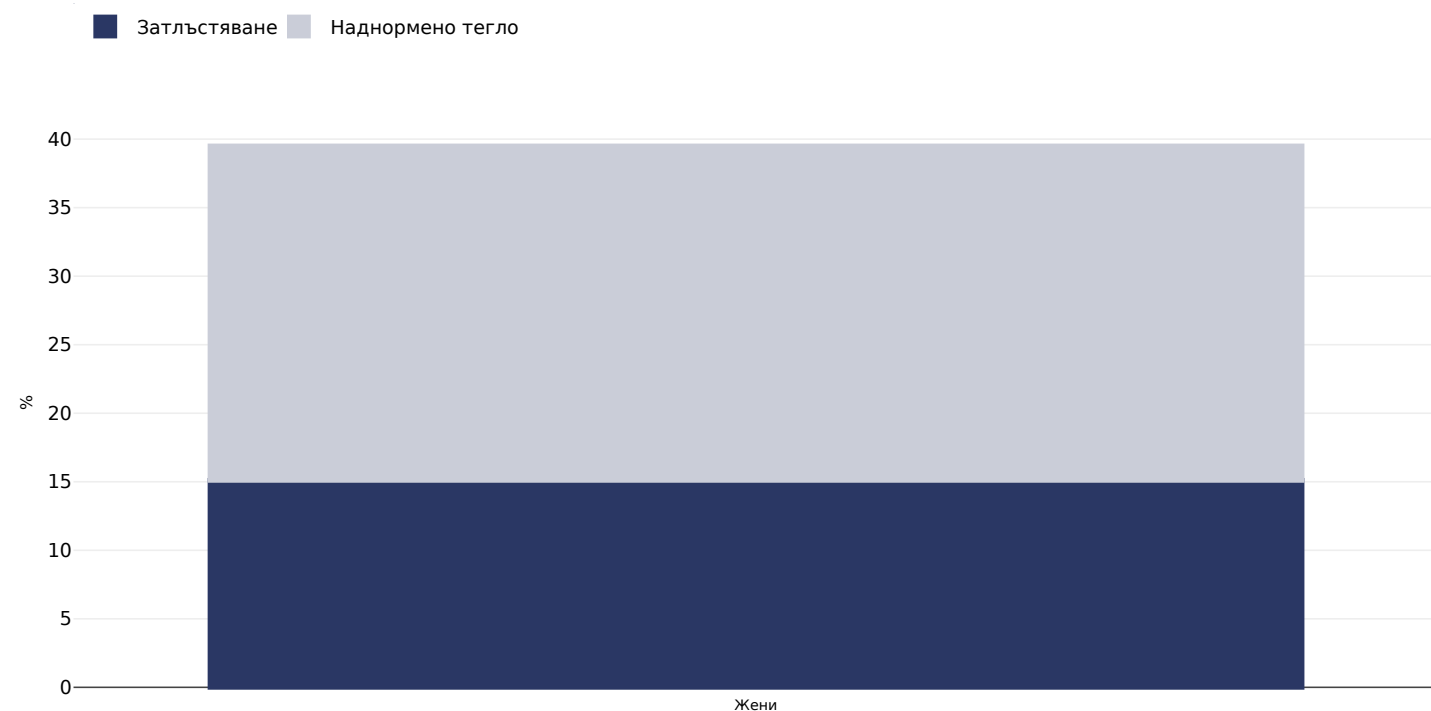


# Report card Сомалия



## Разпространение на затлъстяването

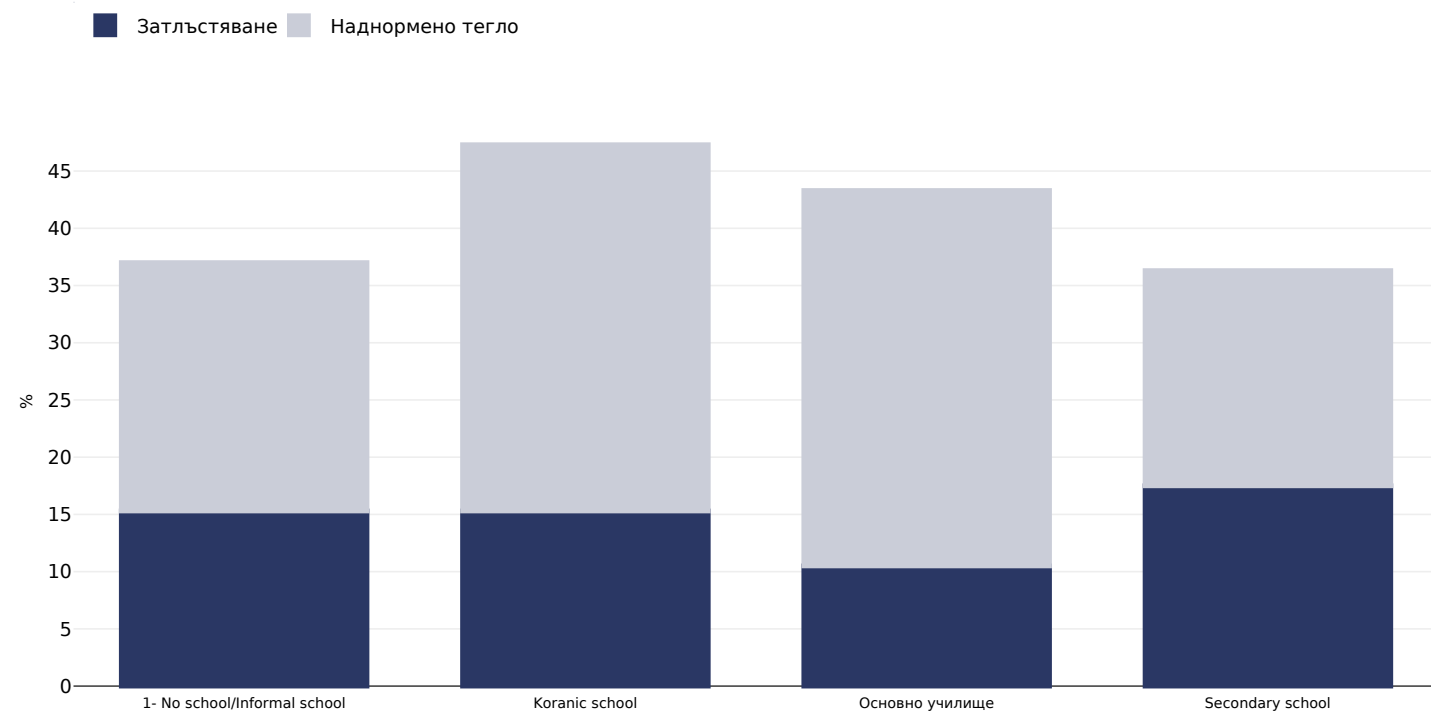
### Жени, 2019



Тип анкета:	Измерено
Възраст:	15-49
Количество на пробите:	803
Обхваната зона:	Национално
Референции:	Ministry of Health FGS, FMS, Somaliland, UNICEF, Brandpro, GroundWork. Somalia Micronutrient Survey 2019. Mogadishu, Somalia; 2020. <a href="https://www.unicef.org/somalia/media/1681/file/Somalia-Micronutrient-Survey-2019.pdf">https://www.unicef.org/somalia/media/1681/file/Somalia-Micronutrient-Survey-2019.pdf</a> (Accessed 29.09.20)
Забележки:	Small sample size. Non-pregnant women.
<i>Освен ако не е посочено друго, наднорменото тегло се отнася до ИТМ между 25 kg и 29,9°kg/m<sup>2</sup>, затлъстяването се отнася до ИТМ, по-голям от 30°kg/m<sup>2</sup>.</i>	

## Наднормено тегло/затлъстяване по образование

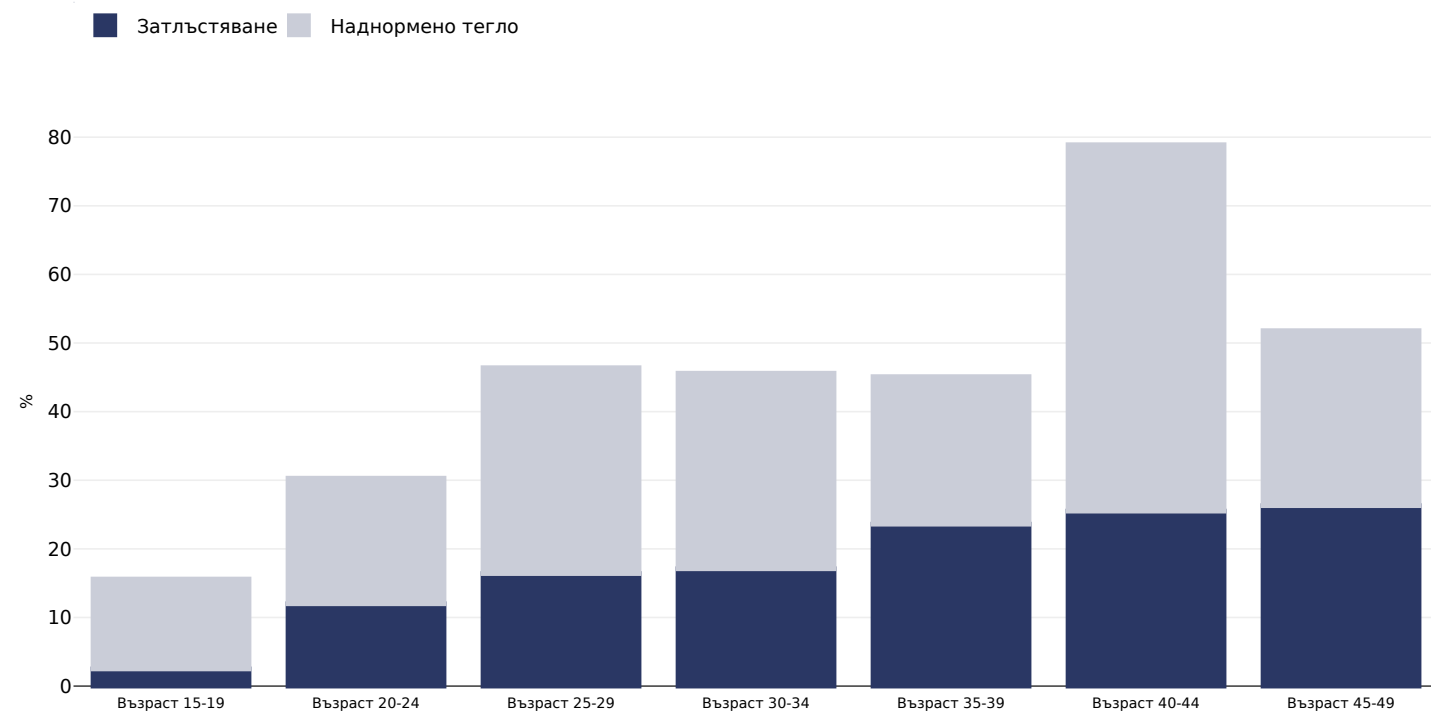
### Жени, 2019



Тип анкета:	Измерено
Възраст:	15-49
Количество на пробите:	803
Обхваната зона:	Национално
Референции:	Ministry of Health FGS, FMS, Somaliland, UNICEF, Brandpro, GroundWork. Somalia Micronutrient Survey 2019. Mogadishu, Somalia; 2020. <a href="https://www.unicef.org/somalia/media/1681/file/Somalia-Micronutrient-Survey-2019.pdf">https://www.unicef.org/somalia/media/1681/file/Somalia-Micronutrient-Survey-2019.pdf</a> (Accessed 29.09.20)
Забележки:	Small sample size. Non-pregnant women.
<i>Освен ако не е посочено друго, наднорменото тегло се отнася до ИТМ между 25 kg и 29,9°kg/m<sup>2</sup>, затлъстяването се отнася до ИТМ, по-голям от 30°kg/m<sup>2</sup>.</i>	

## Наднормено тегло/затлъстяване по възраст

### Жени, 2019



Тип анкета: Измерено

Количество на пробите: 803

Обхваната зона: Национално

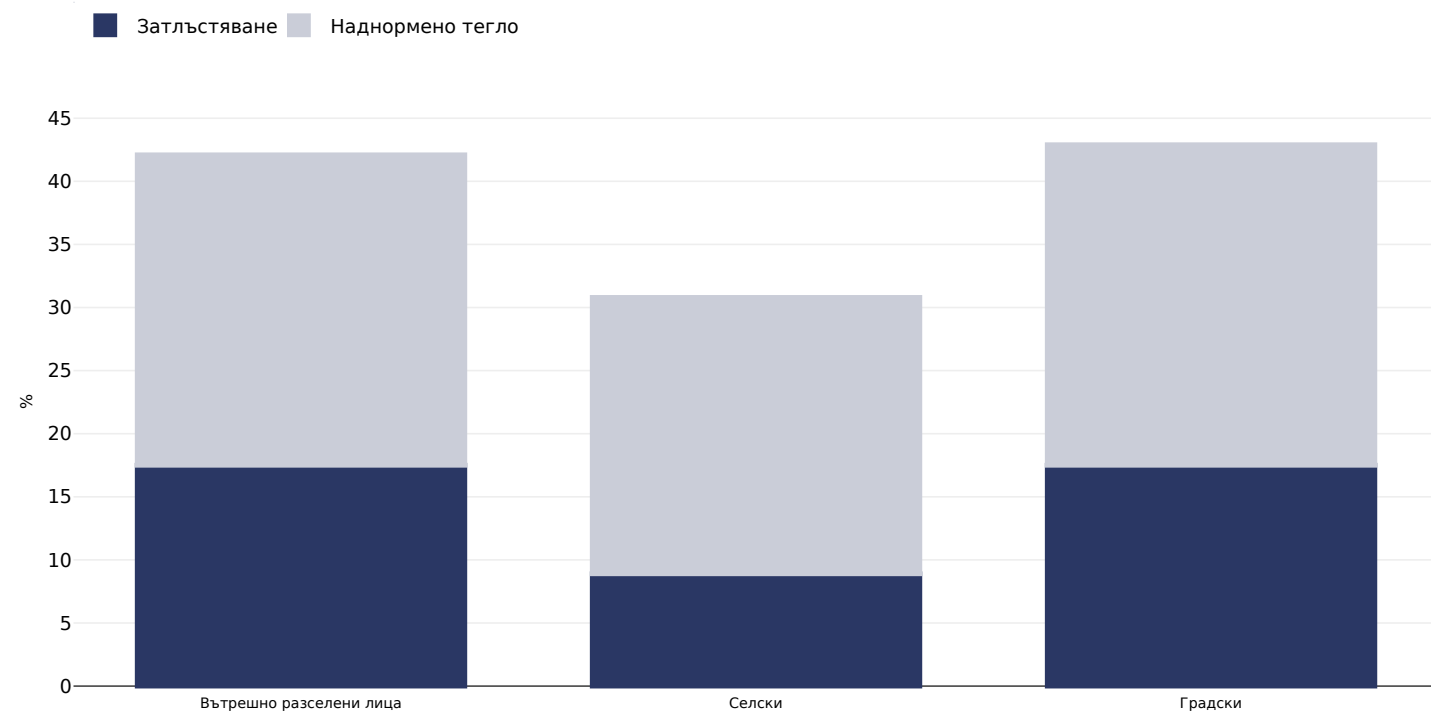
Референции: Ministry of Health FGS, FMS, Somaliland, UNICEF, Brandpro, GroundWork. Somalia Micronutrient Survey 2019. Mogadishu, Somalia; 2020. <https://www.unicef.org/somalia/media/1681/file/Somalia-Micronutrient-Survey-2019.pdf> (Accessed 29.09.20)

Забележки: Small sample size. Non-pregnant women.

Освен ако не е посочено друго, наднорменото тегло се отнася до ИТМ между 25 kg и 29,9<sup>o</sup>kg/m<sup>2</sup>, затлъстяването се отнася до ИТМ, по-голям от 30<sup>o</sup>kg/m<sup>2</sup>.

## Наднормено тегло/затлъстяване по регион

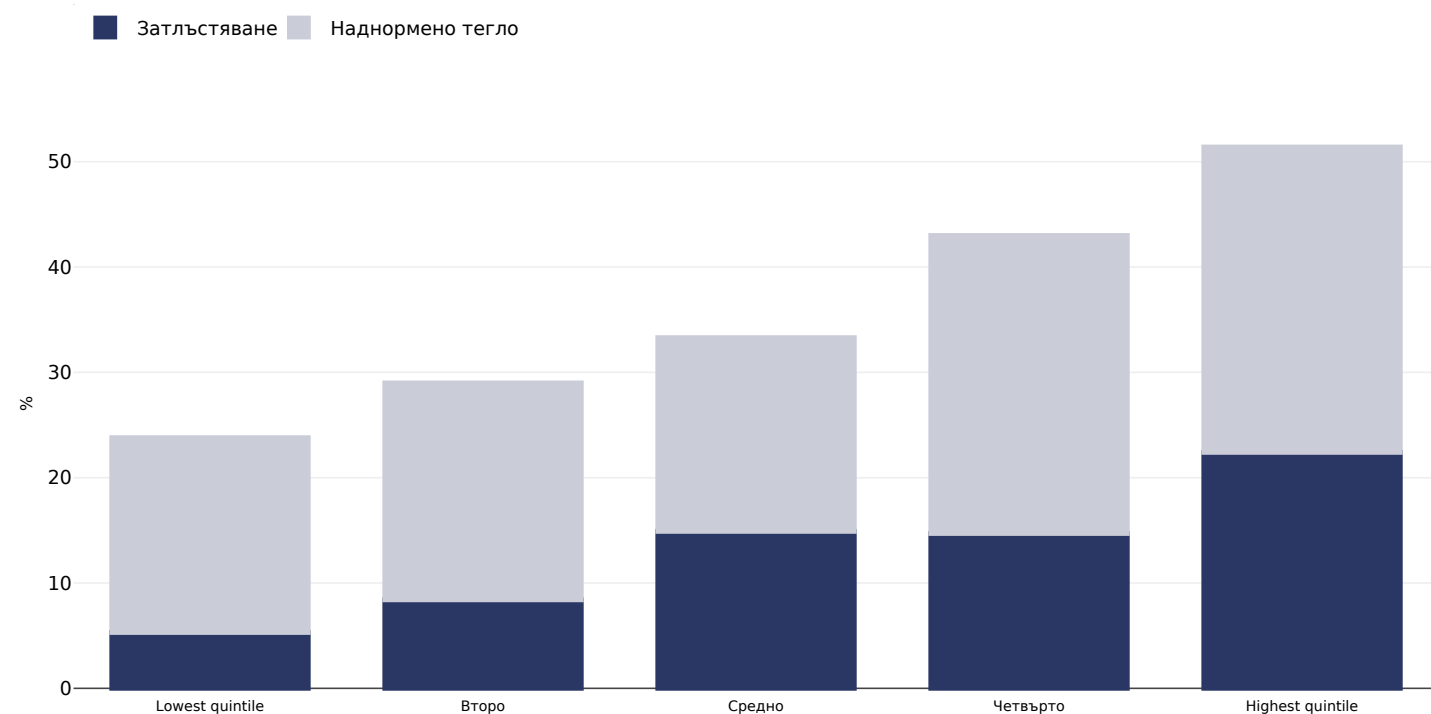
### Жени, 2019



Тип анкета:	Измерено
Възраст:	15-49
Количество на пробите:	803
Обхваната зона:	Национално
Референции:	Ministry of Health FGS, FMS, Somaliland, UNICEF, Brandpro, GroundWork. Somalia Micronutrient Survey 2019. Mogadishu, Somalia; 2020. <a href="https://www.unicef.org/somalia/media/1681/file/Somalia-Micronutrient-Survey-2019.pdf">https://www.unicef.org/somalia/media/1681/file/Somalia-Micronutrient-Survey-2019.pdf</a> (Accessed 29.09.20)
Забележки:	Small sample size. Non-pregnant women.
<i>Освен ако не е посочено друго, наднорменото тегло се отнася до ИТМ между 25 kg и 29,9°kg/m<sup>2</sup>, затлъстяването се отнася до ИТМ, по-голям от 30°kg/m<sup>2</sup>.</i>	

## Наднормено тегло/затлъстяване по социално-икономическа група

### Жени, 2019



Тип анкета: Измерено

Възраст: 15-49

Количество на пробите: 803

Обхваната зона: Национално

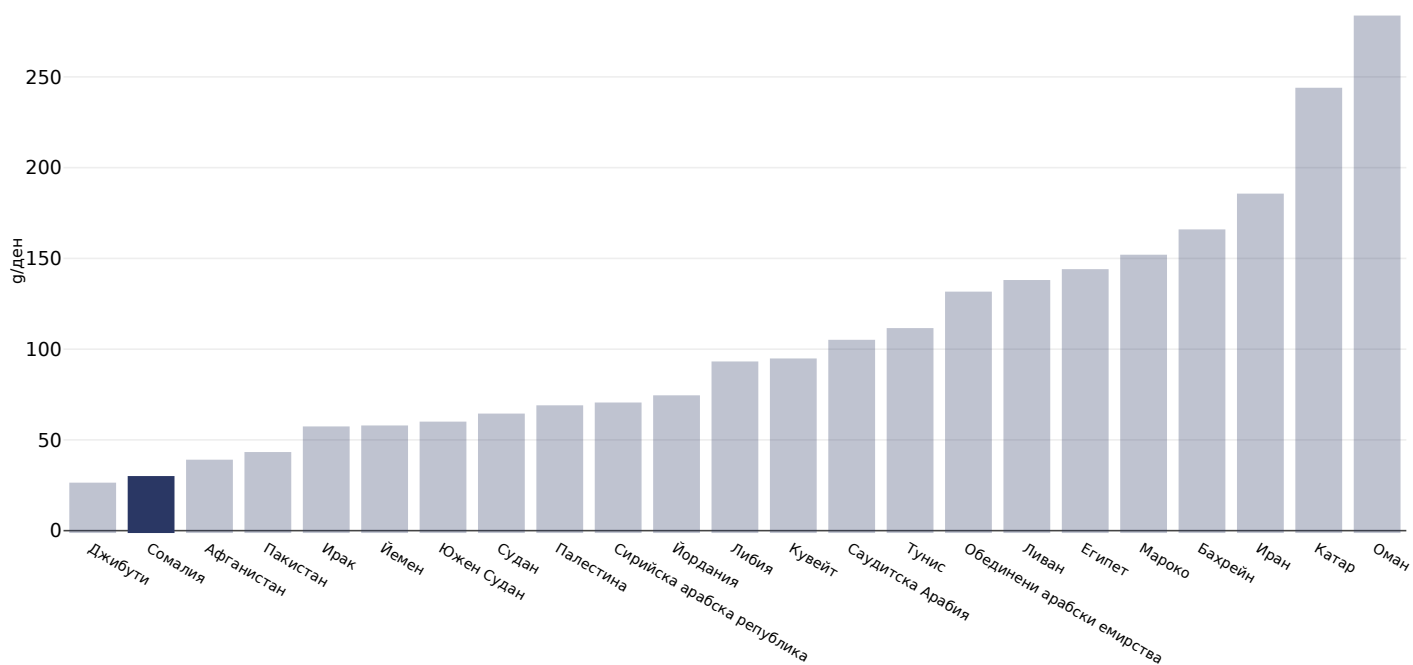
Референции: Ministry of Health FGS, FMS, Somaliland, UNICEF, Brandpro, GroundWork. Somalia Micronutrient Survey 2019. Mogadishu, Somalia; 2020. <https://www.unicef.org/somalia/media/1681/file/Somalia-Micronutrient-Survey-2019.pdf> (Accessed 29.09.20)

Забележки: Small sample size. Non-pregnant women.

Освен ако не е посочено друго, наднорменото тегло се отнася до ИТМ между 25 kg и 29,9°kg/m<sup>2</sup>, затлъстяването се отнася до ИТМ, по-голям от 30°kg/m<sup>2</sup>.

## Estimated per capita fruit intake

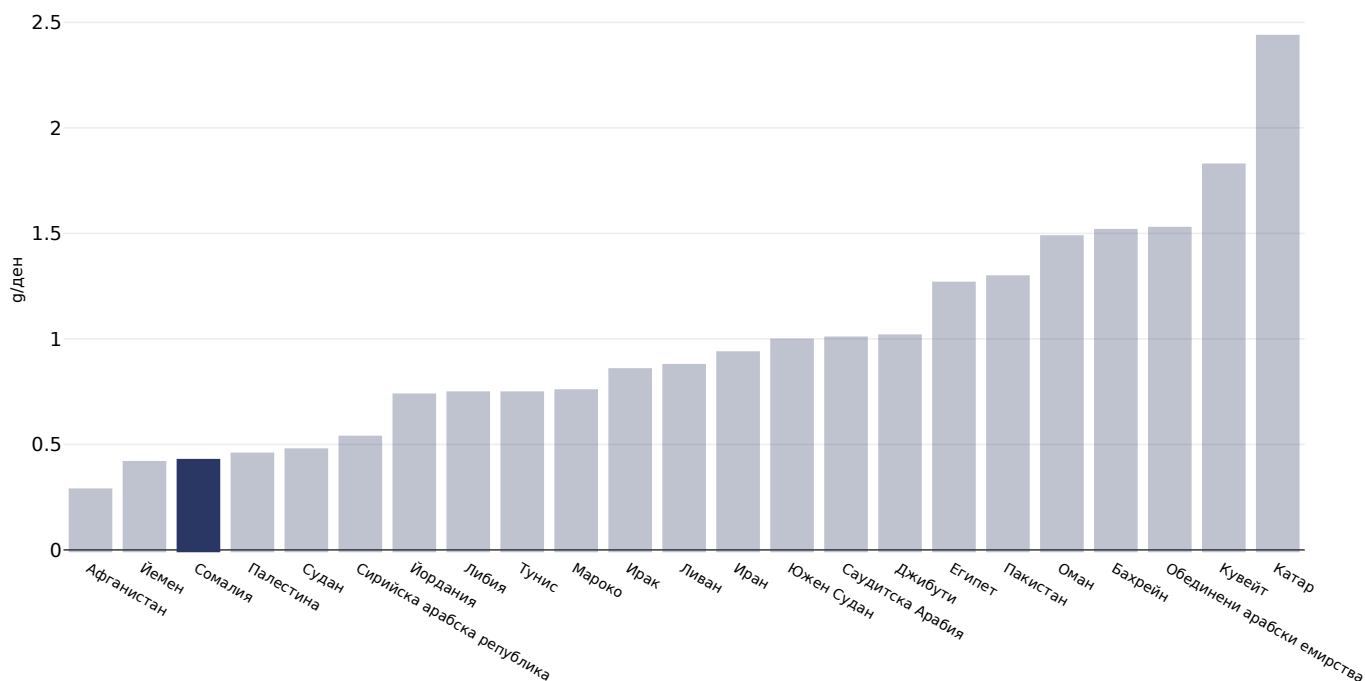
### Възрастни, 2017



Тип анкета:	Измерено
Възраст:	25+
Референции:	Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a>
Определения:	Estimated per-capita fruit intake (g/day)

## Очакван прием на преработено месо на глава от населението

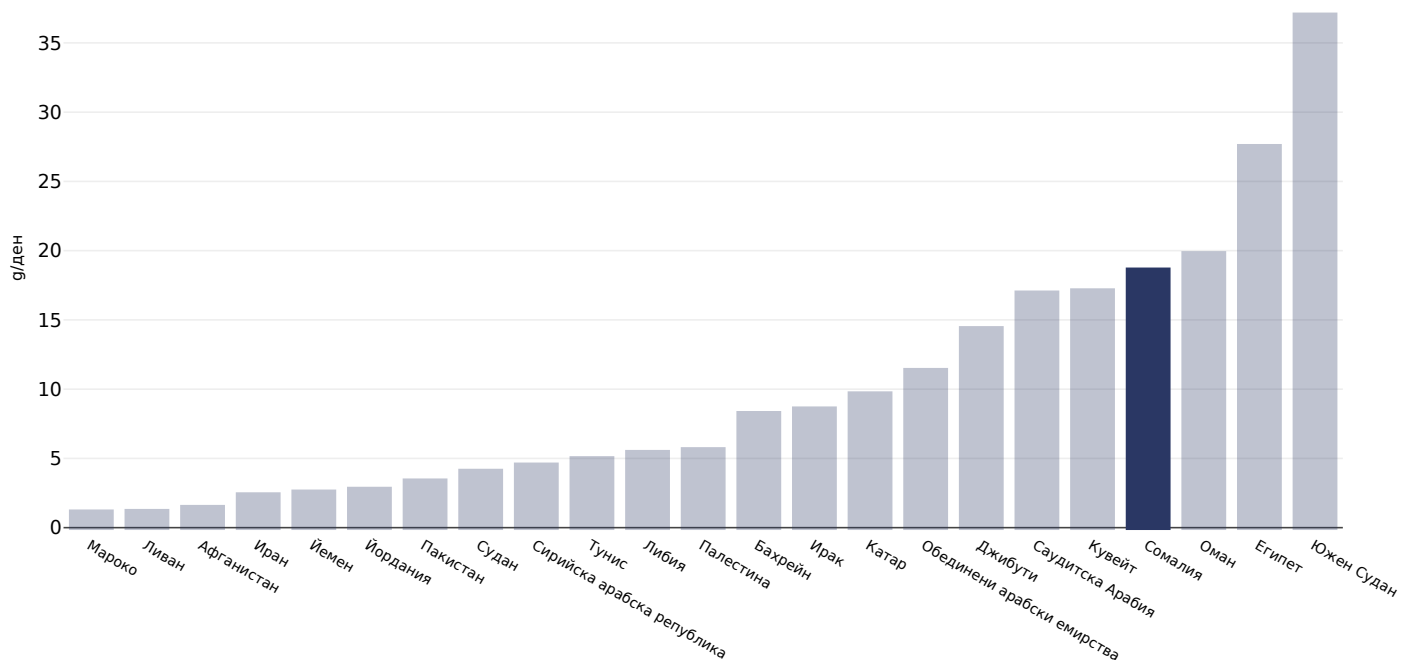
### Възрастни, 2017



Тип анкета:	Измерено
Възраст:	25+
Референции:	Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a>
Определения:	Estimated per-capita processed meat intake (g per day)

## Estimated per capita whole grains intake

### Възрастни, 2017

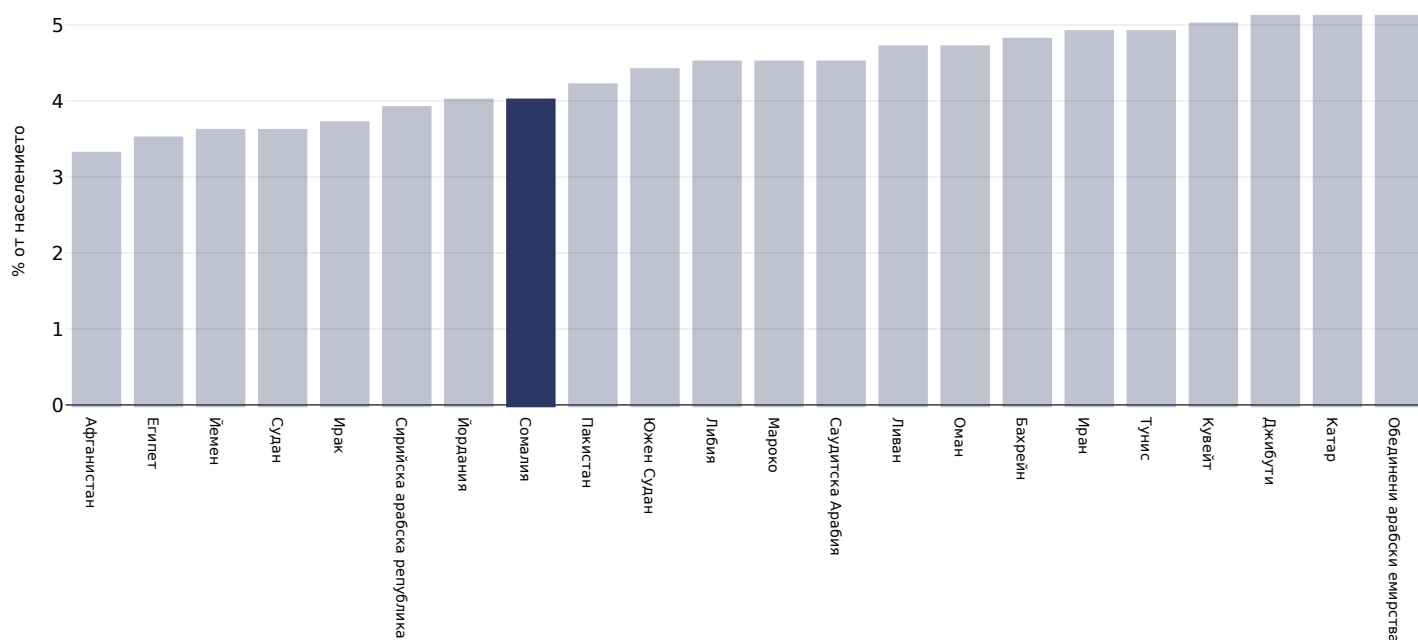


Тип анкета:	Измерено
Възраст:	25+
Референции:	Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a>
Определения:	Estimated per-capita whole grains intake (g/day)



## Психично здраве - депресивни разстройства

### Възрастни, 2015



Референции:

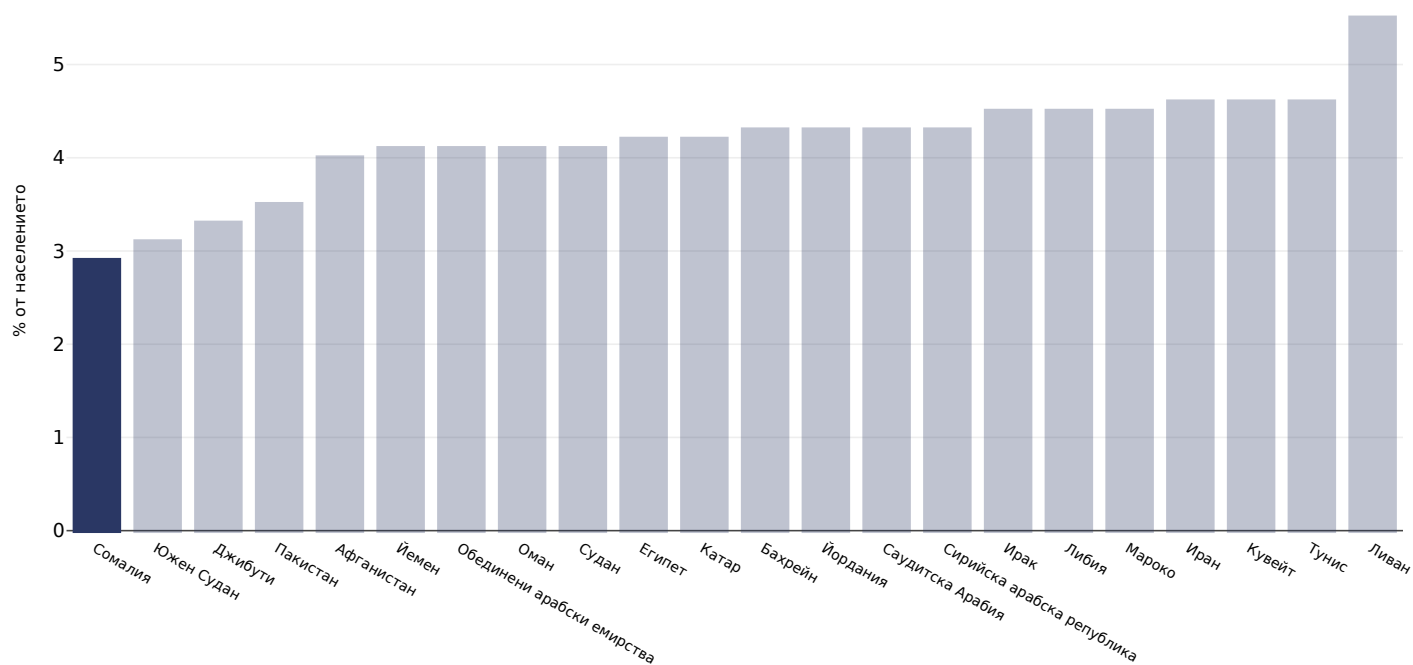
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Определения:

% of population with depression disorders

## Психично здраве - тревожни разстройства

### Възрастни, 2015

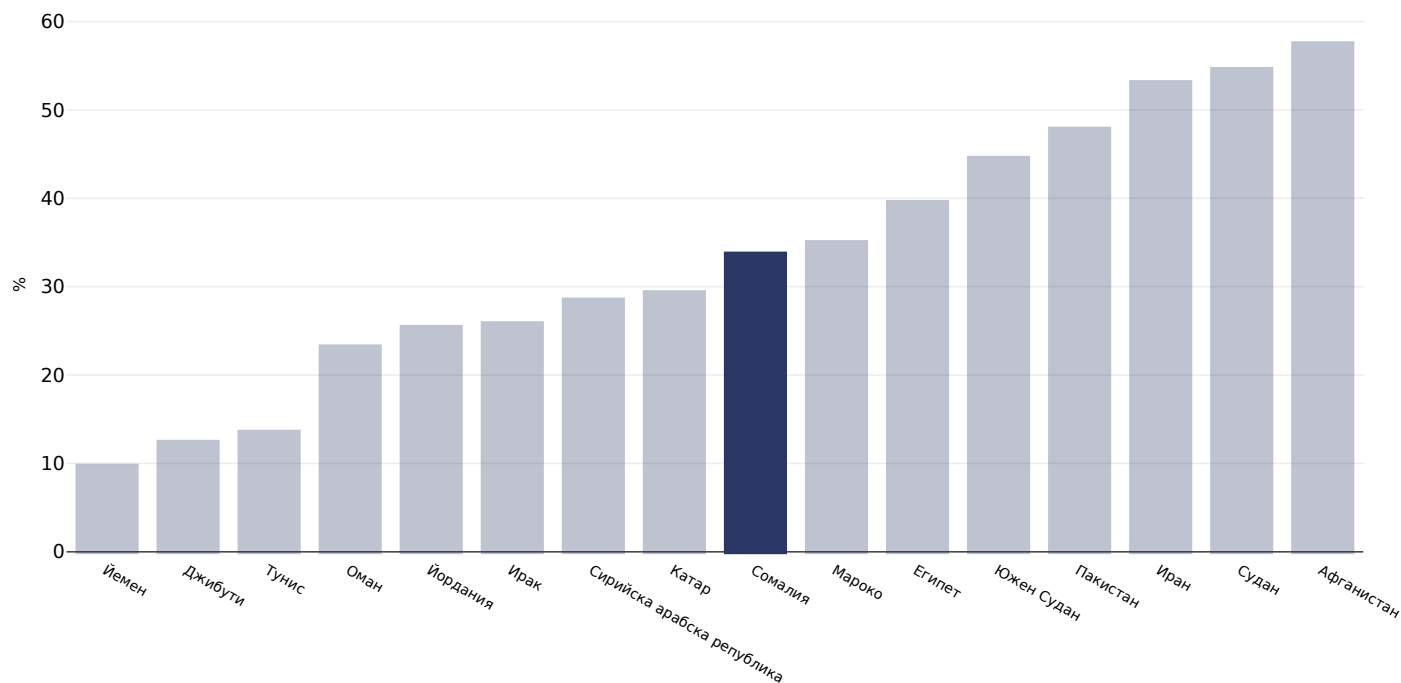


Референции: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Определения: % of population with anxiety disorders

## % Бебета, хранени изключително с кърма 0-5 месеца

### Деца, 2010-2019



Обхваната зона:

Национално

Референции:

The Somali Health and Demographic Survey 2020

Забележки:

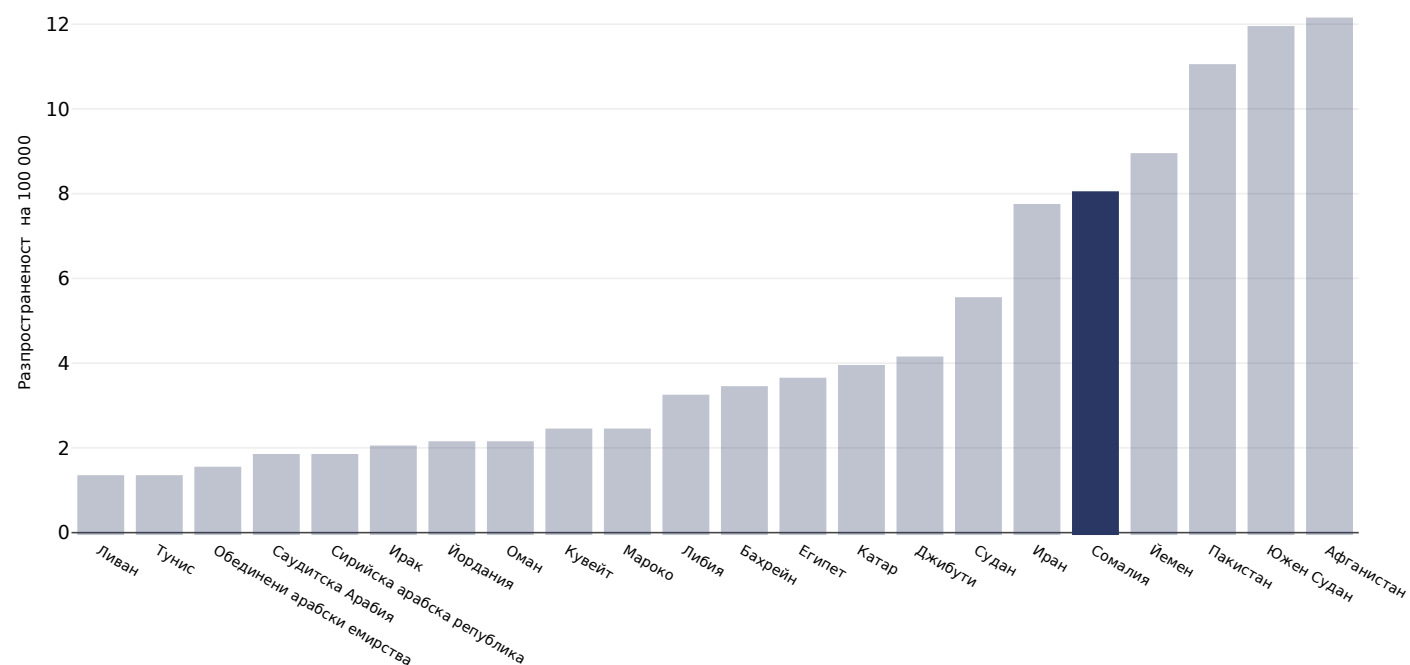
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Определения:

% exclusively breastfed 0-5 months

## Рак на хранопровода

### Мъже, 2020



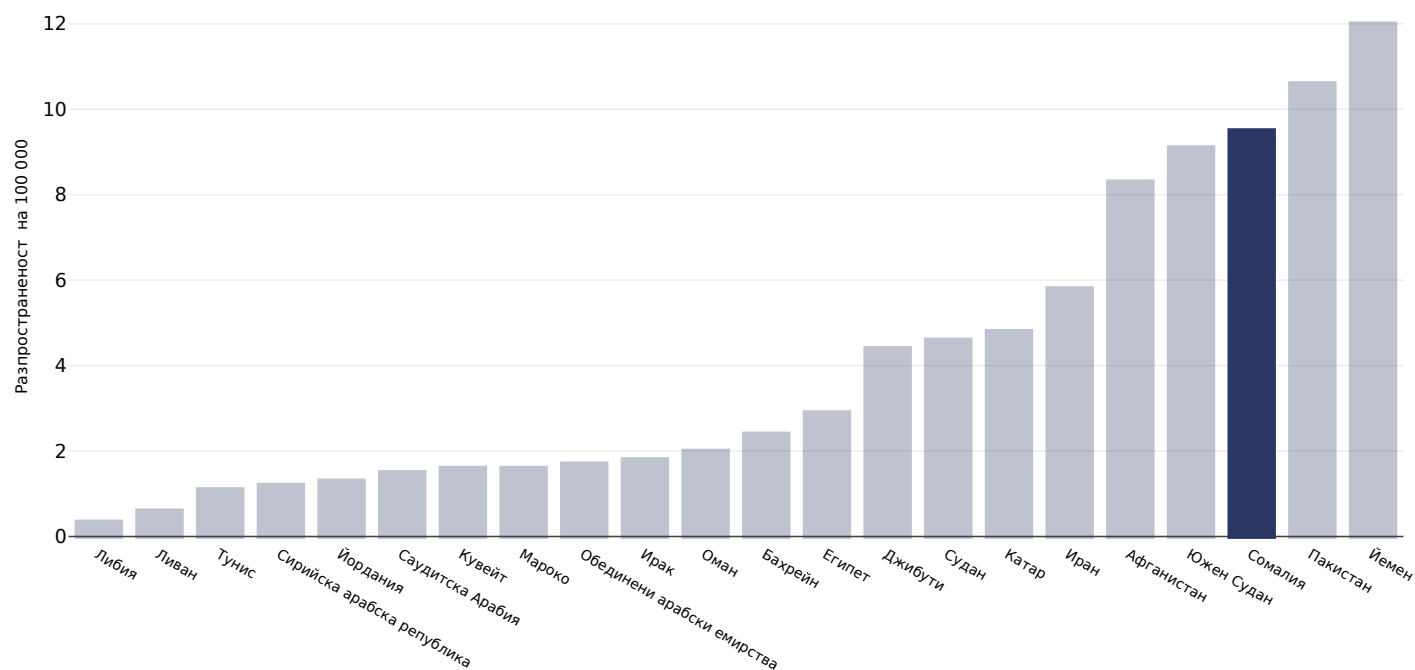
Възраст: 20+

Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Жени, 2020



Възраст: 20+

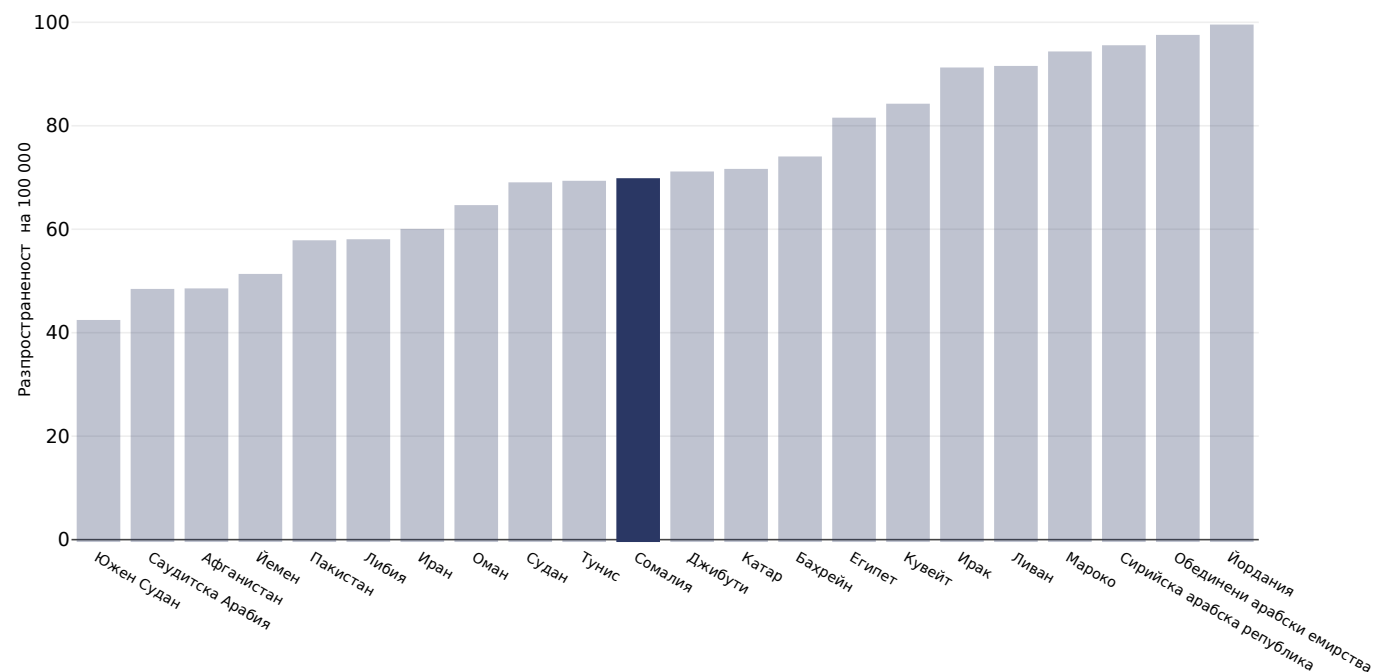
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Рак на гърдата

### Жени, 2020



Възраст: 20+

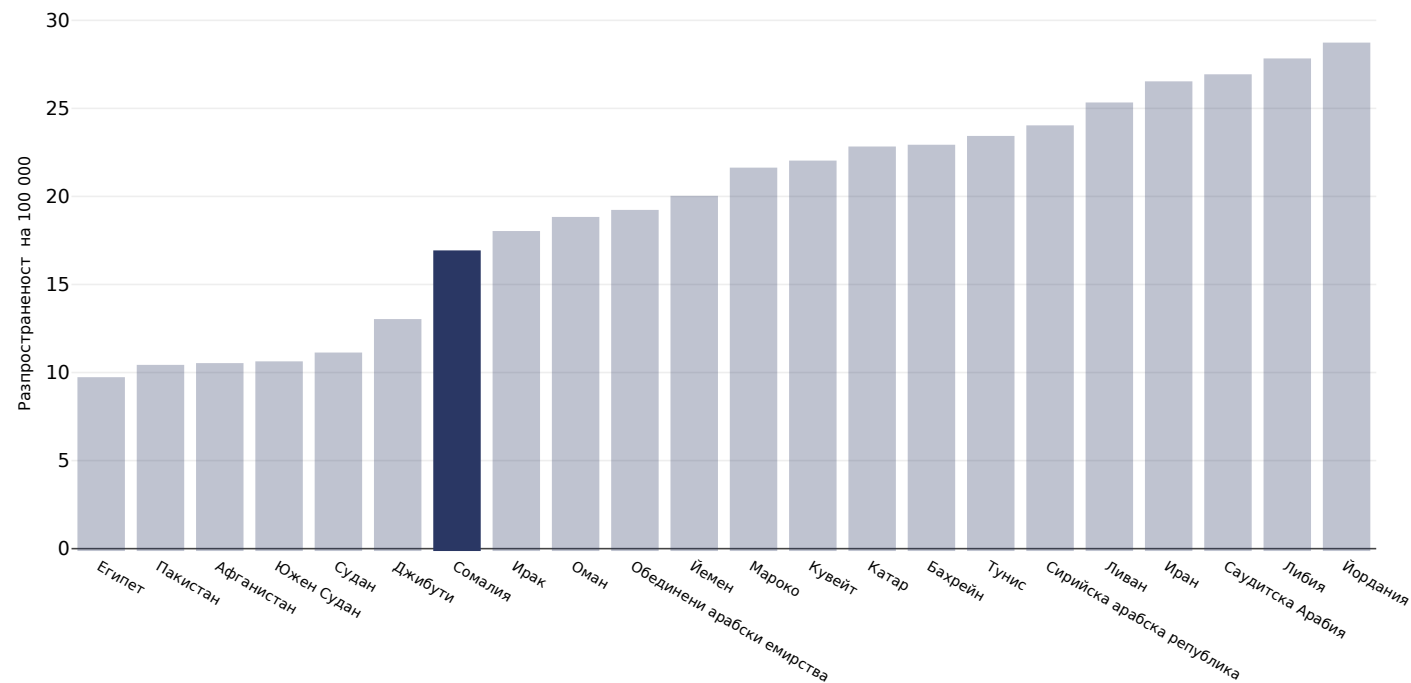
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Колоректален рак

### Мъже, 2020



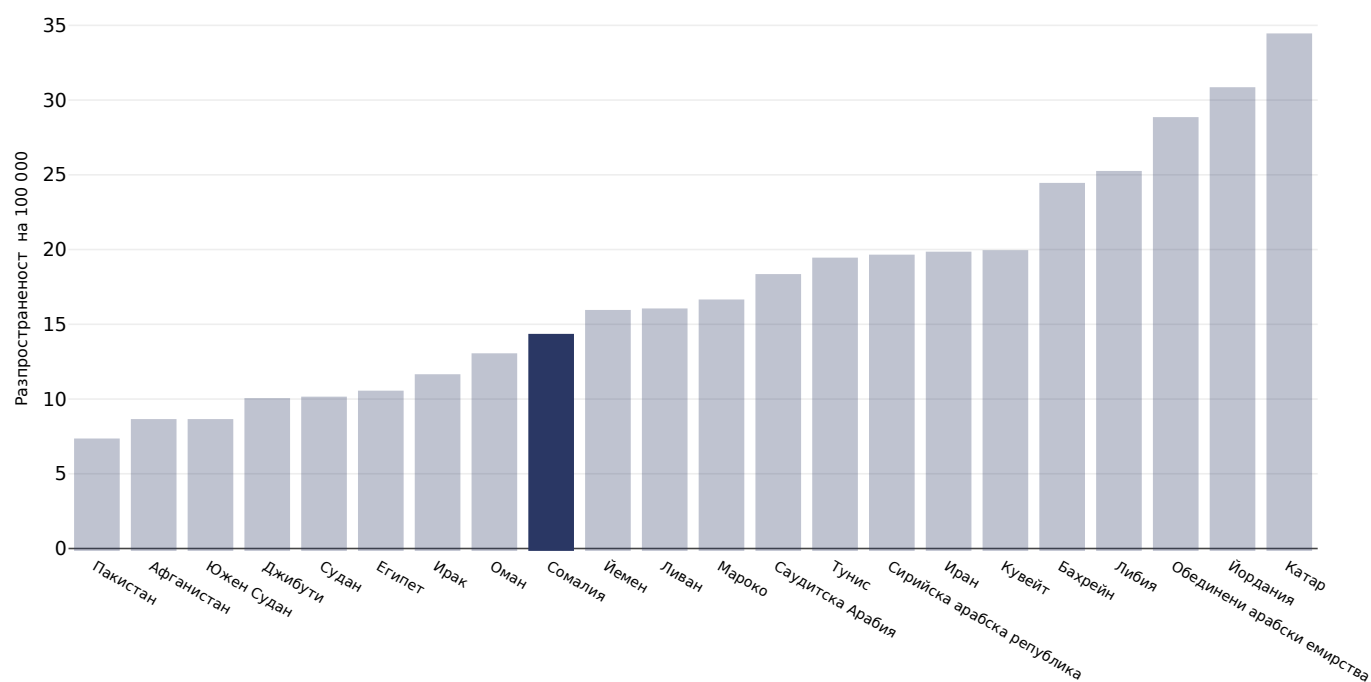
Възраст: 20+

Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Жени, 2020



Възраст: 20+

Обхваната зона: Национално

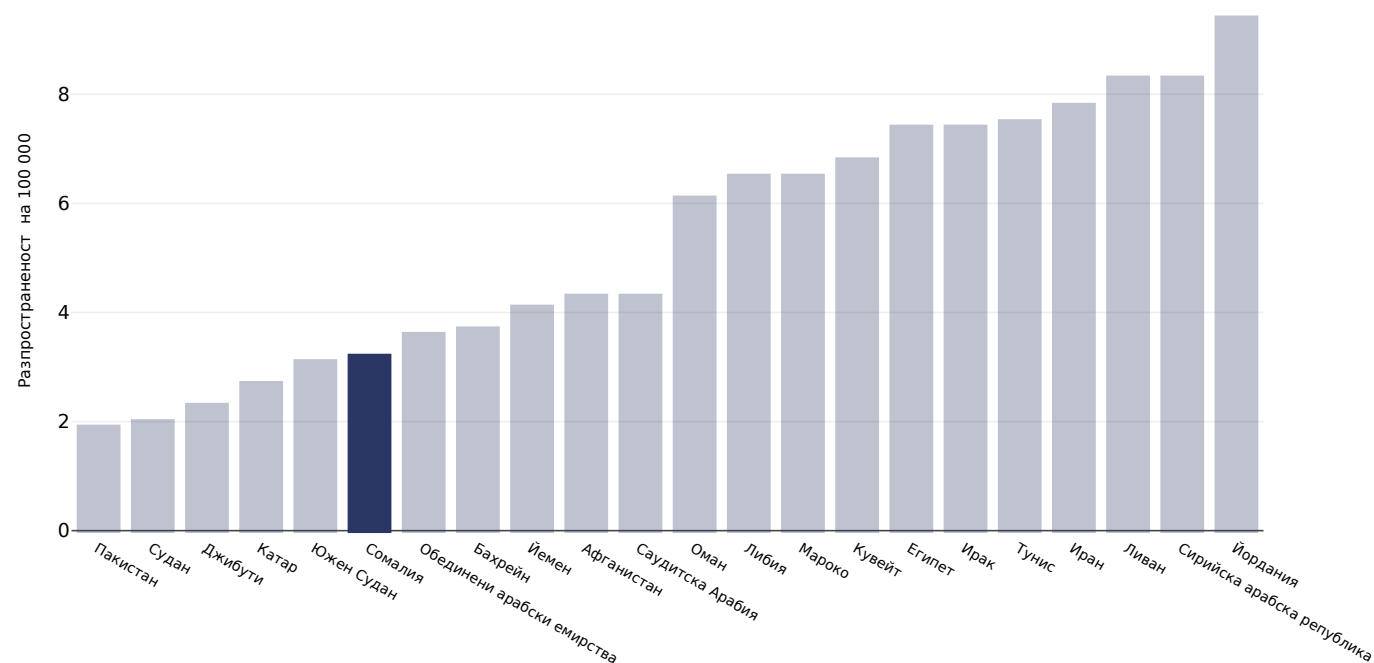
Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000



## Рак на панкреаса

### Мъже, 2020



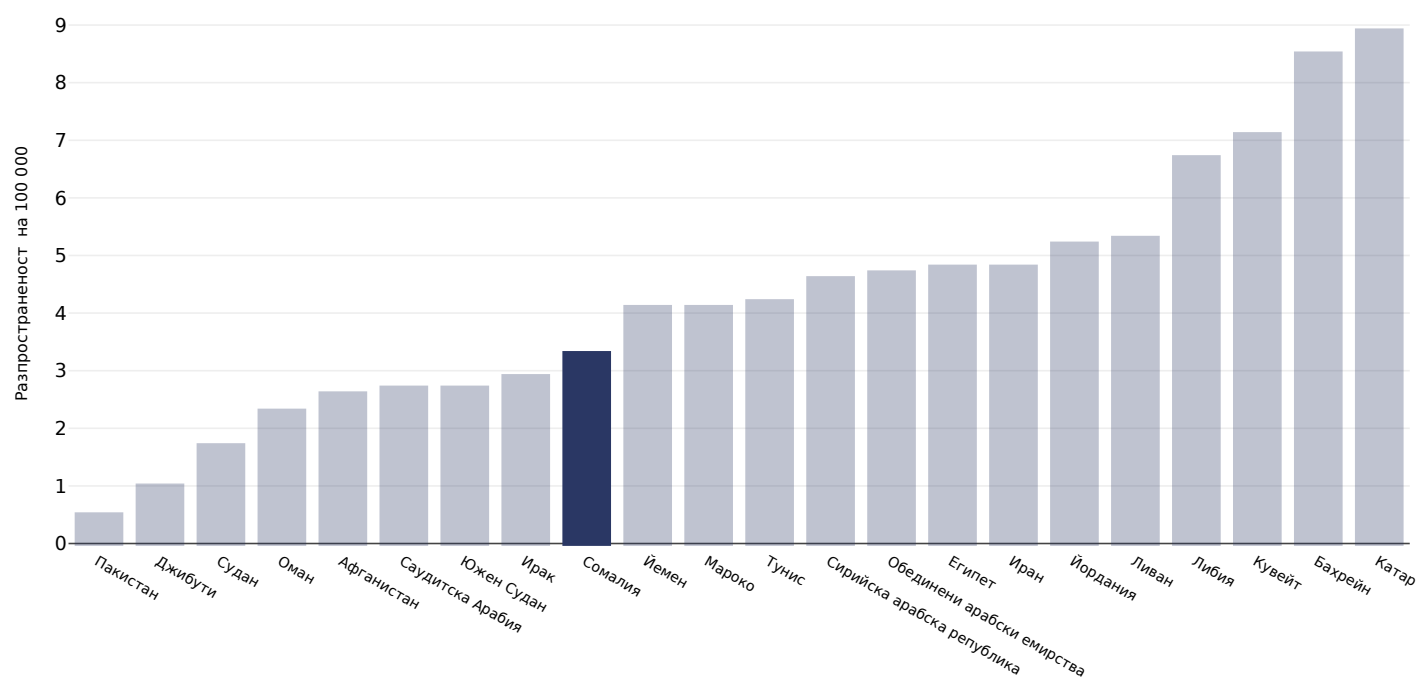
Възраст: 20+

Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Жени, 2020



Възраст: 20+

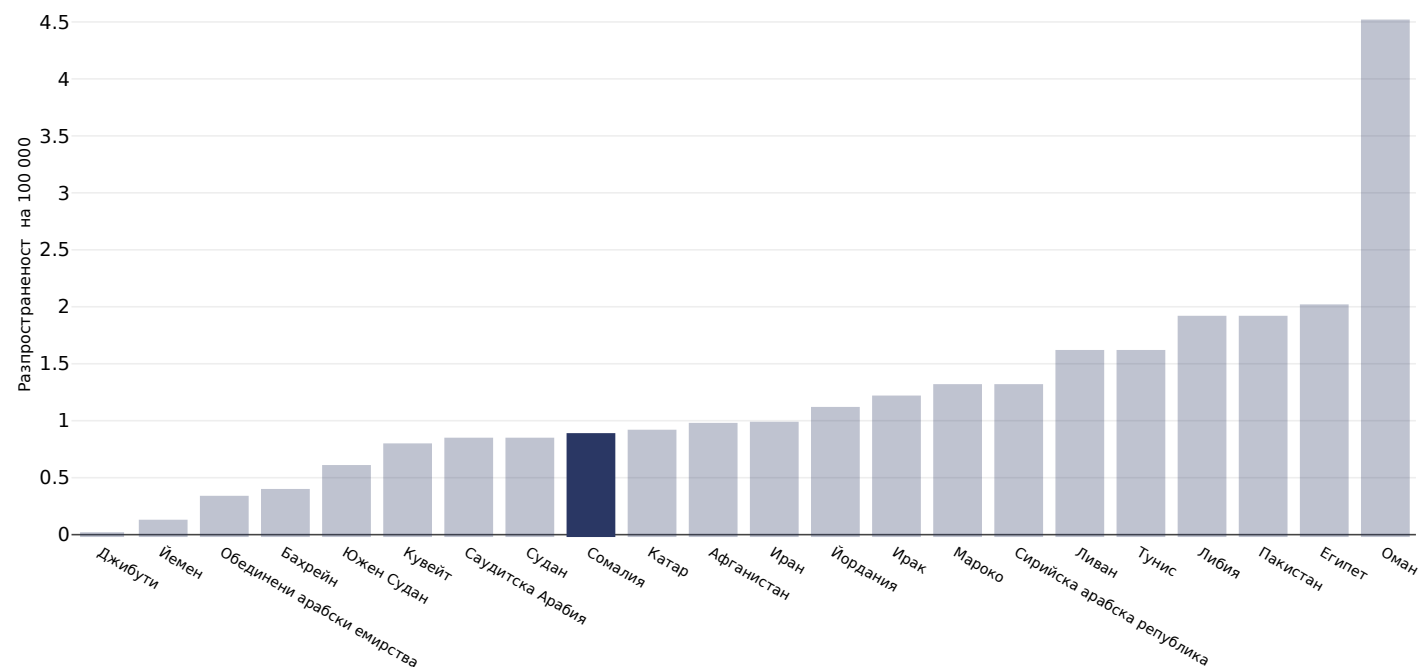
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Рак на жлъчния мехур

### Мъже, 2020



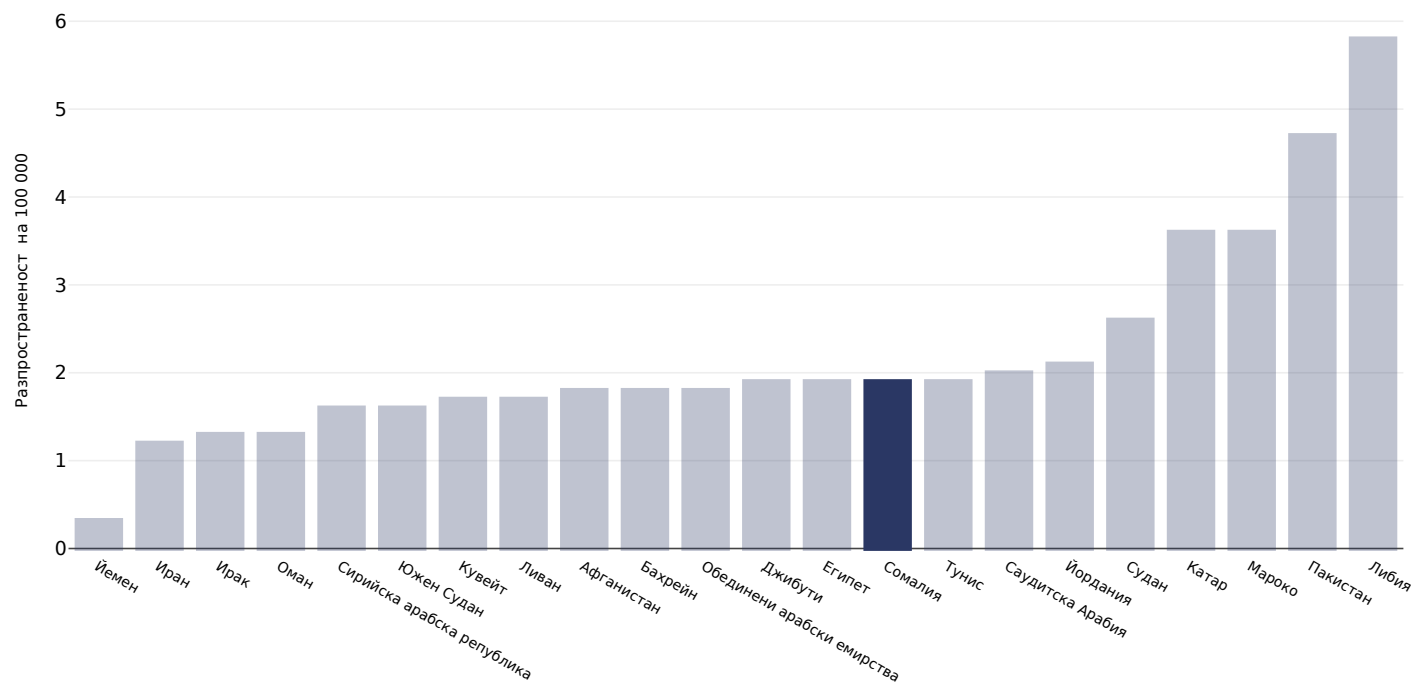
Възраст: 20+

Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Жени, 2020



Възраст: 20+

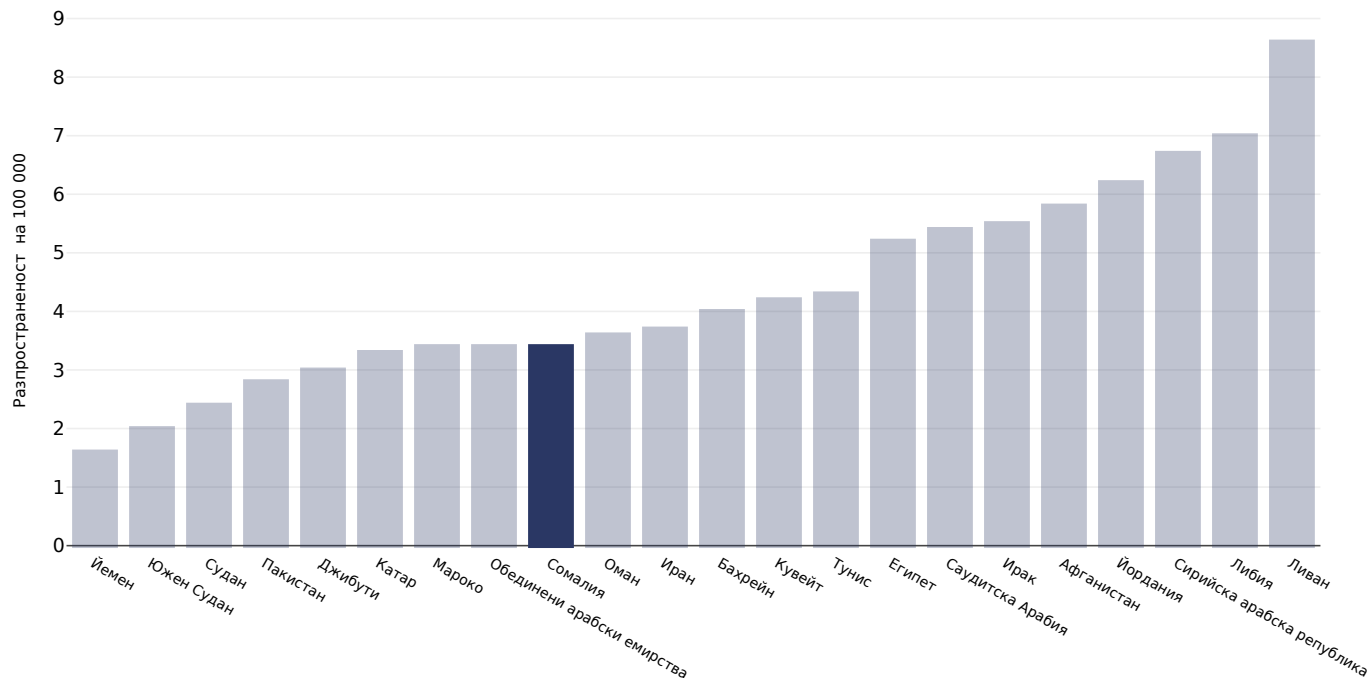
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Рак на бъбреците

### Мъже, 2020



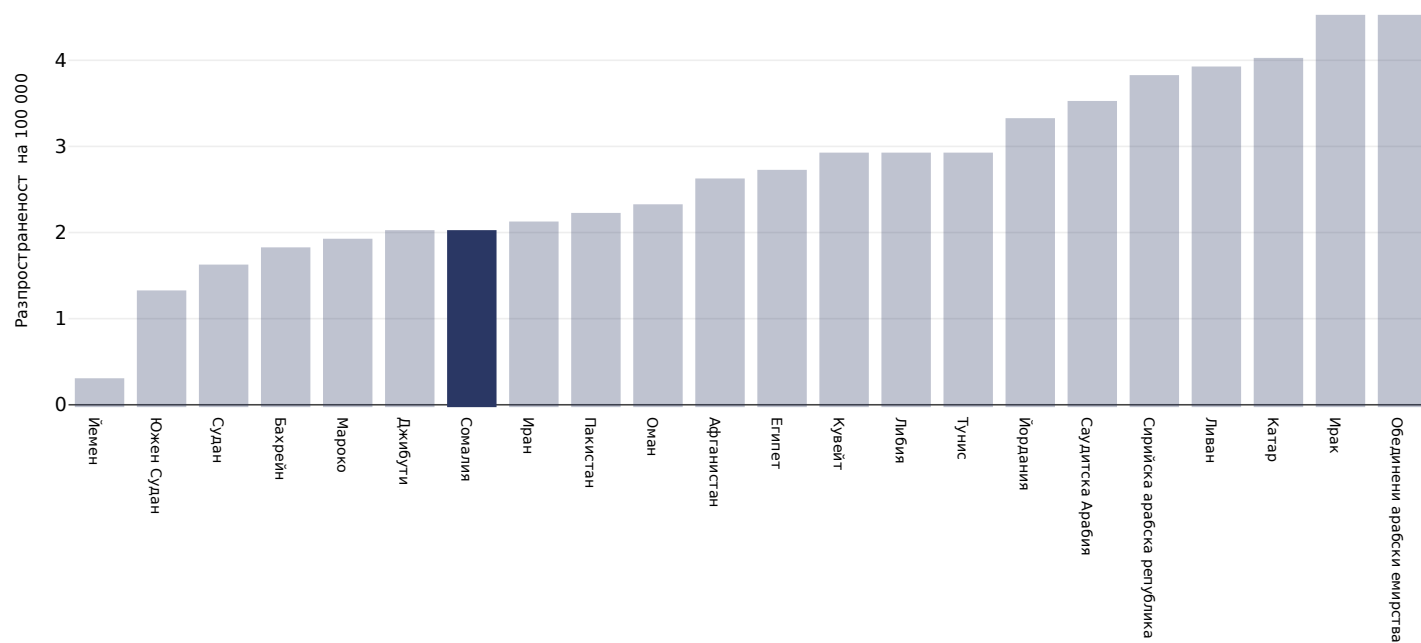
Възраст: 20+

Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Жени, 2020



Възраст: 20+

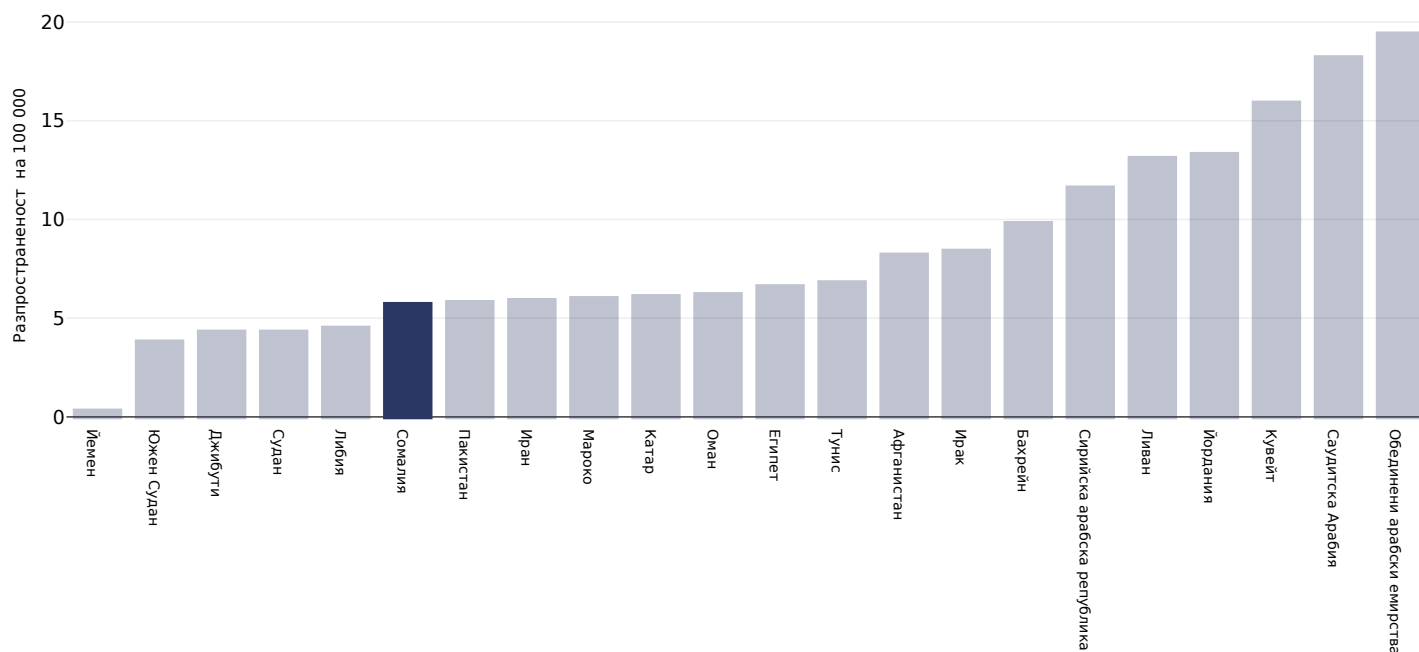
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Рак на матката

### Жени, 2020



Възраст: 20+

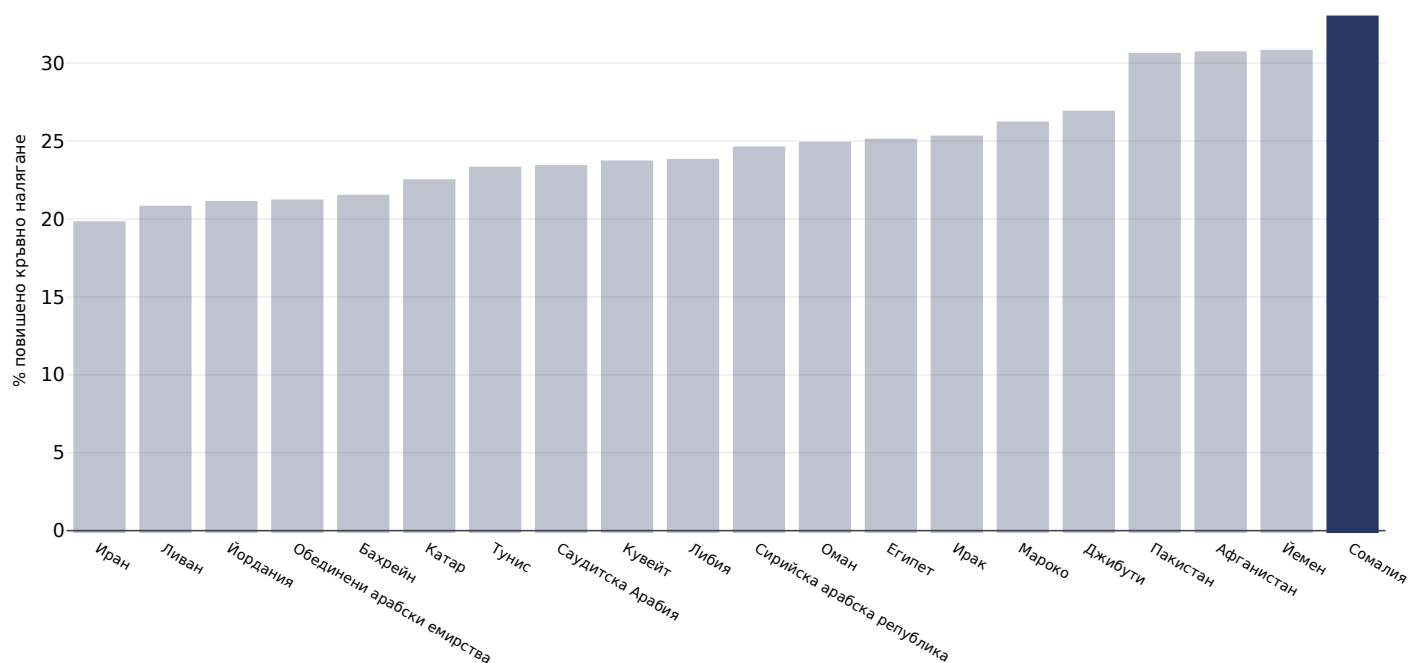
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2323

Определения: Age-standardized incidence rates per 100 000

## Повишено кръвно налягане

### Възрастни, 2015



Референции:

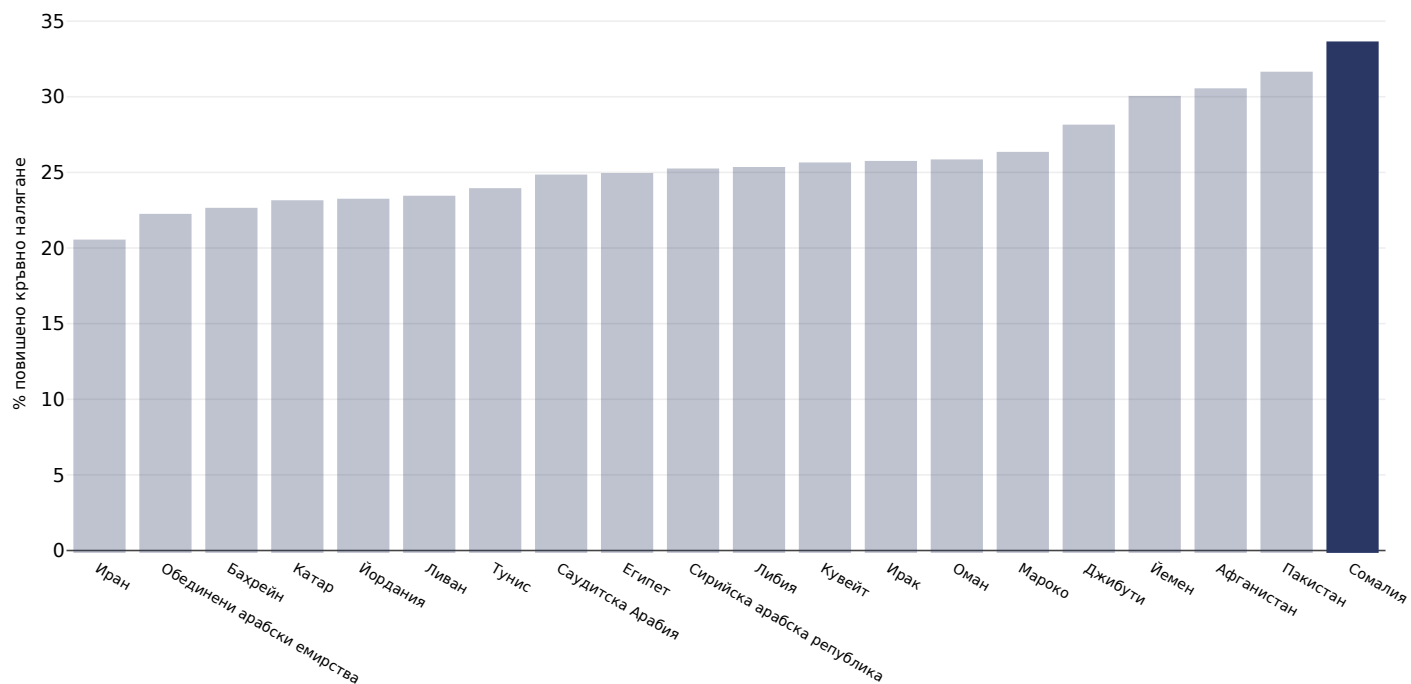
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).



## Мъже, 2015



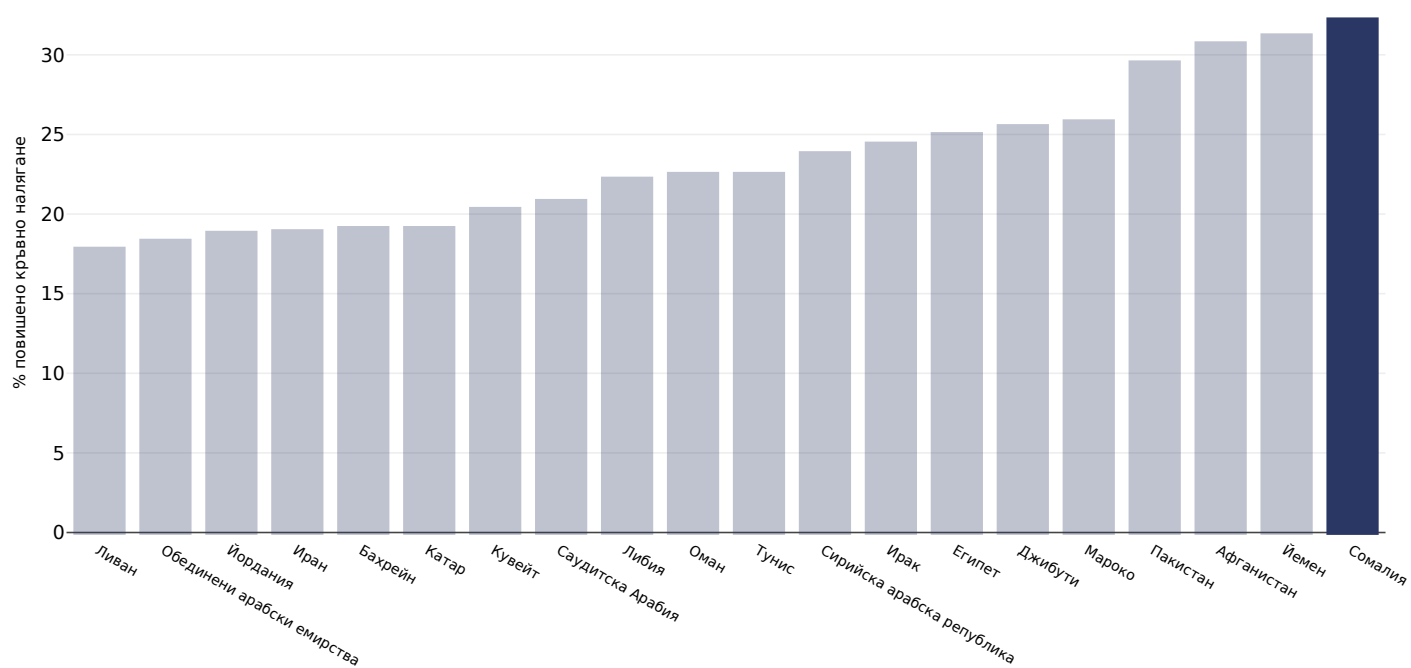
Референции:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Жени, 2015



Референции:

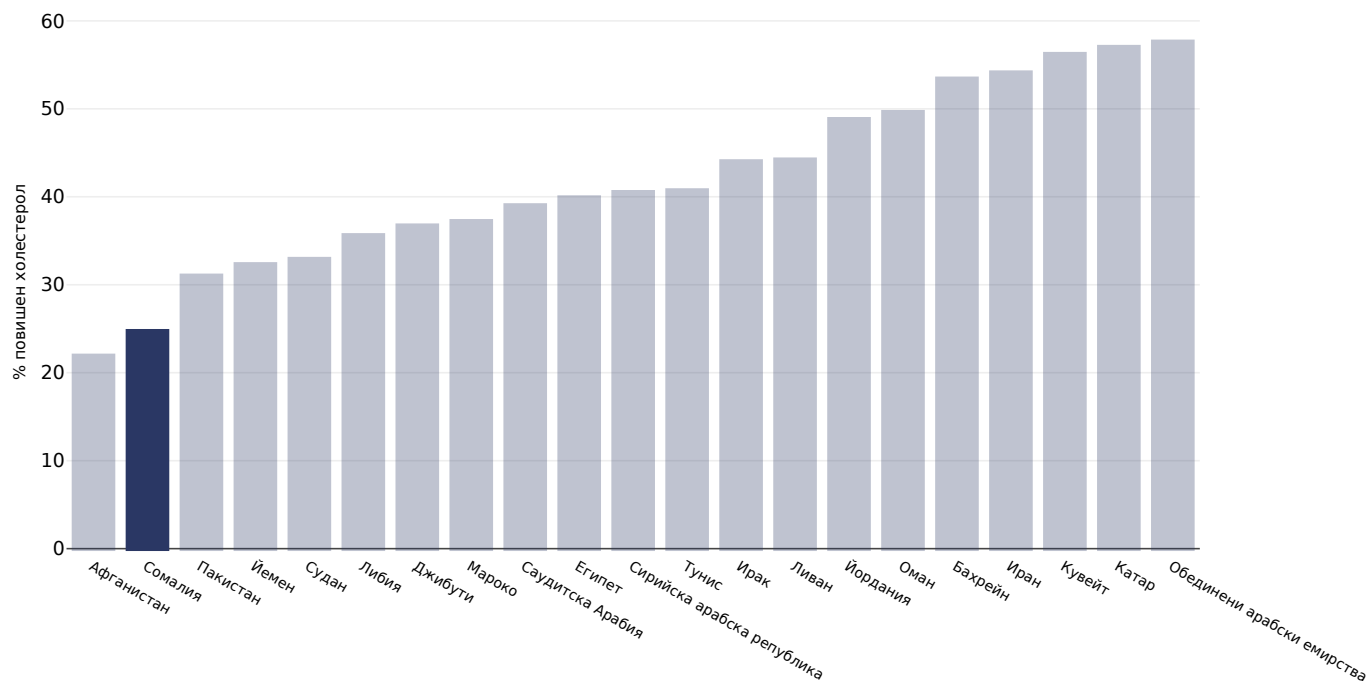
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

## Повишен холестерол

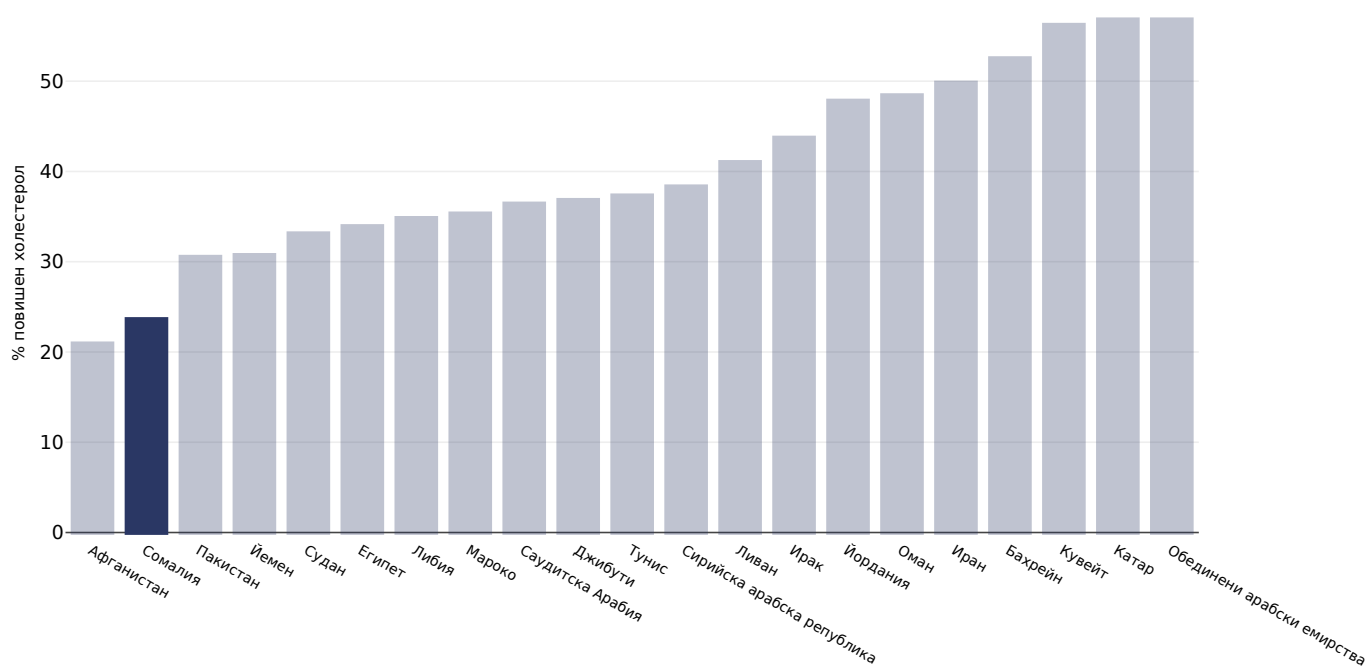
### Възрастни, 2008



Референции: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения: % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

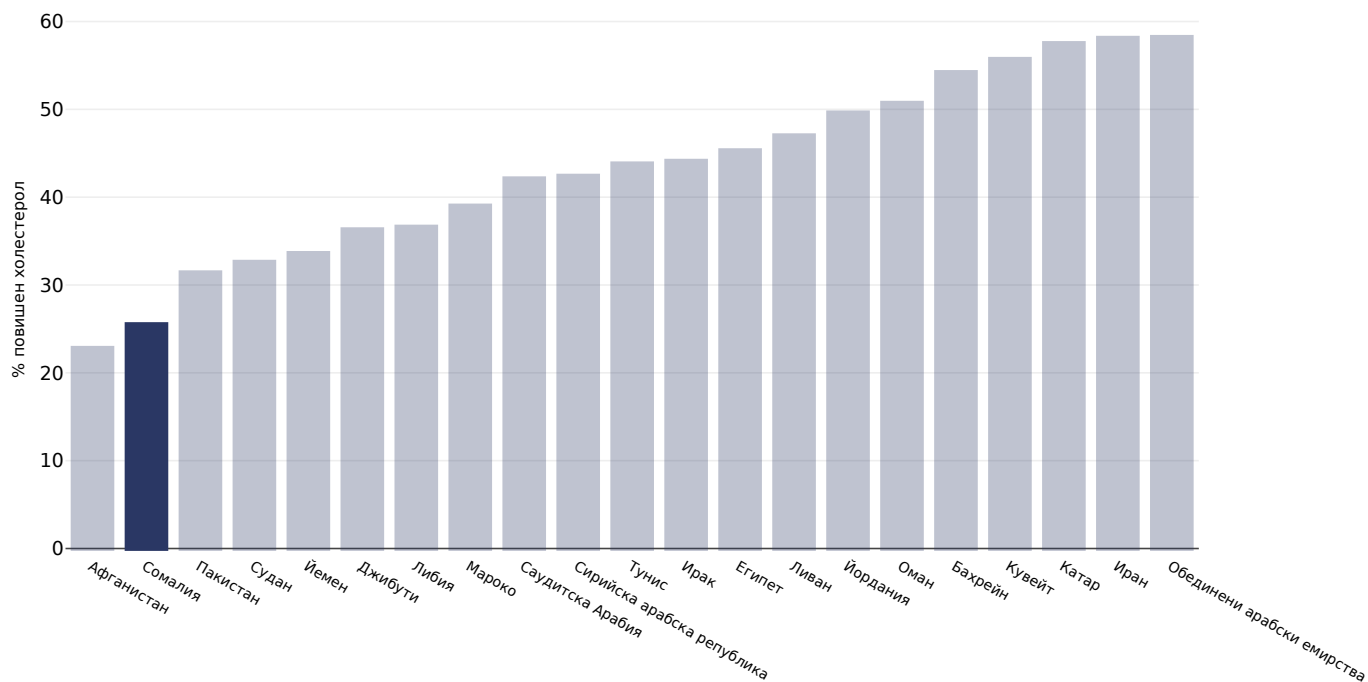
## Мъже, 2008



Референции: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения: % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Жени, 2008

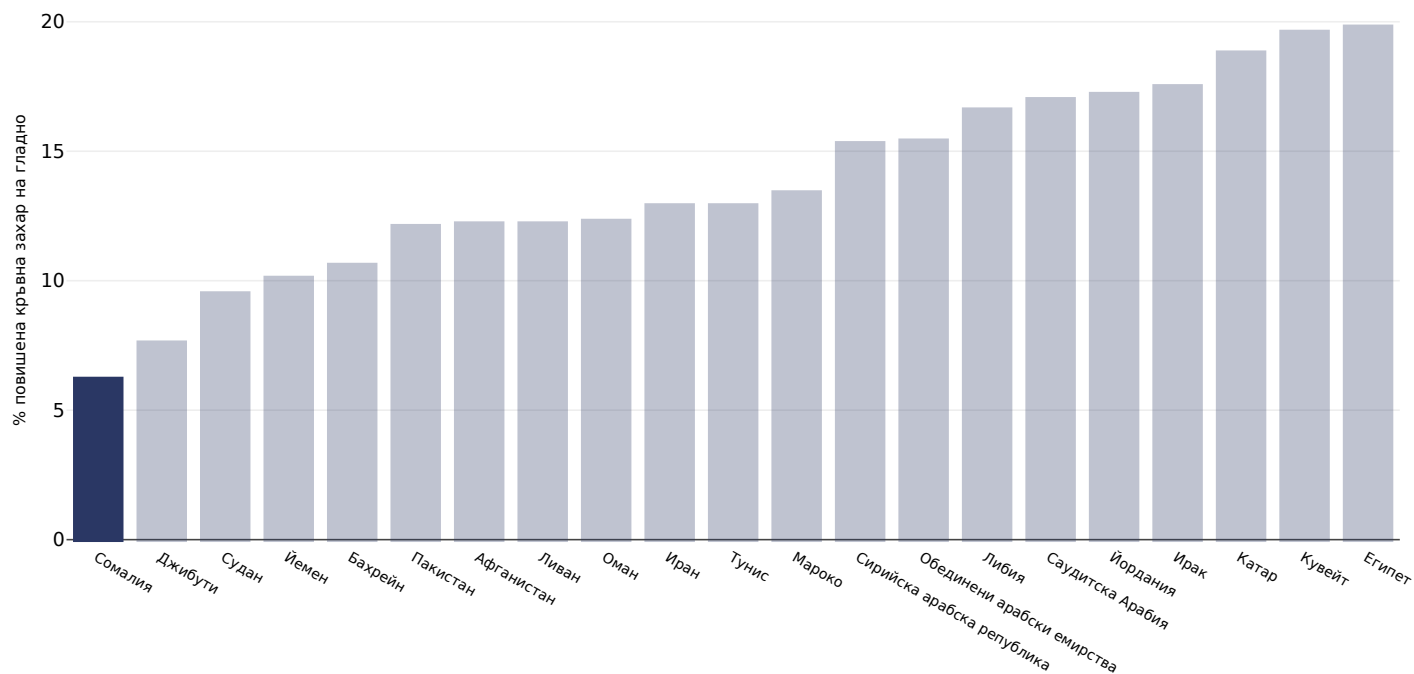


Референции: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения: % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Повишена кръвна захар на гладно

### Мъже, 2014



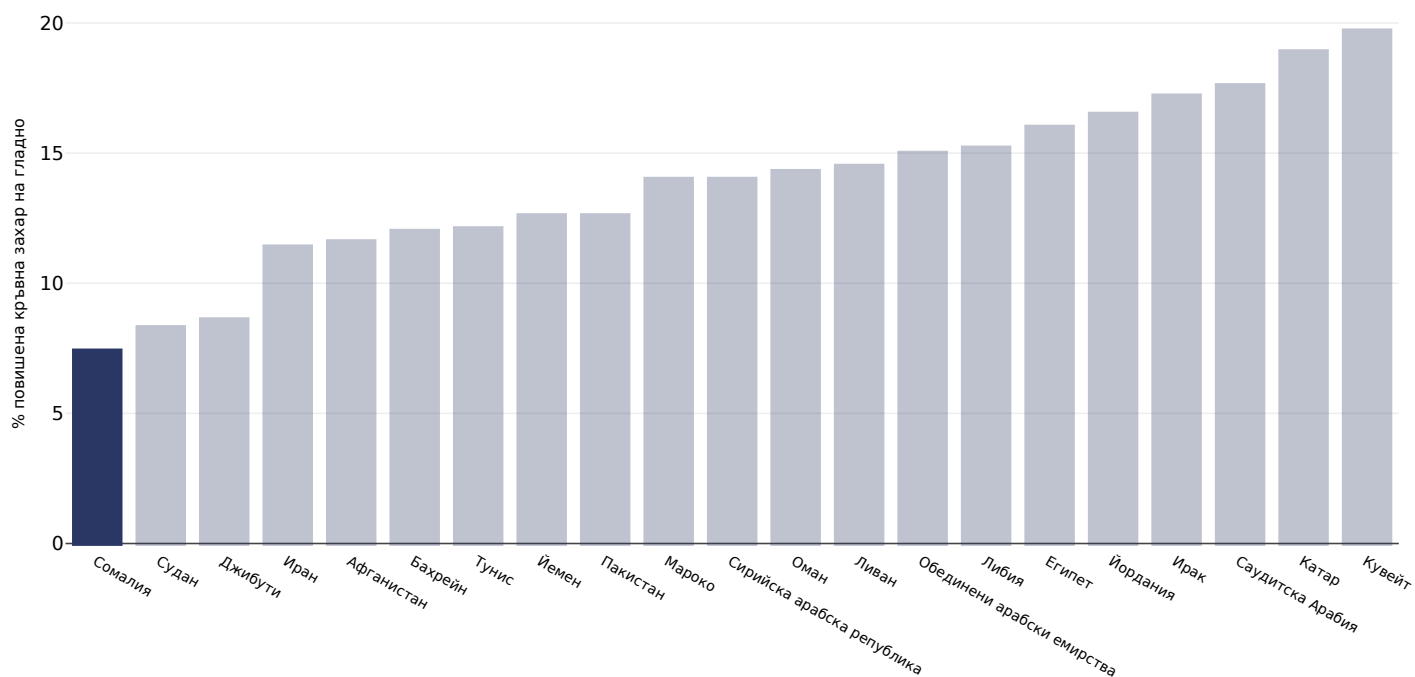
Референции:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Определения:

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Жени, 2014



Референции:

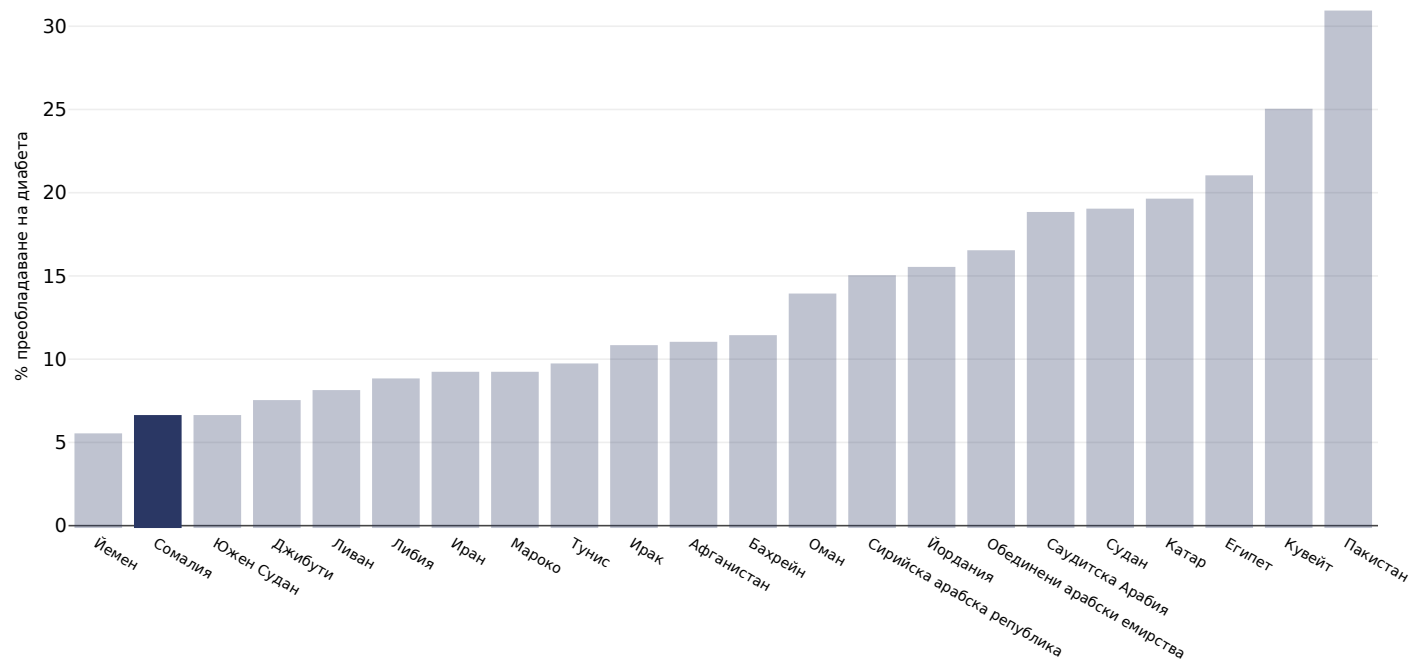
Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Определения:

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Преобладаване на диабета

### Възрастни, 2021



Възраст: 20-79

Обхваната зона: Национално

Референции: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Определения: Age-adjusted comparative prevalence of diabetes, %



## Contextual factors

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



### Labelling

<b>Is there mandatory nutrition labelling?</b>	<b>X</b>
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



## Regulation and marketing

<b>Are there fiscal policies on unhealthy products?</b>	<b>X</b>
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
<b>Are there fiscal policies on healthy products?</b>	<b>X</b>
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
<b>Mandatory limit or ban of trans fat (all settings)?</b>	<b>X</b>
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	X
<b>Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?</b>	<b>X</b>
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
<b>Are there mandatory standards for food in schools?</b>	<b>X</b>
<b>Are there any mandatory nutrient limits in any manufactured food products?</b>	<b>X</b>
<b>Nutrition standards for public sector procurement?</b>	<b>X</b>



## Political will and support

<b>National obesity strategy or nutrition and physical activity national strategy?</b>	<b>✗</b>
National obesity strategy?	✗
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✓
Comprehensive physical activity strategy?	✗
<b>Evidence-based dietary guidelines and/or RDAs?</b>	<b>✗</b>
<b>National target(s) on reducing obesity?</b>	<b>✗</b>
<b>Guidelines/policy on obesity treatment?</b>	<b>✗</b>
<b>Promotion of breastfeeding?</b>	<b>✓</b>



## Monitoring and surveillance

<b>Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?</b>	<b>✓</b>
Within 5 years?	✓



## Governance and resource

<b>Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?</b>	<b>✓</b>
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### Key

**Present**    
 **Present (voluntary)**    
 **Incoming**    
 **Absent**    
 **Unknown**

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