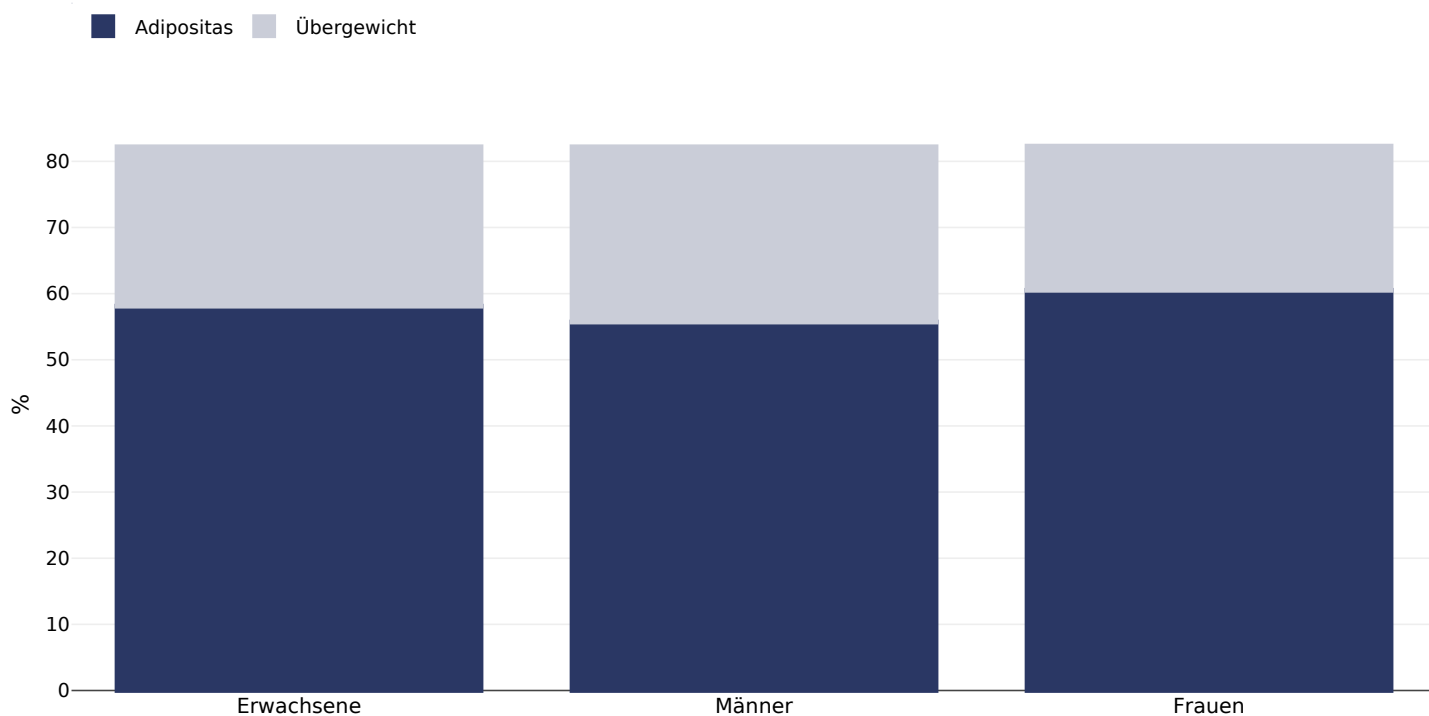


Report card Nauru



Adipositasprävalenz

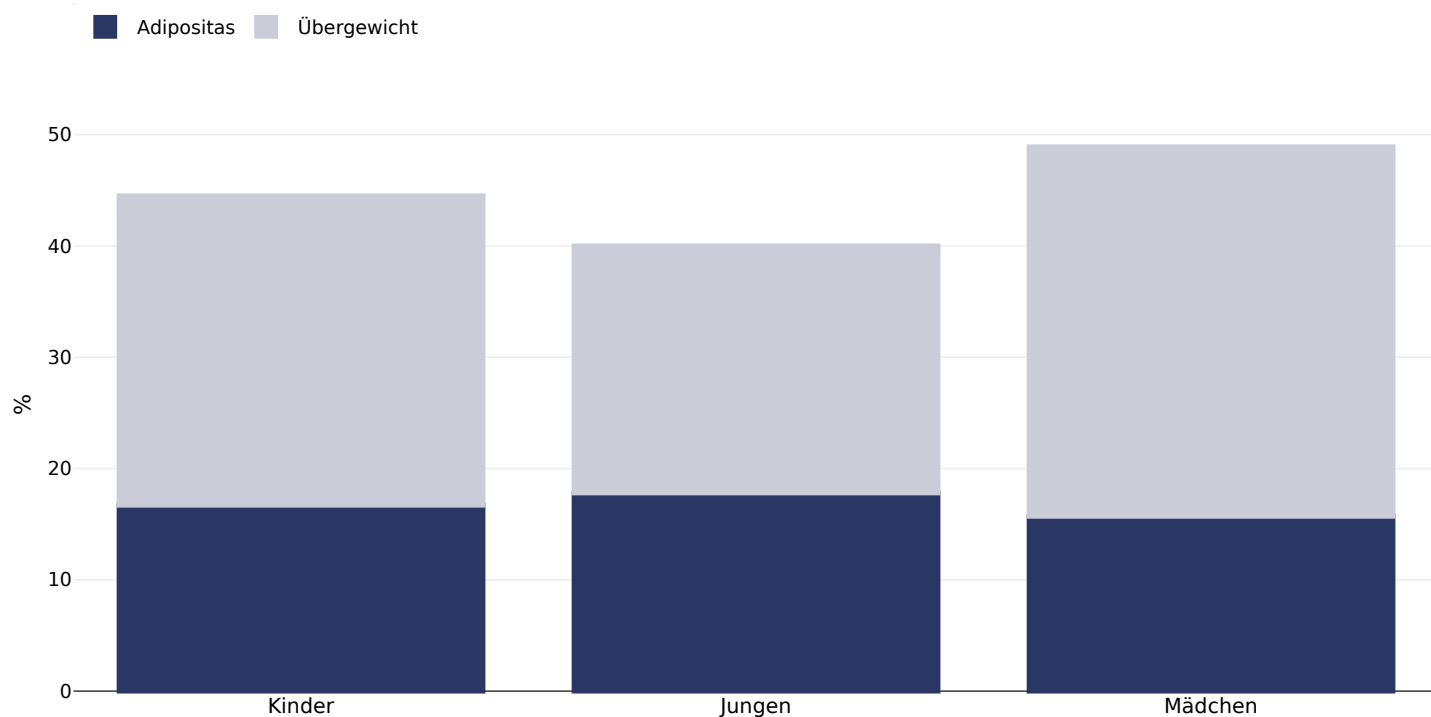
Erwachsene, 2004



Umfragetyp:	Gemessen
Alter:	15-64
Stichprobengröße:	2254
Geltungsbereich:	National
Referenzen:	Keke K, Phongsavan P, Dan L, Bacigalupo M, Thoma R, Riley L, Waidubu G, Galea G, Pryor J, Raj S and Chey T. (2007). Nauru NCD risk factors STEPS report. WHO Infobase.

Wenn nicht anders angegeben, bezieht sich Übergewicht auf einen BMI zwischen 25 kg und 29,9 kg/m², Adipositas auf einen BMI über 30 kg/m².

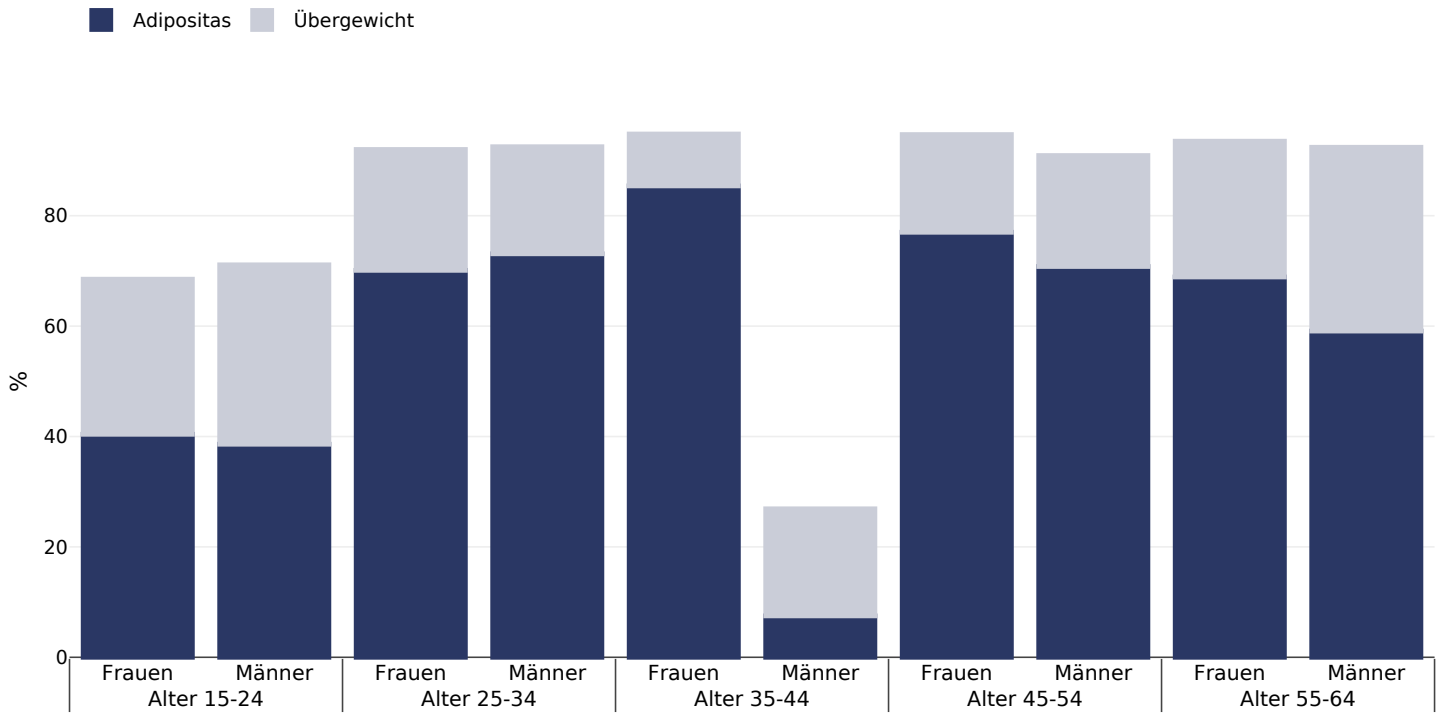
Kinder, 2011



Umfragetyp:	Selbst berichtet
Alter:	13-15
Stichprobengröße:	578
Geltungsbereich:	National
Referenzen:	Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/Nauru_GSHS_FS_2011.pdf?ua=1 (last accessed 14.12.20)
Anmerkungen (nur in englischer Sprache verfügbar):	NB. Small sample size
Cutoffs:	WHO

Übergewicht/Adipositas nach Alter

Erwachsene, 2005



Umfragetyp: Gemessen

Stichprobengröße: 2254

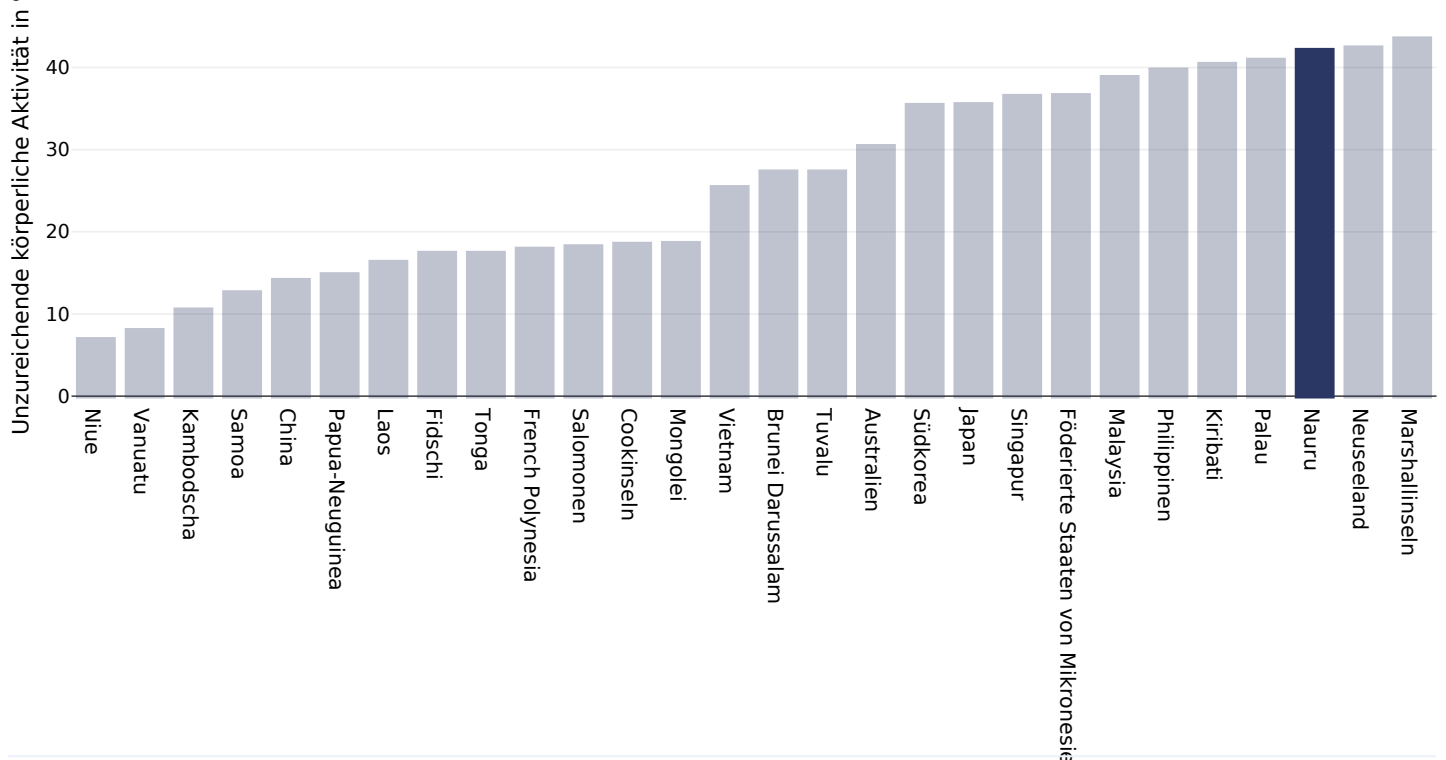
Geltungsbereich: National

Referenzen: Keke K, Phongsavan P, Dan L, Bacigalupo M, Thoma R, Riley L, Waidubu G, Galea G, Pryor J, Raj S and Chey T. (2007). Nauru NCD risk factors STEPS report. WHO Infobase.

Wenn nicht anders angegeben, bezieht sich Übergewicht auf einen BMI zwischen 25 kg und 29,9 kg/m², Adipositas auf einen BMI über 30 kg/m².

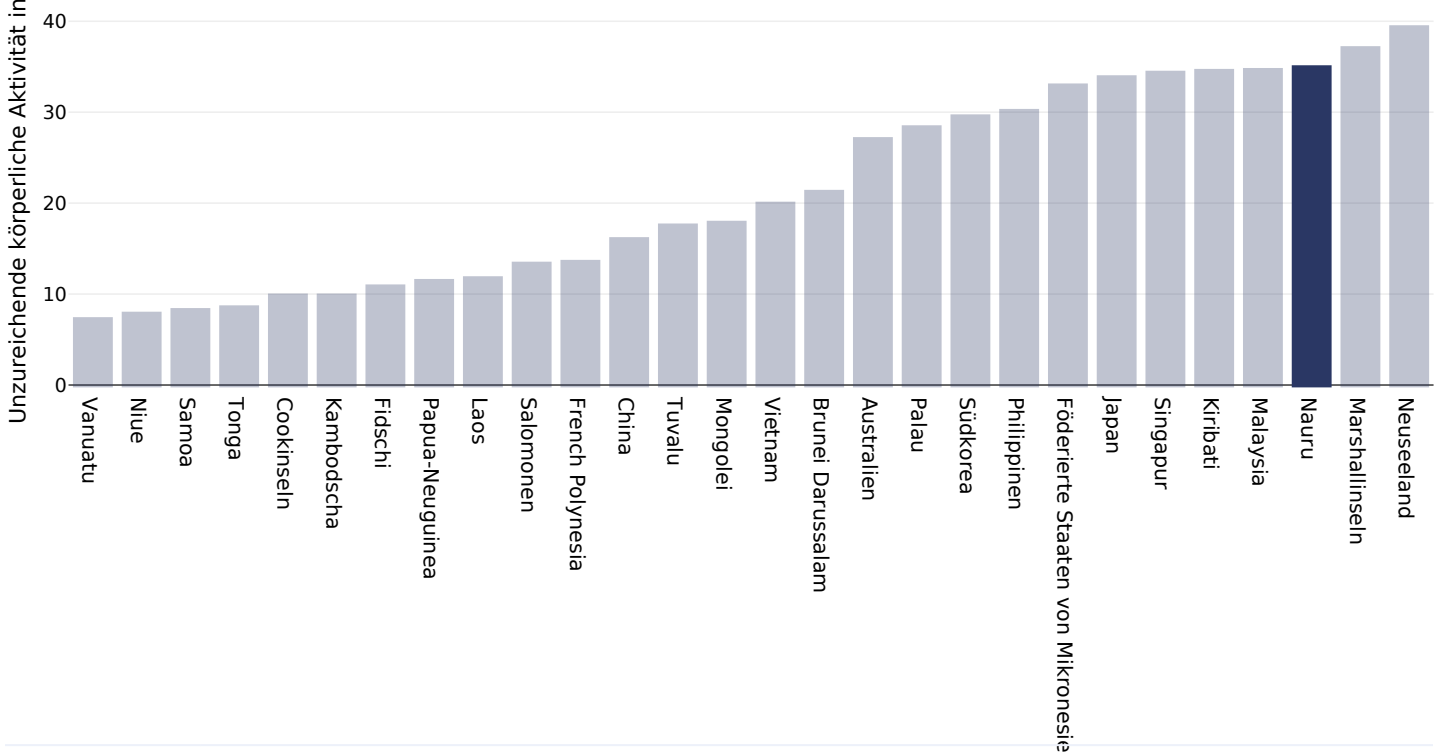
Unzureichende körperliche Aktivität

Erwachsene, 2016



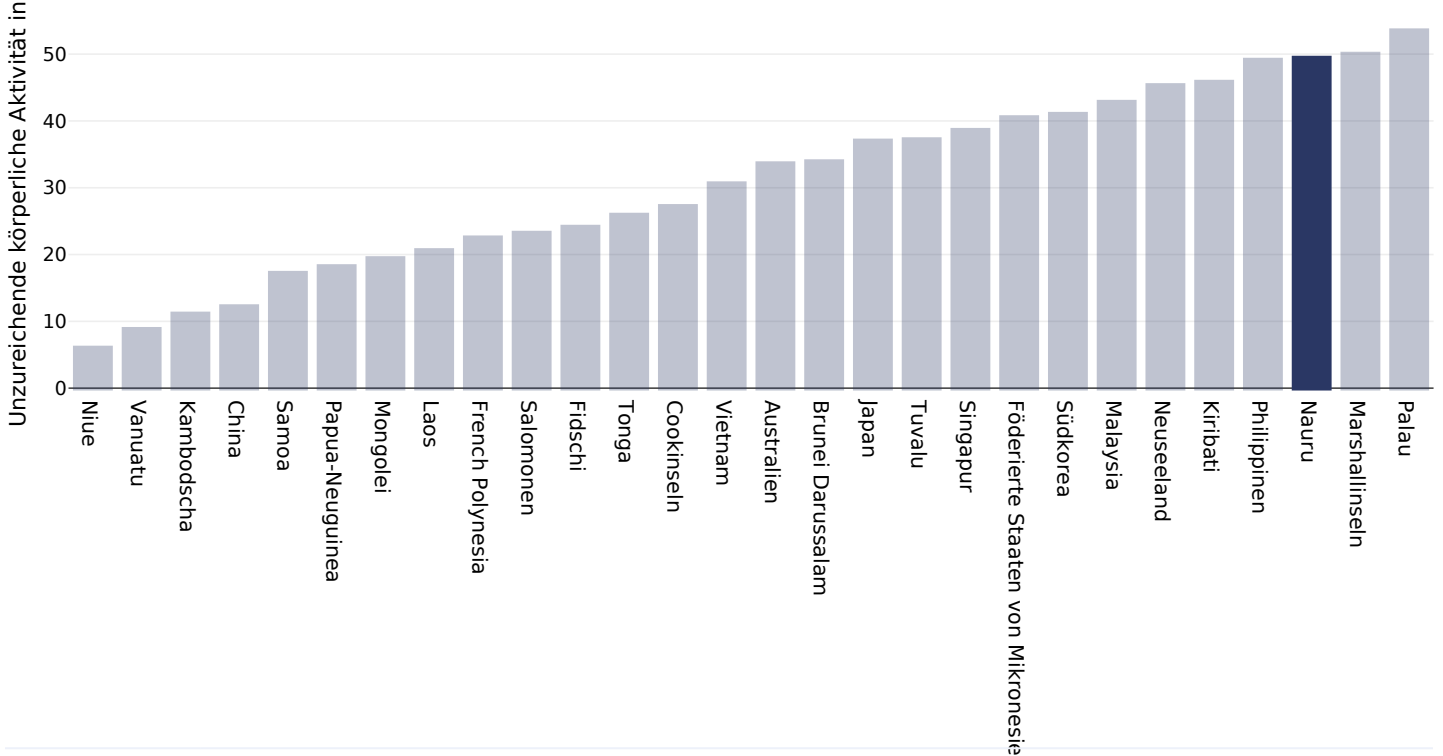
Referenzen: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Männer, 2016



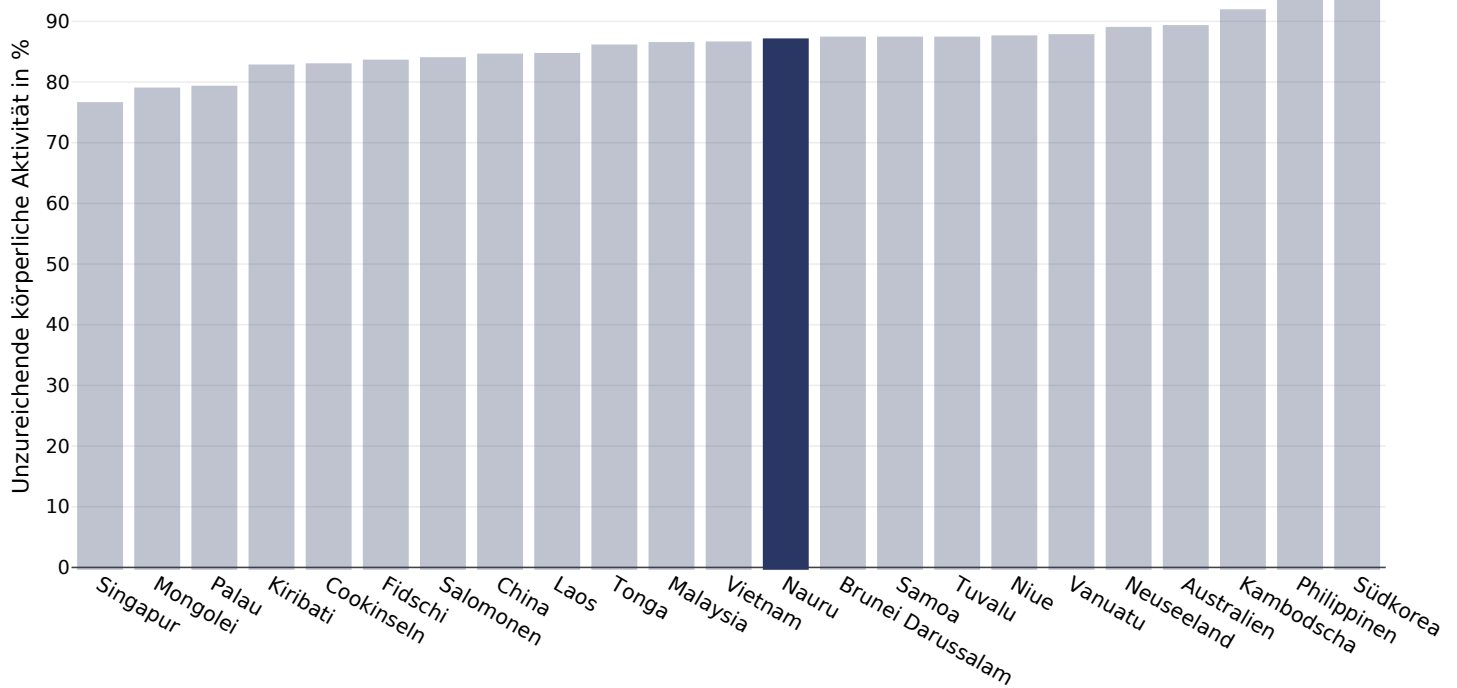
Referenzen: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Frauen, 2016



Referenzen: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Kinder, 2016



Umfragetyp: Selbst berichtet

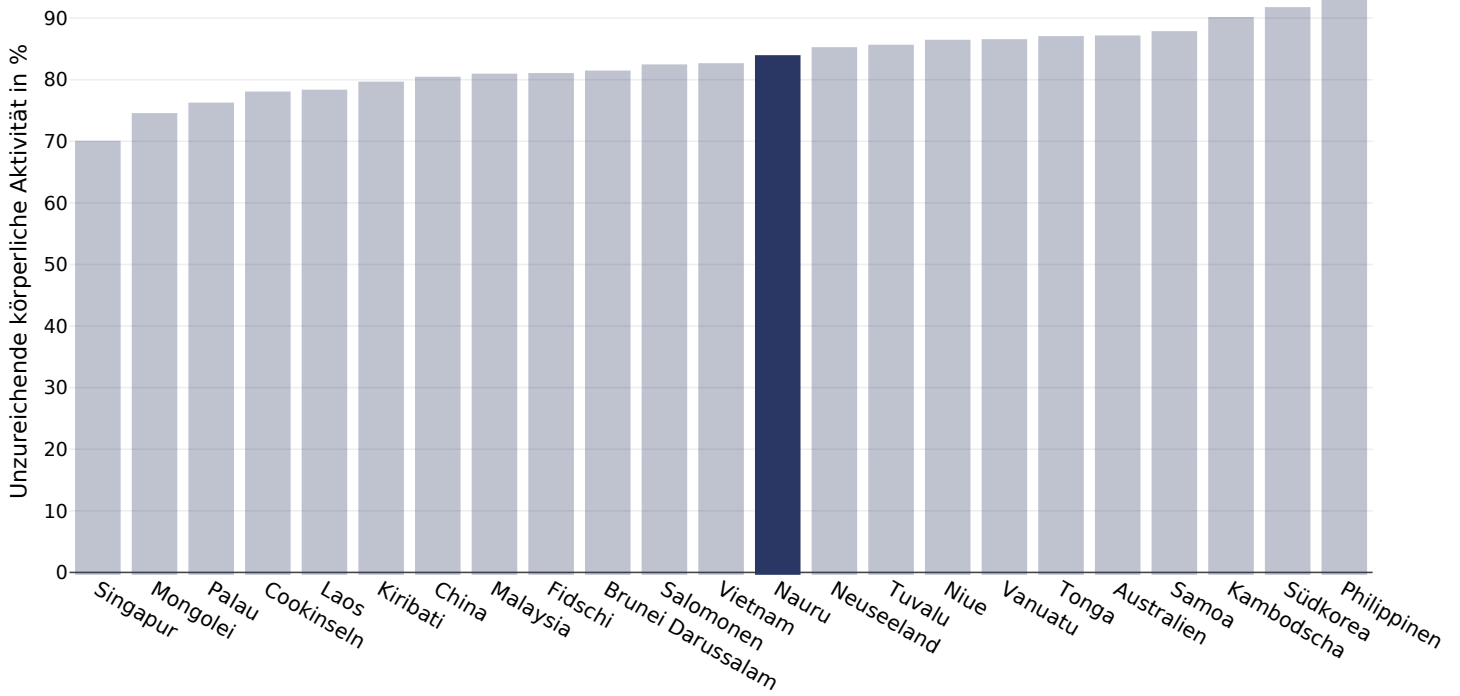
Alter: 11-17

Referenzen: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Anmerkungen (nur in englischer Sprache verfügbar): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitionen (nur in englischer Sprache verfügbar): % Adolescents insufficiently active (age standardised estimate)

Jungen, 2016



Umfragetyp: Selbst berichtet

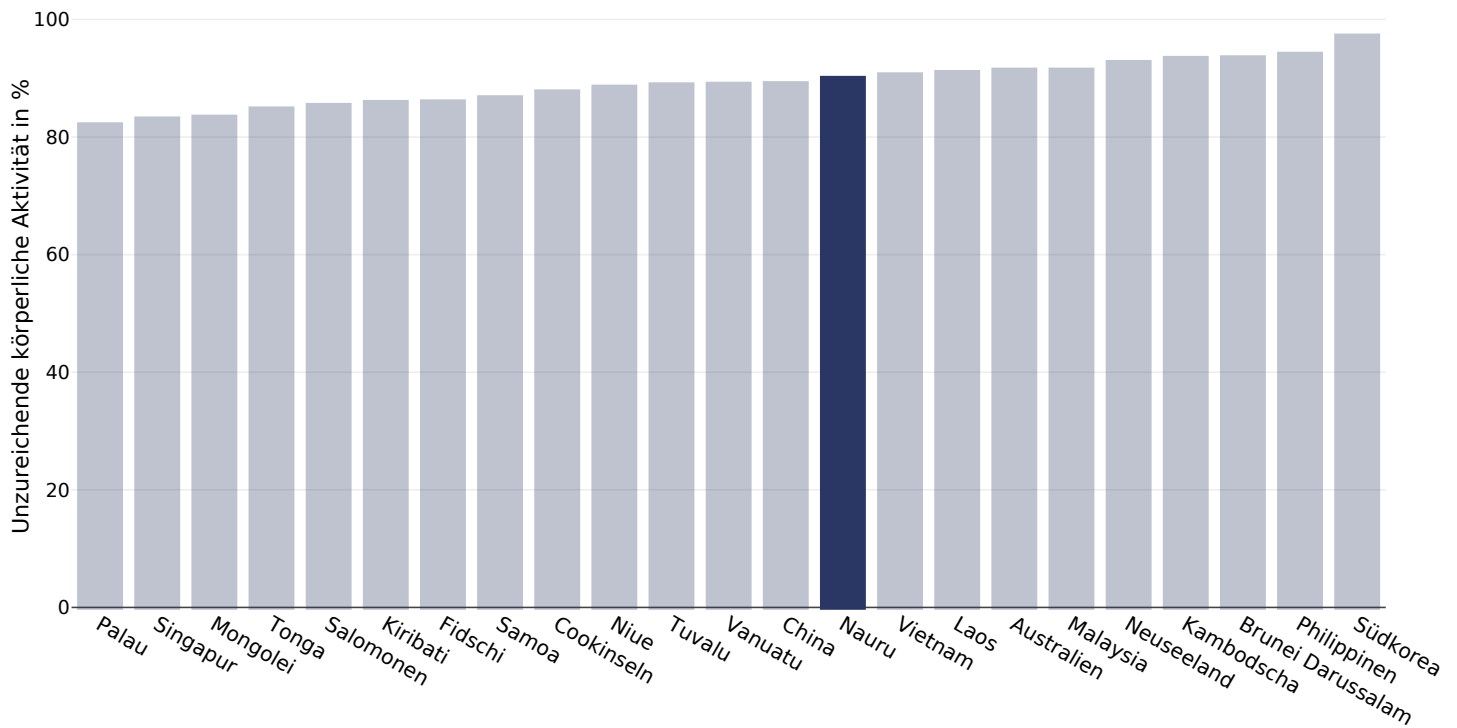
Alter: 11-17

Referenzen: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Anmerkungen (nur in englischer Sprache verfügbar): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitionen (nur in englischer Sprache verfügbar): % Adolescents insufficiently active (age standardised estimate)

Mädchen, 2016



Umfragetyp: Selbst berichtet

Alter: 11-17

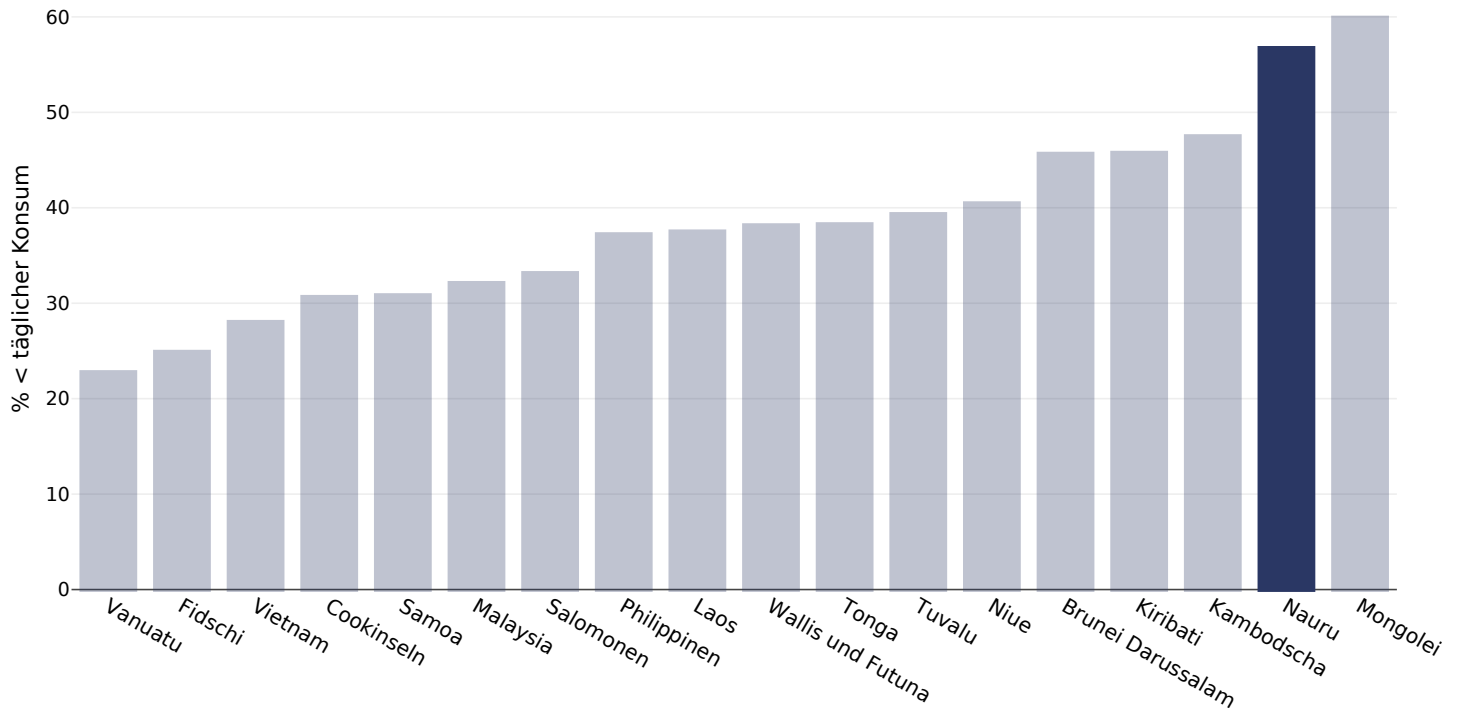
Referenzen: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Anmerkungen (nur in englischer Sprache verfügbar): % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitionen (nur in englischer Sprache verfügbar): % Adolescents insufficiently active (age standardised estimate)

Prävalenz von weniger als täglichem Obstkonsum

Kinder, 2010-2015



Umfragetyp:

Gemessen

Alter:

12-17

Referenzen:

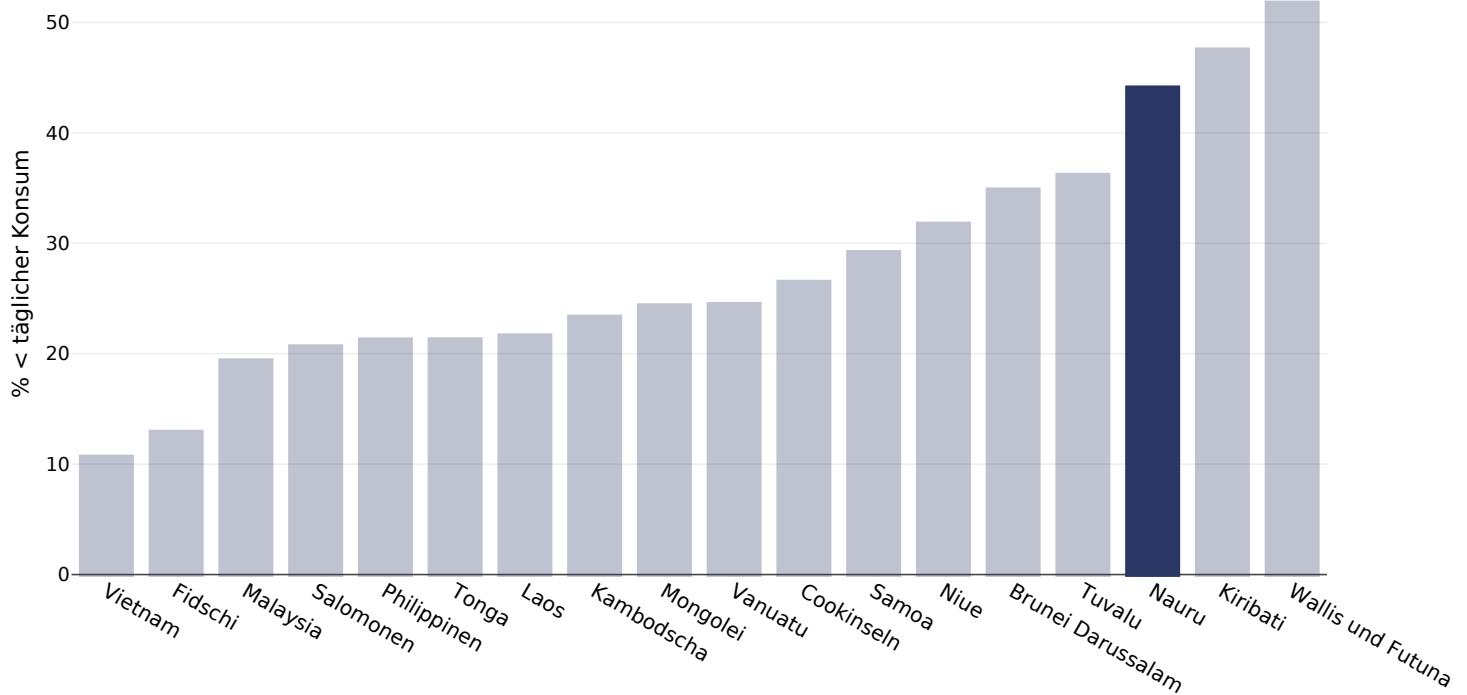
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitionen (nur in englischer Sprache verfügbar):

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prävalenz von weniger als täglichem Gemüsekonsum

Kinder, 2010-2015



Umfragetyp:

Gemessen

Alter:

12-17

Referenzen:

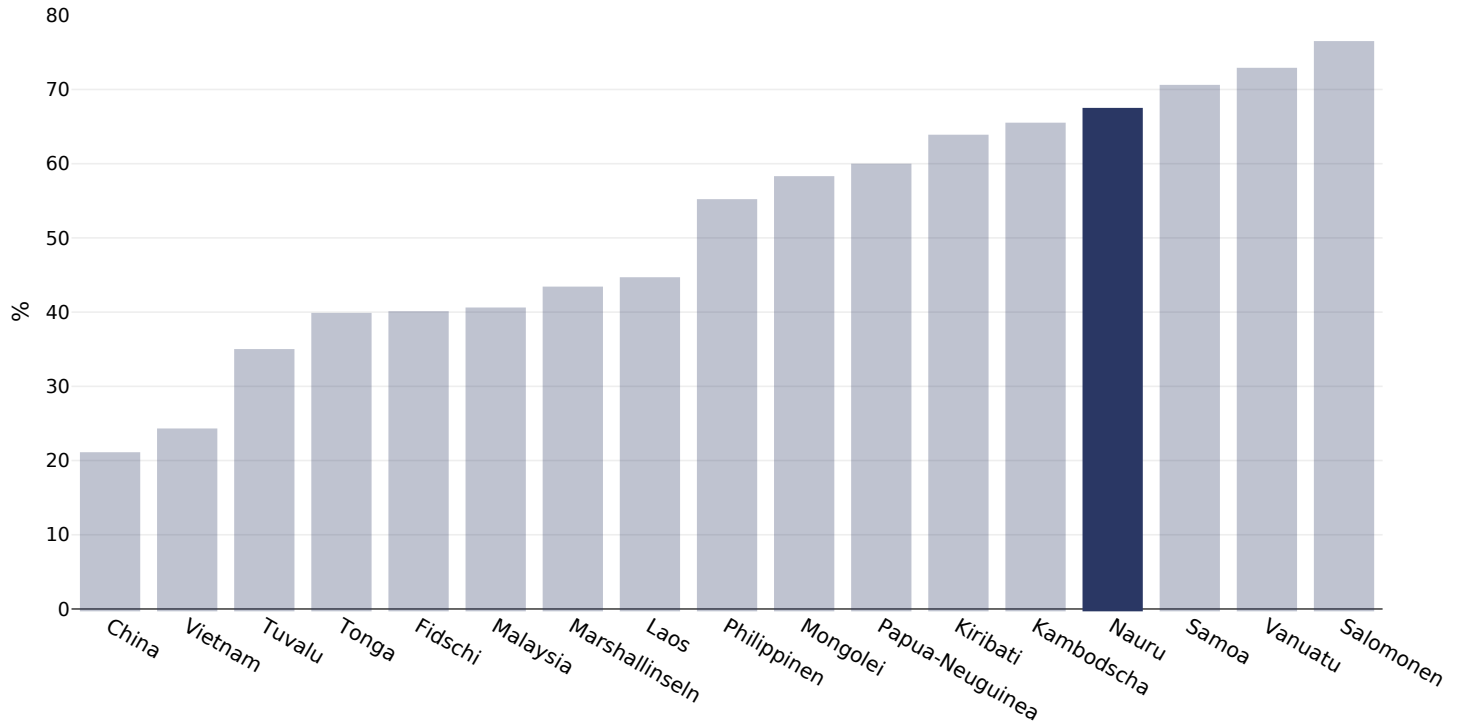
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Definitionen (nur in englischer Sprache verfügbar):

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

% der Kleinkinder, die ausschließlich von 0-5 Monaten gestillt wurden

Kinder, 2004-2020



Geltungsbereich: National

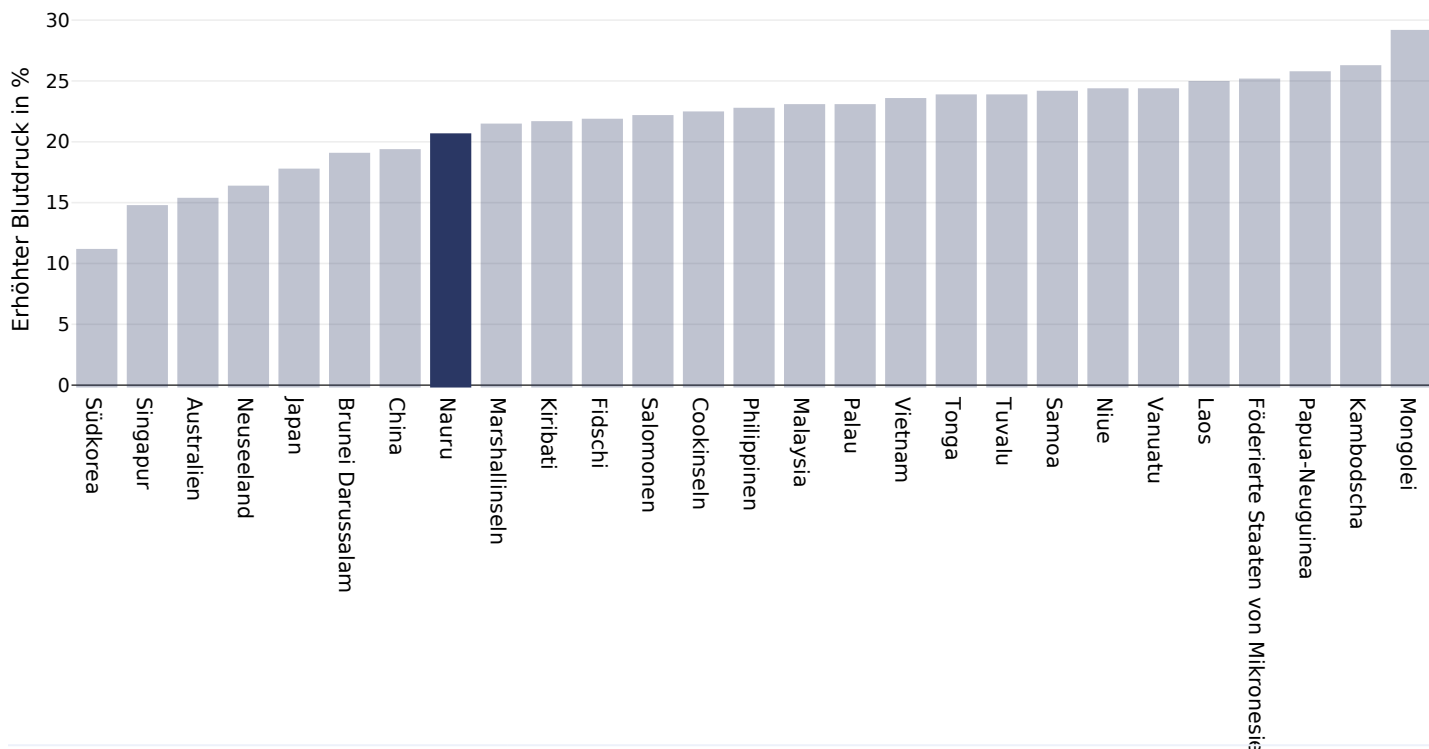
Referenzen: Nauru 2007 demographic and health survey. Demographic and Health Surveys. Auckland, New Zealand: NBS, SPC and Macro, 2009

Anmerkungen (nur in englischer Sprache verfügbar): See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children’s Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definitionen (nur in englischer Sprache verfügbar): % exclusively breastfed 0-5 months

Erhöhter Blutdruck

Erwachsene, 2015



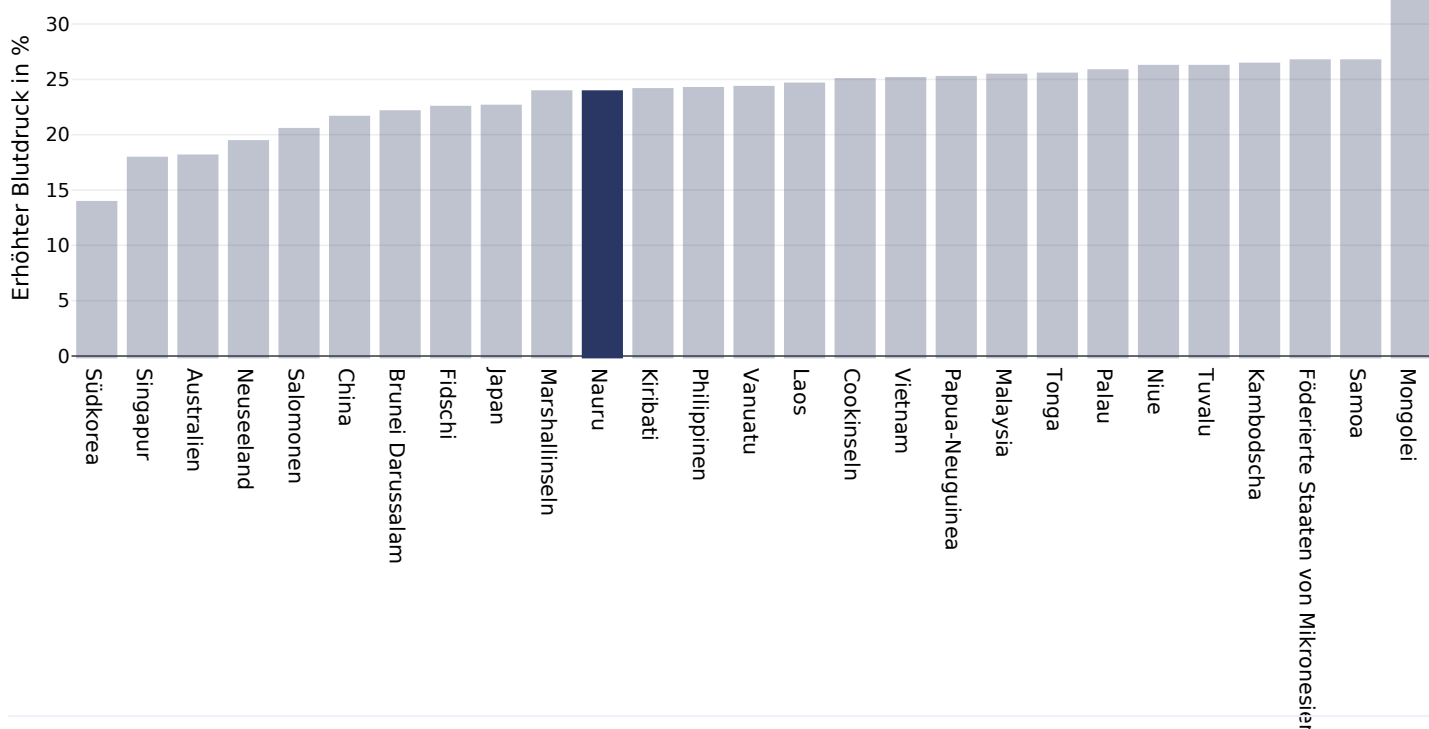
Referenzen:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitionen (nur in englischer Sprache verfügbar):

Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

Männer, 2015



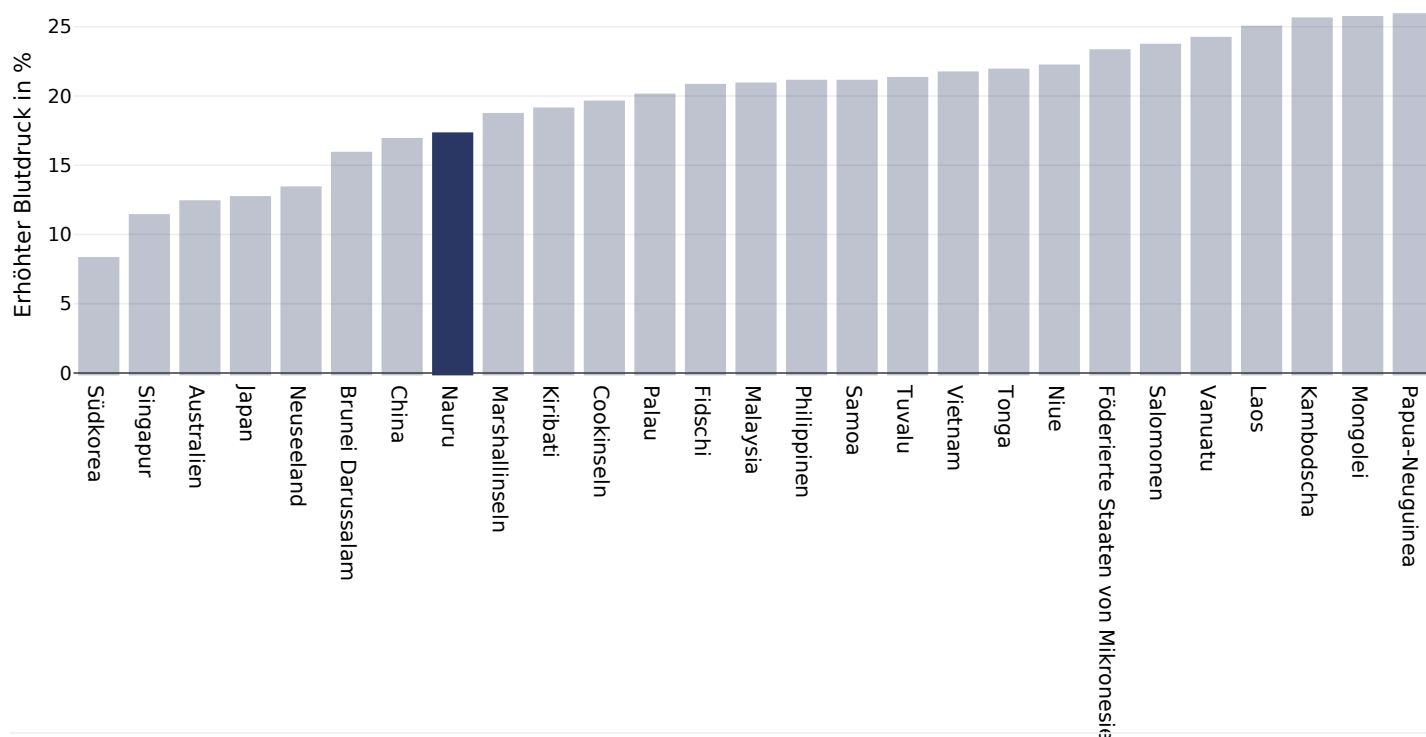
Referenzen:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitionen (nur in englischer Sprache verfügbar):

Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

Frauen, 2015



Referenzen:

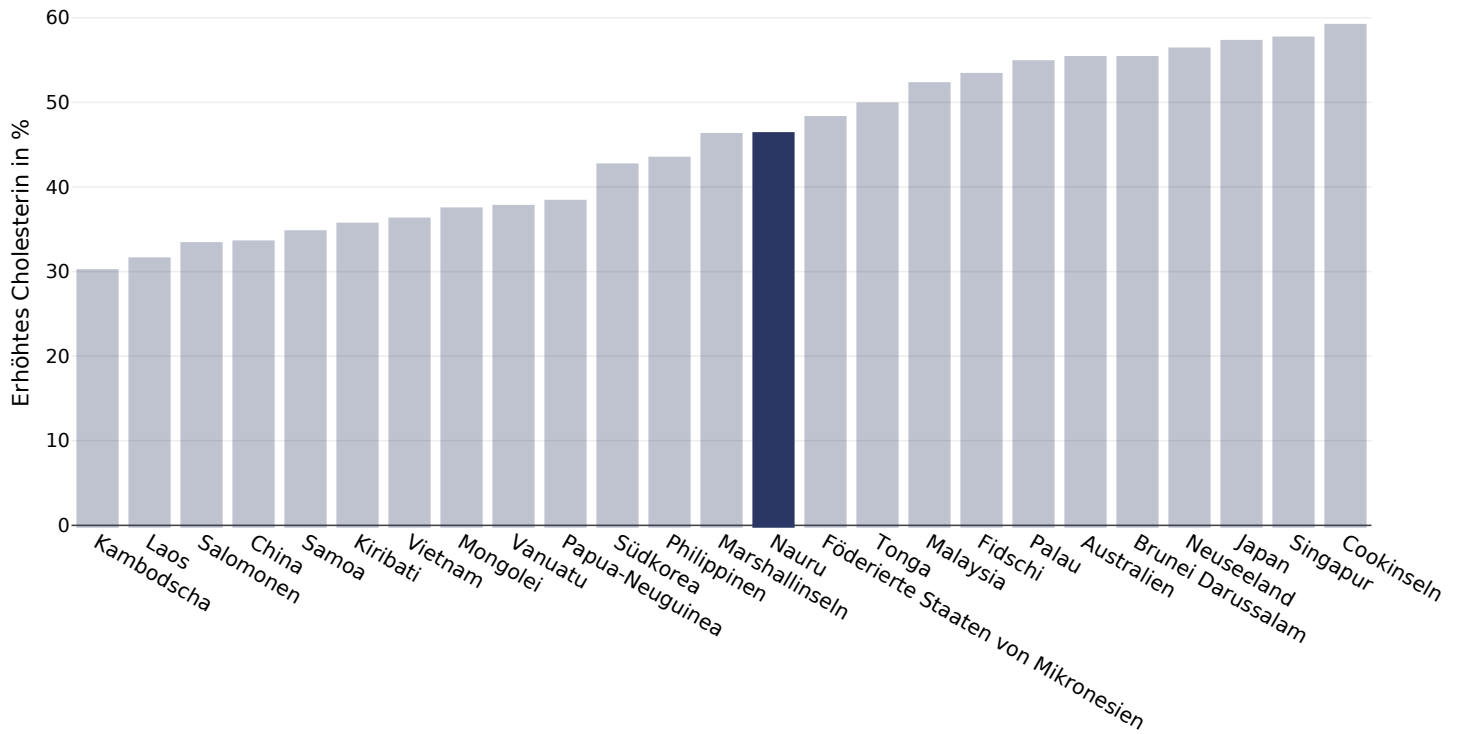
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitionen (nur in englischer Sprache verfügbar):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Erhöhtes Cholesterin

Erwachsene, 2008



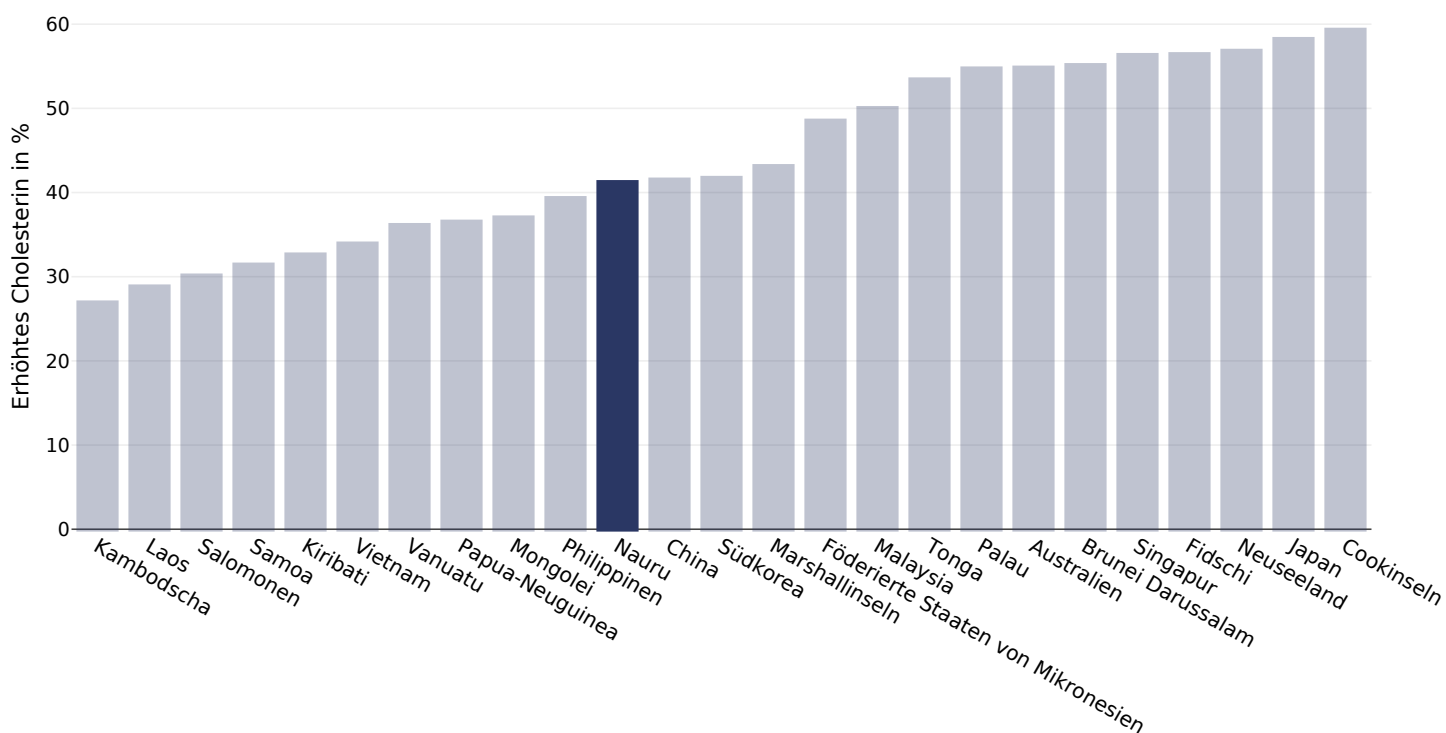
Referenzen:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definitionen (nur in englischer Sprache verfügbar):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Männer, 2008



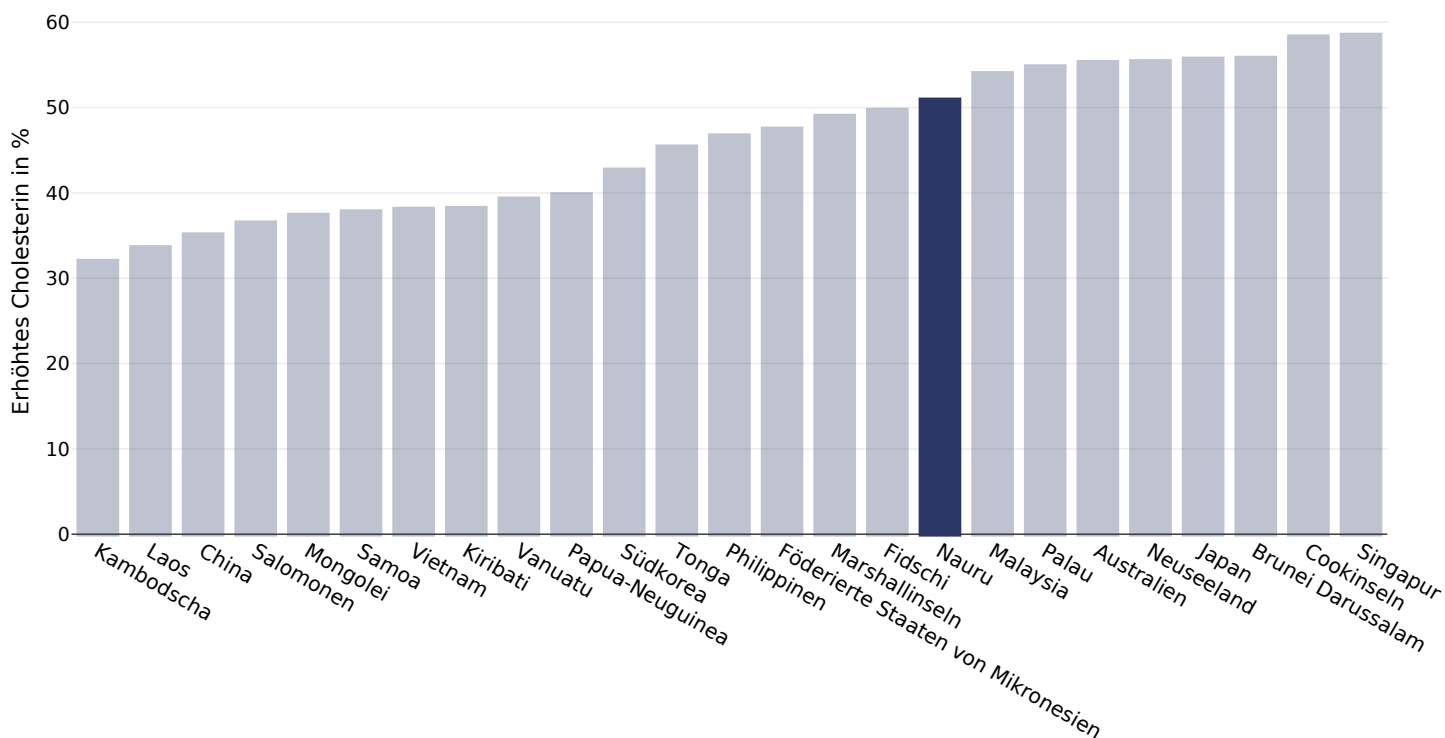
Referenzen:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definitionen (nur in englischer Sprache verfügbar):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Frauen, 2008



Referenzen:

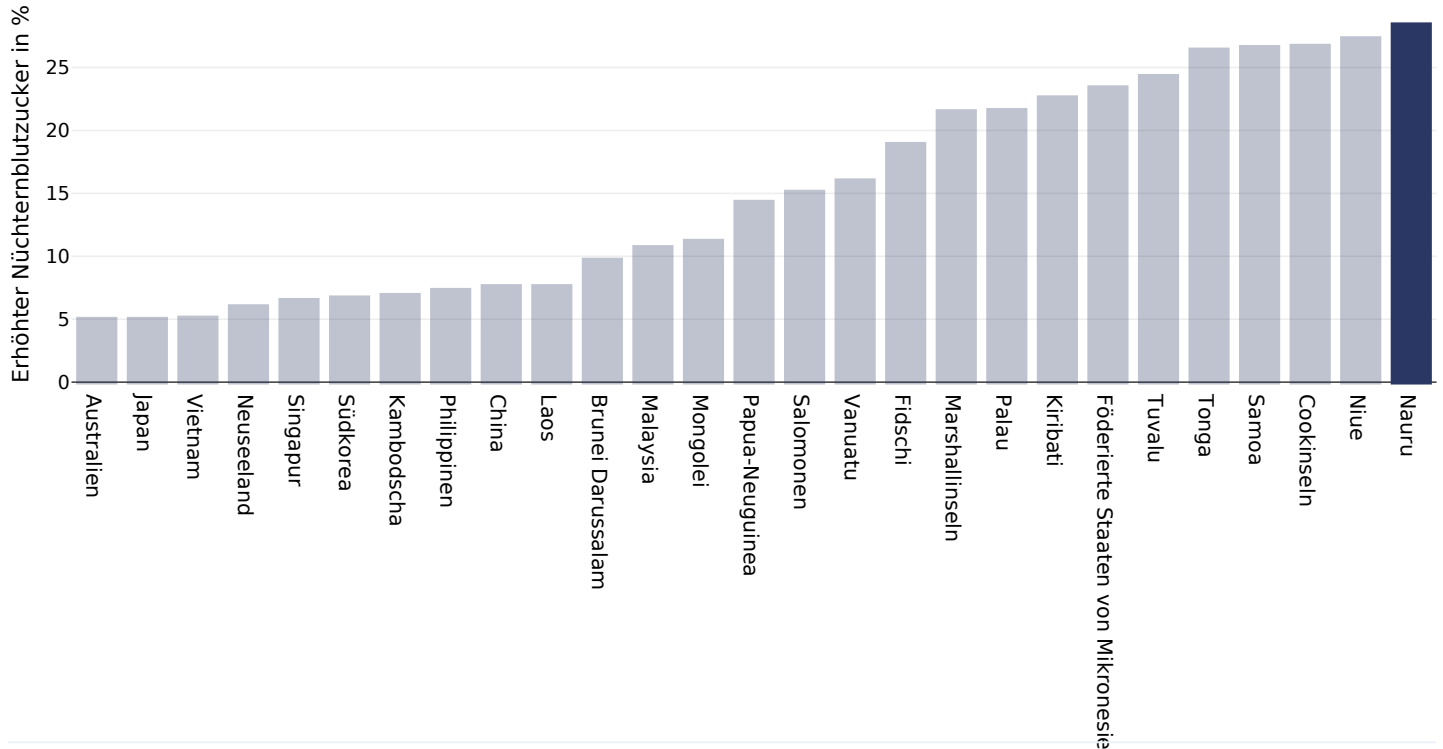
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definitionen (nur in englischer Sprache verfügbar):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Erhöhter Nüchternblutzucker

Männer, 2014



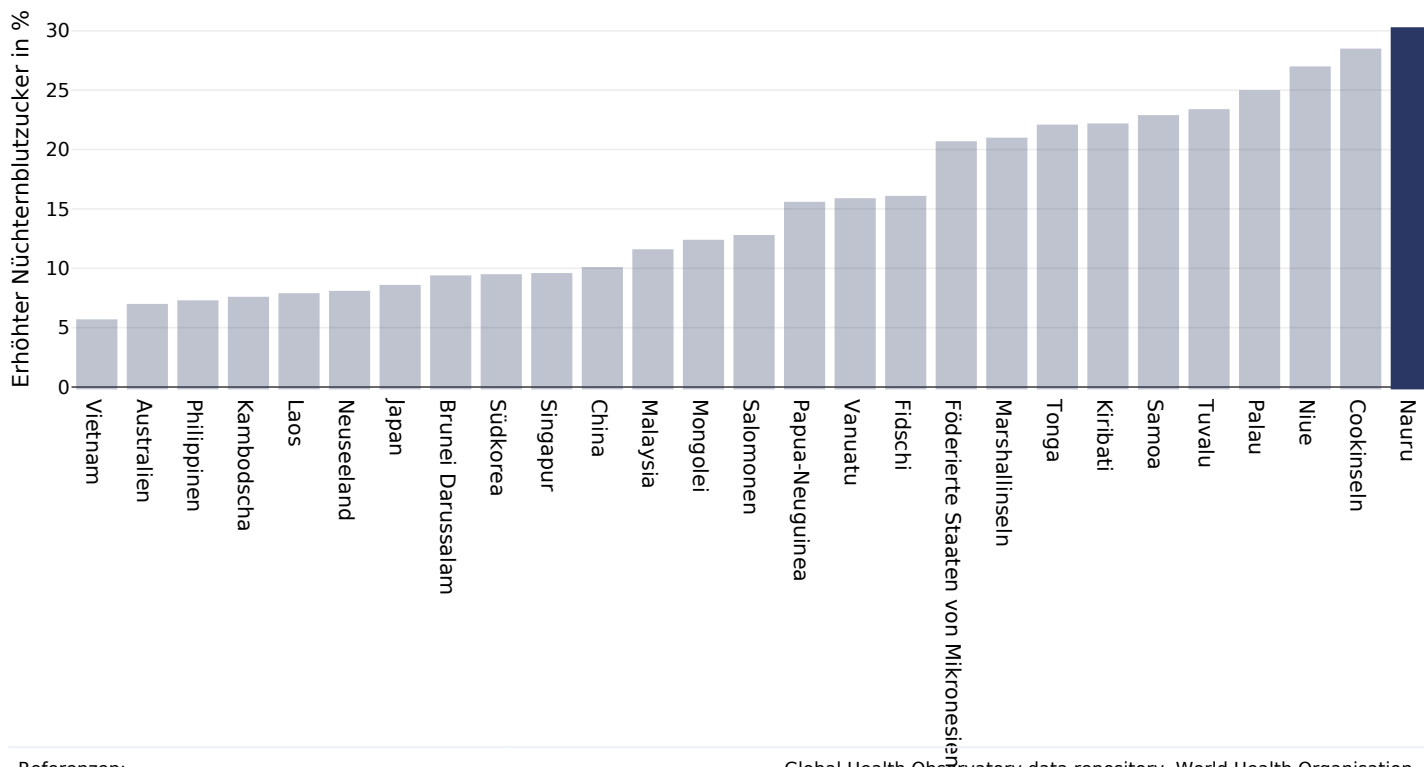
Referenzen:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitionen (nur in englischer Sprache verfügbar):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Frauen, 2014



Referenzen:

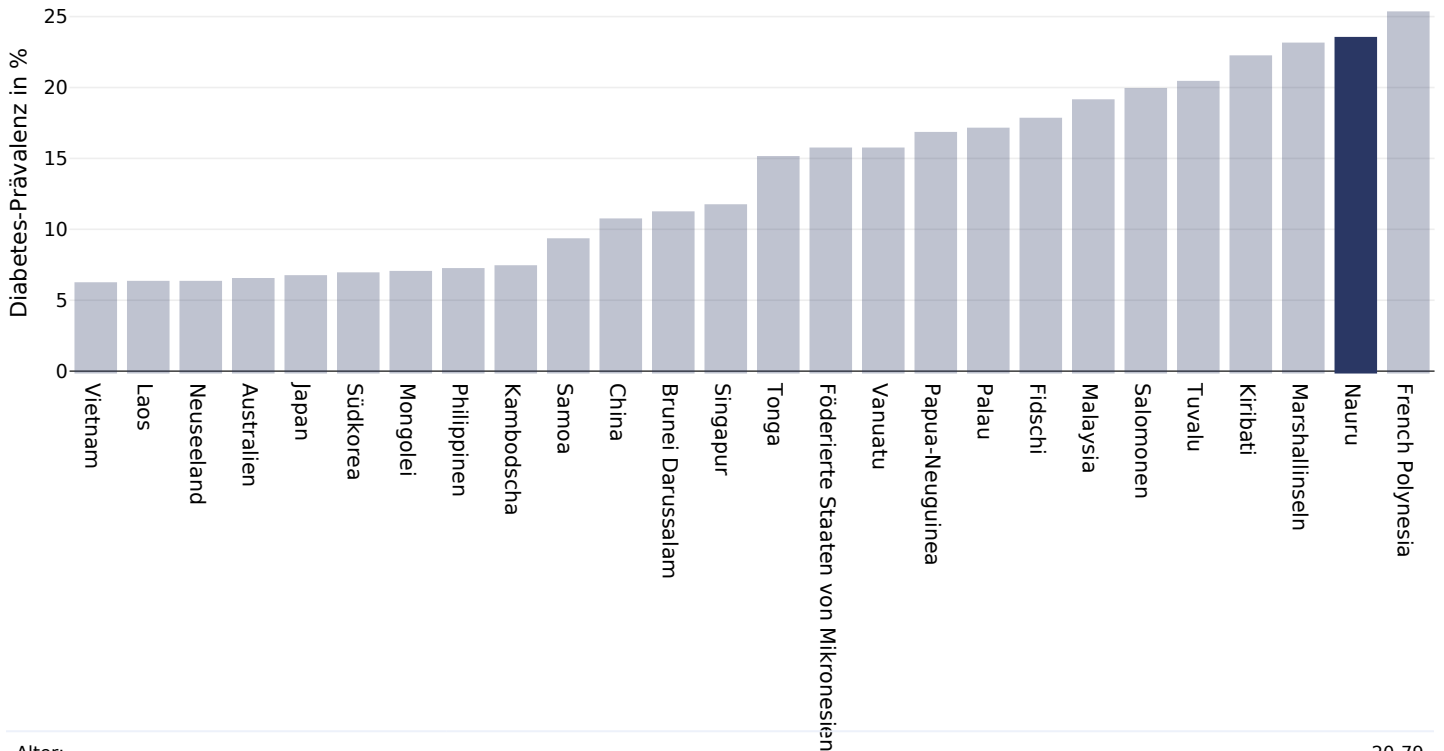
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitionen (nur in englischer Sprache verfügbar):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Diabetes-Prävalenz

Erwachsene, 2021



Alter: 20-79

Geltungsbereich: National

Referenzen: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definitionen (nur in englischer Sprache verfügbar): Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✗
National obesity strategy?	✗
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✗
Comprehensive physical activity strategy?	✗
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✓
Promotion of breastfeeding?	✗



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✓



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✗
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Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

Last updated September 13, 2022

PDF created on May 18, 2024