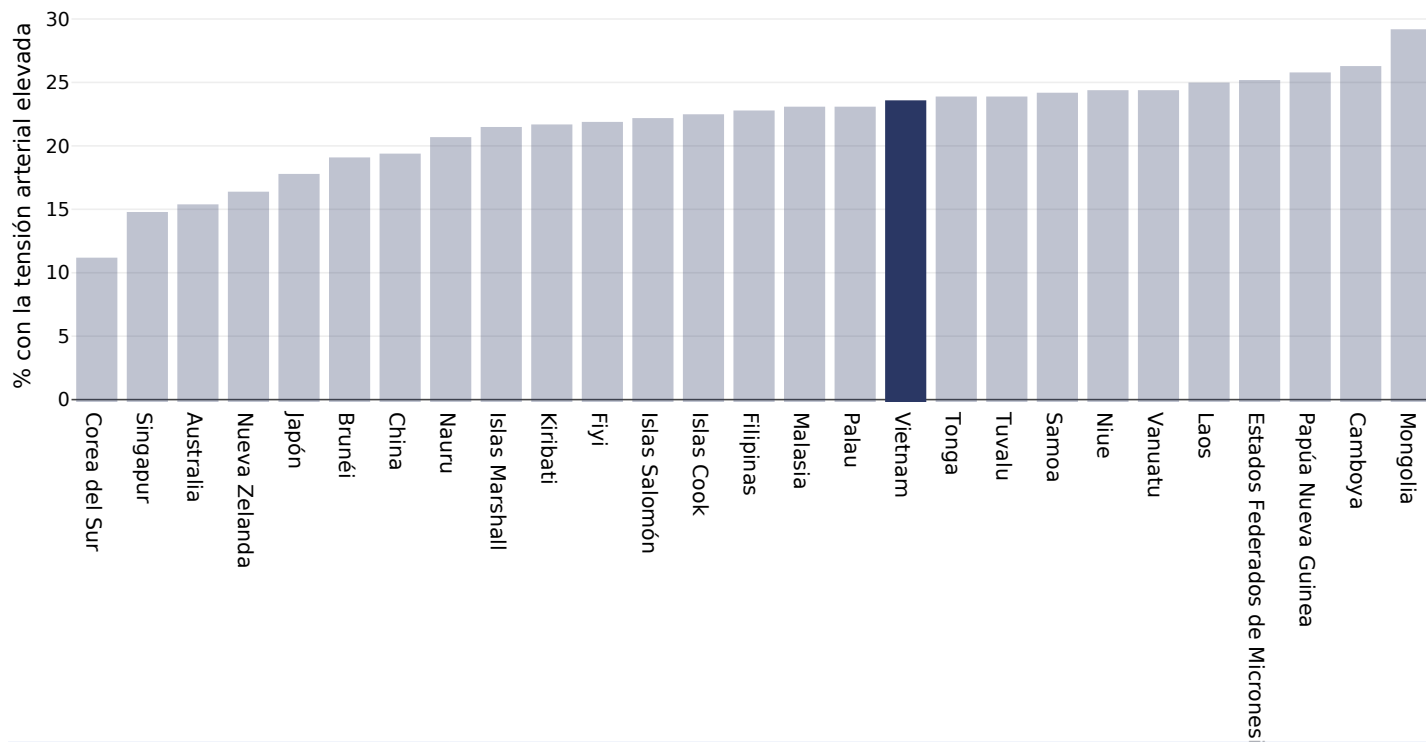
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2383

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Tensión arterial elevada

Adultos, 2015



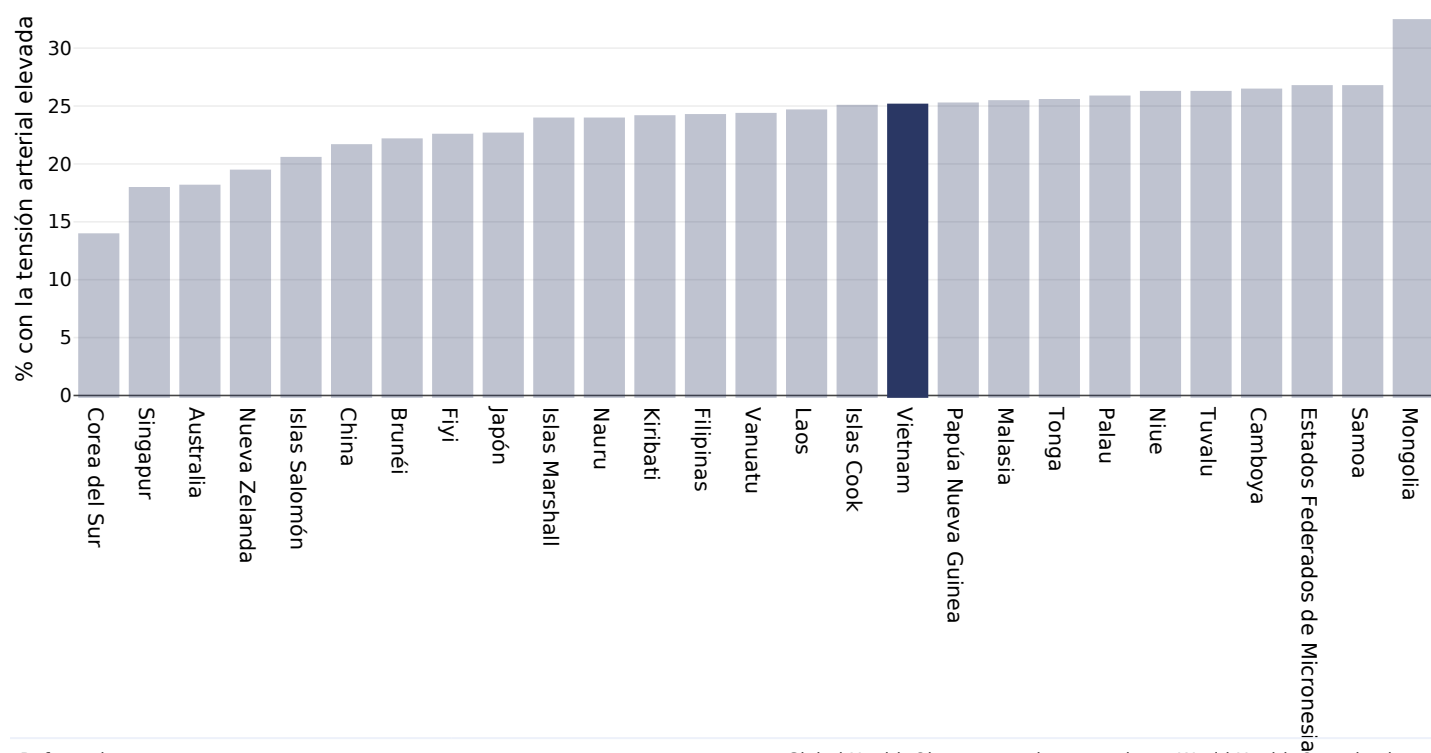
Referencias:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definiciones (solo disponible en inglés):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Hombres, 2015



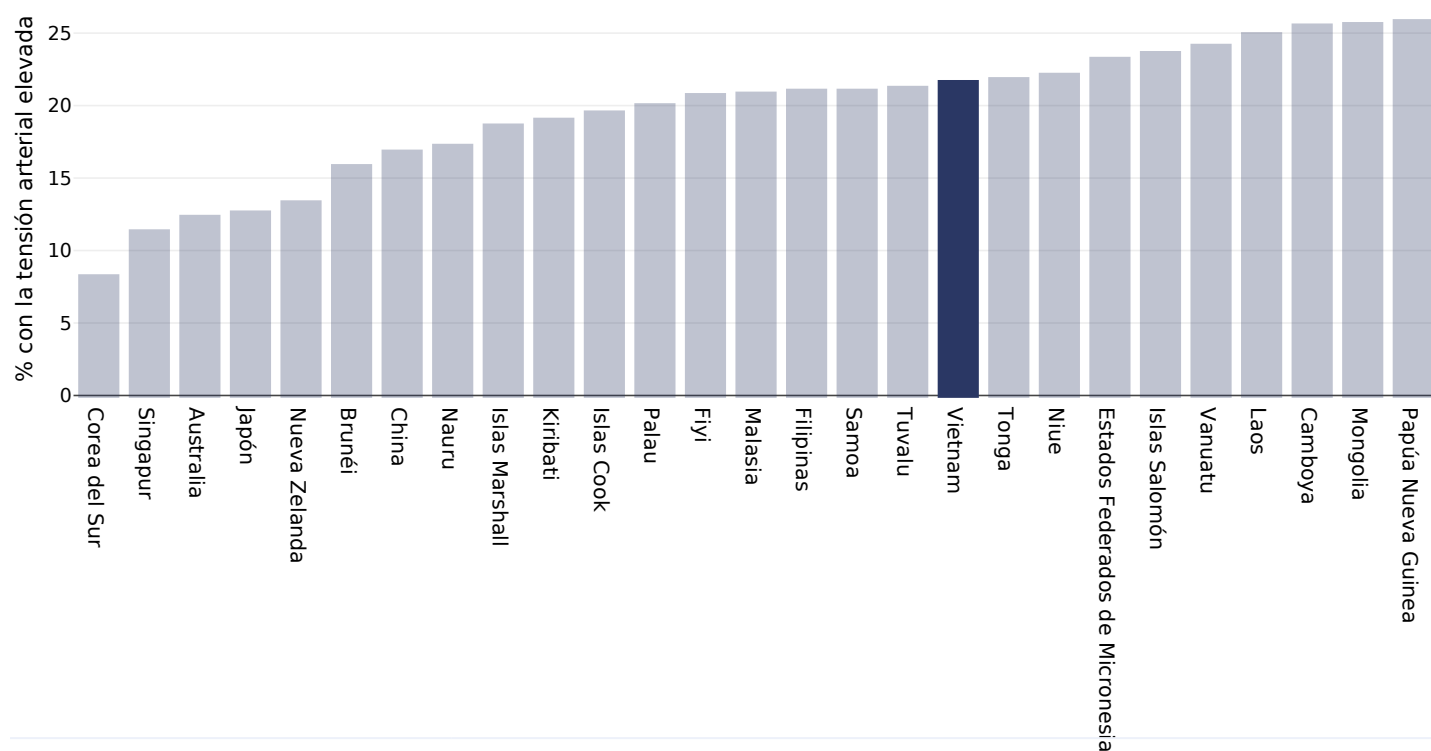
Referencias:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definiciones (solo disponible en inglés):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Mujeres, 2015



Referencias:

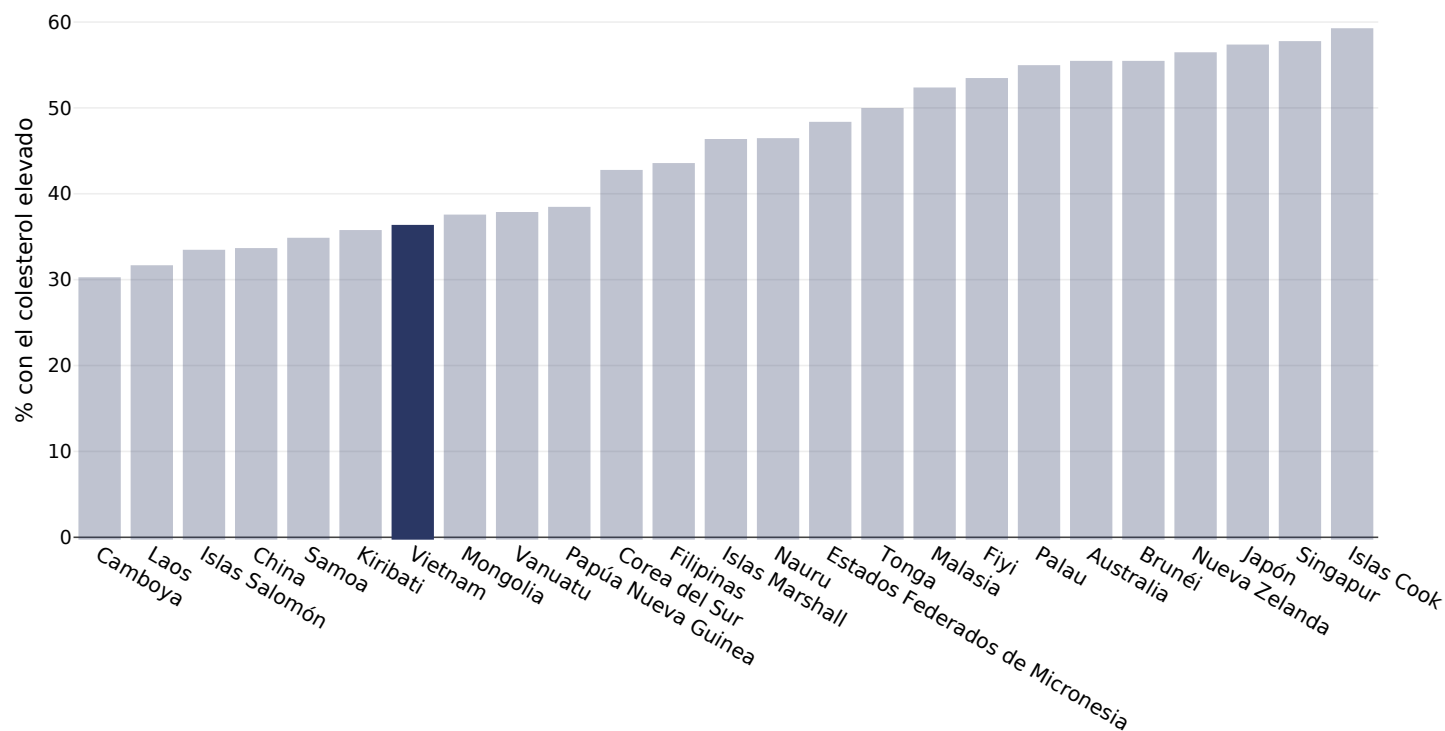
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definiciones (solo disponible en inglés):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Colesterol elevado

Adultos, 2008



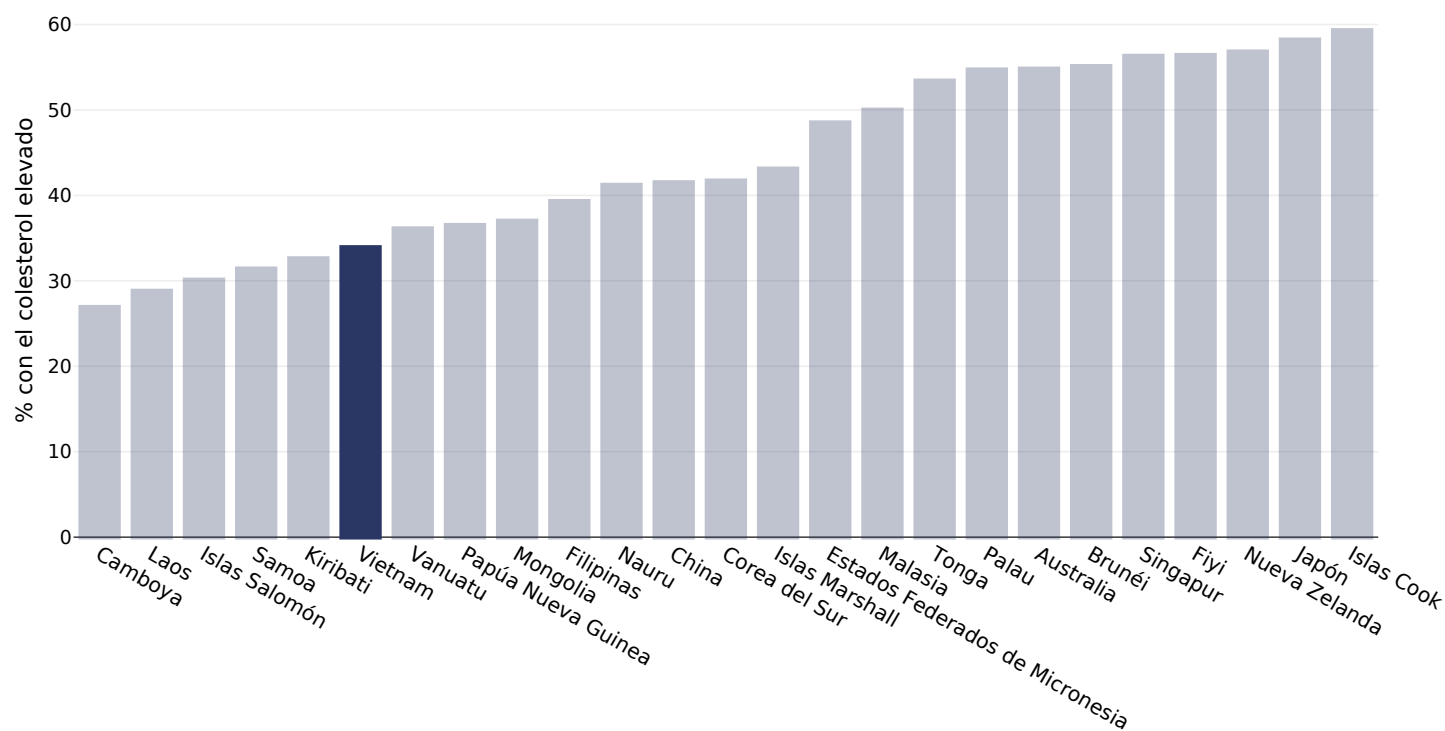
Referencias:

Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definiciones (solo disponible en inglés):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Hombres, 2008



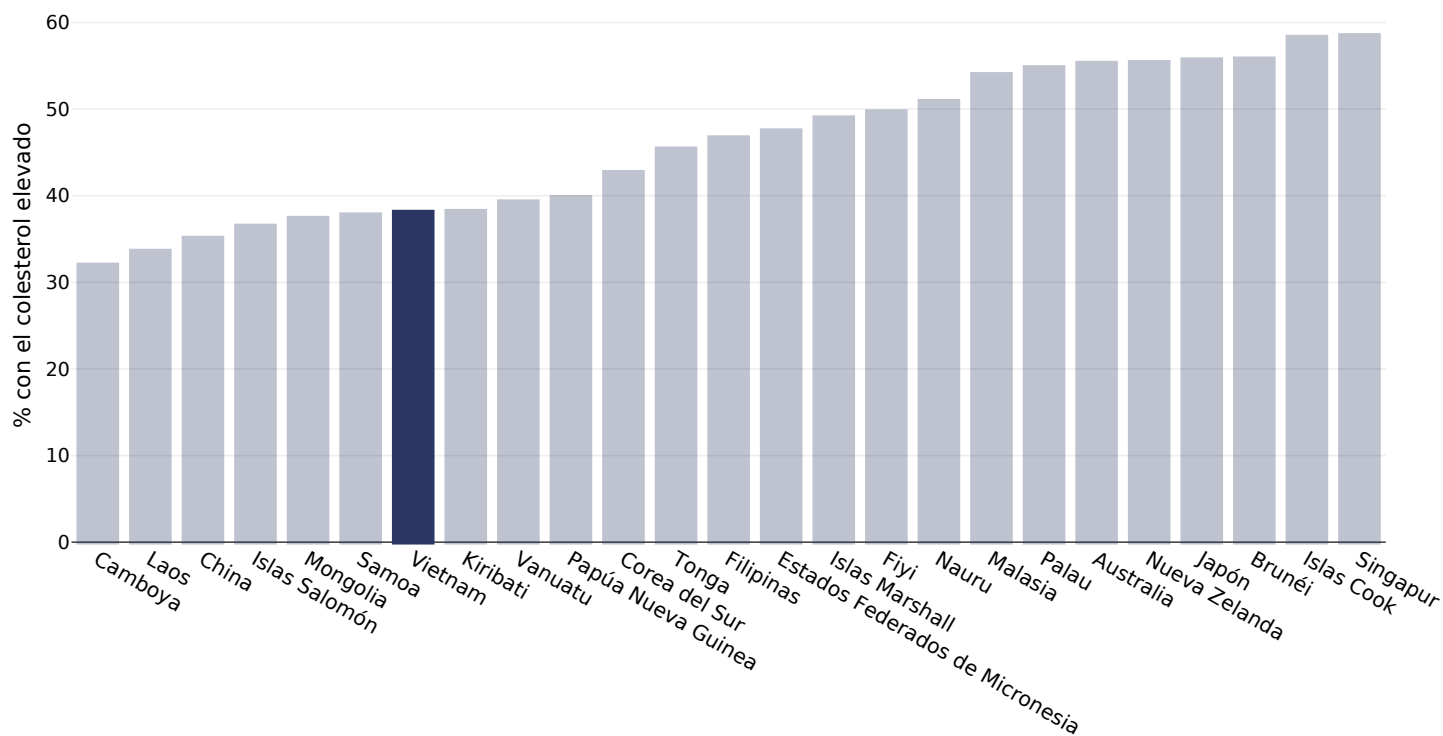
Referencias:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definiciones (solo disponible en inglés):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Mujeres, 2008



Referencias:

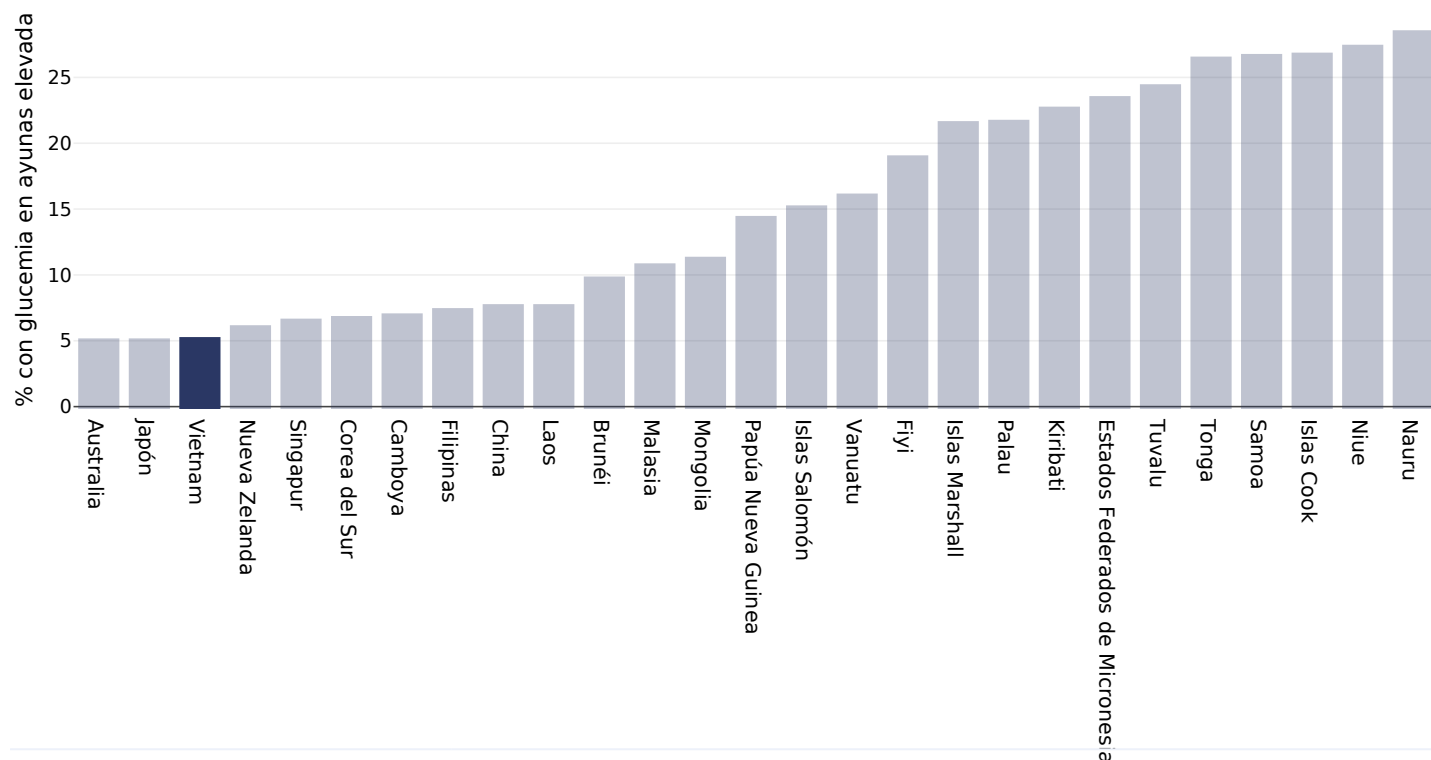
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definiciones (solo disponible en inglés):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Glucemia en ayunas elevada

Hombres, 2014



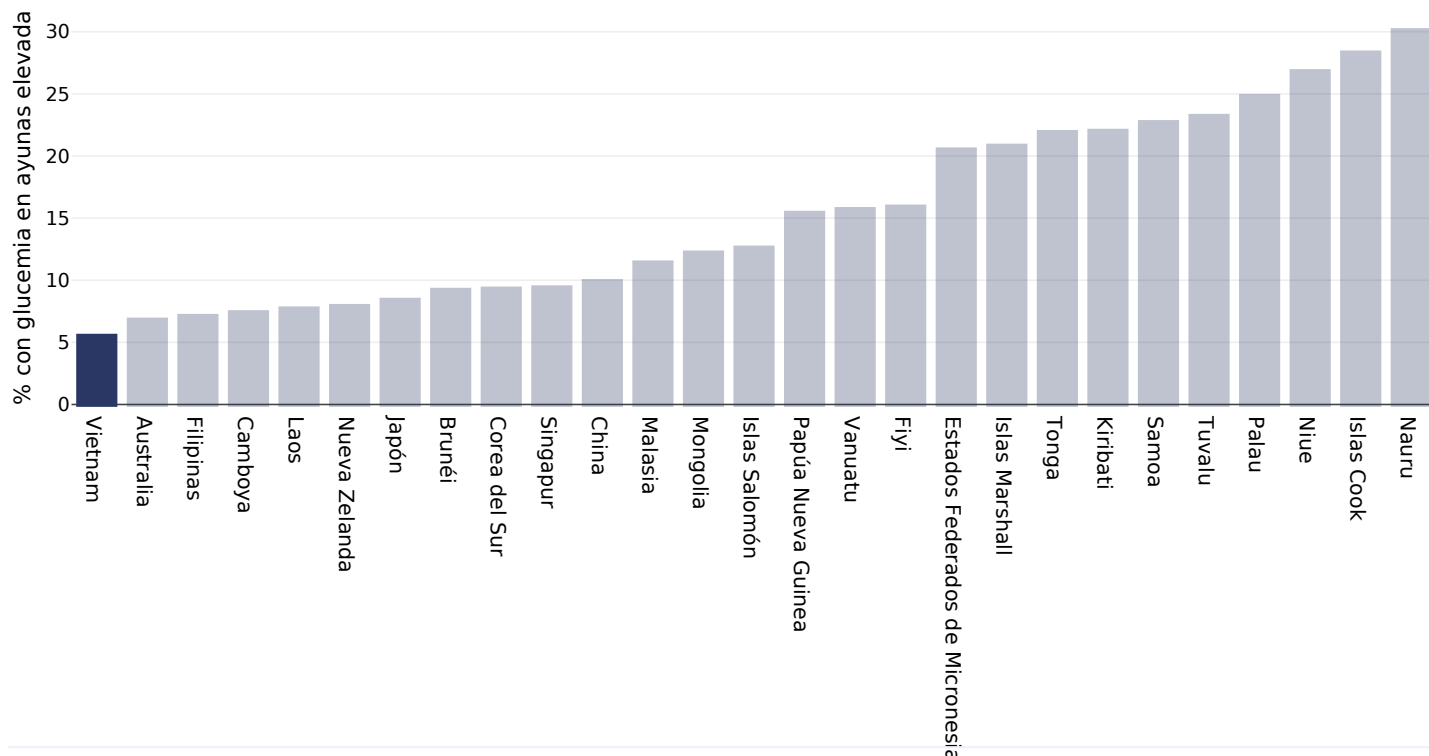
Referencias:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definiciones (solo disponible en inglés):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Mujeres, 2014



Referencias:

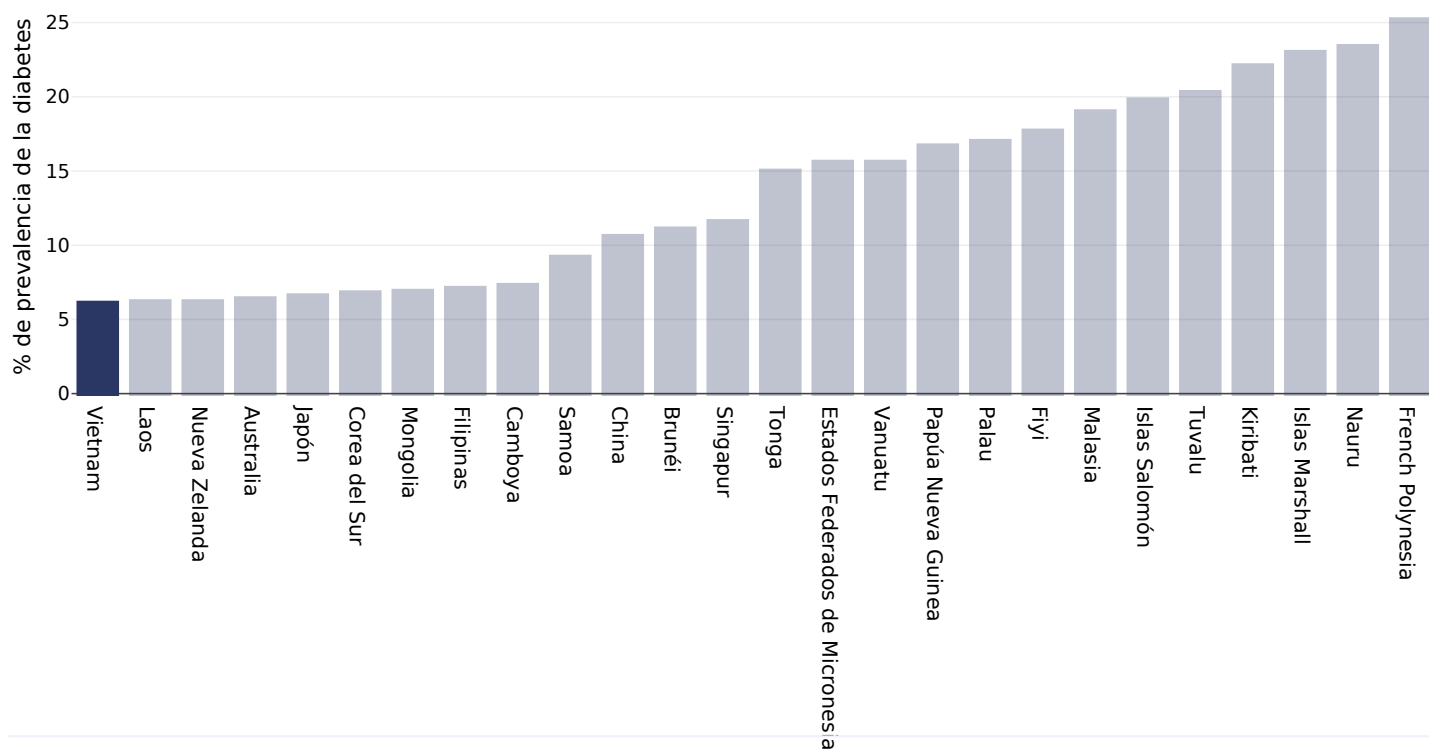
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definiciones (solo disponible en inglés):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Prevalencia de la diabetes

Adultos, 2021



Edad: 20-79

Zona abarcada: Nacional

Referencias: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>






Definiciones (solo disponible en inglés): Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

| | |
|--|---|
| Is there mandatory nutrition labelling? |  |
| Front-of-package labelling? |  |
| Back-of-pack nutrition declaration? |  |
| Color coding? |  |
| Warning label? |  |



Regulation and marketing

| | |
|---|----------|
| Are there fiscal policies on unhealthy products? | X |
| Tax on unhealthy foods? | X |
| Tax on unhealthy drinks? | X |
| Are there fiscal policies on healthy products? | X |
| Subsidy on fruits? | X |
| Subsidy on vegetables? | X |
| Subsidy on other healthy products? | X |
| Mandatory limit or ban of trans fat (all settings)? | X |
| Mandatory limit of trans fats in place (all settings)? | X |
| Ban on trans-fats or phos in place (all settings)? | X |
| Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children? | X |
| Mandatory restriction on broadcast media? | X |
| Mandatory restriction on non-broadcast media? | X |
| Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children? | X |
| Are there mandatory standards for food in schools? | X |
| Are there any mandatory nutrient limits in any manufactured food products? | X |
| Nutrition standards for public sector procurement? | X |



Political will and support

| | |
|--|---|
| National obesity strategy or nutrition and physical activity national strategy? | ✓ |
| National obesity strategy? | ✓ |
| National childhood obesity strategy? | ? |
| Comprehensive nutrition strategy? | ✓ |
| Comprehensive physical activity strategy? | ✓ |
| Evidence-based dietary guidelines and/or RDAs? | ✓ |
| National target(s) on reducing obesity? | ✓ |
| Guidelines/policy on obesity treatment? | ✓ |
| Promotion of breastfeeding? | ✓ |



Monitoring and surveillance

| | |
|---|---|
| Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors? | ✓ |
| Within 5 years? | ✓ |



Governance and resource

| | |
|--|---|
| Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)? | ✓ |
|--|---|

Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

Last updated April 4, 2024

PDF created on April 23, 2024