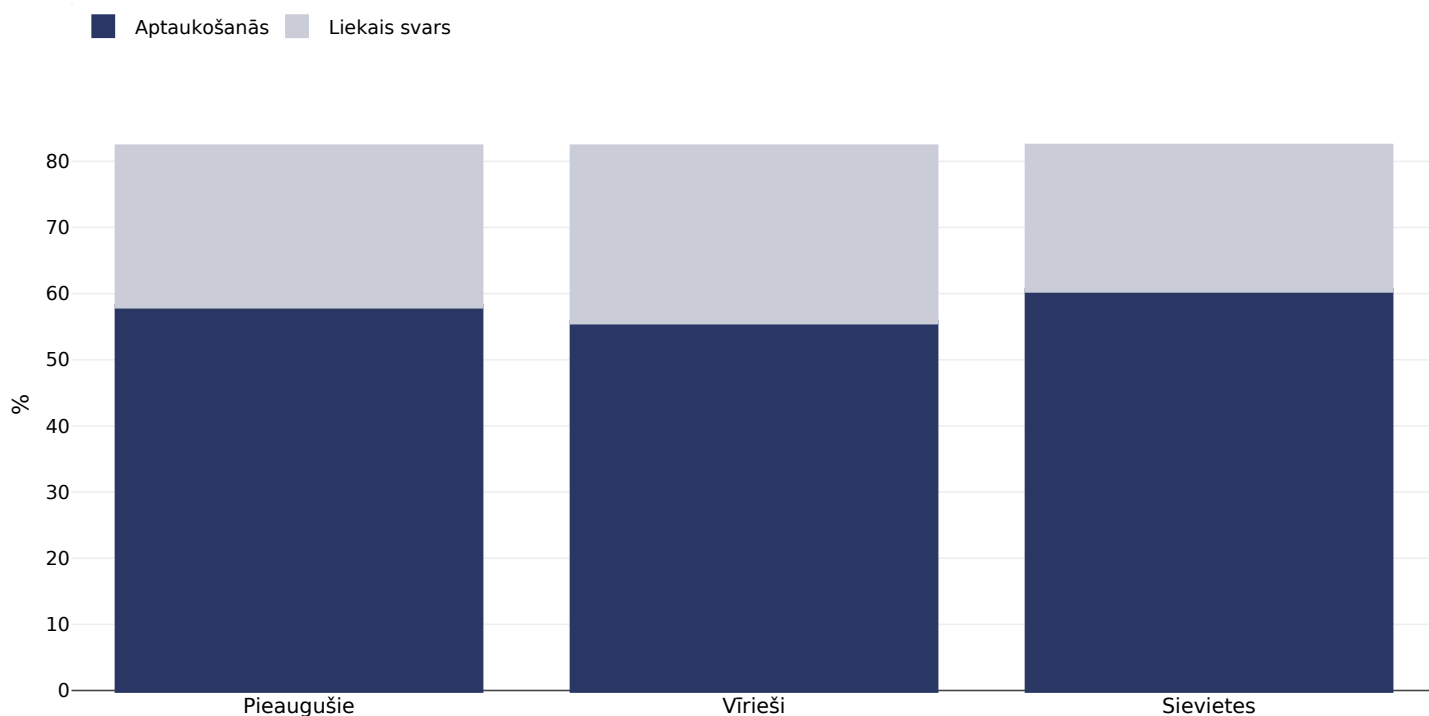


Report card Nauru



Aptaukošanās izplatība

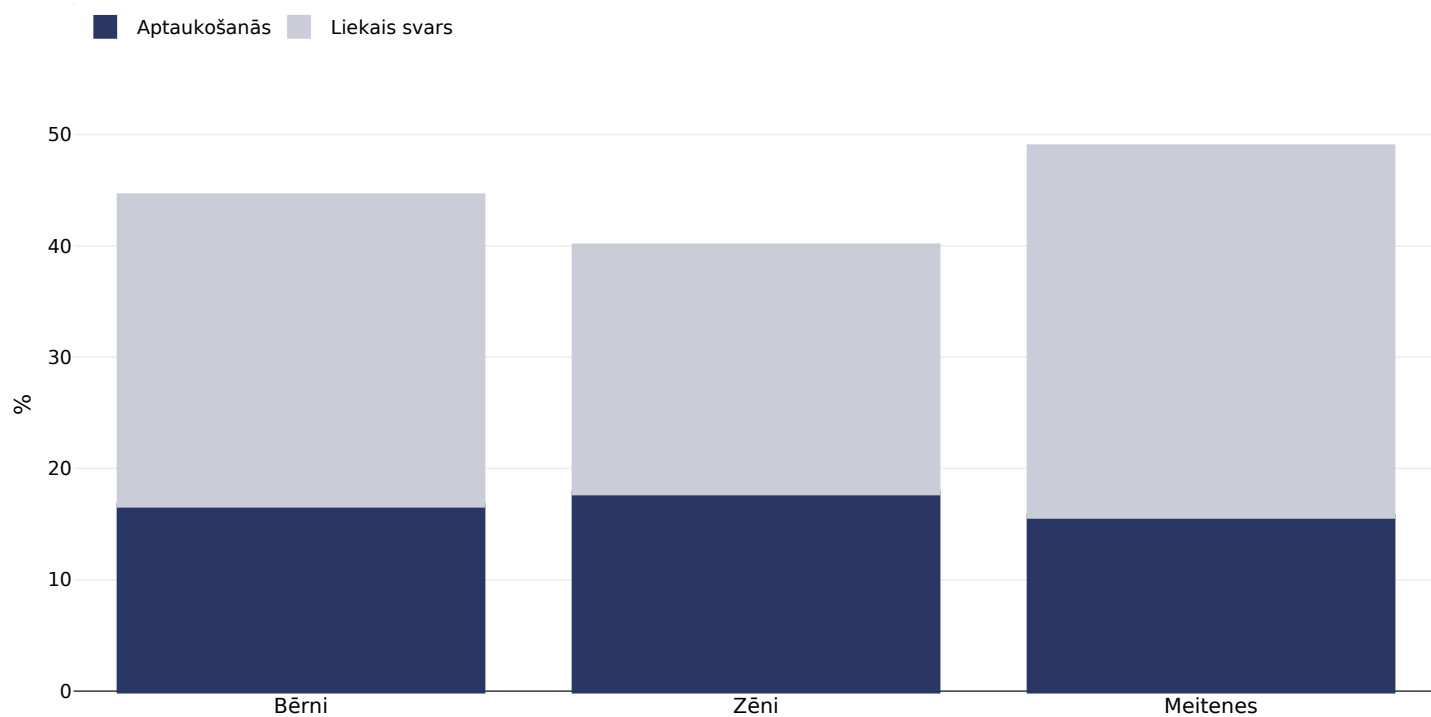
Pieaugušie, 2004



Apsekojuma veids:	Mēritā vērtība
Vecums:	15-64
Izlases lielums:	2254
Aptvertā teritorija:	Valsts
Atsauces:	Keke K, Phongsavan P, Dan L, Bacigalupo M, Thoma R, Riley L, Waidubu G, Galea G, Pryor J, Raj S and Chey T. (2007). Nauru NCD risk factors STEPS report. WHO Infobase.

Ja nav norādīts citādi, liekais svars attiecas uz ĶMI no 25 kg līdz 29,9 kg/m², aptaukošanās attiecas uz ĶMI, kas lielāks par 30 kg/m².

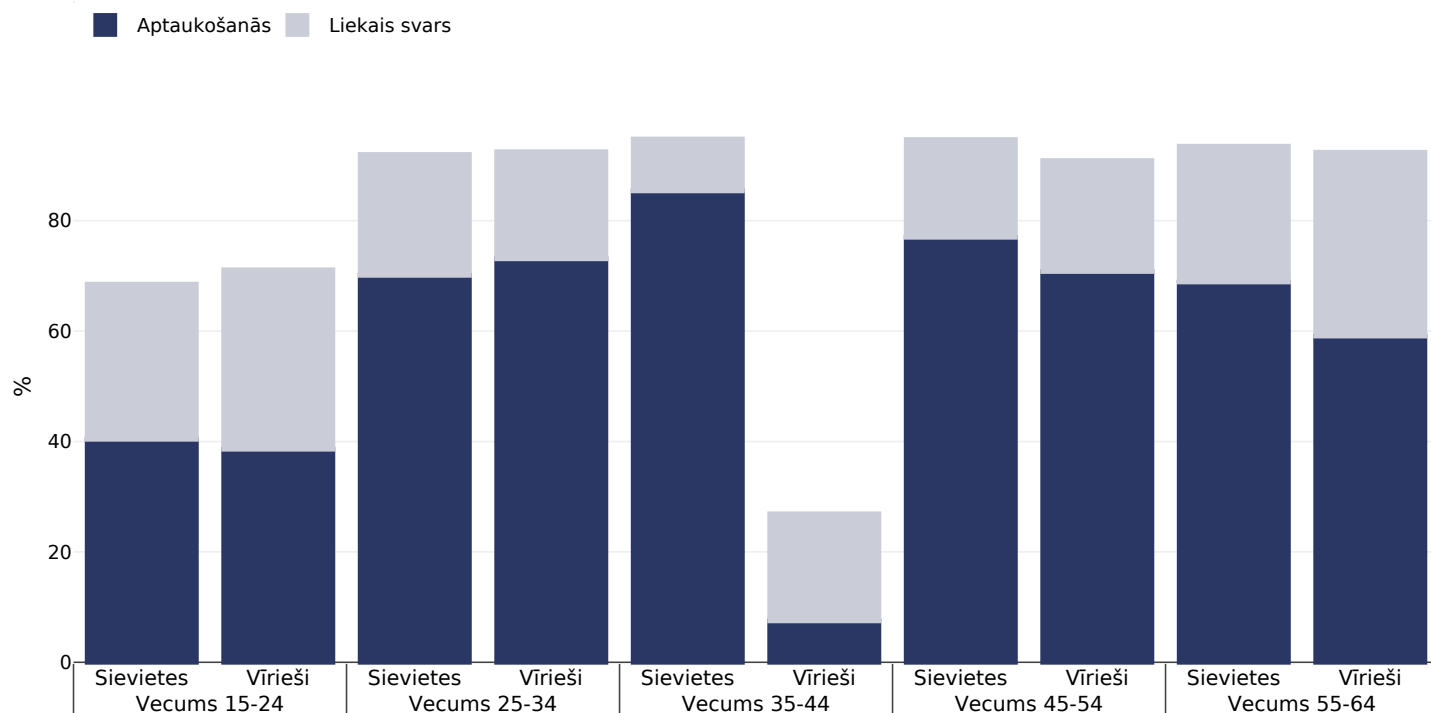
Bērni, 2011



Apsekojuma veids:	Pašu ziņojums
Vecums:	13-15
Izlases lielums:	578
Aptvertā teritorija:	Valsts
Atsauces:	Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/Nauru_GSHS_FS_2011.pdf?ua=1 (last accessed 14.12.20)
Piezīmes (pieejamas tikai angļu valodā):	NB. Small sample size
Cutoffs:	WHO

Liekais svars/aptaukošanās pēc vecuma

Pieaugušie, 2005



Apsekojuma veids:

Mērītā vērtība

Izlases lielums:

2254

Aptvertā teritorija:

Valsts

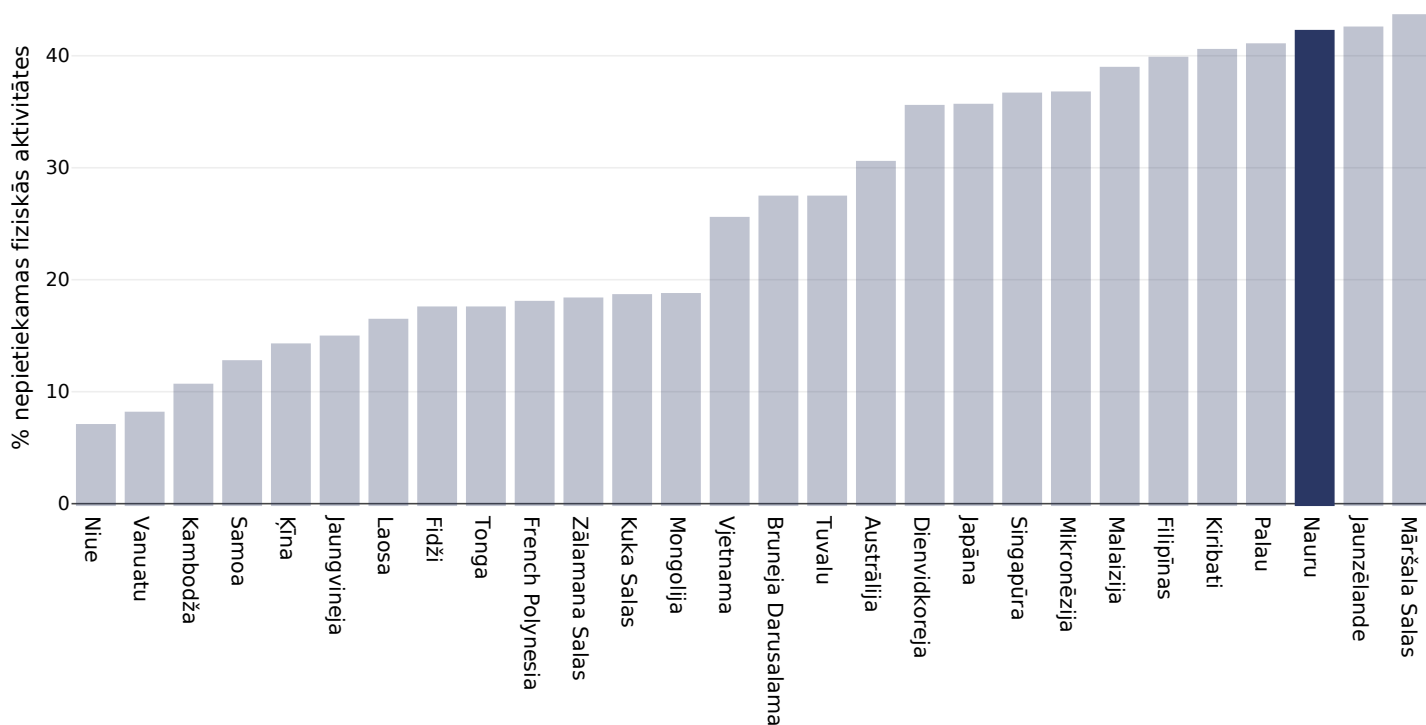
Atsauces:

Keke K, Phongsavan P, Dan L, Bacigalupo M, Thoma R, Riley L, Waidubu G, Galea G, Pryor J, Raj S and Chey T. (2007). Nauru NCD risk factors STEPS report. WHO Infobase.

Ja nav norādīts citādi, liekais svars attiecas uz ĶMI no 25 kg līdz 29,9 kg/m², aptaukošanās attiecas uz ĶMI, kas lielāks par 30 kg/m².

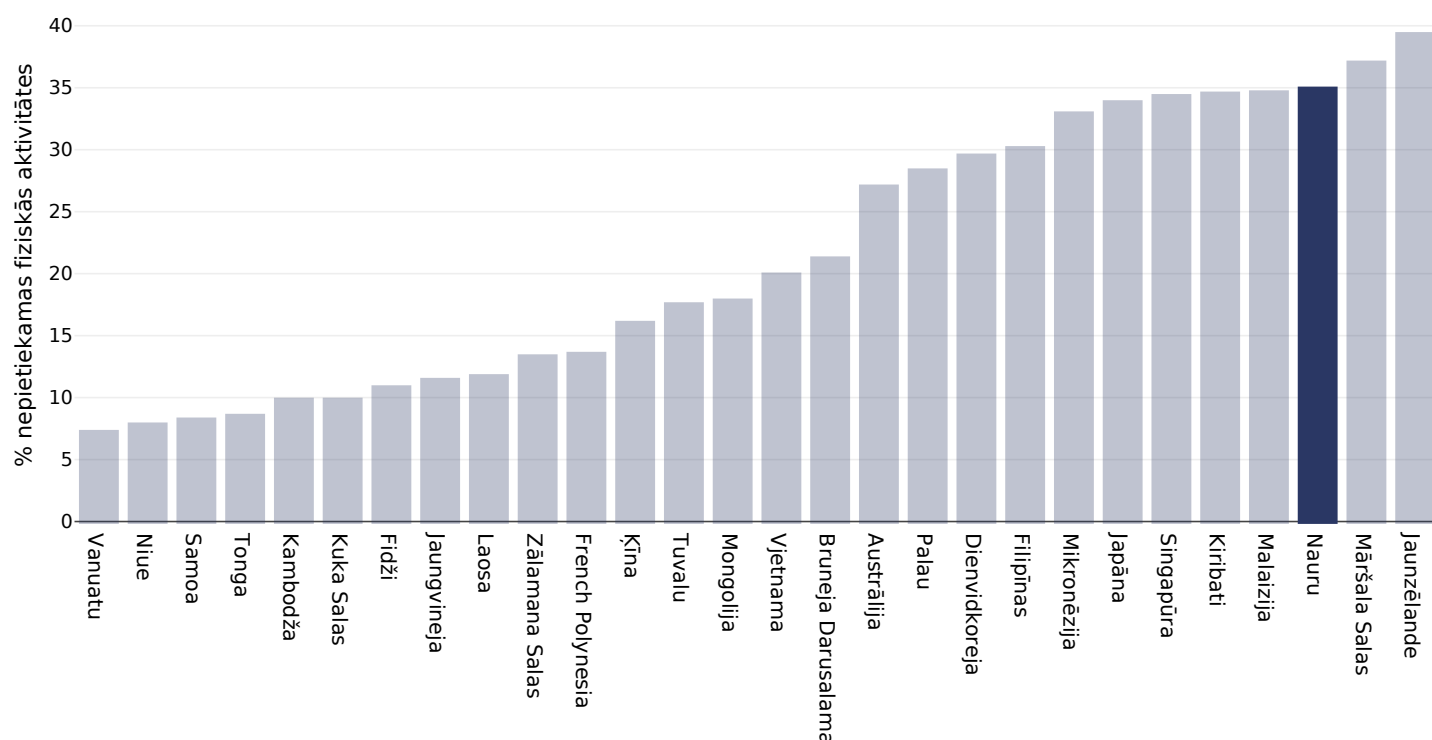
Nepietiekamas fiziskās aktivitātes

Pieaugušie, 2016



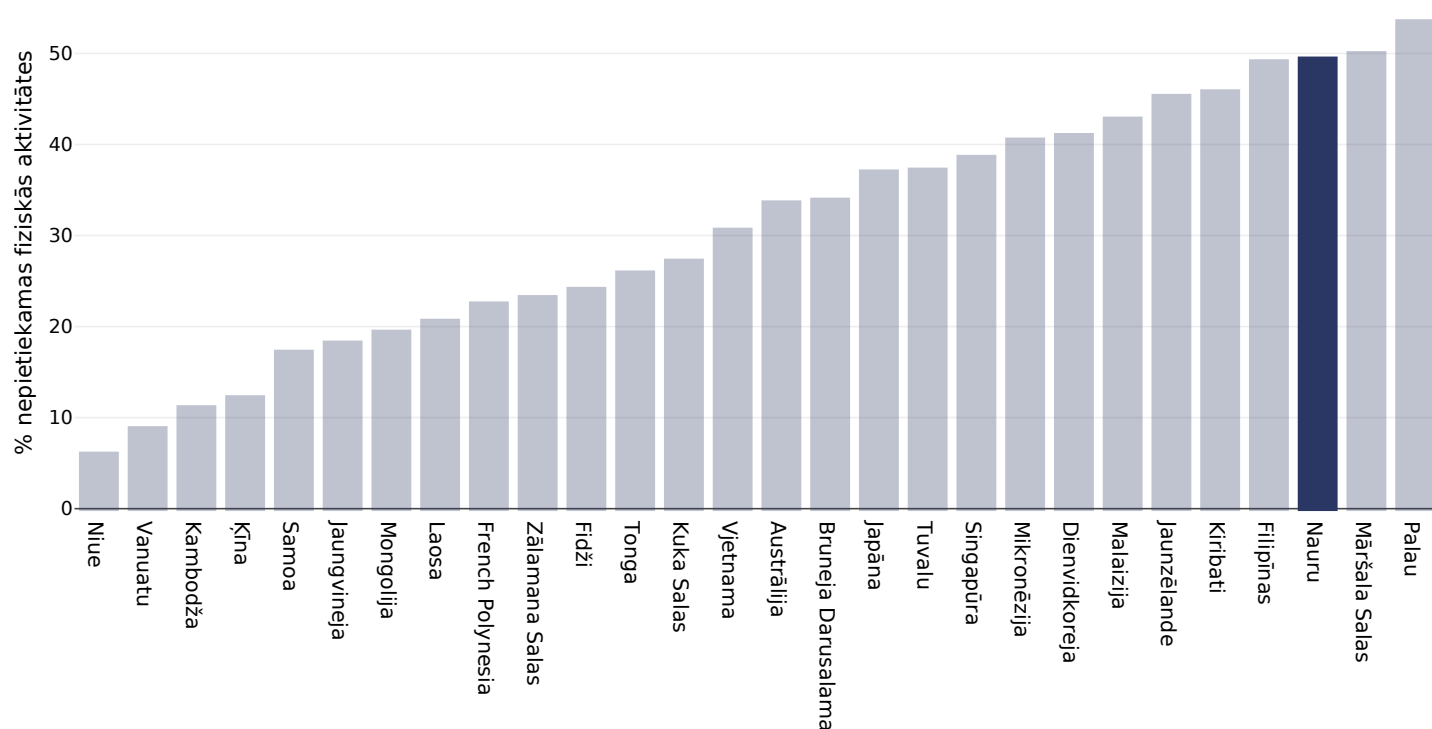
Atsauces: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Vīrieši, 2016



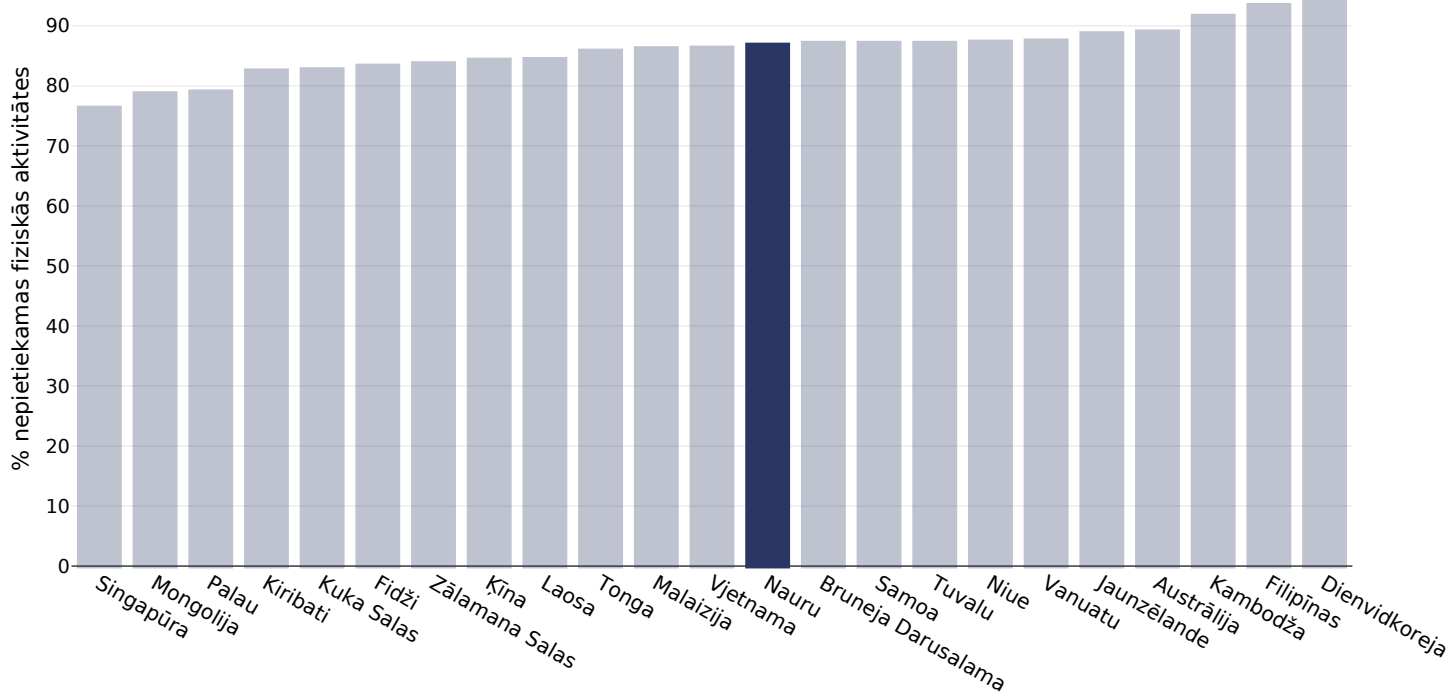
Atsauces: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Sievietes, 2016



Atsauces: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Bērni, 2016



Apsekojuma veids:

Pašu ziņojums

Vecums:

11-17

Atsauces:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

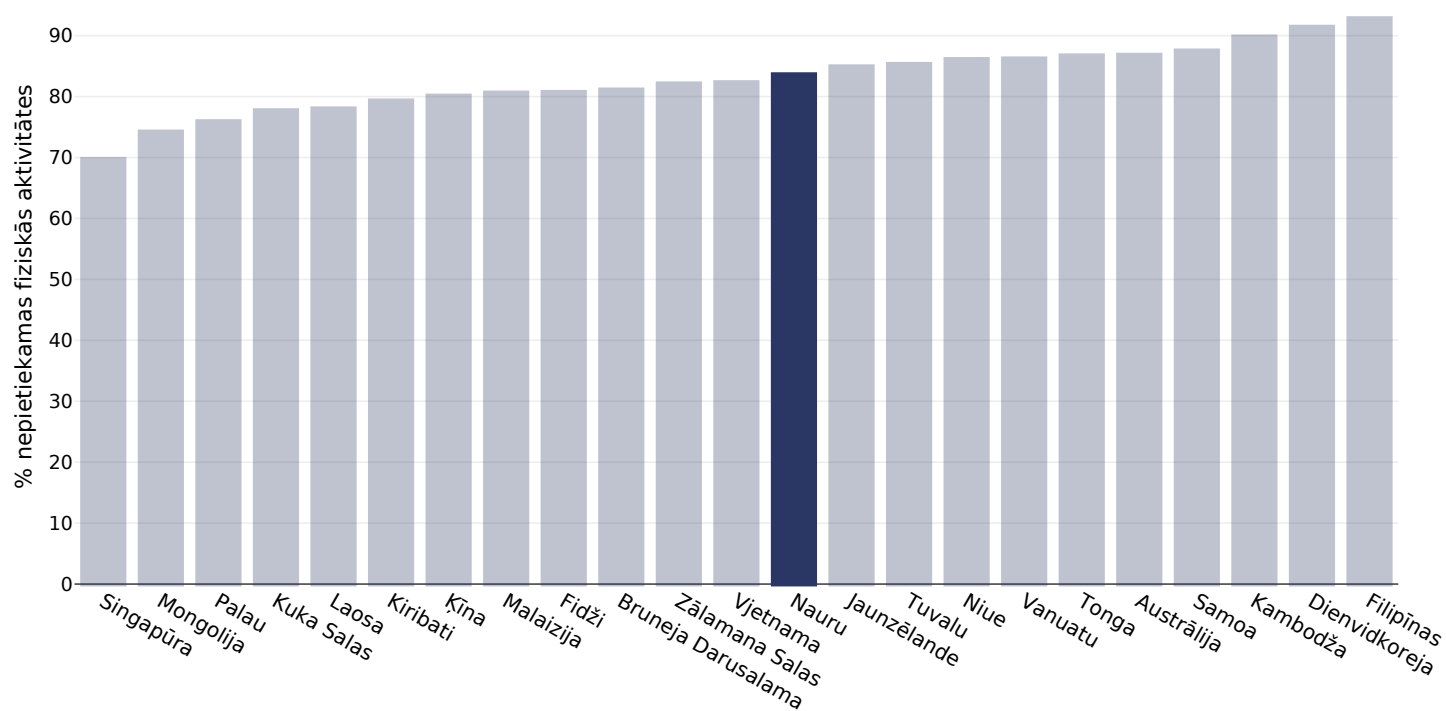
Piezīmes (pieejamas tikai angļu valodā):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definīcijas (pieejamas tikai angļu valodā):

% Adolescents insufficiently active (age standardised estimate)

Zēni, 2016



Apsekojuma veids:

Pašu ziņojums

Vecums:

11-17

Atsauces:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

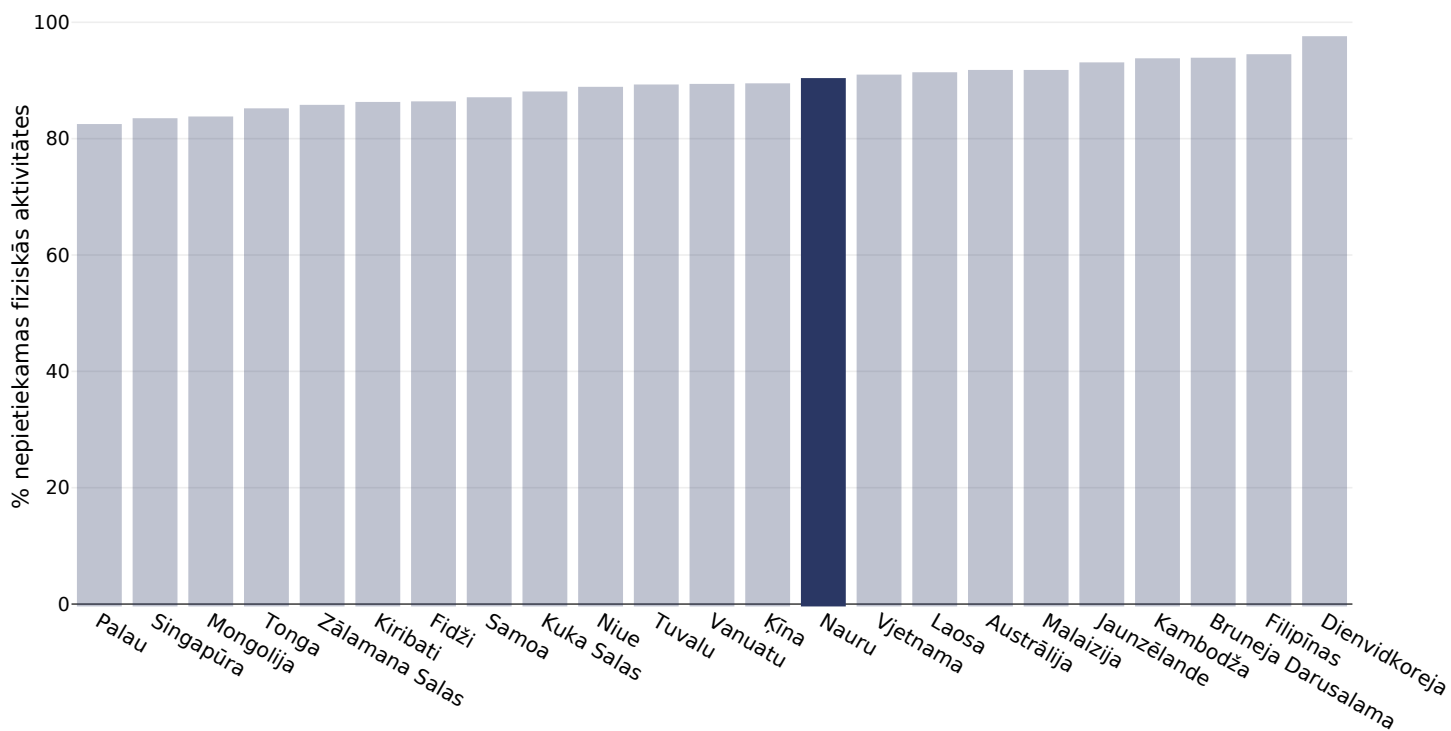
Piezīmes (pieejamas tikai angļu valodā):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definīcijas (pieejamas tikai angļu valodā):

% Adolescents insufficiently active (age standardised estimate)

Meitenes, 2016



Apsekojuma veids:

Pašu ziņojums

Vecums:

11-17

Atsauces:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

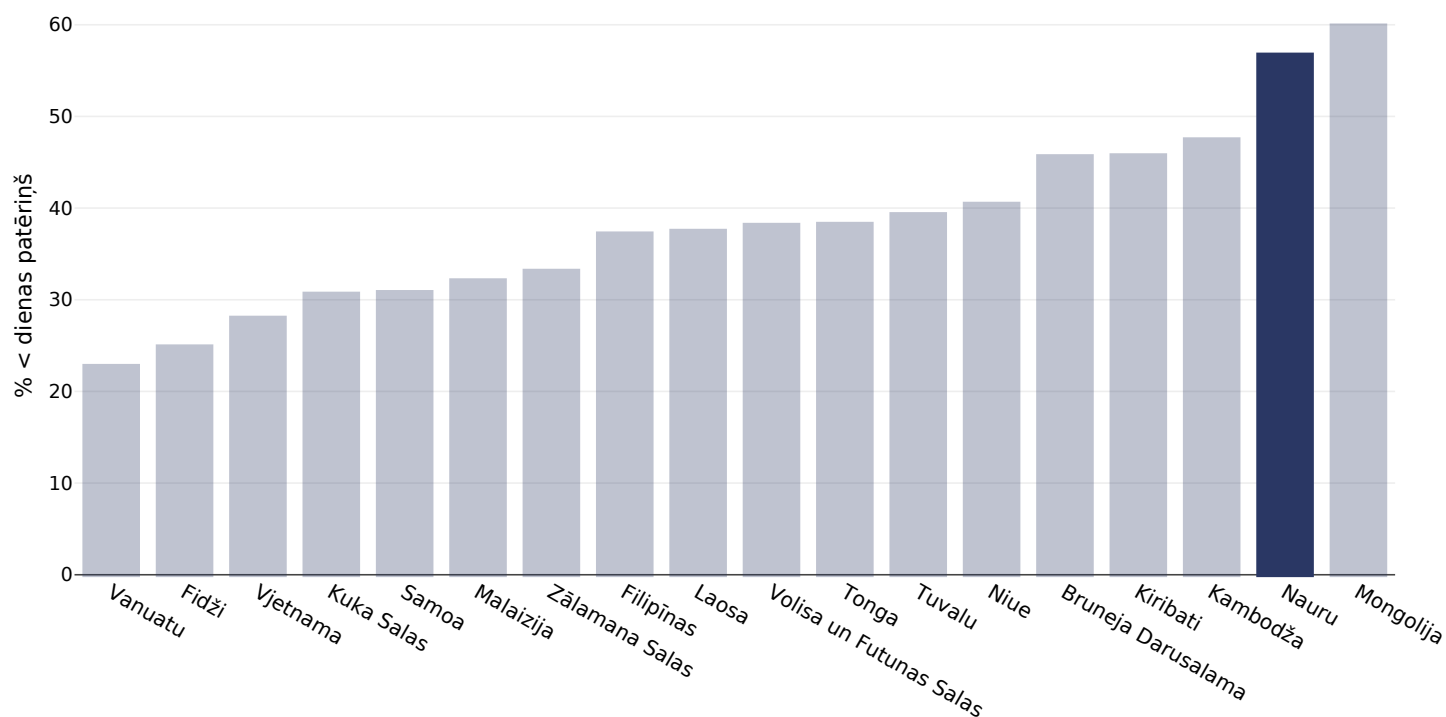
Piezīmes (pieejamas tikai angļu valodā):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definīcijas (pieejamas tikai angļu valodā):

% Adolescents insufficiently active (age standardised estimate)

Augļu patēriņa, kas ir mazāks par ikdienas patēriņu, īpatsvars Bērni, 2010-2015



Apsekojuma veids:

Mērītā vērtība

Vecums:

12-17

Atsauces:

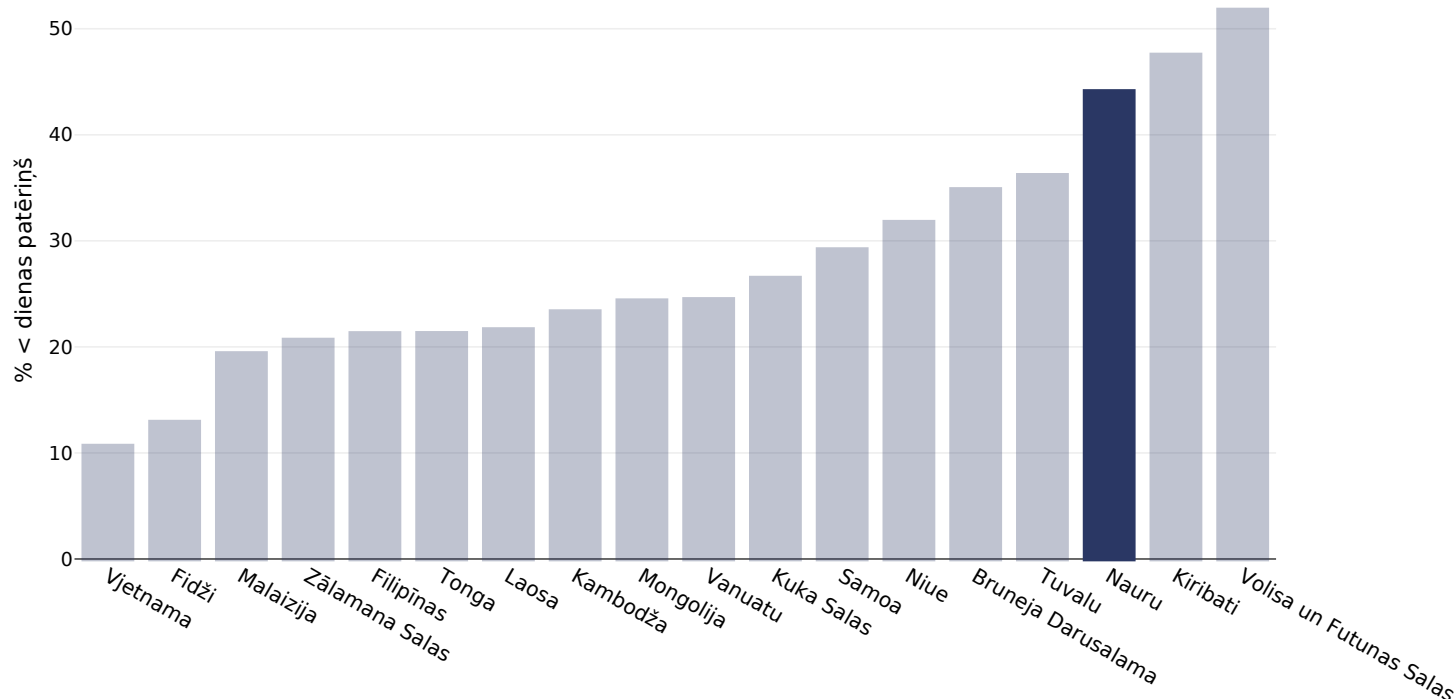
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definīcijas (pieejamas tikai angļu valodā):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Dārzeņu patēriņa, kas ir mazāks par ikdienas patēriņu, īpatsvars

Bērni, 2010-2015



Apsekojuma veids:

Mēritā vērtība

Vecums:

12-17

Atsauces:

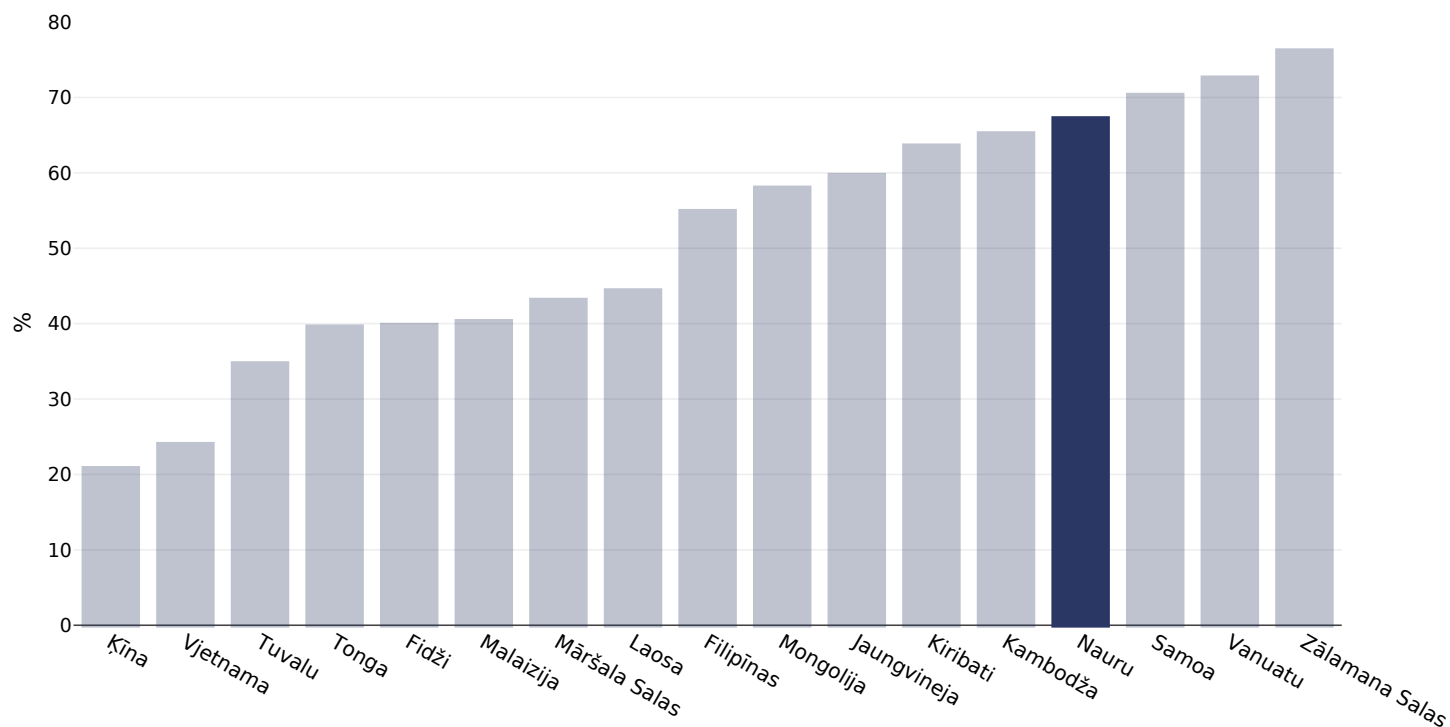
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definīcijas (pieejamas tikai angļu valodā):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

% zīdaiņi, kas pirmos 5 mēnešus baroti tikai ar krūti

Bērni, 2004-2020



Aptvertā teritorija:

Valsts

Atsauces:

Nauru 2007 demographic and health survey. Demographic and Health Surveys. Auckland, New Zealand: NBS, SPC and Macro, 2009

Piezīmes (pieejamas tikai angļu valodā):

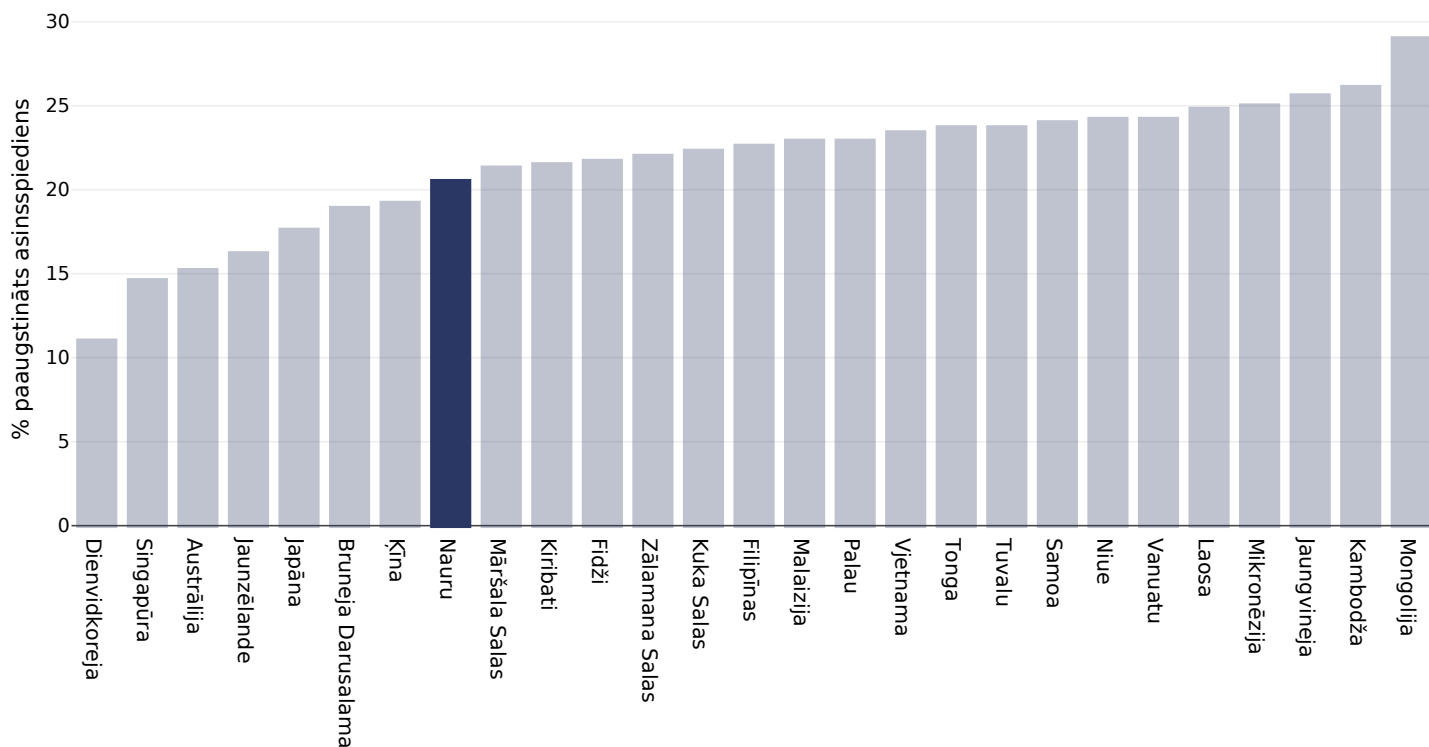
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definīcijas (pieejamas tikai angļu valodā):

% exclusively breastfed 0-5 months

Paaugstināts asinsspiediens

Pieaugušie, 2015



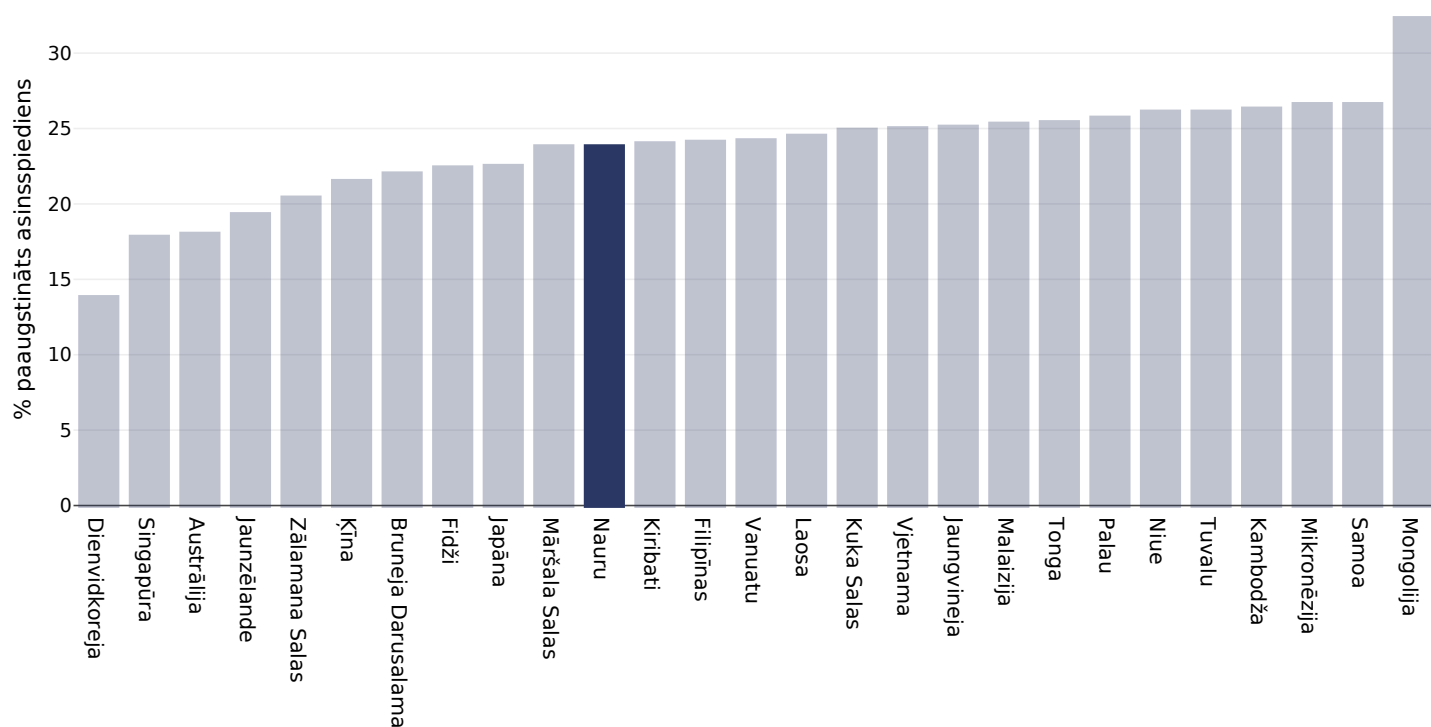
Atsauces:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definīcijas (pieejamas tikai angļu valodā):

Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

Vīrieši, 2015



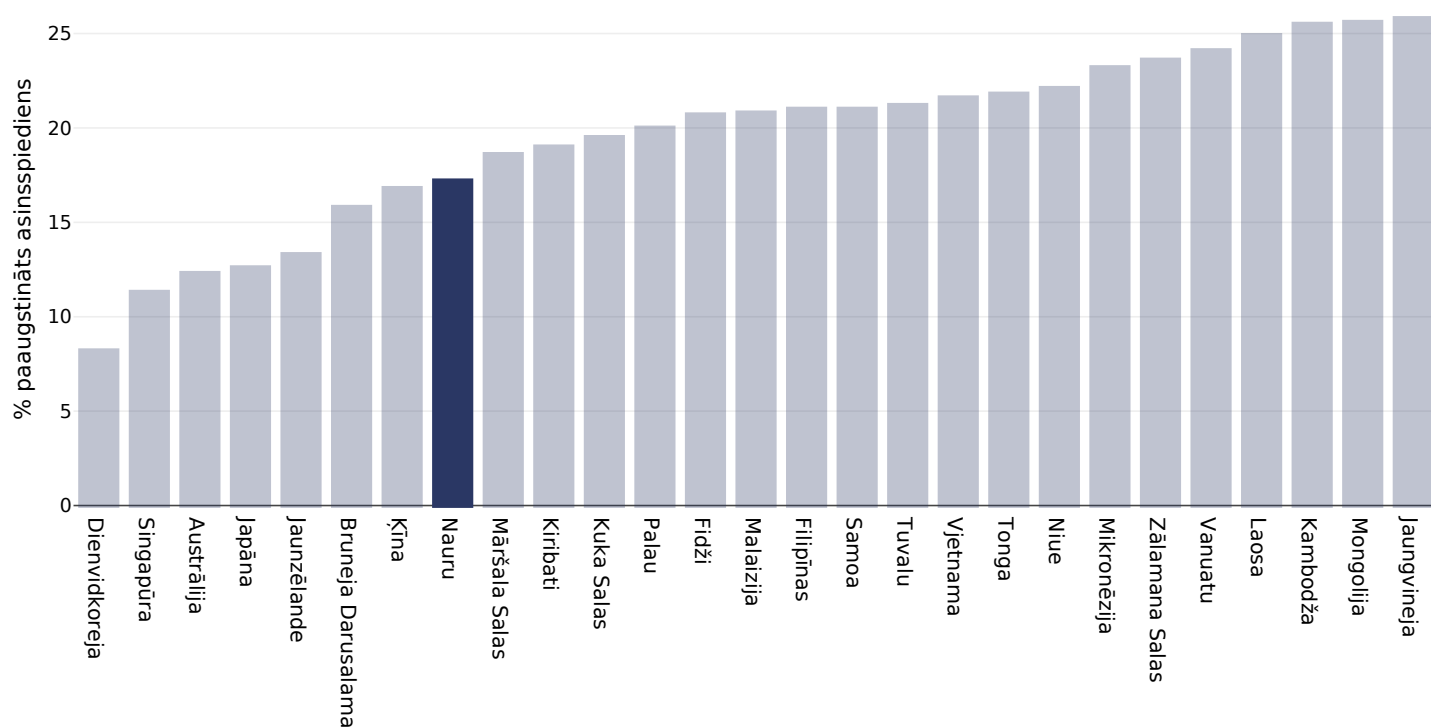
Atsauces:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definīcijas (pieejamas tikai angļu valodā):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Sievietes, 2015



Atsauces:

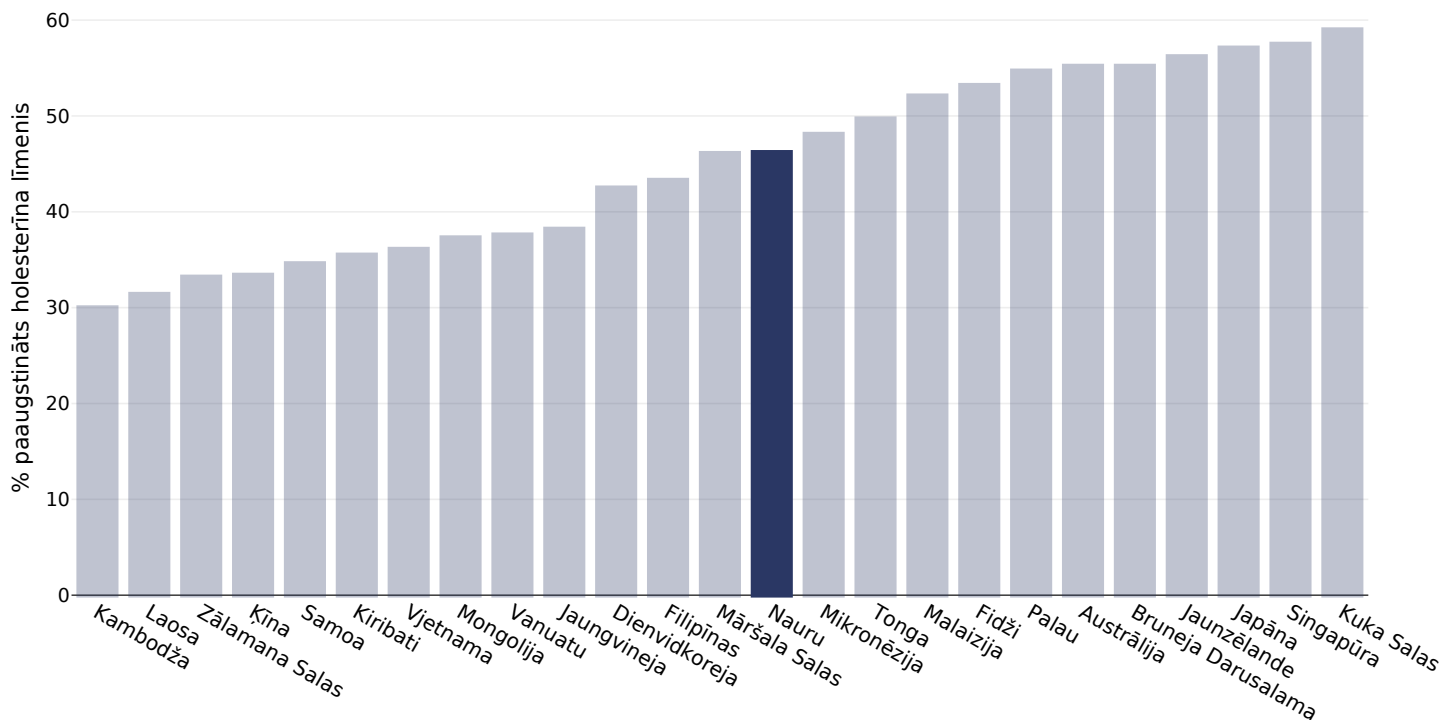
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definīcijas (pieejamas tikai angļu valodā):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Paaugstināts holesterīna līmenis

Pieaugušie, 2008



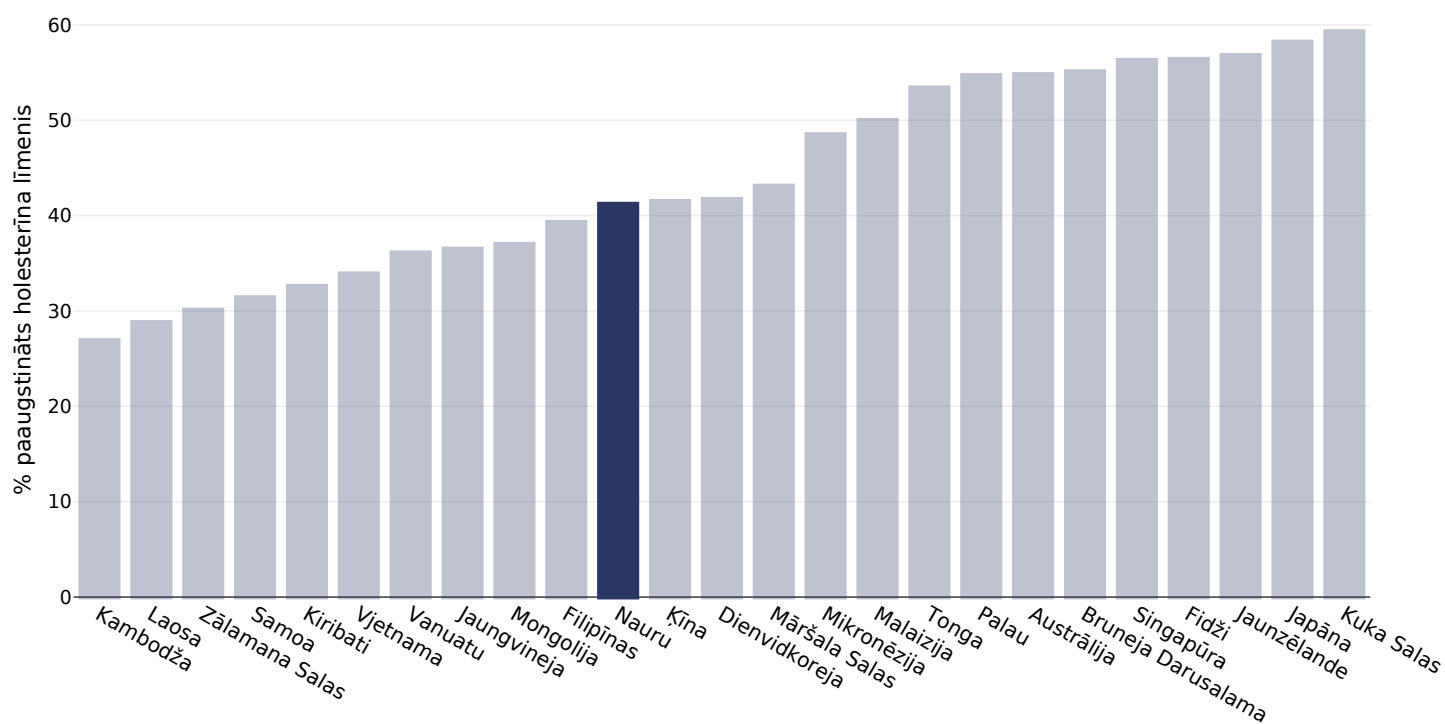
Atsauces:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definīcijas (pieejamas tikai angļu valodā):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Vīrieši, 2008



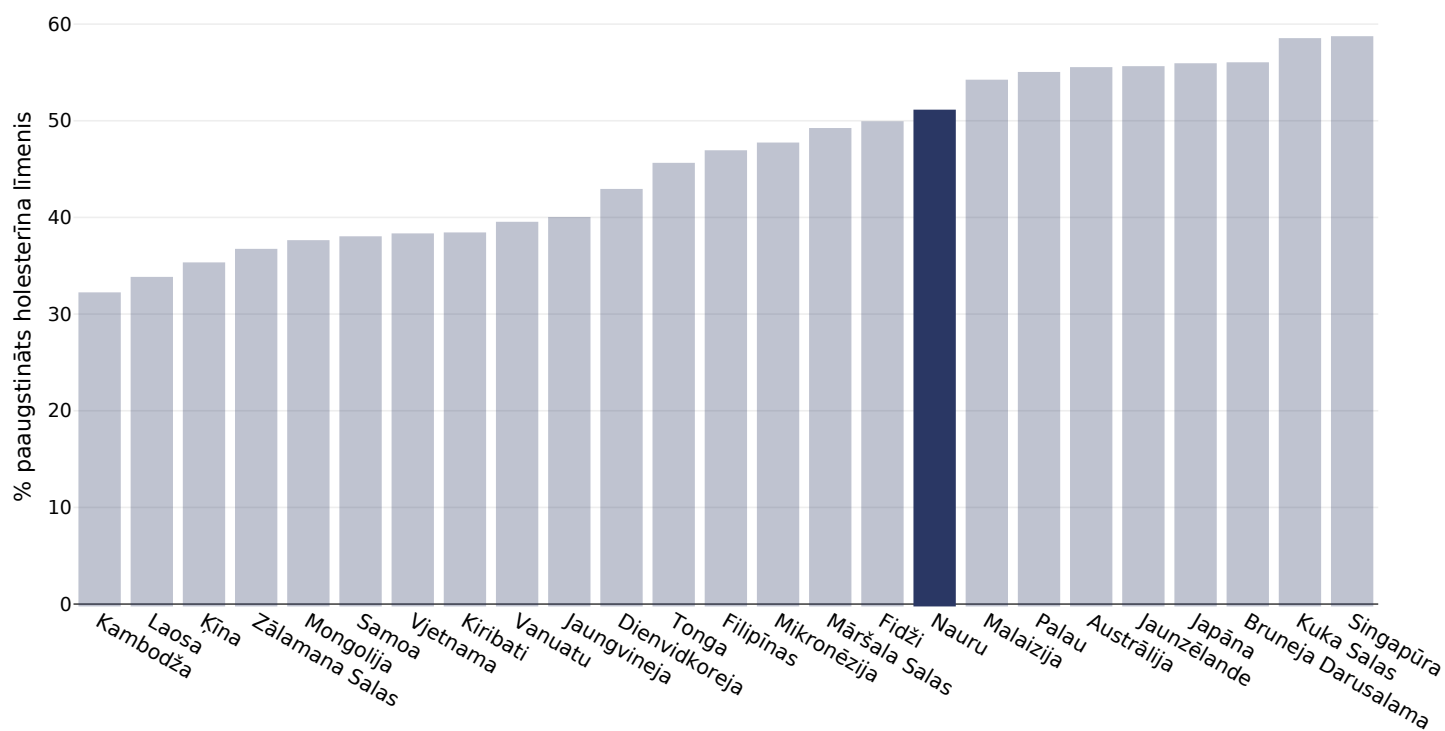
Atsauces:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definīcijas (pieejamas tikai angļu valodā):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Sievietes, 2008



Atsauces:

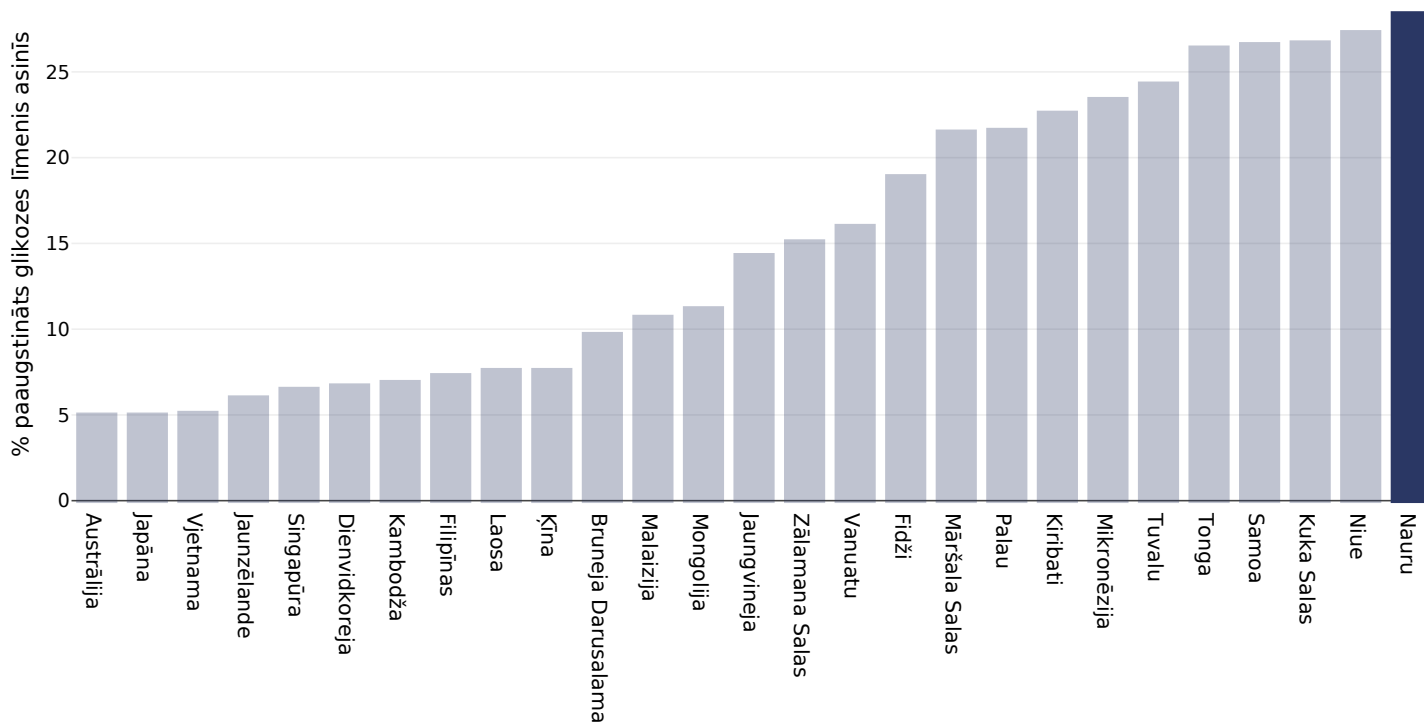
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definīcijas (pieejamas tikai angļu valodā):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Paaugstināts glikozes līmenis asinīs

Vīrieši, 2014



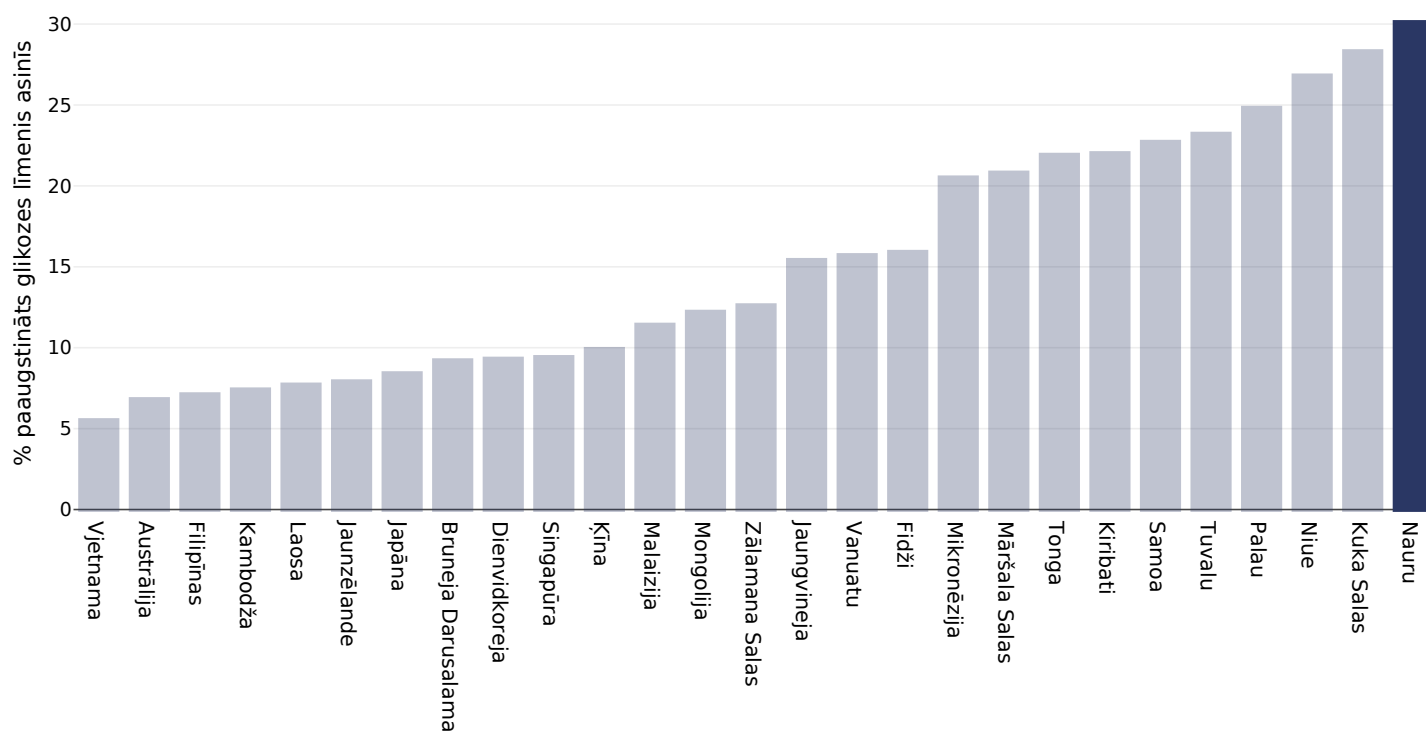
Atsauces:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definīcijas (pieejamas tikai angļu valodā):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Sievietes, 2014



Atsauces:

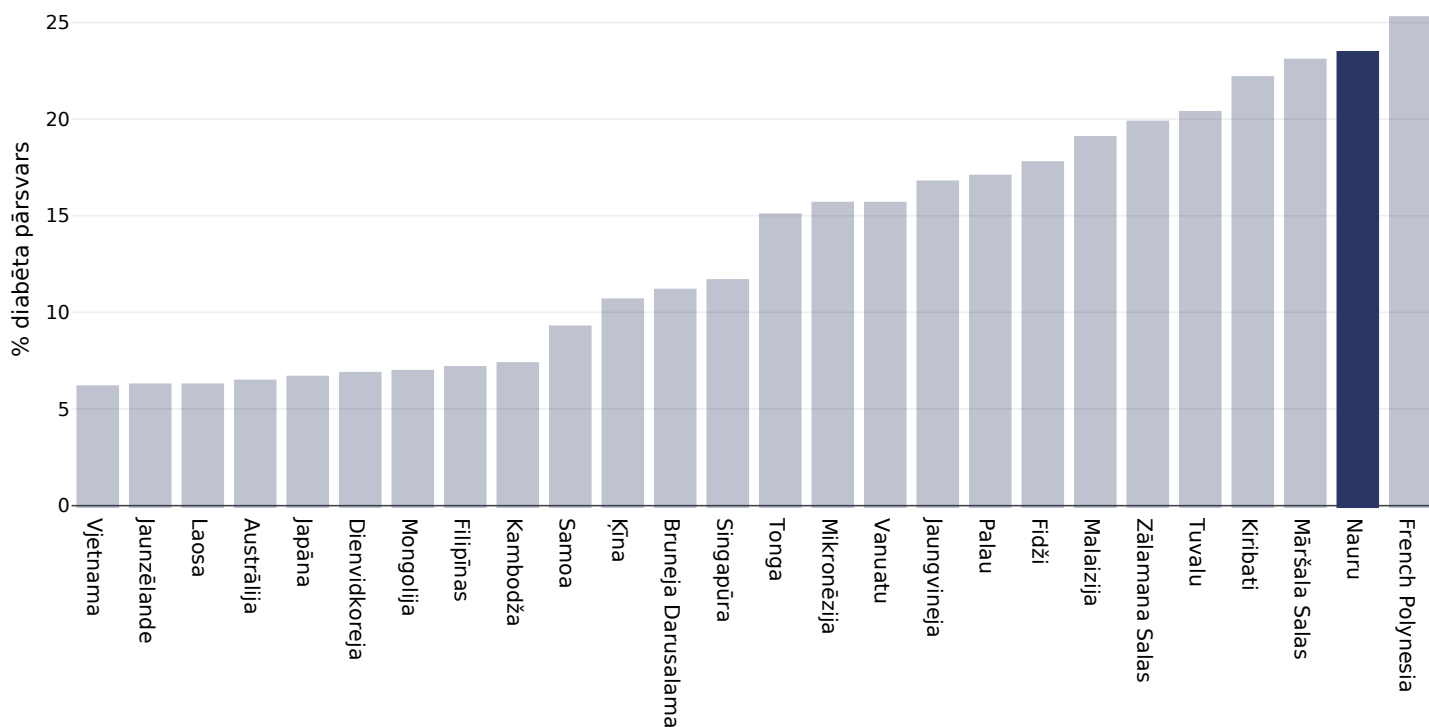
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definīcijas (pieejamas tikai angļu valodā):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Diabēta izplatība

Pieaugušie, 2021



Vecums: 20-79

Aptvertā teritorija: Valsts

Atsauces: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definīcijas (pieejamas tikai angļu valodā): Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✗
National obesity strategy?	✗
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✗
Comprehensive physical activity strategy?	✗
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✓
Promotion of breastfeeding?	✗



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✓



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✗
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Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

Last updated September 13, 2022

PDF created on May 18, 2024