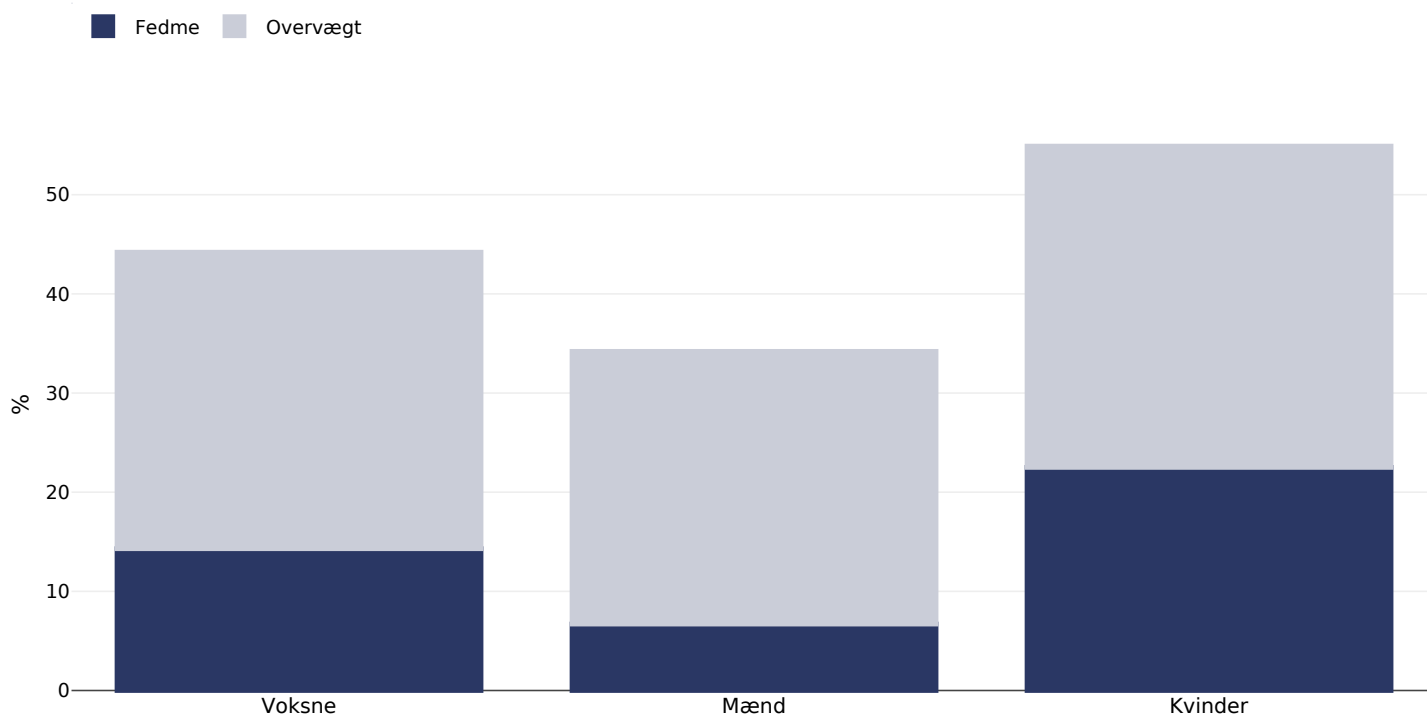


Report card Kap Verde



Fedmeprævalens

Voksne, 2020



Undersøgelsestype: Målt

Alder: 18-69

Prøvens størrelse: 4563

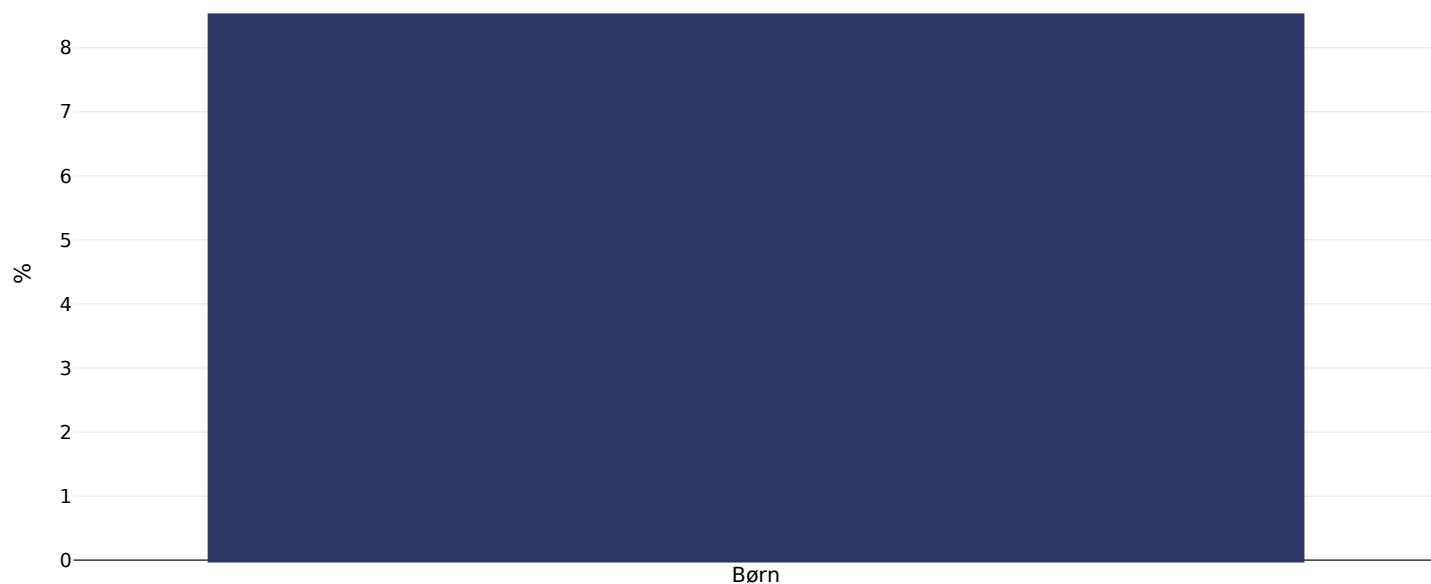
Area covered: National

Referencer: 2020 STEPS Fact Sheet Cabo Verde Available at: https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/cabo-verde/fact-sheet_cabo-verde_final_ing_01-03-2022.pdf?sfvrsn=bc7b4559_1&download=true (last accessed 13-2-23)

Medmindre andet er angivet, henviser overvægt til en BMI på mellem 25 kg og 29,9 kg/m², fedme henviser til en BMI på mere end 30 kg/m².

Børn, 2001-2002

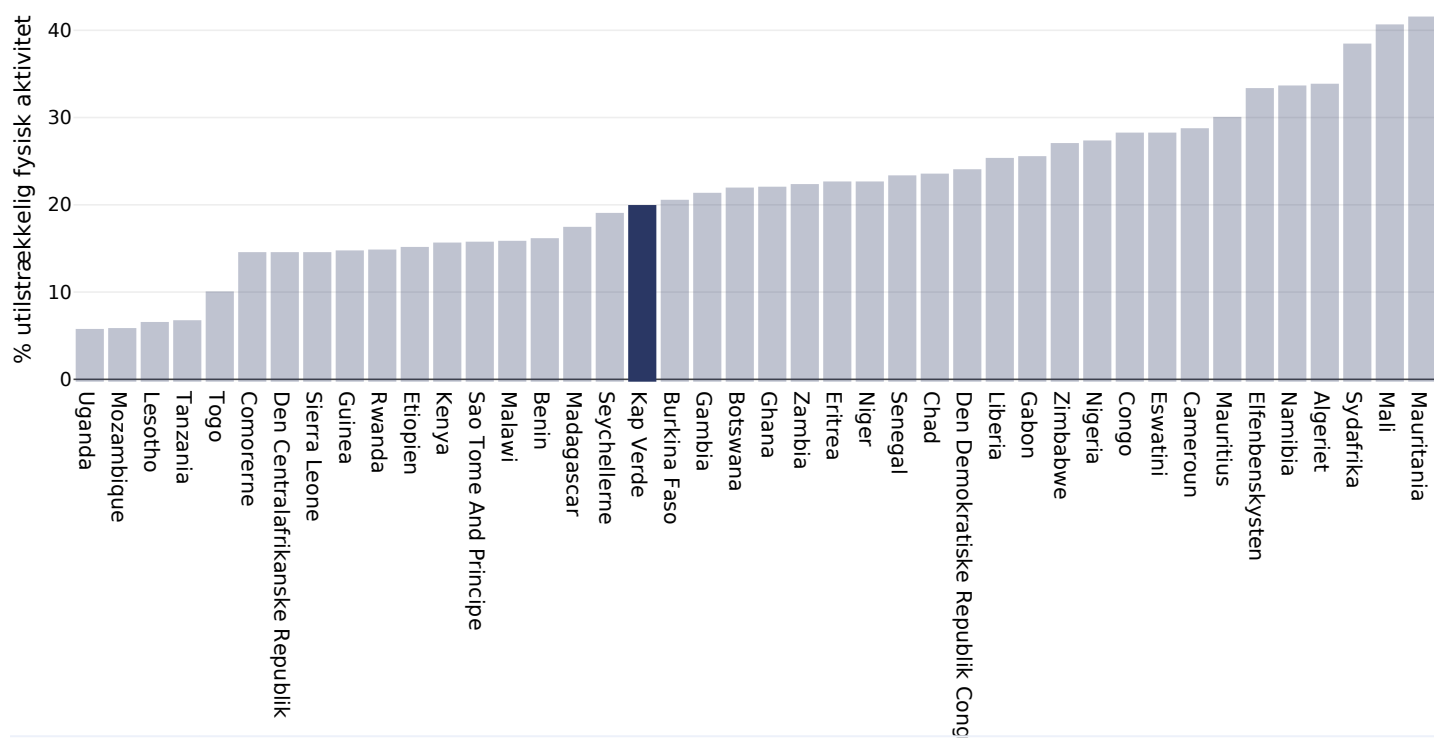
■ Overvægt eller fedme



Undersøgelsestype:	Målt
Alder:	10-17
Prøvens størrelse:	2175
Area covered:	National
Referencer:	Dop MC, Pereira C, Mistura L, Martinex C & Cardoso E. Using Household Consumption and Expenditures Survey (HCES) Data to Assess Dietary Intake in Relation to the Nutrition Transition: A Case Study from Cape Verde. Food and Nutrition Bulletin 2012, Vol 33, Issue 3_suppl2, pp. S221 - S227
Noter (kun tilgængelige på engelsk):	WHO Cut off 85th Centile
Cutoffs:	WHO

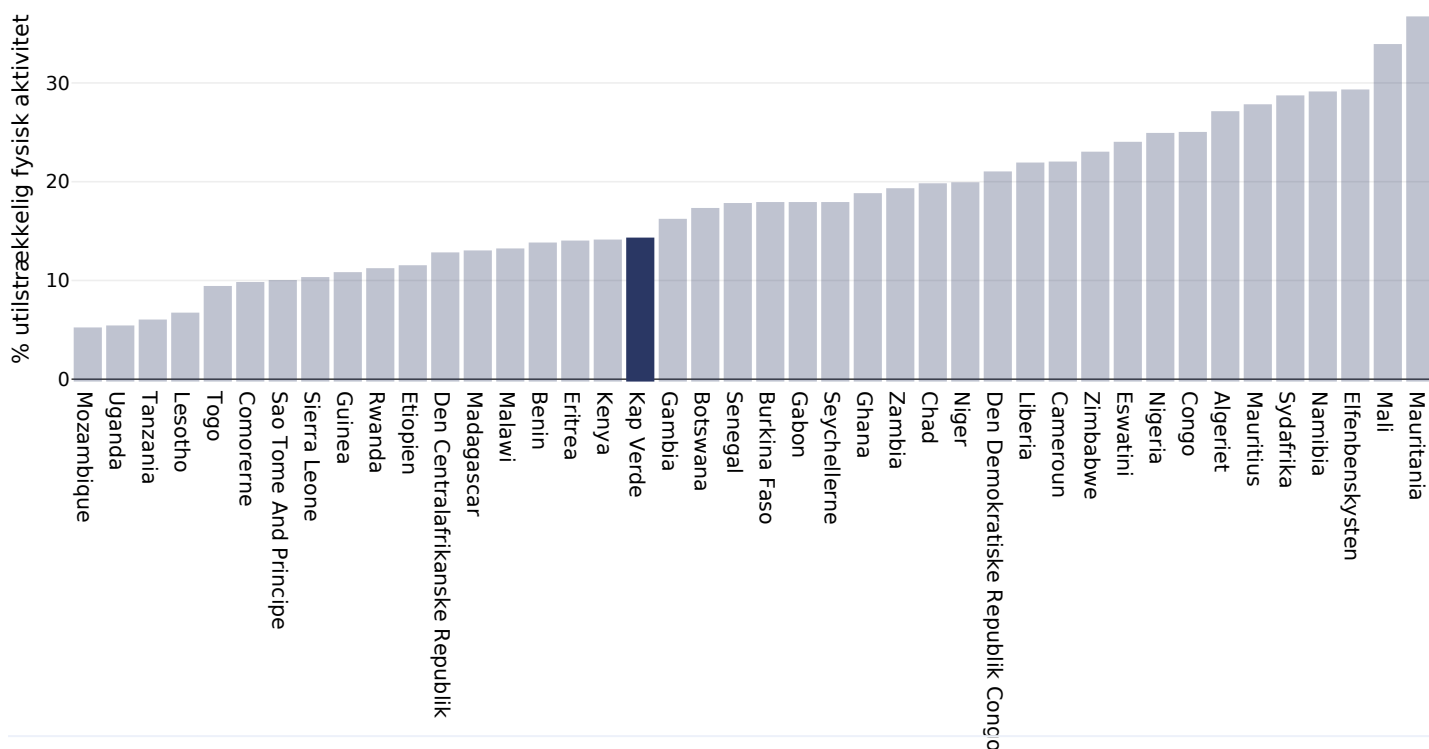
Utilstrækkelig fysisk aktivitet

Voksne, 2016



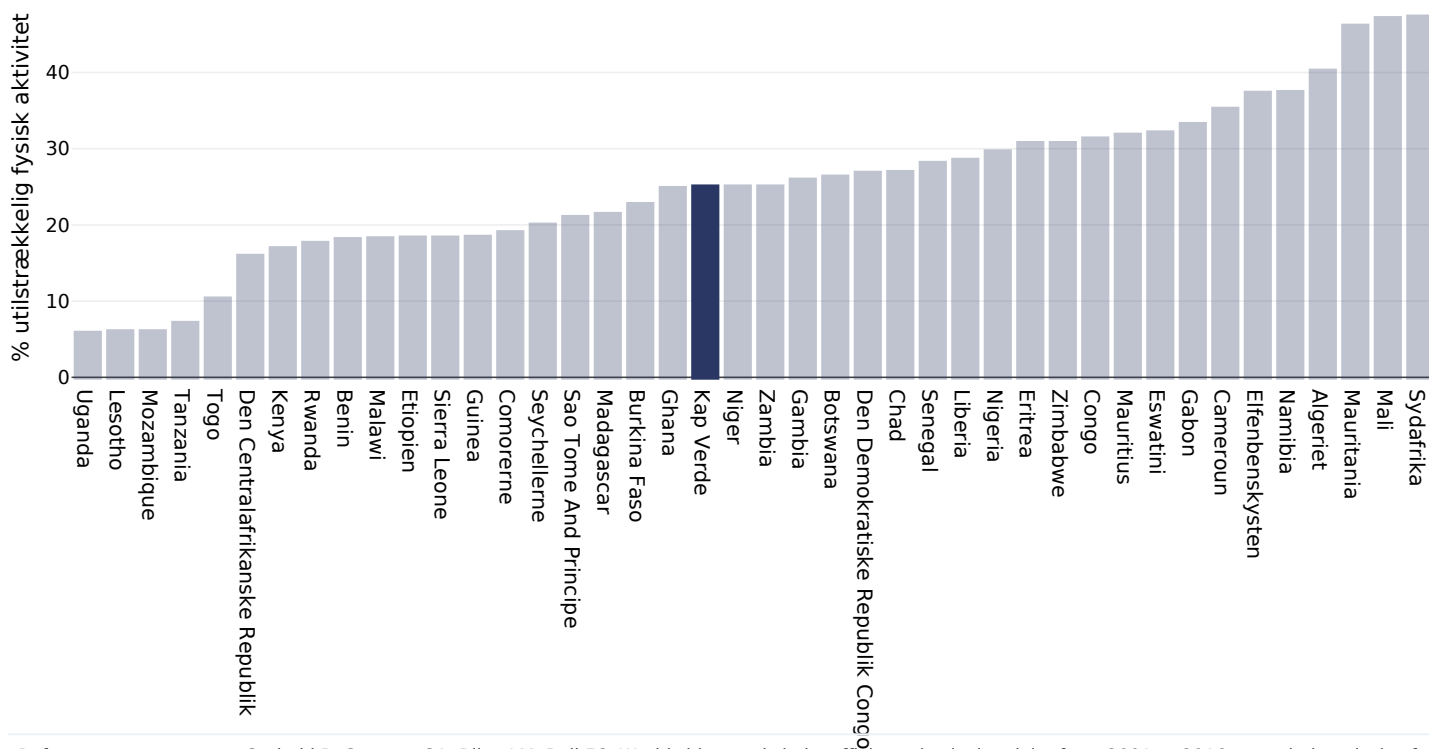
Referencer: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Mænd, 2016



Referencer: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

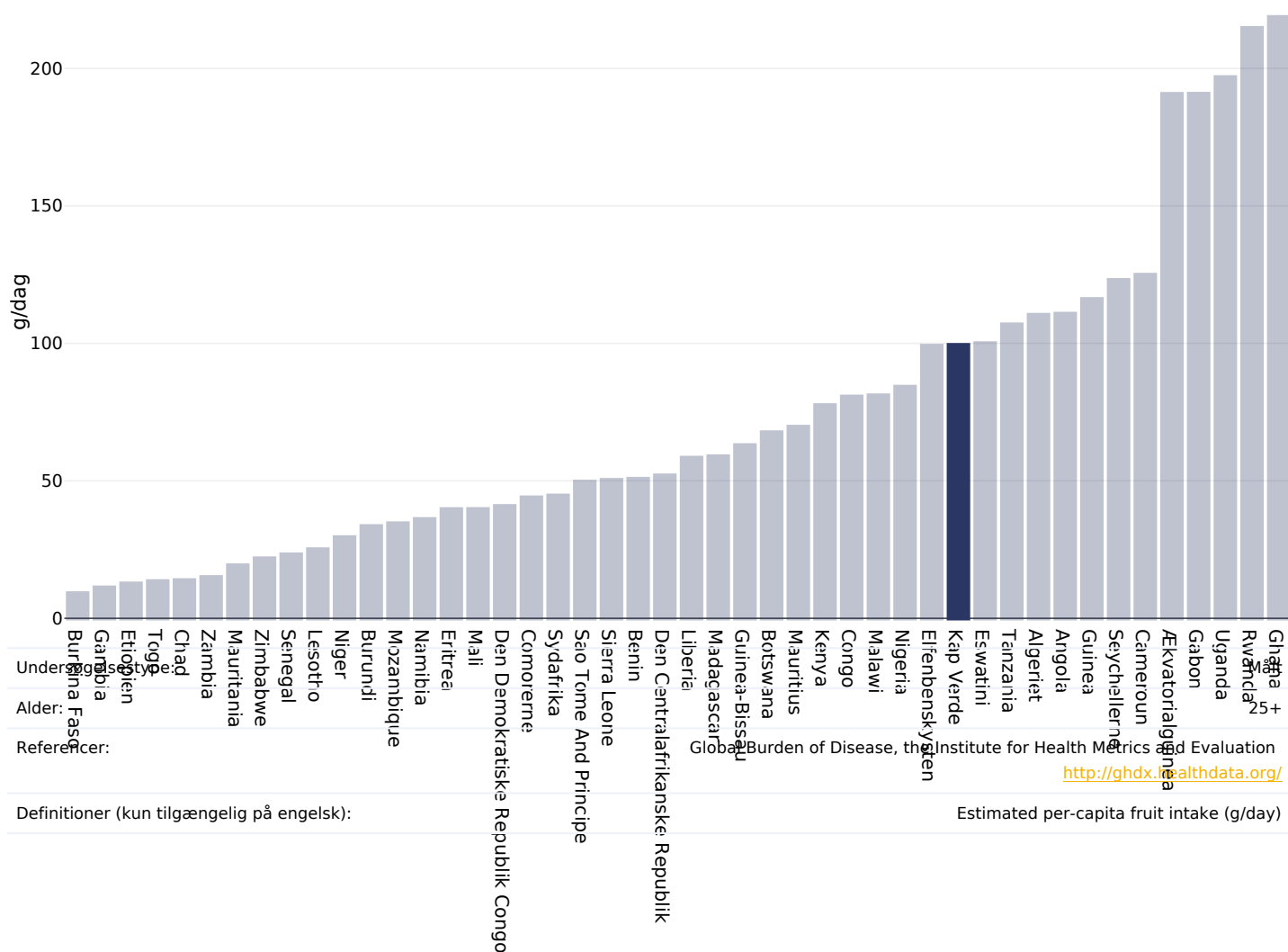
Kvinder, 2016



Referencer: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

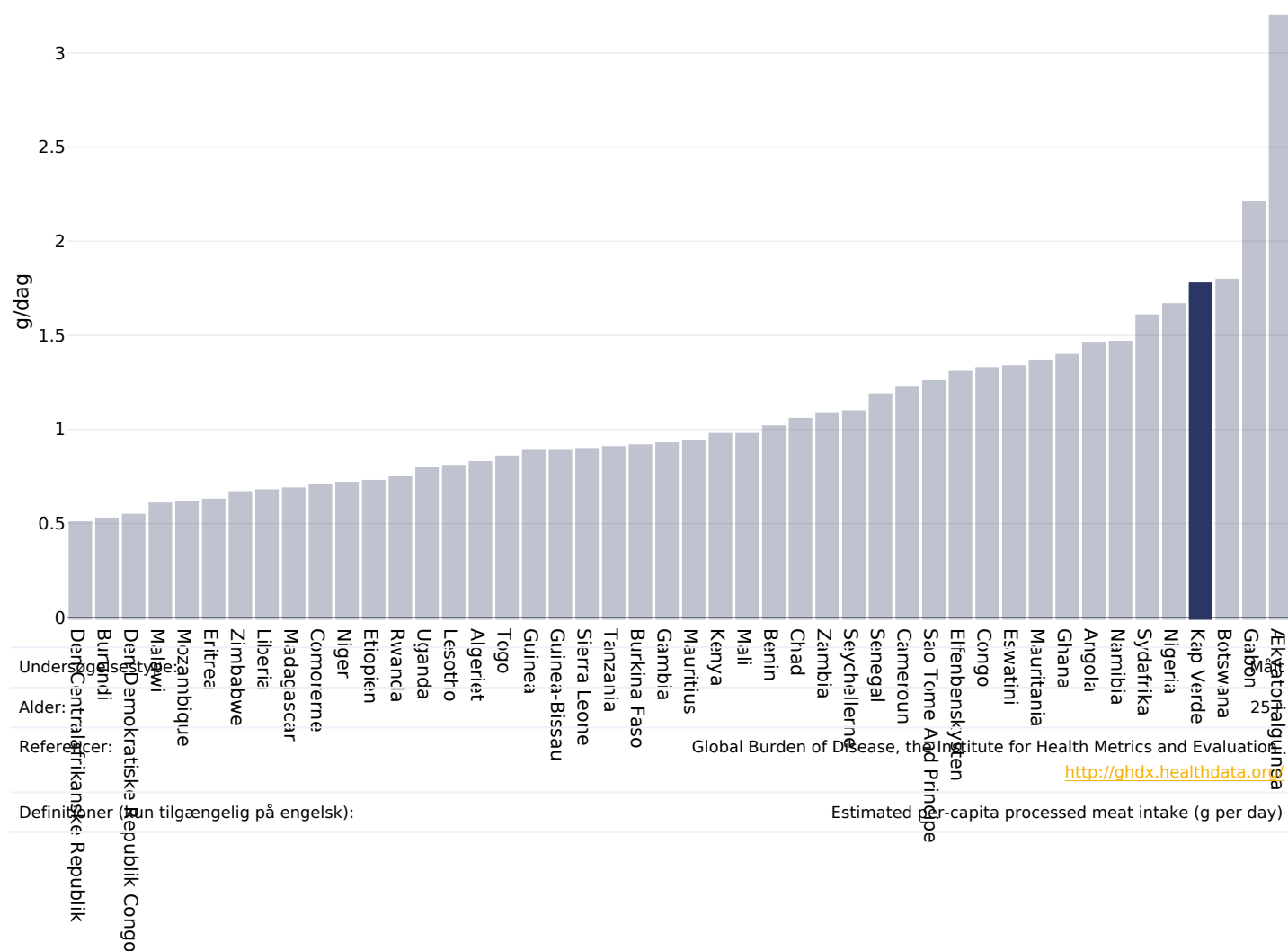
Estimated per capita fruit intake

Voksne, 2017



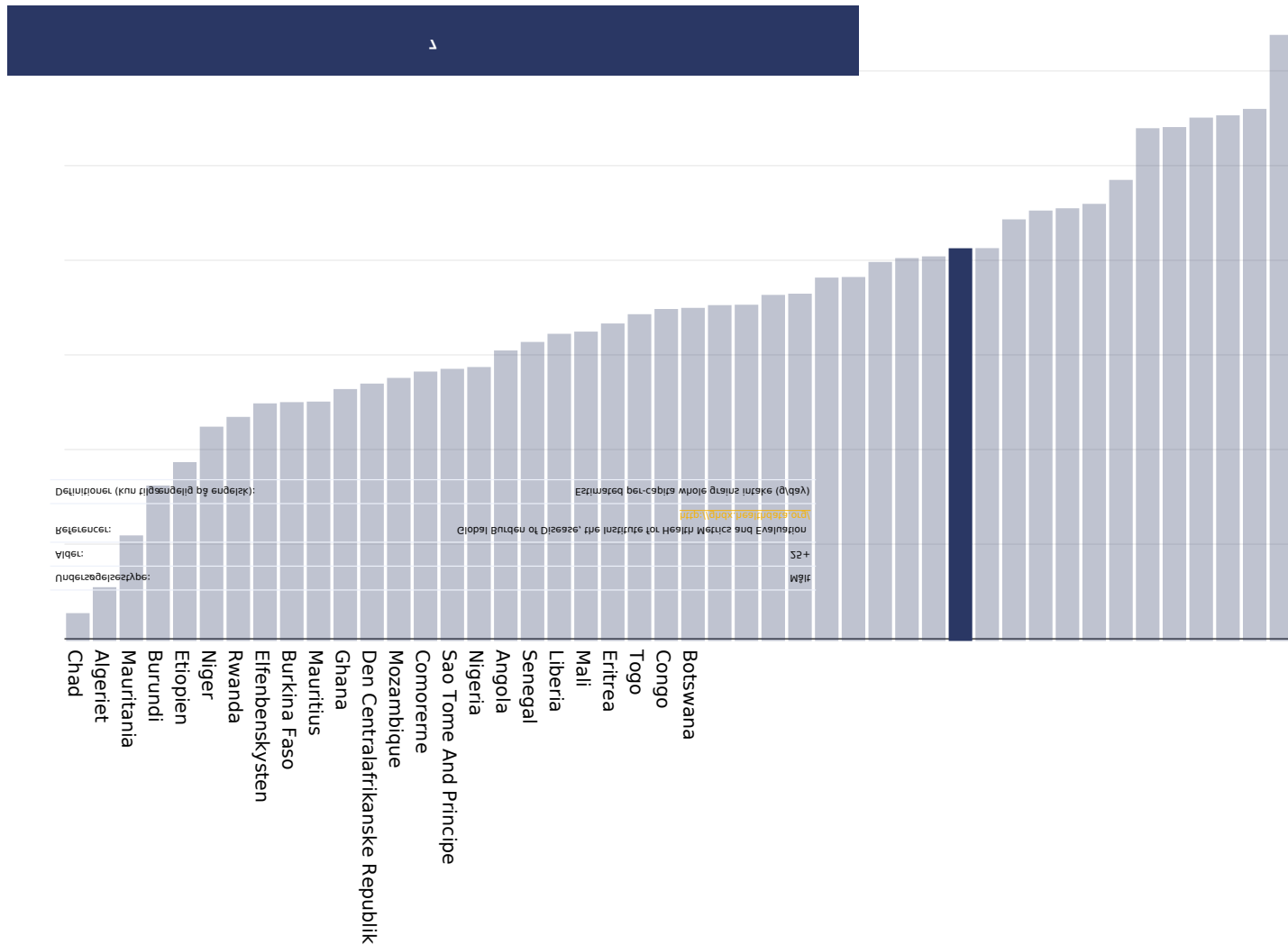
Anslået indtag af forarbejdet kød pr. indbygger

Voksne, 2017



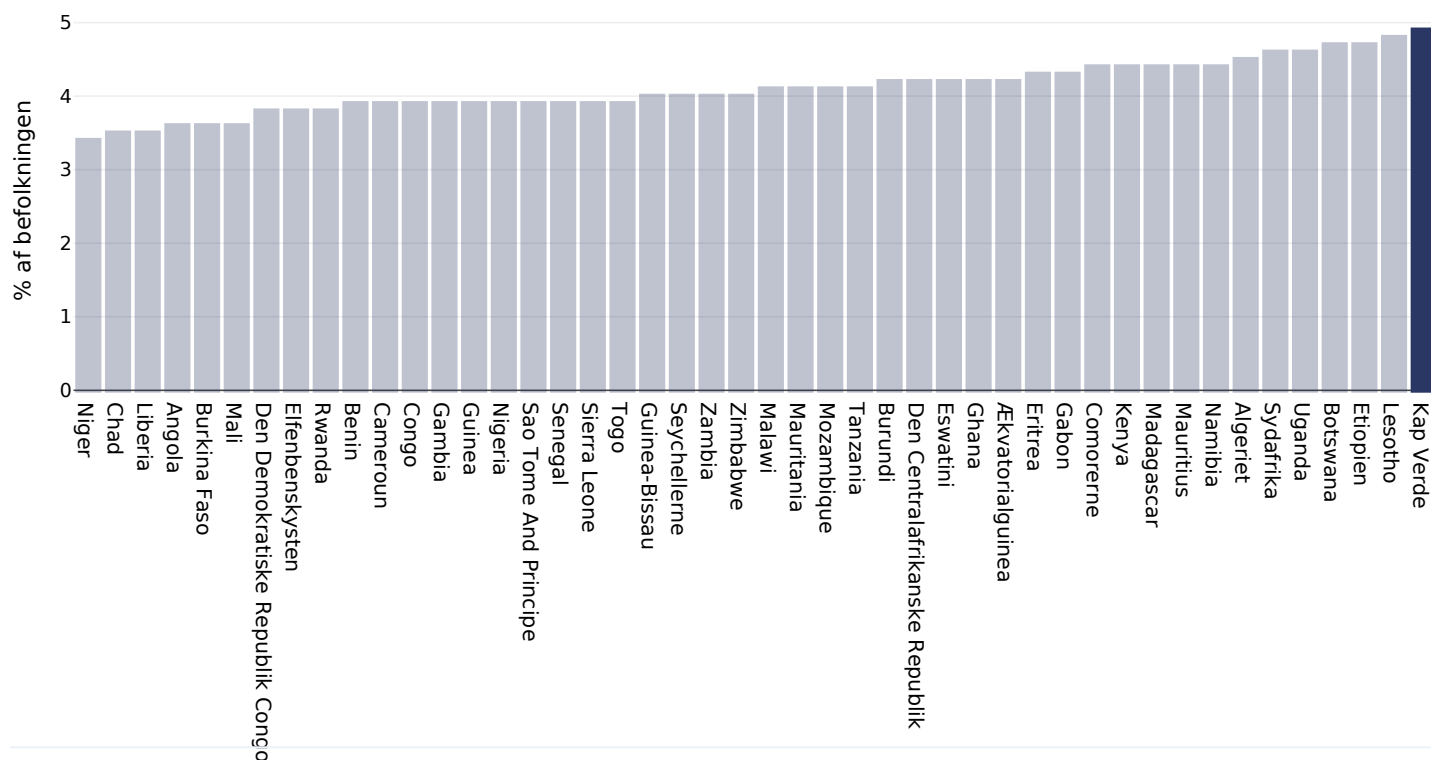
Estimated per capita whole grains intake

Voksne, 2017



Psykisk sundhed - depressionslidelser

Voksne, 2015



Referencer:

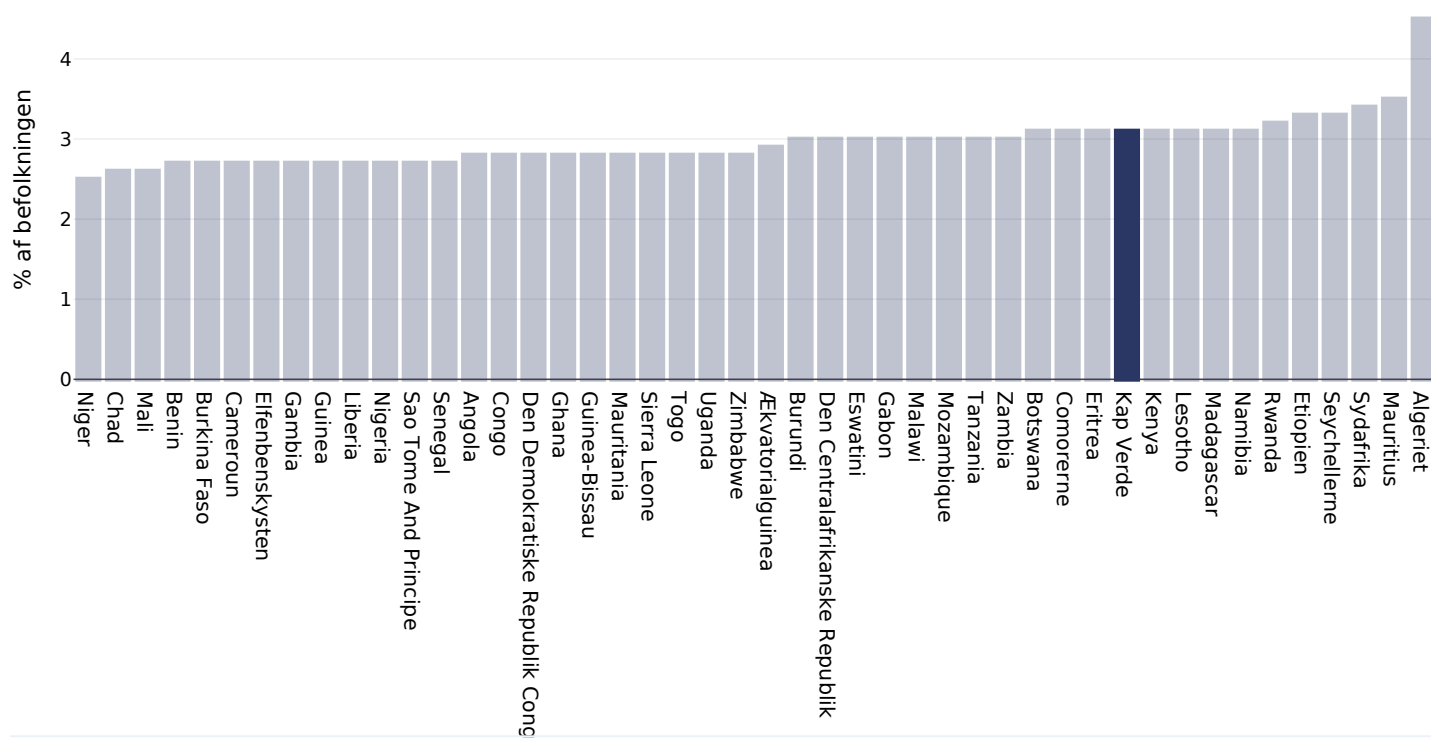
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitioner (kun tilgængelig på engelsk):

% of population with depression disorders

Psykisk sundhed - angstlidelser

Voksne, 2015



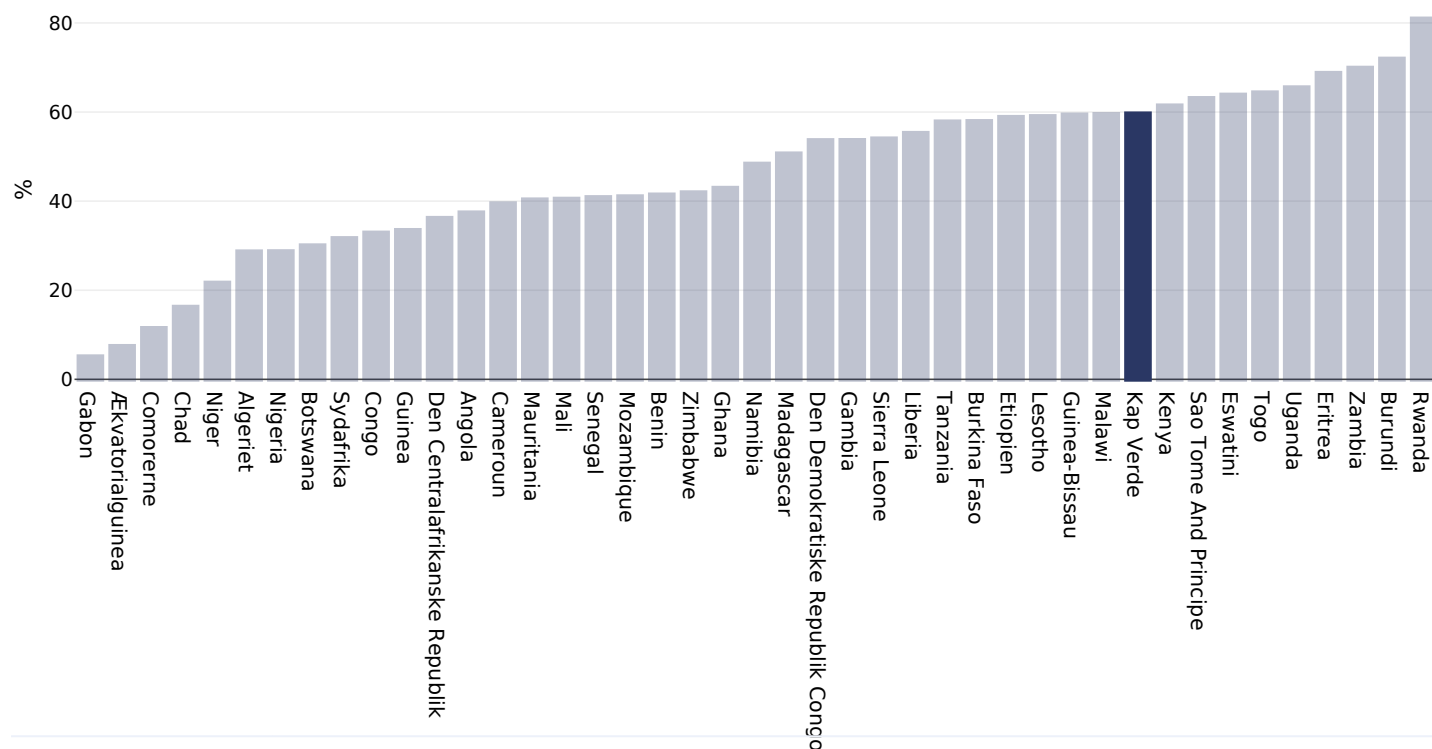
Referencer: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitioner (kun tilgængelig på engelsk):

% of population with anxiety disorders

% spædbørn, som udelukkende er ammet 0-5 måneder

Børn, 2005-2020



Area covered:

National

Referencer:

Segundo Inquérito Demográfico e de Saúde Reprodutiva, Cabo Verde, IDSR-II, 2005. Calverton, Maryland, USA: INE/Cabo Verde.

Noter (kun tilgængelige på engelsk):

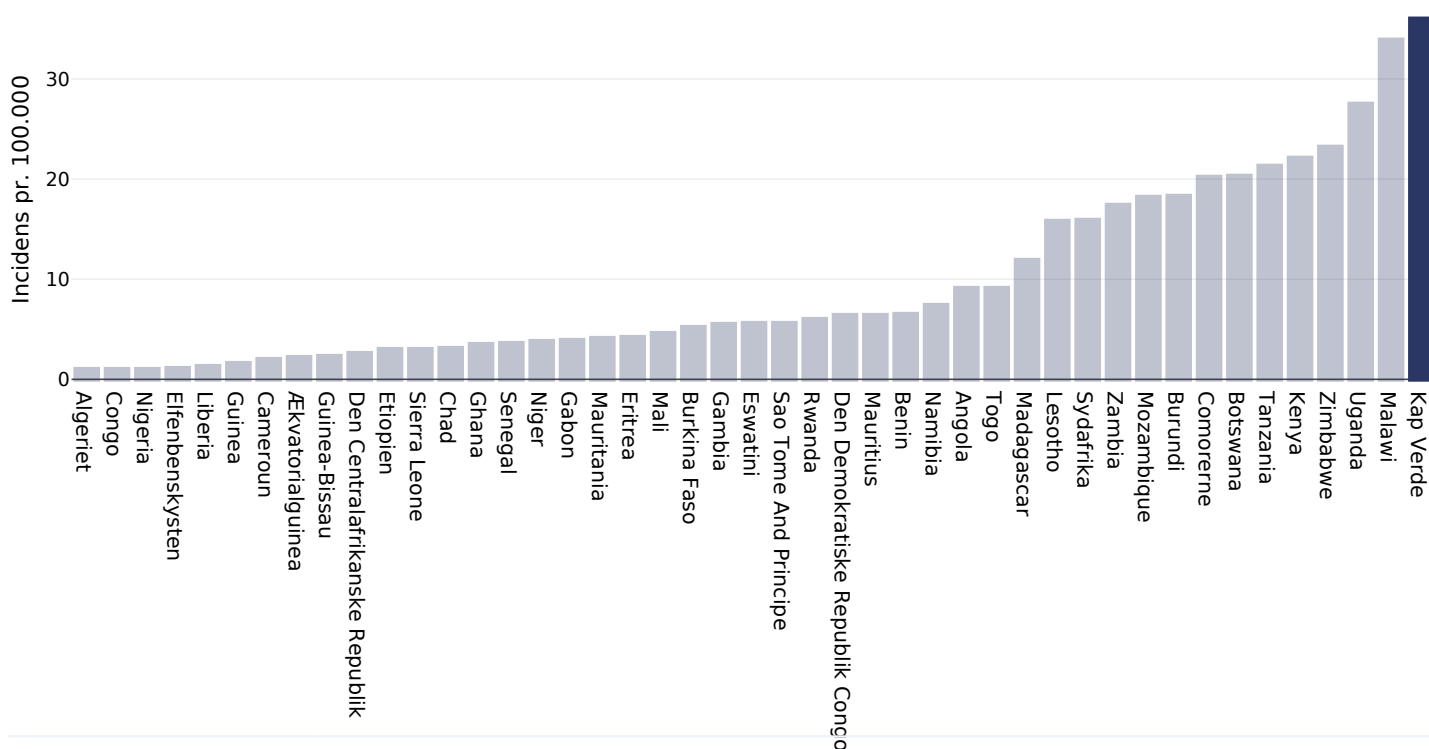
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definitioner (kun tilgængelig på engelsk):

% exclusively breastfed 0-5 months

Kræft i spiserøret

Mænd, 2020



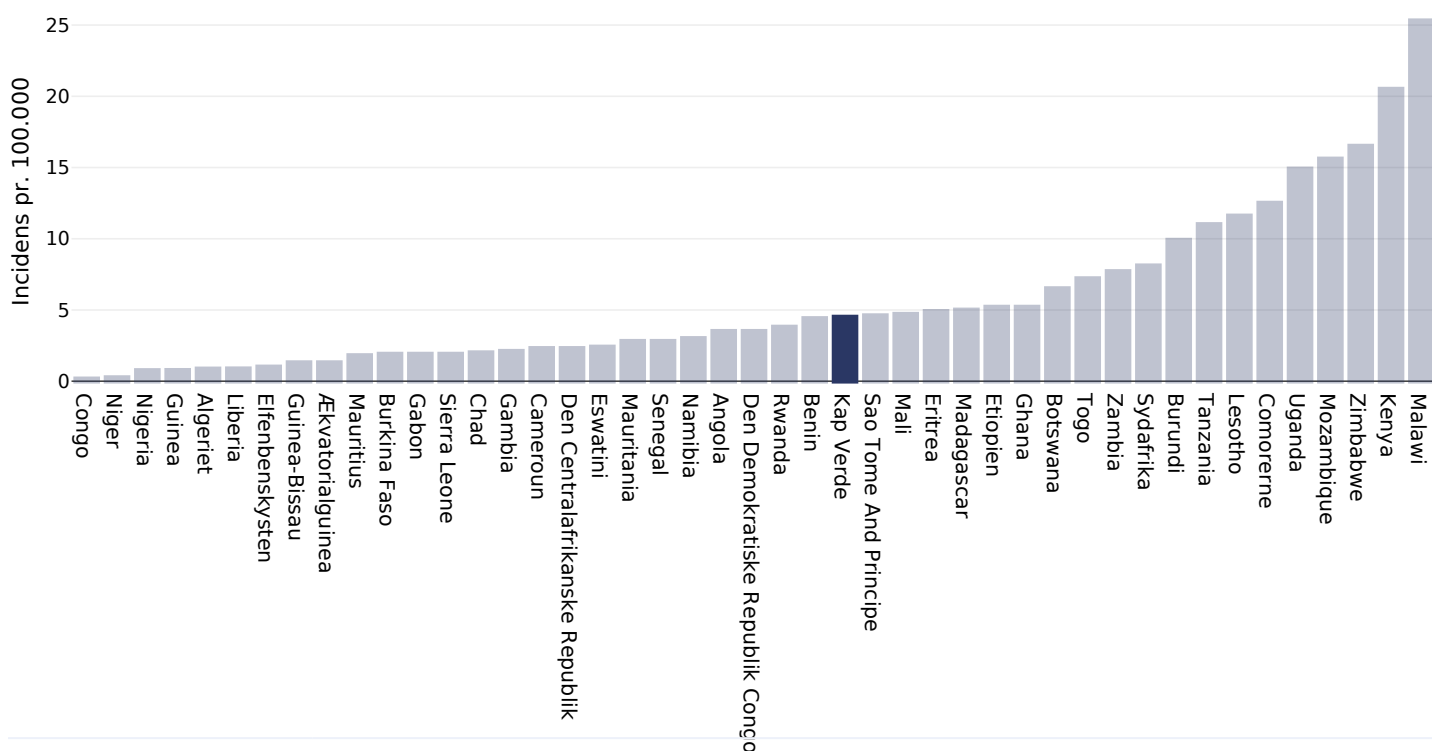
Alder: 20+

Area covered: National

Referencer: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (kun tilgængelig på engelsk): Age-standardized incidence rates per 100 000

Kvinder, 2020



Alder: 20+

Area covered: National

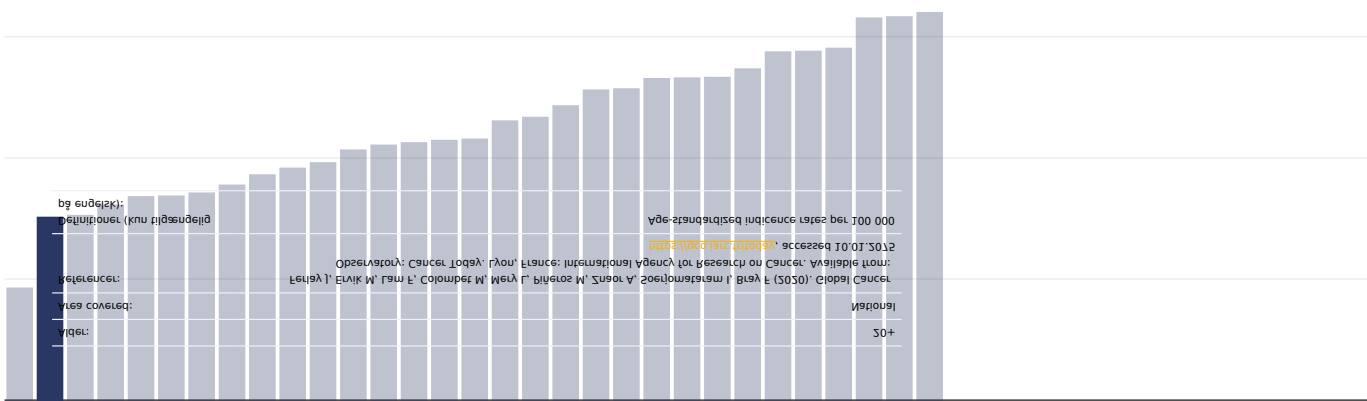
Referencer: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2075

Definitioner (kun tilgængelig på engelsk): Age-standardized incidence rates per 100 000

Brystkræft

Kvinder, 2020

13



Tarmkræft

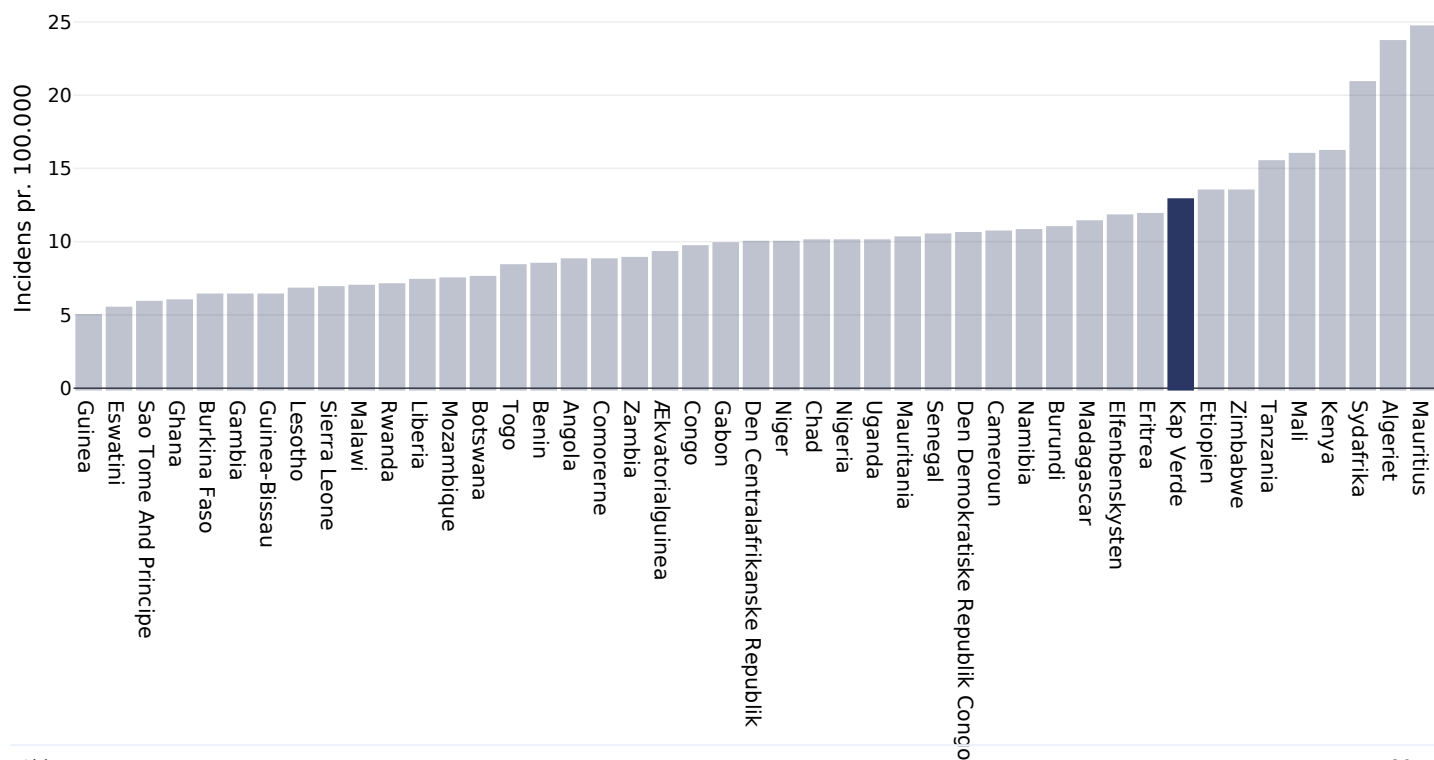
Mænd, 2020



14



Kvinder, 2020



Alder: 20+

Area covered: National

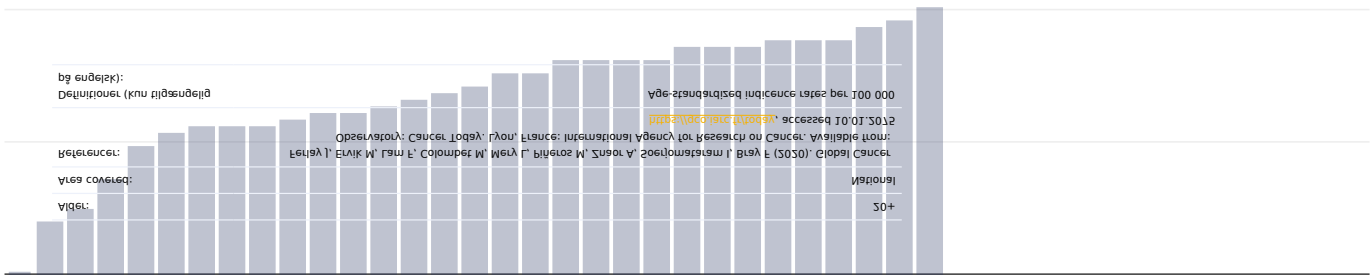
Referencer: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (kun tilgængelig på engelsk): Age-standardized incidence rates per 100 000

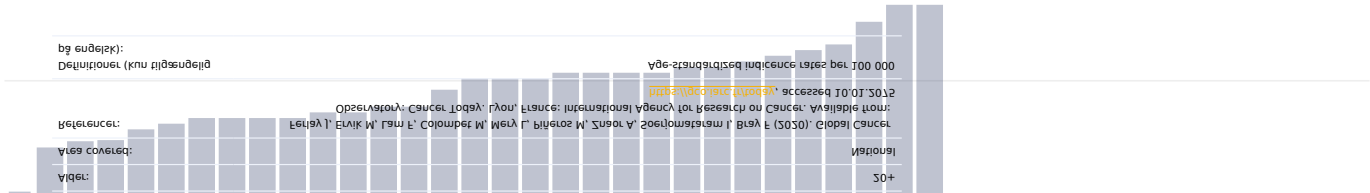
Kræft i bugspytkirtlen

Mænd, 2020

TE



Kvinder, 2020



Kræft i galdeblæren

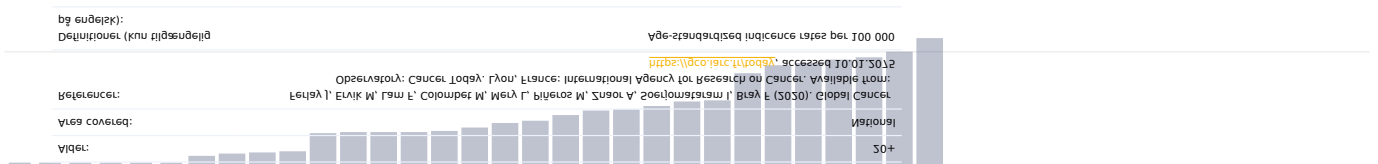
Mænd, 2020

18



Kvinder, 2020

19



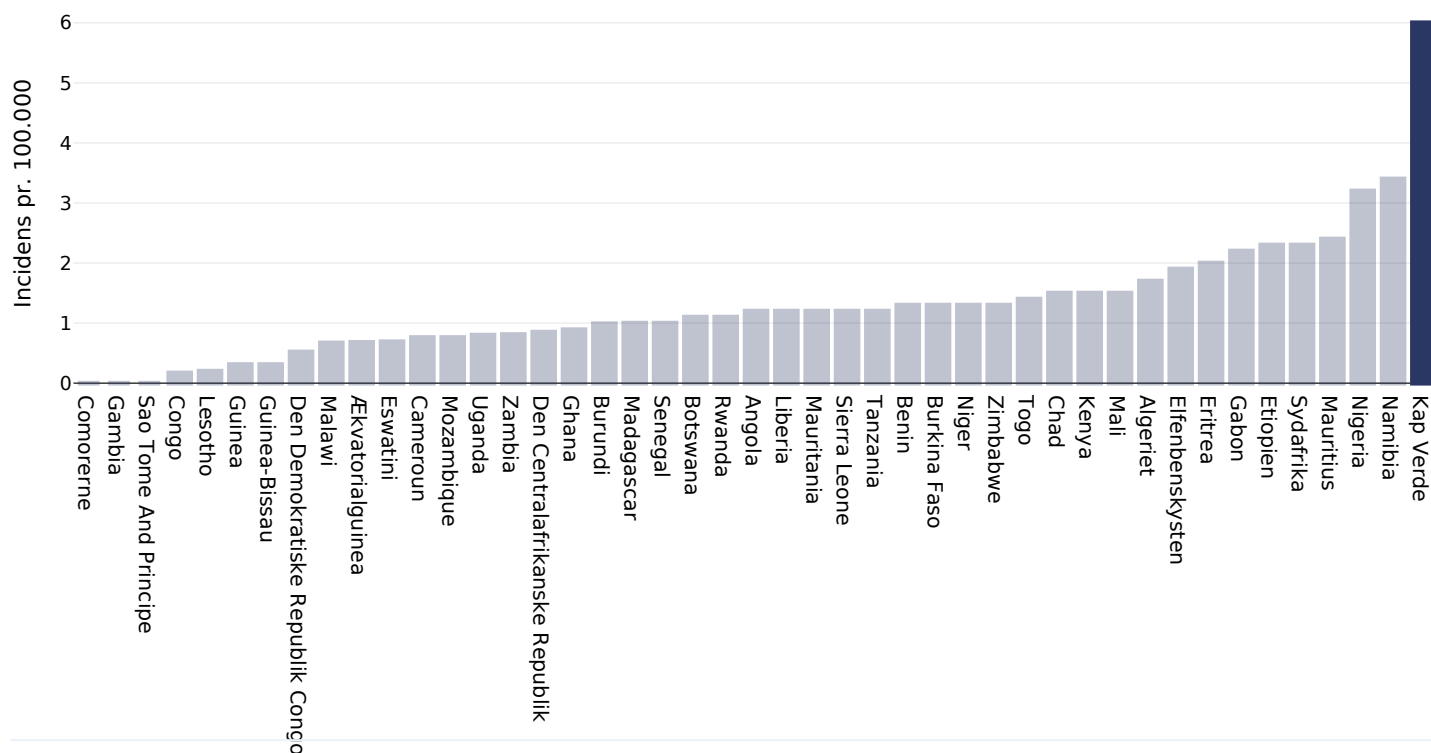
Nyrekraft

Mænd, 2020

50



Kvinder, 2020



Alder: 20+

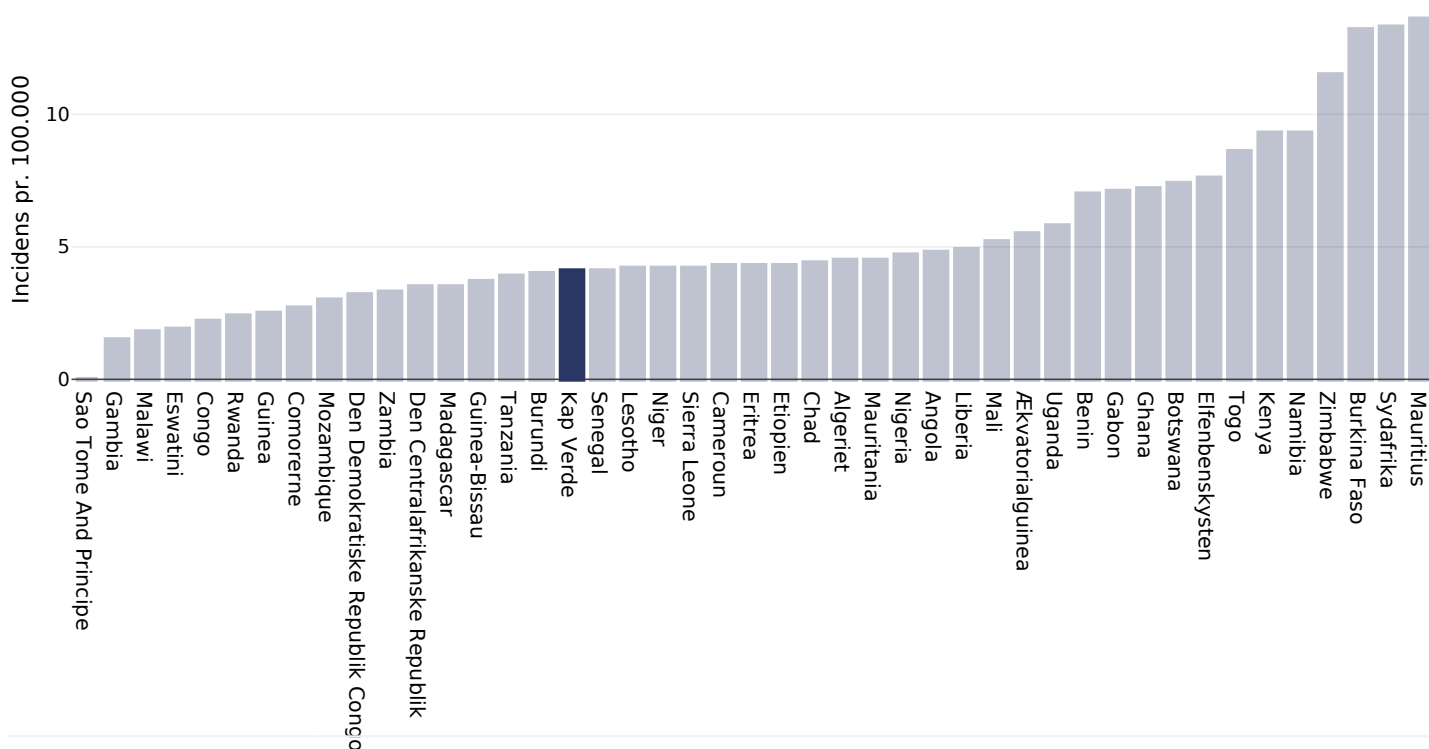
Area covered: National

Referencer: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (kun tilgængelig på engelsk): Age-standardized incidence rates per 100 000

Livmoderkraft

Kvinder, 2020



Alder: 20+

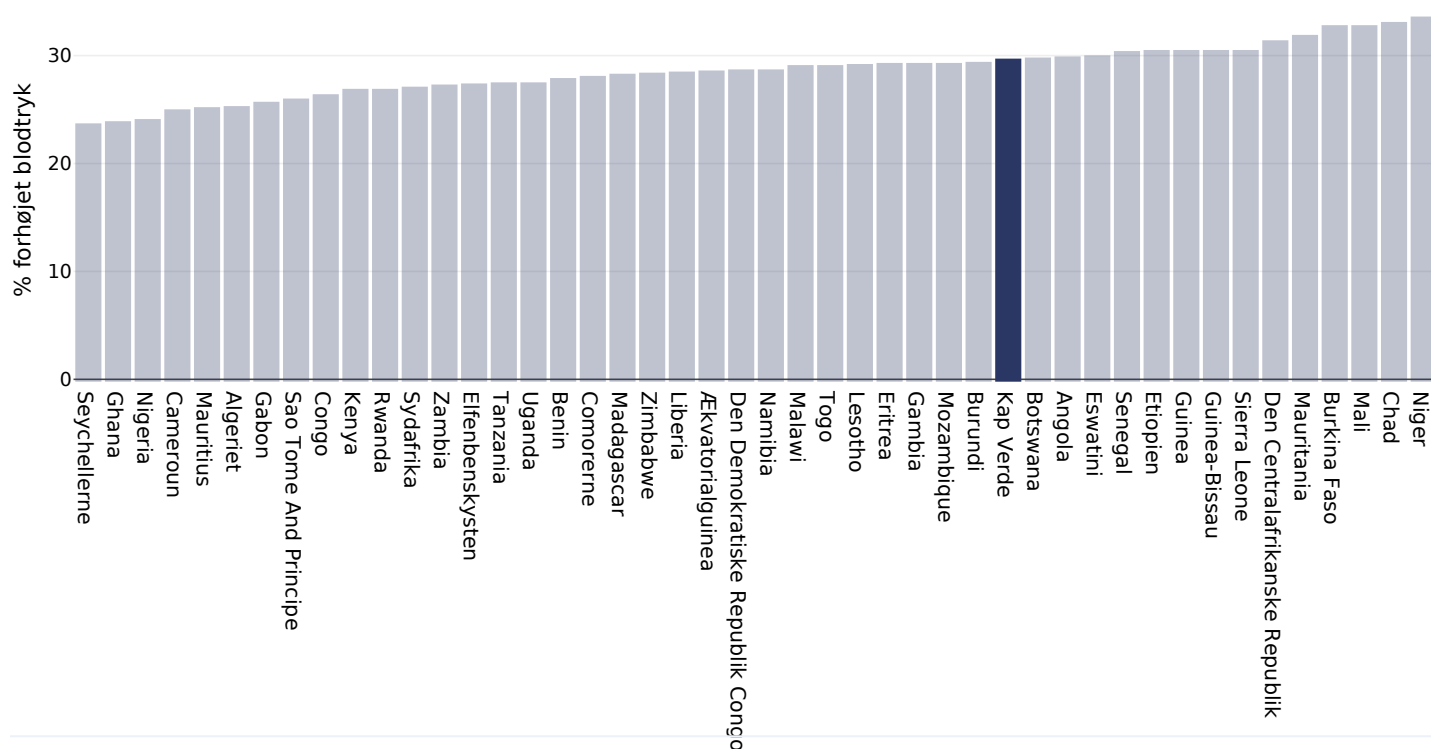
Area covered: National

Referencer: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2075

Definitioner (kun tilgængelig på engelsk): Age-standardized incidence rates per 100 000

Forhøjet blodtryk

Voksne, 2015



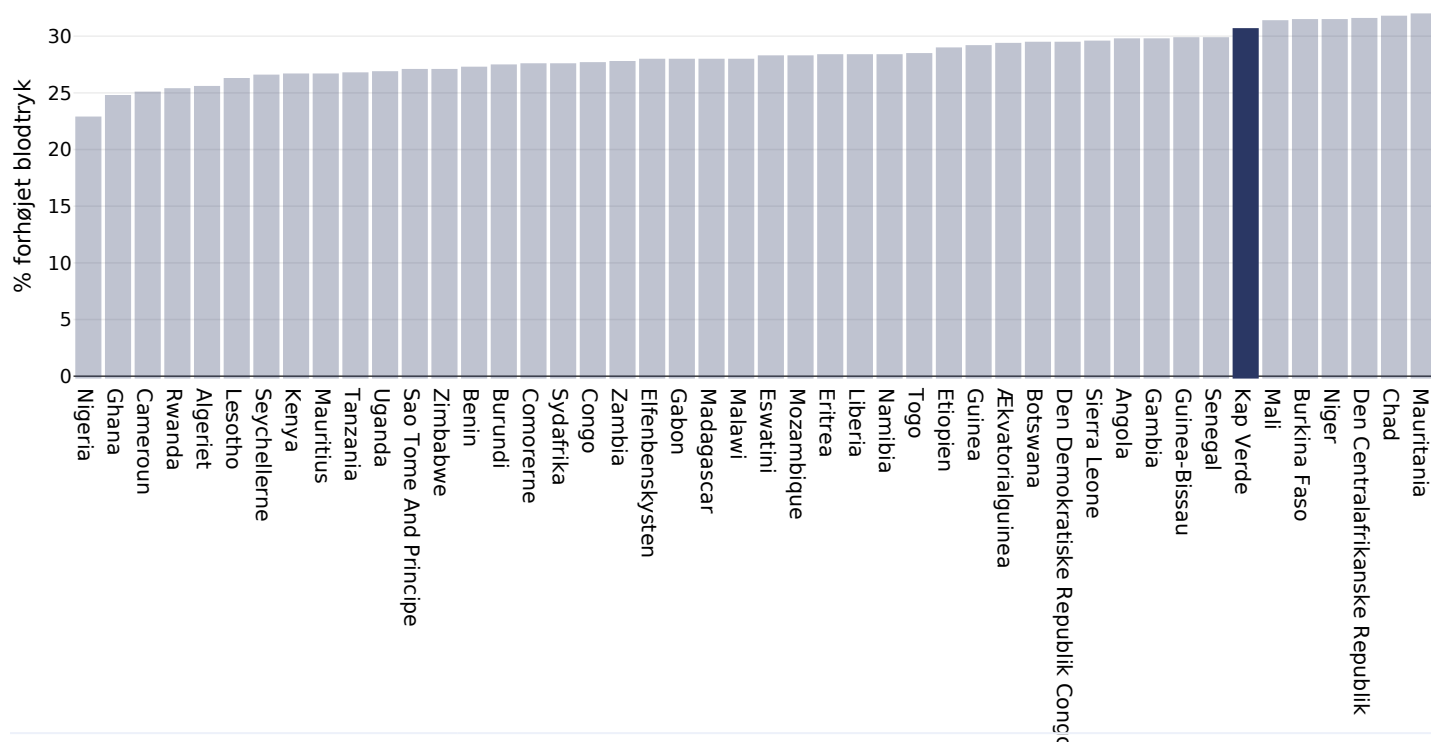
Referencer:

Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitioner (kun tilgængelig på engelsk):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Mænd, 2015



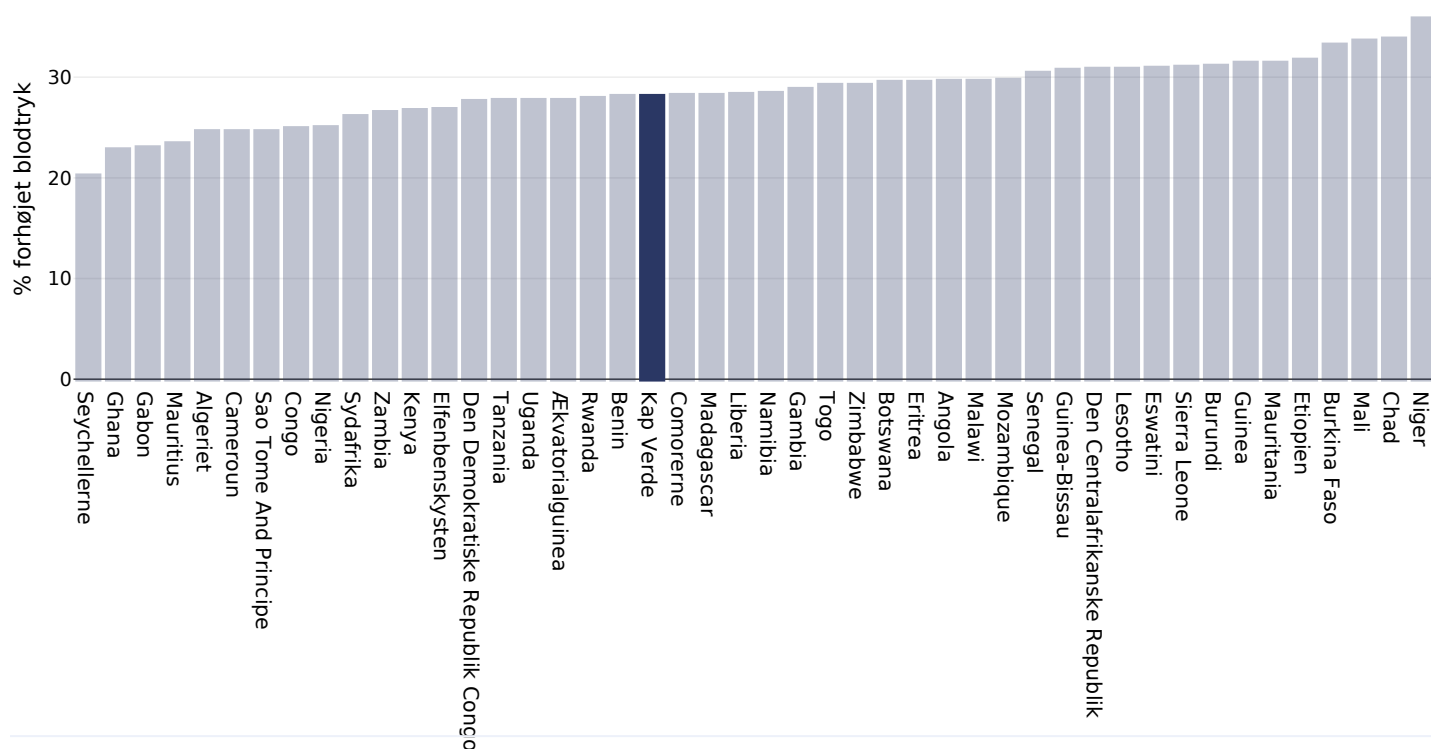
Referencer:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitioner (kun tilgængelig på engelsk):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Kvinder, 2015



Referencer:

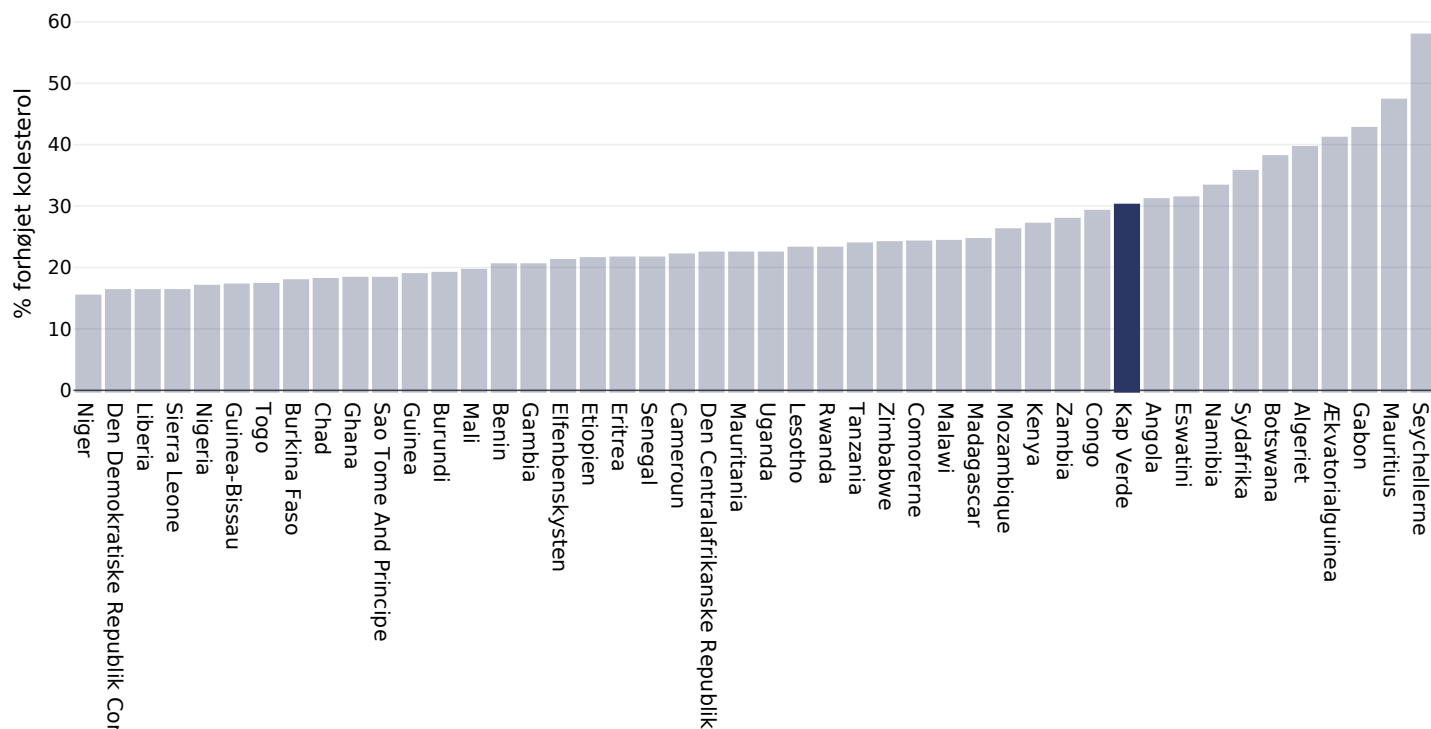
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitioner (kun tilgængelig på engelsk):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Forhøjet kolesterol

Voksne, 2008



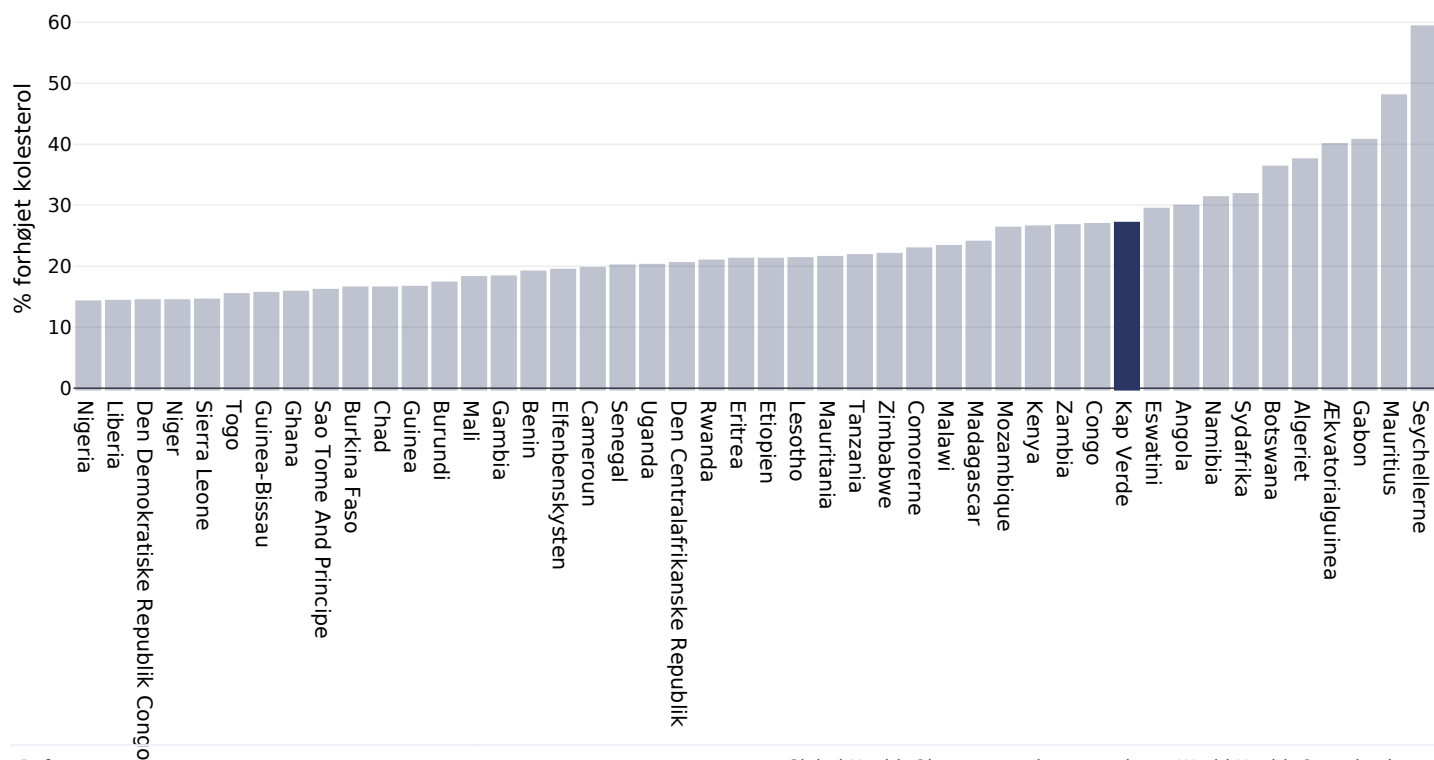
Referencer:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definitioner (kun tilgængelig på engelsk):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Mænd, 2008



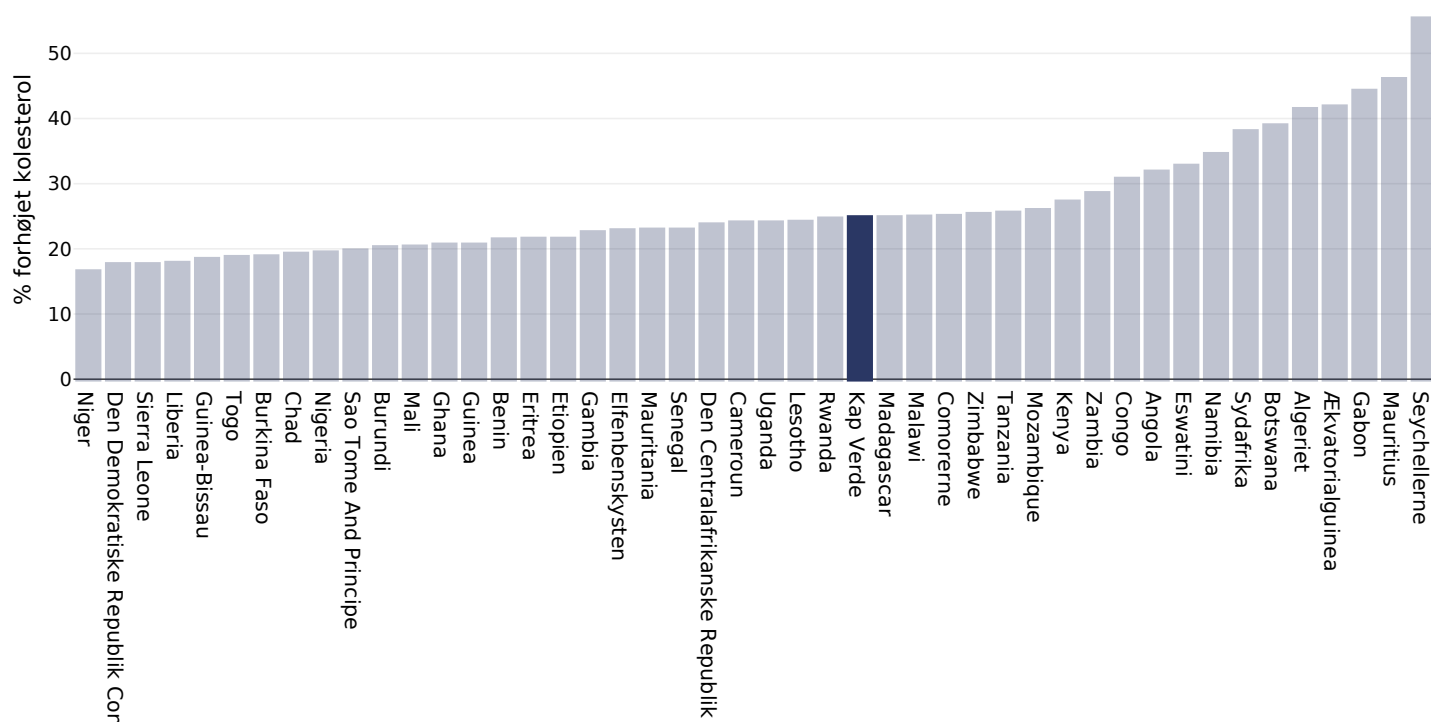
Referencer:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definitioner (kun tilgængelig på engelsk):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Kvinder, 2008



Referencer:

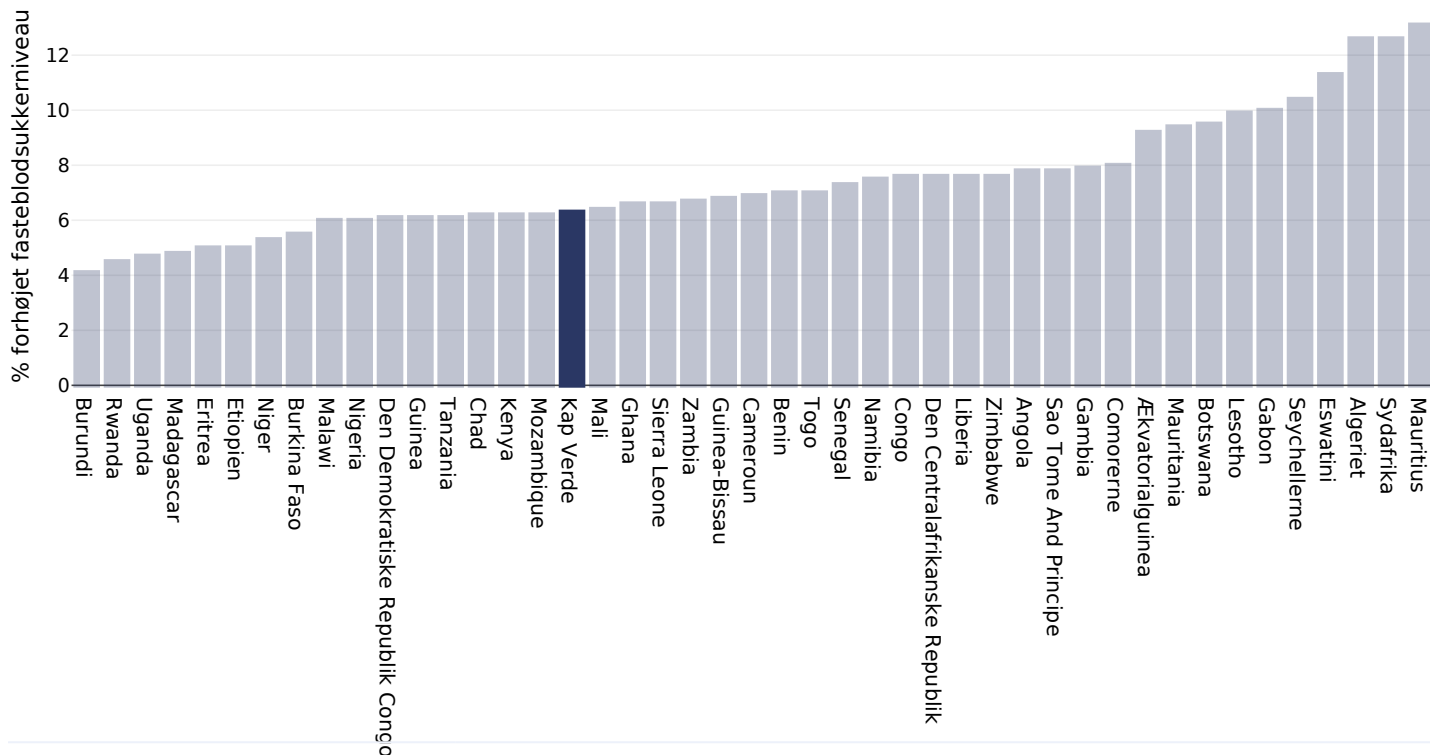
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definitioner (kun tilgængelig på engelsk):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Forhøjet fasteblodsukkniveau

Mænd, 2014



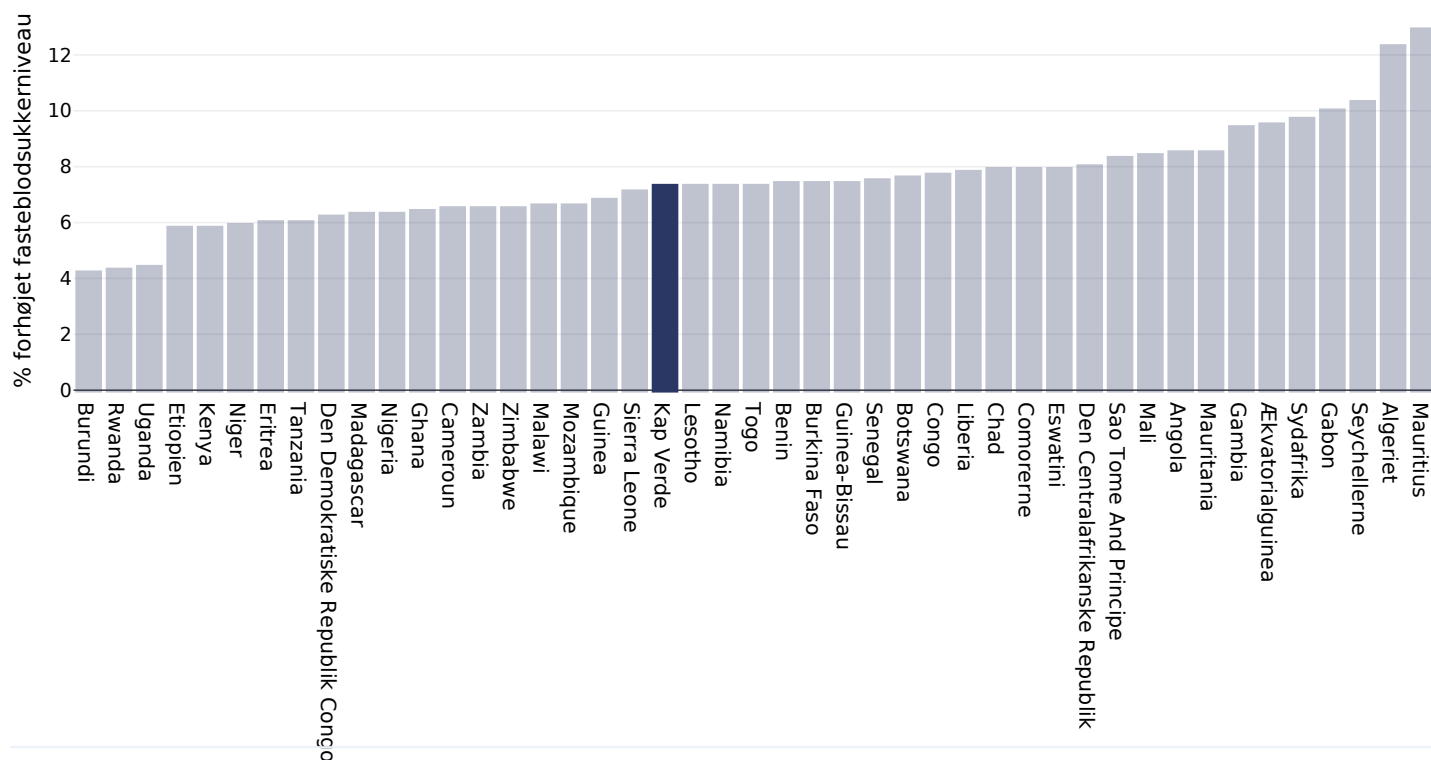
Referencer:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitioner (kun tilgængelig på engelsk):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Kvinder, 2014



Referencer:

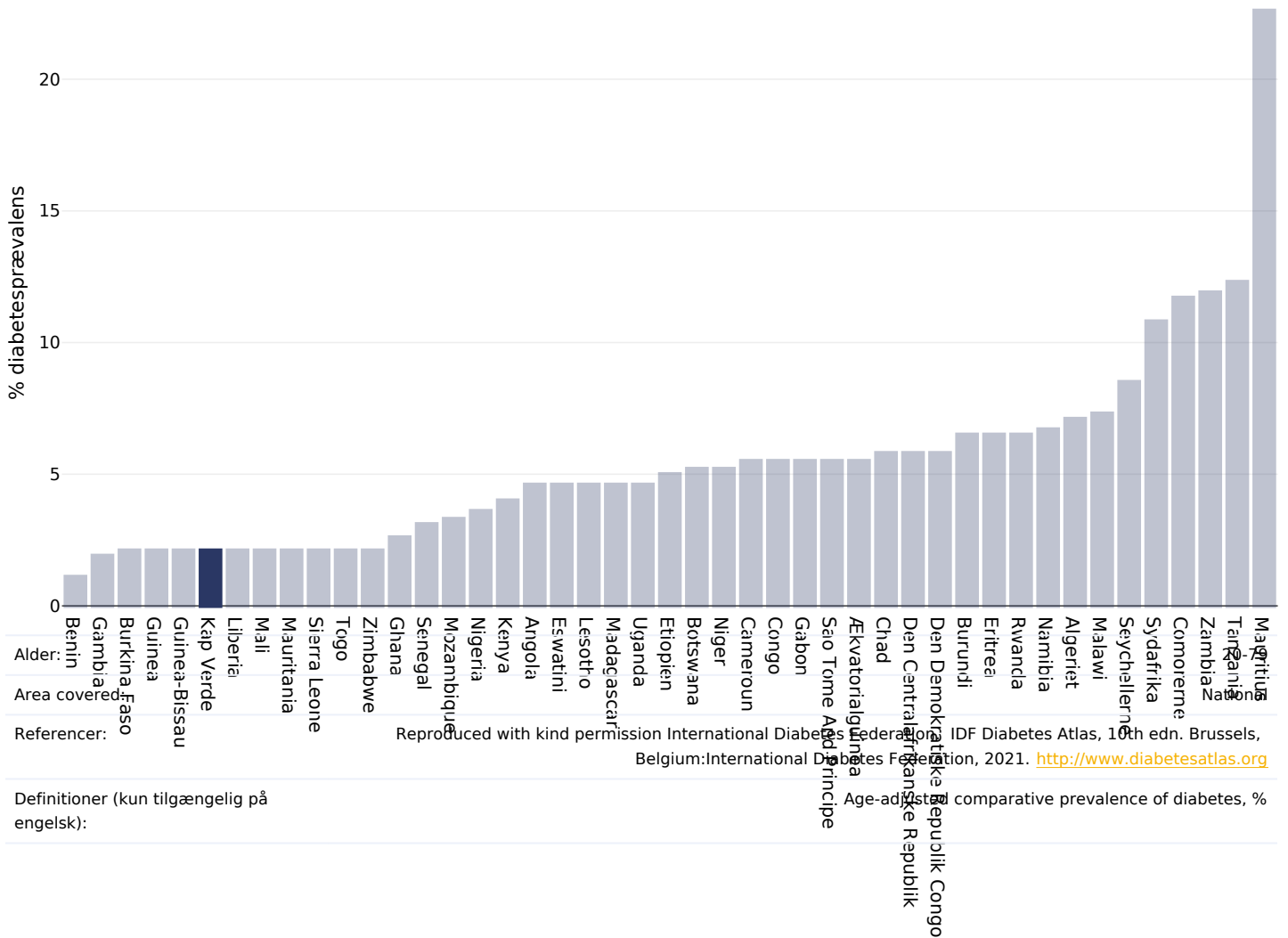
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitioner (kun tilgængelig på engelsk):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Diabetesprævalens

Voksne, 2021



Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



Regulation and marketing

Are there fiscal policies on unhealthy products?	✗
Tax on unhealthy foods?	✗
Tax on unhealthy drinks?	✗
Are there fiscal policies on healthy products?	✗
Subsidy on fruits?	✗
Subsidy on vegetables?	✗
Subsidy on other healthy products?	✗
Mandatory limit or ban of trans fat (all settings)?	✓
Mandatory limit of trans fats in place (all settings)?	✓
Ban on trans-fats or phos in place (all settings)?	✗
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Mandatory restriction on broadcast media?	✗
Mandatory restriction on non-broadcast media?	✗
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Are there mandatory standards for food in schools?	✓
Are there any mandatory nutrient limits in any manufactured food products?	✗
Nutrition standards for public sector procurement?	✗



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✓
National obesity strategy?	✗
National childhood obesity strategy?	✓
Comprehensive nutrition strategy?	✓
Comprehensive physical activity strategy?	✓
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✗
Guidelines/policy on obesity treatment?	✗
Promotion of breastfeeding?	✓



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✗



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✓
--	---

Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

Last updated September 13, 2022

PDF created on May 18, 2024