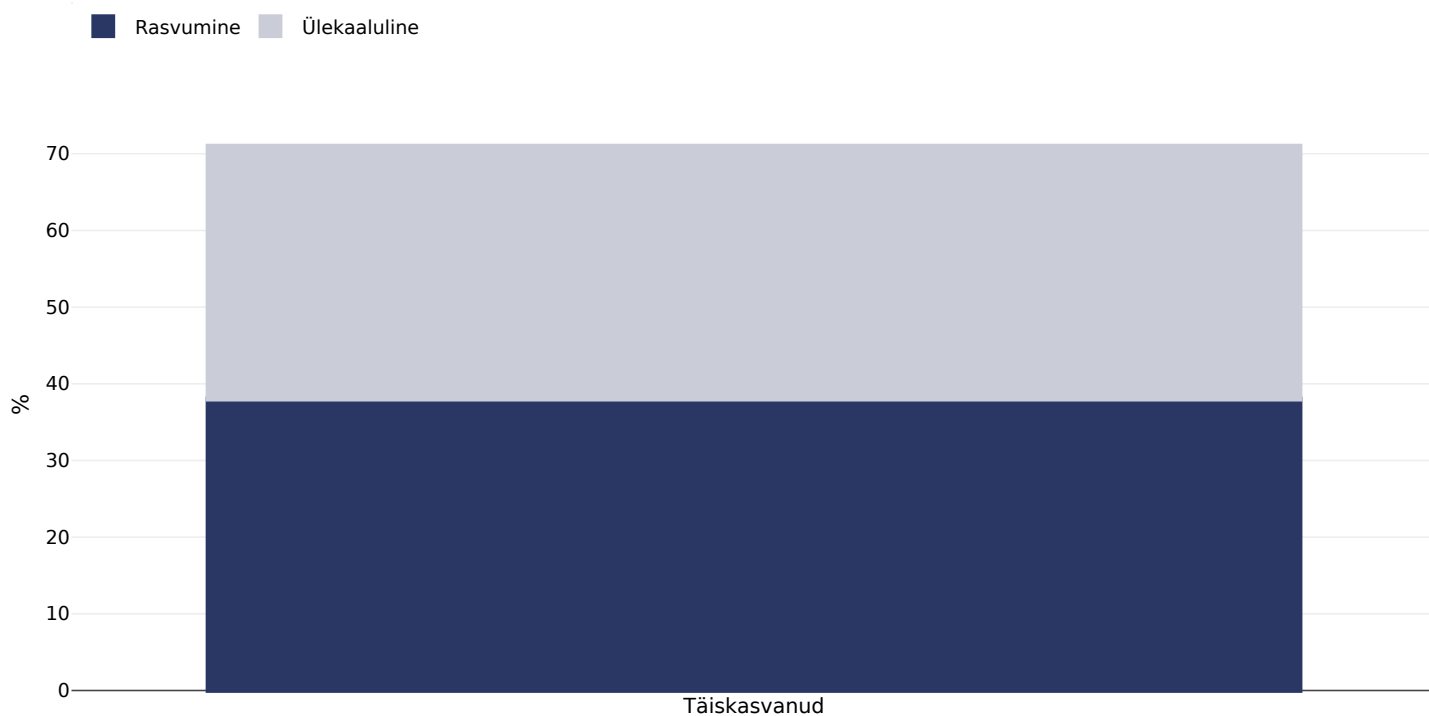


Report card Palau saared



Rasvumise levimus

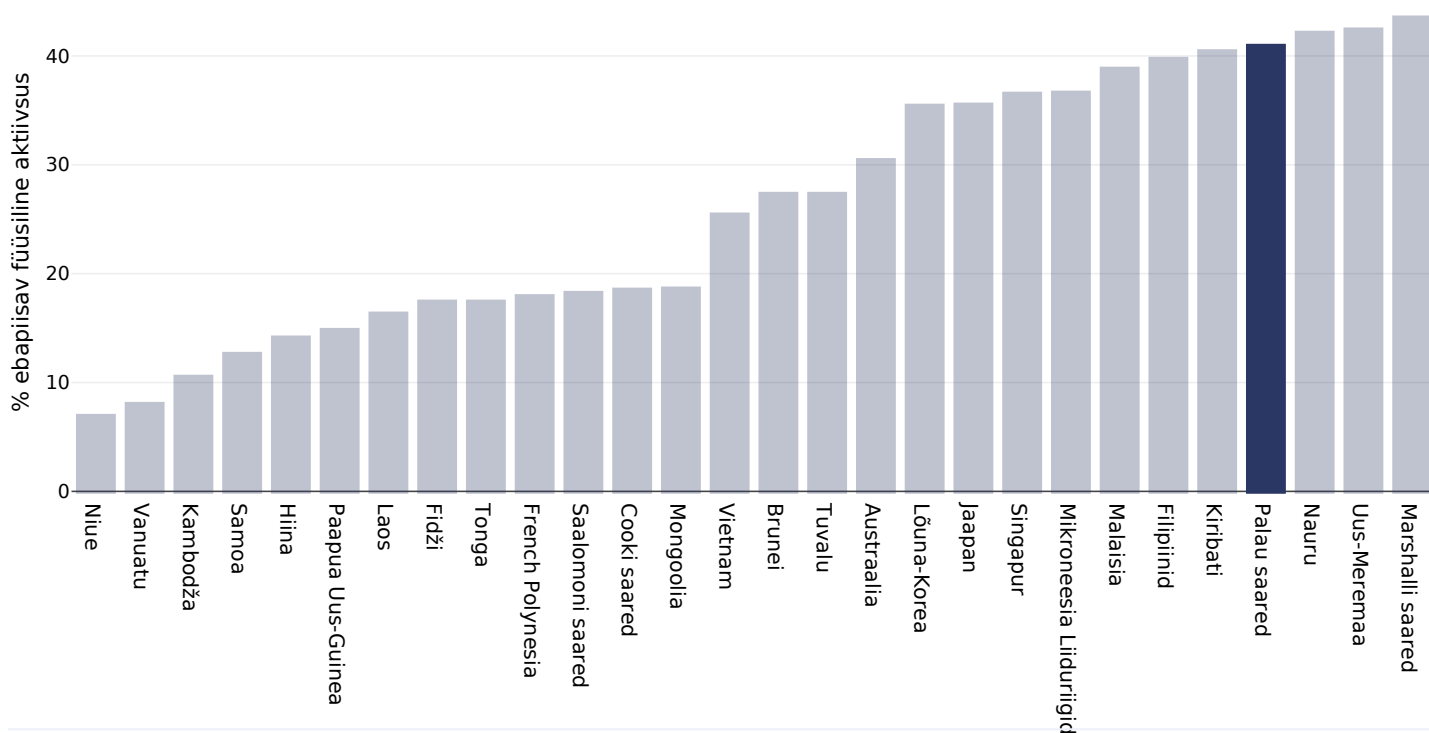
Täiskasvanud, 2016



Uuringu tüüp:	Möödetud
Vanus:	18+
Valimi suurus:	1768
Hõlmatud piirkond:	Riiklik
Viited:	Hybrid STEPS Survey Palau 2016, available at https://extranet.who.int/ncdsmicrodata/index.php/catalog/743 (last accessed 16.10.2020)
Märkused:	Data not available by gender or age breakdown
<i>Kui ei ole märgitud teisiti, tähendab ülekaal KMI vahemikku 25 kg ja 29,9 kg/m², rasvumine KMI-t üle 30 kg/m².</i>	

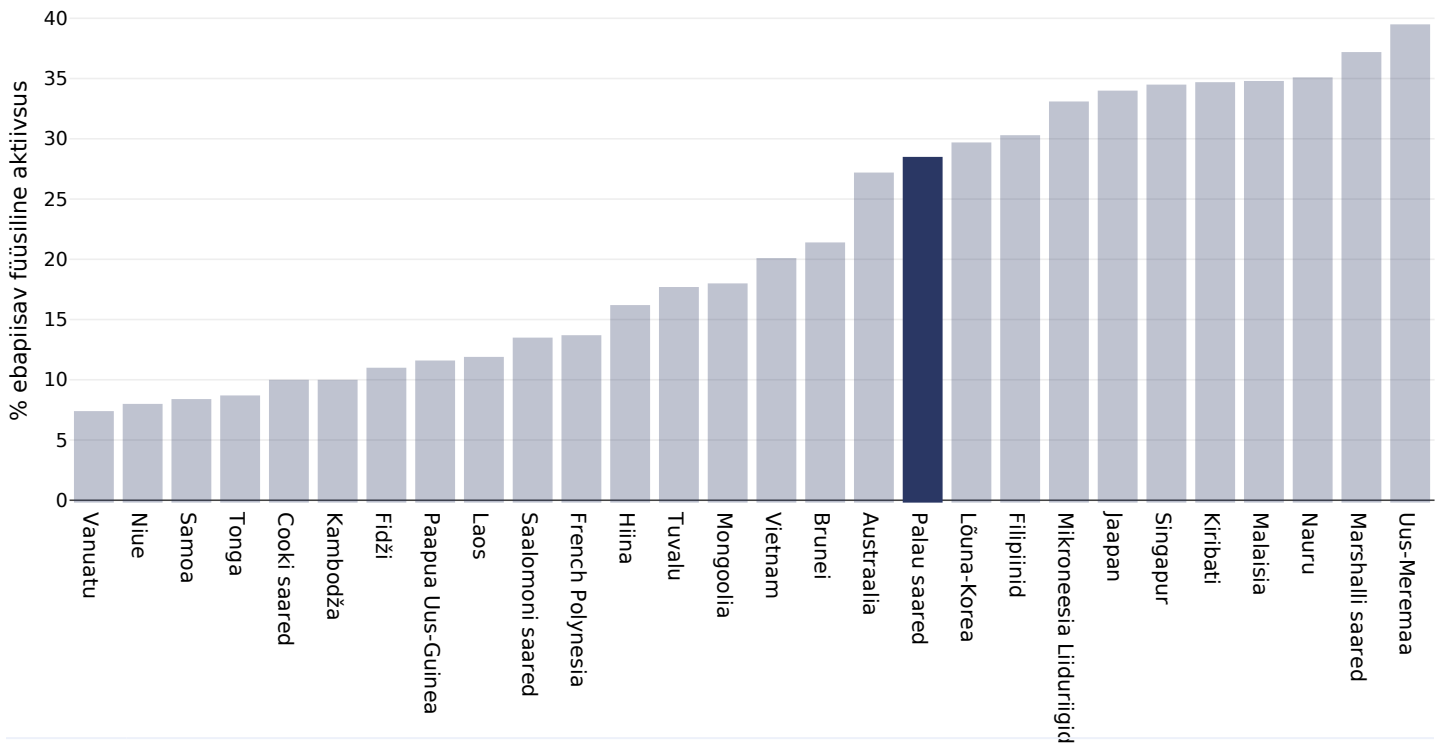
Ebapiisav füüsiline aktiivsus

Täiskasvanud, 2016



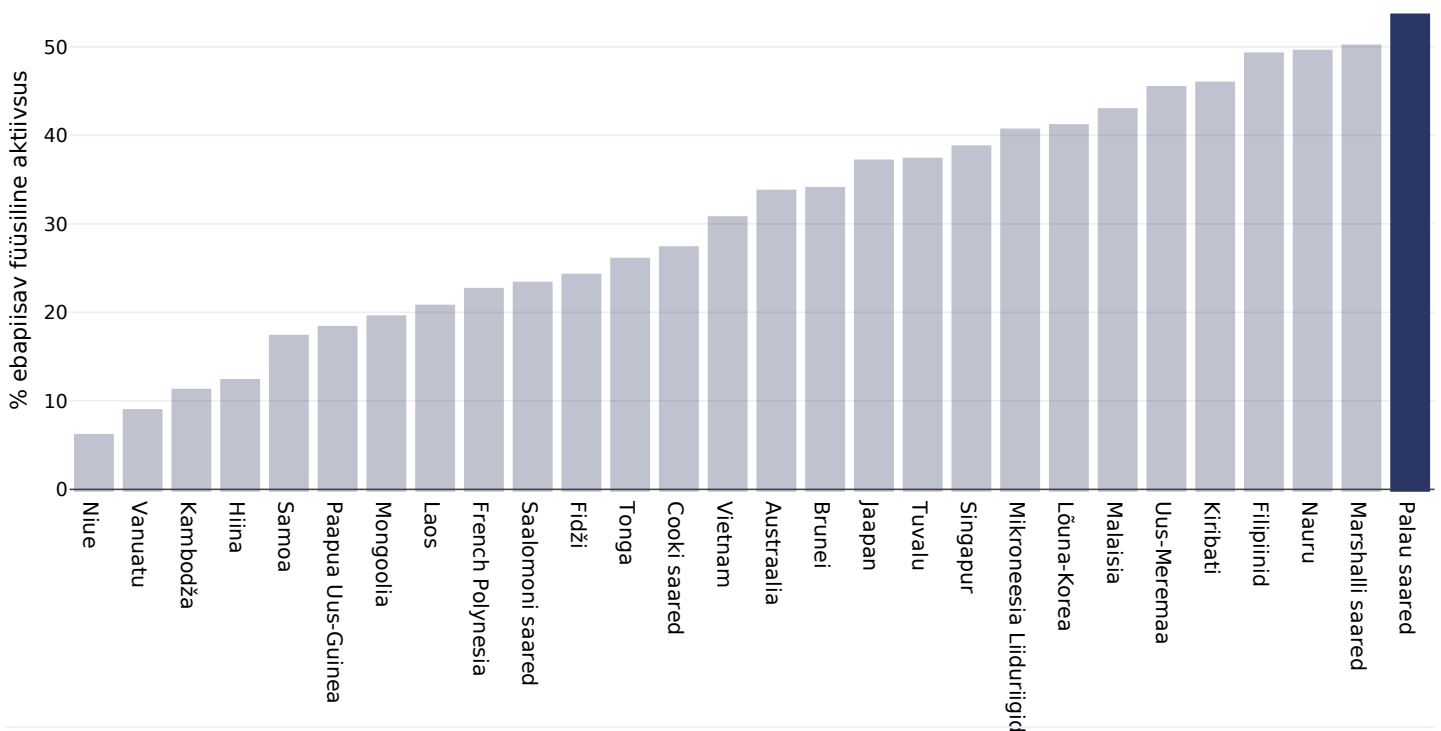
Viited: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Mehed, 2016



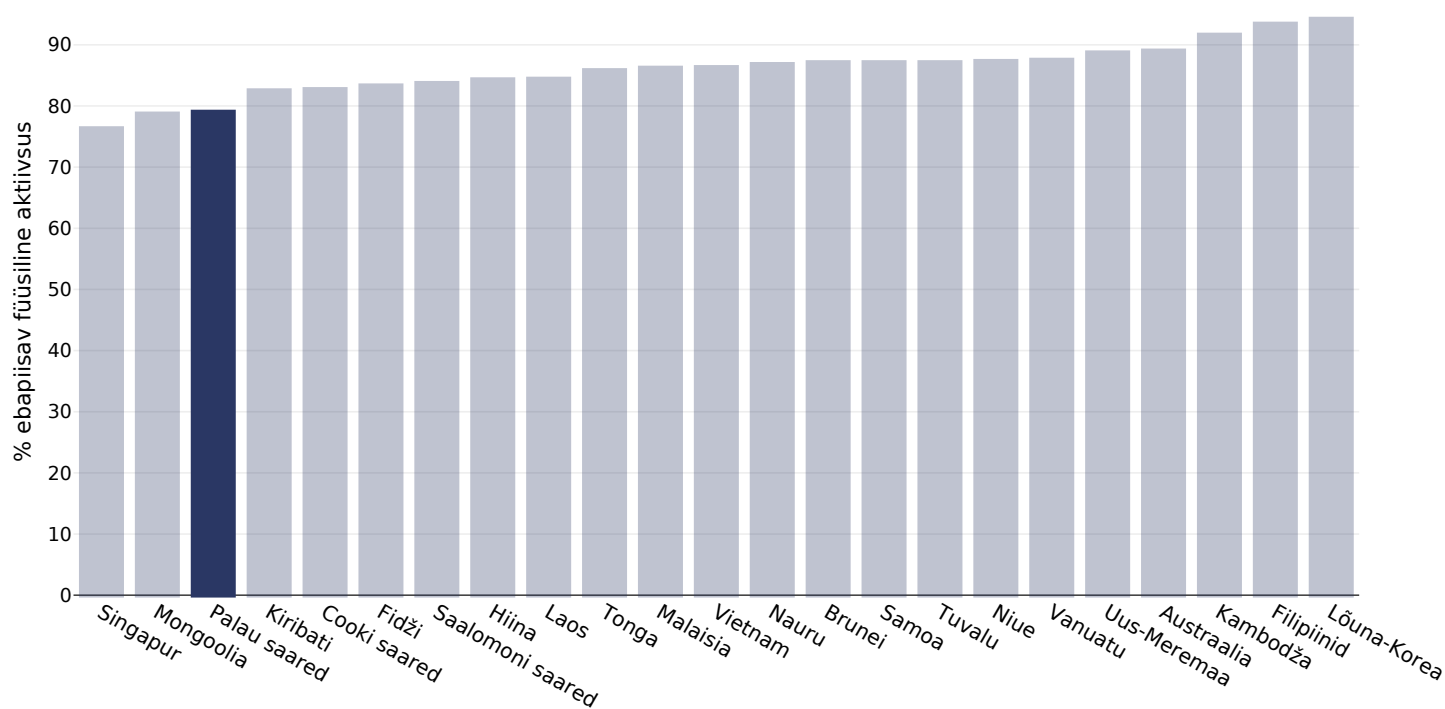
Viited: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Naised, 2016



Viited: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Lapsed, 2016



Uuringu tüüp:

Ise teatatud

Vanus:

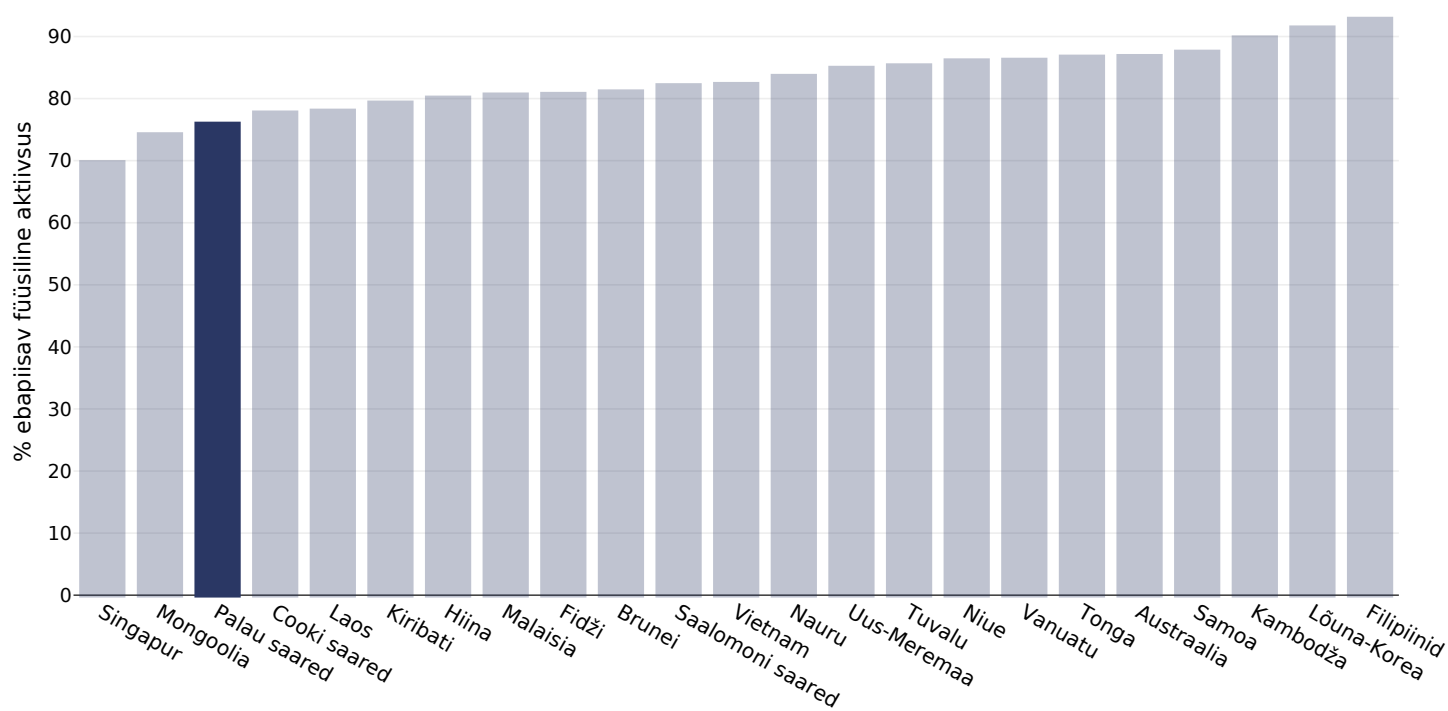
11-17

Viited: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Märkused: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Mõisted: % Adolescents insufficiently active (age standardised estimate)

Poisid, 2016



Uuringu tüüp:

Ise teatatud

Vanus:

11-17

Viited:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en>
(last accessed 16.03.21)

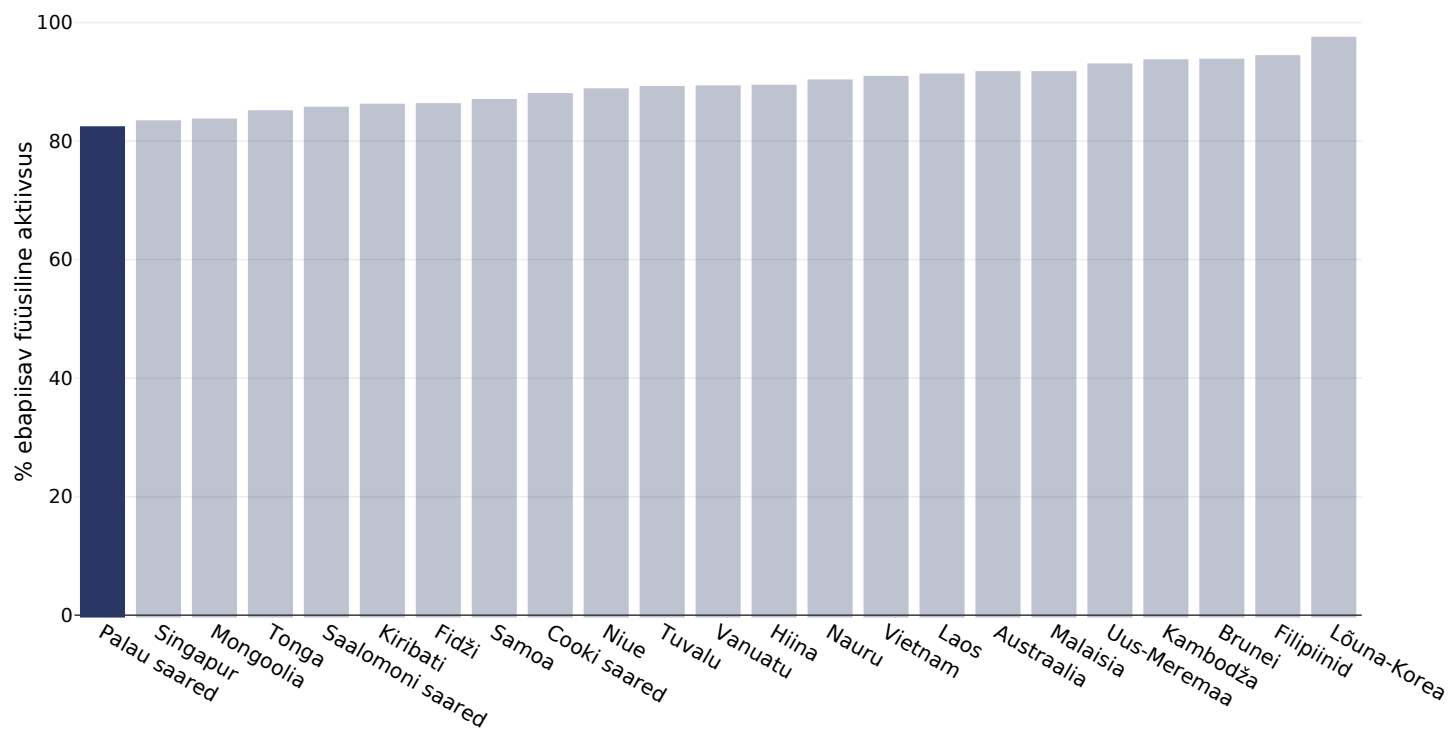
Märkused:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Mõisted:

% Adolescents insufficiently active (age standardised estimate)

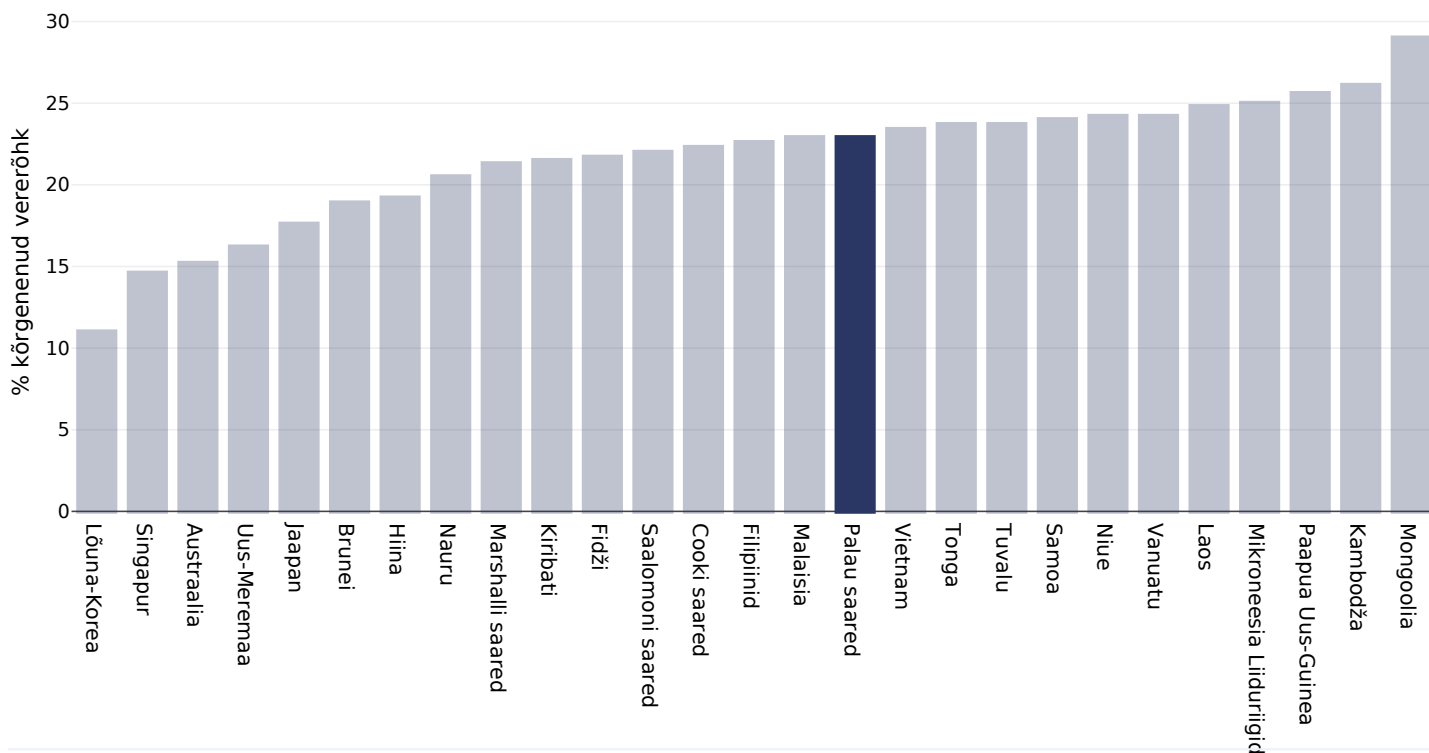
Tüdrukud, 2016



Uuringu tüüp:	Ise teatatud
Vanus:	11-17
Viited:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Märkused:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Mõisted:	% Adolescents insufficiently active (age standardised estimate)

Kõrgenenud vererõhk

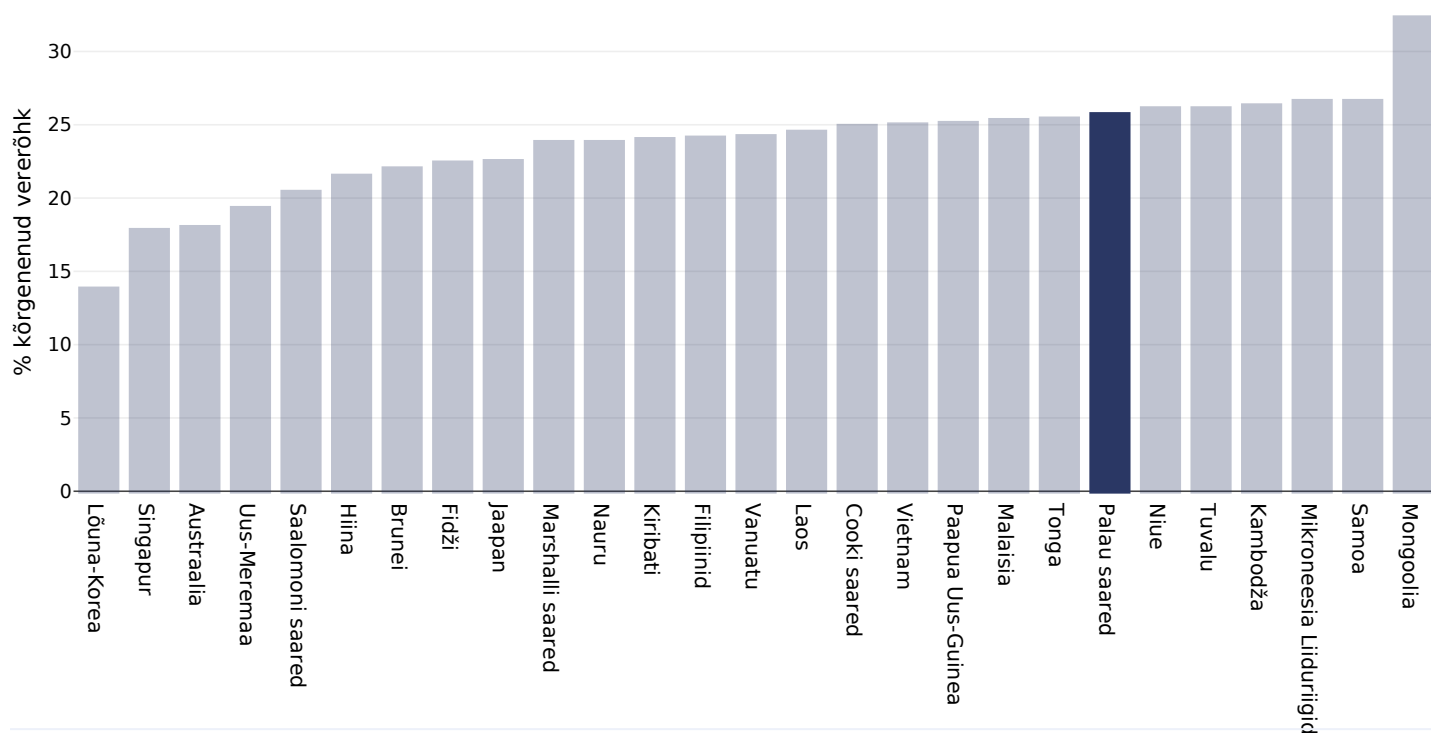
Täiskasvanud, 2015



Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Mõisted: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

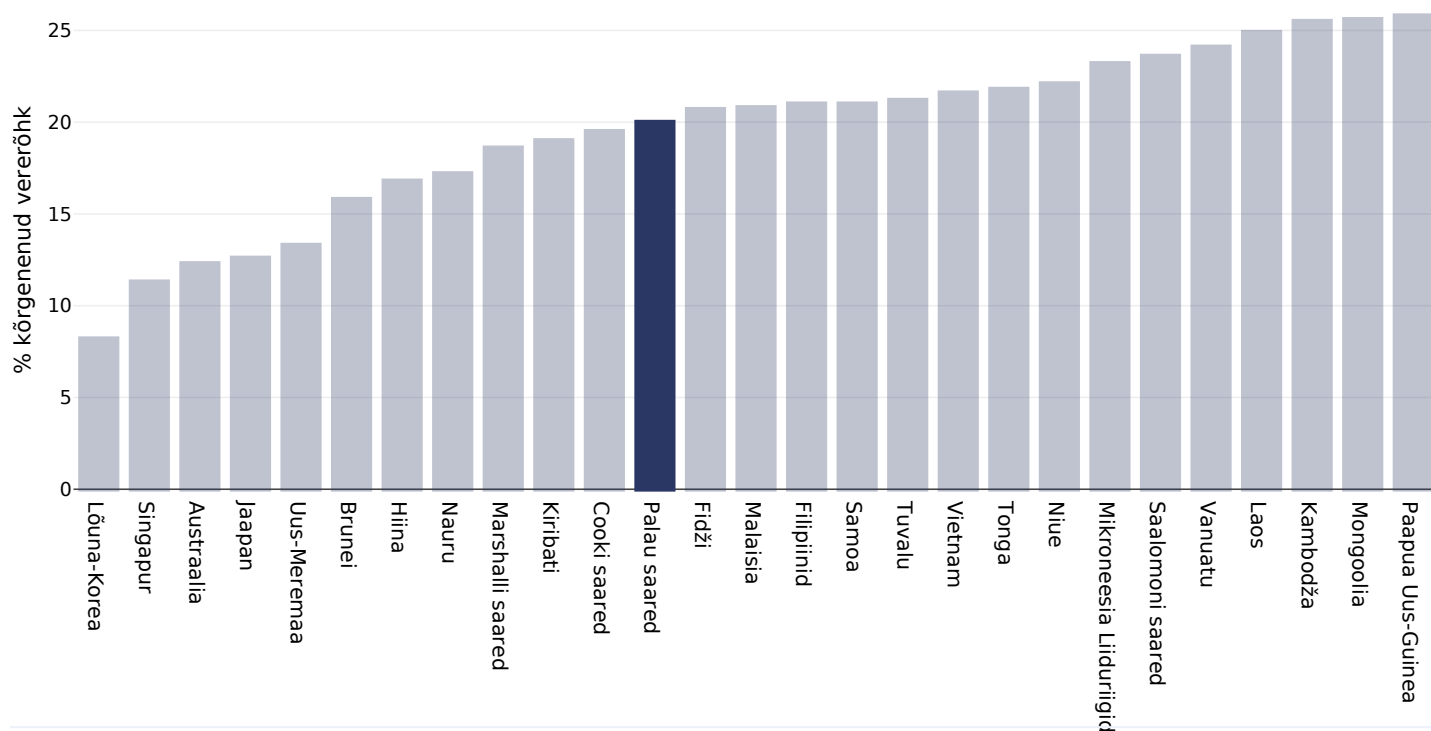
Mehed, 2015



Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Mõisted: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Naised, 2015

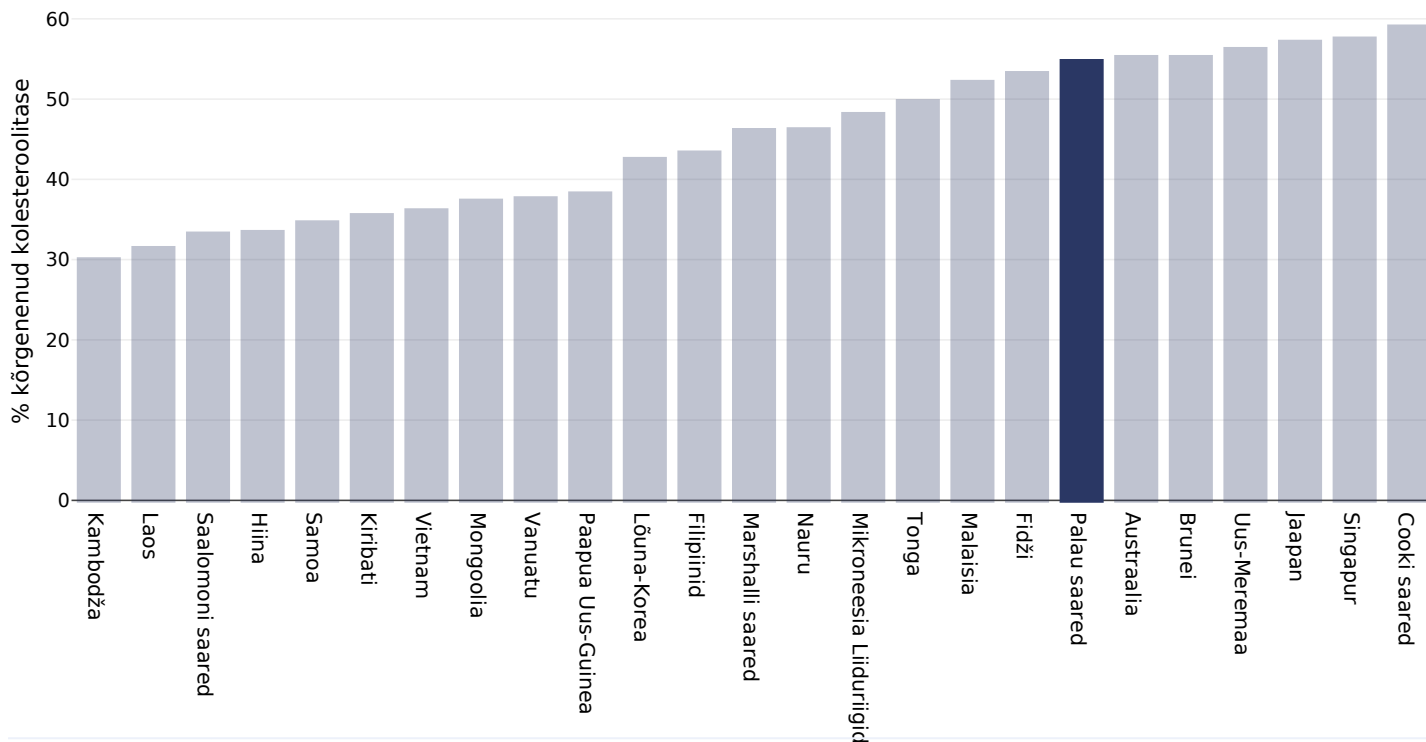


Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Mõisted: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Kõrgenenud kolesteroolitase

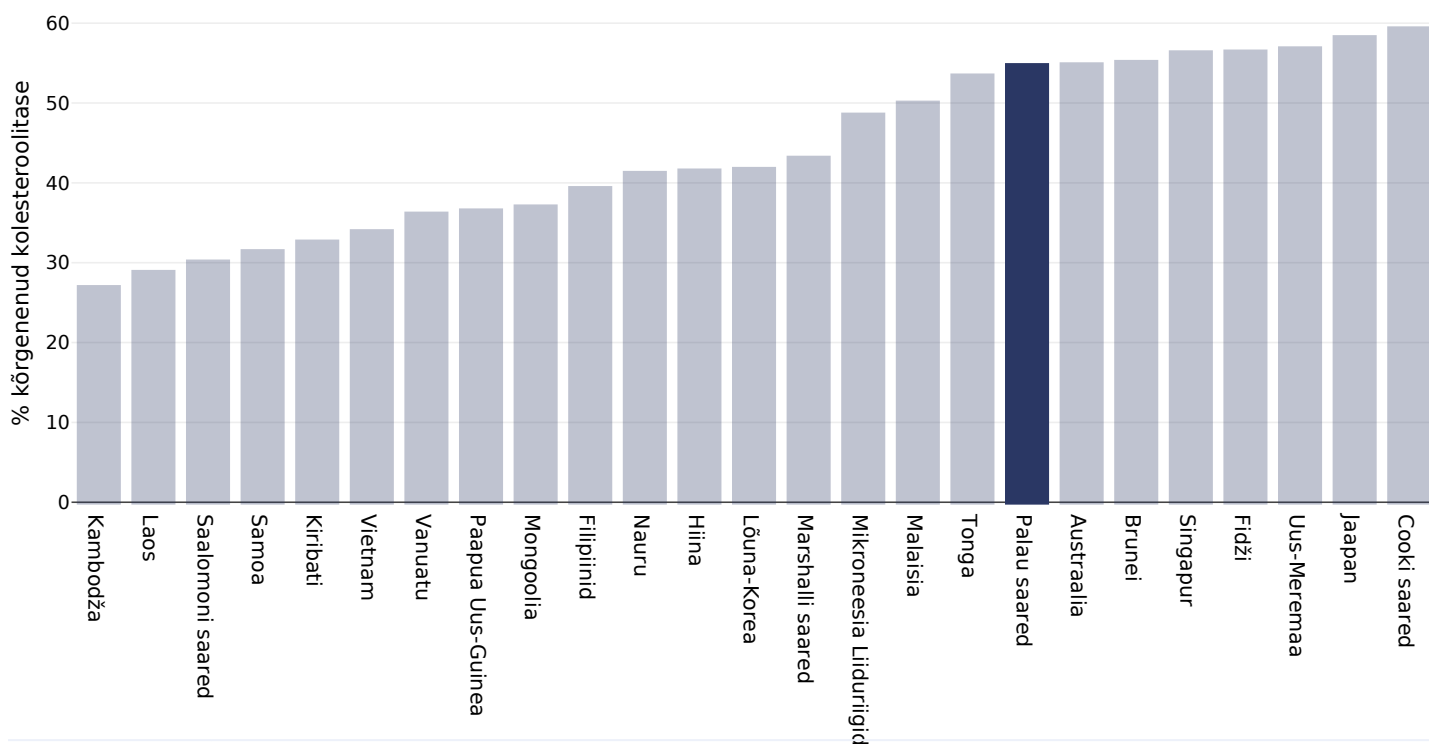
Täiskasvanud, 2008



Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Mõisted: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

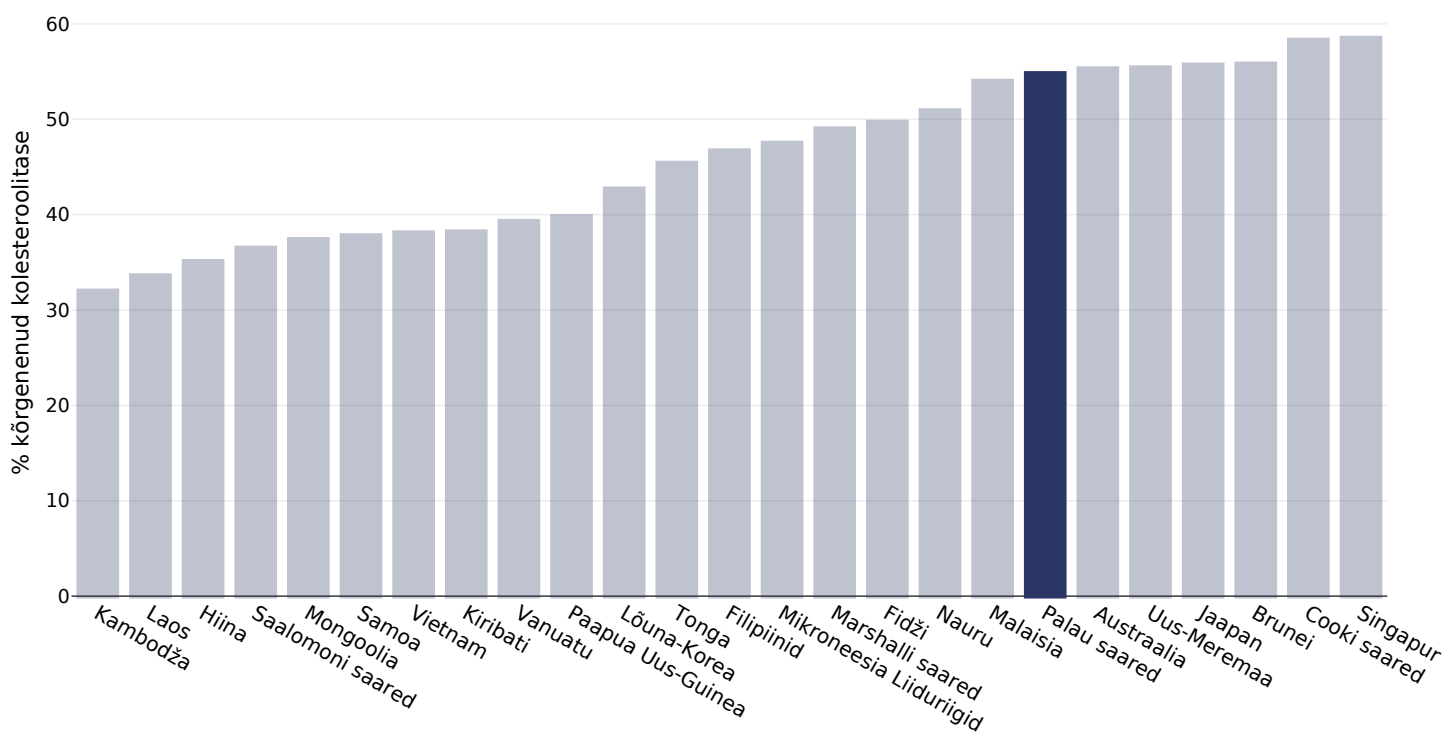
Mehed, 2008



Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Mõisted: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Naised, 2008

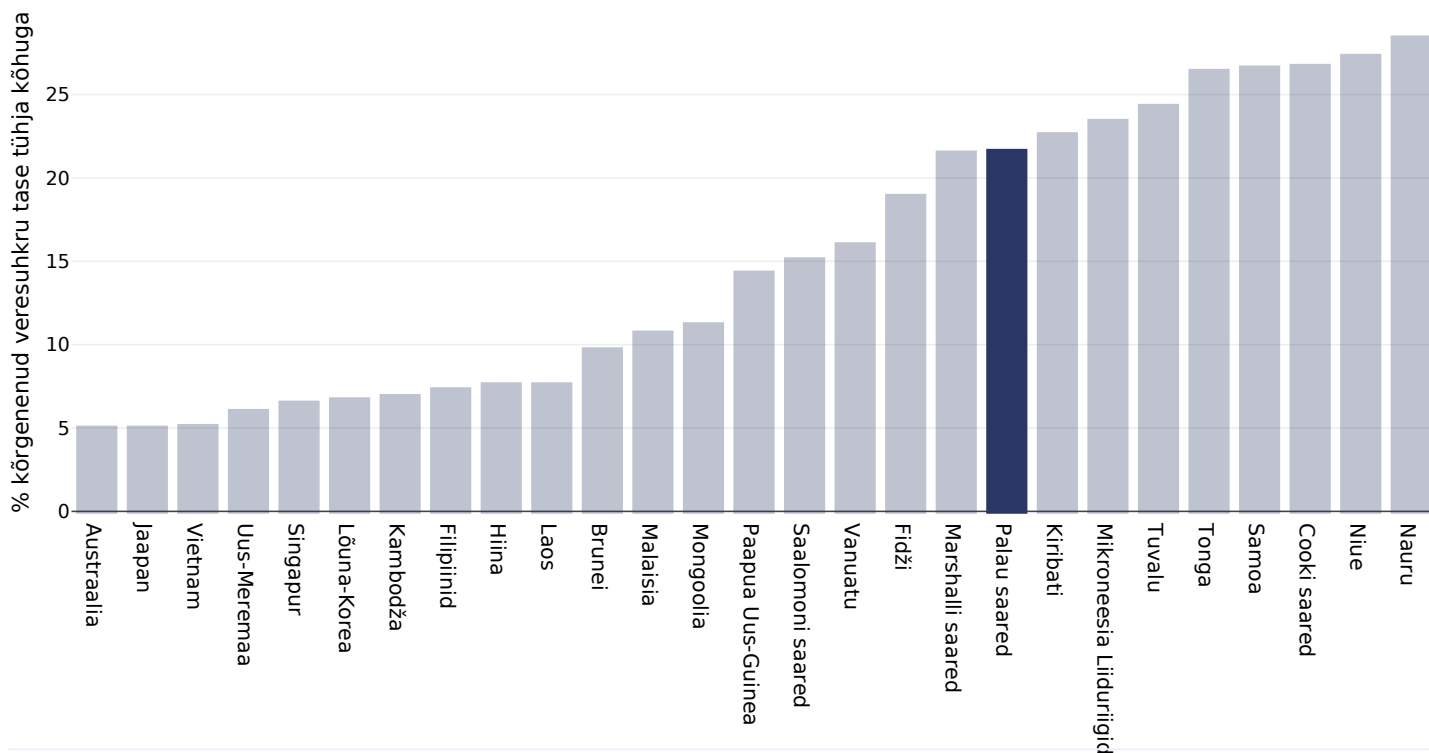


Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Mõisted: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Kõrgenenud veresuhkru tase tühja kõhuga

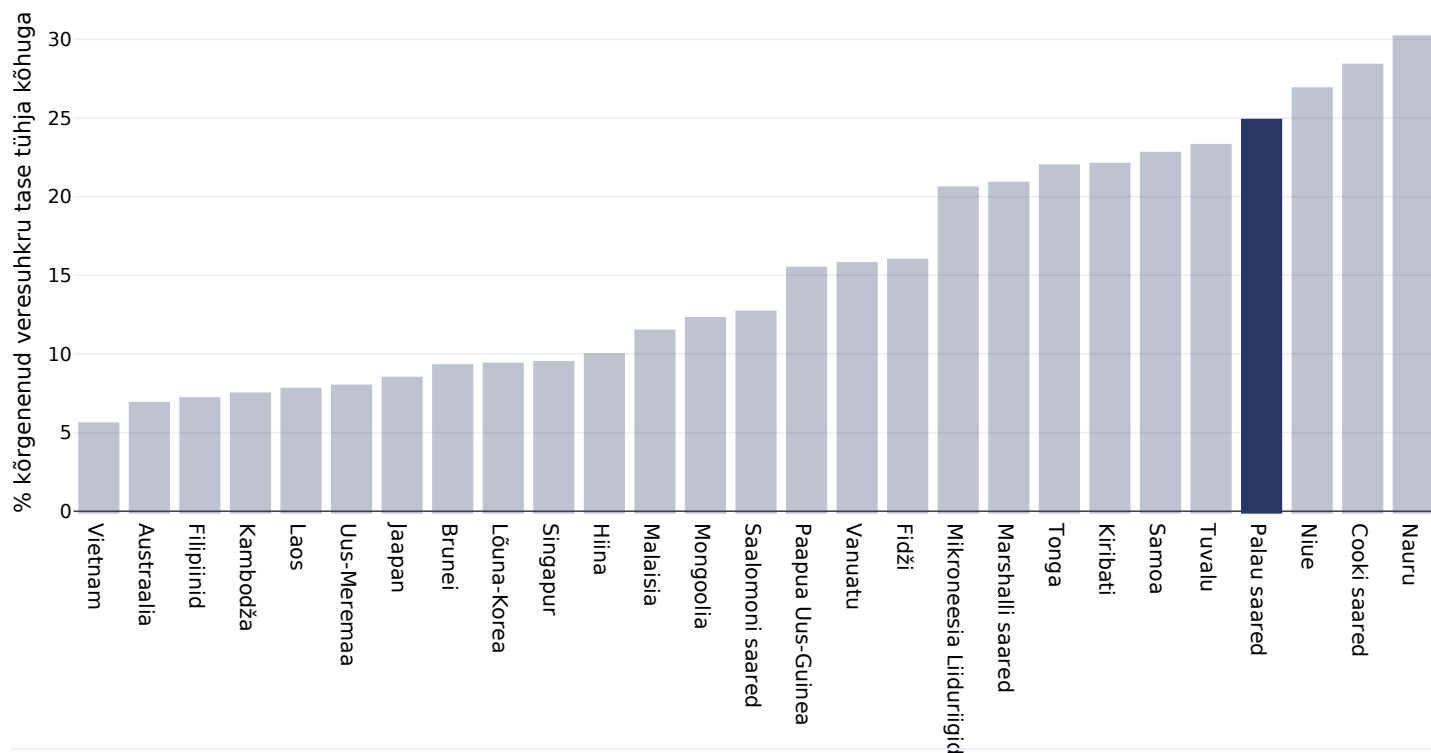
Mehed, 2014



Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

Mõisted: Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Naised, 2014

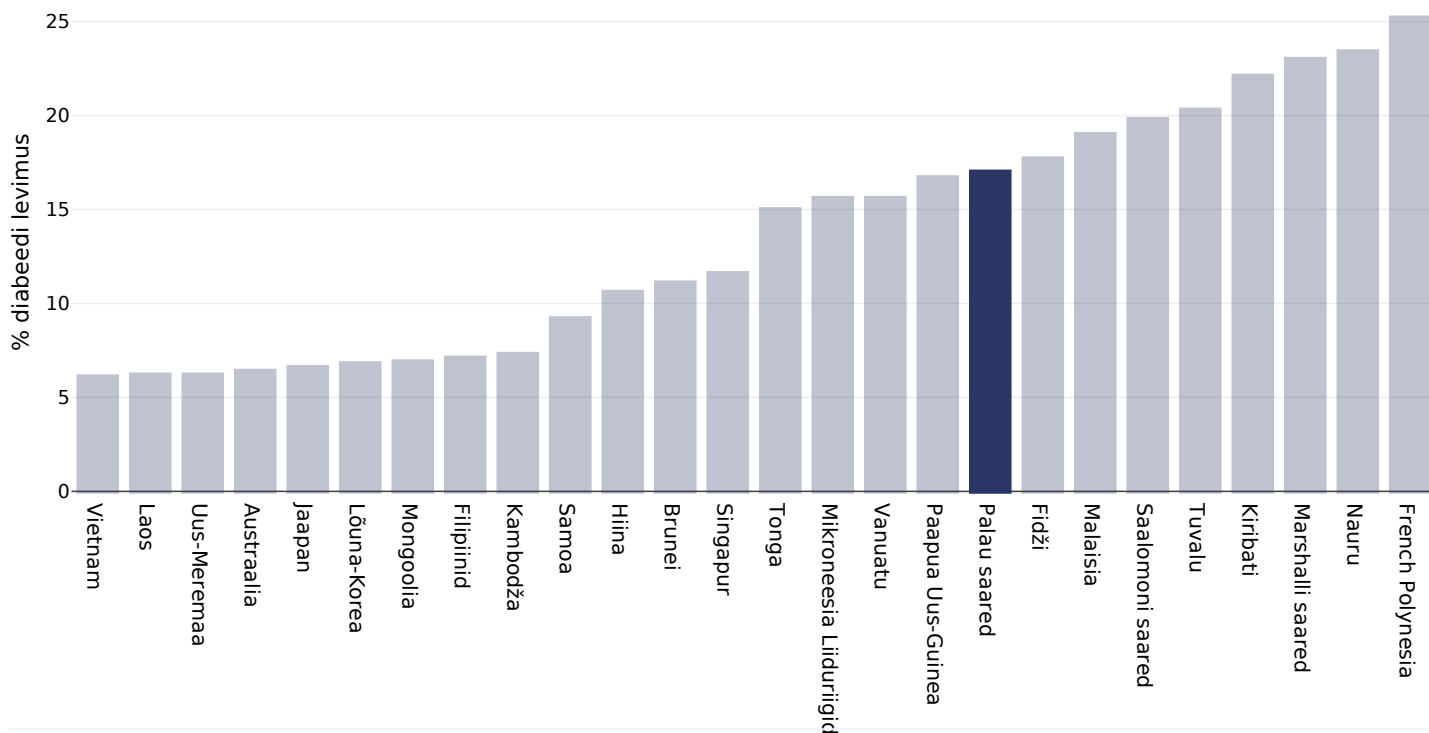


Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

Mõisted: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Diabeedi levimus

Täiskasvanud, 2021



Vanus: 20-79

Hõlmatud piirkond: Riiklik

Viited: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Mõisted: Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✗
National obesity strategy?	✗
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✗
Comprehensive physical activity strategy?	✗
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✗
Promotion of breastfeeding?	✗



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✓



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✗
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Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

Last updated September 13, 2022

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