Report card
Indonesia

Contents	Page

Obesity prevalence

Adults, 2018
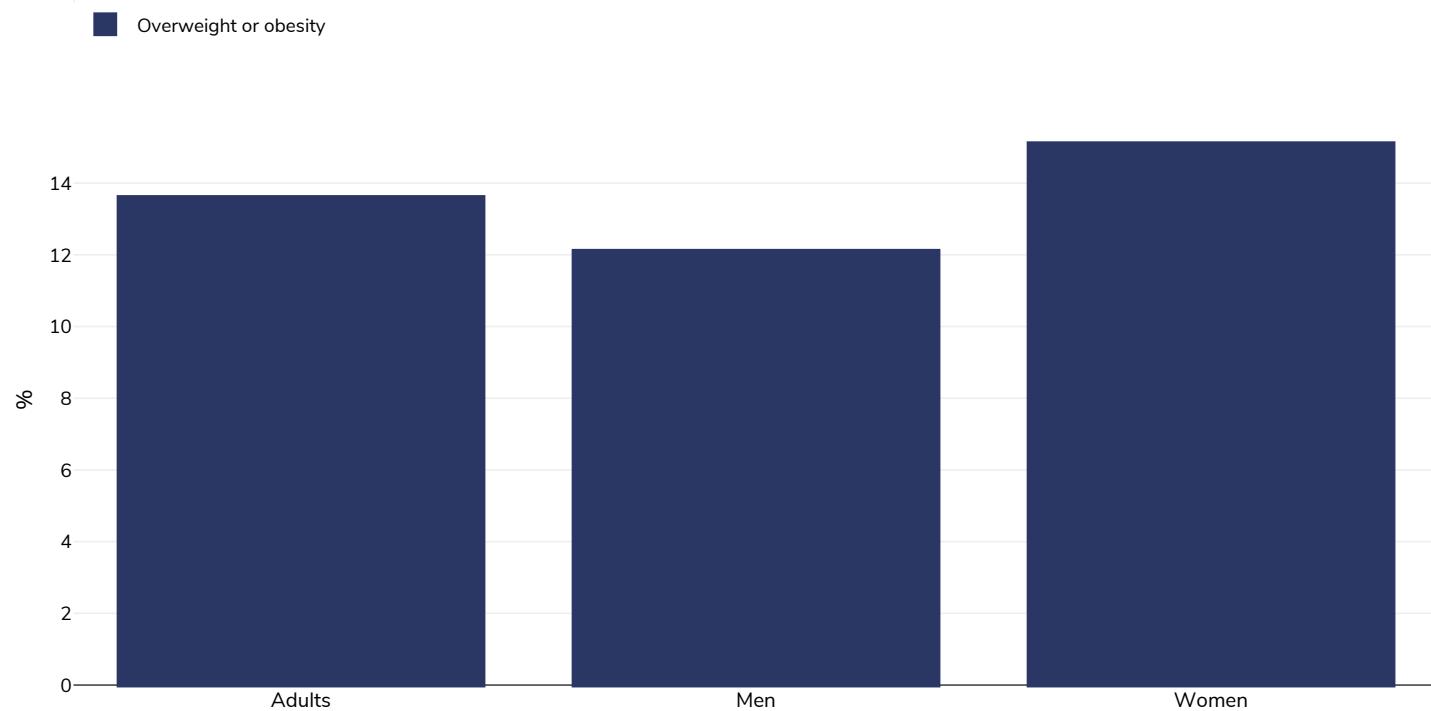
■ Overweight or obesity

Survey type:	Measured
Age:	19+
Sample size:	624563
Area covered:	National
References:	Riskesdas 2018 available at
	http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf
	(last accessed 11.05.2022)
Definitions:	Overweight classified as BMI 25-26.9 Obesity classified as BMI = or > 27 Obesity
Cutoffs:	Other

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2018

Legend: ■ Obesity ■ Overweight

Survey type:	Measured
Age:	5-12
Sample size:	165682
Area covered:	National
References:	Riskesdas 2018 available at
	http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf
	(last accessed 11.05.2022)
Definitions:	Z Score 1 - < 2 Overweight Z score > 2 Obesity
Cutoffs:	Other

Overweight/obesity by education

Men, 2018

■ Overweight or obesity

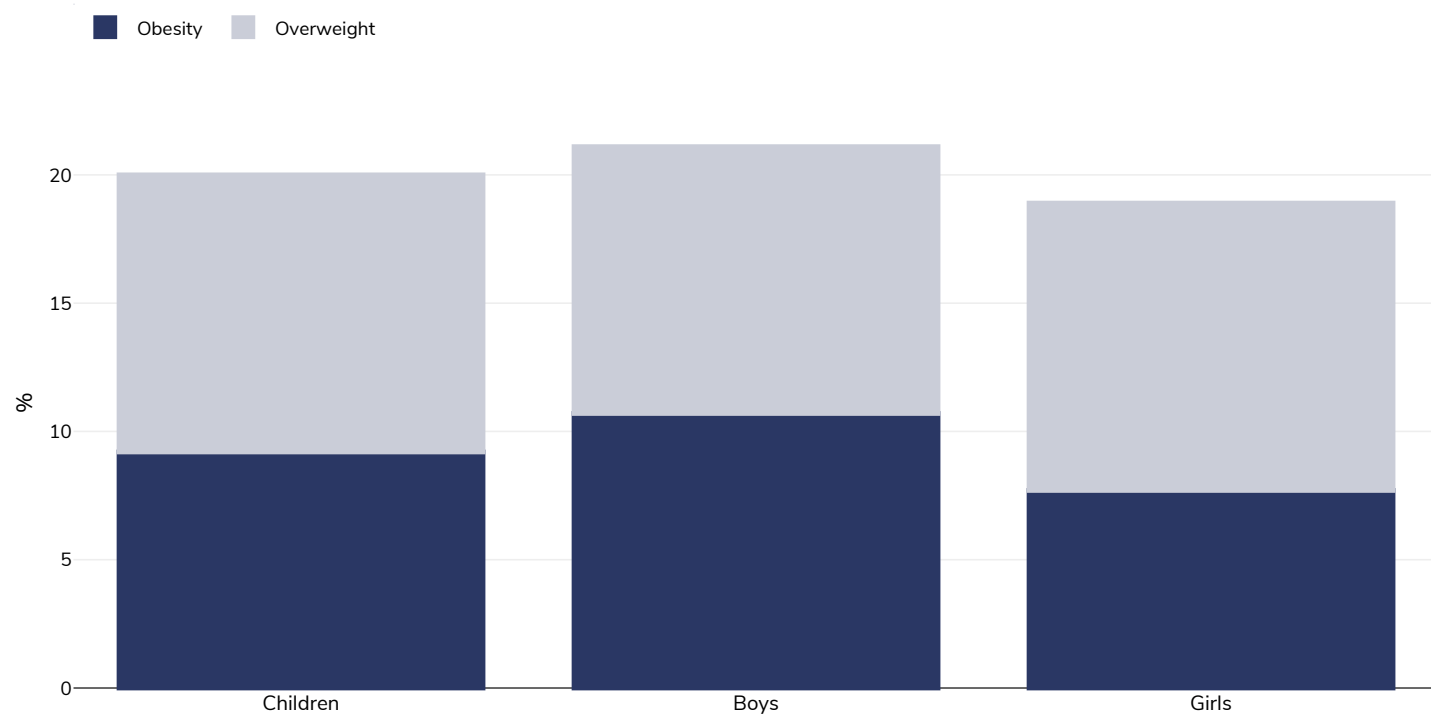|	
Survey type:	Measured
Age:	19+
Sample size:	624563
Area covered:	National
References:	Riskesdas 2018 available at
	http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf
	(last accessed 11.05.2022)
Notes:	Different Cut off
Definitions:	Overweight BMI 25-<27 Kg/m2 Obesity BMI => 27 Kg/m2

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2018

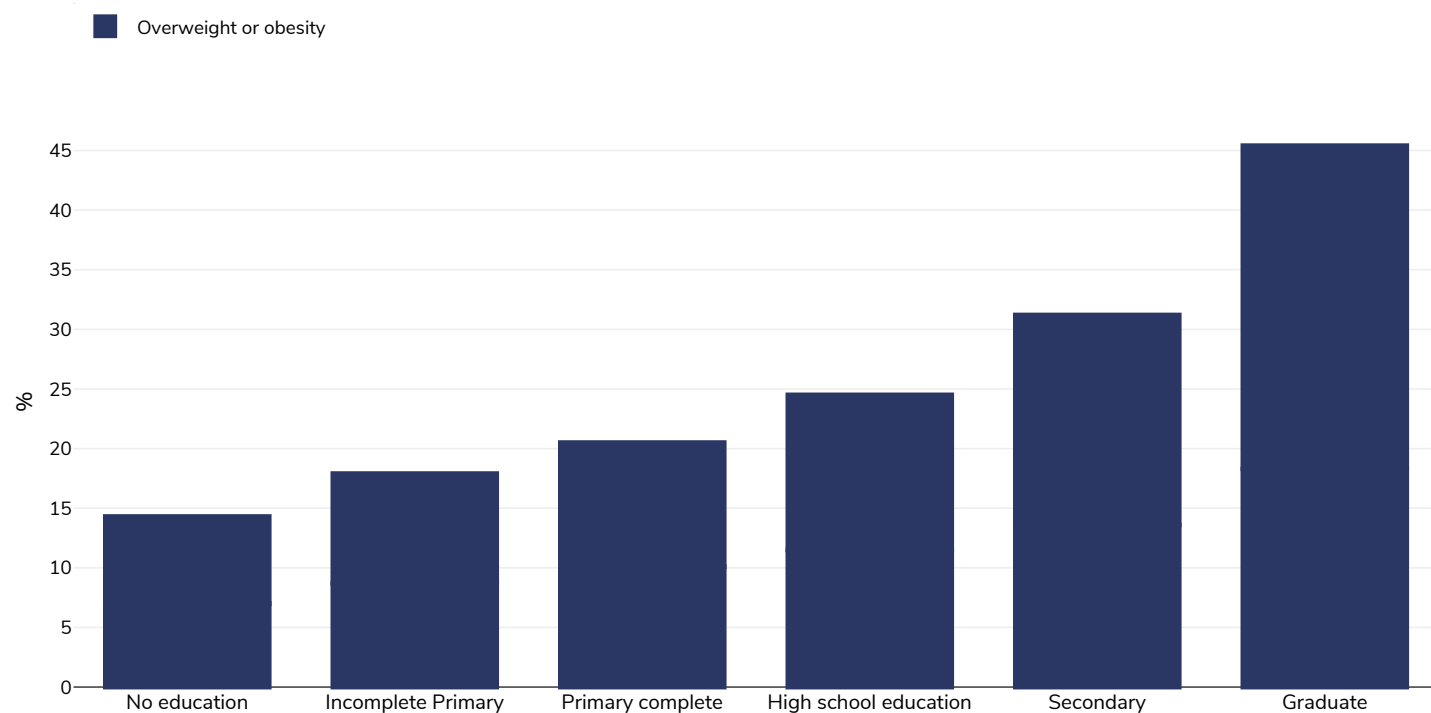■ Overweight or obesity

Survey type:	Measured
Age:	19+
Sample size:	624563
Area covered:	National
References:	Riskesdas 2018 available at
	http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf
	(last accessed 11.05.2022)
Notes:	Different Cut off
Definitions:	Overweight BMI 25-<27 Kg/m2 Obesity BMI => 27 Kg/m2
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2018

Legend: ■ Obesity ■ Overweight

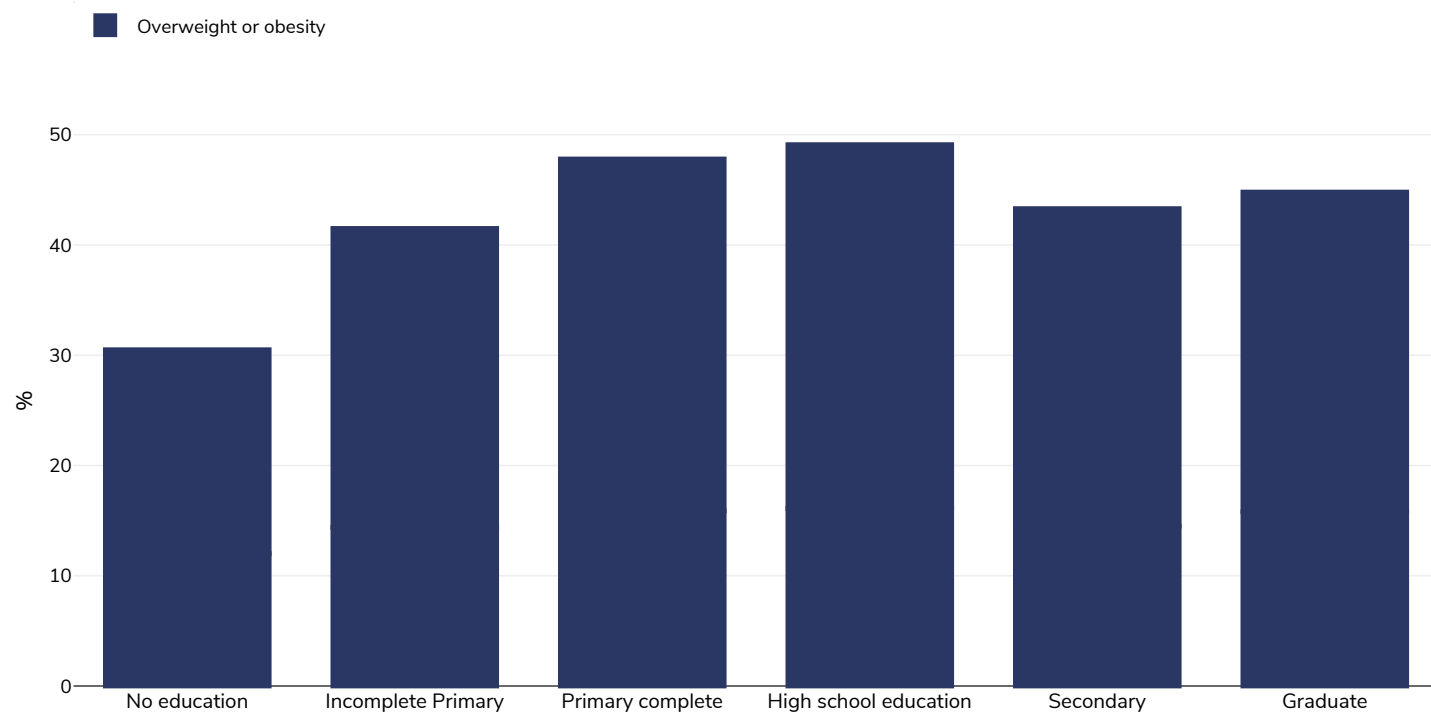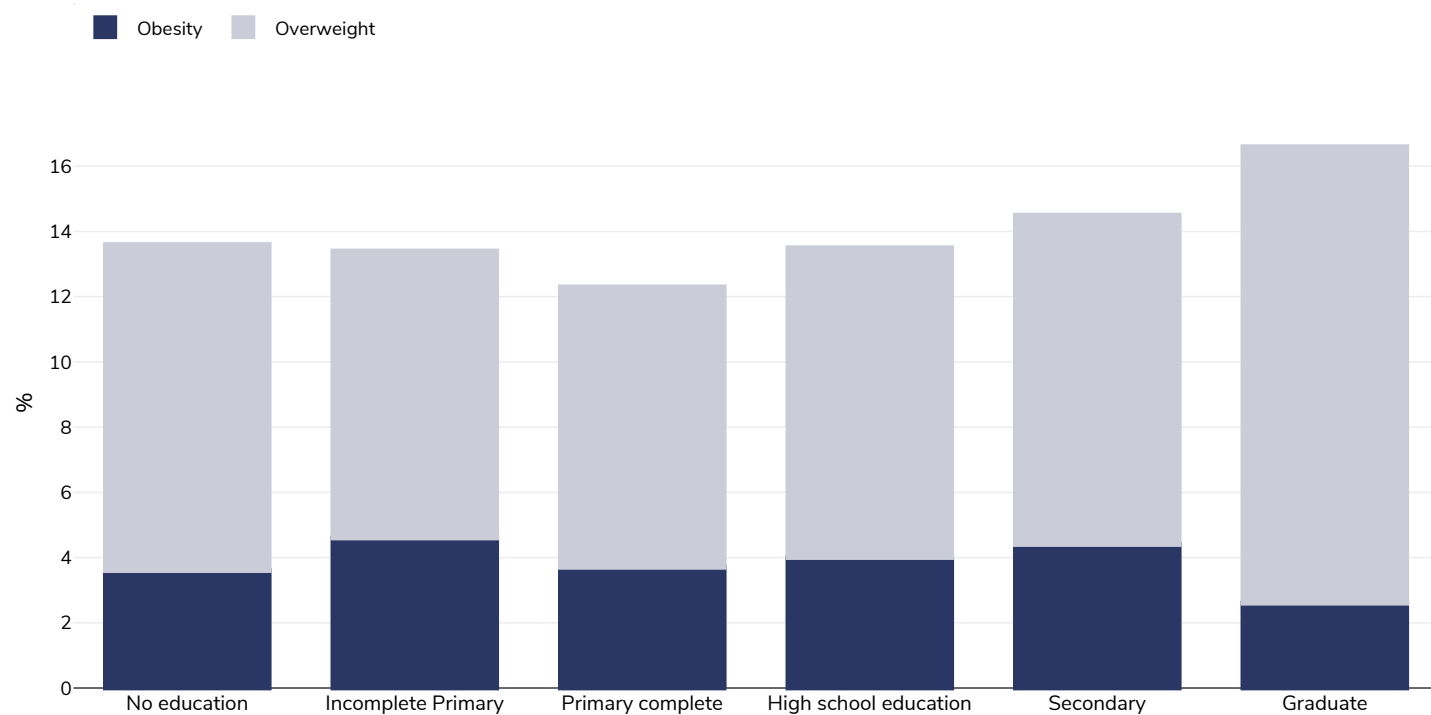|	
Survey type:	Measured
Age:	16-18
Sample size:	51826
Area covered:	National
References:	Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022)
Notes:	Based on parental education
Definitions:	Z Score 1 - < 2 Overweight Z score > 2 Obesity
Cutoffs:	Other

Overweight/obesity by age

Adults, 2018

■ Overweight or obesity

Survey type:	Measured
Sample size:	624563
Area covered:	National
References:	Riskesdas 2018 available at
	http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf
	(last accessed 11.05.2022)
Notes:	Not standard cut off
Definitions:	Overweight BMI 25-<27 Kg/m2 Obesity => 27 Kg/m2

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
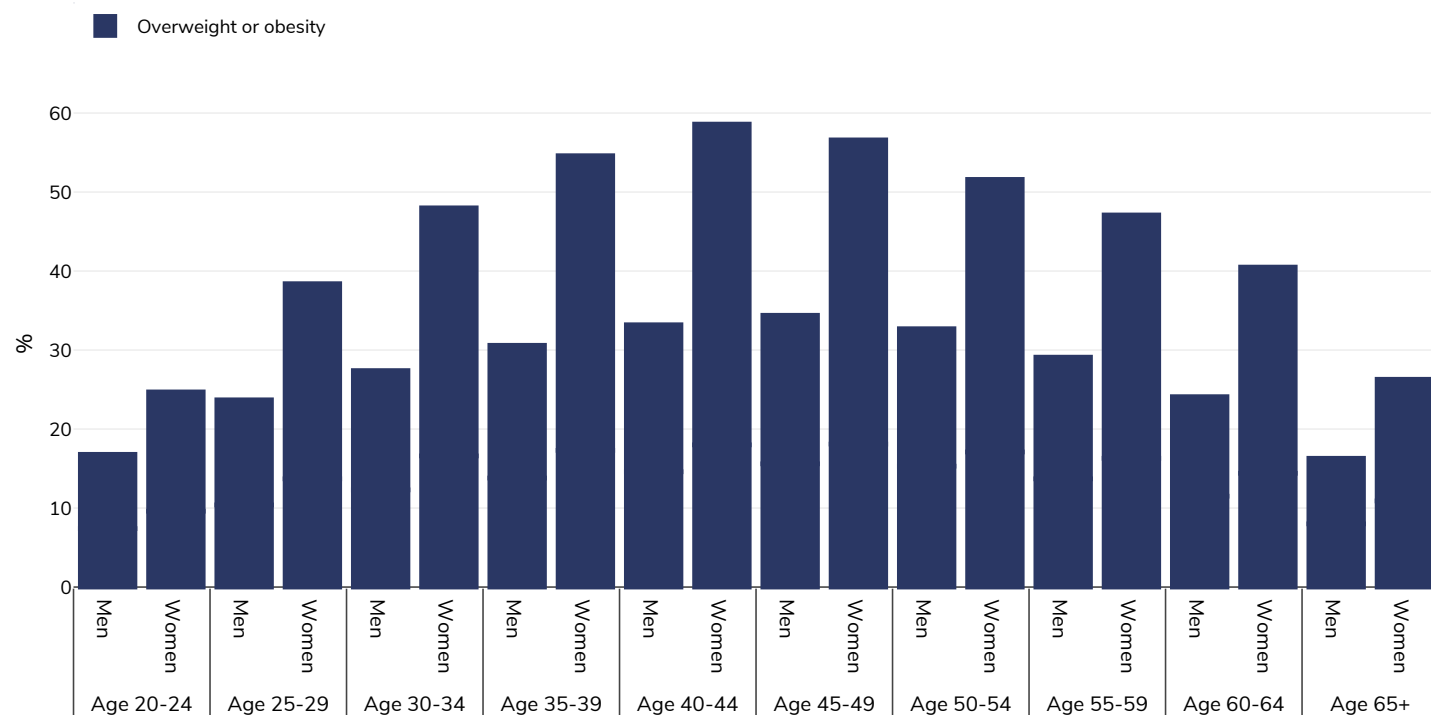
Children, 2018

Legend: ■ Obesity ■ Overweight

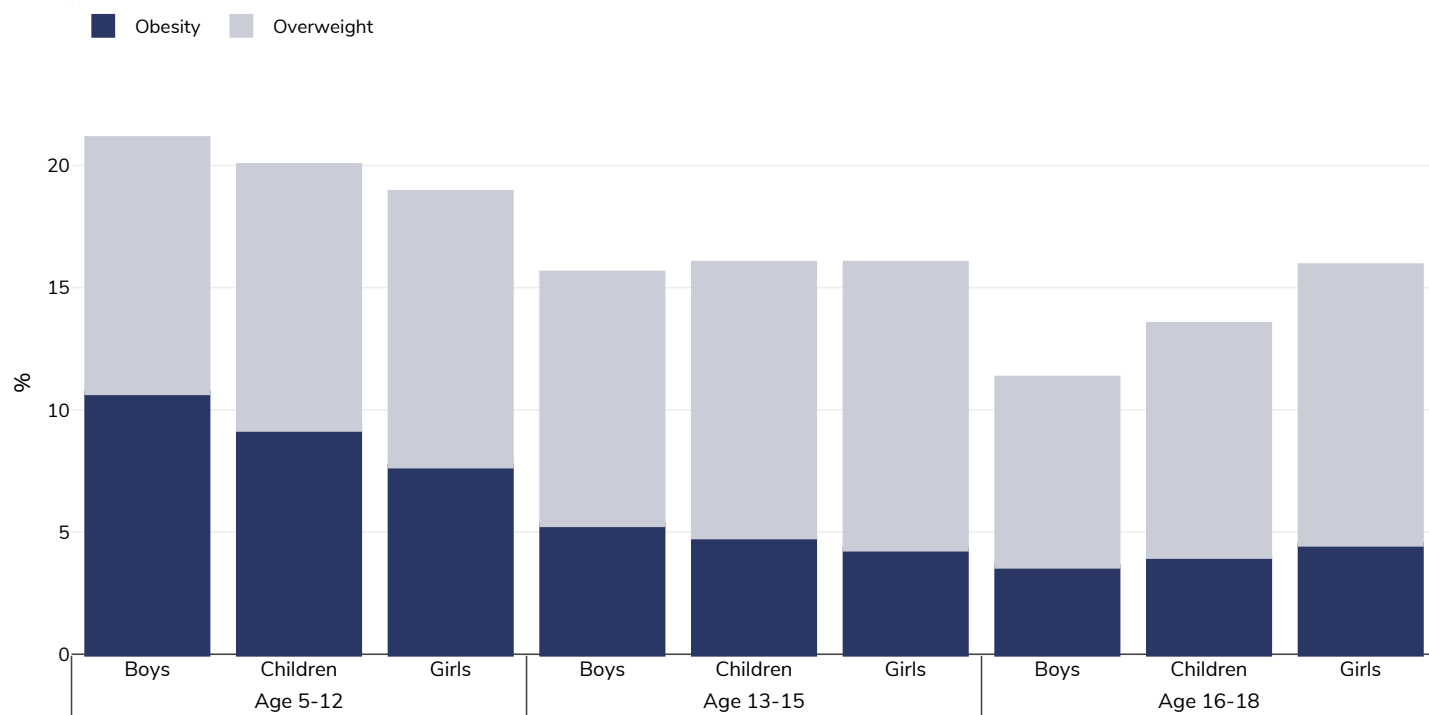| Survey type:	Measured
Sample size:	277528
Area covered:	National
References:	Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022)
Definitions:	Z Score 1 - < 2 Overweight Z score > 2 Obesity
Cutoffs:	Other

Overweight/obesity by region

Adults, 2018

■ Overweight or obesity

Survey type:	Measured
Age:	19+
Sample size:	624563
Area covered:	National
References:	Riskesdas 2018 available at
	http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf
	(last accessed 11.05.2022)
Notes:	Please note different cut off
Definitions:	Overweight BMI 25-<27 Kg/m2 Obesity BMI => 27 Kg/m2

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
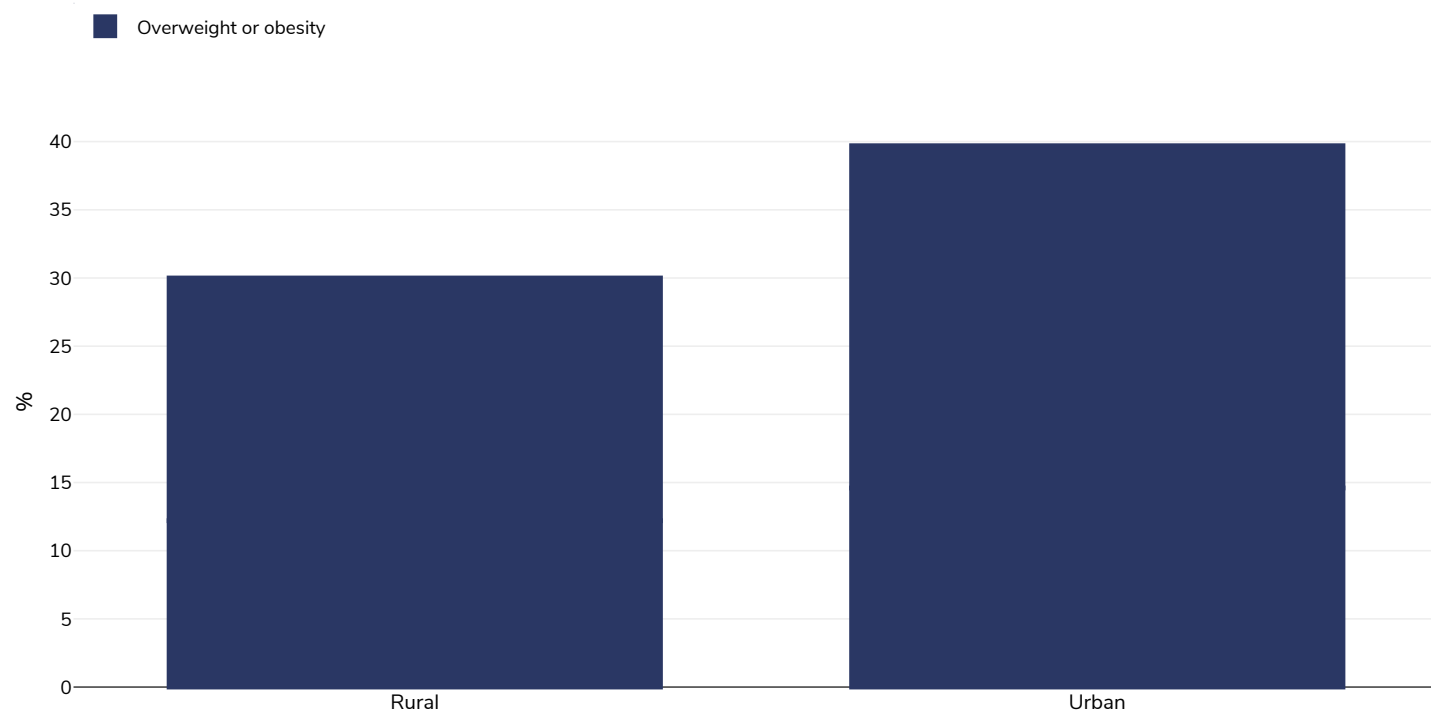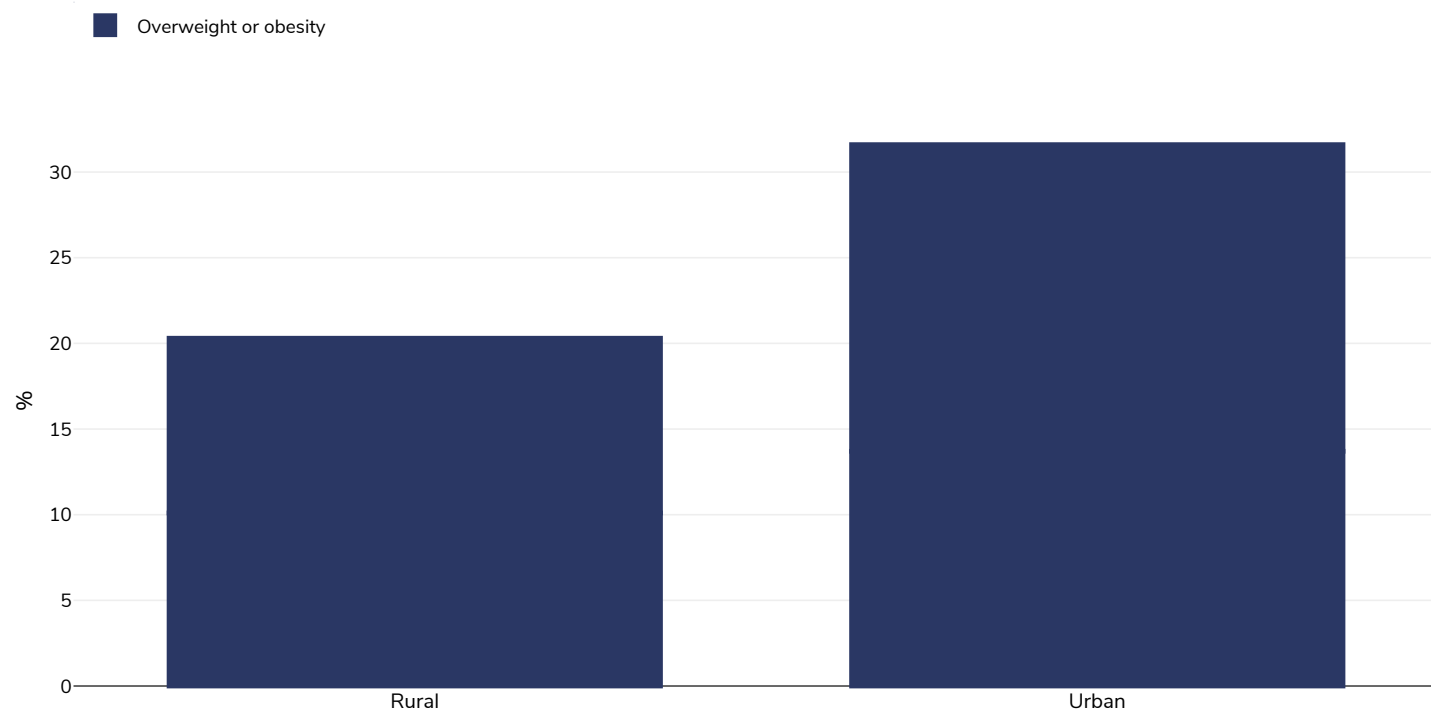
Men, 2018

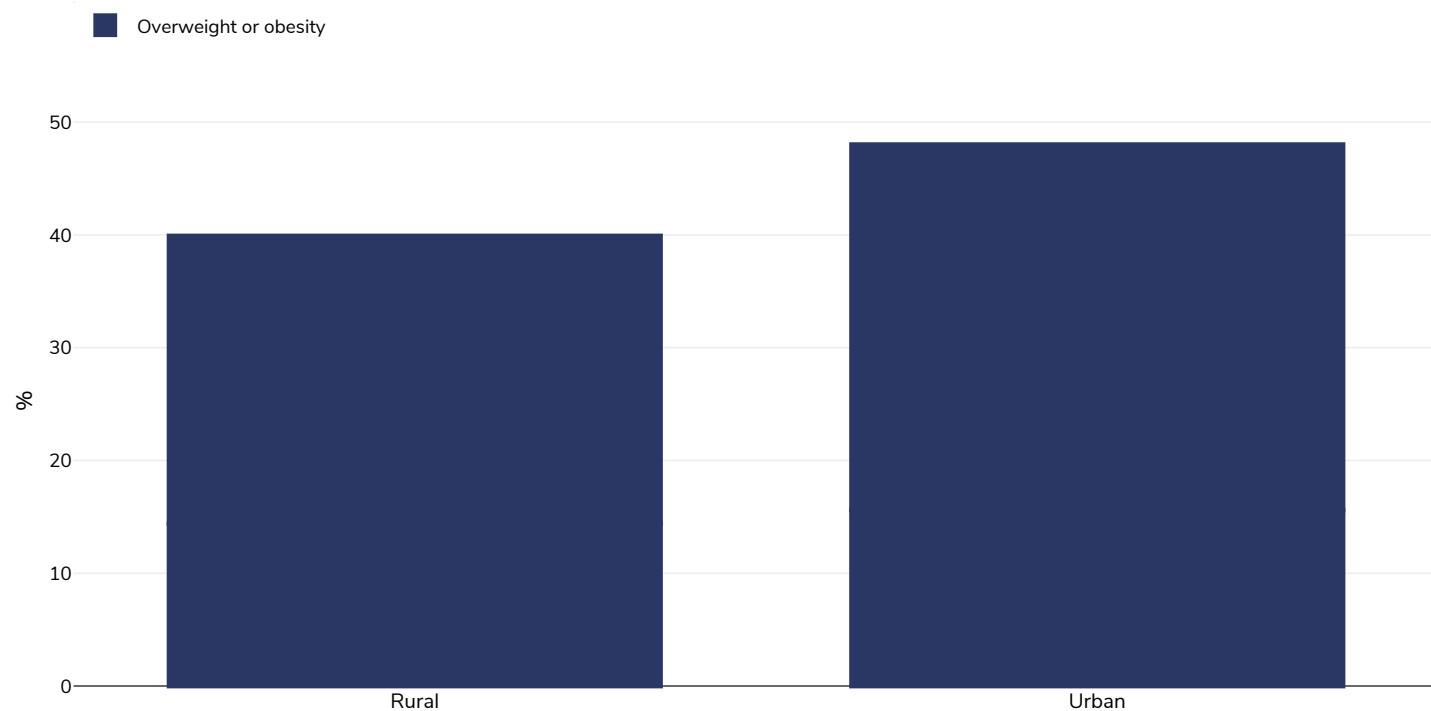■ Overweight or obesity

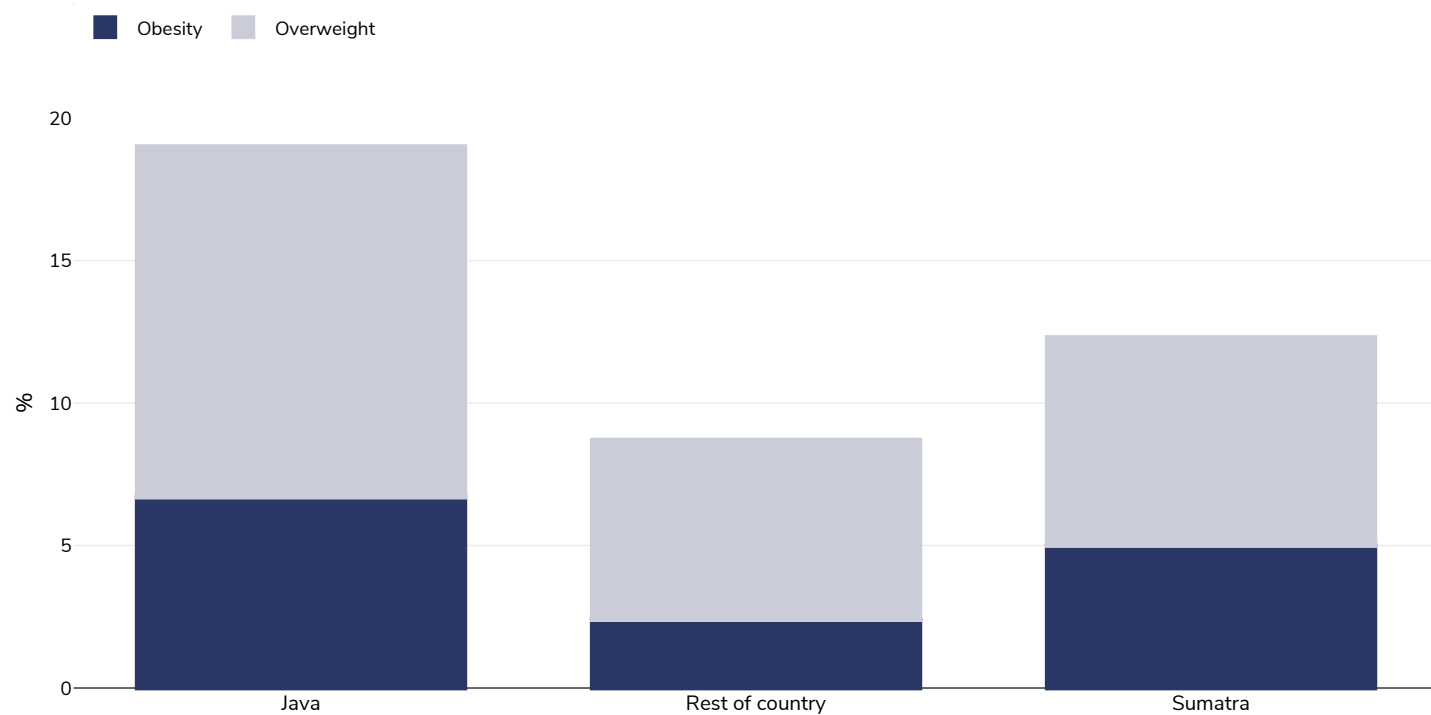| Survey type:	Measured
Age:	19+
Sample size:	624563
Area covered:	National
References:	Riskesdas 2018 available at http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf (last accessed 11.05.2022)
Notes:	Please note different cut off
Definitions:	Overweight BMI 25-<27 Kg/m2 Obesity BMI => 27 Kg/m2
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2018

■ Overweight or obesity

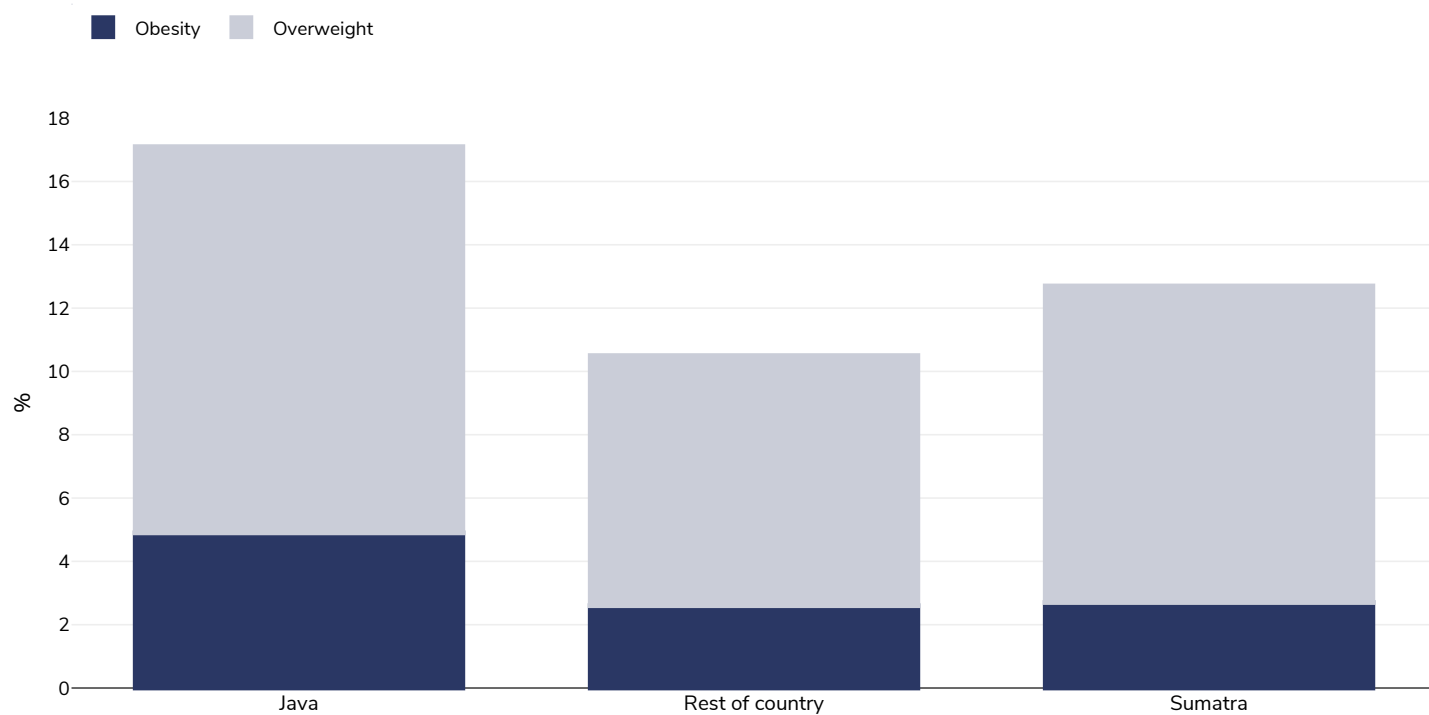| Survey type:	Measured
Age:	19+
Sample size:	624563
Area covered:	National
References:	Riskesdas 2018 available at
	http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf
	(last accessed 11.05.2022)
Notes:	Please note different cut off
Definitions:	Overweight BMI 25-<27 Kg/m2 Obesity BMI => 27 Kg/m2
	Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Boys, 2015

Legend: ■ Obesity ■ Overweight

Survey type:	Self-reported
Age:	13-17
Sample size:	11,142
Area covered:	National
References:	World Health Organization. Global school-based student health survey (GSHS). Available from: https://www.who.int/ncds/surveillance/gshs/factsheets/en/. [Accessed 20 February 2019].
Notes:	WHO cut-offs used and based on Self-reported data.
Cutoffs:	WHO

Girls, 2015

■ Obesity   ■ Overweight

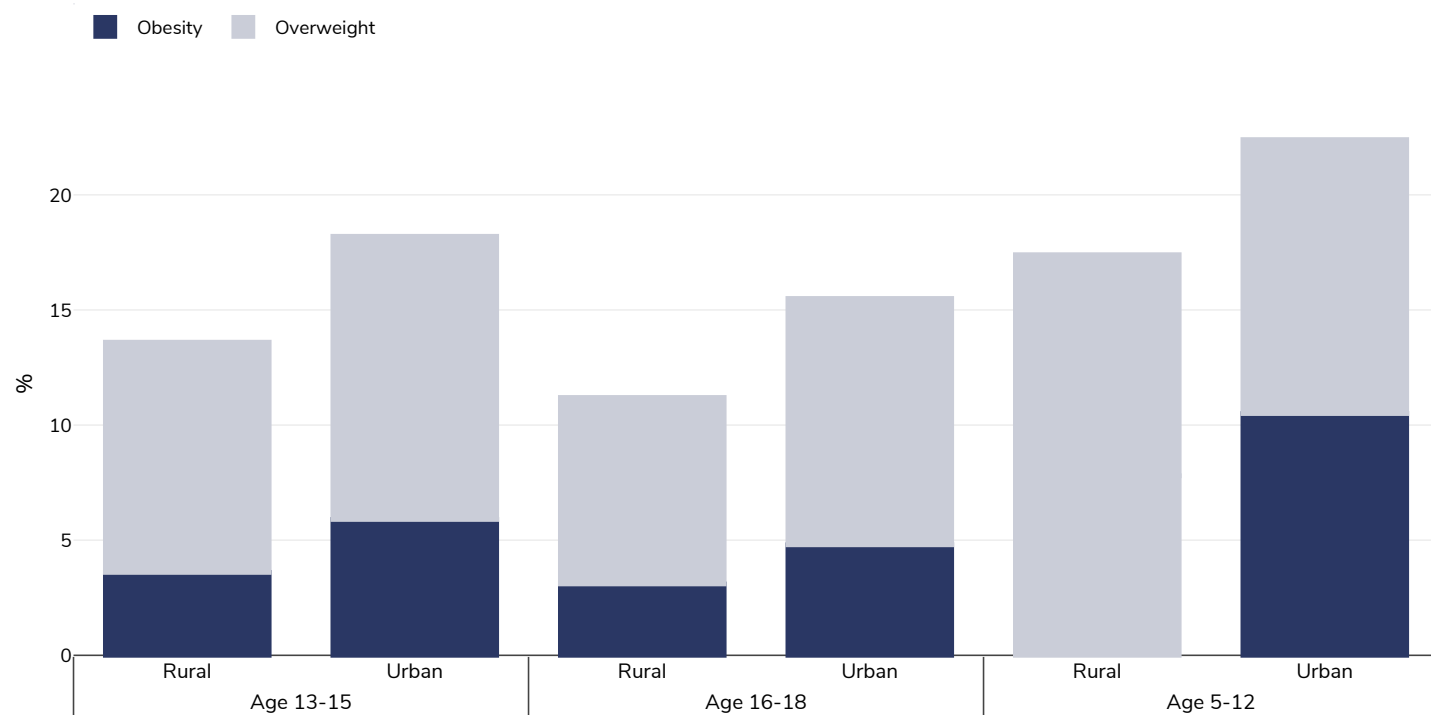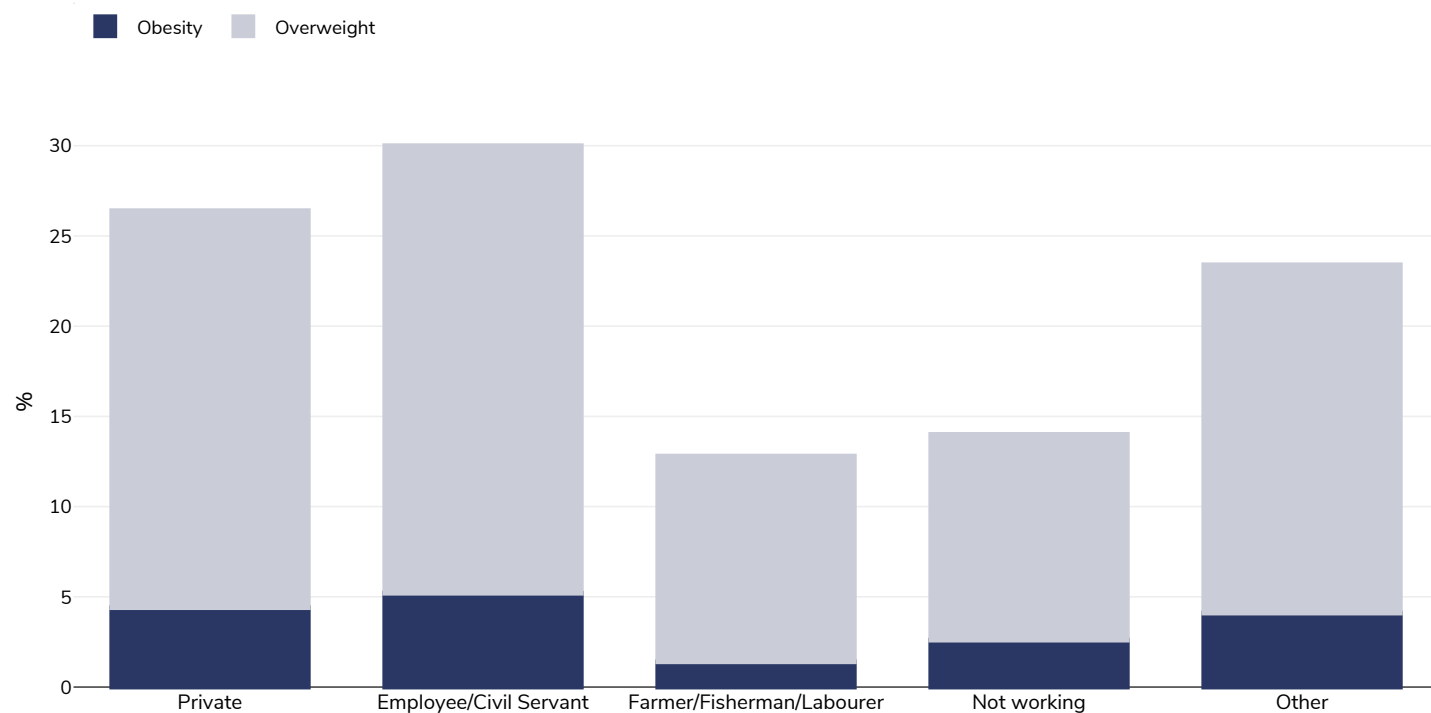| Survey type:	Self-reported
Age:	13-17
Sample size:	11,142
Area covered:	National
References:	World Health Organization. Global school-based student health survey (GSHS). Available from: https://www.who.int/ncds/surveillance/gshs/factsheets/en/. [Accessed 20 February 2019].
Notes:	WHO cut-offs used and based on Self-reported data.
Cutoffs:	WHO

Overweight/obesity by age and region

Children, 2018

■ Obesity ▢ Overweight

Survey type:	Measured
Sample size:	277528
Area covered:	National
References:	Riskesdas 2018 available at
	http://labdata.litbang.kemkes.go.id/images/download/laporan/RKD/2018/Laporan_Nasional_RKD2018_FINAL.pdf
	(last accessed 11.05.2022)
Definitions:	Z Score 1 - < 2 Overweight Z score > 2 Obesity
Cutoffs:	Other

Overweight/obesity by socio-economic group

Men, 2013

Legend: ■ Obesity ■ Overweight

Survey type:	Measured
Age:	18+
Sample size:	649549
Area covered:	National
References:	Riskesdas 2013. Reanalysis: Atmarita, National Institute of Health Research and Development/NIHRD, MOH of Indonesia.
Notes:	Indonesian cut off's also available

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Women, 2013

■ Obesity　■ Overweight

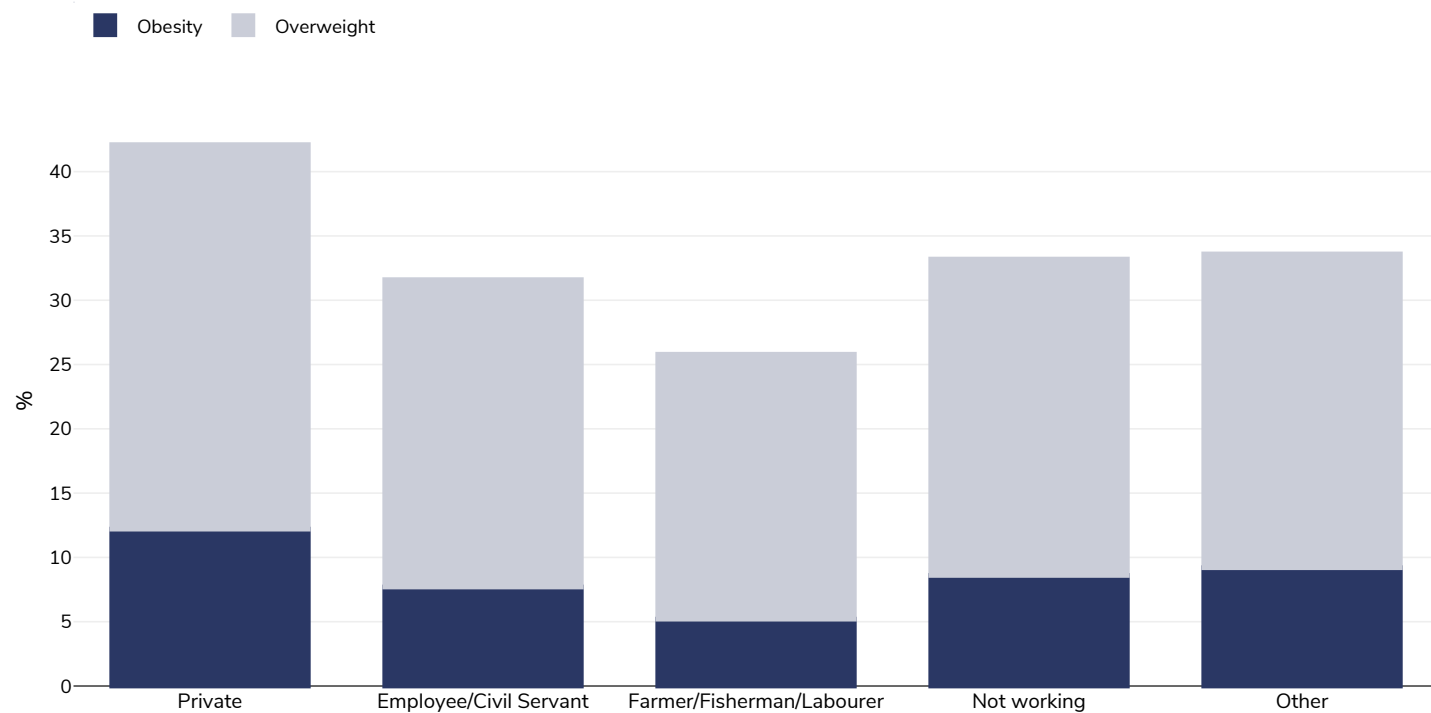| Survey type:	Measured
Age:	18+
Sample size:	649549
Area covered:	National
References:	Riskesdas 2013. Reanalysis: Atmarita, National Institute of Health Research and Development/NIHRD, MOH of Indonesia.
Notes:	Indonesian cut off's also available

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

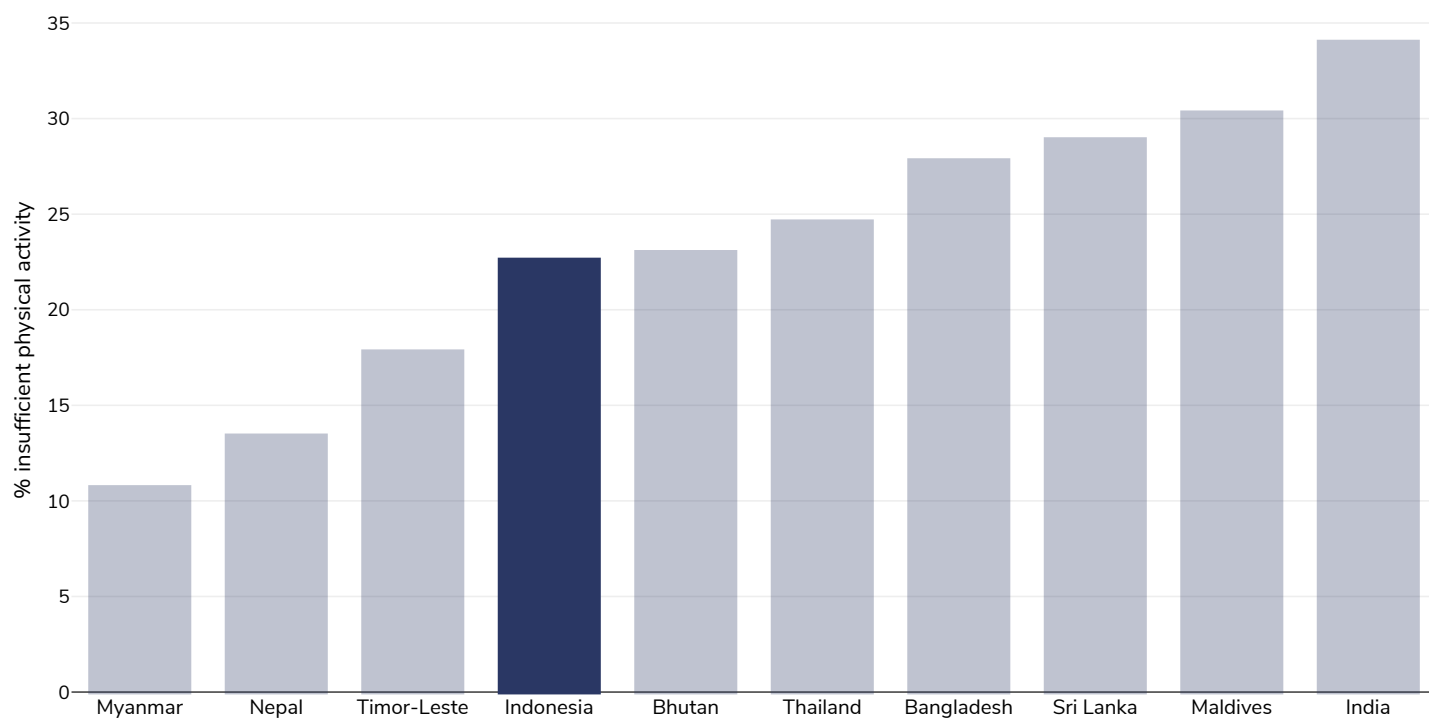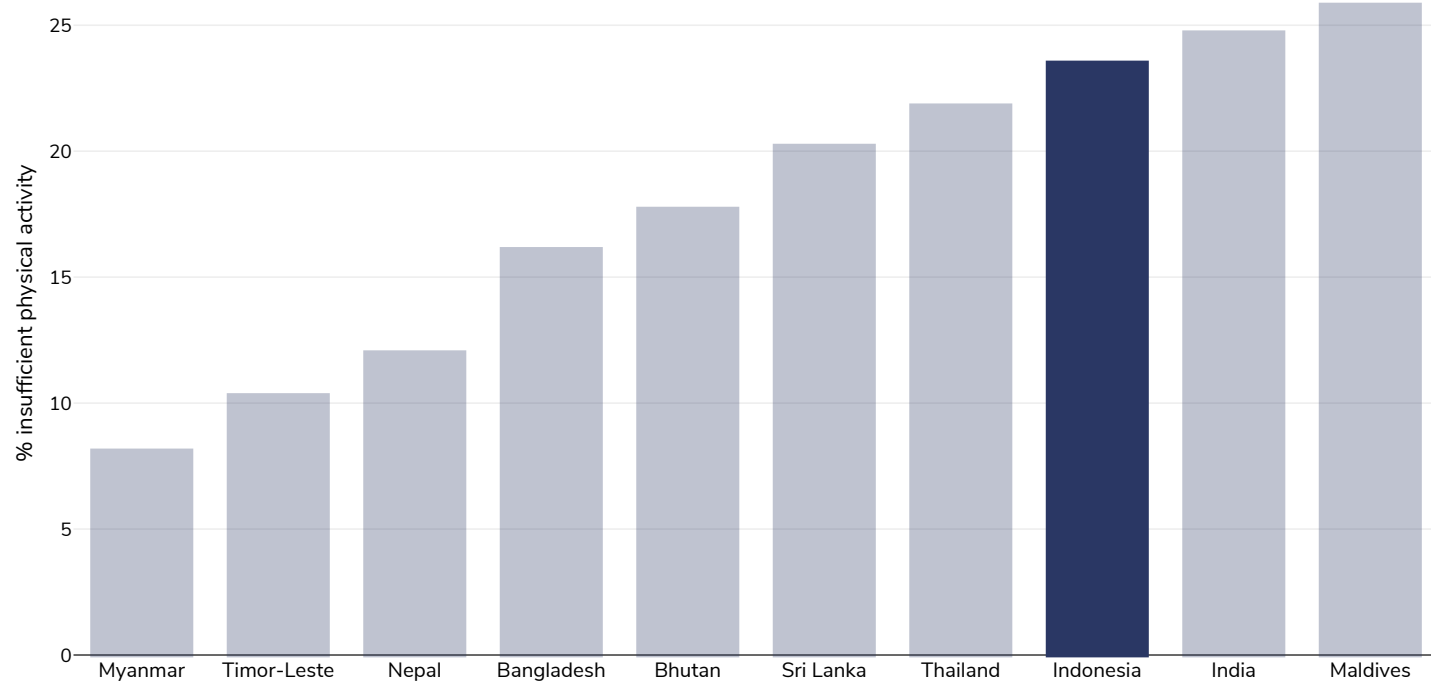# Insufficient physical activity

Adults, 2016

References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7

Men, 2016

% insufficient physical activity

Myanmar, Timor-Leste, Nepal, Bangladesh, Bhutan, Sri Lanka, Thailand, Indonesia, India, Maldives
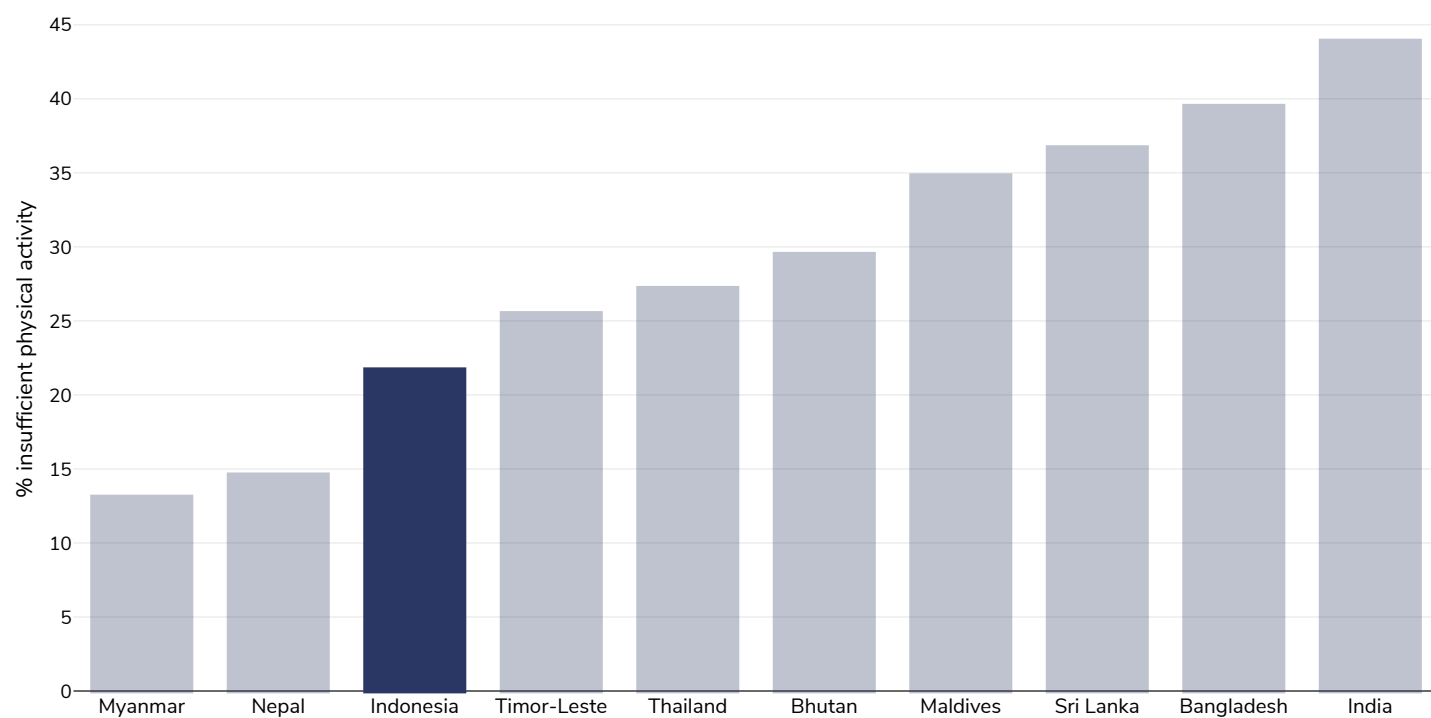
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7

Women, 2016

% insufficient physical activity — by country (Myanmar, Nepal, Indonesia, Timor-Leste, Thailand, Bhutan, Maldives, Sri Lanka, Bangladesh, India)
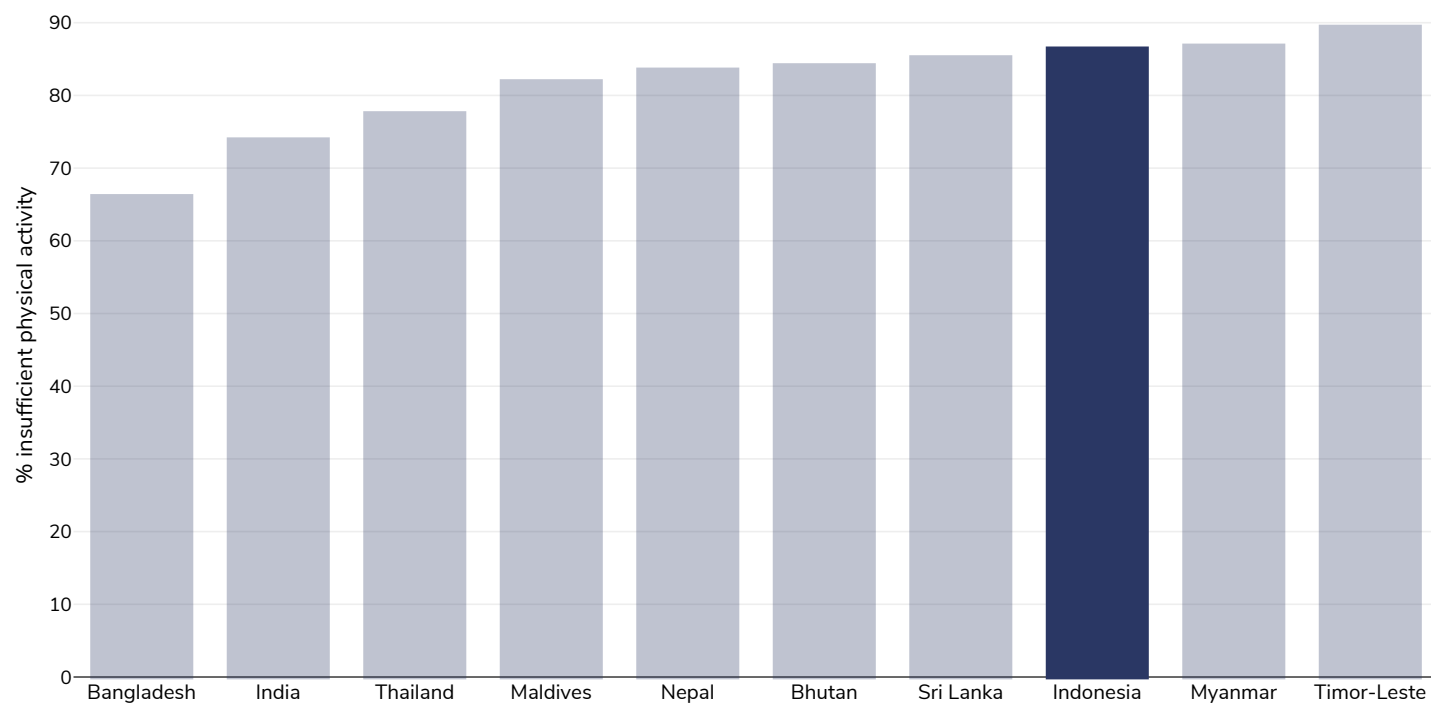
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7

Children, 2016

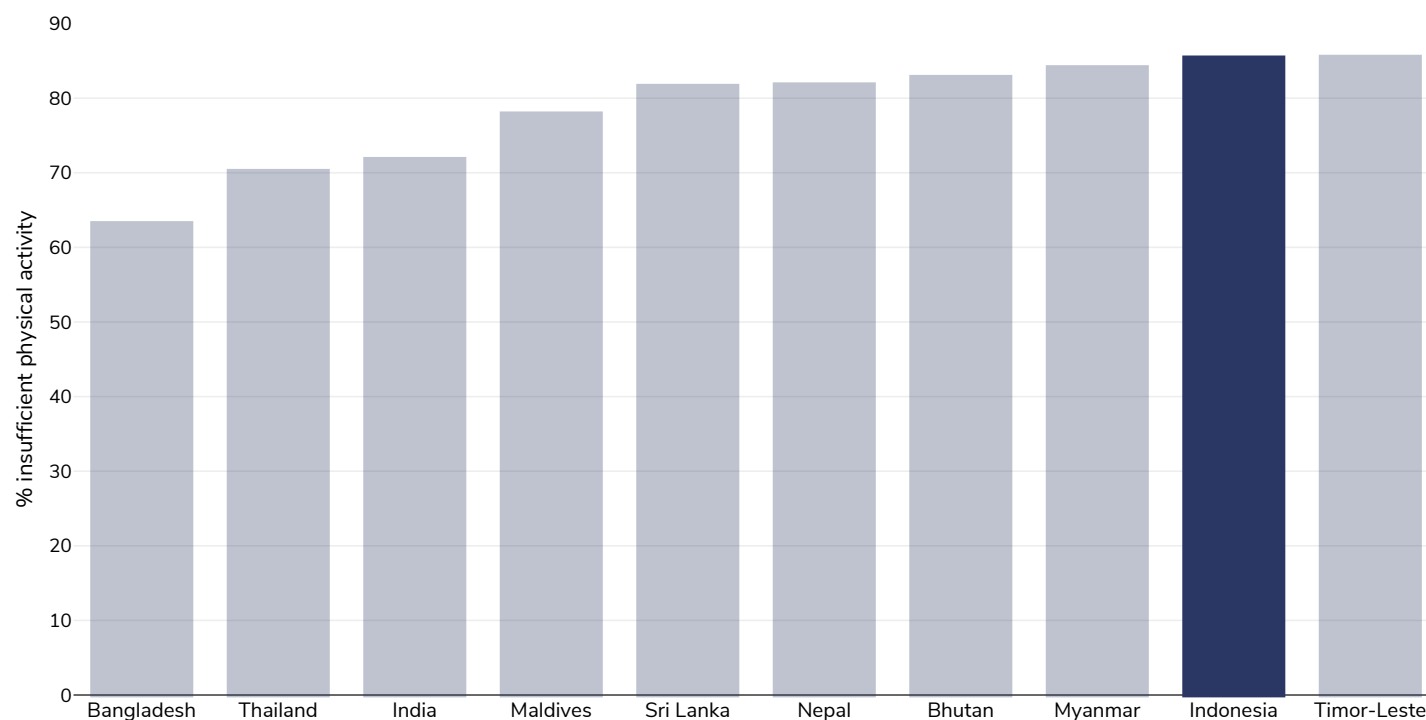| Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Boys, 2016

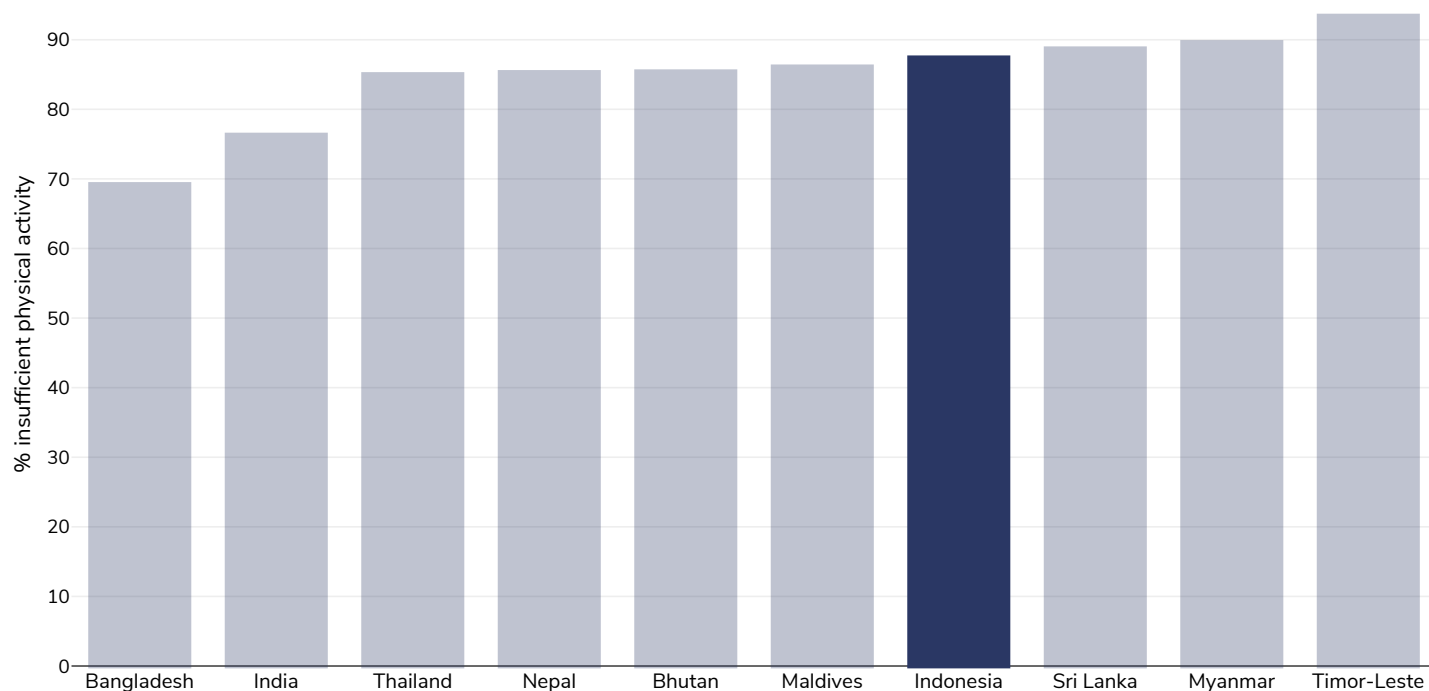| Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Girls, 2016

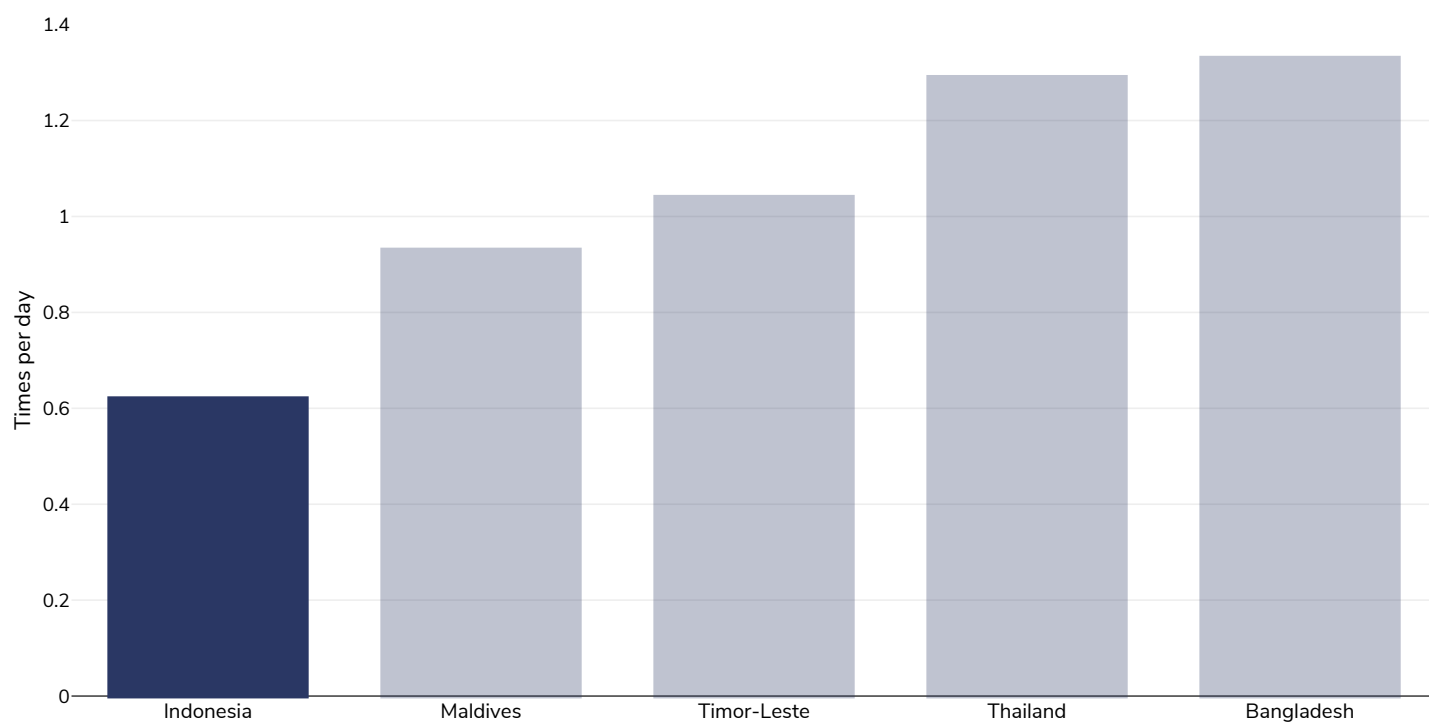| Survey type:	Self-reported
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)

Average daily frequency of carbonated soft drink consumption

Children, 2014-2015

Times per day

1.4				
1.2				
1				
0.8				
0.6				
0.4				
0.2				
0	Indonesia	Maldives	Timor-Leste	Thailand	Bangladesh

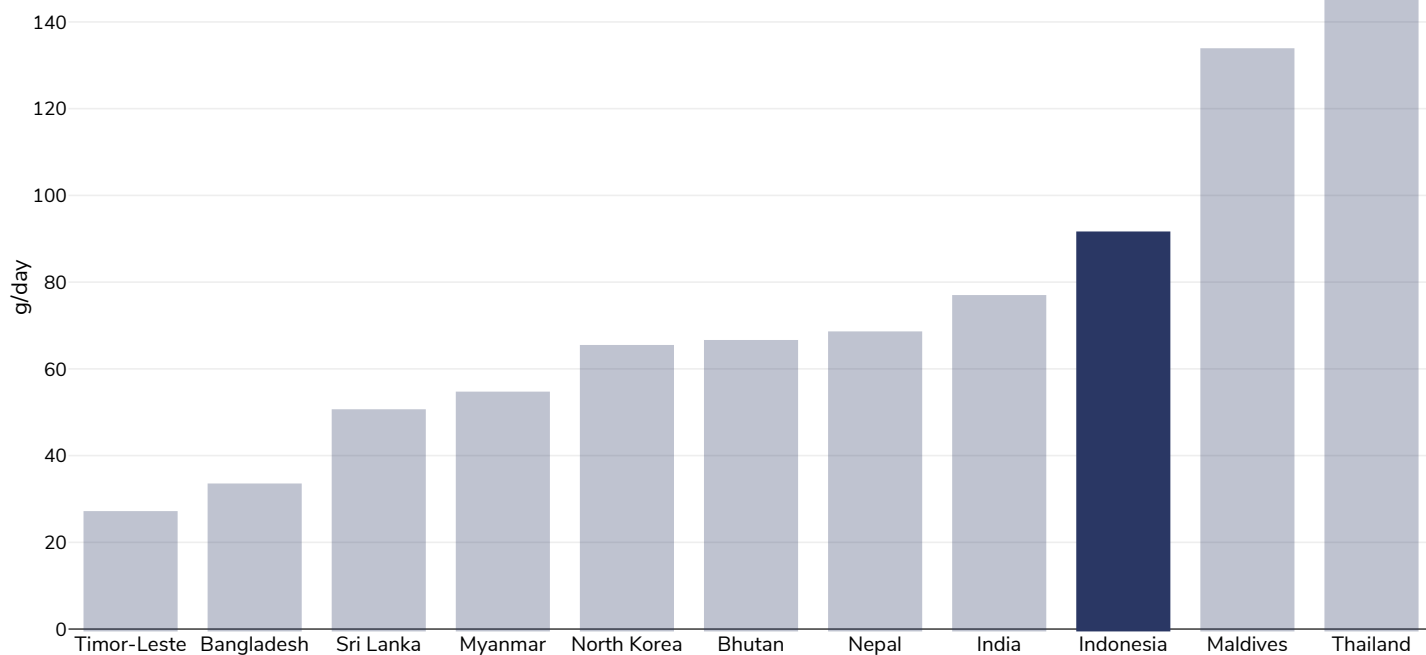|	
Survey type:	Measured
Age:	12-17
References:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Estimated per capita fruit intake

Adults, 2017

Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita fruit intake (g/day)

Prevalence of less than daily fruit consumption

Children, 2008-2015
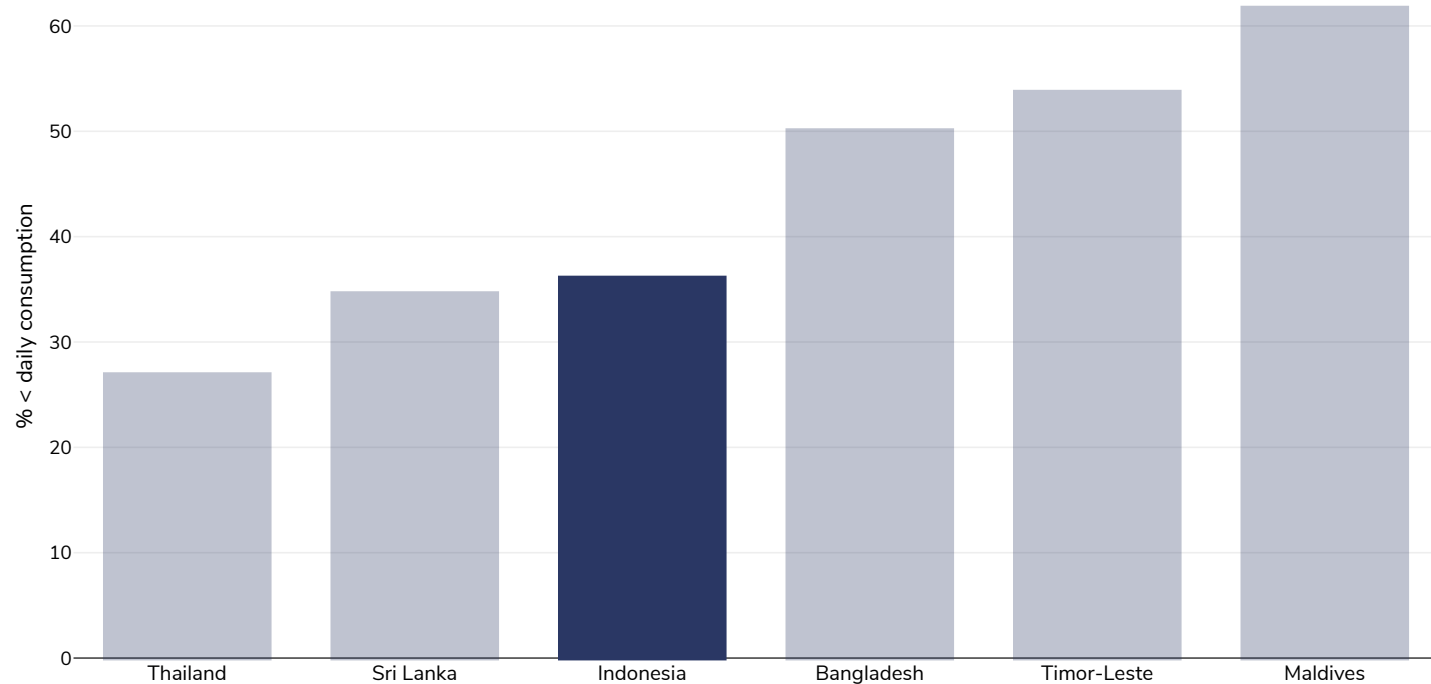
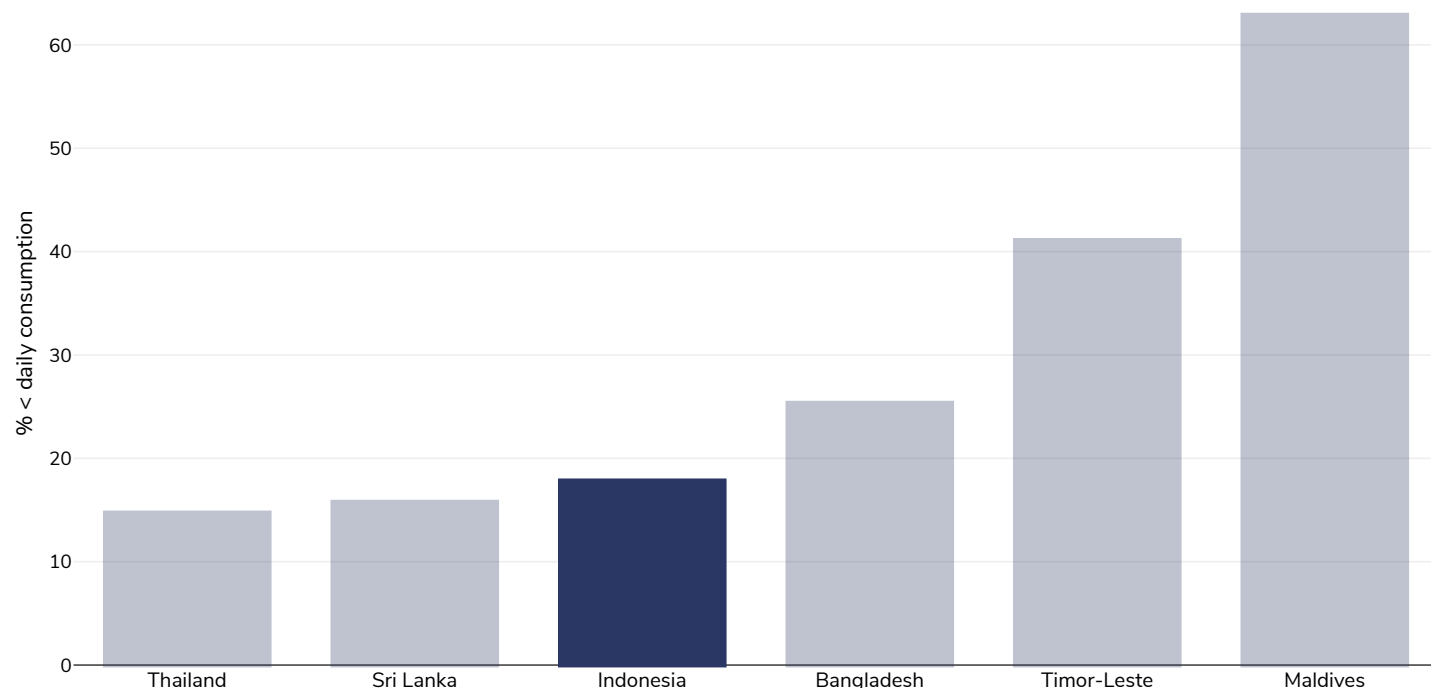| Survey type:	Measured
Age:	12-17
References:	Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Prevalence of less than daily vegetable consumption

Children, 2008-2015

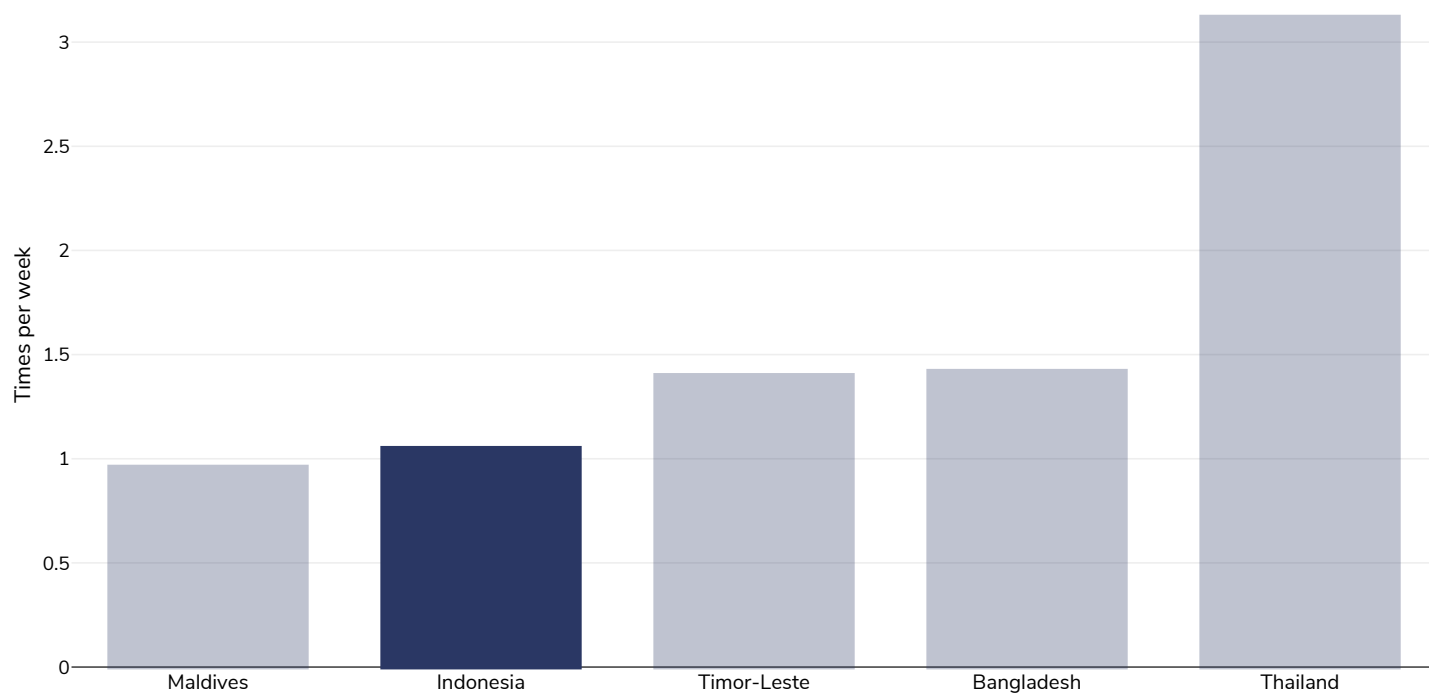| Survey type:	Measured
Age:	12-17
References:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitions:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

# Average weekly frequency of fast food consumption

Children, 2014-2015

Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Estimated per-capita processed meat intake

Adults, 2017
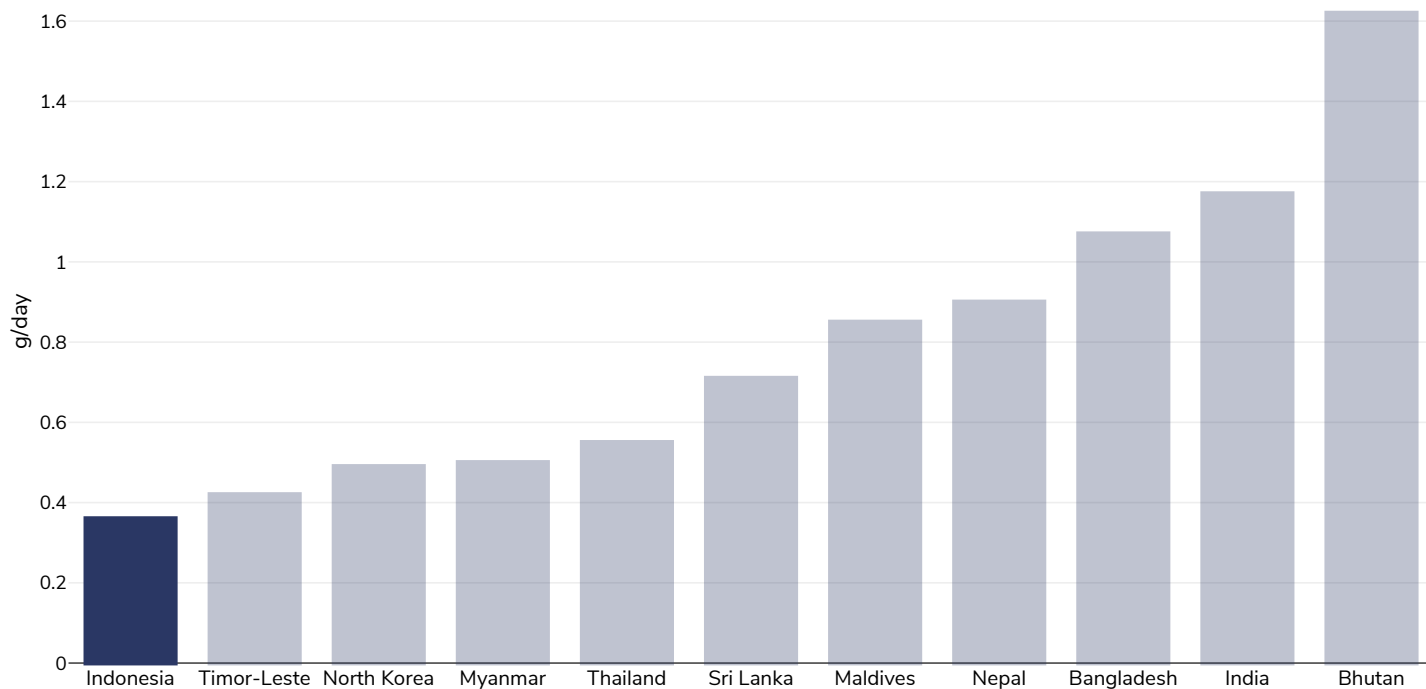
Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Adults, 2017
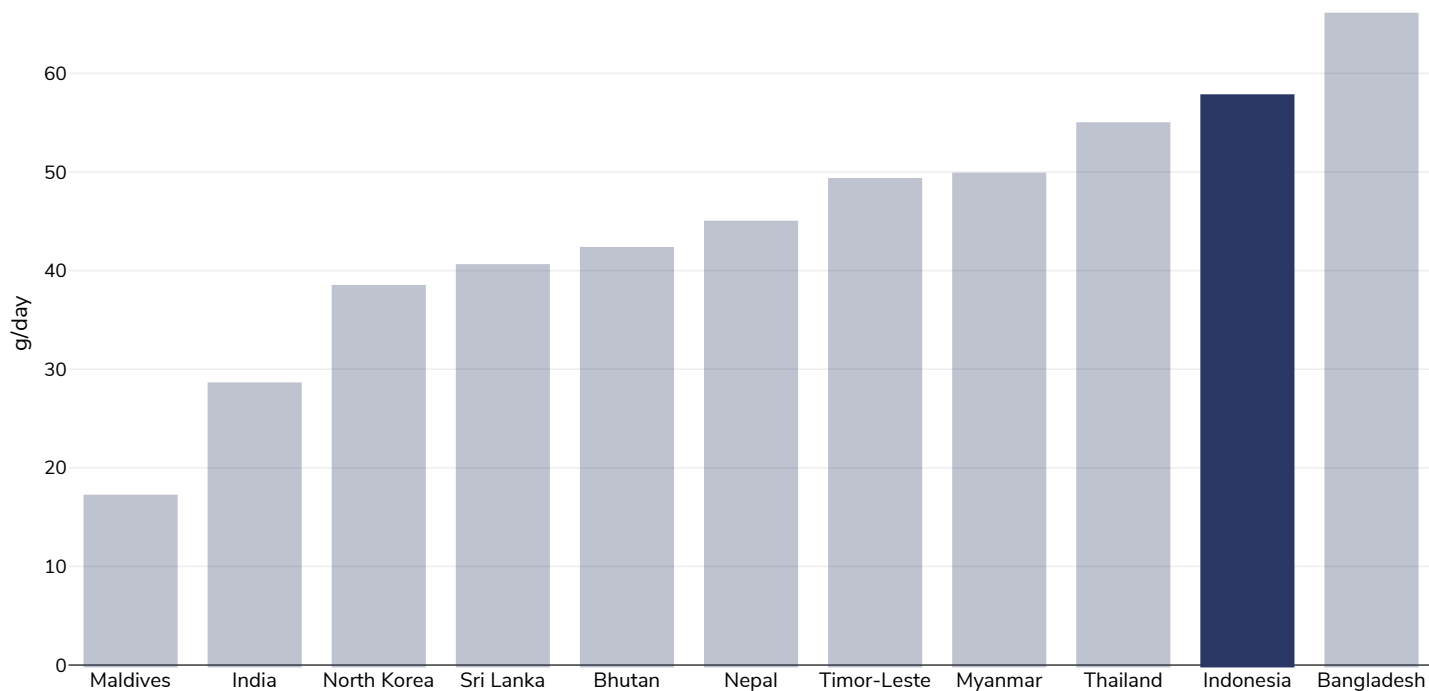
Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions:	Estimated per-capita whole grains intake (g/day)

Mental health - depression disorders

Adults, 2015

Definitions: % of population with depression disorders

Mental health - anxiety disorders

Adults, 2015
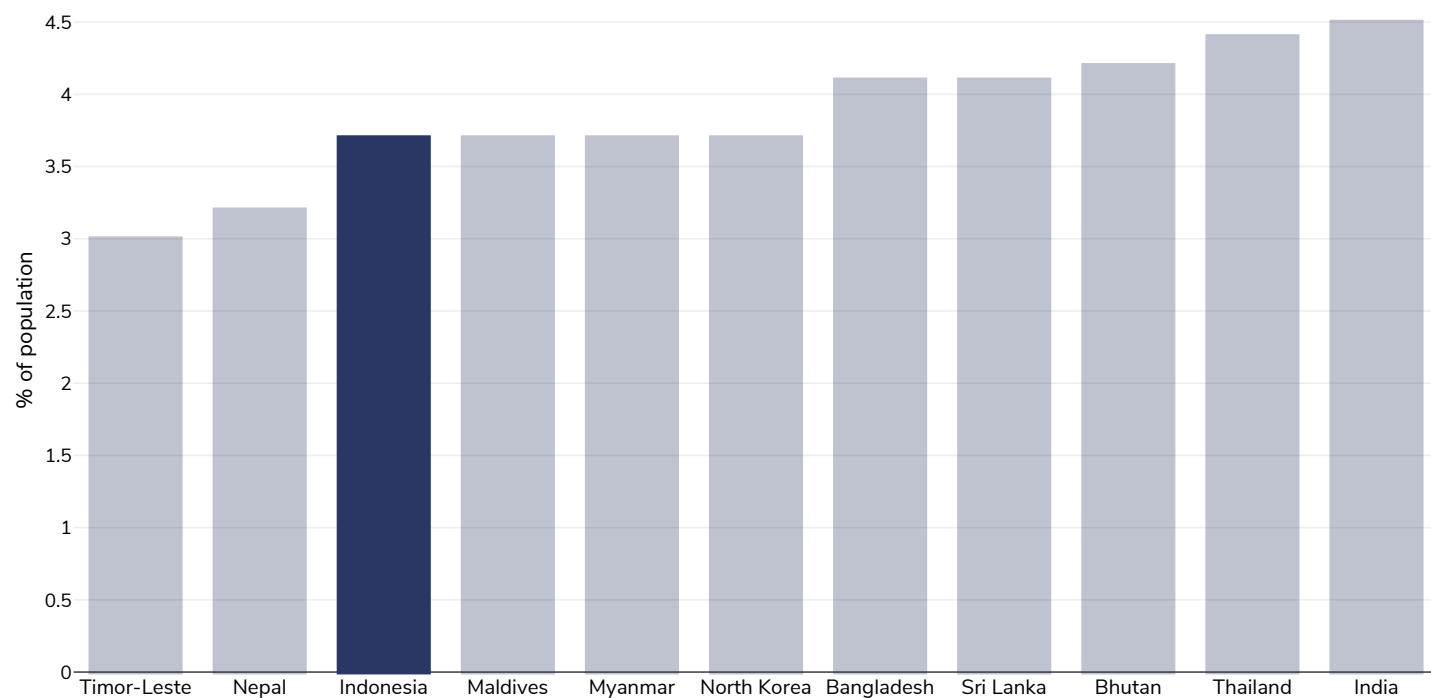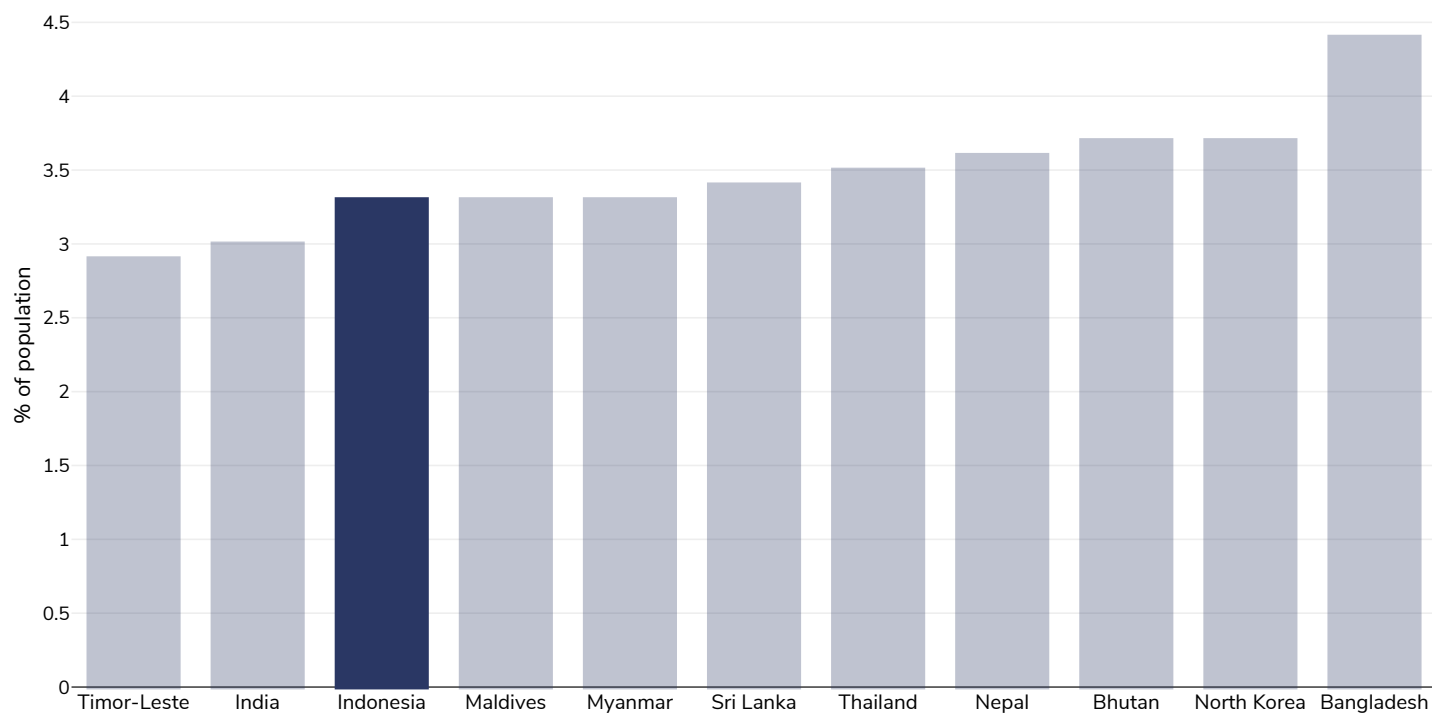
References: Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitions: % of population with anxiety disorders

% Infants exclusively breastfed 0-5 months

Children, 2015-2020
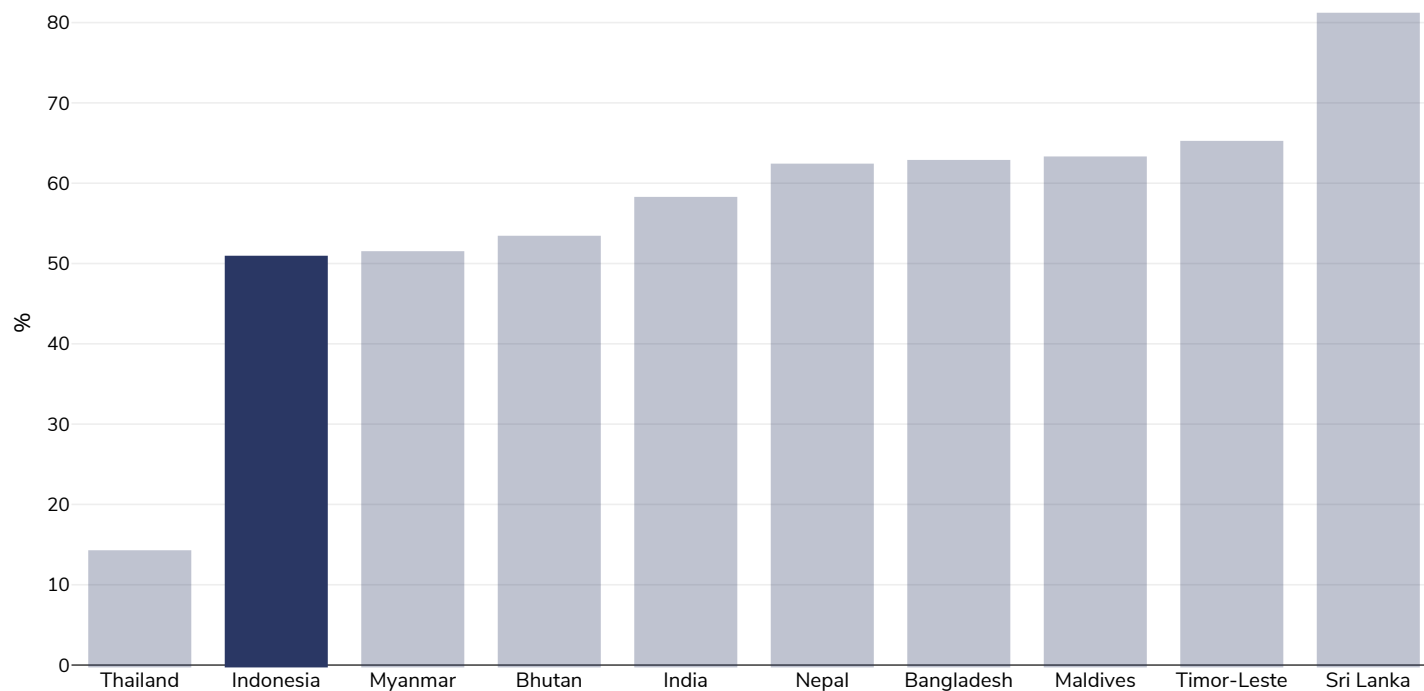
Area covered:	National
References:	Indonesia Demographic and Health Survey 2017. Jakarta, Indonesia: BKKBN, BPS, Kemenkes, and ICF.
Notes:	See UNICEF website for further survey information. Available at : https://data.unicef.org/resources/dataset/infant-young-child-feeding/ (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.
Definitions:	% exclusively breastfed 0-5 months

Oesophageal cancer

Men, 2020

Age: 20+

Area covered: National
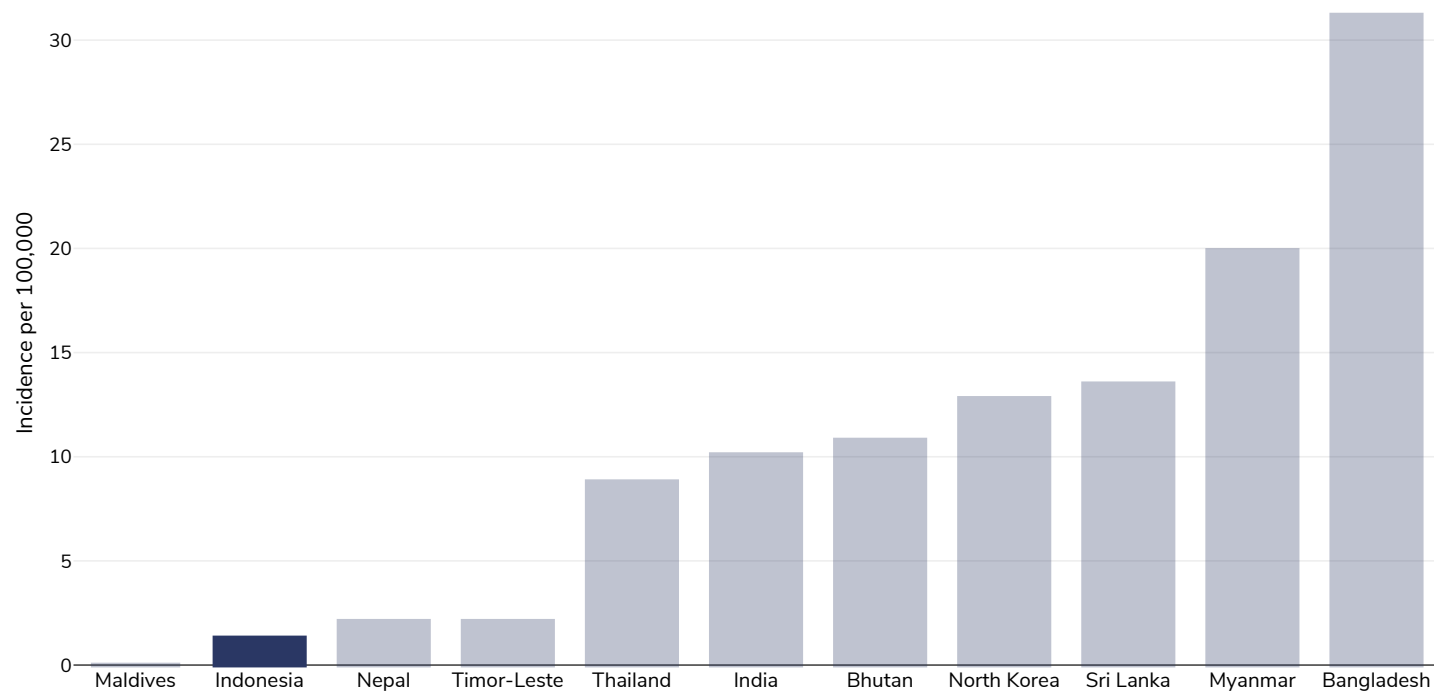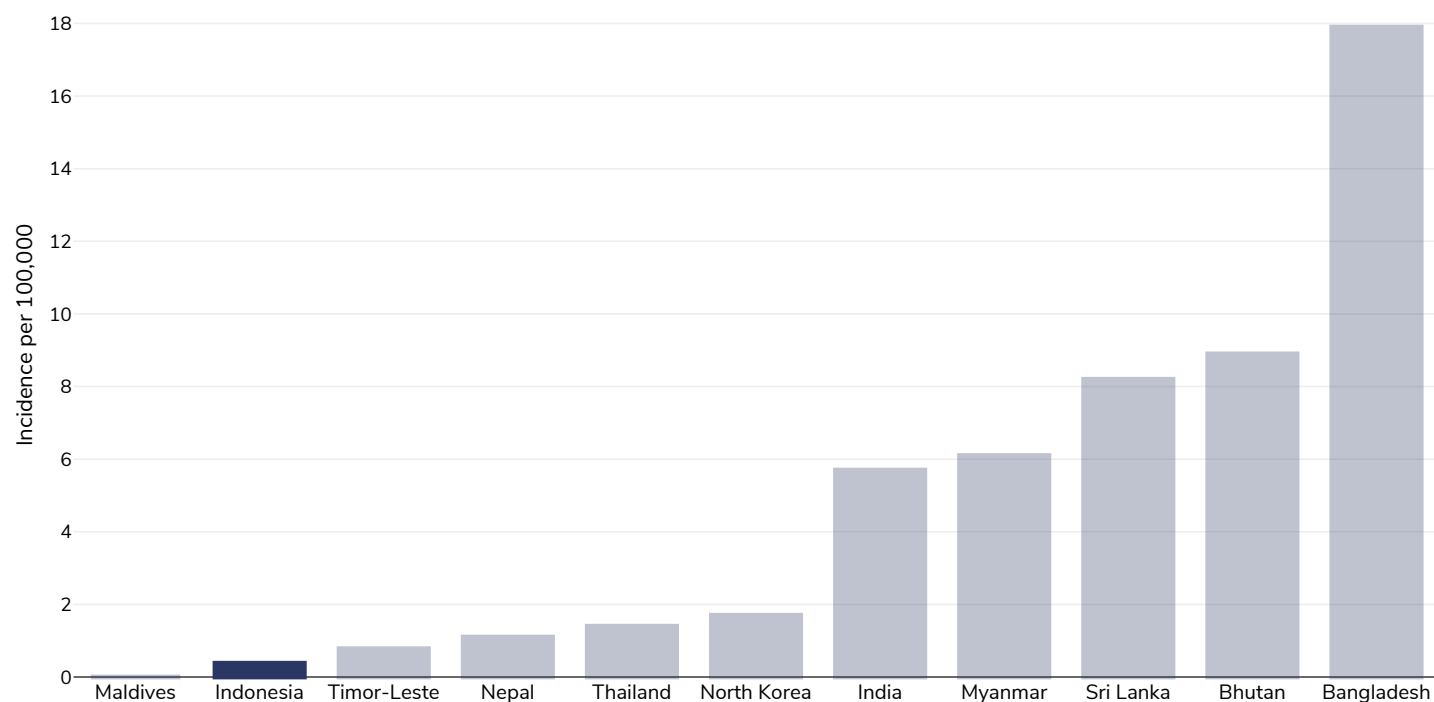
References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer
                     Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:
                     https://gco.iarc.fr/today, accessed 10.01.2181

Definitions: Age-standardized indicence rates per 100 000

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

Breast cancer

Women, 2020
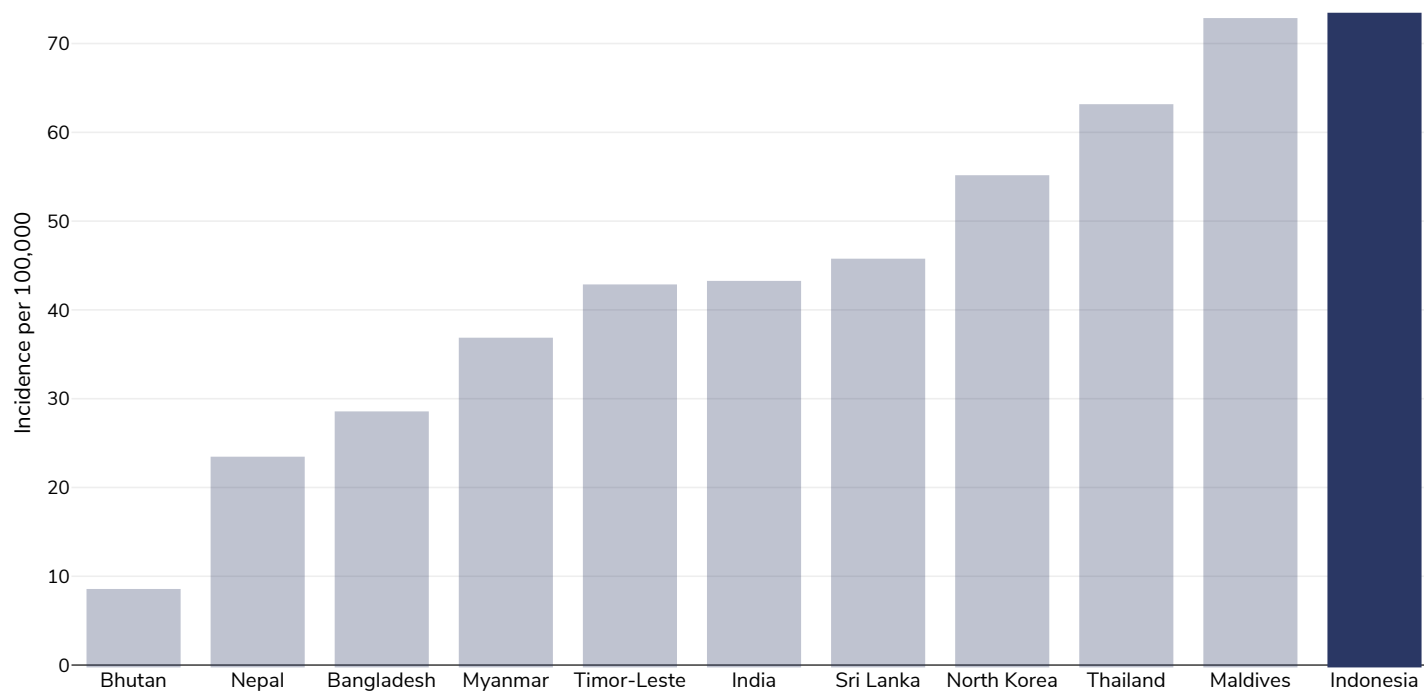

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

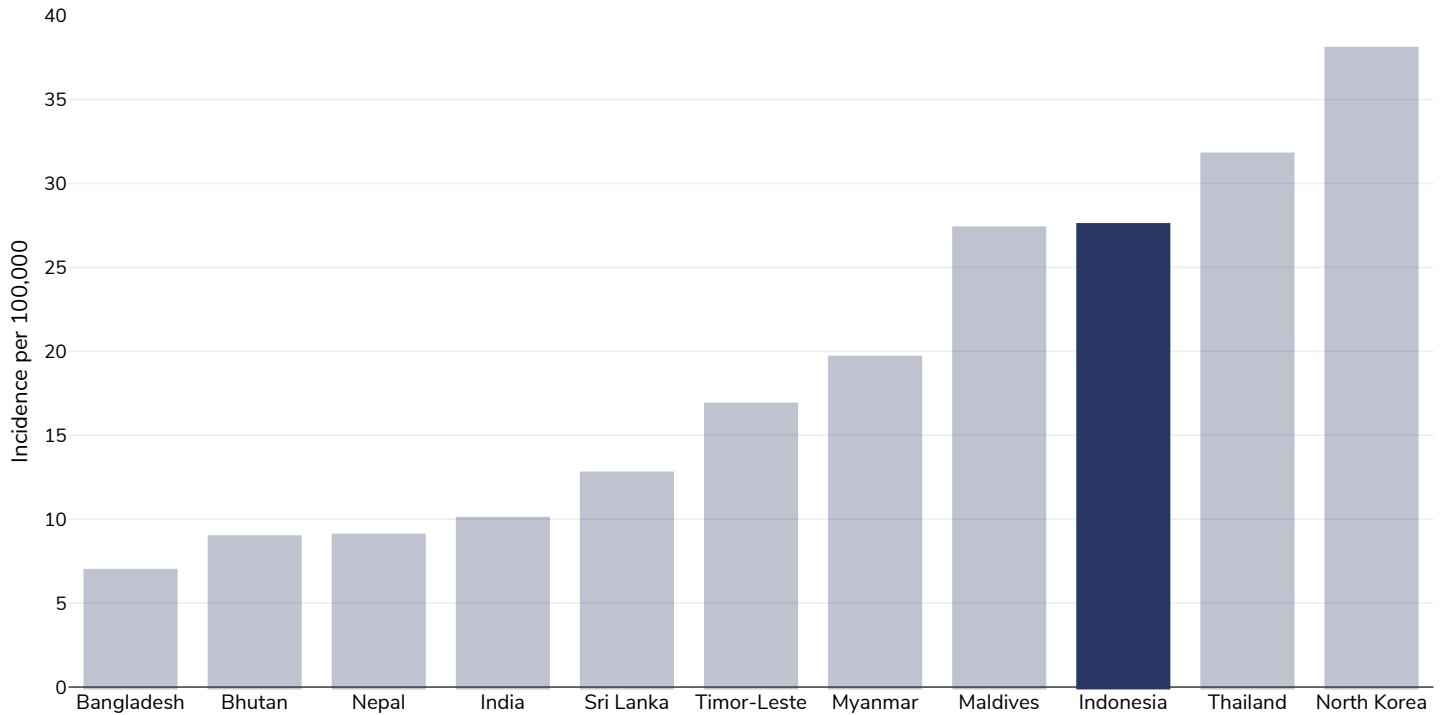# Colorectal cancer

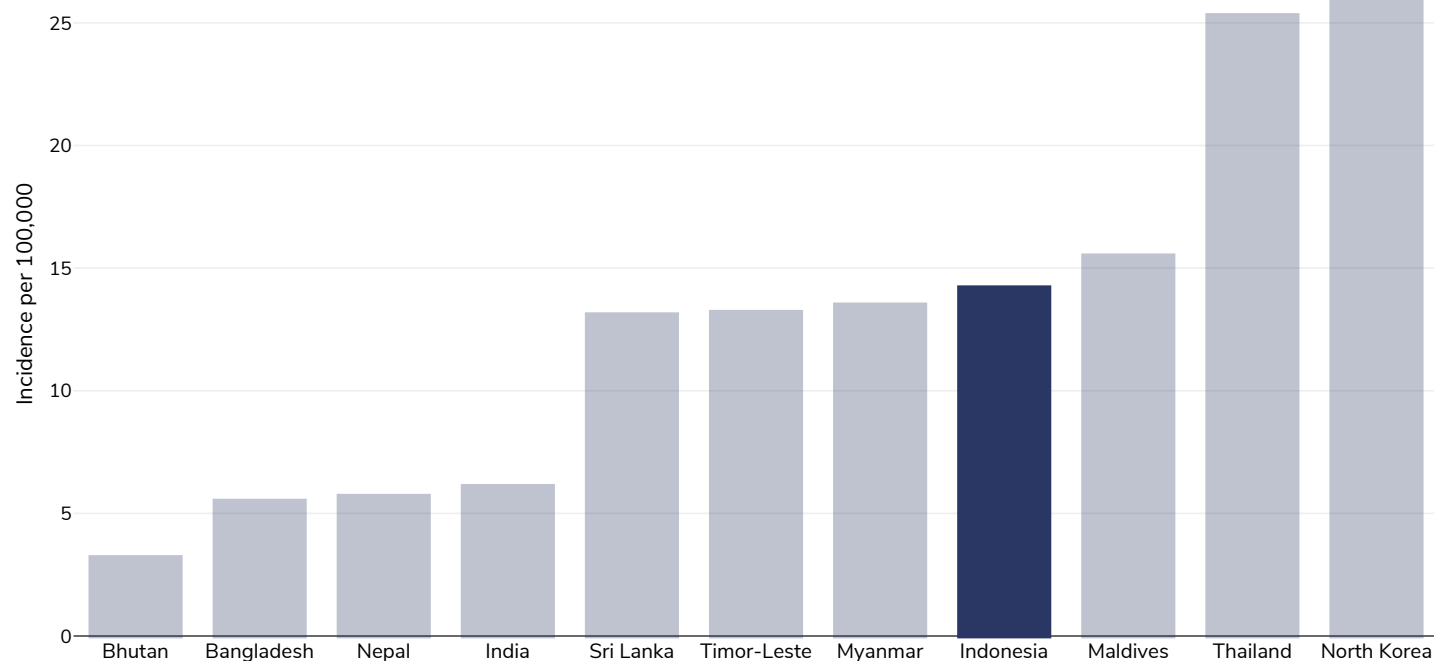## Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Incidence per 100,000

Country	Value
Bhutan	3.3
Bangladesh	5.6
Nepal	5.8
India	6.2
Sri Lanka	13.2
Timor-Leste	13.3
Myanmar	13.6
Indonesia	14.3
Maldives	15.6
Thailand	25.4
North Korea	26.6

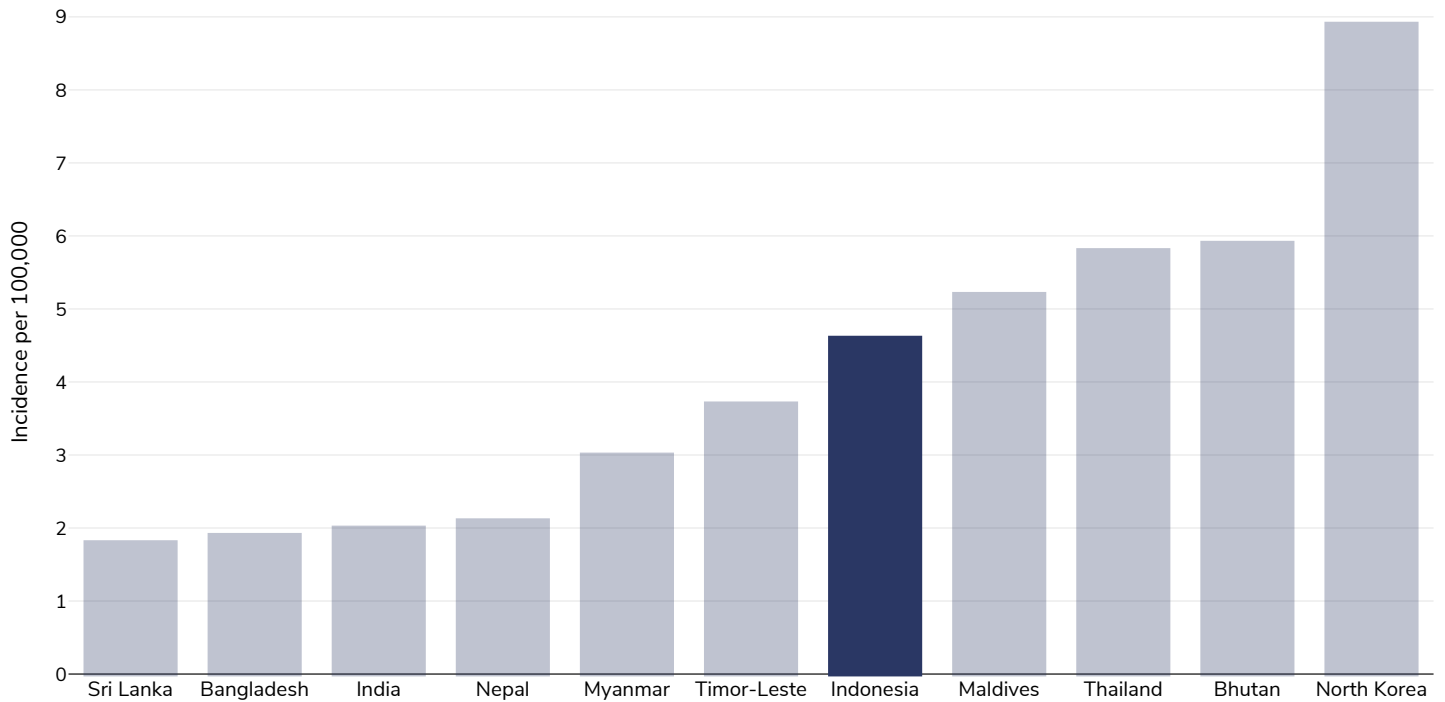|	
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

Pancreatic cancer

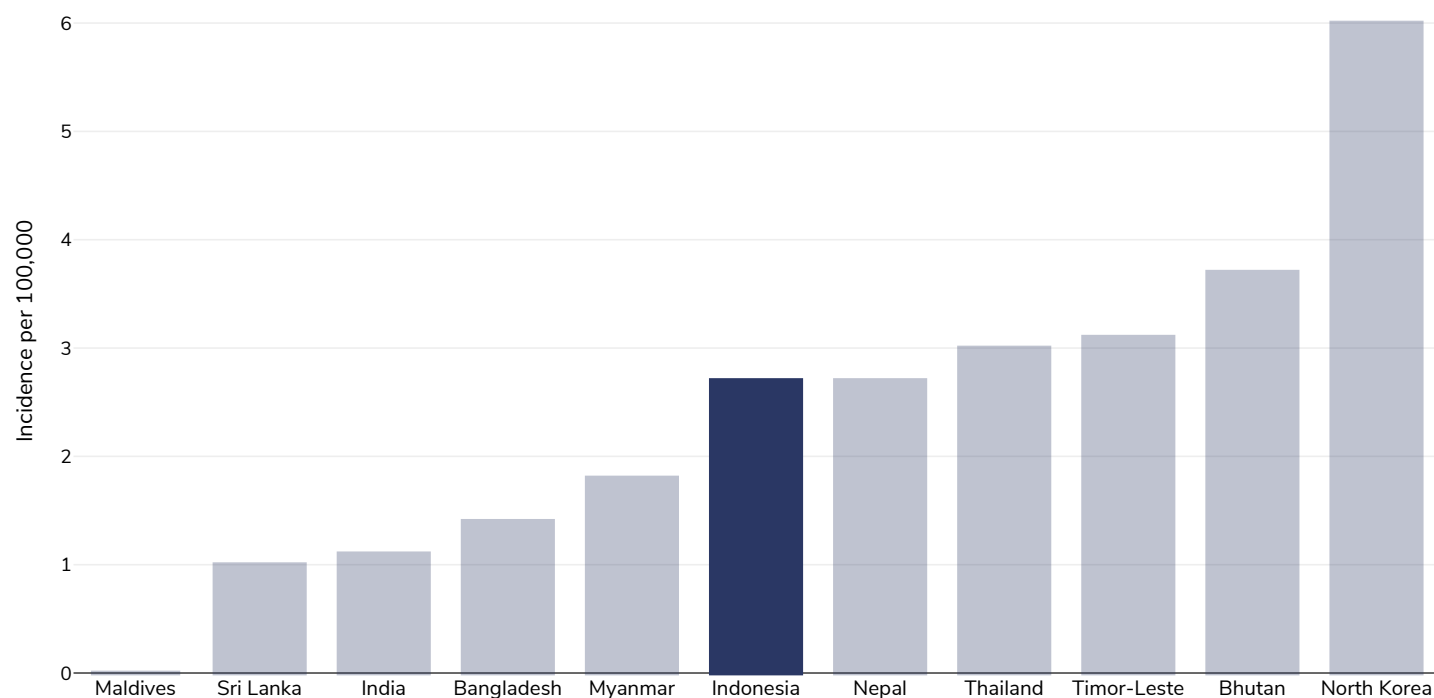## Men, 2020

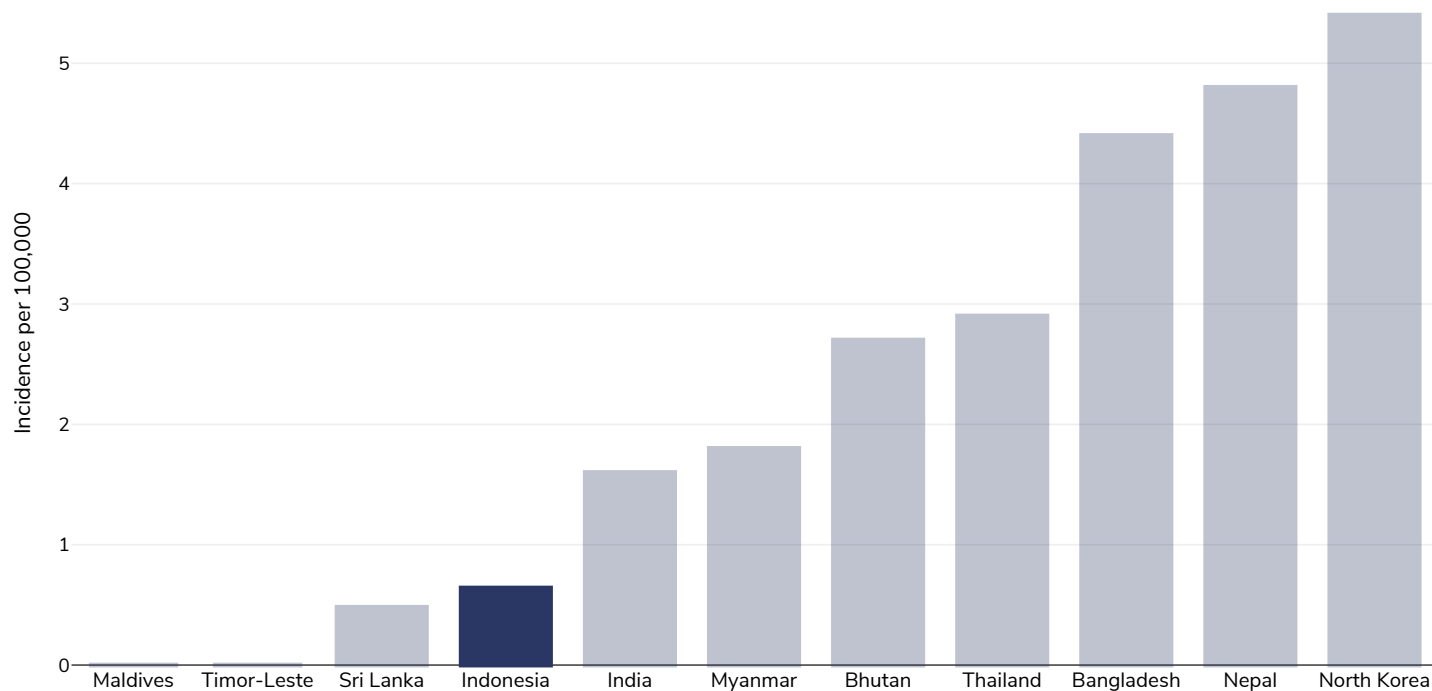| Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

Gallbladder cancer
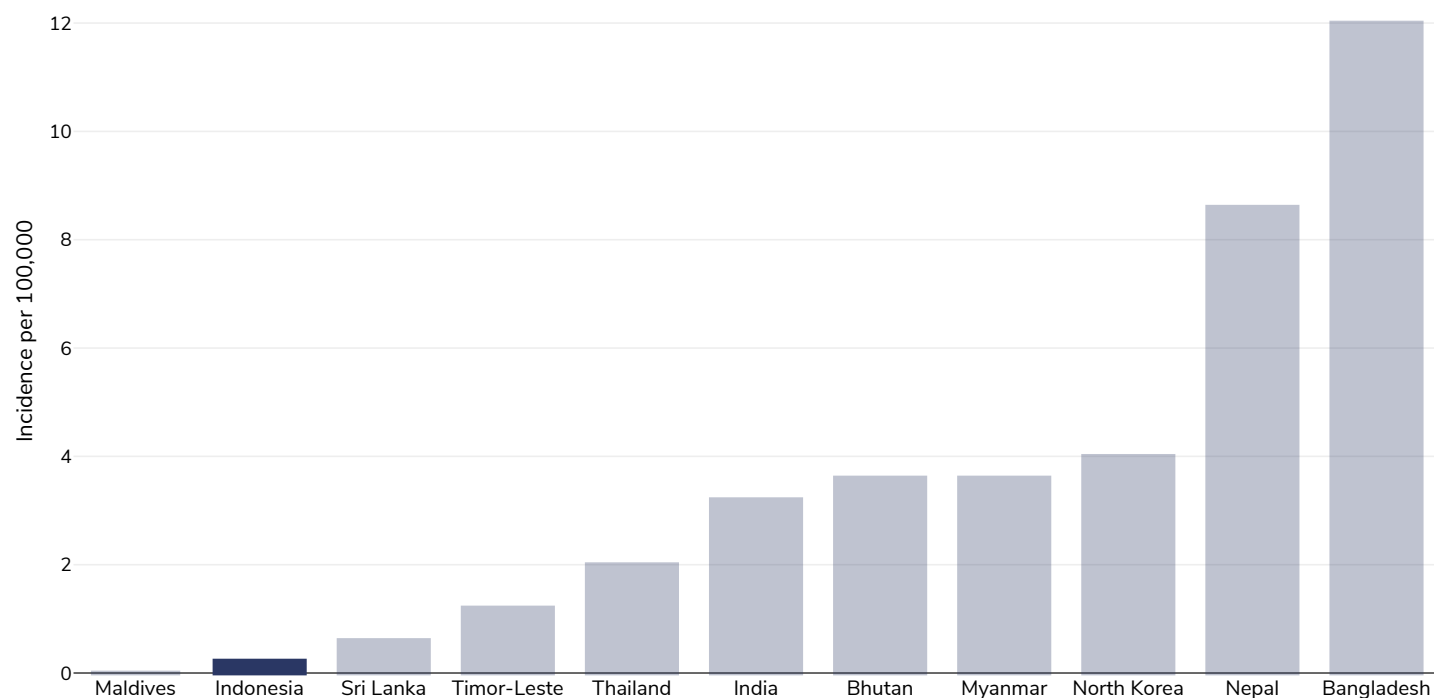
Men, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

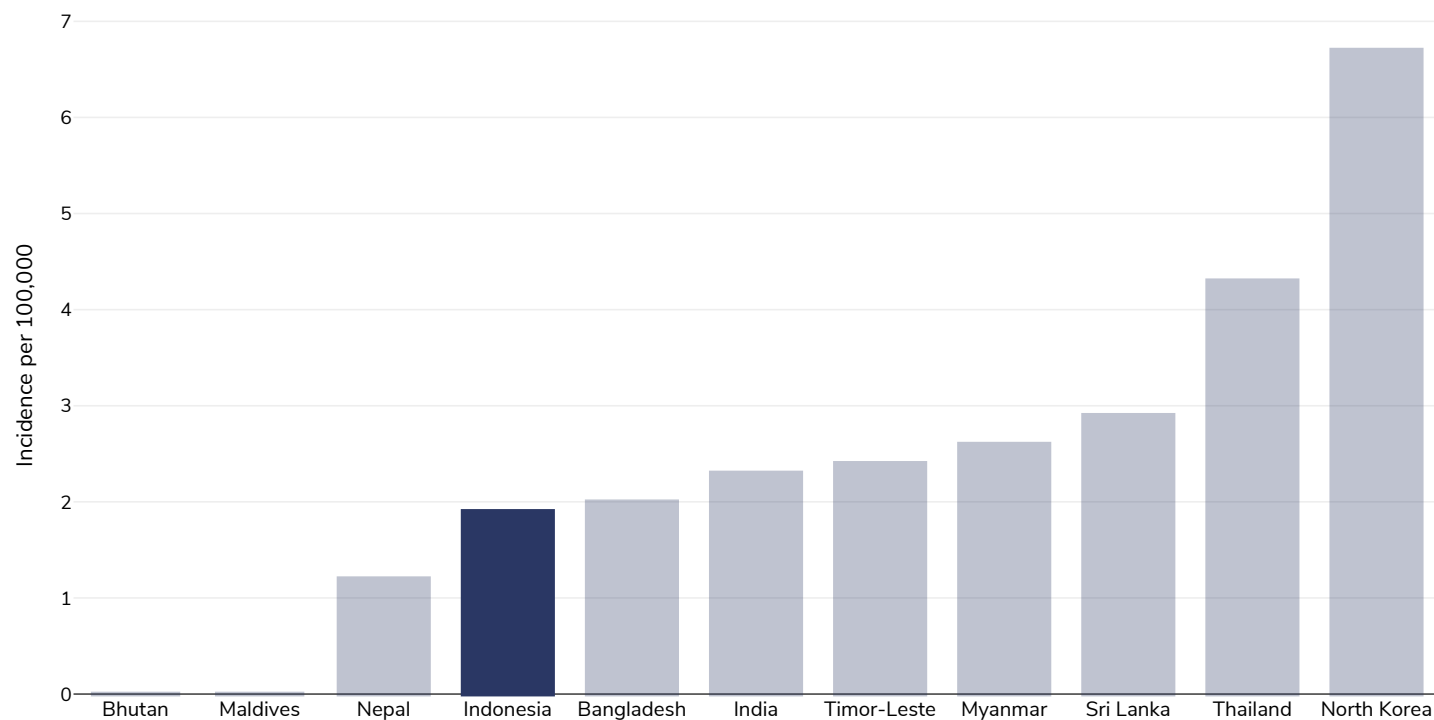|	
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

Kidney cancer

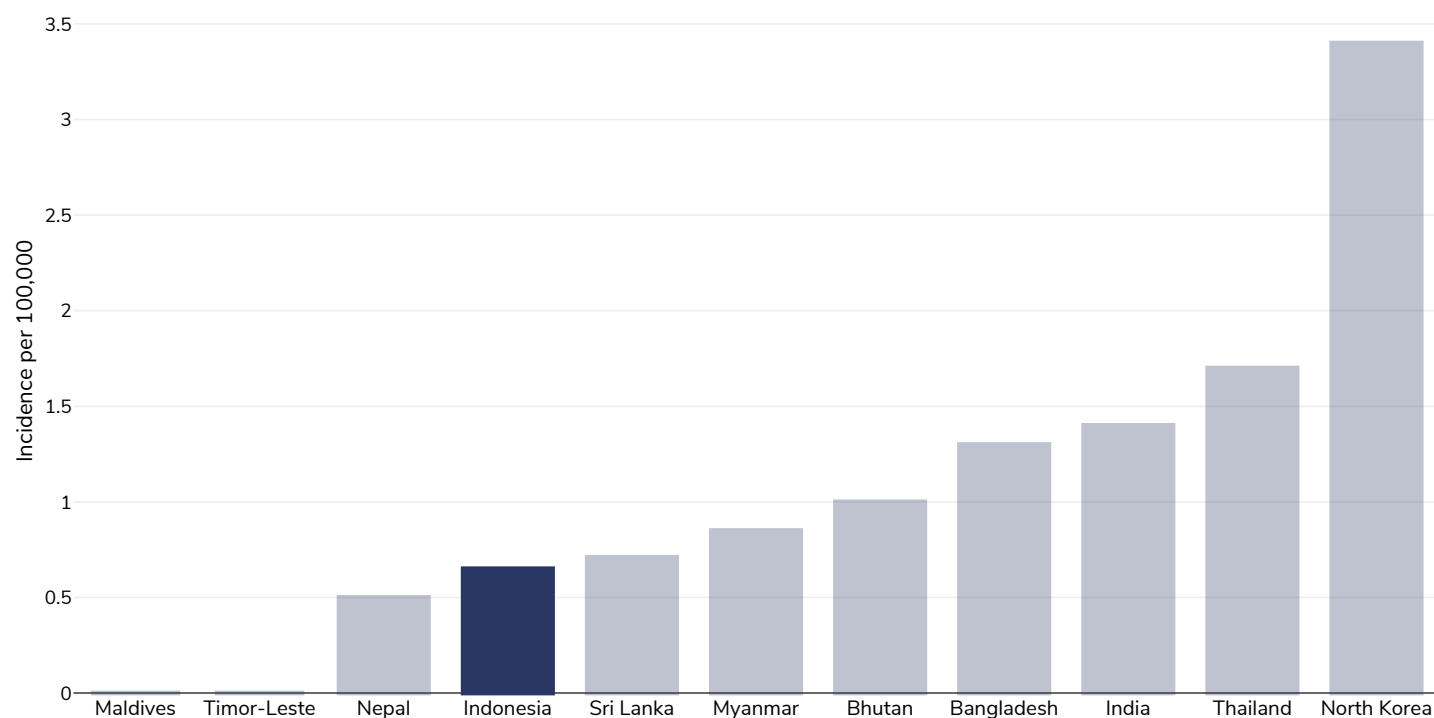## Men, 2020

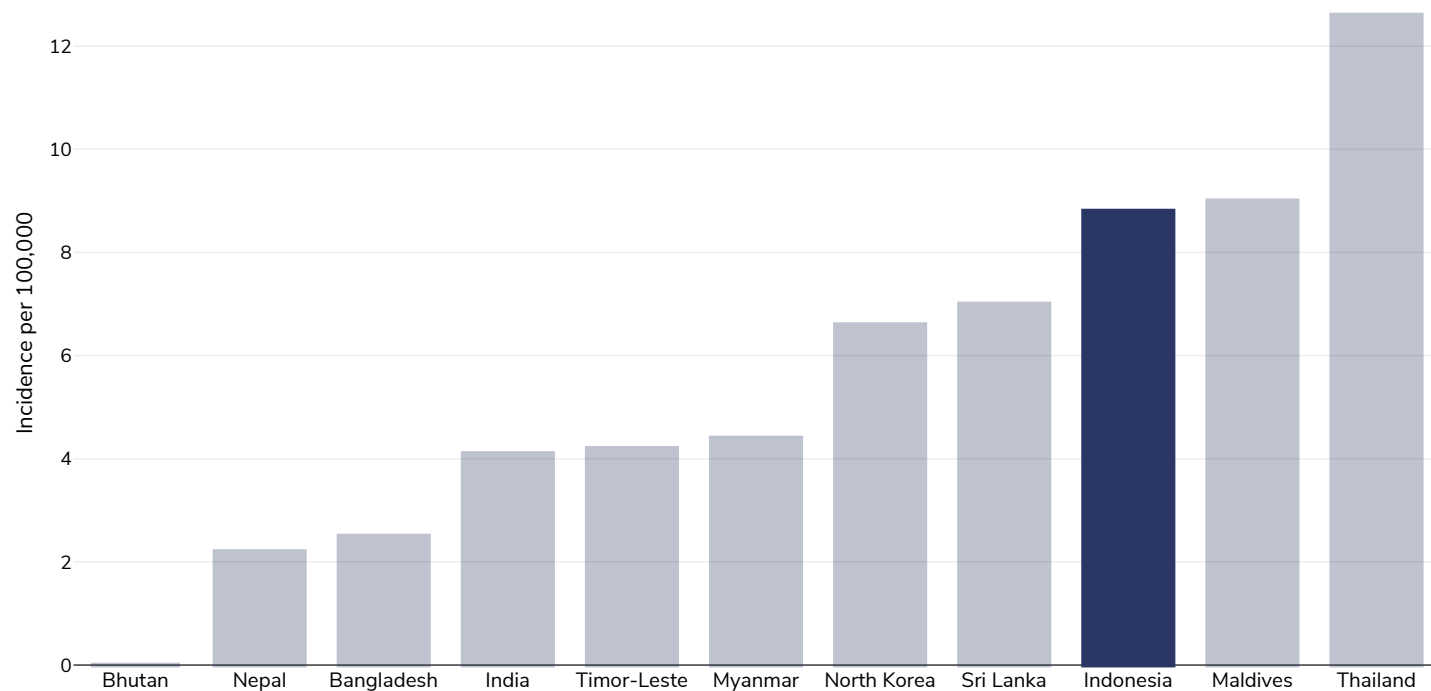| Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

Cancer of the uterus

Women, 2020

Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.fr/today, accessed 10.01.2181
Definitions:	Age-standardized indicence rates per 100 000

Raised blood pressure

Adults, 2015
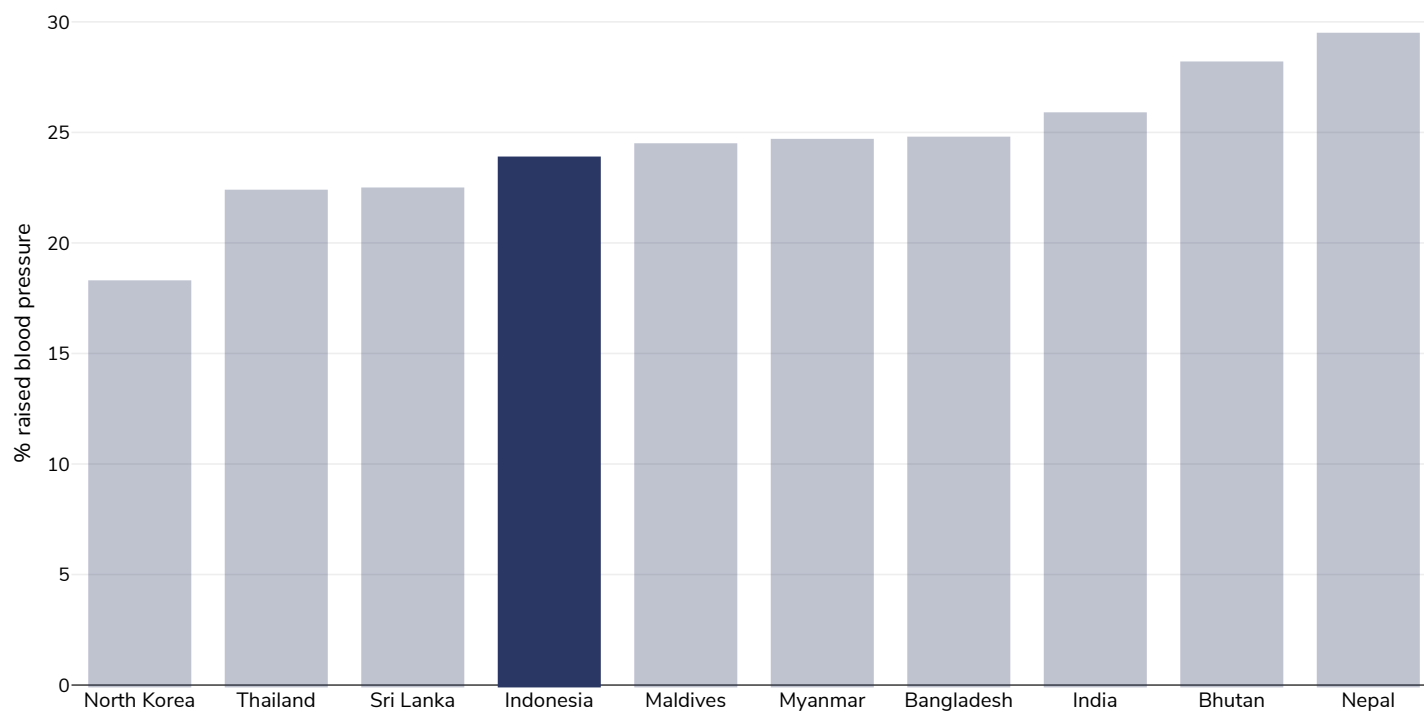
References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Men, 2015
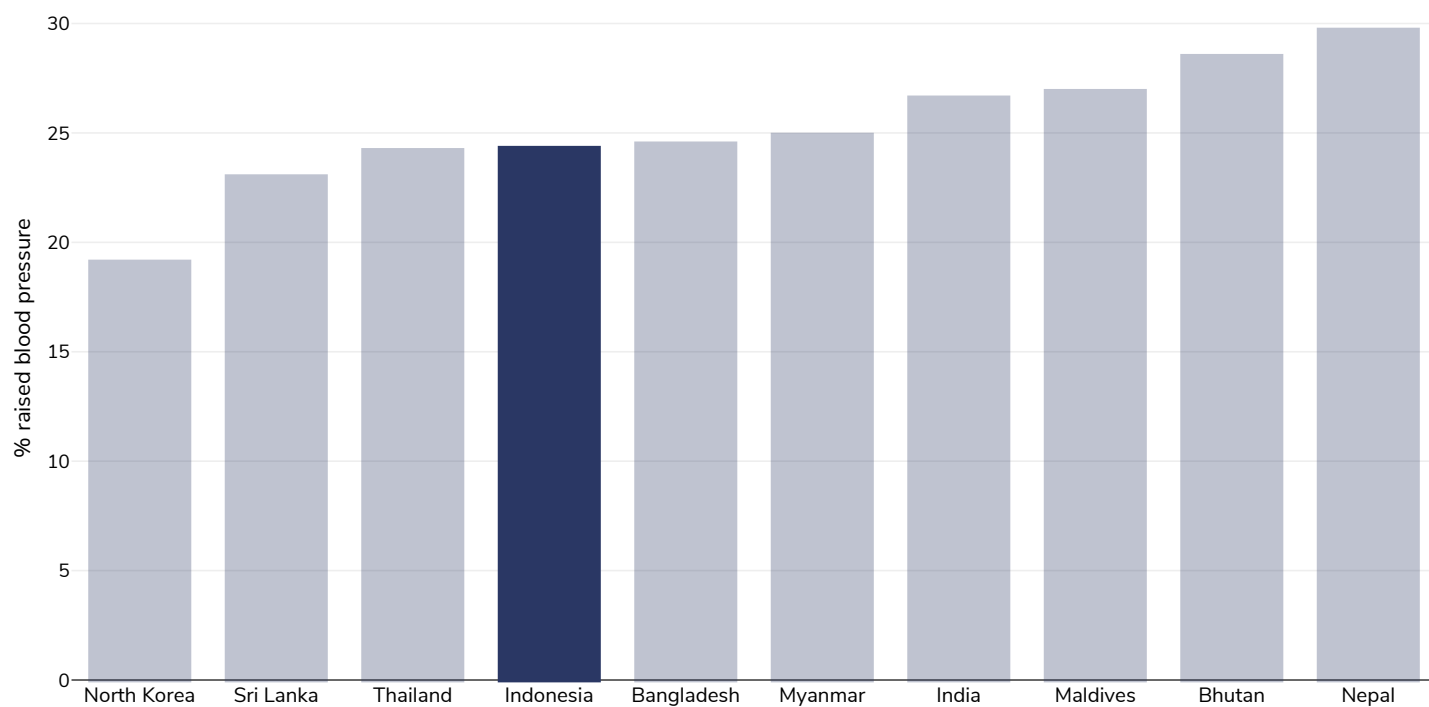
North Korea, Sri Lanka, Thailand, Indonesia, Bangladesh, Myanmar, India, Maldives, Bhutan, Nepal — % raised blood pressure

References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Women, 2015
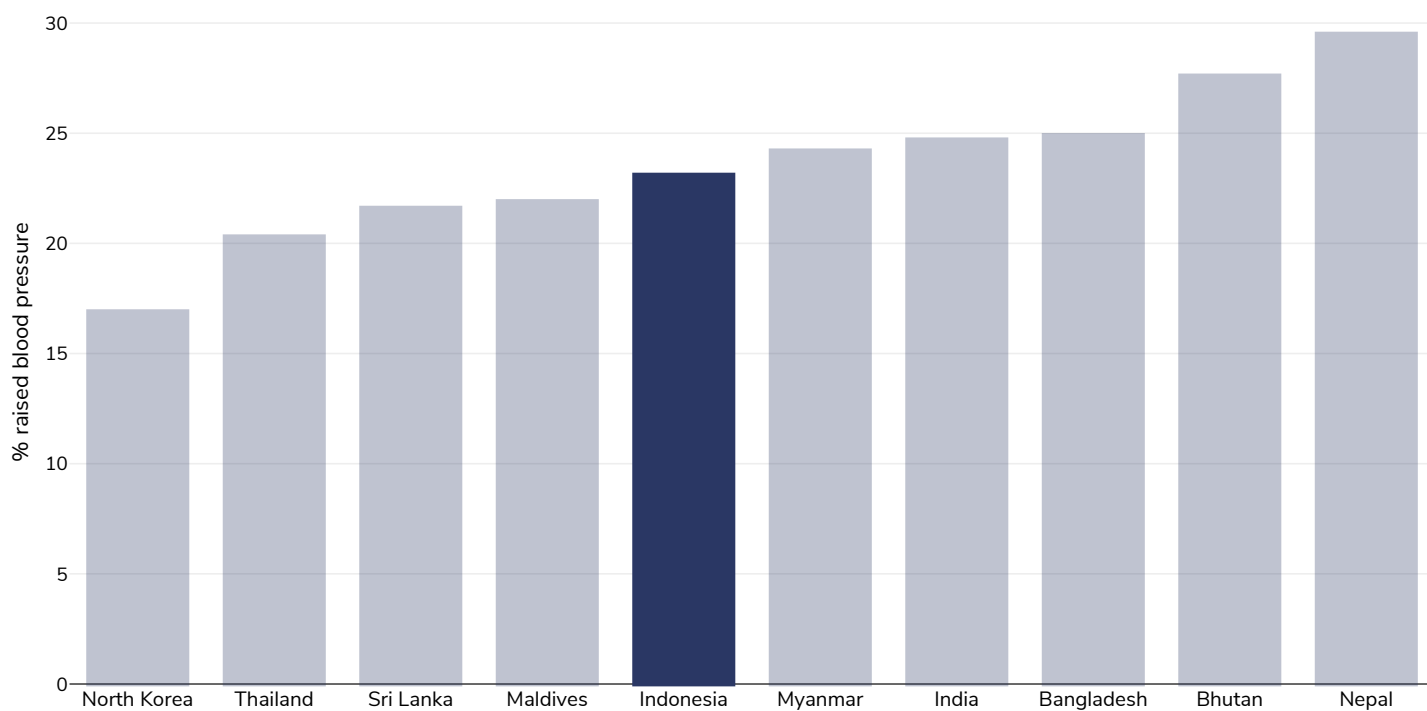
References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Raised cholesterol

Adults, 2008
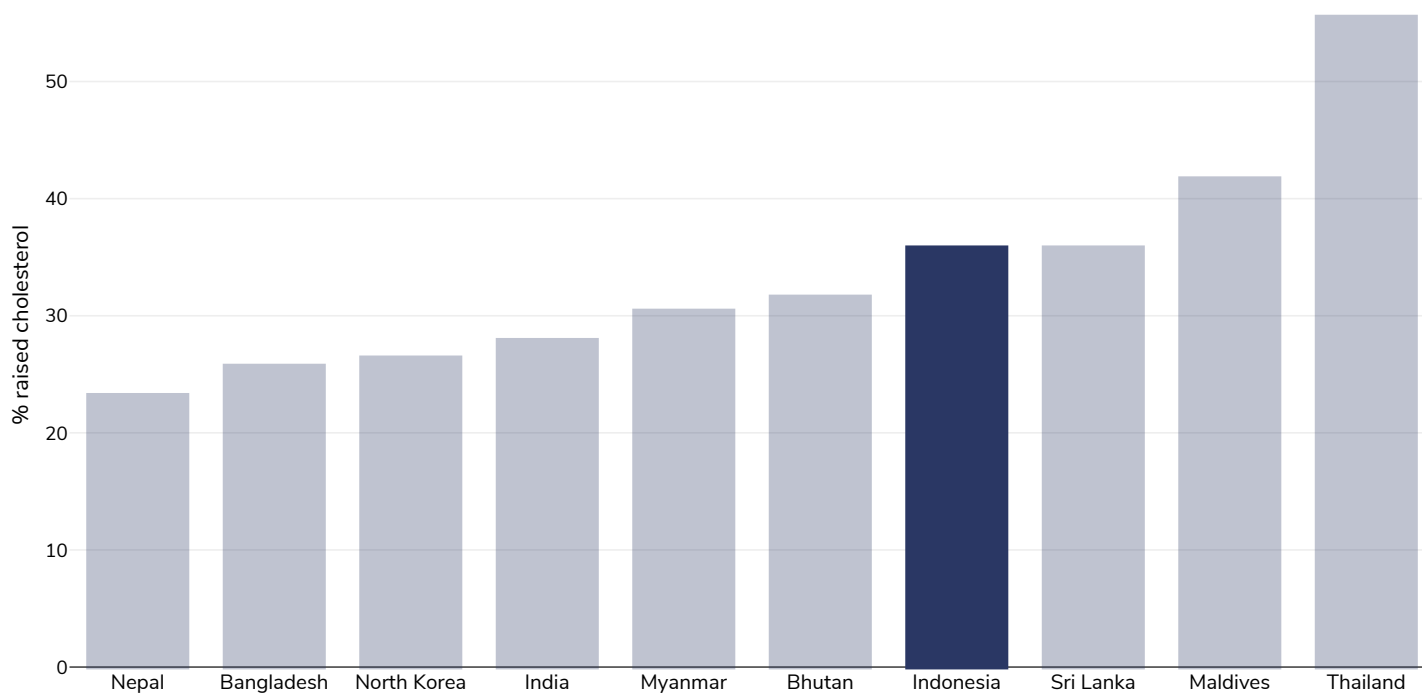
References: Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A885

Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Men, 2008
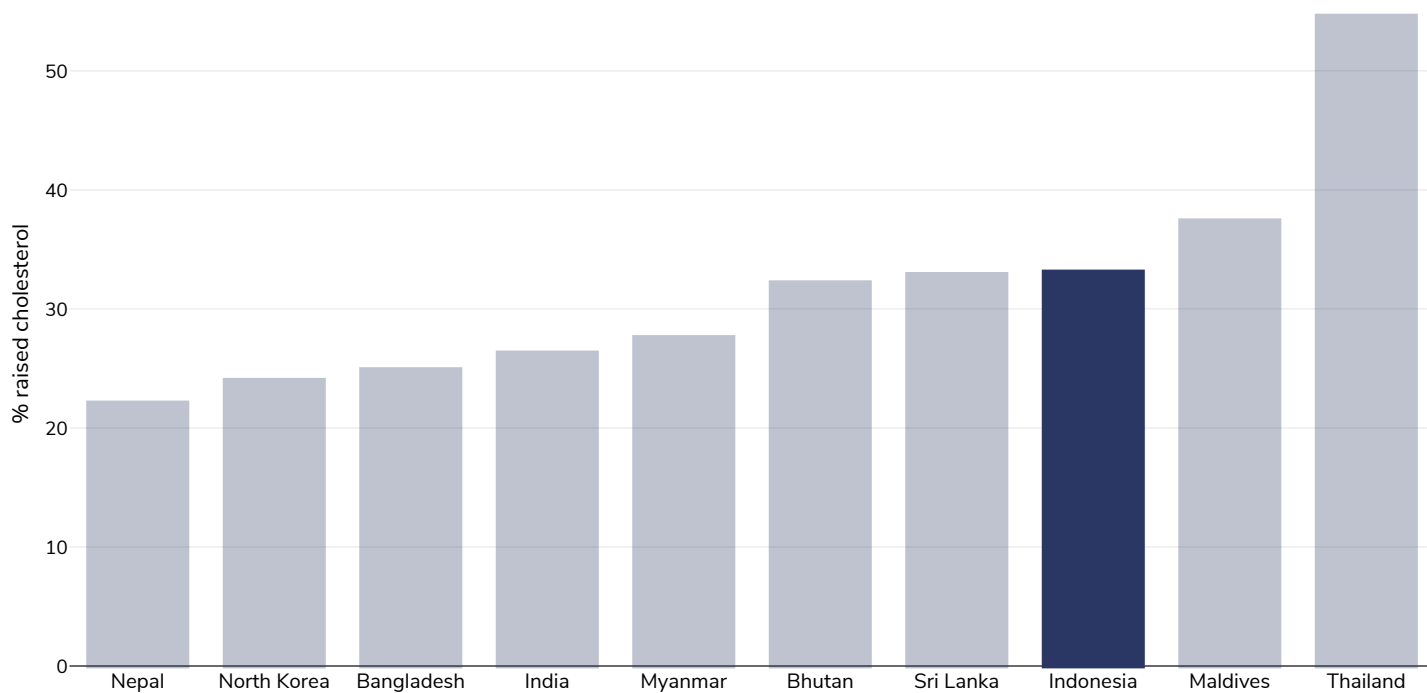
% raised cholesterol (y-axis)

Country	
Nepal	~22
North Korea	~24
Bangladesh	~25
India	~26.5
Myanmar	~28
Bhutan	~32.5
Sri Lanka	~33
Indonesia	~33.5
Maldives	~38
Thailand	~55

References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Women, 2008
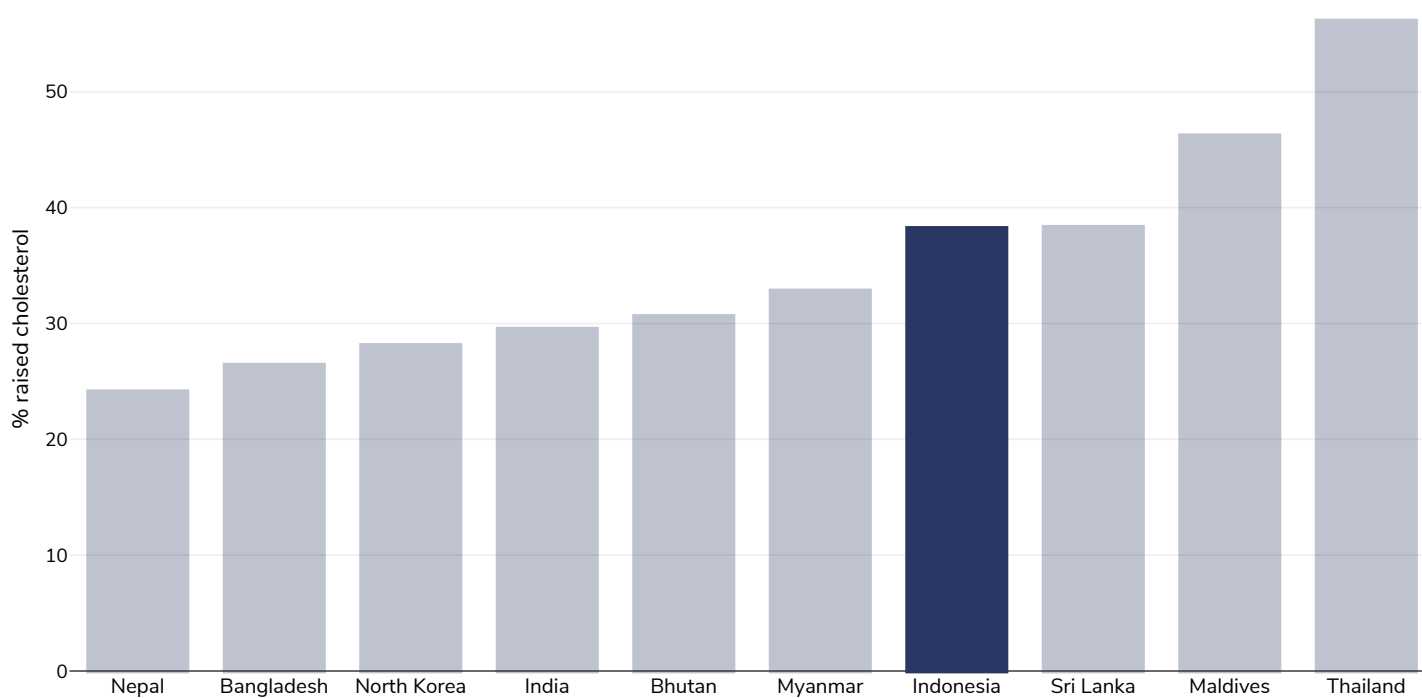
% raised cholesterol

| Nepal | Bangladesh | North Korea | India | Bhutan | Myanmar | Indonesia | Sri Lanka | Maldives | Thailand |

References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Raised fasting blood glucose

Men, 2014
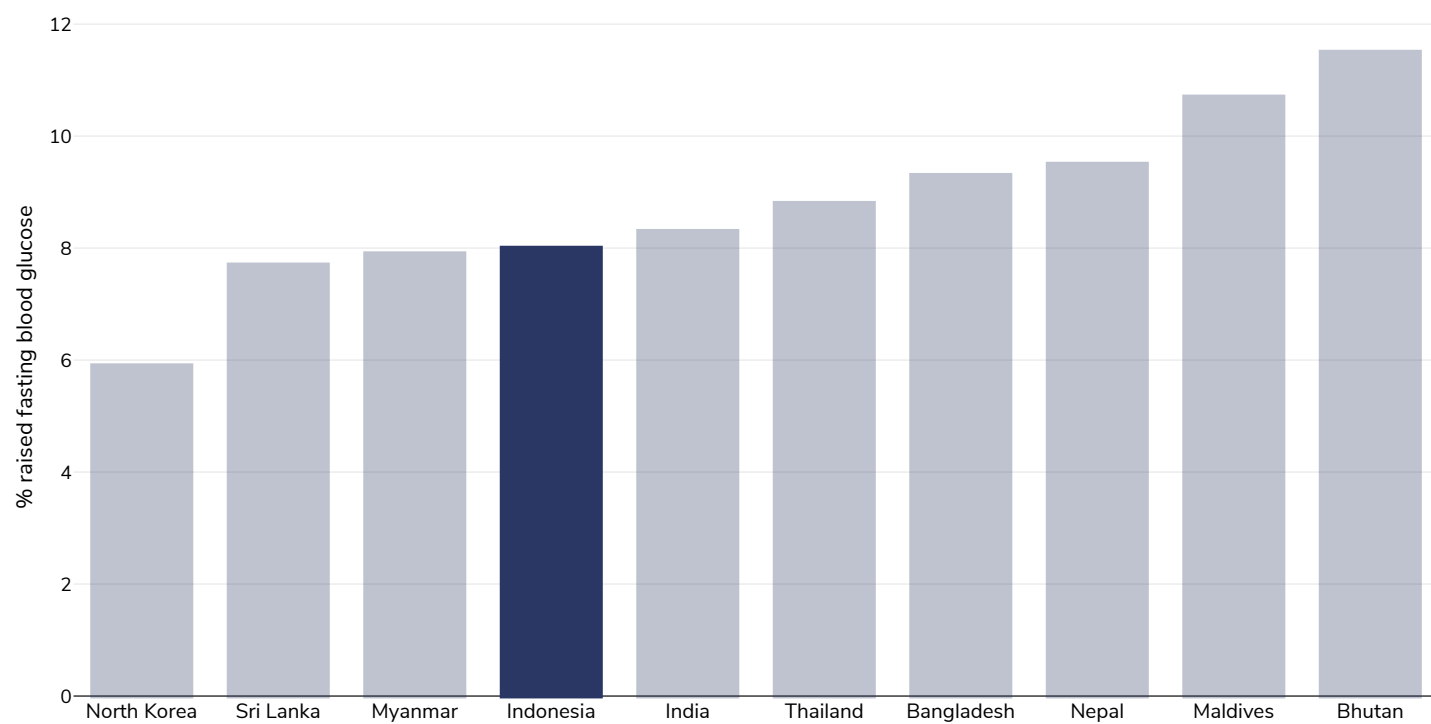
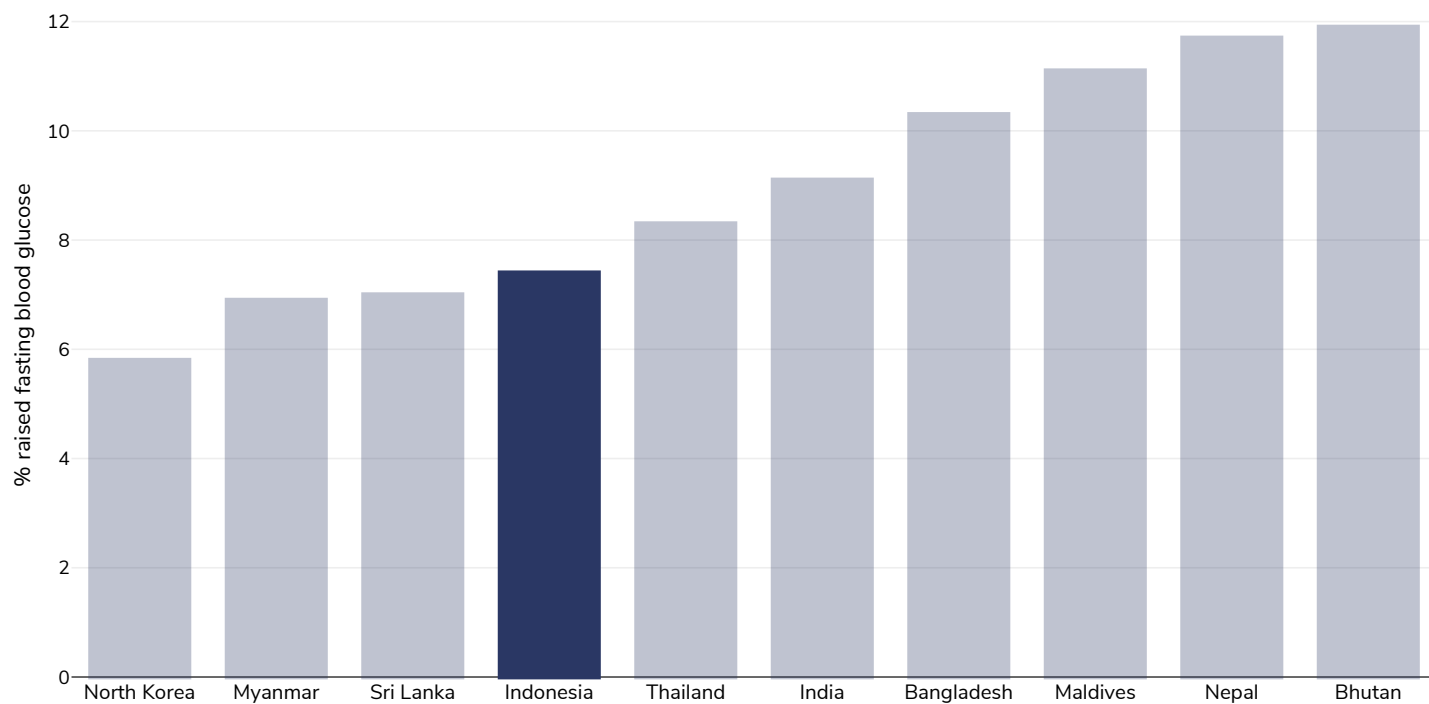References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Women, 2014

% raised fasting blood glucose

| North Korea | Myanmar | Sri Lanka | Indonesia | Thailand | India | Bangladesh | Maldives | Nepal | Bhutan |

References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Diabetes prevalence

Adults, 2021
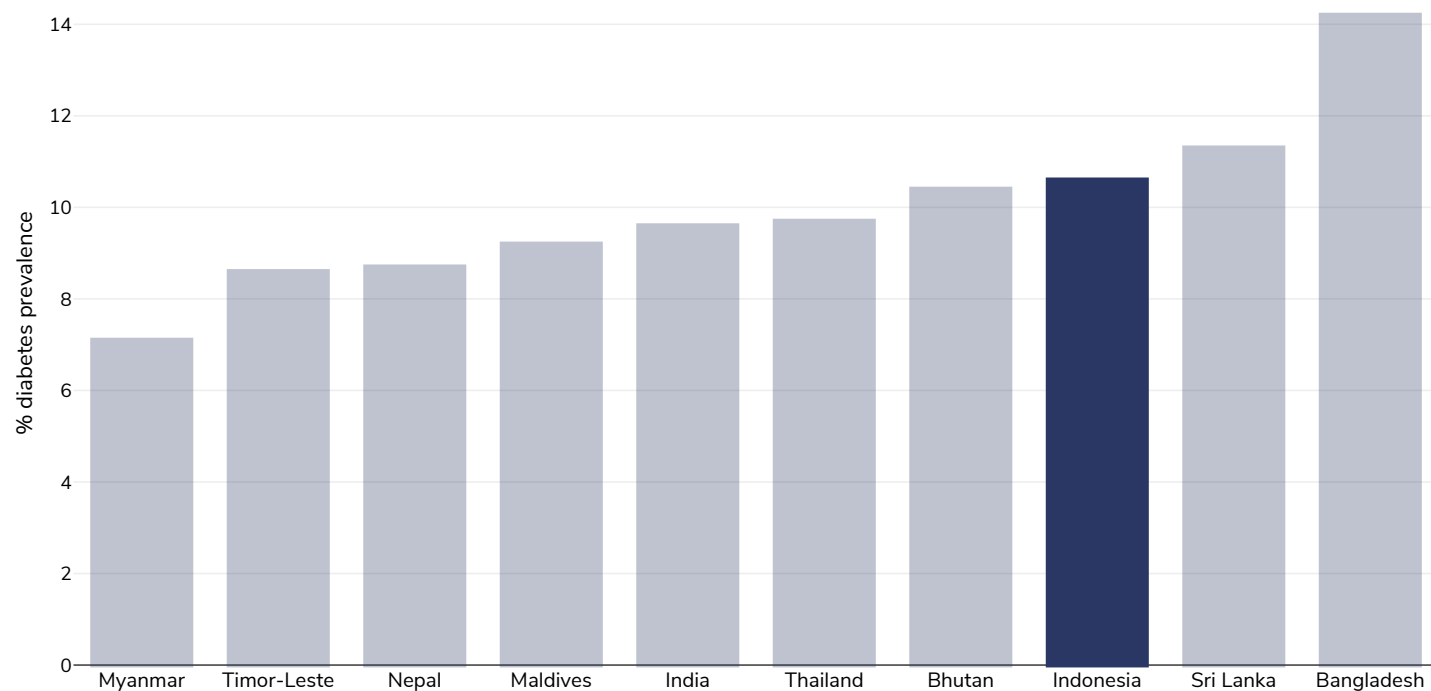
Age:	20-79
Area covered:	National
References:	Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org
Definitions:	Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.

Labelling

Is there mandatory nutrition labelling?	✔
Front-of-package labelling?	✘
Back-of-pack nutrition declaration?	✘
Color coding?	✘
Warning label?	✘

Regulation and marketing

Are there fiscal policies on unhealthy products?	✔️
Tax on unhealthy foods?	❌
Tax on unhealthy drinks?	❌
Are there fiscal policies on healthy products?	❌
Subsidy on fruits?	❌
Subsidy on vegetables?	❌
Subsidy on other healthy products?	❌
Mandatory limit or ban of trans fat (all settings)?	❌
Mandatory limit of trans fats in place (all settings)?	❌
Ban on trans-fats or phos in place (all settings)?	❌
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✔️
Mandatory restriction on broadcast media?	✔️
Mandatory restriction on non-broadcast media?	❌
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	❌
Are there mandatory standards for food in schools?	❌
Are there any mandatory nutrient limits in any manufactured food products?	❌
Nutrition standards for public sector procurement?	❌

Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✓
National obesity strategy?	✗
National childhood obesity strategy?	✓
Comprehensive nutrition strategy?	✓
Comprehensive physical activity strategy?	✓
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✓
Promotion of breastfeeding?	?

Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✗

Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✓

Key

✓ Present   ✓ Present (voluntary)   ✓ Incoming   ✗ Absent   ? Unknown

Last updated December 1, 2022

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