

Report card Bangladesh



Contents	Page
Obesity prevalence	2
Trend: % Adults living with obesity, 1995-2018	4
Trend: % Adults living with overweight or obesity, 1995-2018	5
Trend: % Adults living with obesity, selected countries, 1976-2023	6
Overweight/obesity by education	8
Overweight/obesity by age	10
Overweight/obesity by region	12
Overweight/obesity by socio-economic group	15
Insufficient physical activity	18
Average daily frequency of carbonated soft drink consumption	24
Estimated per capita fruit intake	25
Prevalence of less than daily fruit consumption	26
Prevalence of less than daily vegetable consumption	27
Average weekly frequency of fast food consumption	28
Estimated per-capita processed meat intake	29
Estimated per capita whole grains intake	30
Mental health - depression disorders	31
Mental health - anxiety disorders	32
% Infants exclusively breastfed 0-5 months	33
Oesophageal cancer	34
Breast cancer	36
Colorectal cancer	37
Pancreatic cancer	39
Gallbladder cancer	41
Kidney cancer	43
Cancer of the uterus	45
Raised blood pressure	46
Raised cholesterol	49
Raised fasting blood glucose	52
Diabetes prevalence	54
Contextual factors	55



Obesity prevalence

Adults, 2018

Obesity Overweight 35 30 25 20 % 15 10 5 0 Adults Men Women Survey type: Measured Age: 18-69 7985 Sample size: Area covered: National **References:** National STEPS Survey for Non-communicable Diseases Risk Factors in Bangladesh 2018. National Institute of Preventive and Social Medicine (NIPSOM) Mohakhali, Dhaka1212 Available at https://extranet.who.int/ncdsmicrodata/index.php/catalog/770 (last accessed 05.10.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



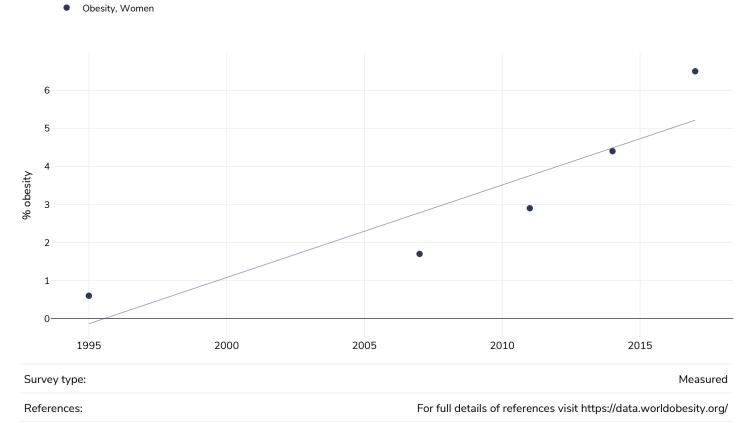
Children, 2018-2019

Overweight or obesity





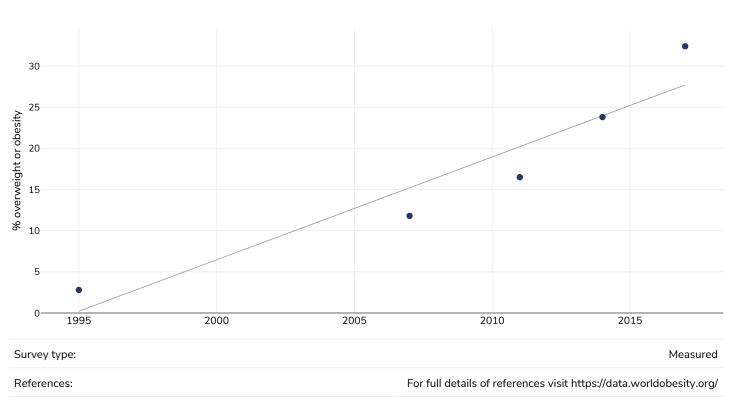
% Adults living with obesity, 1995-2018



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



% Adults living with overweight or obesity, 1995-2018



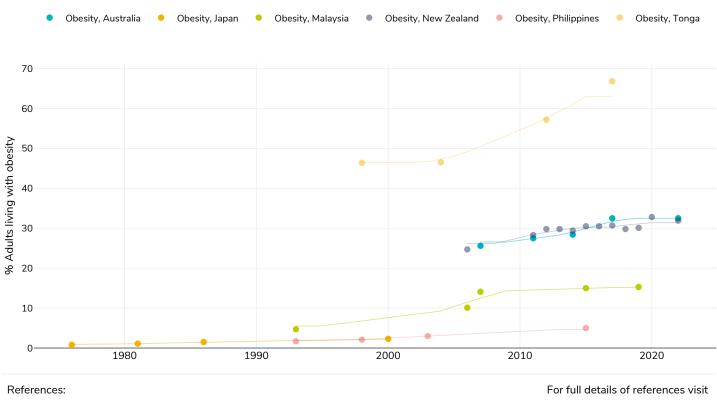
• Overweight or obesity, Women

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



% Adults living with obesity, selected countries, 1976-2023

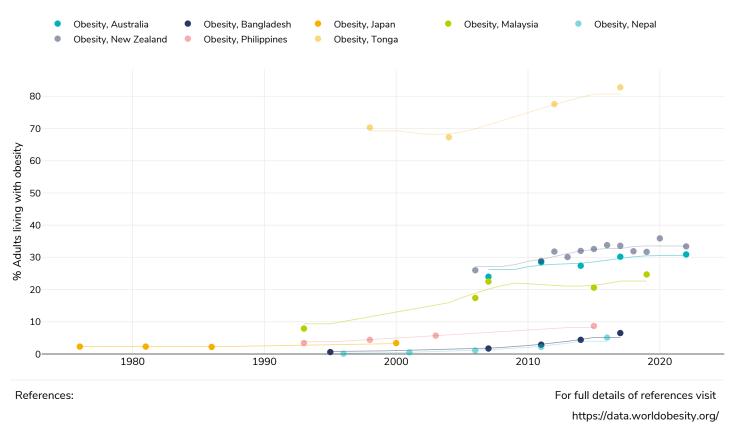
Men



https://data.worldobesity.org/



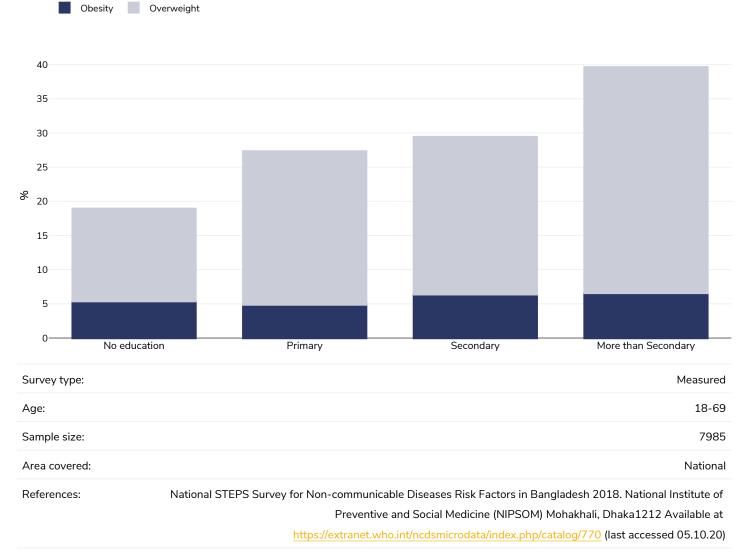
Women





Overweight/obesity by education

Adults, 2018

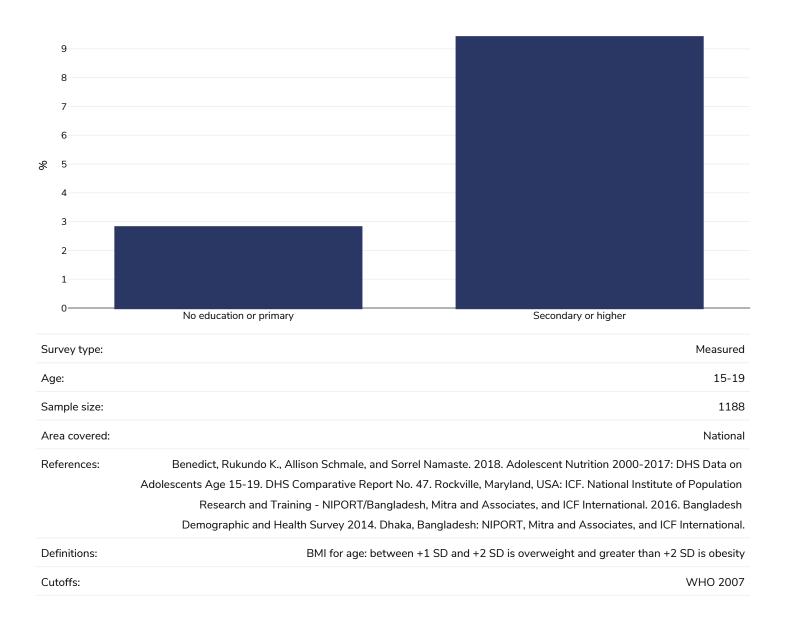


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Girls, 2014

Overweight or obesity

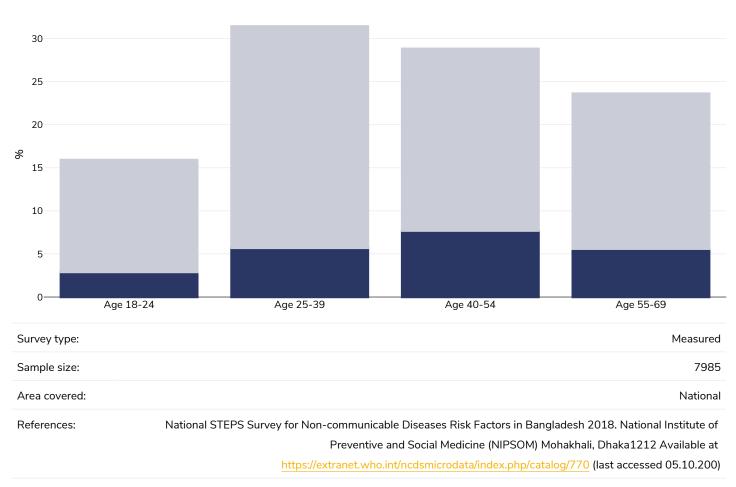




Overweight/obesity by age

Adults, 2018

Obesity Overweight

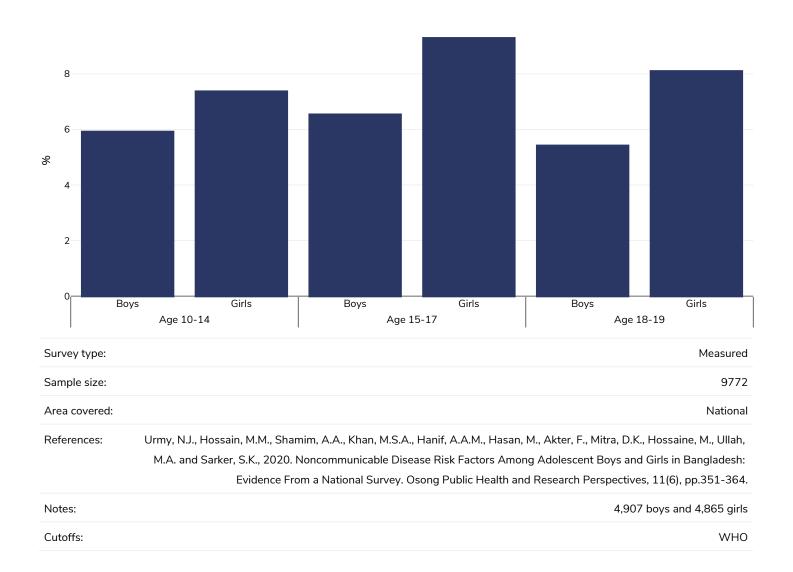


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2018-2019

Overweight or obesity

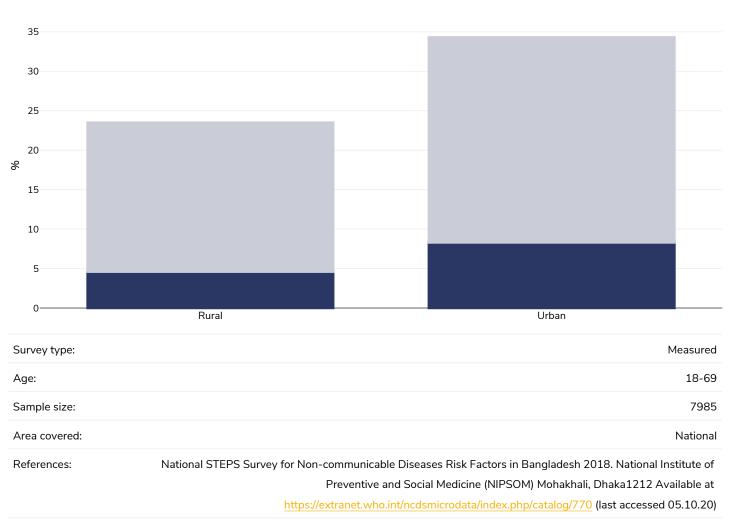




Overweight/obesity by region

Adults, 2018

Obesity Overweight

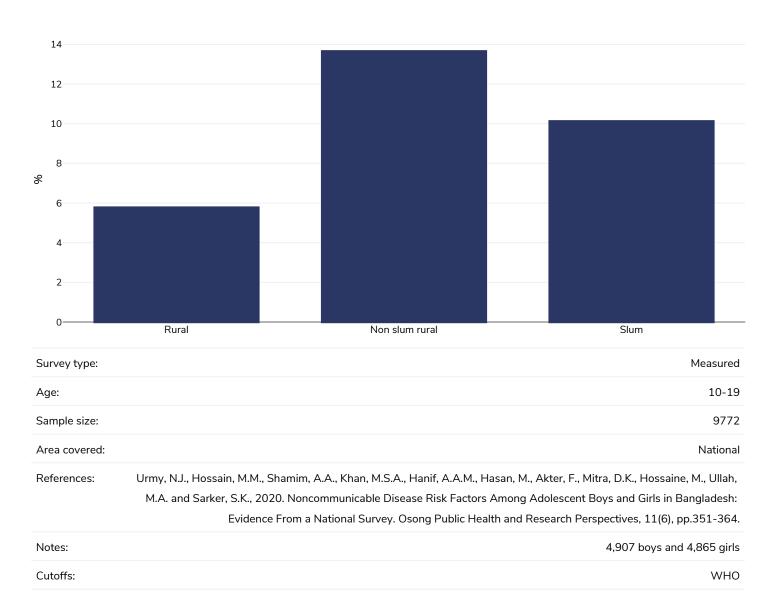


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Boys, 2018-2019

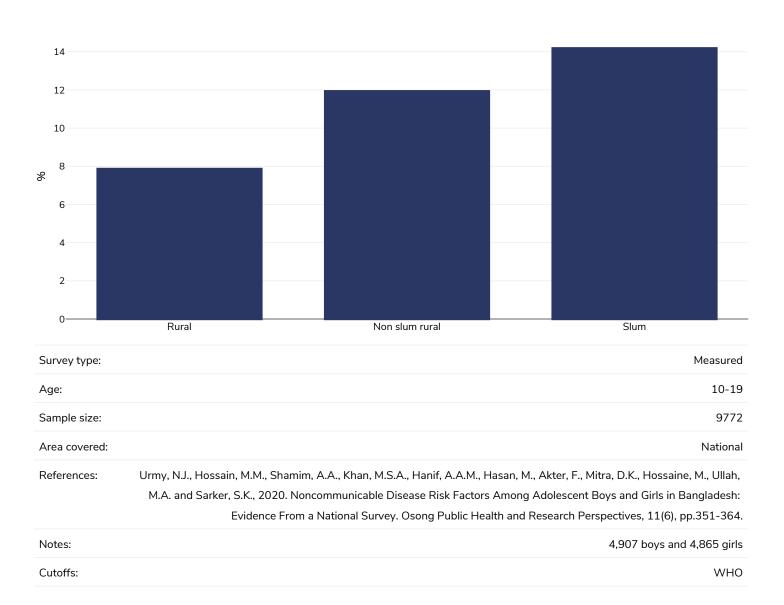
Overweight or obesity





Girls, 2018-2019

Overweight or obesity

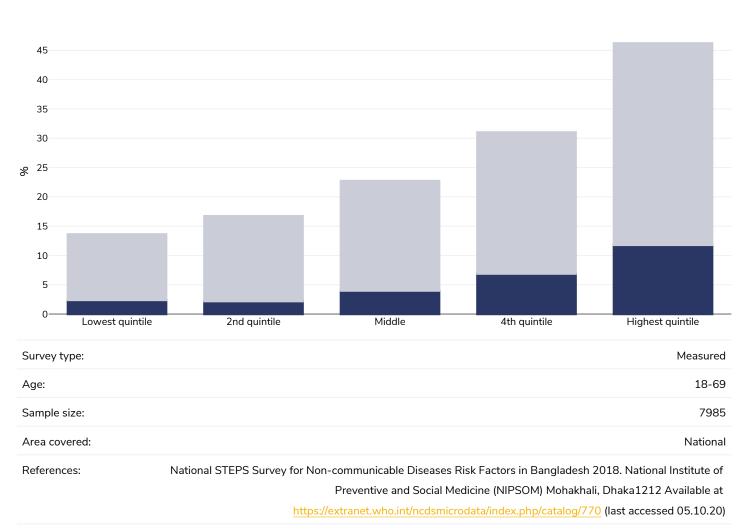




Overweight/obesity by socio-economic group

Adults, 2018

Obesity Overweight

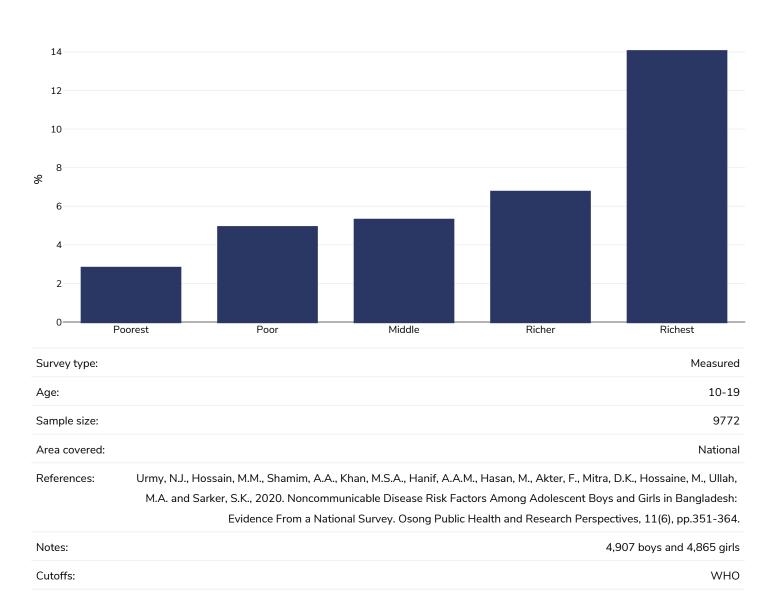


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Boys, 2018-2019

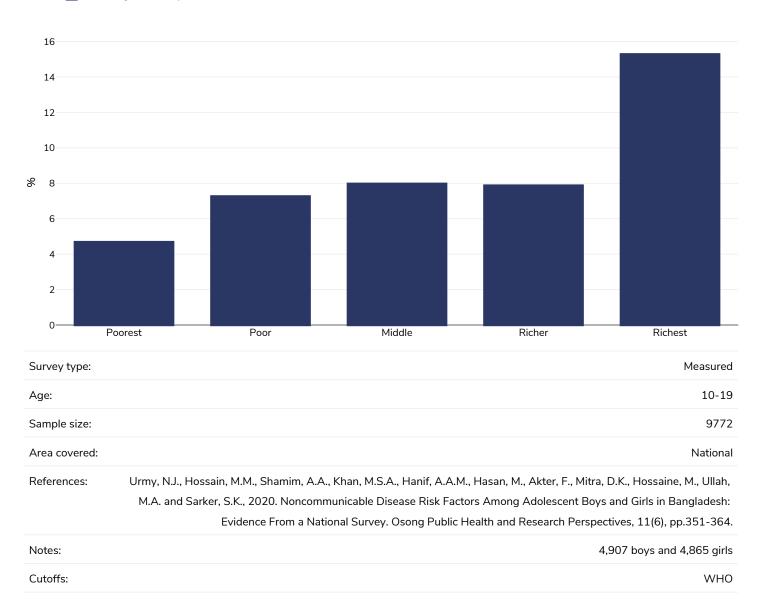
Overweight or obesity





Girls, 2018-2019

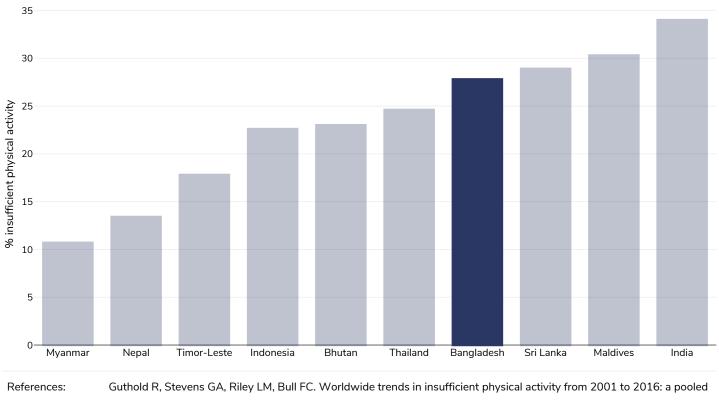
Overweight or obesity





Insufficient physical activity

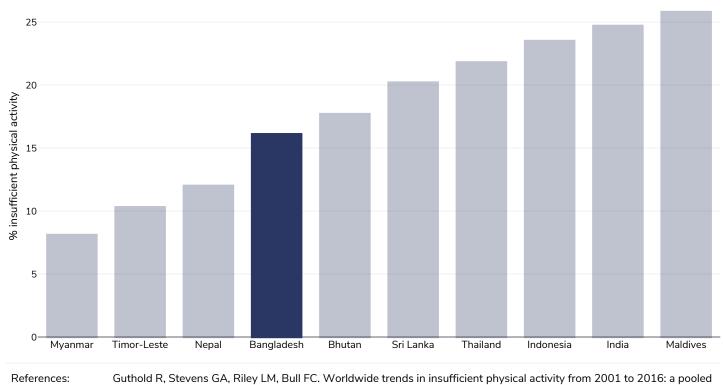
Adults, 2016



analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <u>http://dx.doi.org/10.1016/S2214-</u> 109X(18)30357-7

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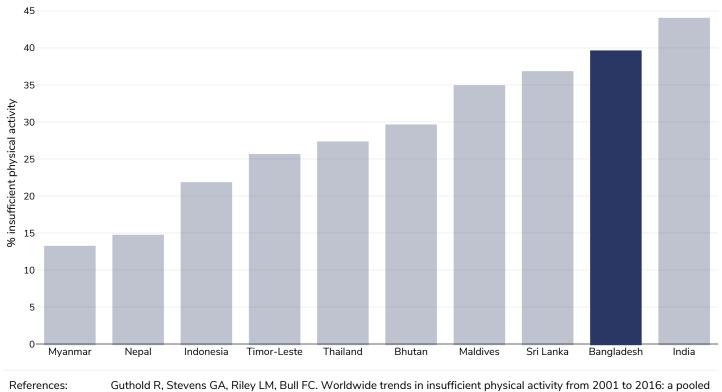
Men, 2016



analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7

WORLD ØBESITY

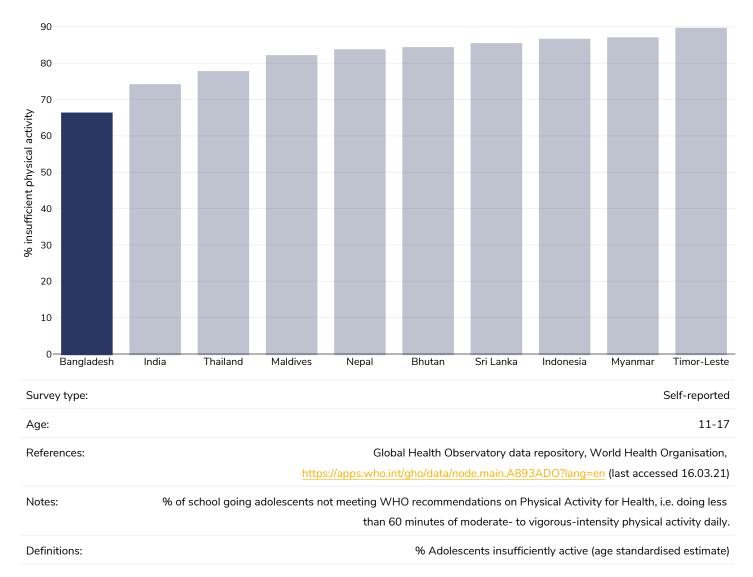
Women, 2016



analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7

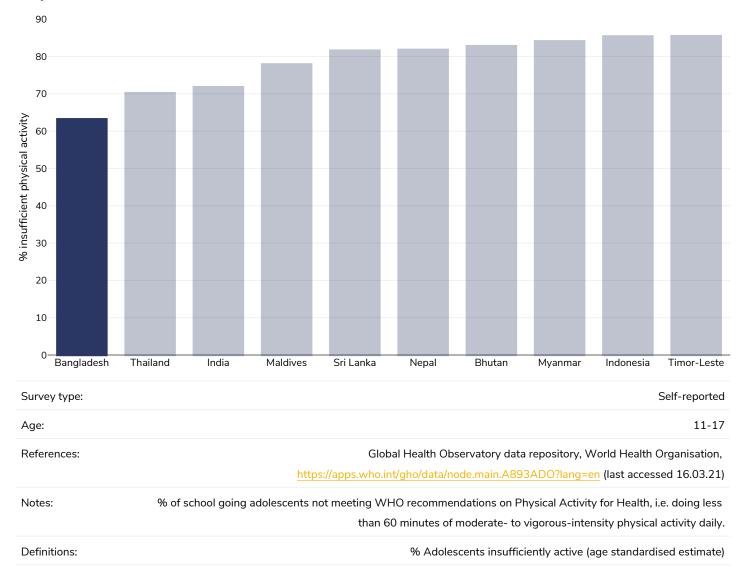


Children, 2016



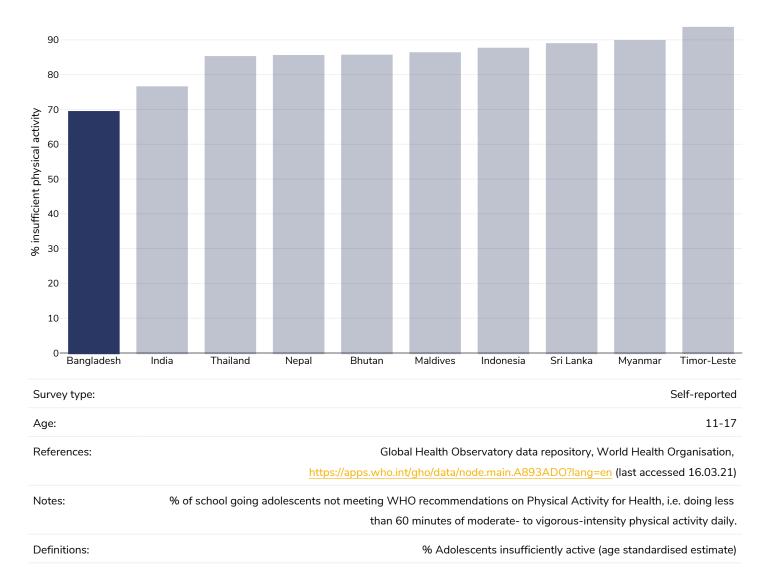


Boys, 2016





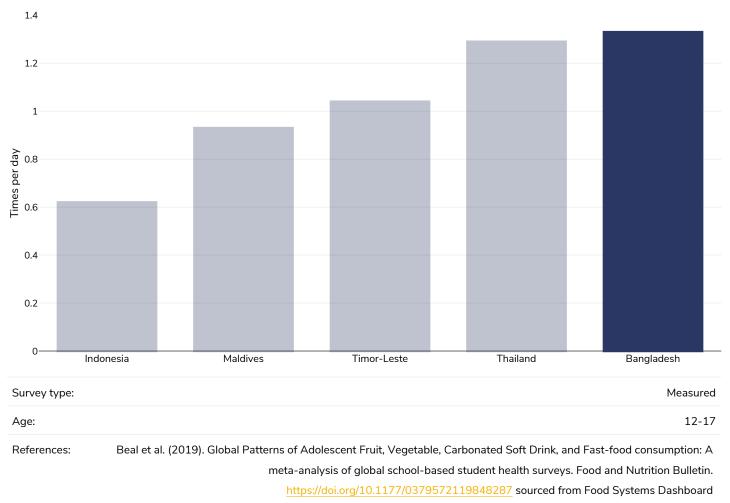
Girls, 2016





Average daily frequency of carbonated soft drink consumption

Children, 2014-2015

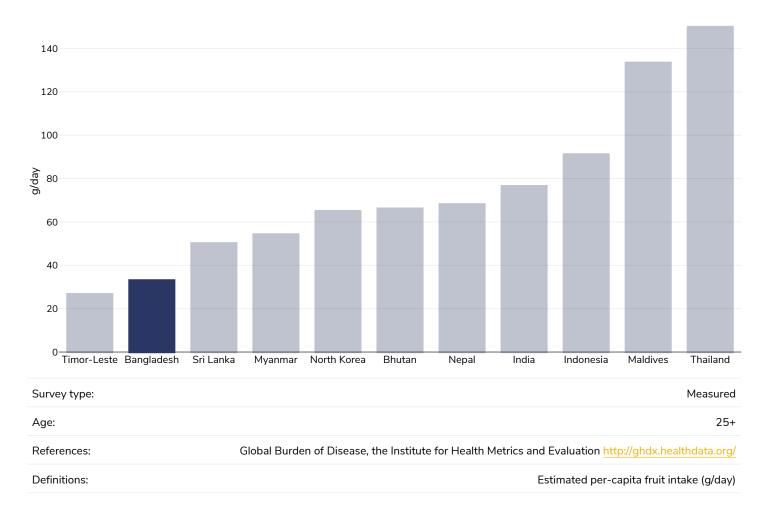


http://www.foodsystemsdashboard.org/food-system



Estimated per capita fruit intake

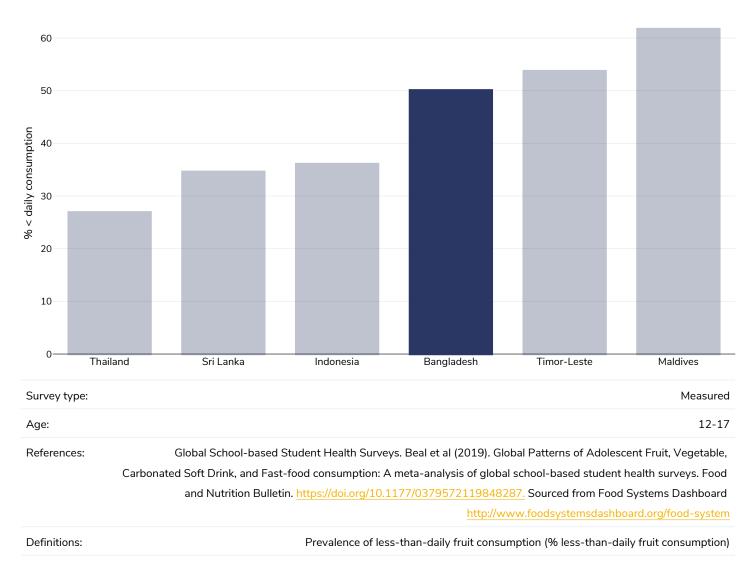
Adults, 2017





Prevalence of less than daily fruit consumption

Children, 2008-2015

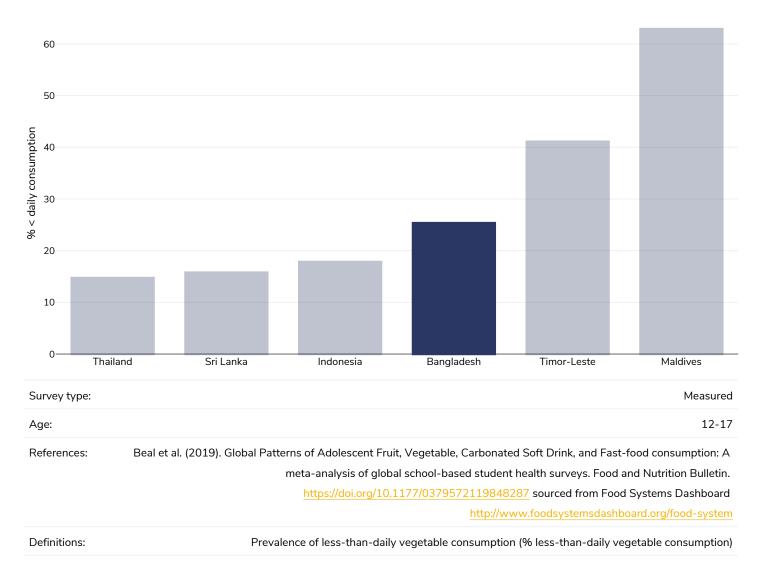


26



Prevalence of less than daily vegetable consumption

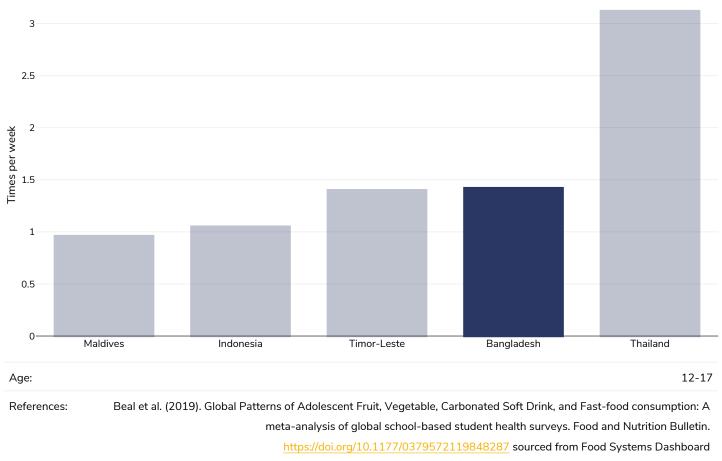
Children, 2008-2015





Average weekly frequency of fast food consumption

Children, 2014-2015

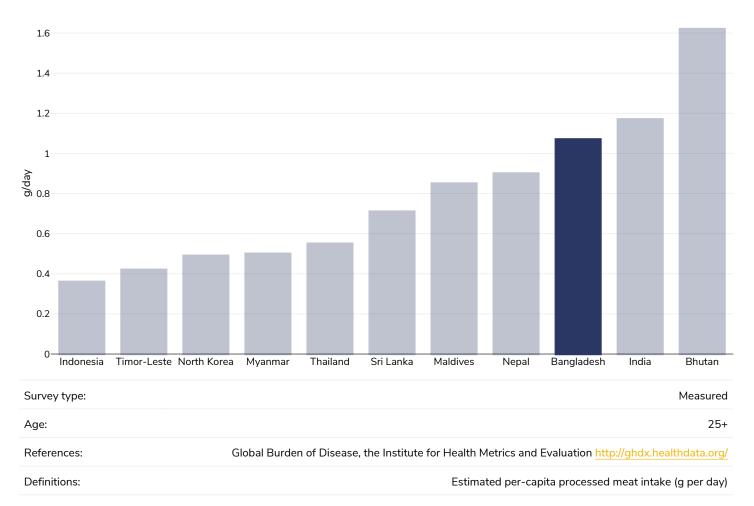


http://www.foodsystemsdashboard.org/food-system



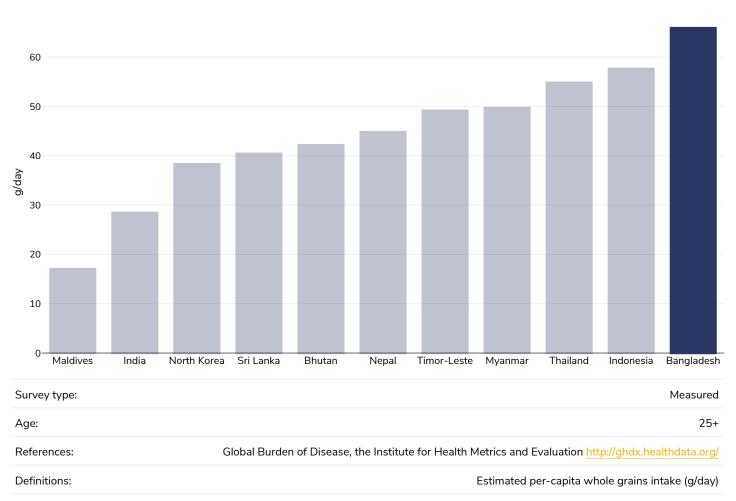
Estimated per-capita processed meat intake

Adults, 2017





Estimated per capita whole grains intake

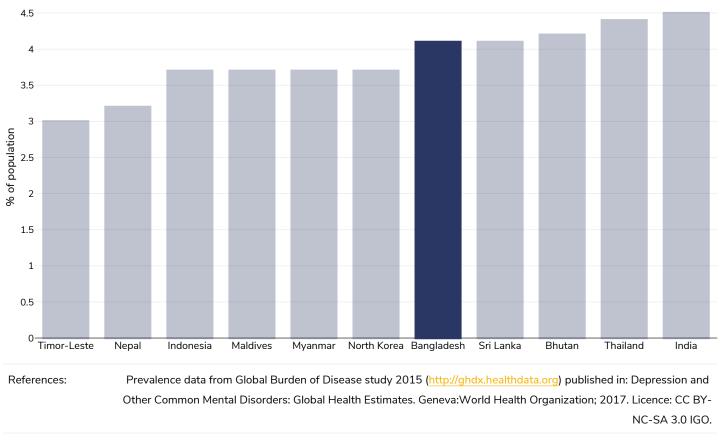


Adults, 2017



Mental health - depression disorders

Adults, 2015



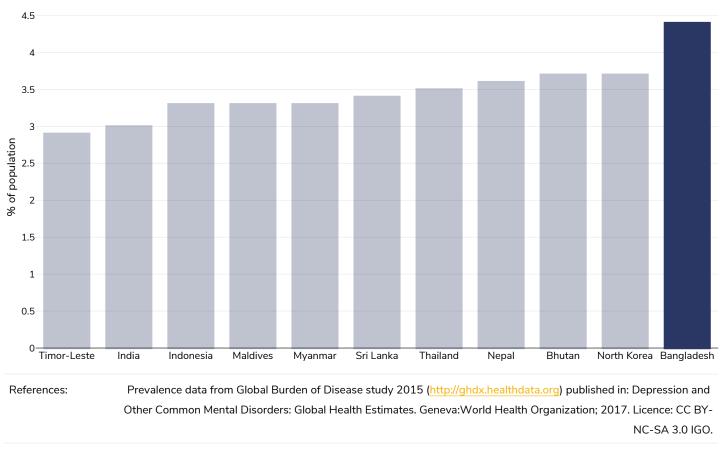
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015



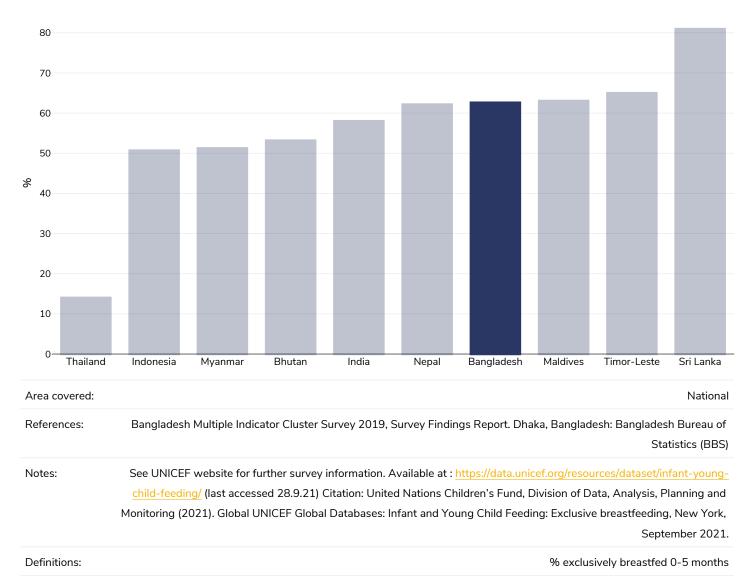
Definitions:

% of population with anxiety disorders



% Infants exclusively breastfed 0-5 months

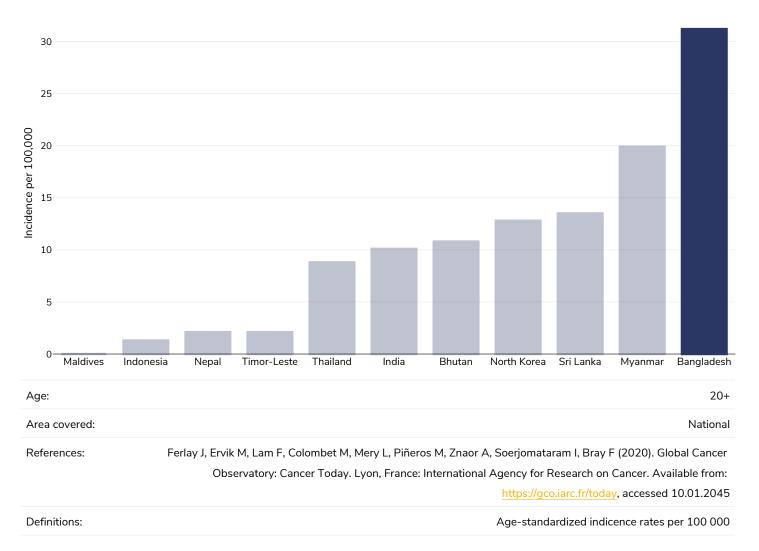
Children, 2015-2020



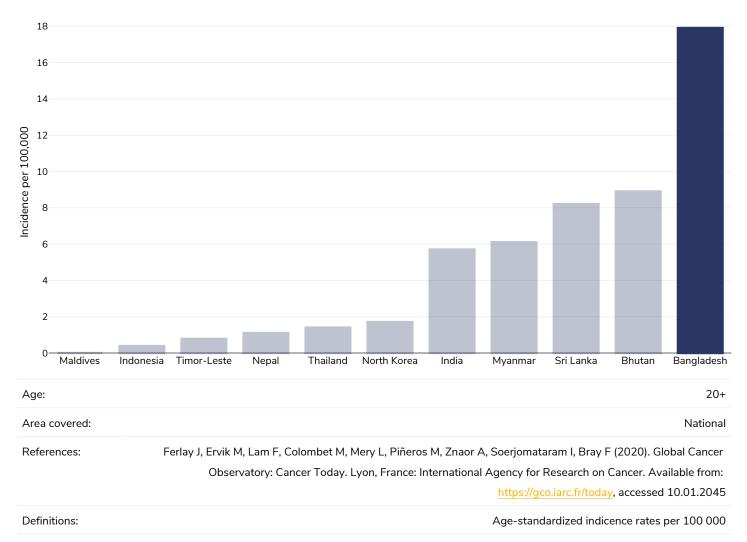


Oesophageal cancer

Men, 2020



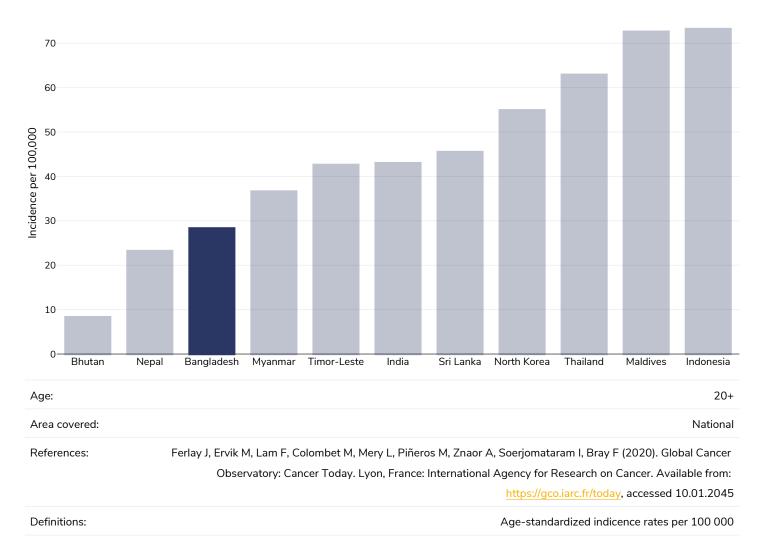
Women, 2020





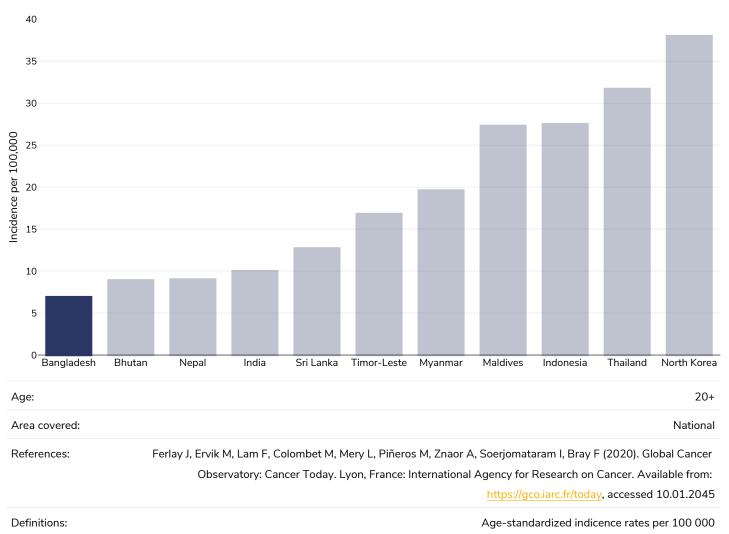
Breast cancer

Women, 2020

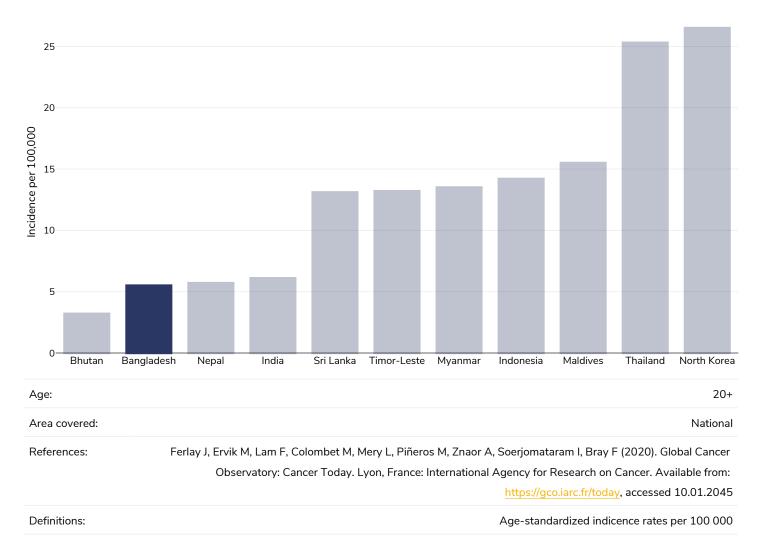




Colorectal cancer

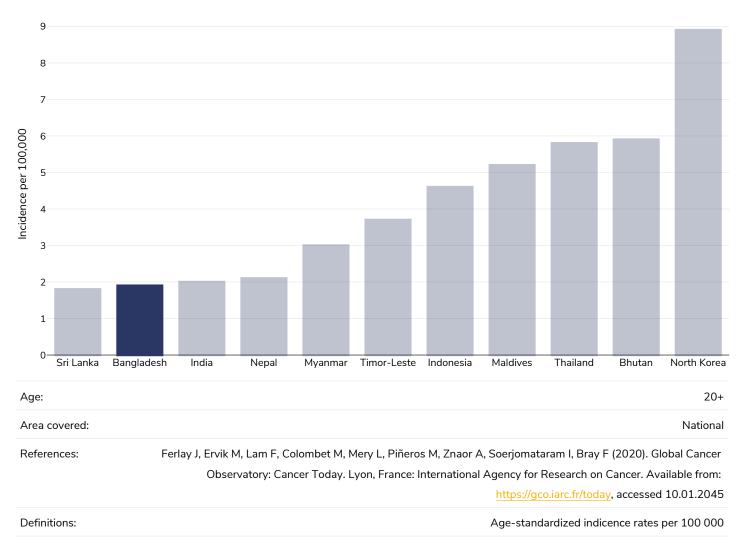




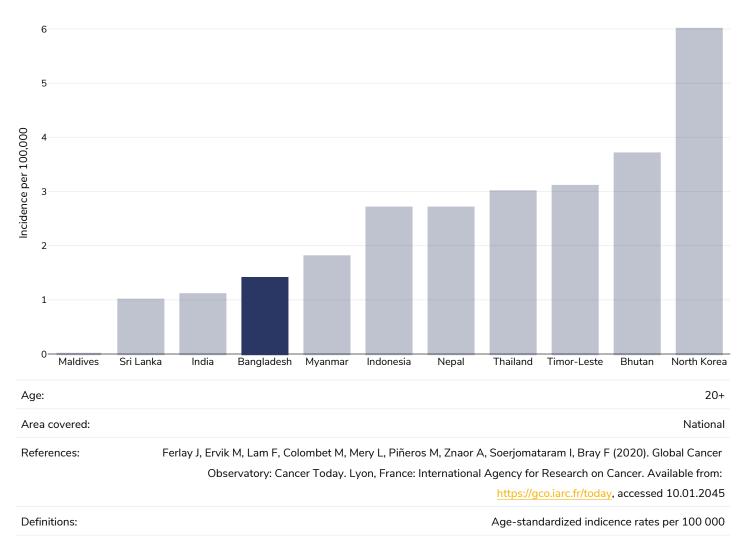




Pancreatic cancer

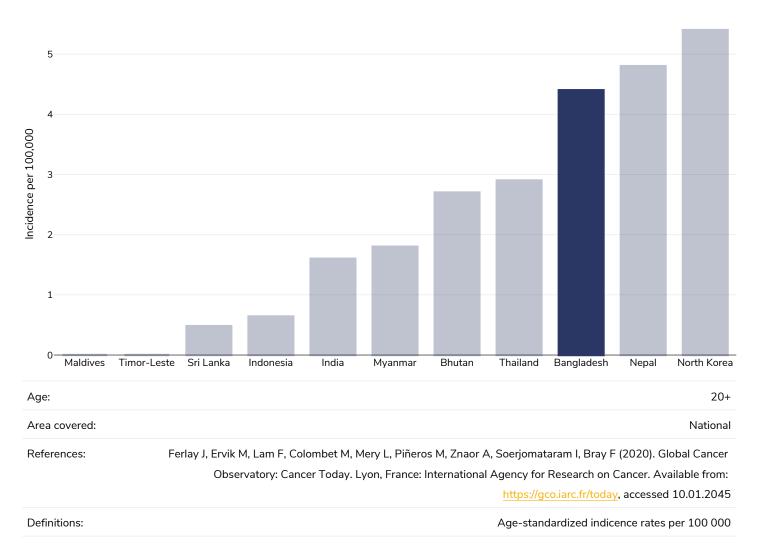




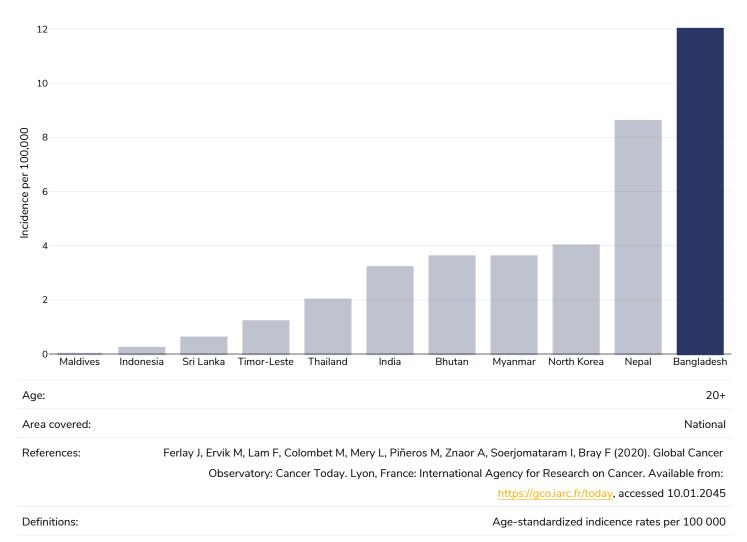




Gallbladder cancer

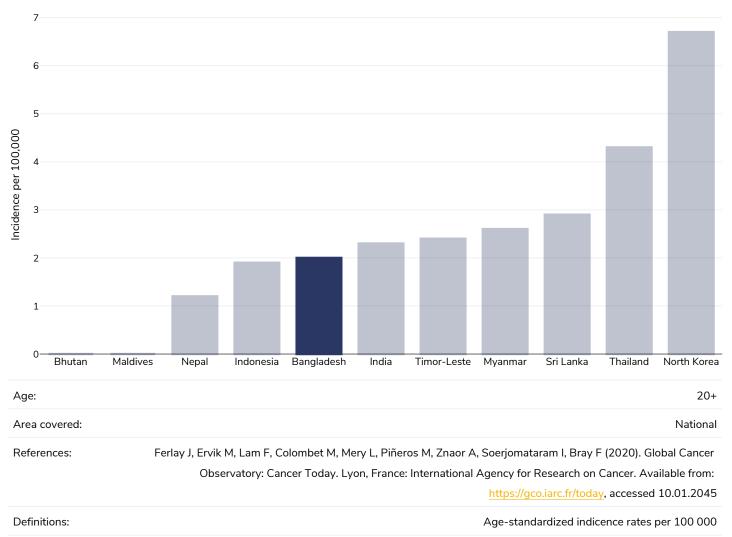


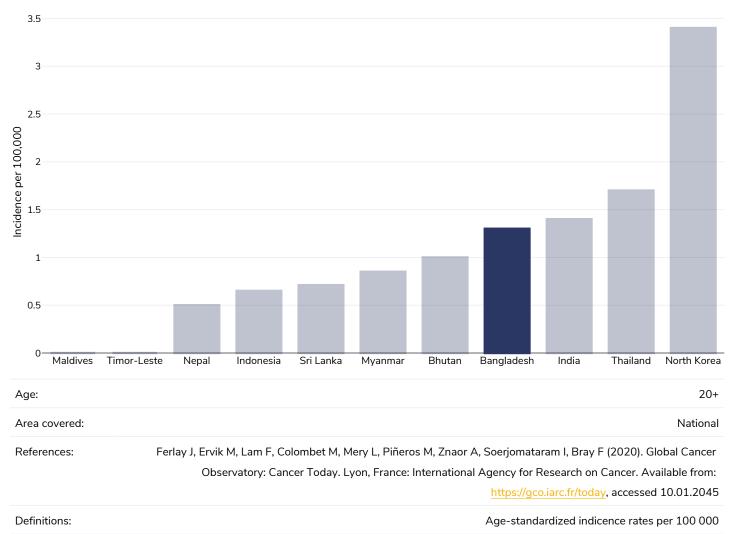




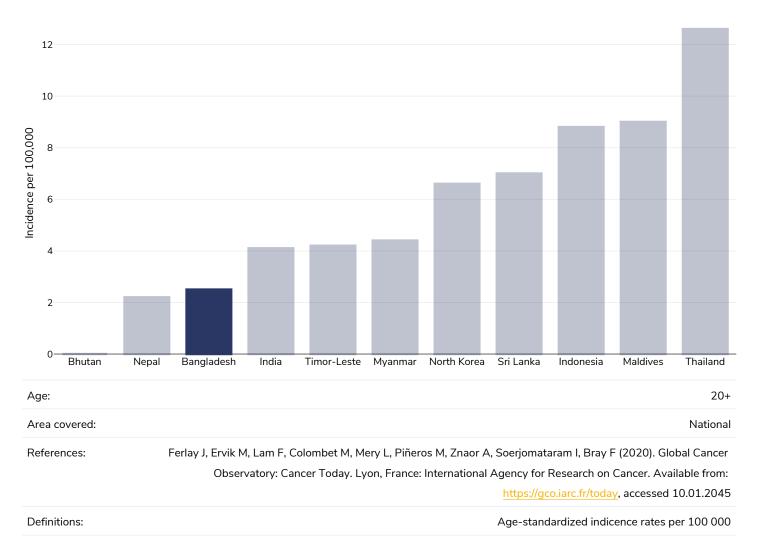


Kidney cancer





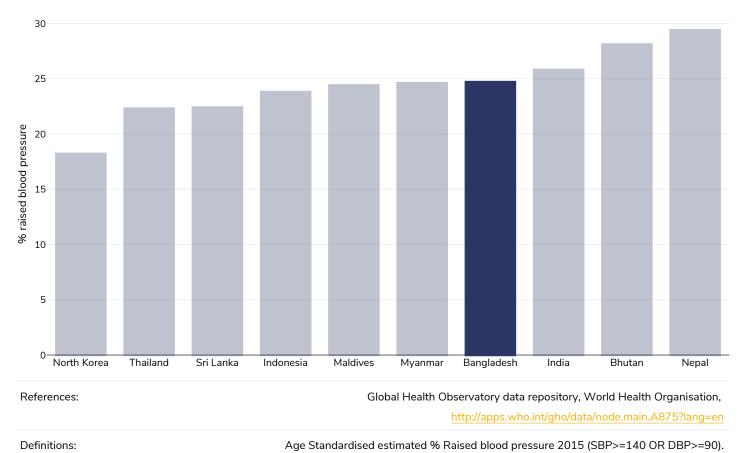
Cancer of the uterus





Raised blood pressure

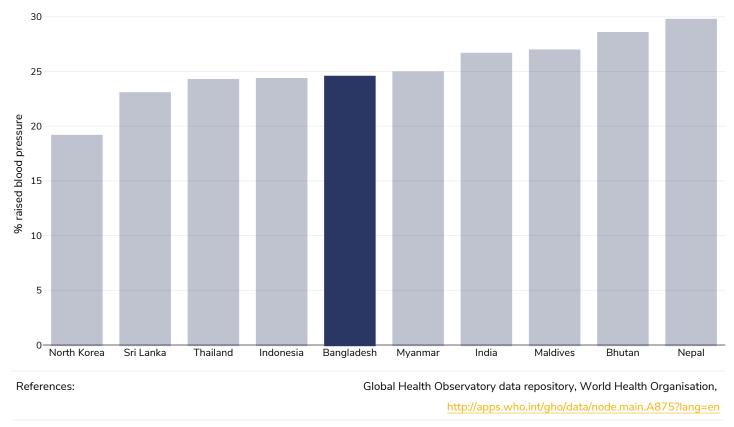
Adults, 2015



46



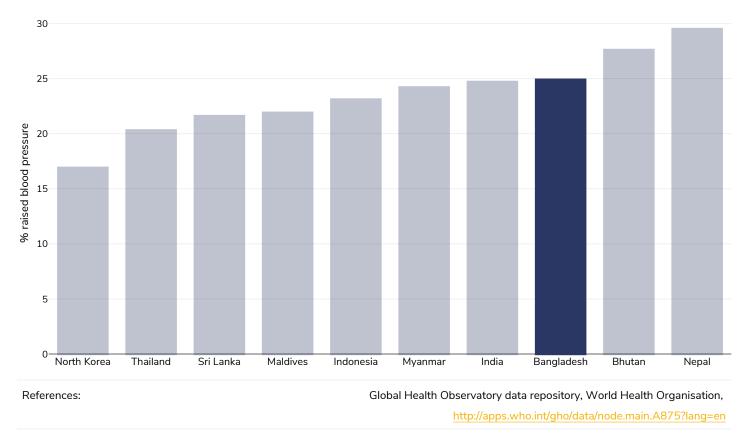
Men, 2015



Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





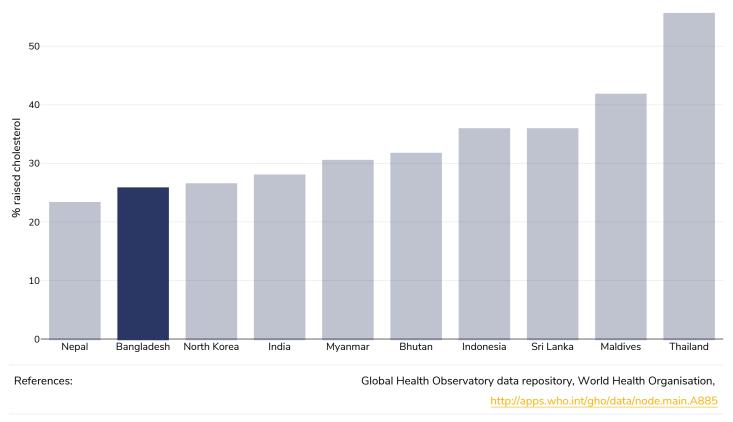
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Raised cholesterol

Adults, 2008

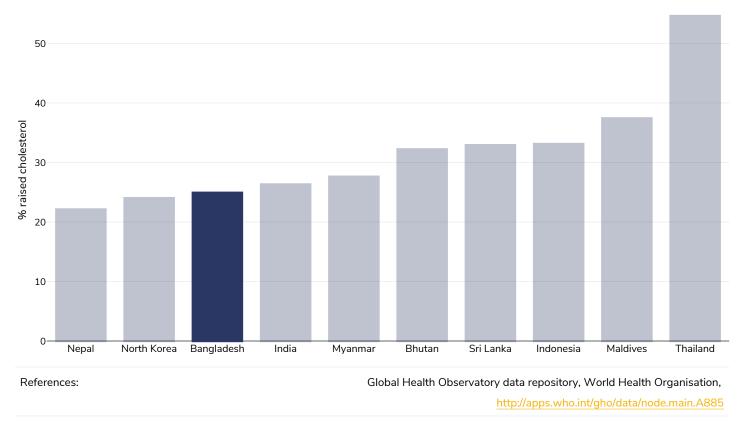


Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



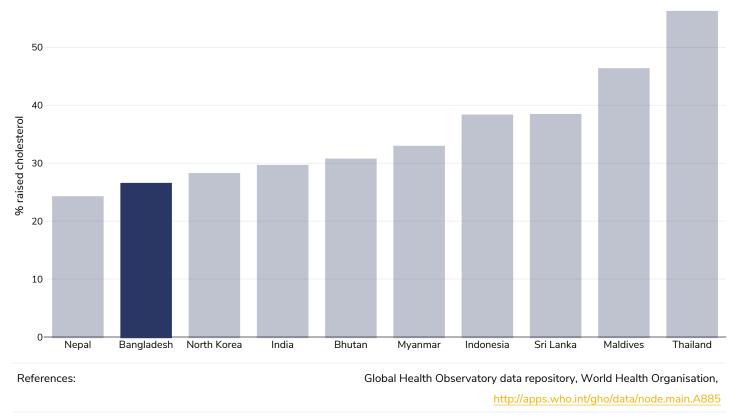
Men, 2008



Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



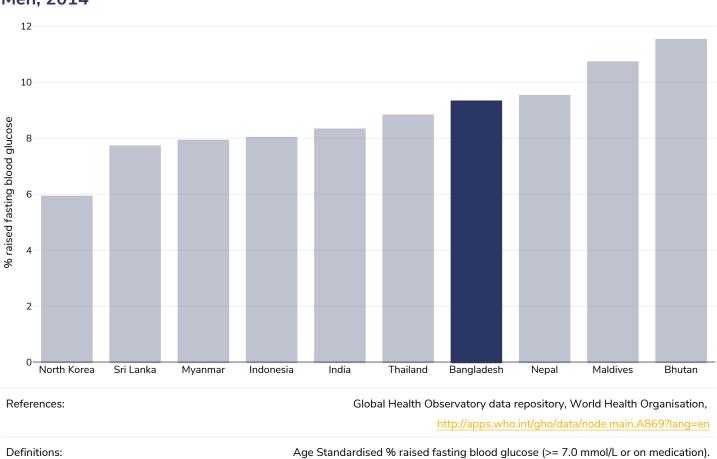


Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

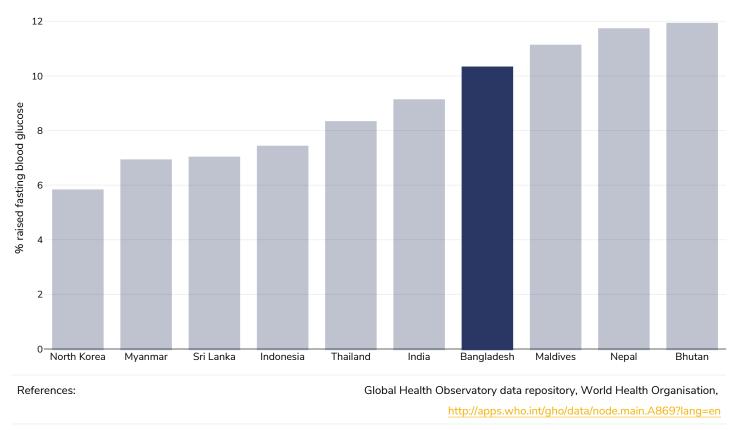


Raised fasting blood glucose



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Women, 2014



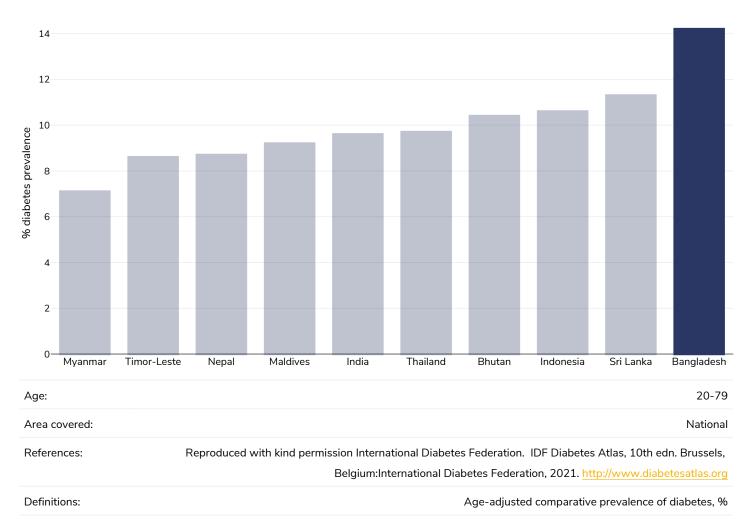
Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



Diabetes prevalence

Adults, 2021





Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	×
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	×
Color coding?	×
Warning label?	×



Regulation and marketing	
Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	×
Subsidy on other healthy products?	×
Mandatory limit or ban of trans fat (all settings)?	\checkmark
Mandatory limit of trans fats in place (all settings)?	~
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	×
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



$\begin{array}{c} \underline{\mathbb{A}} \\ \underline{\mathbb{A}} \\ \underline{\mathbb{P}} \end{array} \quad \text{Political will and support} \\ \end{array}$

National obesity strategy or nutrition and physical activity national strategy?	×
National obesity strategy?	×
National childhood obesity strategy?	×
Comprehensive nutrition strategy?	×
Comprehensive physical activity strategy?	×
Evidence-based dietary guidelines and/or RDAs?	~
National target(s) on reducing obesity?	X
Guidelines/policy on obesity treatment?	×
Promotion of breastfeeding?	×
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	~
Within 5 years?	 ✓
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	
Кеу	
Present V Present (voluntary) V Incoming X Absent ? Unknow	

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