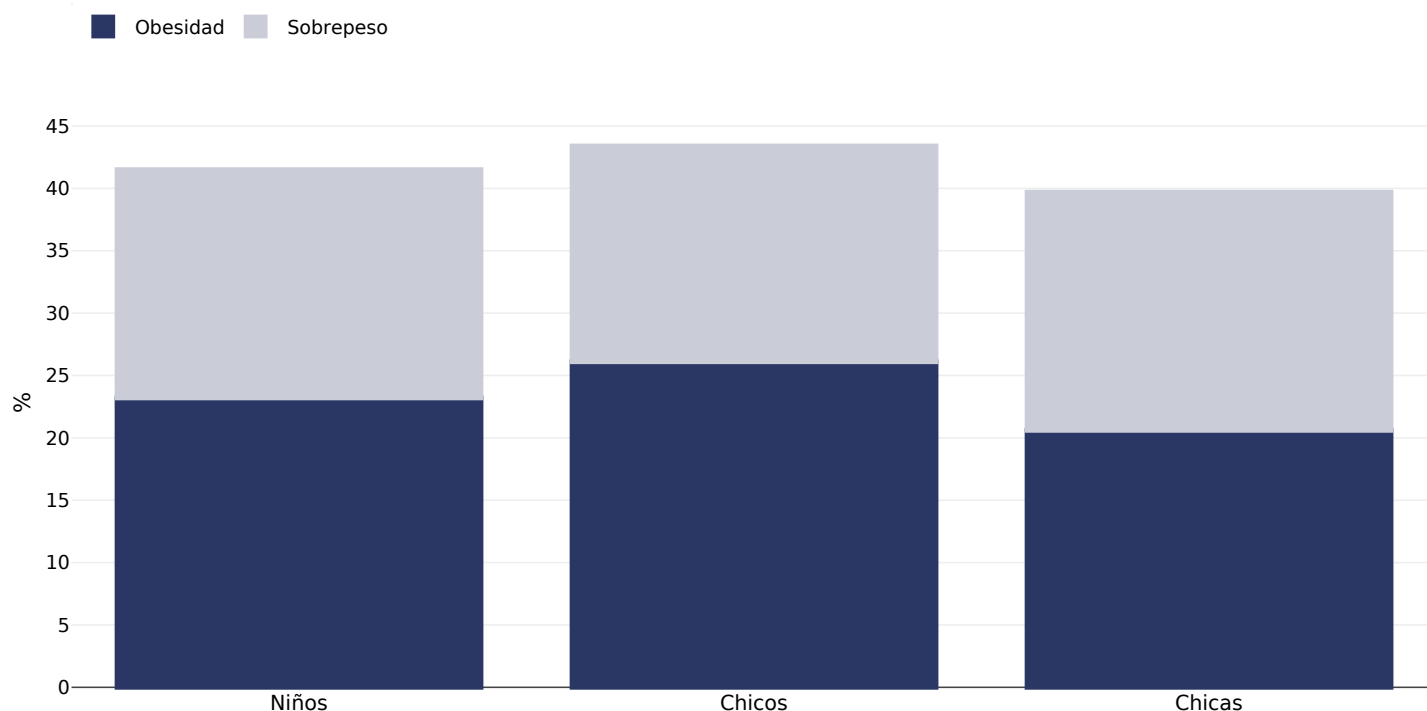


Report card Puerto Rico



Prevalencia de obesidad

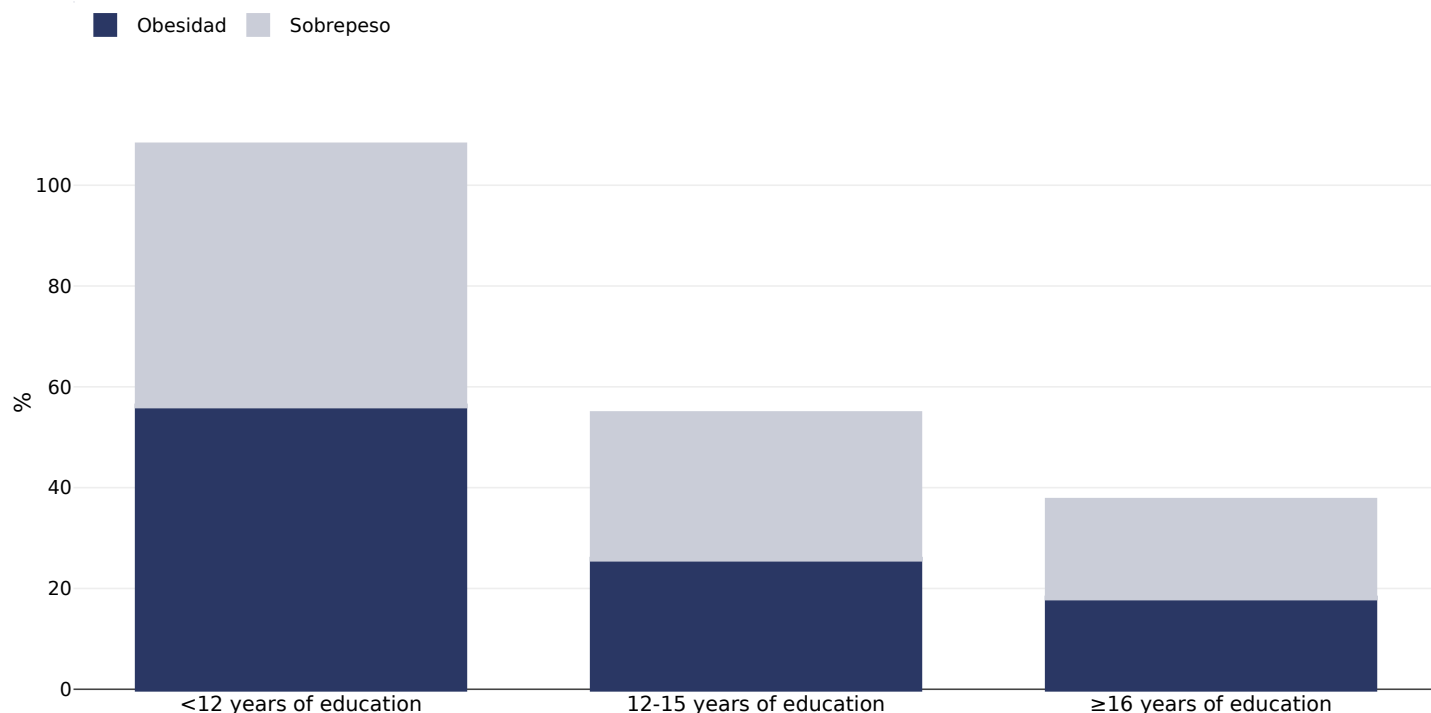
Niños, 2010-2011



Tipo de encuesta:	Medido
Edad:	12
Tamaño de la muestra:	1582
Referencias:	Elías-Boneta AR, Toro MJ, Garcia O, Torres R, Palacios C. High prevalence of overweight and obesity among a representative sample of Puerto Rican children. BMC Public Health. 2015 Mar 5;15:219. doi: 10.1186/s12889-015-1549-0. PMID: 25885462; PMCID: PMC4358900. Available at https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4358900/ (last accessed 09.03.22)
Notas:	A probabilistic sample of 133 schools was selected from a total of 1,843 schools. Ten boys and ten girls were randomly selected from each school using the official student lists provided by the school's administration. The required sample size was 2,600 children. A total of 1,734 children were contacted and invited to participate, however, some of the selected schools were inactive and others had merged. 152 children were excluded due to school absences and failure to obtain their parent's written consent.
Definiciones (solo disponible en inglés):	Children were categorized as overweight, or obese using the Center for Disease Control and Prevention's age and gender specific growth charts.
Cutoffs:	CDC

Sobrepeso/obesidad según nivel de estudios

Adultos, 2005-2007



Tipo de encuesta: Medido

Edad: 45-52

Tamaño de la muestra: 840

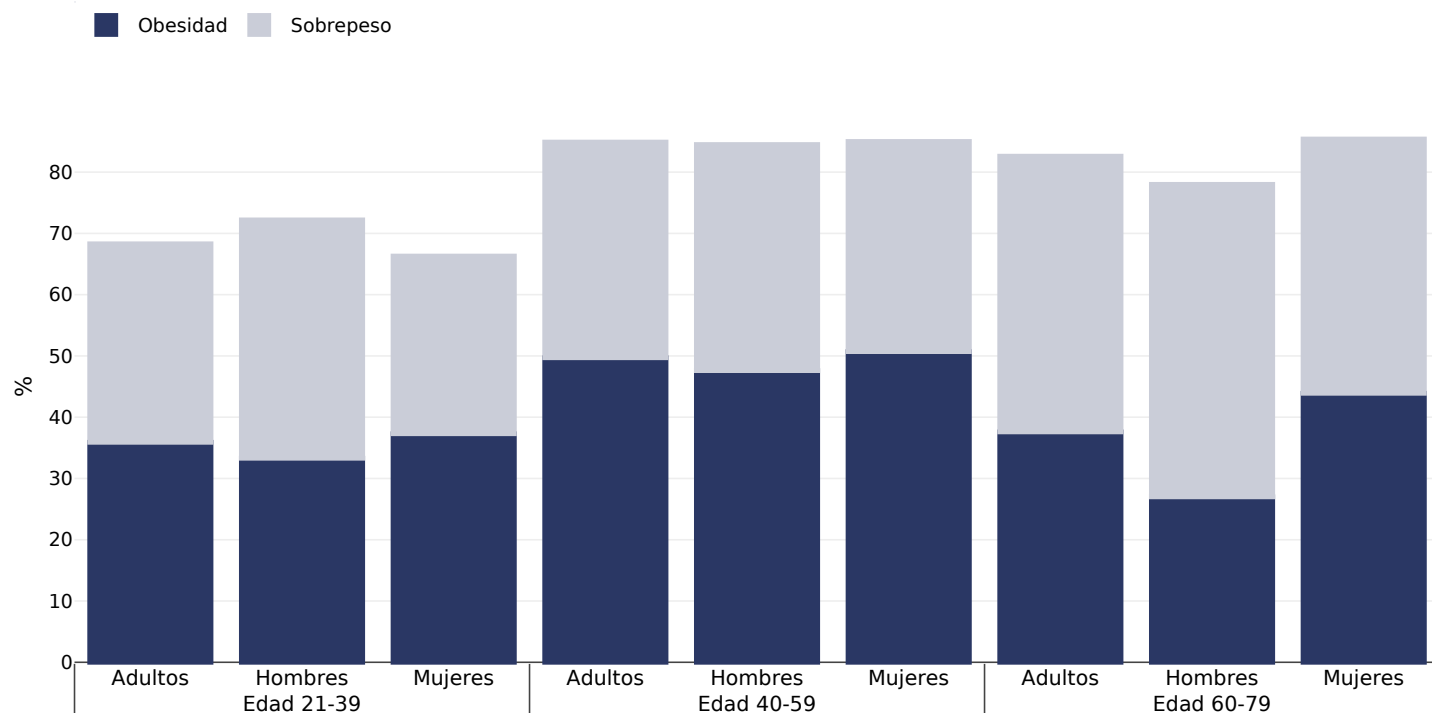
Zona abarcada: Regional - San Juan Metropolitan Area

Referencias: Prevalence of overweight and obesity and their cardiometabolic comorbidities in Hispanic adults living in San Juan Metropolitan Area, Puerto Rico <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3823746/> (last accessed 09.03.22)

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m².

Sobrepeso/obesidad por edad

Adultos, 2005-2007



Tipo de encuesta: Medido

Tamaño de la muestra: 840

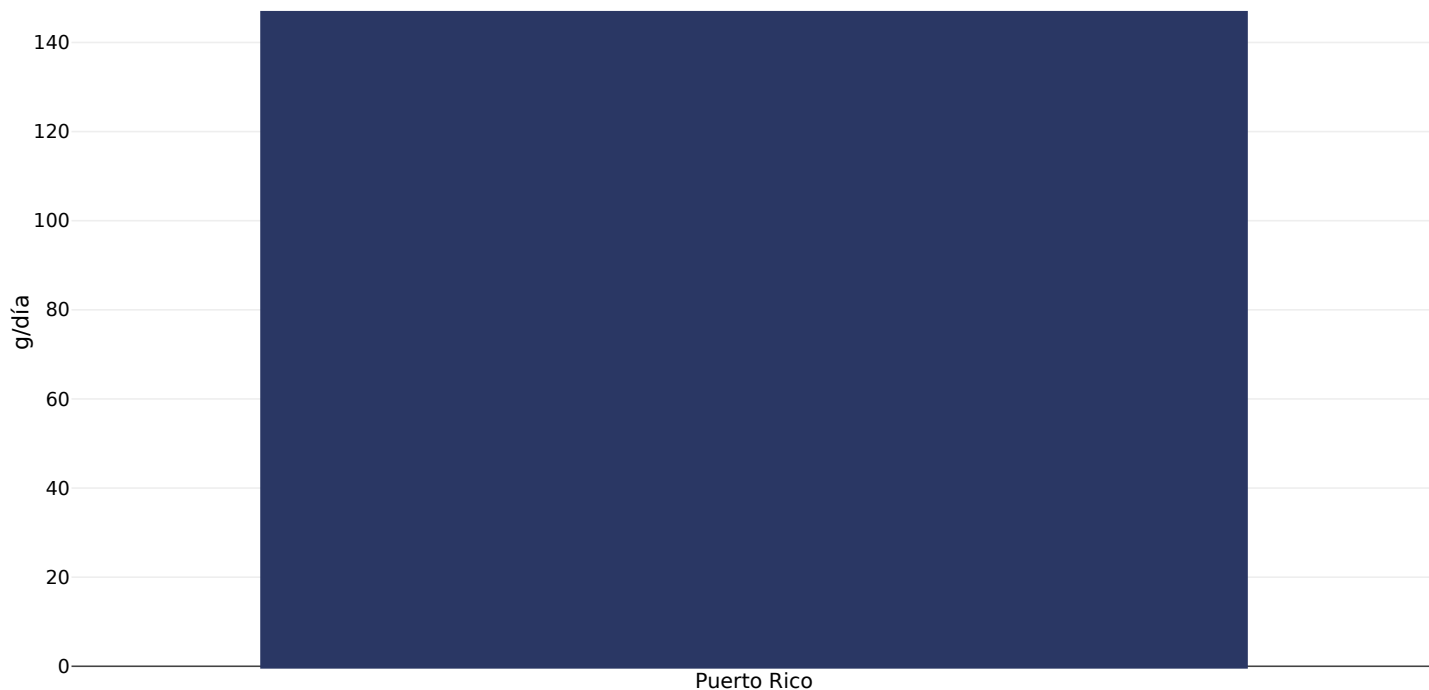
Zona abarcada: Regional - San Juan Metropolitan Area

Referencias: Prevalence of overweight and obesity and their cardiometabolic comorbidities in Hispanic adults living in San Juan Metropolitan Area, Puerto Rico <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3823746/> (last accessed 09.03.22)

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m².

Estimated per capita fruit intake

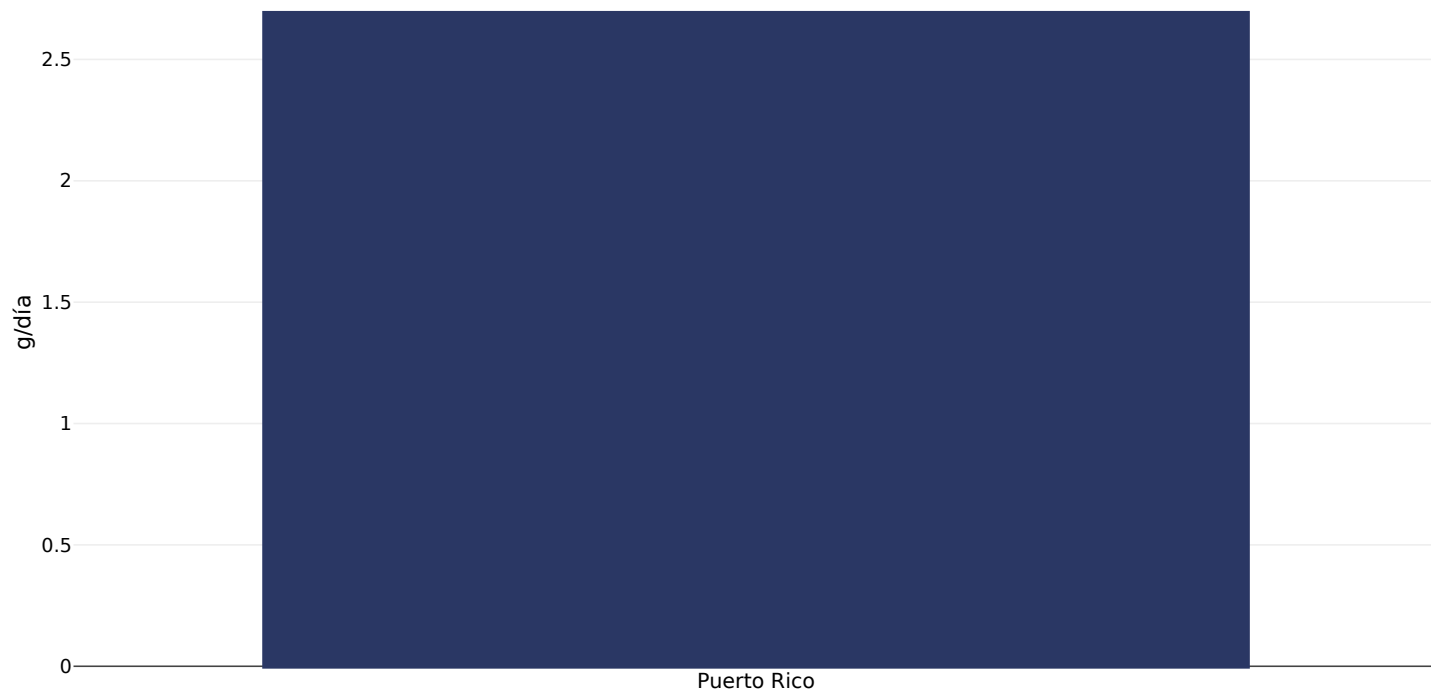
Adultos, 2017



Tipo de encuesta:	Medido
Edad:	25+
Referencias:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definiciones (solo disponible en inglés):	Estimated per-capita fruit intake (g/day)

Ingesta estimada de carne procesada per cápita

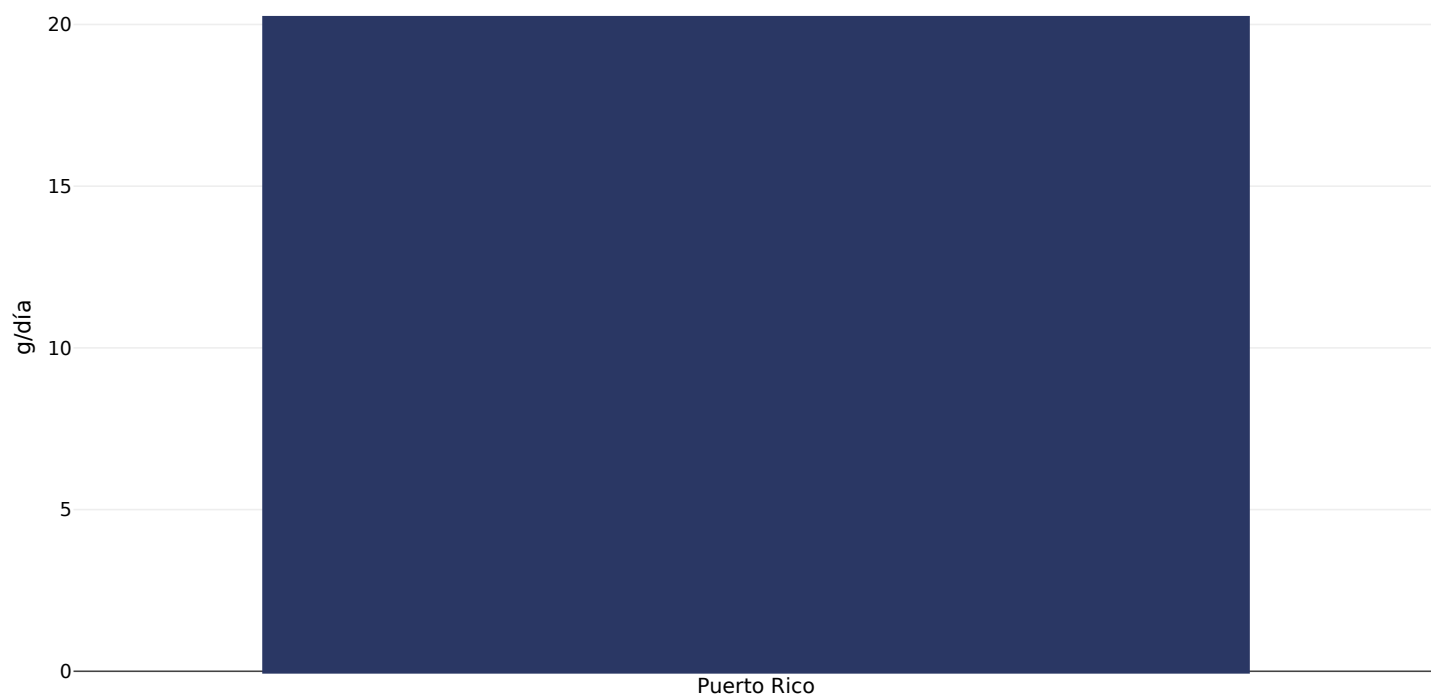
Adultos, 2017



Tipo de encuesta:	Medido
Edad:	25+
Referencias:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definiciones (solo disponible en inglés):	Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

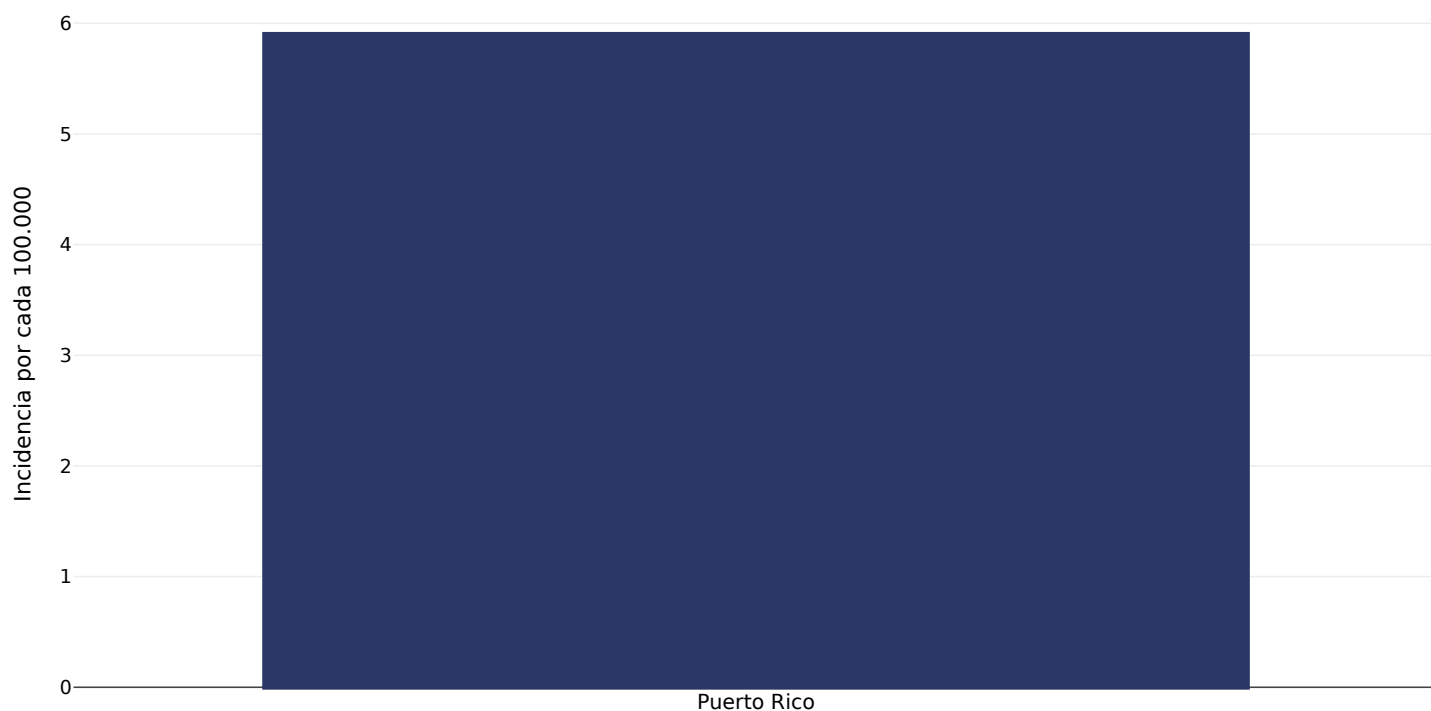
Adultos, 2017



Tipo de encuesta:	Medido
Edad:	25+
Referencias:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definiciones (solo disponible en inglés):	Estimated per-capita whole grains intake (g/day)

Cáncer de esófago

Hombres, 2020



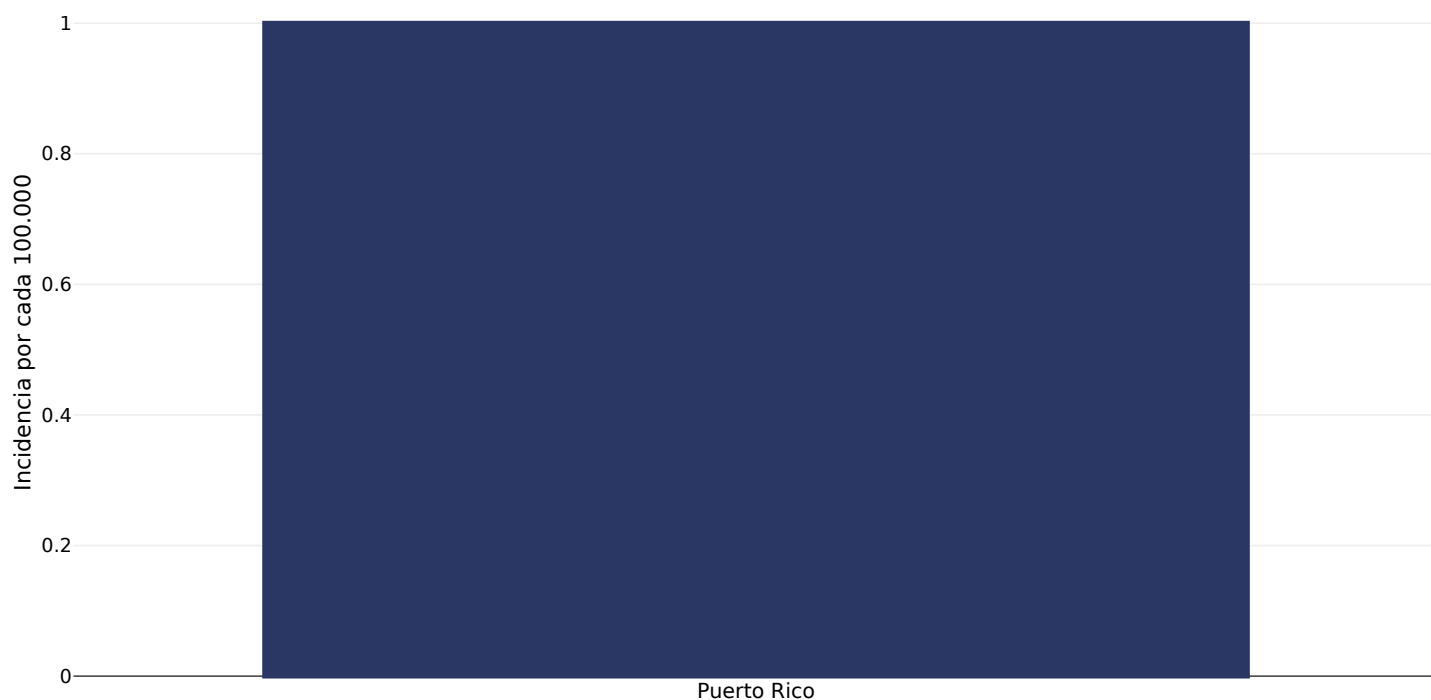
Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Mujeres, 2020



Edad: 20+

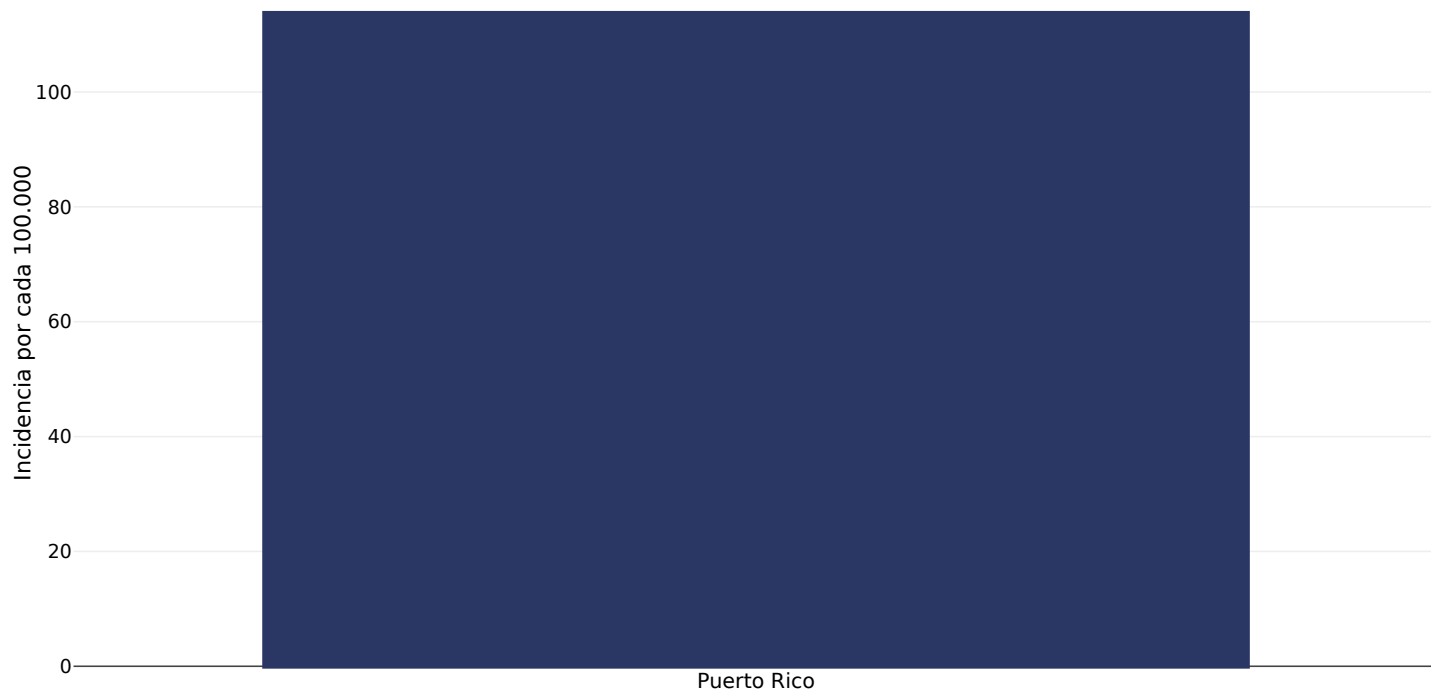
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer de mama

Mujeres, 2020



Edad: 20+

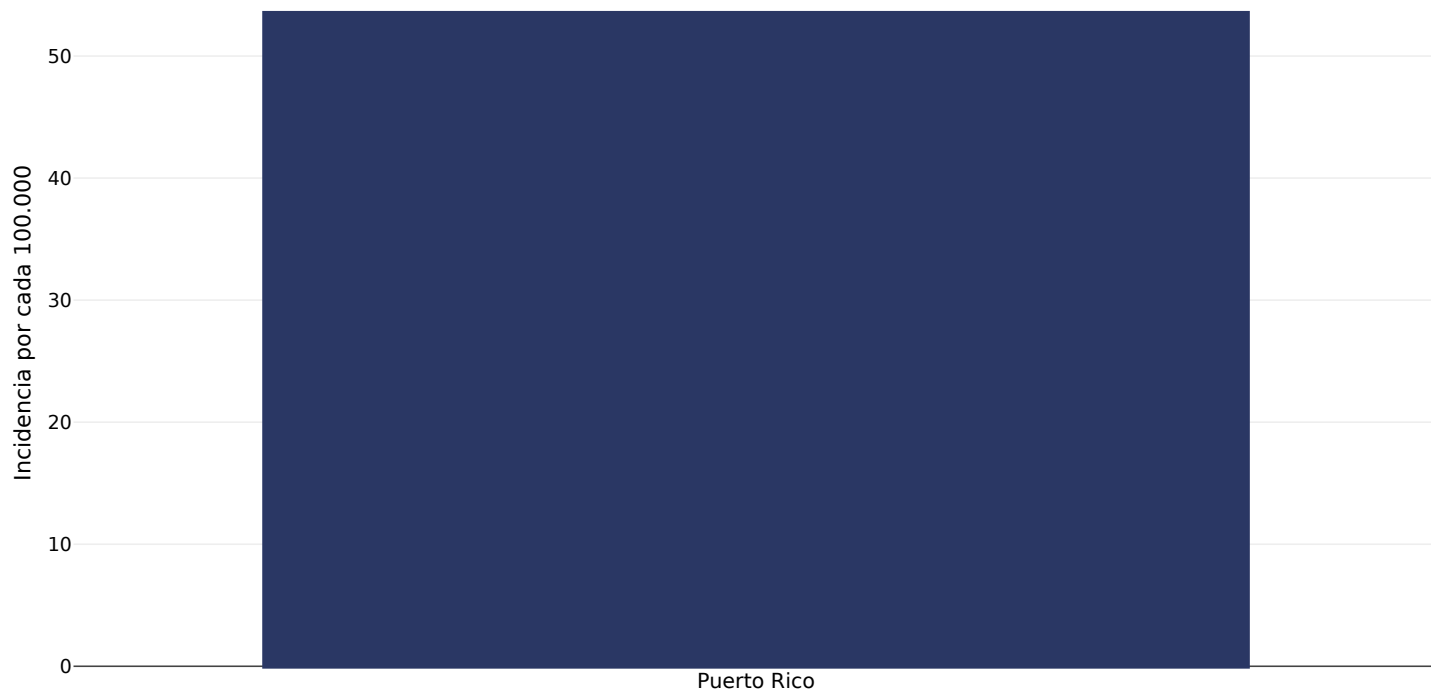
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer colorrectal

Hombres, 2020



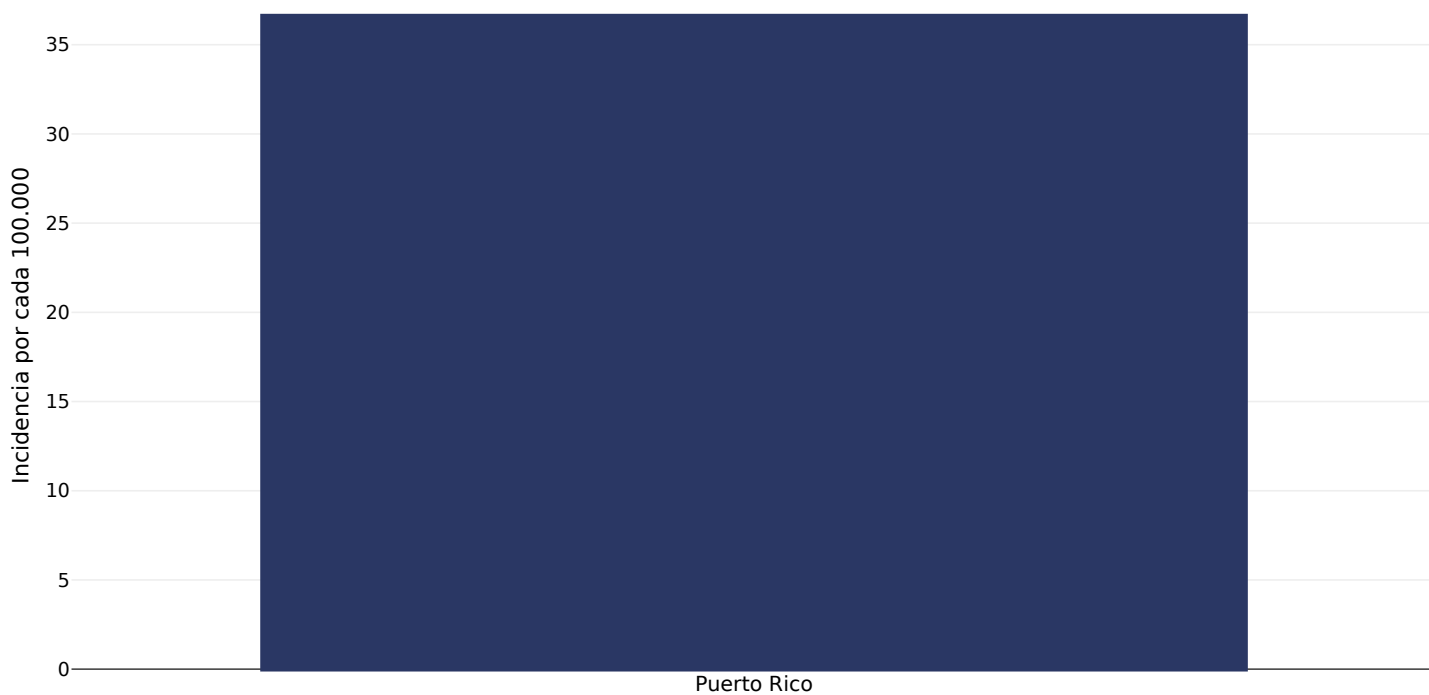
Edad: 20+

Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Mujeres, 2020



Edad: 20+

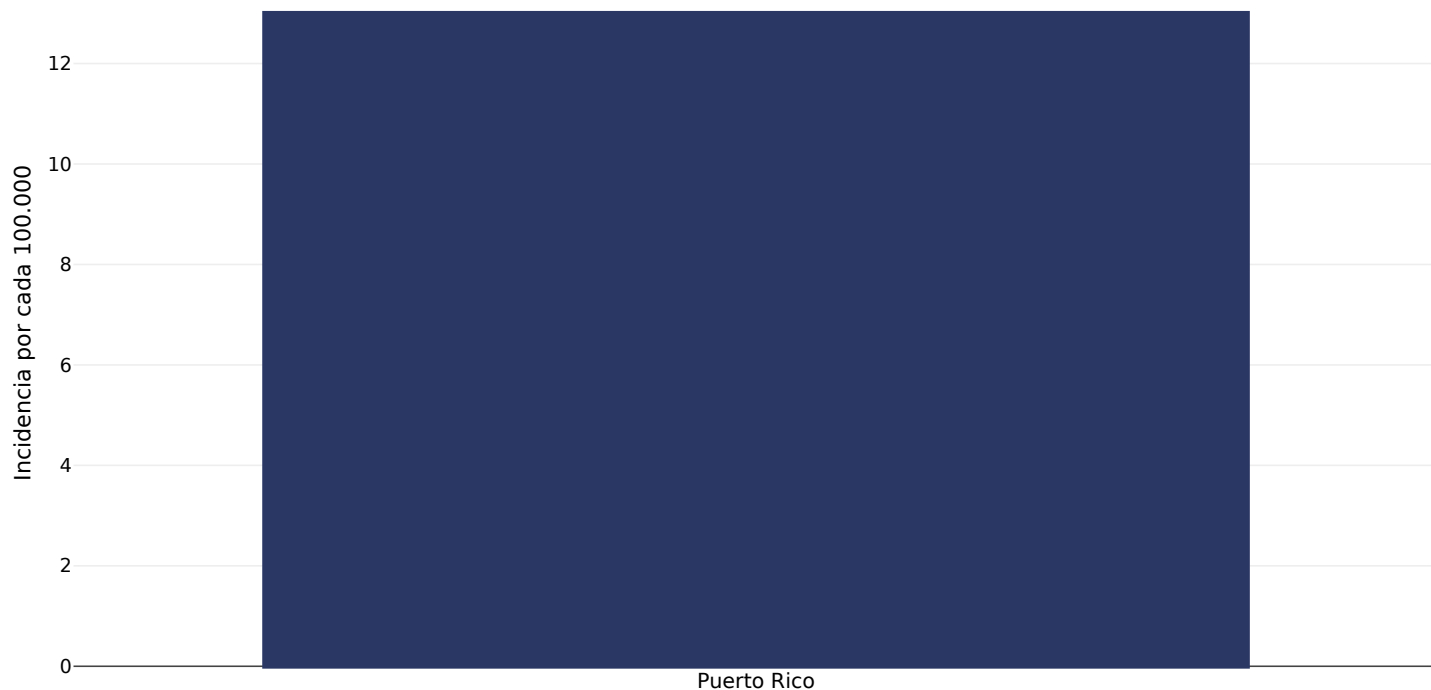
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer de páncreas

Hombres, 2020



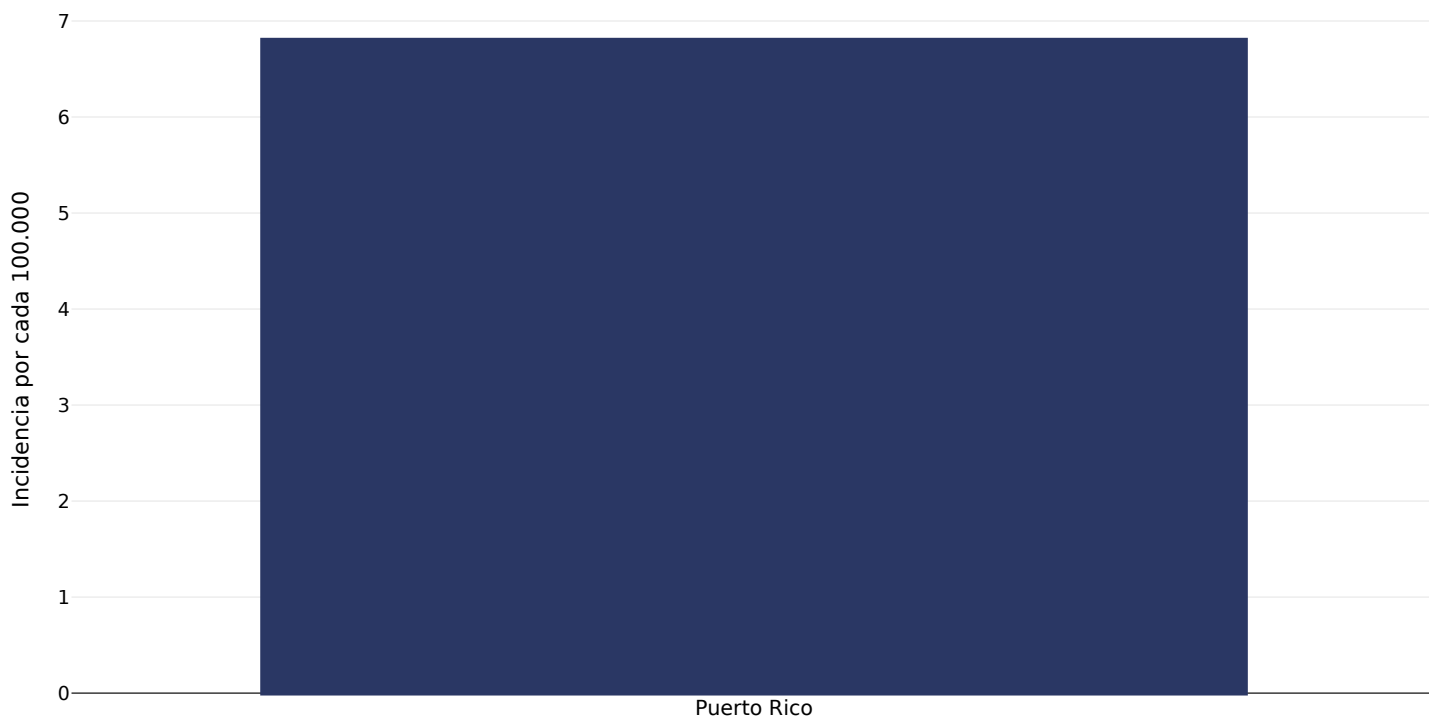
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Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Mujeres, 2020



Edad: 20+

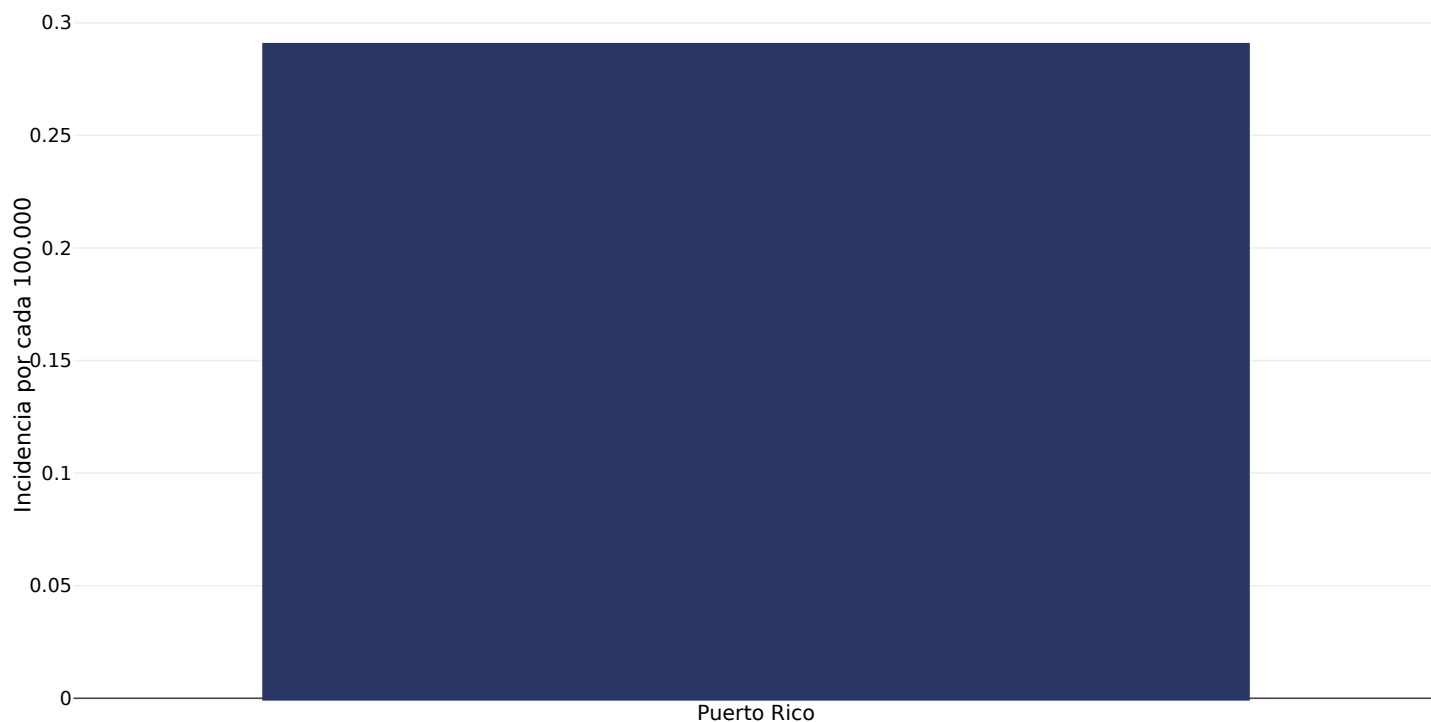
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer de la vesícula biliar

Hombres, 2020



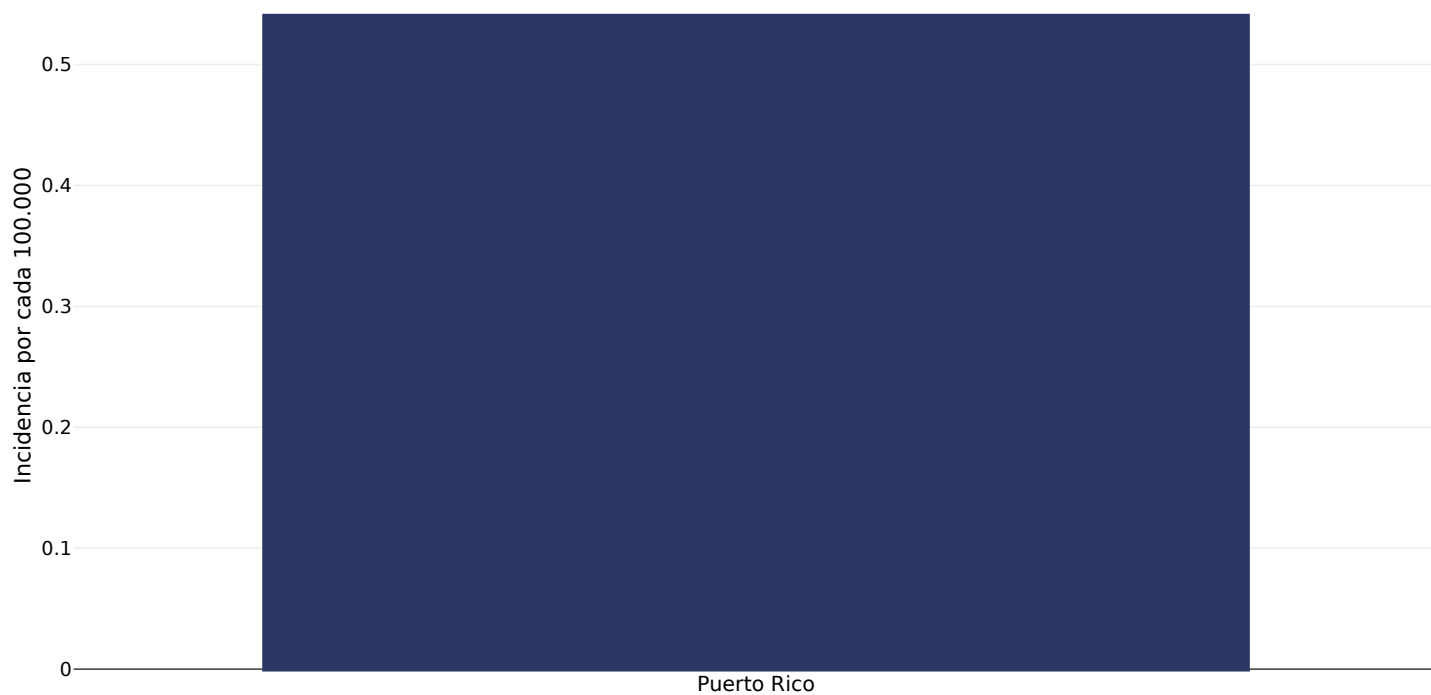
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Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Mujeres, 2020



Edad: 20+

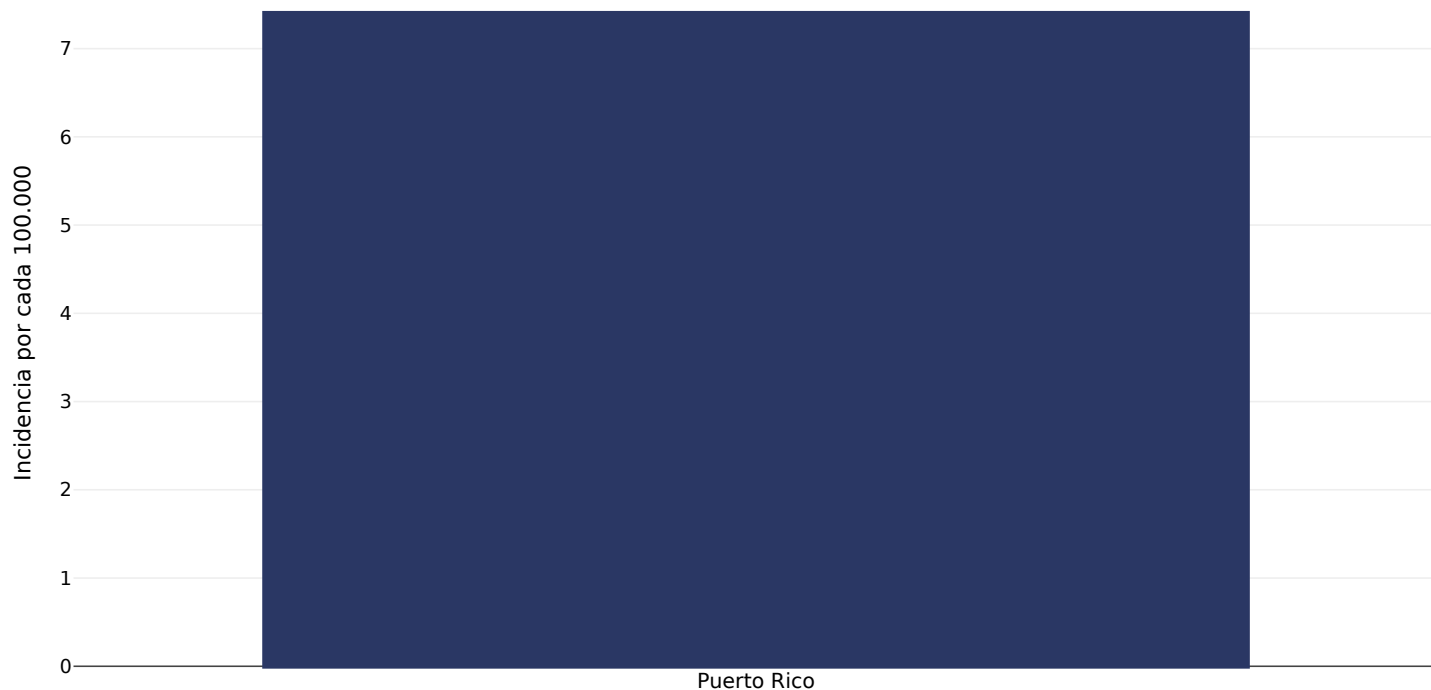
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer de riñón

Hombres, 2020



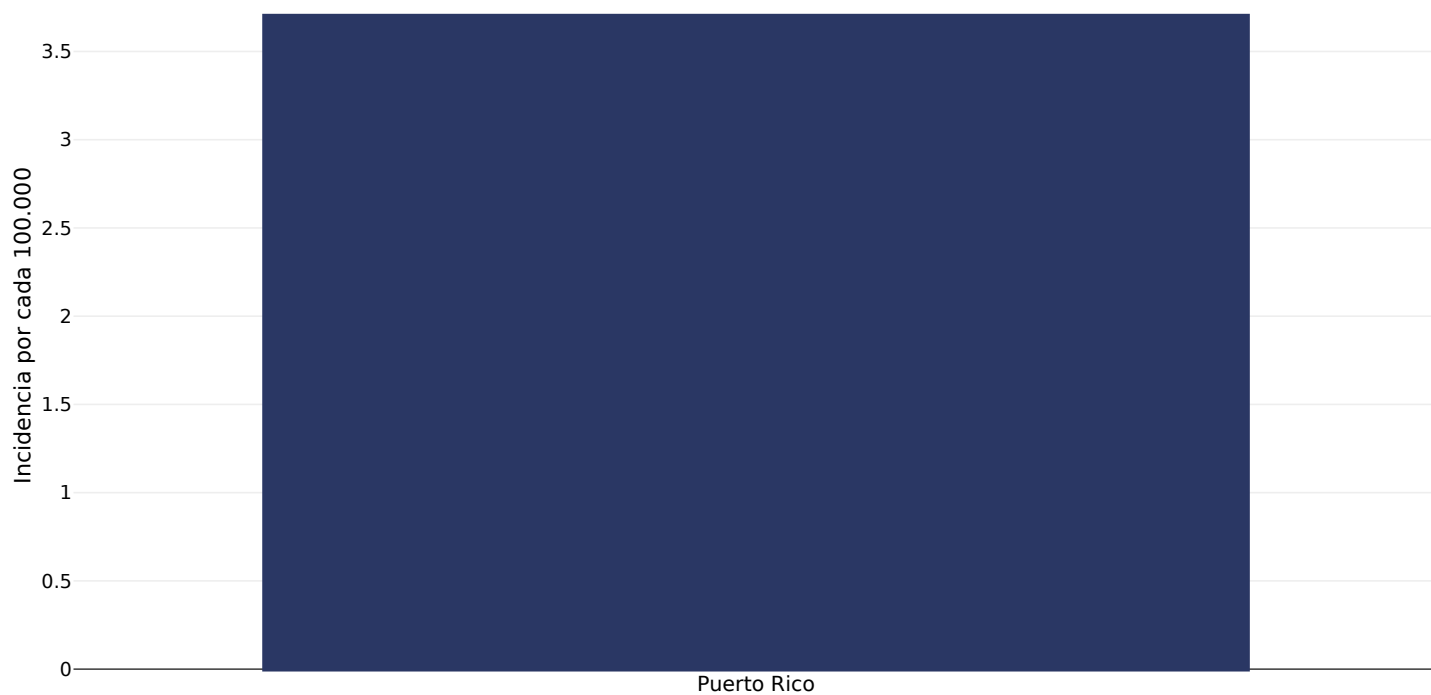
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Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Mujeres, 2020



Edad: 20+

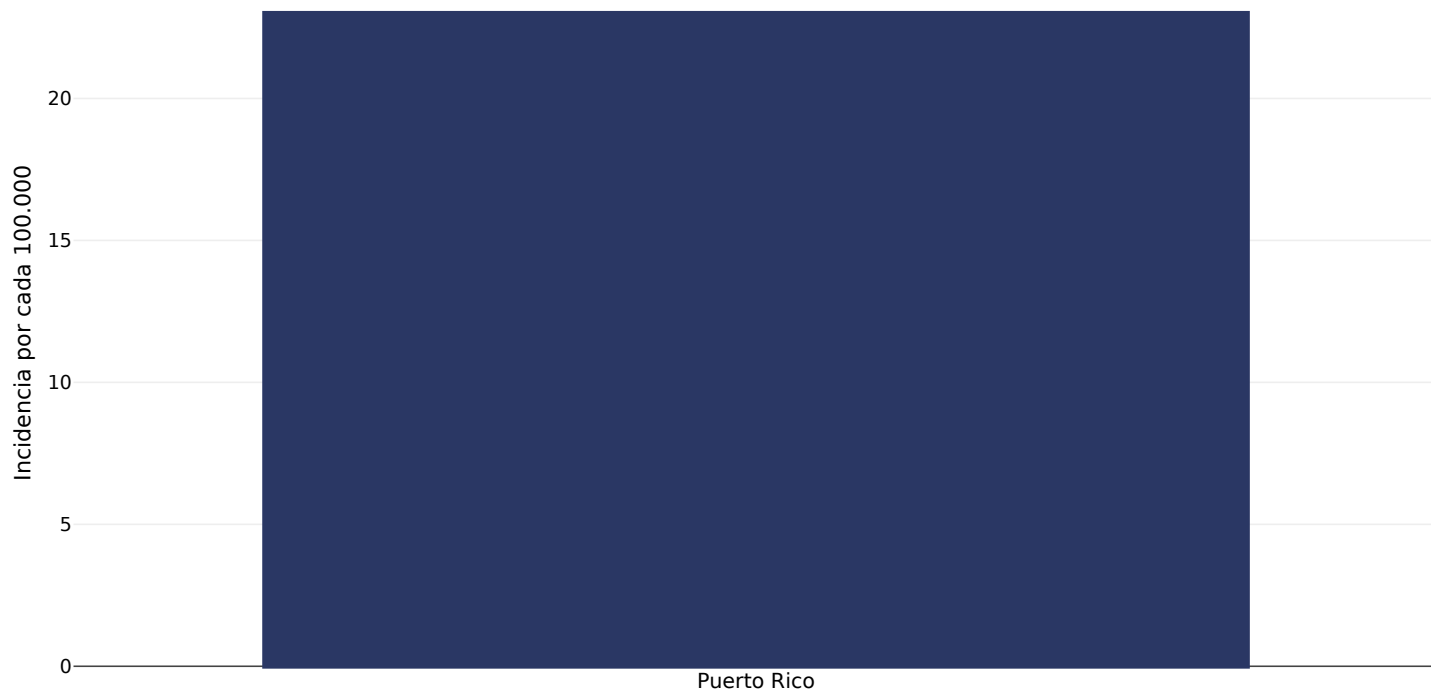
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Cáncer de útero

Mujeres, 2020



Edad: 20+

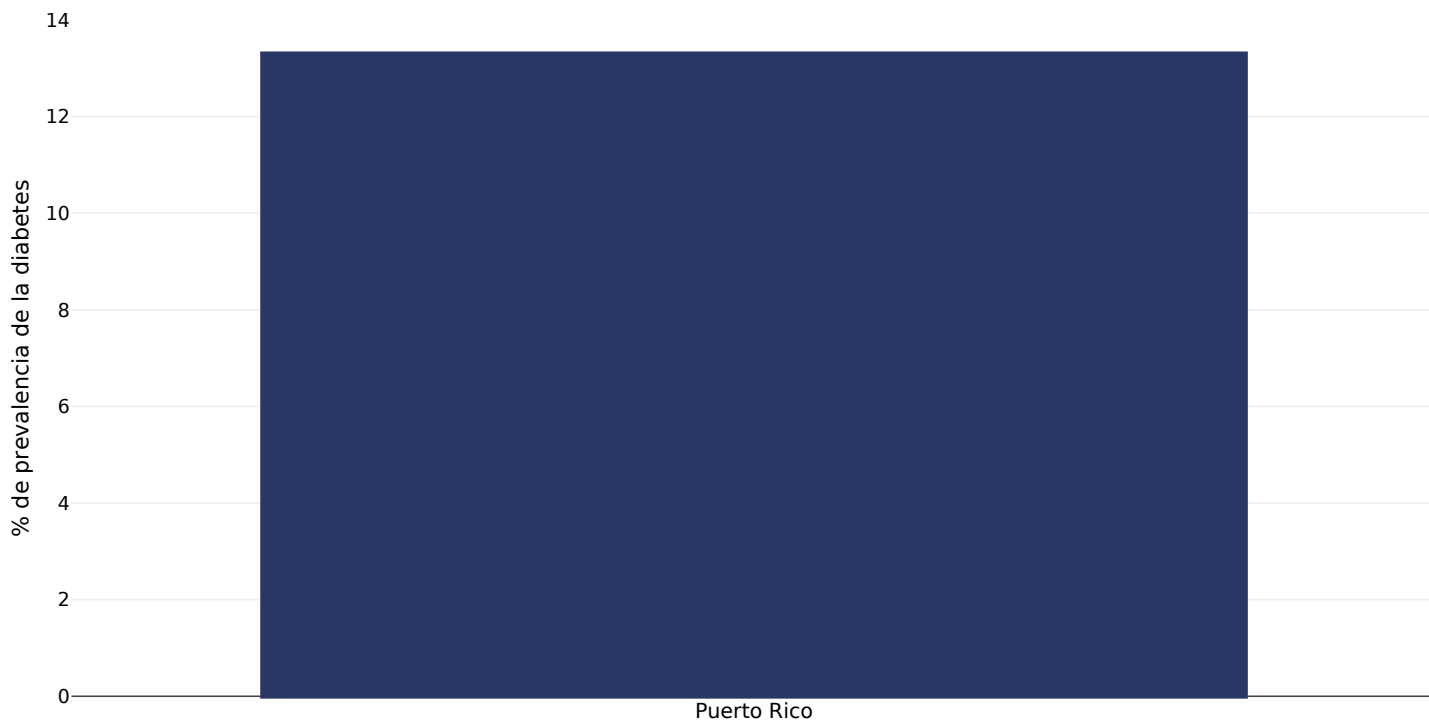
Zona abarcada: Nacional

Referencias: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2289

Definiciones (solo disponible en inglés): Age-standardized incidence rates per 100 000

Prevalencia de la diabetes

Adultos, 2021



Edad: 20-79

Zona abarcada: Nacional

Referencias: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definiciones (solo disponible en inglés): Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



Regulation and marketing

Are there fiscal policies on unhealthy products?	✗
Tax on unhealthy foods?	✗
Tax on unhealthy drinks?	✗
Are there fiscal policies on healthy products?	✗
Subsidy on fruits?	✗
Subsidy on vegetables?	✗
Subsidy on other healthy products?	✗
Mandatory limit or ban of trans fat (all settings)?	✓
Mandatory limit of trans fats in place (all settings)?	✗
Ban on trans-fats or phos in place (all settings)?	✓
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Mandatory restriction on broadcast media?	✗
Mandatory restriction on non-broadcast media?	✗
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Are there mandatory standards for food in schools?	✗
Are there any mandatory nutrient limits in any manufactured food products?	✗
Nutrition standards for public sector procurement?	✗



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✗
National obesity strategy?	✗
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✗
Comprehensive physical activity strategy?	✗
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✗
Guidelines/policy on obesity treatment?	✗
Promotion of breastfeeding?	✗



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✗



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✗
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Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

Last updated November 27, 2022

PDF created on May 18, 2024