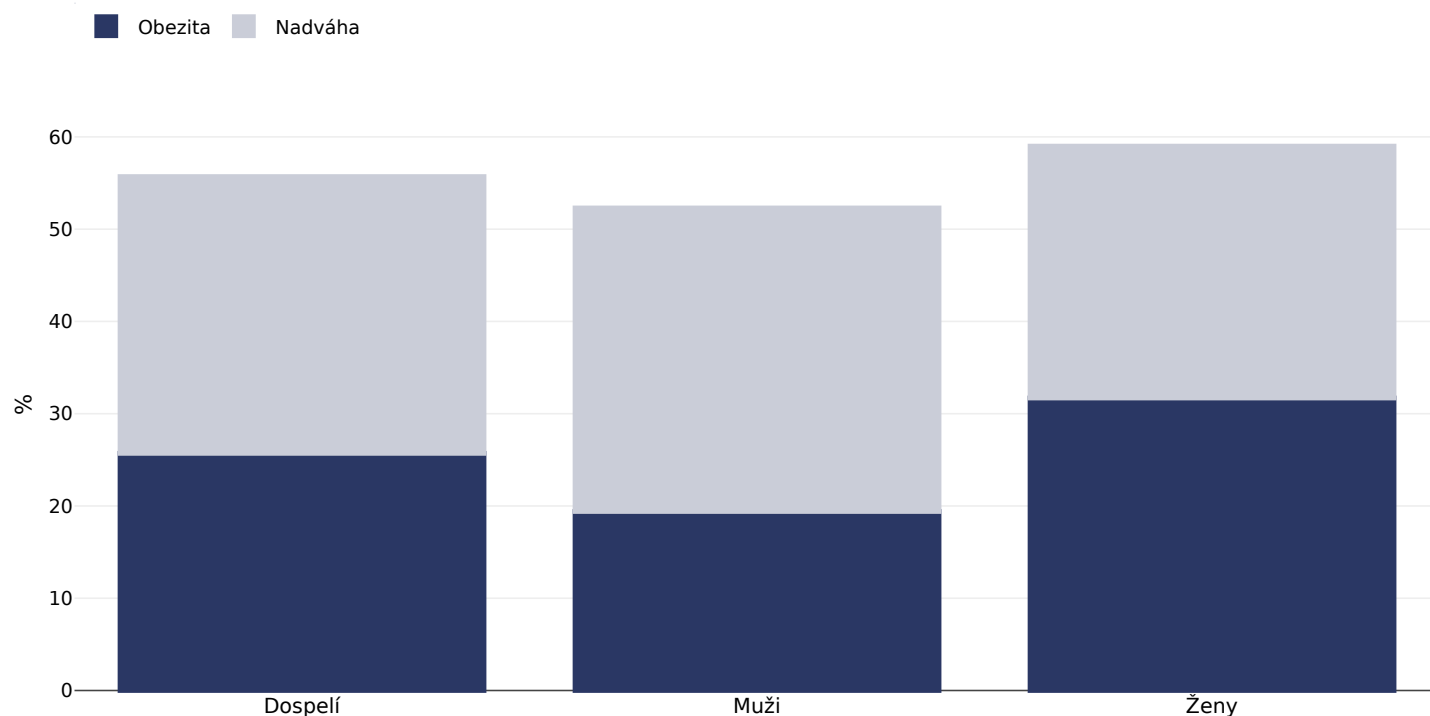


# Report card Trinidad a Tobago



## Prevalencia obezity

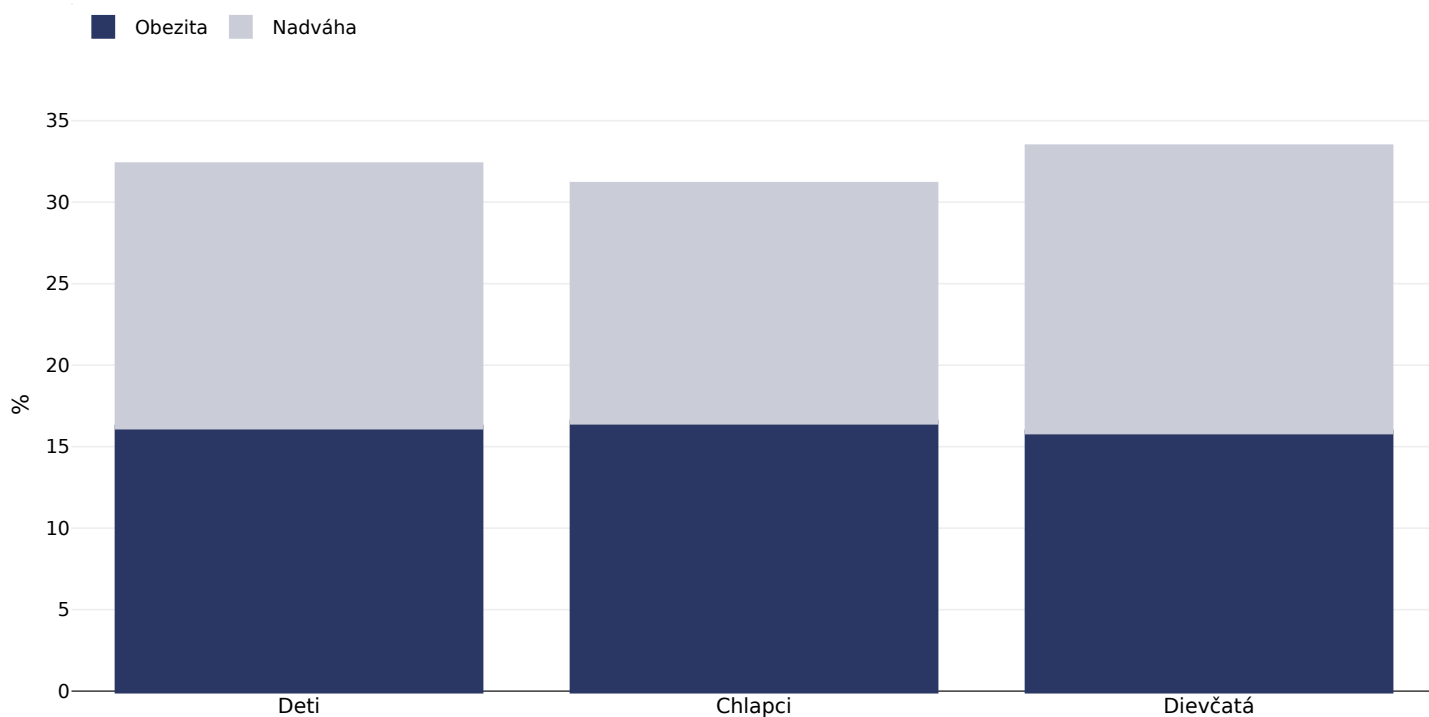
### Dospelí, 2011



Typ prieskumu:	Nameraná hodnota
Vek:	15-64
Veľkosť vzorky:	2700
Dotknutá oblasť:	Národný
Odkazy:	Trinidad and Tobago PANAM STEPS CNCD Risk Factor Survey- Final Report, available at <a href="https://www.who.int/ncds/surveillance/steps/trinidad_and_tobago/en/">https://www.who.int/ncds/surveillance/steps/trinidad_and_tobago/en/</a> (last accessed 21.10.20)

Ak nie je uvedené inak, za nadváhu sa považuje, ak je BMI index medzi 25 kg a 29,9 kg/m<sup>2</sup> a za obezitu sa považuje, ak je BMI index vyšší ako 30 kg/m<sup>2</sup>.

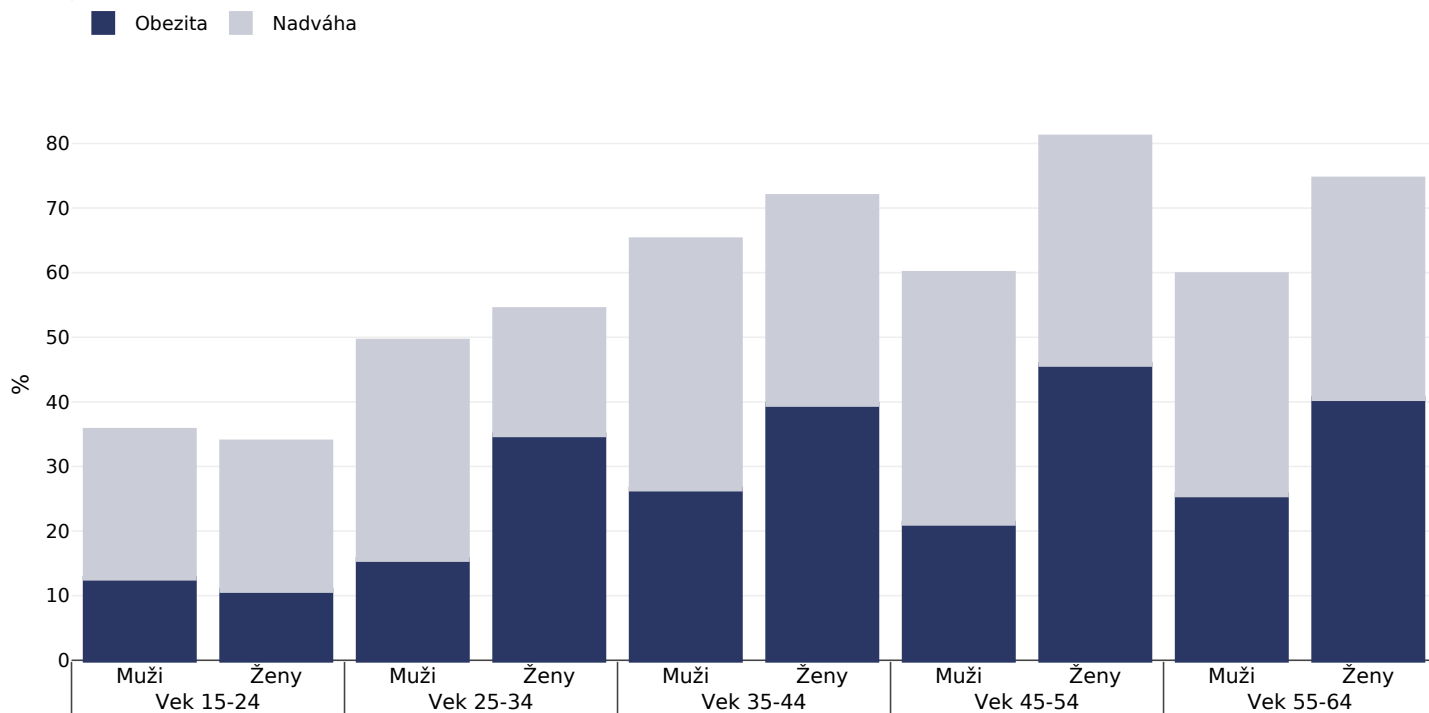
## Deti, 2017



Typ prieskumu:	Vlastné hlásenie
Vek:	13-17
Veľkosť vzorky:	3869
Dotknutá oblasť:	Národný
Odkazy:	Global School-based Student Health Survey (GSHS), available at <a href="https://www.who.int/ncds/surveillance/gshs/Trinidad_and_Tobago_2017_GSHS_FS.pdf?ua=1">https://www.who.int/ncds/surveillance/gshs/Trinidad_and_Tobago_2017_GSHS_FS.pdf?ua=1</a> (last accessed 20.11.20)
Poznámky (k dispozícii iba v angličtine):	WHO cutoffs.
Cutoffs:	WHO

## Nadváha/obezita podľa veku

### Dospelí, 2011



Typ prieskumu:

Nameraná hodnota

Veľkosť vzorky:

2700 (1104 Men, 1596 Women)

Dotknutá oblasť:

Národný

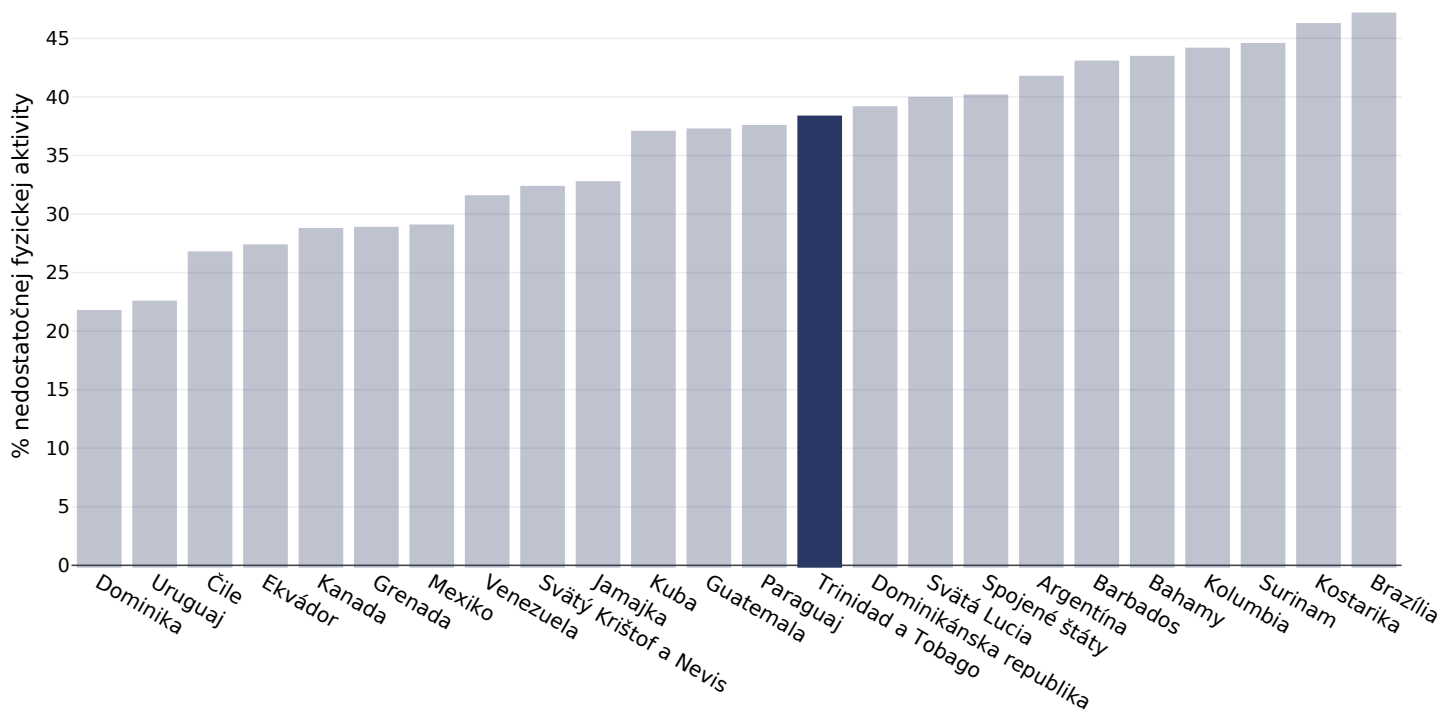
Odkazy:

Trinidad and Tobago PANAM STEPS CNCD Risk Factor Survey- Final Report

*Ak nie je uvedené inak, za nadváhu sa považuje, ak je BMI index medzi 25 kg a 29,9 kg/m<sup>2</sup> a za obezitu sa považuje, ak je BMI index vyšší ako 30 kg/m<sup>2</sup>.*

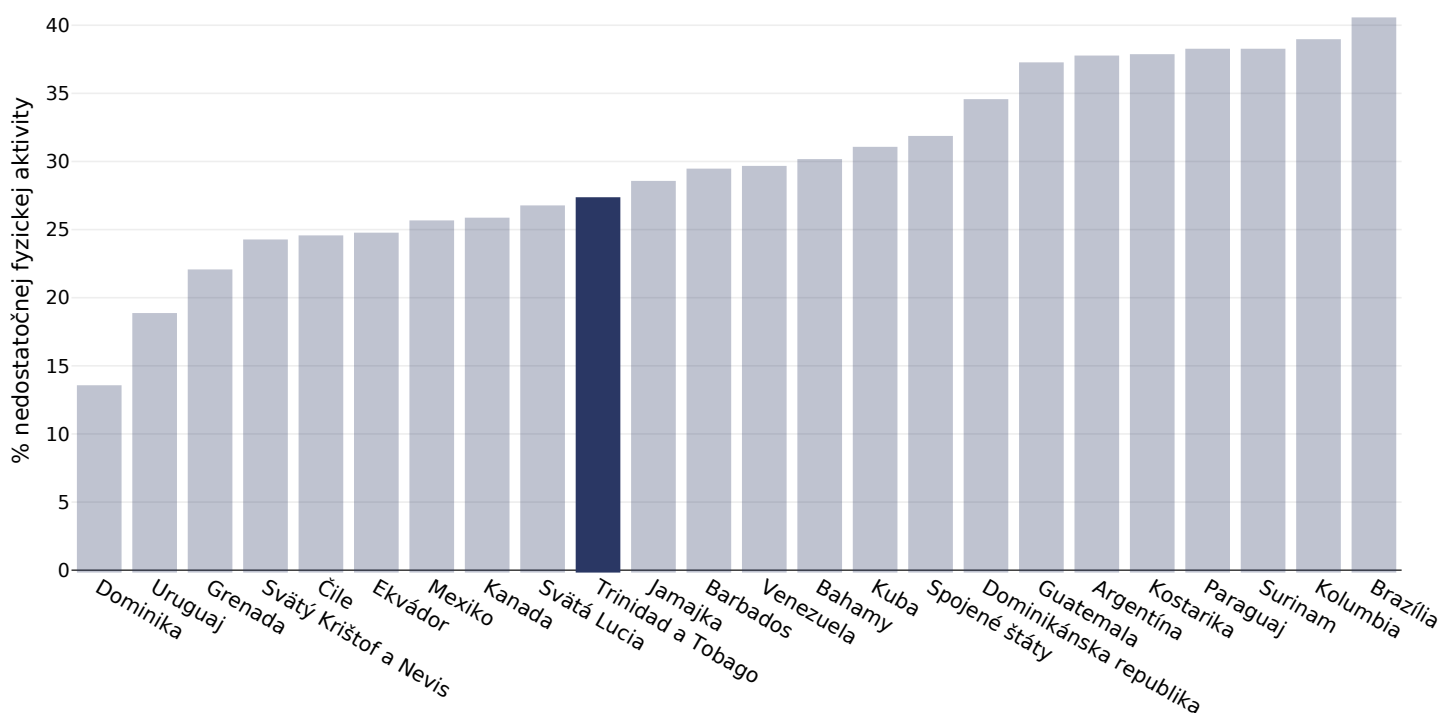
## Nedostatočná fyzická aktivita

### Dospelí, 2016



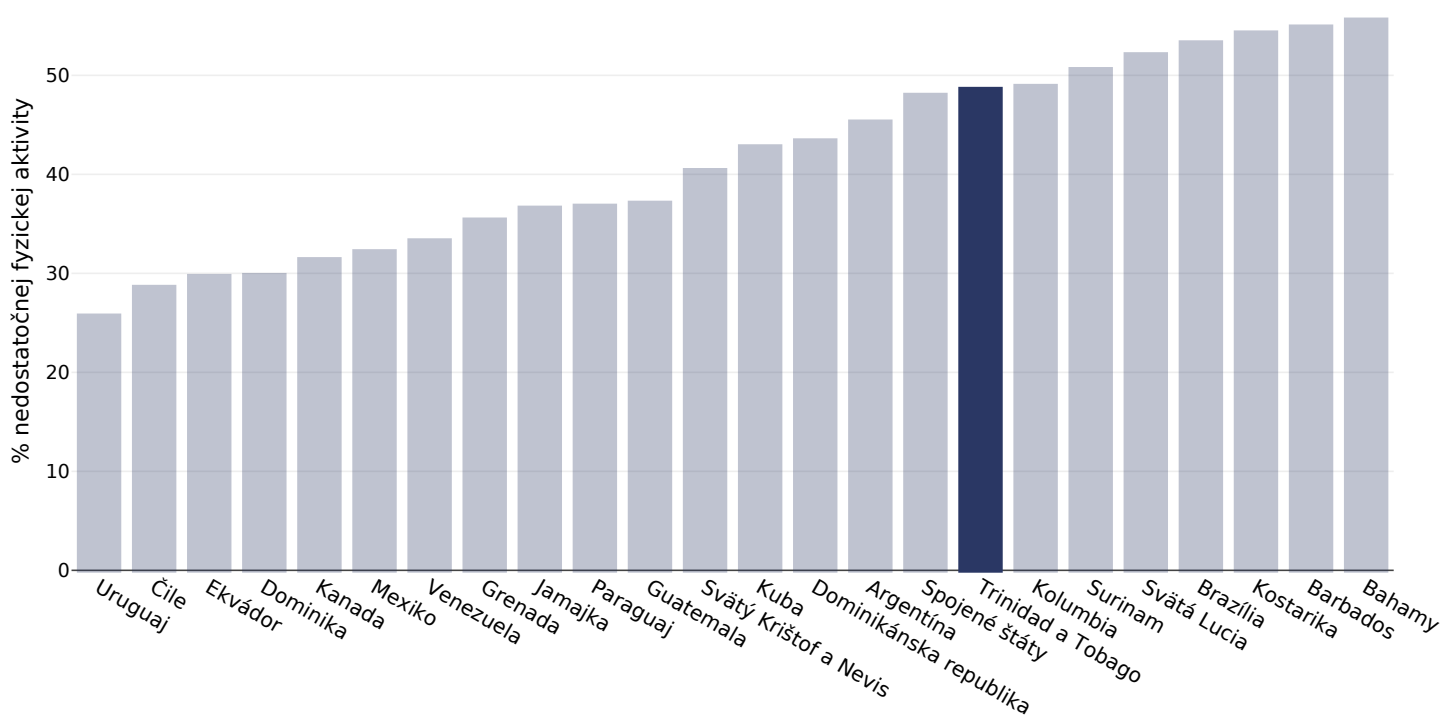
Odkazy: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

## Muži, 2016



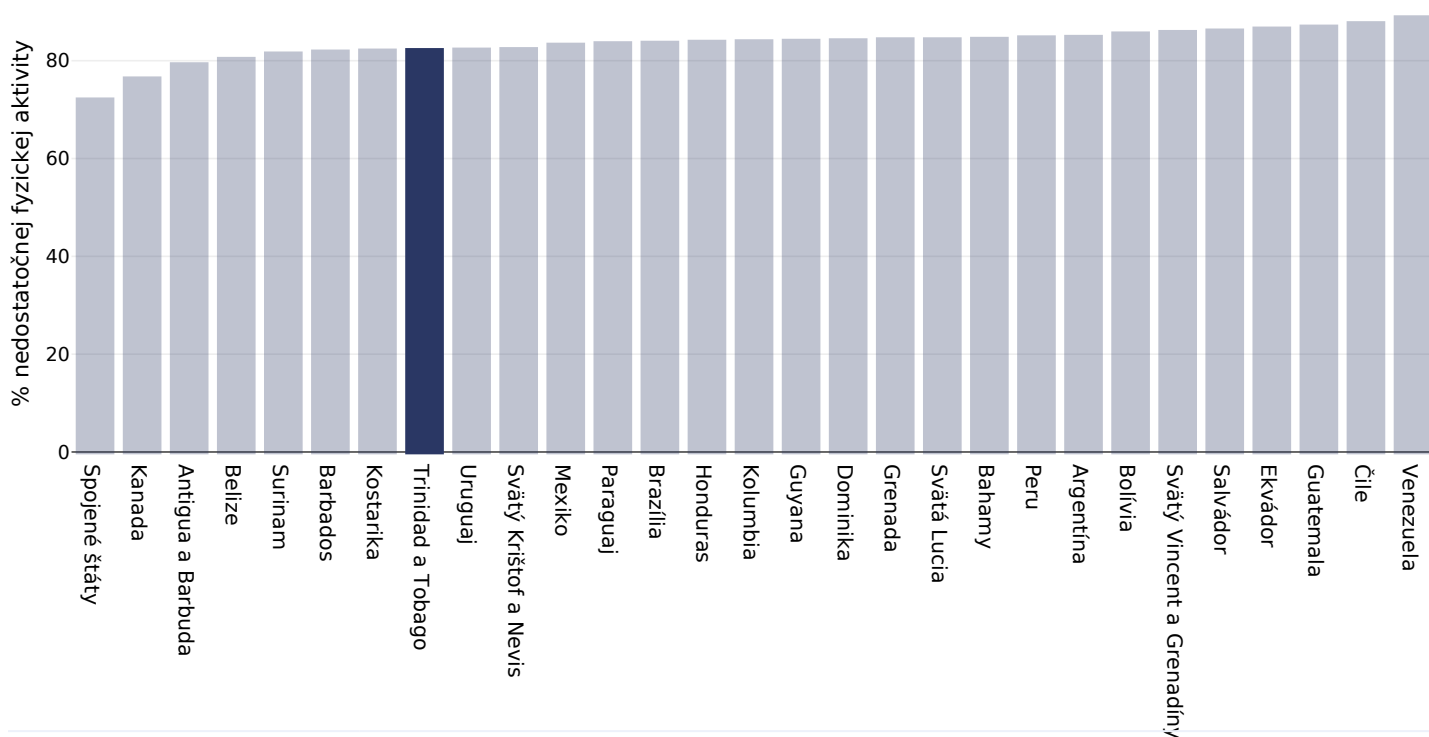
Odkazy: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

## Ženy, 2016



Odkazy: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

## Deti, 2016



Typ prieskumu:

Vlastné hlásenie

Vek:

11-17

Odkazy:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

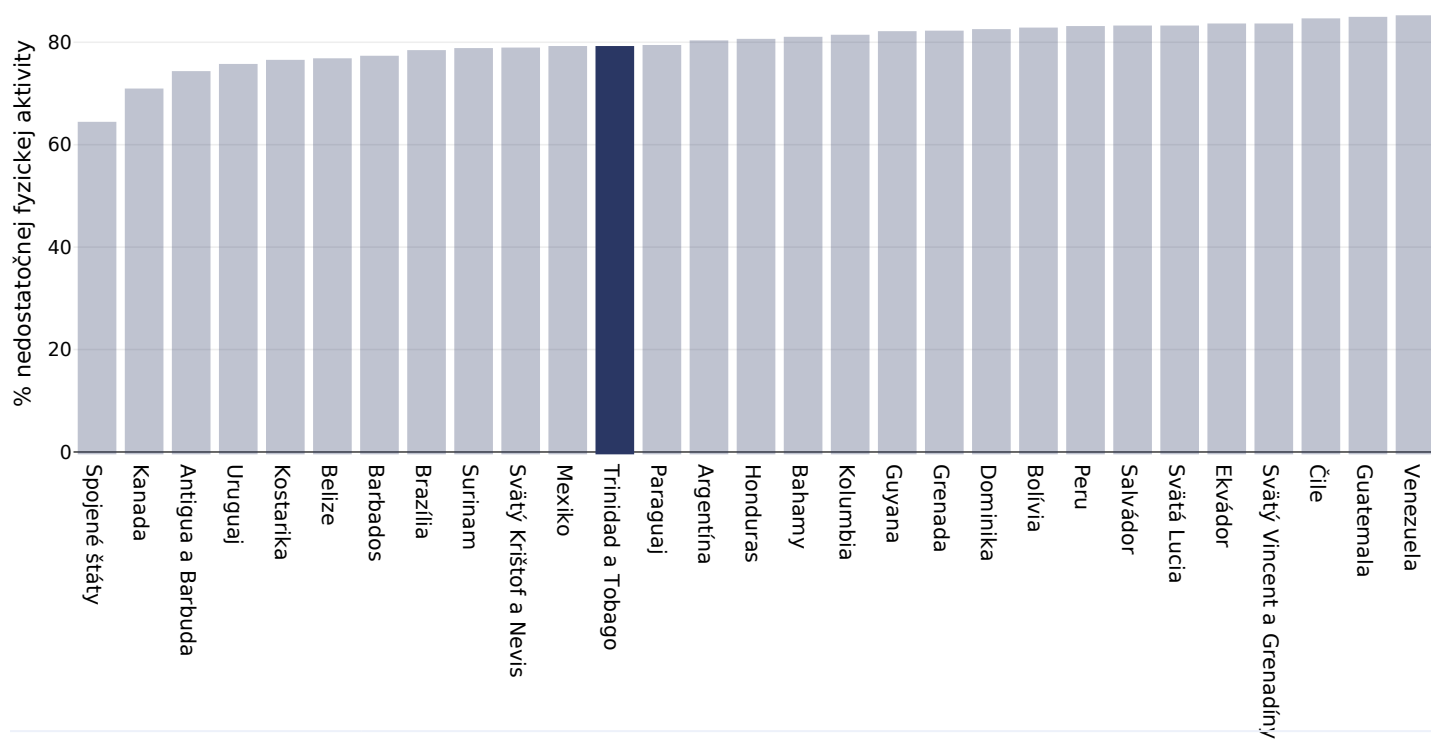
Poznámky (k dispozícii iba v angličtine):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definície (k dispozícii iba v angličtine):

% Adolescents insufficiently active (age standardised estimate)

## Chlapci, 2016



Typ prieskumu:

Vlastné hlásenie

Vek:

11-17

Odkazy:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

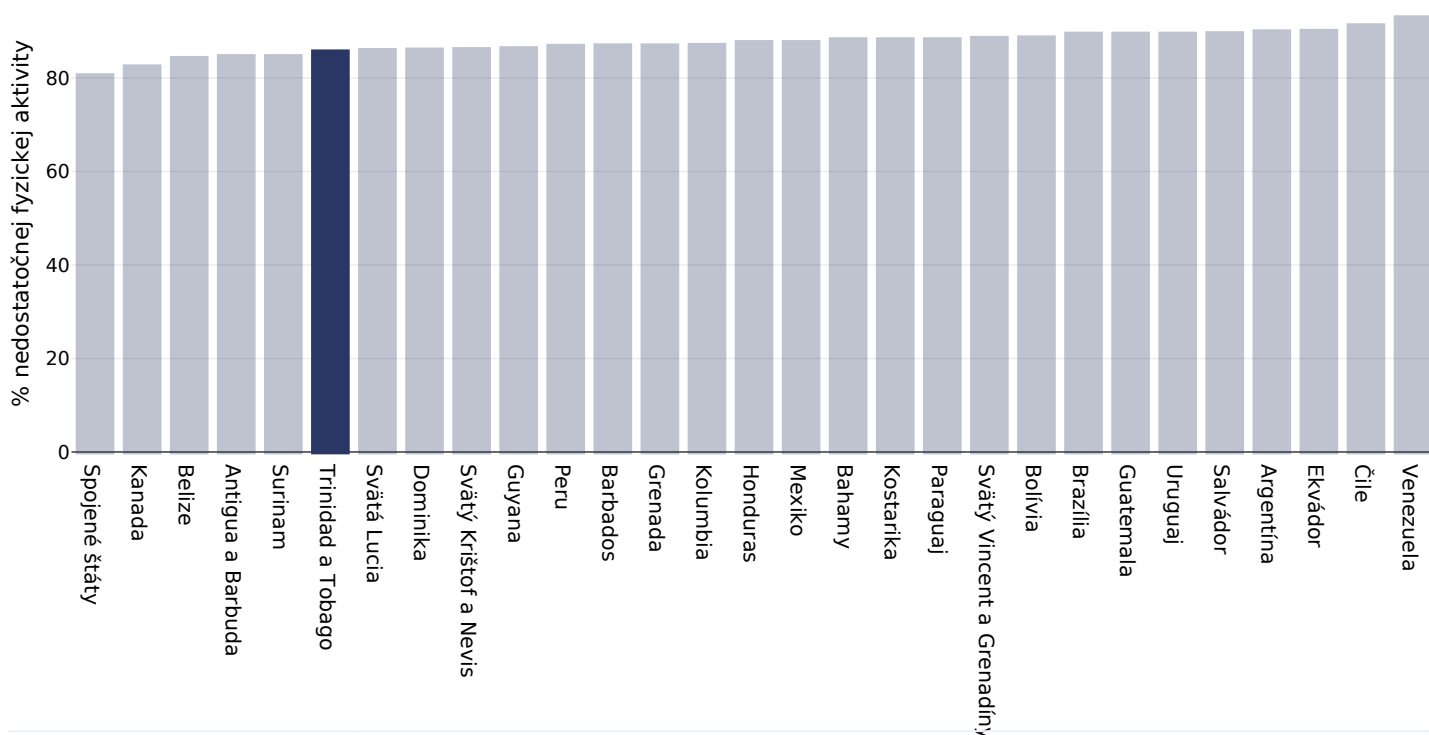
Poznámky (k dispozícii iba v angličtine):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definície (k dispozícii iba v angličtine):

% Adolescents insufficiently active (age standardised estimate)

## Dievčatá, 2016



Typ prieskumu:

Vlastné hlásenie

Vek:

11-17

Odkazy:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Poznámky (k dispozícii iba v angličtine):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

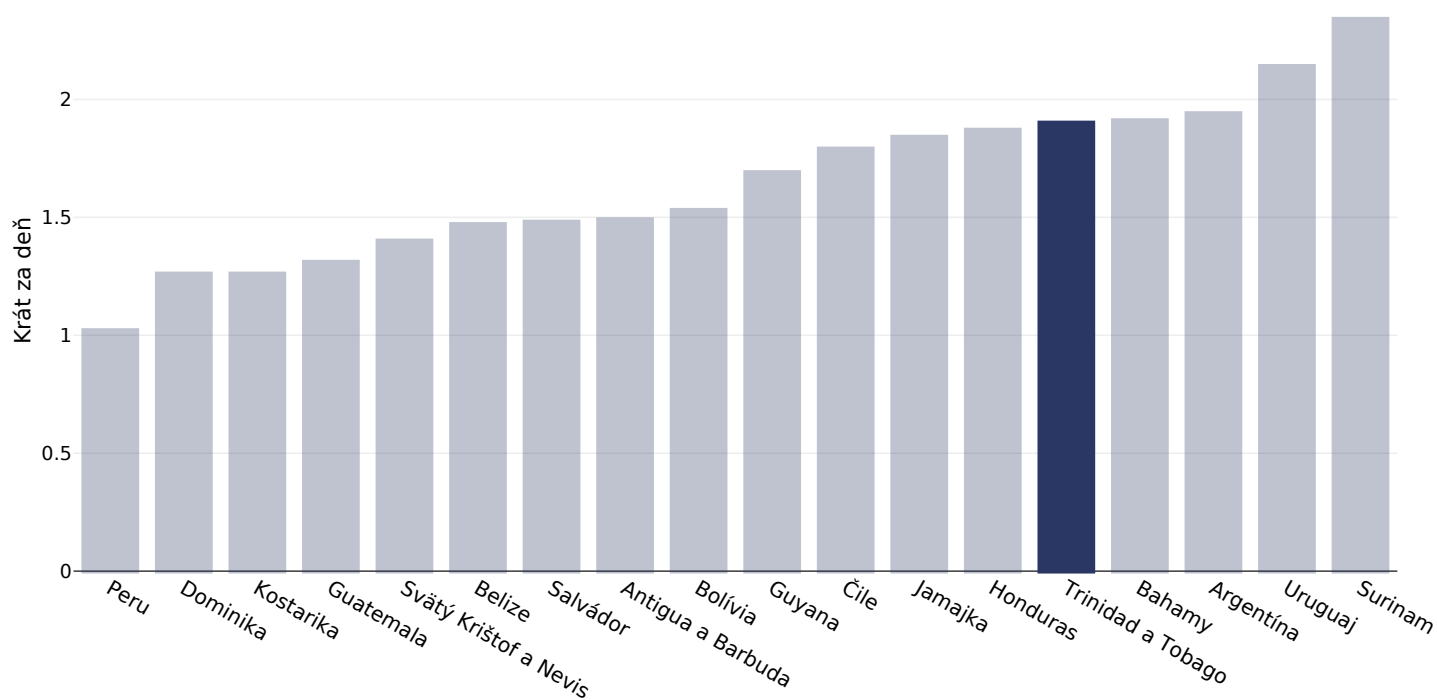
Definície (k dispozícii iba v angličtine):

% Adolescents insufficiently active (age standardised estimate)



## Priemerná denná frekvencia spotreby sýtených nealkoholických nápojov

### Deti, 2009-2015



Typ prieskumu:

Nameraná hodnota

Vek:

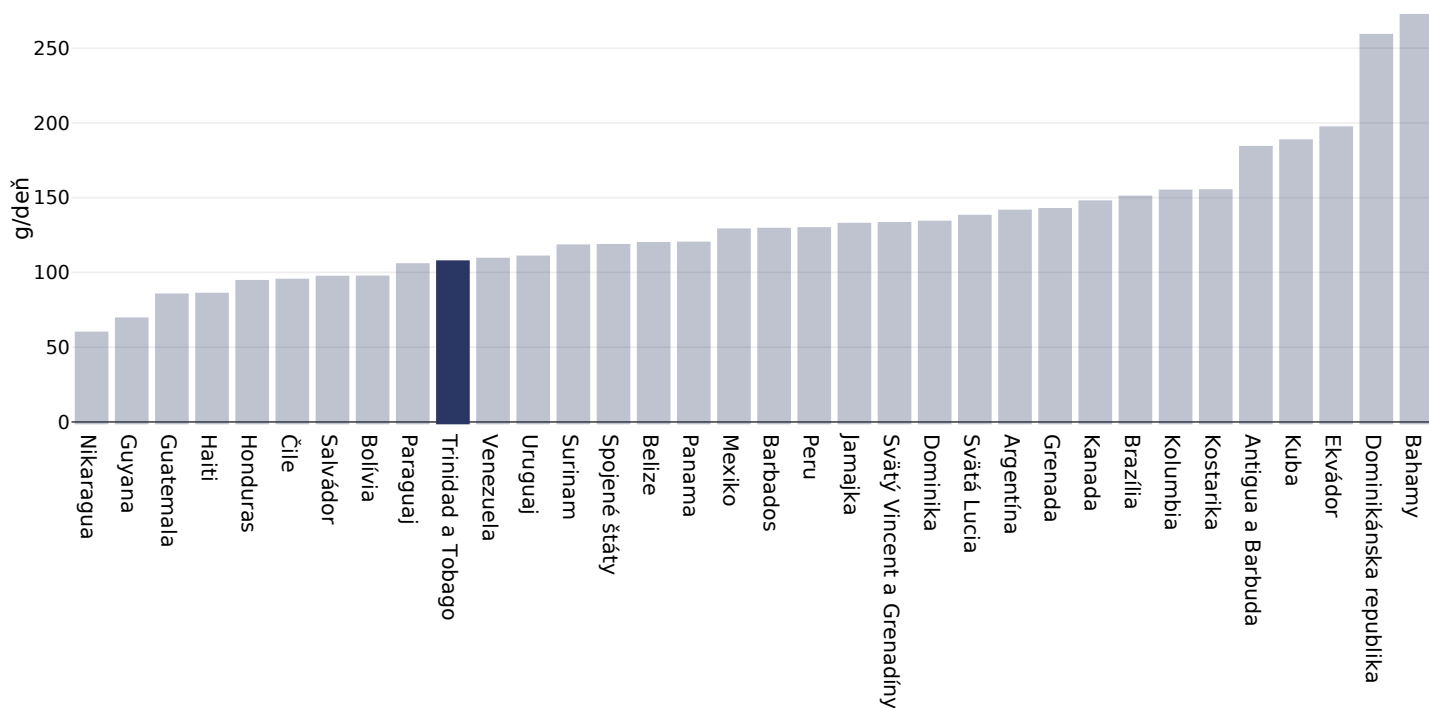
12-17

Odkazy:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

## Estimated per capita fruit intake

### Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

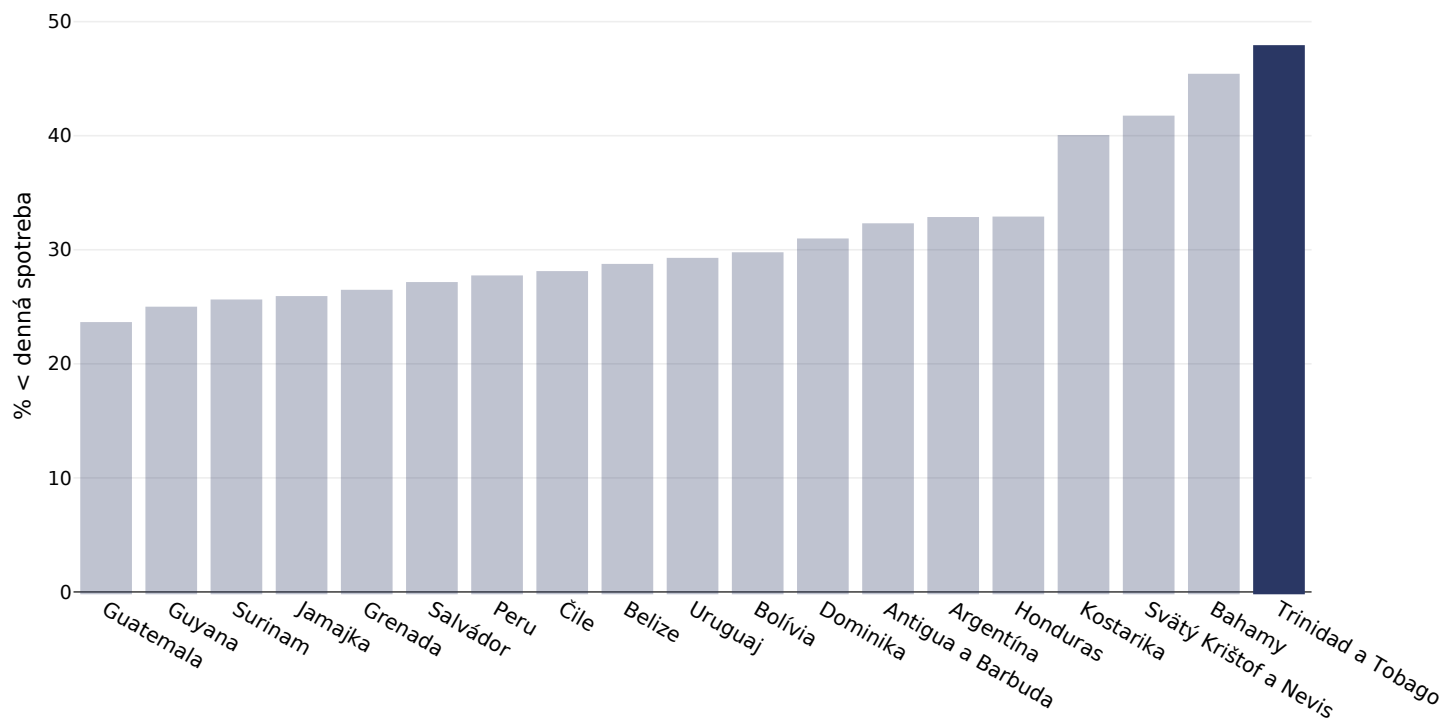
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k dispozícii iba v angličtine):

Estimated per-capita fruit intake (g/day)

## Prevalencia konzumácie menej ako jedného kusu ovocia denne

### Deti, 2009-2015



Typ prieskumu:

Nameraná hodnota

Vek:

12-17

Odkazy:

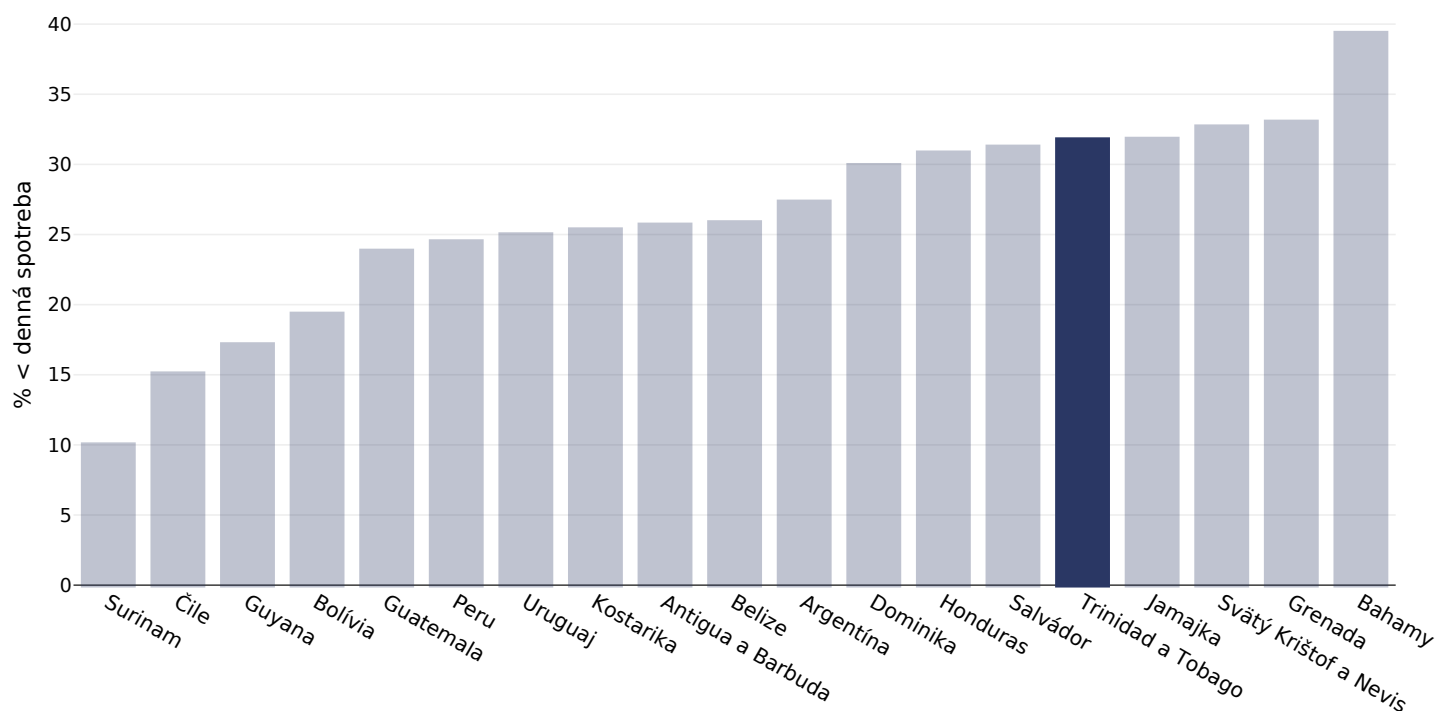
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definície (k dispozícii iba v angličtine):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

## Prevalencia konzumácie menej ako jedného kusu zeleniny denne

### Deti, 2009-2015



Typ prieskumu:

Nameraná hodnota

Vek:

12-17

Odkazy:

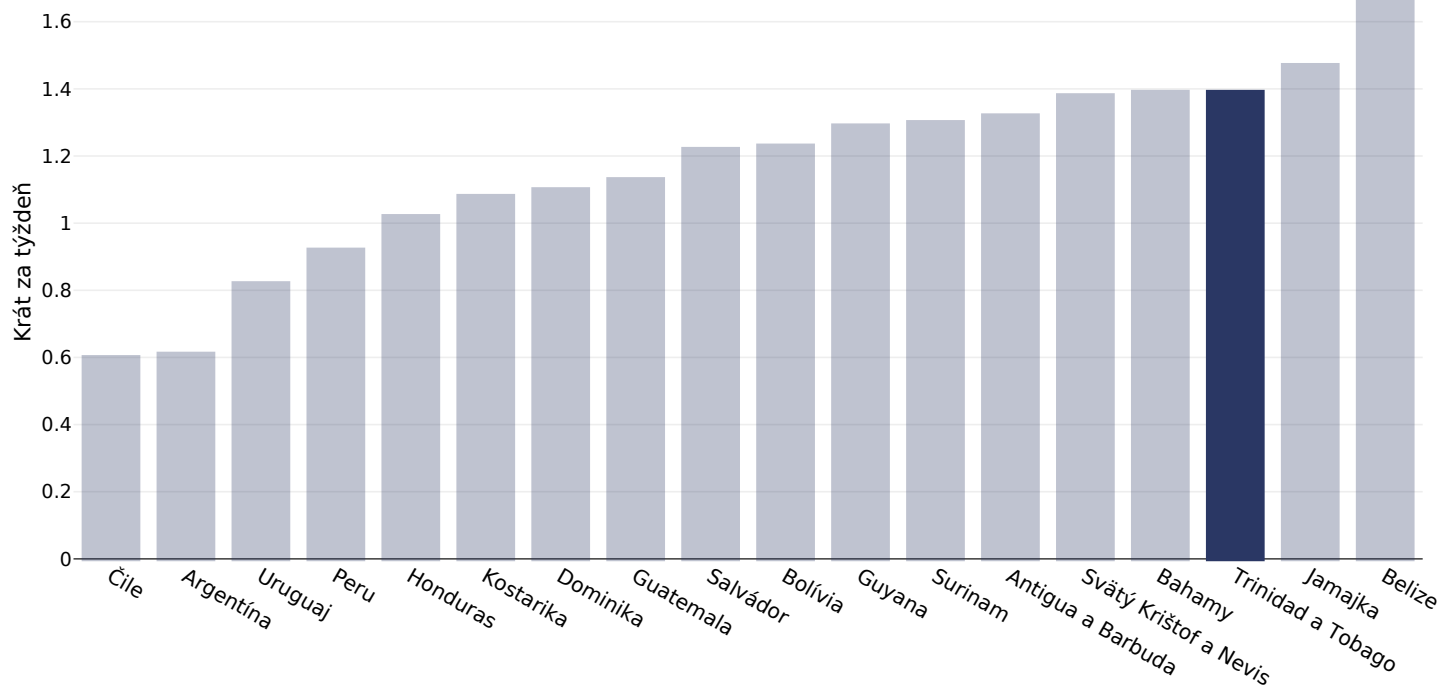
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>  
sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definície (k dispozícii iba v angličtine):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Priemerná týždenná frekvencia konzumácie rýchleho občerstvenia

### Deti, 2009-2015



Vek:

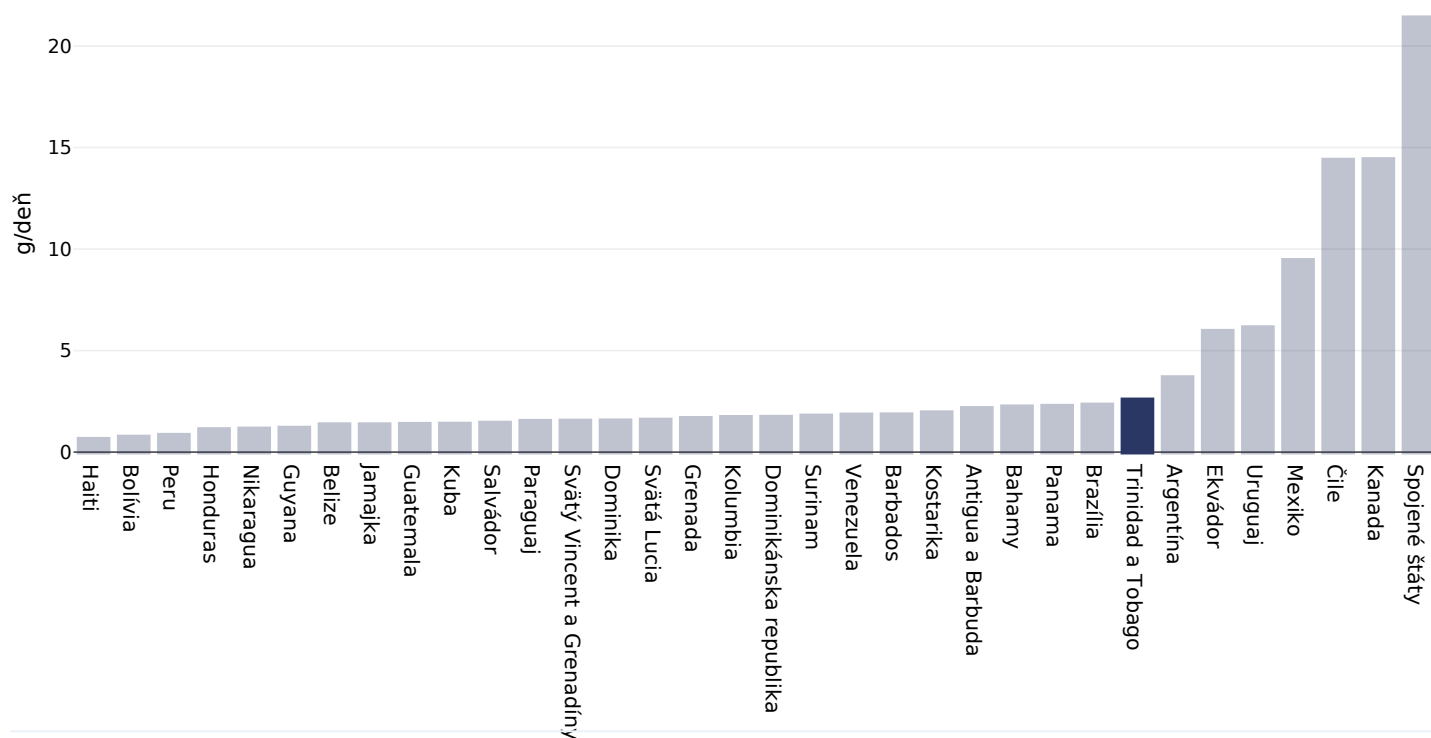
12-17

Odkazy:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

## Odhadovaný príjem spracovaného mäsa na obyvateľa

### Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

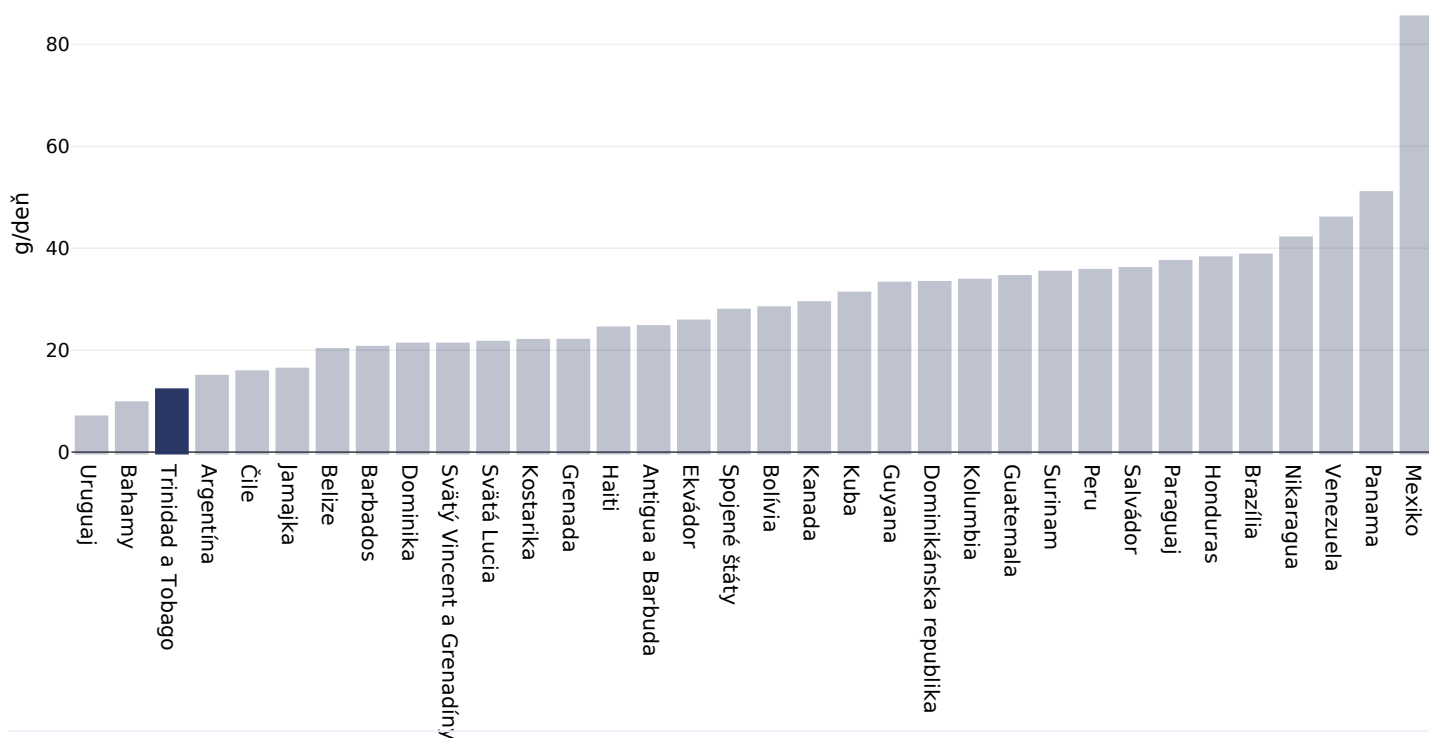
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k dispozícii iba v angličtine):

Estimated per-capita processed meat intake (g per day)

## Estimated per capita whole grains intake

### Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

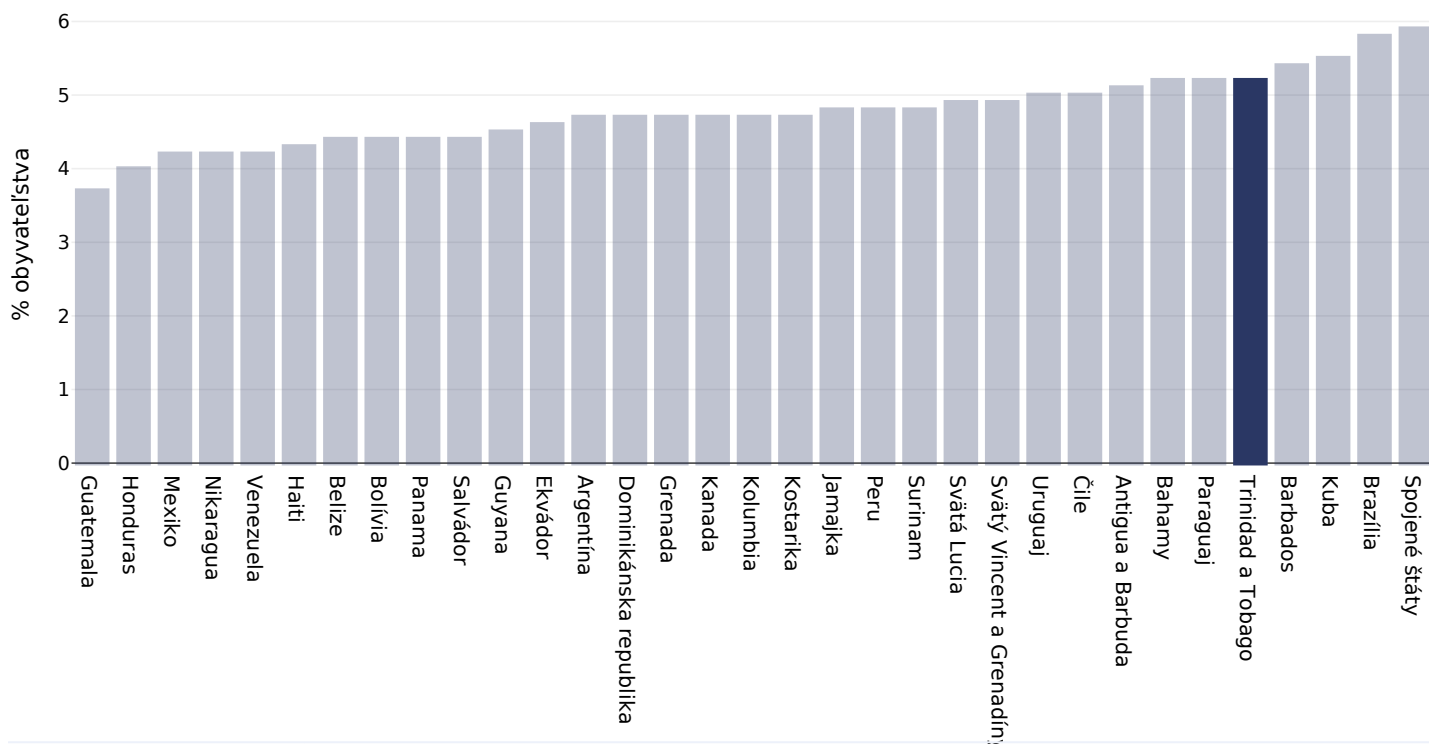
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k dispozícii iba v angličtine):

Estimated per-capita whole grains intake (g/day)

## Duševné zdravie - poruchy depresie

### Dospelí, 2015



Odkazy: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

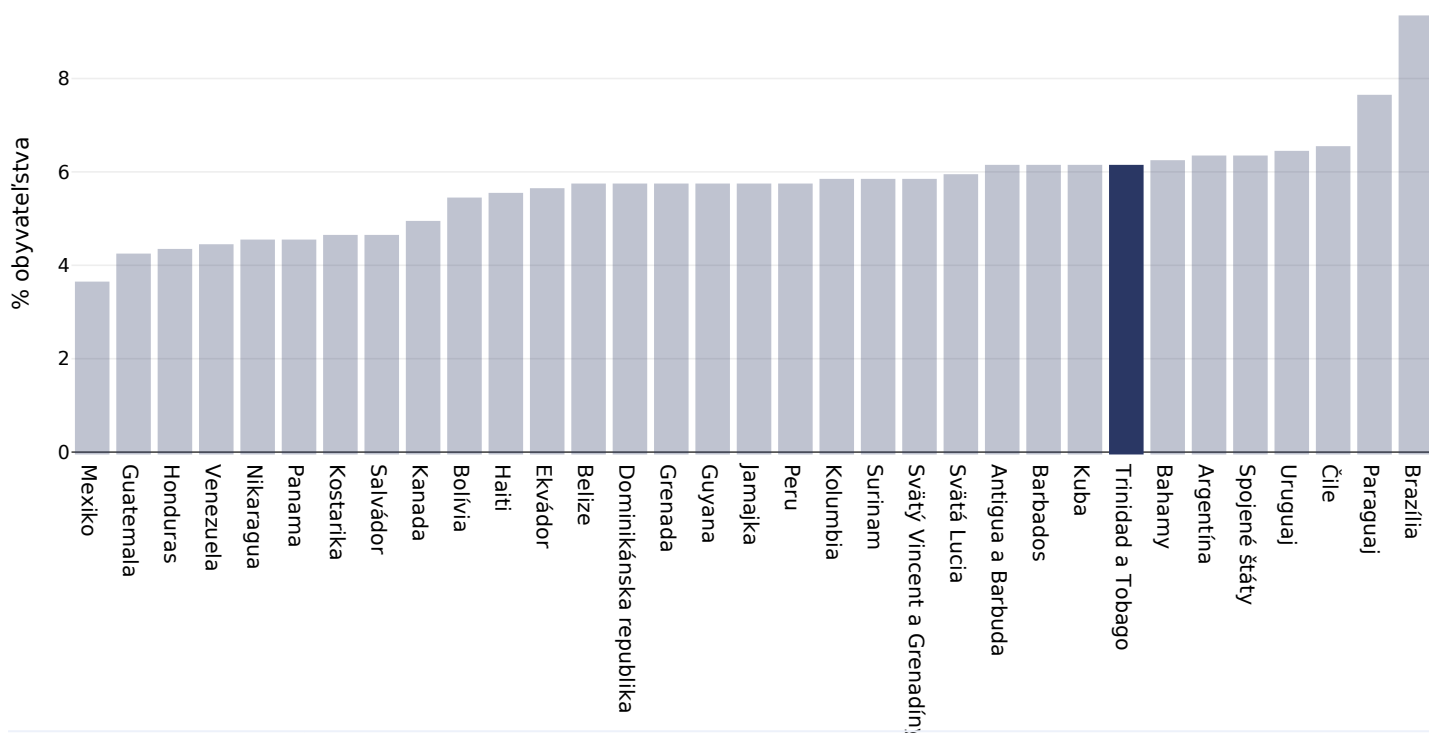
Definície (k dispozícii iba v angličtine):

% of population with depression disorders



## Duševné zdravie - úzkostné poruchy

### Dospelí, 2015



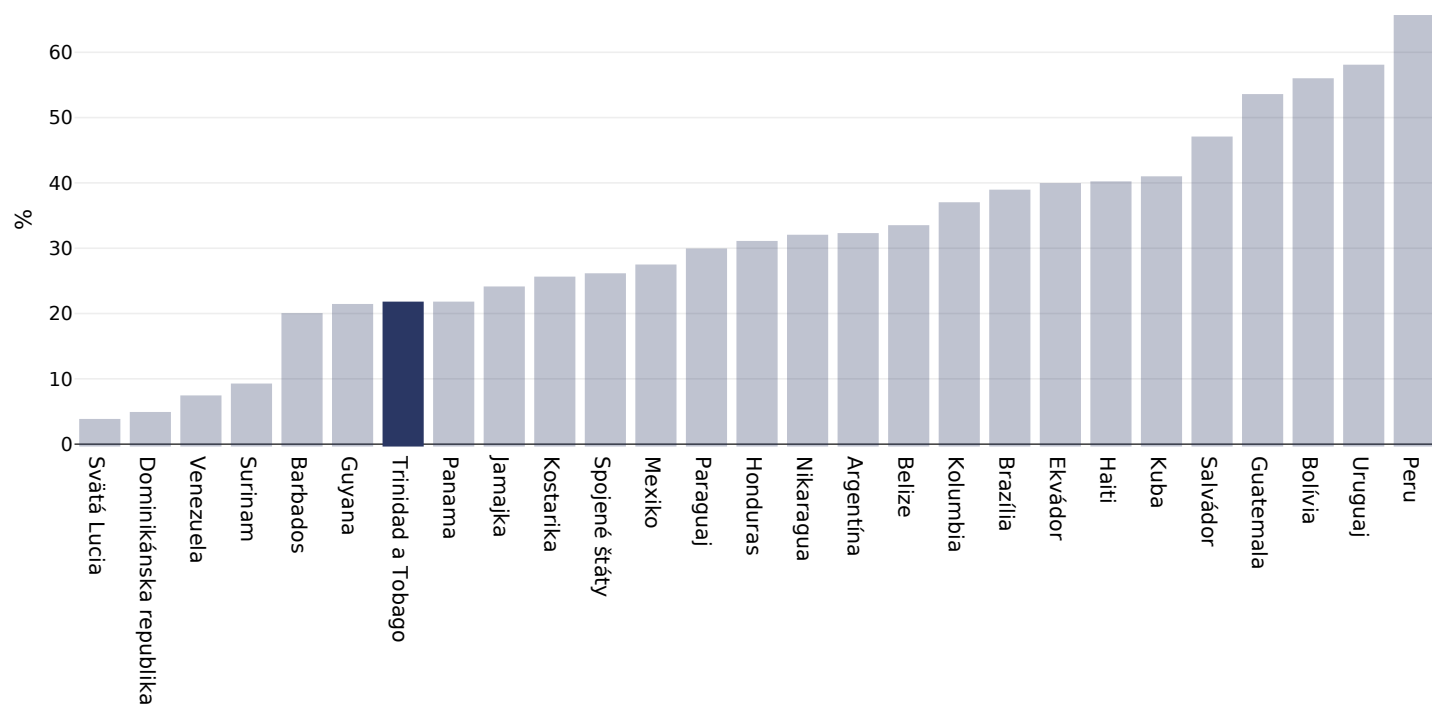
Odkazy: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definície (k dispozícii iba v angličtine):

% of population with anxiety disorders

## % dojčiat výlučne dojčených 0 - 5 mesiacov

### Deti, 1998-2019



Dotknutá oblasť:

Národný

Odkazy:

Trinidad and Tobago Multiple Indicator Cluster Survey 2011, Key Findings & Tables. Port of Spain, Trinidad and Tobago: Ministry of Social Development and Familyvices, Central Statistical Office and UNICEF. 2017

Poznámky (k dispozícii iba v angličtine):

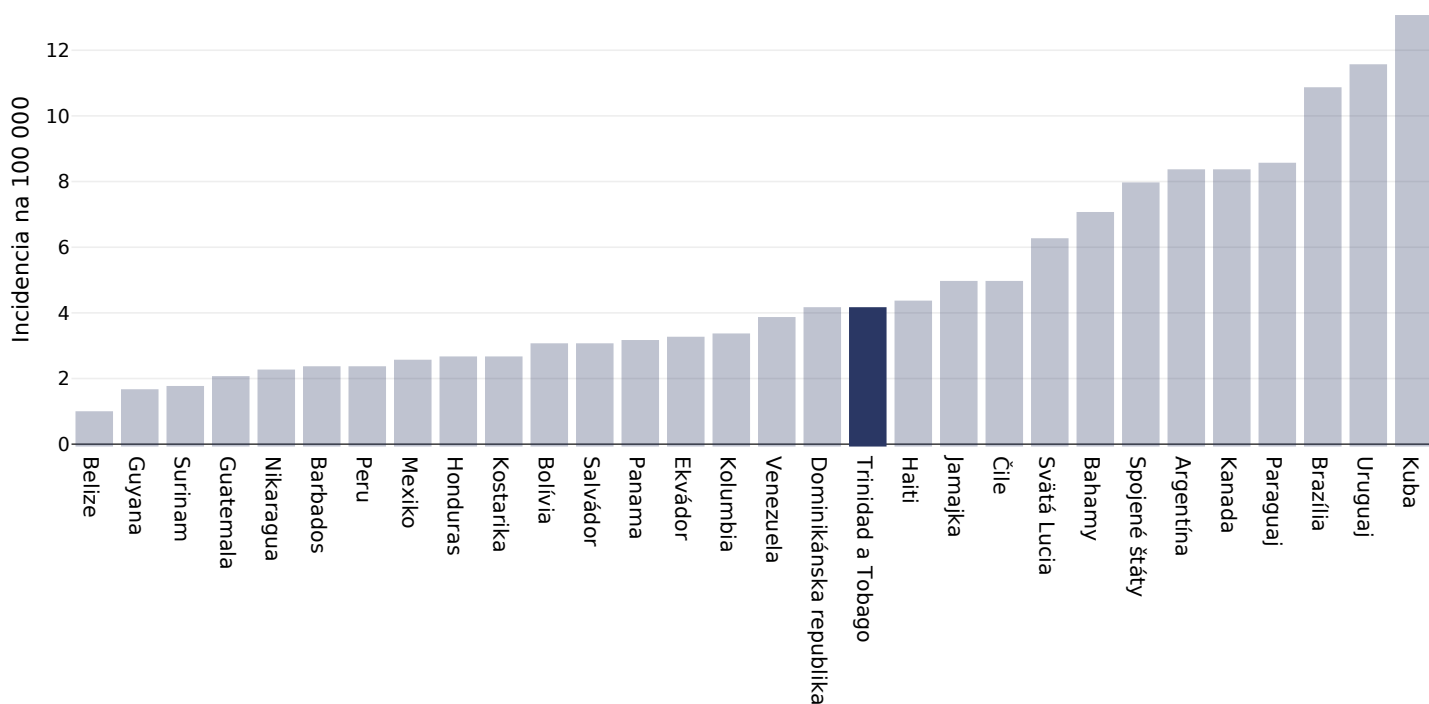
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definície (k dispozícii iba v angličtine):

% exclusively breastfed 0-5 months

## Rakovina pažeráka

### Muži, 2020



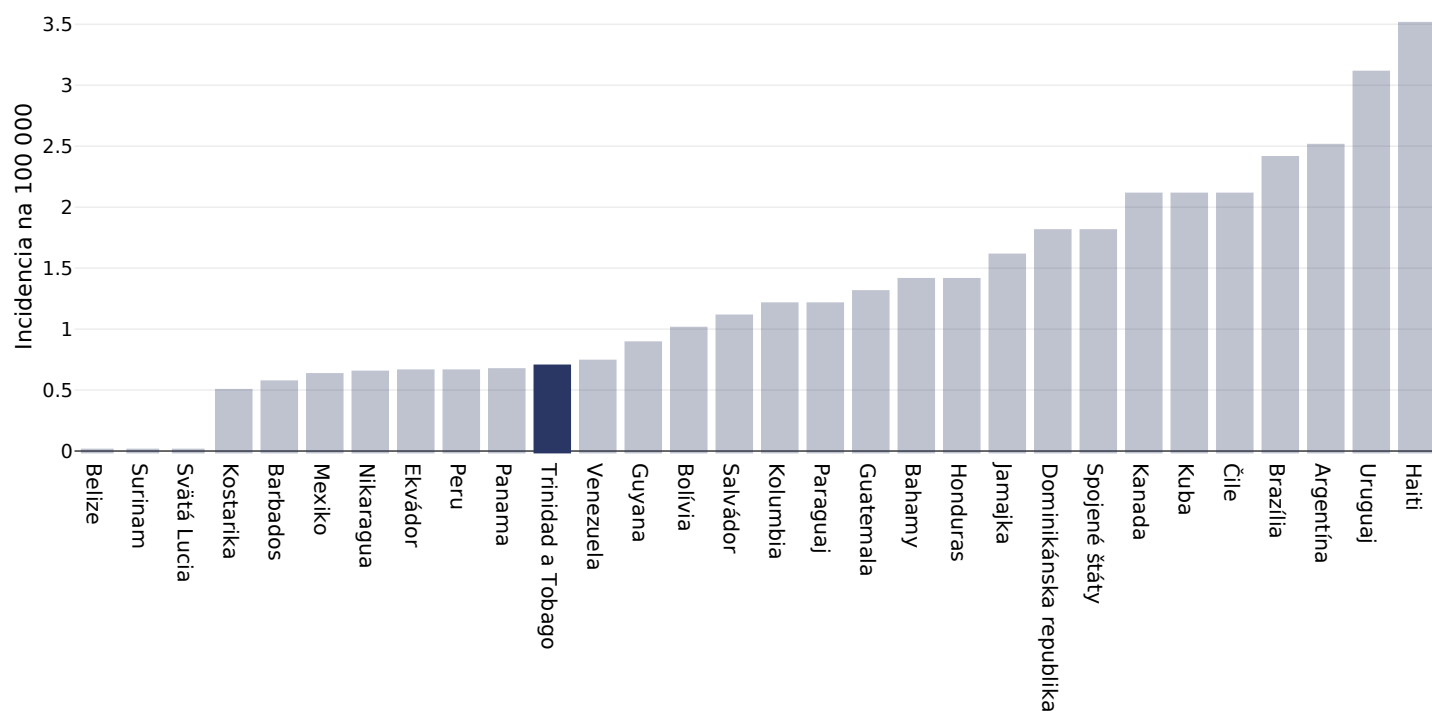
Vek: 20+

Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

## Ženy, 2020



Vek: 20+

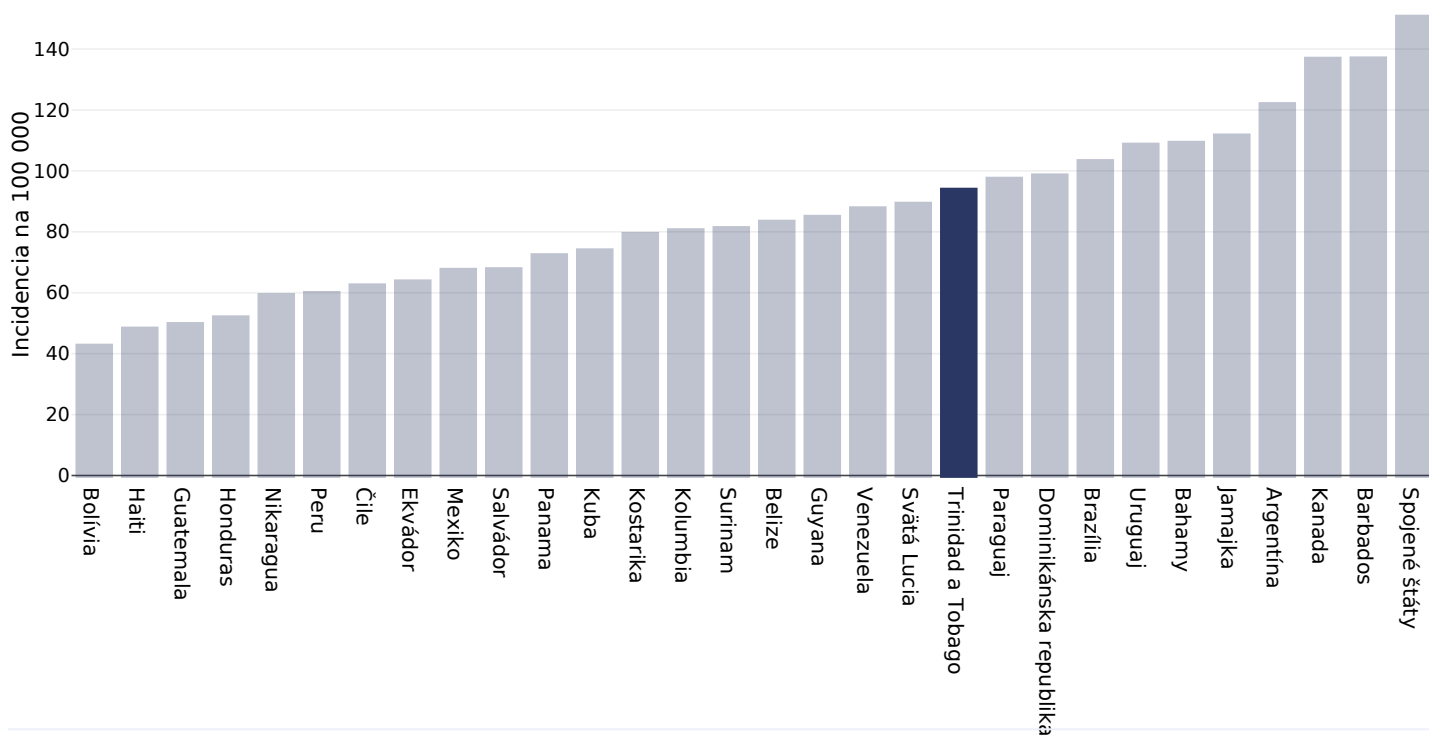
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

# Rakovina prsníka

## Ženy, 2020



Vek: 20+

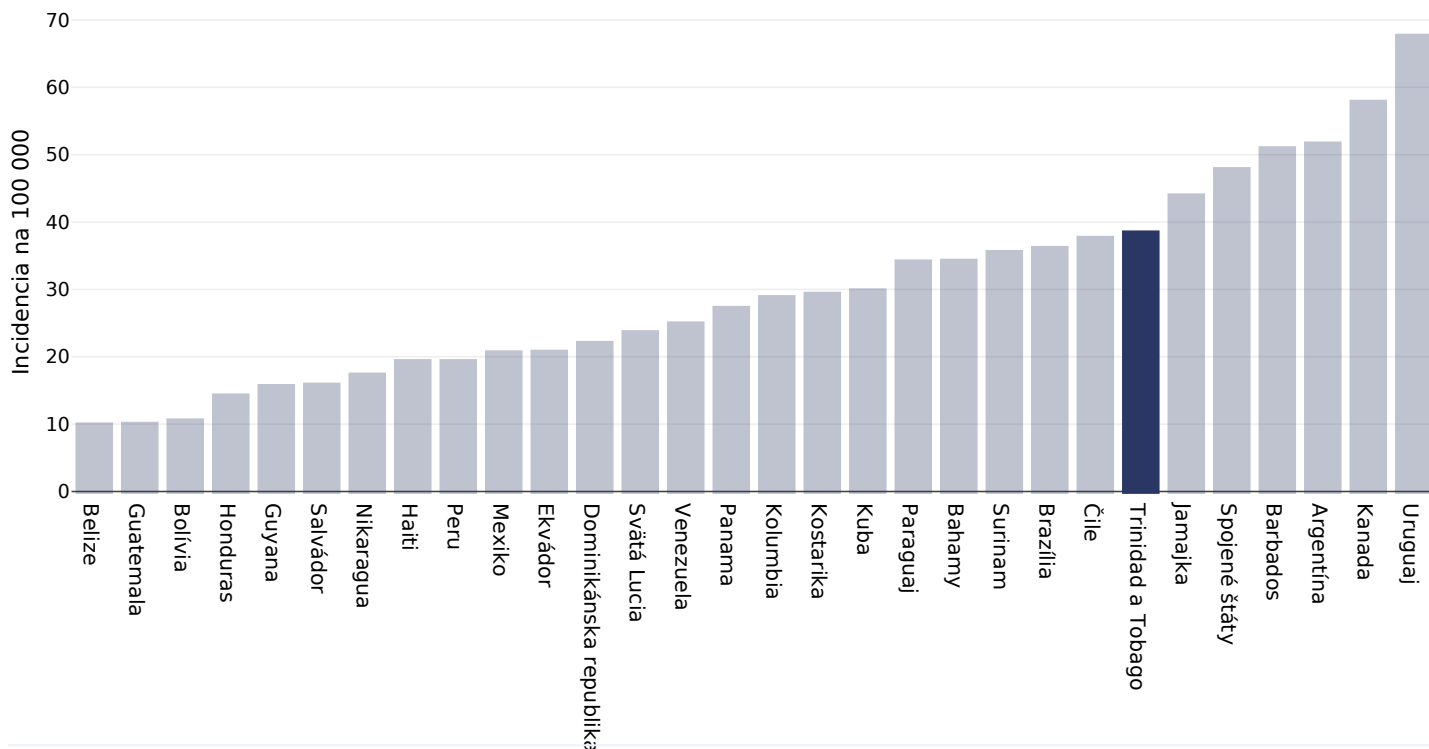
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

## Rakovina hrubého čreva a konečníka

### Muži, 2020



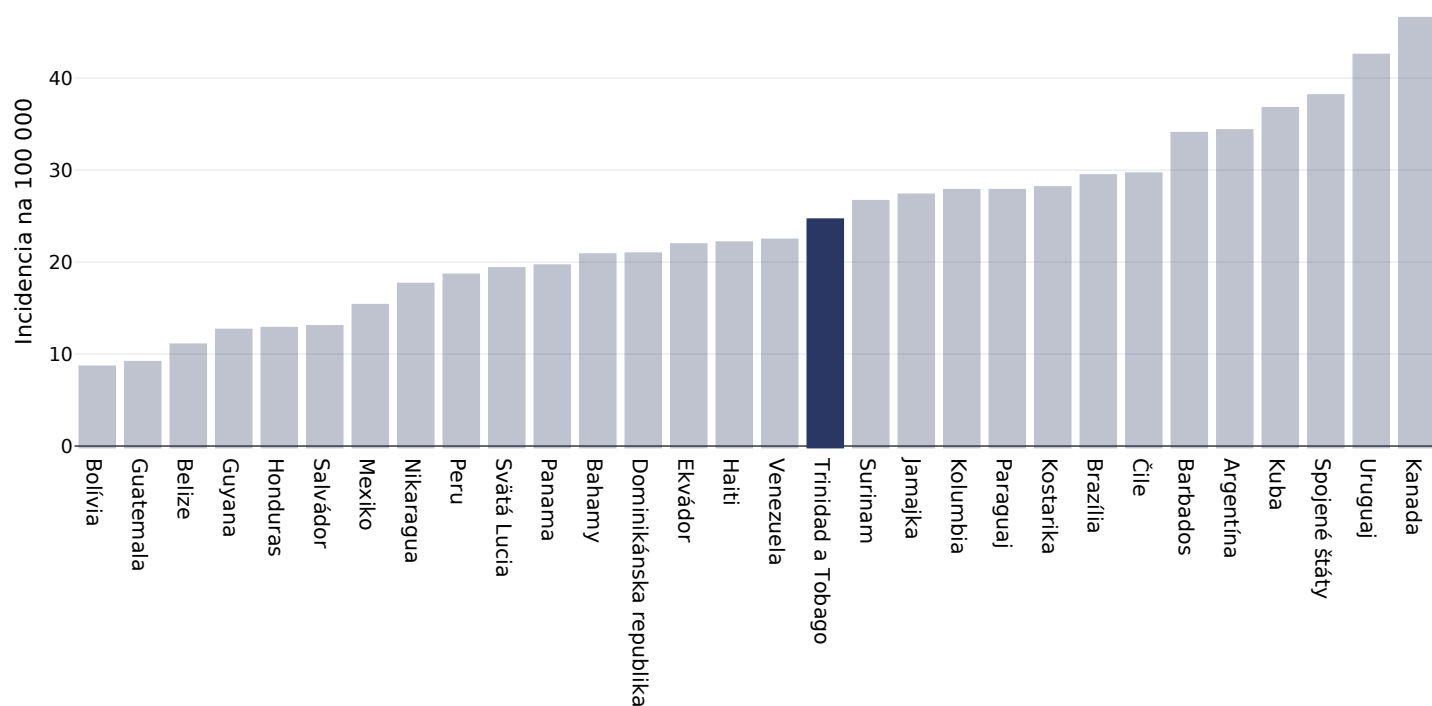
Vek: 20+

Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

## Ženy, 2020



Vek: 20+

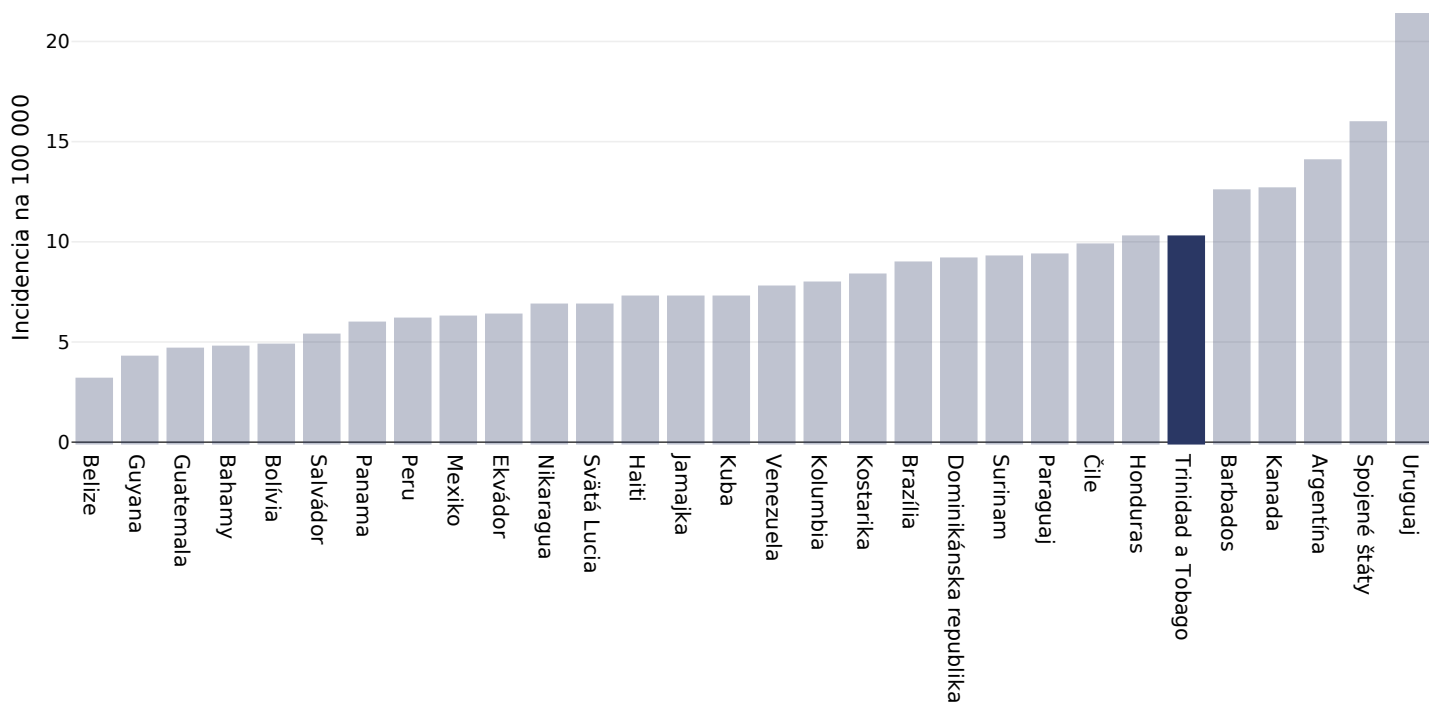
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

## Rakovina pankreasu

### Muži, 2020



Vek: 20+

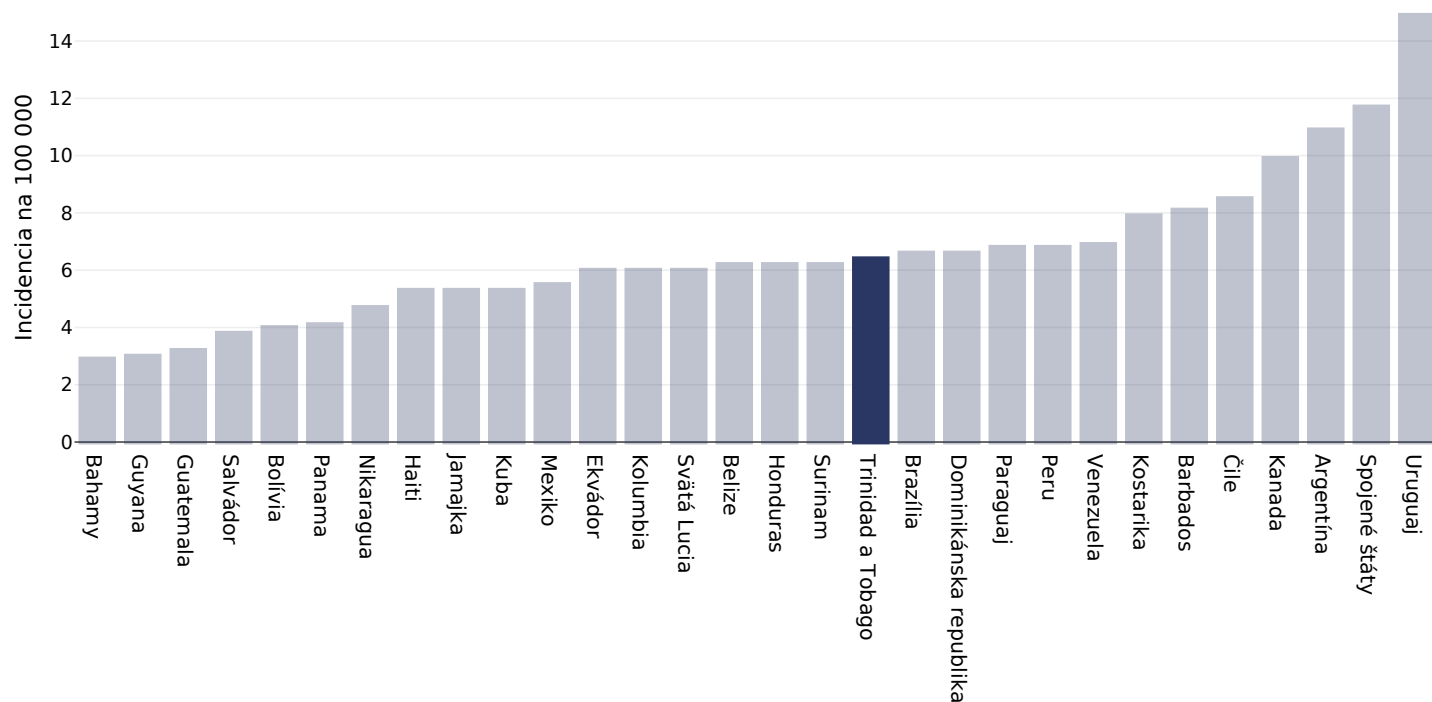
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000



## Ženy, 2020



Vek: 20+

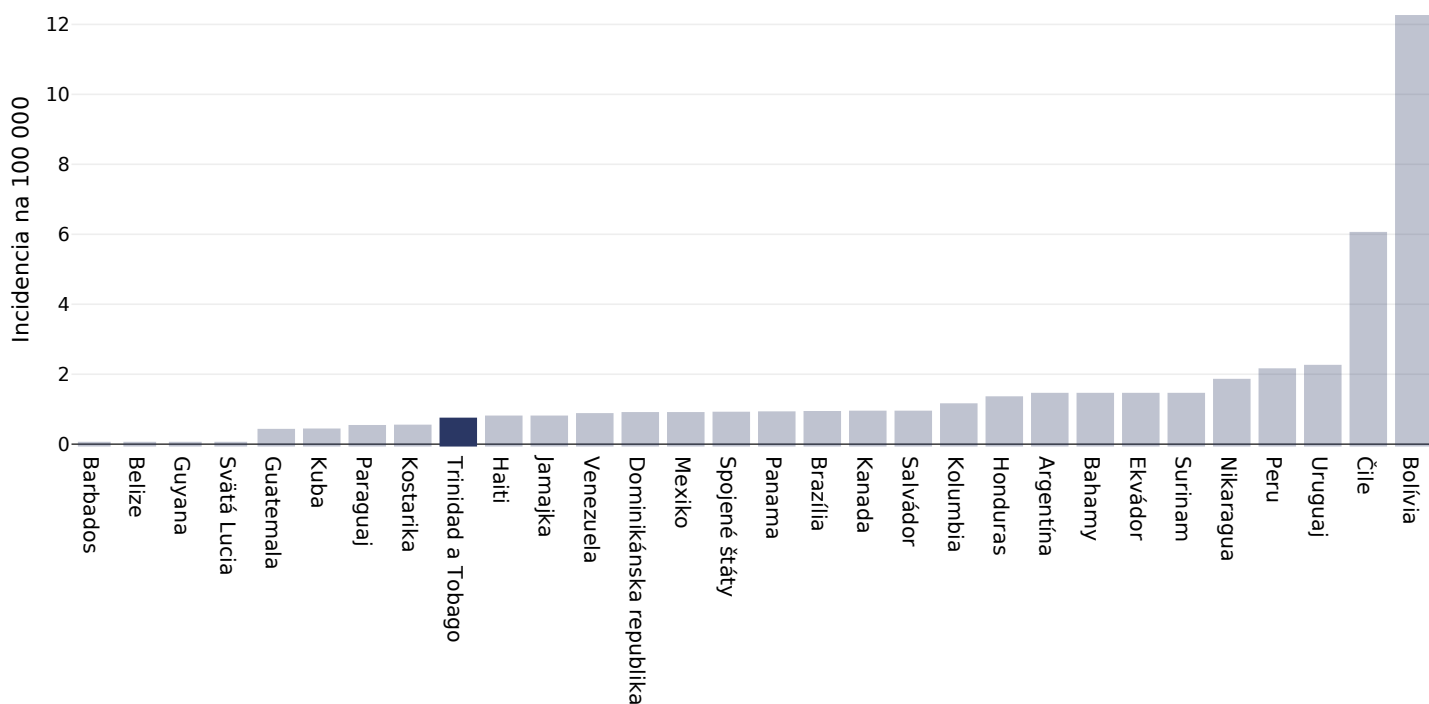
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

## Rakovina žlčníka

### Muži, 2020



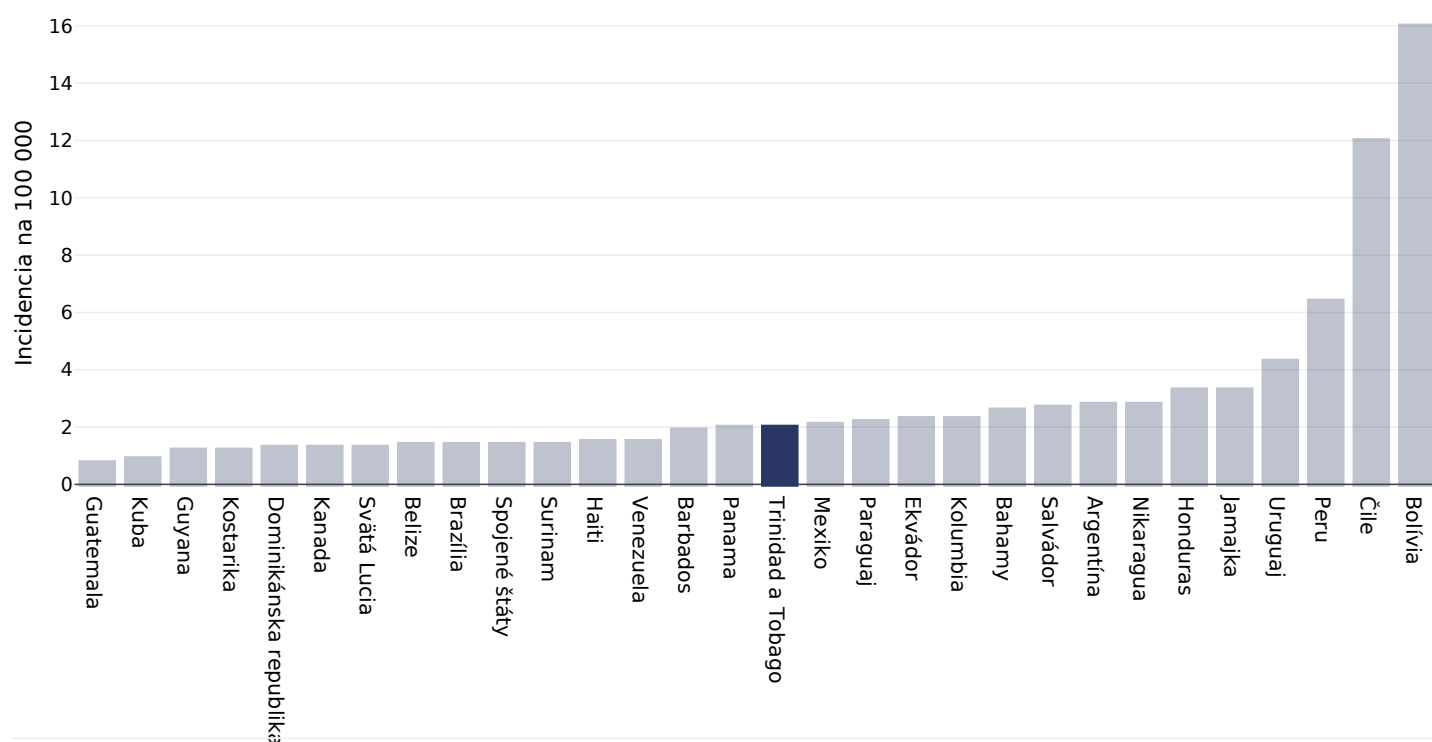
Vek: 20+

Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

## Ženy, 2020



Vek: 20+

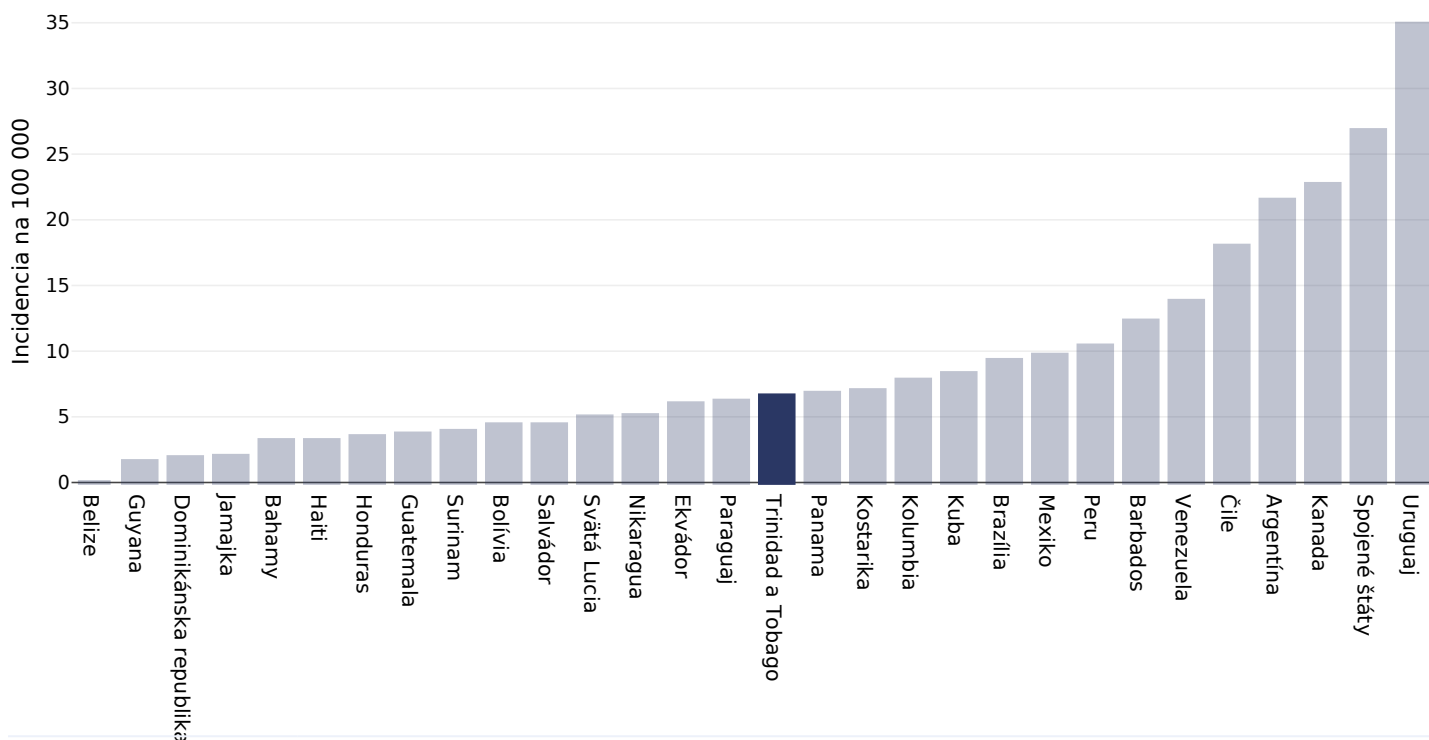
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

## Rakovina obličiek

### Muži, 2020



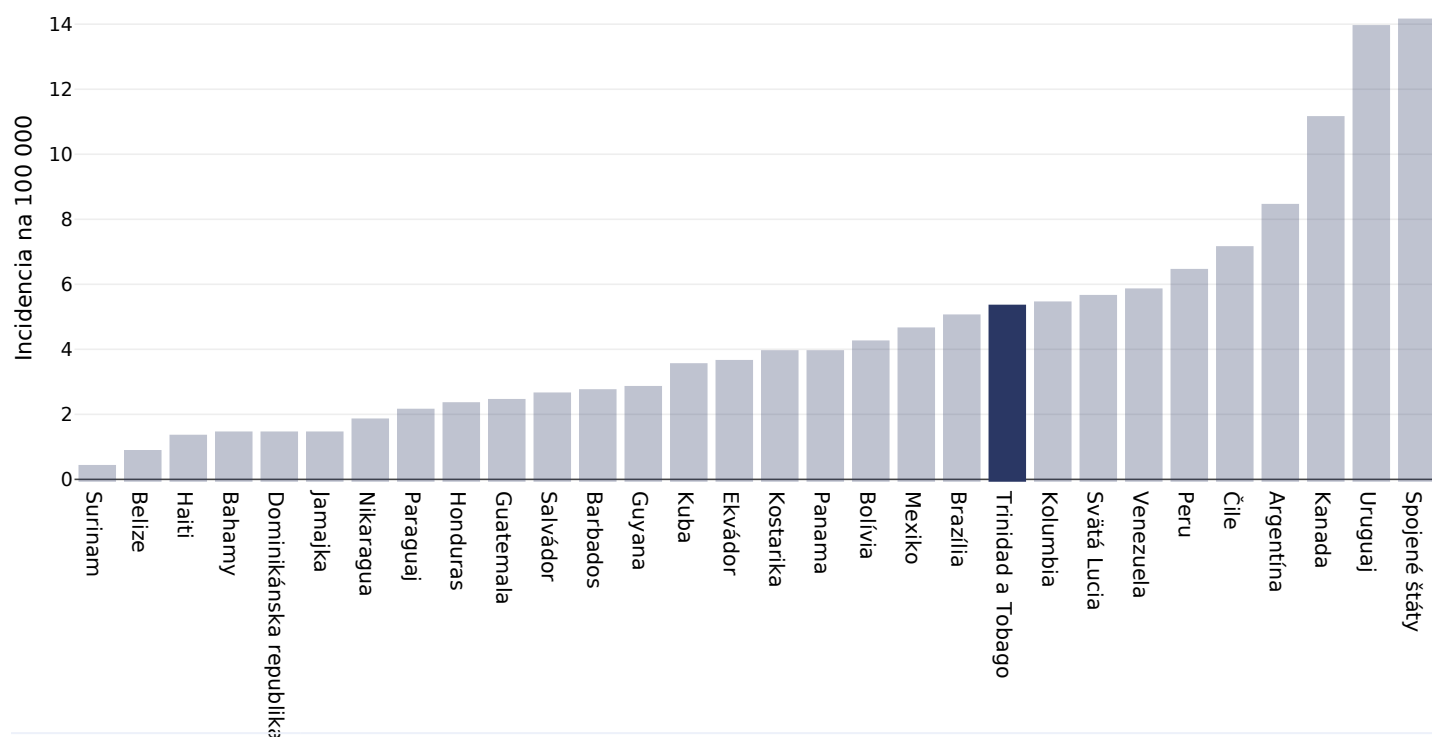
Vek: 20+

Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

## Ženy, 2020



Vek: 20+

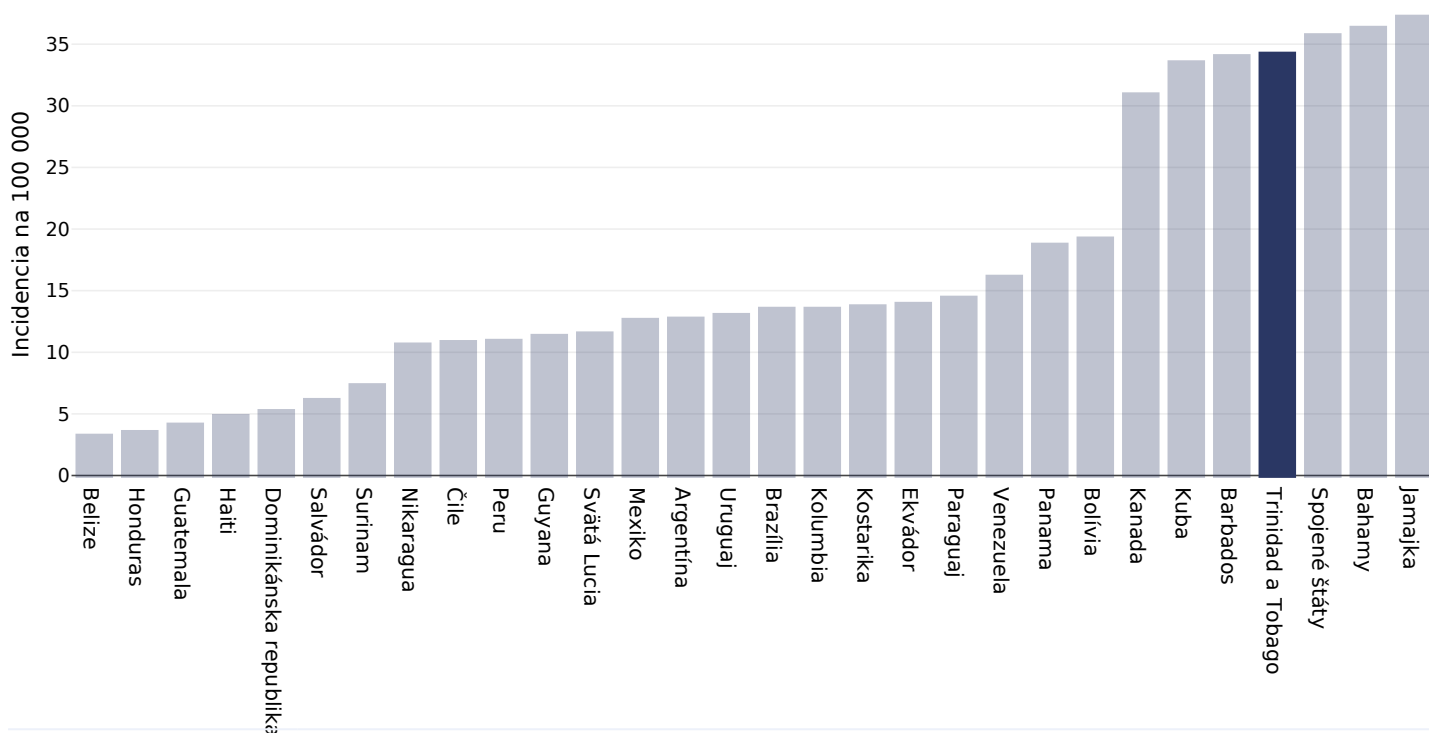
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

## Rakovina maternice

### Ženy, 2020



Vek: 20+

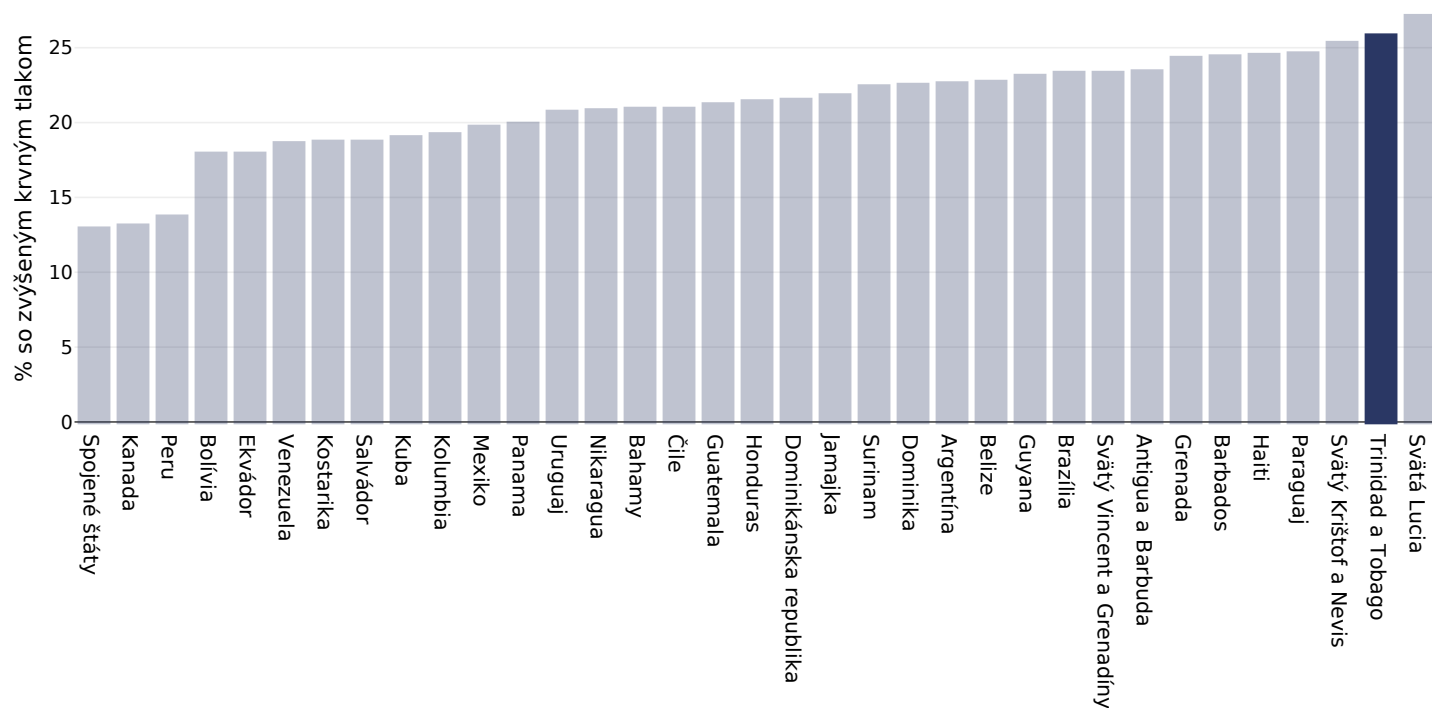
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2357

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

## Zvýšený krvný tlak

### Dospelí, 2015



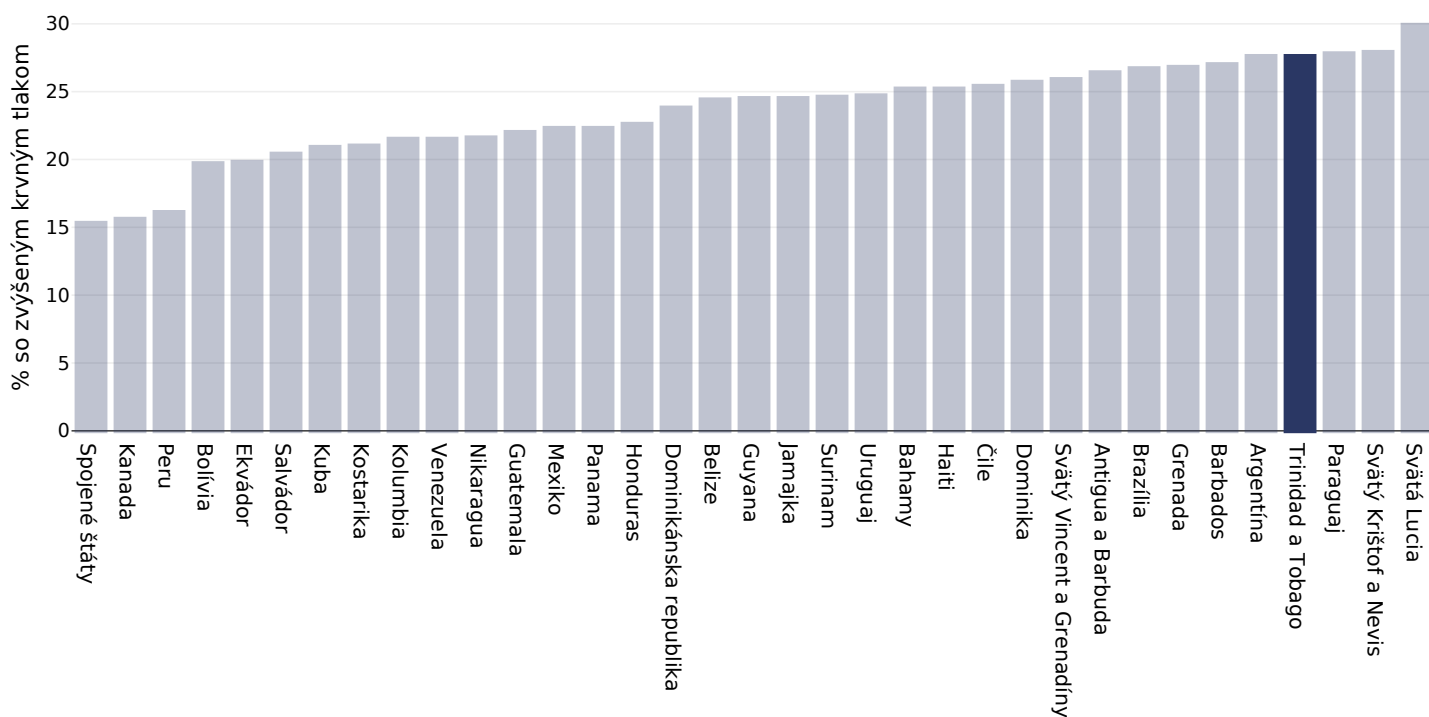
Odkazy:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

## Muži, 2015



Odkazy:

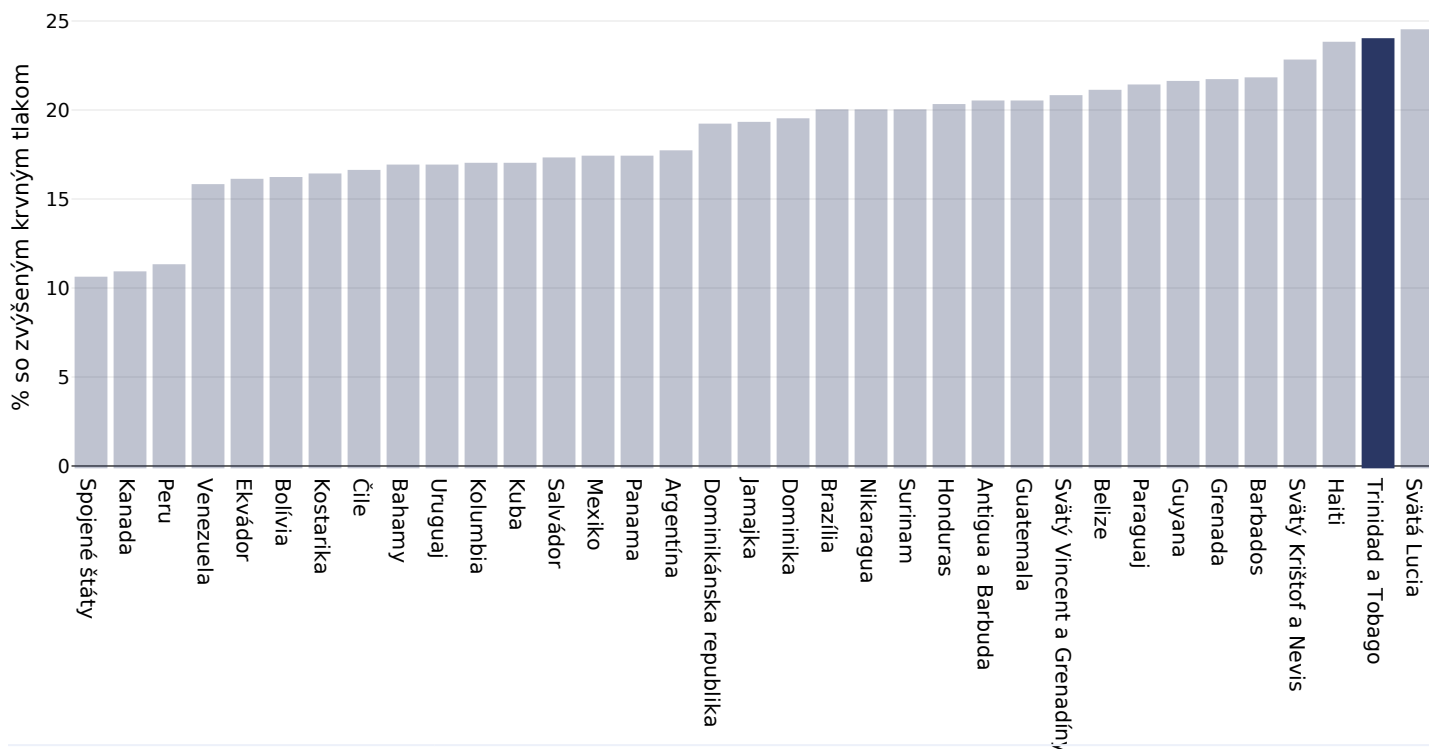
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



## Ženy, 2015



Odkazy:

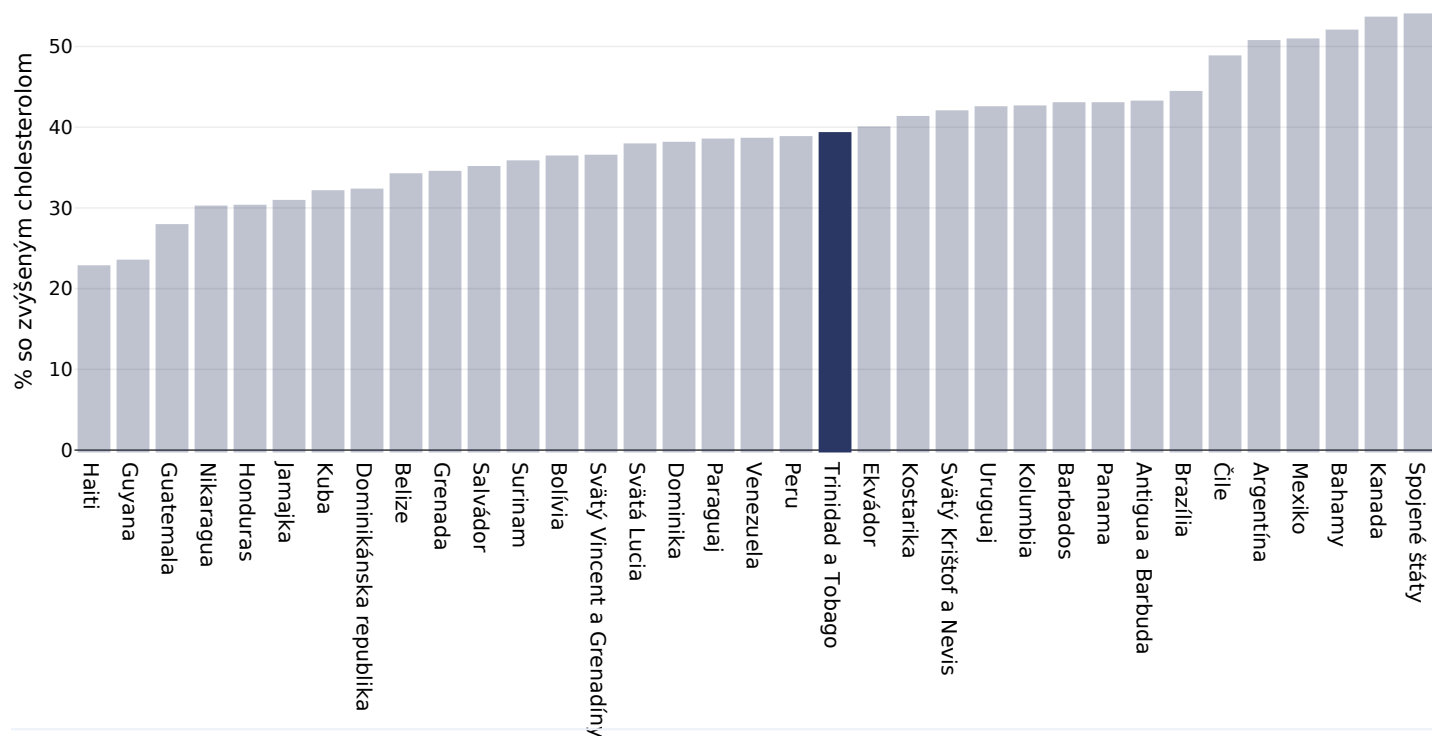
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Zvýšený cholesterol

### Dospelí, 2008



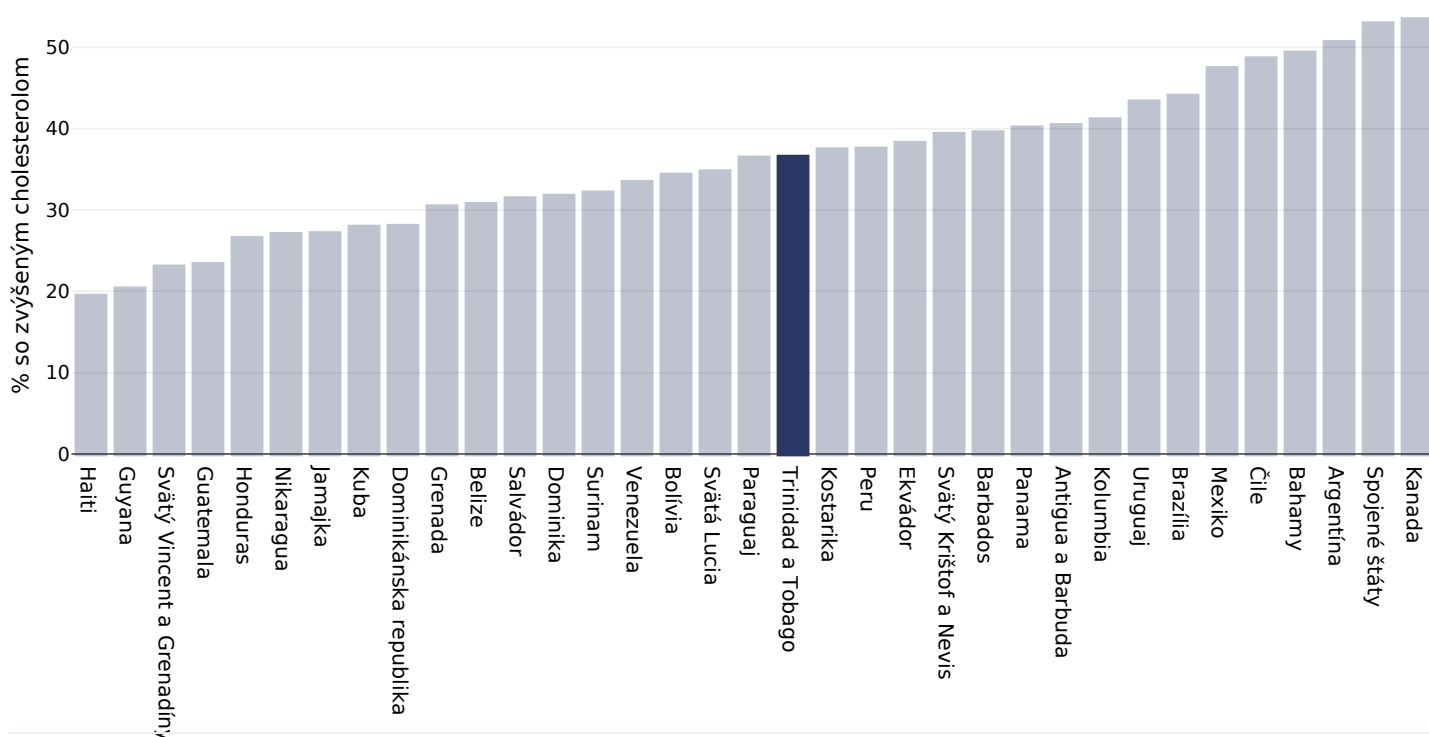
Odkazy:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A885>

Definície (k dispozícii iba v angličtine):

% Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Muži, 2008



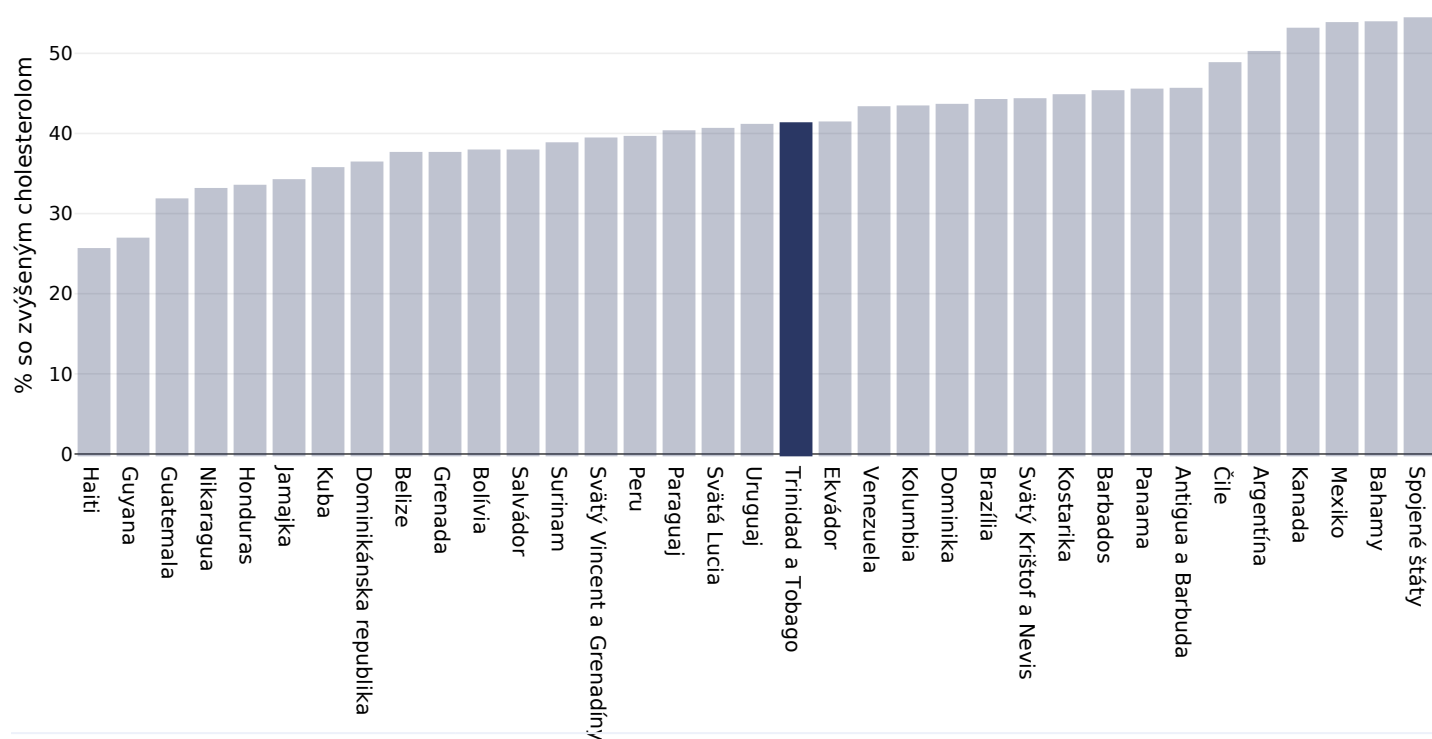
Odkazy:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A885>

Definície (k dispozícii iba v angličtine):

% Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Ženy, 2008



Odkazy:

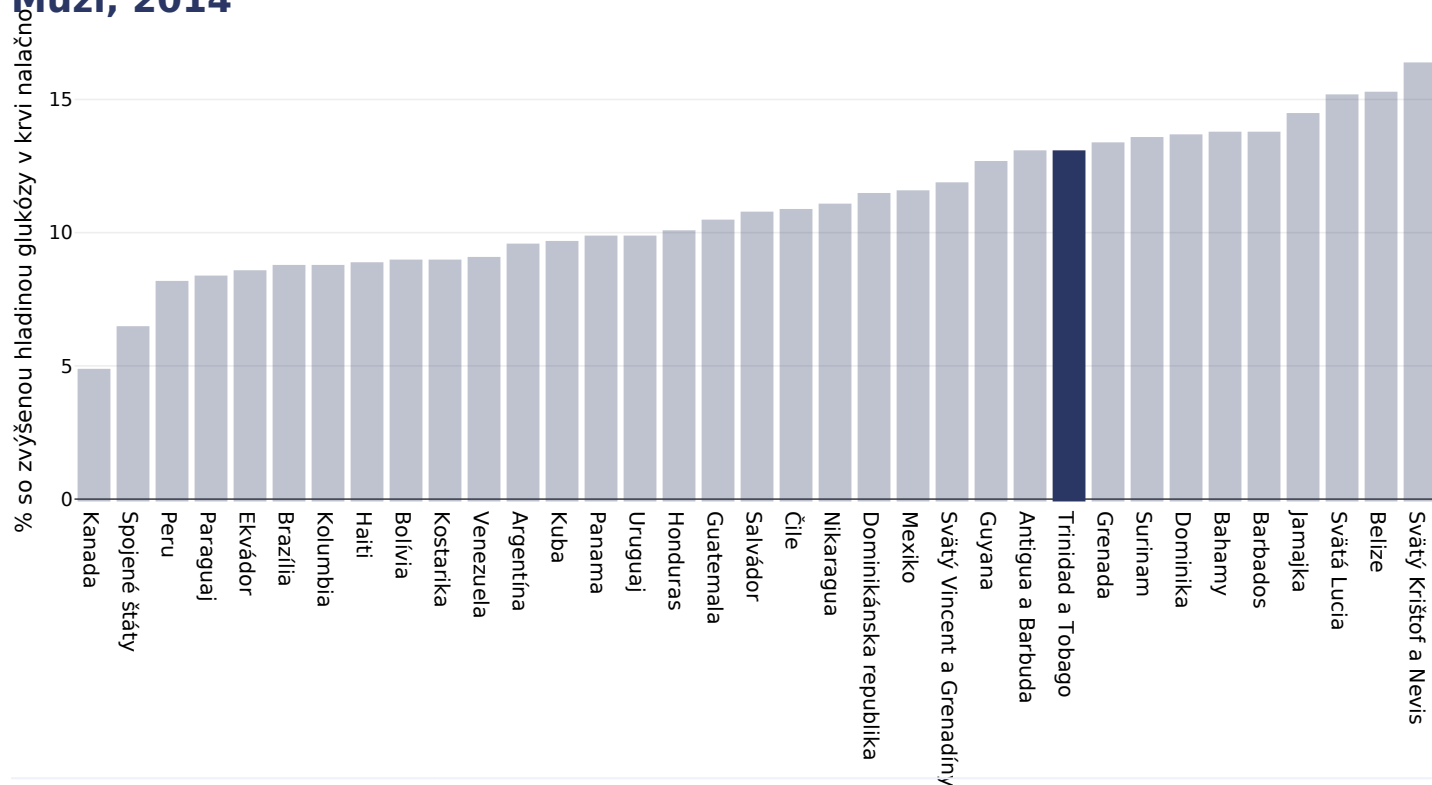
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A885>

Definície (k dispozícii iba v angličtine):

% Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Zvýšená glukóza v krvi nalačno

### Muži, 2014



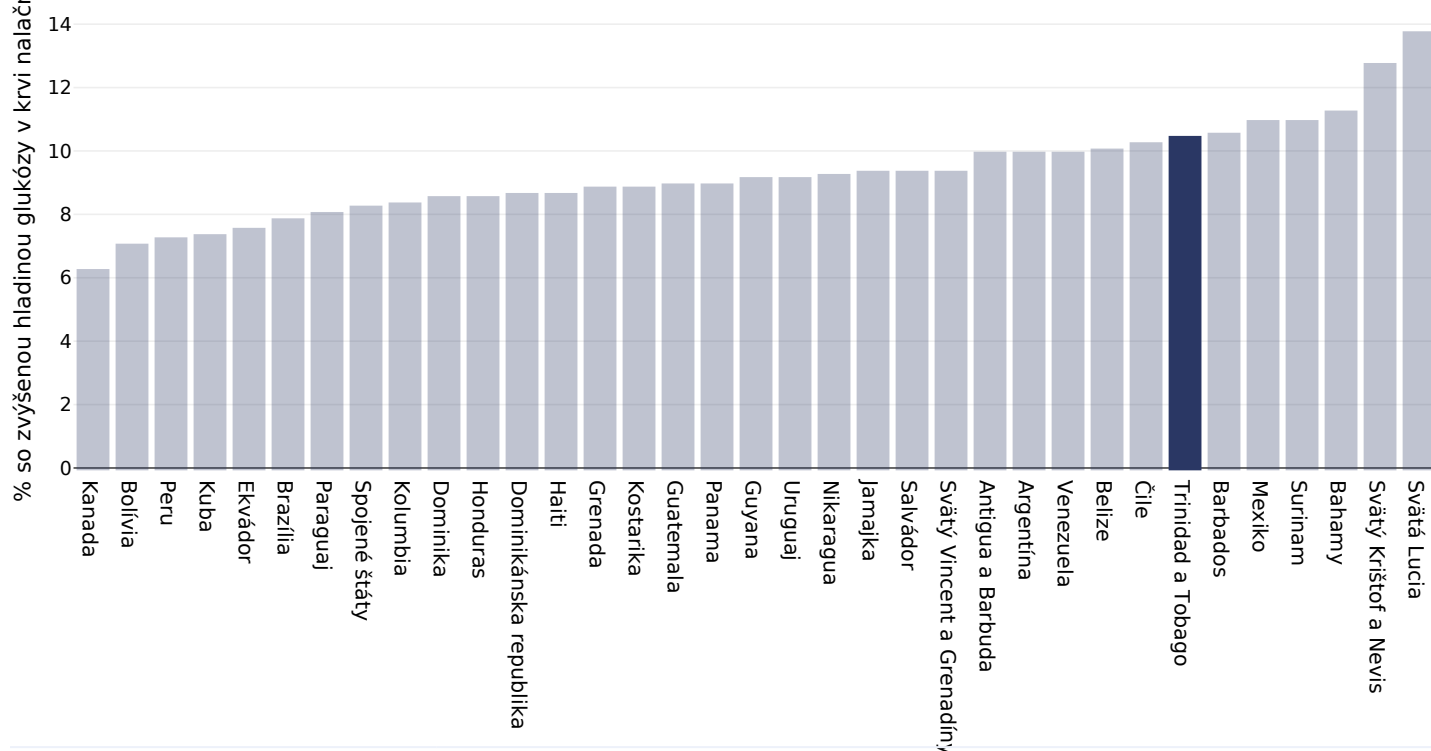
Odkazy:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Ženy, 2014



Odkazy:

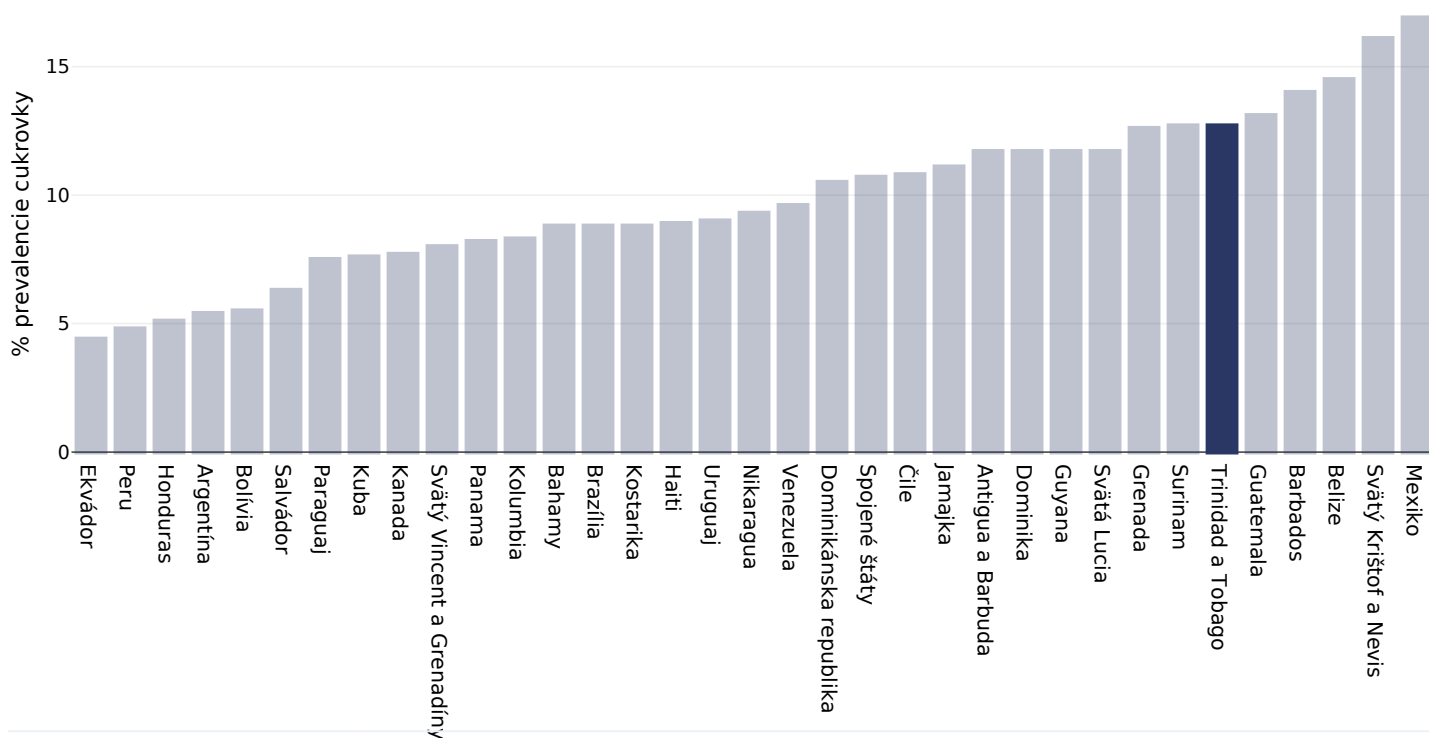
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

# Prevalencia cukrovky

## Dospelí, 2021



Vek: 20-79

Dotknutá oblasť: Národný

Odkazy: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>






Definície (k dispozícii iba v angličtine): Age-adjusted comparative prevalence of diabetes, %

## Contextual factors

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



### Labelling

<b>Is there mandatory nutrition labelling?</b>	 <b>v</b>
Front-of-package labelling?	
Back-of-pack nutrition declaration?	
Color coding?	
Warning label?	





## Regulation and marketing

<b>Are there fiscal policies on unhealthy products?</b>	<b>✗</b>
Tax on unhealthy foods?	✗
Tax on unhealthy drinks?	✗
<b>Are there fiscal policies on healthy products?</b>	<b>✗</b>
Subsidy on fruits?	✗
Subsidy on vegetables?	✗
Subsidy on other healthy products?	✗
<b>Mandatory limit or ban of trans fat (all settings)?</b>	<b>✗</b>
Mandatory limit of trans fats in place (all settings)?	✗
Ban on trans-fats or phos in place (all settings)?	✗
<b>Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?</b>	<b>✗</b>
Mandatory restriction on broadcast media?	✗
Mandatory restriction on non-broadcast media?	✗
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
<b>Are there mandatory standards for food in schools?</b>	<b>✓</b>
<b>Are there any mandatory nutrient limits in any manufactured food products?</b>	<b>✗</b>
<b>Nutrition standards for public sector procurement?</b>	<b>✗</b>



## Political will and support

<b>National obesity strategy or nutrition and physical activity national strategy?</b>	✓
National obesity strategy?	✗
National childhood obesity strategy?	✓
Comprehensive nutrition strategy?	?
Comprehensive physical activity strategy?	✗
<b>Evidence-based dietary guidelines and/or RDAs?</b>	✗
<b>National target(s) on reducing obesity?</b>	✓
<b>Guidelines/policy on obesity treatment?</b>	✗
<b>Promotion of breastfeeding?</b>	✓



## Monitoring and surveillance

<b>Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?</b>	✓
Within 5 years?	✗



## Governance and resource

<b>Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?</b>	✗
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### Key

**Present**    
 **Present (voluntary)**    
 **Incoming**    
 **Absent**    
 **Unknown**

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