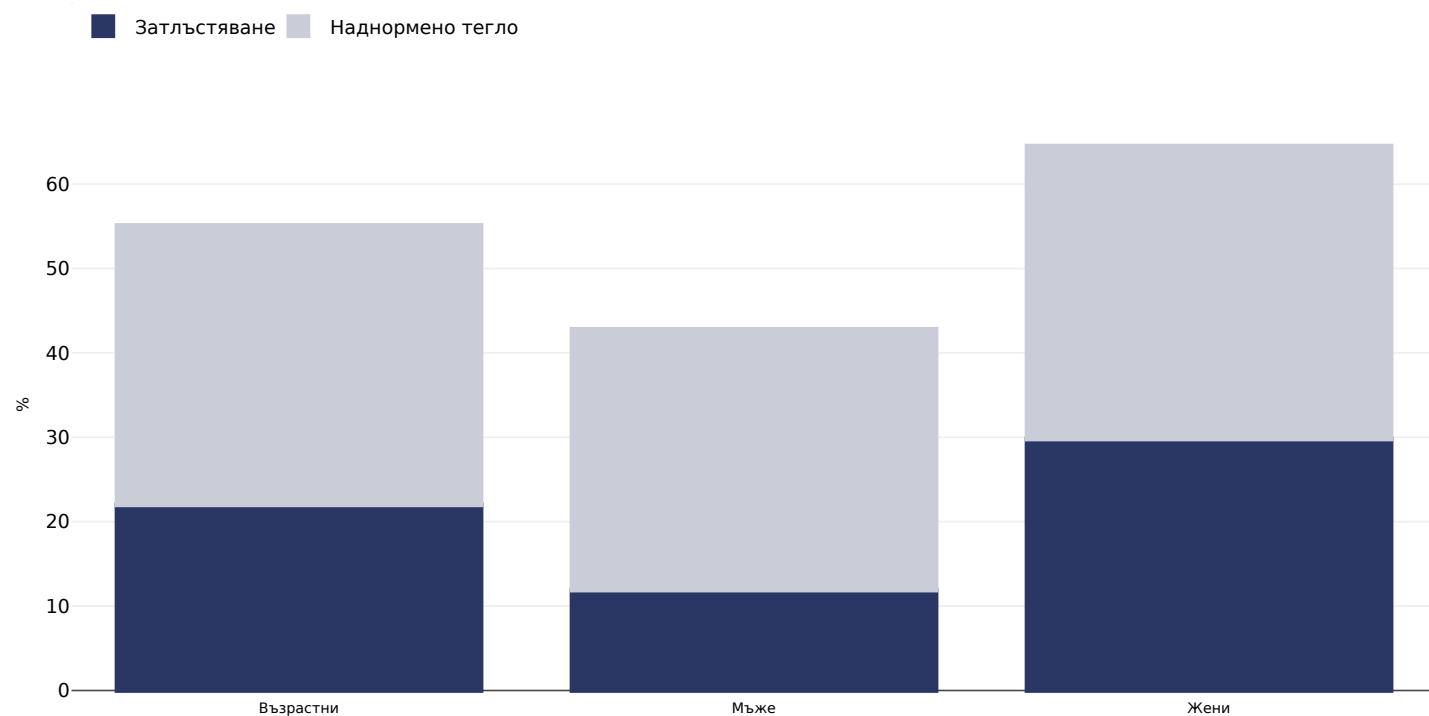


Report card Никарагуа



Разпространение на затлъстяването

Възрастни, 2007-2009

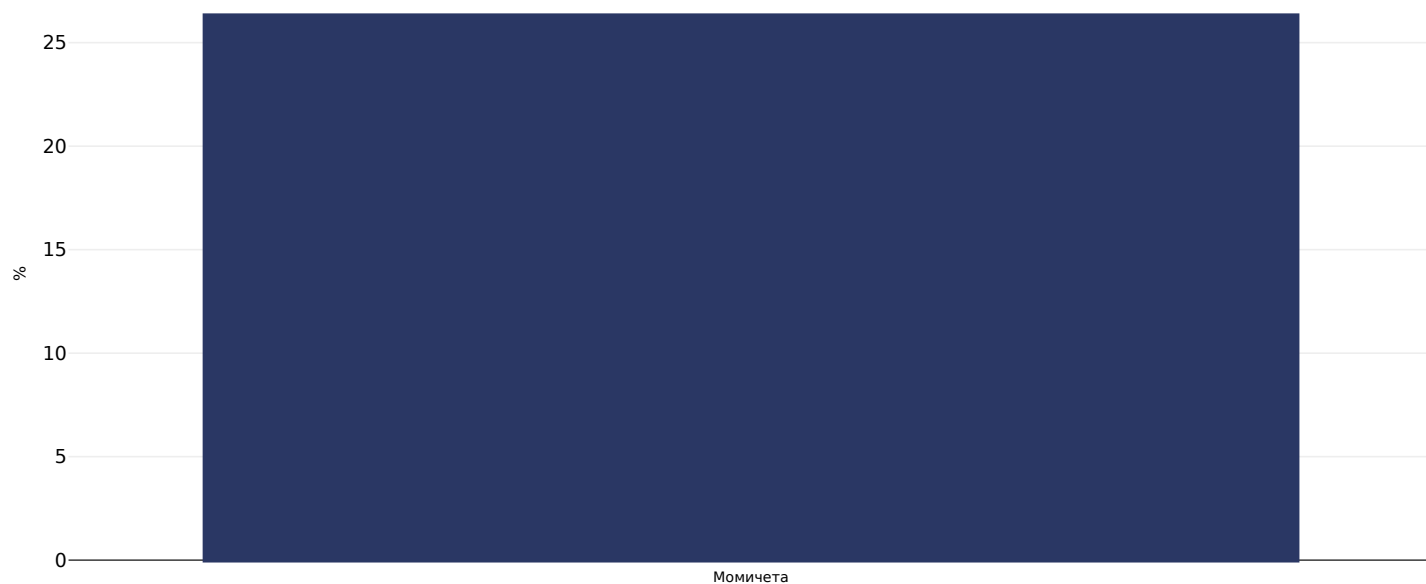


Тип анкета:	Измерено
Възраст:	20-60
Количество на пробите:	1355
Обхваната зона:	Регионални
Референции:	Laux T.S, Bert P.J, González M, Unruh M, Aragon A, and Lacourt CT. Prevalence of obesity, tobacco use, and alcohol consumption by socioeconomic status among six communities in Nicaragua. Rev Panam Salud Publica. 2012;32(3): 217-225.

Освен ако не е посочено друго, наднорменото тегло се отнася до ИТМ между 25 kg и 29,9°kg/m², затлъстяването се отнася до ИТМ, по-голям от 30°kg/m².

Момичета, 2001

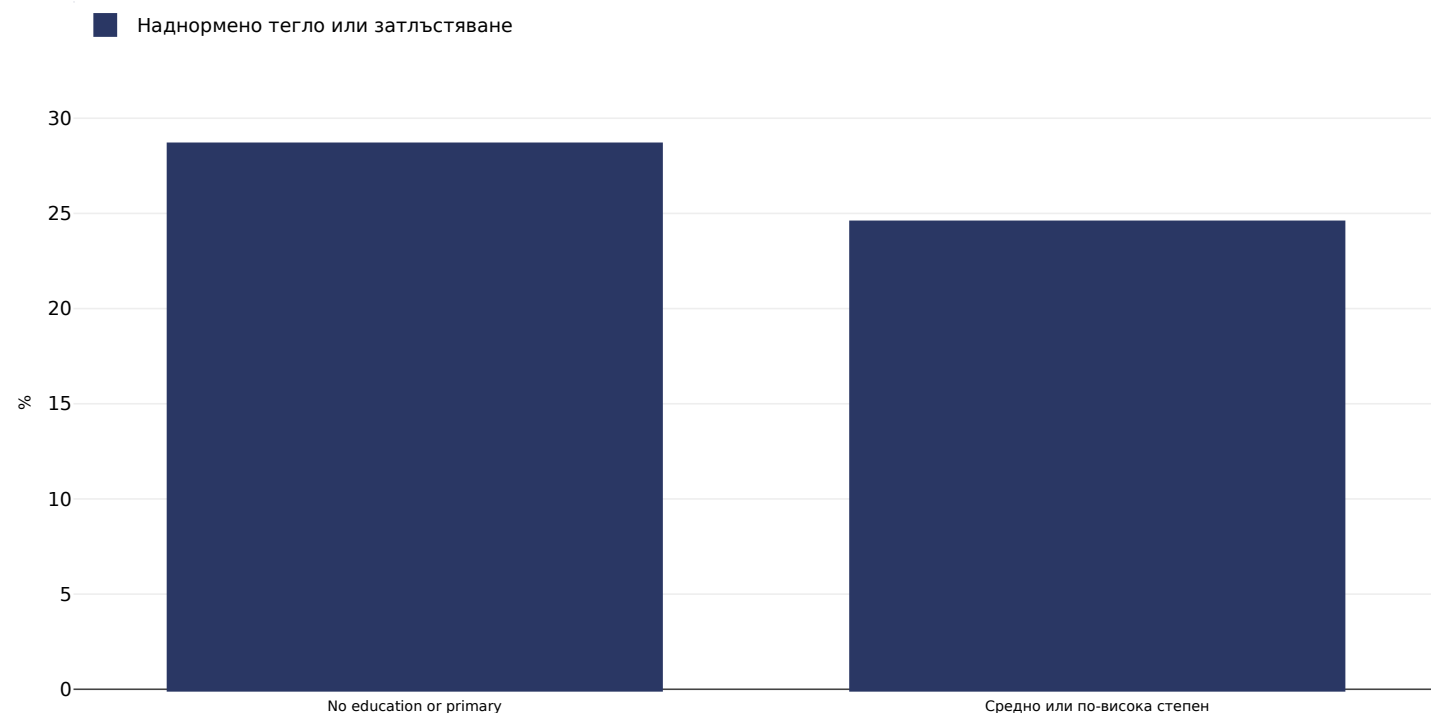
■ Наднормено тегло или затлъстяване



Тип анкета:	Измерено
Възраст:	15-19
Количество на пробите:	2348
Обхваната зона:	Национално
Референции:	Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Encussta Nicaragüense de Demografia y Salud 2001. Instituto Nacional de Estadísticas y Censos (INEC), Ministerio de Salud (MINSa). Marco International Inc. Calverton, Maryland USA
Определения:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

Наднормено тегло/затлъстяване по образование

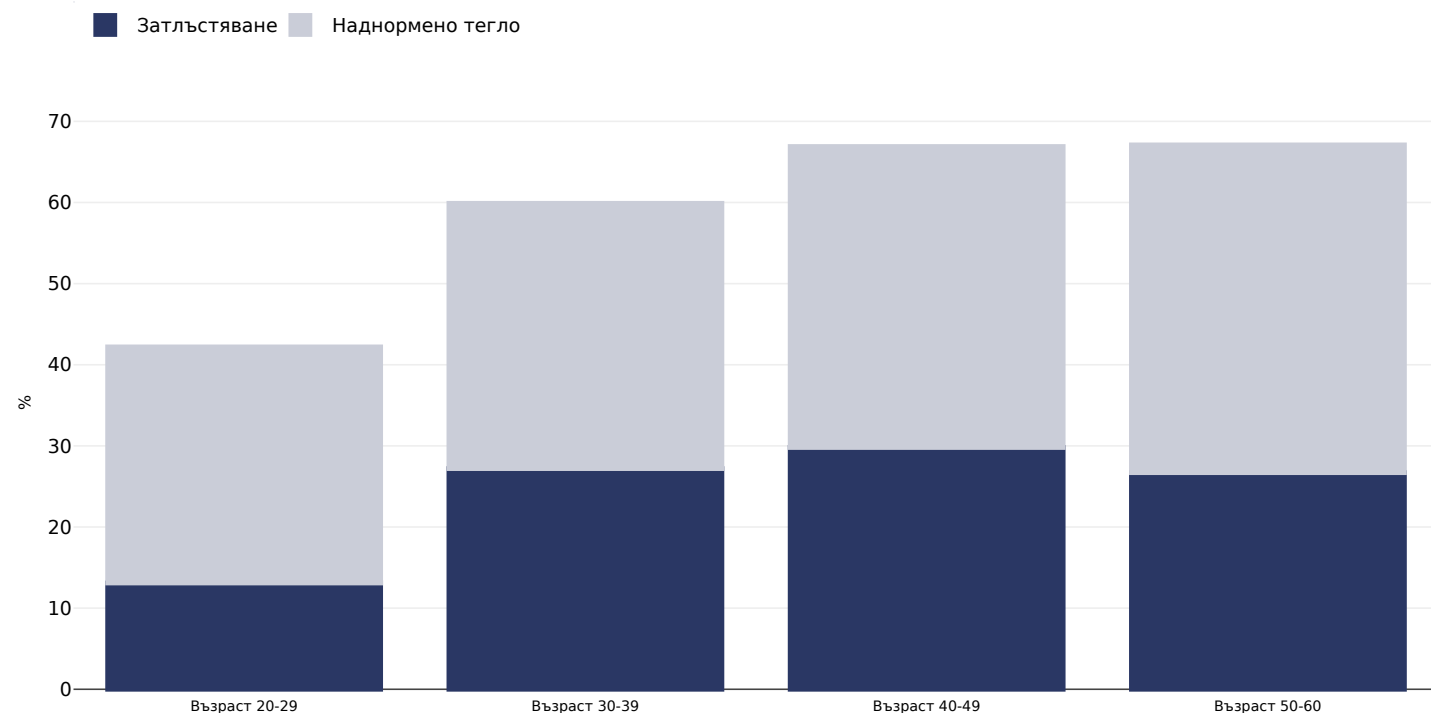
Момичета, 2001



Тип анкета:	Измерено
Възраст:	15-19
Количество на пробите:	2348
Обхваната зона:	Национално
Референции:	Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Encuesta Nicaragüense de Demografía y Salud 2001. Instituto Nacional de Estadísticas y Censos (INEC), Ministerio de Salud (MINSAL). Marco International Inc. Calverton, Maryland USA
Определения:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

Наднормено тегло/затлъстяване по възраст

Възрастни, 2007-2009



Тип анкета: Измерено

Количество на пробите: 1355

Обхваната зона: Поднационално

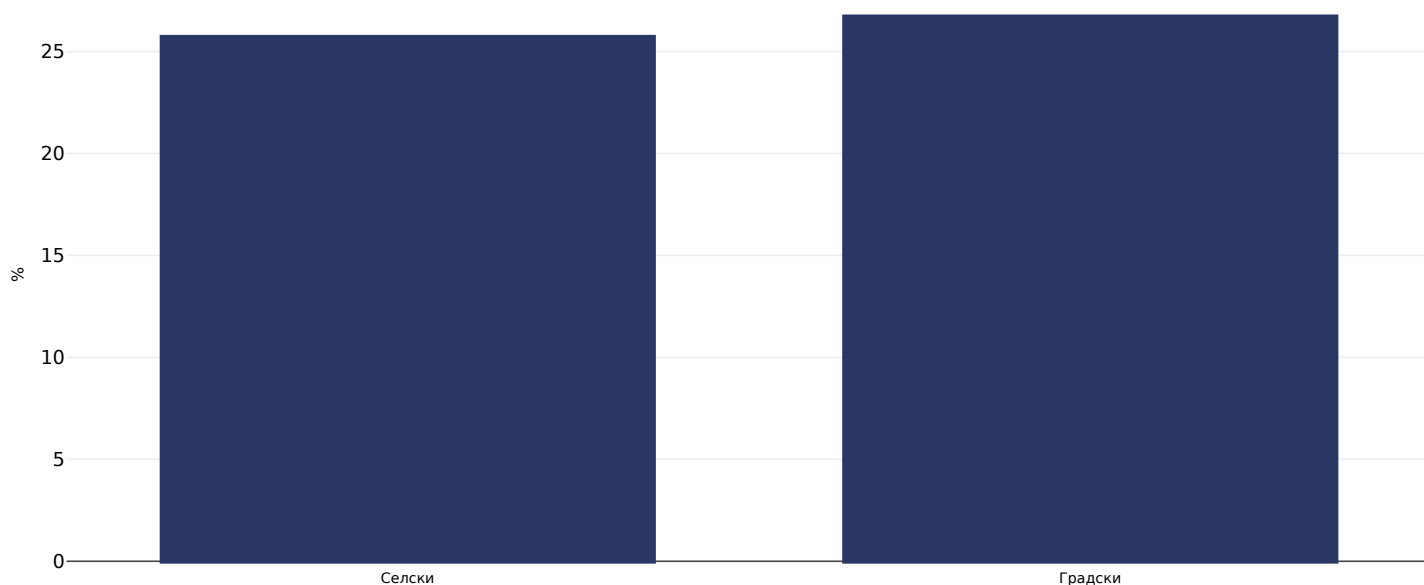
Референции: Laux T.S, Bert P.J, González M, Unruh M, Aragon A, and Lacourt CT. Prevalence of obesity, tobacco use, and alcohol consumption by socioeconomic status among six communities in Nicaragua. Rev Panam Salud Publica. 2012;32(3): 217-225.

Освен ако не е посочено друго, наднорменото тегло се отнася до ИТМ между 25 kg и 29,9°kg/m², затлъстяването се отнася до ИТМ, по-голям от 30°kg/m².

Наднормено тегло/затлъстяване по регион

Момичета, 2001

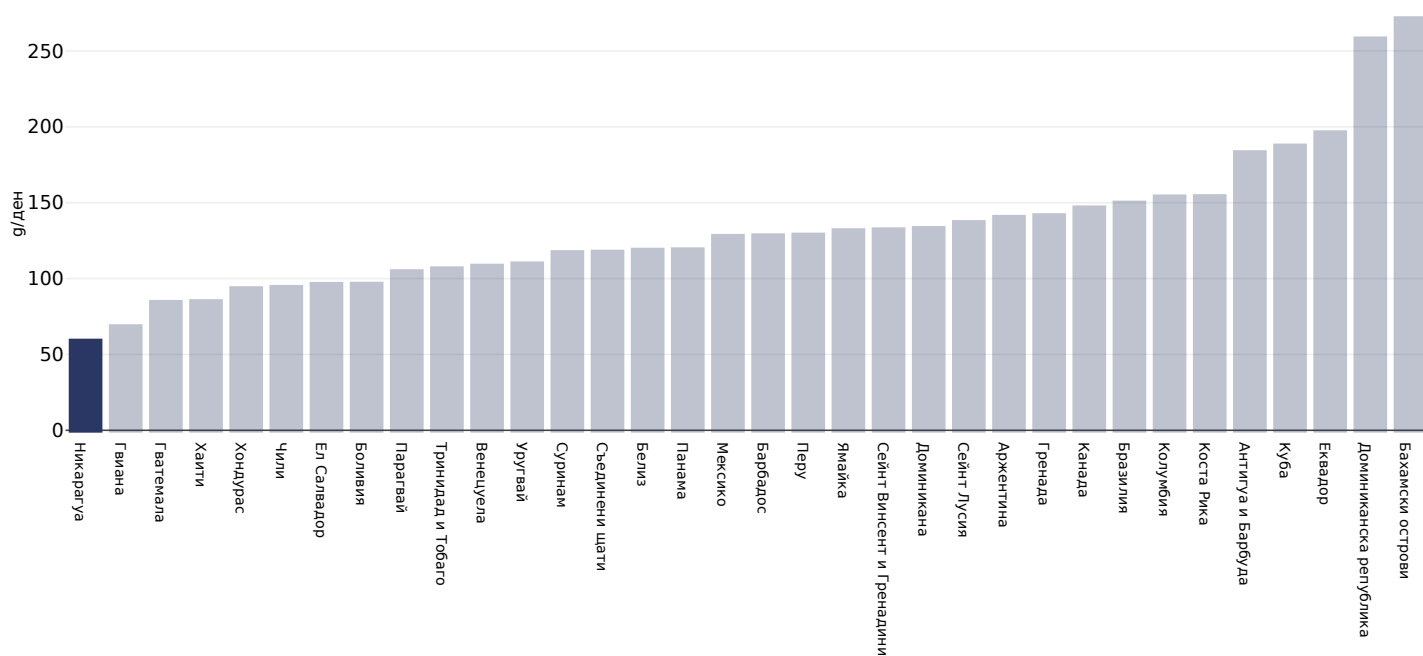
■ Наднормено тегло или затлъстяване



Тип анкета:	Измерено
Възраст:	15-19
Количество на пробите:	2348
Обхваната зона:	Национално
Референции:	Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Encussta Nicaragüense de Demografia y Salud 2001. Instituto Nacional de Estadísticas y Censos (INEC), Ministerio de Salud (MINSAL). Marco International Inc. Calverton, Maryland USA
Определения:	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
Cutoffs:	WHO 2007

Estimated per capita fruit intake

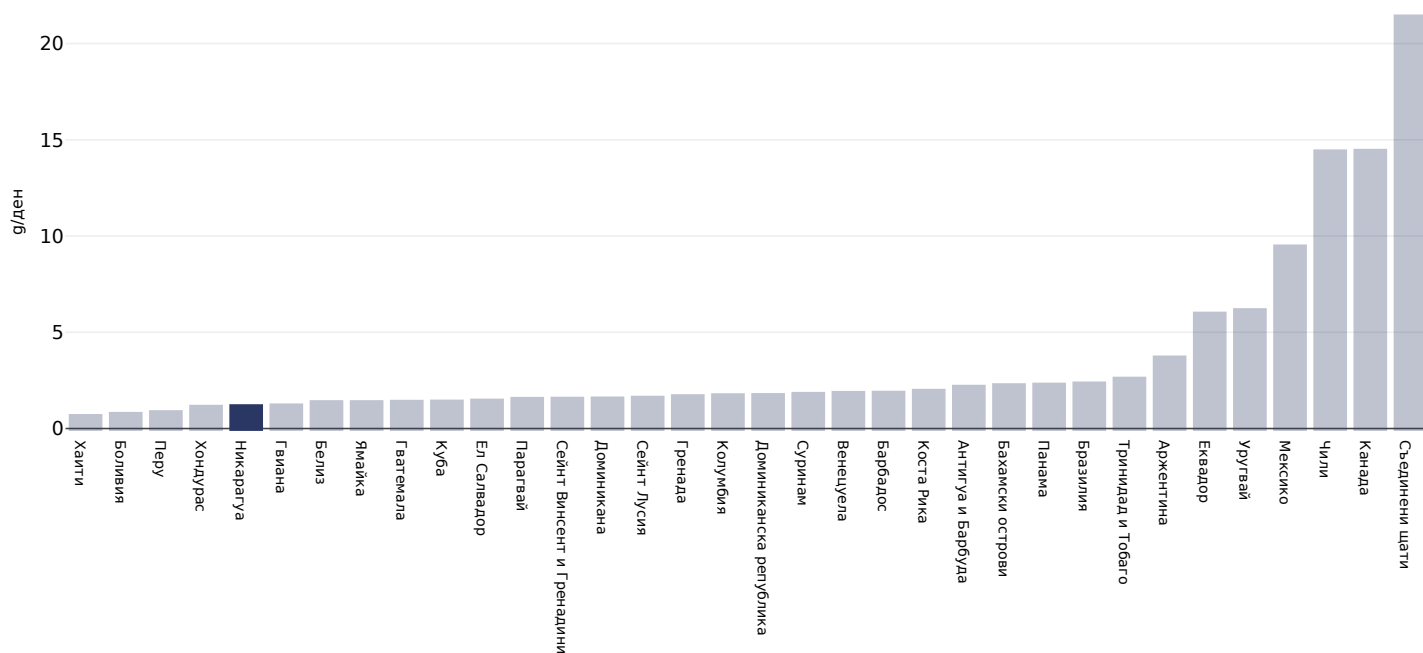
Възрастни, 2017



Тип анкета:	Измерено
Възраст:	25+
Референции:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Определения:	Estimated per-capita fruit intake (g/day)

Очакван прием на преработено месо на глава от населението

Възрастни, 2017



Тип анкета:

Измерено

Възраст:

25+

Референции:

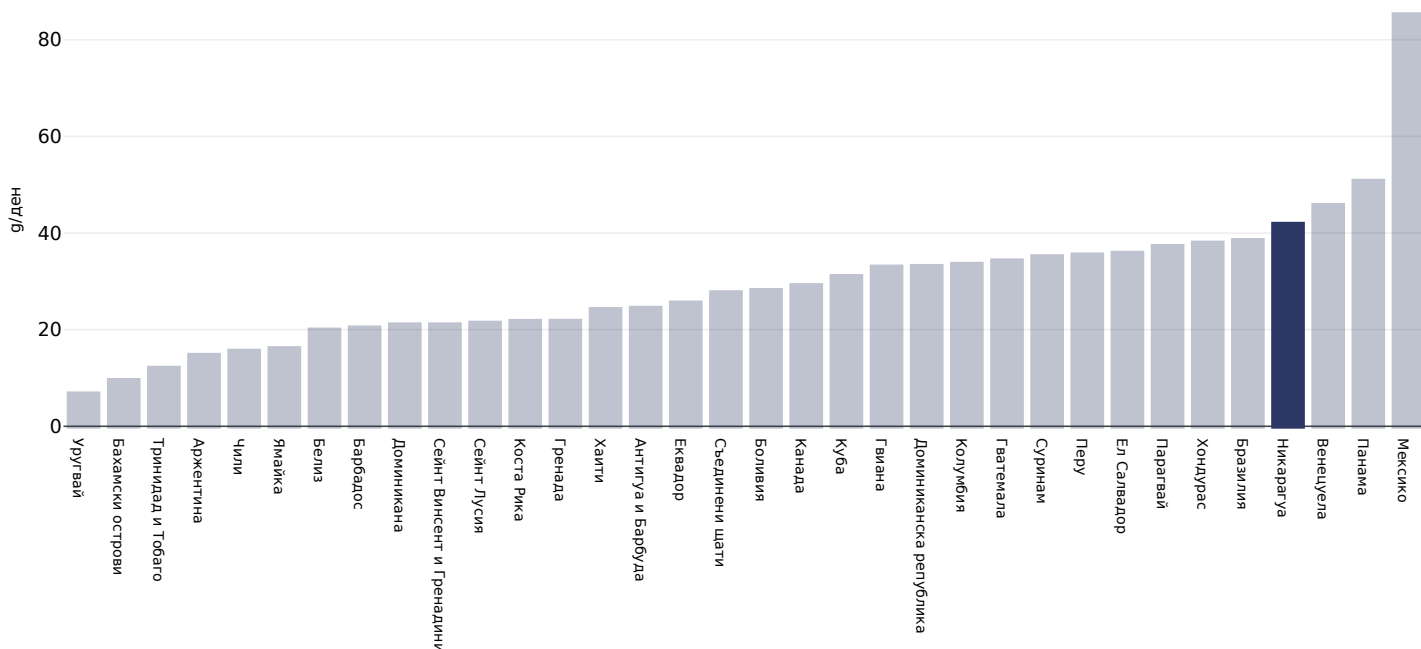
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Определения:

Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

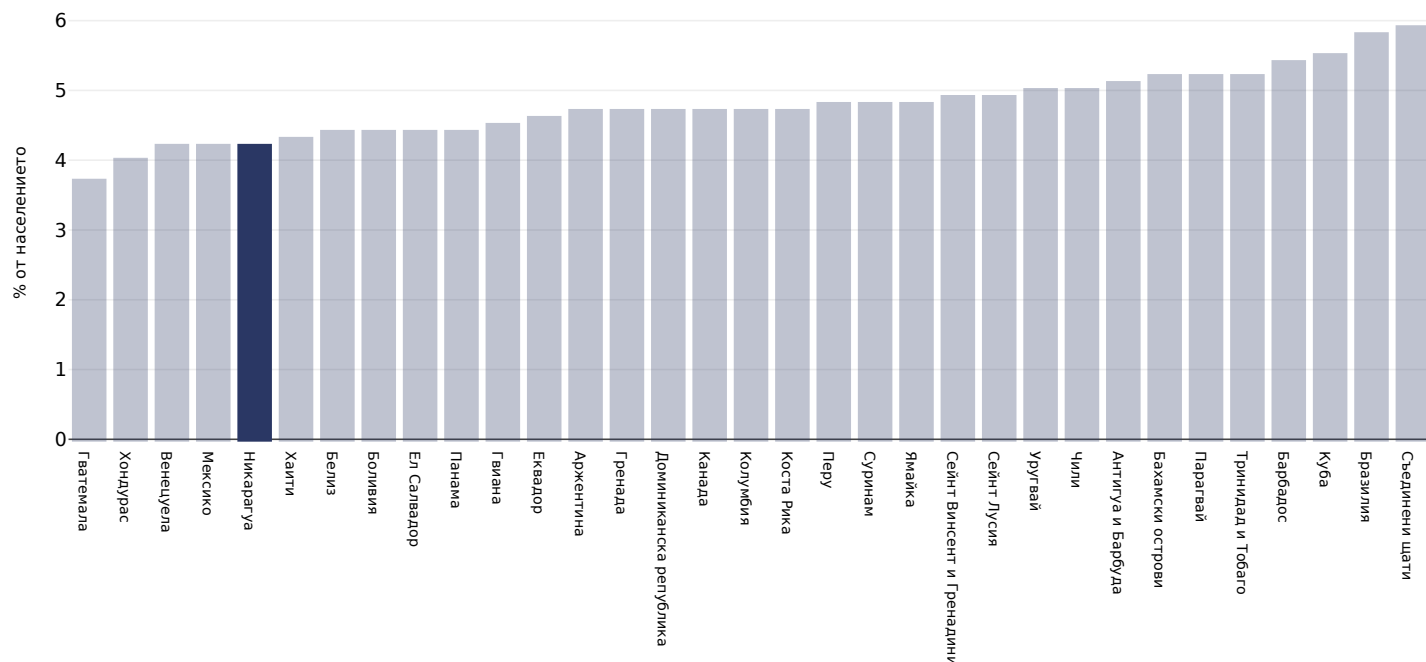
Възрастни, 2017



Тип анкета:	Измерено
Възраст:	25+
Референции:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Определения:	Estimated per-capita whole grains intake (g/day)

Психично здраве - депресивни разстройства

Възрастни, 2015

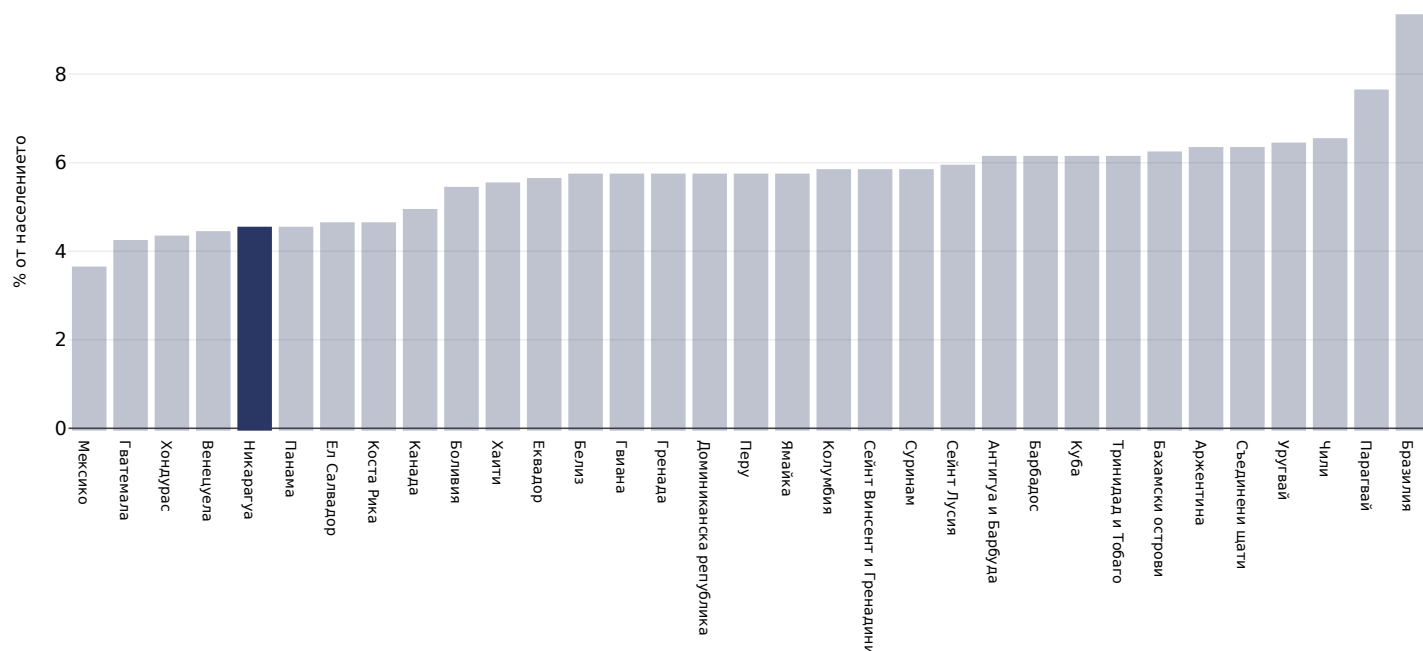


Референции: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Определения: % of population with depression disorders

Психично здраве - тревожни разстройства

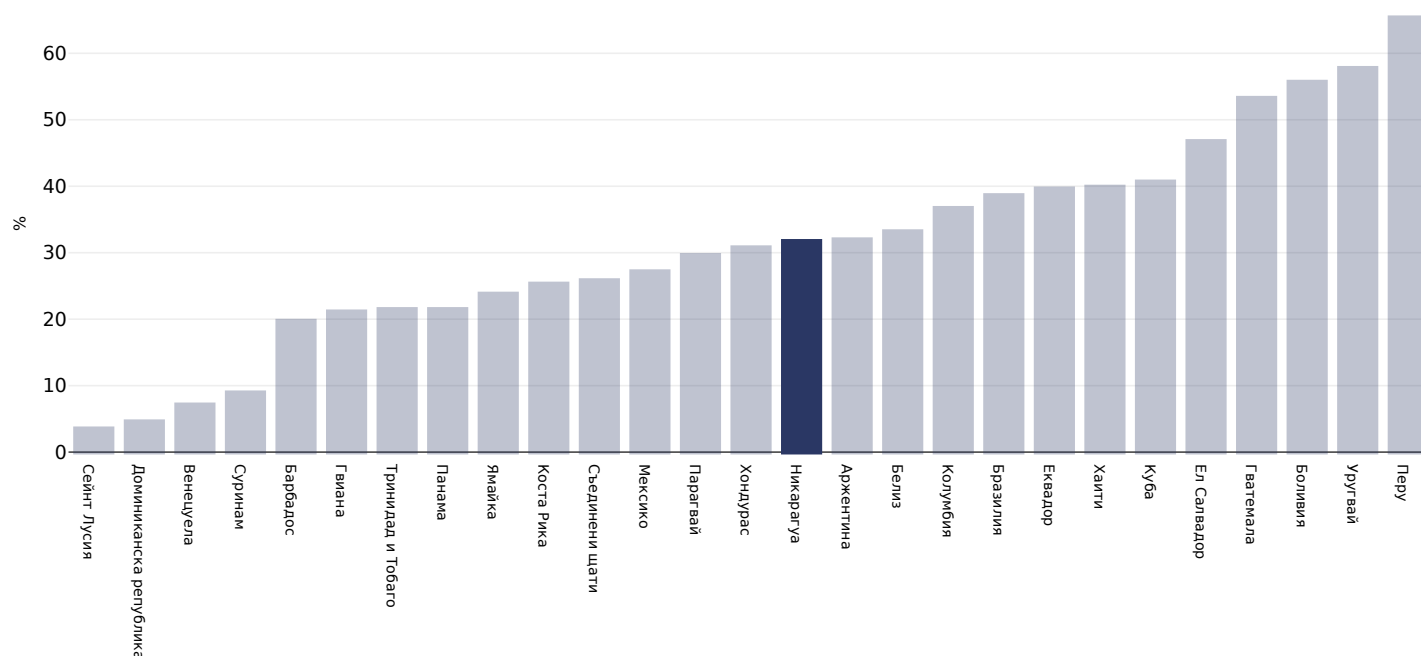
Възрастни, 2015



Референции: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Определения: % of population with anxiety disorders

% Бебета, хранени изключително с кърма 0-5 месеца Деца, 1998-2019



Обхваната зона:

Национално

Референции:

Encuesta Nicaragüense de Demografía y Salud 2011/12 - Informe Final

Забележки:

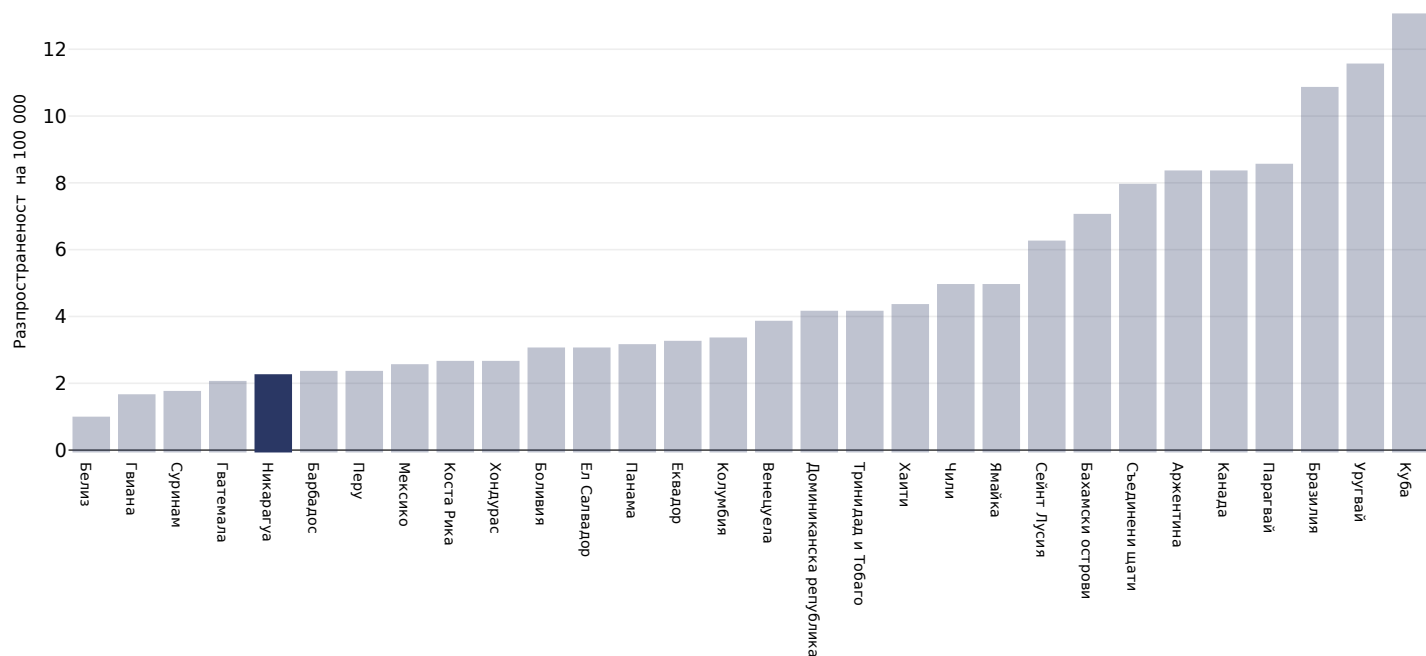
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Определения:

% exclusively breastfed 0-5 months

Рак на хранопровода

Мъже, 2020



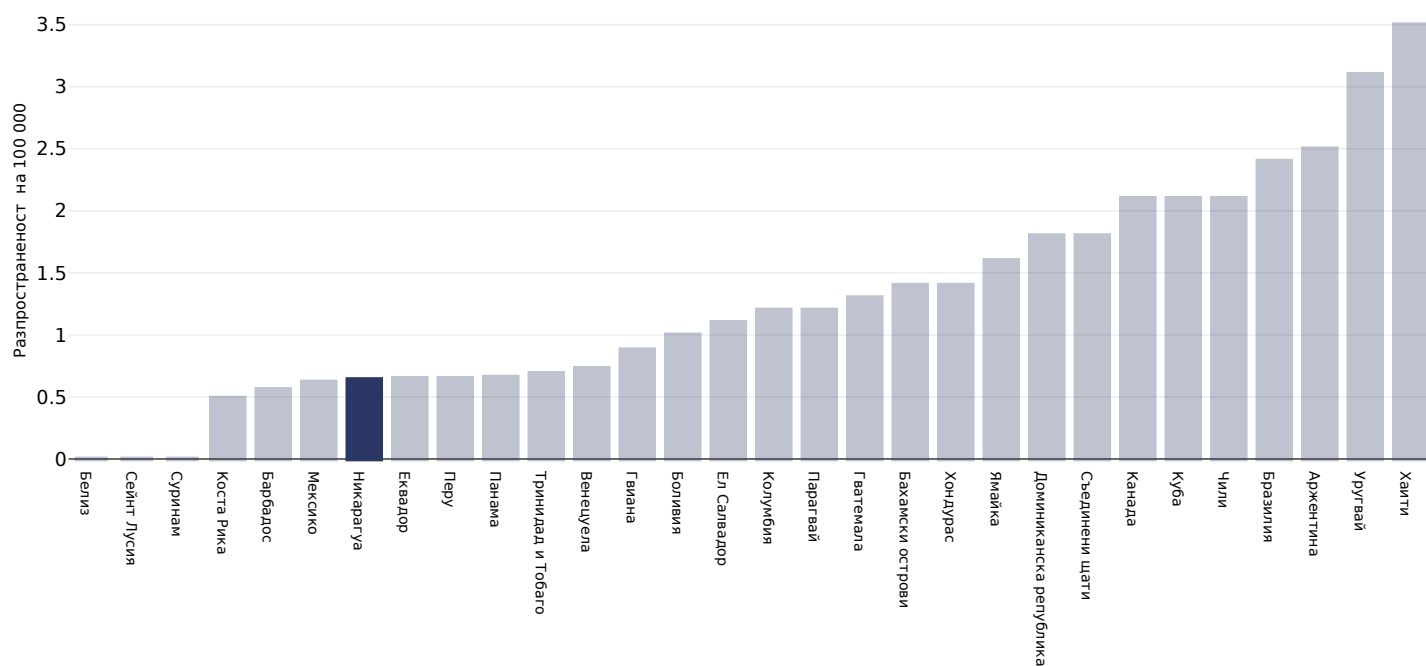
Възраст: 20+

Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Жени, 2020



Възраст: 20+

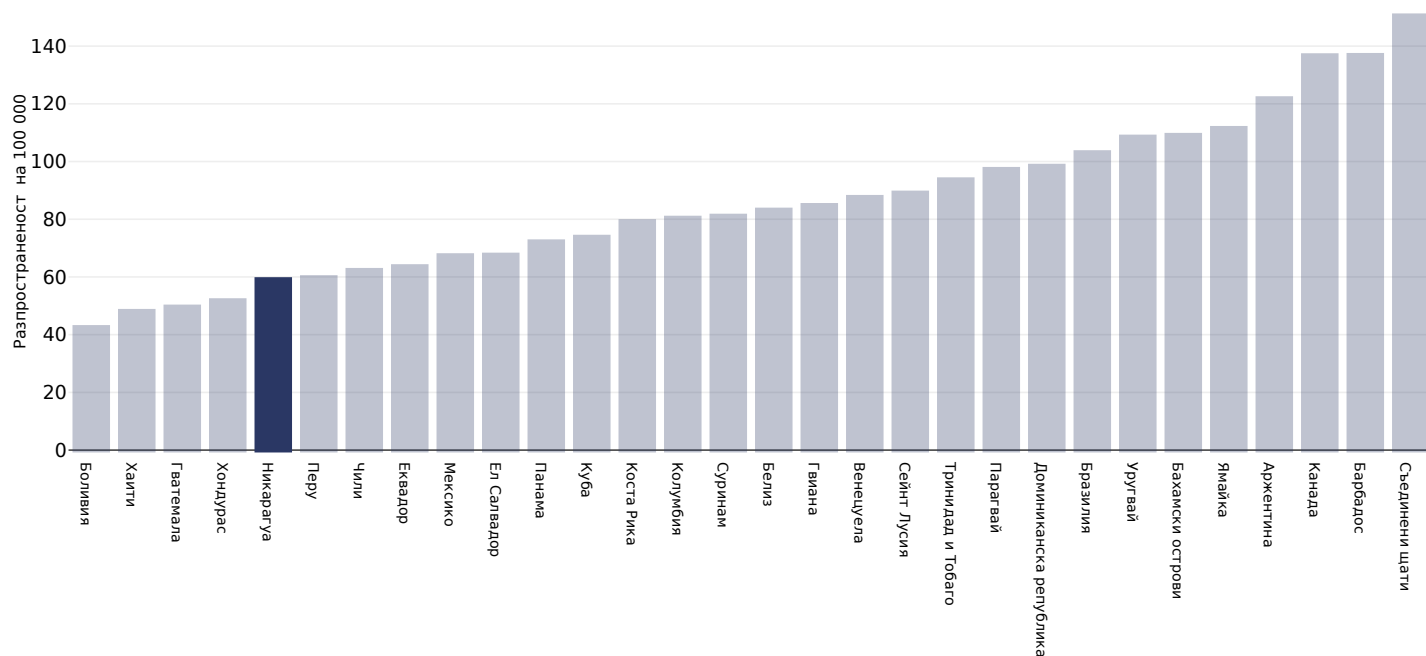
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Рак на гърдата

Жени, 2020



Възраст: 20+

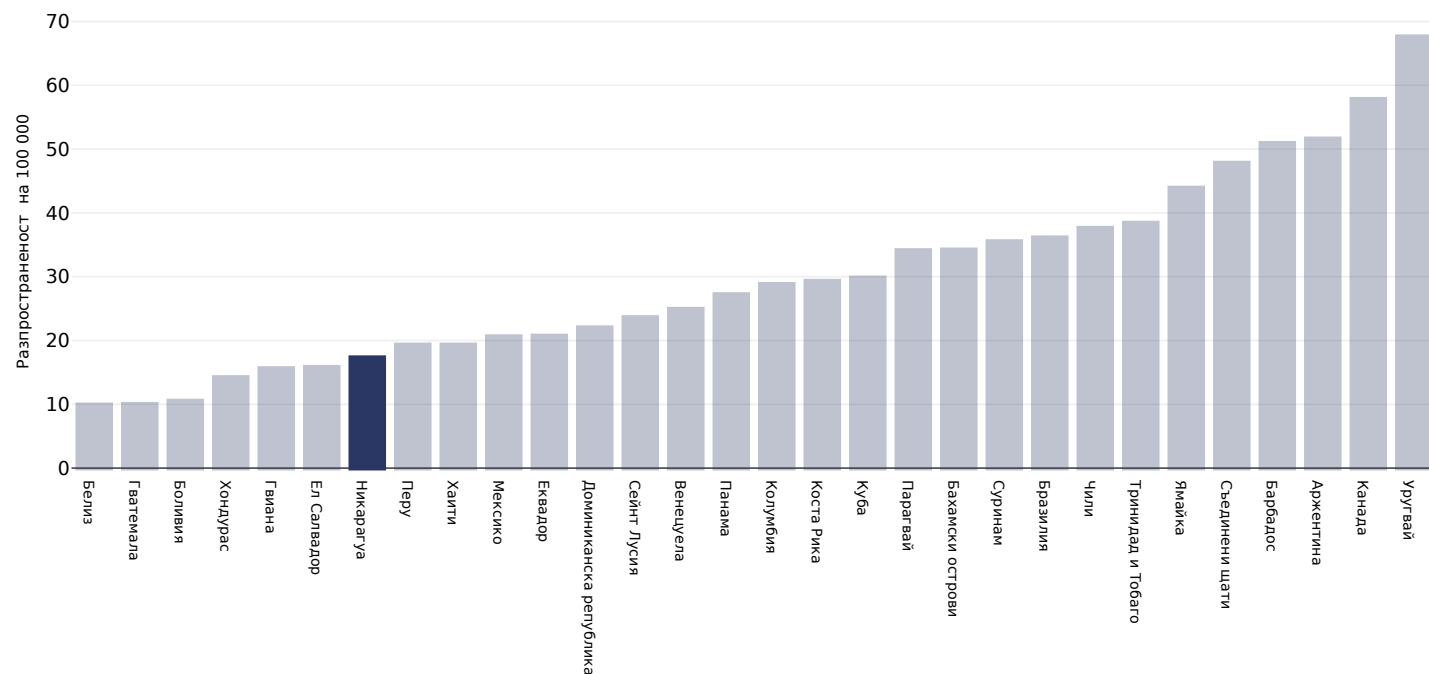
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Колоректален рак

Мъже, 2020



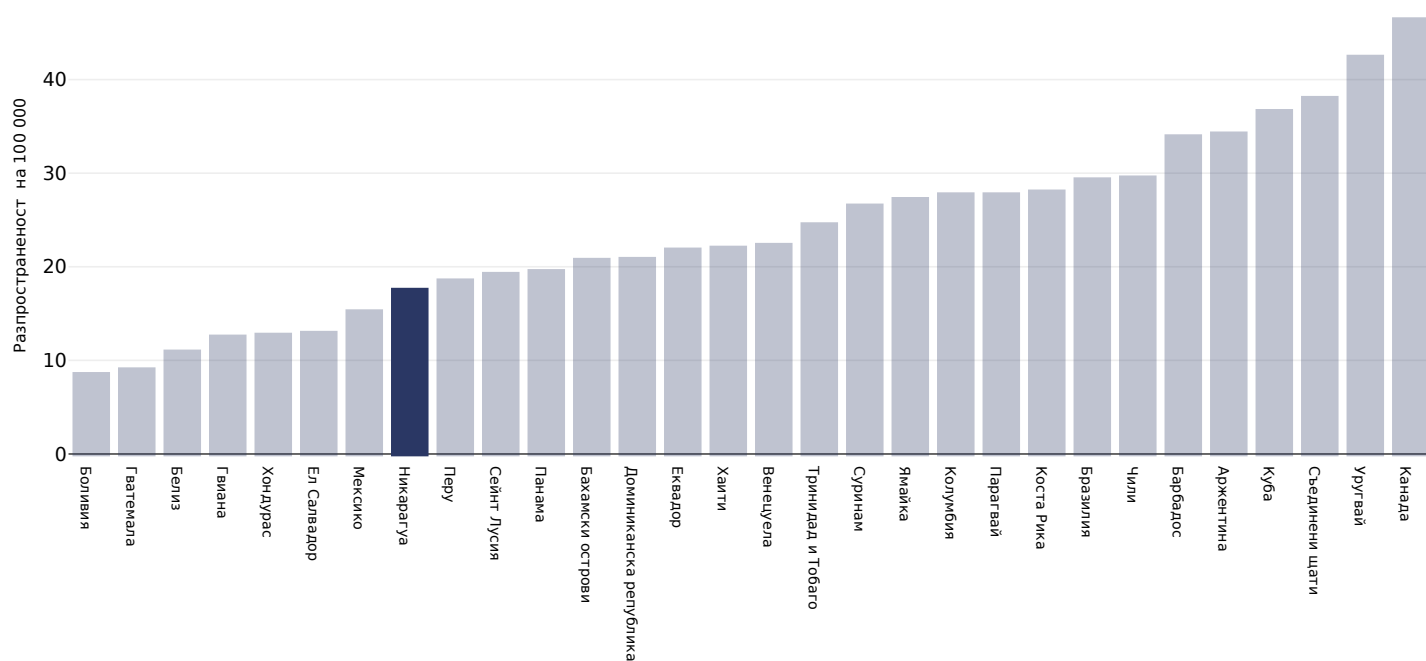
Възраст: 20+

Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Жени, 2020



Възраст: 20+

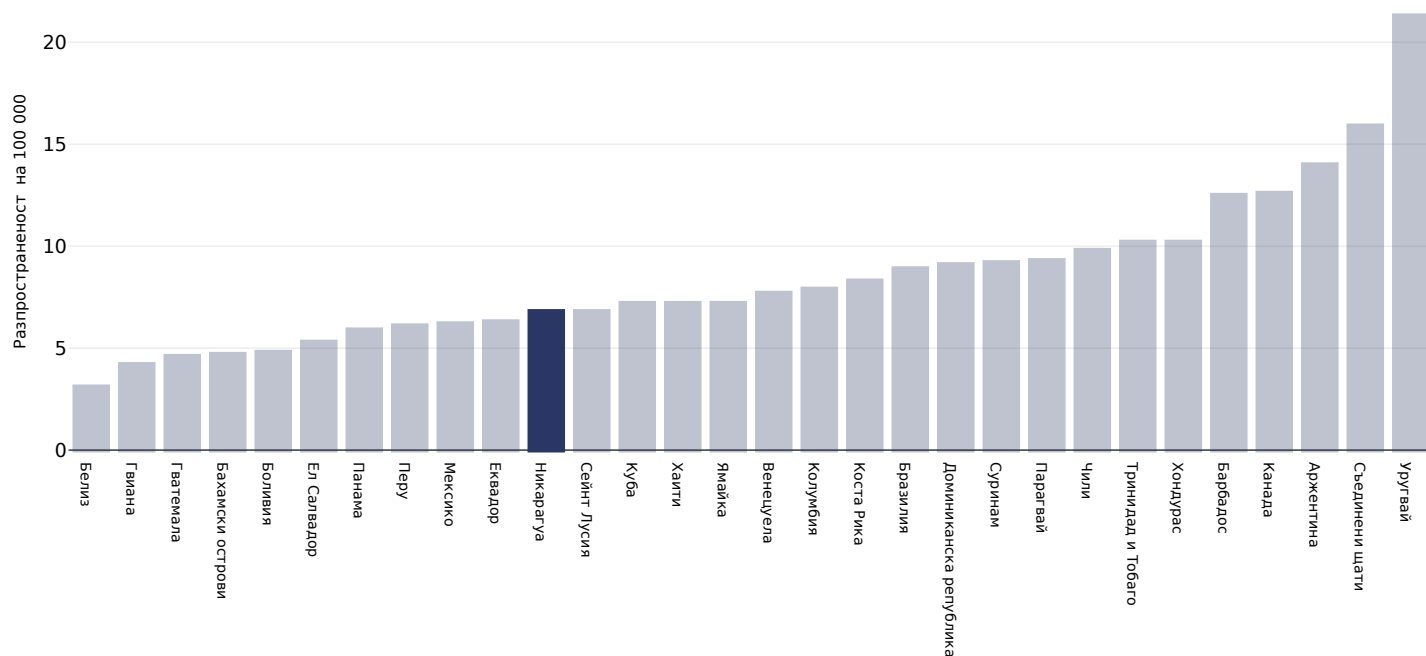
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Рак на панкреаса

Мъже, 2020



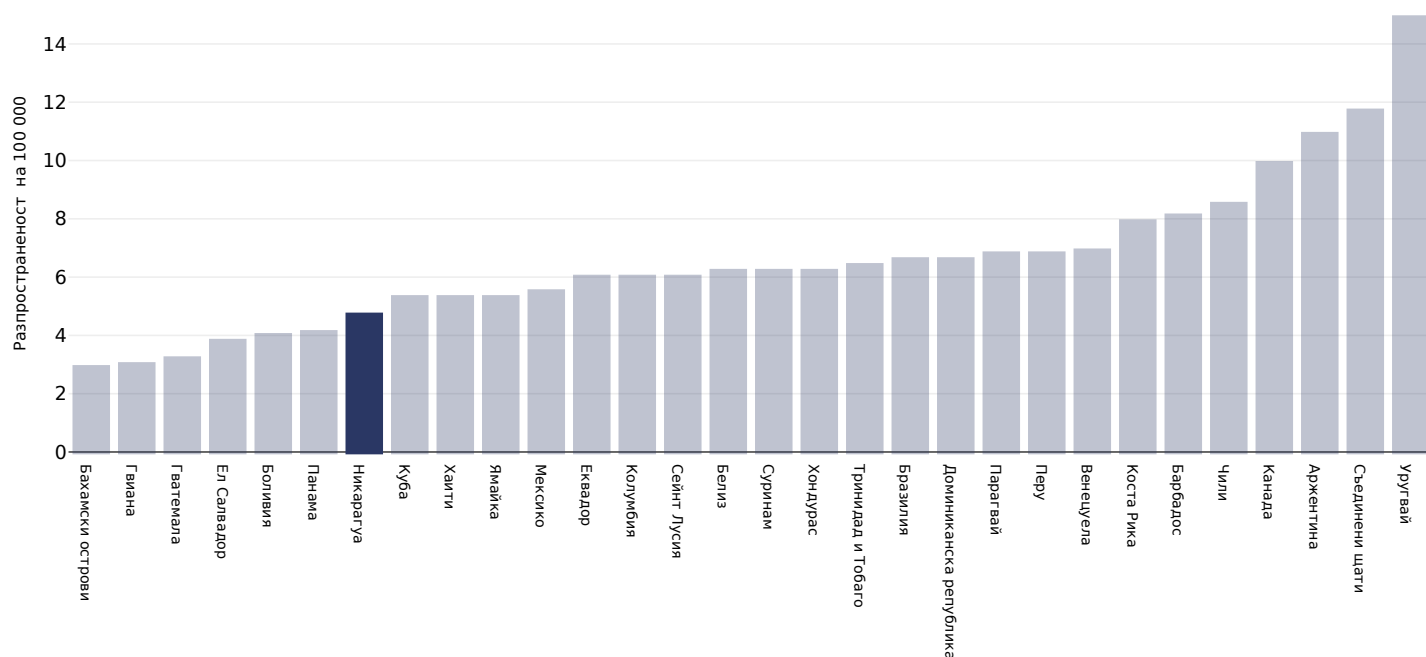
Възраст: 20+

Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Жени, 2020



Възраст: 20+

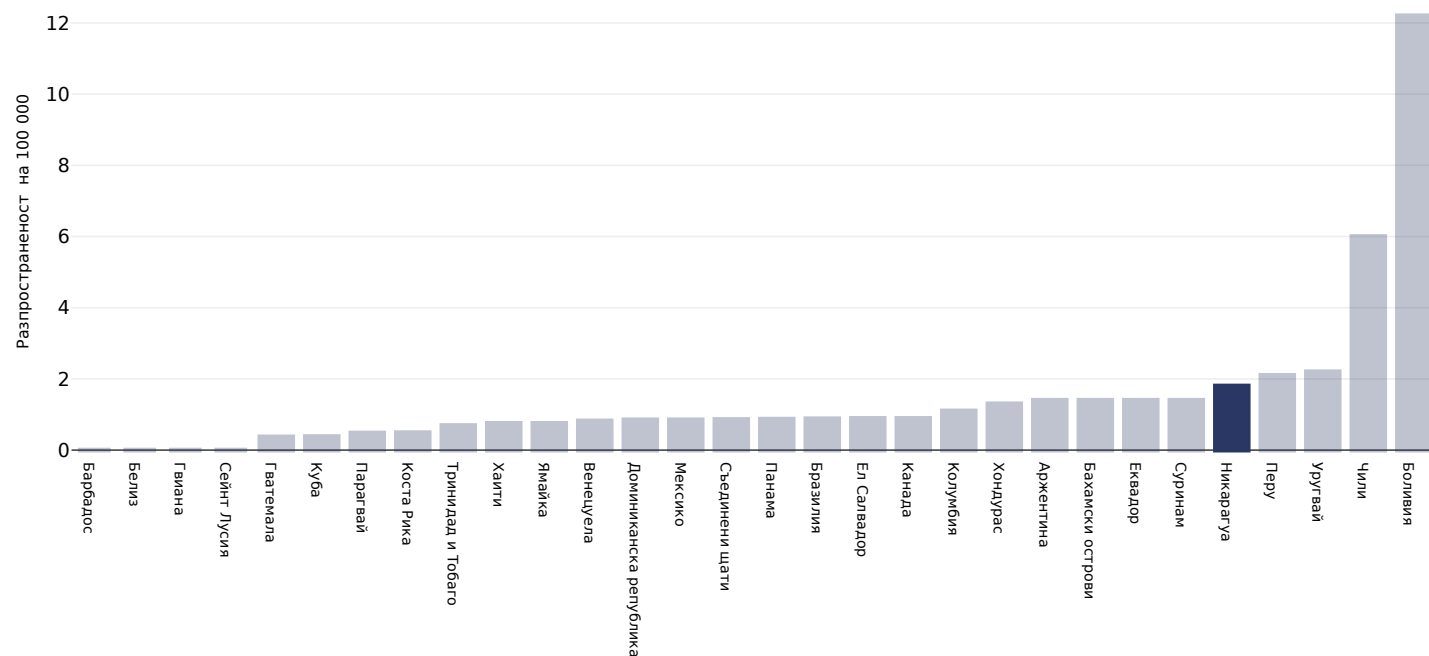
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Рак на жлъчния мехур

Мъже, 2020



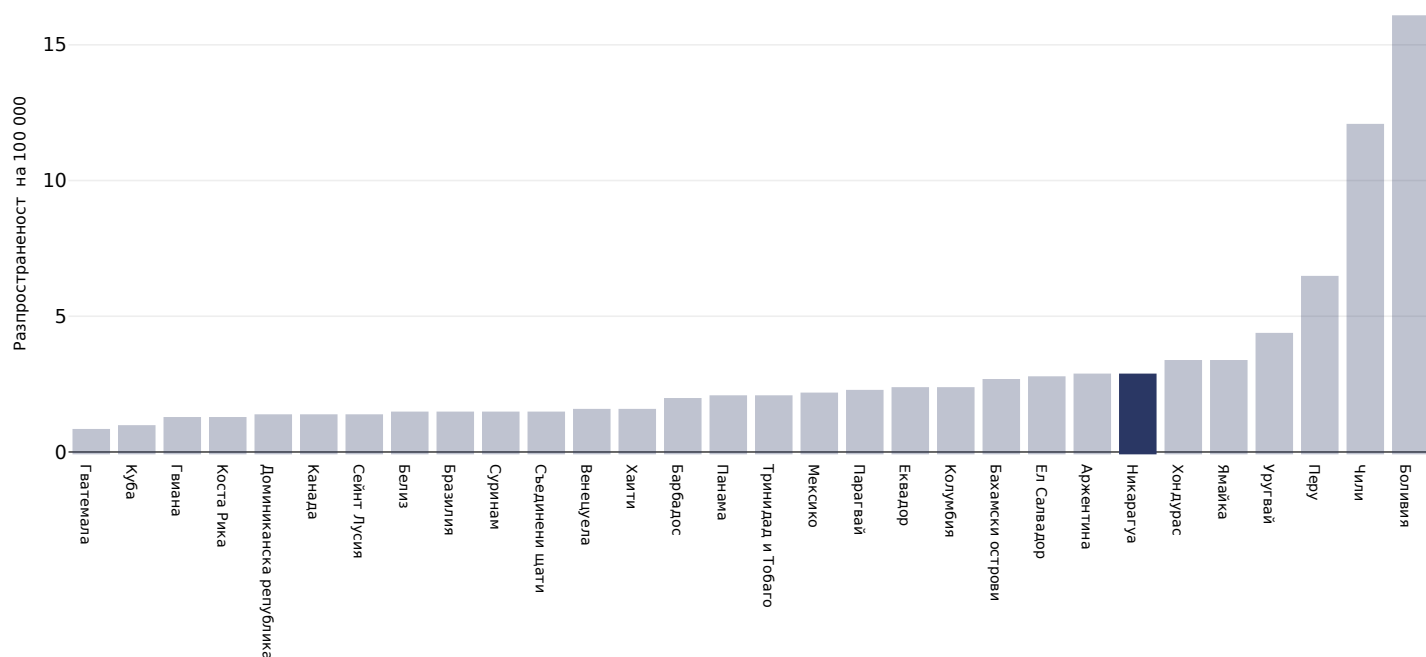
Възраст: 20+

Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Жени, 2020



Възраст: 20+

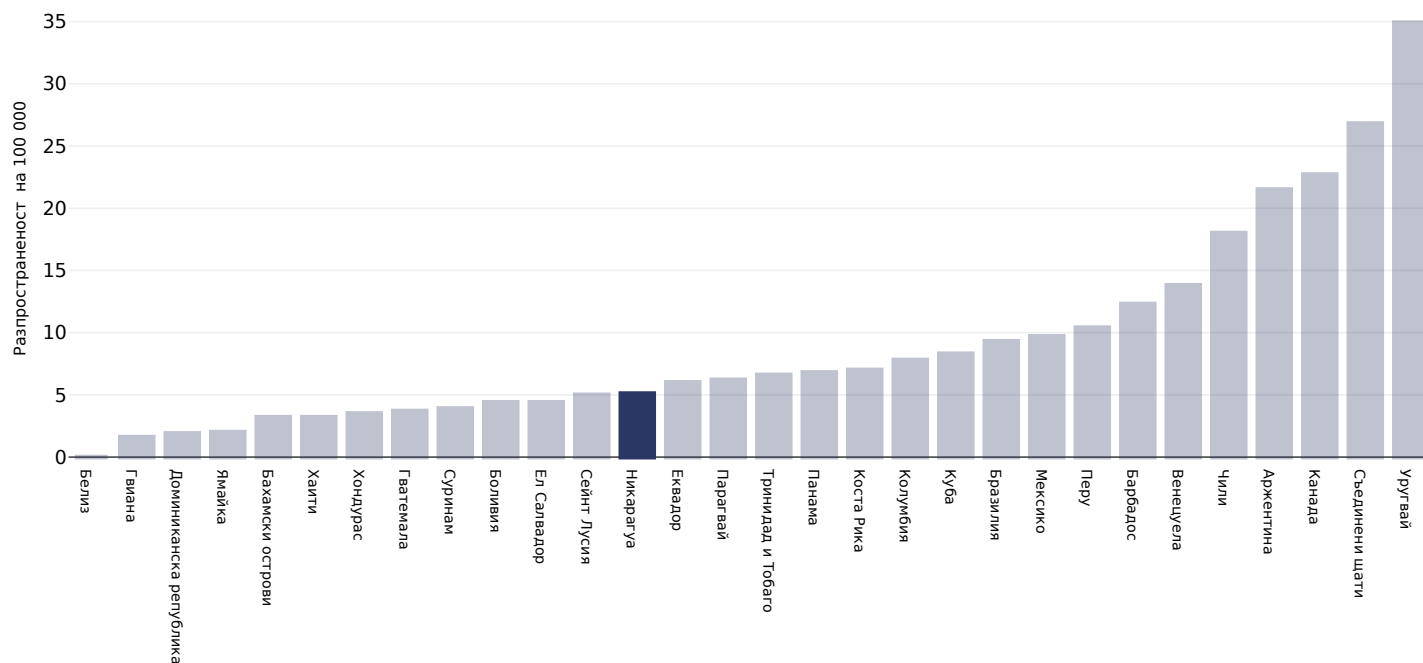
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Рак на бъбреците

Мъже, 2020



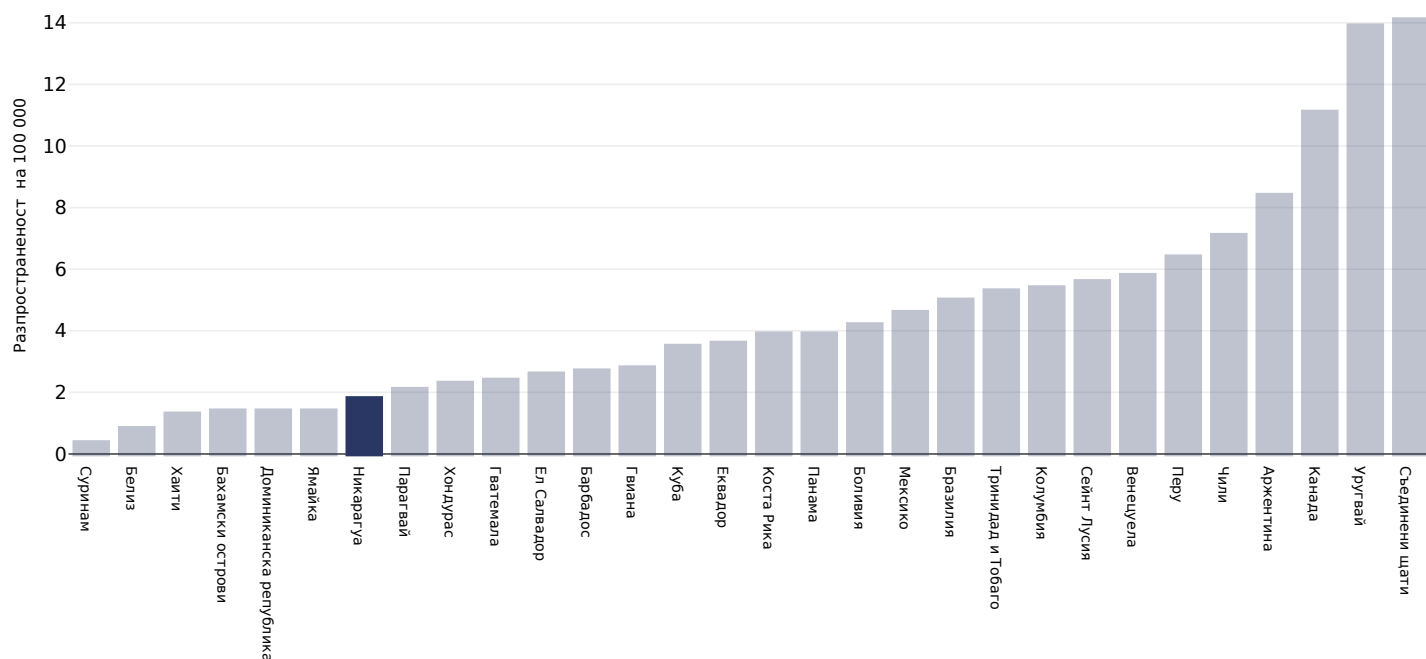
Възраст: 20+

Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Жени, 2020



Възраст: 20+

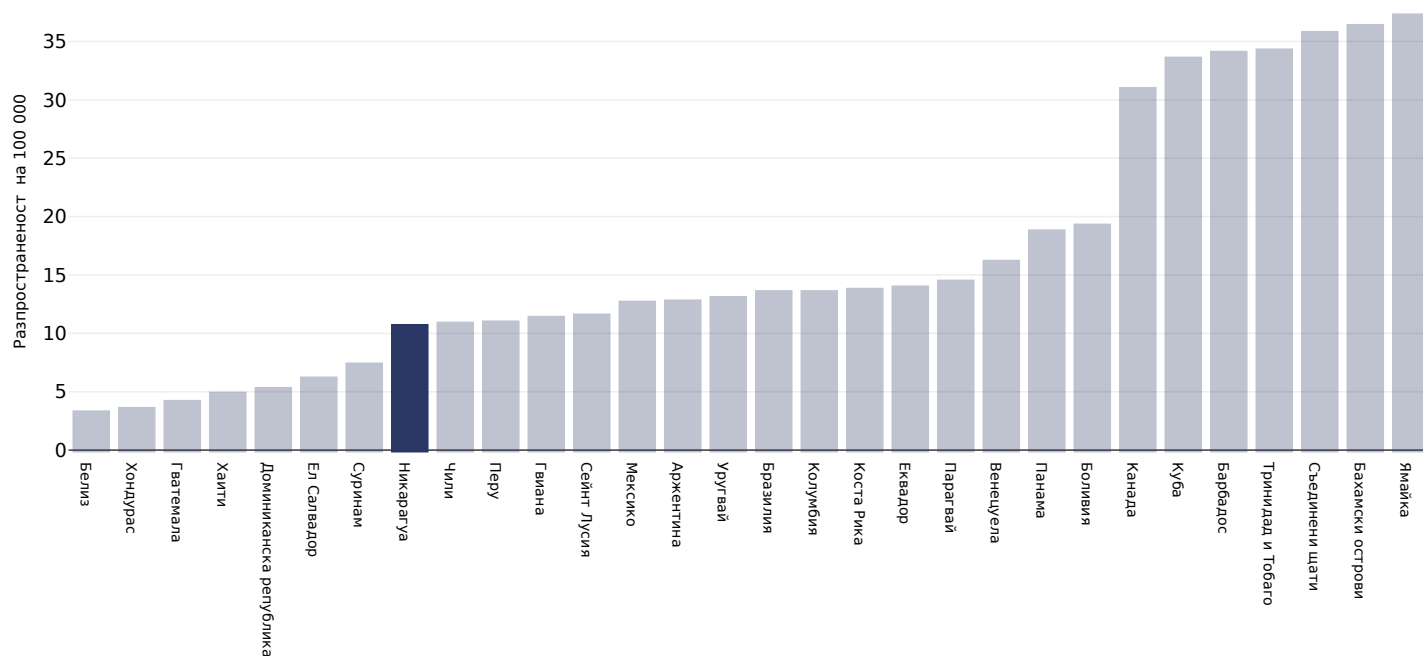
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Рак на матката

Жени, 2020



Възраст: 20+

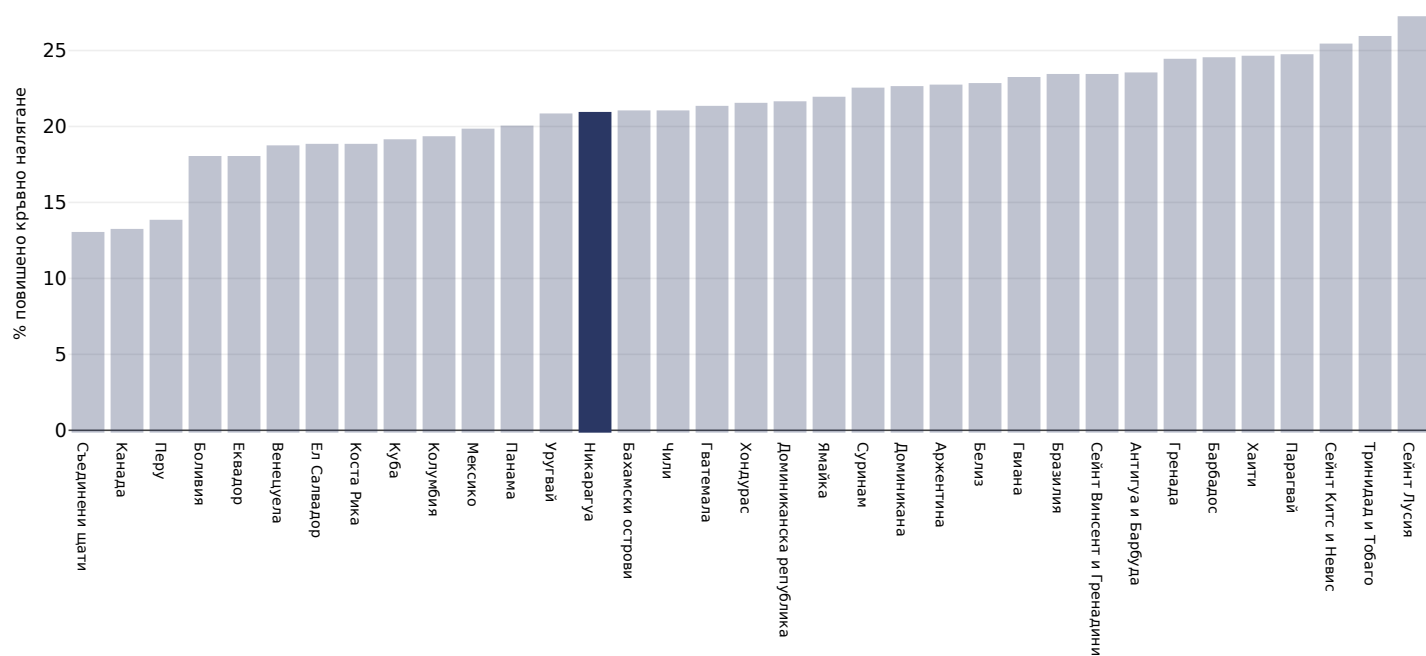
Обхваната зона: Национално

Референции: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2261

Определения: Age-standardized incidence rates per 100 000

Повишено кръвно налягане

Възрастни, 2015



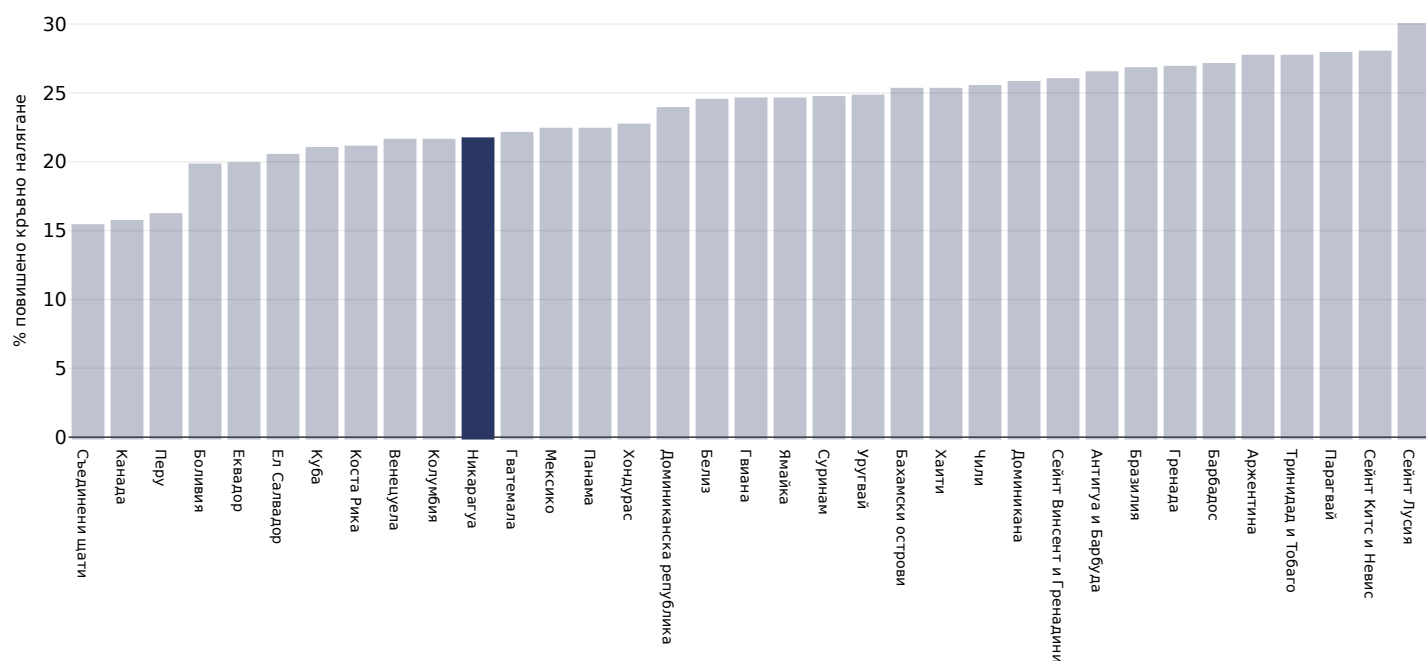
Референции:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Мъже, 2015



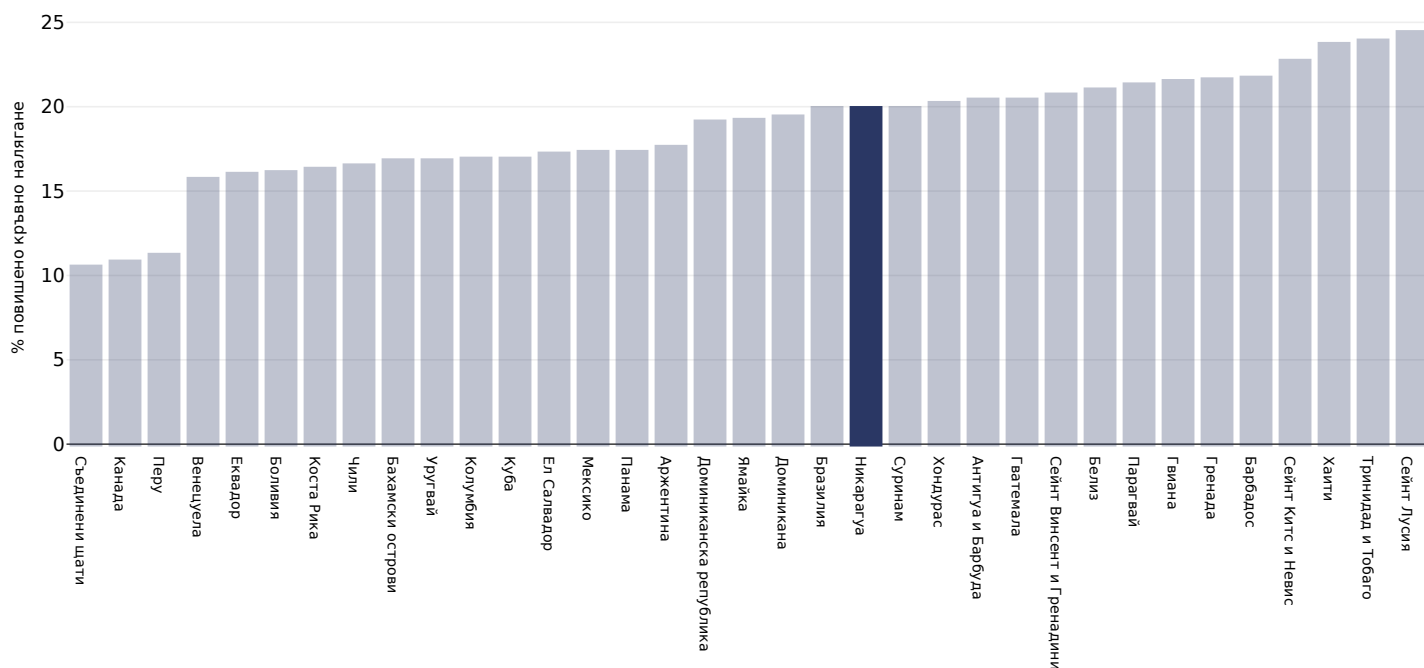
Референции:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Жени, 2015



Референции:

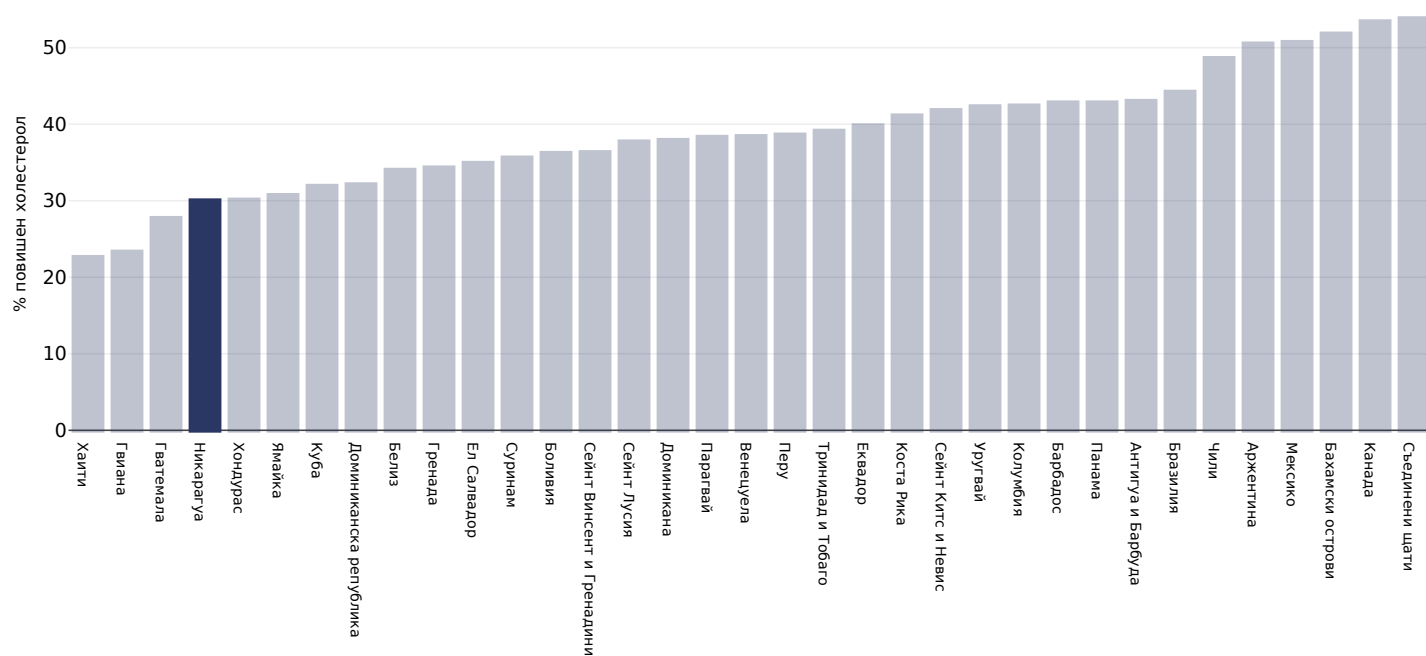
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Повишен холестерол

Възрастни, 2008



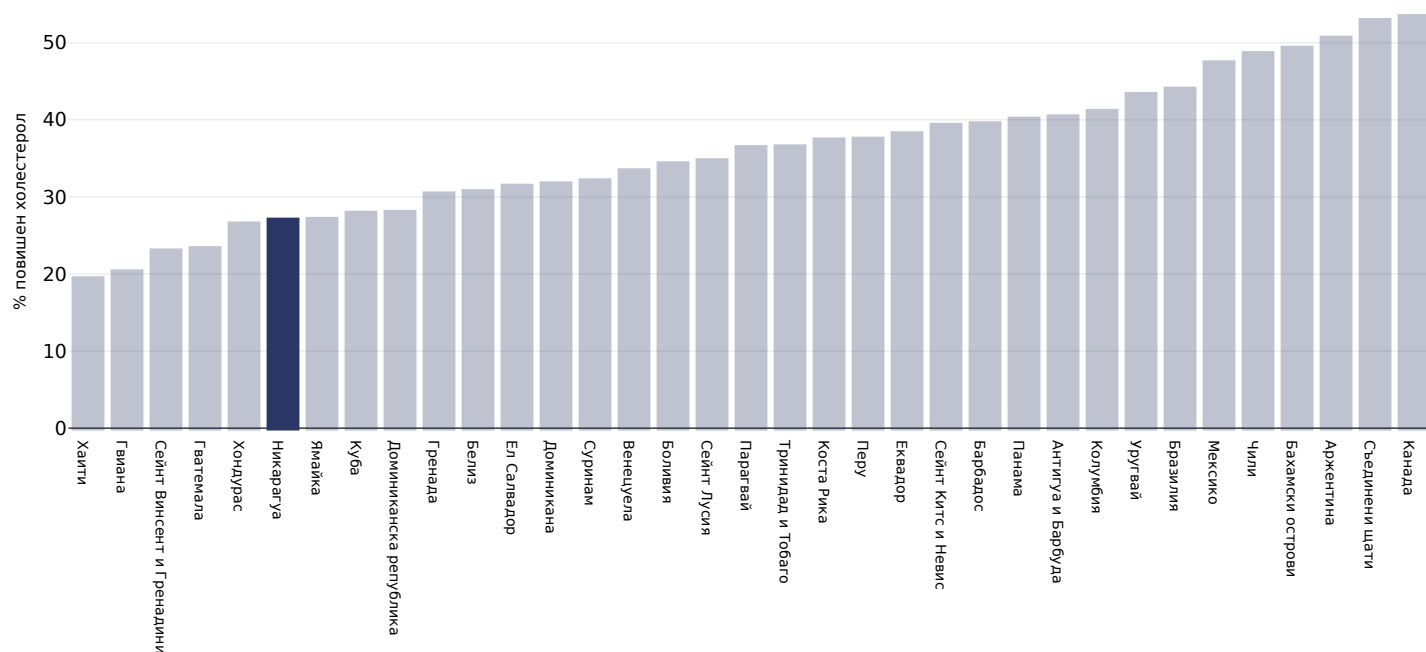
Референции:

Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения:

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Мъже, 2008



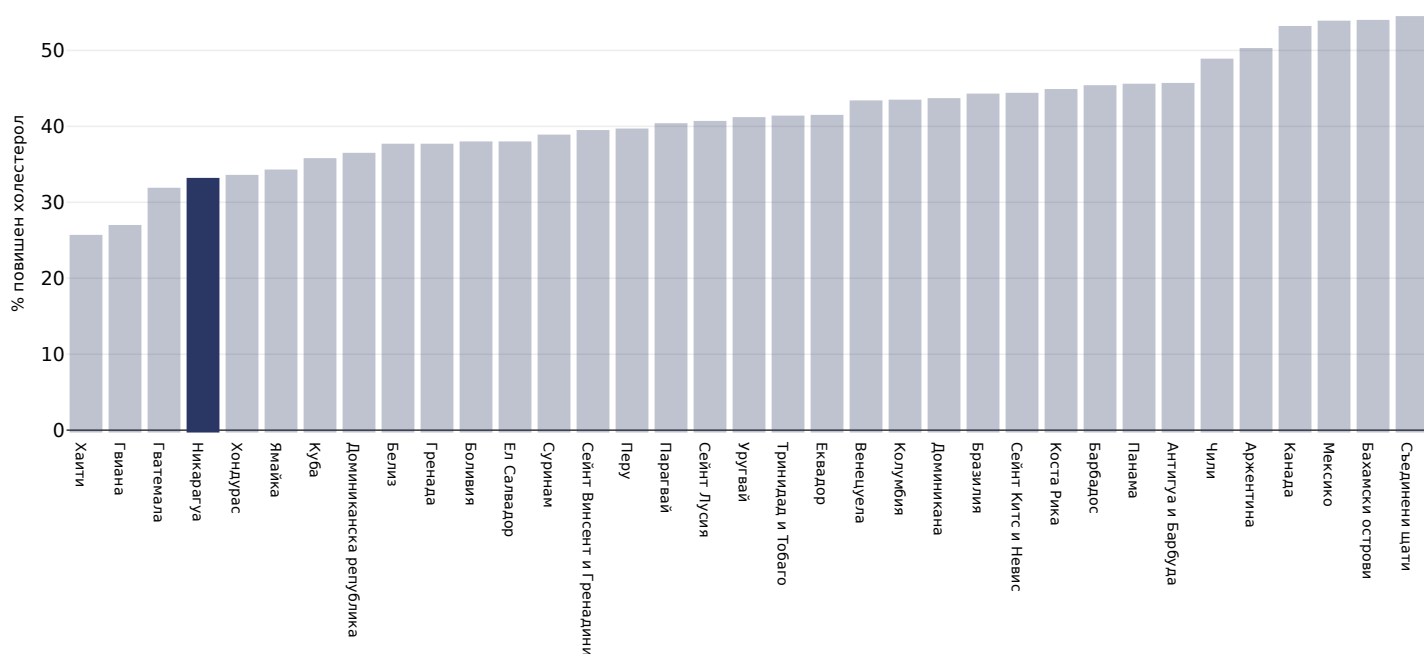
Референции:

Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения:

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Жени, 2008

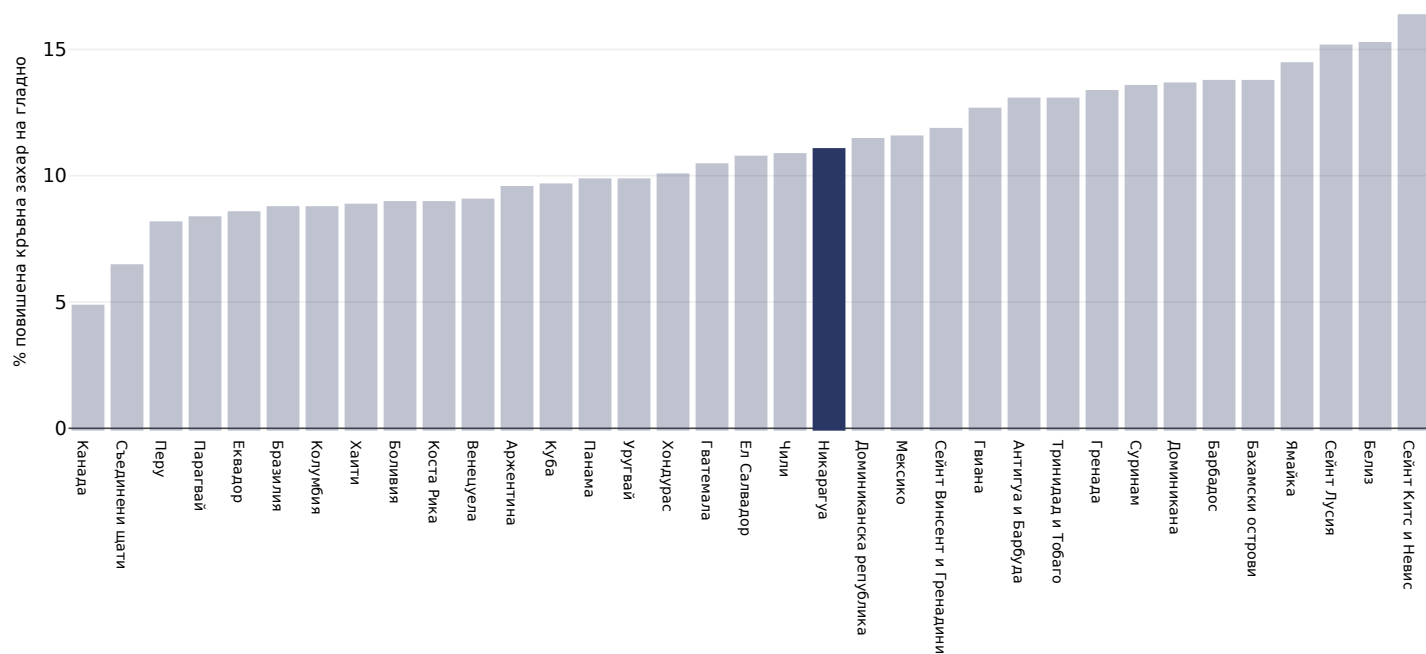


Референции: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Повишена кръвна захар на гладно

Мъже, 2014



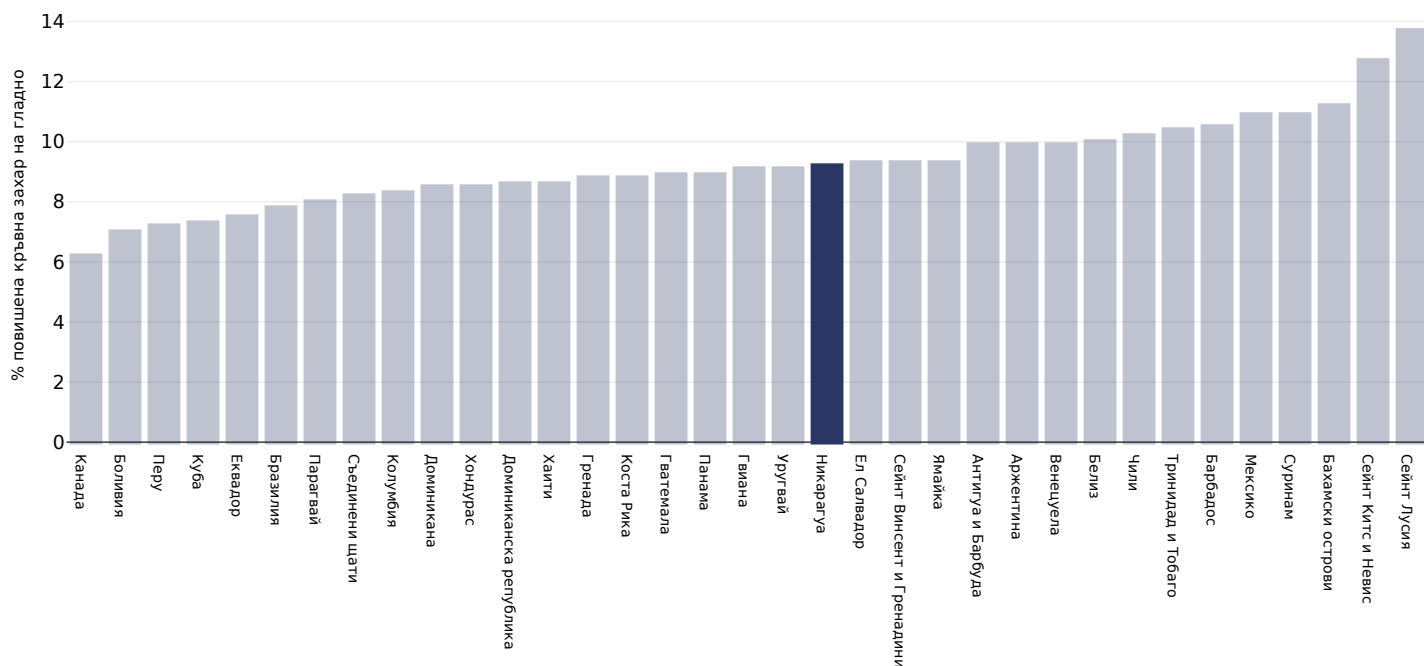
Референции:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Определения:

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Жени, 2014



Референции:

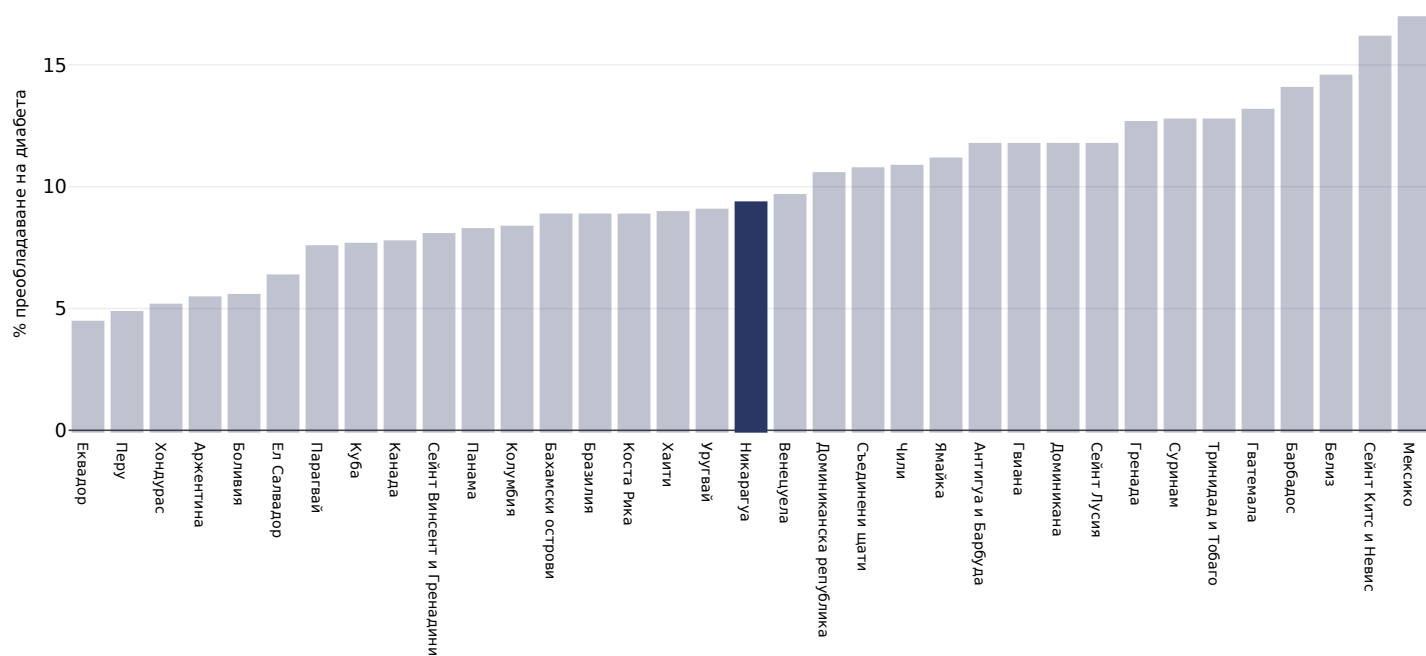
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Определения:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Преобладаване на диабета

Възрастни, 2021



Възраст: 20-79

Обхваната зона: Национално

Референции: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Определения: Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	✓
Front-of-package labelling?	✗
Back-of-pack nutrition declaration?	✓
Color coding?	✗
Warning label?	✗



Regulation and marketing

Are there fiscal policies on unhealthy products?	✓
Tax on unhealthy foods?	✗
Tax on unhealthy drinks?	✓
Are there fiscal policies on healthy products?	✗
Subsidy on fruits?	✗
Subsidy on vegetables?	✗
Subsidy on other healthy products?	✗
Mandatory limit or ban of trans fat (all settings)?	✗
Mandatory limit of trans fats in place (all settings)?	✗
Ban on trans-fats or phos in place (all settings)?	✗
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Mandatory restriction on broadcast media?	✗
Mandatory restriction on non-broadcast media?	✗
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Are there mandatory standards for food in schools?	✗
Are there any mandatory nutrient limits in any manufactured food products?	✗
Nutrition standards for public sector procurement?	✗



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✗
National obesity strategy?	✗
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✗
Comprehensive physical activity strategy?	✗
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✗
Guidelines/policy on obesity treatment?	✗
Promotion of breastfeeding?	✓



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✗



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	?
--	----------

Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

Last updated September 13, 2022

PDF created on May 18, 2024