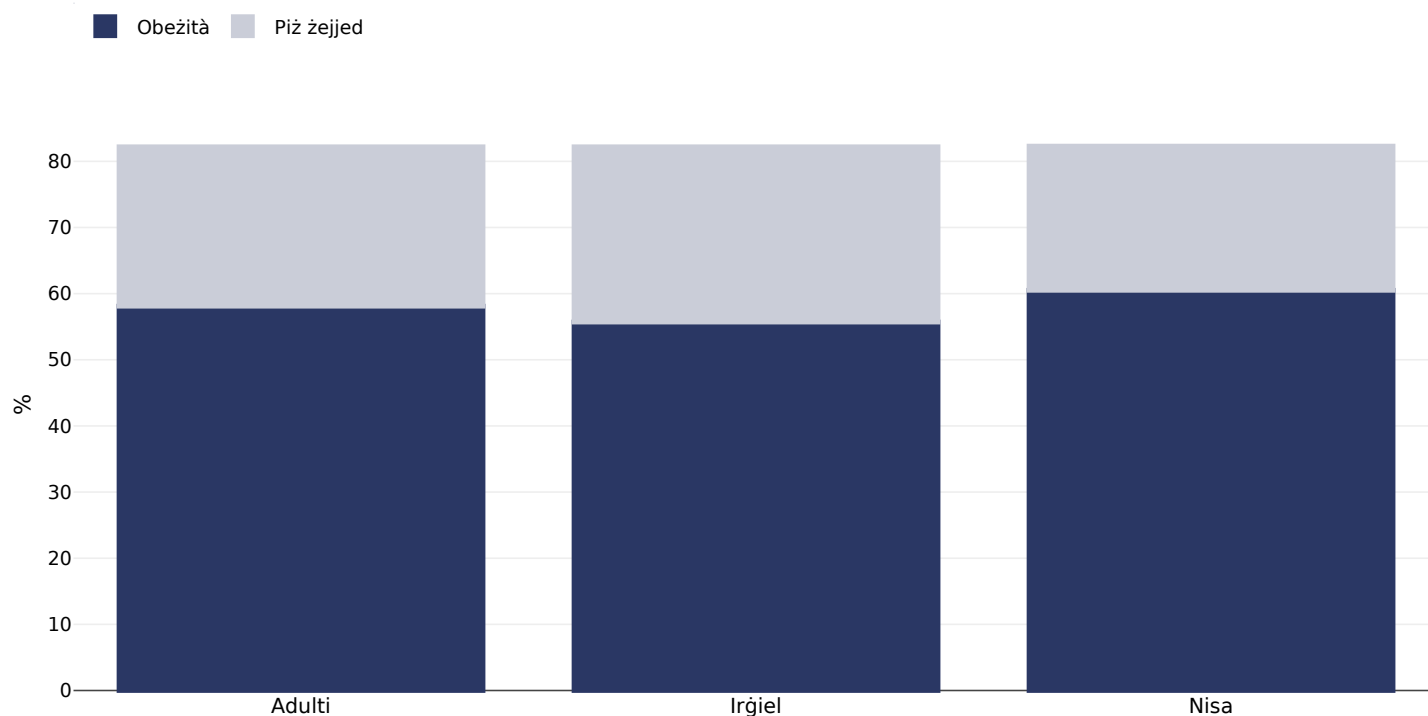


Report card Nauru



Prevalenza tal-obeżità

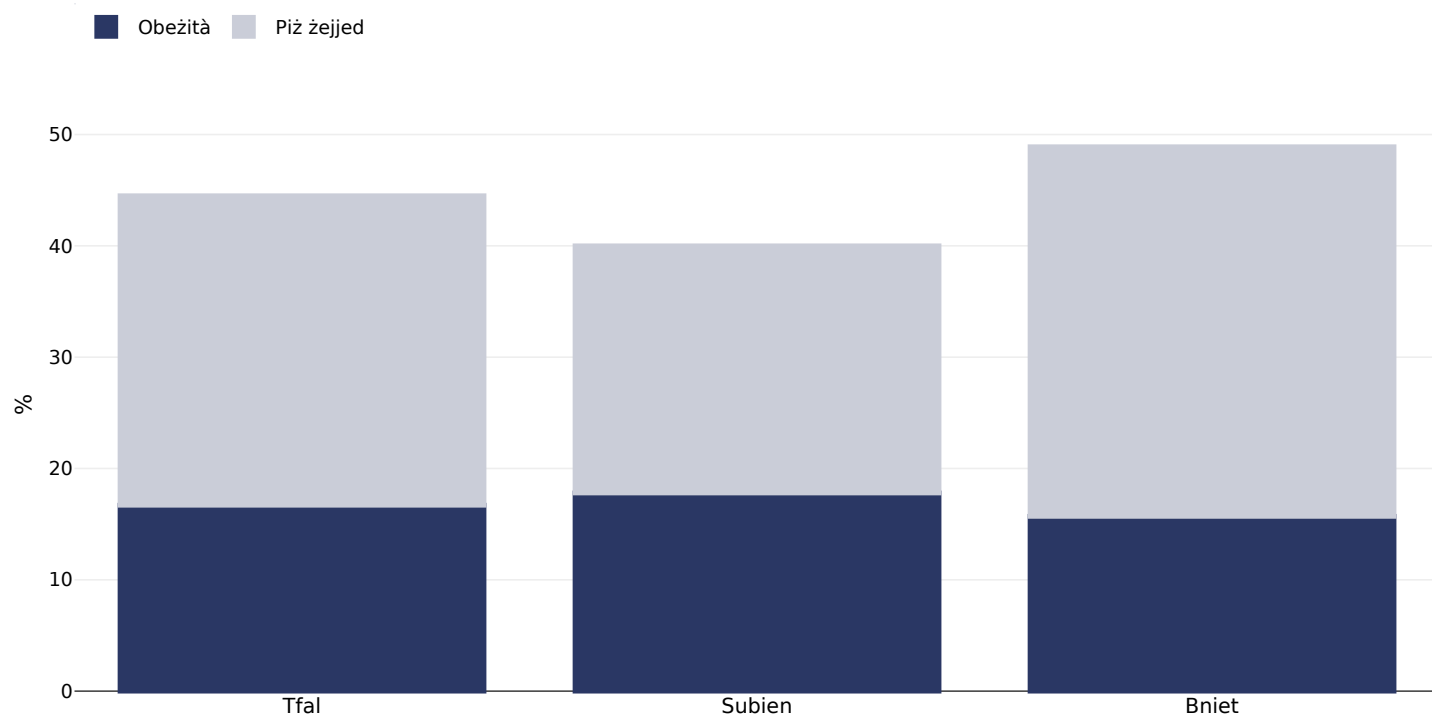
Adulti, 2004



Tip ta' stharrig:	Imkejjel
Età:	15-64
Id-daqs tal-kampjun:	2254
Erja Koperta:	Nazzjonali
Referenzi:	Keke K, Phongsavan P, Dan L, Bacigalupo M, Thoma R, Riley L, Waidubu G, Galea G, Pryor J, Raj S and Chey T. (2007). Nauru NCD risk factors STEPS report. WHO Infobase.

Sakemm ma jigix indikat mod ieħor, il-piż żejjed jirreferi għal BMI bejn 25kg u 29.9kg/m², l-obeżità tirreferi għal BMI akbar minn 30kg/m².

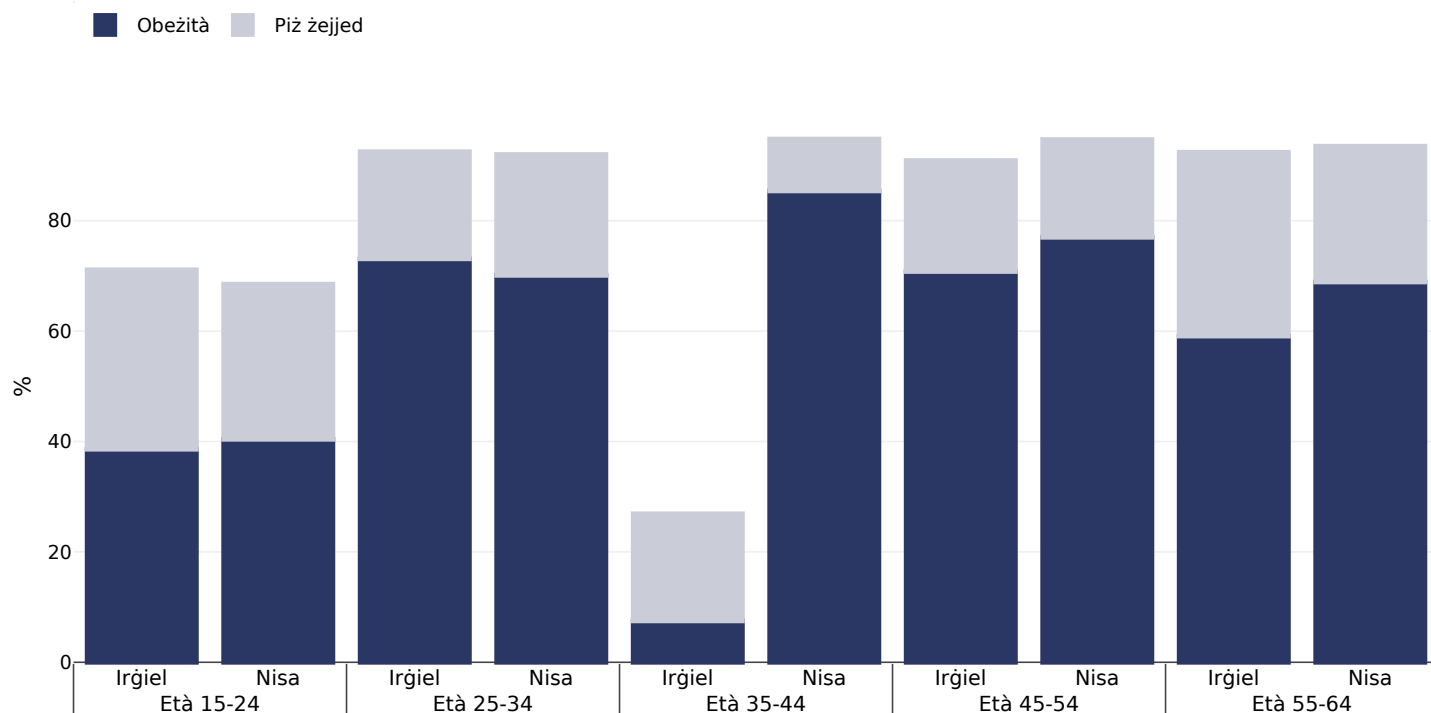
Tfal, 2011



Tip ta' stharrig:	Irrappurtat mill-persuna nnifisha
Età:	13-15
Id-daqs tal-kampjun:	578
Erja Koperta:	Nazzjonali
Referenzi:	Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/Nauru_GSHS_FS_2011.pdf?ua=1 (last accessed 14.12.20)
Noti:	NB. Small sample size
Cutoffs:	WHO

Piż żejjed/obeżità skont l-età

Adulti, 2005



Tip ta' stharrig:

Imkejjel

Id-daqs tal-kampjun:

2254

Erja Koperta:

Nazzjonali

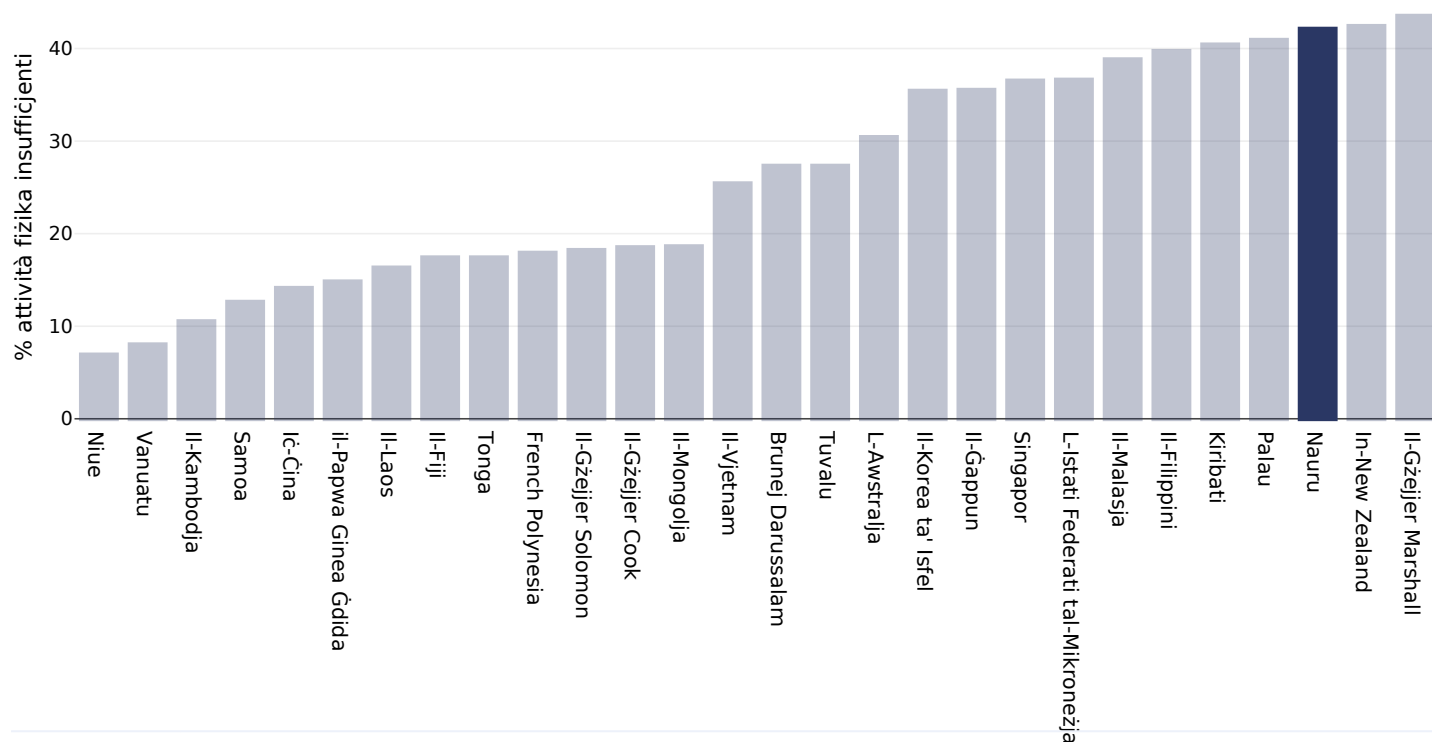
Referenzi:

Keke K, Phongsavan P, Dan L, Bacigalupo M, Thoma R, Riley L, Waidubu G, Galea G, Pryor J, Raj S and Chey T. (2007). Nauru NCD risk factors STEPS report. WHO Infobase.

Sakemm ma jiġix indikat mod ieħor, il-piż żejjed jirreferi għal BMI bejn 25kg u 29.9kg/m², l-obeżità tirreferi għal BMI akbar minn 30kg/m².

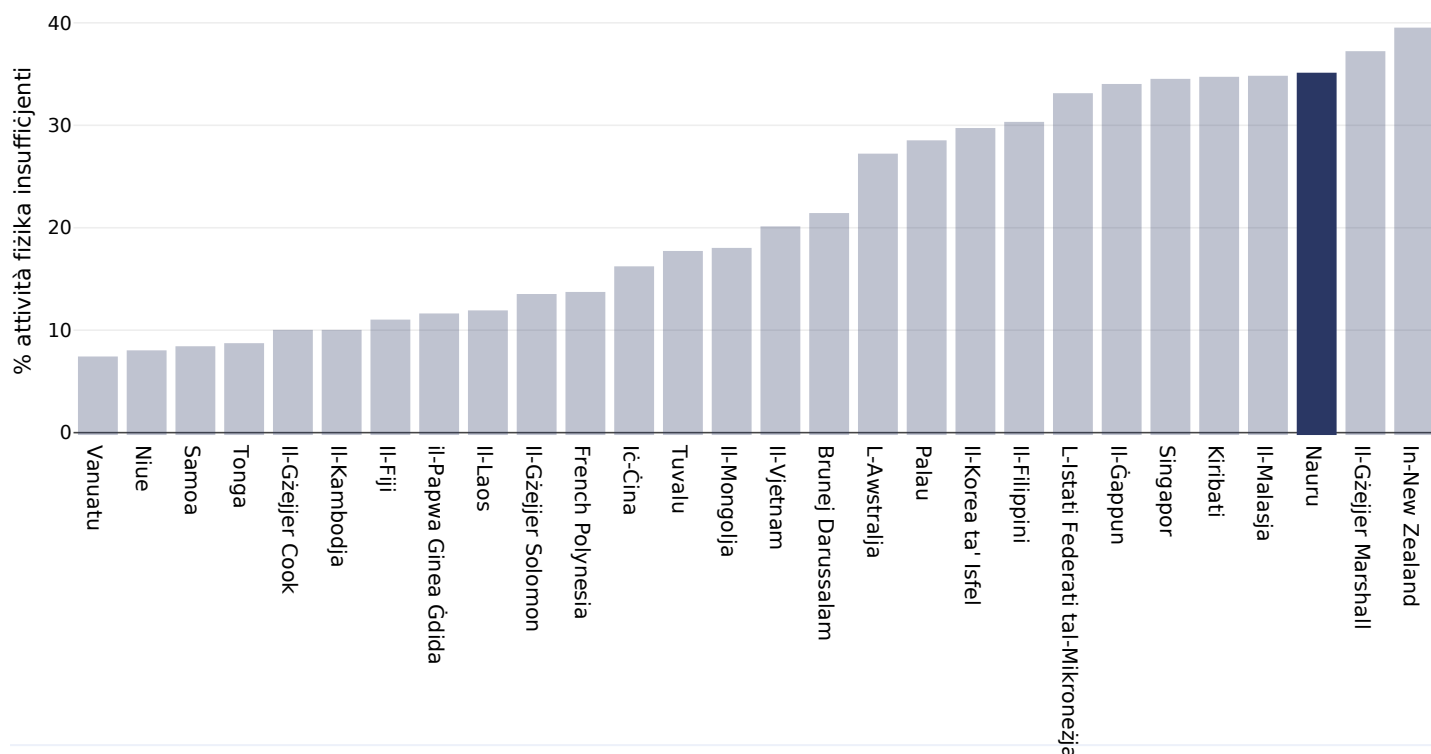
Attività fizika insuffiċjenti

Adulti, 2016



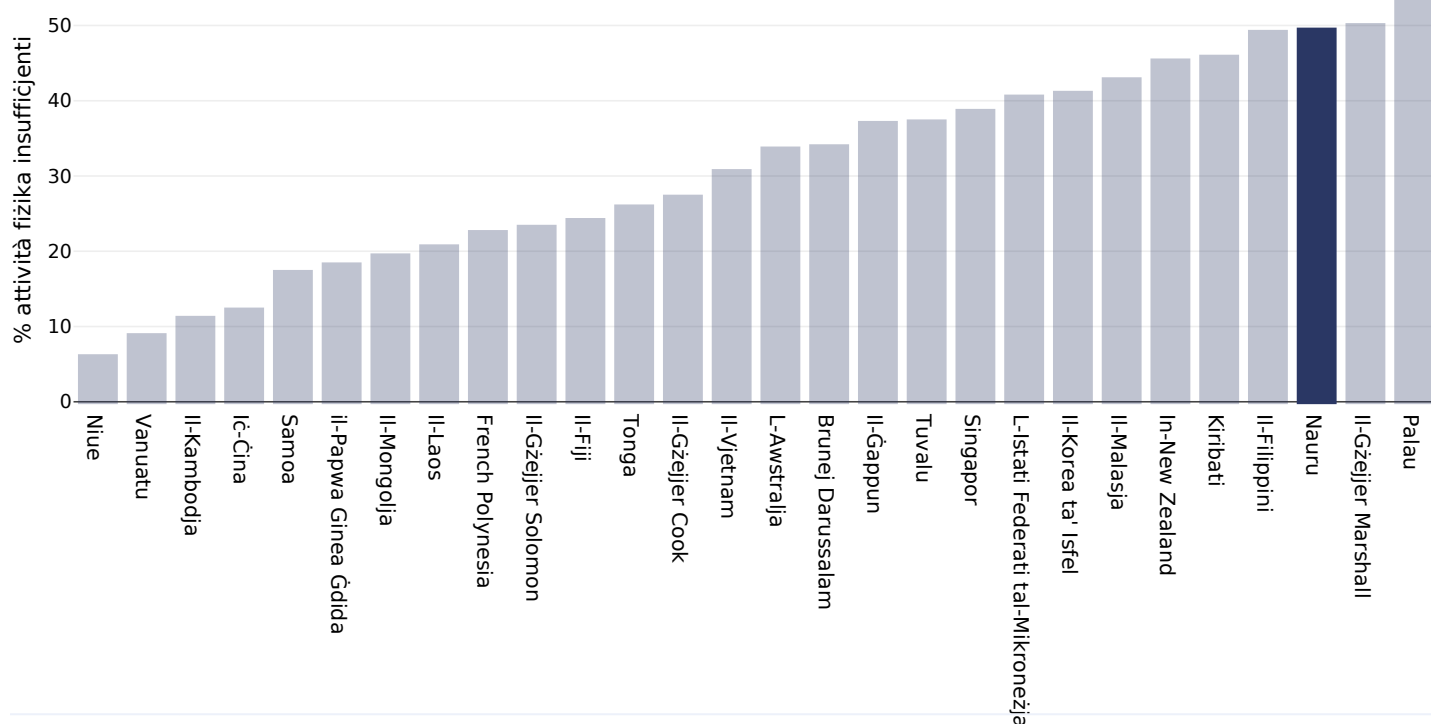
Referenzi: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Irgjiel, 2016



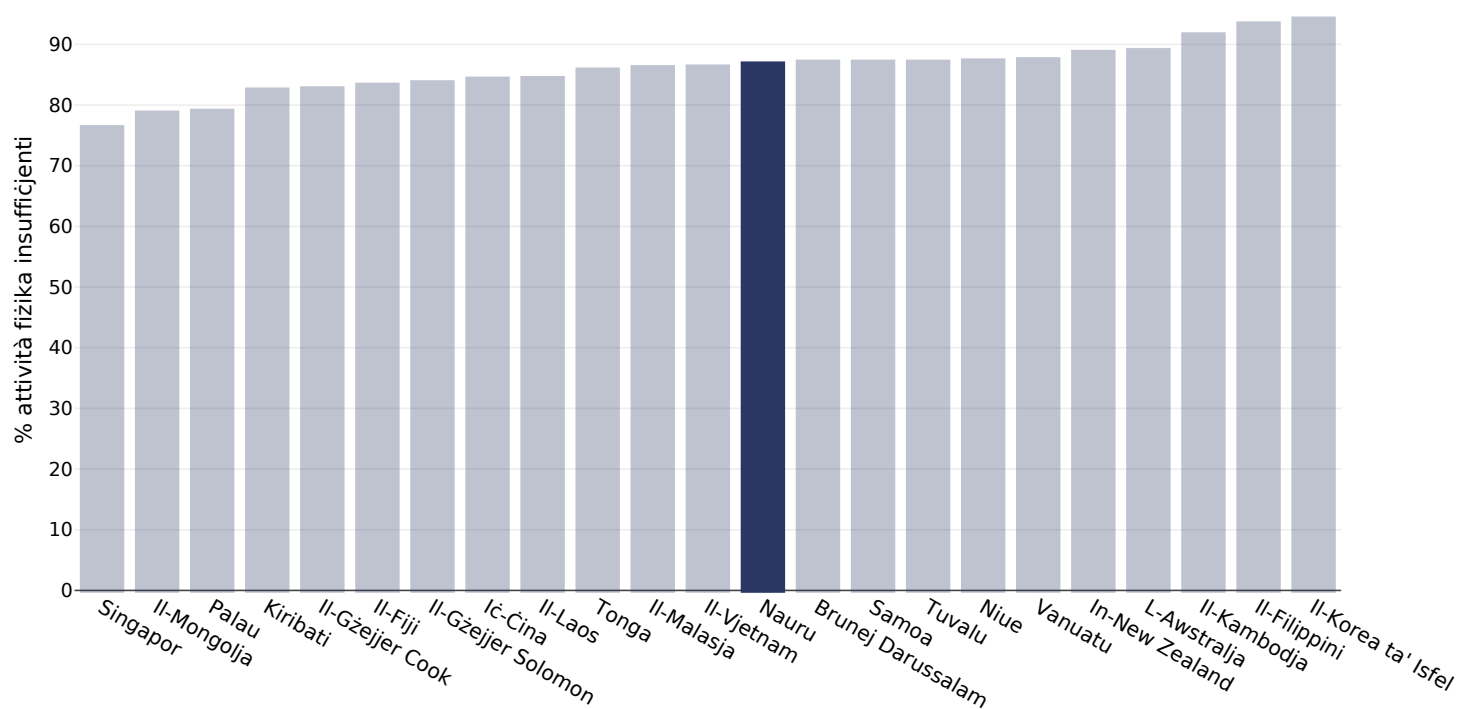
Referenzi: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Nisa, 2016



Referenzi: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Tfal, 2016



Tip ta' stharriġ:

Irrappurtat mill-persuna nnifisha

Età:

11-17

Referenzi:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

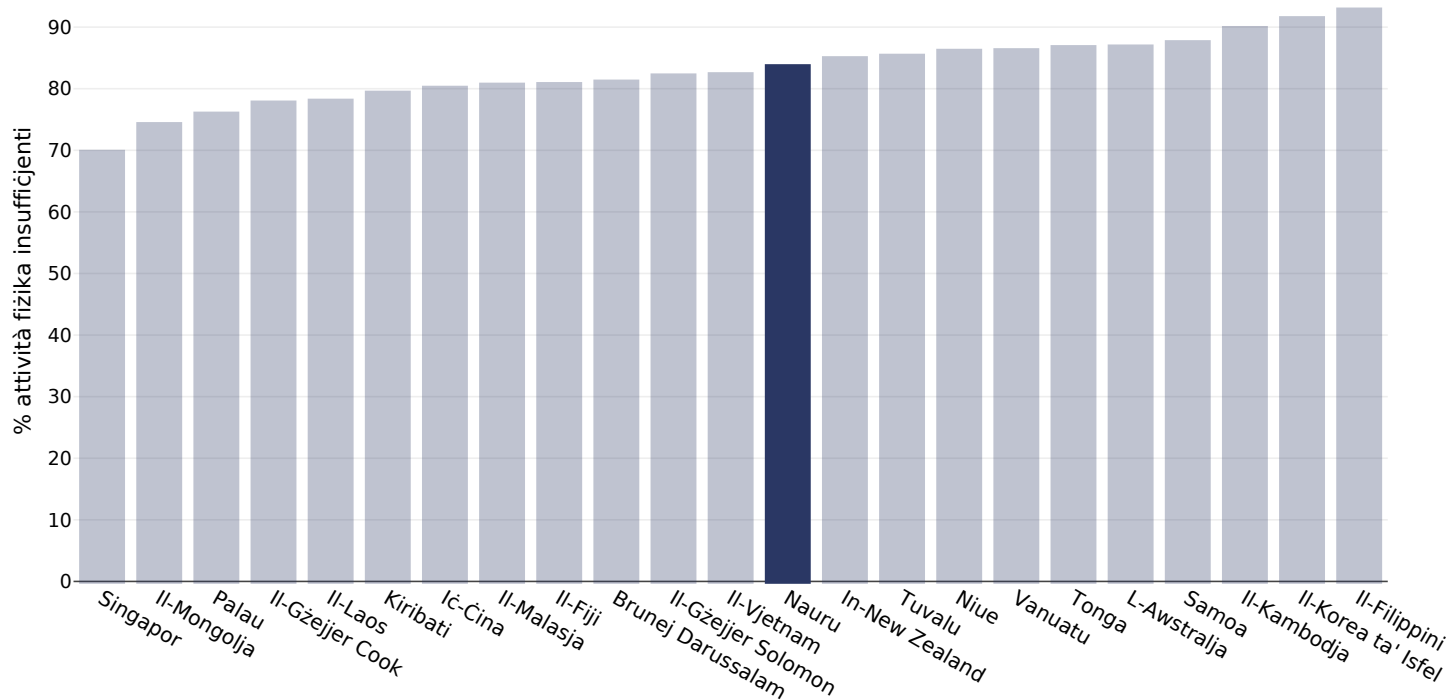
Noti:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definizzjonijiet (disponibbli bl-Ingliż biss):

% Adolescents insufficiently active (age standardised estimate)

Subien, 2016



Tip ta' stharriġ:

Irrappurtat mill-persuna nnifisha

Età:

11-17

Referenzi:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

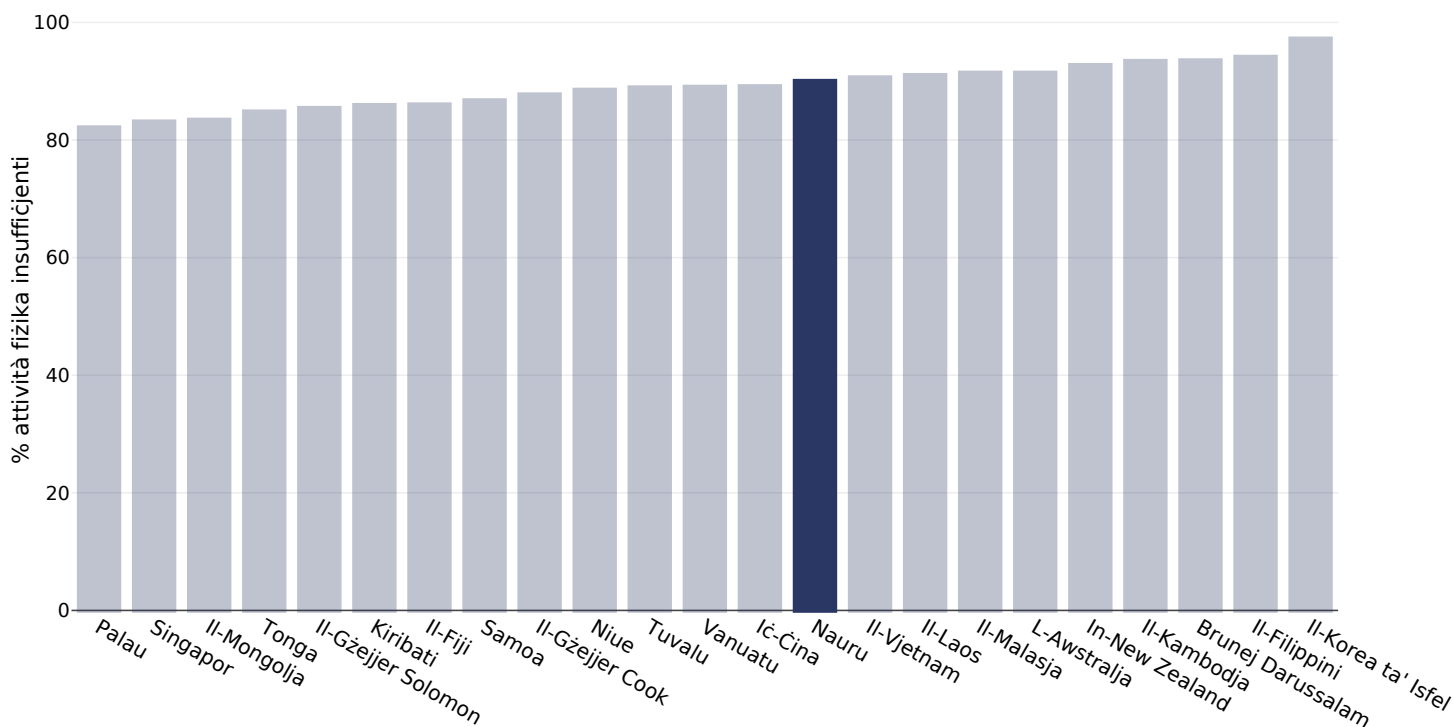
Noti:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definizzjonijiet (disponibbli bl-Ingliż biss):

% Adolescents insufficiently active (age standardised estimate)

Bniet, 2016



Tip ta' stharrig:

Irrappurtat mill-persuna nnifisha

Età:

11-17

Referenzi:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Noti:

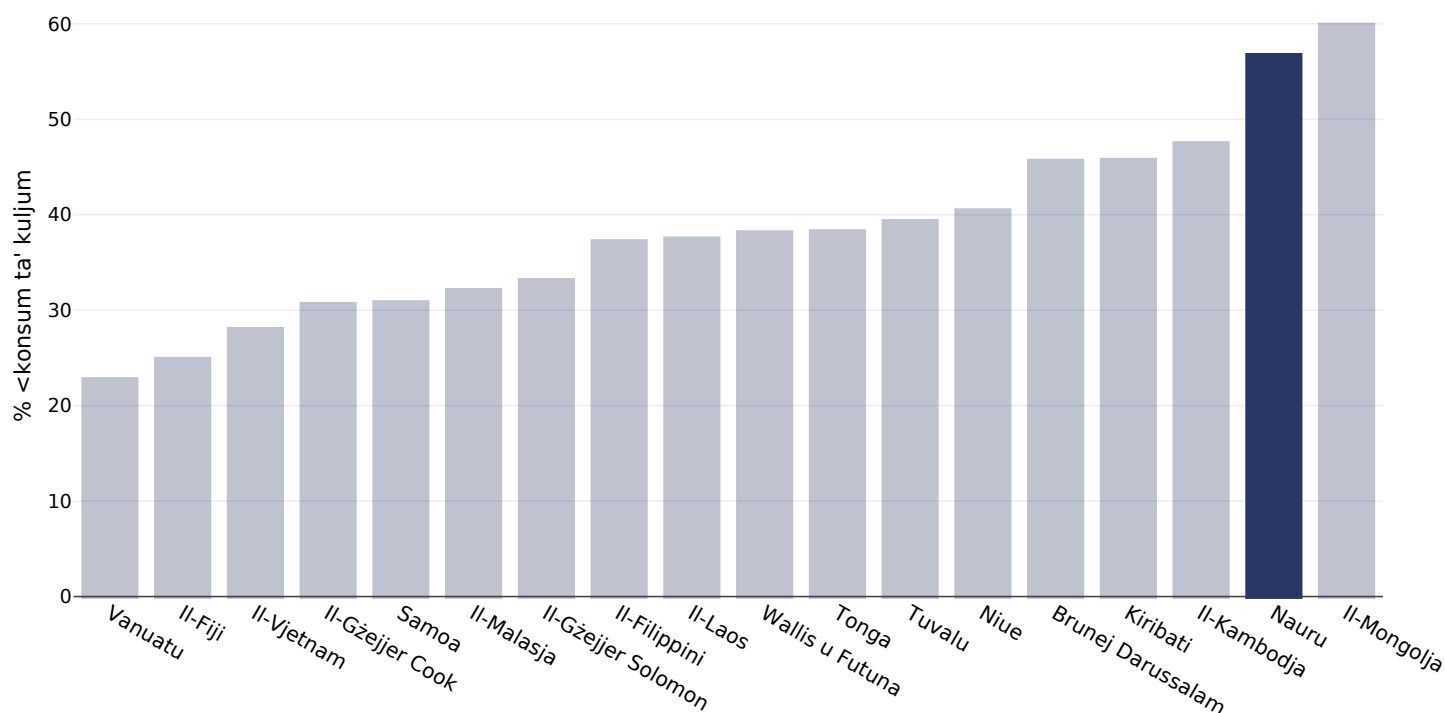
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definizzjonijiet (disponibbli bl-Ingliż biss):

% Adolescents insufficiently active (age standardised estimate)

Prevalenza ta' inqas minn konsum ta' frott ta' kuljum

Tfal, 2010-2015



Tip ta' stharrig:

Imkejjel

Età:

12-17

Referenzi:

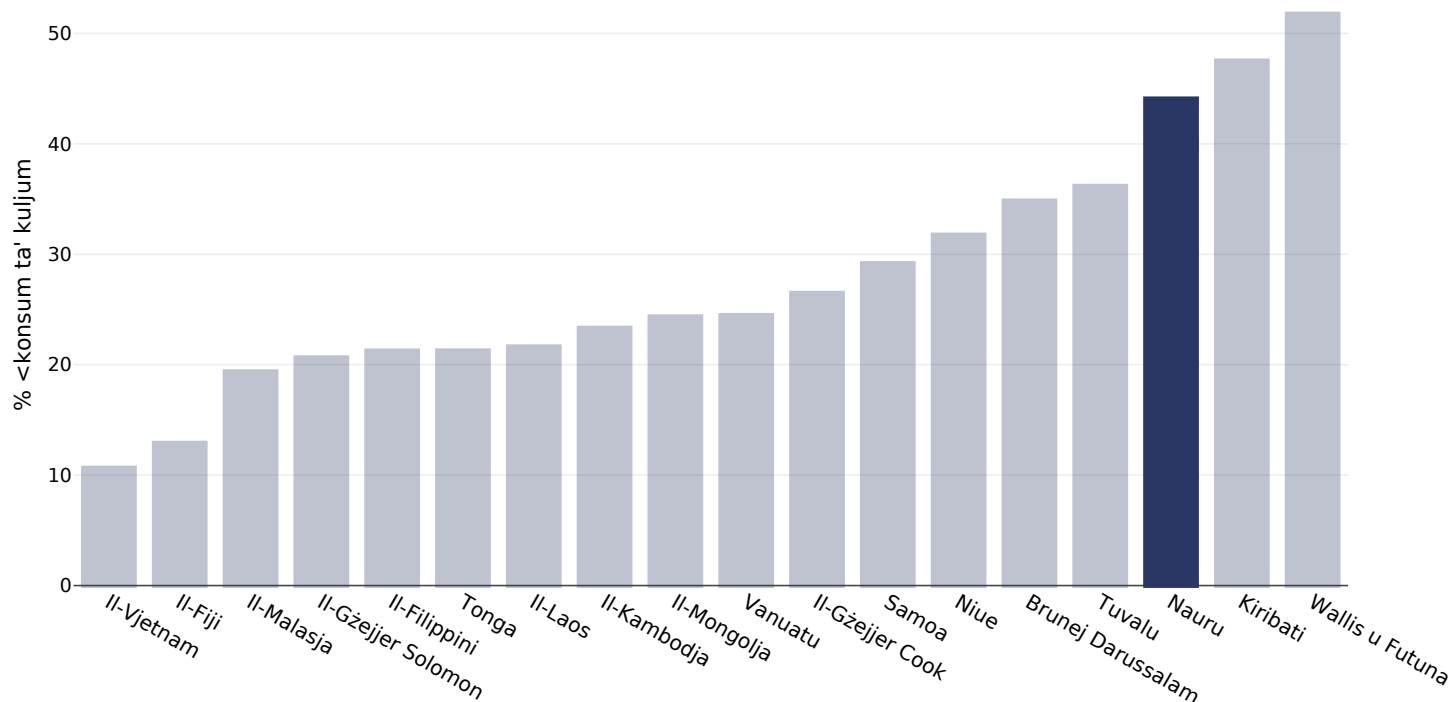
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definizzjonijiet (disponibbli bl-Ingliż biss):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalenza ta' inqas minn konsum veġetali ta' kuljum

Tfal, 2010-2015



Tip ta' stharrig:

Imkejjel

Età:

12-17

Referenzi:

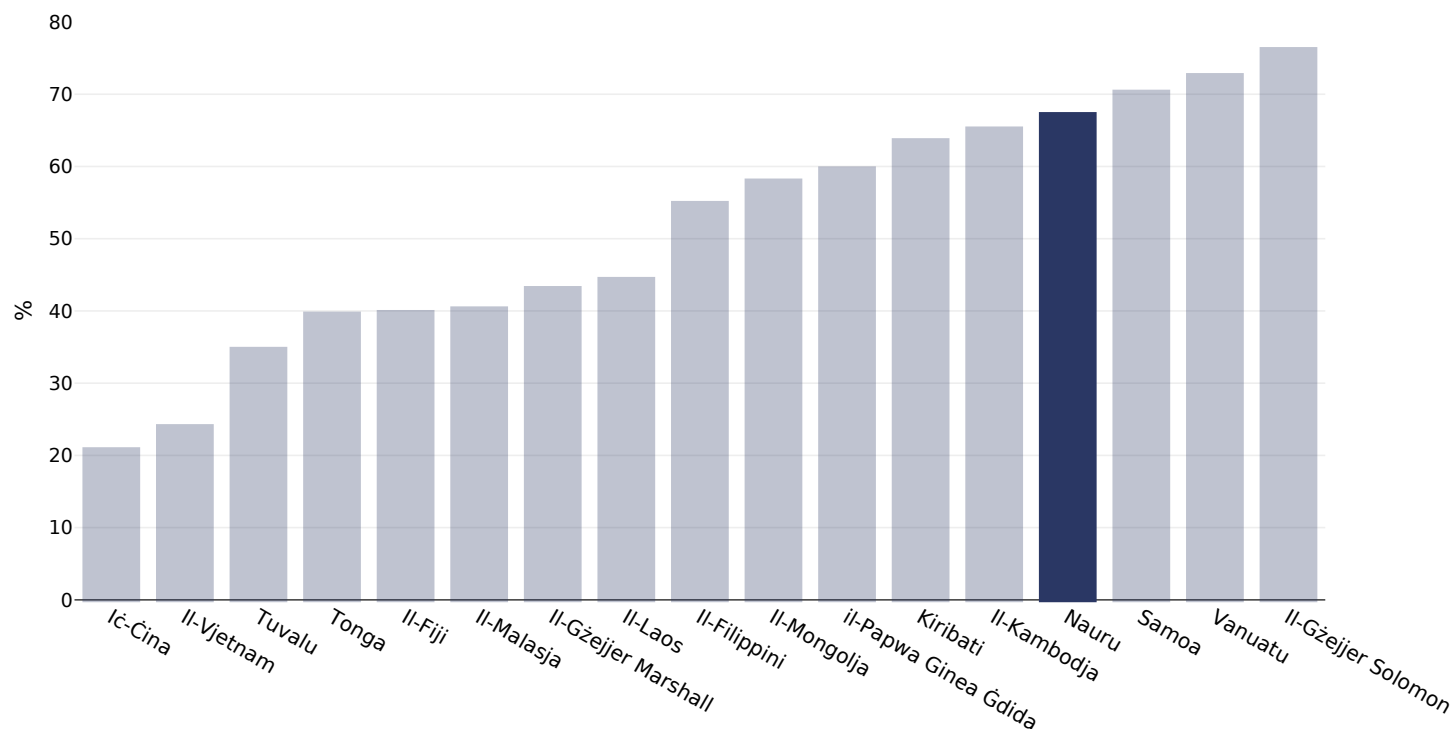
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definizzjonijiet (disponibbli bl-Ingliż biss):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

% ta' trabi ta' bejn 0-5 xhur imreddgħa biss

Tfal, 2004-2020



Erja Koperta:

Nazzjonali

Referenzi:

Nauru 2007 demographic and health survey. Demographic and Health Surveys. Auckland, New Zealand: NBS, SPC and Macro, 2009

Noti:

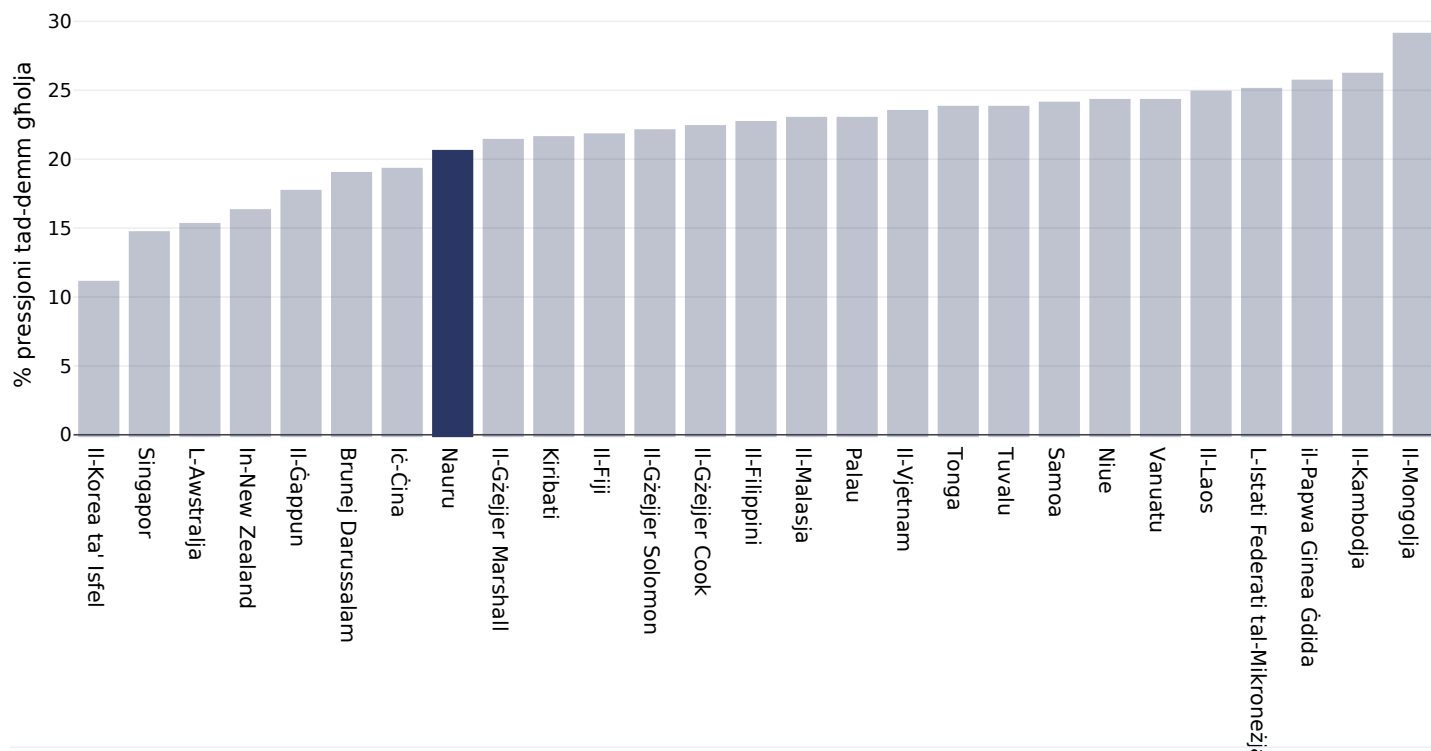
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definizzjonijiet (disponibbli
bl-Ingliż biss):

% exclusively breastfed 0-5 months

Pressjoni għolja tad-demmm

Adulti, 2015



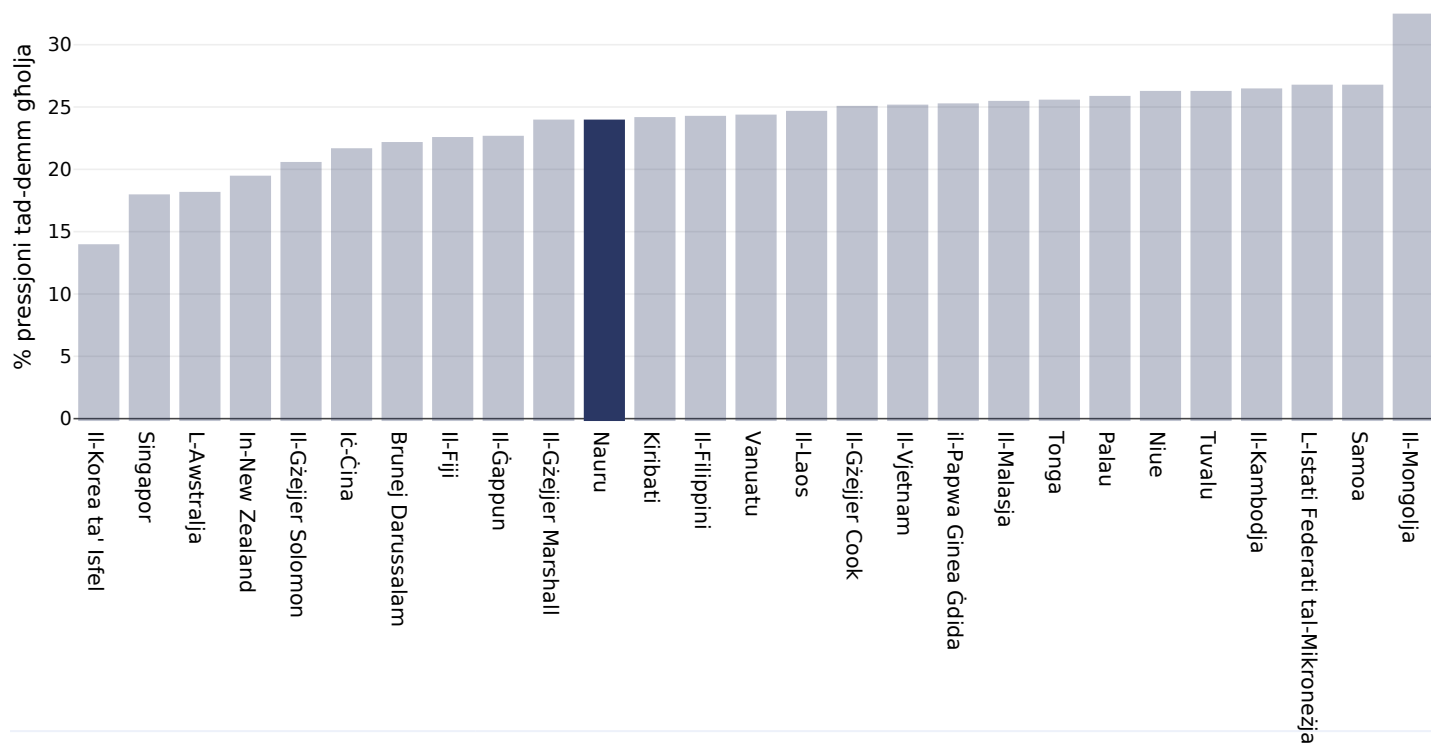
Referenzi:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definizzjonijiet (disponibbli bi-Ingliż biss):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Irgjel, 2015



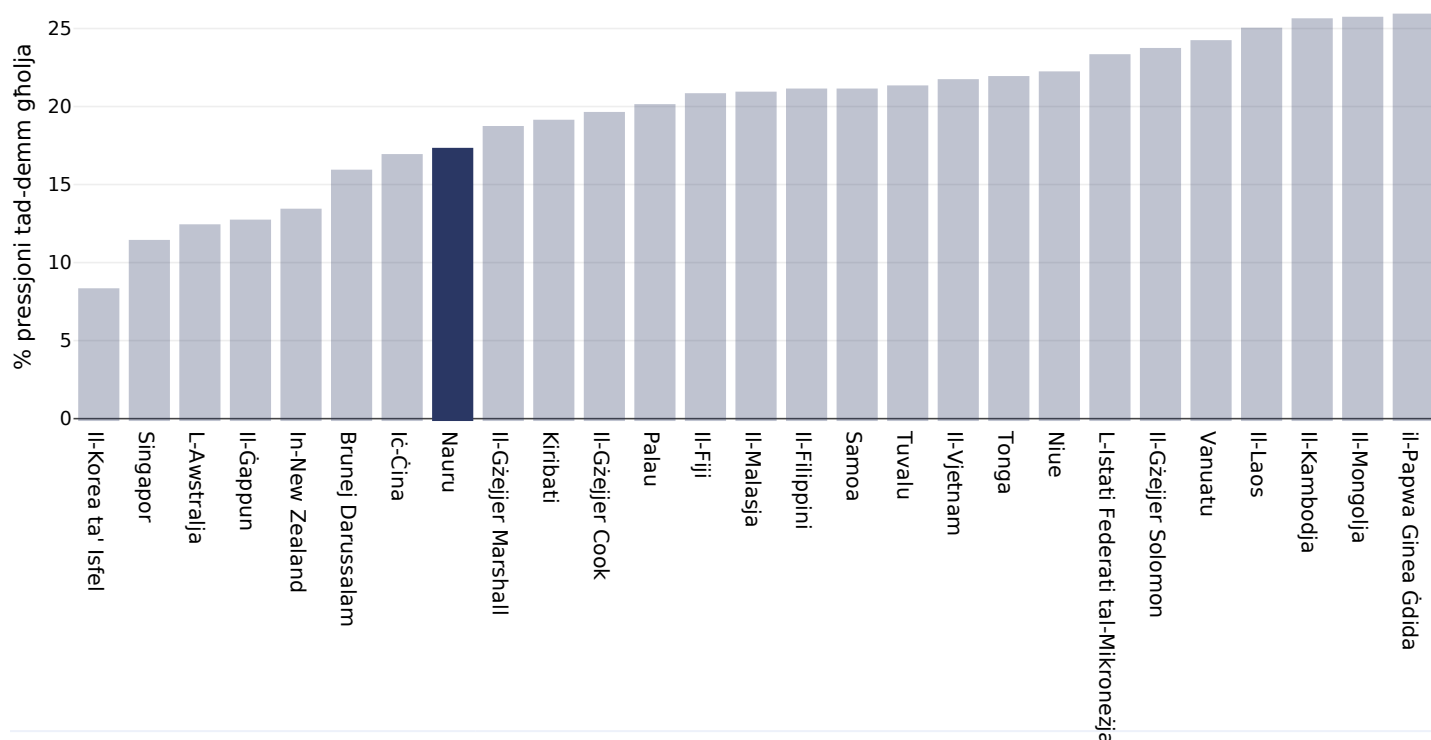
Referenzi:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definizzjonijiet (disponibbli bl-Ingliż biss):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Nisa, 2015



Referenzi:

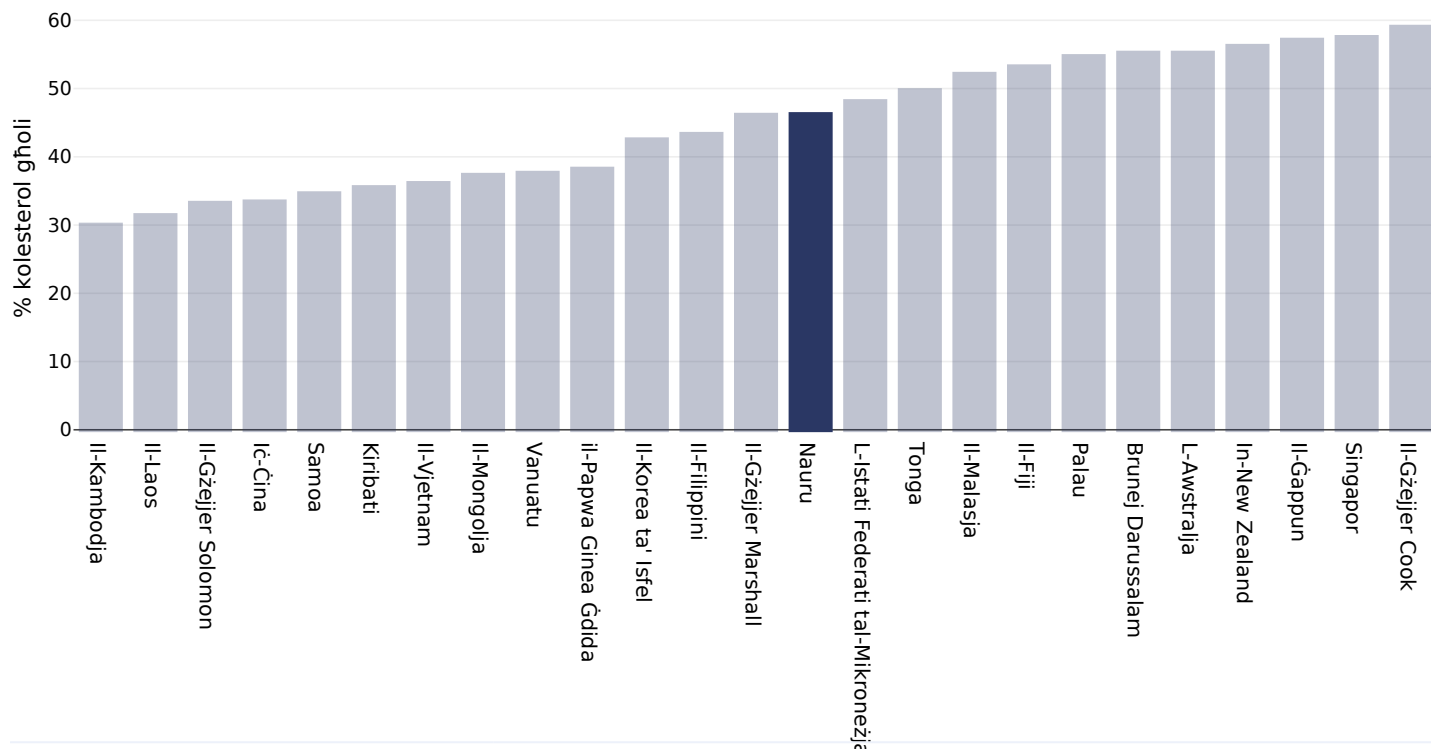
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definizzjonijiet (disponibbli bl-Ingliż biss):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Kolesterol għoli

Adulti, 2008



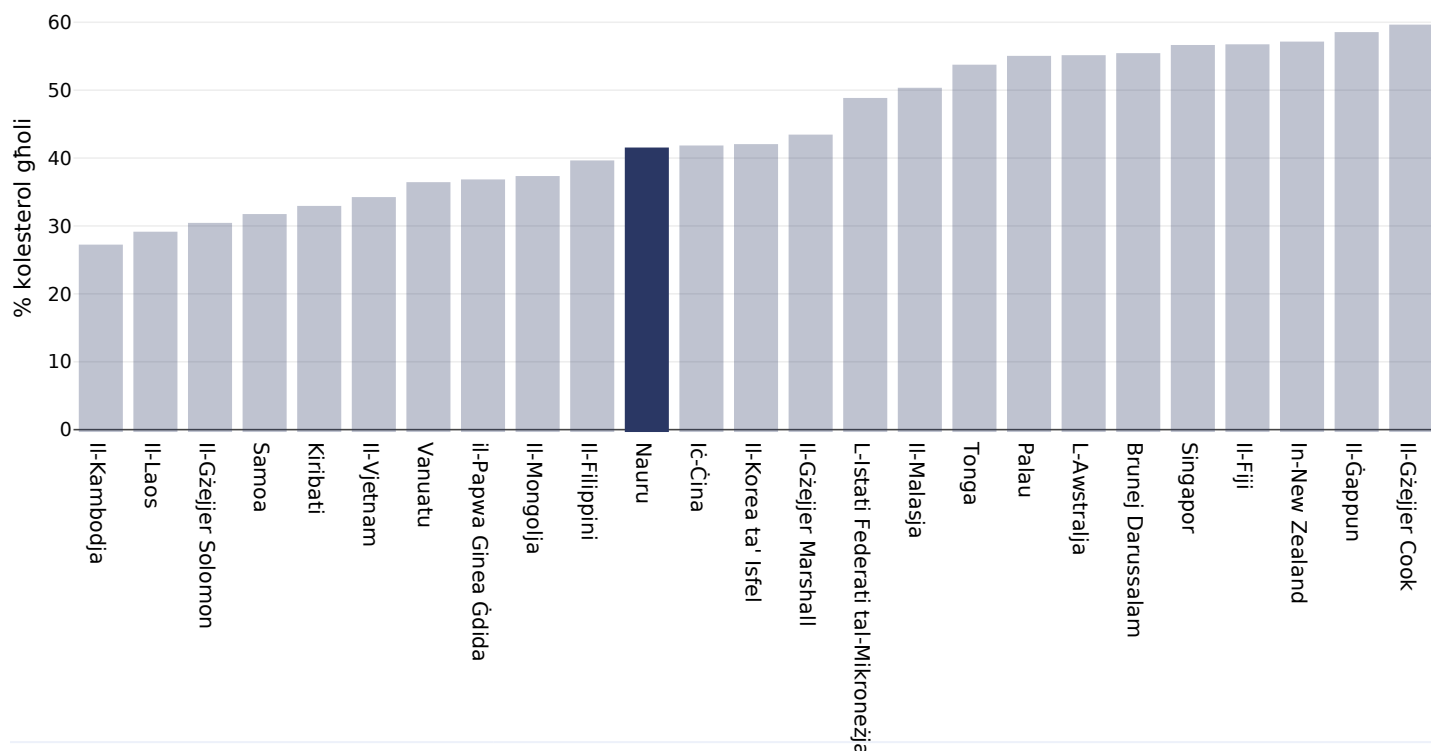
Referenzi:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definizzjonijiet (disponibbli bl-Ingliż biss):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Irgjel, 2008



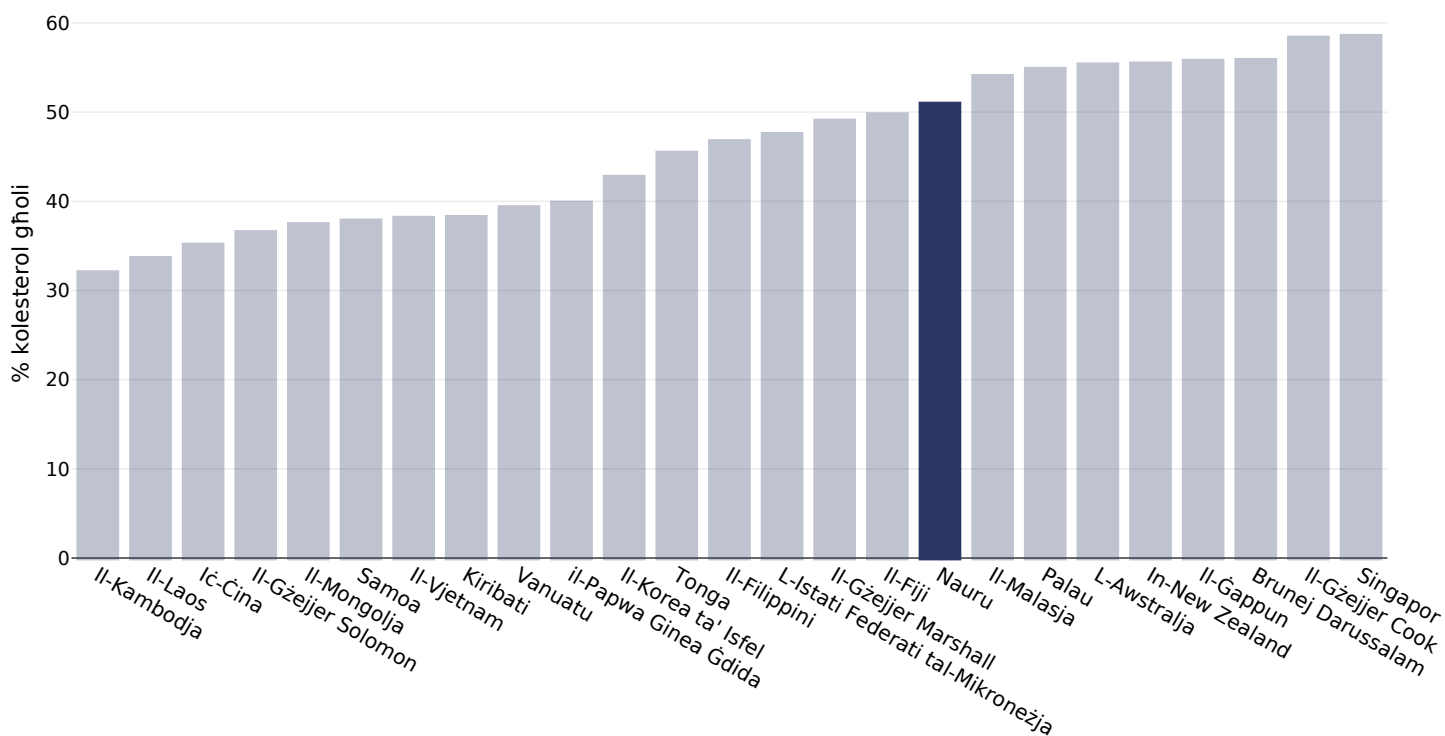
Referenzi:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definizzjonijiet (disponibbli bl-Ingliż biss):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Nisa, 2008



Referenzi:

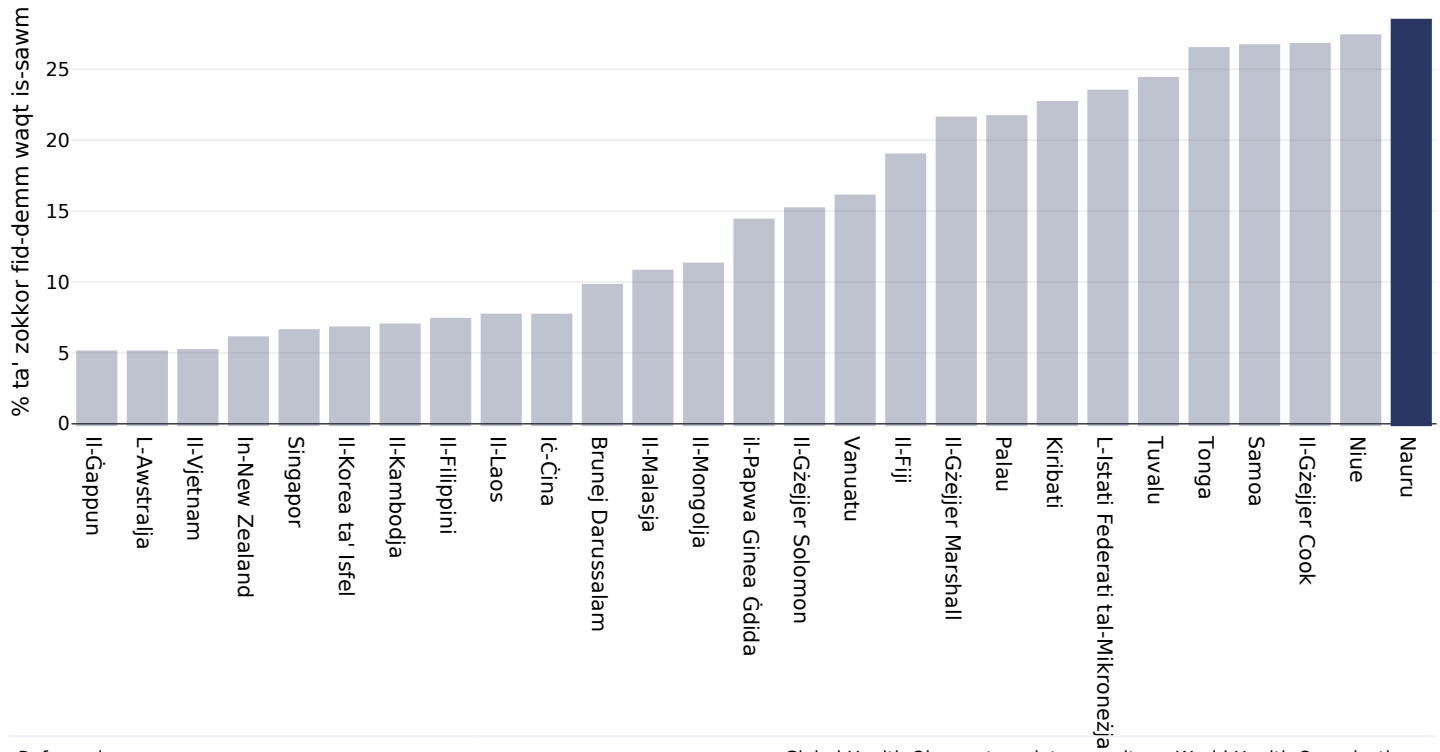
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definizzjonijiet (disponibbli bl-Ingliż biss):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Zokkor fid-demm għoli waqt is-sawm

Irgjiel, 2014



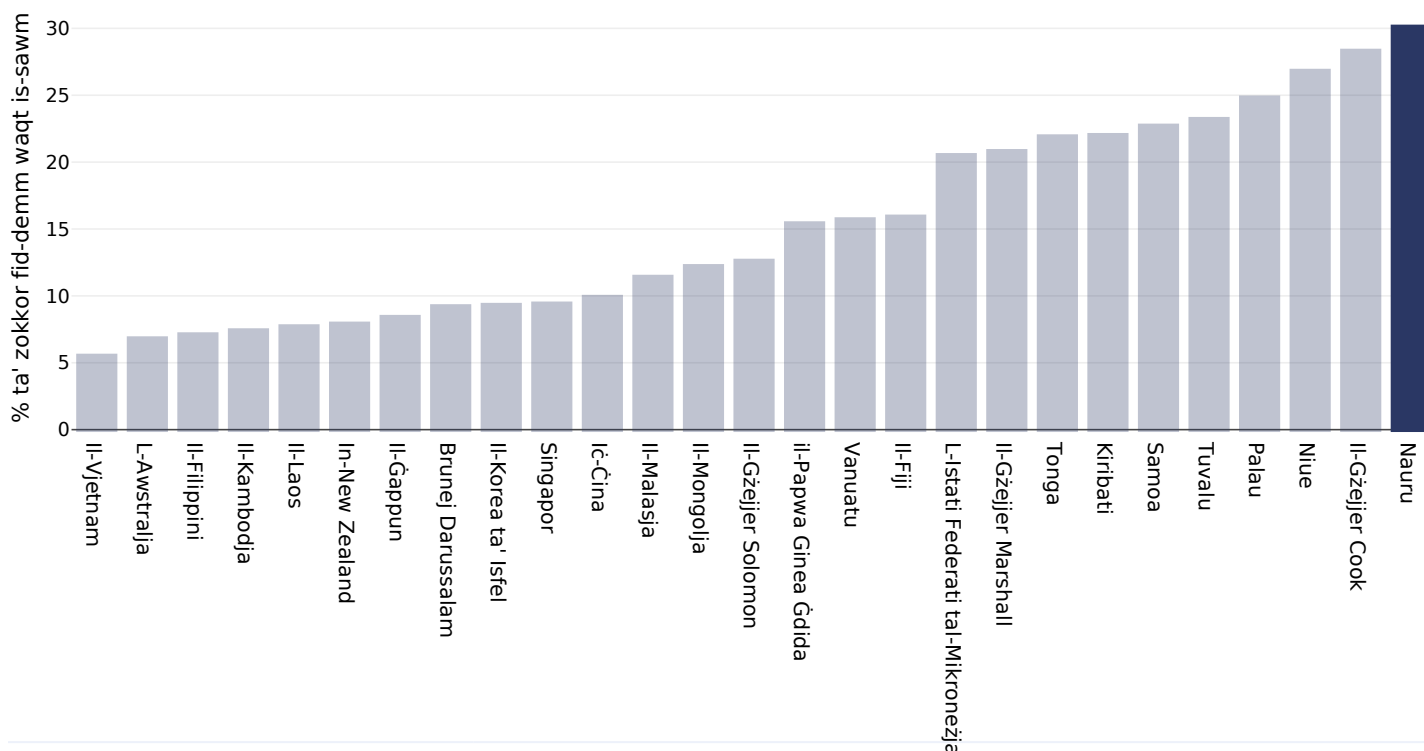
Referenzi:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definizzjonijiet (disponibbli bl-Ingliż biss):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Nisa, 2014



Referenzi:

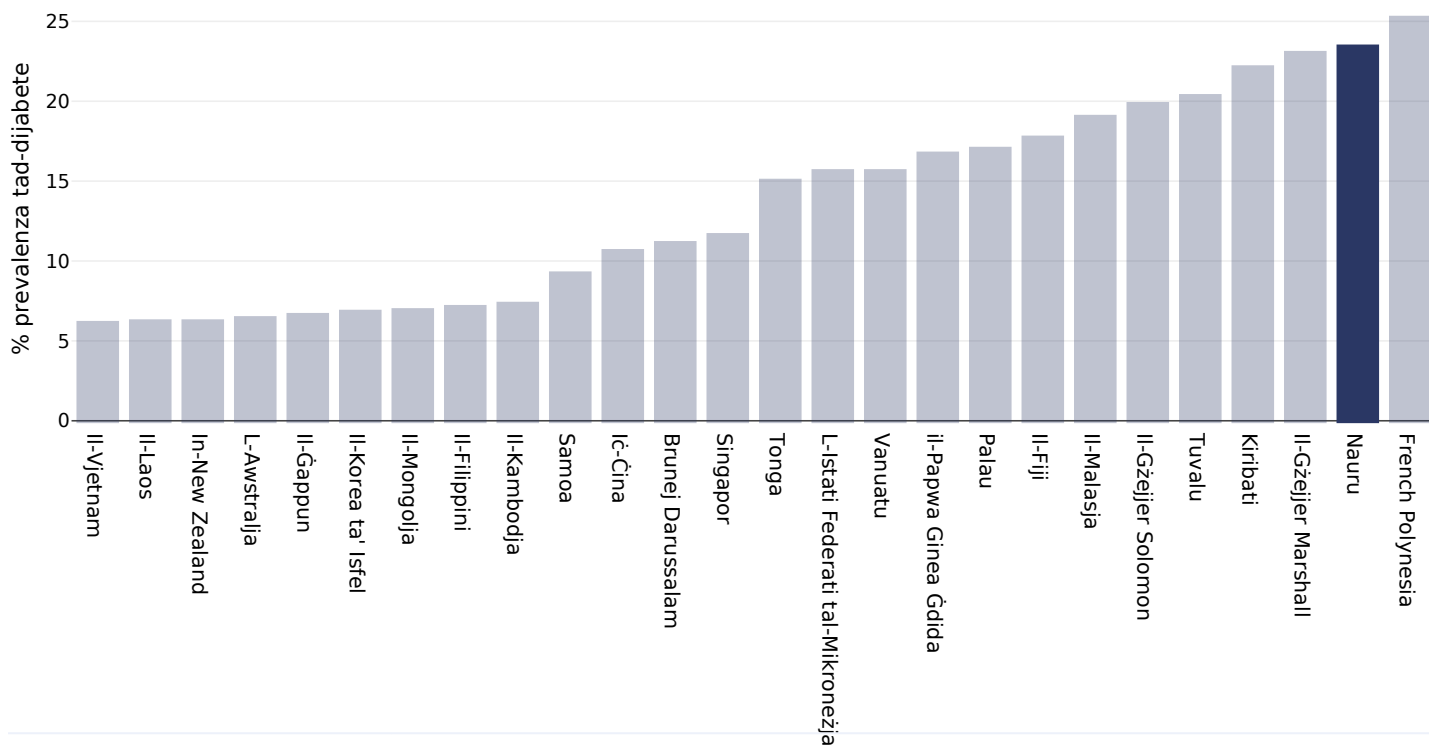
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definizzjonijiet (disponibbli bl-Ingliż biss):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Prevalenza tad-dijabete

Adulti, 2021



Età: 20-79

Erja Koperta: Nazzjonali

Referenzi: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definizzjonijiet (disponibbli bl-Ingliż biss): Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✗
National obesity strategy?	✗
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✗
Comprehensive physical activity strategy?	✗
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✓
Promotion of breastfeeding?	✗



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✓



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✗
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Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

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