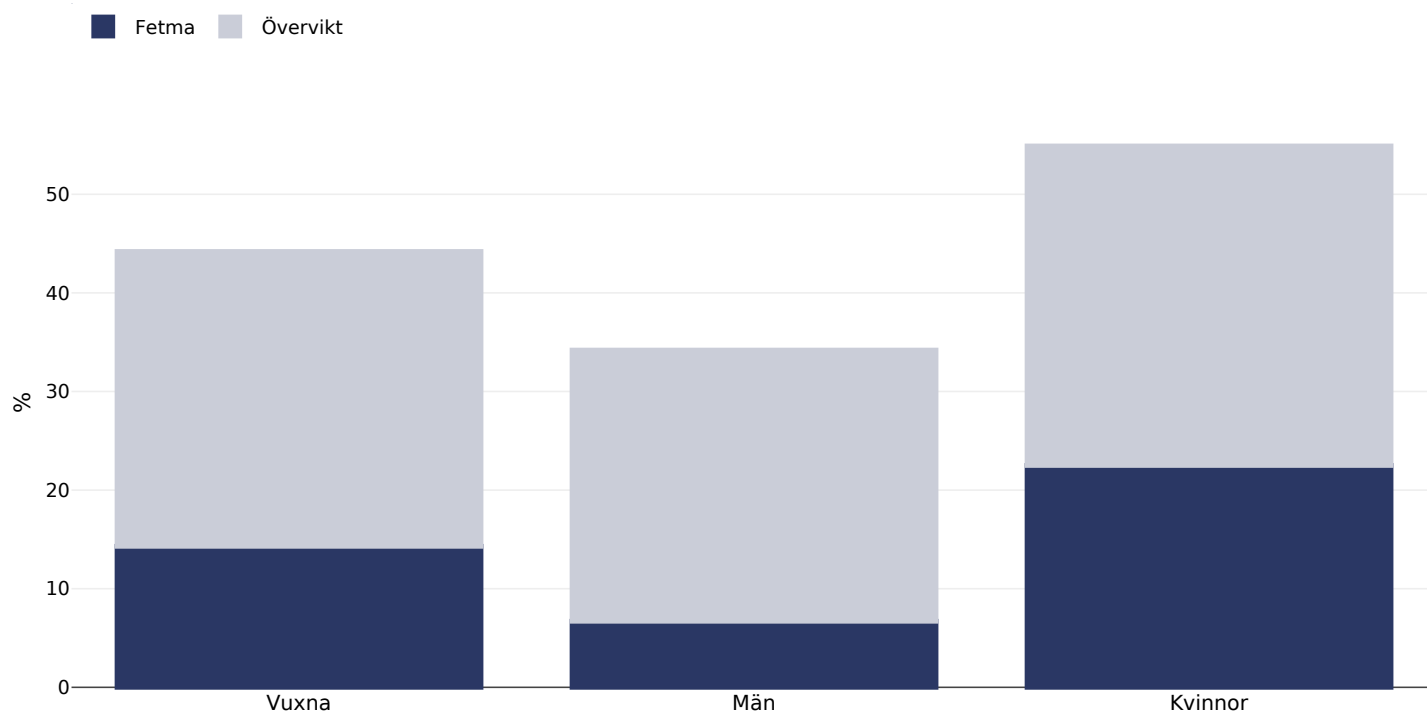


Report card Kap Verde



Förekomst av fetma

Vuxna, 2020

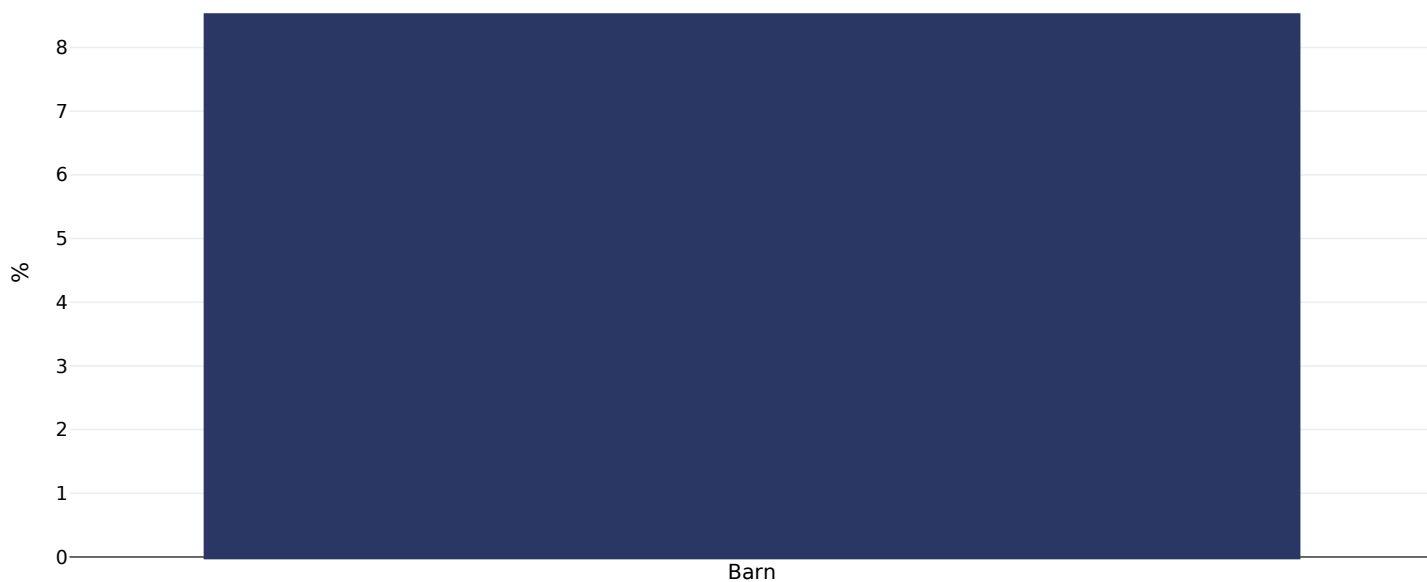


Undersökningstyp:	Uppmätt
Ålder:	18-69
Urvalsstorlek:	4563
Område som omfattas:	Nationell
Referenser:	2020 STEPS Fact Sheet Cabo Verde Available at: https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/cabo-verde/fact-sheet_cabo-verde_final_ing_01-03-2022.pdf?sfvrsn=bc7b4559_1&download=true (last accessed 13-2-23)

Om inte annat anges avser övervikt ett BMI mellan 25 kg och 29,9 kg/m², fetma avser ett BMI högre än 30 kg/m².

Barn, 2001-2002

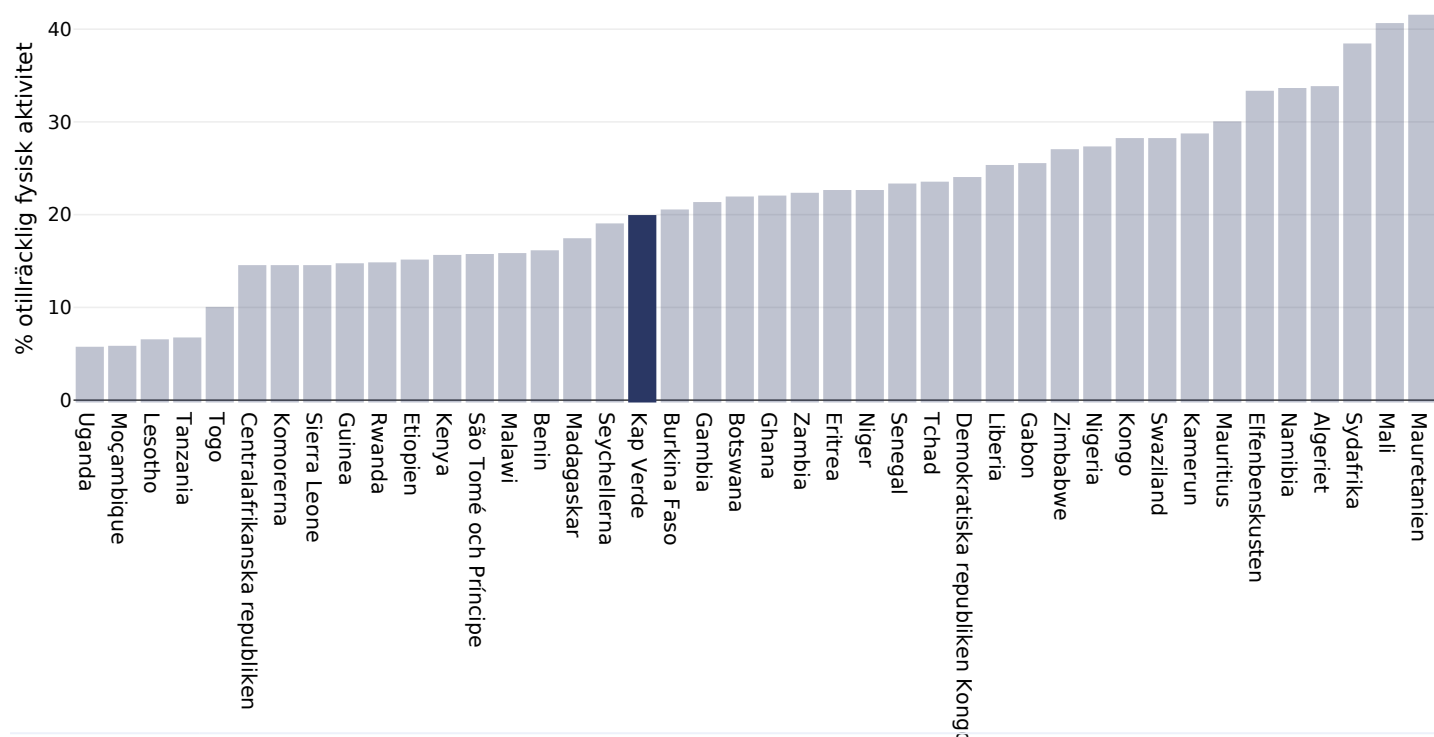
■ Övervikt eller fetma



Undersökningstyp:	Uppmätt
Ålder:	10-17
Urvalsstorlek:	2175
Område som omfattas:	Nationell
Referenser:	Dop MC, Pereira C, Mistura L, Martinex C & Cardoso E. Using Household Consumption and Expenditures Survey (HCES) Data to Assess Dietary Intake in Relation to the Nutrition Transition: A Case Study from Cape Verde. Food and Nutrition Bulletin 2012, Vol 33, Issue 3_suppl2, pp. S221 - S227
Anteckningar:	WHO Cut off 85th Centile
Cutoffs:	WHO

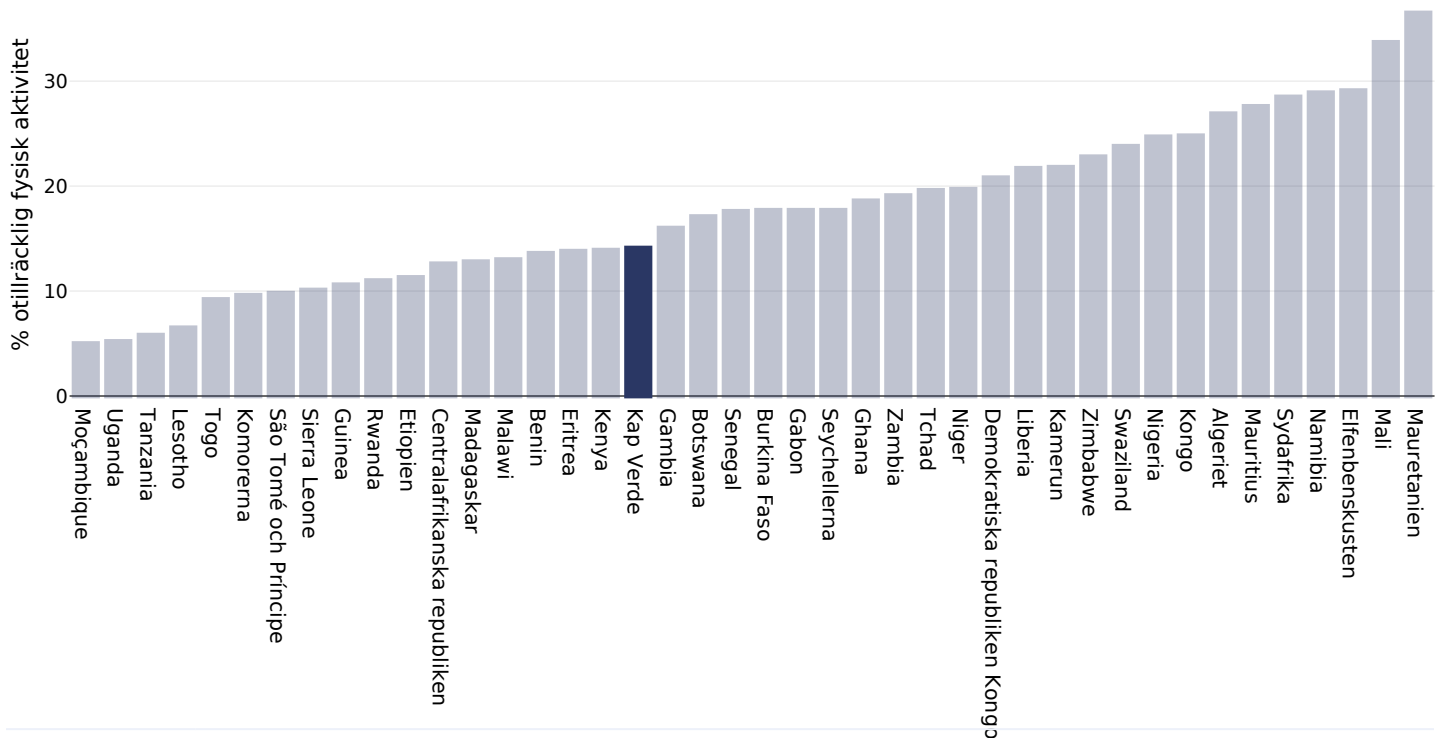
Otillräcklig fysisk aktivitet

Vuxna, 2016



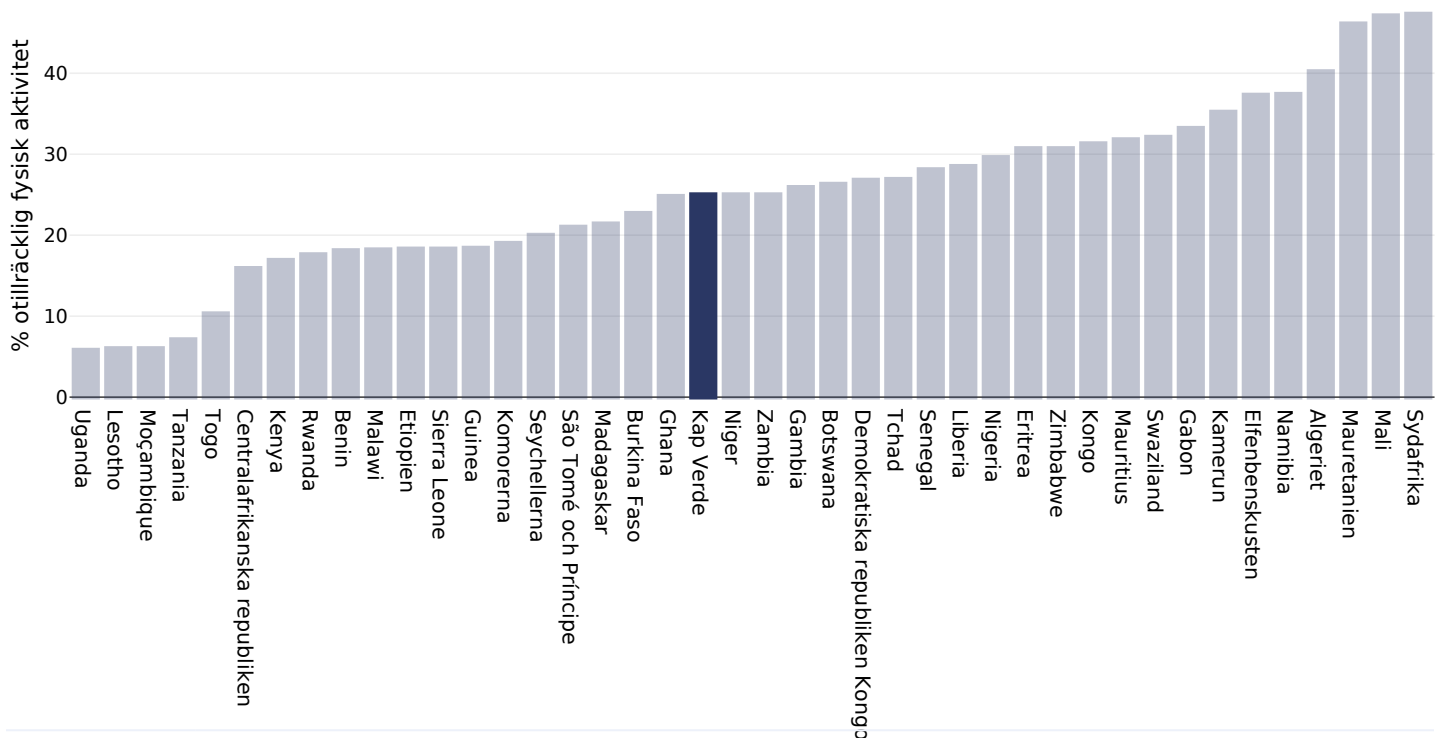
Referenser: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Män, 2016



Referenser: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

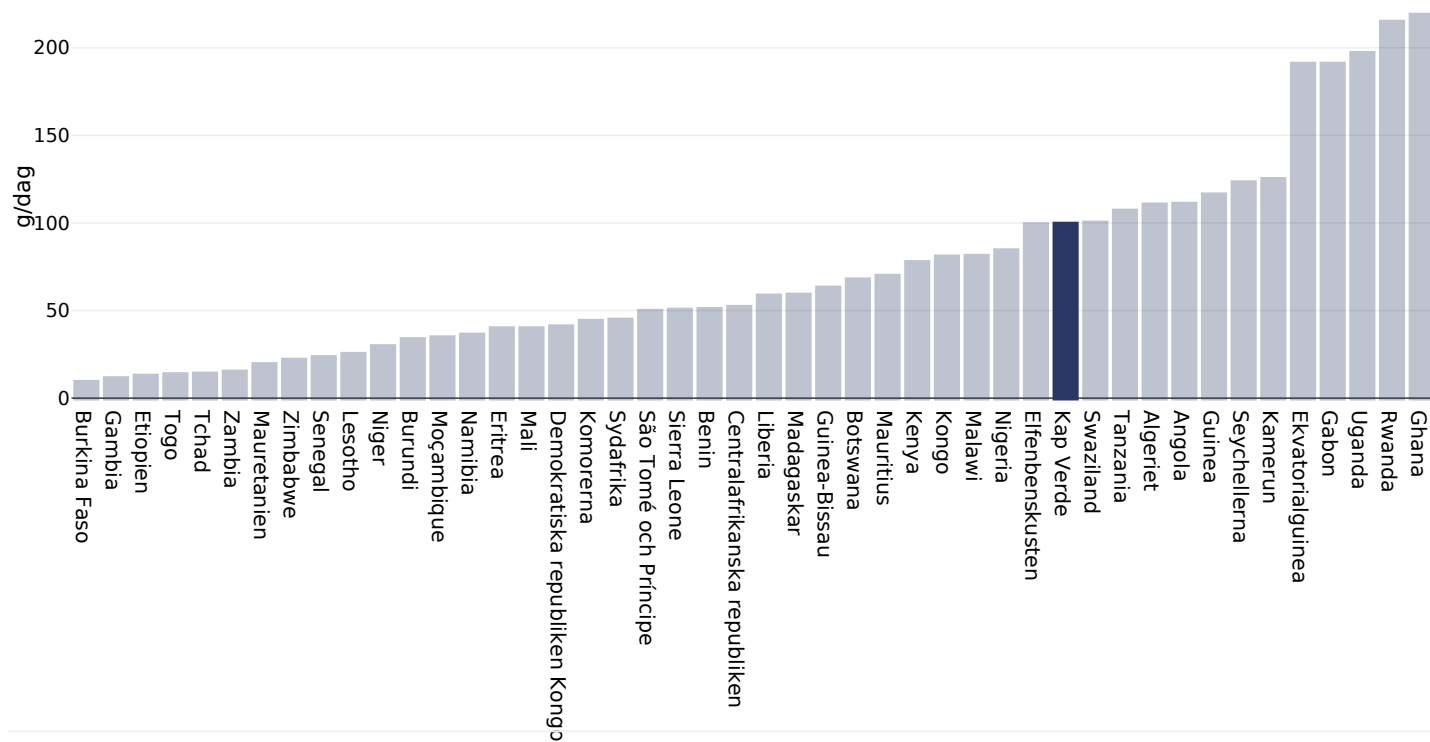
Kvinnor, 2016



Referenser: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Estimated per capita fruit intake

Vuxna, 2017



Undersökningstyp:

Uppmätt

Ålder:

25+

Referenser:

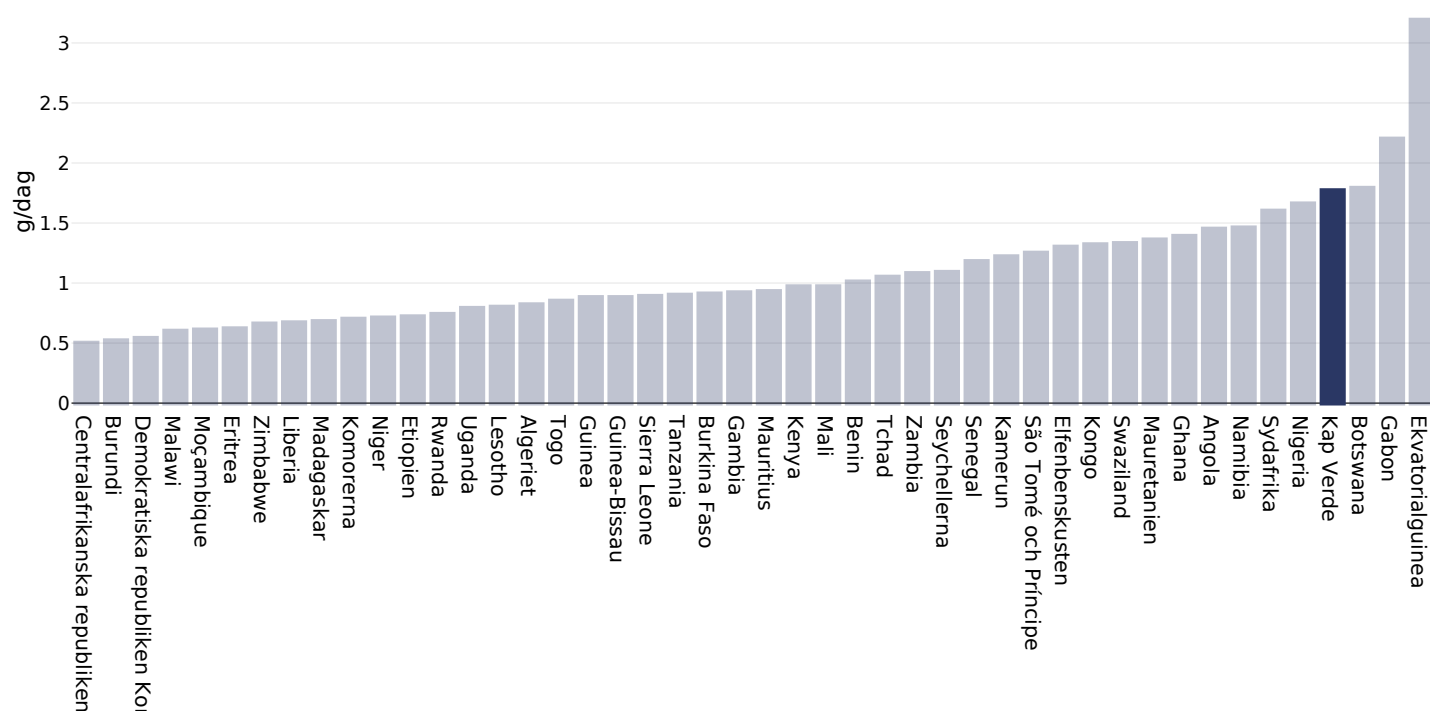
Global Burden of Disease, the Institute for Health Metrics and Evaluation
<http://ghdx.healthdata.org/>

Definitioner (endast tillgängliga på engelska):

Estimated per-capita fruit intake (g/day)

Uppskattat intag av kött per capita

Vuxna, 2017



Undersökningstyp:

Uppmätt

Ålder:

25+

Referenser:

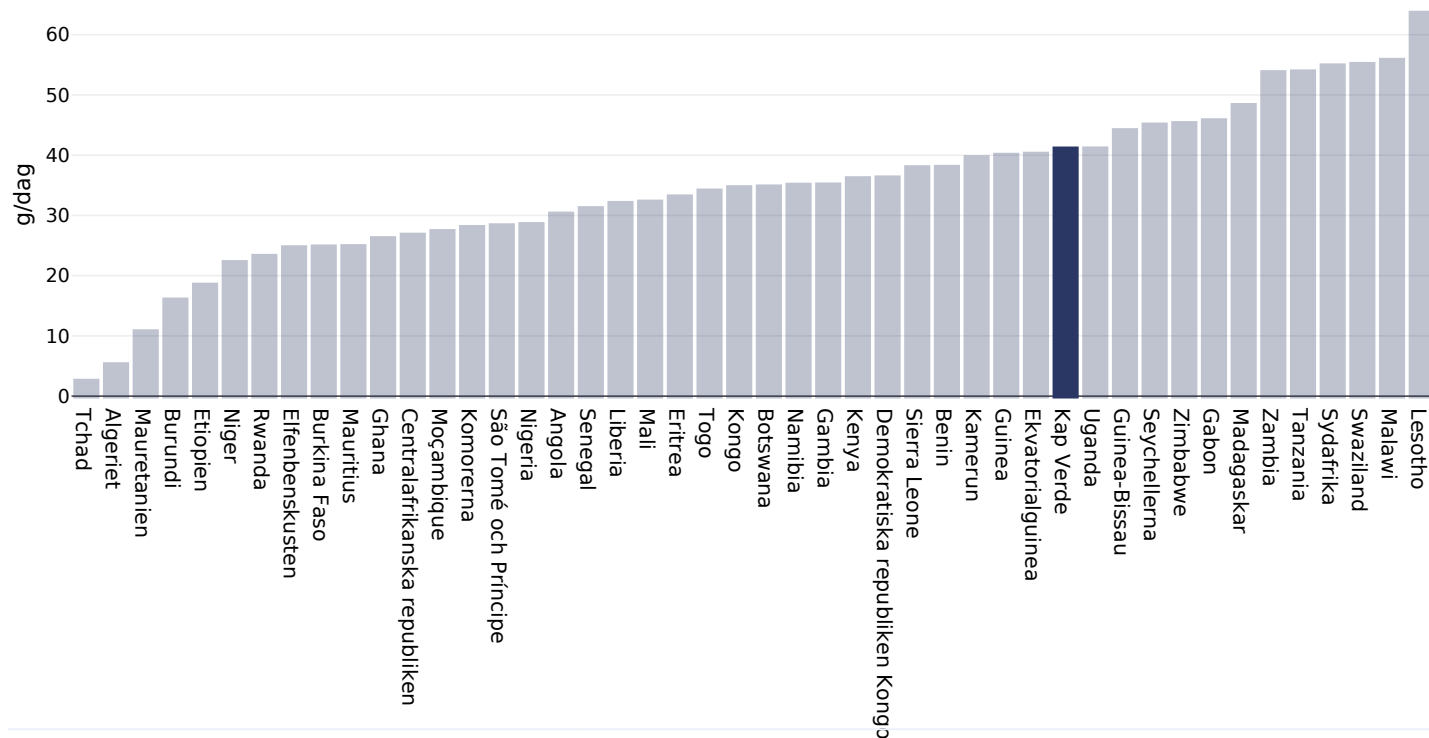
Global Burden of Disease, the Institute for Health Metrics and Evaluation
<http://ghdx.healthdata.org/>

Definitioner (endast tillgängliga på engelska):

Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Vuxna, 2017



Undersökningstyp:

Uppmätt

Ålder:

25+

Referenser:

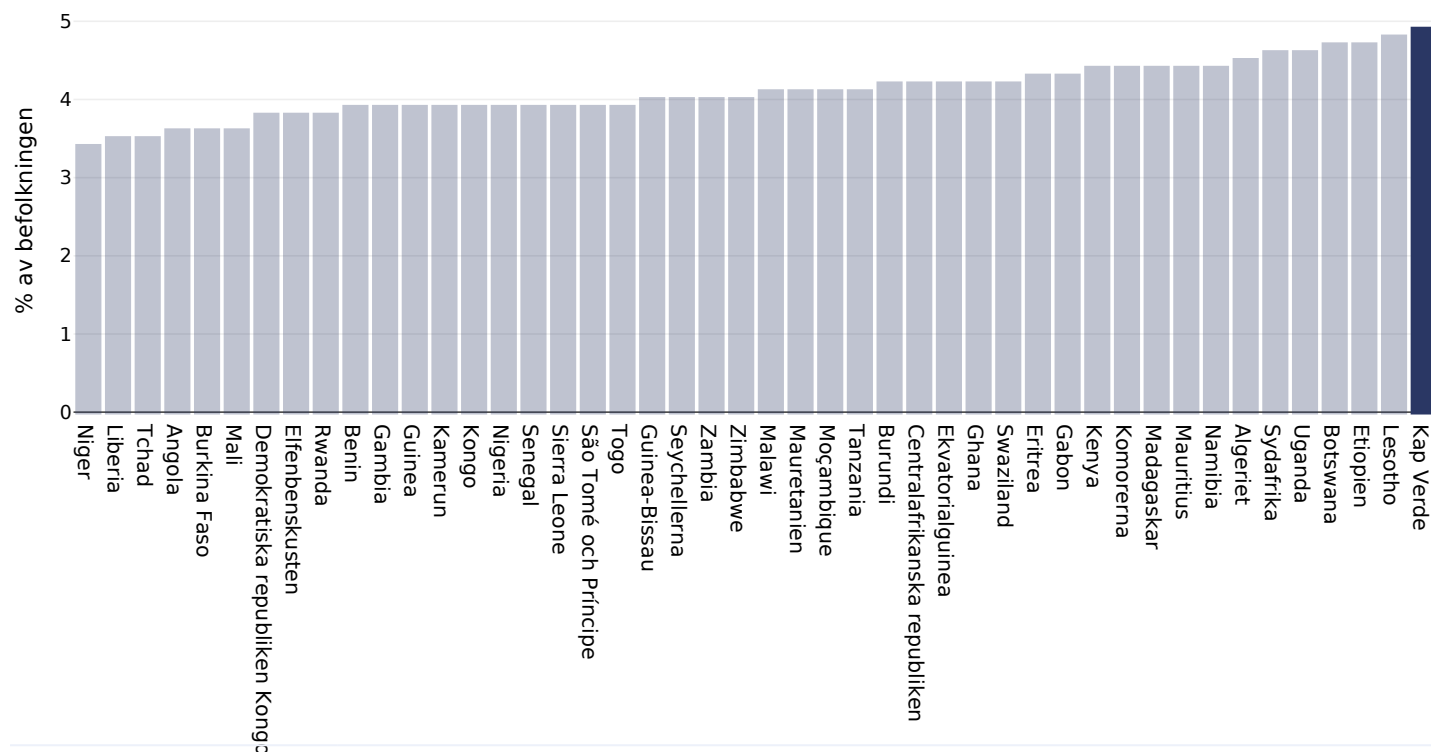
Global Burden of Disease, the Institute for Health Metrics and Evaluation
<http://ghdx.healthdata.org/>

Definitioner (endast tillgängliga på engelska):

Estimated per-capita whole grains intake (g/day)

Psykisk hälsa - depression

Vuxna, 2015



Referenser:

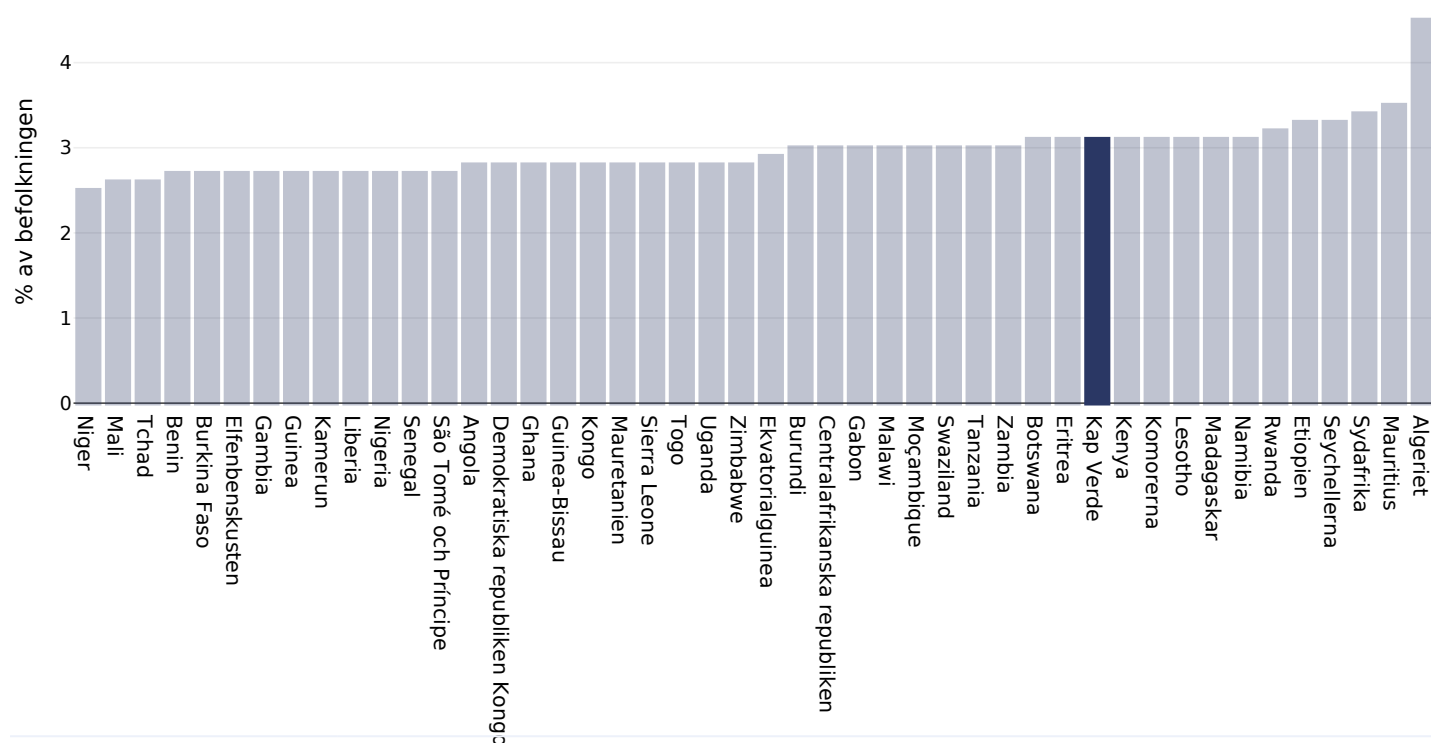
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitioner (endast tillgängliga på engelska):

% of population with depression disorders

Psykisk hälsa - ångeststörningar

Vuxna, 2015



Referenser:

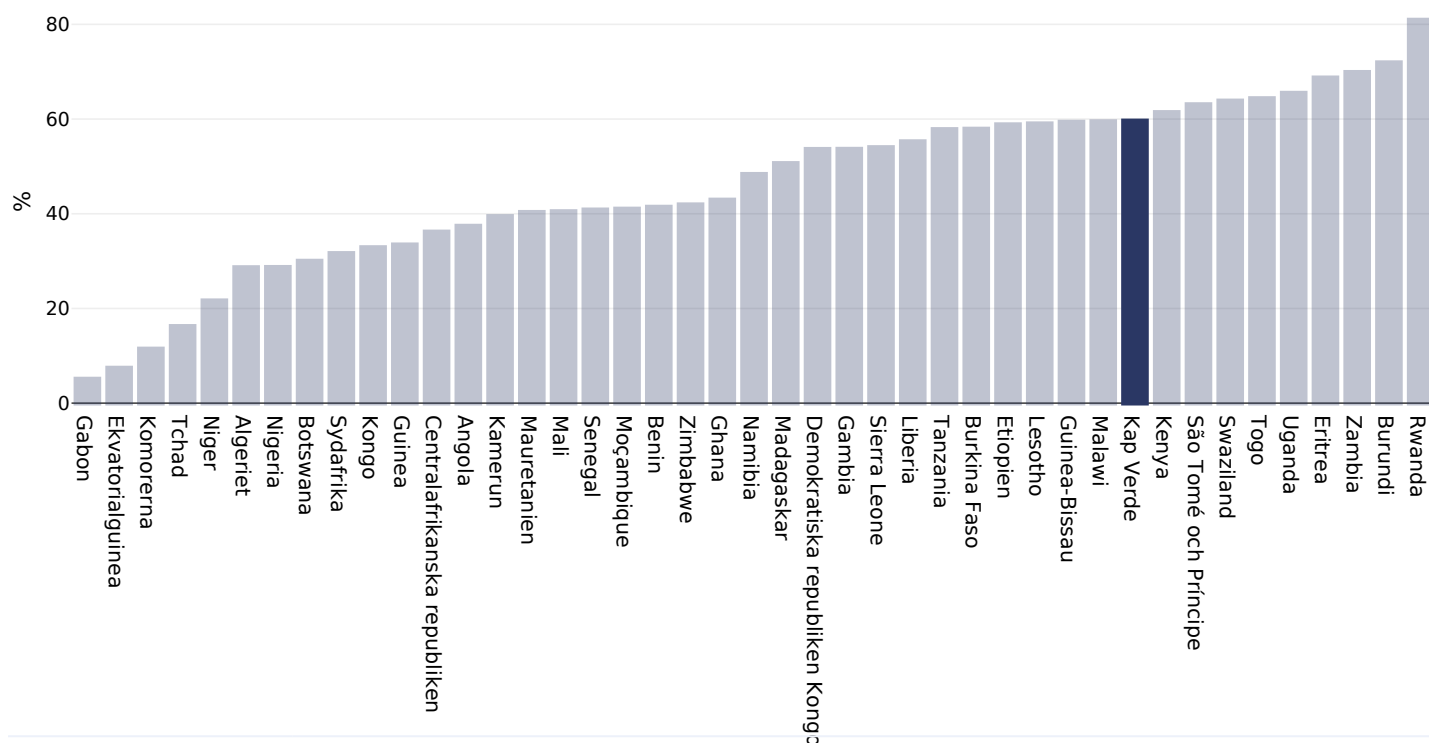
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definitioner (endast tillgängliga på engelska):

% of population with anxiety disorders

% Spädbarn som uteslutande ammas 0-5 månader

Barn, 2005-2020



Område som omfattas:

Nationell

Referenser:

Segundo Inquérito Demográfico e de Saúde Reprodutiva, Cabo Verde, IDSR-II, 2005. Calverton, Maryland, USA: INE/Cabo Verde.

Anteckningar:

See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

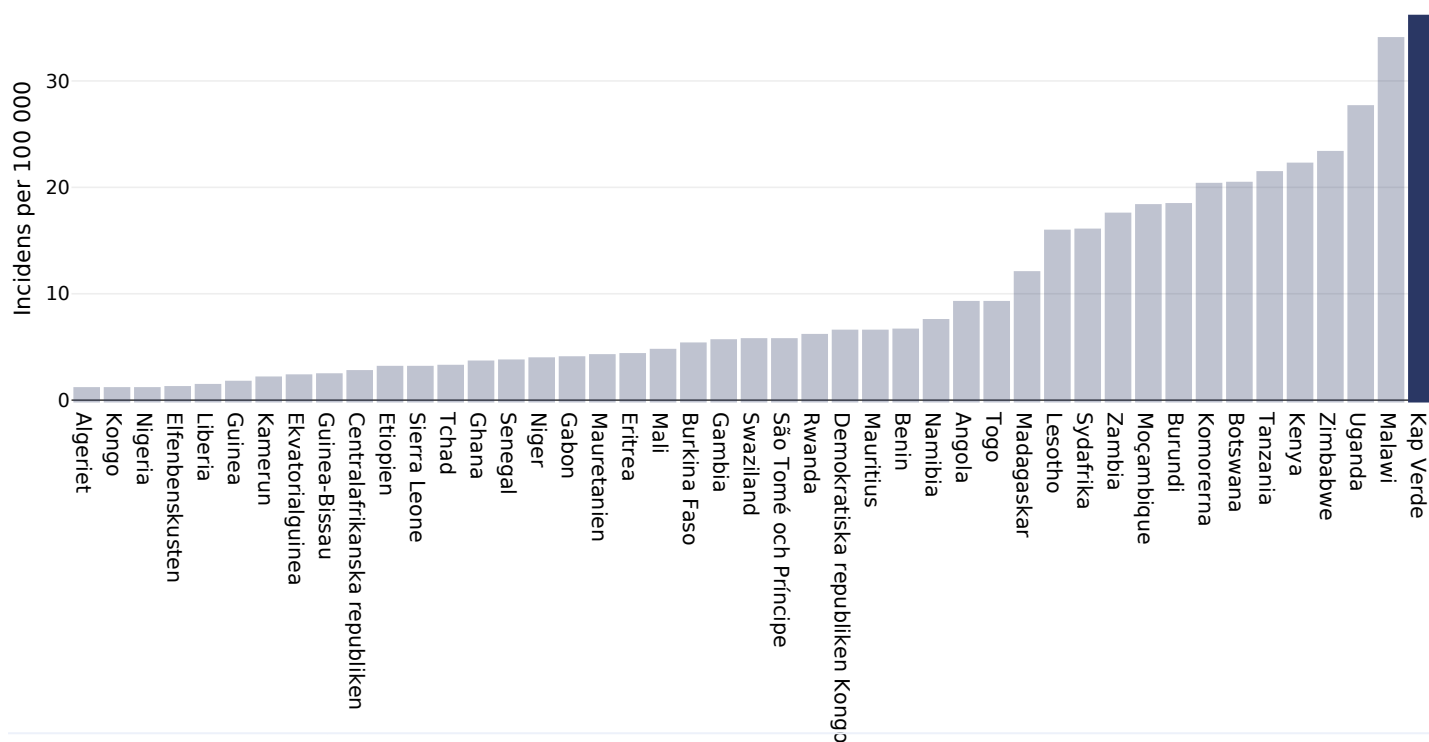
Definitioner (endast

% exclusively breastfed 0-5 months

tillgängliga på engelska):

Esofageal cancer

Män, 2020



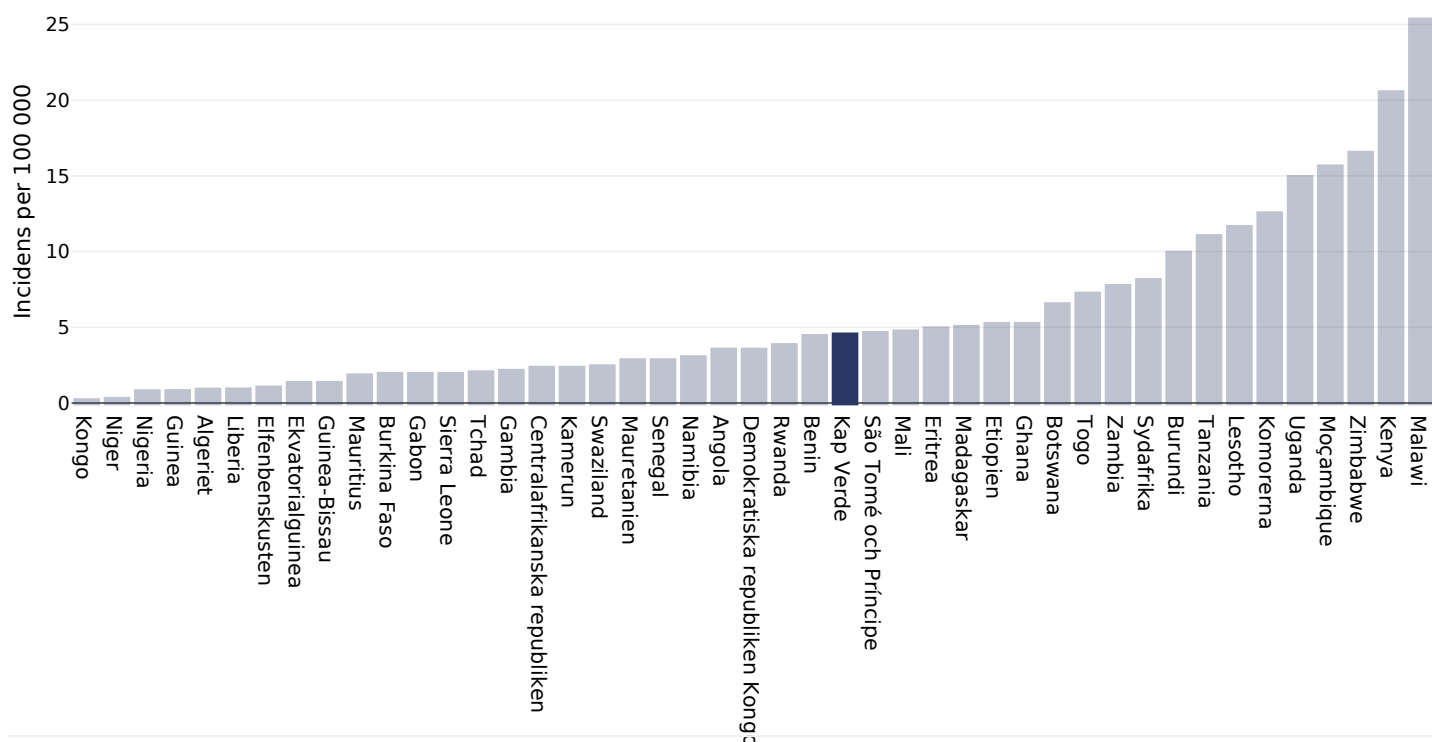
Ålder: 20+

Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Kvinnor, 2020



Ålder: 20+

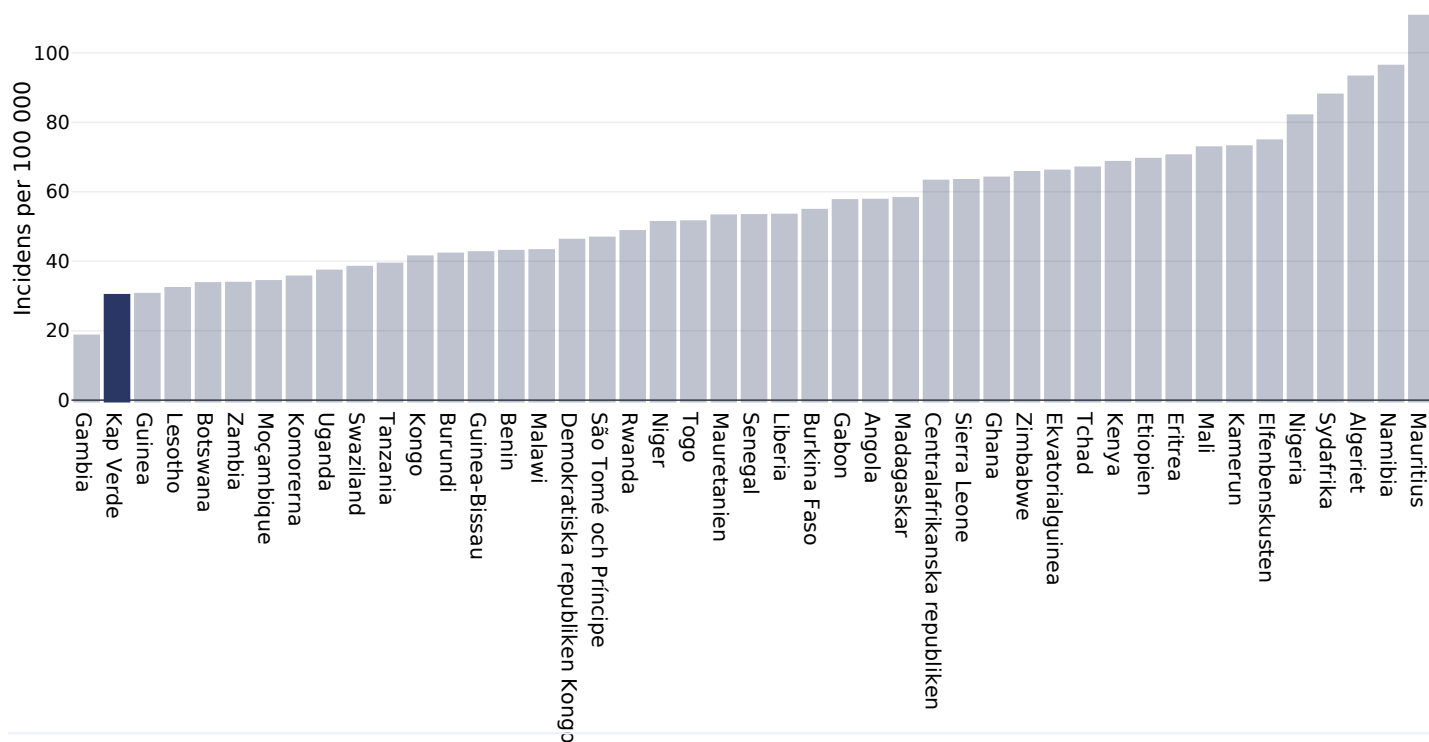
Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Bröstcancer

Kvinnor, 2020



Ålder: 20+

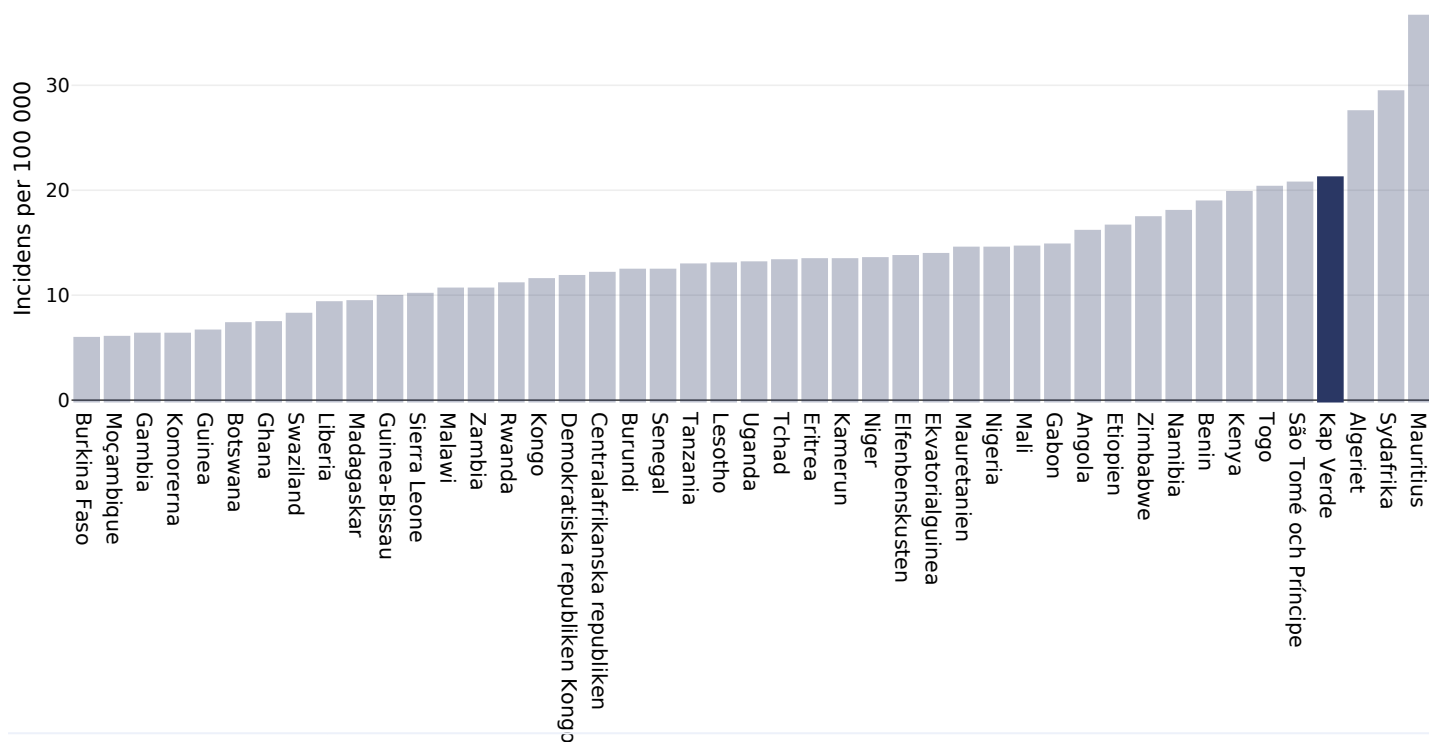
Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Kolorektalcancer

Män, 2020



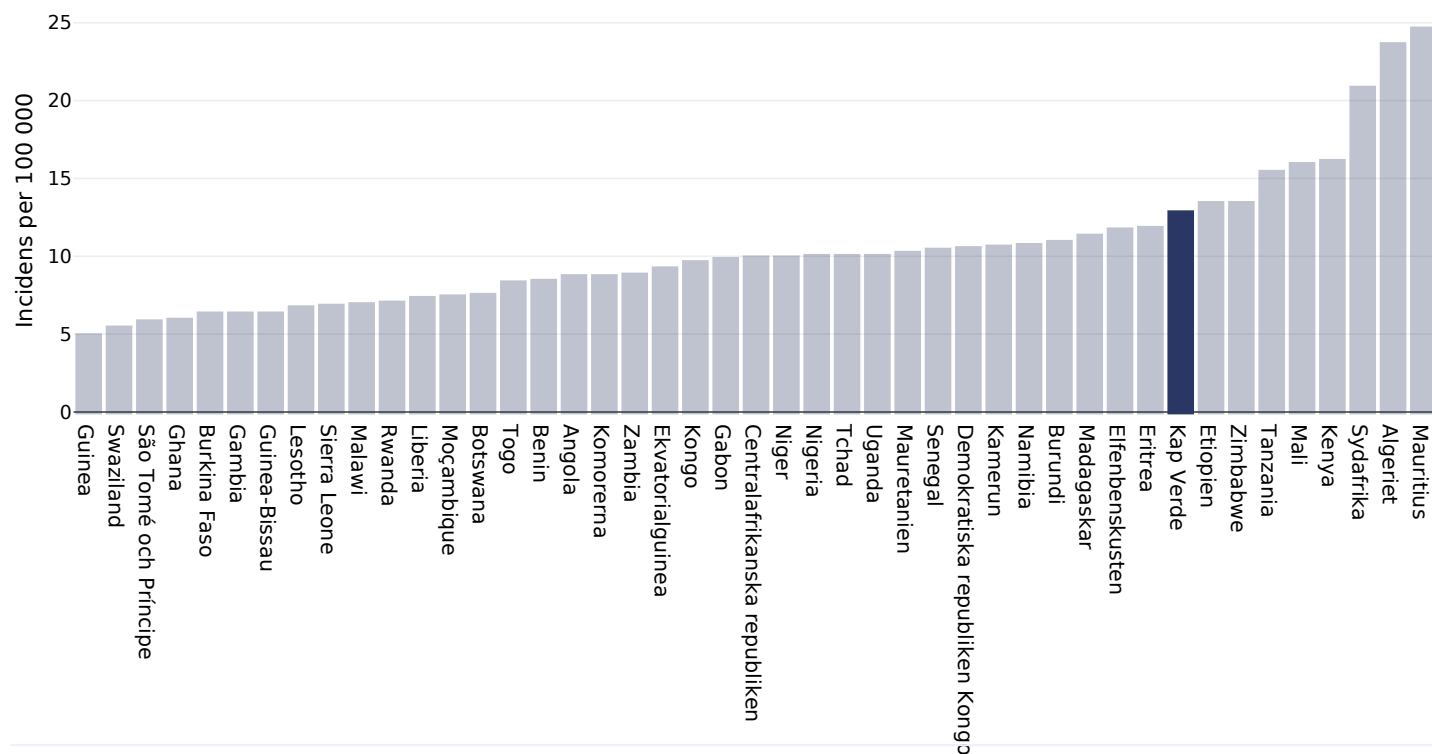
Ålder: 20+

Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Kvinnor, 2020



Ålder: 20+

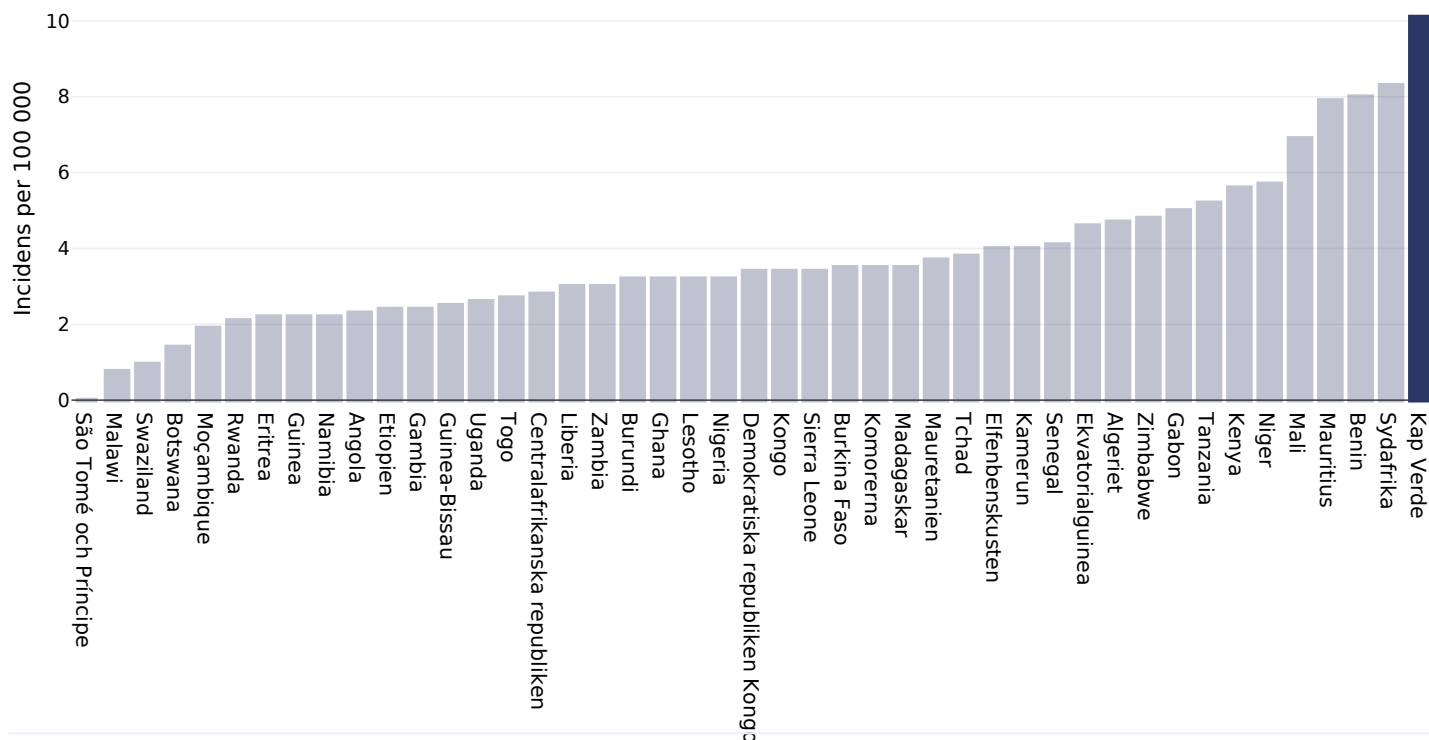
Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Pankreascancer

Män, 2020



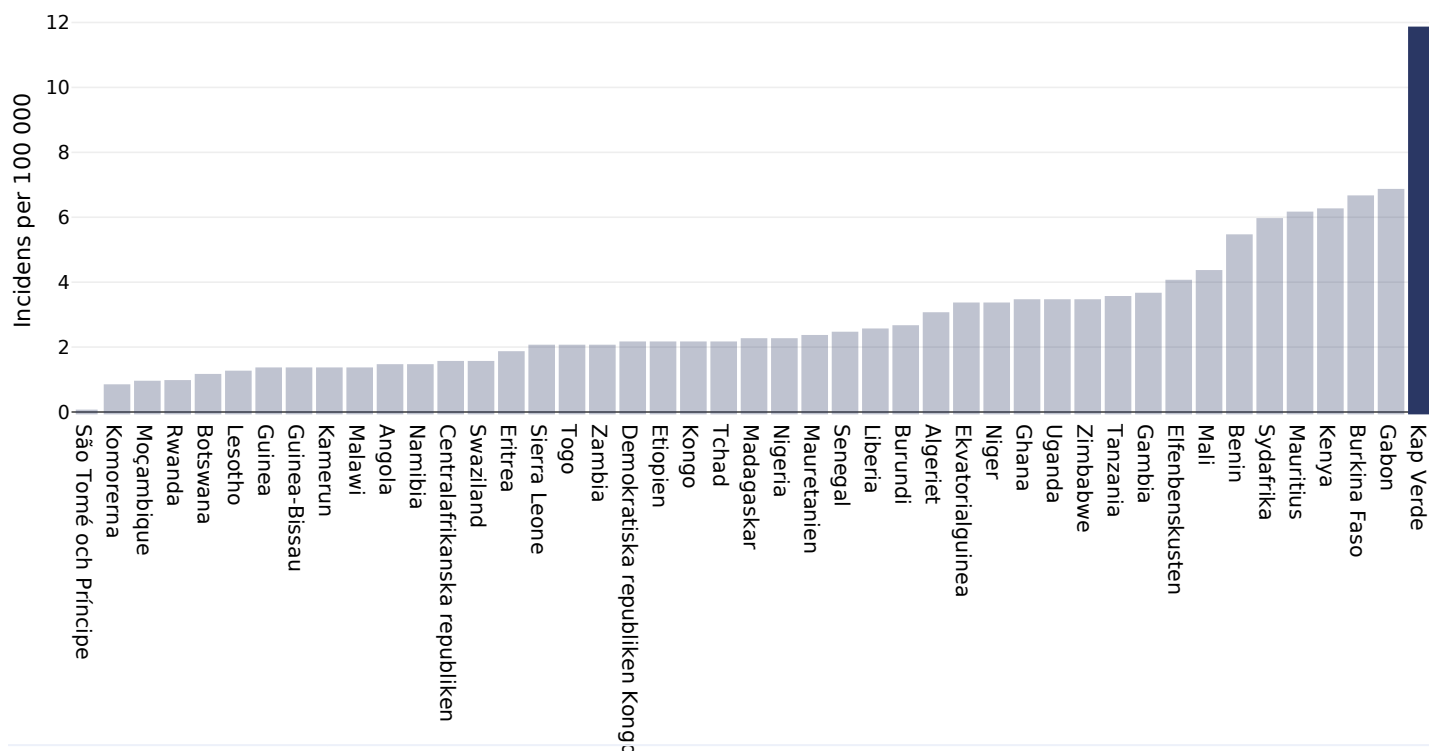
Ålder: 20+

Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Kvinnor, 2020



Ålder: 20+

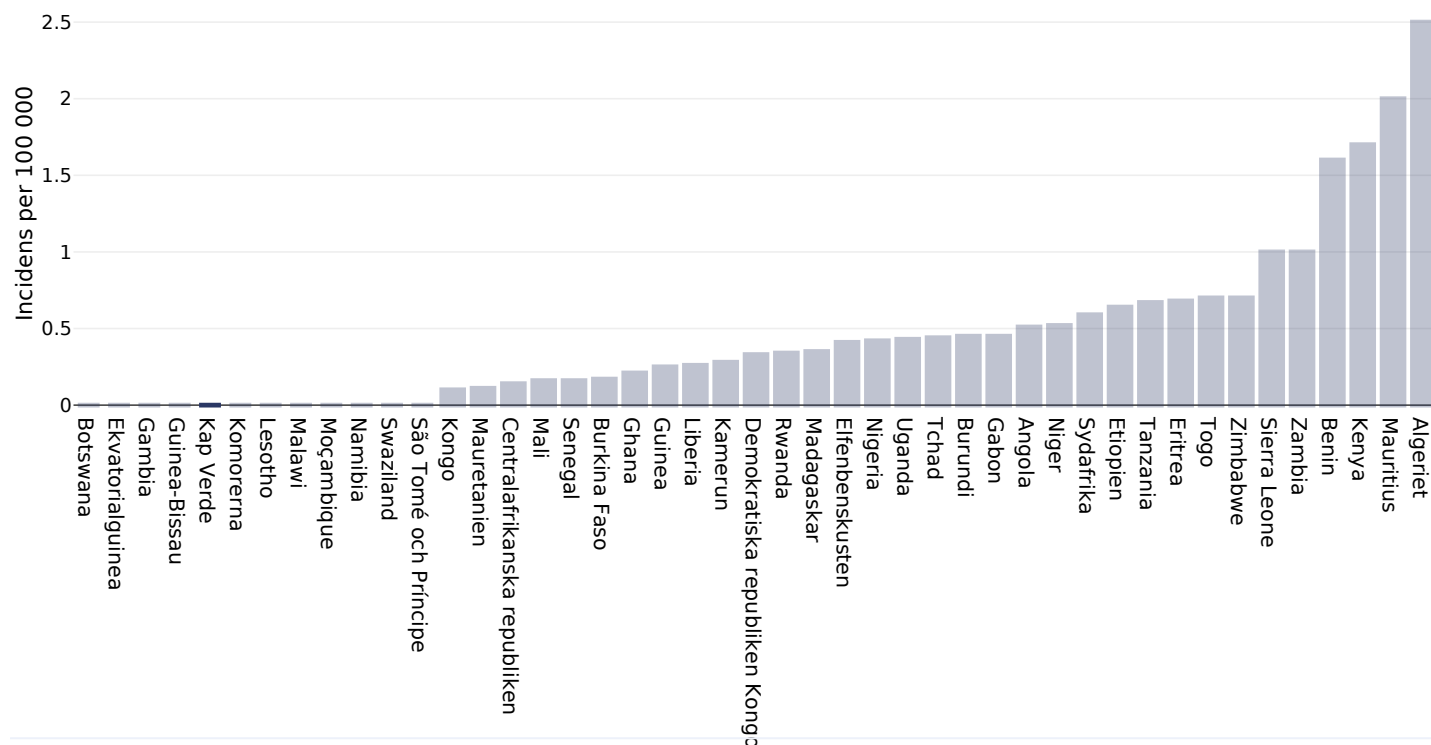
Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Gallblåsecancer

Män, 2020



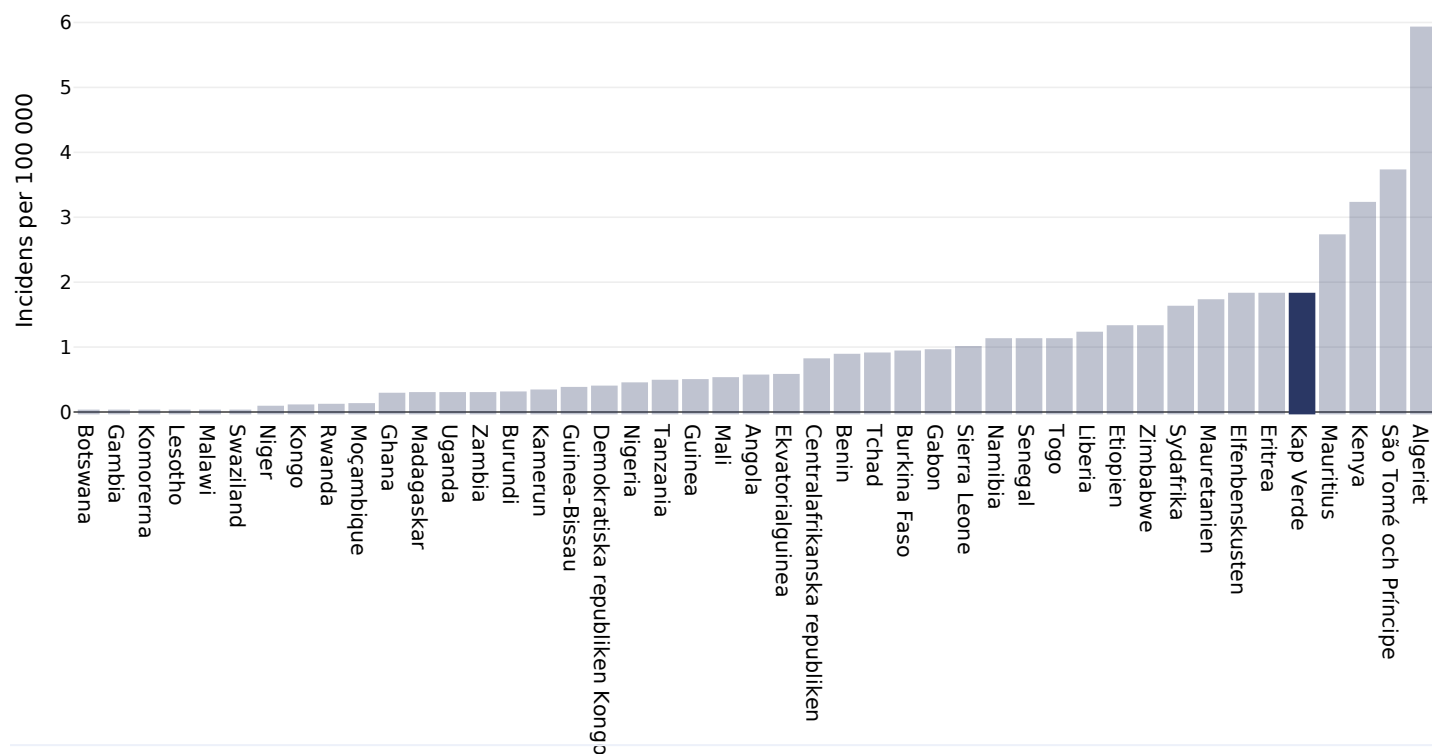
Ålder: 20+

Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Kvinnor, 2020



Ålder: 20+

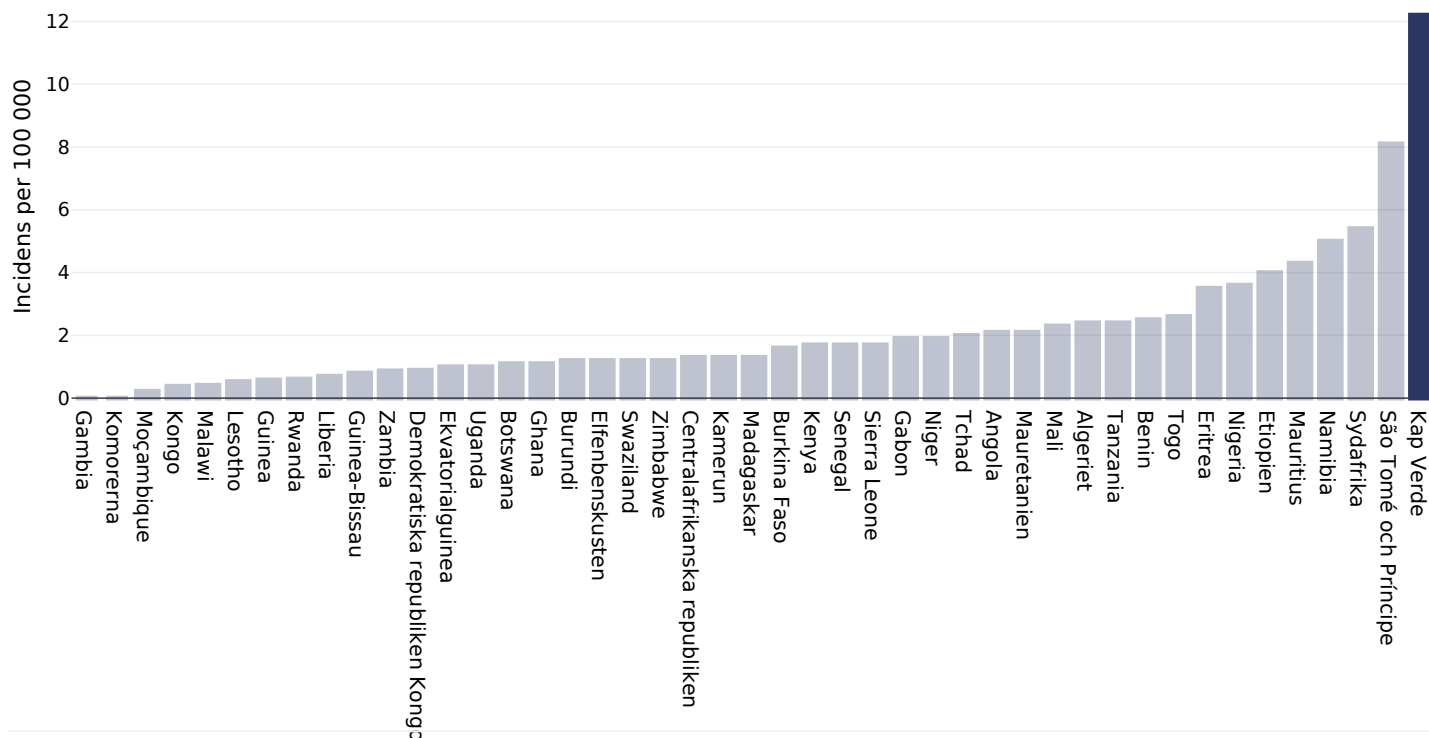
Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Njurcancer

Män, 2020



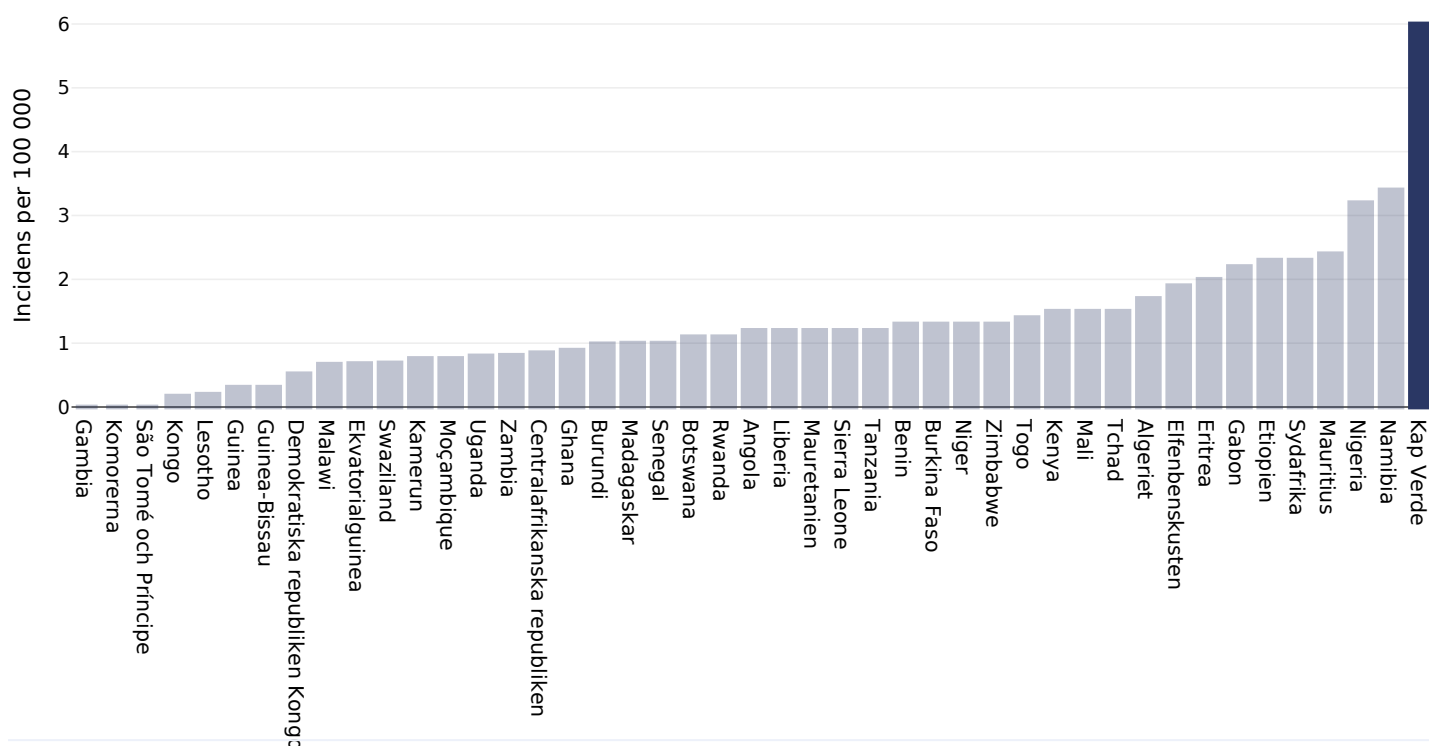
Ålder: 20+

Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Kvinnor, 2020



Ålder: 20+

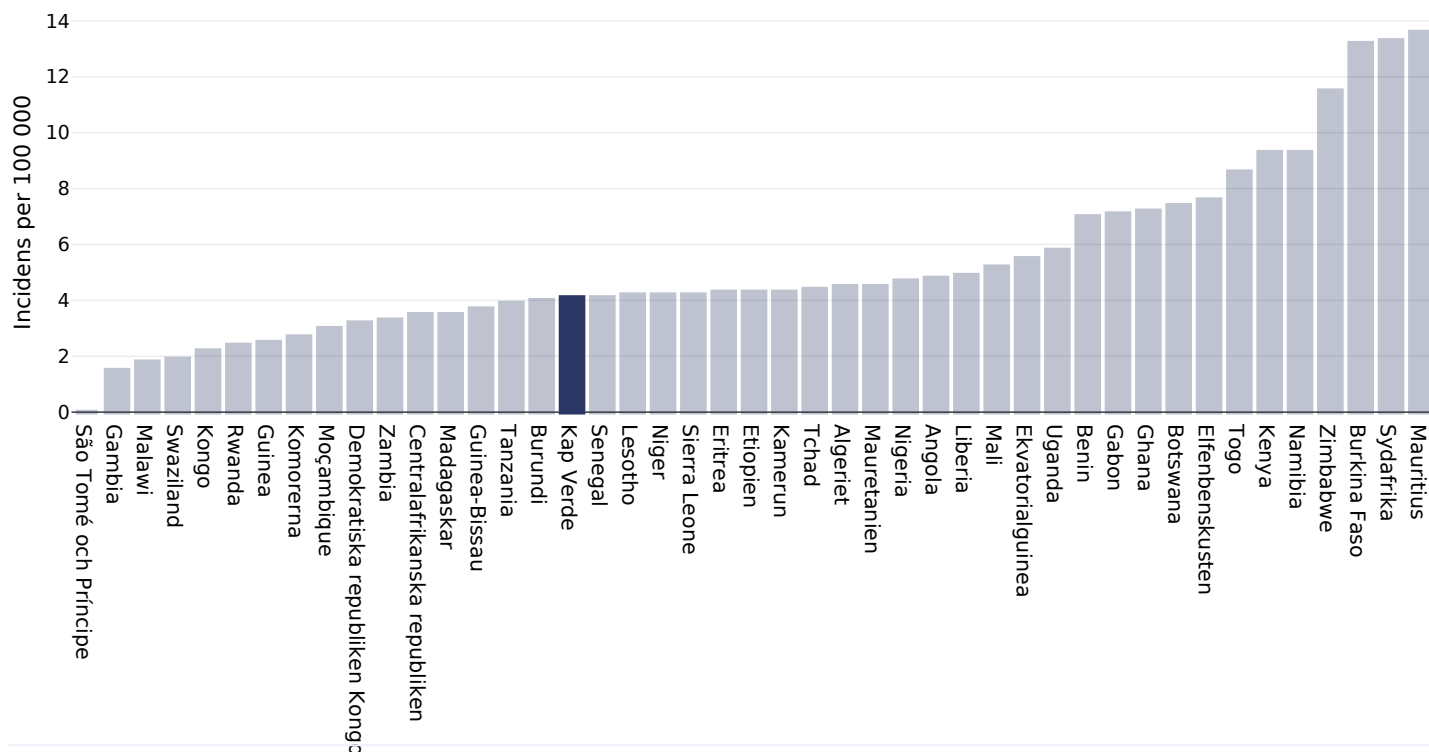
Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Livmoderhalscancer

Kvinnor, 2020



Ålder: 20+

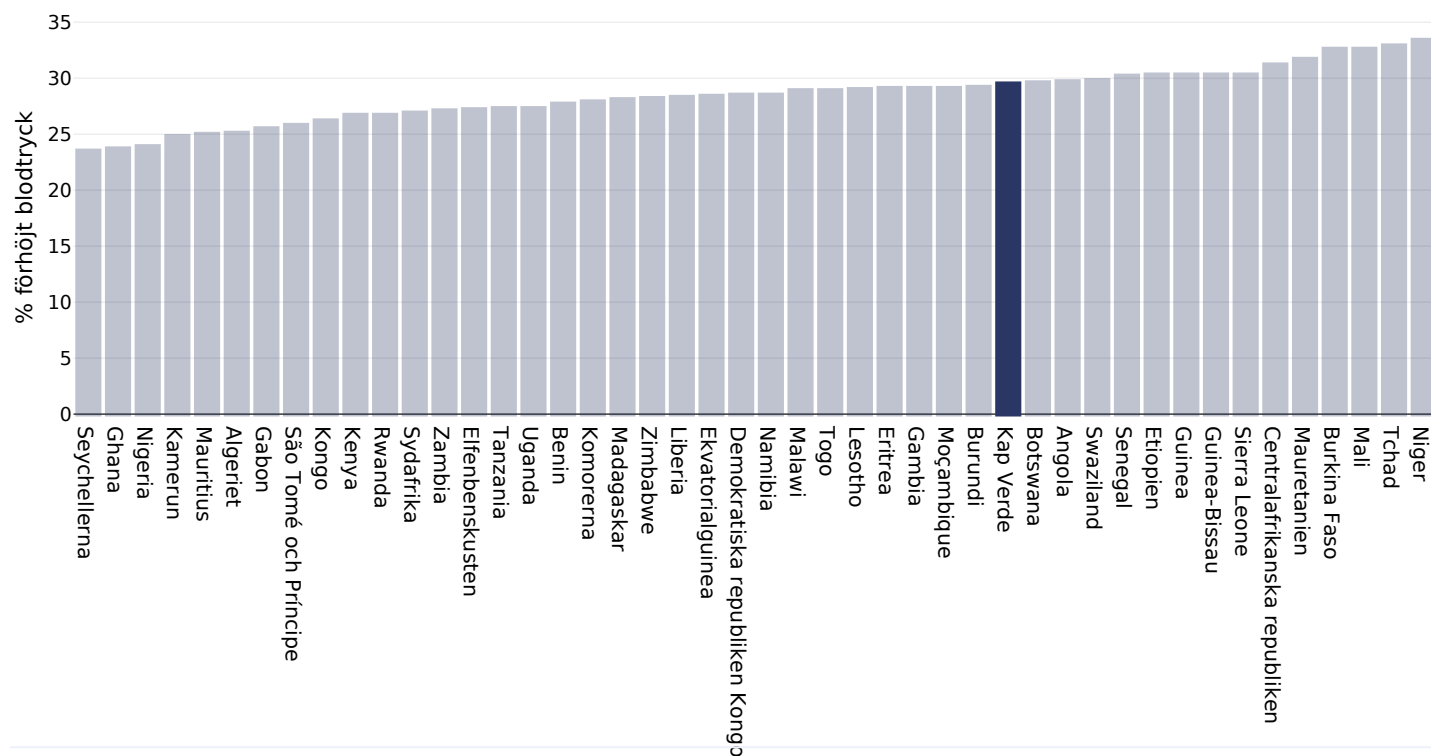
Område som omfattas: Nationell

Referenser: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2025

Definitioner (endast tillgängliga på engelska): Age-standardized incidence rates per 100 000

Förhöjt blodtryck

Vuxna, 2015



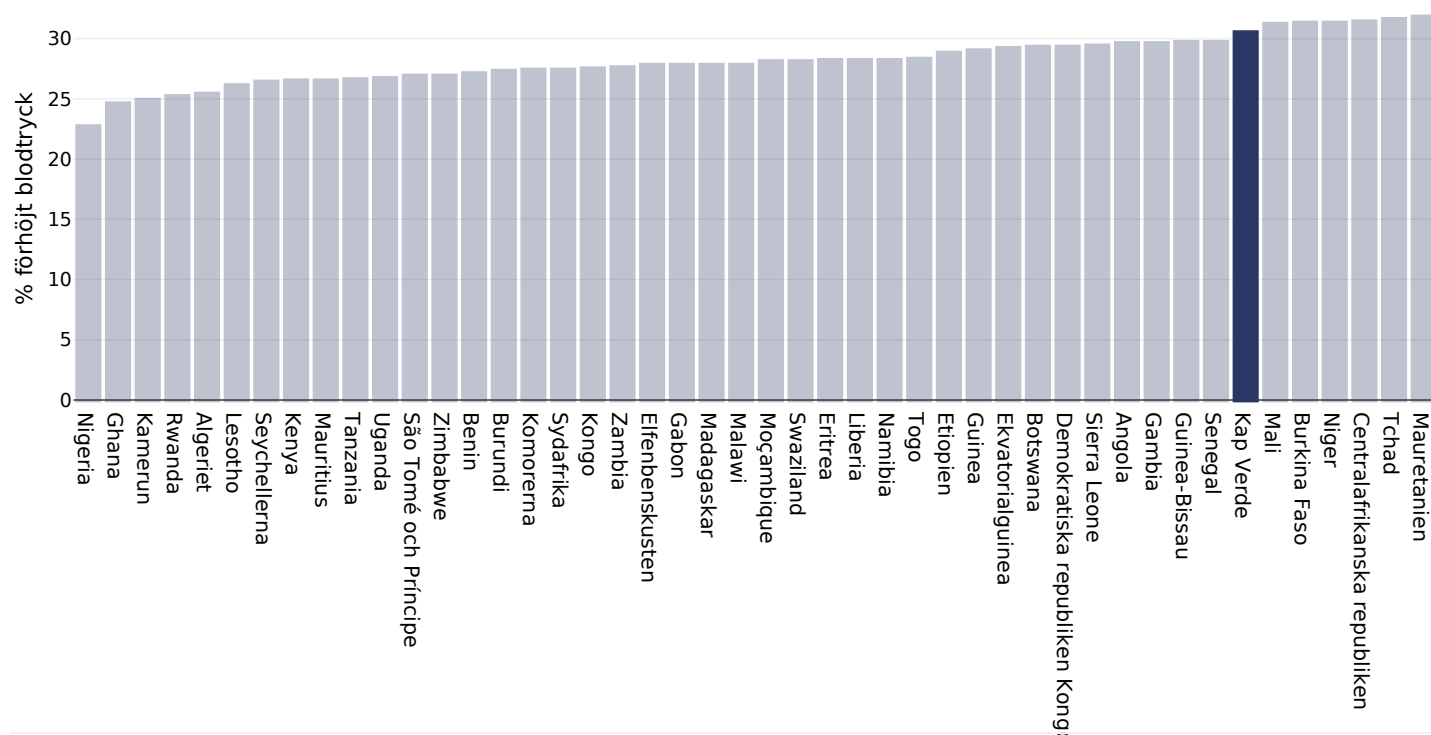
Referenser:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitioner (endast tillgängliga på engelska):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Män, 2015



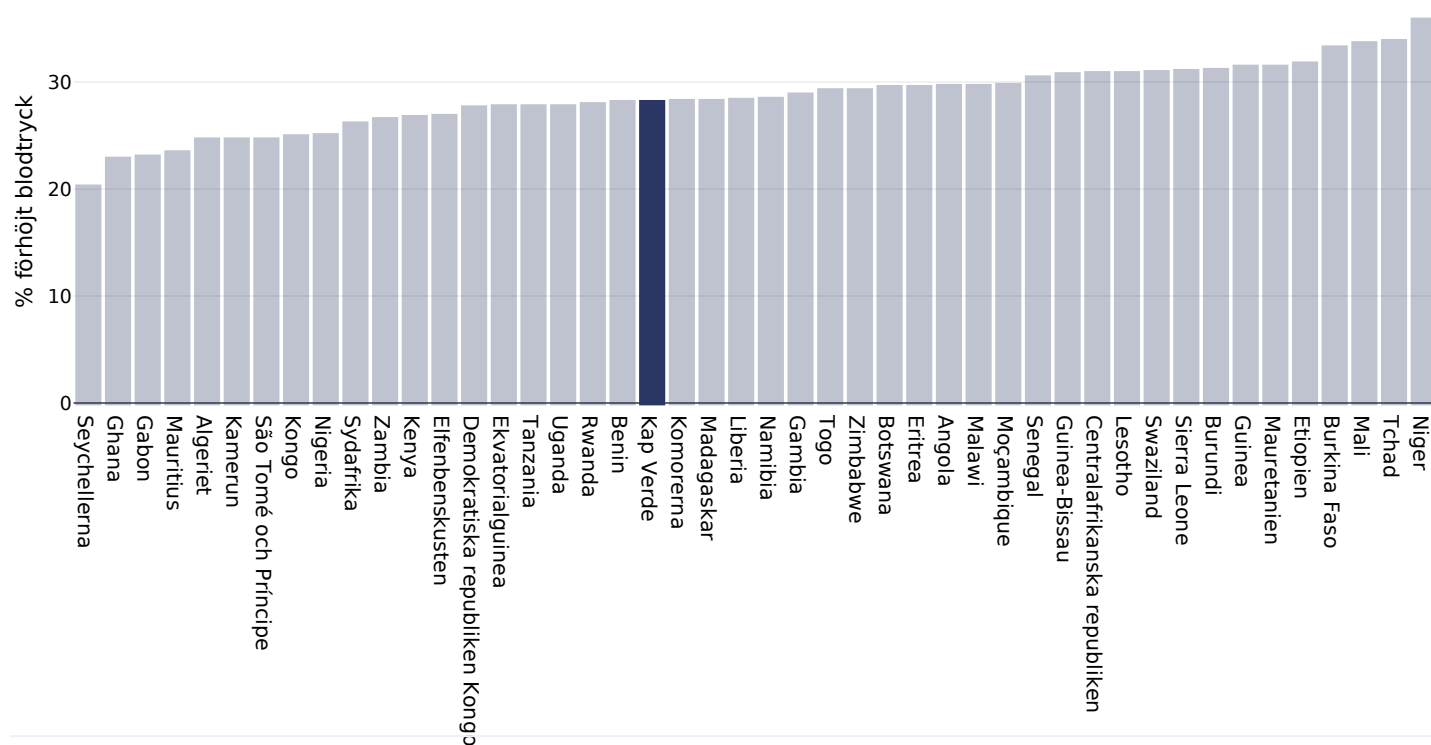
Referenser:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitioner (endast tillgängliga på engelska):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Kvinnor, 2015



Referenser:

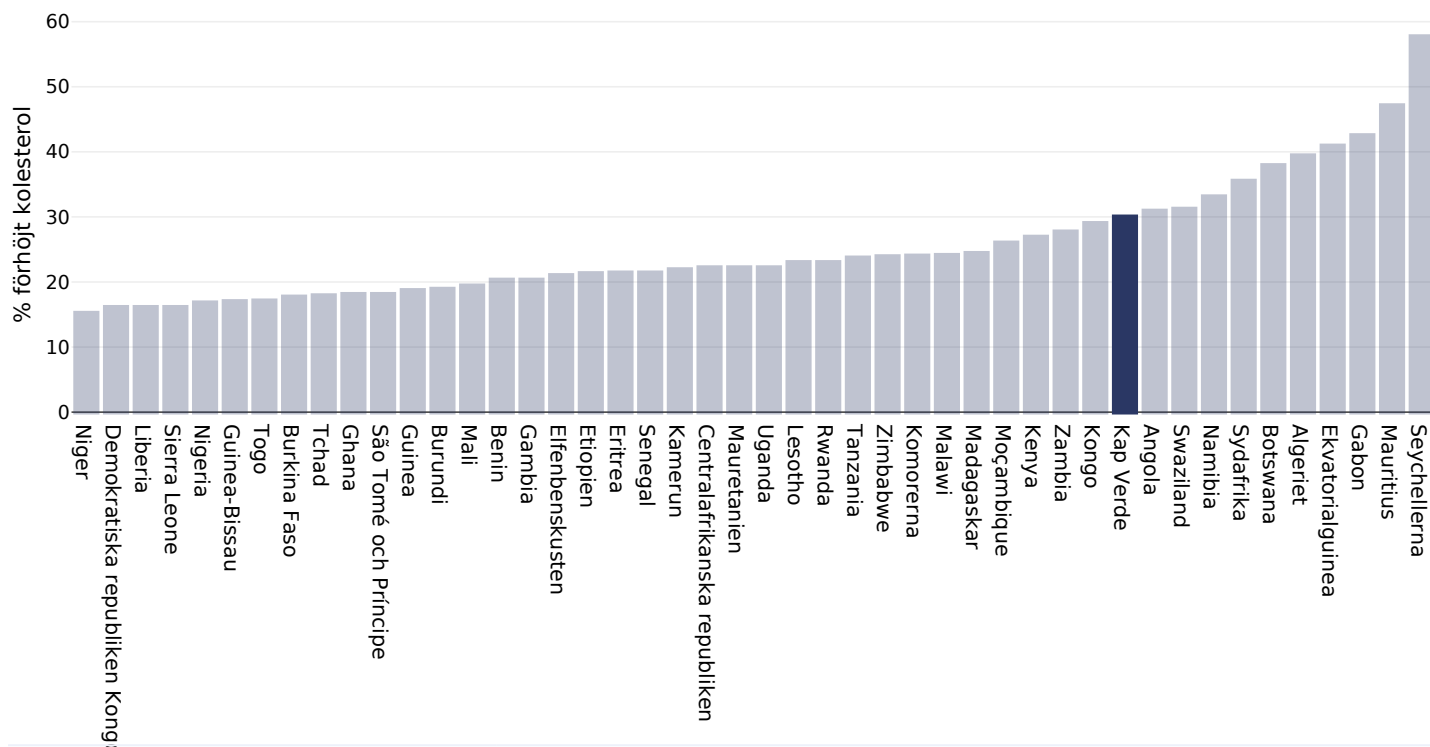
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definitioner (endast tillgängliga på engelska):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Förhöjt kolesterol

Vuxna, 2008



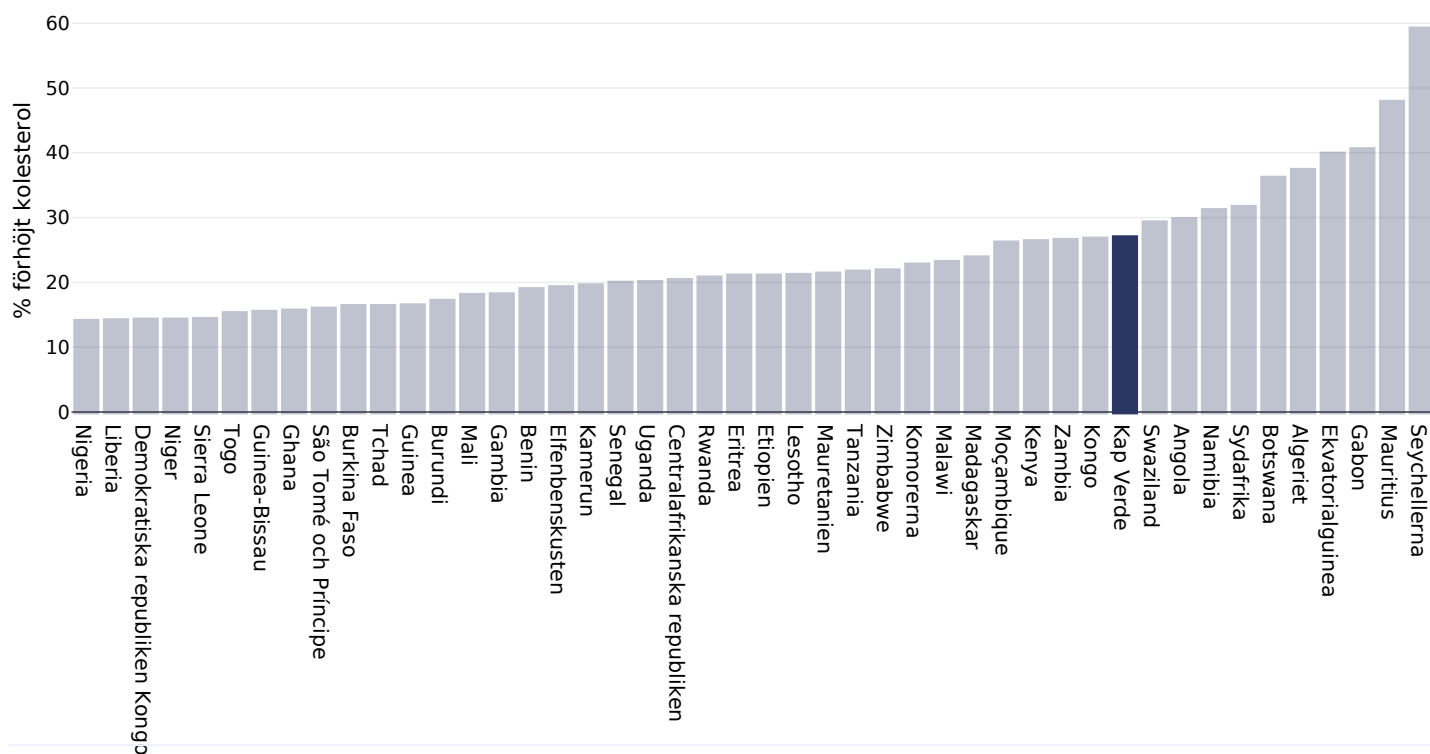
Referenser:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definitioner (endast tillgängliga på engelska):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Män, 2008



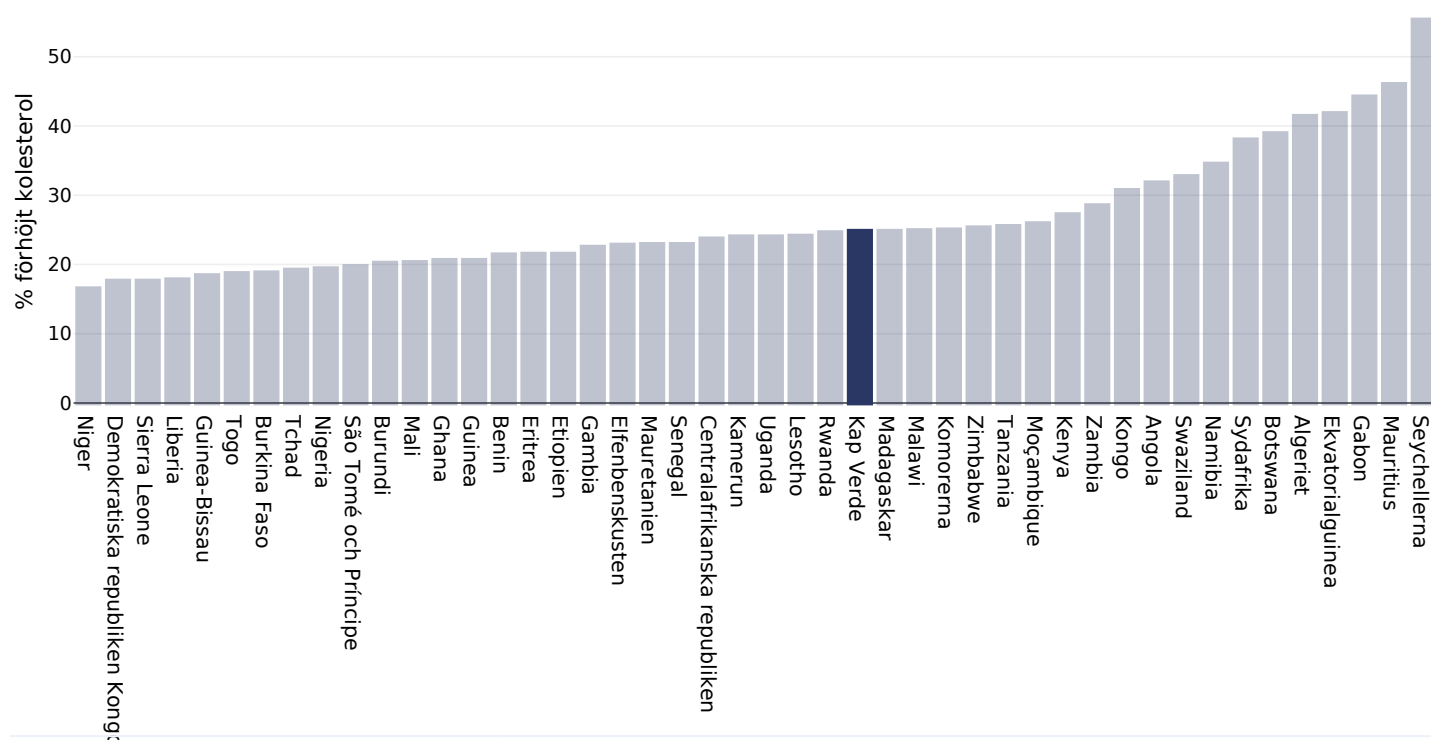
Referenser:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definitioner (endast tillgängliga på engelska):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Kvinnor, 2008



Referenser:

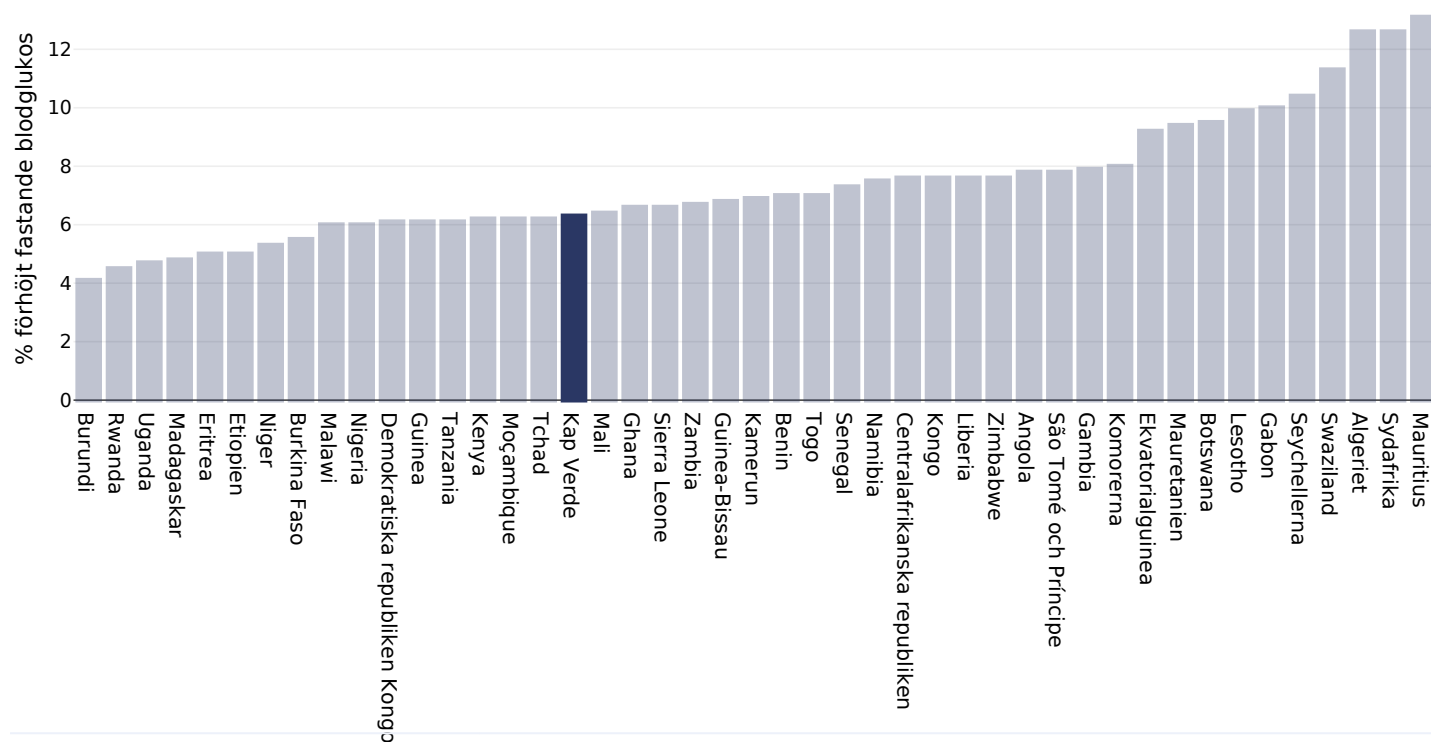
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definitioner (endast tillgängliga på engelska):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Förhöjt fastande blodglukos

Män, 2014



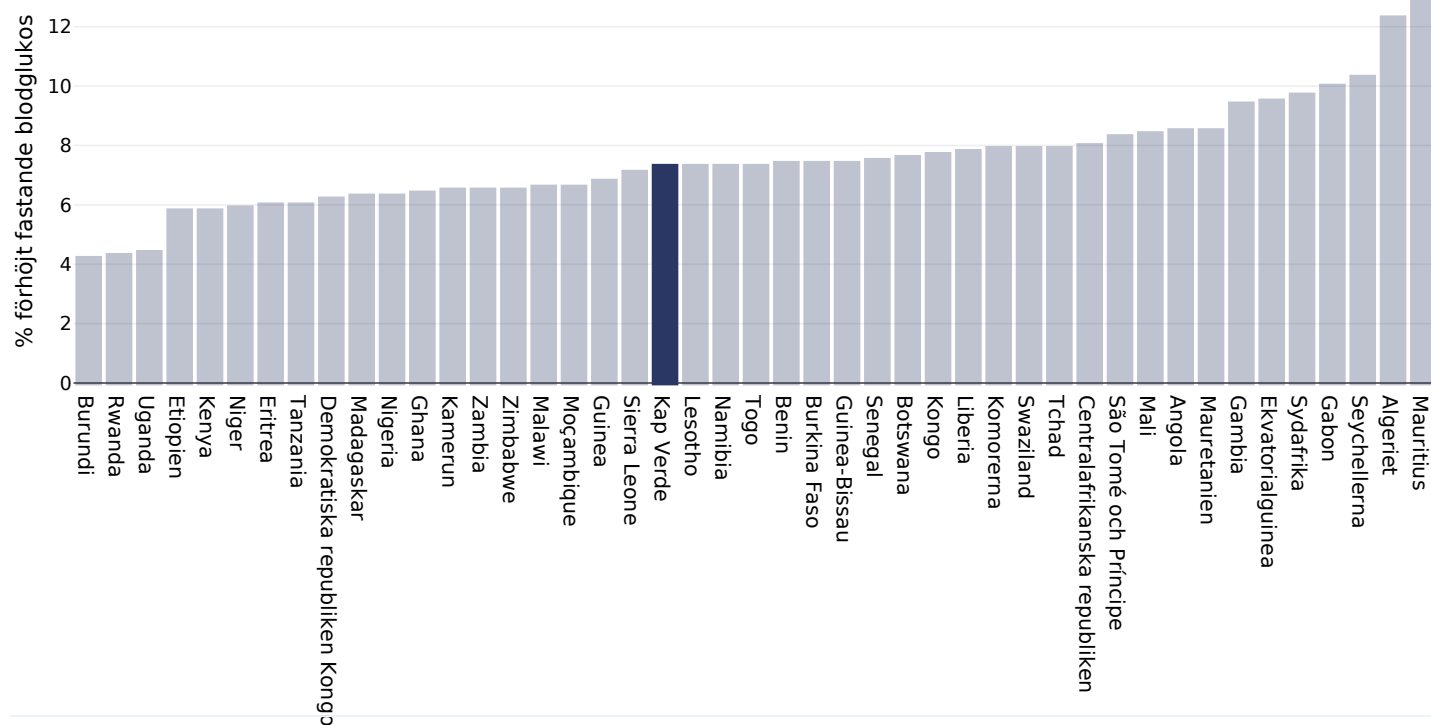
Referenser:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitioner (endast tillgängliga på engelska):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Kvinnor, 2014



Referenser:

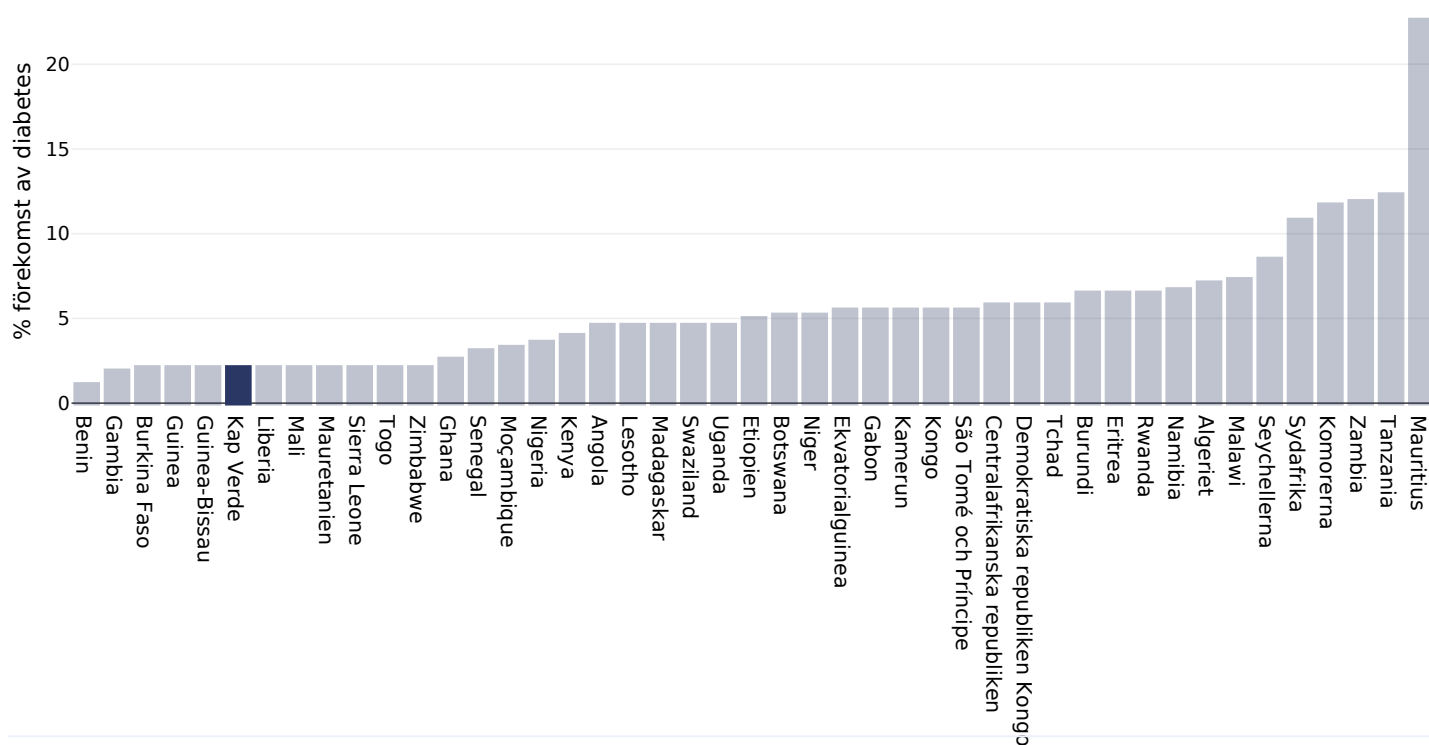
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definitioner (endast tillgängliga på engelska):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Förekomst av diabetes

Vuxna, 2021



Ålder: 20-79

Område som omfattas: Nationell

Referenser: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definitioner (endast tillgängliga på engelska): Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



Regulation and marketing

Are there fiscal policies on unhealthy products?	✗
Tax on unhealthy foods?	✗
Tax on unhealthy drinks?	✗
Are there fiscal policies on healthy products?	✗
Subsidy on fruits?	✗
Subsidy on vegetables?	✗
Subsidy on other healthy products?	✗
Mandatory limit or ban of trans fat (all settings)?	✓
Mandatory limit of trans fats in place (all settings)?	✓
Ban on trans-fats or phos in place (all settings)?	✗
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Mandatory restriction on broadcast media?	✗
Mandatory restriction on non-broadcast media?	✗
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Are there mandatory standards for food in schools?	✓
Are there any mandatory nutrient limits in any manufactured food products?	✗
Nutrition standards for public sector procurement?	✗



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✓
National obesity strategy?	✗
National childhood obesity strategy?	✓
Comprehensive nutrition strategy?	✓
Comprehensive physical activity strategy?	✓
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✗
Guidelines/policy on obesity treatment?	✗
Promotion of breastfeeding?	✓



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✗



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✓
--	---

Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

Last updated September 13, 2022

PDF created on May 18, 2024