

Report card Romania

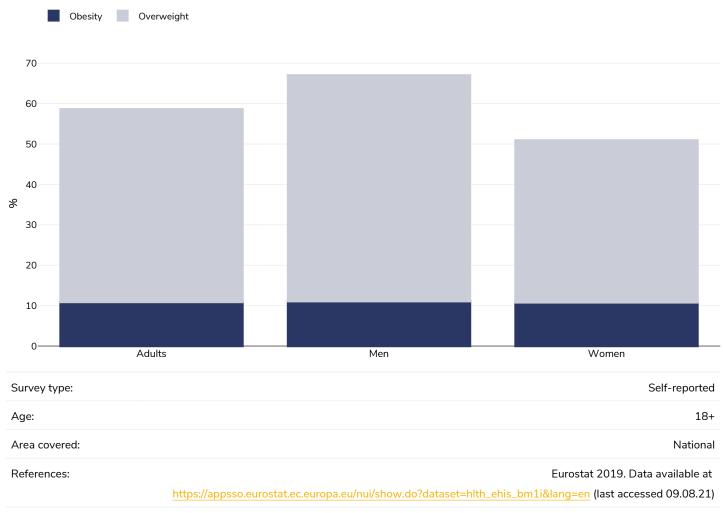


Contents	Page
Obesity prevalence	2
Trend: % Adults living with obesity, 2000-2019	4
Trend: % Adults living with overweight or obesity, 2000-2019	6
Overweight/obesity by age and education	8
Overweight/obesity by education	11
Overweight/obesity by age	13
Overweight/obesity by region	15
Overweight/obesity by age and region	18
Overweight/obesity by age and socio-economic group	20
Overweight/obesity by socio-economic group	23
Overweight/obesity by age and limited activity	27
Insufficient physical activity	30
Sugar consumption	36
Estimated per capita sugar sweetened beverages intake	37
Prevalence of at least daily carbonated soft drink consumption	38
Prevalence of confectionery consumption	39
Prevalence of sweet/savoury snack consumption	40
Estimated per capita fruit intake	41
Prevalence of less than daily fruit consumption	42
Prevalence of less than daily vegetable consumption	43
Estimated per-capita processed meat intake	44
Estimated per capita whole grains intake	45
Mental health - depression disorders	46
Mental health - anxiety disorders	47
% Infants exclusively breastfed 0-5 months	48
Oesophageal cancer	49
Breast cancer	51
Colorectal cancer	52
Pancreatic cancer	54
Gallbladder cancer	56
Kidney cancer	58
Cancer of the uterus	60
Raised blood pressure	61
Raised cholesterol	64
Raised fasting blood glucose	67
Diabetes prevalence	69
Contextual factors	70



Obesity prevalence

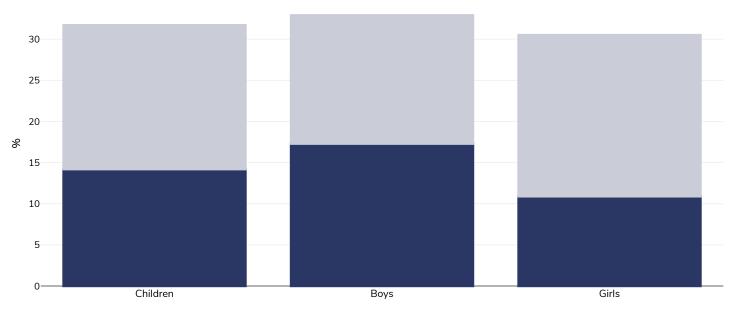
Adults, 2019





Children, 2018-2020





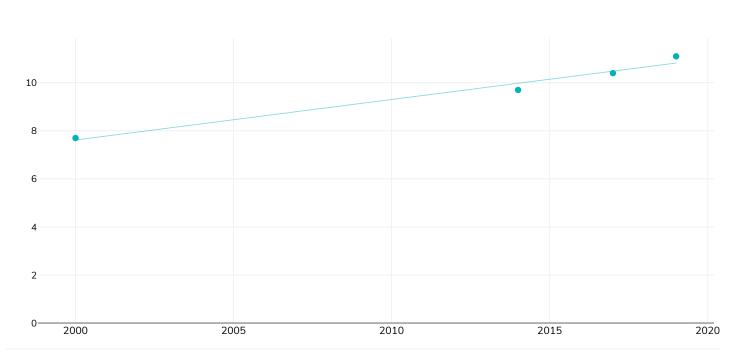
Survey type:	Measured
Age:	8
Sample size:	4055
Area covered:	National
References:	Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO.
Cutoffs:	WHO 2007



% Adults living with obesity, 2000-2019

Men





Survey type: Self-reported

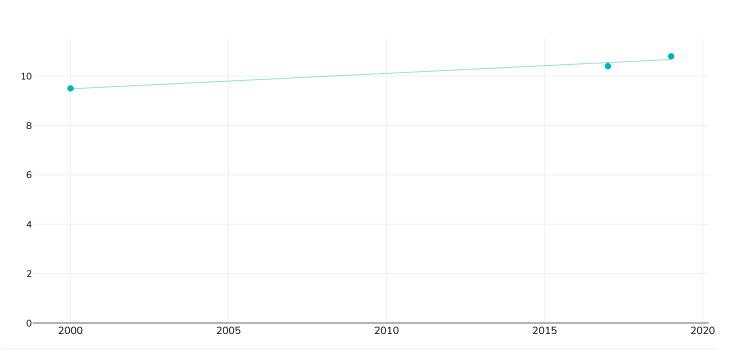
References:

For full details of references visit https://data.worldobesity.org/



Women





Survey type: Self-reported

References:

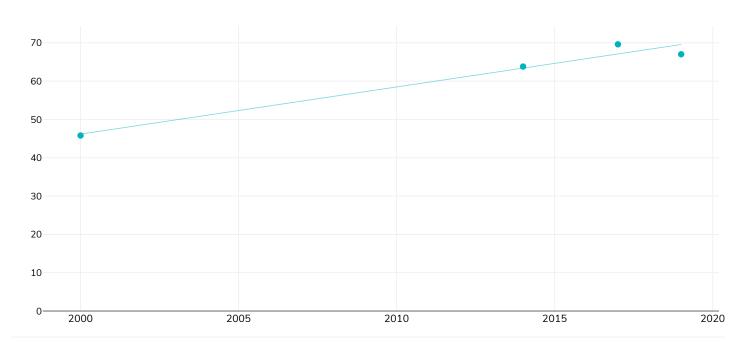
For full details of references visit https://data.worldobesity.org/



% Adults living with overweight or obesity, 2000-2019

Men

Overweight or obesity



Survey type: Self-reported

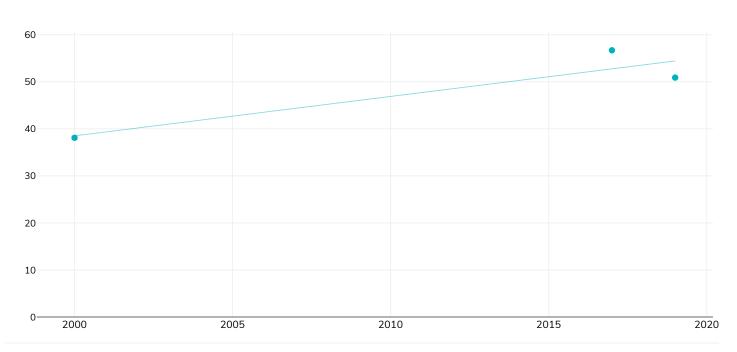
References:

For full details of references visit https://data.worldobesity.org/



Women

Overweight or obesity



Survey type: Self-reported

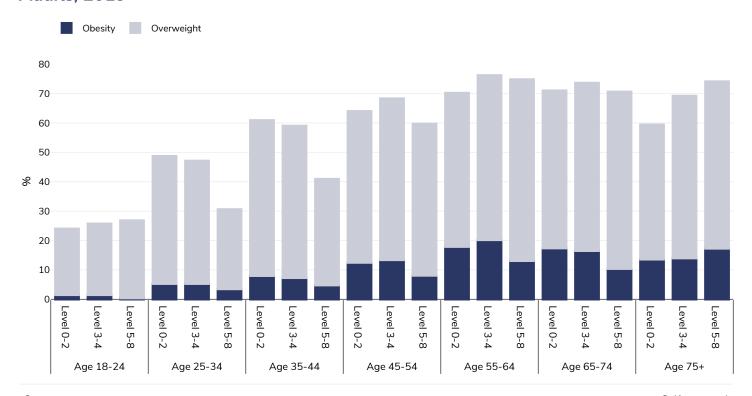
References:

For full details of references visit https://data.worldobesity.org/



Overweight/obesity by age and education

Adults, 2019



Survey type: Self-reported

Area covered: National

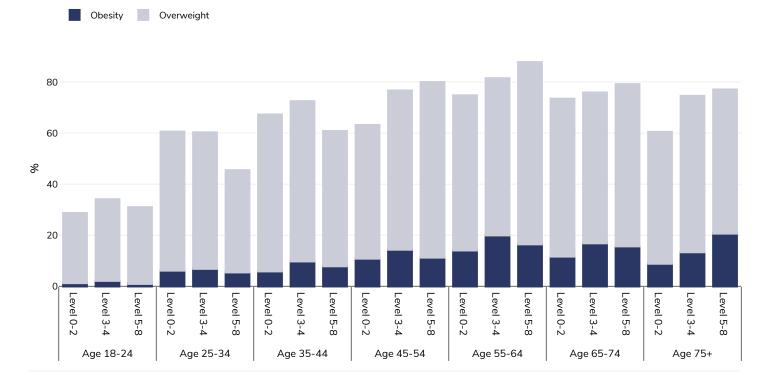
References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en

(last accessed 09.08.21).



Men, 2019



Survey type: Self-reported

Area covered: National

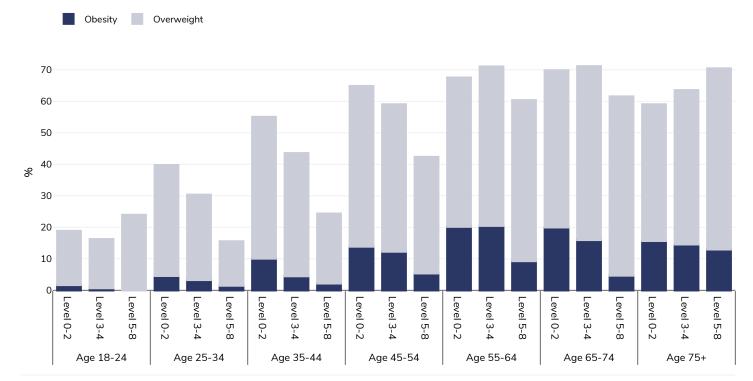
References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en

(last accessed 09.08.21).



Women, 2019



Survey type: Self-reported

Area covered: National

References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en

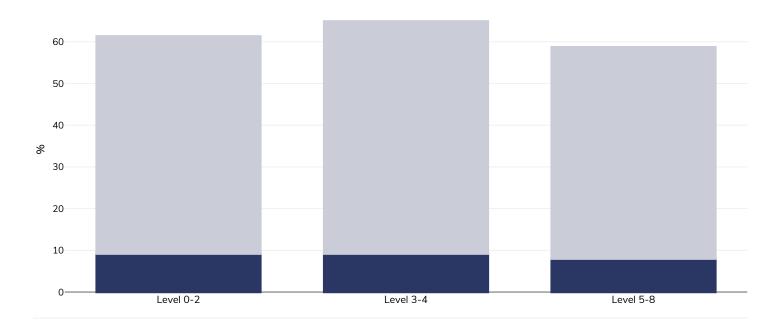
(last accessed 09.08.21).



Overweight/obesity by education

Men, 2014

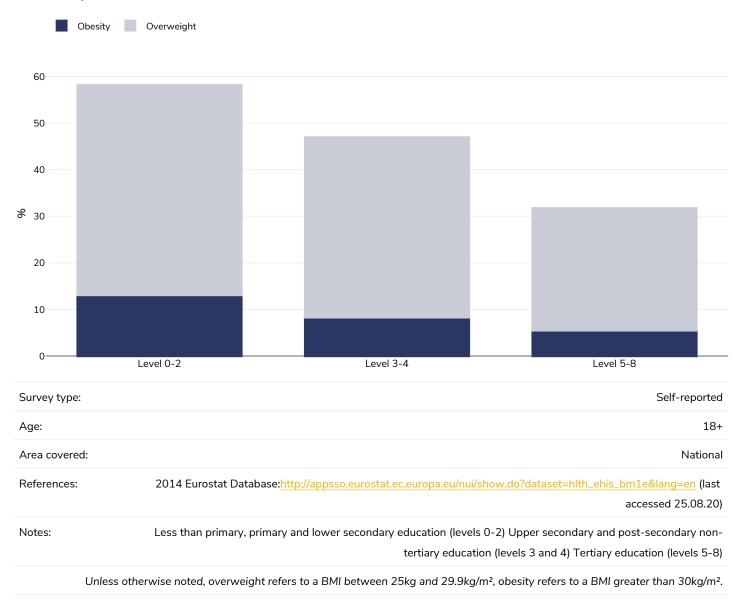




Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	2014 Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e⟨=en (last accessed 25.08.20)
Notes:	Less than primary, primary and lower secondary education (levels 0-2) Upper secondary and post-secondary non- tertiary education (levels 3 and 4) Tertiary education (levels 5-8)



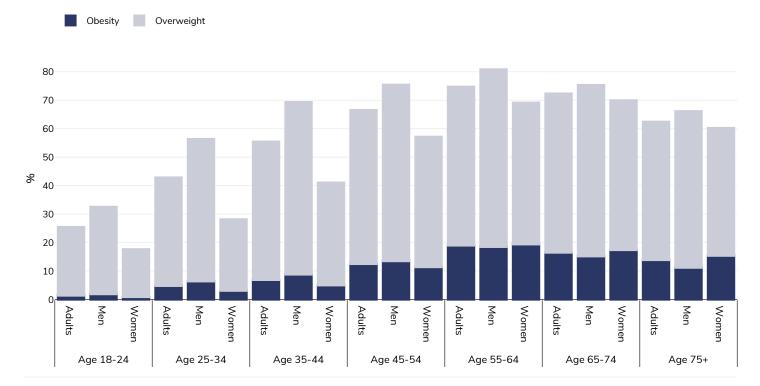
Women, 2014





Overweight/obesity by age

Adults, 2019



Survey type: Self-reported
Area covered: National

References:

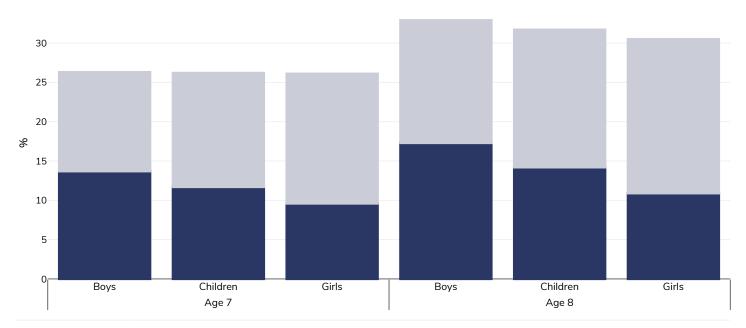
Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en

(last accessed 09.08.21).



Children, 2018-2020





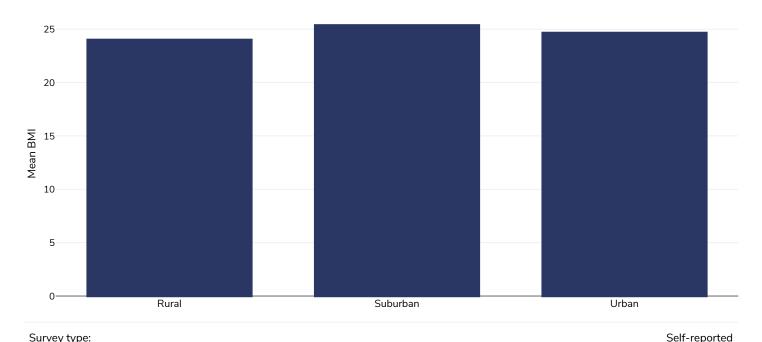
Survey type:	Measured
Sample size:	8166
Area covered:	National
References:	Report on the fifth round of data collection, 2018–2020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO.
Cutoffs:	WHO 2007



Overweight/obesity by region

Adults, 2017-2018





Survey type:	Self-reported
Age:	18+
Sample size:	751
Area covered:	National

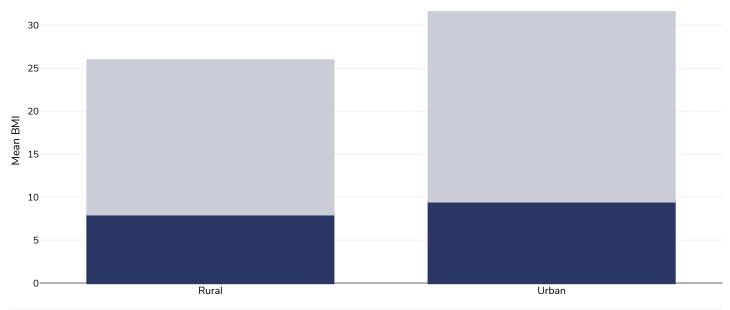
References:

Bacârea, Anca, et al. "Demographic, Anthropometric and Food Behavior Data towards Healthy Eating in Romania." Foods, vol. 10, no. 3, 24 Feb. 2021, p. 487, 10.3390/foods10030487. Accessed 1 June 2021.



Boys, 2010-2011



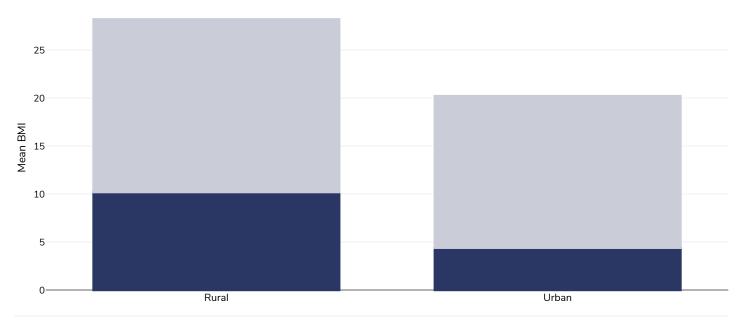


Survey type:	Measured
Age:	7-18
Sample size:	3626
Area covered:	Regional - Western Romania
References:	Emandi AC, Puiu M, Gafencu M, and Pienar C. Overweight and Obesity in School Age Children in Western Romania. 2013. Rev. Med. Chir.Soc.Med.Nat, Iasi-2013 - vol.117, no.1
Cutoffs:	IOTF



Girls, 2010-2011



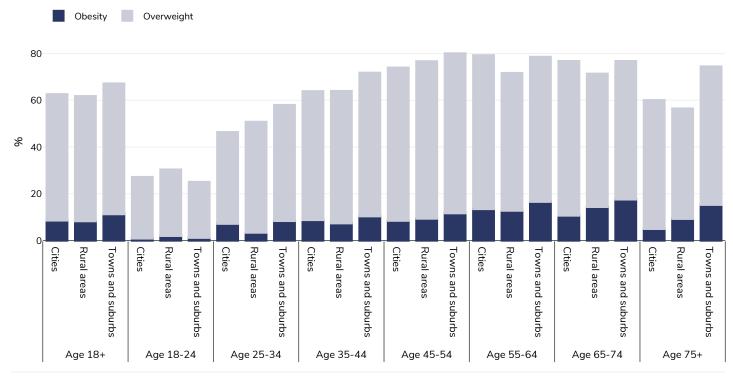


Survey type:	Measured
Age:	7-18
Sample size:	3626
Area covered:	Regional - Western Romania
References:	Emandi AC, Puiu M, Gafencu M, and Pienar C. Overweight and Obesity in School Age Children in Western Romania. 2013. Rev. Med. Chir.Soc.Med.Nat, Iasi-2013 - vol.117, no.1
Cutoffs:	IOTF



Overweight/obesity by age and region

Men, 2014



Survey type:

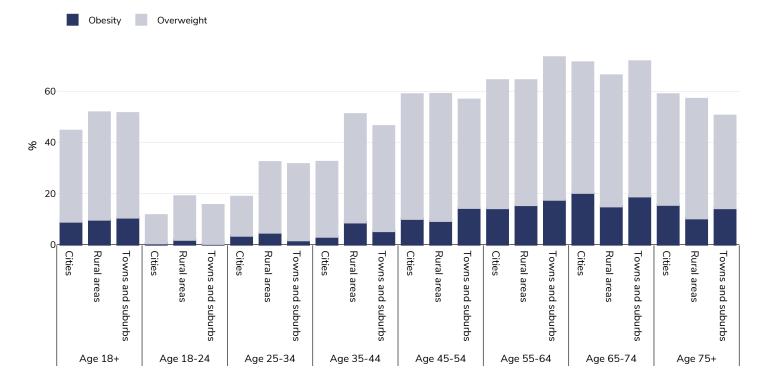
Area covered:

References:

2014 Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last accessed 25.08.20)



Women, 2014



Survey type: Self-reported

Area covered: National

References:

2014 Eurostat Database:http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last

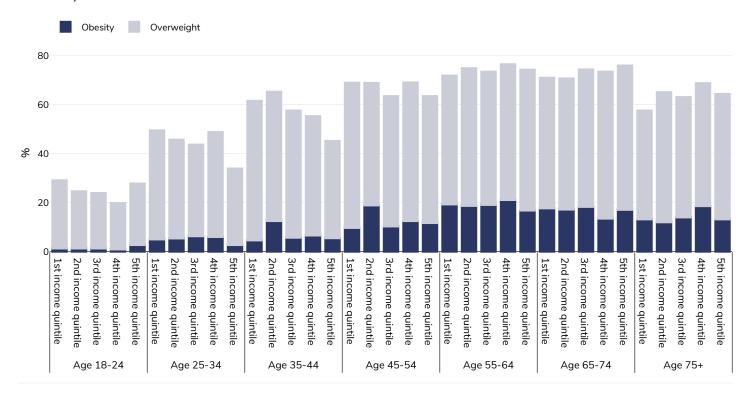
accessed 25.08.20)



Overweight/obesity by age and socio-economic group

Adults, 2019

References:



Survey type: Self-reported

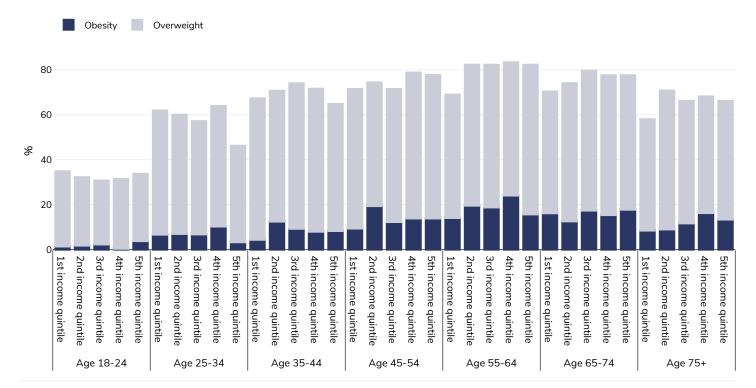
Area covered:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en (last accessed 09.08.21).

National



Men, 2019



Survey type: Self-reported

Area covered: National

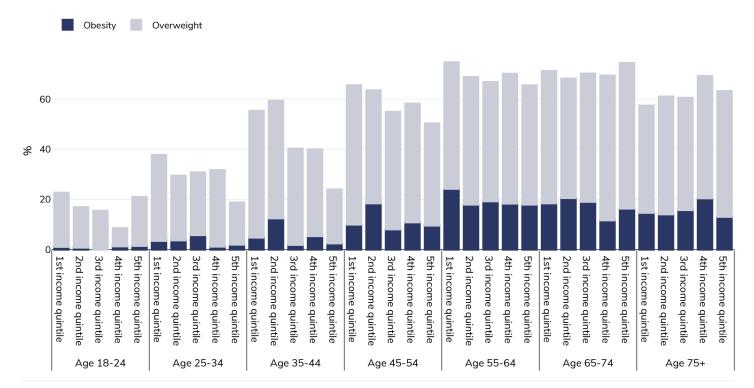
References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en

(last accessed 09.08.21).



Women, 2019



Survey type: Self-reported

Area covered: National

References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&lang=en

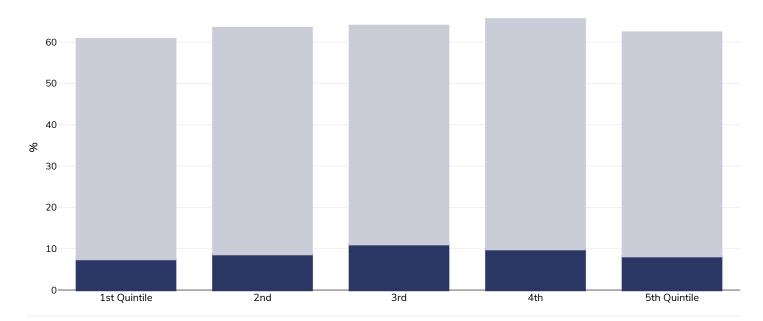
(last accessed 09.08.21).



Overweight/obesity by socio-economic group

Men, 2014



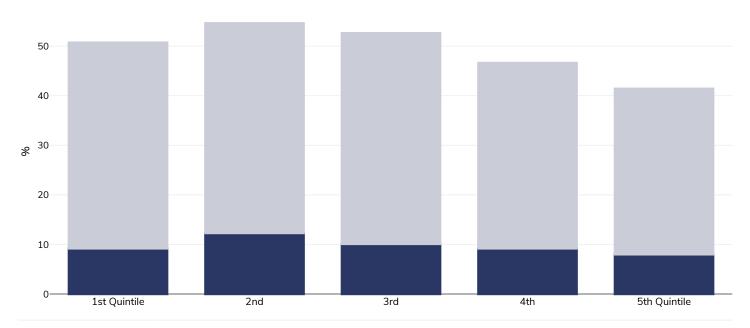


Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	2014 Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e⟨=en (last accessed 25.08.20)
Notes:	1st Quintile (lowest income), 5th Quintile (highest income) Please note where data = zero, there were insufficient data.



Women, 2014





Survey type: Self-reported

Age: 18+

Area covered: National

References: 2014 Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1e&lang=en (last

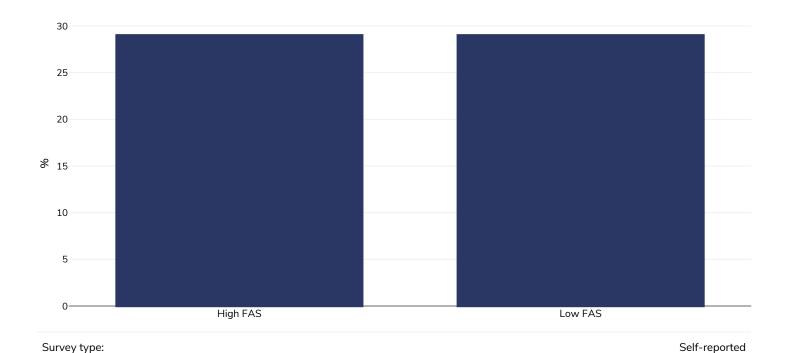
accessed 25.08.20)

Notes: 1st Quintile (lowest income), 5th Quintile (highest income) Please note where data = zero, there were insufficient



Boys, 2017-2018





Age:	11-15
Sample size:	4520
Area covered:	National
References:	World Health Organization (2020). Spotlight on adolescent health and well-being - Findings from the 2017/2018 Health
	Behaviour in School-aged Children (HBSC) survey in Europe and Canada. Available at:
	https://apps.who.int/iris/bitstream/handle/10665/332091/9789289055000-eng.pdf. Last accessed: 25.05.21.

Notes:

HBSC Family Affluence Scale (FAS) - "HBSC uses an alternative measure, the Family Affluence Scale, which asks young people about material assets such as family cars, number of foreign holidays, computers, bathrooms and dishwashers in the household, holidays and having a bedroom to oneself. The scale, which enables users to add up how many of these assets a young person has in their home compared with other adolescents in their country/region, has been shown to provide a valid indicator of relative affluence."

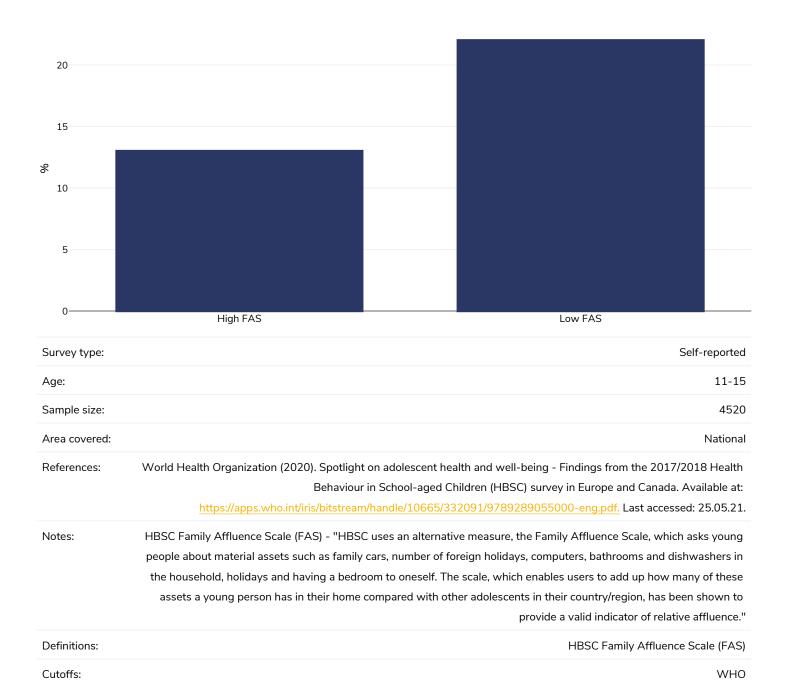
Definitions:	HBSC Family Amuence Scale (FAS)

Cutoffs: WHO



Girls, 2017-2018

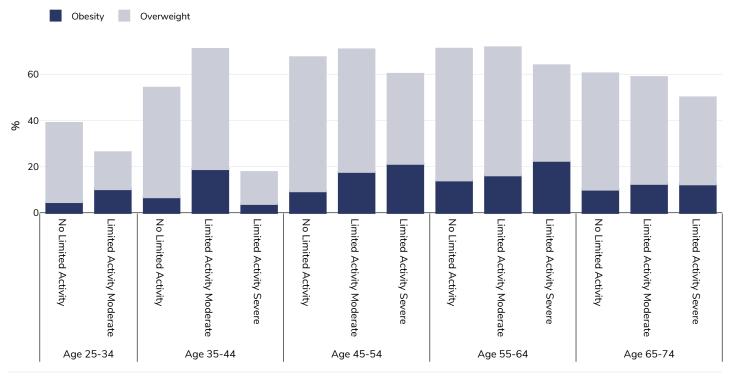
Overweight or obesity





Overweight/obesity by age and limited activity

Adults, 2014



Survey type:

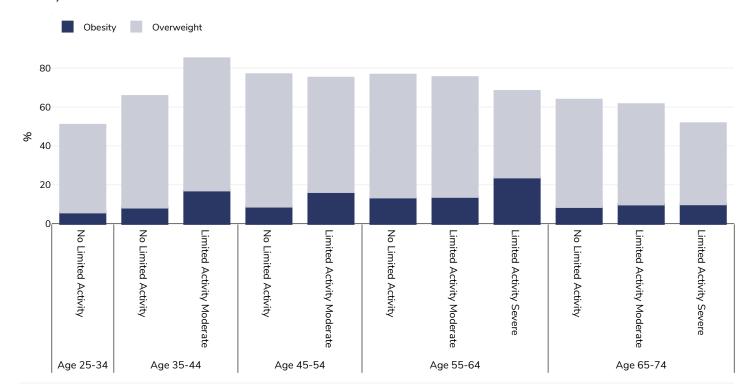
Area covered:

References:

Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21)



Men, 2014



Survey type: Self-reported

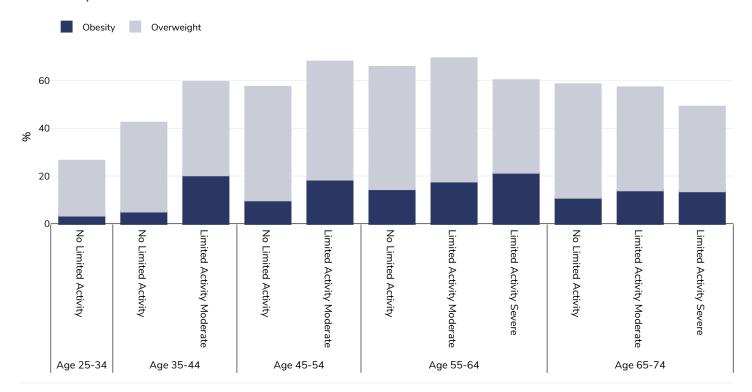
Area covered: National

References:

Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed 06.10.21)



Women, 2014



Survey type: Self-reported

Area covered: National

References:

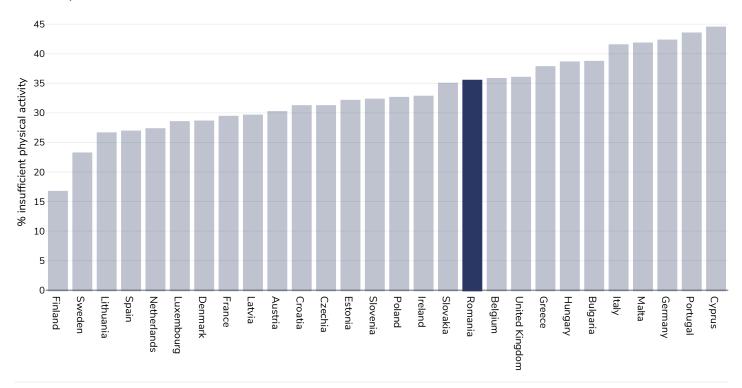
Eurostat 2014 available at https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do (last accessed

06.10.21)



Insufficient physical activity

Adults, 2016



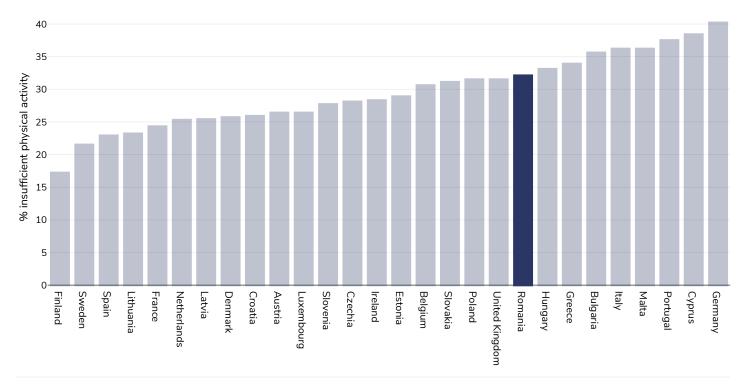
References:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-

109X(18)30357-7



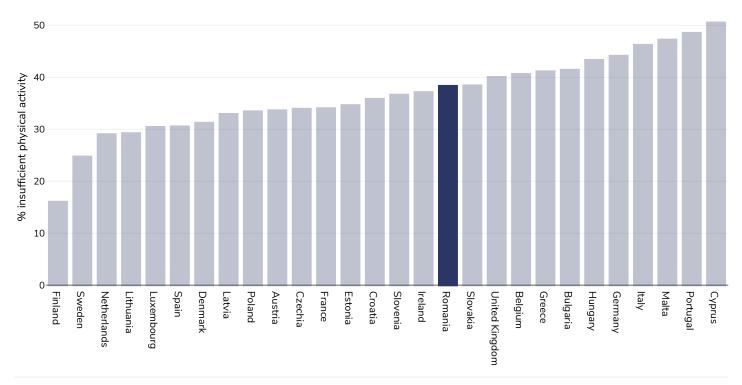
Men, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7



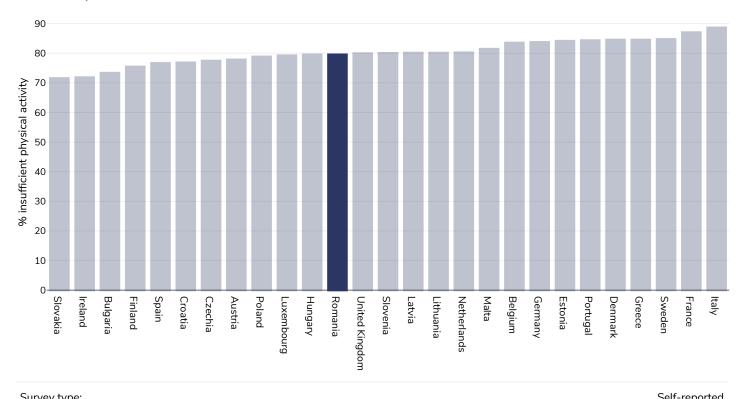
Women, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7



Children, 2016



Survey type.	Sen-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation,

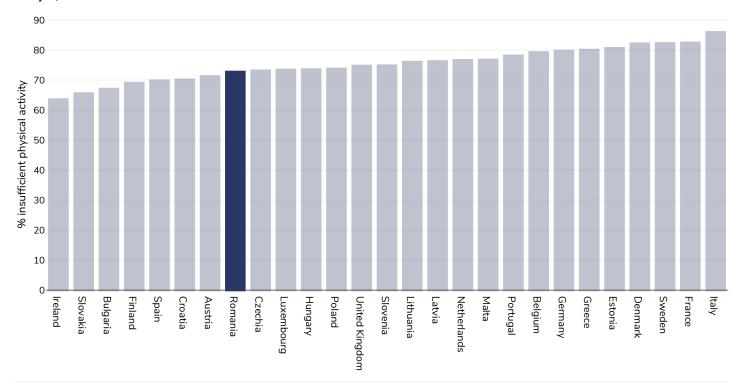
https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)



Boys, 2016



Survey type: Self-reported

Age: 11-17

References: Global Health Observatory data repository, World Health Organisation,

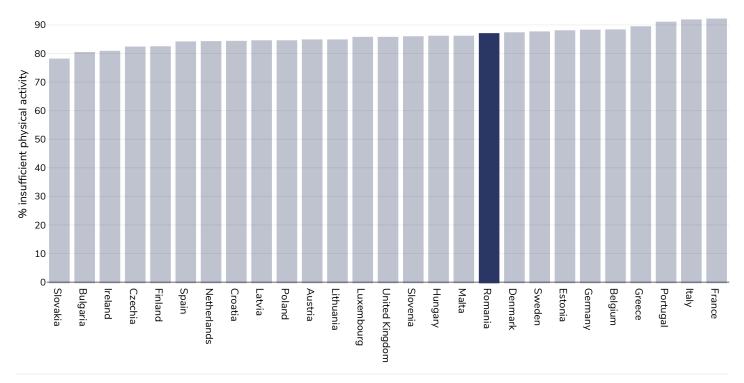
https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)



Girls, 2016



Survey type:	Self-reported
Age:	11-17
References: Global Health Observatory data repository, World Health Organisa https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.0)	
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less

Definitions: % Adolescents insufficiently active

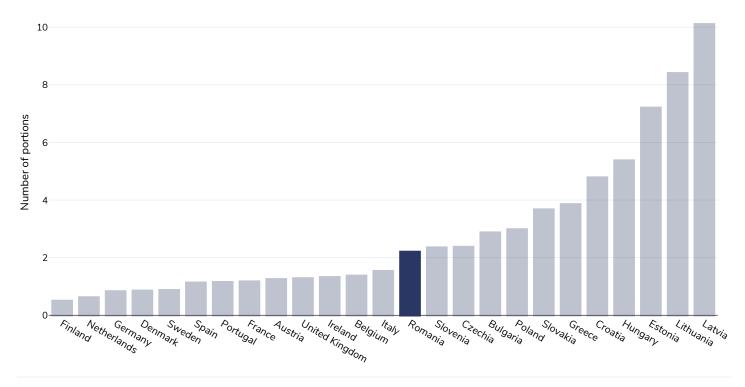
% Adolescents insufficiently active (age standardised estimate)

than 60 minutes of moderate- to vigorous-intensity physical activity daily.



Sugar consumption

Adults, 2016



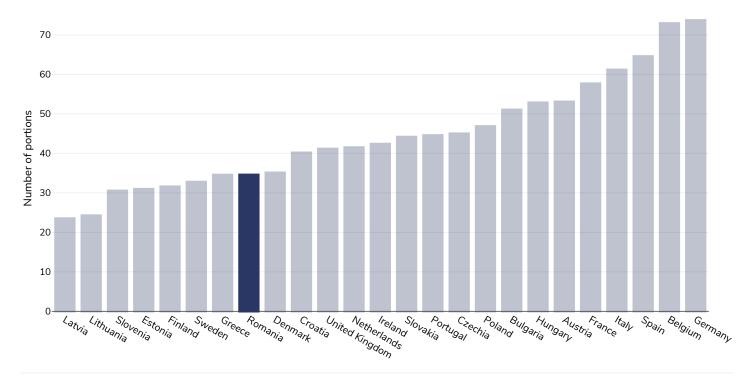
References: Source: Euromonitor International

Definitions: Sugar consumption (Number of 500g sugar portions/person/month)



Estimated per capita sugar sweetened beverages intake

Adults, 2016



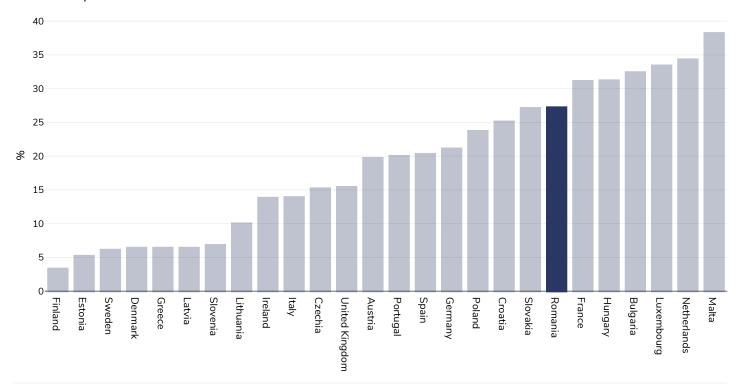
References:

Source: Euromonitor International



Prevalence of at least daily carbonated soft drink consumption

Children, 2014



Survey type: Measured

References:

World Health Organization. (2017). Adolescent obesity and related behaviours: Trends and inequalities in the who european region, 2002-2014: observations from the Health Behavior in School-aged Children (HBSC) WHO collaborative cross-national study (J. Inchley, D. Currie, J. Jewel, J. Breda, & V. Barnekow, Eds.). World Health Organization. Sourced from

Food Systems Dashboard http://www.foodsystemsdashboard.org

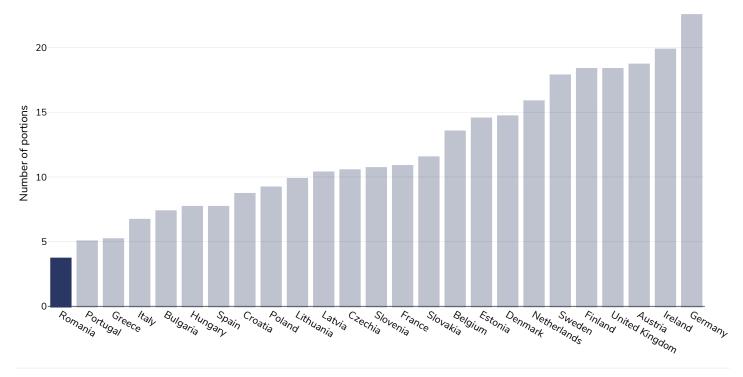
Notes: 15-year-old adolescents

Definitions: Prevalence of at least daily carbonated soft drink consumption (% of at least daily carbonated soft drink consumption)



Prevalence of confectionery consumption

Adults, 2016



References:

Source: Euromonitor International

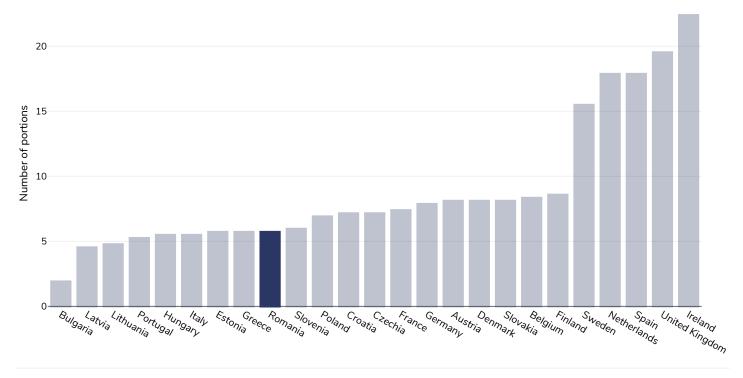
Definitions:

Prevalence of confectionery consumption (Number of 50g confectionery portions/person/month)



Prevalence of sweet/savoury snack consumption

Adults, 2016



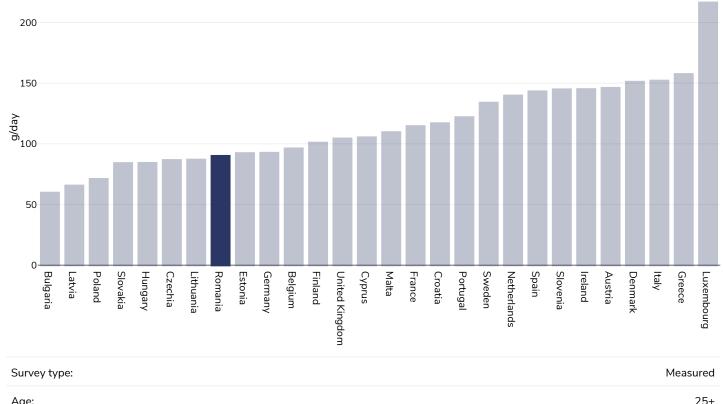
References: Source: Euromonitor International

Definitions: Prevalence of sweet/savoury snack consumption (Number of 35g sweet/savoury snack portions/person/month)



Estimated per capita fruit intake

Adults, 2017



Age:

References:

Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:

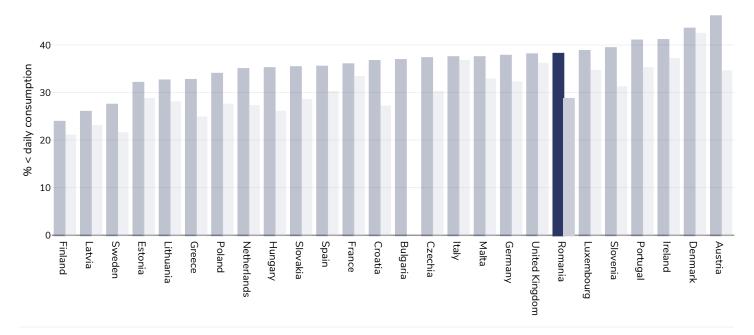
Estimated per-capita fruit intake (g/day)



Prevalence of less than daily fruit consumption

Children, 2014





Survey type: Measured

References:

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard

 $\underline{\text{http://www.foodsystemsdashboard.org/food-system}}$

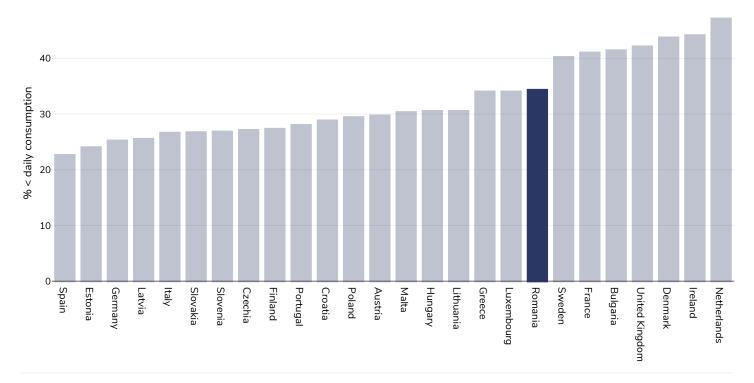
Definitions:

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)



Prevalence of less than daily vegetable consumption

Children, 2014



Survey type: Measured

Age: 12-17

References:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.

https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard

http://www.foodsystemsdashboard.org/food-system

Definitions:

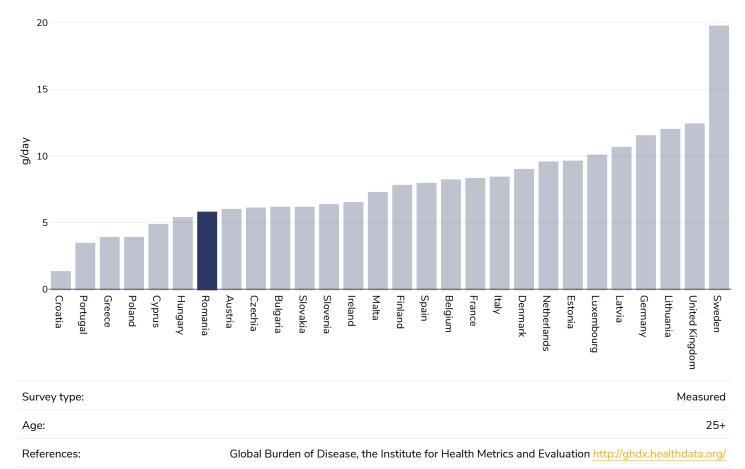
Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)



Estimated per-capita processed meat intake

Adults, 2017

Definitions:

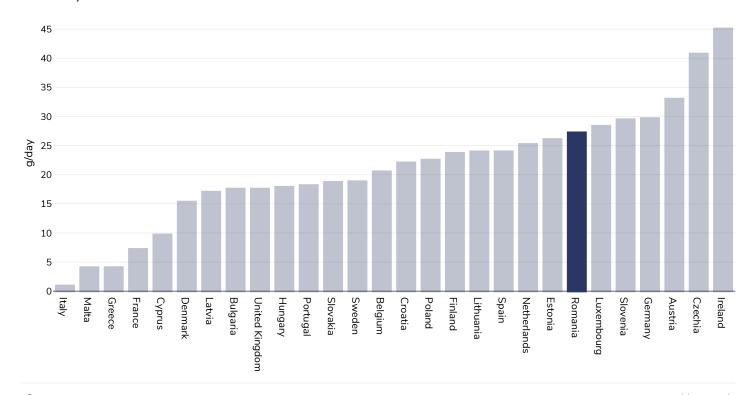


Estimated per-capita processed meat intake (g per day)



Estimated per capita whole grains intake

Adults, 2017

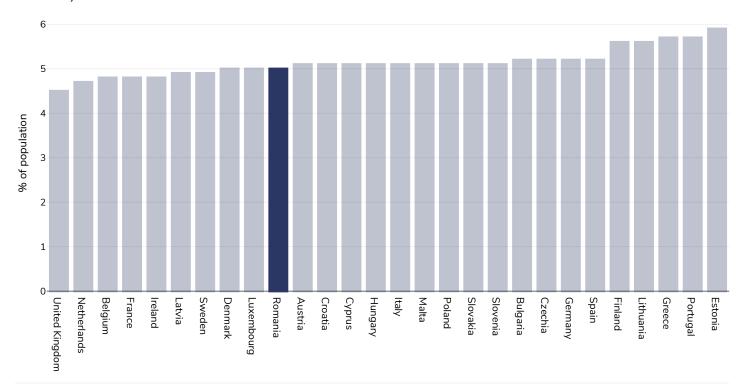


Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita whole grains intake (g/day)



Mental health - depression disorders

Adults, 2015



References:

Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

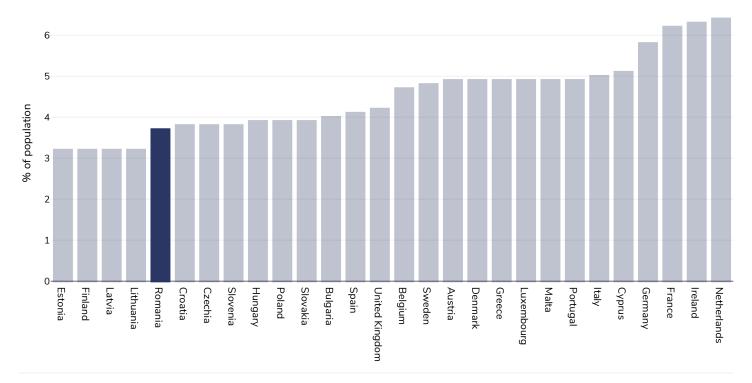
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015



References:

Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

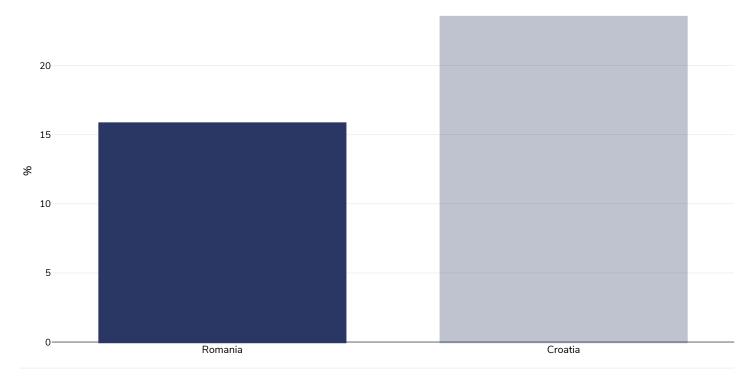
Definitions:

% of population with anxiety disorders



% Infants exclusively breastfed 0-5 months

Children, 1996-2004



Area covered: National

References:

Romania Reproductive Health Survey 2004.

Notes:

See UNICEF website for further survey information. Available at: https://data.unicef.org/resources/dataset/infant-young-child-feeding/ (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

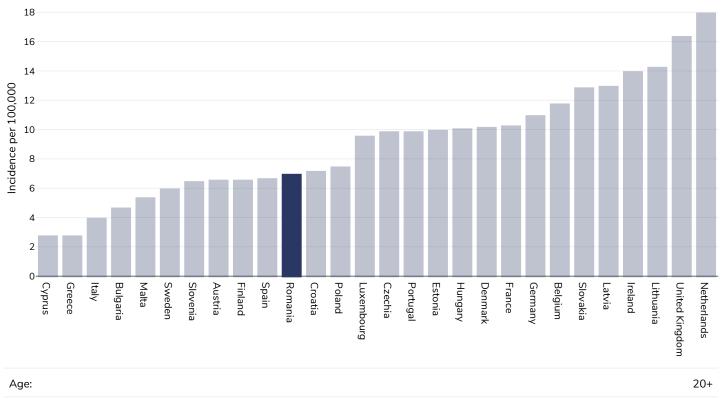
Definitions:

% exclusively breastfed 0-5 months



Oesophageal cancer

Men, 2020



References:

Area covered:

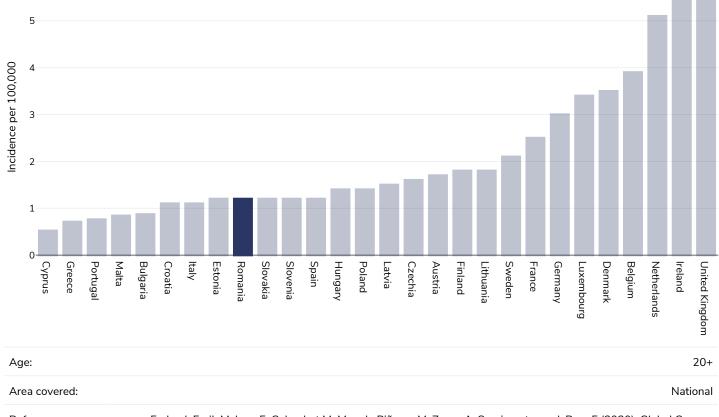
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2295

National

Definitions: Age-standardized indicence rates per 100 000





References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

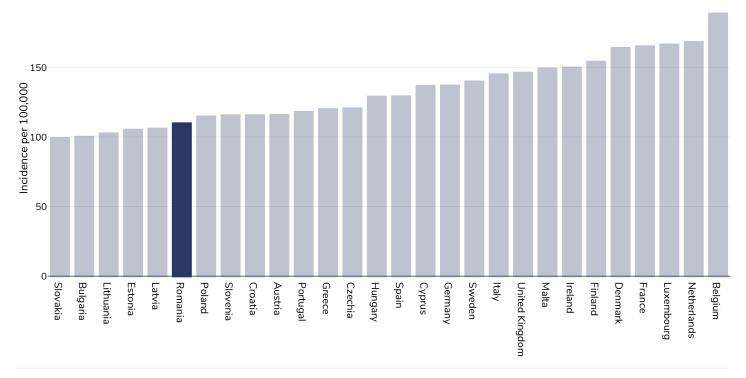
https://gco.iarc.fr/today, accessed 10.01.2295

Definitions:



Breast cancer

Women, 2020



Age: 20+

Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

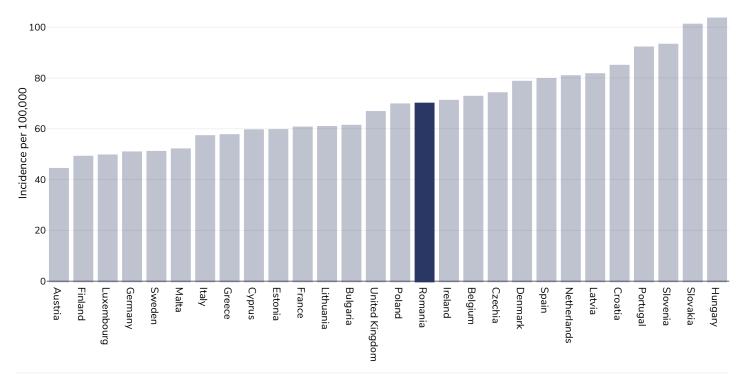
https://gco.iarc.fr/today, accessed 10.01.2295

Definitions:



Colorectal cancer

Men, 2020



Age: 20+

Area covered: National

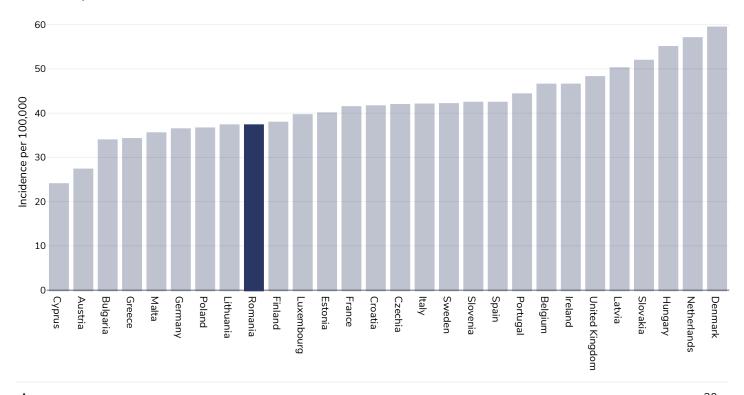
References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2295

Definitions:





Age: 20+

Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

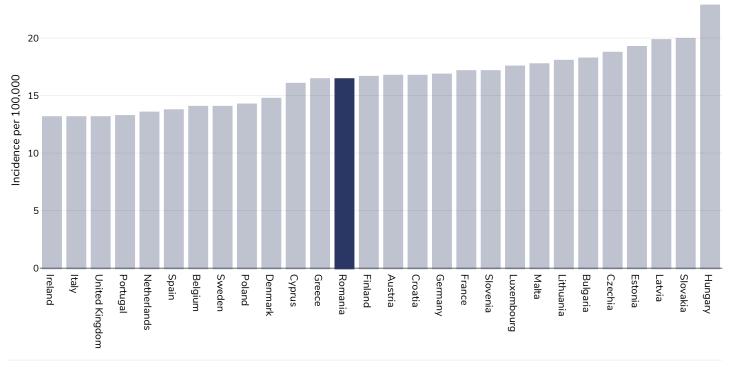
https://gco.iarc.fr/today, accessed 10.01.2295

Definitions:



Pancreatic cancer

Men, 2020



Age: 20+

Area covered: National

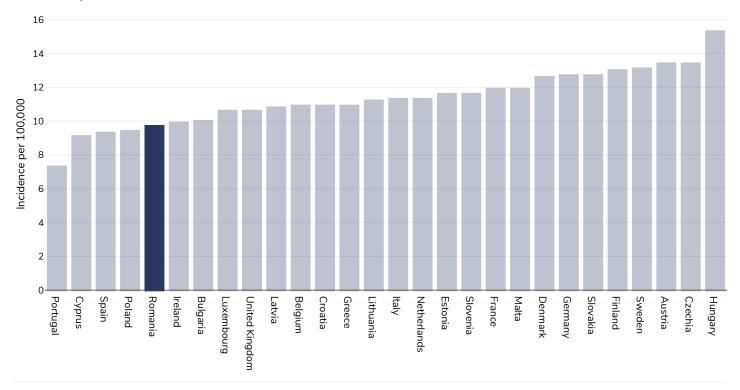
References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2295

Definitions:





Age: 20+

Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2295

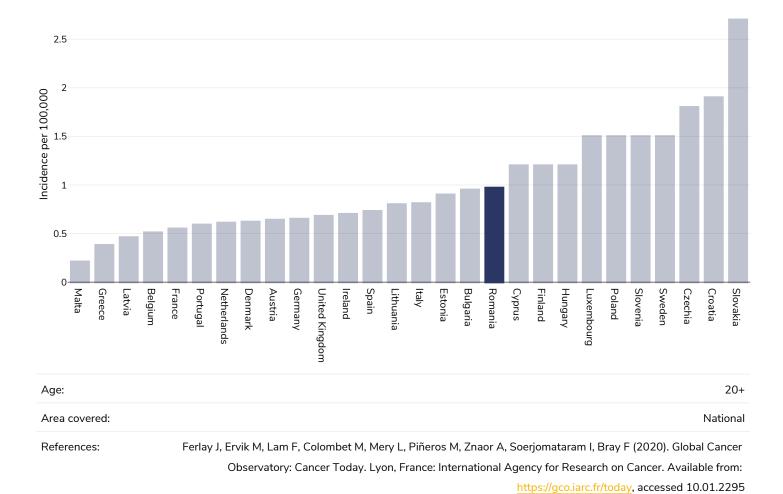
Definitions:



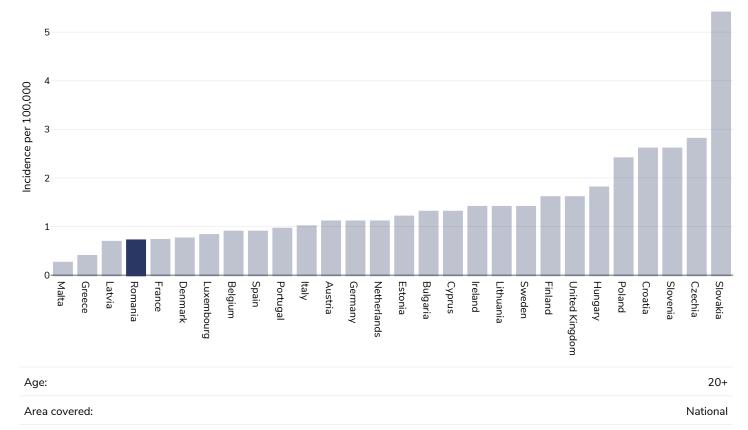
Gallbladder cancer

Men, 2020

Definitions:







References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

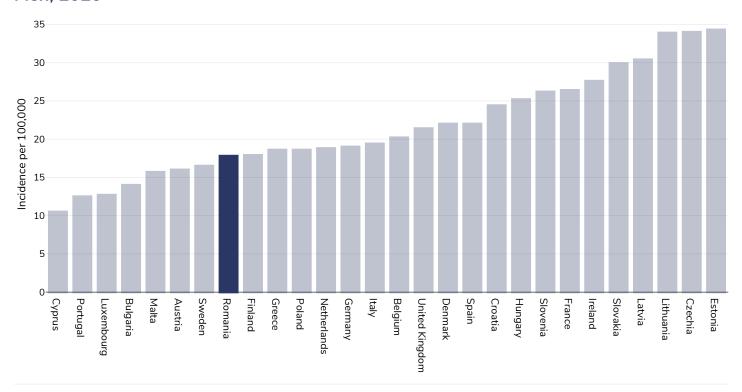
https://gco.iarc.fr/today, accessed 10.01.2295

Definitions:



Kidney cancer

Men, 2020



Age: 20+

Area covered: National

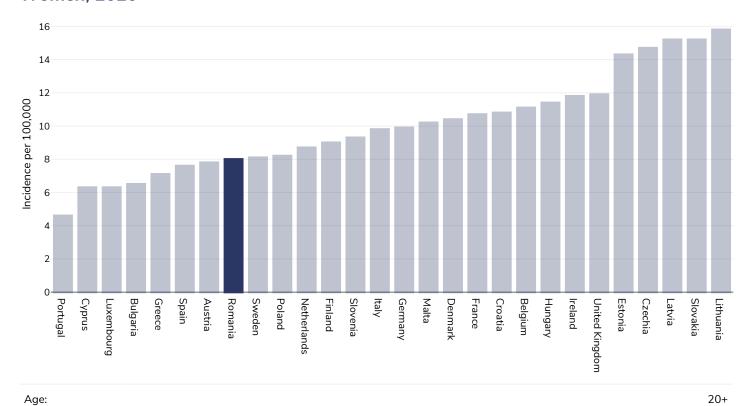
References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2295

Definitions:





7.gc.

Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

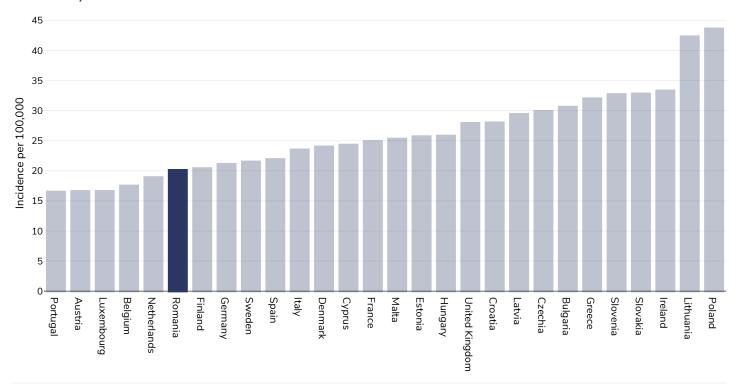
https://gco.iarc.fr/today, accessed 10.01.2295

Definitions:



Cancer of the uterus

Women, 2020



Age: 20+

Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

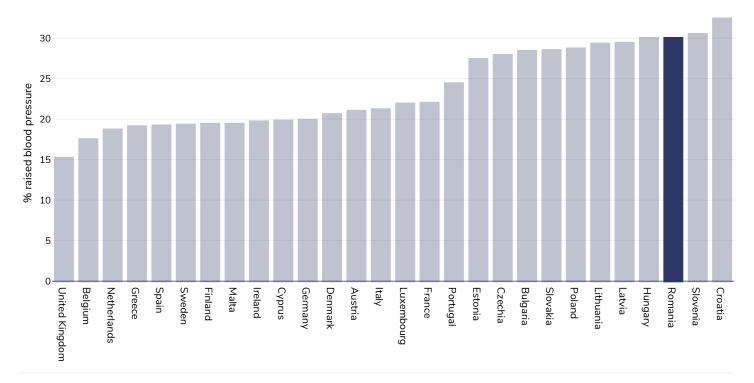
https://gco.iarc.fr/today, accessed 10.01.2295

Definitions:



Raised blood pressure

Adults, 2015



References:

Global Health Observatory data repository, World Health Organisation,

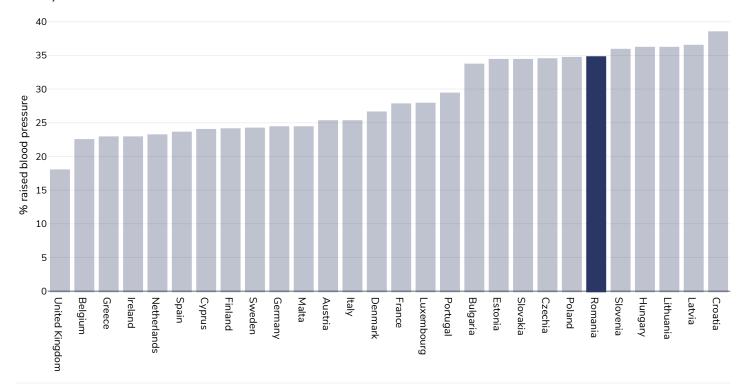
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Men, 2015



References:

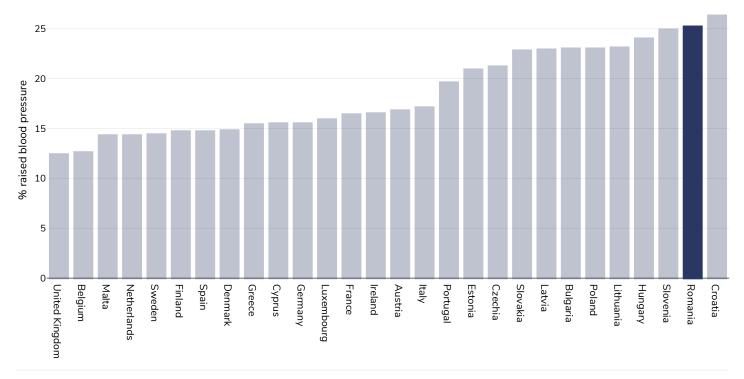
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

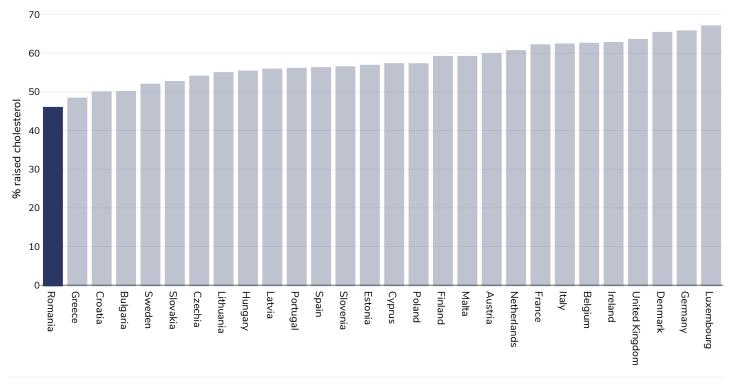
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Raised cholesterol

Adults, 2008



References:

Global Health Observatory data repository, World Health Organisation,

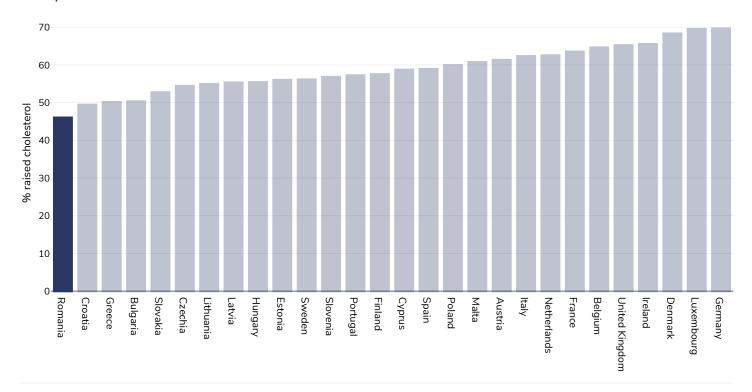
http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Men, 2008



References:

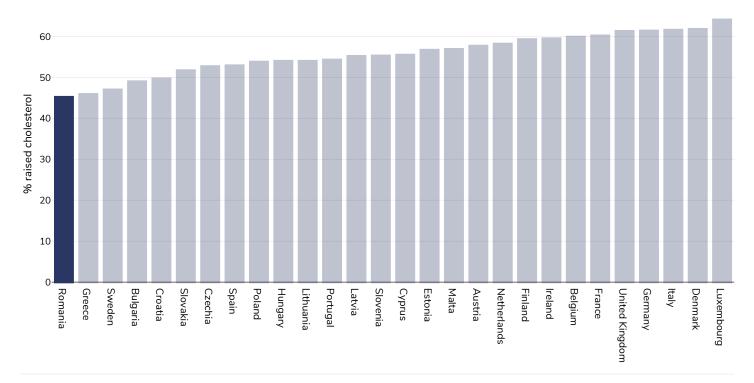
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A885

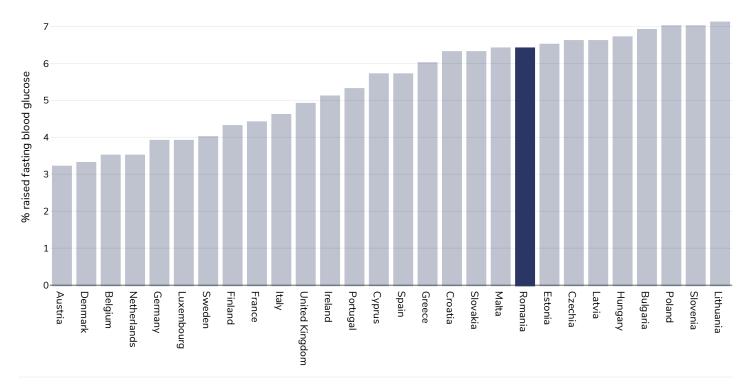
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Raised fasting blood glucose

Men, 2014



References:

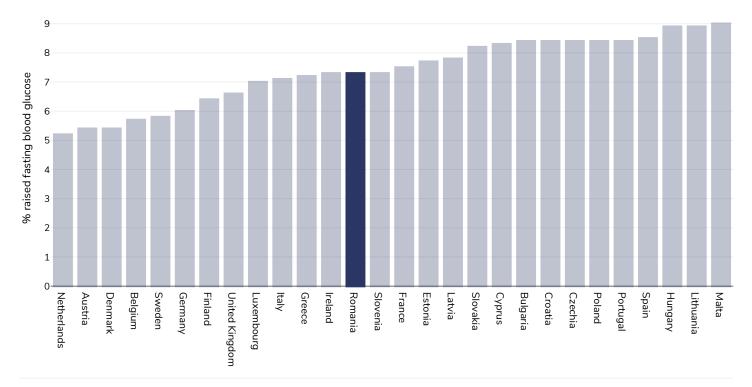
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

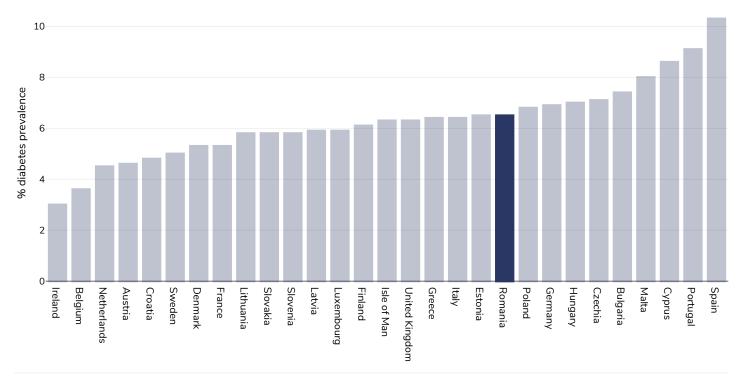
Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



Diabetes prevalence

Adults, 2021



Age: 20-79

Area covered: National

References:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels,

Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org

Definitions:

Age-adjusted comparative prevalence of diabetes, %



Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	✓
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	✓
Color coding?	×
Warning label?	×





Regulation and marketing

Are there fiscal policies on unhealthy products?	
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	×
Mandatory limit or ban of trans fat (all settings)?	~
Mandatory limit of trans fats in place (all settings)?	~
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	~
Mandatory restriction on broadcast media?	~
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	~
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



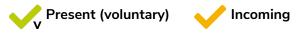


Political will and support

National obesity strategy or nutrition and physical activity national strategy?	~
National obesity strategy?	~
National childhood obesity strategy?	×
Comprehensive nutrition strategy?	~
Comprehensive physical activity strategy?	~
Evidence-based dietary guidelines and/or RDAs?	~
National target(s) on reducing obesity?	X
Guidelines/policy on obesity treatment?	~
Promotion of breastfeeding?	~
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	~
Within 5 years?	
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	×

Key











Unknown

Last updated September 13, 2022

PDF created on May 18, 2024