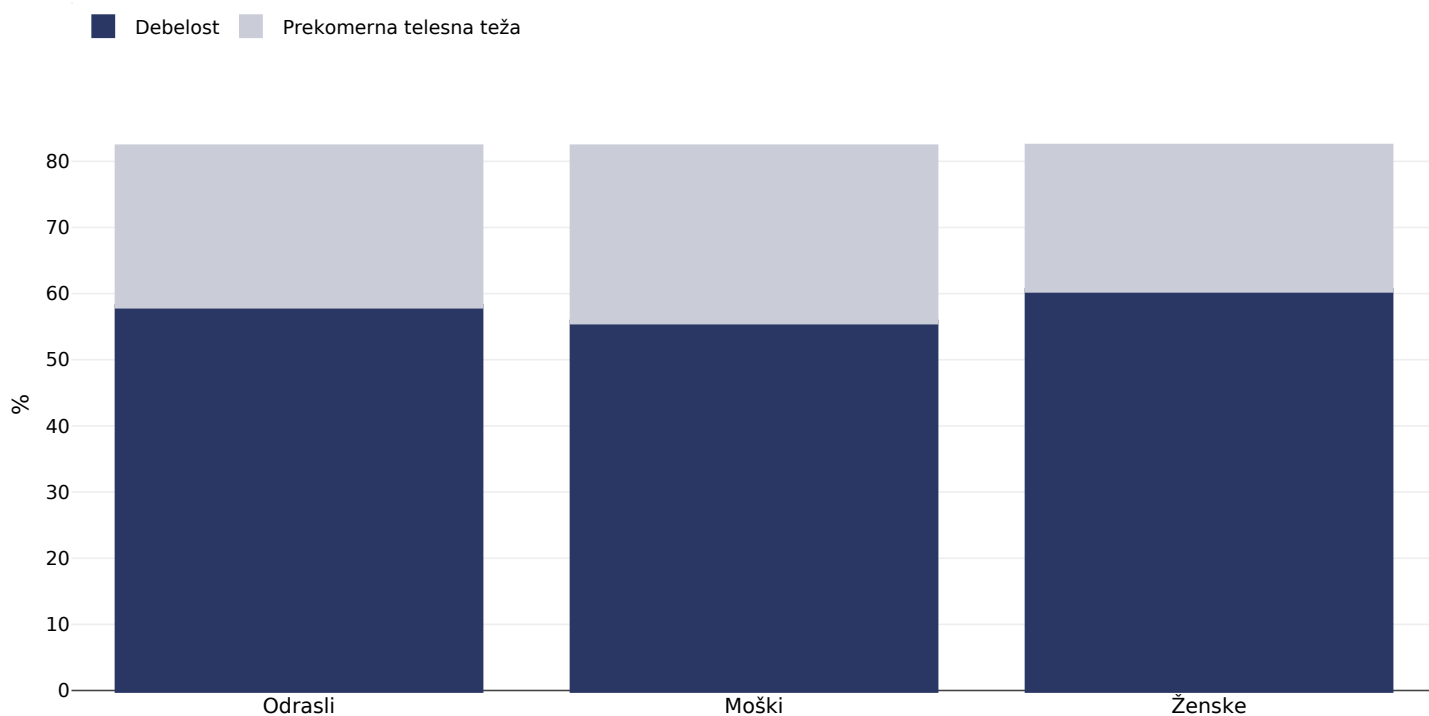


Report card Nauru



Razširjenost debelosti

Odrasli, 2004

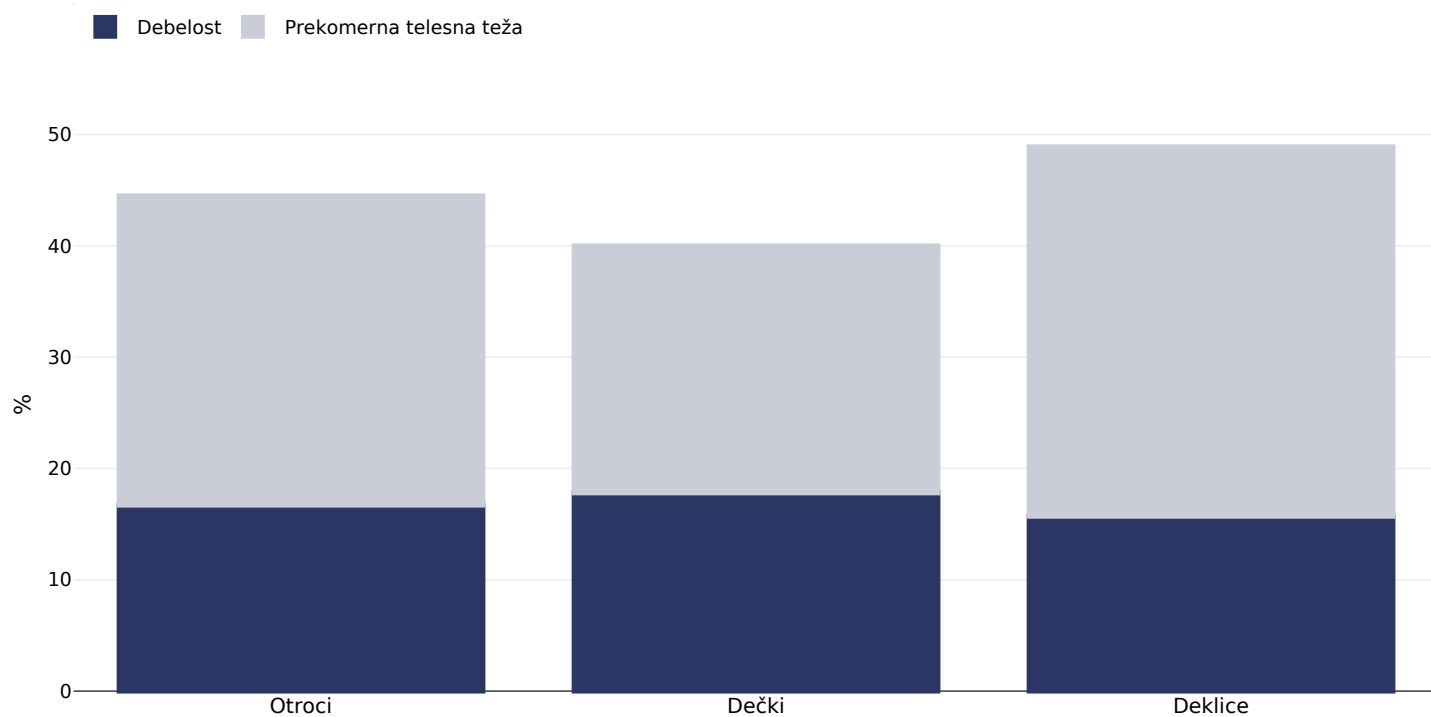


Vrsta ankete:	Izmerjeni
Starost:	15-64
Obseg vzorcev:	2254
Zajeto območje:	Na državni ravni

Literatura: Keke K, Phongsavan P, Dan L, Bacigalupo M, Thoma R, Riley L, Waidubu G, Galea G, Pryor J, Raj S and Chey T. (2007). Nauru NCD risk factors STEPS report. WHO Infobase.

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

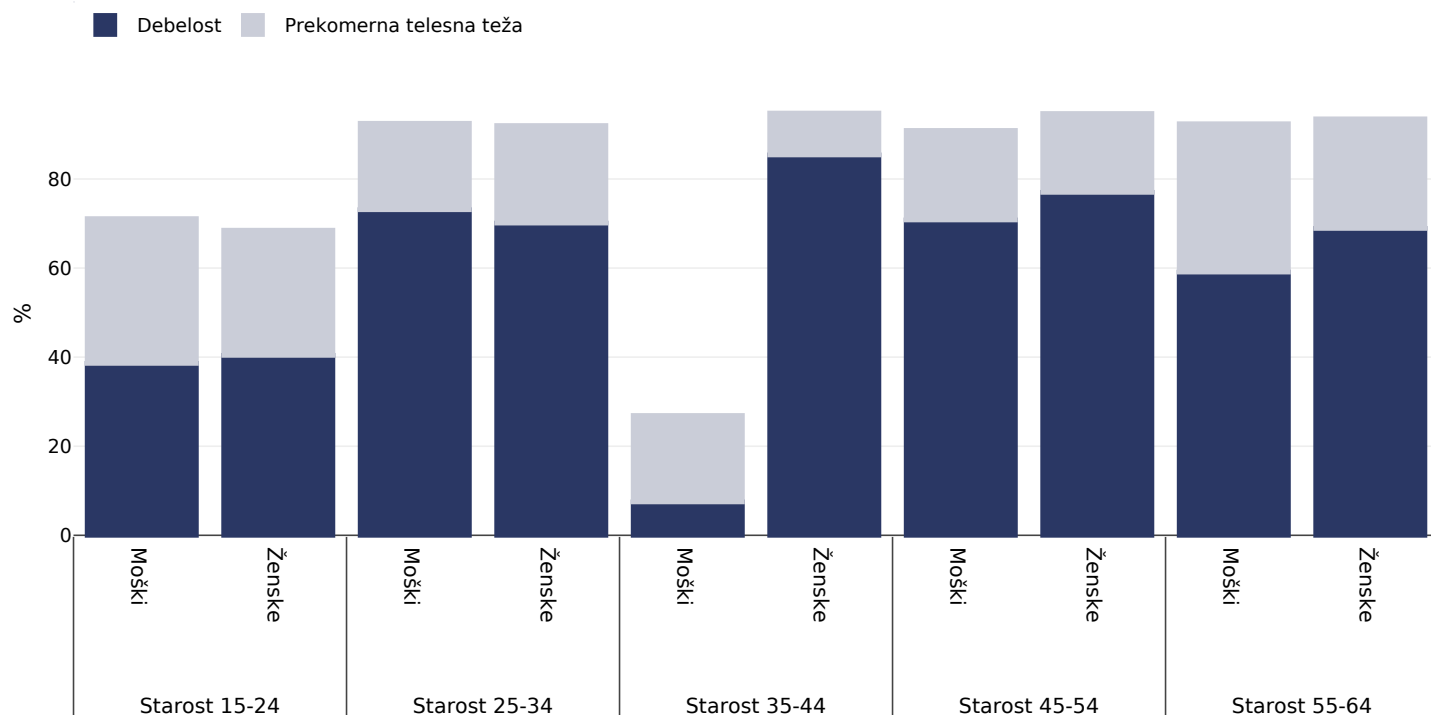
Otroci, 2011



Vrsta ankete:	Samoprijavljeni
Starost:	13-15
Obseg vzorcev:	578
Zajeto območje:	Na državni ravni
Literatura:	Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/Nauru_GSHS_FS_2011.pdf?ua=1 (last accessed 14.12.20)
Opombe (na voljo samo v angleščini):	NB. Small sample size
Cutoffs:	WHO

Prekomerna telesna teža/debelost glede na starost

Odrasli, 2005



Vrsta ankete: Izmerjeni

Obseg vzorcev: 2254

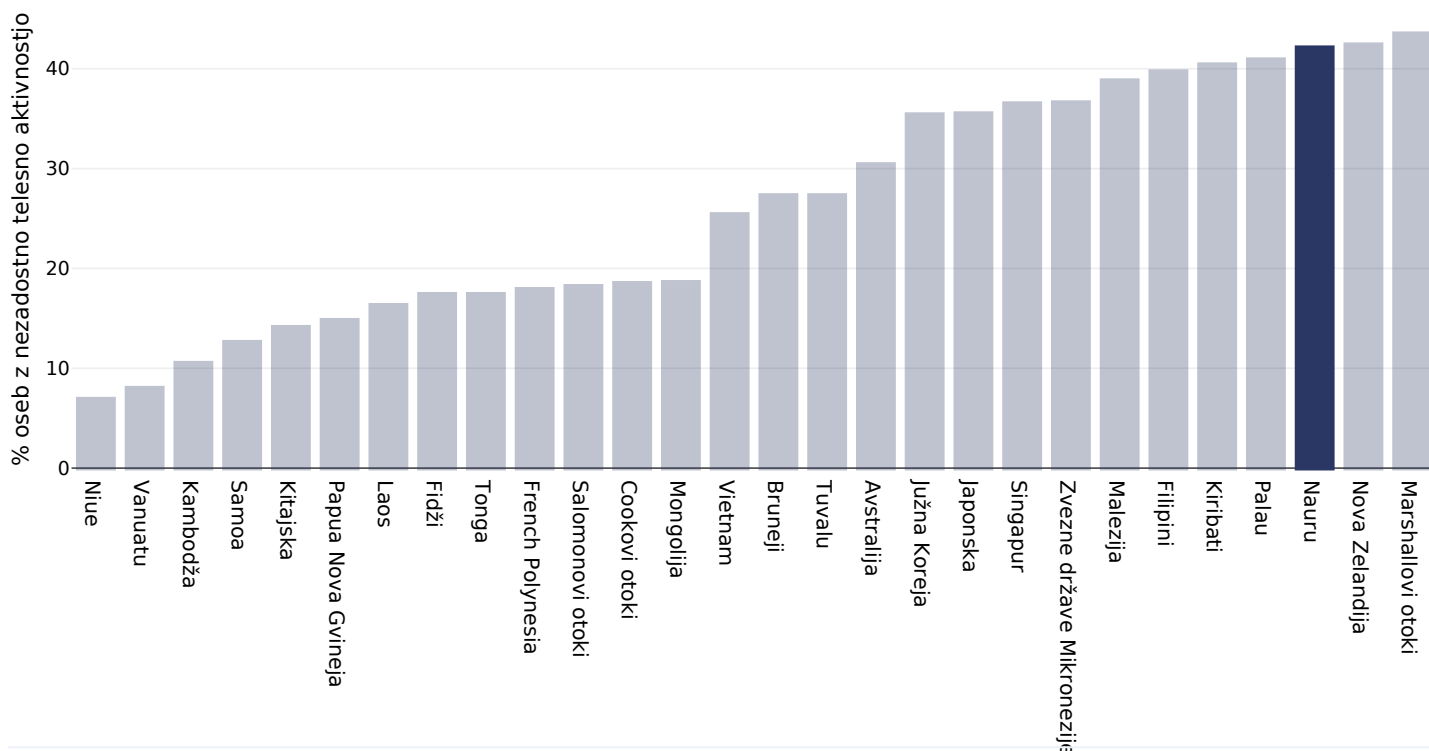
Zajeto območje: Na državni ravni

Literatura: Keke K, Phongsavan P, Dan L, Bacigalupo M, Thoma R, Riley L, Waidubu G, Galea G, Pryor J, Raj S and Chey T. (2007). Nauru NCD risk factors STEPS report. WHO Infobase.

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

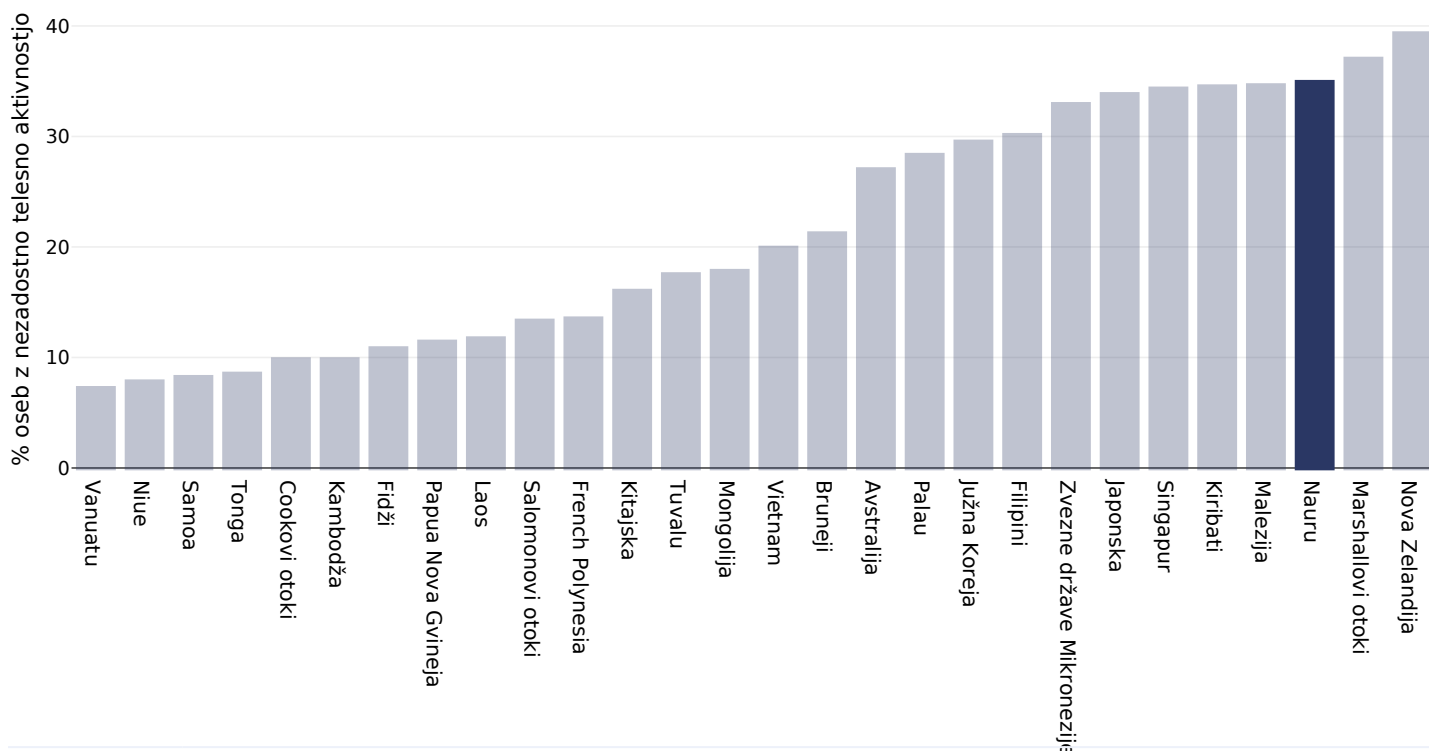
Nezadostna telesna aktivnost

Odrasli, 2016



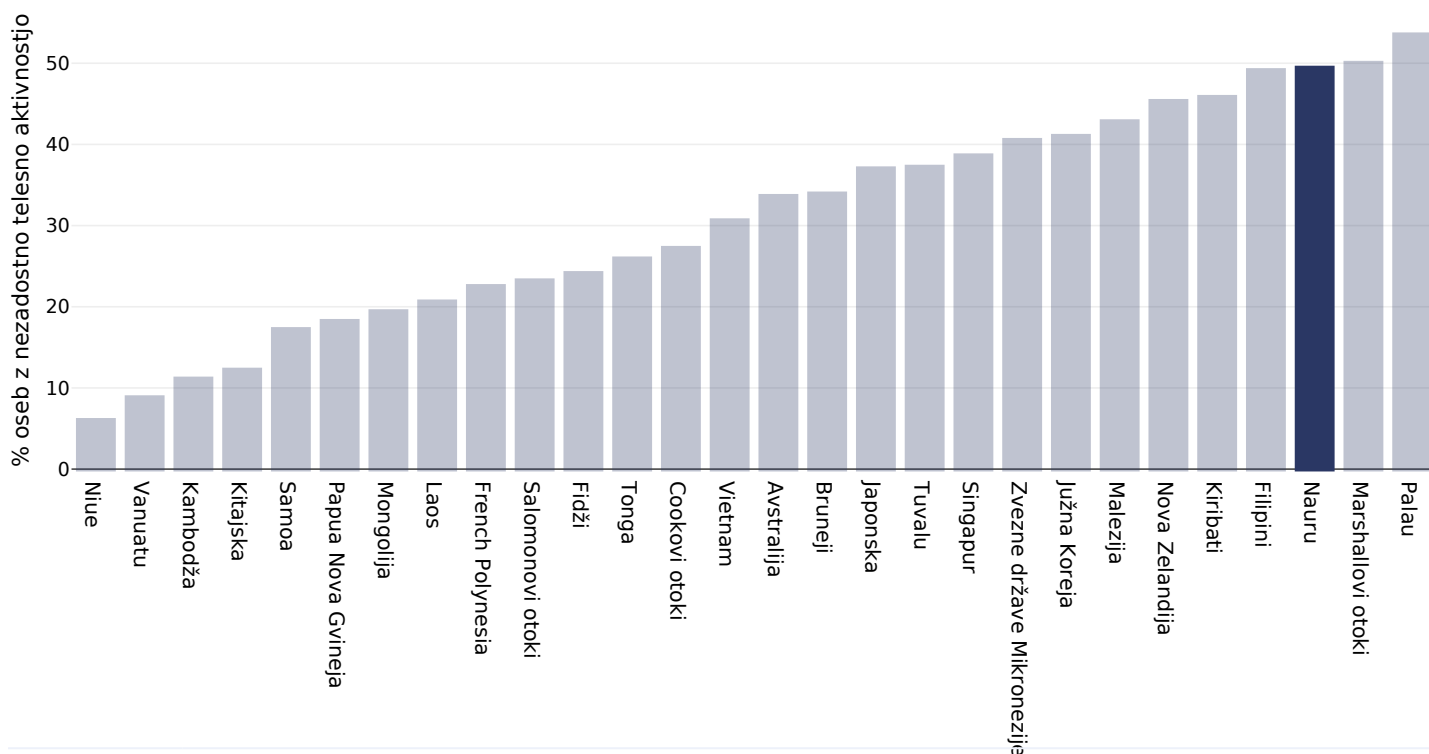
Literatura: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Moški, 2016



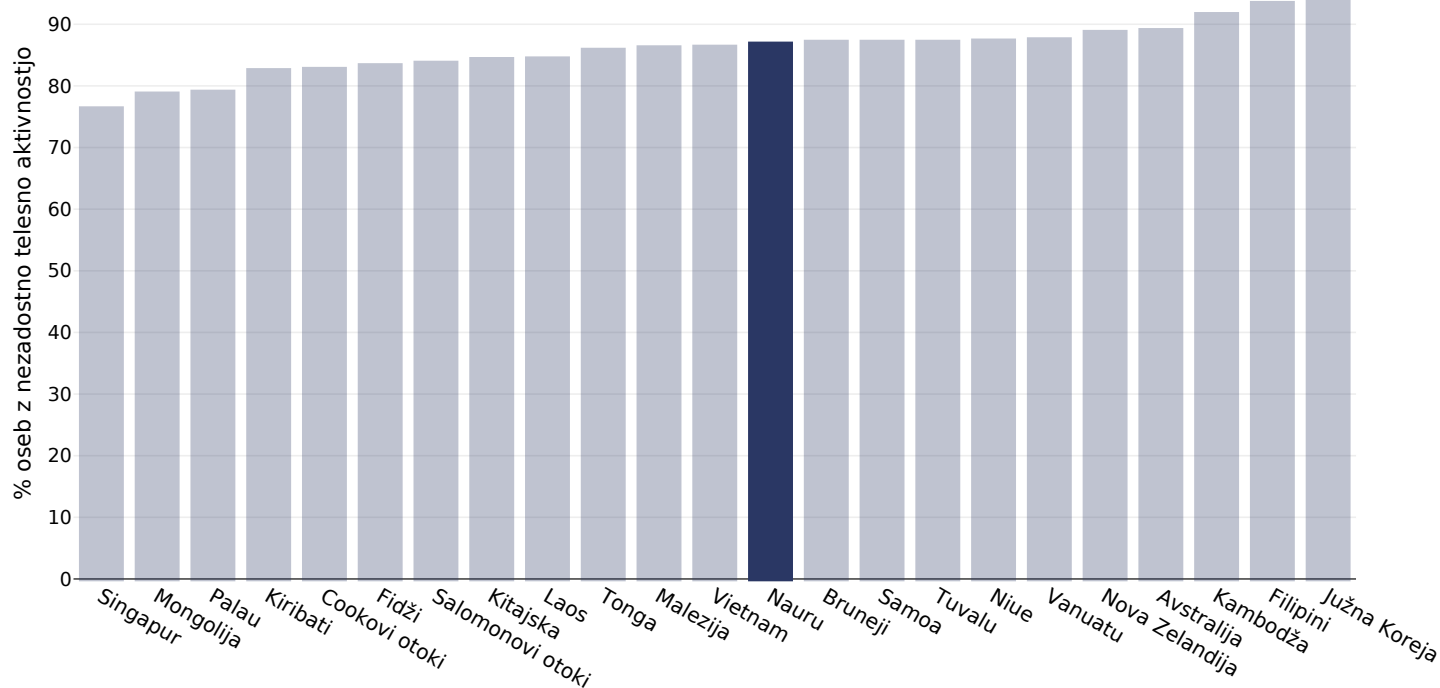
Literatura: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Ženske, 2016



Literatura: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Otroci, 2016



Vrsta ankete:

Samoprijavljeni

Starost:

11-17

Literatura:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

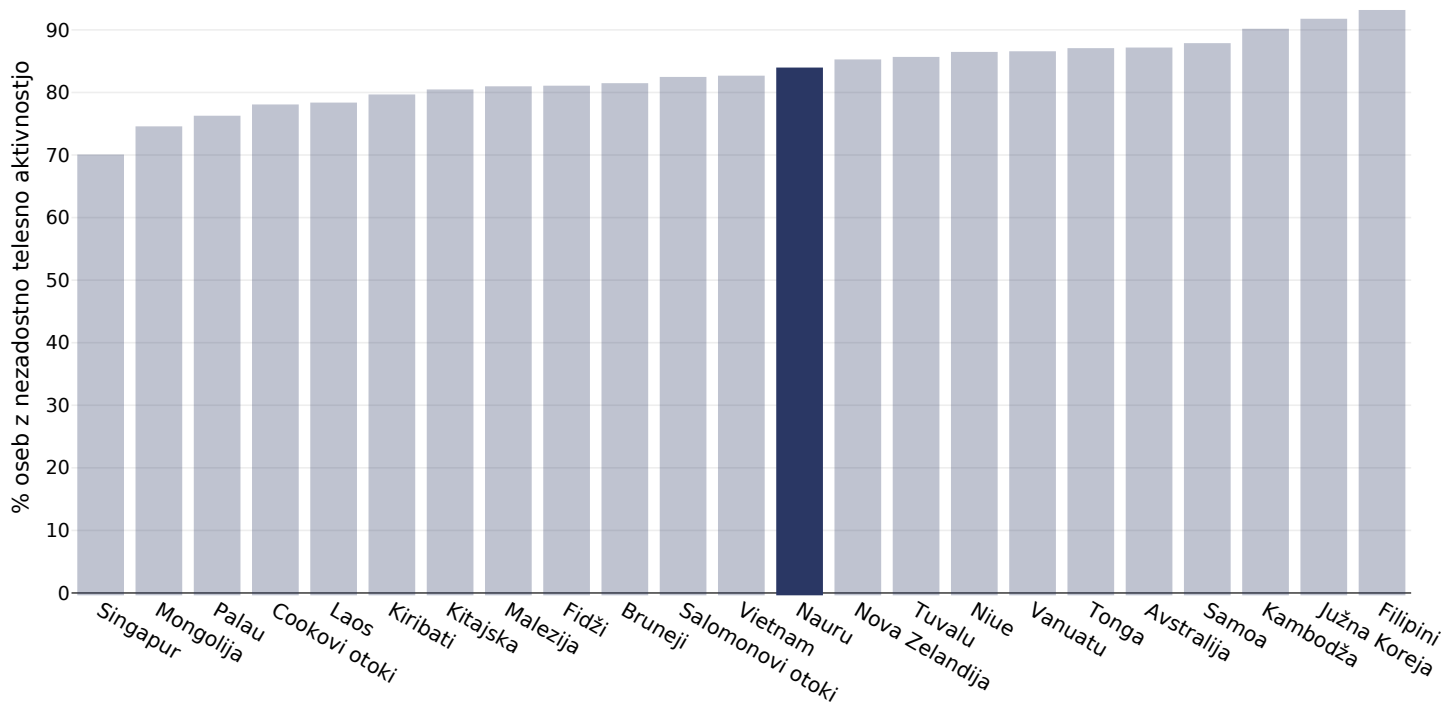
Opombe (na voljo samo v angleščini):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicije (na voljo samo v angleščini):

% Adolescents insufficiently active (age standardised estimate)

Dečki, 2016



Vrsta ankete:

Samoprijavljeni

Starost:

11-17

Literatura:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

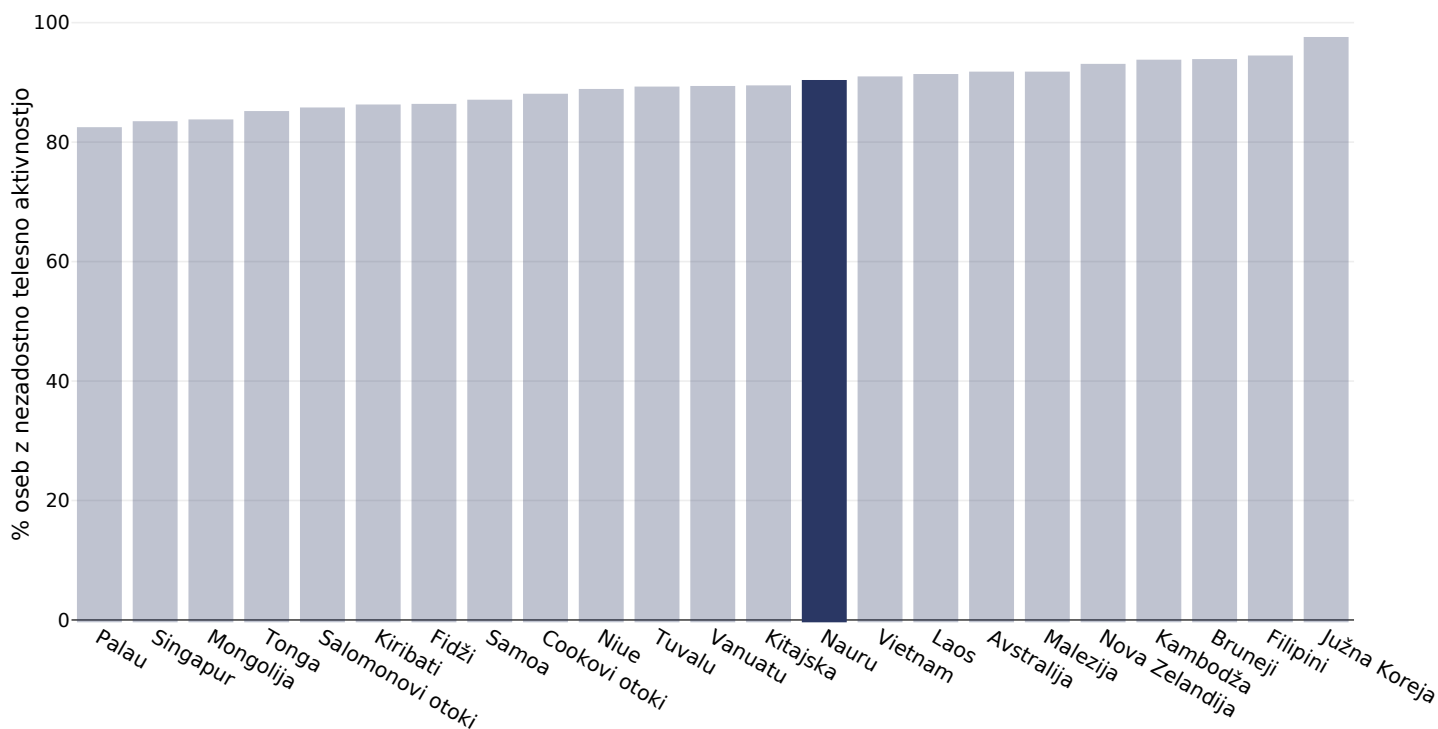
Opombe (na voljo samo v angleščini):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicije (na voljo samo v angleščini):

% Adolescents insufficiently active (age standardised estimate)

Deklice, 2016



Vrsta ankete:

Samoprijavljeni

Starost:

11-17

Literatura:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Opombe (na voljo samo v angleščini):

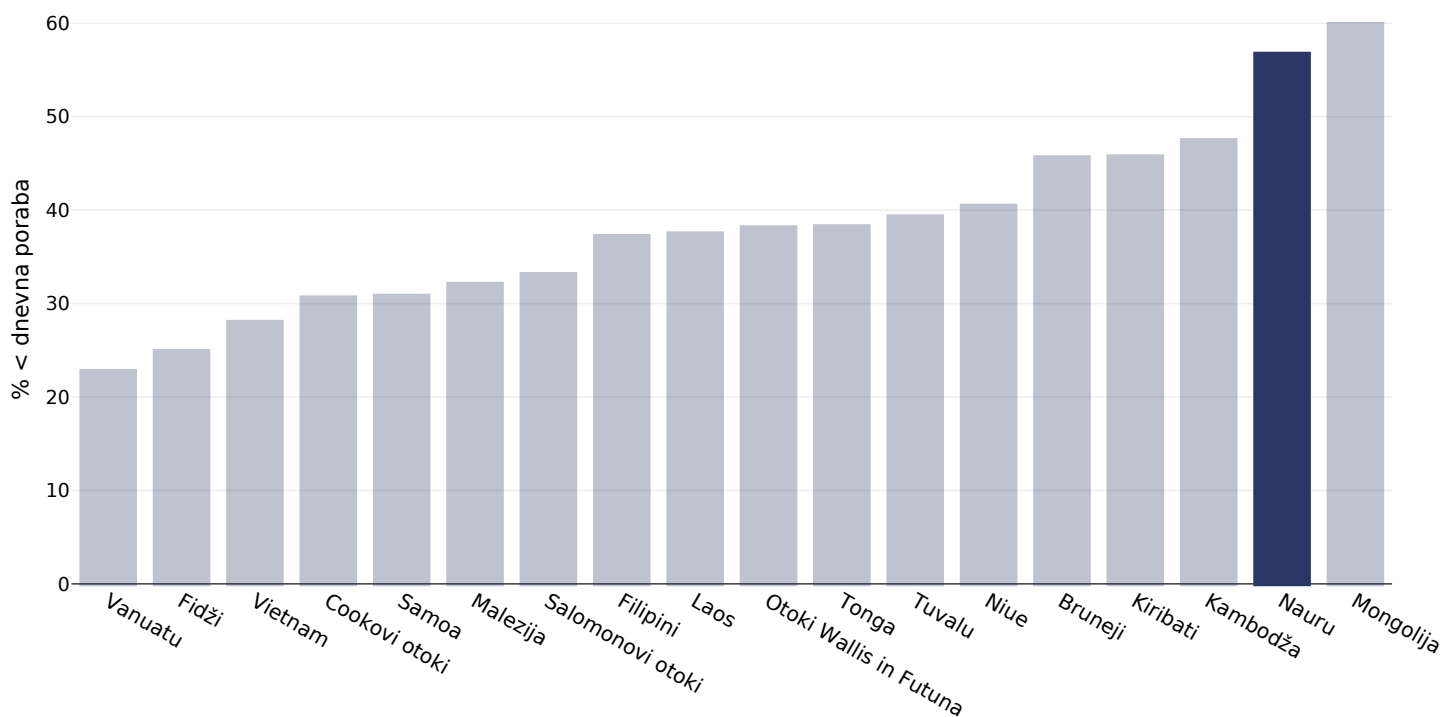
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicije (na voljo samo v angleščini):

% Adolescents insufficiently active (age standardised estimate)

Razširjenost uživanja sadja (manj kot 1x na dan)

Otroci, 2010-2015



Vrsta ankete:

Izmerjeni

Starost:

12-17

Literatura:

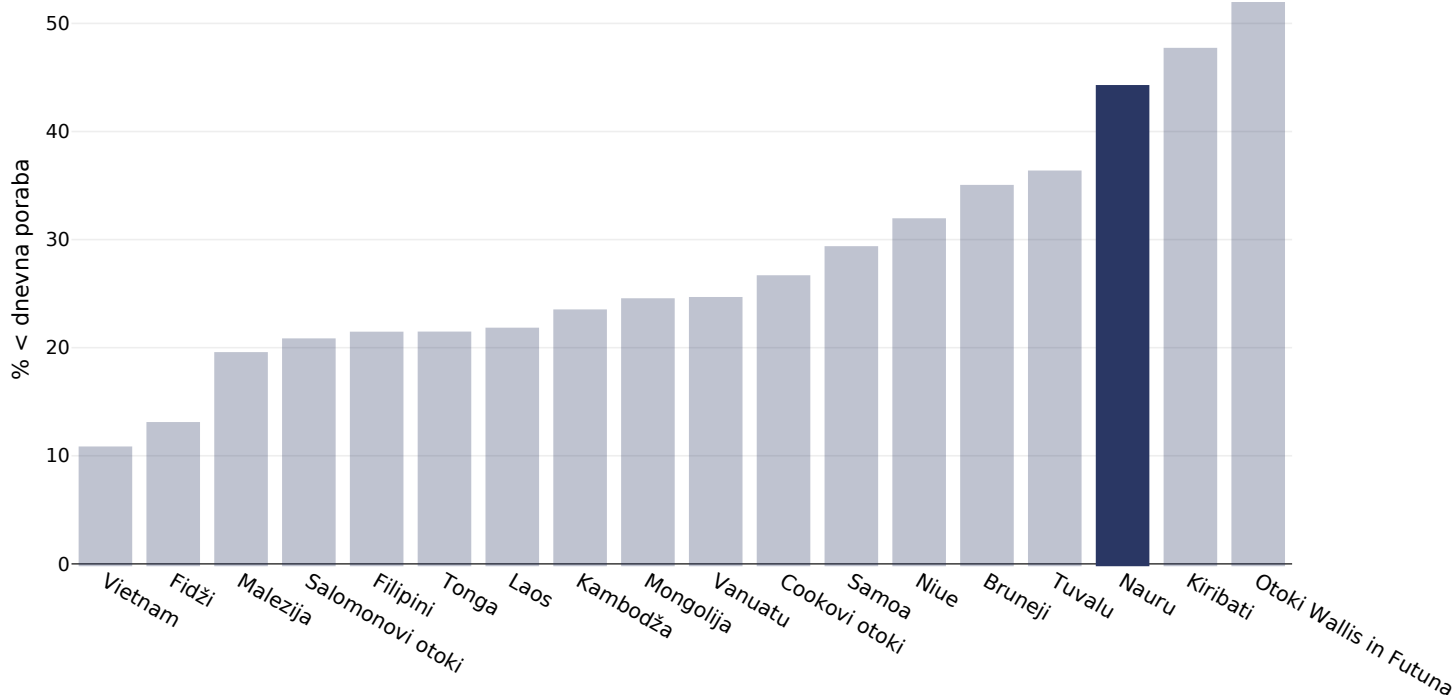
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definicije (na voljo samo v angleščini):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Razširjenost uživanja zelenjave (manj kot 1x na dan)

Otroci, 2010-2015



Vrsta ankete:

Izmerjeni

Starost:

12-17

Literatura:

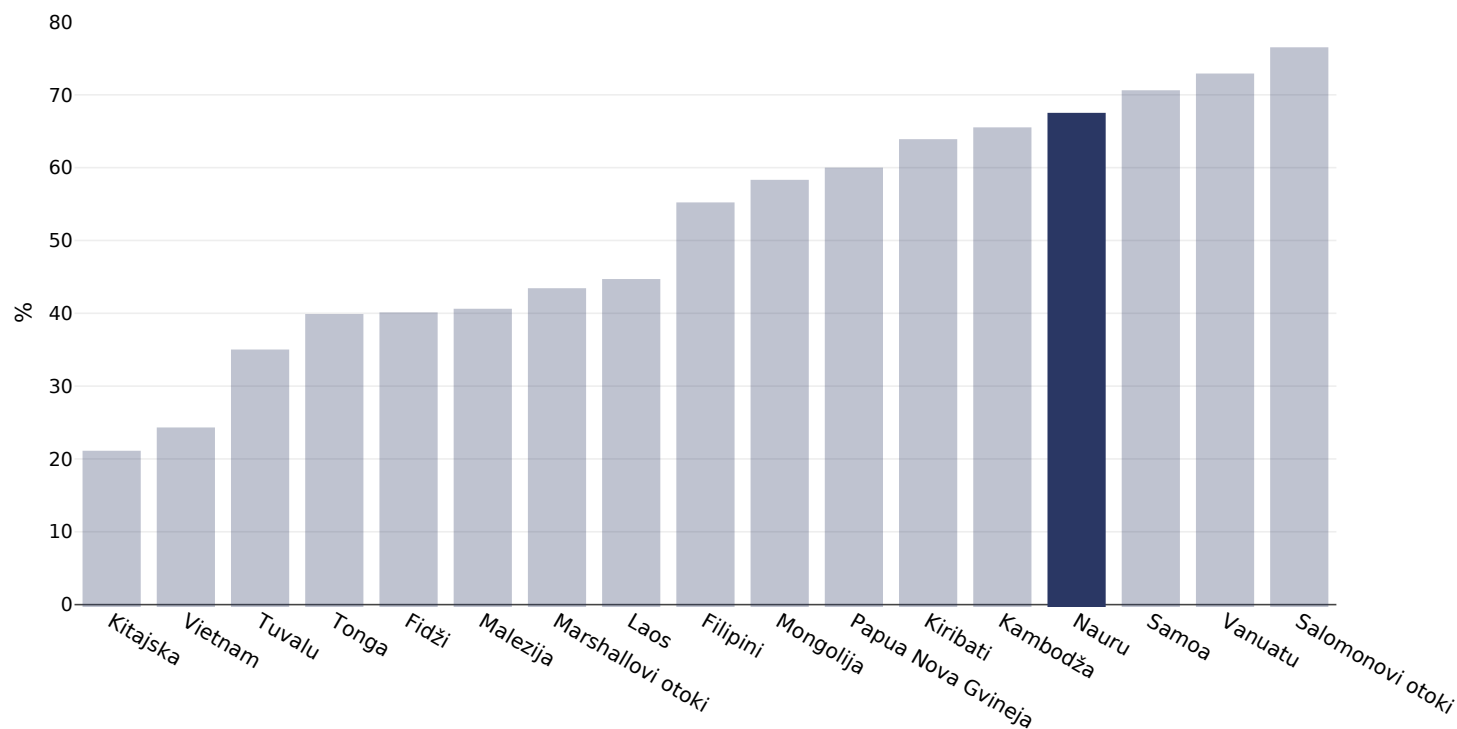
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definicije (na voljo samo v angleščini):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

% otrok, ki so bili izključno dojeni 0-5 mesecev

Otroci, 2004-2020



Zajeto območje:

Na državni ravni

Literatura:

Nauru 2007 demographic and health survey. Demographic and Health Surveys. Auckland, New Zealand: NBS, SPC and Macro, 2009

Opombe (na voljo samo v angleščini):

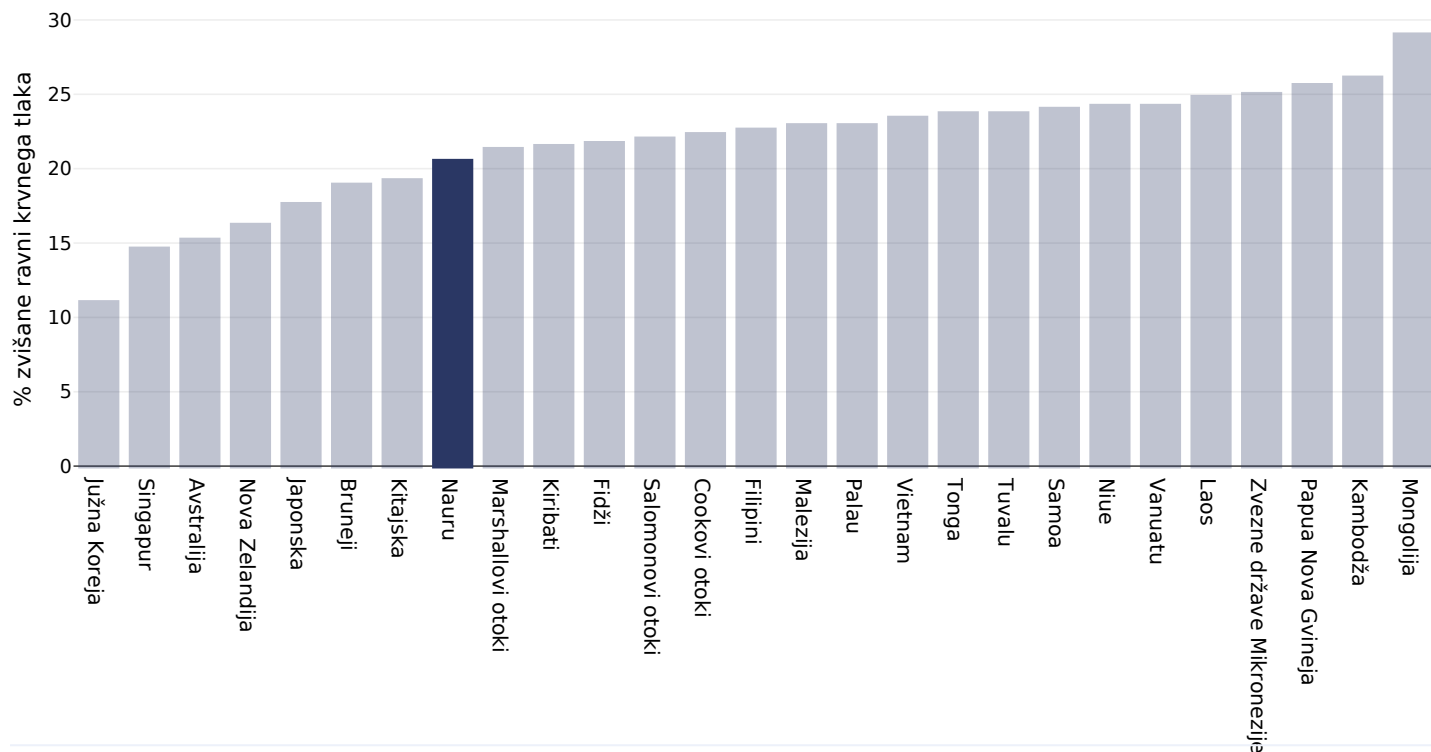
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definicije (na voljo samo v angleščini):

% exclusively breastfed 0-5 months

Zvišan krvni tlak

Odrasli, 2015



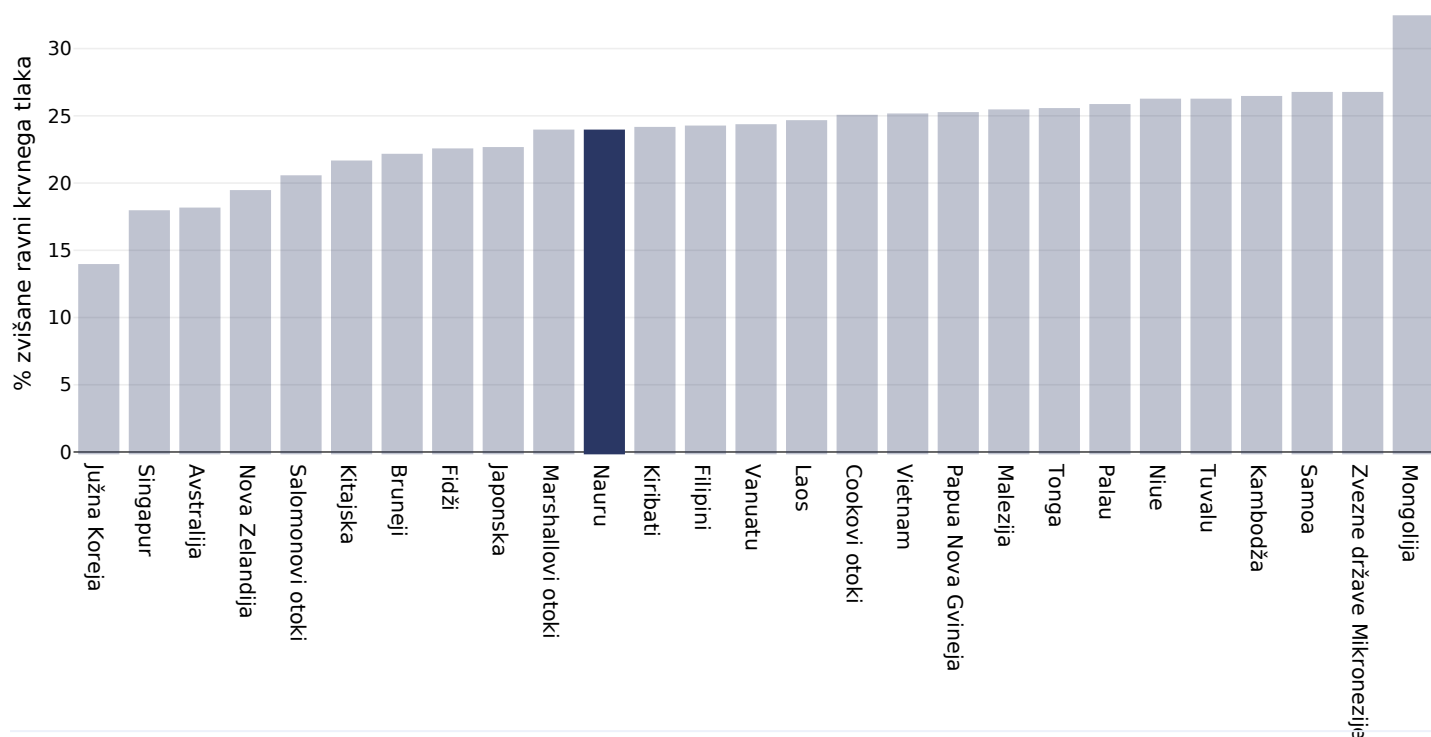
Literatura:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

Moški, 2015



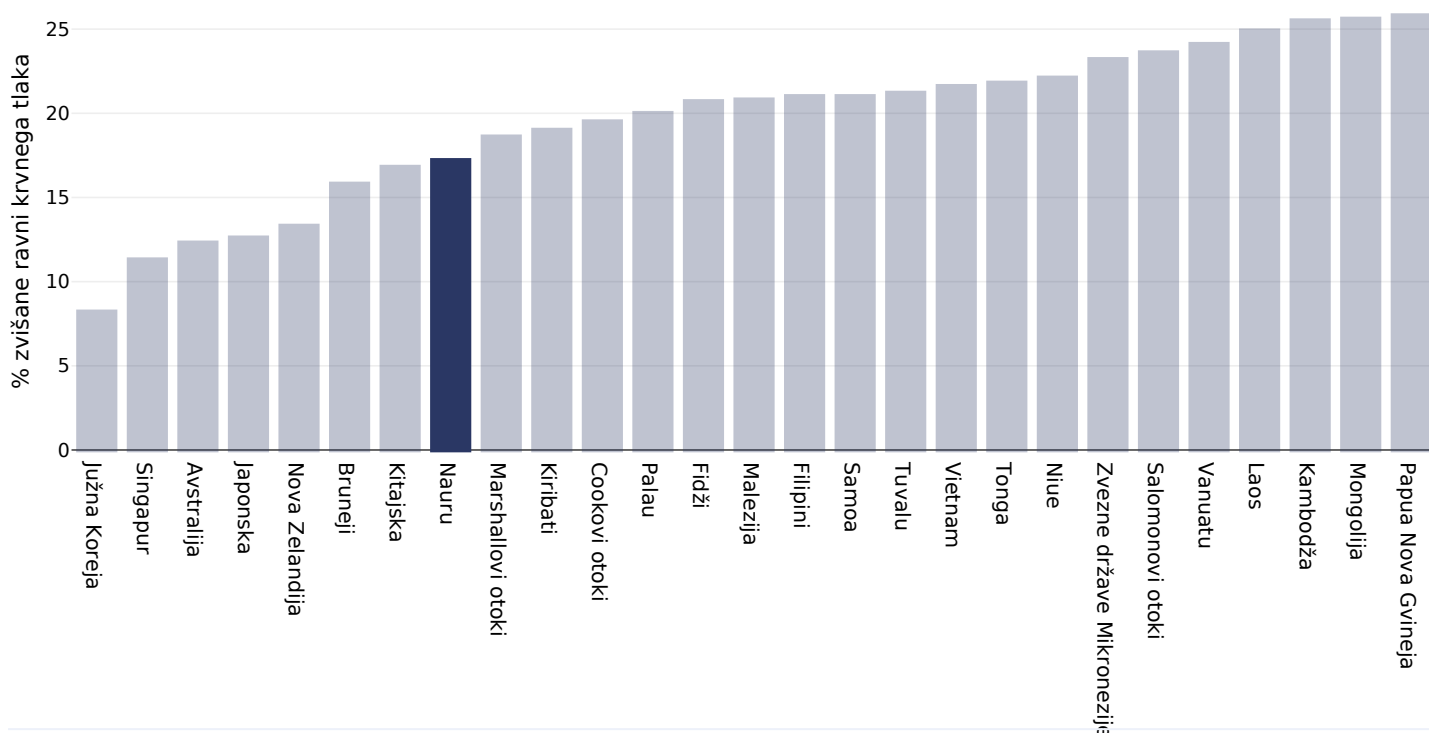
Literatura:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Ženske, 2015



Literatura:

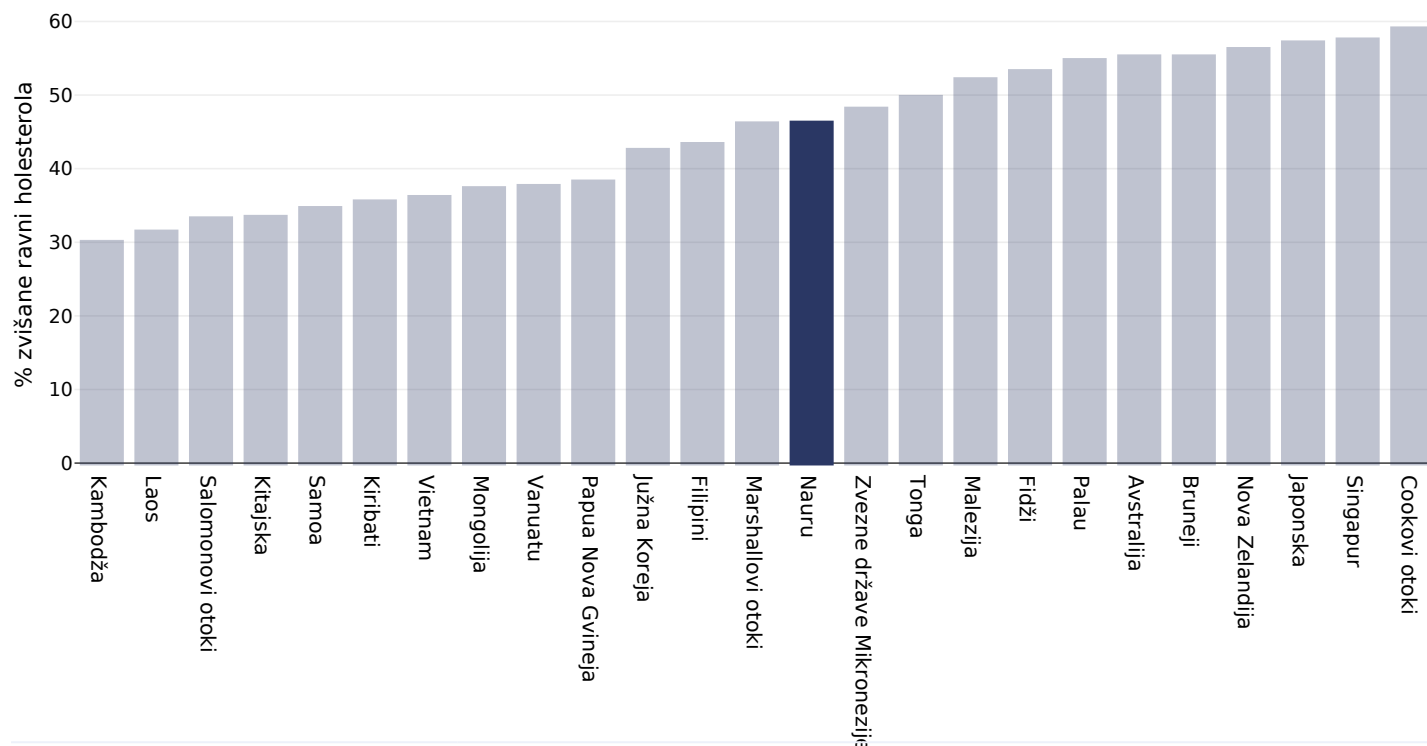
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Zvišana raven holesterola

Odrasli, 2008



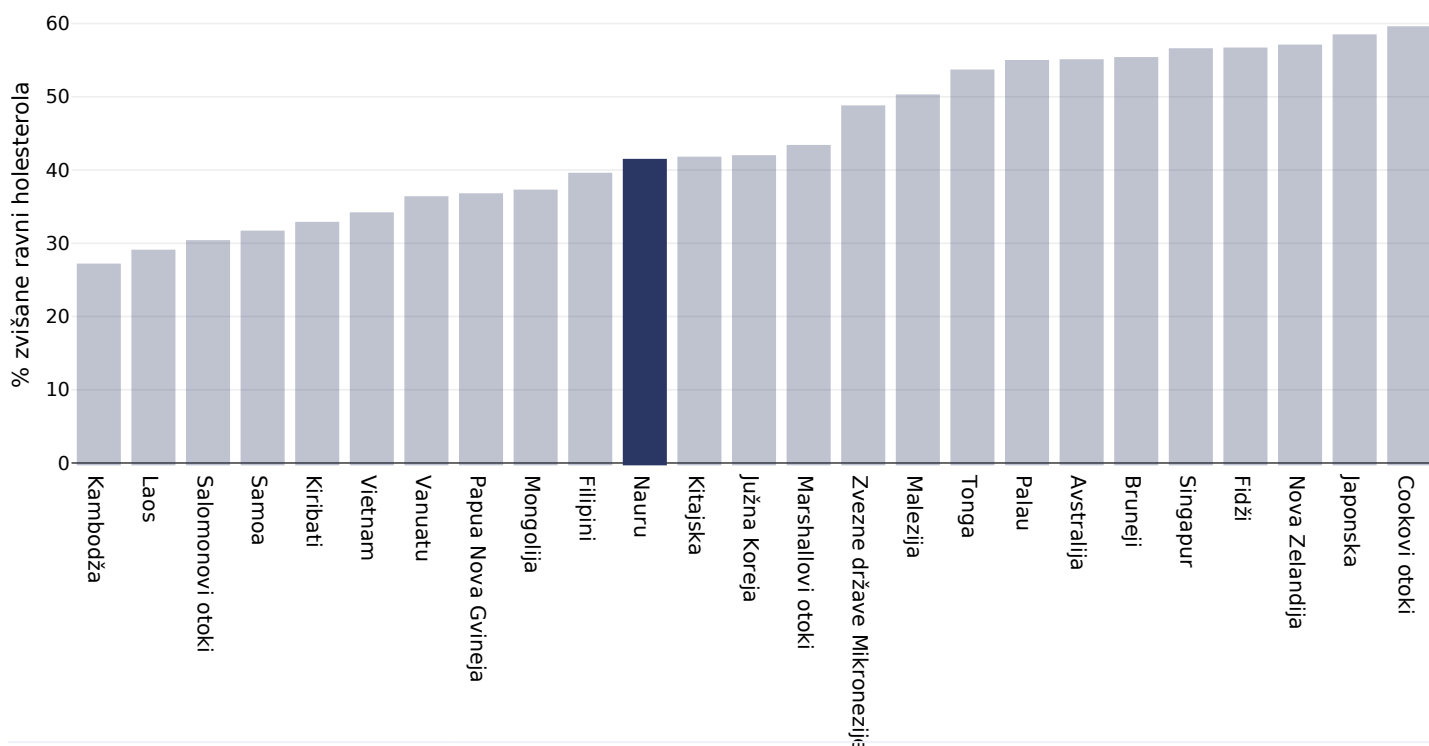
Literatura:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definicije (na voljo samo v angleščini):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Moški, 2008



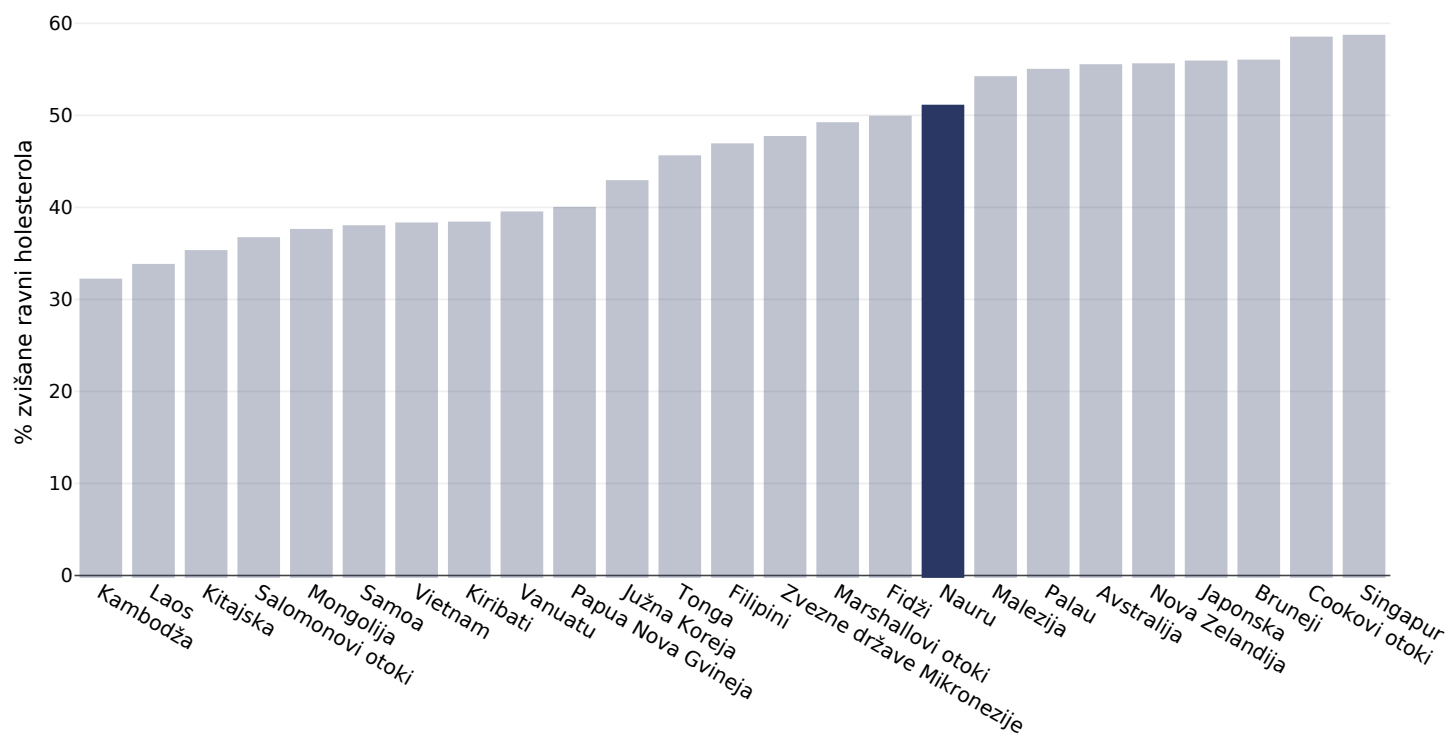
Literatura:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definicije (na voljo samo v angleščini):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Ženske, 2008



Literatura:

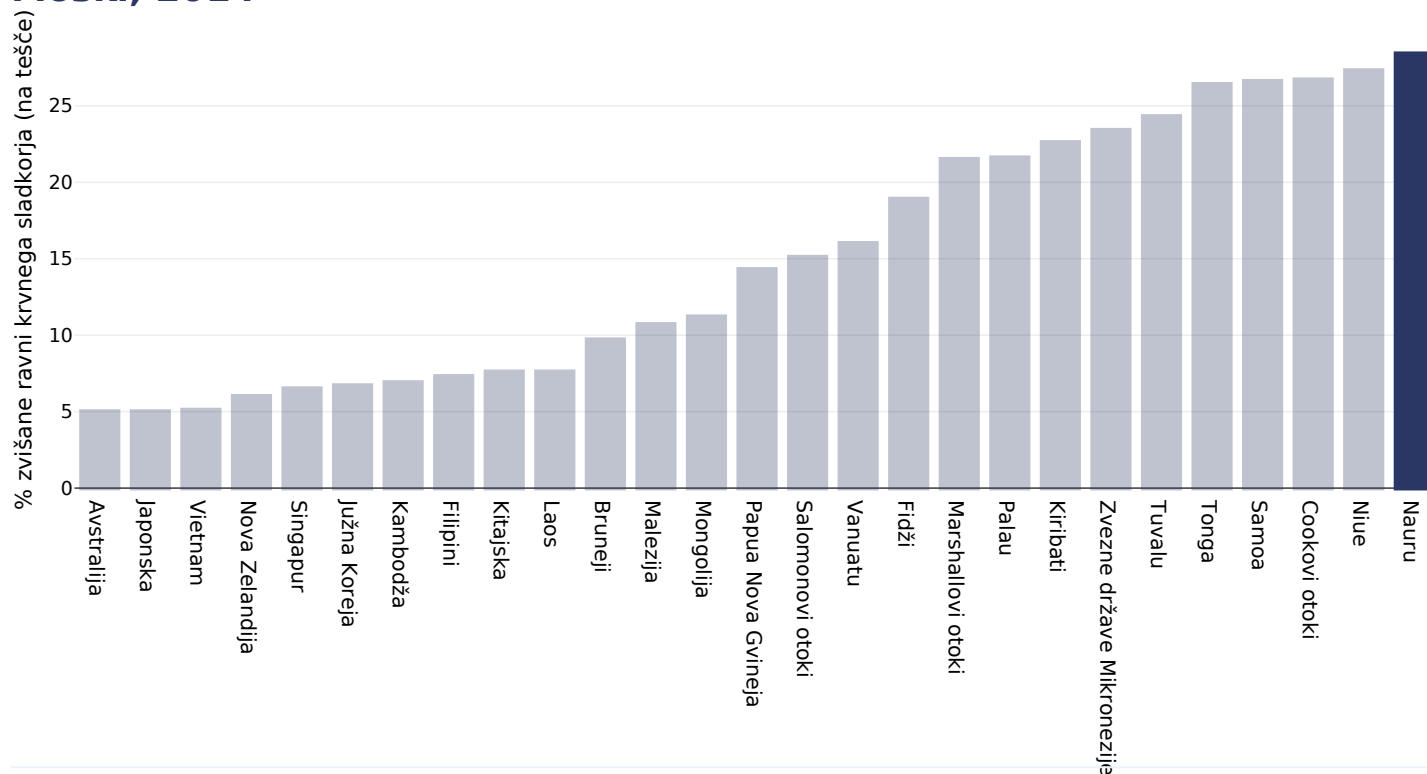
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definicije (na voljo samo v angleščini):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Zvišana raven krvnega sladkorja (na tešče)

Moški, 2014



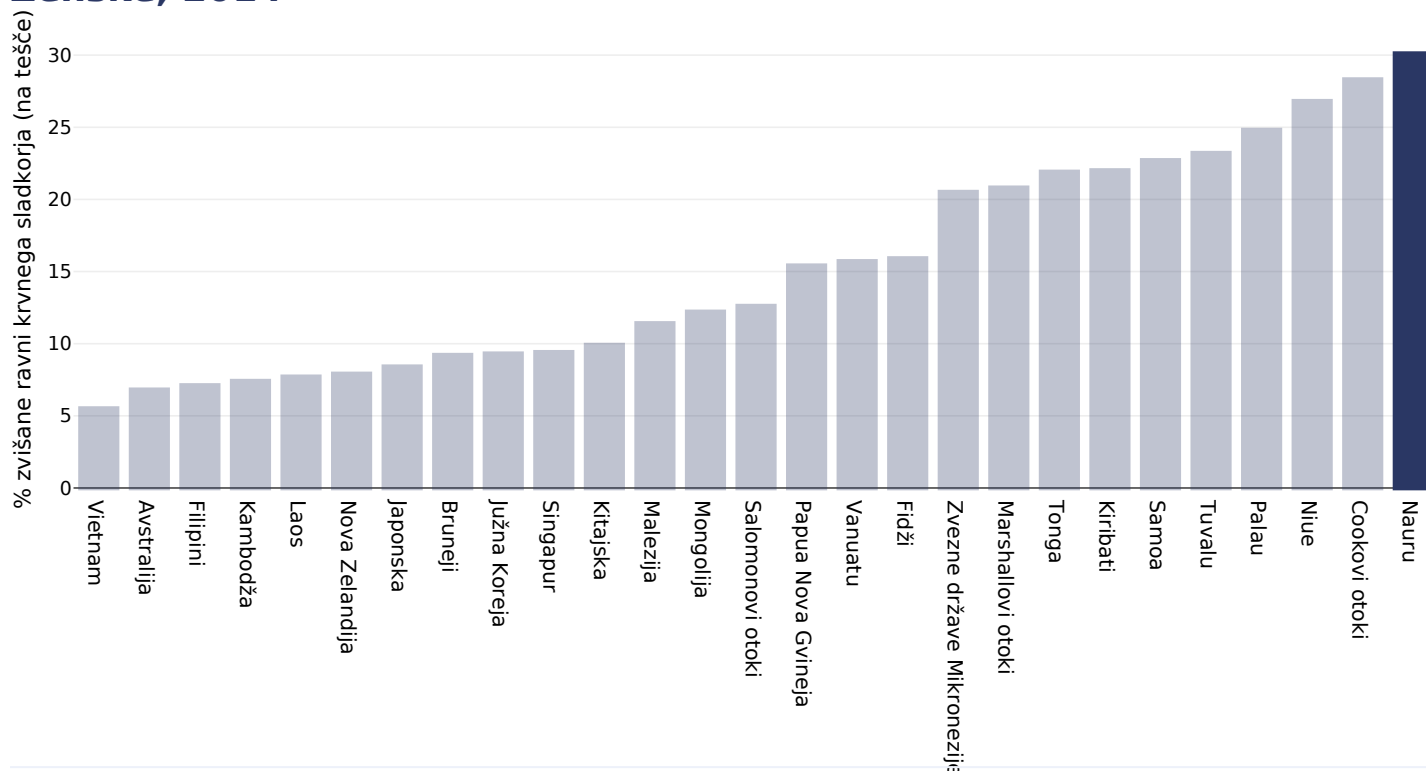
Literatura:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Ženske, 2014



Literatura:

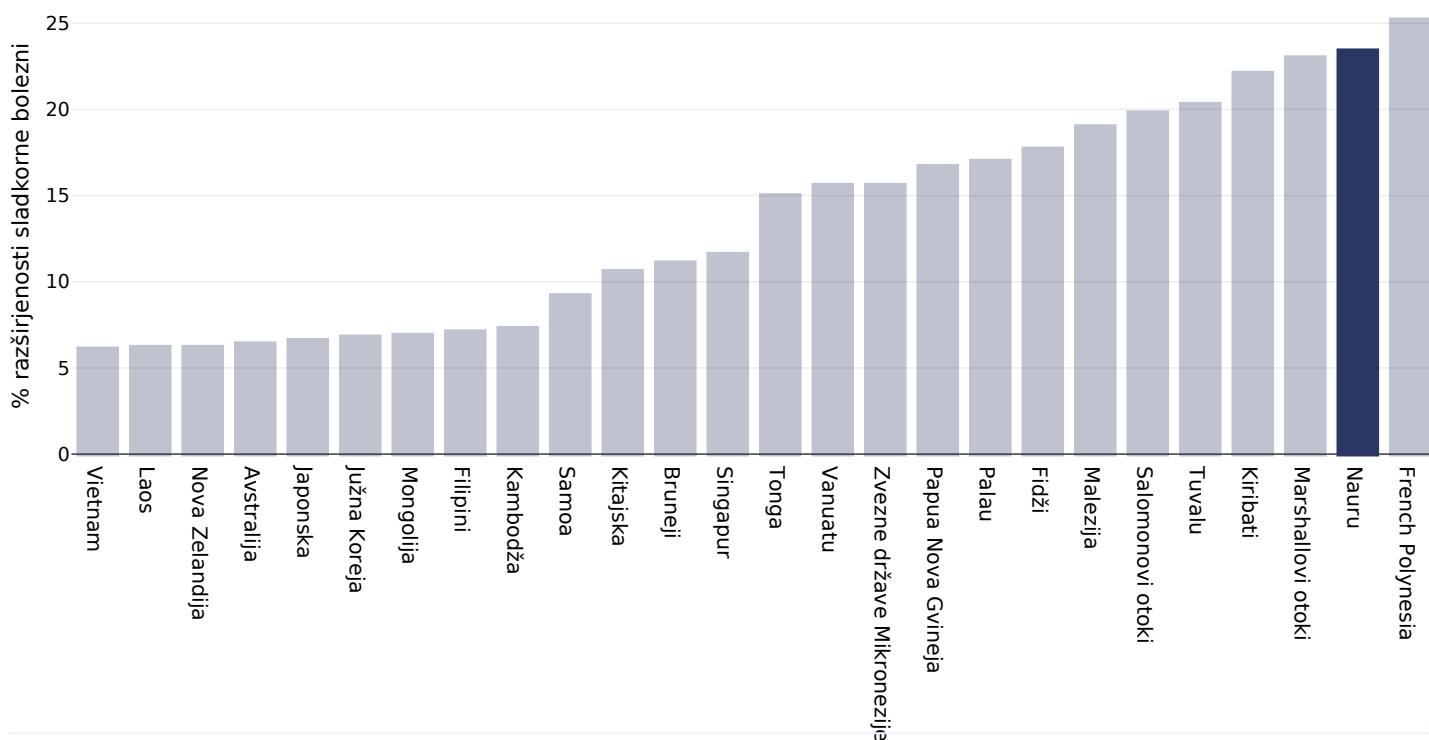
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Razširjenost sladkorne bolezni

Odrasli, 2021



Starost: 20-79

Zajeto območje: Na državni ravni

Literatura: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definicije (na voljo samo v angleščini): Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✗
National obesity strategy?	✗
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✗
Comprehensive physical activity strategy?	✗
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✓
Promotion of breastfeeding?	✗



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✓



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✗
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Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

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PDF created on May 18, 2024