

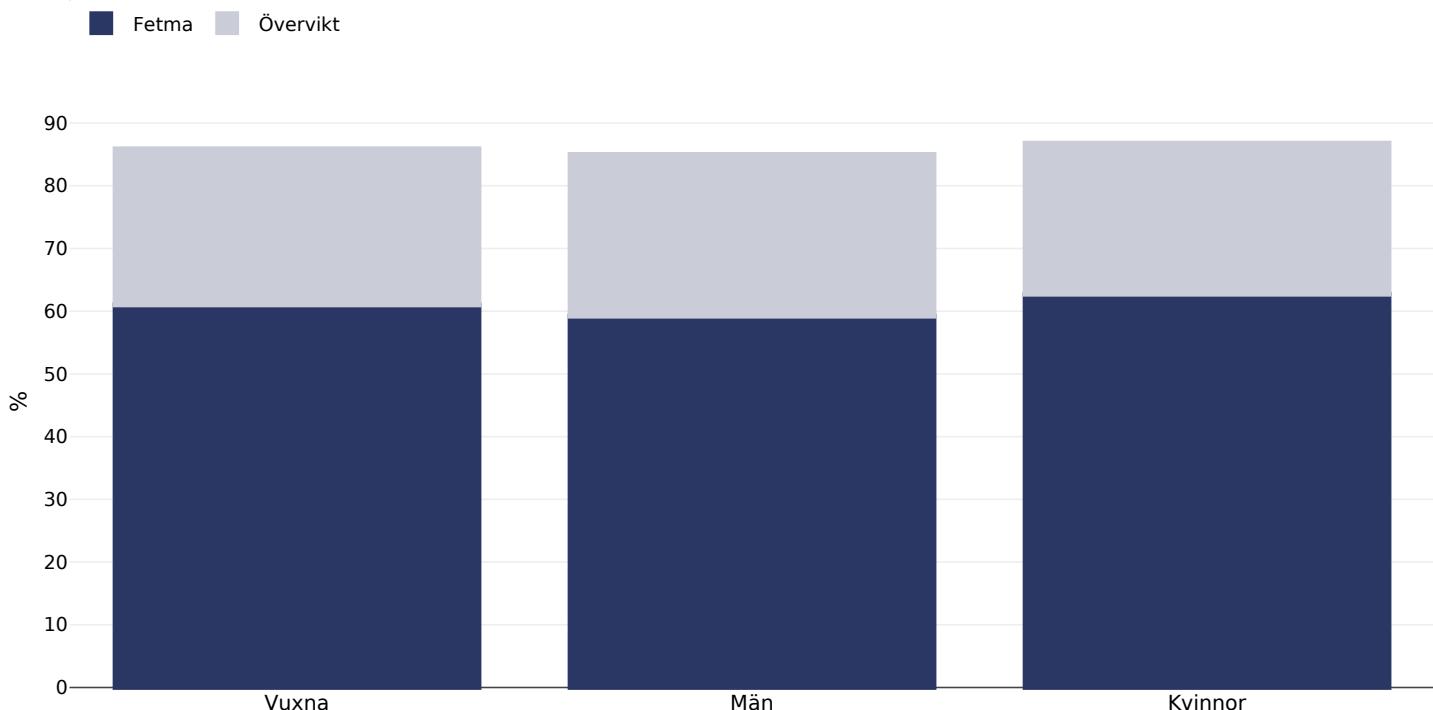
# Report card

## Niue



### Förekomst av fetma

Vuxna, 2011-2012



Undersökningstyp:

Uppmått

Ålder:

15+

Urvalsstorlek:

882

Område som omfattas:

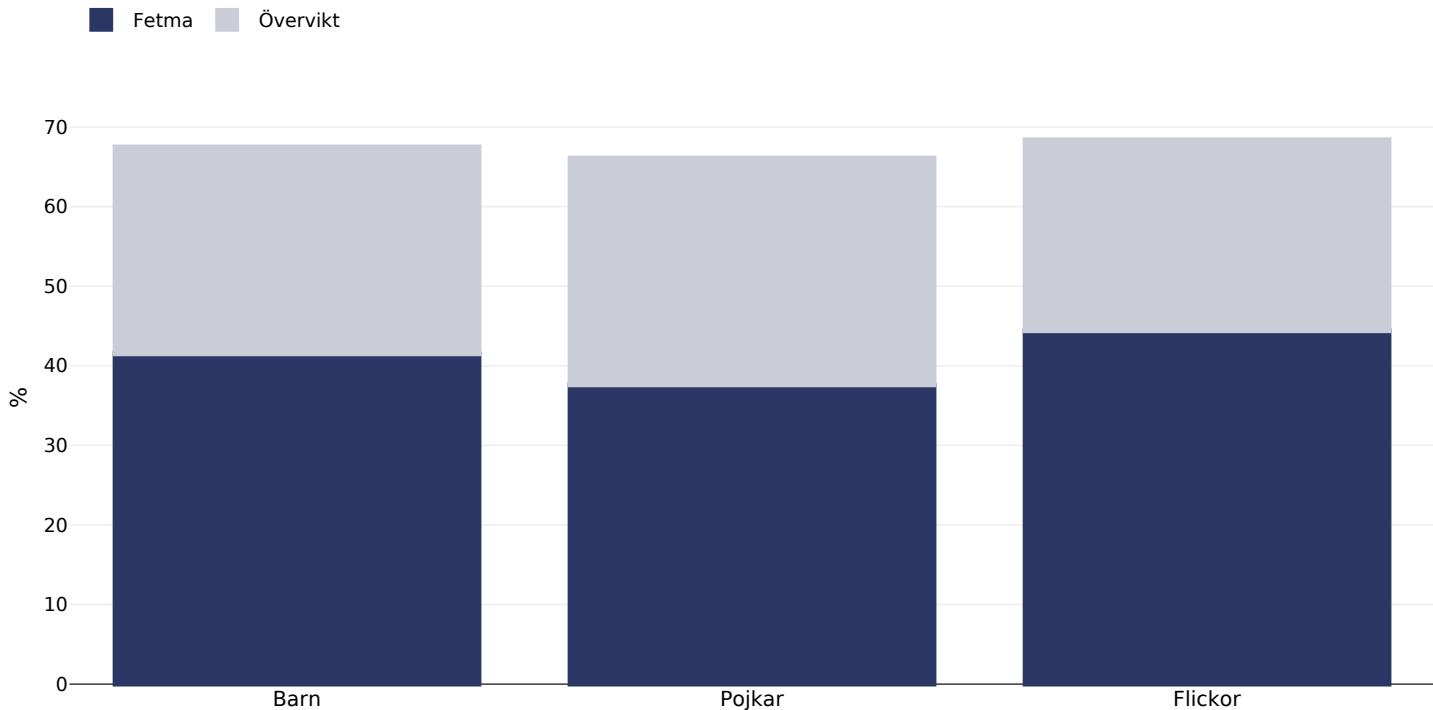
Nationell

Referenser:

Niue STEPS Survey 2011 available at [https://www.who.int/ncds/surveillance/steps/Niue\\_STEPS\\_Report\\_2011.pdf](https://www.who.int/ncds/surveillance/steps/Niue_STEPS_Report_2011.pdf)  
(last accessed 19.10.20)

*Om inte annat anges avser övervikt ett BMI mellan 25 kg och 29,9 kg/m<sup>2</sup>, fetma avser ett BMI högre än 30 kg/m<sup>2</sup>.*

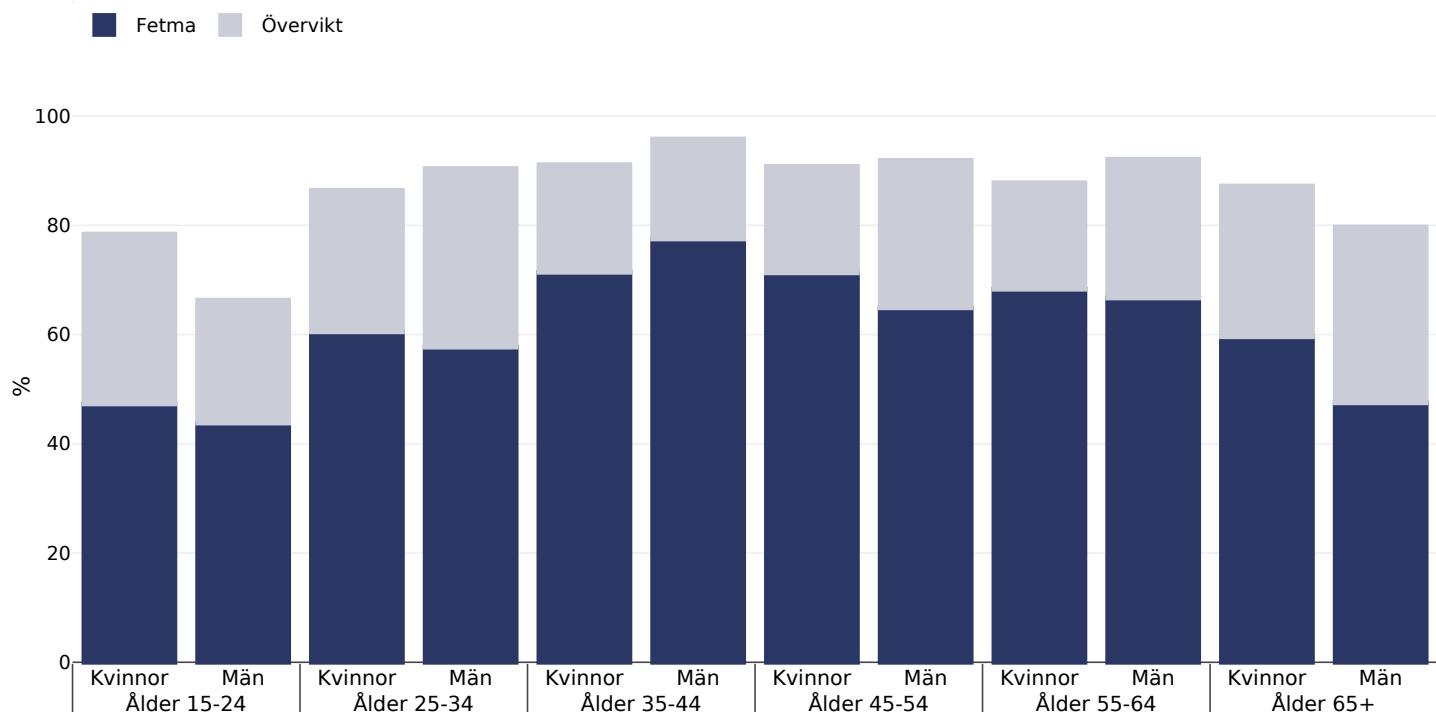
## Barn, 2019



Undersökningsstyp:	Egenanställd
Ålder:	13-17
Urvalsstorlek:	164
Område som omfattas:	Nationell
Referenser:	2019 GSHS Fact Sheet Niue. Available at: <a href="https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/nhue/2019-nhue-fact-sheet.pdf?sfvrsn=9a2376c6_1&amp;download=true">https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/nhue/2019-nhue-fact-sheet.pdf?sfvrsn=9a2376c6_1&amp;download=true</a> (last accessed 08.12.22)
Anteckningar:	Very small sample size
Cutoffs:	WHO

## Övervikt/fetma efter ålder

Vuxna, 2011



Undersökningstyp: Uppmått

Urvalsstorlek: 882

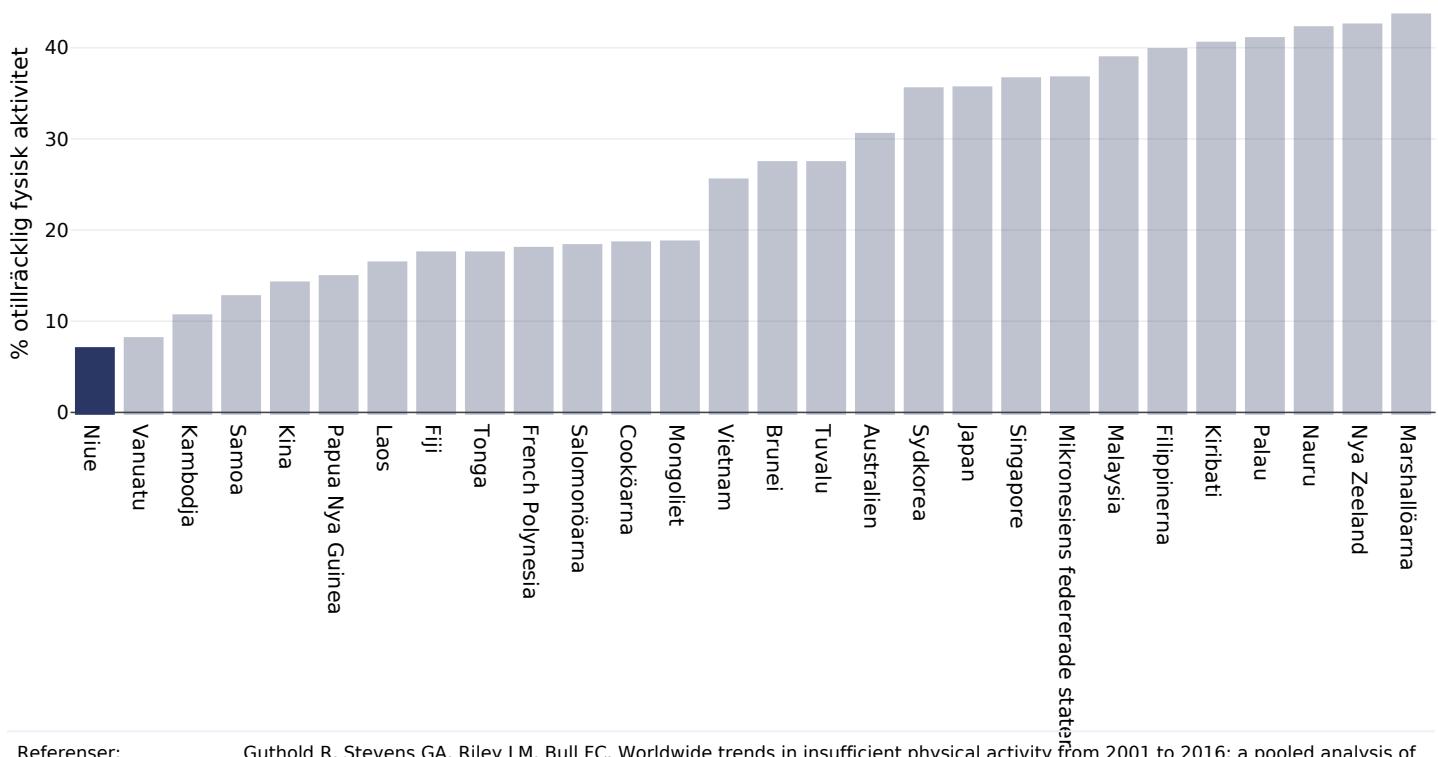
Område som omfattas: Nationell

Referenser: Niue STEPS Survey 2011 available at [https://www.who.int/ncds/surveillance/steps/Niue\\_STEPS\\_Report\\_2011.pdf](https://www.who.int/ncds/surveillance/steps/Niue_STEPS_Report_2011.pdf)  
(last accessed 19.10.20)

*Om inte annat anges avser övervikt ett BMI mellan 25 kg och 29,9 kg/m<sup>2</sup>, fetma avser ett BMI högre än 30 kg/m<sup>2</sup>.*

## O tillräcklig fysisk aktivitet

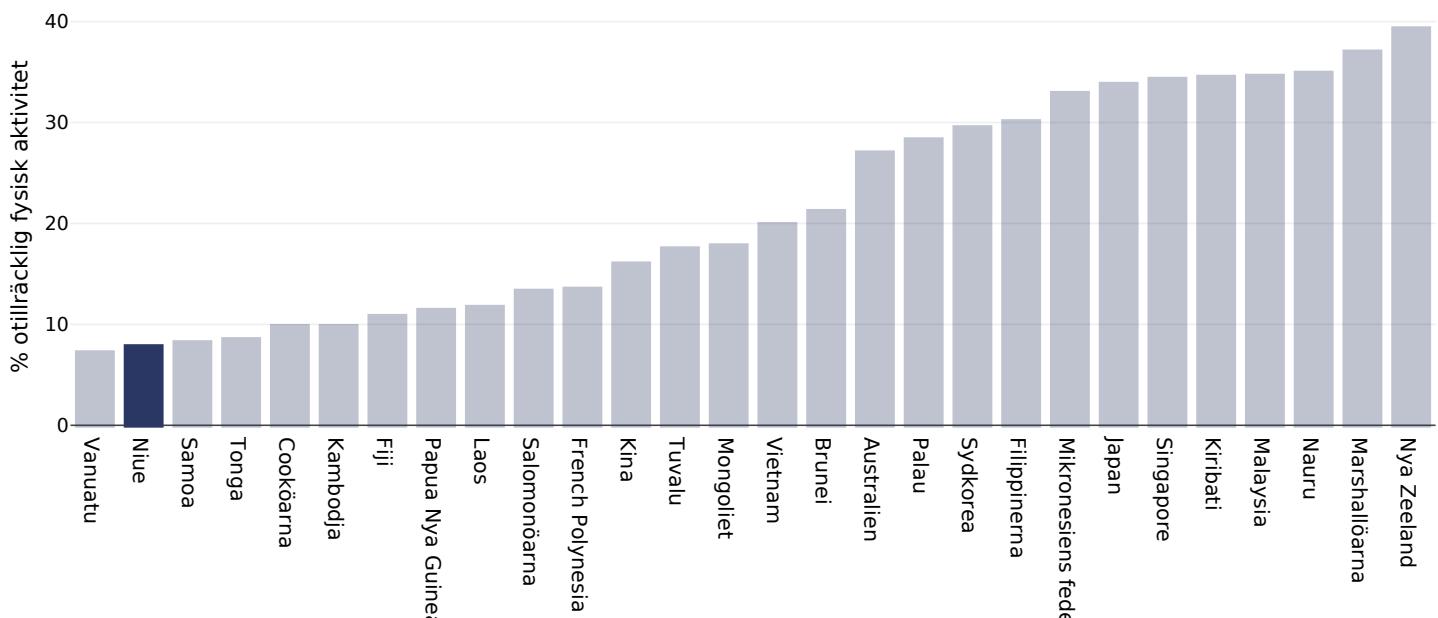
Vuxna, 2016



Referenser:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

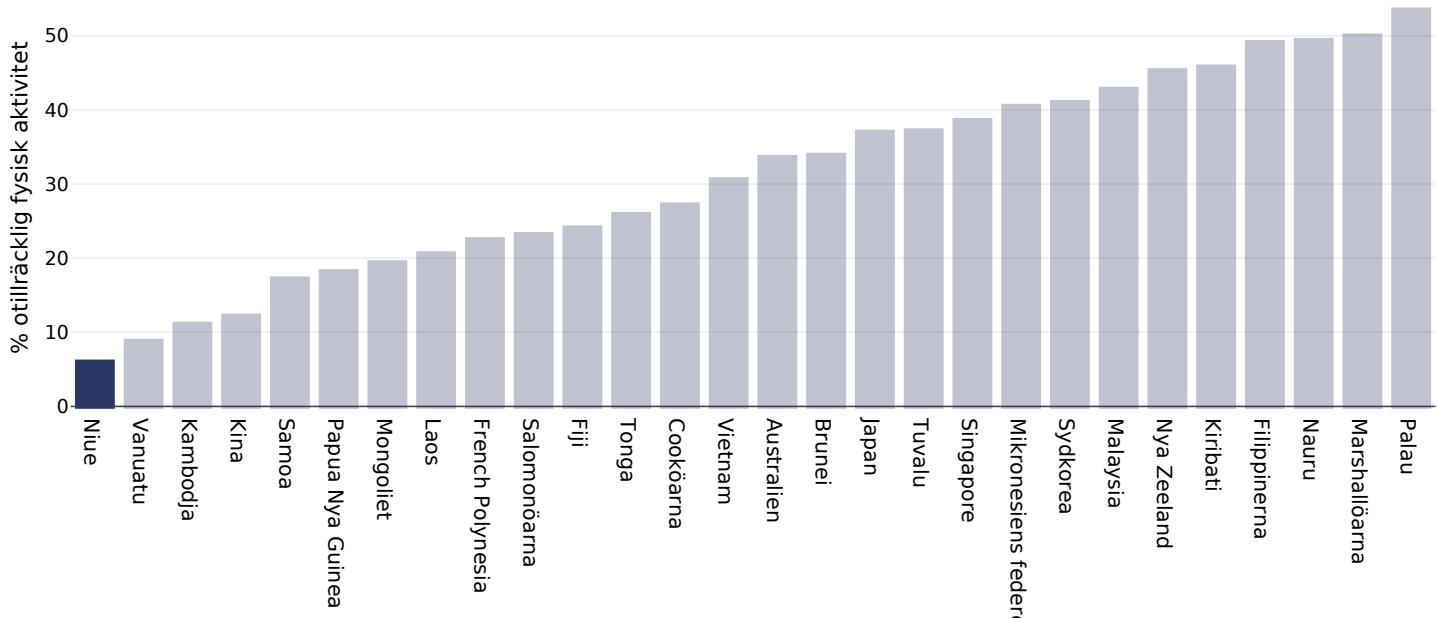
## Män, 2016



Referenser:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

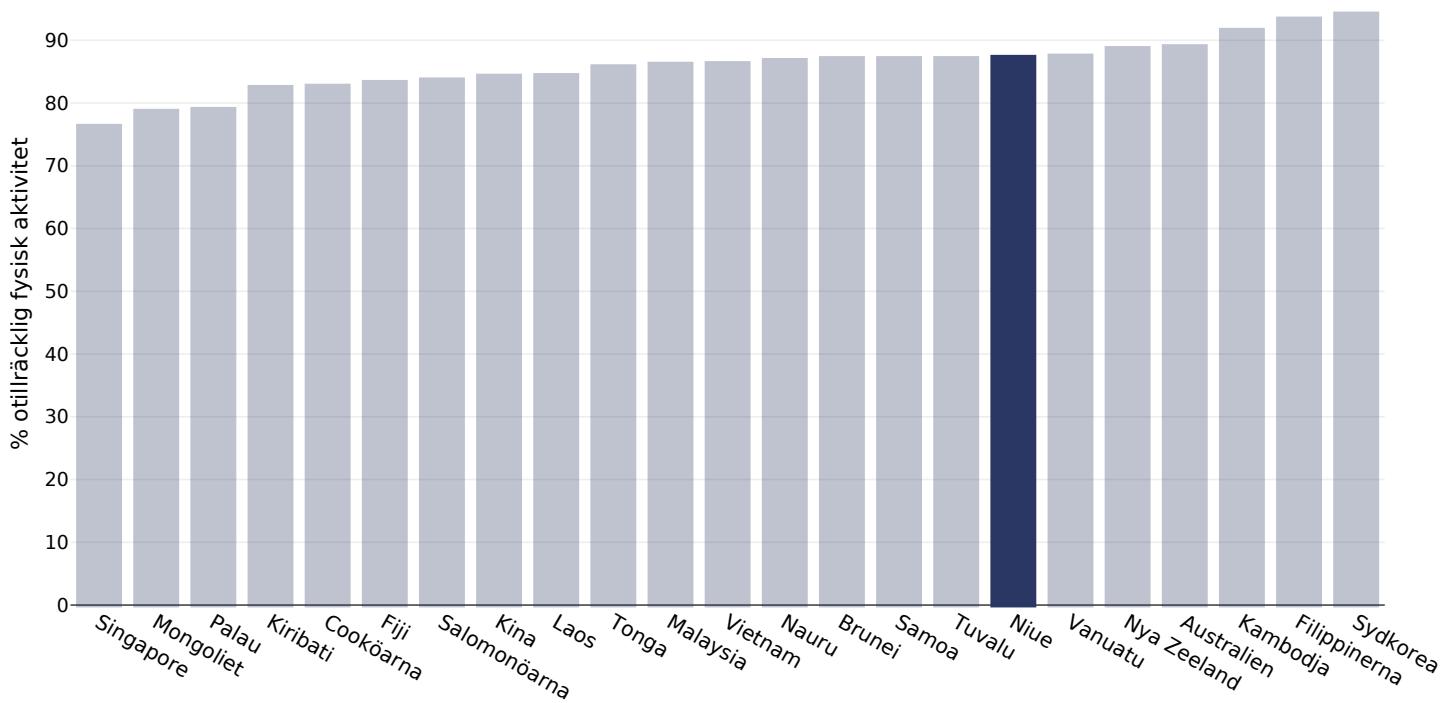
## Kvinnor, 2016



Referenser:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

## Barn, 2016



Undersökningsstyp:

Egenanställd

Ålder:

11-17

Referenser:

Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

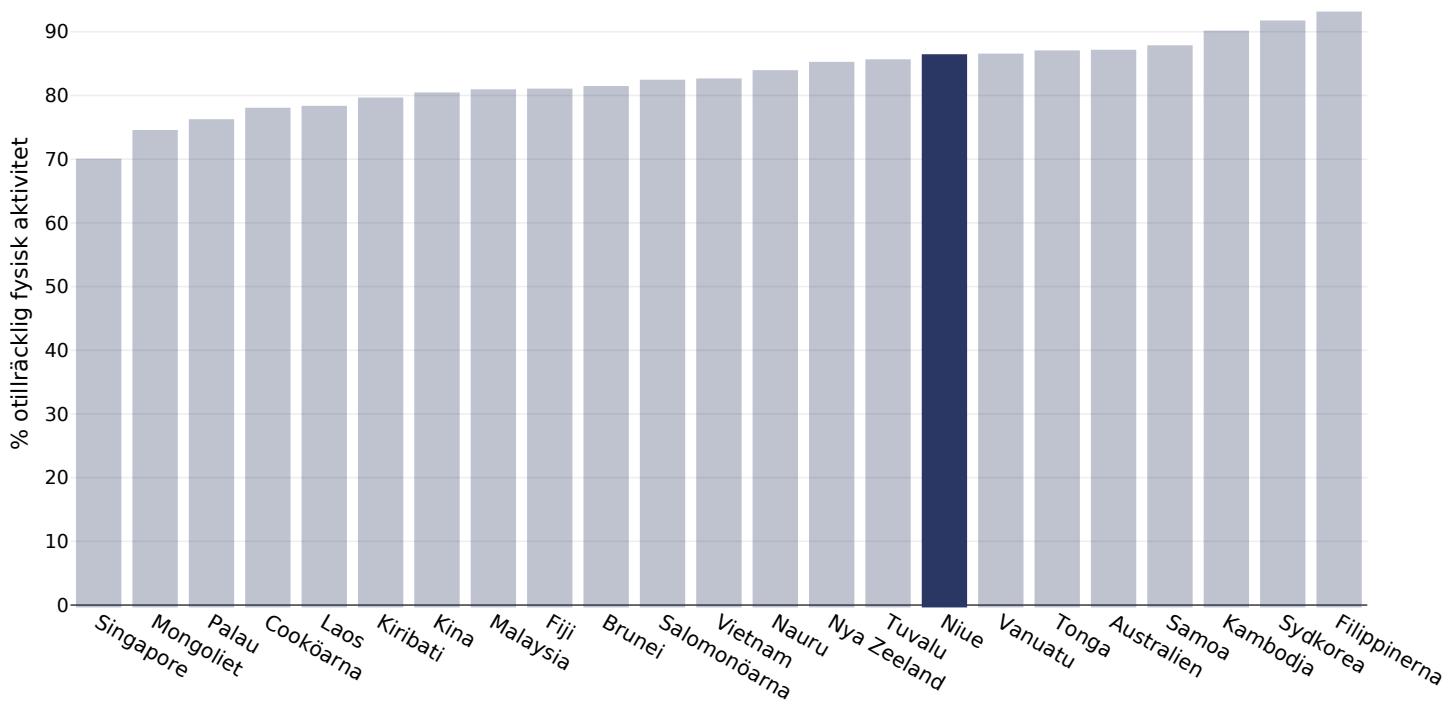
Anteckningar:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e.  
 doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitioner (endast tillgängliga på  
 engelska):

% Adolescents insufficiently active (age standardised estimate)

## Pojkar, 2016



Undersökningsstyp:

Egenanständl

Ålder:

11-17

Referenser:

Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

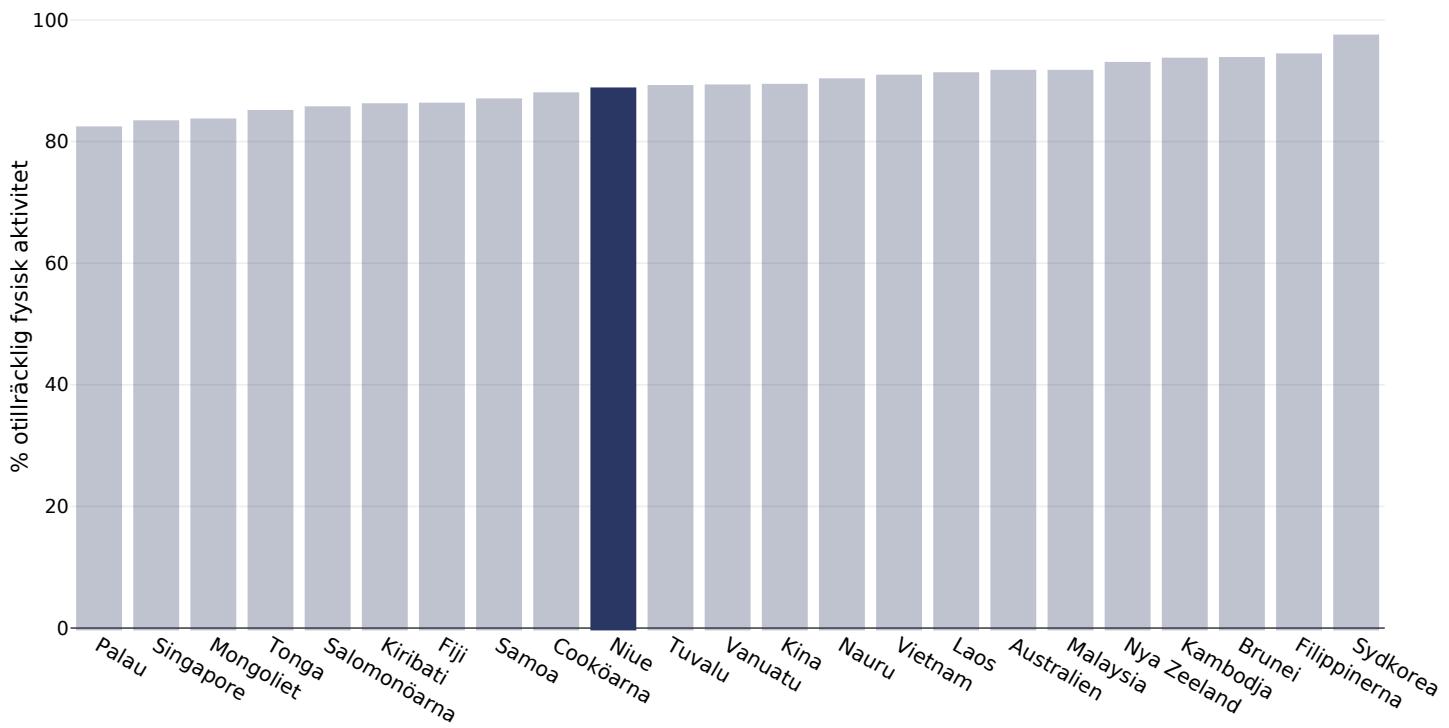
Anteckningar:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e.  
 doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitioner (endast tillgängliga på  
 engelska):

% Adolescents insufficiently active (age standardised estimate)

## Flickor, 2016



Undersökningsstyp:

Egenanställd

Ålder:

11-17

Referenser:

Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Anteckningar:

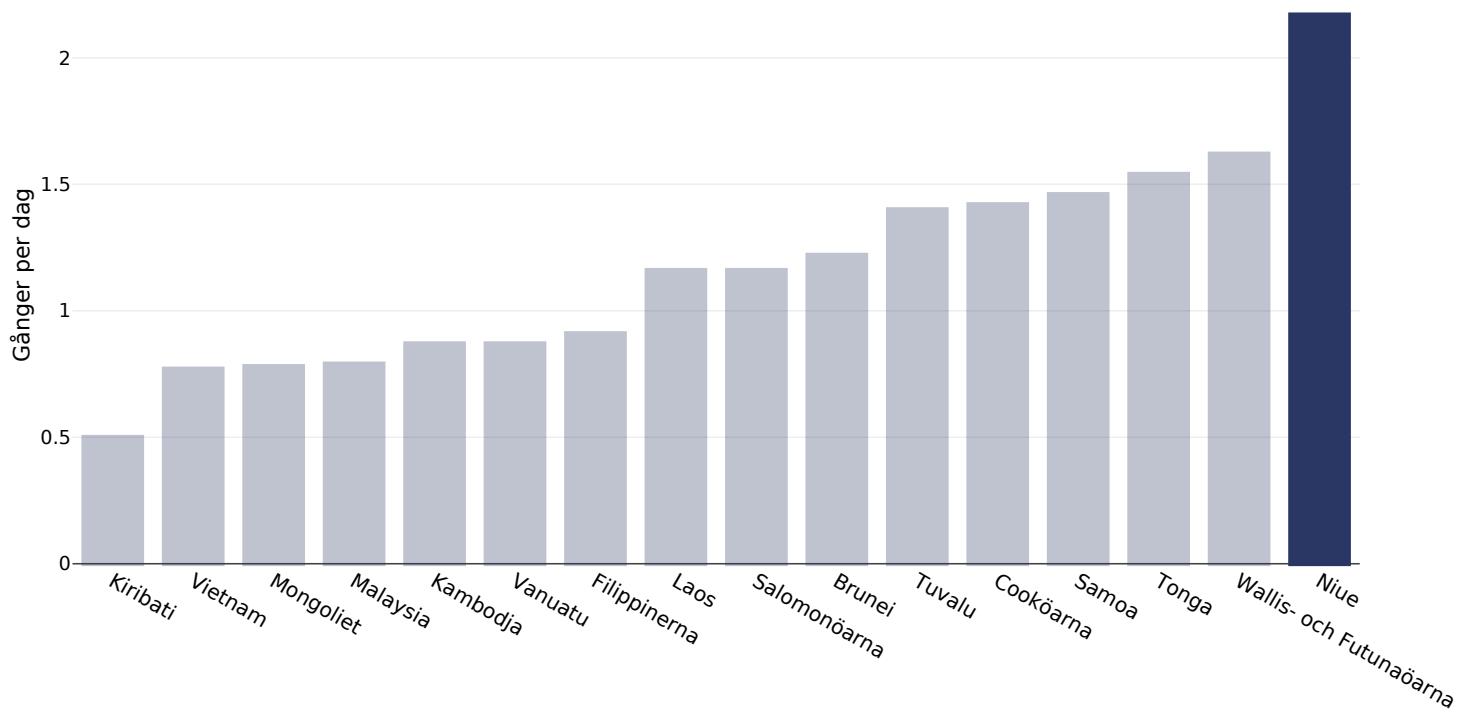
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e.  
 doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitioner (endast tillgängliga på  
 engelska):

% Adolescents insufficiently active (age standardised estimate)

## Genomsnittligt dagligt intag av kolsyrad läskedryck

Barn, 2010-2015



Undersökningsstyp:

Uppmätt

Ålder:

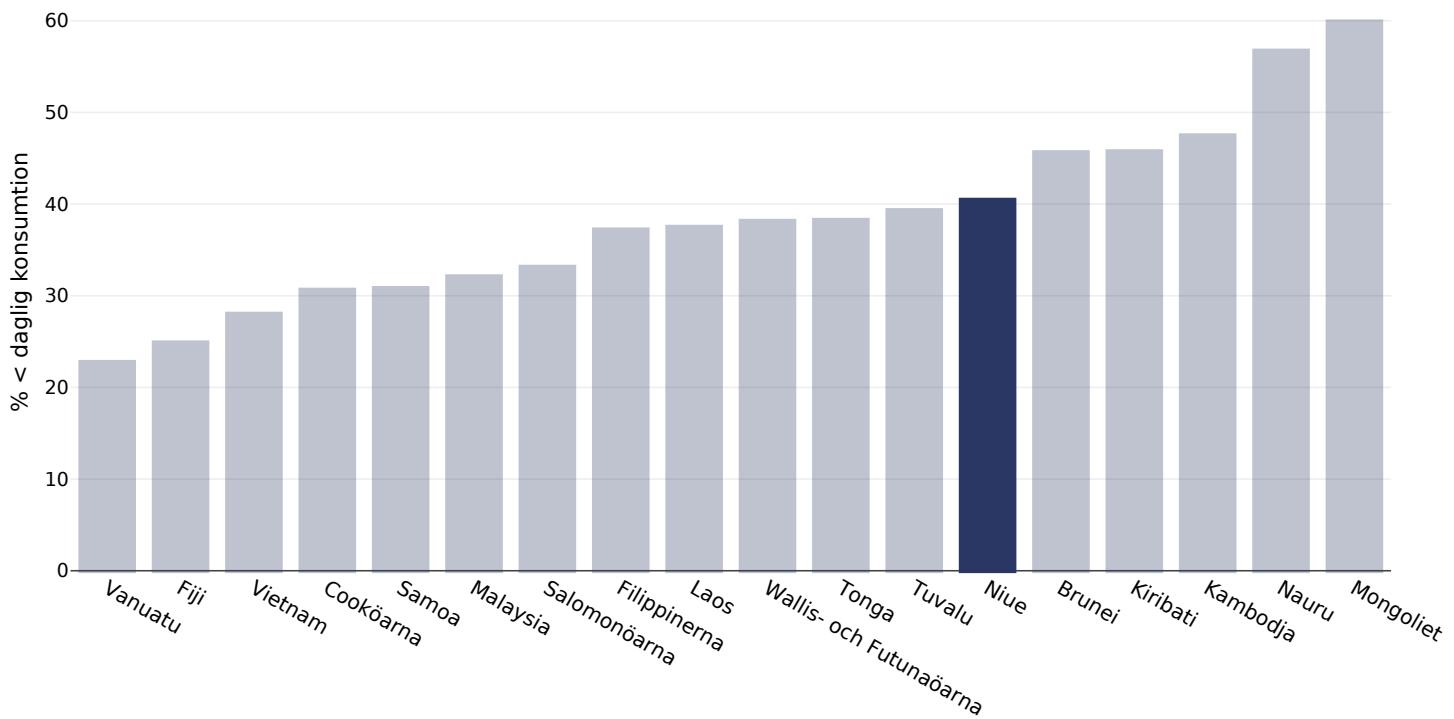
12-17

Referenser:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.  
<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard  
<http://www.foodsystemsdashboard.org/food-system>

## Förekomst av mindre än daglig fruktkonsumtion

Barn, 2010-2015



Undersökningstyp:

Uppmätt

Ålder:

12-17

Referenser:

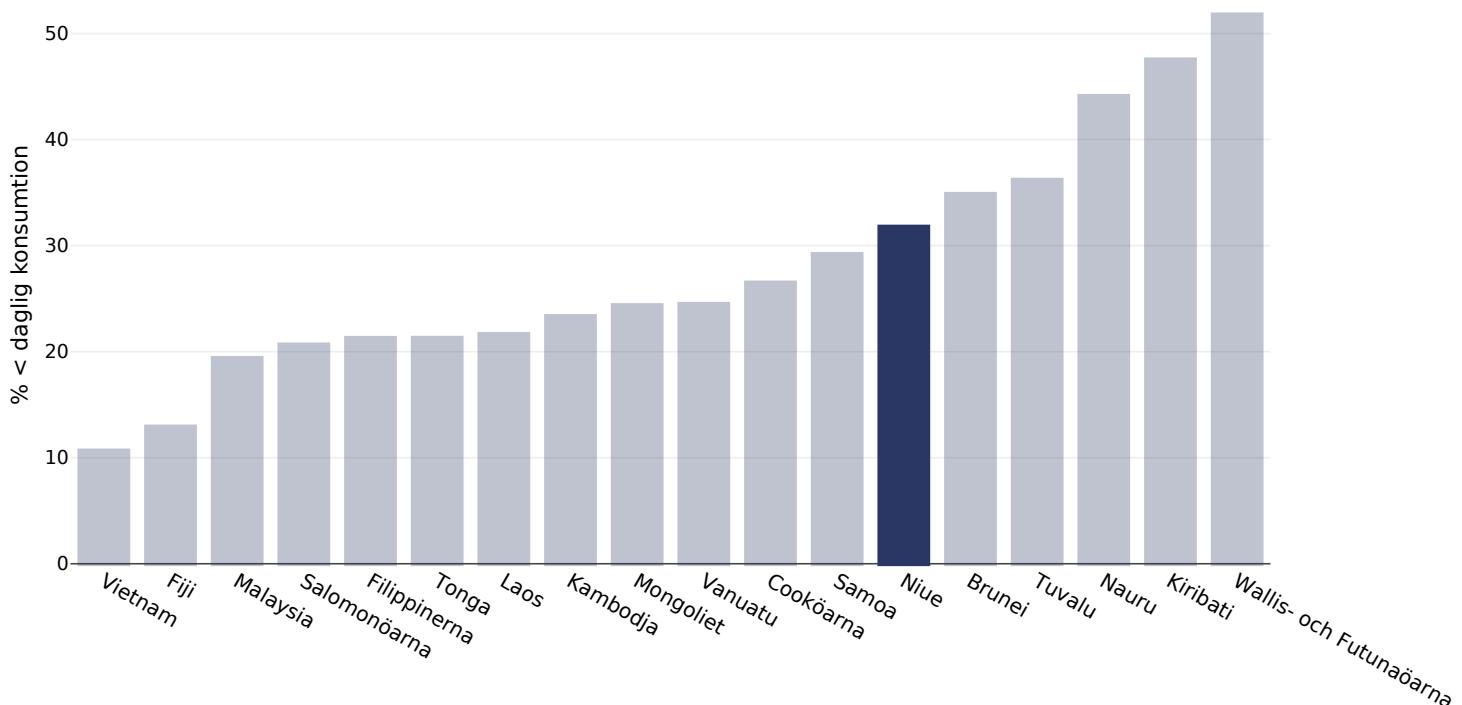
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitioner (endast tillgängliga  
på engelska):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

## Förekomst av mindre än daglig konsumtion av grönsaker

Barn, 2010-2015



Undersökningsstyp:

Uppmätt

Ålder:

12-17

Referenser:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.

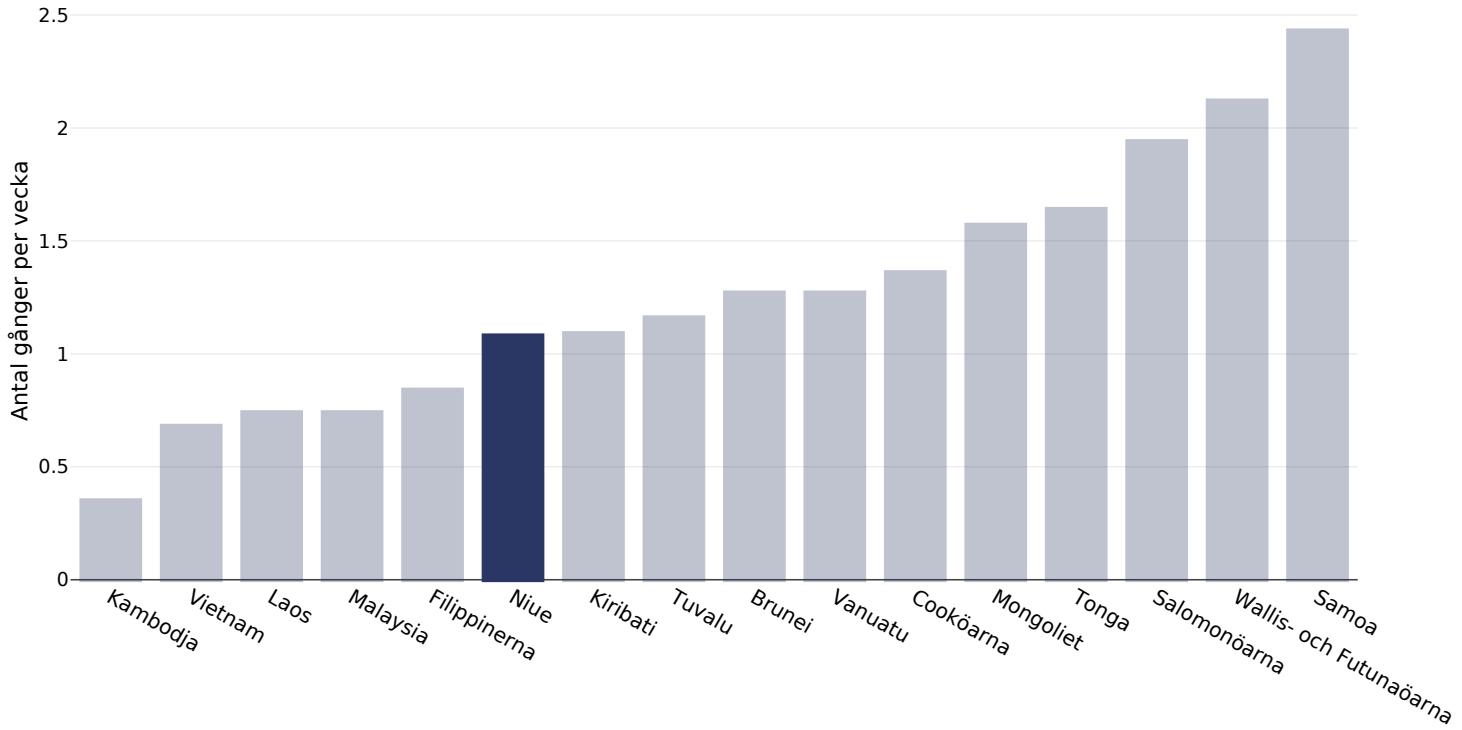
<https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard  
<http://www.foodsystemsdashboard.org/food-system>

Definitioner (endast tillgängliga  
på engelska):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Genomsnittligt veckovist intag av snabbmat

Barn, 2010-2015



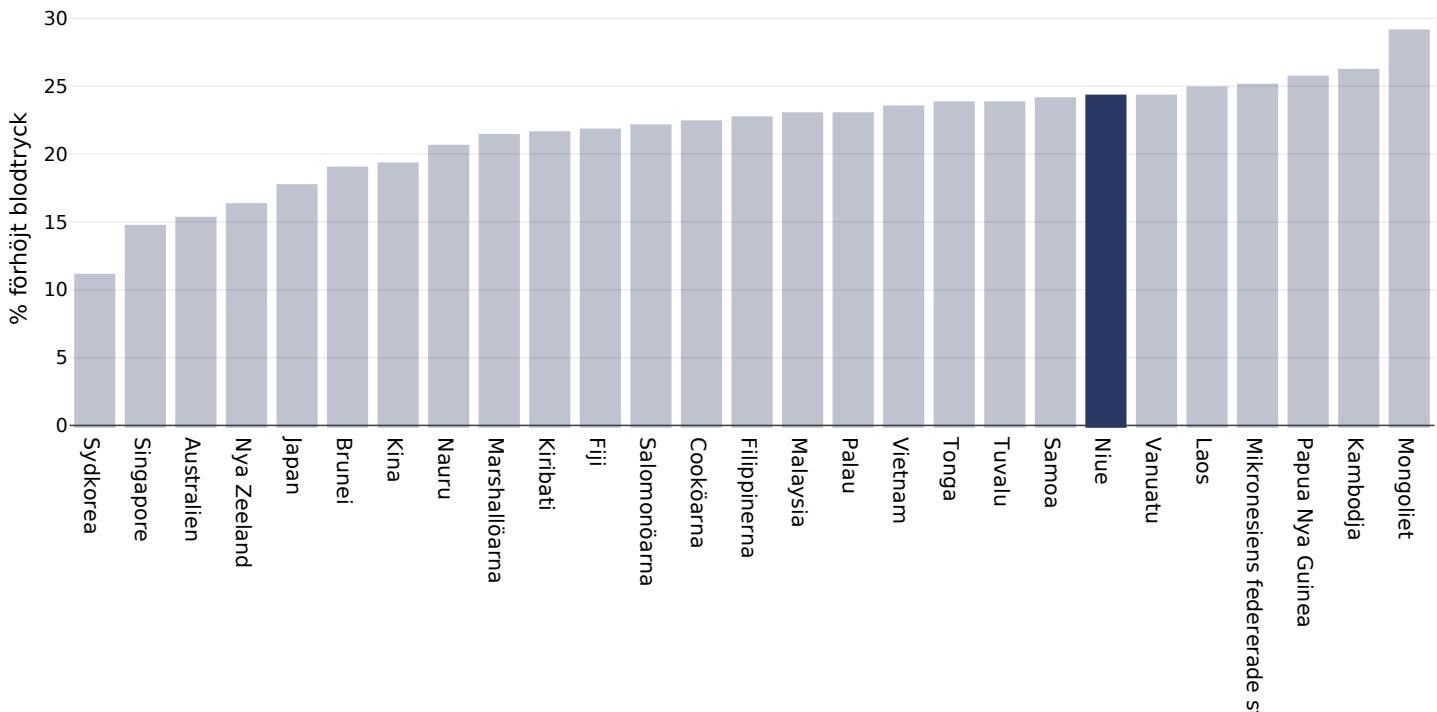
Ålder:

12-17

Referenser: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

## Förhöjt blodtryck

Vuxna, 2015



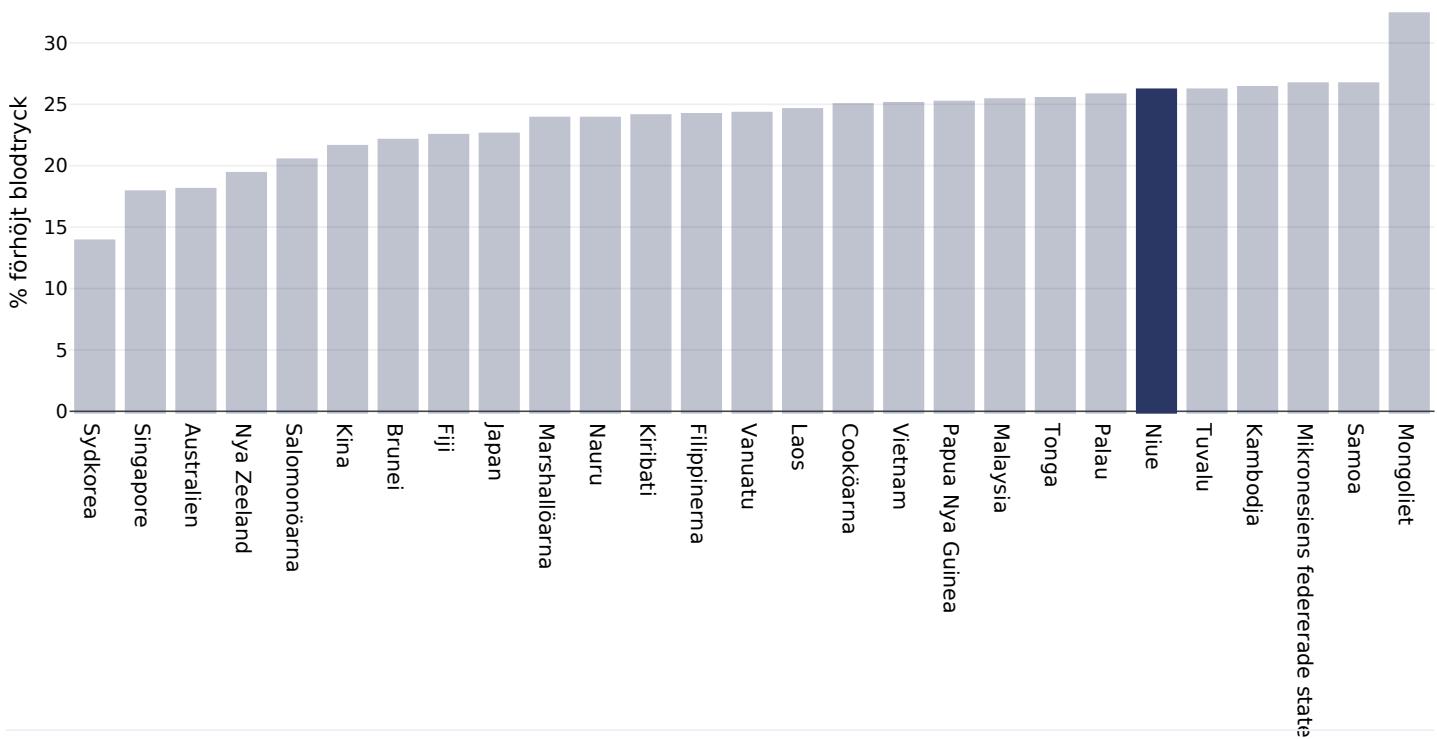
Referenser:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitioner (endast tillgängliga på engelska):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Män, 2015



Referenser:

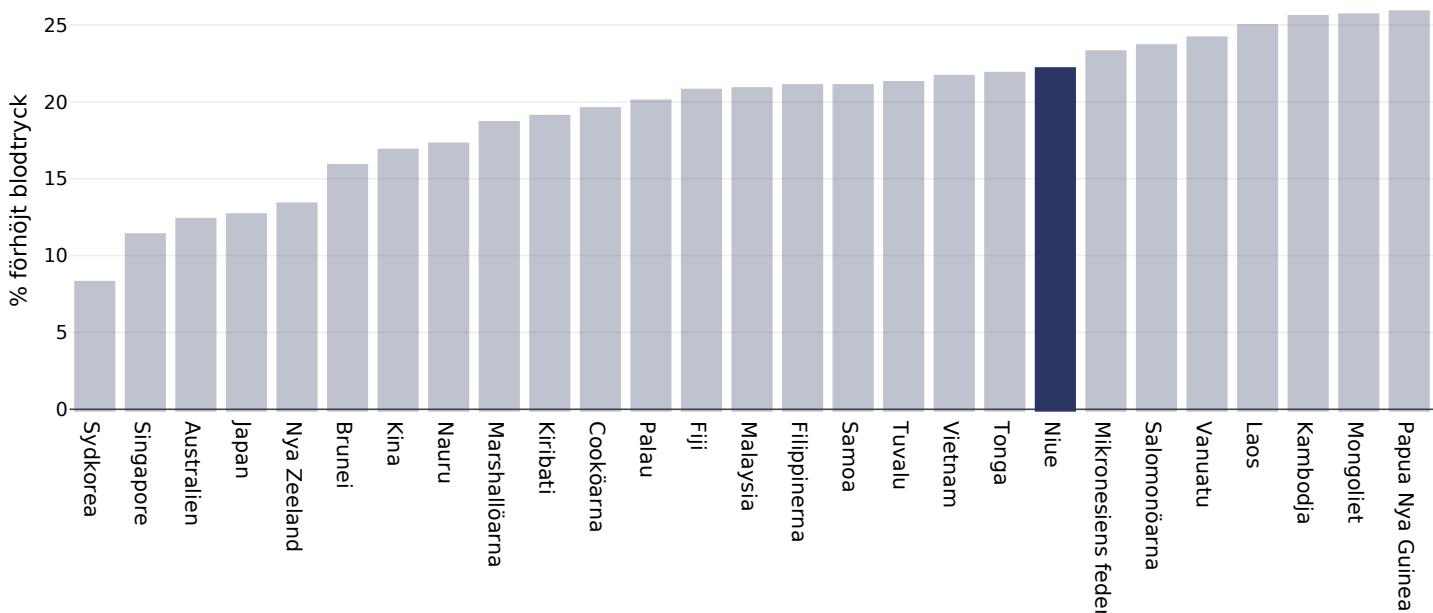
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitioner (endast tillgängliga på engelska):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Kvinnor, 2015



Referenser:

Global Health Observatory data repository, World Health Organisation,

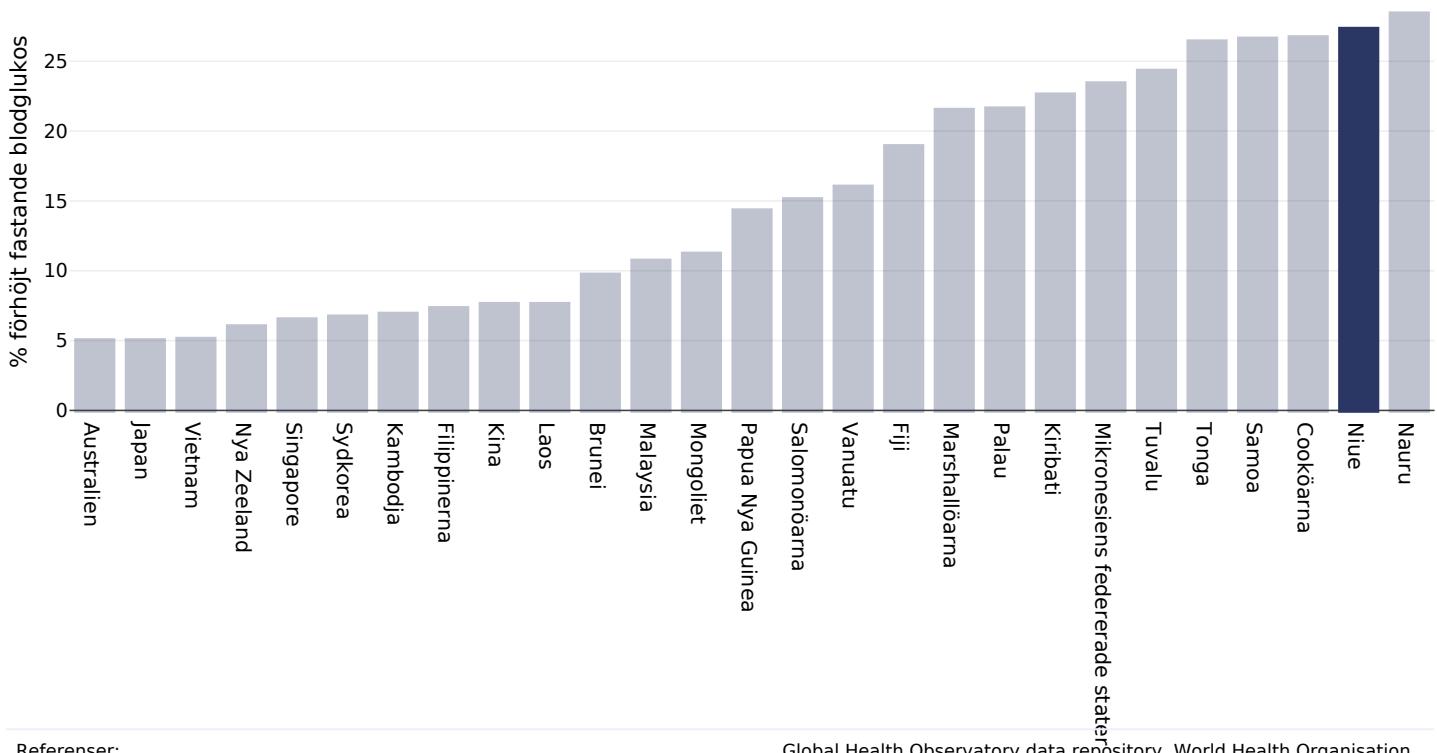
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitioner (endast tillgängliga på engelska):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Förhöjt fastande blodglukos

Män, 2014



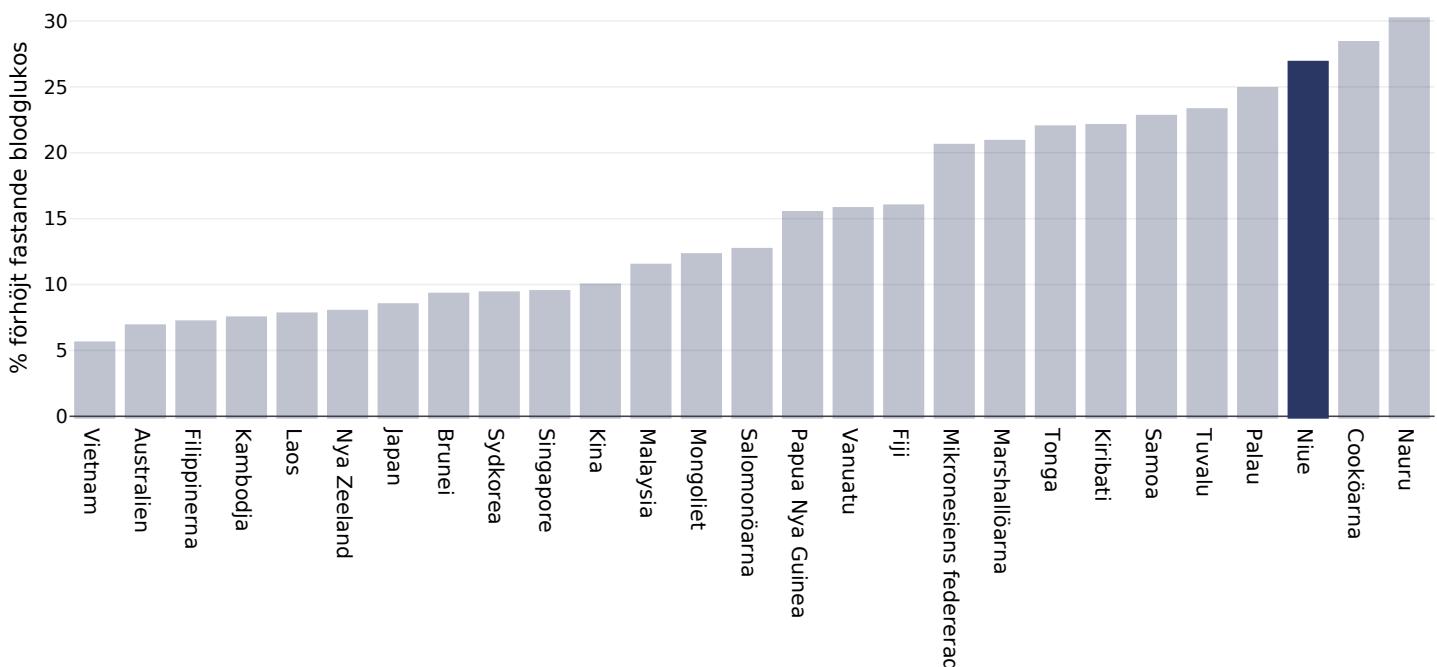
Referenser:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitioner (endast tillgängliga på engelska):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

## Kvinnor, 2014



Referenser:

Global Health Observatory data repository, World Health Organisation,

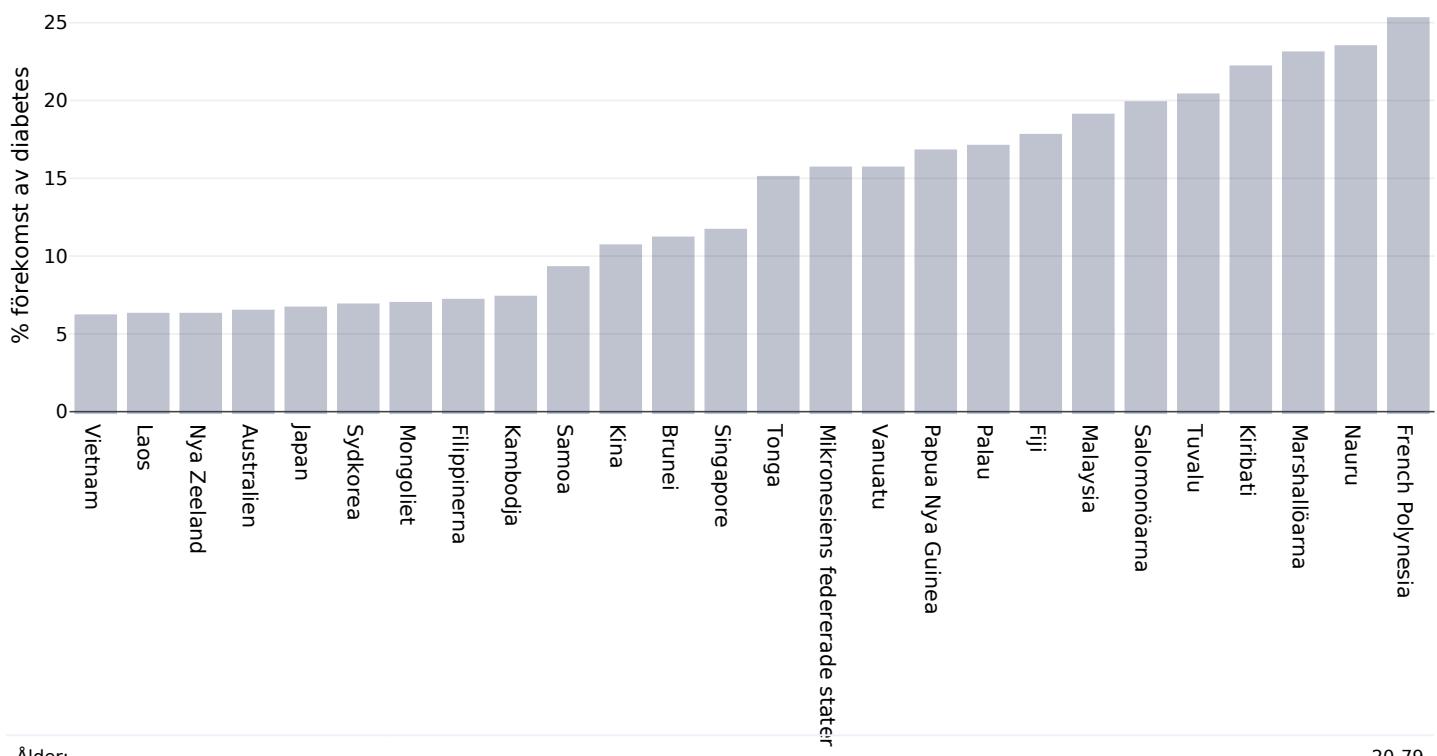
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitioner (endast tillgängliga på engelska):

Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Förekomst av diabetes

Vuxna, 2021



Ålder: 20-79

Område som omfattas: Nationell

Referenser: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definitioner (endast tillgängliga på engelska): Age-adjusted comparative prevalence of diabetes, %

## Contextual factors

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



### Labelling

Is there mandatory nutrition labelling?



Front-of-package labelling?



Back-of-pack nutrition declaration?



Color coding?



Warning label?





## Regulation and marketing

**Are there fiscal policies on unhealthy products?**

Tax on unhealthy foods?

✗

Tax on unhealthy drinks?

✗

**Are there fiscal policies on healthy products?**

Subsidy on fruits?

✗

Subsidy on vegetables?

✗

Subsidy on other healthy products?

✗

**Mandatory limit or ban of trans fat (all settings)?**

Mandatory limit of trans fats in place (all settings)?

✗

Ban on trans-fats or phos in place (all settings)?

✗

**Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?**

Mandatory restriction on broadcast media?

✗

Mandatory restriction on non-broadcast media?

✗

Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?

✗

**Are there mandatory standards for food in schools?**

✗

**Are there any mandatory nutrient limits in any manufactured food products?**

✗

**Nutrition standards for public sector procurement?**

✗



## Political will and support

National obesity strategy or nutrition and physical activity national strategy?	<span style="color: red;">X</span>
National obesity strategy?	<span style="color: red;">X</span>
National childhood obesity strategy?	<span style="color: red;">X</span>
Comprehensive nutrition strategy?	<span style="color: red;">X</span>
Comprehensive physical activity strategy?	<span style="color: red;">X</span>
<b>Evidence-based dietary guidelines and/or RDAs?</b>	<span style="color: red;">X</span>
<b>National target(s) on reducing obesity?</b>	<span style="color: green;">✓</span>
<b>Guidelines/policy on obesity treatment?</b>	<span style="color: red;">X</span>
<b>Promotion of breastfeeding?</b>	<span style="color: red;">X</span>



## Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	<span style="color: green;">✓</span>
Within 5 years?	<span style="color: green;">✓</span>



## Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	<span style="color: red;">X</span>
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## Key

✓ Present

✓ v Present (voluntary)

✓ Incoming

X Absent

? Unknown