

Report card

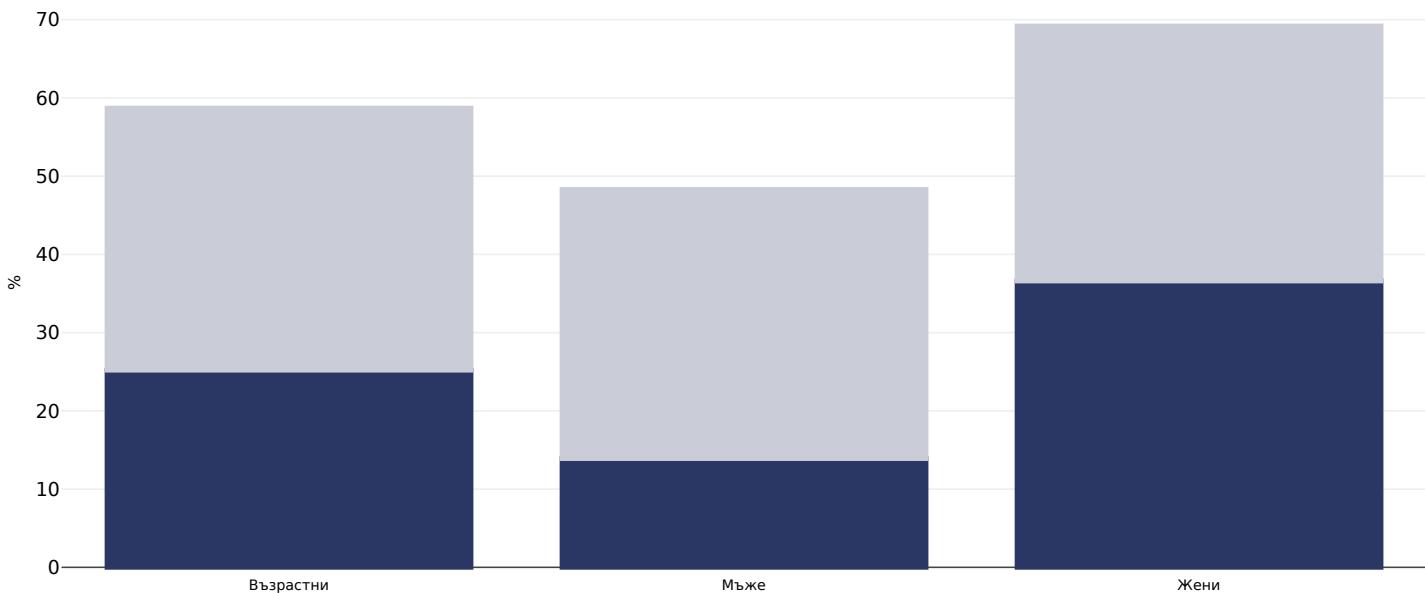
Гренада



Разпространение на затлъстяването

Възрастни, 2010-2011

■ Затлъстяване ■ Наднормено тегло

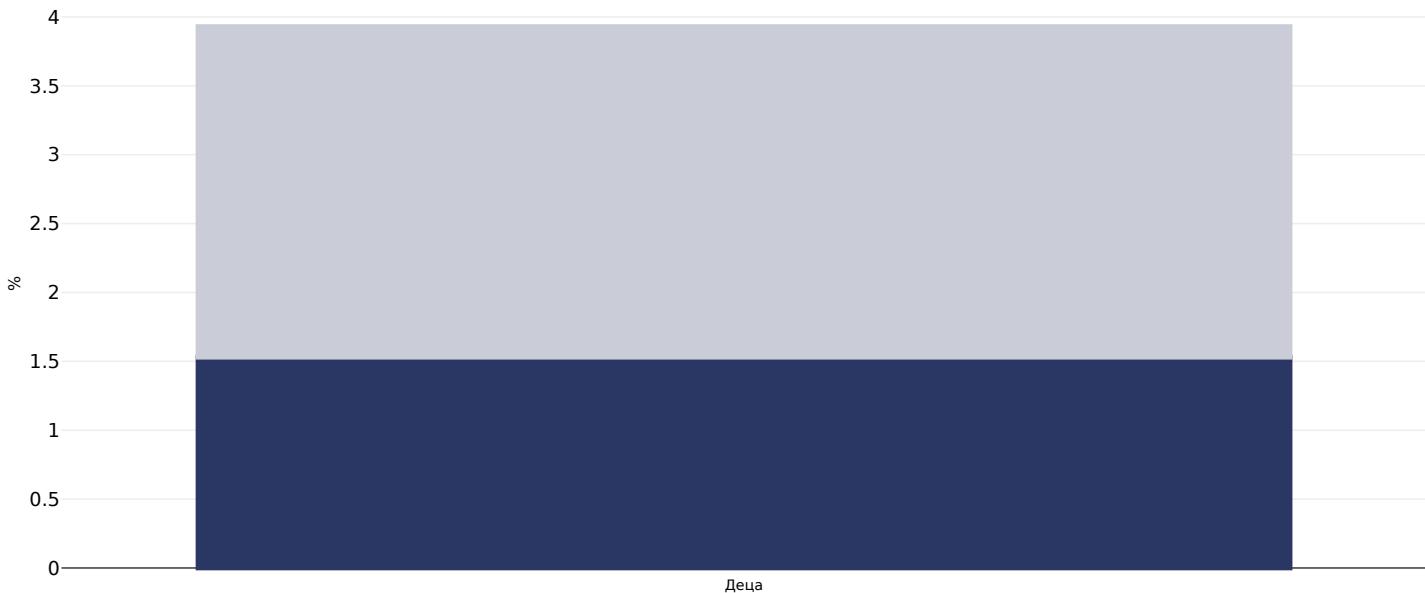


| | |
|------------------------|------------------------------|
| Тип анкета: | Измерено |
| Възраст: | 25-64 |
| Количество на пробите: | 1129 |
| Обхваната зона: | Национално |
| Референции: | Grenada STEPS Survey 2010/11 |

Освен ако не е посочено друго, наднорменото тегло се отнася до ИТМ между 25 kg и $29,9\text{ kg/m}^2$, затлъстяването се отнася до ИТМ, по-голям от 30 kg/m^2 .

Деца, 2014

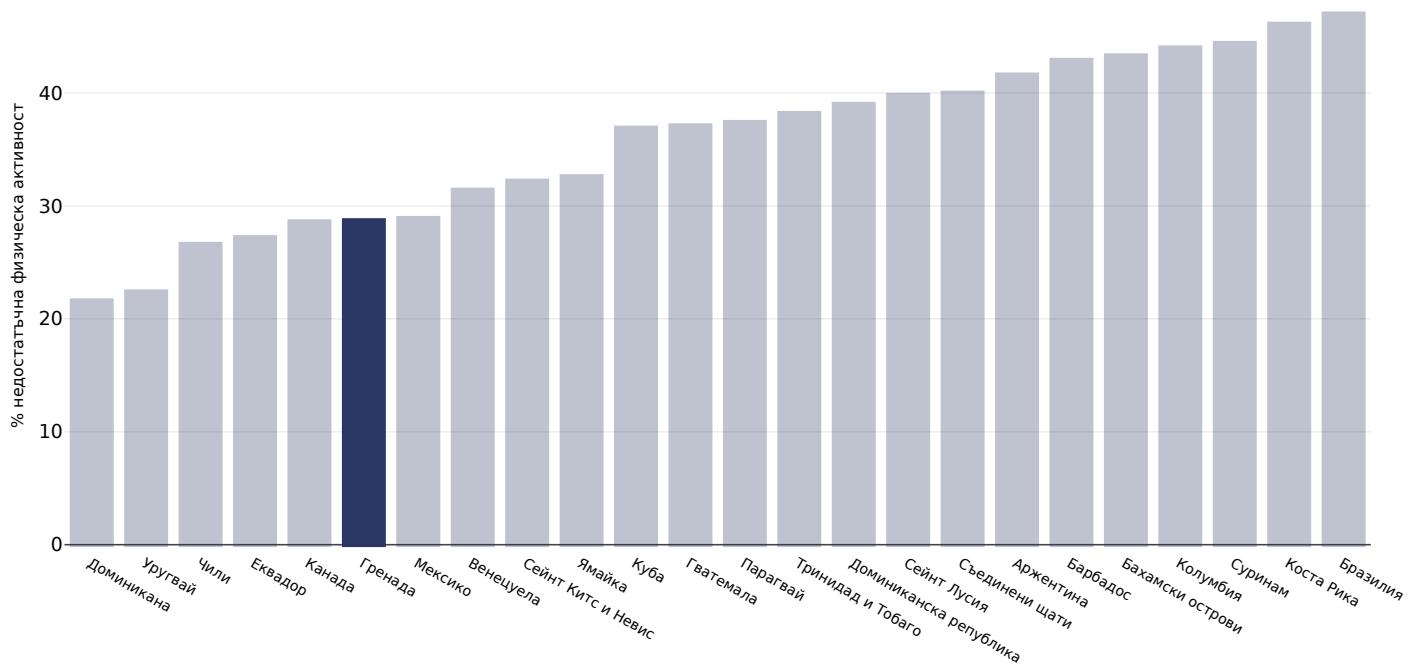
■ Затлъстяване ■ Наднормено тегло



| | |
|------------------------|---|
| Тип анкета: | Самоотчитане |
| Възраст: | 3-5 |
| Количество на пробите: | 2483 |
| Обхваната зона: | Национално |
| Референции: | <p>Grenada Food and Nutrition Council (GFNC) pre-school survey https://extranet.who.int/nutrition/gina/sites/default/filesstore/GRD_2016_Infant%20and%20Young%20Child%20Feeding%20Policy%20Grenada.pdf#:~:text=The%20Grenada%20Food%20and%20Nutrition%20Council%E2%80%99s%20surveillance%20identifies ,This%20increase%20reflects%20inappropriate%20and%20inadequate%20feeding%20practices. (last accessed 04.05.2022)</p> |
| Cutoffs: | BMI-for-age Z-score |

Недостатъчна физическа активност

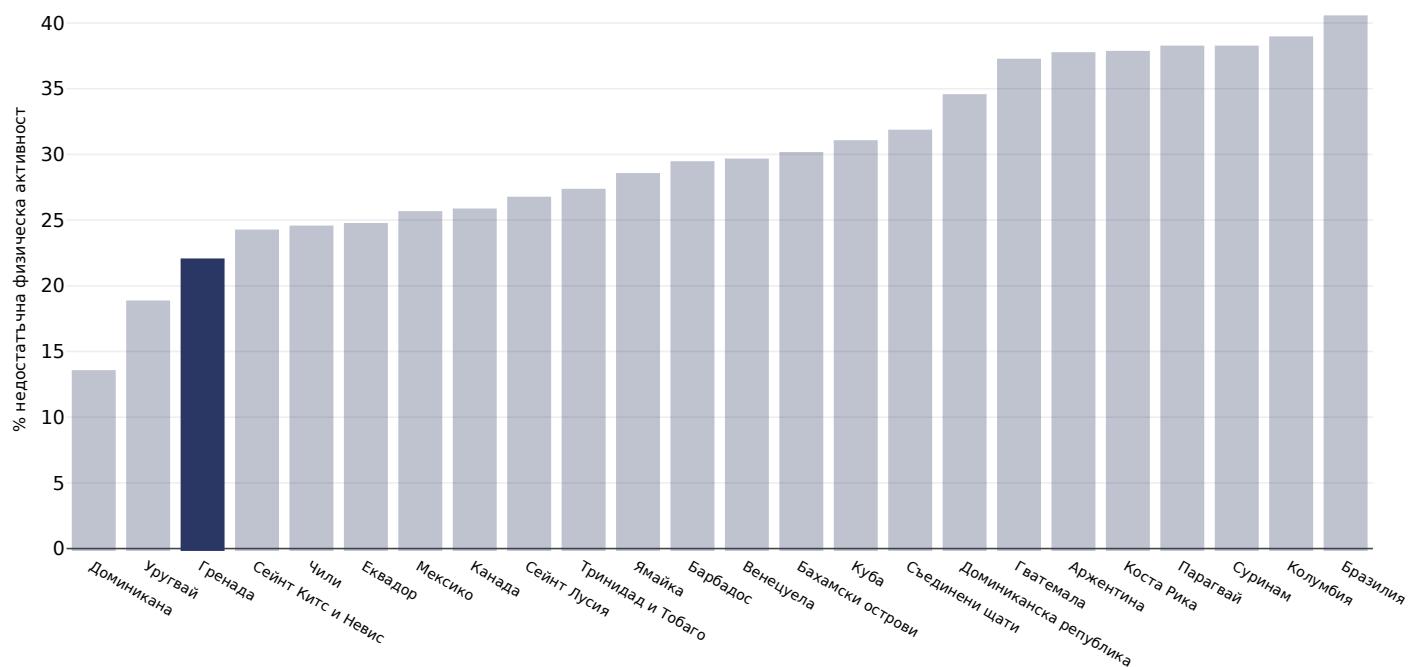
Възрастни, 2016



Референции:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

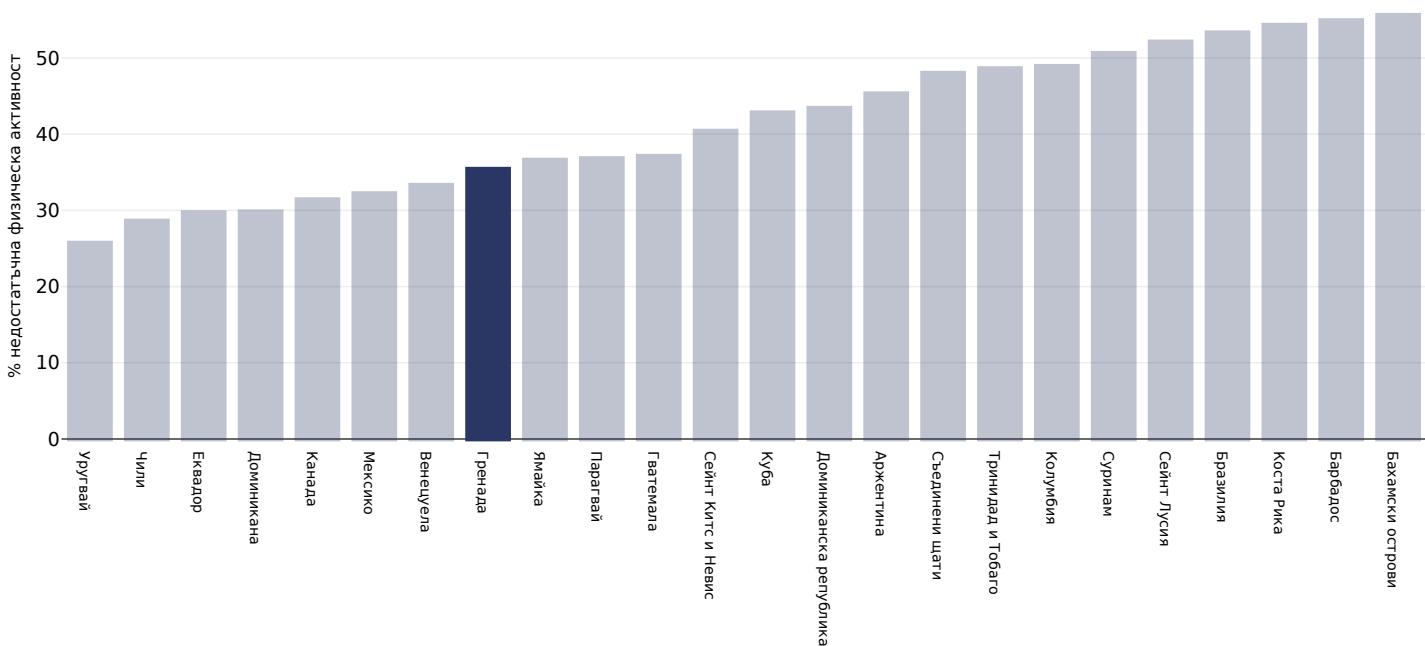
Мъже, 2016



Референции:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

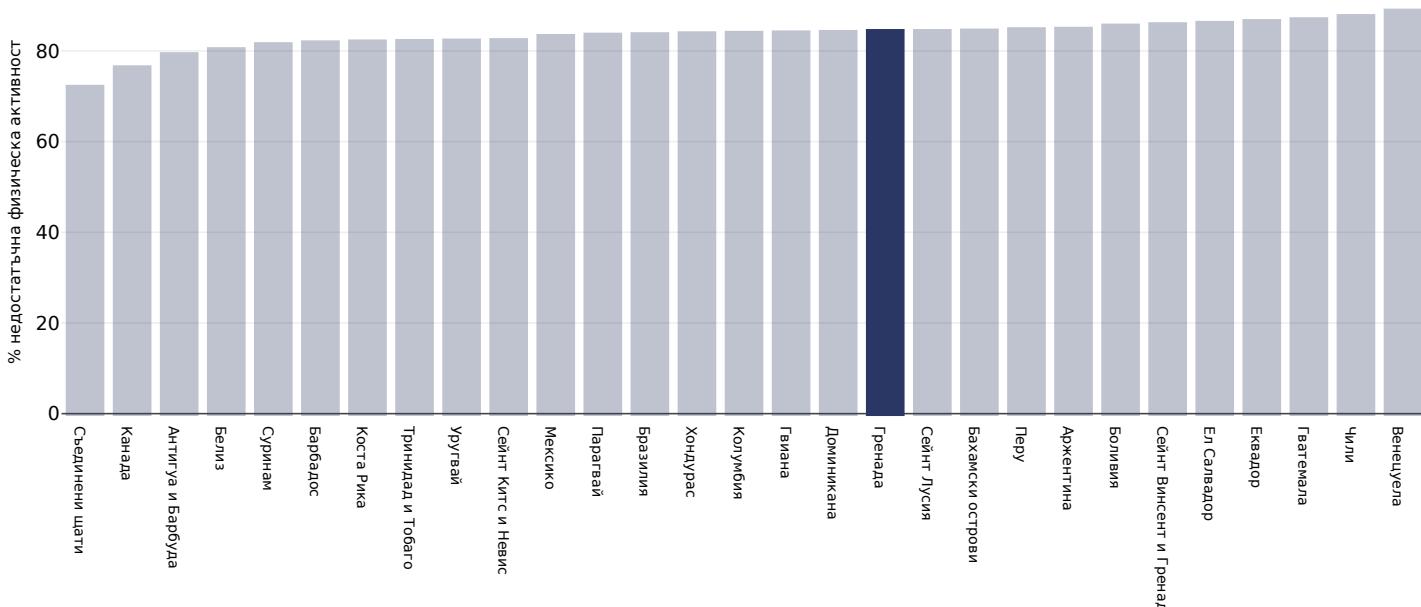
Жени, 2016



Референции:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Деца, 2016



Тип анкета:

Самоотчитане

Възраст:

11-17

Референции:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

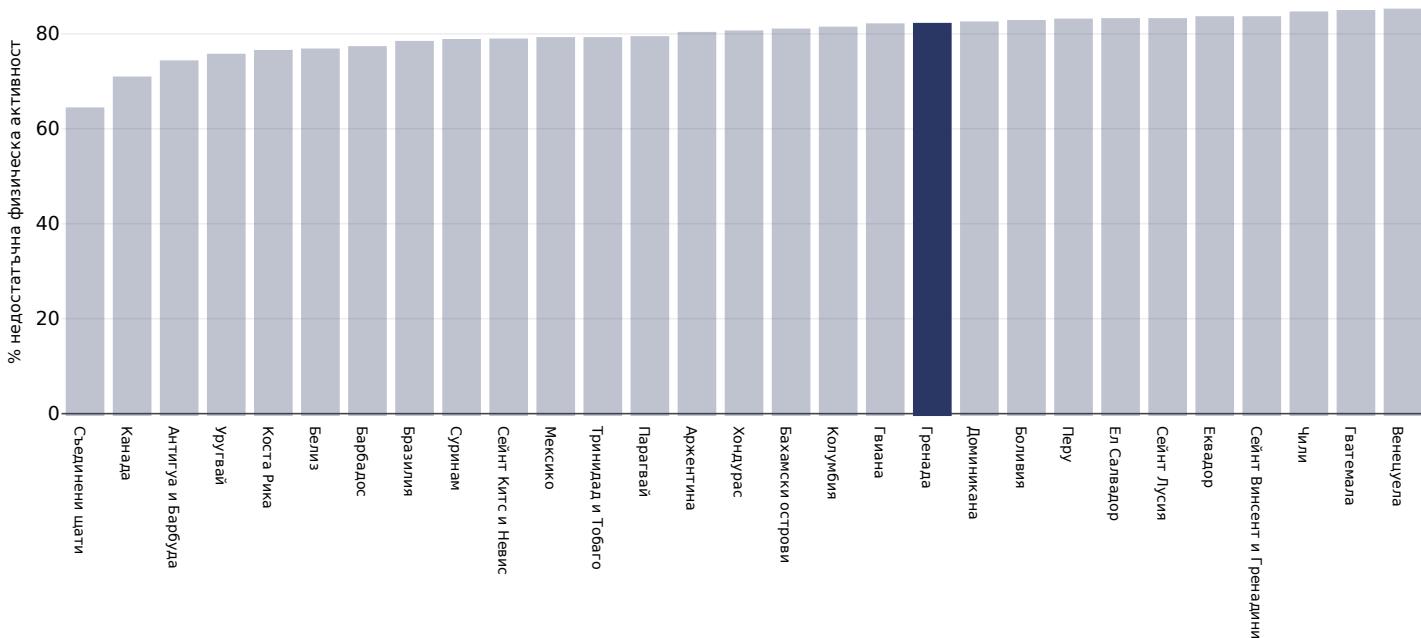
Забележки:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Определения:

% Adolescents insufficiently active (age standardised estimate)

Момчета, 2016



Тип анкета:

Самоотчитане

Възраст:

11-17

Референции:

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<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

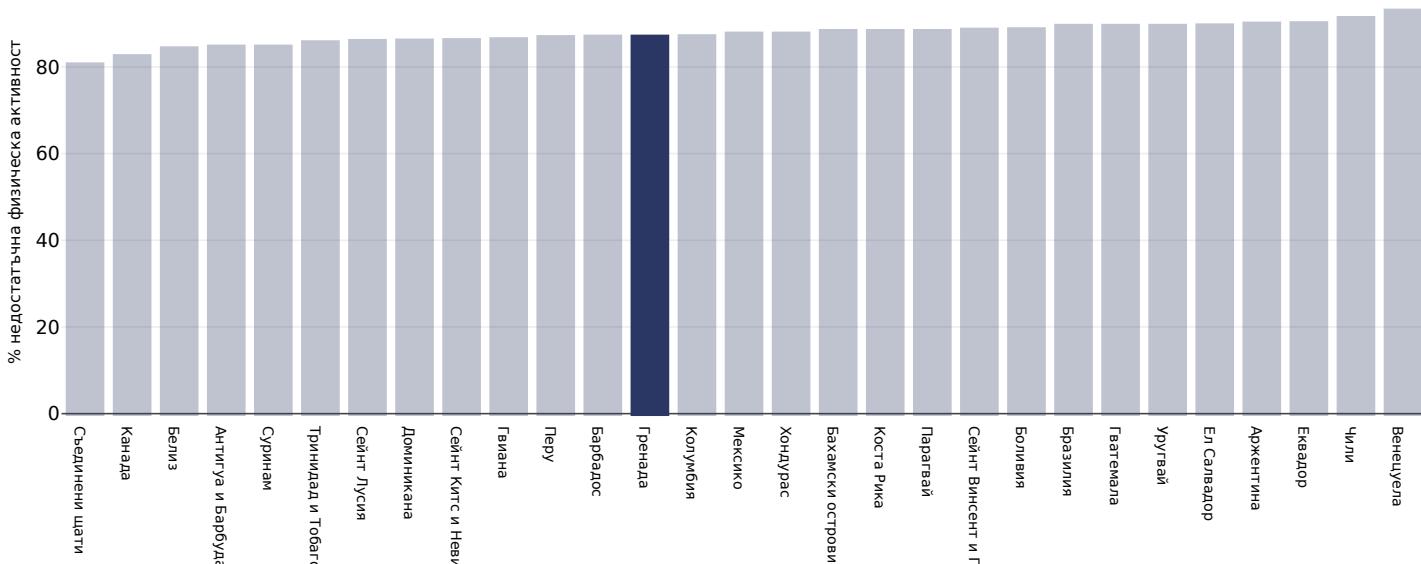
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Забележки:

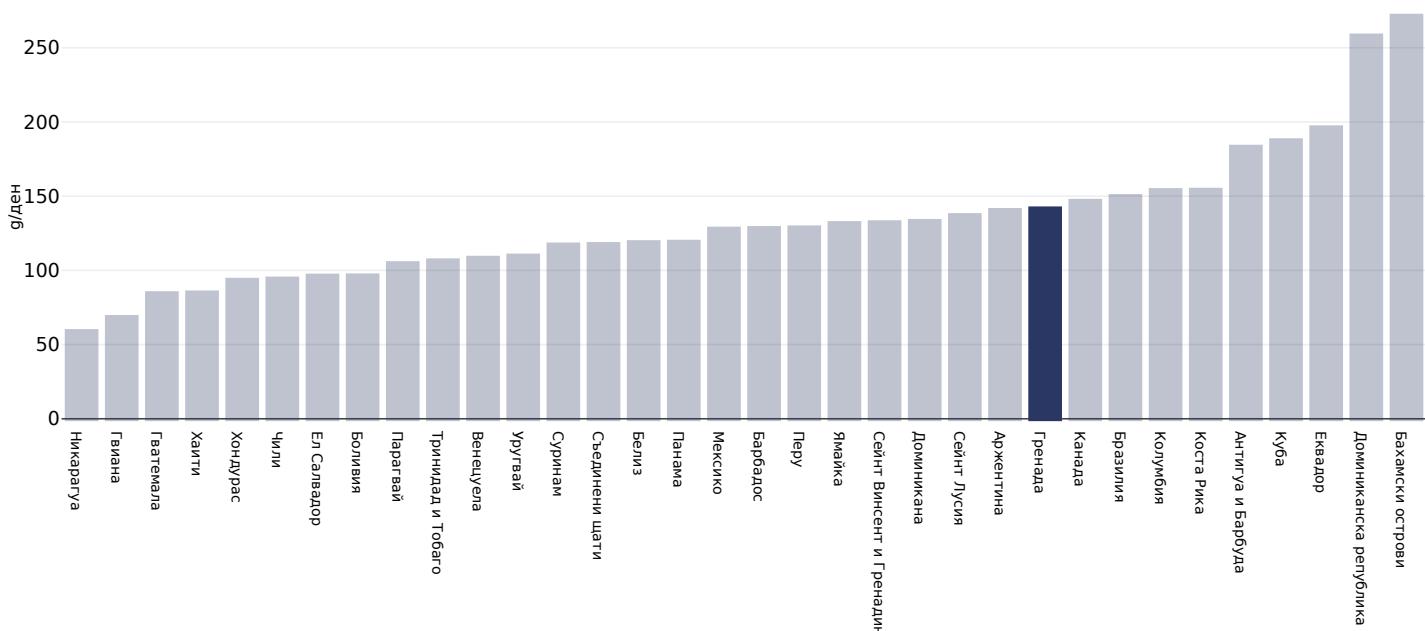
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Определения:

% Adolescents insufficiently active (age standardised estimate)

Estimated per capita fruit intake

Възрастни, 2017



Тип анкета:

Измерено

Възраст:

25+

Референции:

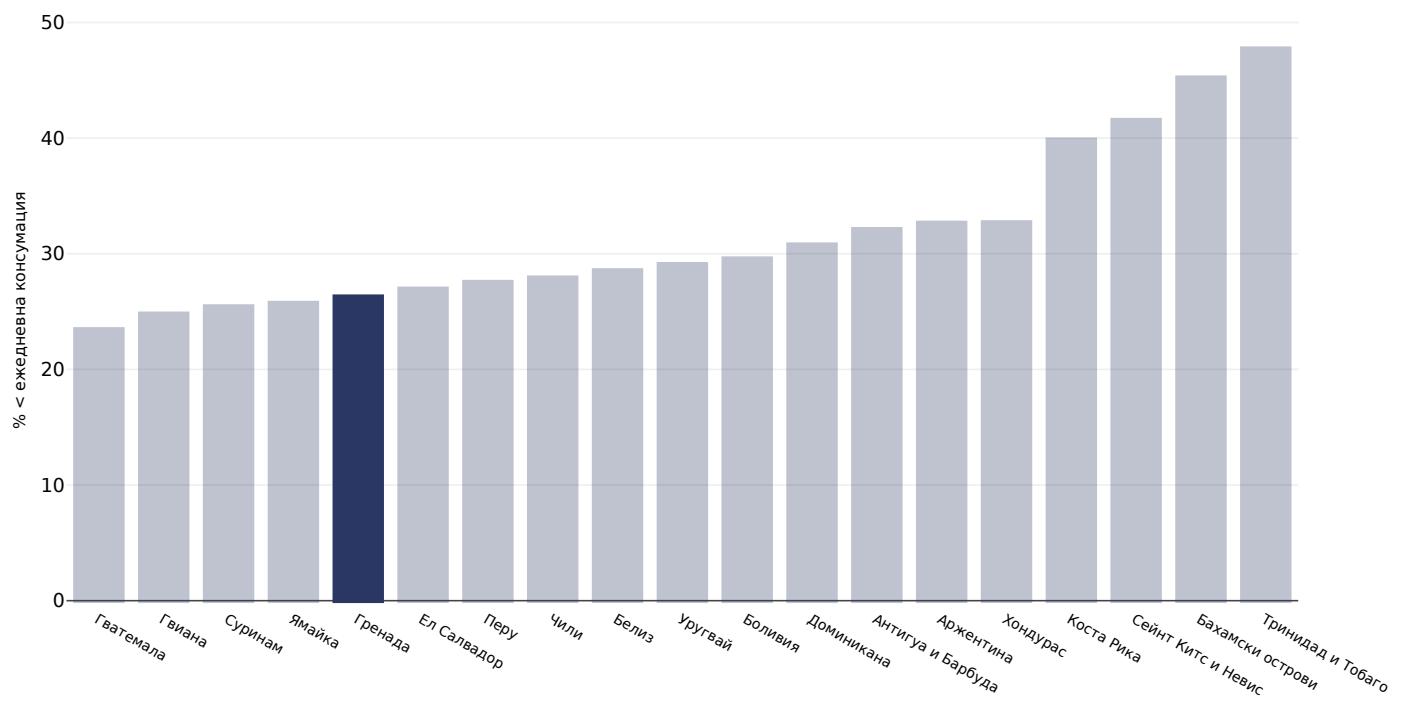
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Определения:

Estimated per-capita fruit intake (g/day)

Преобладаване на по-малко от дневна консумация на плодове

Деца, 2009-2015



Тип анкета:

Измерено

Възраст:

12-17

Референции:

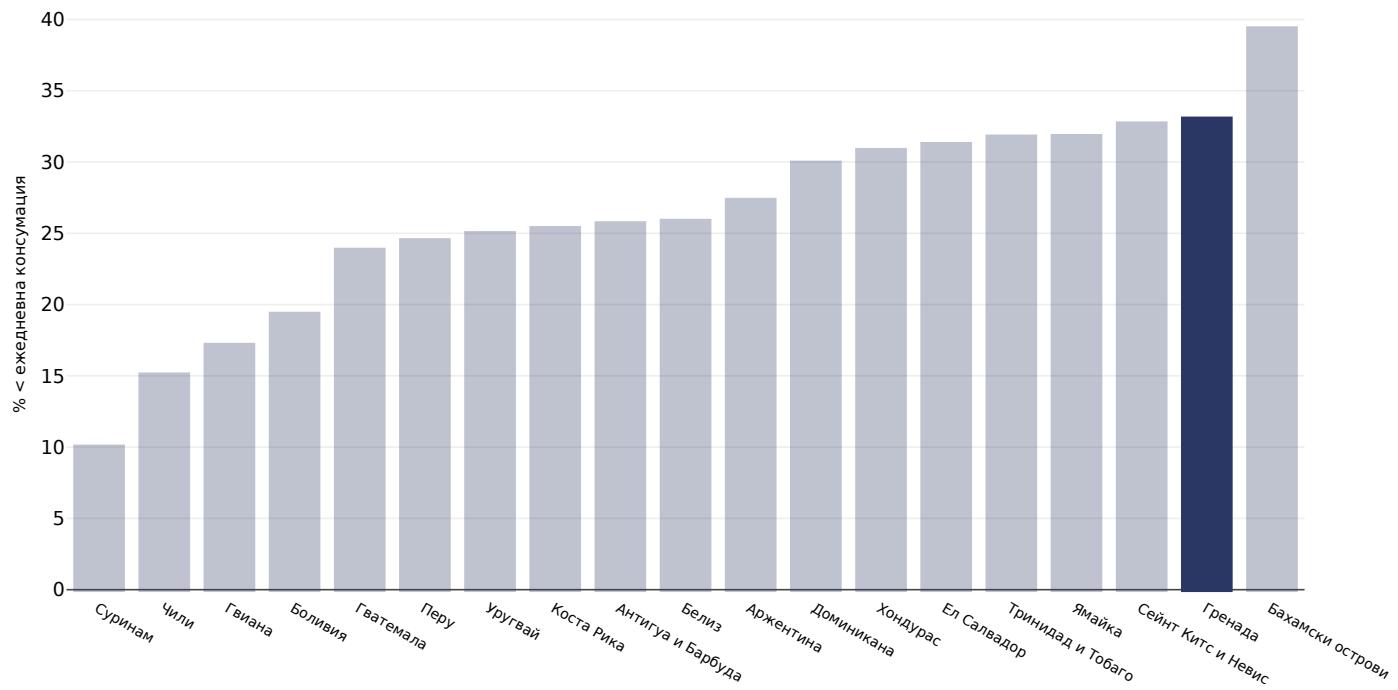
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Определения:

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Преобладаване на по-малко от дневна консумация на зеленчуци

Деца, 2009-2015



Тип анкета:

Измерено

Възраст:

12-17

Референции:

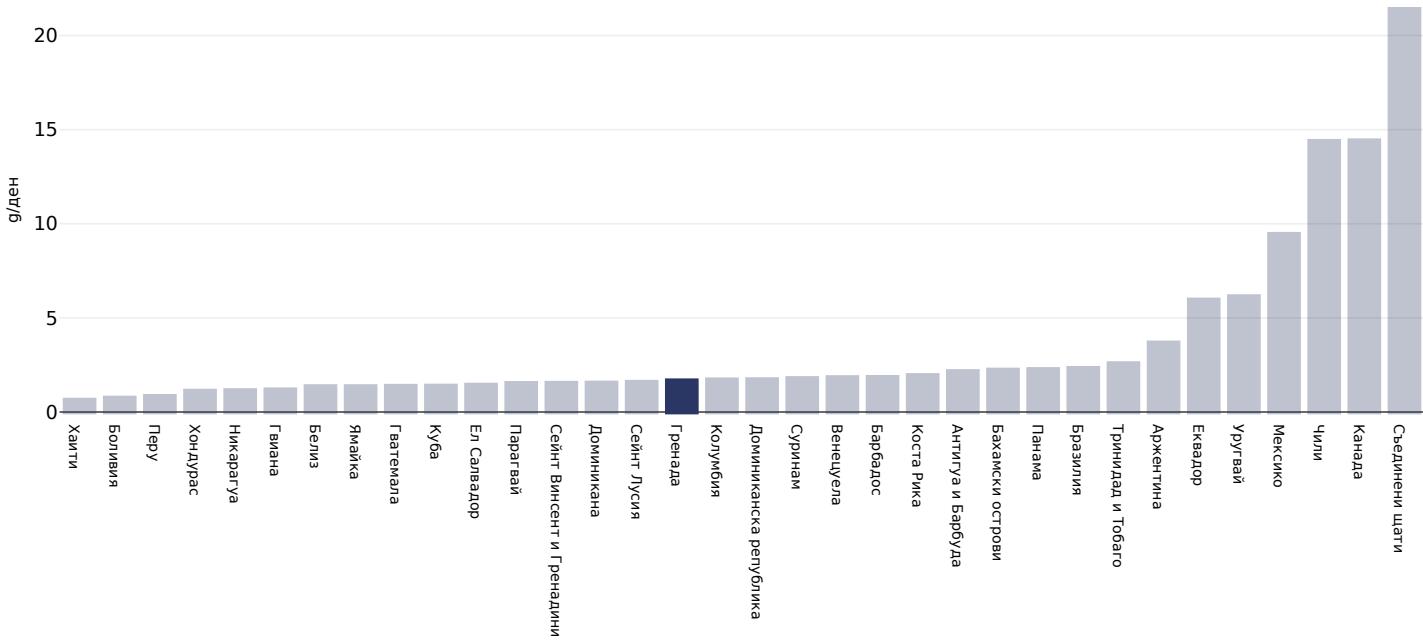
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>
sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Определения:

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Очакван прием на преработено месо на глава от населението

Възрастни, 2017



Тип анкета:

Измерено

Възраст:

25+

Референции:

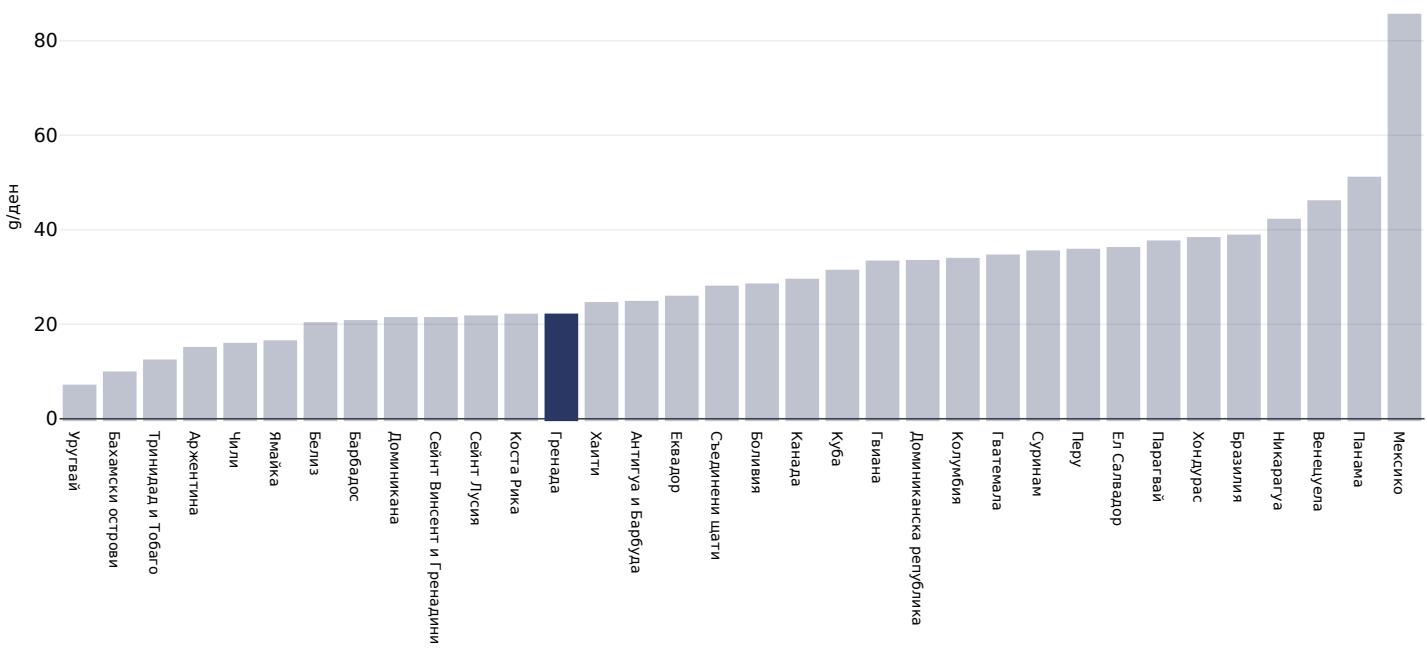
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Определения:

Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Възрастни, 2017



Тип анкета:

Измерено

Възраст:

25+

Референции:

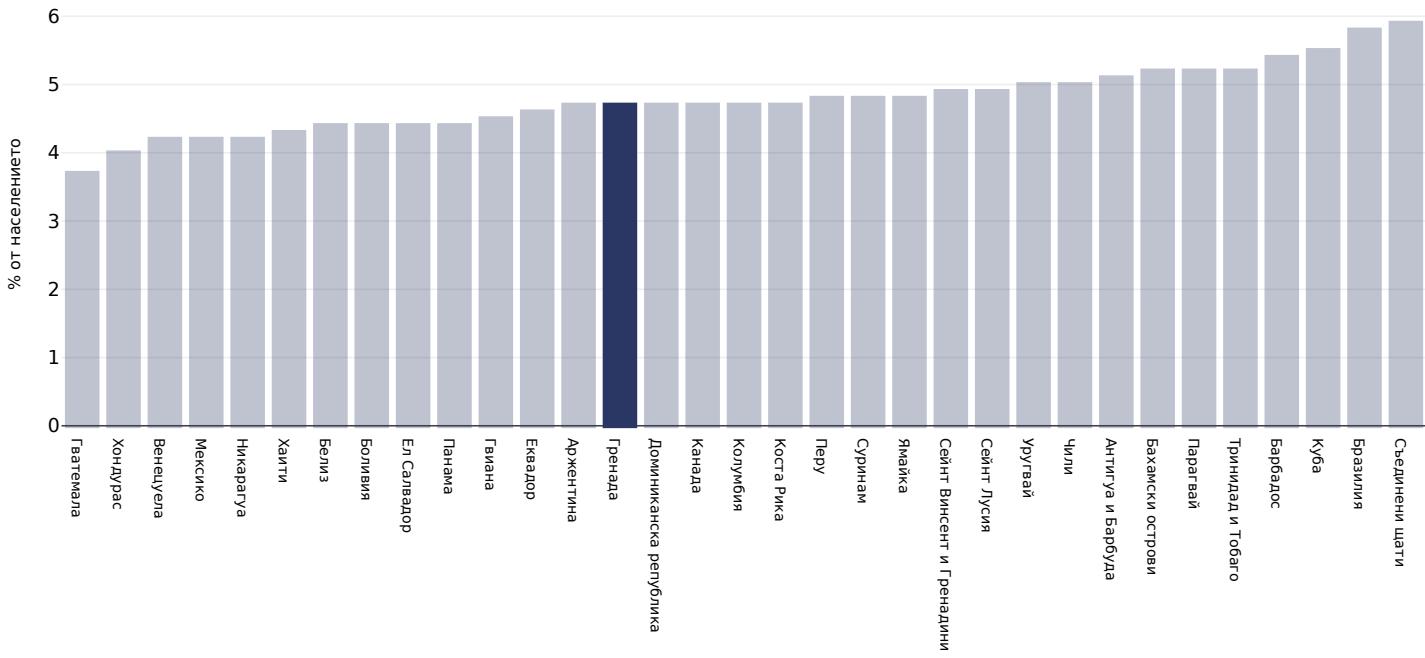
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Определения:

Estimated per-capita whole grains intake (g/day)

Психично здраве - депресивни разстройства

Възрастни, 2015



Референции:

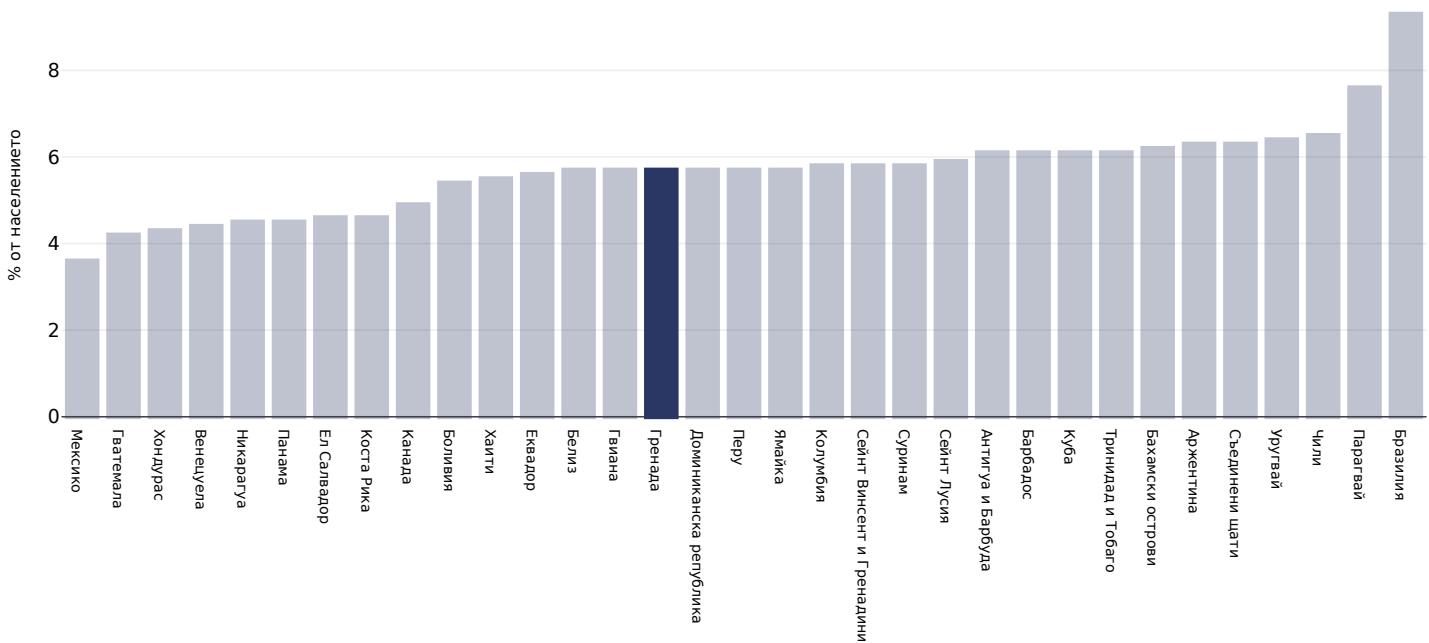
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Определения:

% of population with depression disorders

Психично здраве - тревожни разстройства

Възрастни, 2015



Референции:

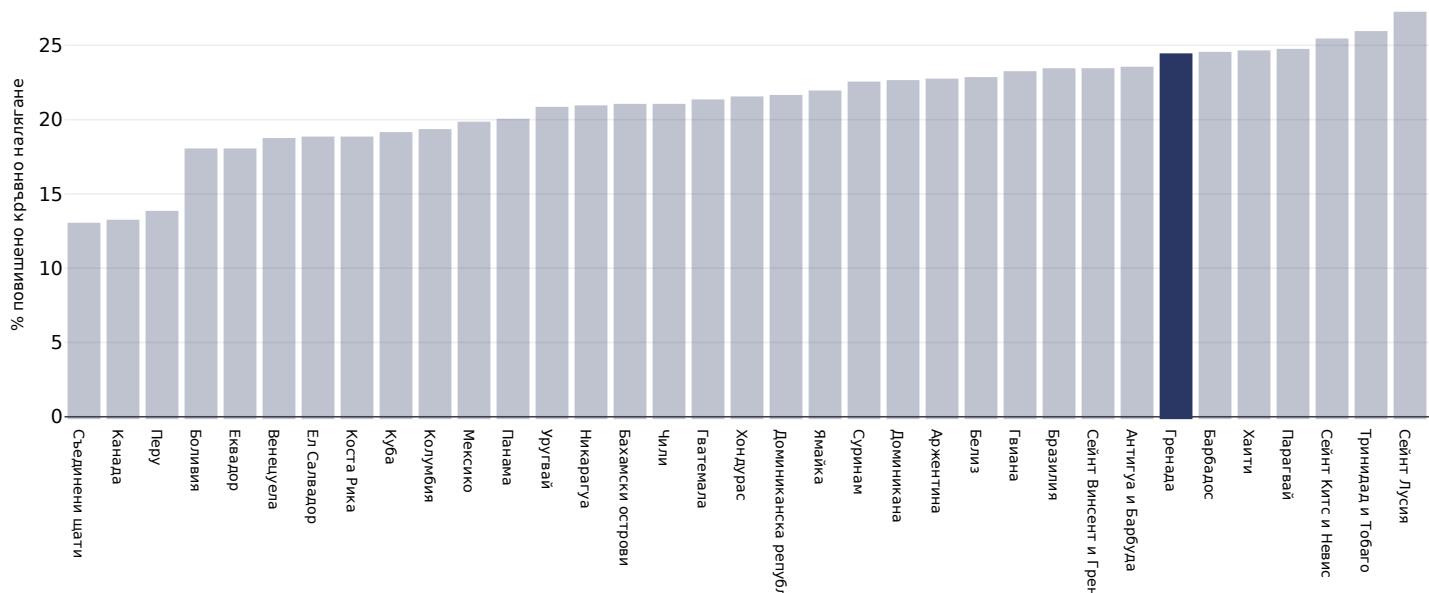
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Определения:

% of population with anxiety disorders

Повищено кръвно налягане

Възрастни, 2015



Референции:

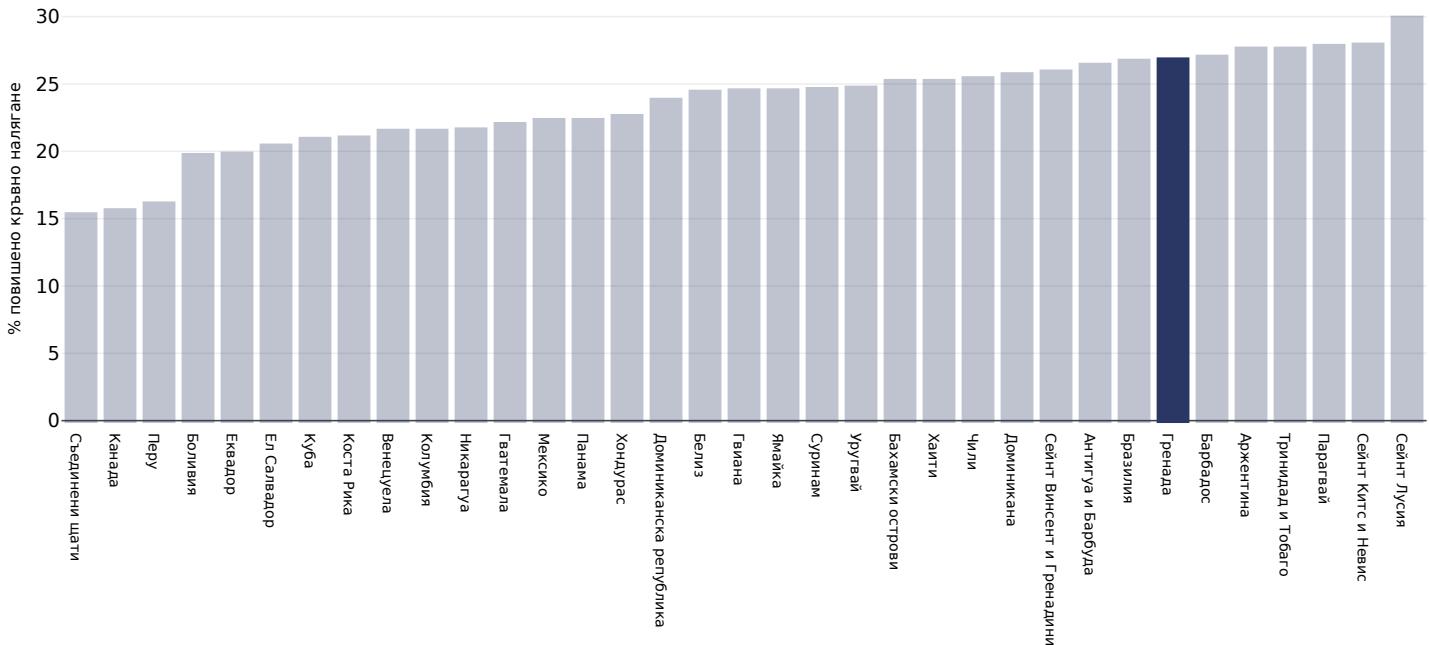
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Мъже, 2015



Референции:

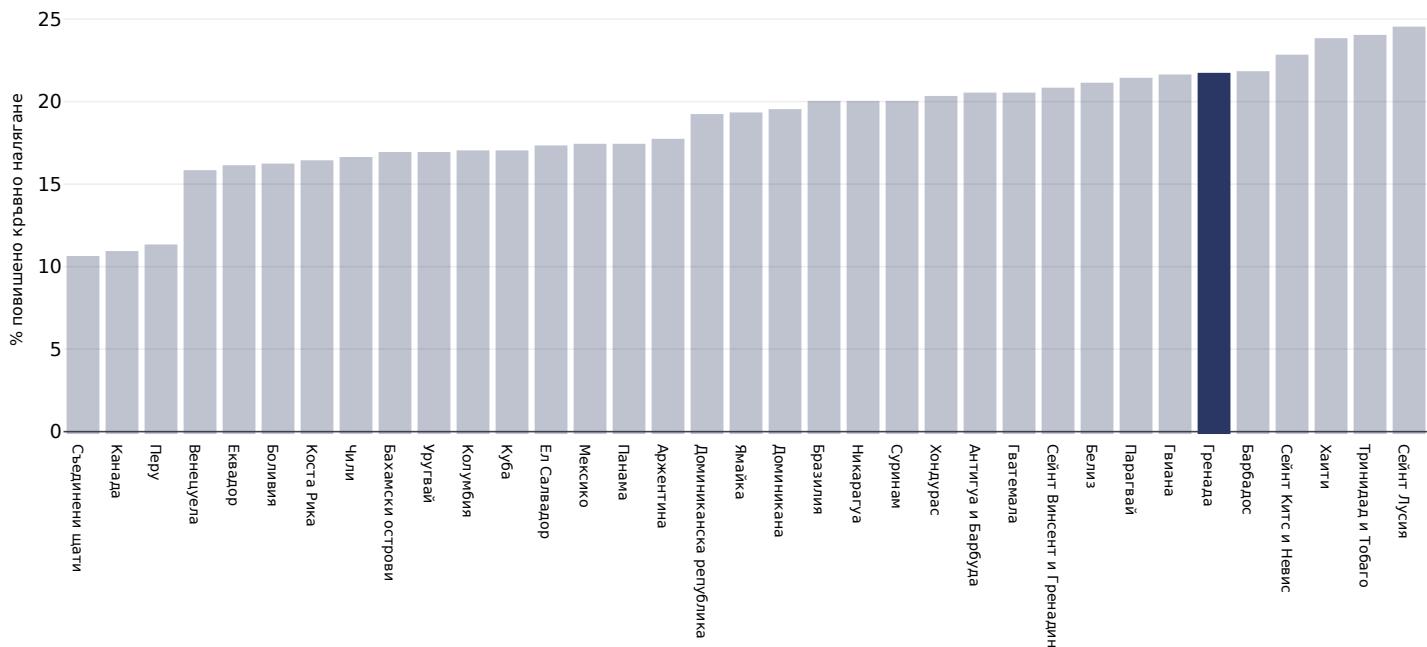
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Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Жени, 2015



Референции:

Global Health Observatory data repository, World Health Organisation,

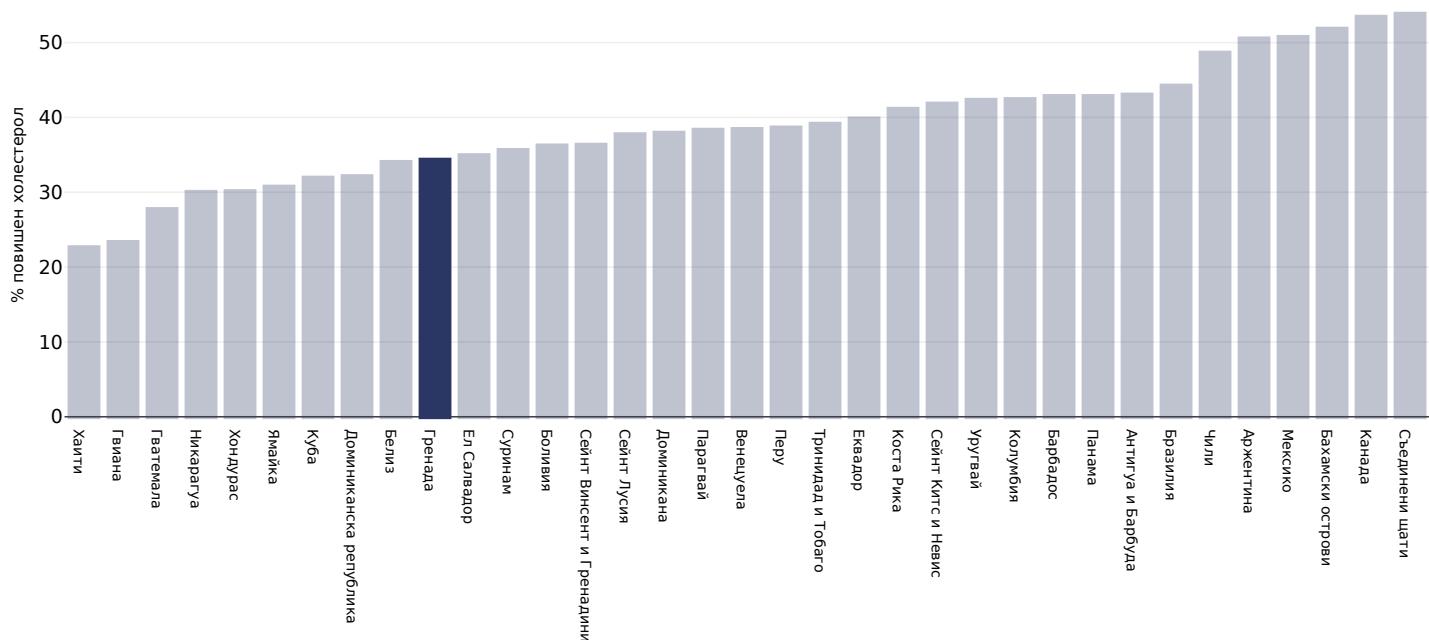
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Определения:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Повишен холестерол

Възрастни, 2008



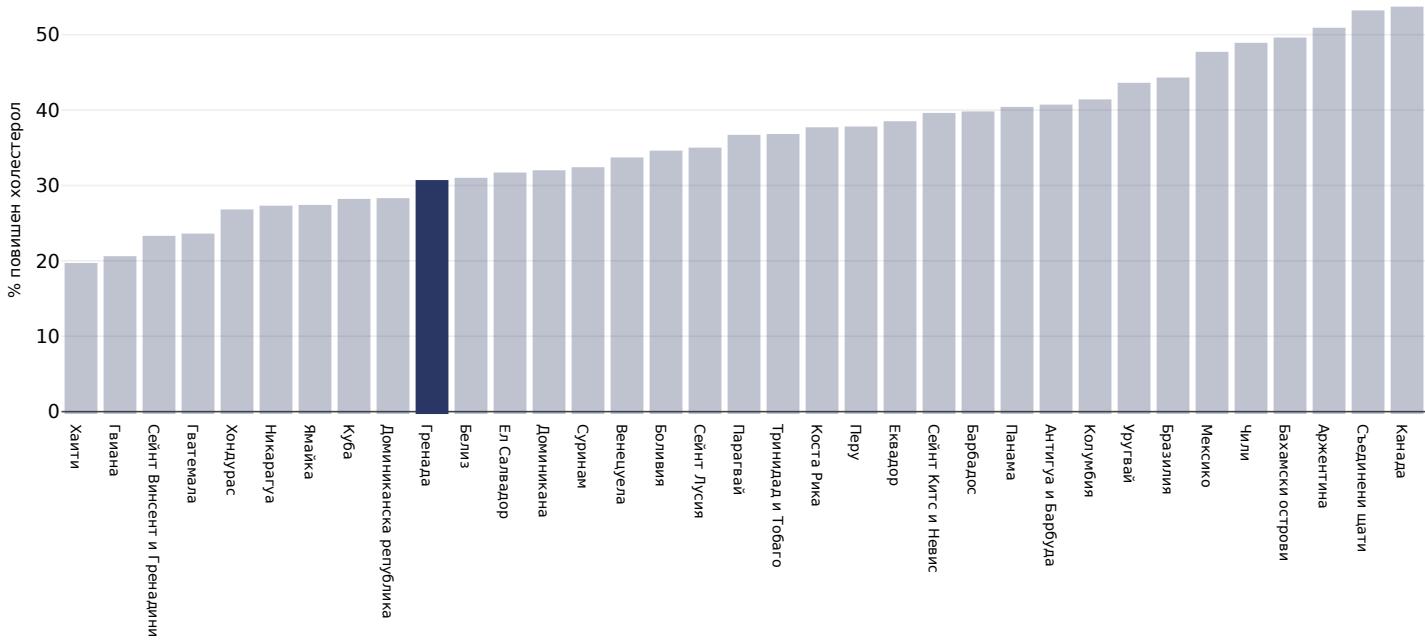
Референции:

Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения:

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Мъже, 2008



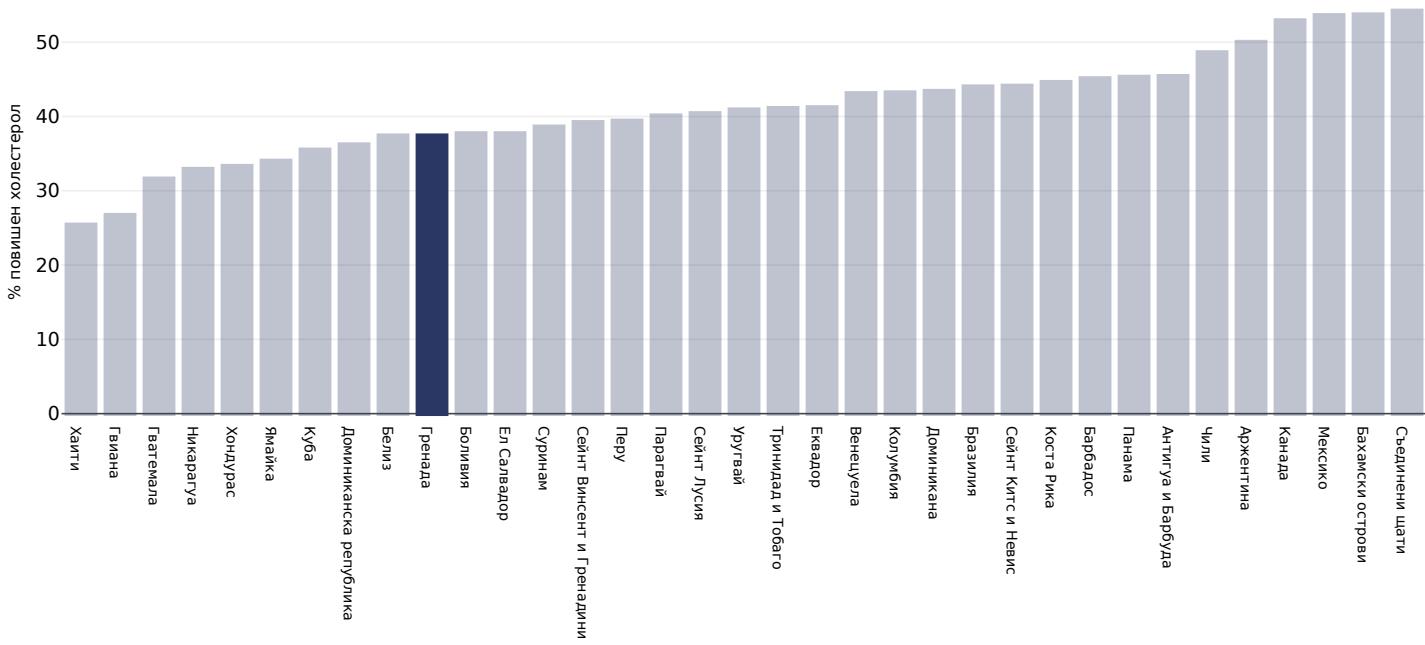
Референции:

Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения:

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Жени, 2008



Референции:

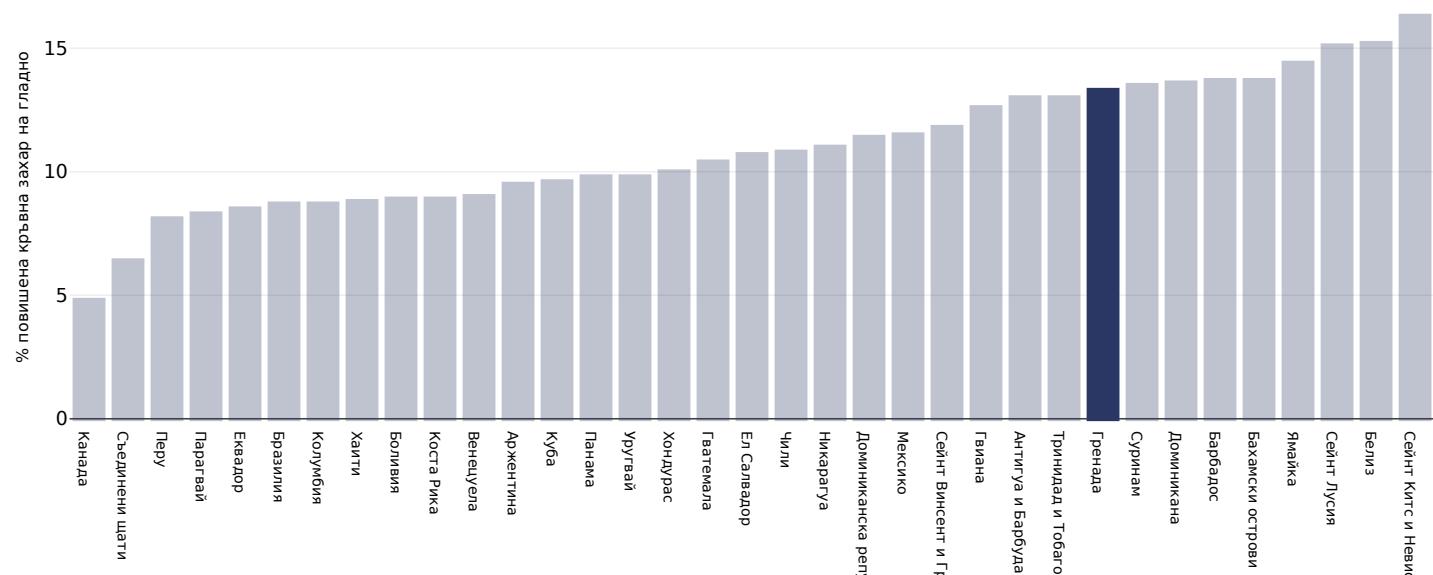
Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Определения:

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Повишена кръвна захар на гладно

Мъже, 2014



Референции:

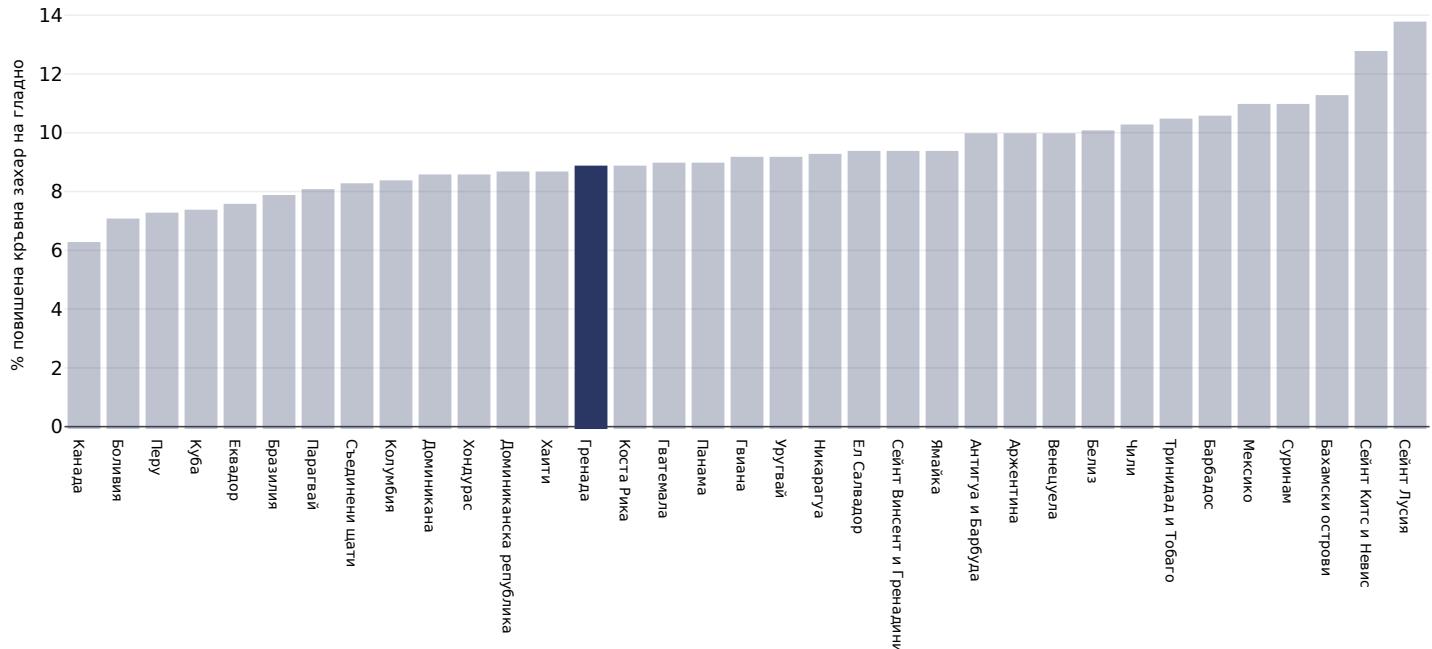
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A869?lang=en>

Определения:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Жени, 2014



Референции:

Global Health Observatory data repository, World Health Organisation,

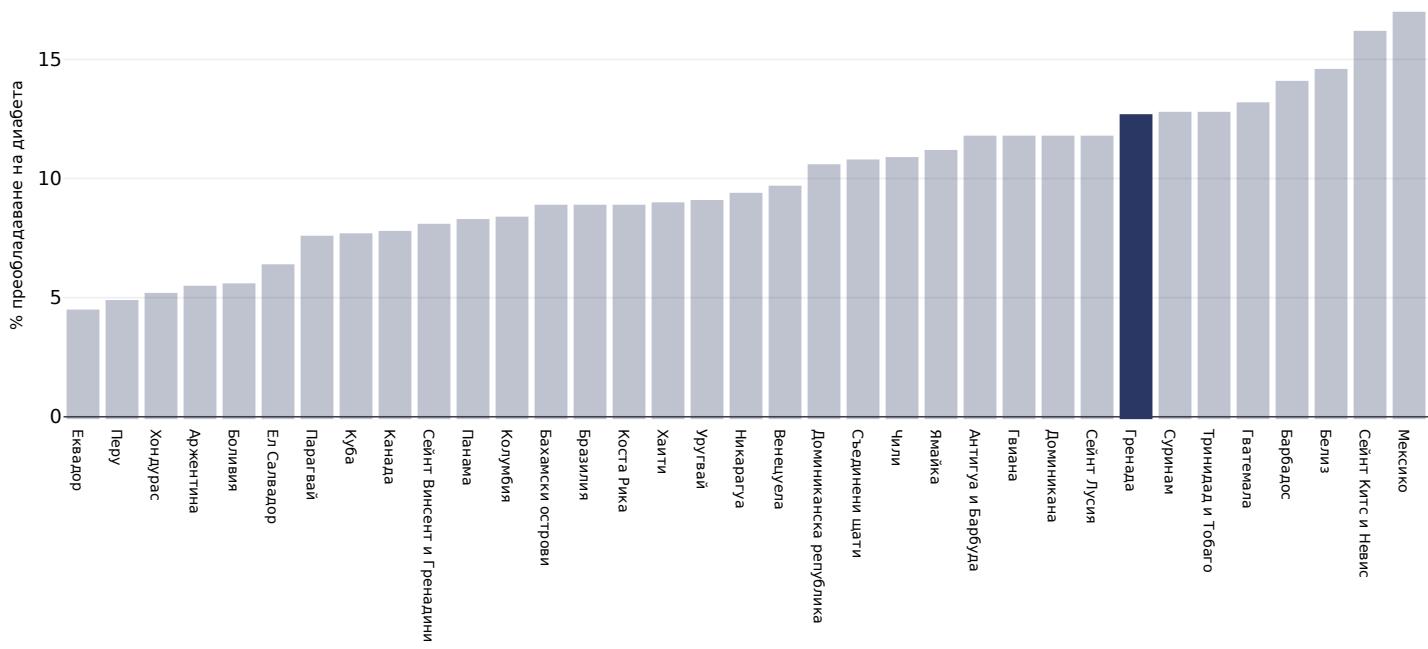
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Определения:

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Преобладаване на диабета

Възрастни, 2021



Възраст:

20-79

Обхваната зона:

Национално

Референции:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Определения:

Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?



Front-of-package labelling?



Back-of-pack nutrition declaration?



Color coding?



Warning label?





Regulation and marketing

| | |
|---|---|
| Are there fiscal policies on unhealthy products? | ✗ |
| Tax on unhealthy foods? | ✗ |
| Tax on unhealthy drinks? | ✗ |
| Are there fiscal policies on healthy products? | ✗ |
| Subsidy on fruits? | ✗ |
| Subsidy on vegetables? | ✗ |
| Subsidy on other healthy products? | ✗ |
| Mandatory limit or ban of trans fat (all settings)? | ✗ |
| Mandatory limit of trans fats in place (all settings)? | ✗ |
| Ban on trans-fats or phos in place (all settings)? | ✗ |
| Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children? | ✗ |
| Mandatory restriction on broadcast media? | ✗ |
| Mandatory restriction on non-broadcast media? | ✗ |
| Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children? | ✗ |
| Are there mandatory standards for food in schools? | ✓ |
| Are there any mandatory nutrient limits in any manufactured food products? | ✗ |
| Nutrition standards for public sector procurement? | ✗ |



Political will and support

| | |
|---|--------------------------------------|
| National obesity strategy or nutrition and physical activity national strategy? | X |
| National obesity strategy? | X |
| National childhood obesity strategy? | X |
| Comprehensive nutrition strategy? | ✓ |
| Comprehensive physical activity strategy? | X |
| Evidence-based dietary guidelines and/or RDAs? | ✓ |
| National target(s) on reducing obesity? | ✓ |
| Guidelines/policy on obesity treatment? | X |
| Promotion of breastfeeding? | ✓ |



Monitoring and surveillance

| | |
|--|--------------------------------------|
| Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors? | ✓ |
| Within 5 years? | X |



Governance and resource

| | |
|---|-------------------------------------|
| Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)? | ? |
|---|-------------------------------------|

Key

✓ Present

✓ v Present (voluntary)

✓ Incoming

X Absent

? Unknown