

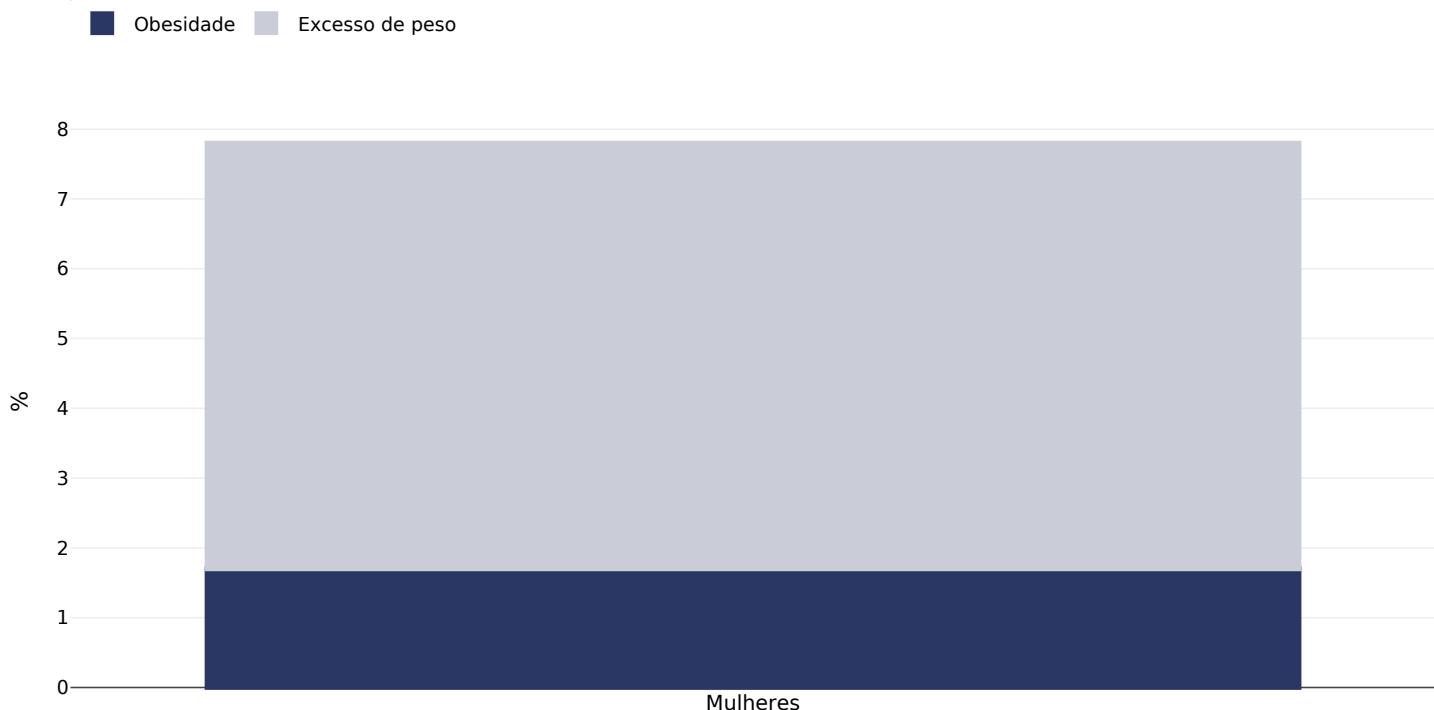
# Report card

## Burundi



### Prevalência de obesidade

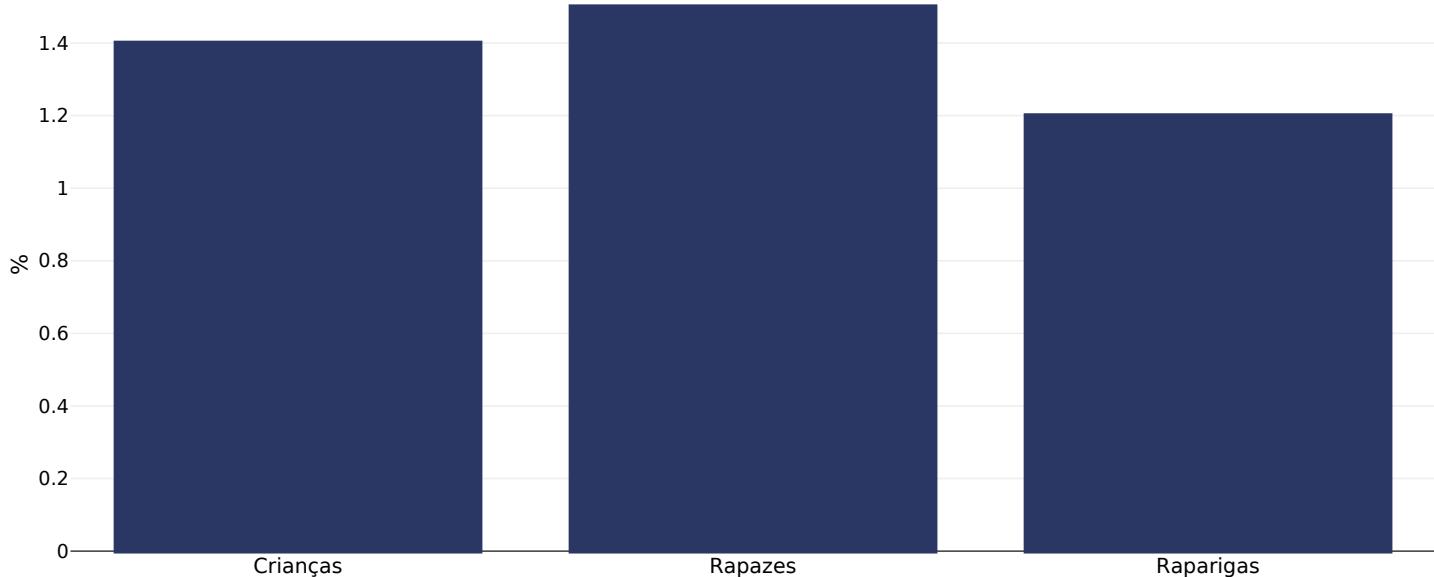
**Mulheres, 2016-2017**



Tipo de inquérito:	Medido
Idade:	15-49
Tamanho da amostra:	7715
Área abrangida:	Nacional
Referências:	Ministère à la Présidence chargé de la Bonne Gouvernance et du Plan Burundi - MPBGP, Ministère de la Santé Publique et de la Lutte contre le Sida Burundi - MSPLS, Institut de Statistiques et d'Études Économiques du Burundi - ISTEETBU, et ICF. 2017. Troisième Enquête Démographique et de Santé au Burundi. Bujumbura, Burundi : ISTEETBU, MSPLS, and ICF.
Notas:	Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59. <i>Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m<sup>2</sup>, a obesidade refere-se a um IMC superior a 30 kg/m<sup>2</sup>.</i>

## Crianças, 2016-2017

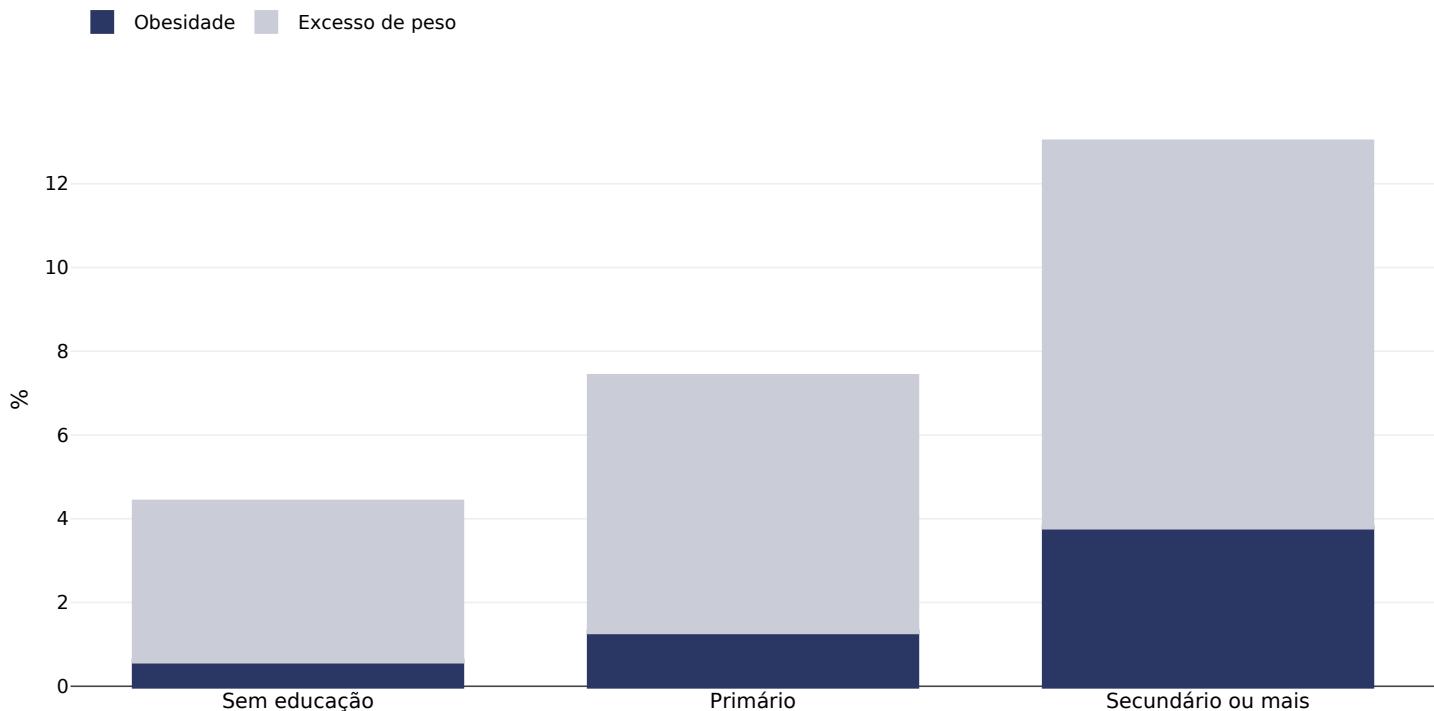
Excesso de peso ou obesidade



Tipo de inquérito:	Medido
Idade:	0-5
Tamanho da amostra:	6464
Área abrangida:	Nacional
Referências:	Ministère à la Présidence chargé de la Bonne Gouvernance et du Plan Burundi - MPBGP, Ministère de la Santé Publique et de la Lutte contre le Sida Burundi - MSPLS, Institut de Statistiques et d'Études Économiques du Burundi - ISTEETBU, et ICF. 2017. Troisième Enquête Démographique et de Santé au Burundi. Bujumbura, Burundi : ISTEETBU, MSPLS, and ICF.
Notas:	Infants.
Definições (disponível apenas em inglês):	Children whose Z-score for weight-for-height is greater than two standard deviations (+2SD) above the median of the reference population are considered overweight
Cutoffs:	WHO 2007

## Excesso de peso/obesidade por educação

**Mulheres, 2016-2017**



Tipo de inquérito: Medido

Idade: 15-49

Tamanho da amostra: 7715

Área abrangida: Nacional

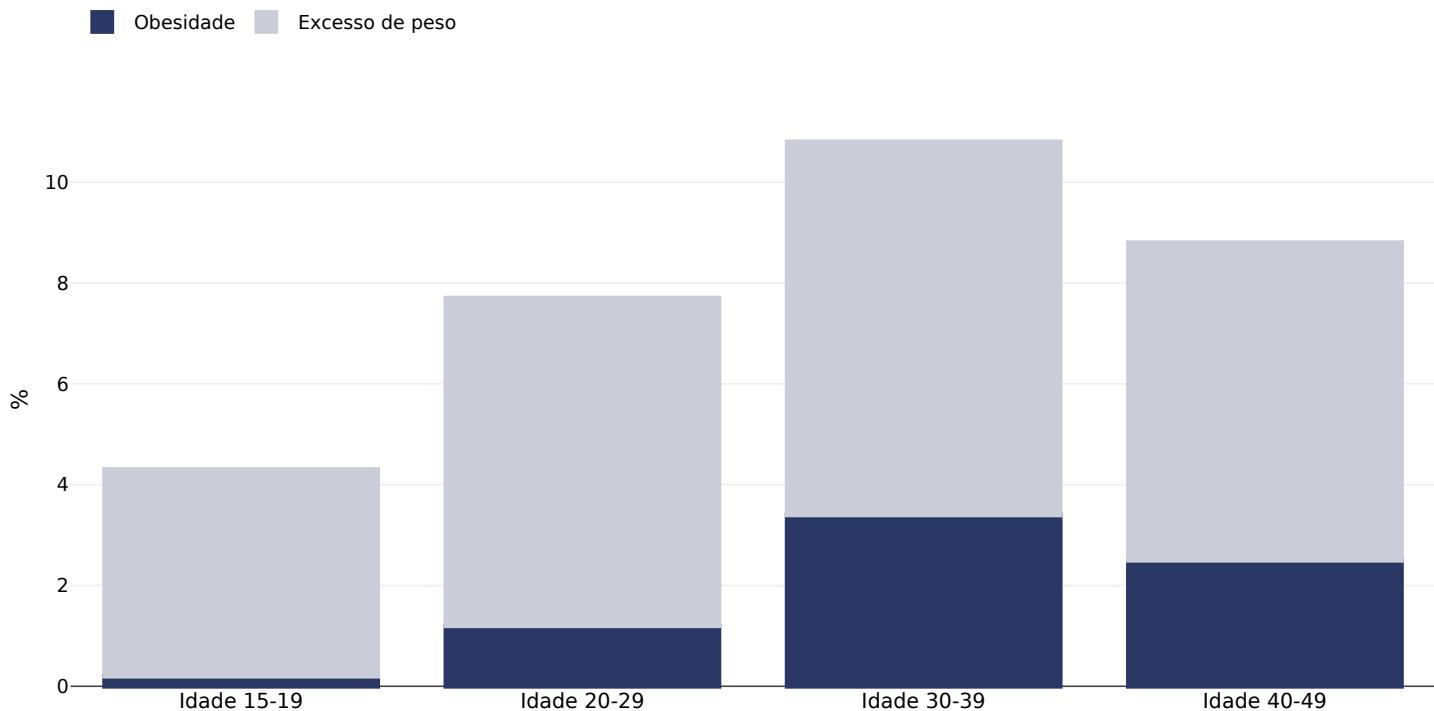
Referências: Ministère à la Présidence chargé de la Bonne Gouvernance et du Plan Burundi - MPBGP, Ministère de la Santé Publique et de la Lutte contre le Sida Burundi - MSPLS, Institut de Statistiques et d'Études Économiques du Burundi - ISTEETBU, et ICF. 2017. Troisième Enquête Démographique et de Santé au Burundi. Bujumbura, Burundi : ISTEETBU, MSPLS, and ICF.

Notas: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

*Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m<sup>2</sup>, a obesidade refere-se a um IMC superior a 30 kg/m<sup>2</sup>.*

## Excesso de peso/obesidade por idade

**Mulheres, 2016-2017**



Tipo de inquérito: Medido

Tamanho da amostra: 7715

Área abrangida: Nacional

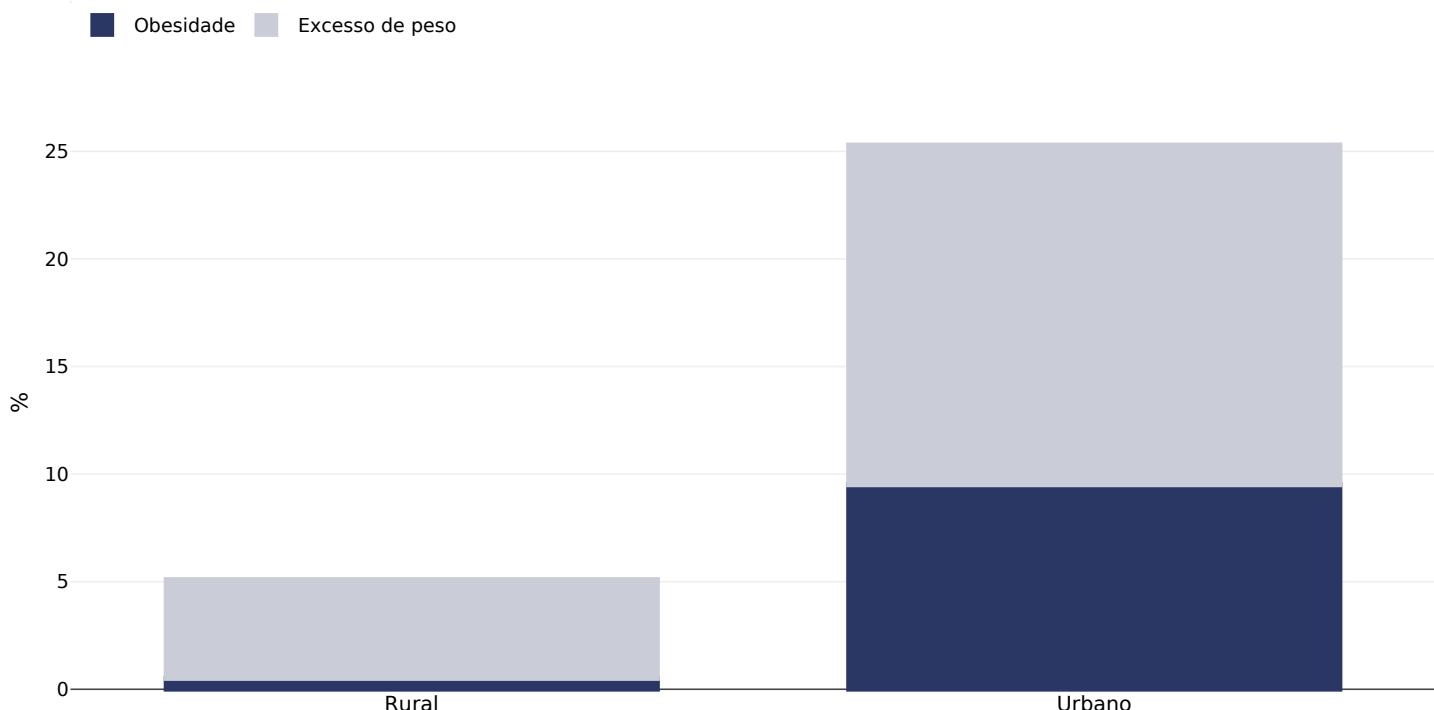
Referências: Ministère à la Présidence chargé de la Bonne Gouvernance et du Plan Burundi - MPBGP, Ministère de la Santé Publique et de la Lutte contre le Sida Burundi - MSPLS, Institut de Statistiques et d'Études Économiques du Burundi - ISTEETBU, et ICF. 2017. Troisième Enquête Démographique et de Santé au Burundi. Bujumbura, Burundi : ISTEETBU, MSPLS, and ICF.

Notas: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

*Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m<sup>2</sup>, a obesidade refere-se a um IMC superior a 30 kg/m<sup>2</sup>.*

## Excesso de peso/obesidade por região

**Mulheres, 2016-2017**



Tipo de inquérito: Medido

Idade: 15-49

Tamanho da amostra: 7715

Área abrangida: Nacional

Referências: Ministère à la Présidence chargé de la Bonne Gouvernance et du Plan Burundi - MPBGP, Ministère de la Santé Publique et de la Lutte contre le Sida Burundi - MSPLS, Institut de Statistiques et d'Études Économiques du Burundi - ISTEETBU, et ICF. 2017. Troisième Enquête Démographique et de Santé au Burundi. Bujumbura, Burundi : ISTEETBU, MSPLS, and ICF.

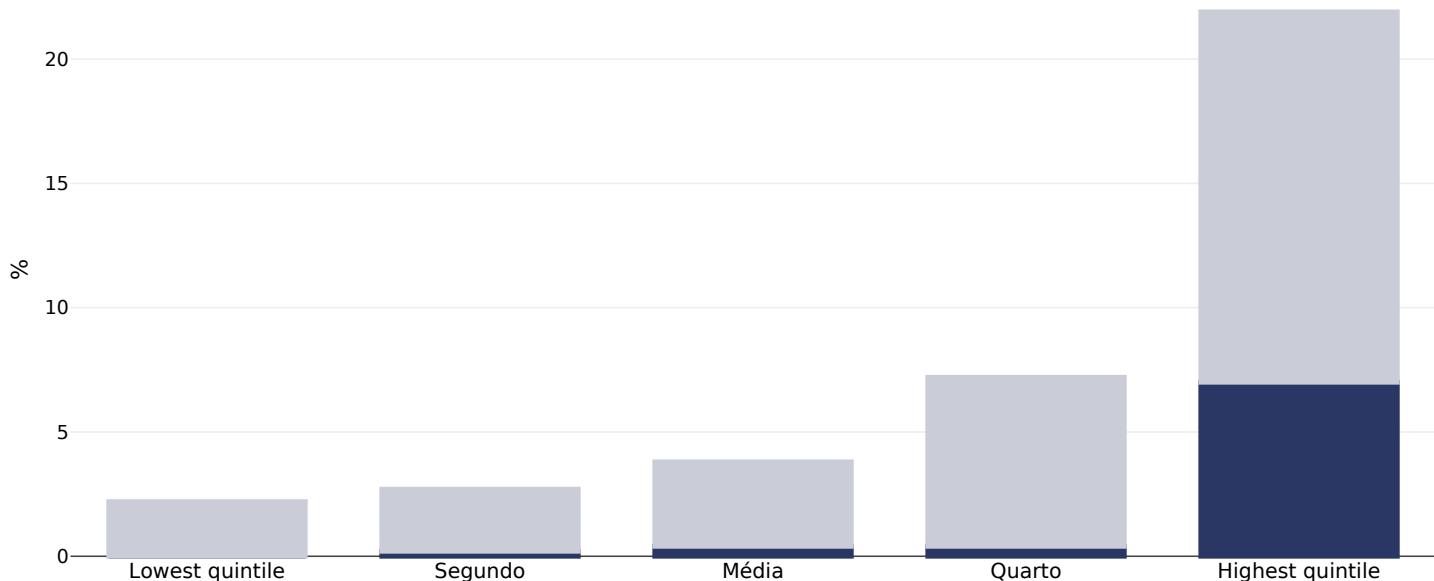
Notas: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

*Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m<sup>2</sup>, a obesidade refere-se a um IMC superior a 30 kg/m<sup>2</sup>.*

## Excesso de peso/obesidade por grupo socioeconómico

Mulheres, 2016-2017

■ Obesidade ■ Excesso de peso



Tipo de inquérito: Medido

Idade: 15-49

Tamanho da amostra: 7715

Área abrangida: Nacional

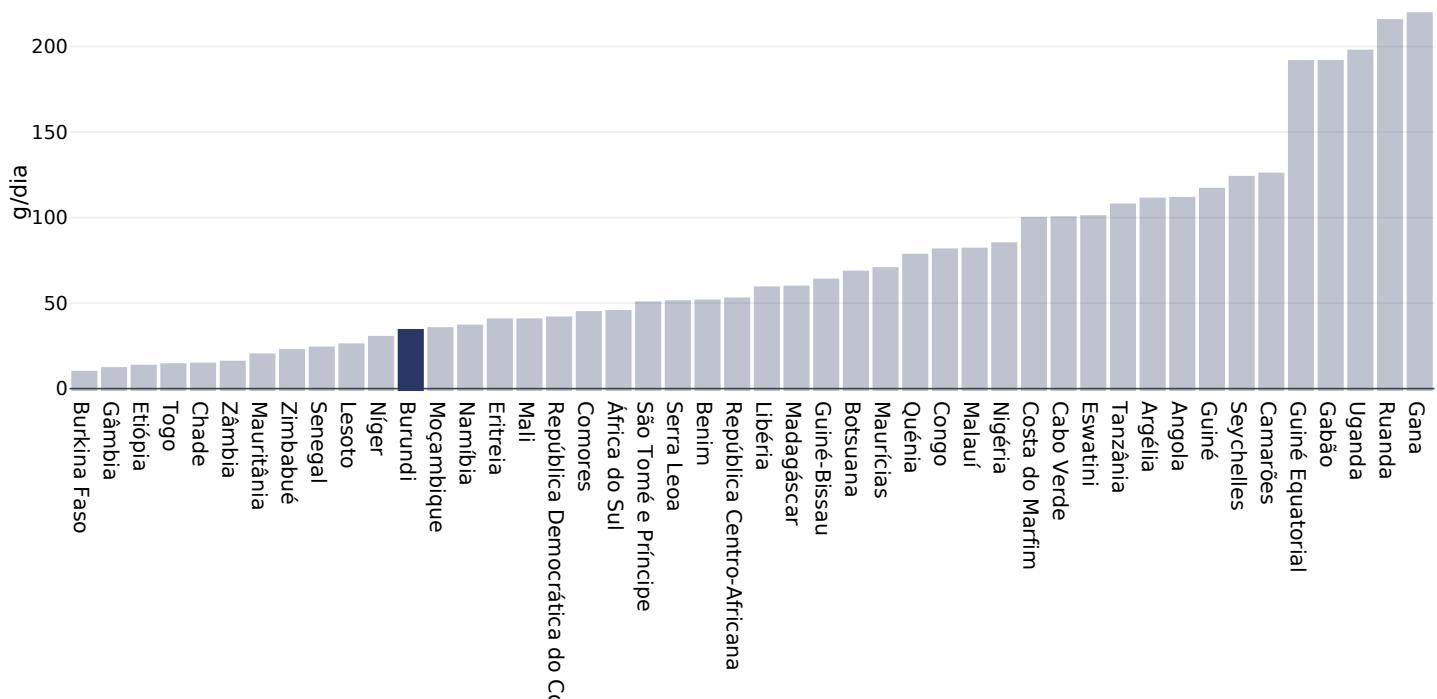
Referências: Ministère à la Présidence chargé de la Bonne Gouvernance et du Plan Burundi - MPBGP, Ministère de la Santé Publique et de la Lutte contre le Sida Burundi - MSPLS, Institut de Statistiques et d'Études Économiques du Burundi - ISTEETBU, et ICF. 2017. Troisième Enquête Démographique et de Santé au Burundi. Bujumbura, Burundi : ISTEETBU, MSPLS, and ICF.

Notas: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

*Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m<sup>2</sup>, a obesidade refere-se a um IMC superior a 30 kg/m<sup>2</sup>.*

## Estimated per capita fruit intake

**Adultos, 2017**



Tipo de inquérito:

Medido

Idade:

25+

Referências:

Global Burden of Disease, the Institute for Health Metrics and Evaluation

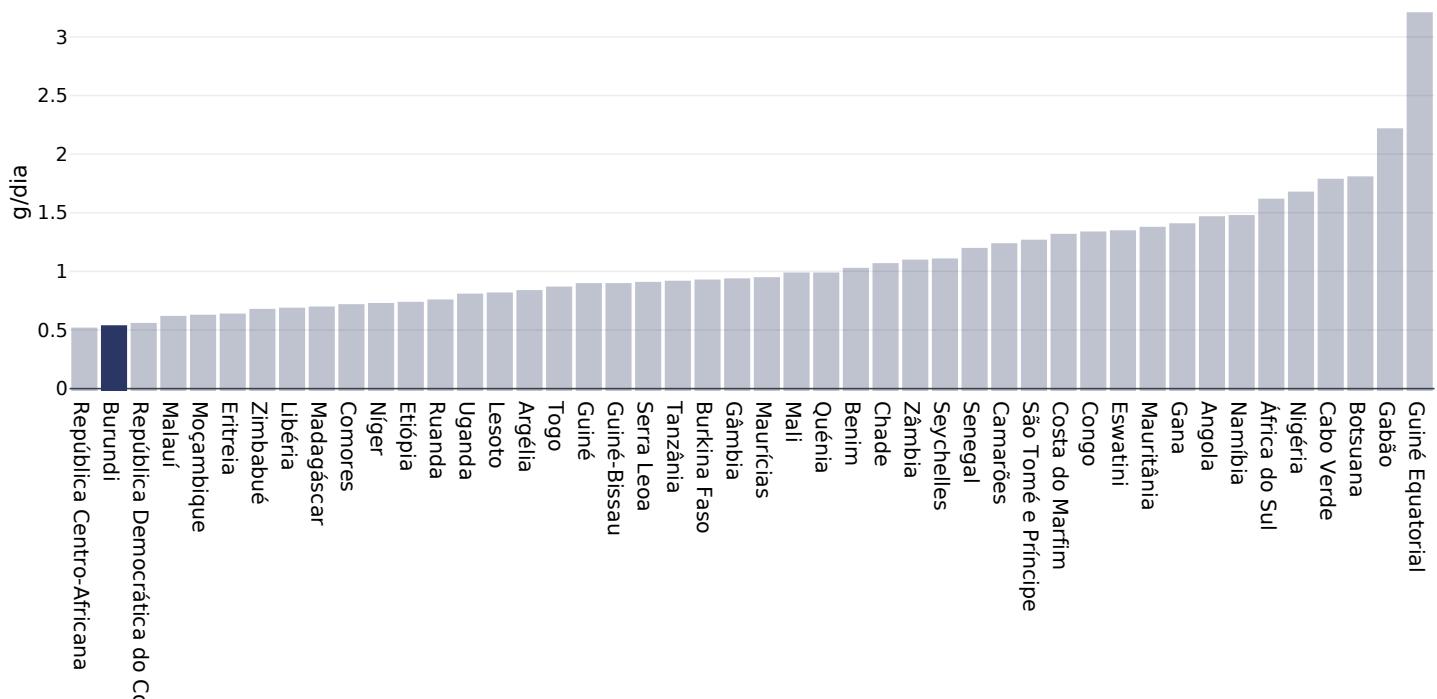
<http://ghdx.healthdata.org/>

Definições (disponível apenas em inglês):

Estimated per-capita fruit intake (g/day)

## Estimativa de ingestão de carne processada per capita

**Adultos, 2017**



Tipo de inquérito:

Medido

Idade:

25+

Referências:

Global Burden of Disease, the Institute for Health Metrics and Evaluation

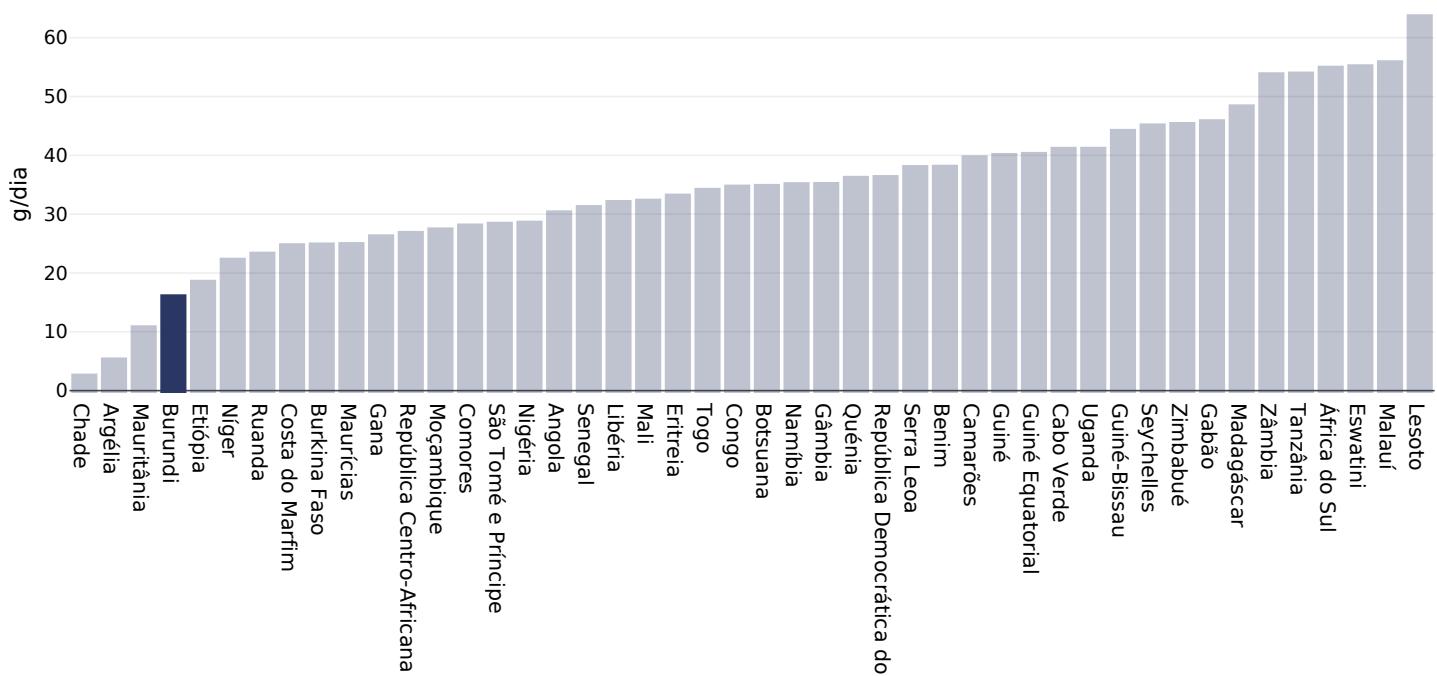
<http://ghdx.healthdata.org/>

Definições (disponível apenas em inglês):

Estimated per-capita processed meat intake (g per day)

## Estimated per capita whole grains intake

**Adultos, 2017**



Tipo de inquérito:

Medido

Idade:

25+

Referências:

Global Burden of Disease, the Institute for Health Metrics and Evaluation

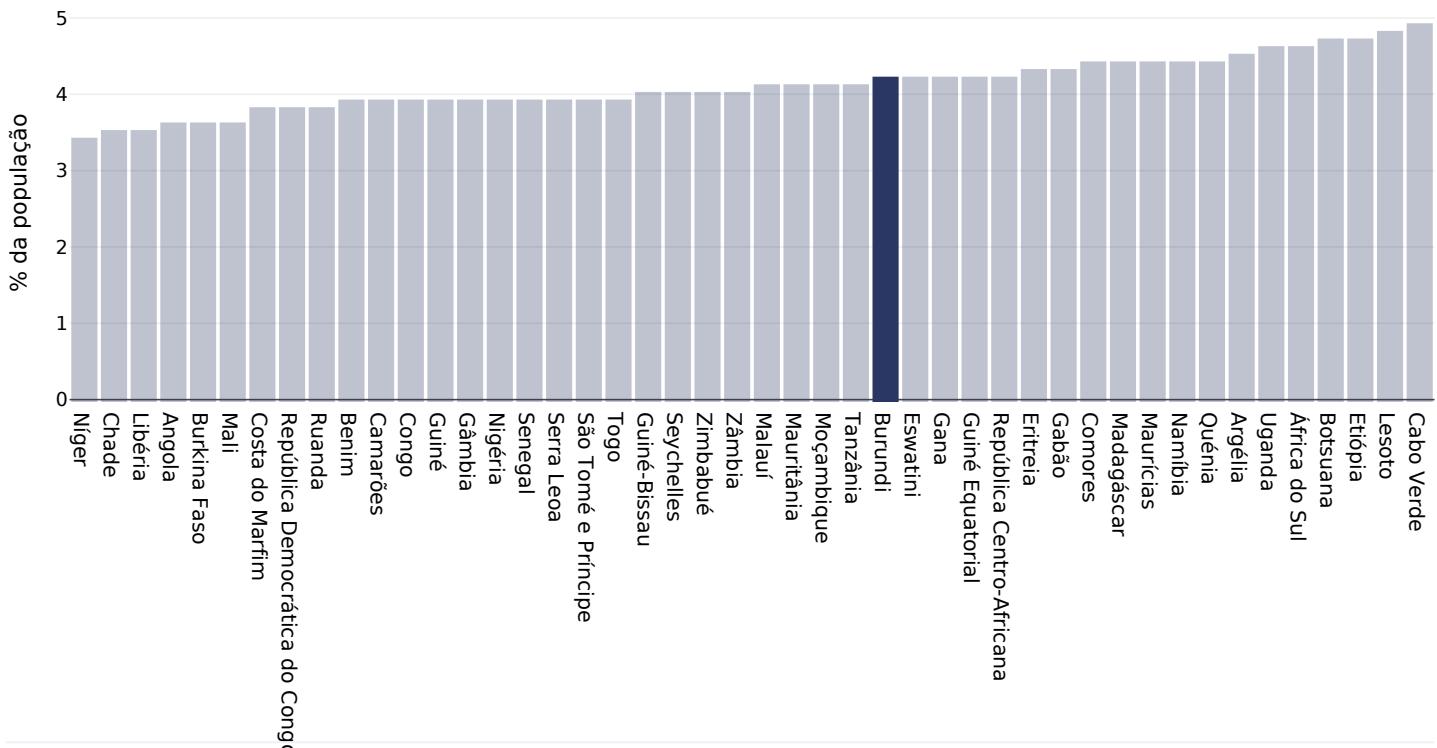
<http://ghdx.healthdata.org/>

Definições (disponível apenas em inglês):

Estimated per-capita whole grains intake (g/day)

## Saúde mental - transtornos depressivos

Adultos, 2015



Referências:

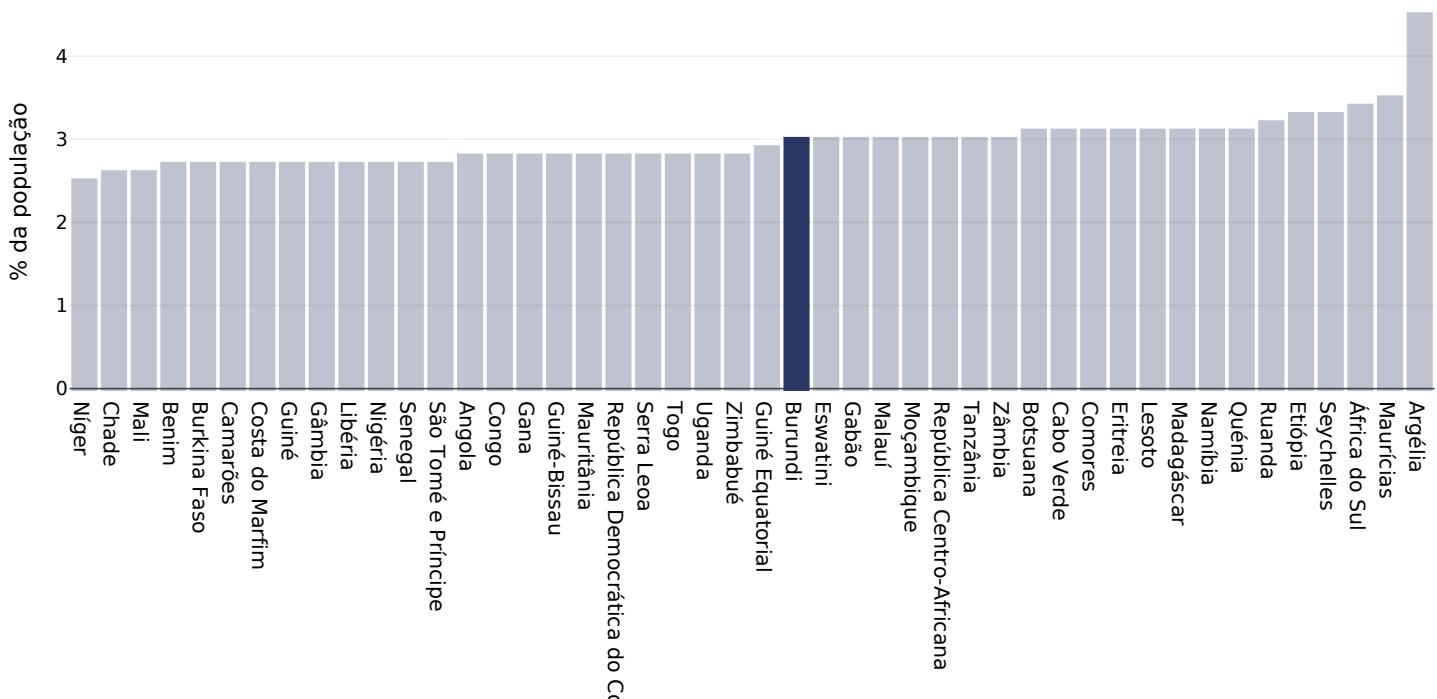
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definições (disponível apenas em inglês):

% of population with depression disorders

## Saúde mental - transtornos de ansiedade

Adultos, 2015



Referências:

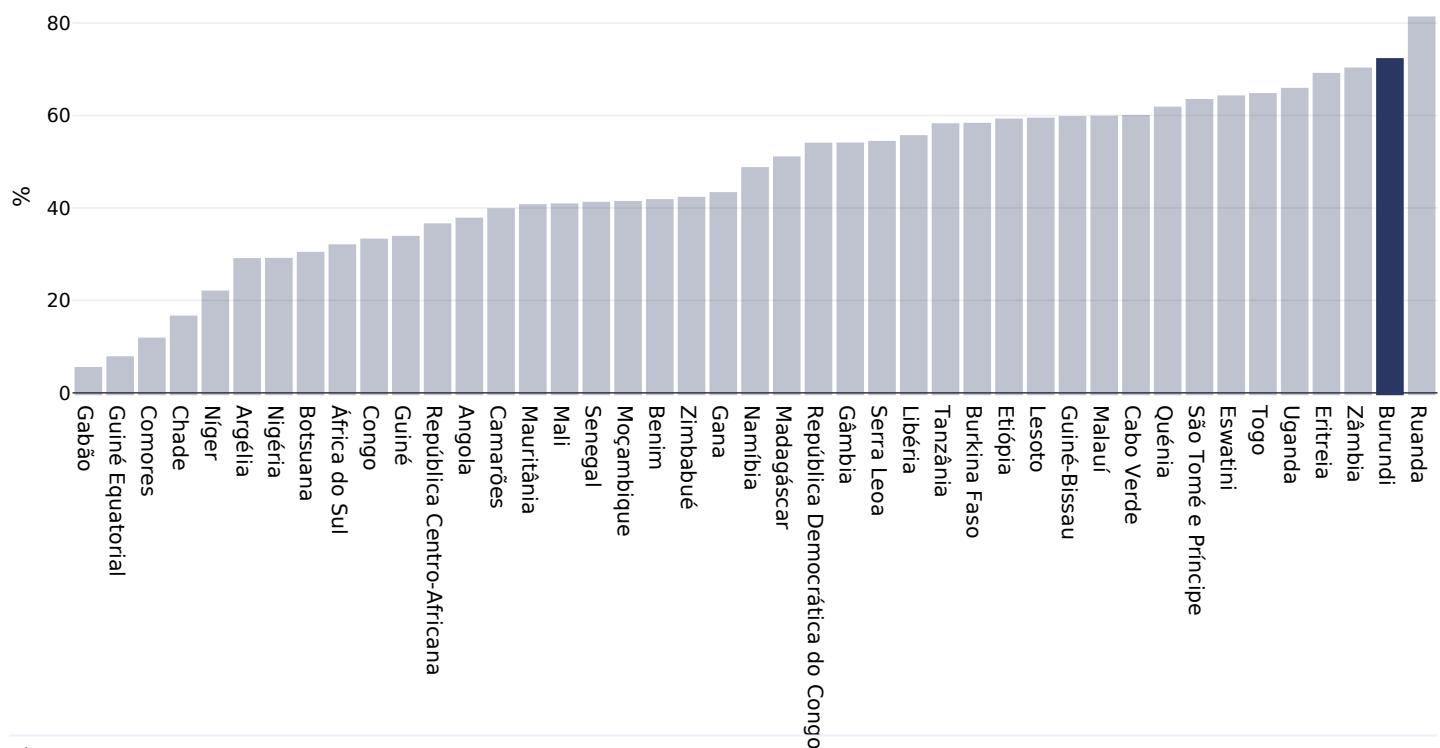
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definições (disponível apenas em inglês):

% of population with anxiety disorders

## % de bebés entre os 0 e 5 meses exclusivamente amamentados

Crianças, 2005-2020



Área abrangida:

Nacional

Referências:

Enquête Nationale sur la Situation Nutritionnelle et la Sécurité Alimentaire au Burundi (ENSNSAB), Décembre 2018

Notas:

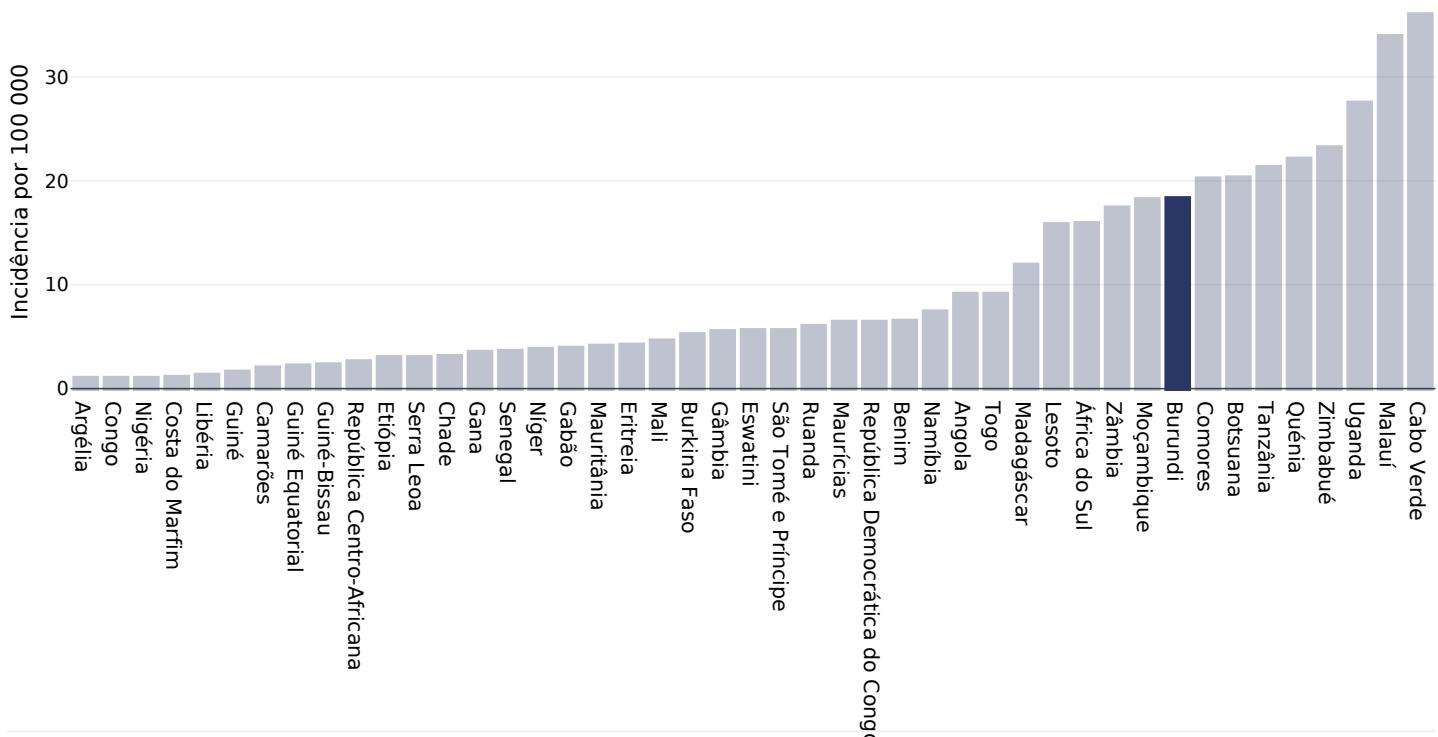
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definições (disponível apenas em inglês):

% exclusively breastfed 0-5 months

## Cancro do esófago

**Homens, 2020**



Idade:

20+

Área abrangida:

Nacional

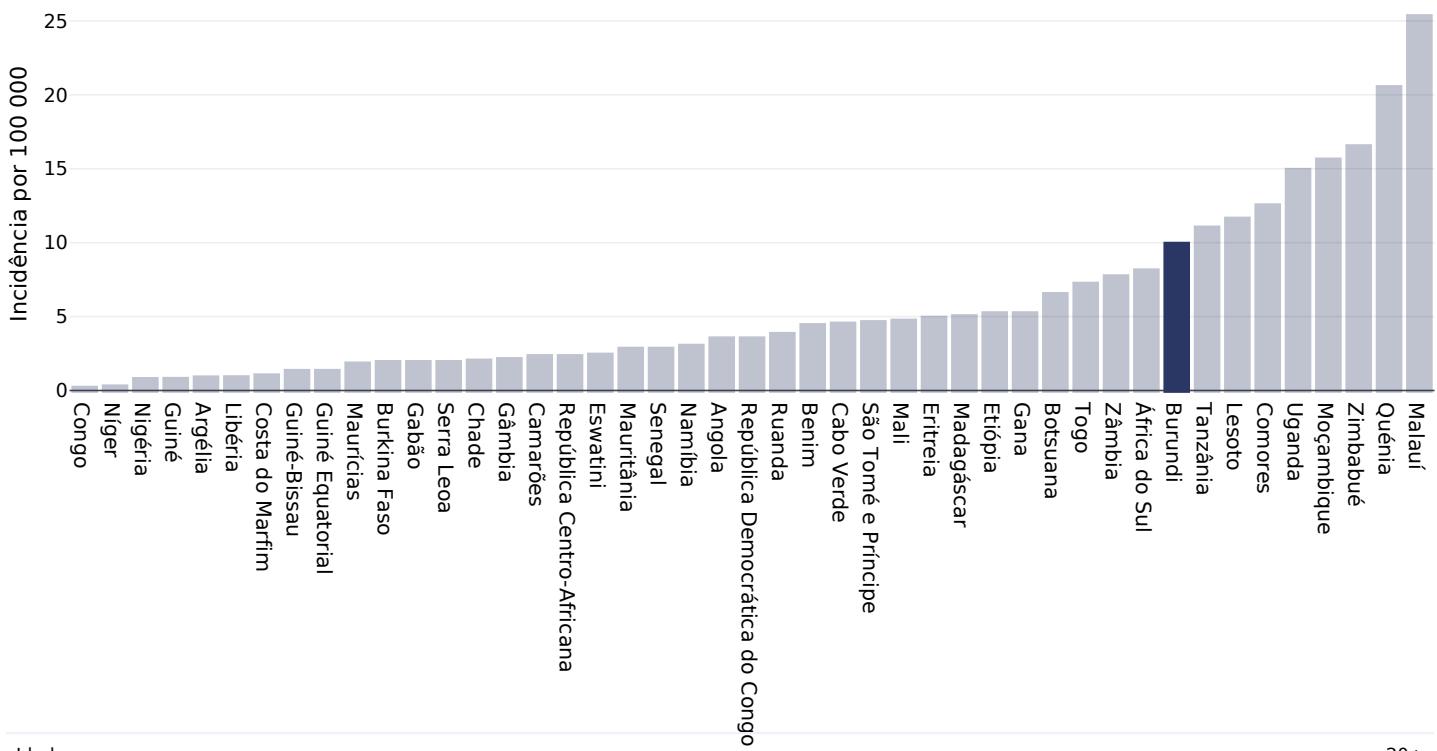
Referências:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Mulheres, 2020



Idade:

20+

Área abrangida:

Nacional

Referências:

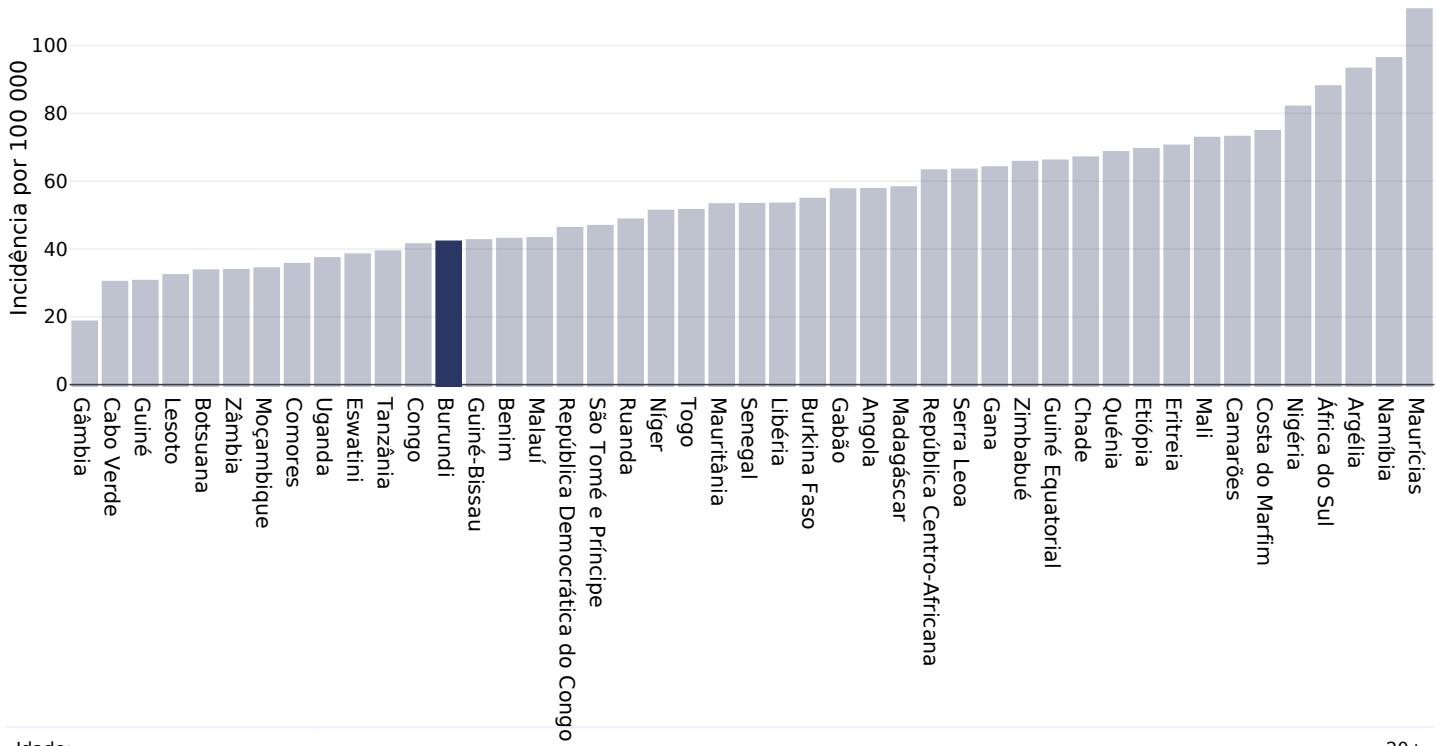
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Cancro da mama

**Mulheres, 2020**



Idade:

20+

Área abrangida:

Nacional

Referências:

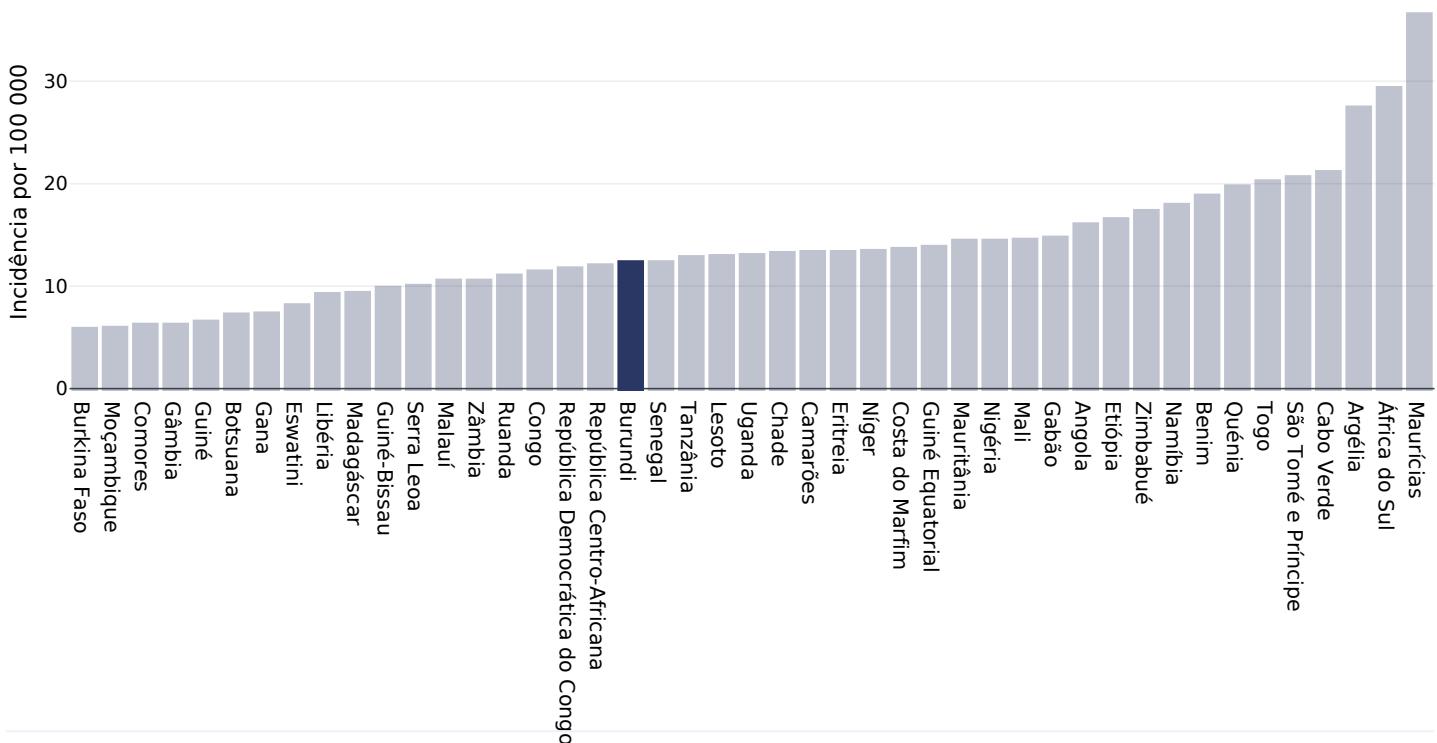
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Cancro colorretal

**Homens, 2020**



Idade:

20+

Área abrangida:

Nacional

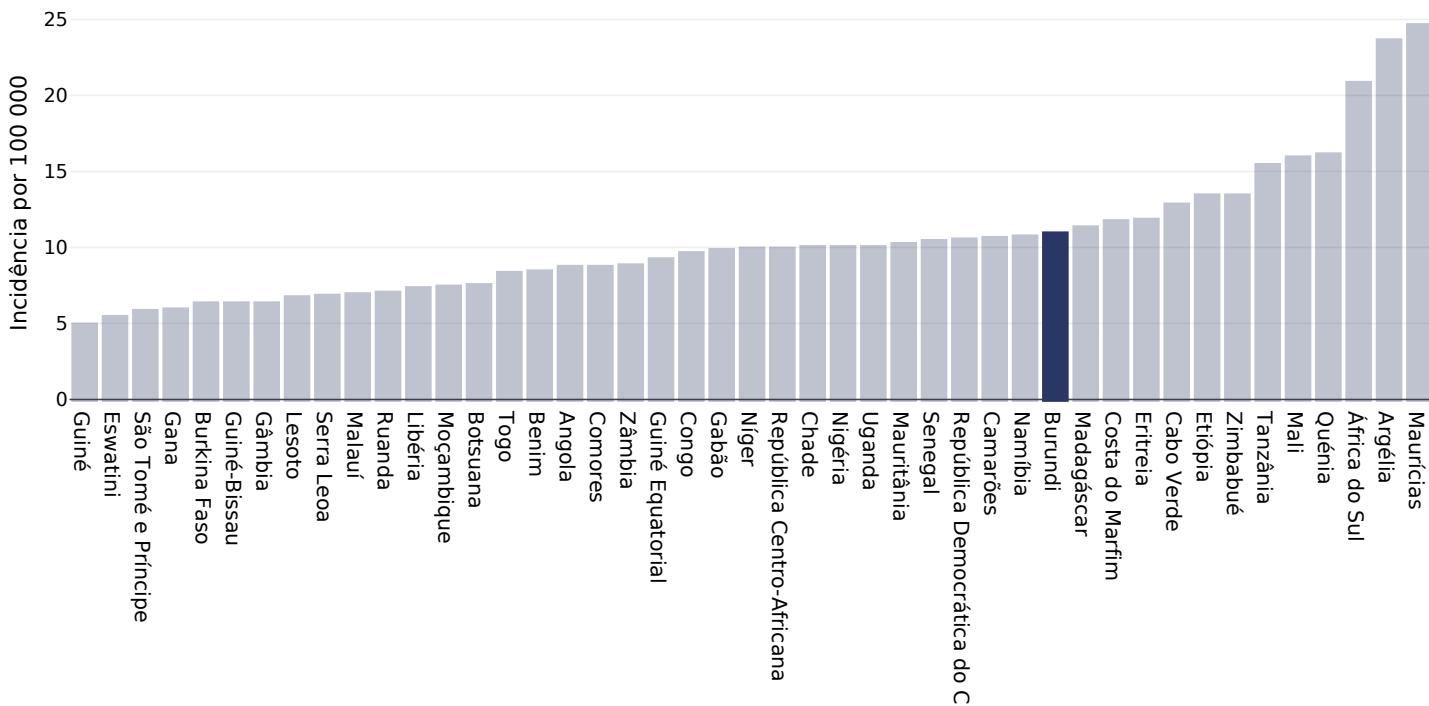
Referências:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Mulheres, 2020



Idade:

20+

Área abrangida:

Nacional

Referências:

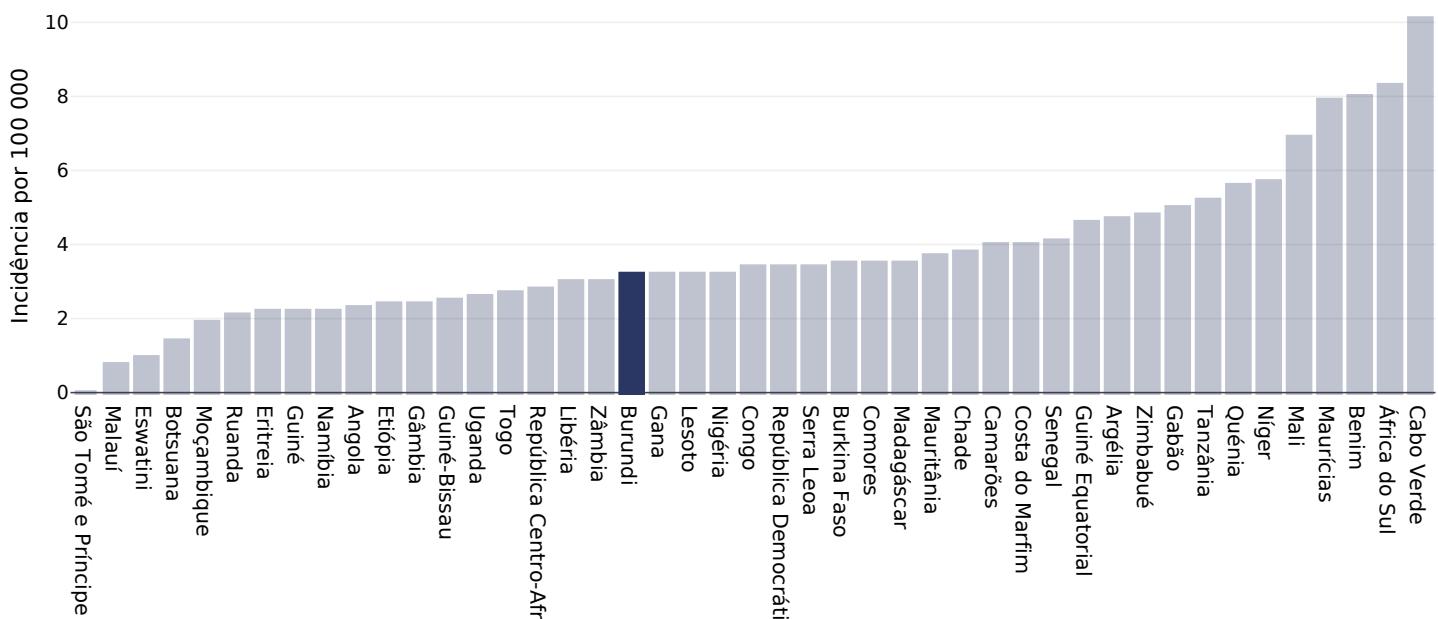
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Cancro do pâncreas

**Homens, 2020**



Idade:

20+

Área abrangida:

Nacional

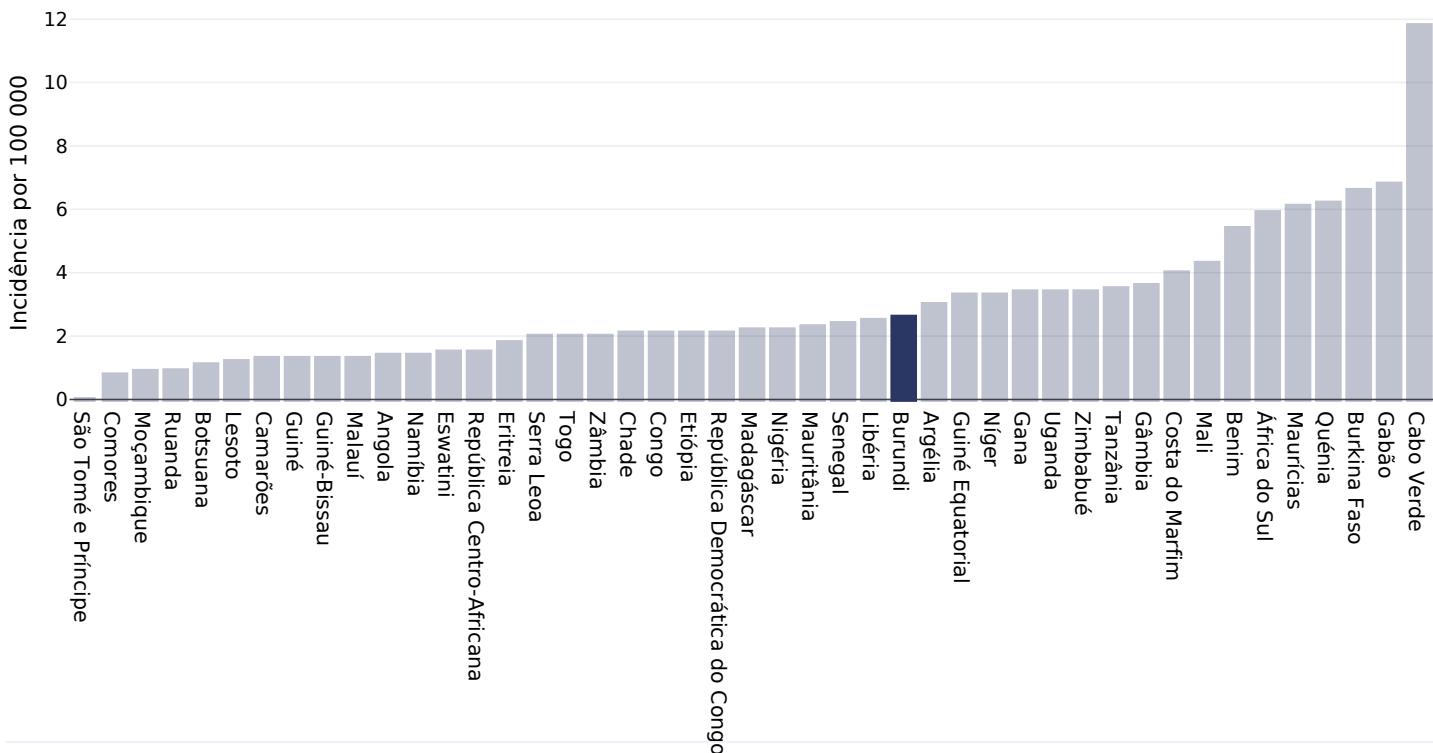
Referências:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Mulheres, 2020



Idade:

20+

Área abrangida:

Nacional

Referências:

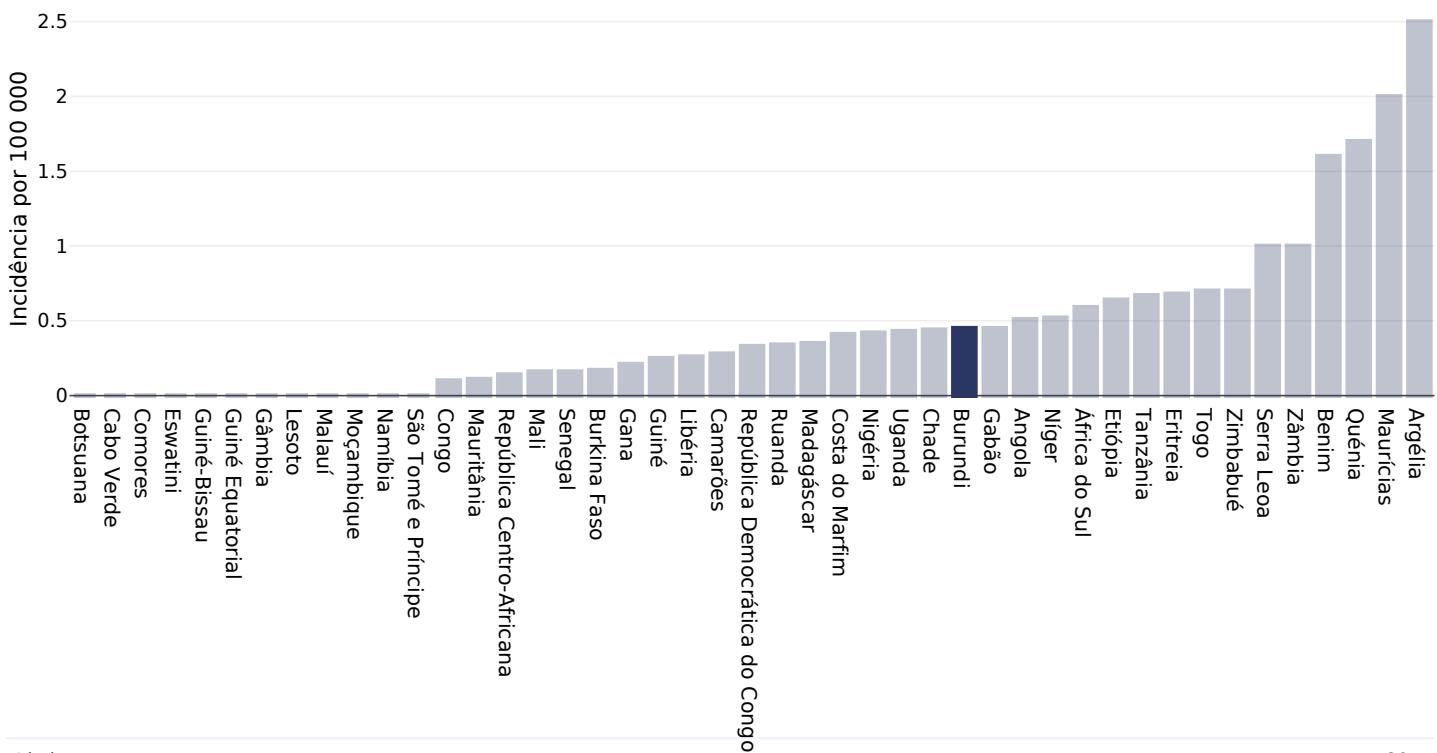
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Cancro da vesícula biliar

**Homens, 2020**



Idade:

20+

Área abrangida:

Nacional

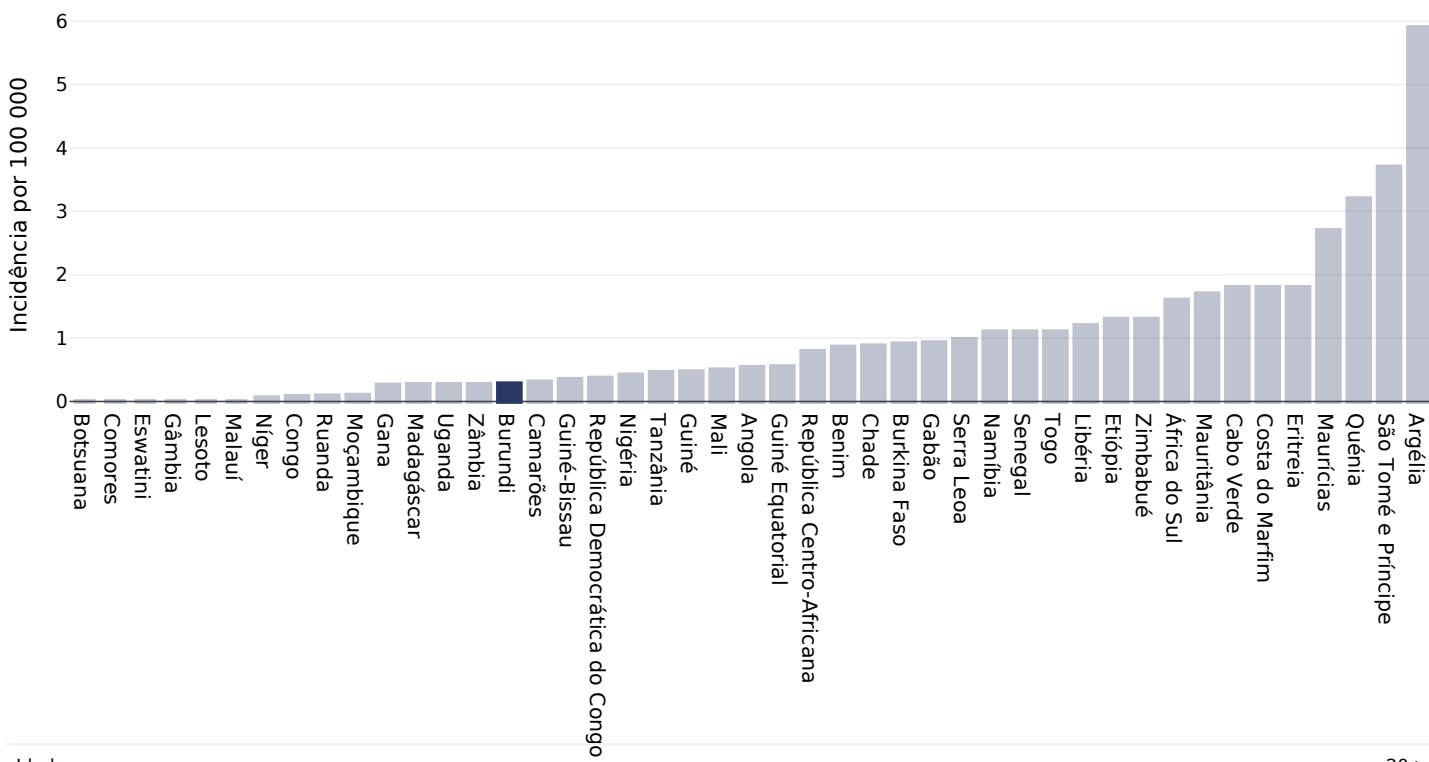
Referências:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Mulheres, 2020



Idade:

20+

Área abrangida:

Nacional

Referências:

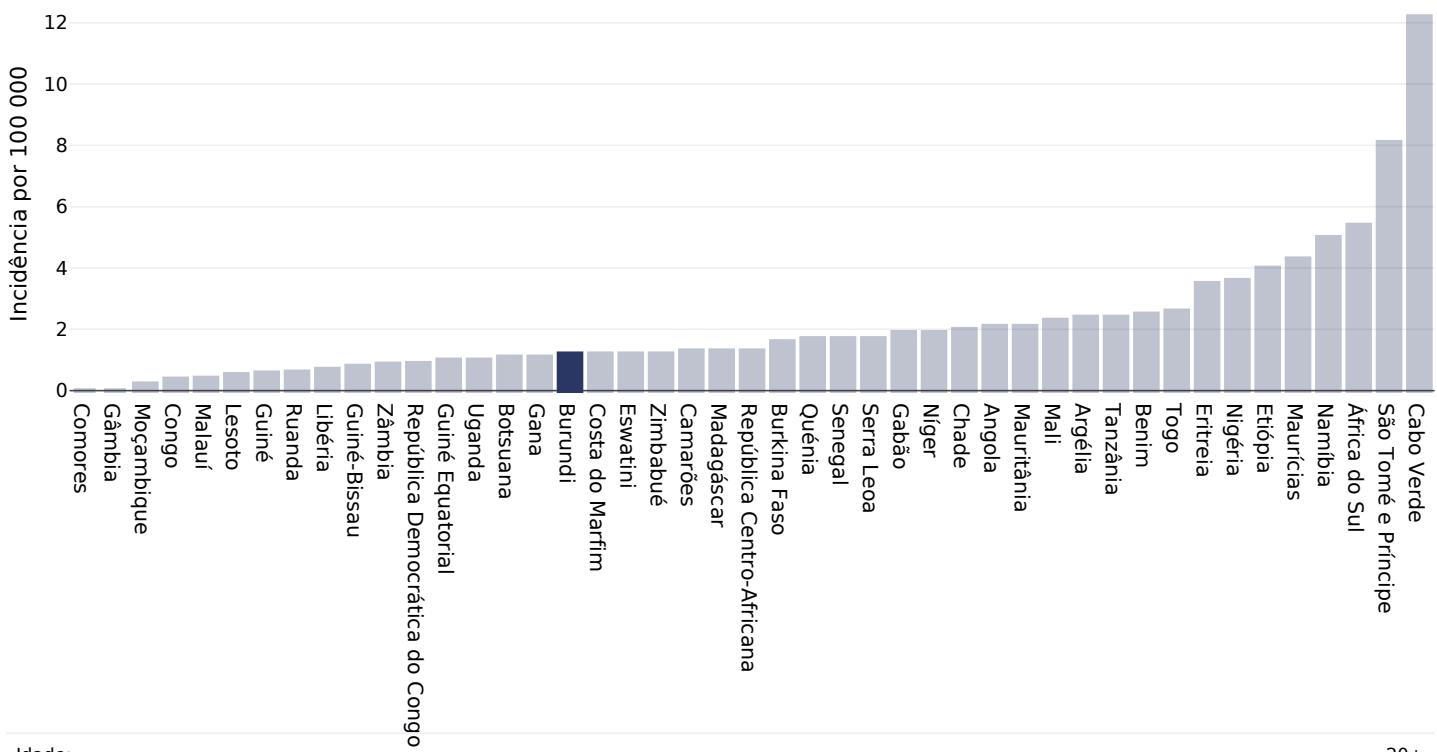
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Cancro do rim

### Homens, 2020



Idade:

20+

Área abrangida:

Nacional

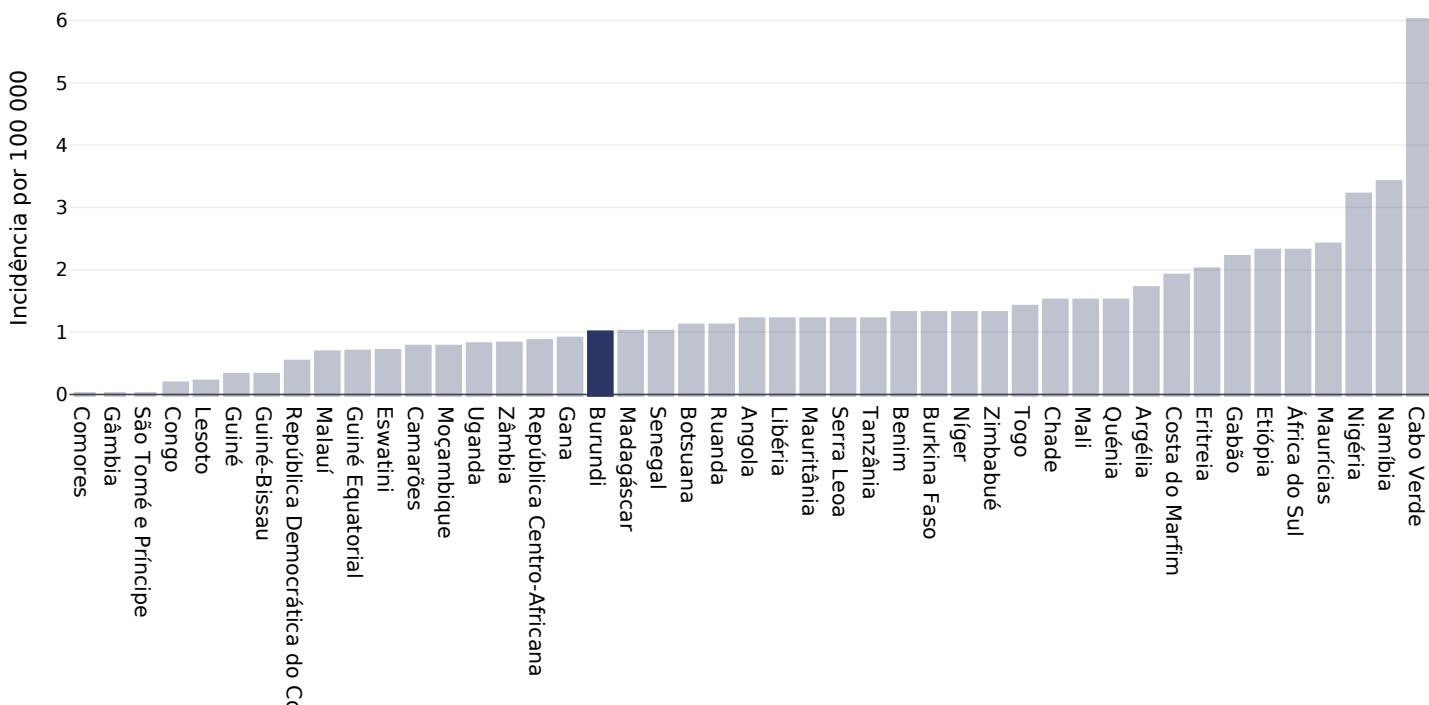
Referências:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Mulheres, 2020



Idade:

20+

Área abrangida:

Nacional

Referências:

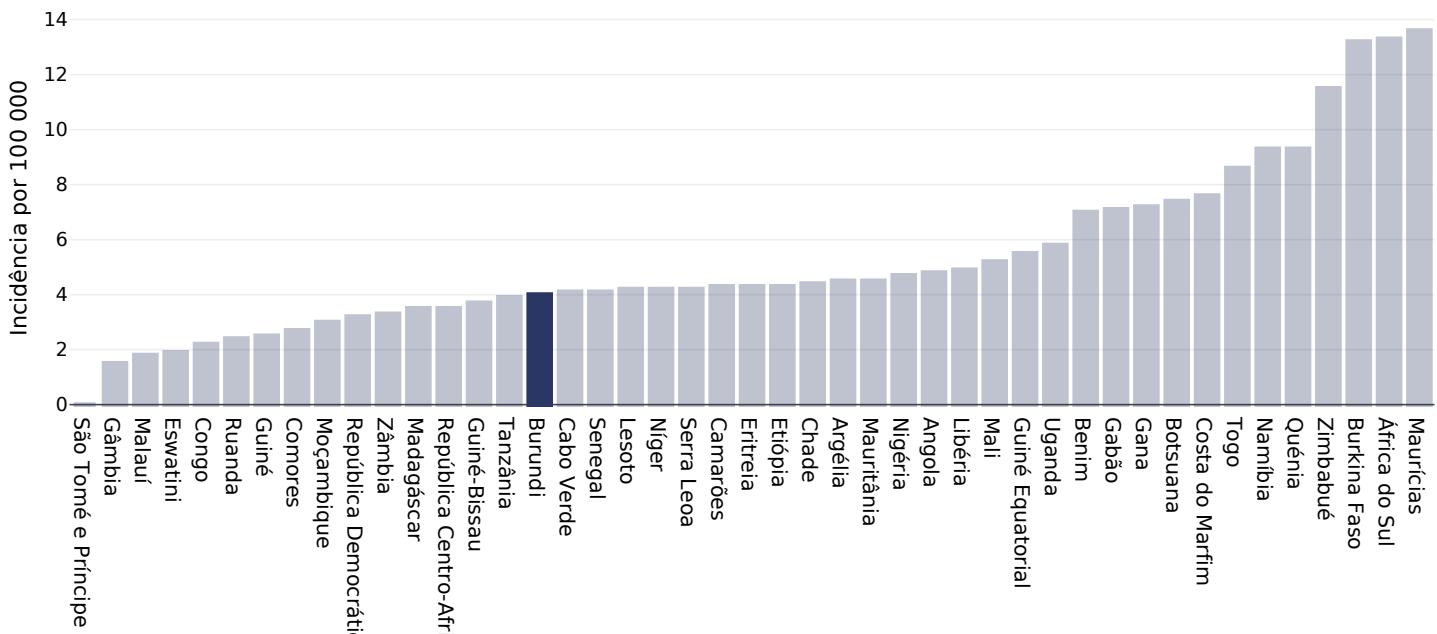
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Cancro do útero

### Mulheres, 2020



Idade:

20+

Área abrangida:

Nacional

Referências:

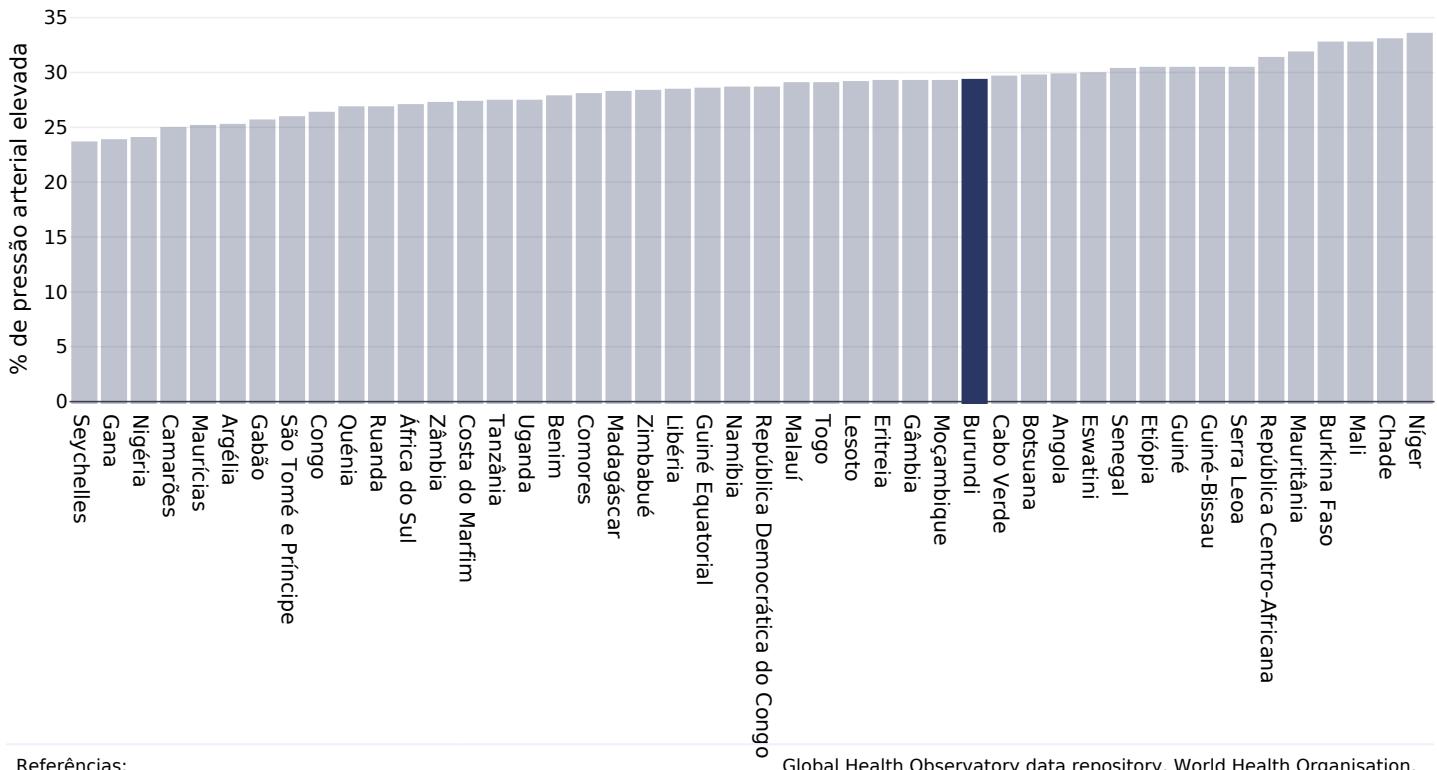
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2073

Definições (disponível apenas em inglês):

Age-standardized incidence rates per 100 000

## Pressão arterial elevada

**Adultos, 2015**



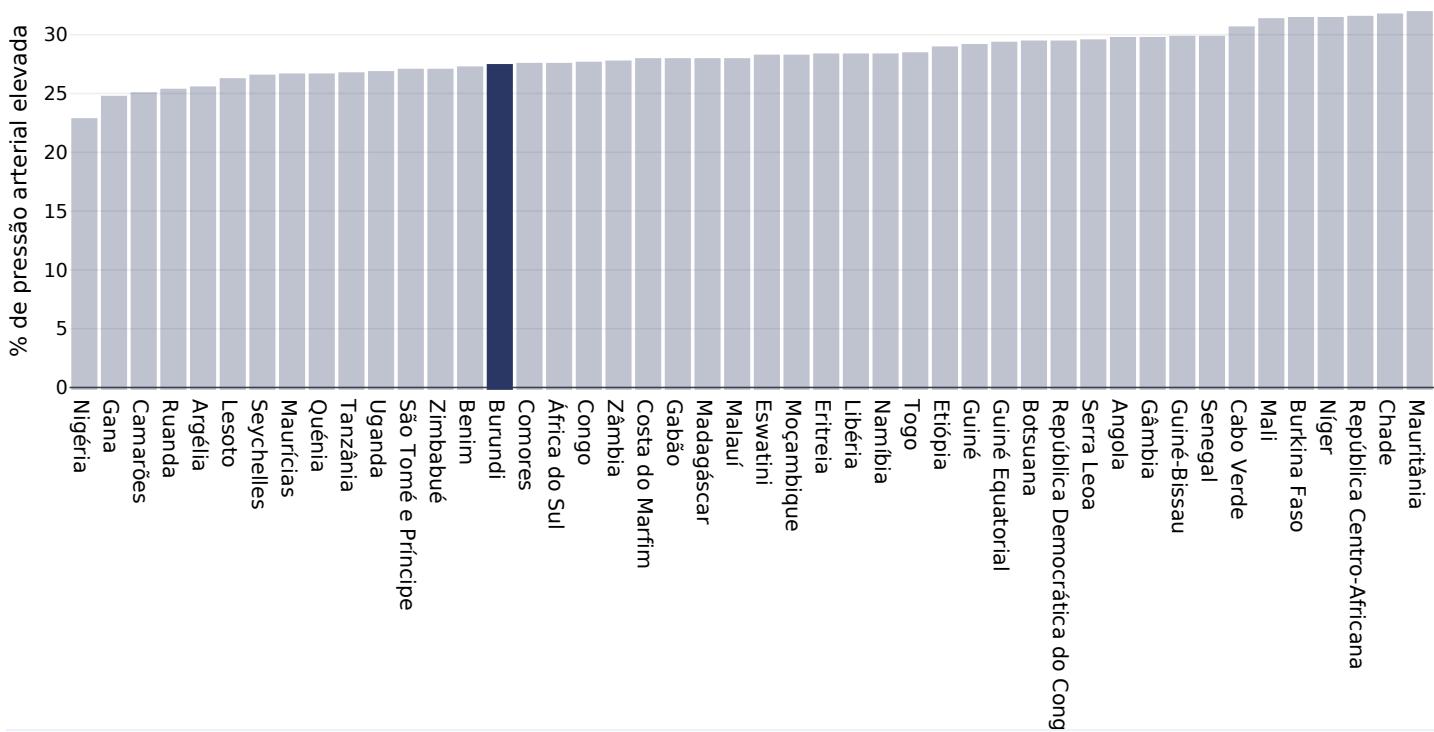
Referências:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definições (disponível apenas em inglês):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Homens, 2015



Referências:

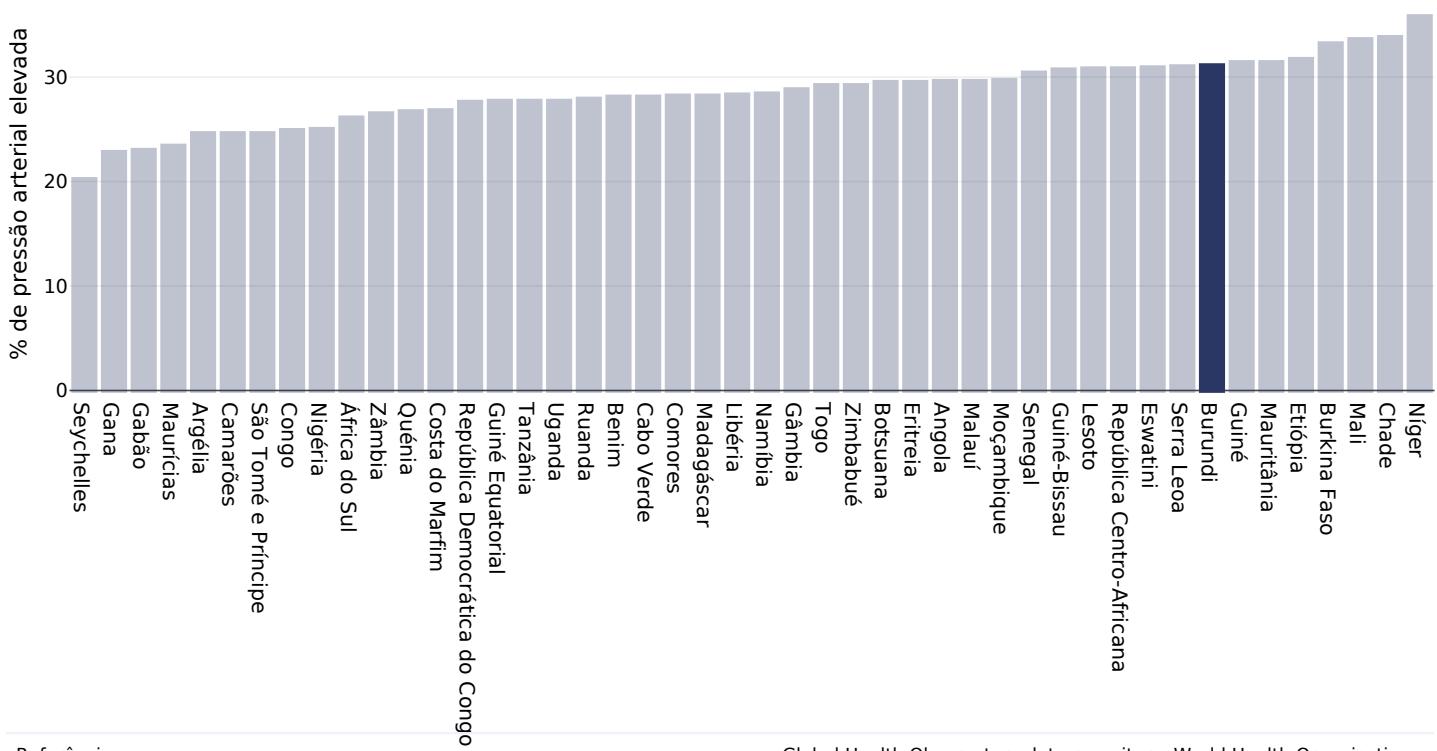
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definições (disponível apenas em inglês):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Mulheres, 2015



Referências:

Global Health Observatory data repository, World Health Organisation,

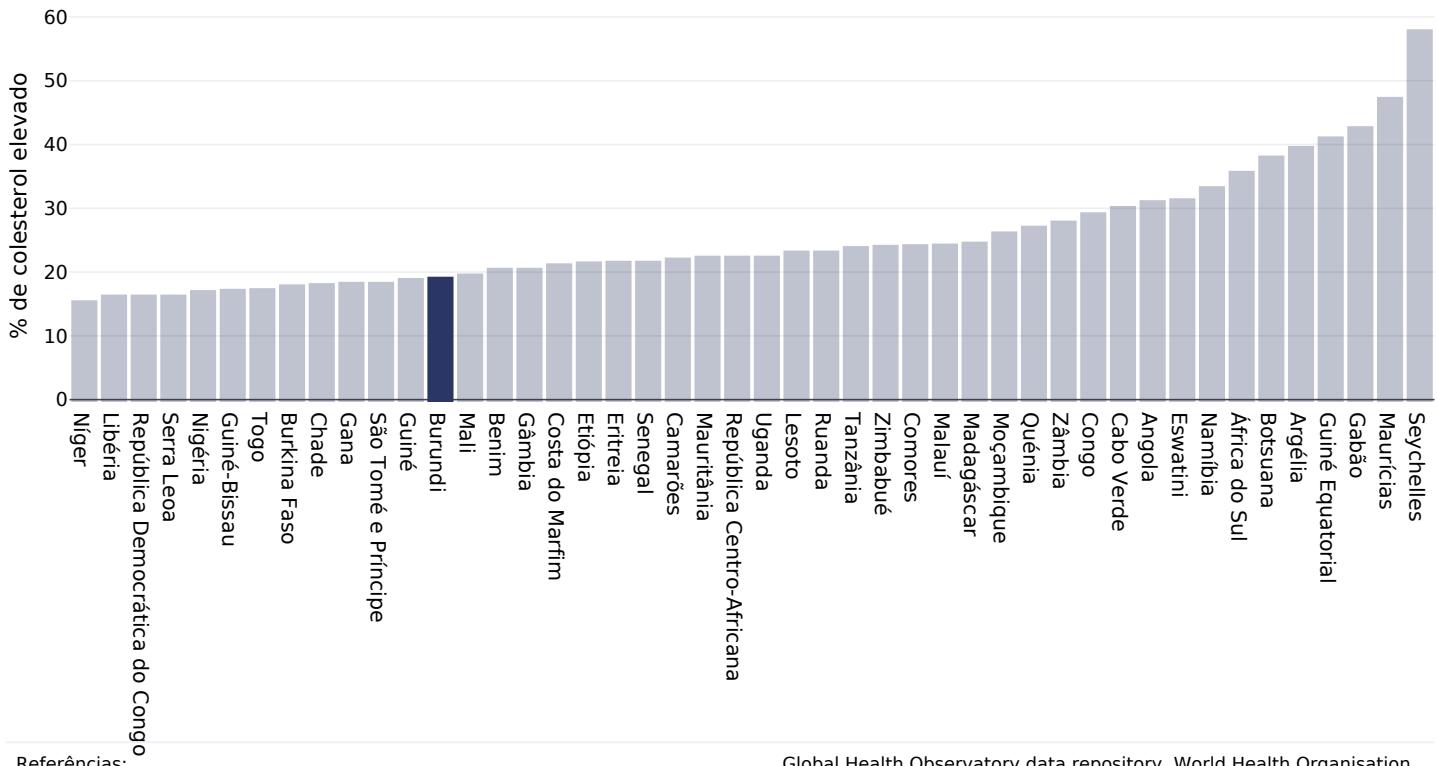
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definições (disponível apenas em inglês):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Colesterol elevado

**Adultos, 2008**



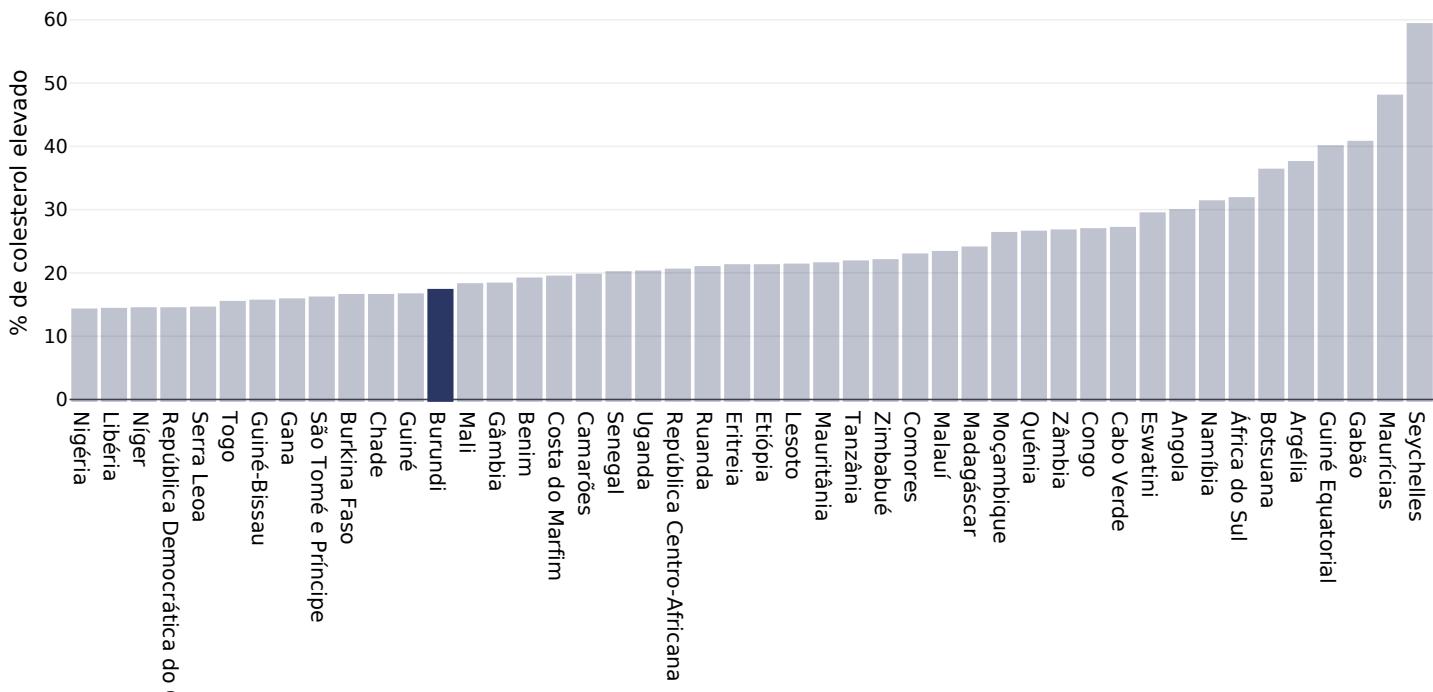
Referências:

Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

Definições (disponível apenas em inglês): % Raised total cholesterol ( $\geq 5.0 \text{ mmol/L}$ ) (age-standardized estimate).

## Homens, 2008



Referências:

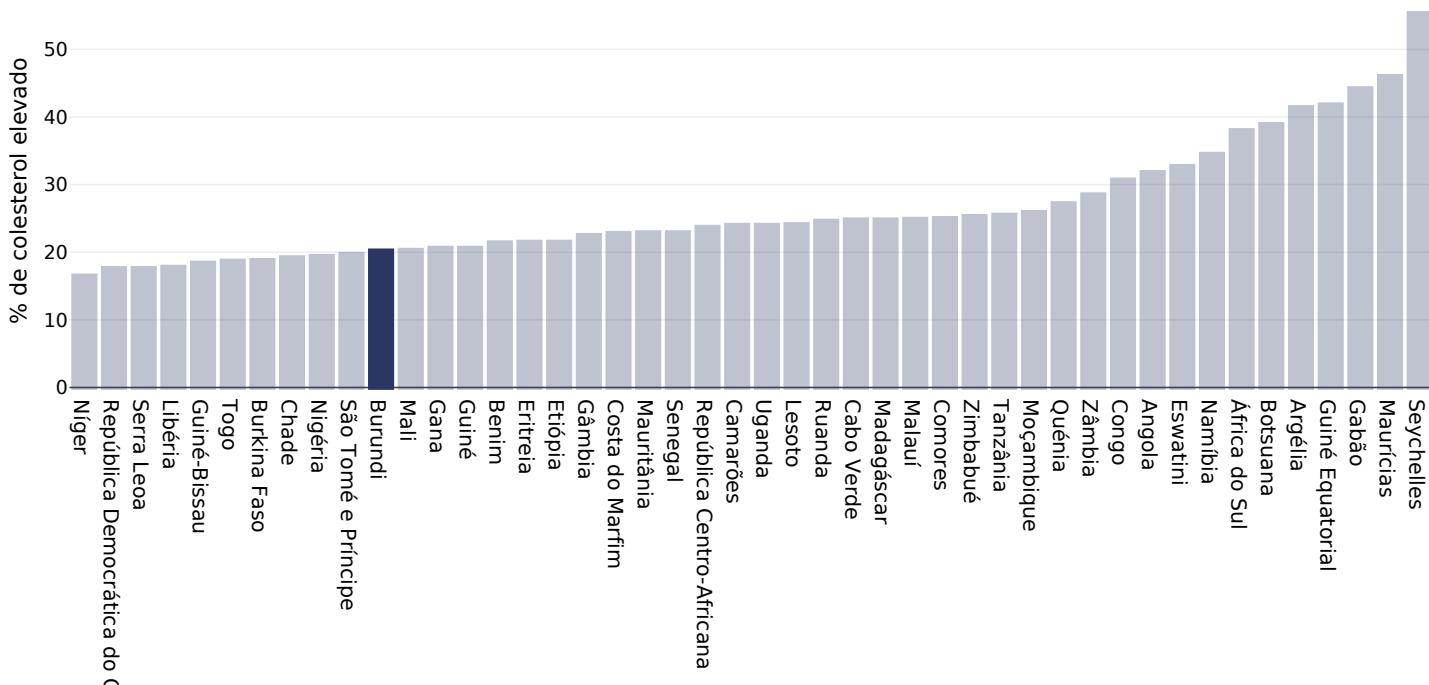
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

Definições (disponível apenas em inglês):

% Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Mulheres, 2008



Referências:

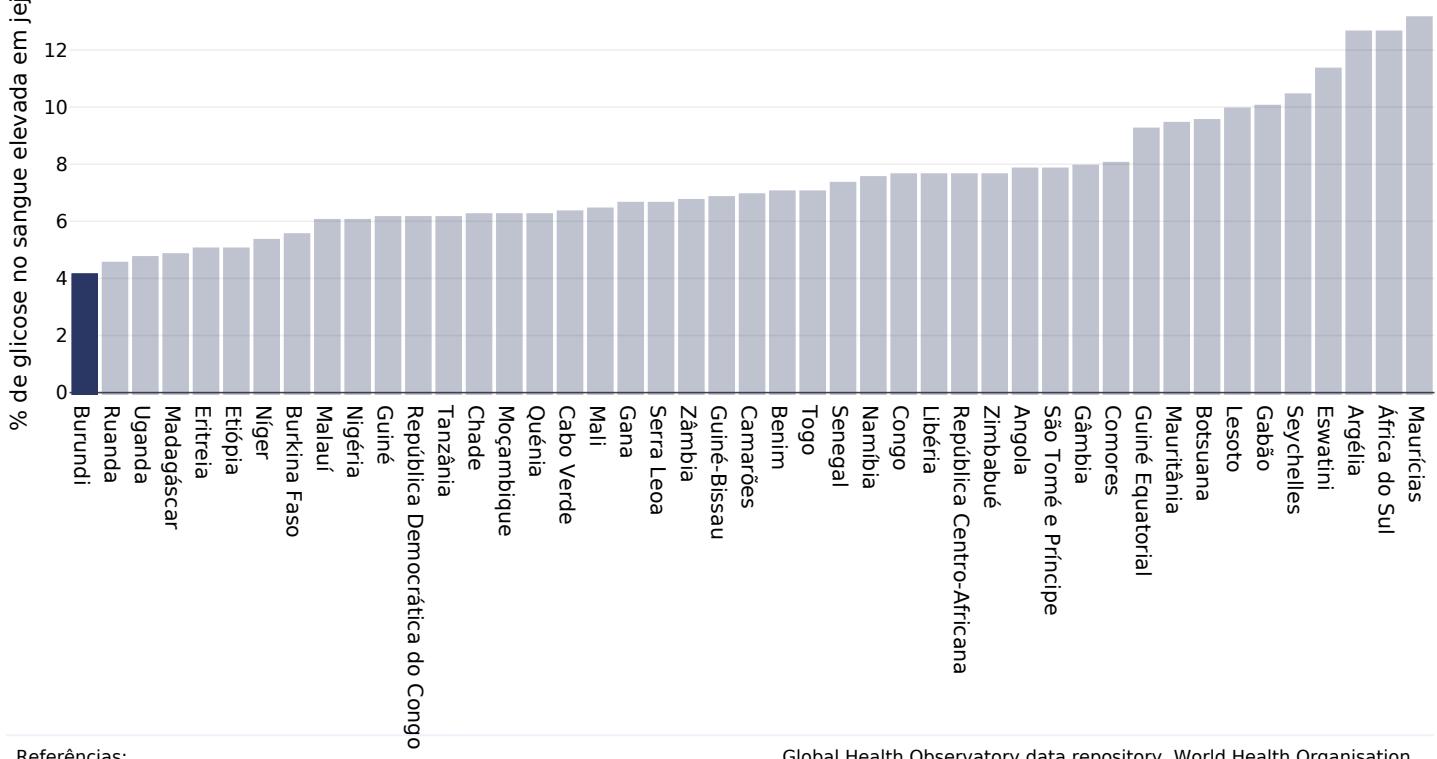
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

Definições (disponível apenas em inglês): % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Glicose no sangue elevada em jejum

**Homens, 2014**



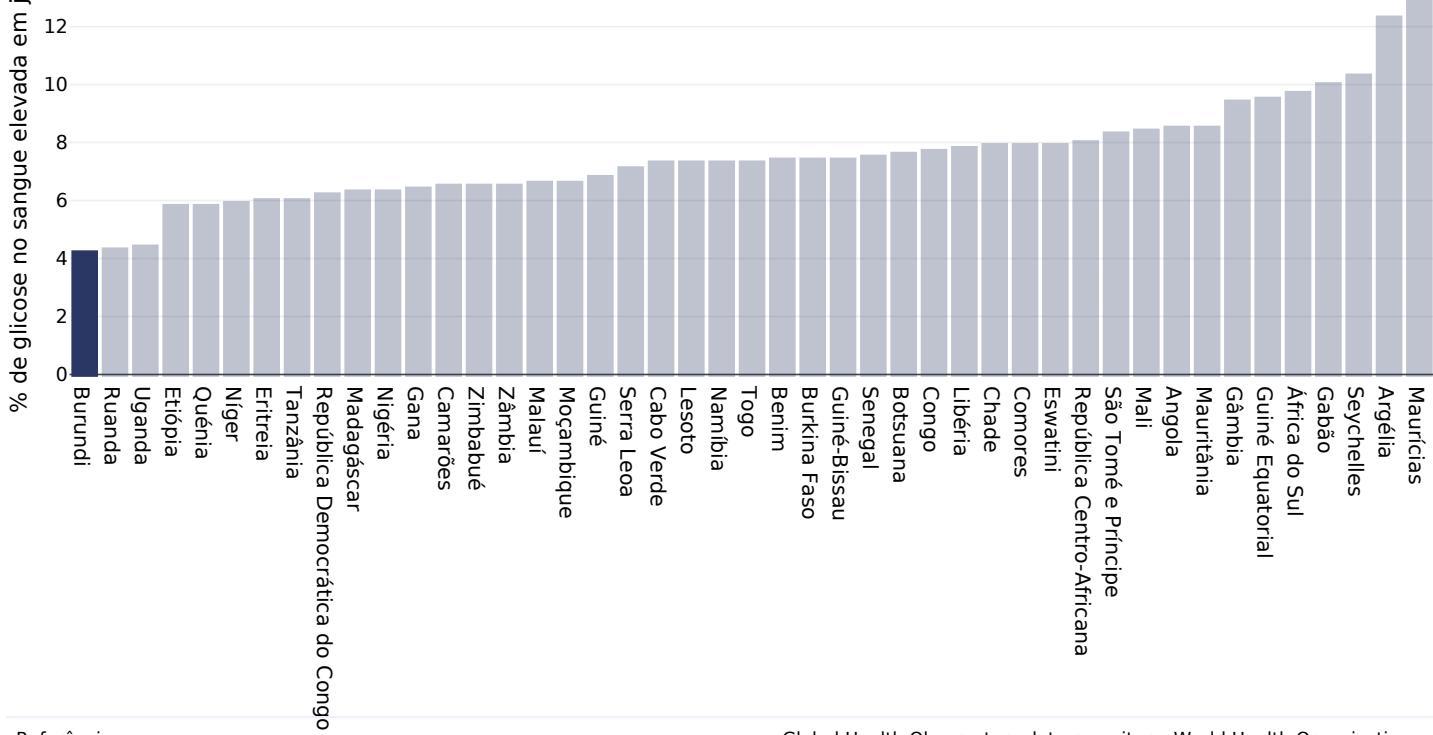
Referências:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definições (disponível apenas em inglês):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

## Mulheres, 2014



Referências:

Global Health Observatory data repository, World Health Organisation,

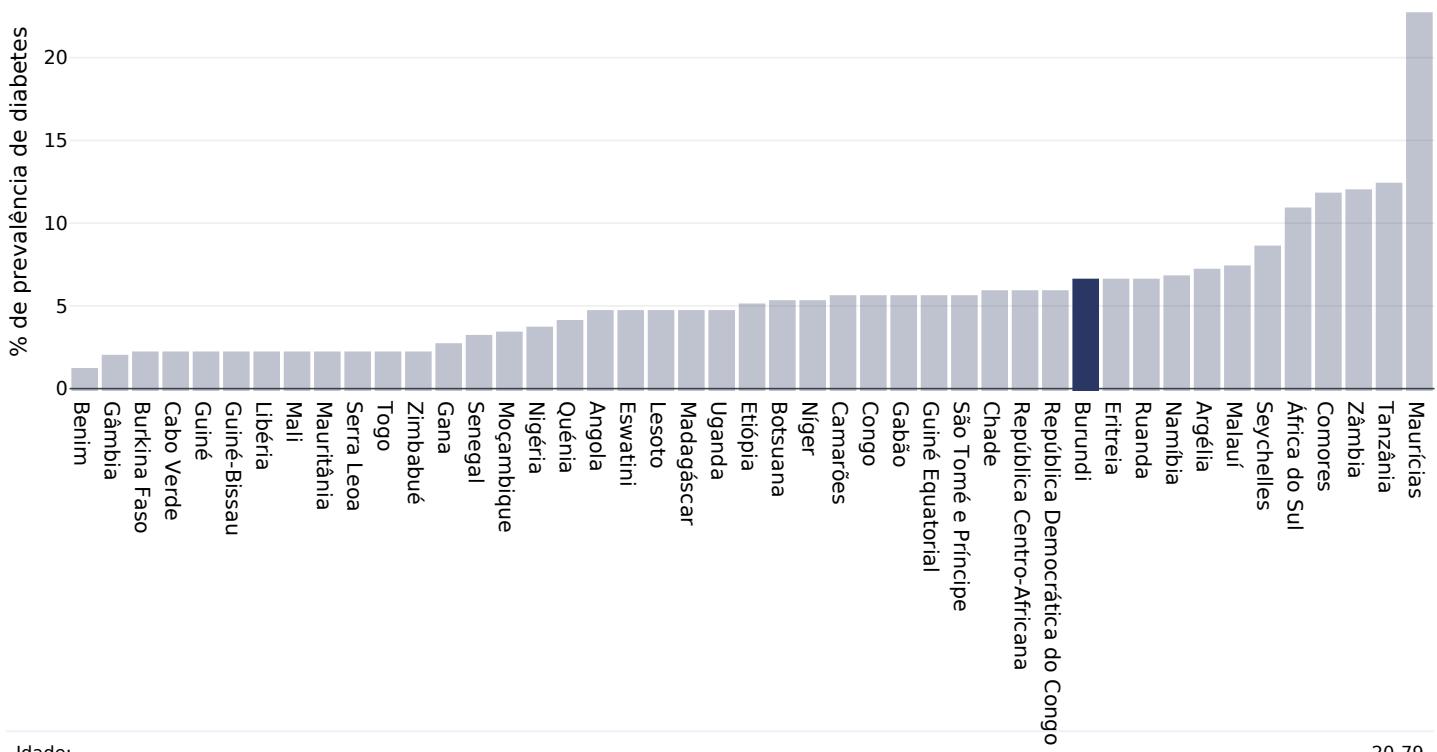
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definições (disponível apenas em inglês):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

## Prevalência de diabetes

**Adultos, 2021**



Idade: 20-79

Área abrangida: Nacional

Referências: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definições (disponível apenas em inglês): Age-adjusted comparative prevalence of diabetes, %

## Contextual factors

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



### Labelling

Is there mandatory nutrition labelling?



Front-of-package labelling?



Back-of-pack nutrition declaration?



Color coding?



Warning label?





## Regulation and marketing

**Are there fiscal policies on unhealthy products?**

Tax on unhealthy foods?

✗

Tax on unhealthy drinks?

✗

**Are there fiscal policies on healthy products?**

Subsidy on fruits?

✗

Subsidy on vegetables?

✗

Subsidy on other healthy products?

✗

**Mandatory limit or ban of trans fat (all settings)?**

Mandatory limit of trans fats in place (all settings)?

✗

Ban on trans-fats or phos in place (all settings)?

✗

**Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?**

Mandatory restriction on broadcast media?

✗

Mandatory restriction on non-broadcast media?

✗

Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?

✗

**Are there mandatory standards for food in schools?**

✗

**Are there any mandatory nutrient limits in any manufactured food products?**

✗

**Nutrition standards for public sector procurement?**

✗



## Political will and support

National obesity strategy or nutrition and physical activity national strategy?	<span style="color: red;">X</span>
National obesity strategy?	<span style="color: red;">X</span>
National childhood obesity strategy?	<span style="color: red;">X</span>
Comprehensive nutrition strategy?	<span style="color: red;">X</span>
Comprehensive physical activity strategy?	<span style="color: red;">X</span>
<b>Evidence-based dietary guidelines and/or RDAs?</b>	<span style="color: red;">X</span>
<b>National target(s) on reducing obesity?</b>	<span style="color: green;">✓</span>
<b>Guidelines/policy on obesity treatment?</b>	<span style="color: red;">X</span>
<b>Promotion of breastfeeding?</b>	<span style="color: green;">✓</span>



## Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	<span style="color: green;">✓</span>
Within 5 years?	<span style="color: green;">✓</span>



## Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	<span style="color: green;">✓</span>
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## Key

<span style="color: green;">✓</span> Present	<span style="color: green;">✓v</span> Present (voluntary)	<span style="color: yellow;">✓</span> Incoming	<span style="color: red;">X</span> Absent	<span style="color: black;">?</span> Unknown
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