

# Report card Norway

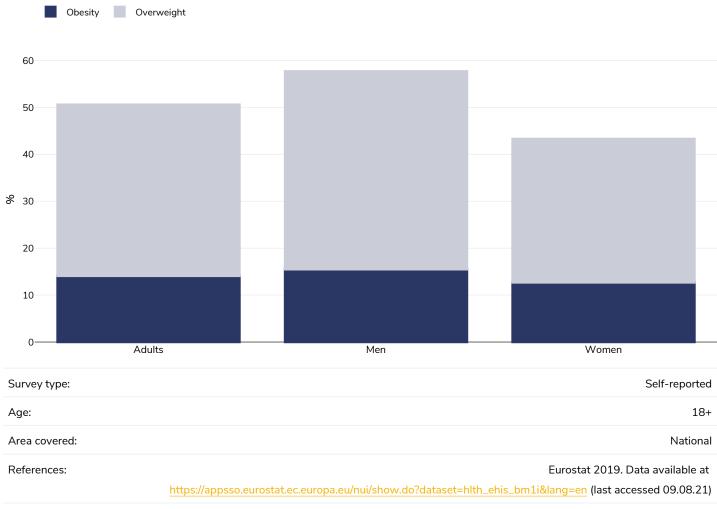


Contents	Page
Obesity prevalence	2
Trend: % Adults living with obesity, 1979-1995	4
Trend: % Adults living with overweight or obesity, 1979-1995	5
Trend: % Adults living with overweight or obesity, 2014-2019	6
Trend: % Adults living with obesity, 2014-2019	8
Overweight/obesity by age and education	10
Overweight/obesity by education	13
Overweight/obesity by age	16
Overweight/obesity by region	17
Overweight/obesity by age and region	20
Overweight/obesity by age and socio-economic group	22
Overweight/obesity by socio-economic group	25
Overweight/obesity by age and limited activity	28
Insufficient physical activity	31
Prevalence of at least daily carbonated soft drink consumption	37
Estimated per capita fruit intake	38
Prevalence of less than daily fruit consumption	39
Prevalence of less than daily vegetable consumption	40
Estimated per-capita processed meat intake	41
Estimated per capita whole grains intake	42
Mental health - depression disorders	43
Mental health - anxiety disorders	44
Oesophageal cancer	45
Breast cancer	47
Colorectal cancer	48
Pancreatic cancer	50
Gallbladder cancer	52
Kidney cancer	54
Cancer of the uterus	56
Raised blood pressure	57
Raised cholesterol	60
Raised fasting blood glucose	63
Diabetes prevalence	65
Contextual factors	66



# **Obesity prevalence**

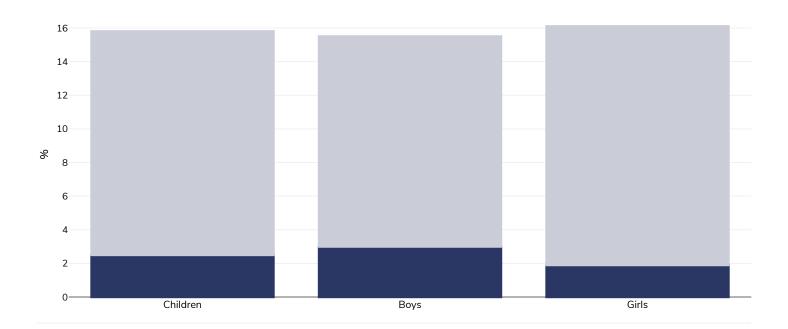
### Adults, 2019





### Children, 2017





Age:	13
Sample size:	1838
Area covered:	National

References:

Survey type:

Øvrebø, B., Bergh, I. H., Stea, T. H., Bere, E., Surén, P., Magnus, P. M., Juliusson, P. B., & Wills, A. K. (2021). Overweight, obesity, and thinness among a nationally representative sample of Norwegian adolescents and changes from childhood:

Associations with sex, region, and population density. PloS one, 16(8), e0255699.

https://doi.org/10.1371/journal.pone.0255699

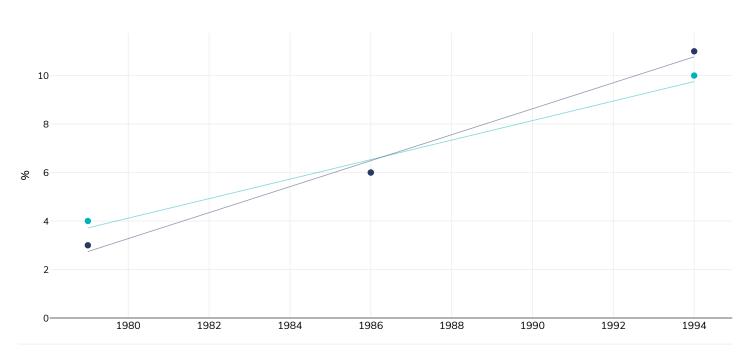
Measured

Cutoffs: IOTF



### % Adults living with obesity, 1979-1995





Survey type: Measured

References:

Jacobsen BK, Njolstad I, Thune I, Wilsgaard T, Lochen ML, Schirmer H. Increase in weight of all birth cohorts in a general population. Arch InternMed 2001;166:466-472Jacobsen BK, Njolstad I, Thune I, Wilsgaard T, Lochen ML, Schirmer H. Increase in weight of all birth cohorts in a general population. Arch InternMed 2001;166:466-472Jacobsen BK, Njolstad I, Thune I, Wilsgaard T, Lochen ML, Schirmer H. Increase in weight of all birth cohorts in a general population. Arch InternMed 2001;166:466-472

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



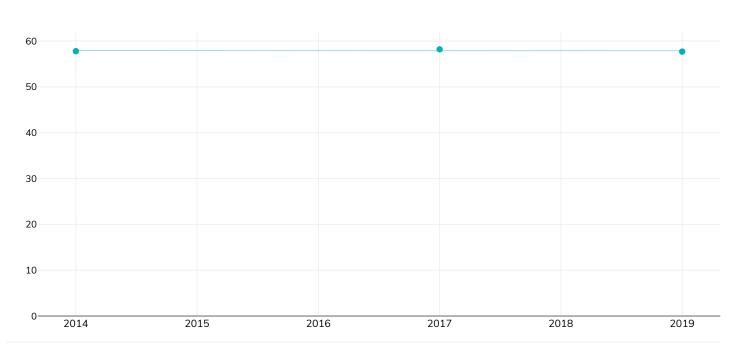
% Adults living with overweight or obesity, 1979-1995



# % Adults living with overweight or obesity, 2014-2019

#### Men

Overweight or obesity



Survey type: Self-reported

References:

2014: 2014 Eurostat Database:

http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en (last accessed

25.08.20

2017: 2017 - EUROSTAT Database

http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc\_hch10&lang=en (last accessed 25.08.20)

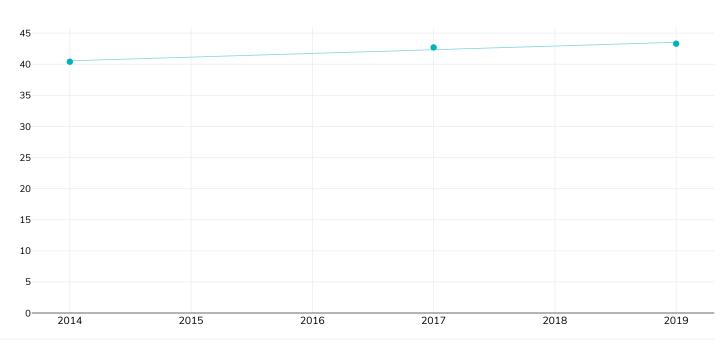
2019: Eurostat 2019. Data available at

https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en (last accessed

09.08.21)



Overweight or obesity



Survey type: Self-reported

References: 2014: 2014 Eurostat Database:

http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en (last accessed 25.08.20

20.00.20

2017: 2017 - EUROSTAT Database

http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc\_hch10&lang=en (last accessed 25.08.20)

2019: Eurostat 2019. Data available at

 $\underline{\text{https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i\&lang=en} \text{ (last accessed for each of the end of the$ 

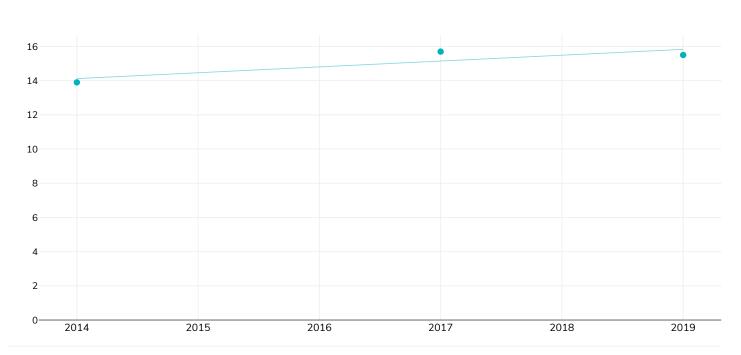
09.08.21)



# % Adults living with obesity, 2014-2019

#### Men





Survey type: Self-reported

References:

2014: 2014 Eurostat Database:

http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en (last accessed

25.08.20

2017: 2017 - EUROSTAT Database

http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc\_hch10&lang=en (last accessed 25.08.20)

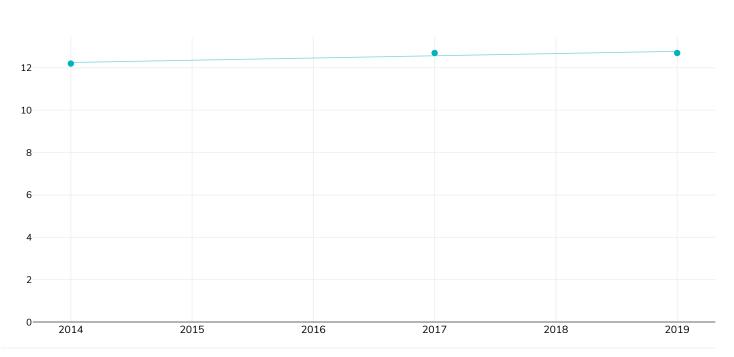
2019: Eurostat 2019. Data available at

https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en (last accessed

09.08.21)







Survey type: Self-reported

References: 2014: 2014 Eurostat Database:

http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en (last accessed 25.08.20

20.00.20

2017: 2017 - EUROSTAT Database

http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc\_hch10&lang=en (last accessed 25.08.20)

2019: Eurostat 2019. Data available at

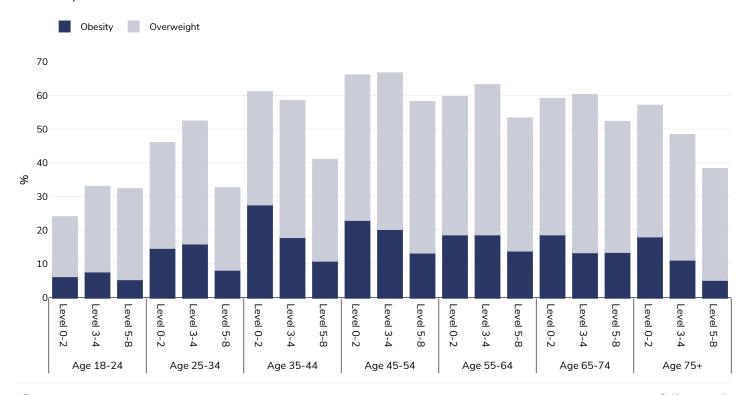
 $\underline{\text{https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i\&lang=en} \text{ (last accessed for each of the end of the$ 

09.08.21)



# Overweight/obesity by age and education

#### Adults, 2019



Survey type: Self-reported

Area covered: National

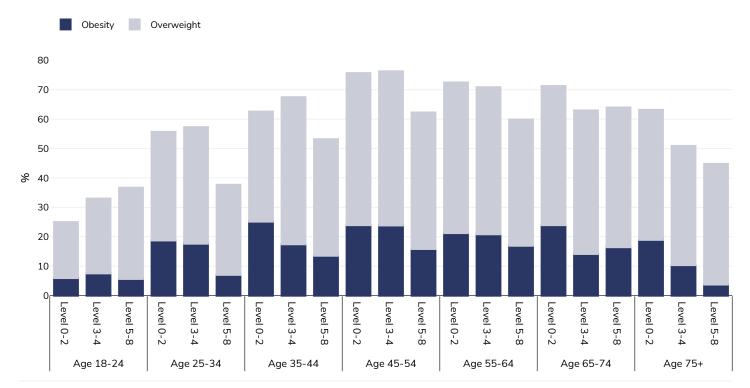
References:

Eurostat 2019. Available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en</a>

(last accessed 09.08.21).



### Men, 2019



Survey type: Self-reported

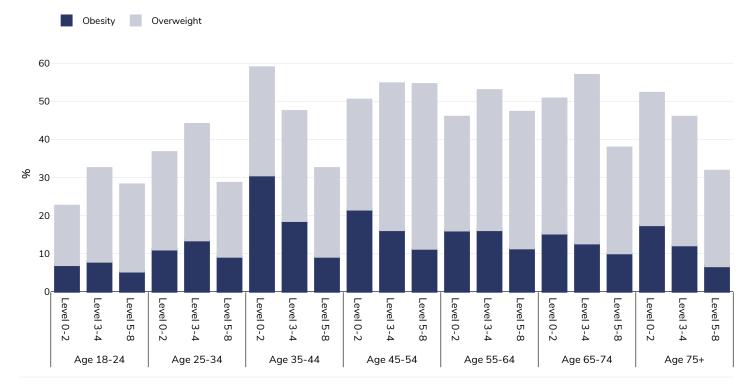
Area covered: National

References:

Eurostat 2019. Available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en</a>

(last accessed 09.08.21).





Survey type: Self-reported

Area covered: National

References:

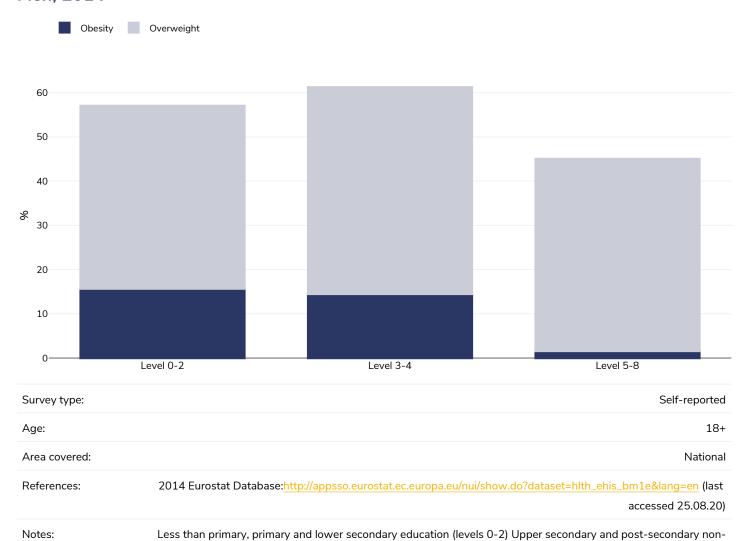
Eurostat 2019. Available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en</a>

(last accessed 09.08.21).



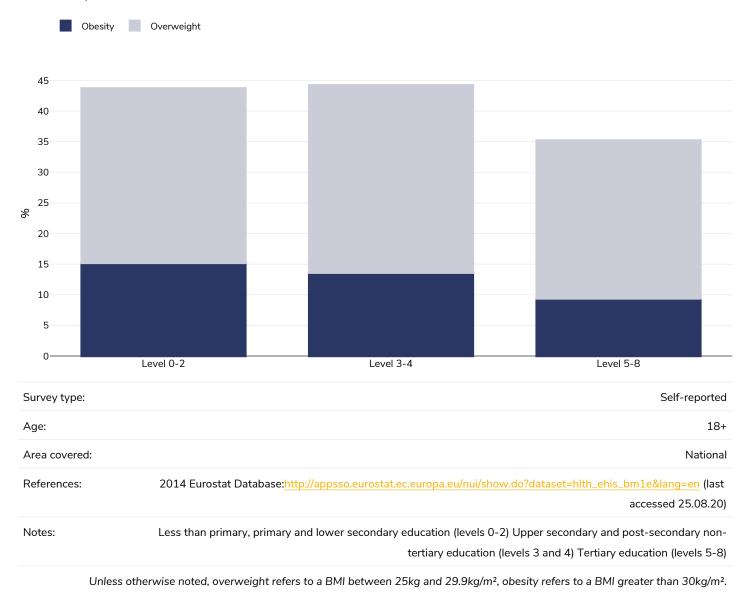
# Overweight/obesity by education

### Men, 2014



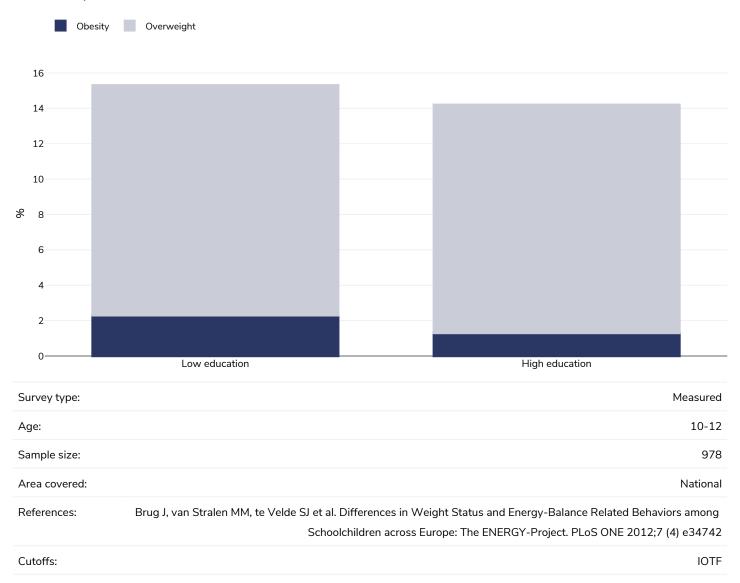
tertiary education (levels 3 and 4) Tertiary education (levels 5-8)







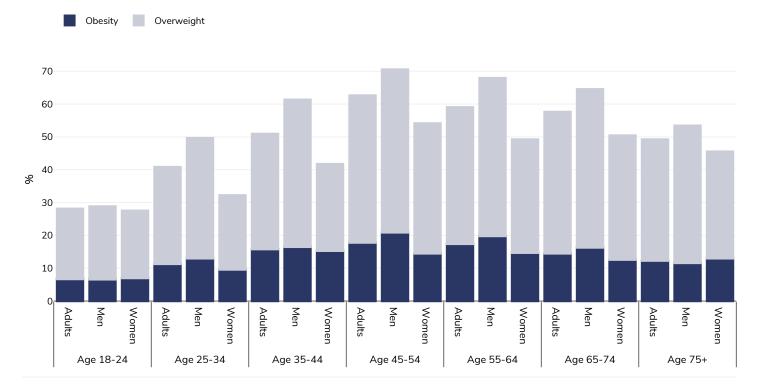
### Children, 2010





# Overweight/obesity by age

#### Adults, 2019



Survey type: Self-reported

Area covered: National

References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en

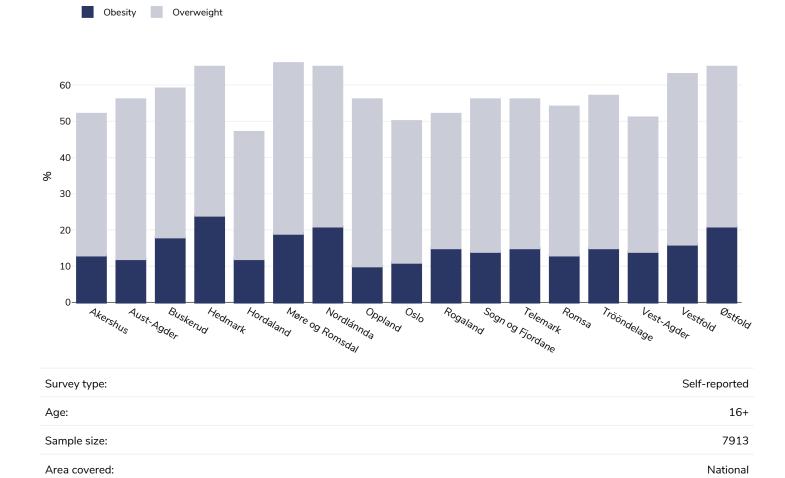
(last accessed 09.08.21).



# Overweight/obesity by region

# Men, 2019

References:



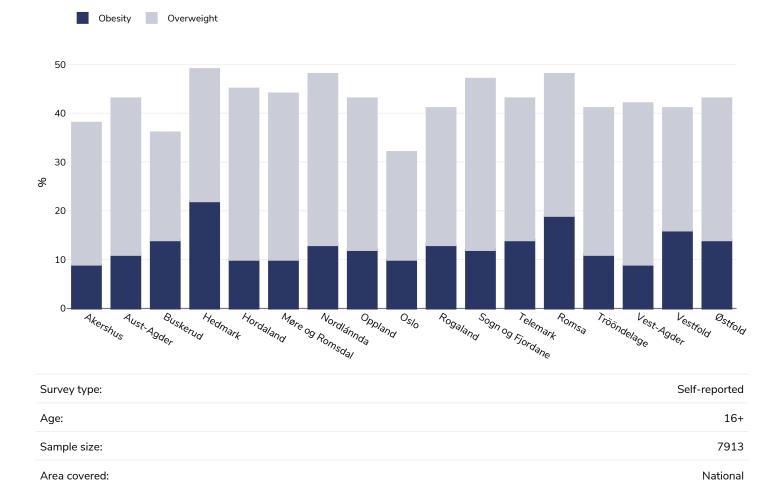
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Statistics Norway 2019. Available at https://www.ssb.no/en/statbank/table/11277/tableViewLayout1/ (last

accessed 13.07.21)



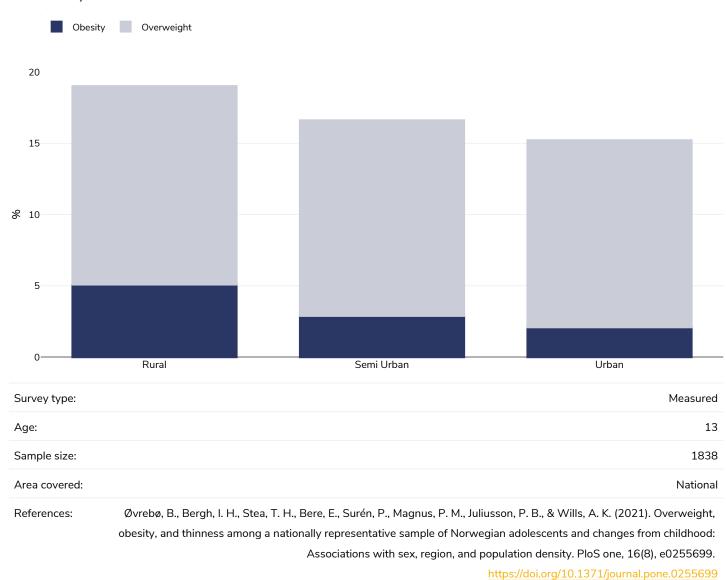
References:



Statistics Norway 2019. Available at <a href="https://www.ssb.no/en/statbank/table/11277/tableViewLayout1/">https://www.ssb.no/en/statbank/table/11277/tableViewLayout1/</a> (last accessed 13.07.21)



### Children, 2017

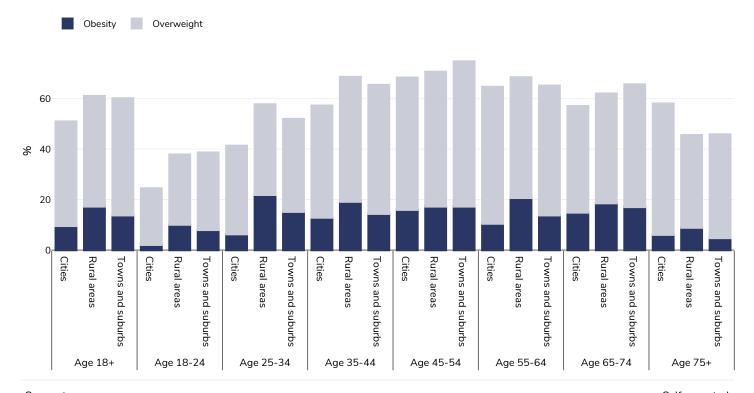


Cutoffs: IOTF



# Overweight/obesity by age and region

### Men, 2014



Survey type:

Area covered:

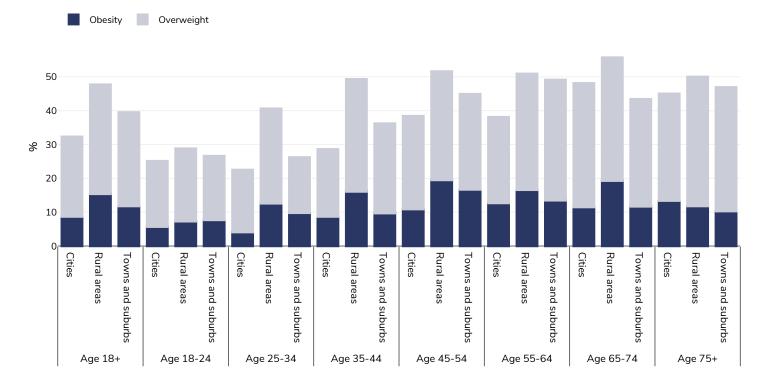
National

References:

2014 Eurostat - Urbanisation -

http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1u&lang=en (last accessed 25.08.20)





Survey type: Self-reported

Area covered: National

References: 2014 Eurostat - Urbanisation -

http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1u&lang=en (last accessed 25.08.20)

 $Unless \ otherwise \ noted, \ overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, \ obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$ 

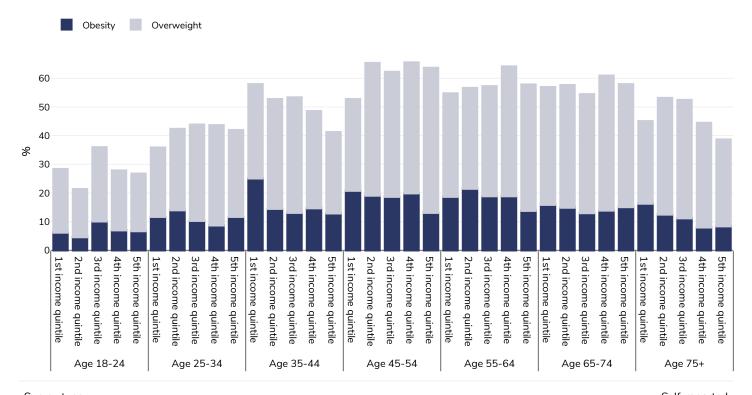


### Overweight/obesity by age and socio-economic group

#### Adults, 2019

Area covered:

References:



Survey type: Self-reported

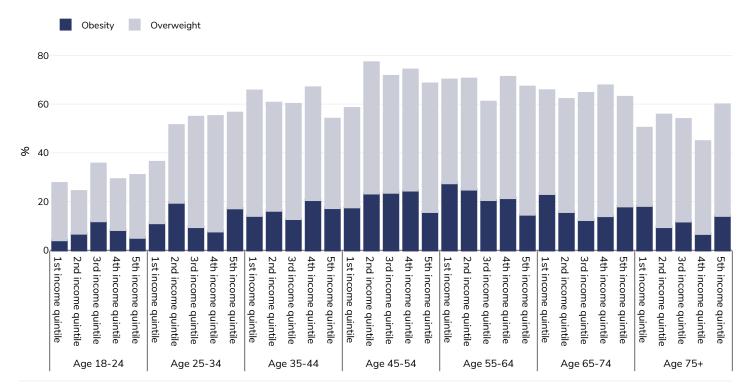
Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en

(last accessed 09.08.21).

National



#### Men, 2019



Survey type: Self-reported

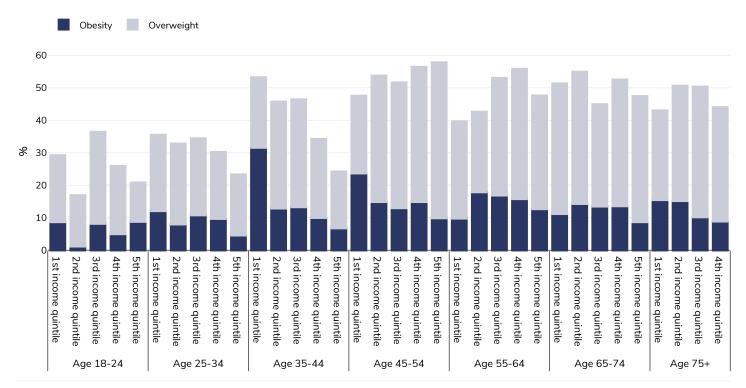
Area covered: National

References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en

(last accessed 09.08.21).





Survey type: Self-reported

Area covered: National

References:

Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en

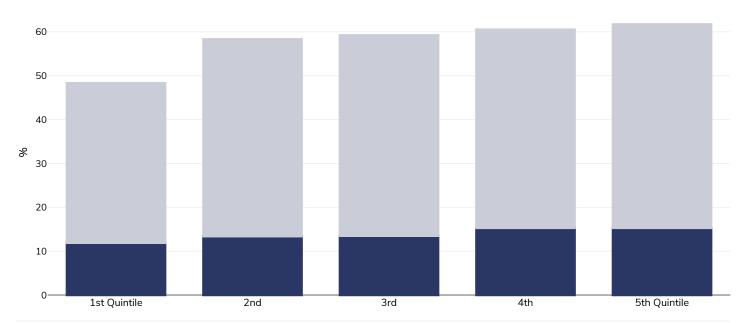
(last accessed 09.08.21).



# Overweight/obesity by socio-economic group

### Men, 2014





Survey type:

Age:

Area covered:

References:

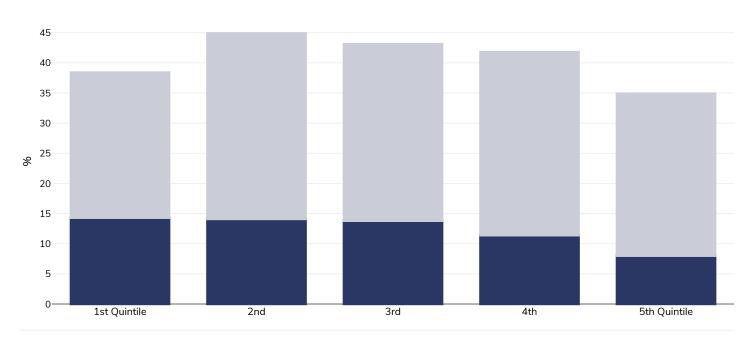
2014 Eurostat - Socio economic http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en (last accessed 25.08.20))

Notes:

1st Quintile (lowest income), 5th Quintile (highest income) Please note where data = zero, there were insufficient data.







Survey type: Self-reported

Age: 18+

Area covered: National

References:

2014 Eurostat - Socio economic -

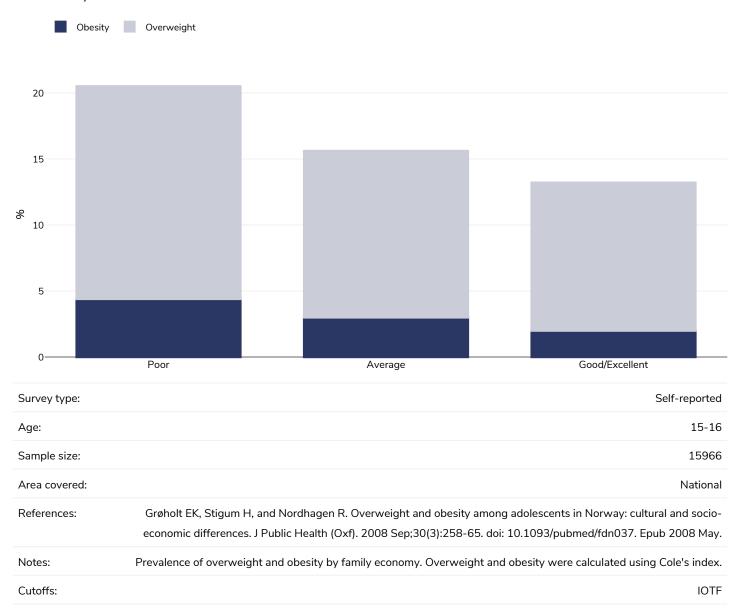
http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en (last accessed 25.08.20))

Notes:

1st Quintile (lowest income), 5th Quintile (highest income) Please note where data = zero, there were insufficient



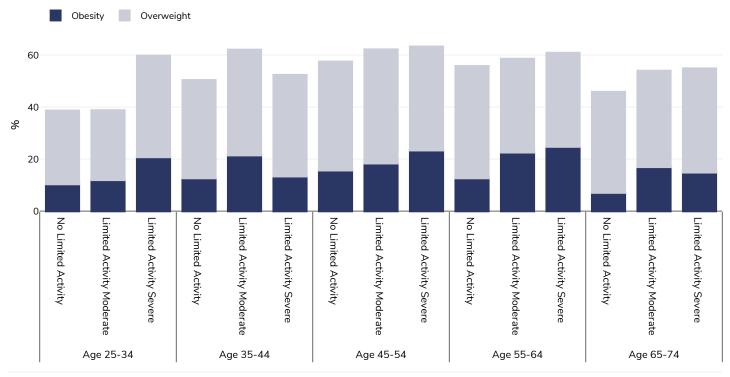
### Children, 2000-2004





# Overweight/obesity by age and limited activity

#### Adults, 2014



Survey type:

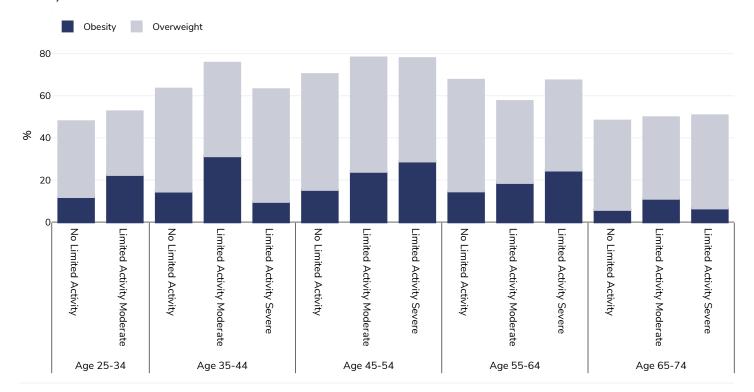
Area covered:

References:

Eurostat 2014 available at <a href="https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do">https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do</a> (last accessed 06.10.21)



### Men, 2014



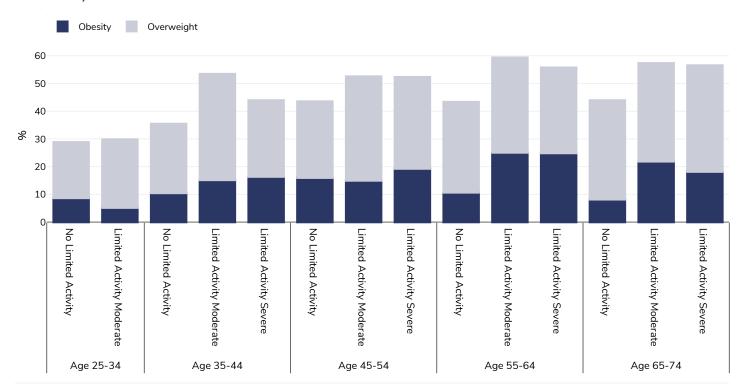
Survey type: Self-reported

Area covered: National

References:

Eurostat 2014 available at <a href="https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do">https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do</a> (last accessed 06.10.21)





Survey type: Self-reported

Area covered: National

References:

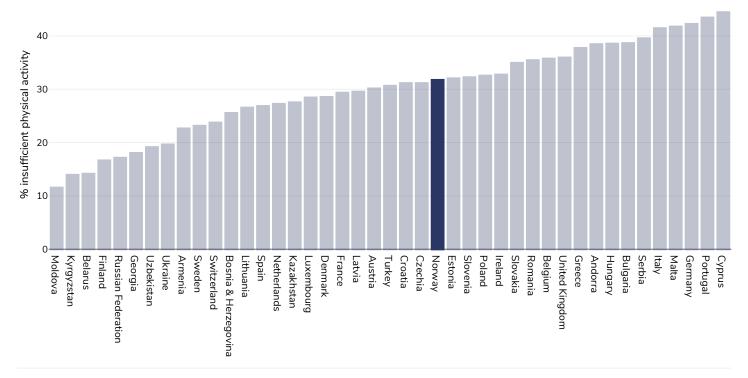
Eurostat 2014 available at <a href="https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do">https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do</a> (last accessed

06.10.21)



# Insufficient physical activity

### Adults, 2016



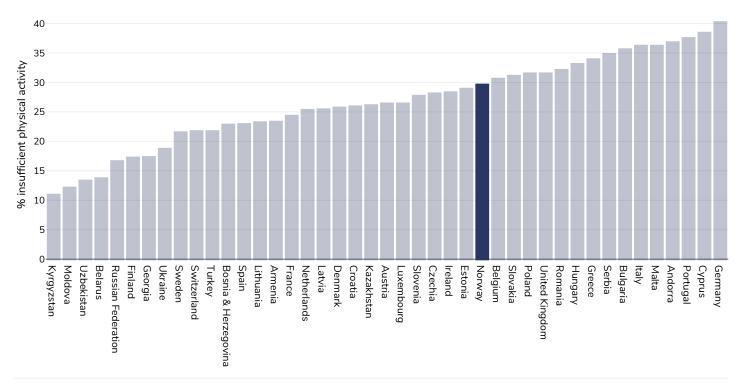
References:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-">http://dx.doi.org/10.1016/S2214-</a>

109X(18)30357-7

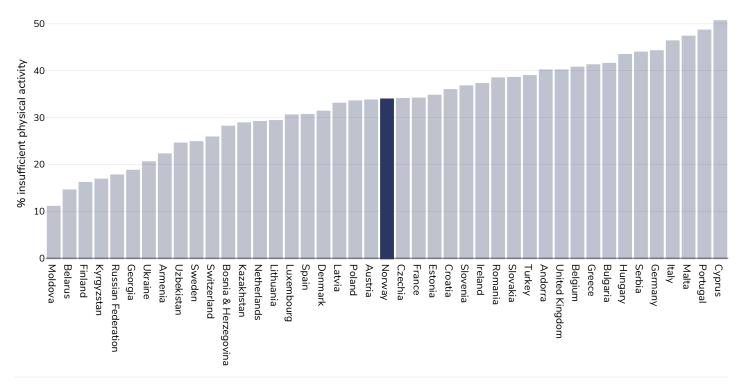


### Men, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-109X">http://dx.doi.org/10.1016/S2214-109X</a>(18)30357-7

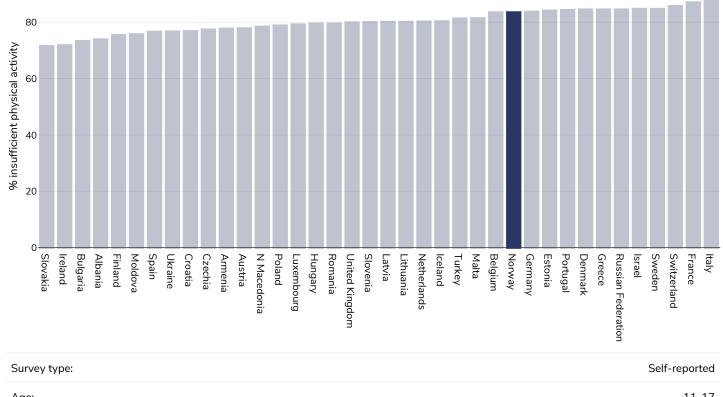




References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-109X">http://dx.doi.org/10.1016/S2214-109X</a>(18)30357-7



#### Children, 2016



11-17 Age:

References: Global Health Observatory data repository, World Health Organisation,

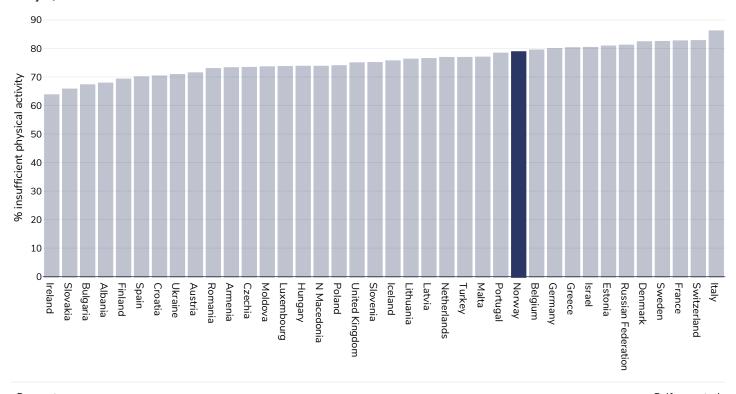
https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)



#### Boys, 2016



Survey type: Self-reported

Age: 11-17

References: Global Health Observatory data repository, World Health Organisation,

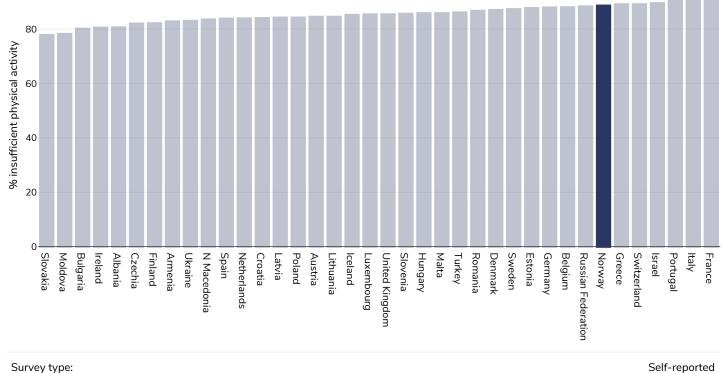
https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)



#### Girls, 2016



Age: 11-17

References: Global Health Observatory data repository, World Health Organisation,

https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

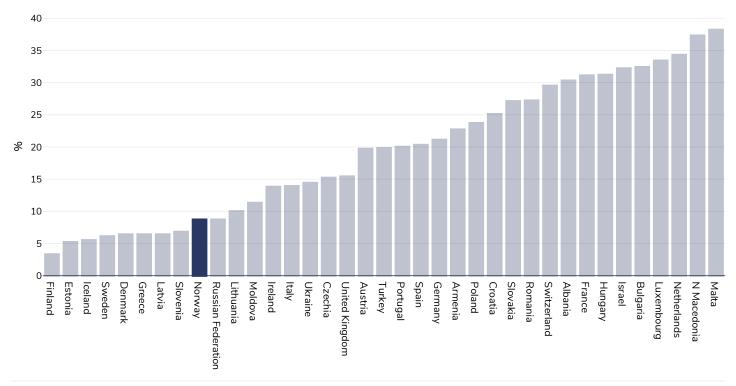
Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)



## Prevalence of at least daily carbonated soft drink consumption

#### Children, 2010-2014



Survey type: Measured

References:

World Health Organization. (2017). Adolescent obesity and related behaviours: Trends and inequalities in the who european region, 2002-2014: observations from the Health Behavior in School-aged Children (HBSC) WHO collaborative cross-national study (J. Inchley, D. Currie, J. Jewel, J. Breda, & V. Barnekow, Eds.). World Health Organization. Sourced from

Food Systems Dashboard http://www.foodsystemsdashboard.org

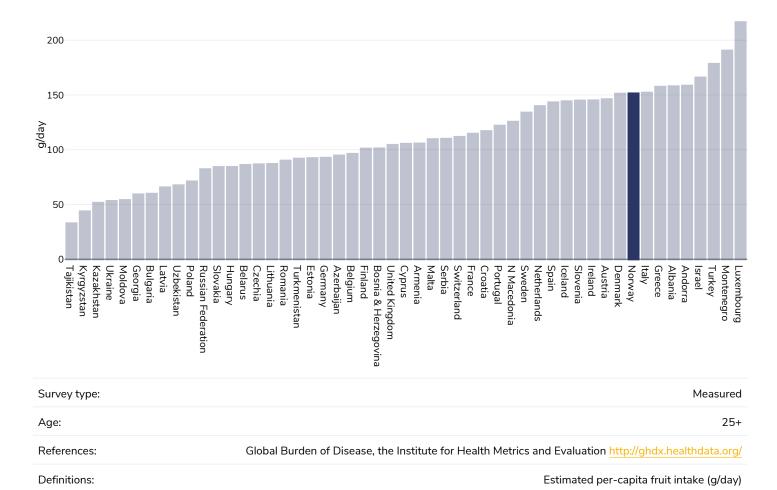
Notes: 15-year-old adolescents

Definitions: Prevalence of at least daily carbonated soft drink consumption (% of at least daily carbonated soft drink consumption)



## Estimated per capita fruit intake

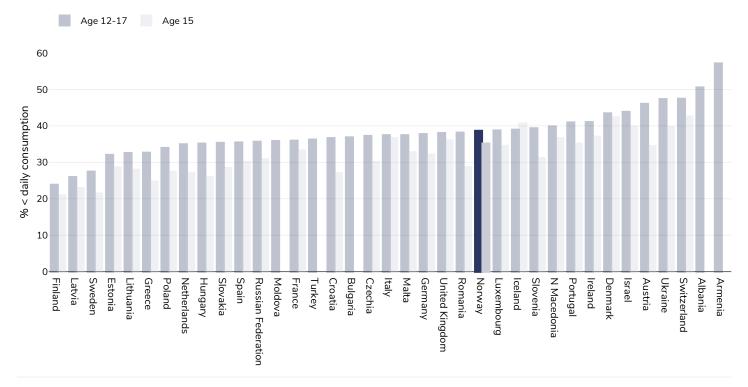
#### Adults, 2017





## Prevalence of less than daily fruit consumption

#### Children, 2010-2014



Survey type: Measured

References:

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <a href="https://doi.org/10.1177/0379572119848287">https://doi.org/10.1177/0379572119848287</a>. Sourced from Food Systems Dashboard <a href="https://www.foodsystemsdashboard.org/food-systems">https://www.foodsystemsdashboard.org/food-systems</a>

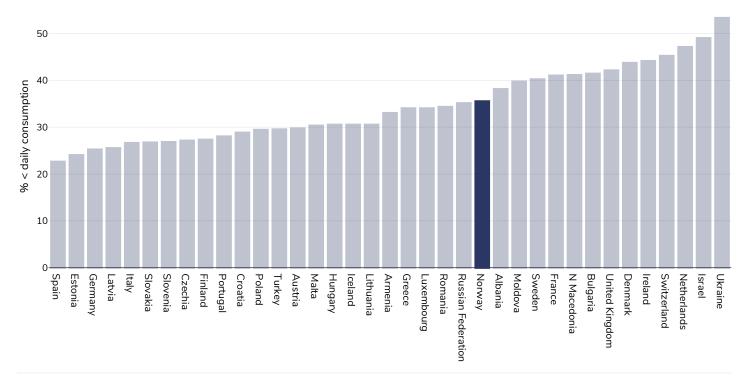
Definitions: Prevalence of less-than-daily

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)



## Prevalence of less than daily vegetable consumption

#### Children, 2010-2014



Survey type: Measured

Age: 12-17

References:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.

https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard

http://www.foodsystemsdashboard.org/food-system

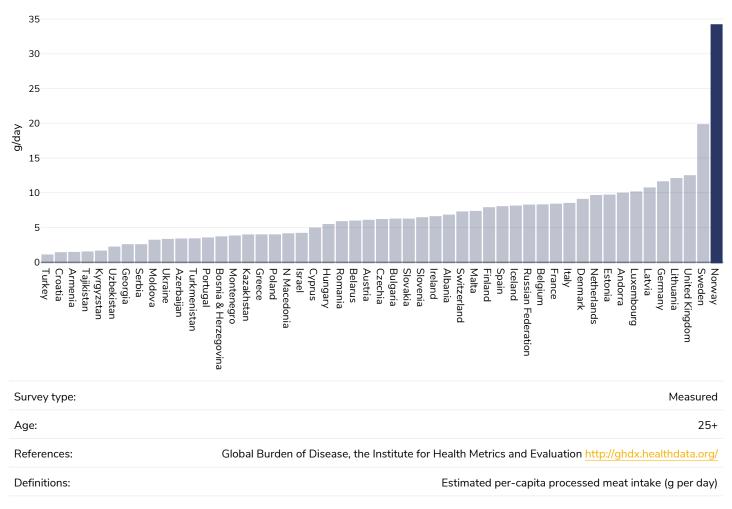
Definitions:

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)



## Estimated per-capita processed meat intake

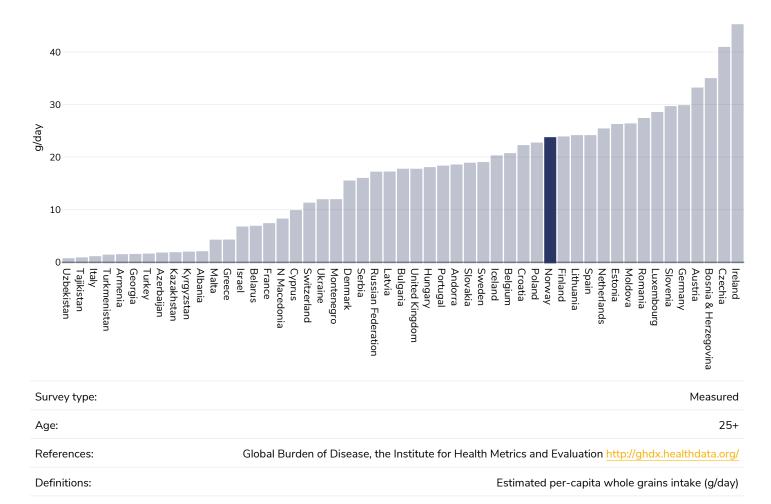
#### Adults, 2017





## Estimated per capita whole grains intake

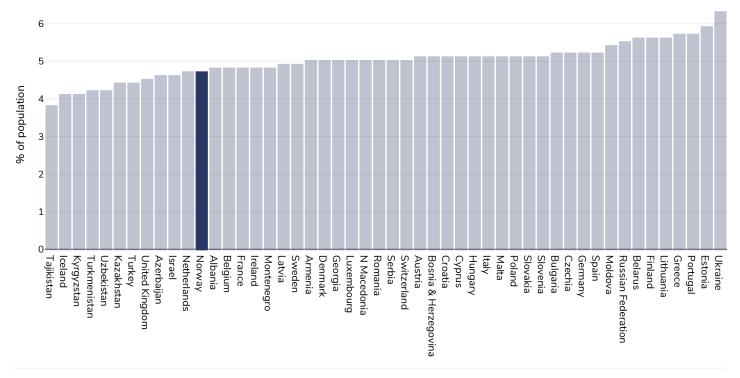
#### Adults, 2017





## Mental health - depression disorders

#### Adults, 2015



References:

Prevalence data from Global Burden of Disease study 2015 (<a href="http://ghdx.healthdata.org">http://ghdx.healthdata.org</a>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

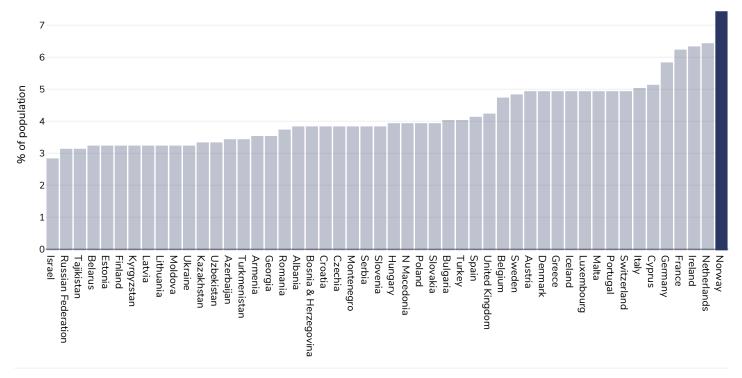
Definitions:

% of population with depression disorders



## Mental health - anxiety disorders

#### Adults, 2015



References:

Prevalence data from Global Burden of Disease study 2015 (<a href="http://ghdx.healthdata.org">http://ghdx.healthdata.org</a>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

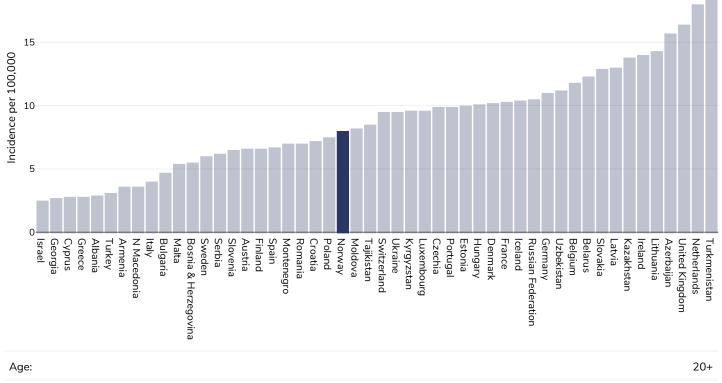
Definitions:

% of population with anxiety disorders



## Oesophageal cancer

#### Men, 2020



Area covered: National

References:

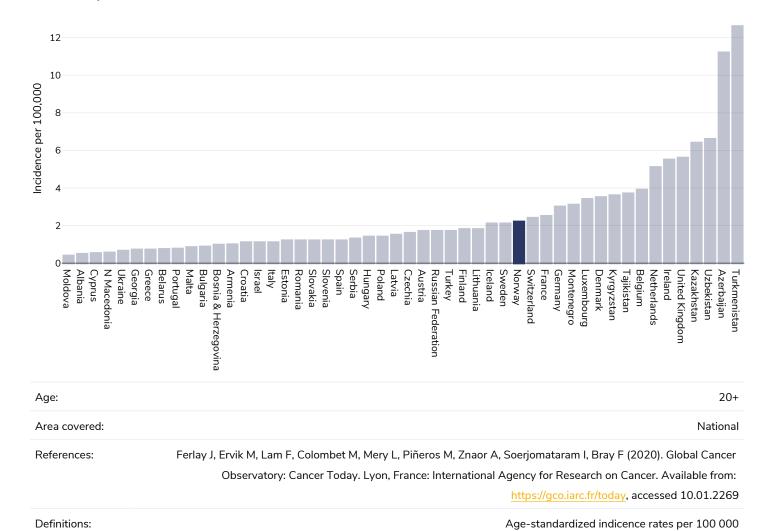
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2269

Definitions:

Age-standardized indicence rates per 100 000

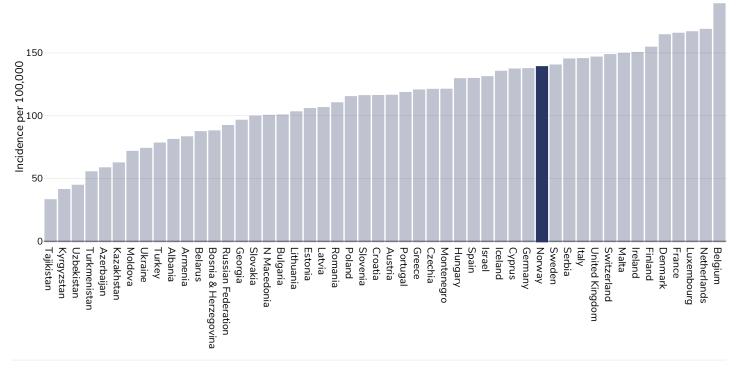






#### **Breast cancer**

#### Women, 2020



Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer

Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

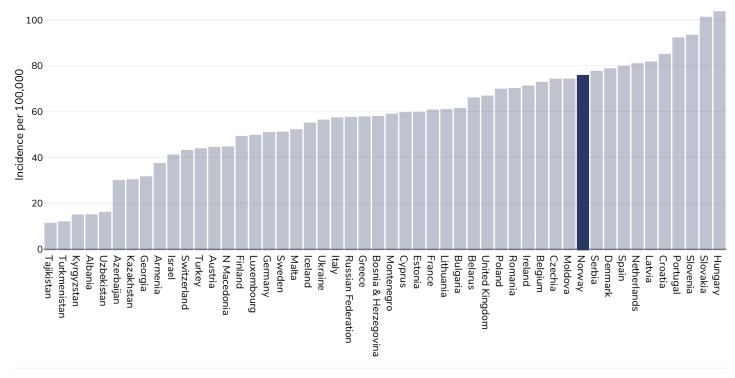
https://gco.iarc.fr/today, accessed 10.01.2269

Definitions: Age-standardized indicence rates per 100 000



#### Colorectal cancer

#### Men, 2020



Age: 20+

Area covered: National

References:

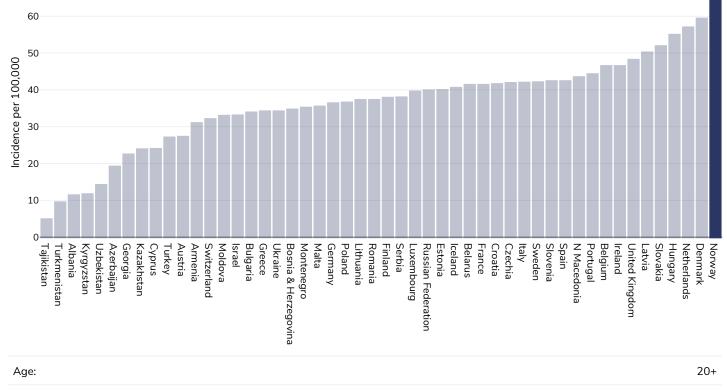
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2269

Definitions:

Age-standardized indicence rates per 100 000





Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.fr/today">https://gco.iarc.fr/today</a>, accessed 10.01.2269

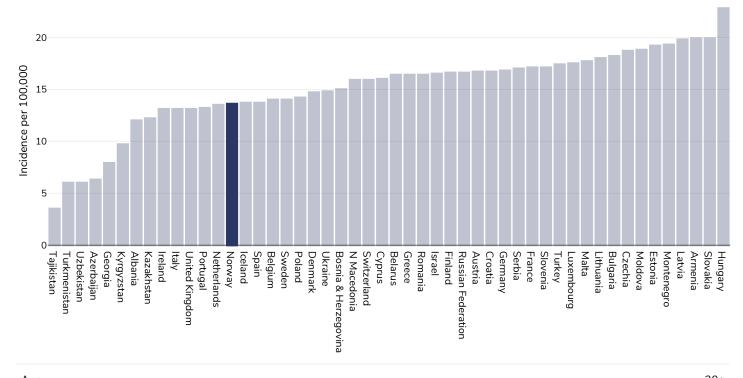
Definitions:

Age-standardized indicence rates per 100 000



#### Pancreatic cancer

#### Men, 2020



Age: 20+

Area covered: National

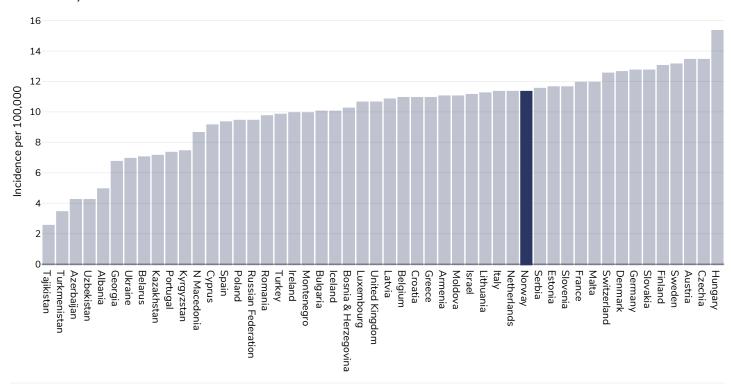
References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer

Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2269

Definitions: Age-standardized indicence rates per 100 000





Age: 20+

Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2269

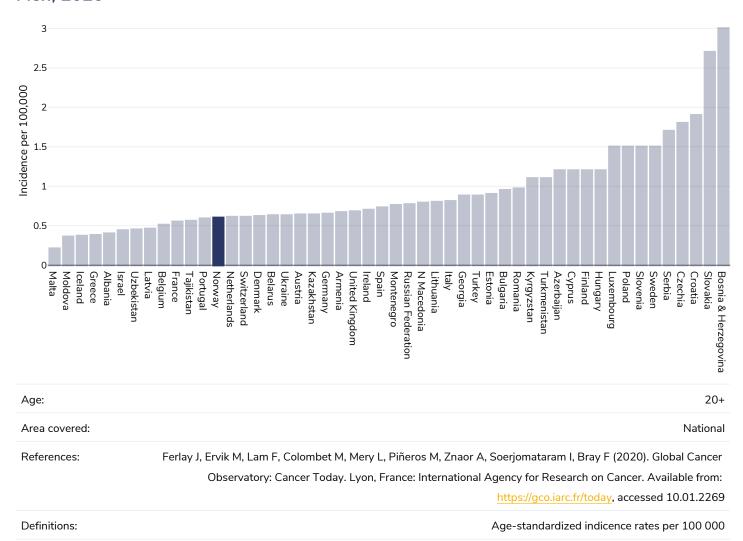
Definitions:

Age-standardized indicence rates per 100 000

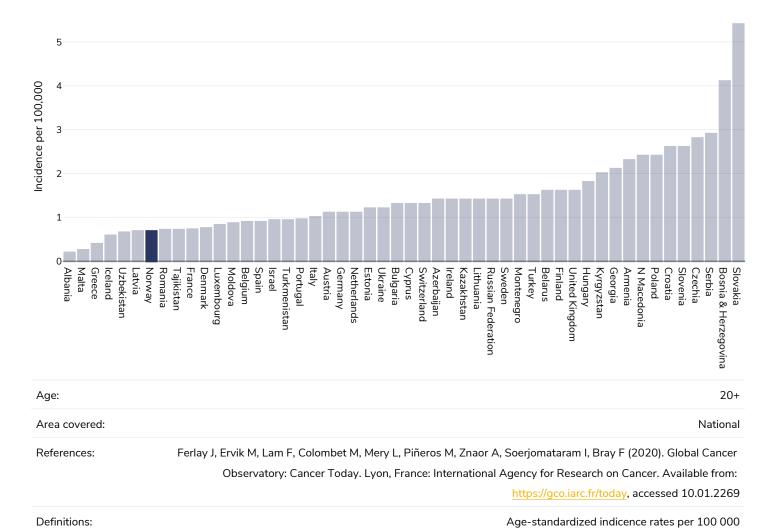


#### Gallbladder cancer

#### Men, 2020



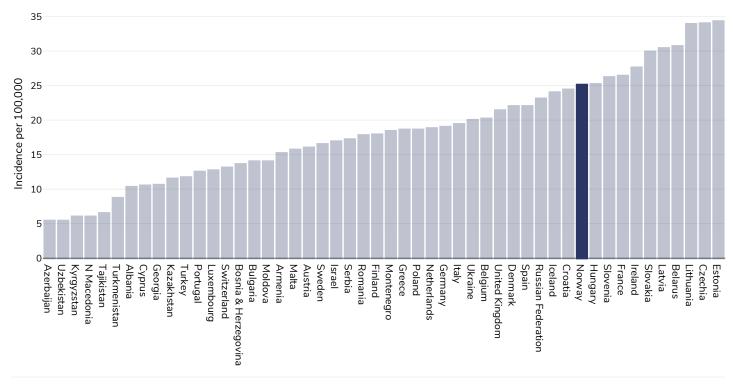






#### Kidney cancer

#### Men, 2020



Age: 20+

Area covered: National

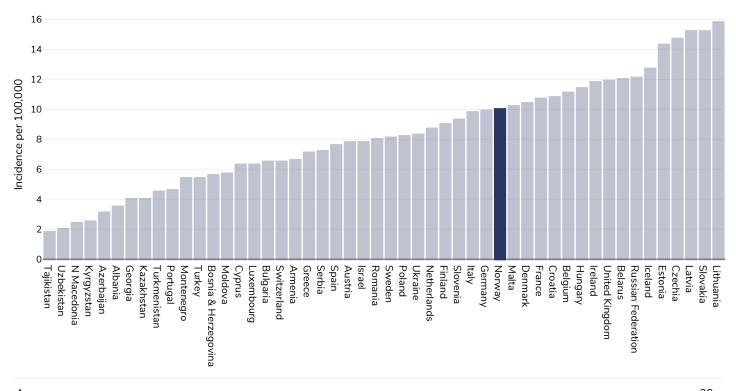
References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer

Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2269

Definitions: Age-standardized indicence rates per 100 000





Age: 20+

Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2269

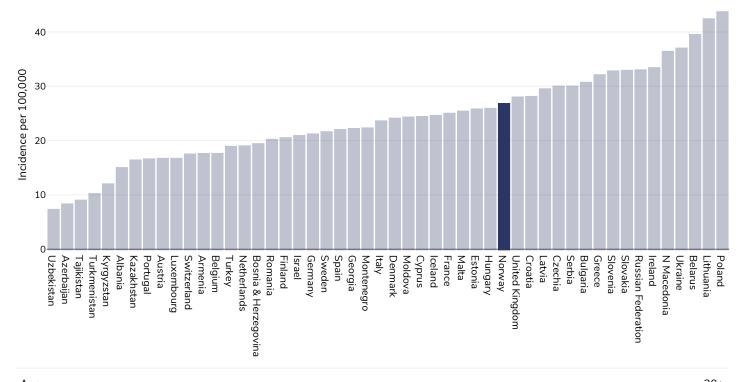
Definitions:

Age-standardized indicence rates per 100 000



#### Cancer of the uterus

#### Women, 2020



Age: 20+

Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2269

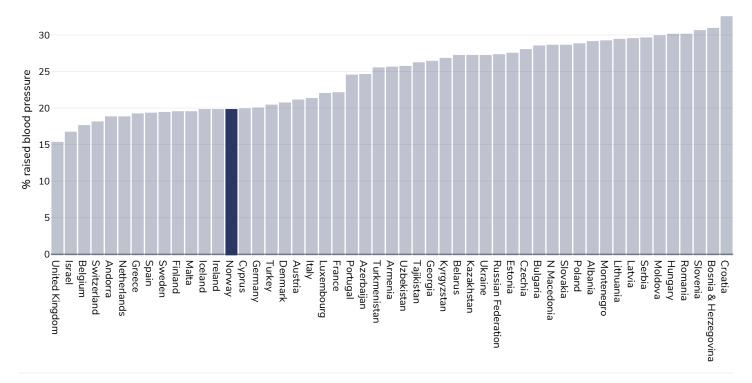
Definitions:

Age-standardized indicence rates per 100 000



## Raised blood pressure

#### Adults, 2015



References:

Global Health Observatory data repository, World Health Organisation,

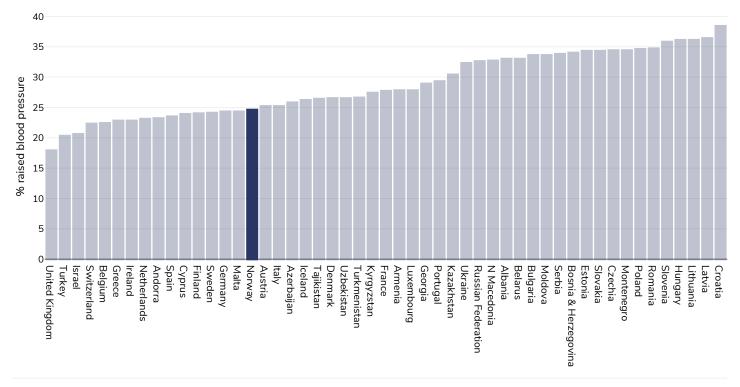
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



#### Men, 2015



References:

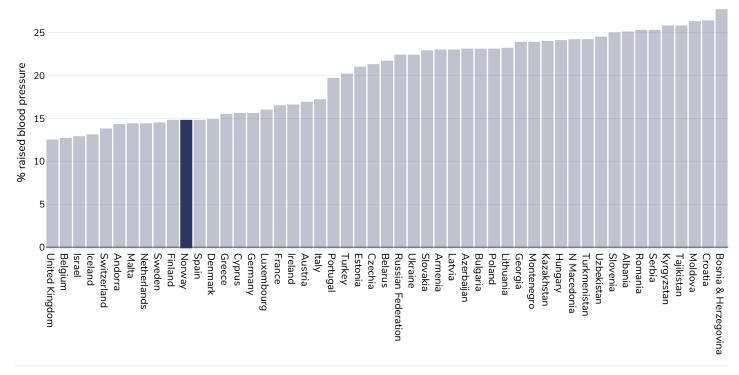
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

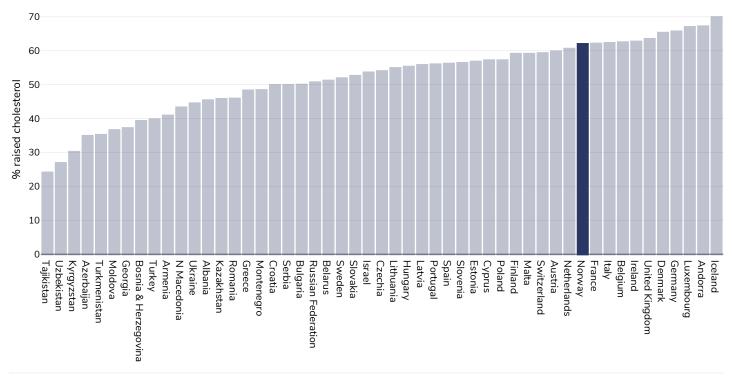
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



#### Raised cholesterol

#### Adults, 2008



References:

Global Health Observatory data repository, World Health Organisation,

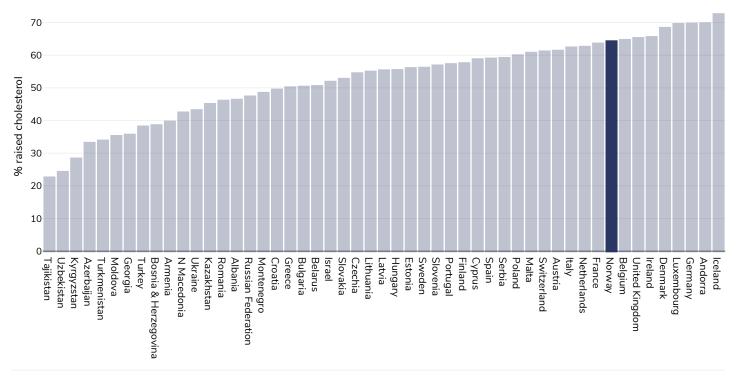
http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



#### Men, 2008



References:

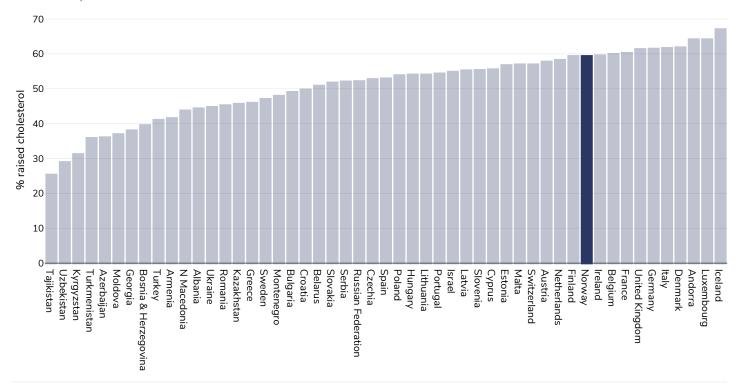
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A885

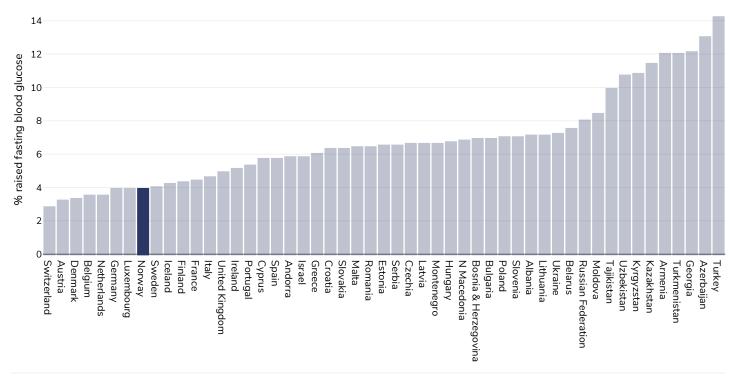
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



## Raised fasting blood glucose

#### Men, 2014



References:

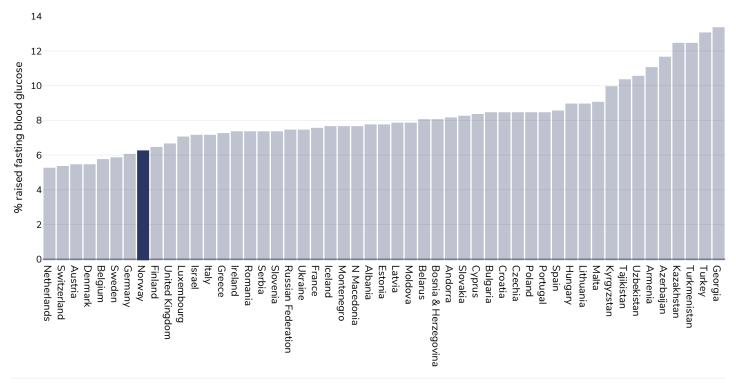
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

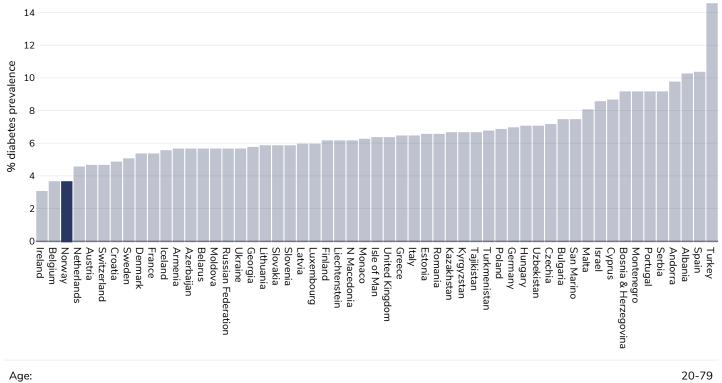
Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



## Diabetes prevalence

#### Adults, 2021



20-79

Area covered: National

References:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels,

Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org

Definitions:

Age-adjusted comparative prevalence of diabetes, %



## **Contextual factors**

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



#### Labelling

Is there mandatory nutrition labelling?	<b>~</b>
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	<b>✓</b>
Color coding?	×
Warning label?	×





# Regulation and marketing

Are there fiscal policies on unhealthy products?	<b>~</b>
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	<b>~</b>
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	<b>~</b>
Mandatory limit of trans fats in place (all settings)?	<b>~</b>
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	<b>~</b>
Mandatory restriction on broadcast media?	~
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	~
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	×
Nutrition standards for public sector procurement?	×





# Political will and support

National obesity strategy or nutrition and physical activity national strategy?	<b>~</b>
National obesity strategy?	X
National childhood obesity strategy?	X
Comprehensive nutrition strategy?	<b>~</b>
Comprehensive physical activity strategy?	<b>~</b>
Evidence-based dietary guidelines and/or RDAs?	<b>~</b>
National target(s) on reducing obesity?	<b>~</b>
Guidelines/policy on obesity treatment?	×
Promotion of breastfeeding?	<b>~</b>
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	<b>~</b>
Within 5 years?	<b>~</b>
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	X



Present (voluntary) Incoming X Absent







Unknown

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