

# Report card Bangladesh



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### **Obesity prevalence**

#### Adults, 2018

Obesity Overweight 35 30 25 20 % 15 10 5 0 Adults Men Women Survey type: Measured Age: 18-69 7985 Sample size: Area covered: National **References:** National STEPS Survey for Non-communicable Diseases Risk Factors in Bangladesh 2018. National Institute of Preventive and Social Medicine (NIPSOM) Mohakhali, Dhaka1212 Available at https://extranet.who.int/ncdsmicrodata/index.php/catalog/770 (last accessed 05.10.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



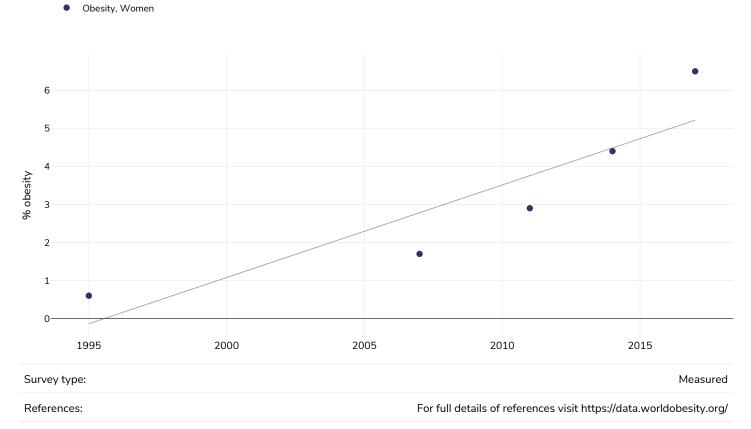
#### Children, 2018-2019

Overweight or obesity





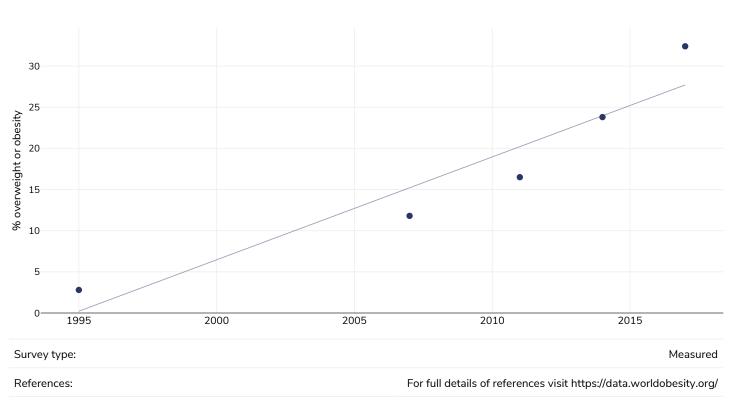
### % Adults living with obesity, 1995-2018



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



### % Adults living with overweight or obesity, 1995-2018



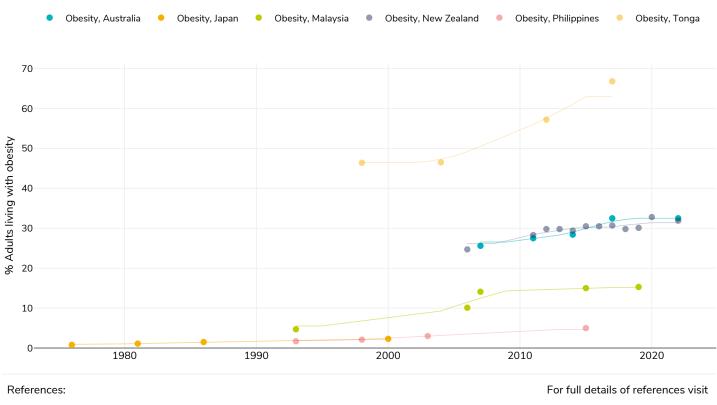
• Overweight or obesity, Women

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



### % Adults living with obesity, selected countries, 1976-2023

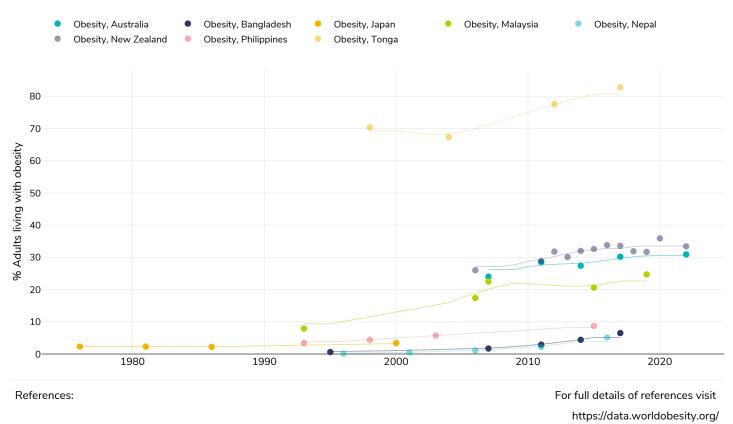
#### Men



https://data.worldobesity.org/



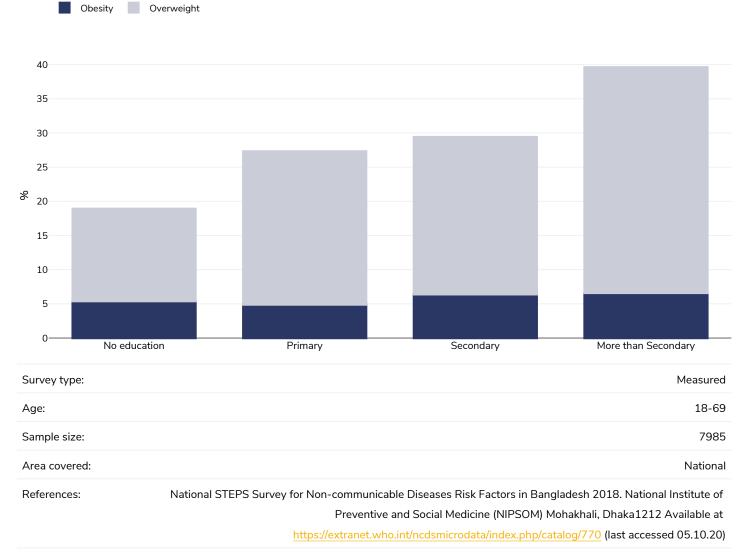
#### Women





### Overweight/obesity by education

#### Adults, 2018

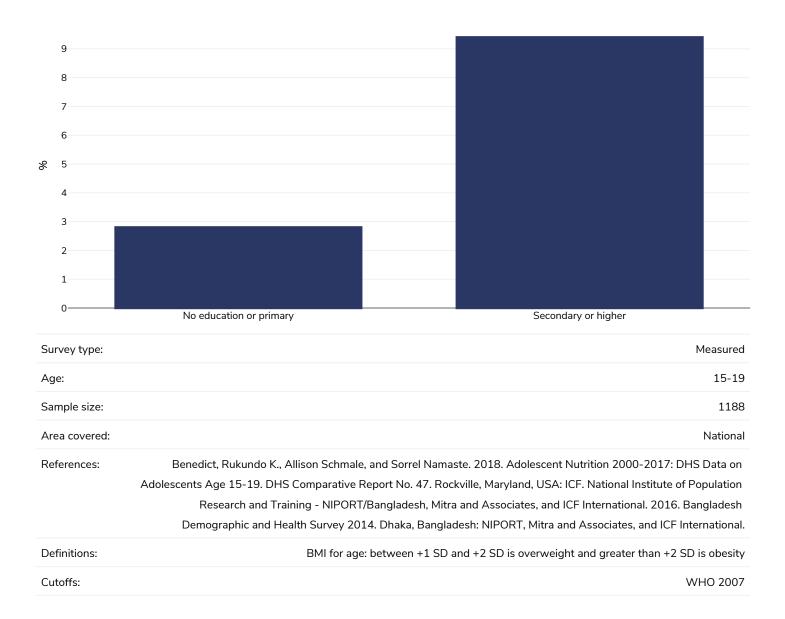


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



### Girls, 2014

Overweight or obesity

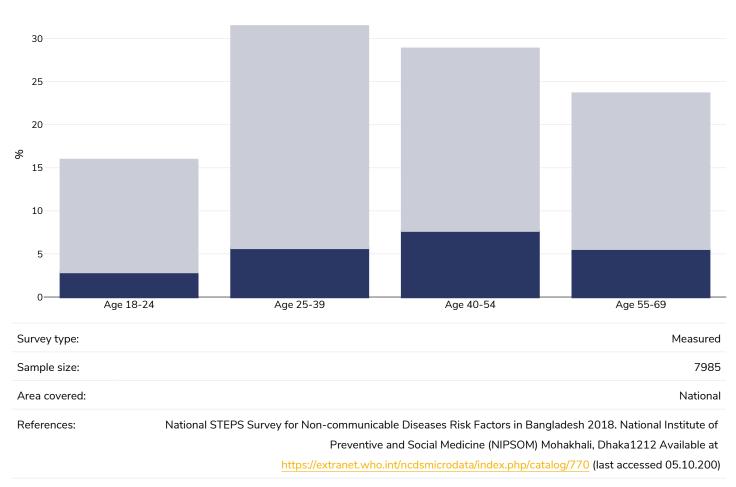




### Overweight/obesity by age

### Adults, 2018

Obesity Overweight

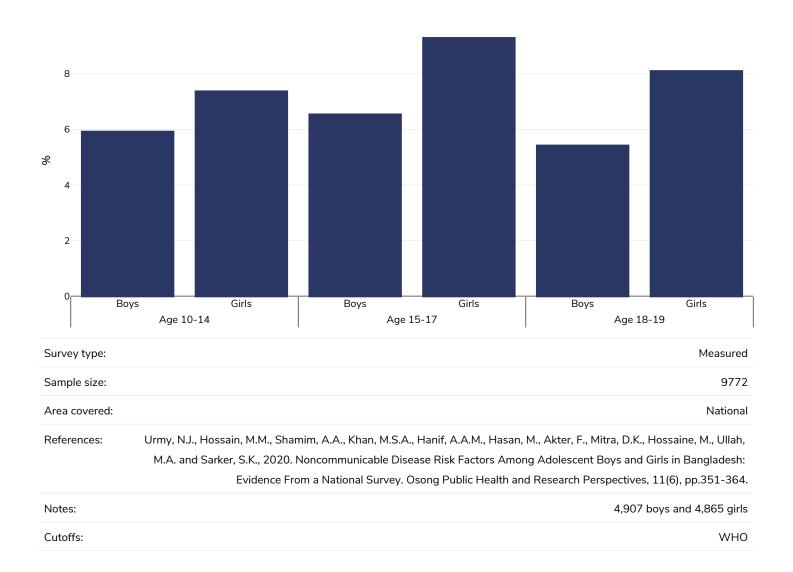


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



#### Children, 2018-2019

Overweight or obesity

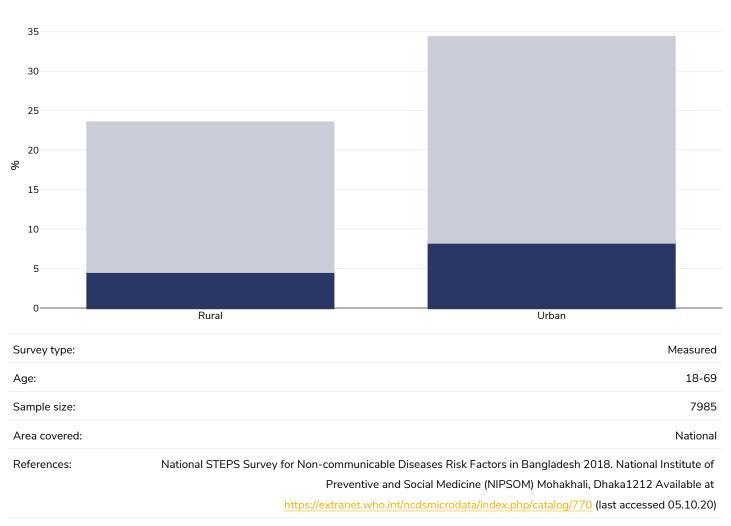




### Overweight/obesity by region

#### Adults, 2018

Obesity Overweight

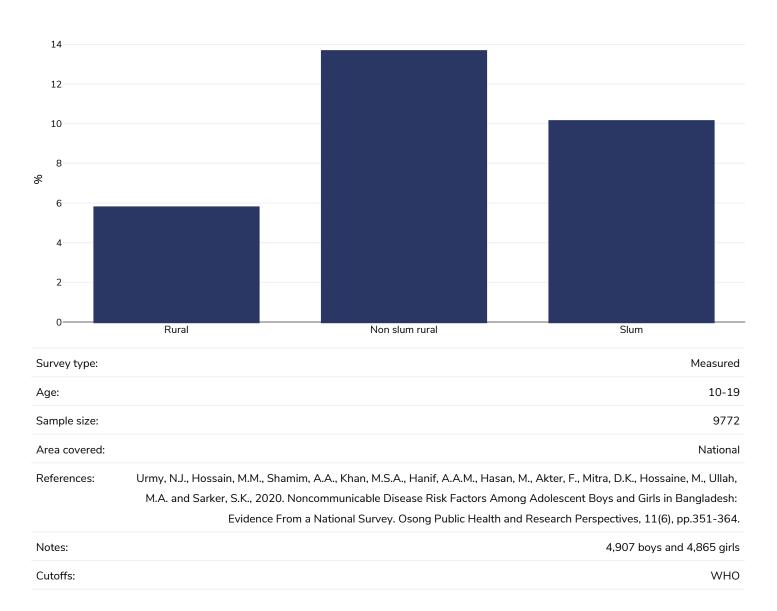


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



#### Boys, 2018-2019

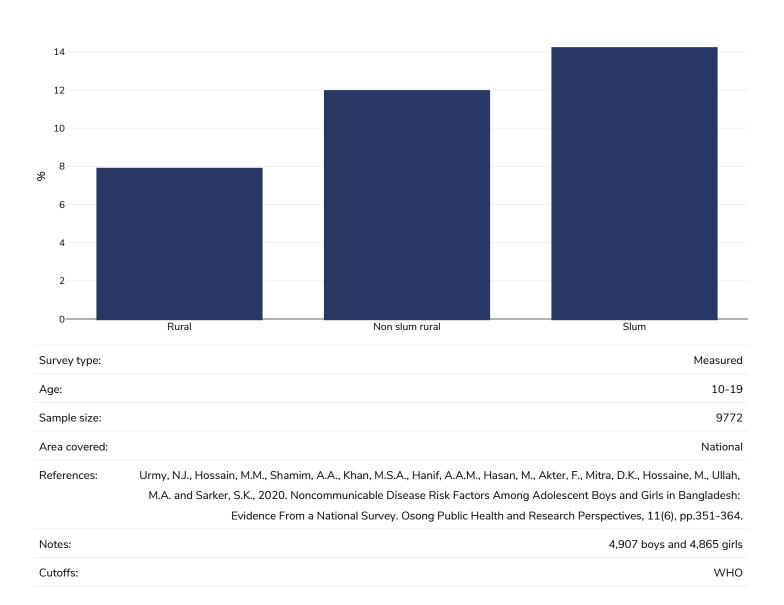
Overweight or obesity





#### Girls, 2018-2019

Overweight or obesity

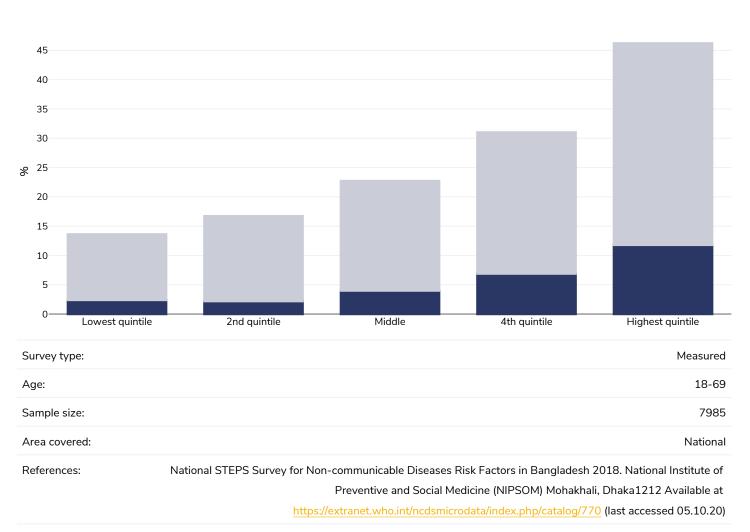




### Overweight/obesity by socio-economic group

### Adults, 2018

Obesity Overweight

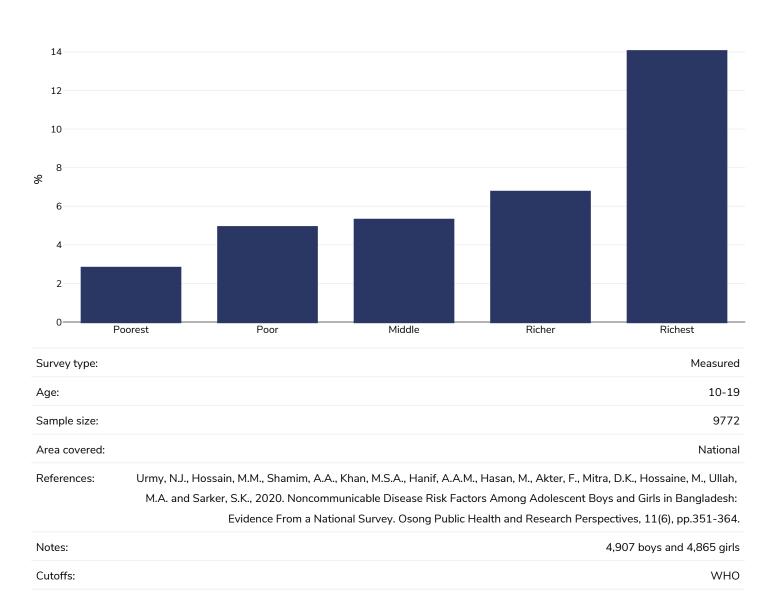


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.



#### Boys, 2018-2019

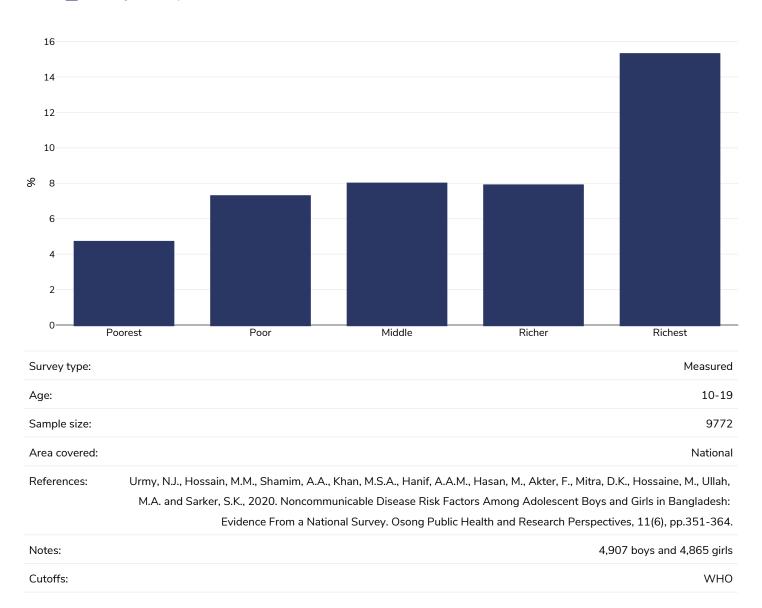
Overweight or obesity





#### Girls, 2018-2019

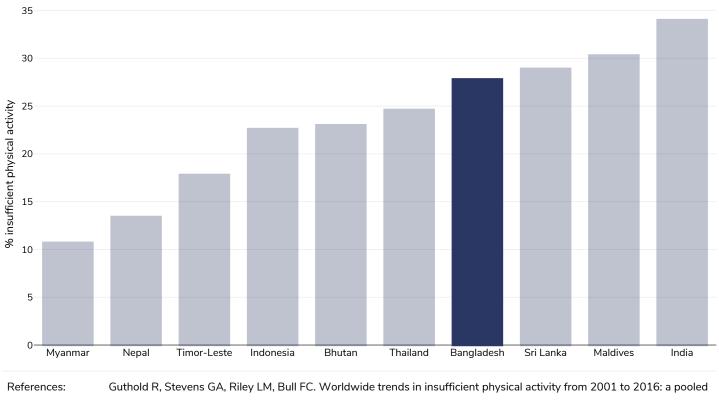
Overweight or obesity





### Insufficient physical activity

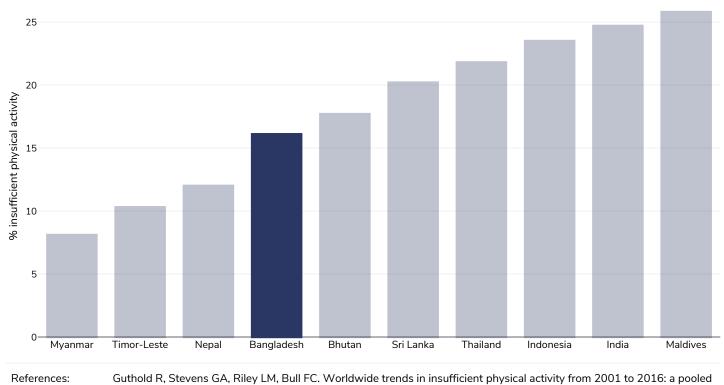
#### Adults, 2016



analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <u>http://dx.doi.org/10.1016/S2214-</u> 109X(18)30357-7

## WORLD OBESITY

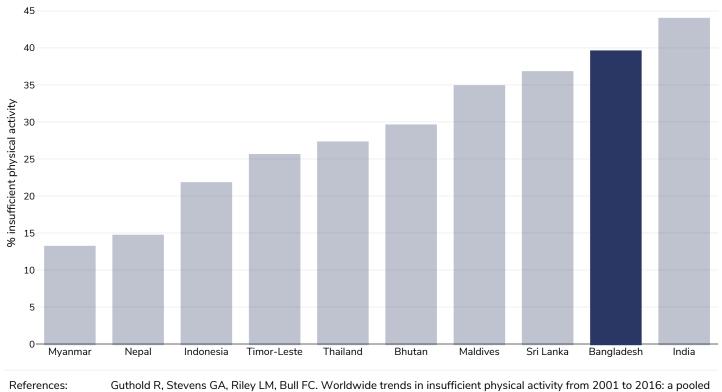
### Men, 2016



analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7

## WORLD ØBESITY

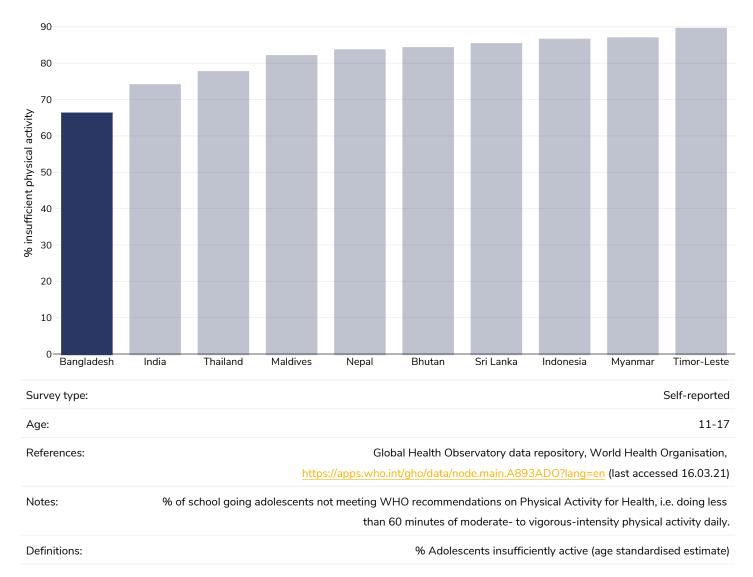
### Women, 2016



analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7

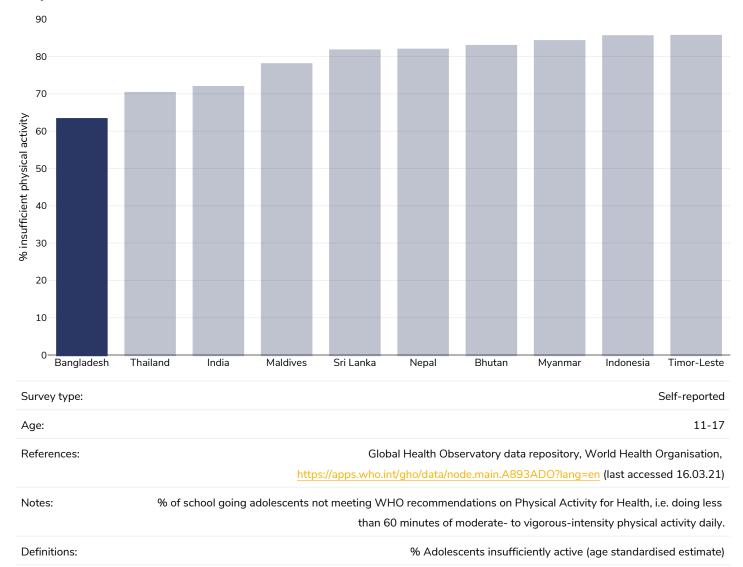


### Children, 2016



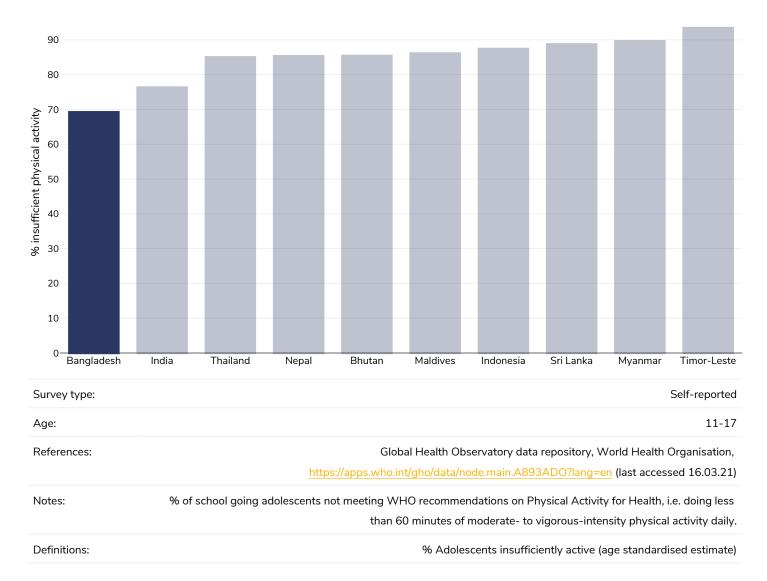


Boys, 2016





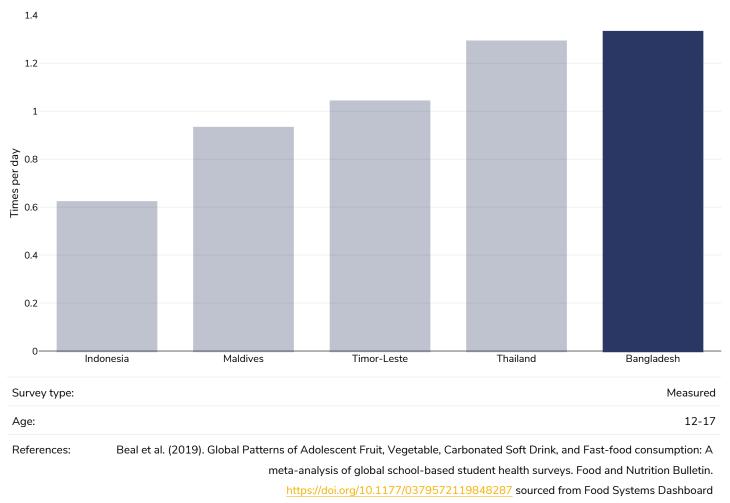
### Girls, 2016





### Average daily frequency of carbonated soft drink consumption

### Children, 2014-2015

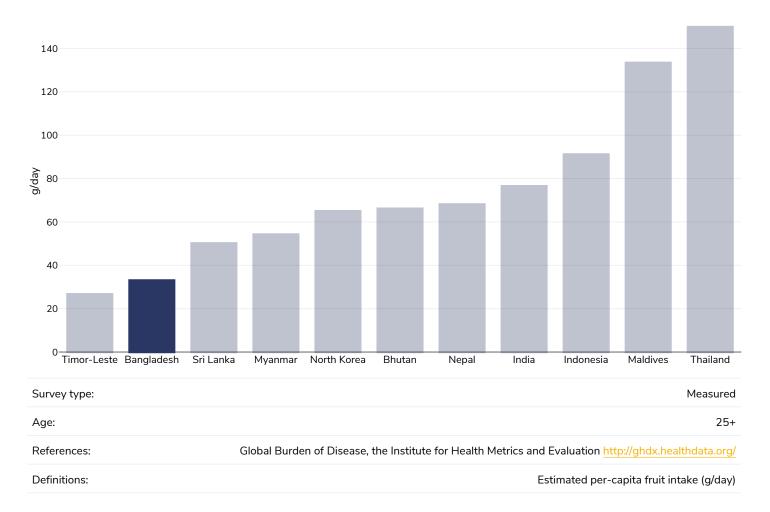


http://www.foodsystemsdashboard.org/food-system



### Estimated per capita fruit intake

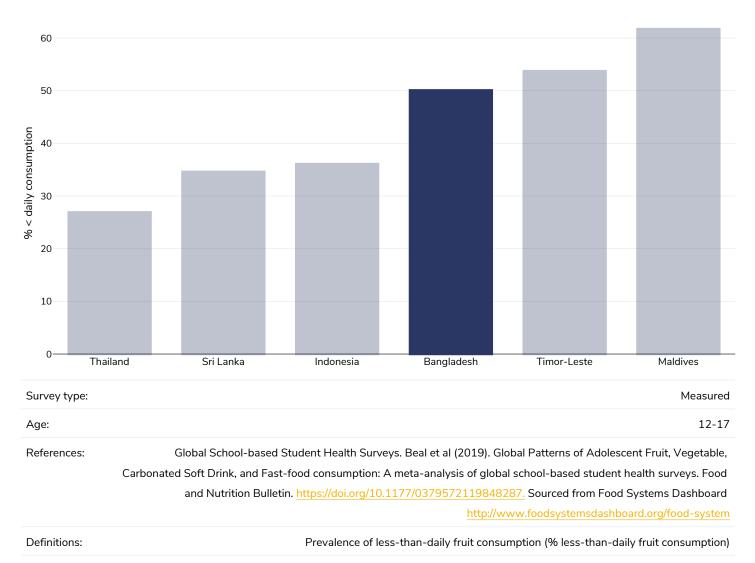
### Adults, 2017





### Prevalence of less than daily fruit consumption

### Children, 2008-2015

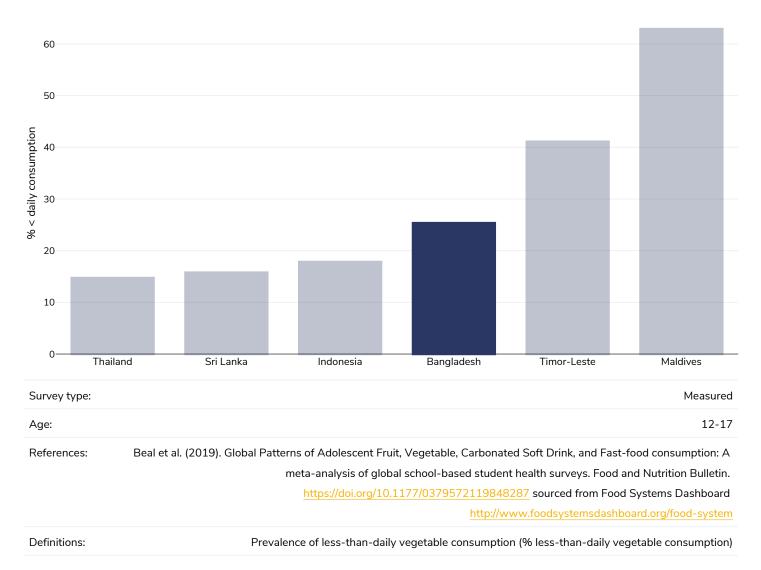


26



### Prevalence of less than daily vegetable consumption

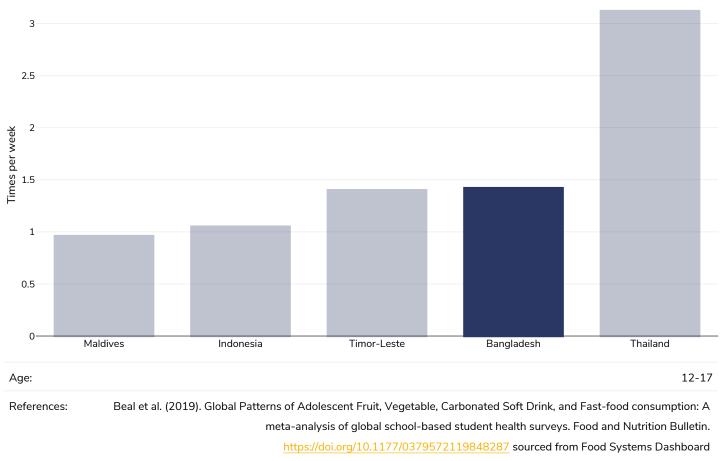
### Children, 2008-2015





### Average weekly frequency of fast food consumption

### Children, 2014-2015

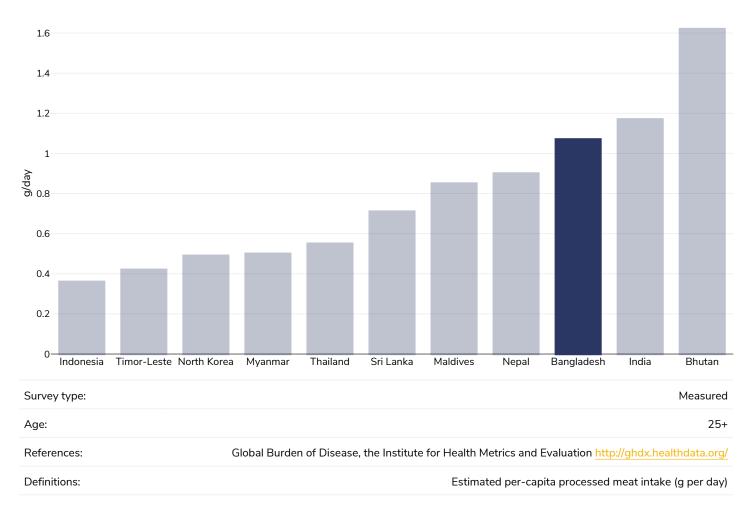


http://www.foodsystemsdashboard.org/food-system



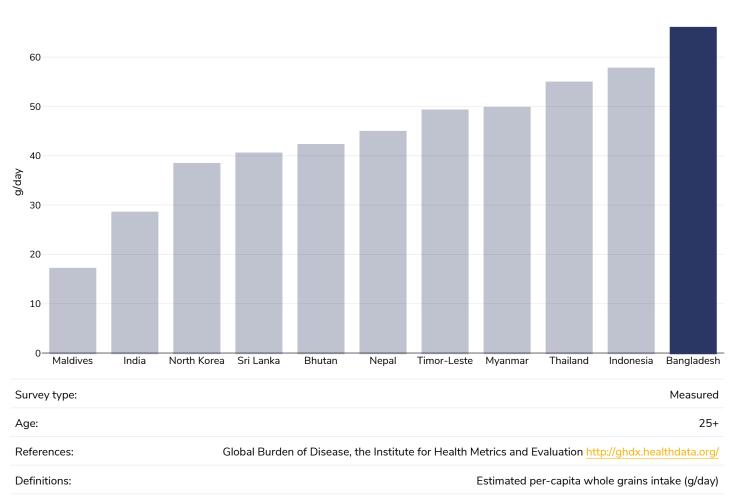
### Estimated per-capita processed meat intake

### Adults, 2017





### Estimated per capita whole grains intake

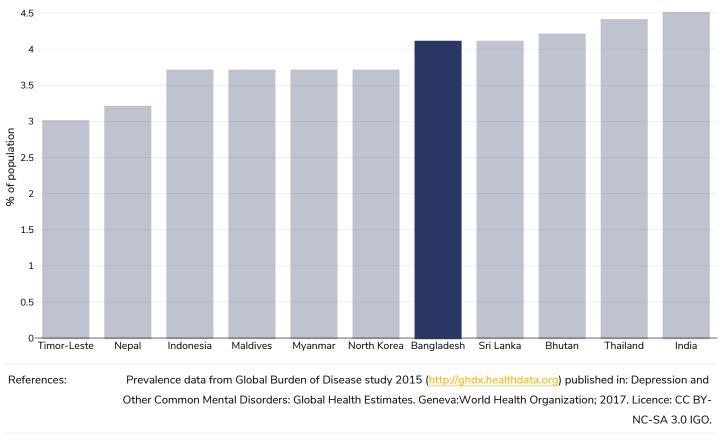


### Adults, 2017



### Mental health - depression disorders

### Adults, 2015



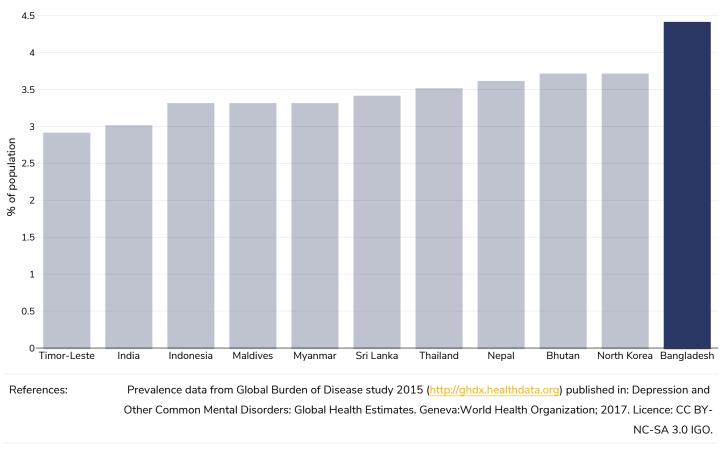
Definitions:

% of population with depression disorders



### Mental health - anxiety disorders

### Adults, 2015



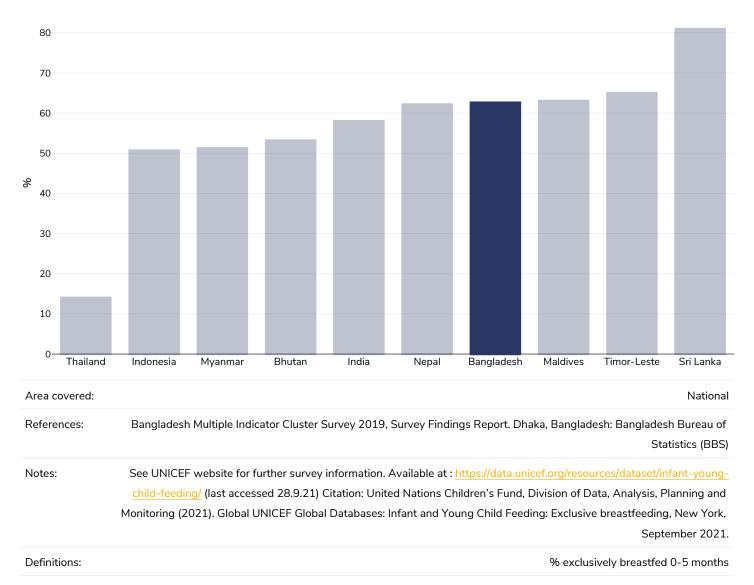
Definitions:

% of population with anxiety disorders



### % Infants exclusively breastfed 0-5 months

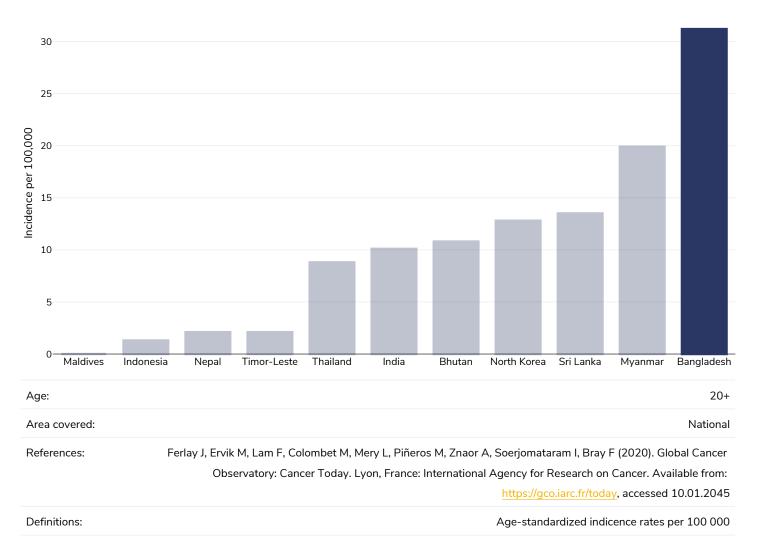
### Children, 2015-2020





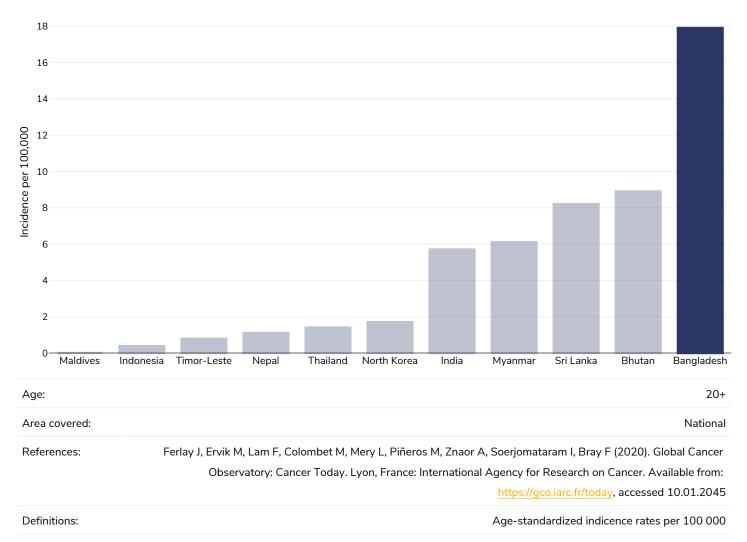
### **Oesophageal cancer**

#### Men, 2020



## 

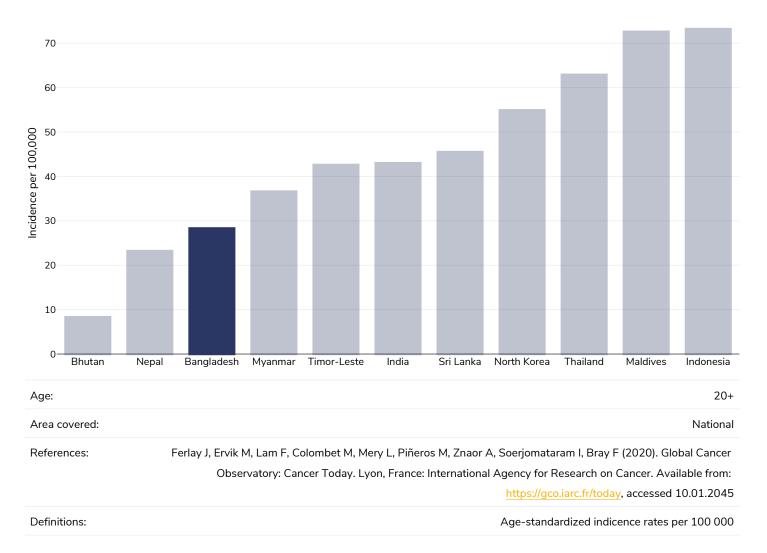
### Women, 2020





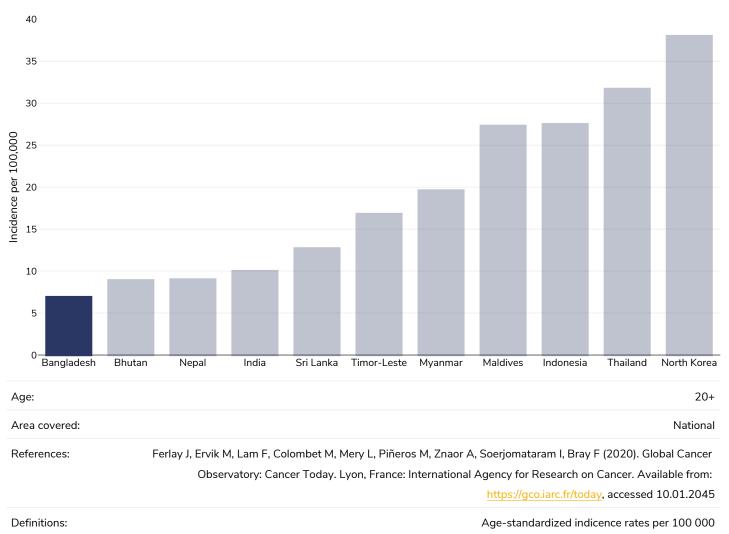
### **Breast cancer**

### Women, 2020

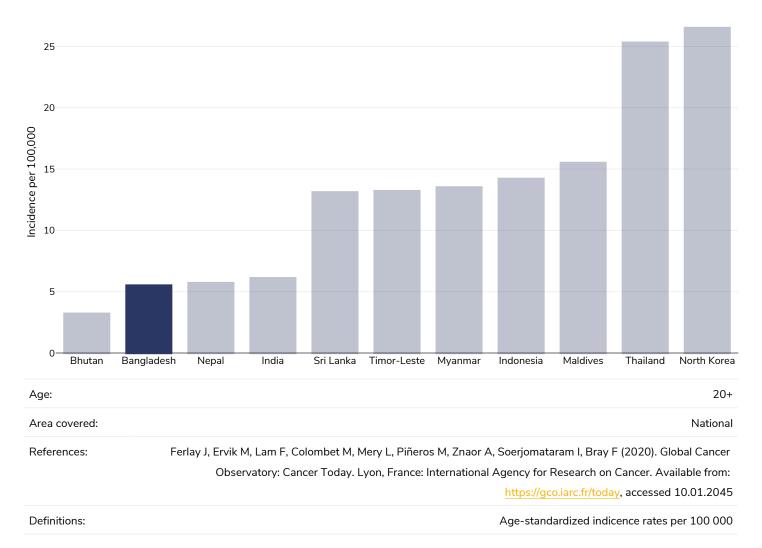




### **Colorectal cancer**

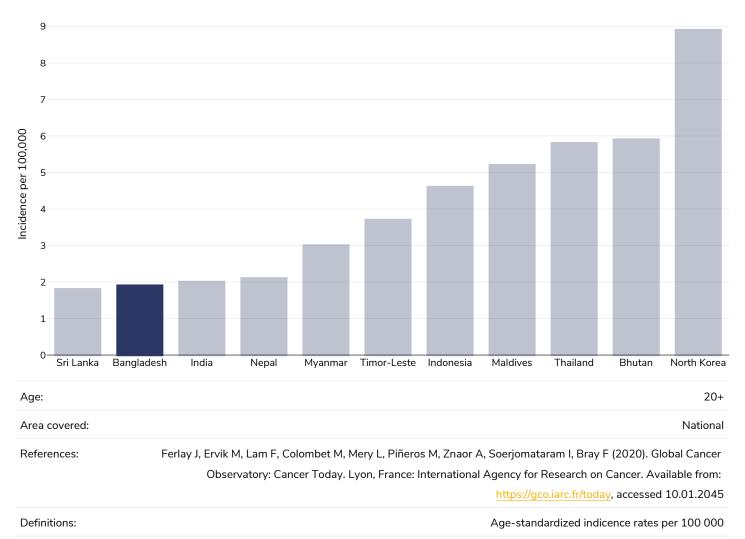




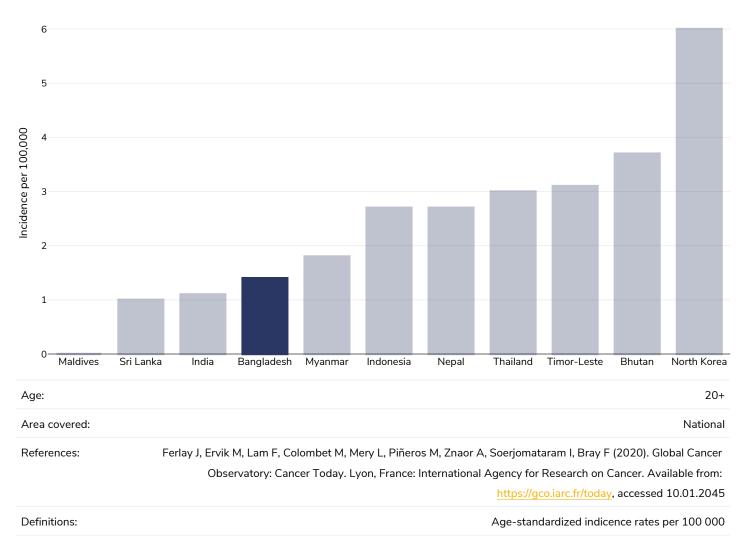




# Pancreatic cancer

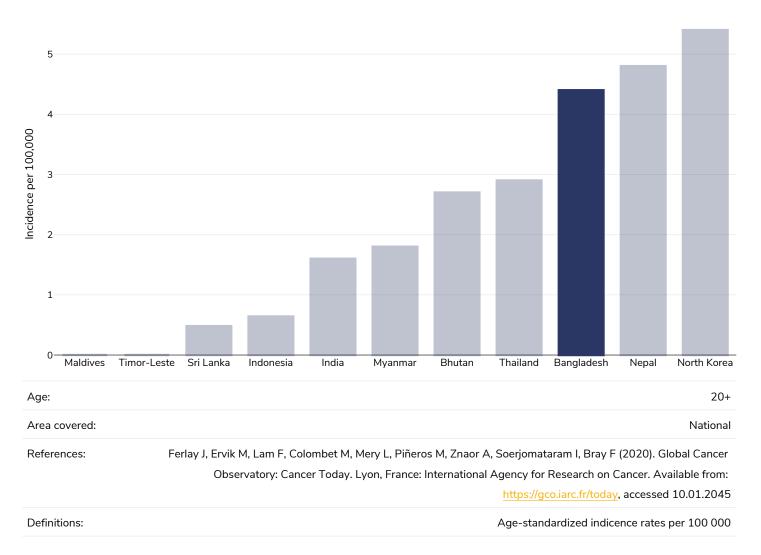




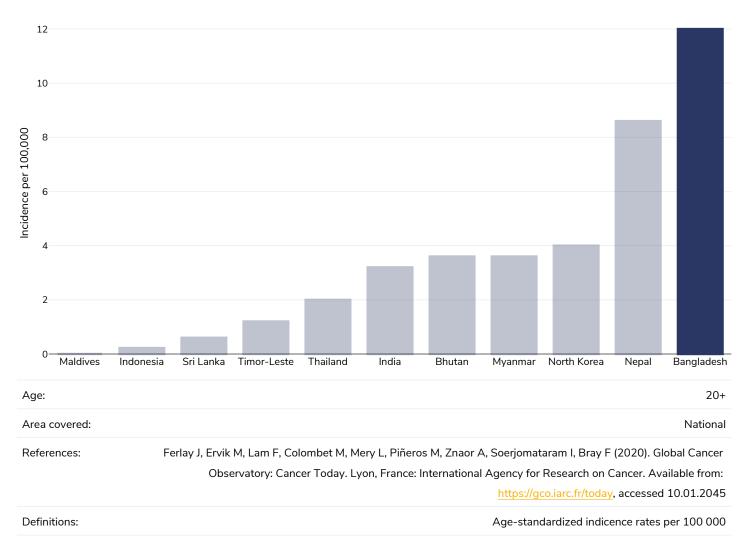




### Gallbladder cancer

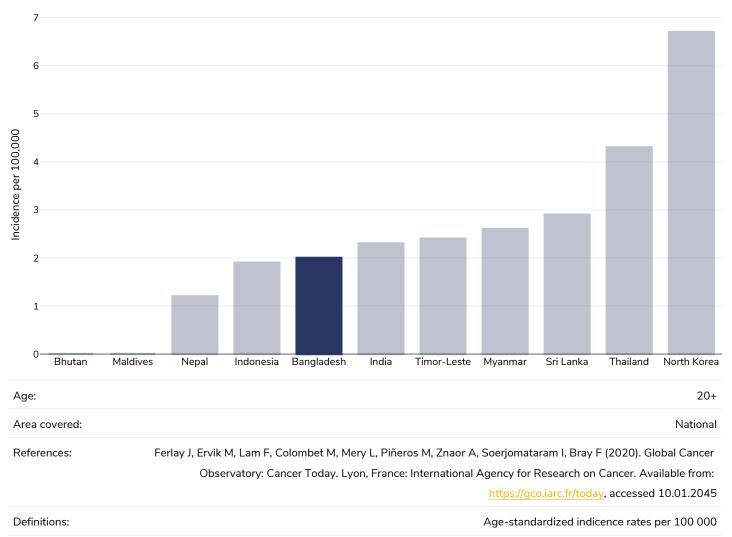




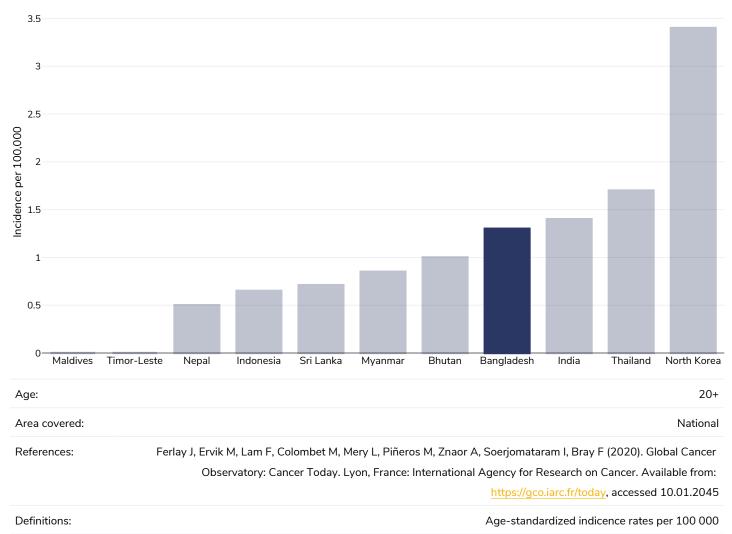




#### **Kidney cancer**

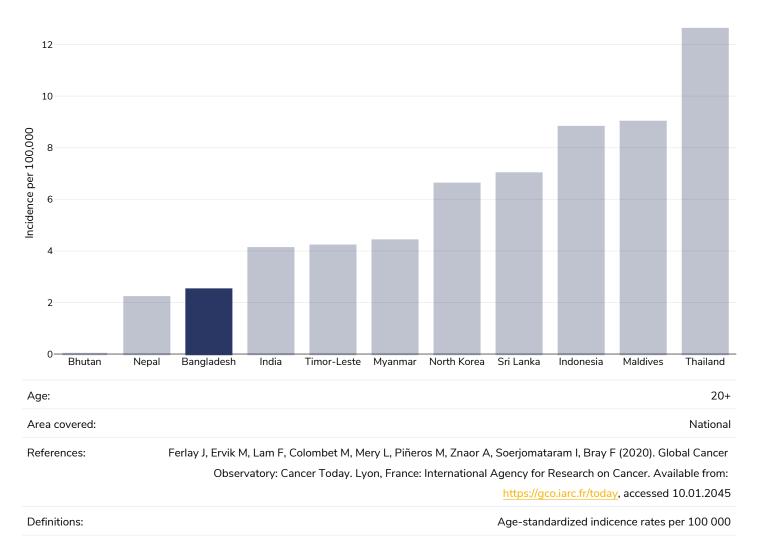


# 



# 

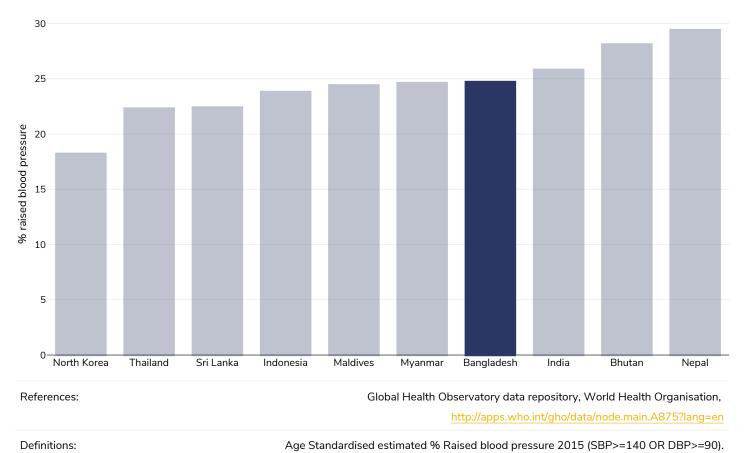
# Cancer of the uterus





# **Raised blood pressure**

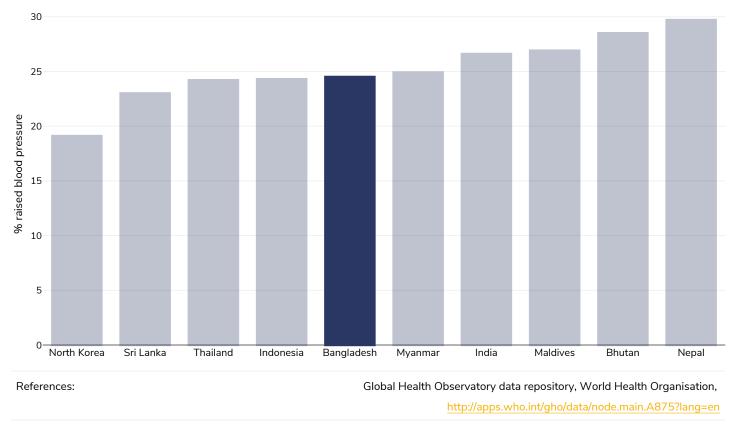
#### Adults, 2015



46



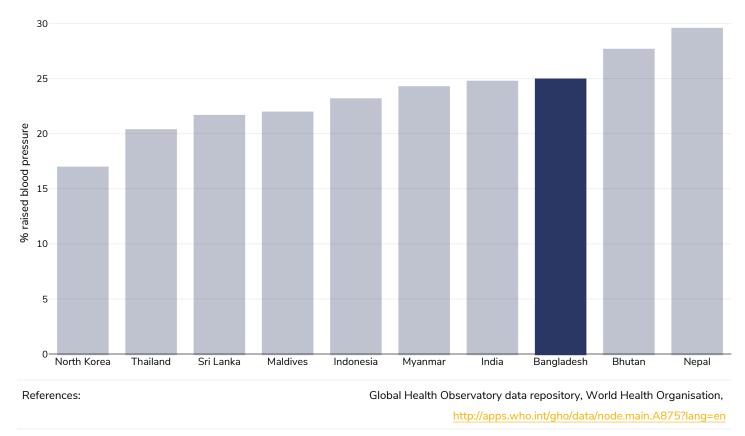
#### Men, 2015



Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





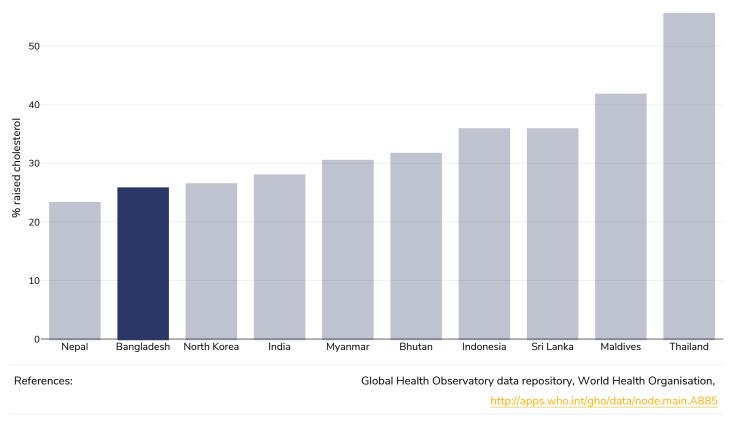
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



# **Raised cholesterol**

#### Adults, 2008

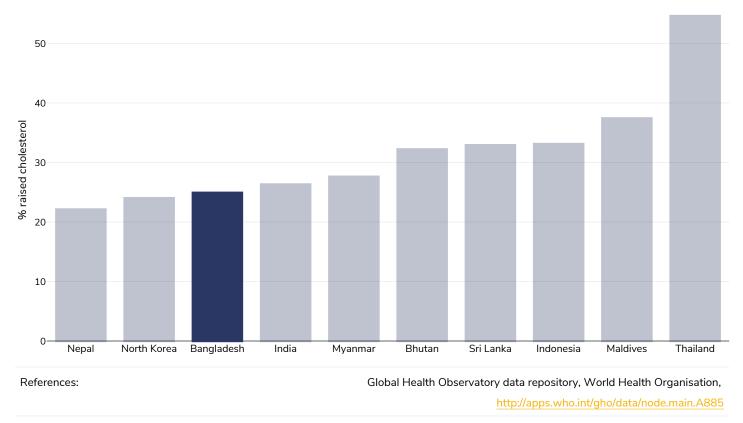


Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



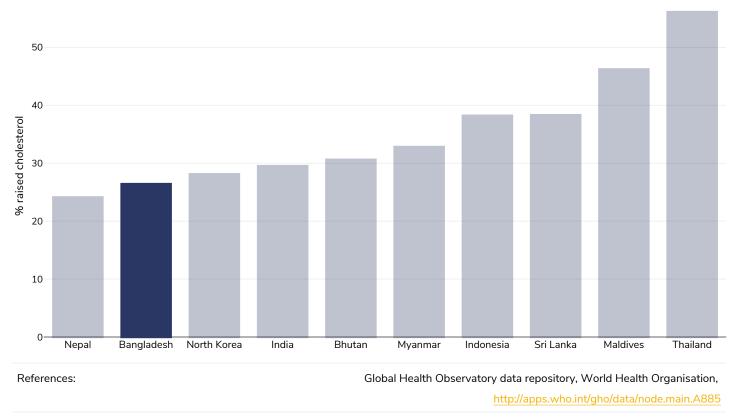
Men, 2008



Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



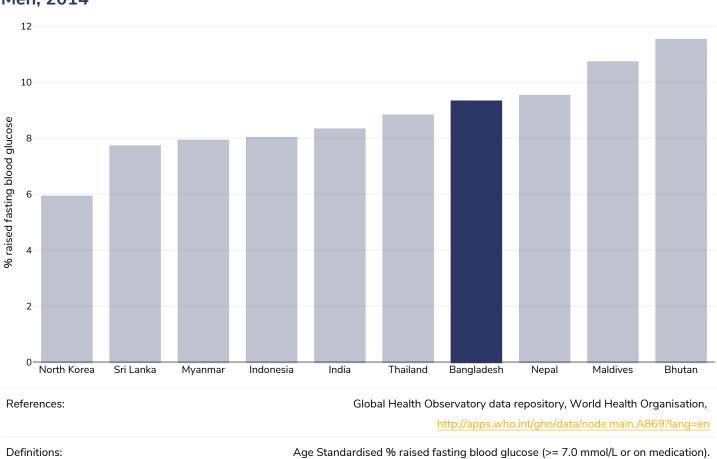


Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

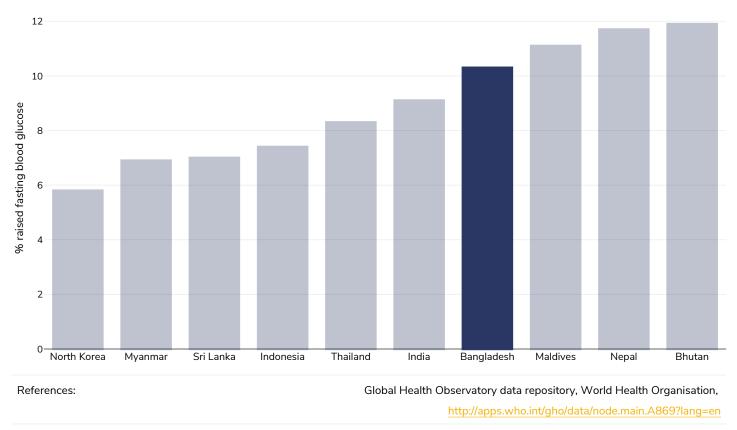


# Raised fasting blood glucose



# WORLD OBESITY

Women, 2014



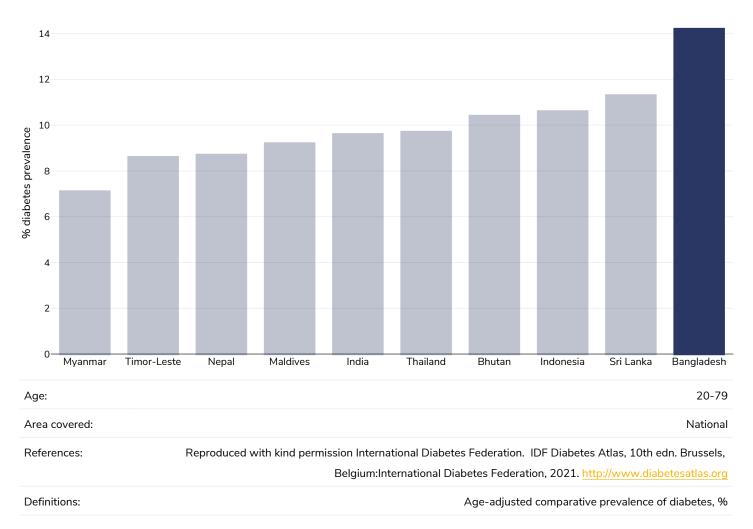
Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



# **Diabetes prevalence**

#### Adults, 2021





### **Contextual factors**

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



#### Labelling

Is there mandatory nutrition labelling?	×
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	×
Color coding?	×
Warning label?	×



Regulation and marketing	
Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	×
Subsidy on other healthy products?	×
Mandatory limit or ban of trans fat (all settings)?	$\checkmark$
Mandatory limit of trans fats in place (all settings)?	<b>~</b>
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	×
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



# $\begin{array}{c} \underline{\mathbb{A}} \\ \underline{\mathbb{A}} \\ \underline{\mathbb{P}} \end{array} \quad \text{Political will and support} \\ \end{array}$

National obesity strategy or nutrition and physical activity national strategy?	×
National obesity strategy?	×
National childhood obesity strategy?	×
Comprehensive nutrition strategy?	×
Comprehensive physical activity strategy?	×
Evidence-based dietary guidelines and/or RDAs?	<b>~</b>
National target(s) on reducing obesity?	X
Guidelines/policy on obesity treatment?	×
Promotion of breastfeeding?	×
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	~
Within 5 years?	<ul> <li>✓</li> </ul>
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	<ul> <li></li> </ul>
Кеу	
Present V Present (voluntary) V Incoming X Absent ? Unknow	

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