

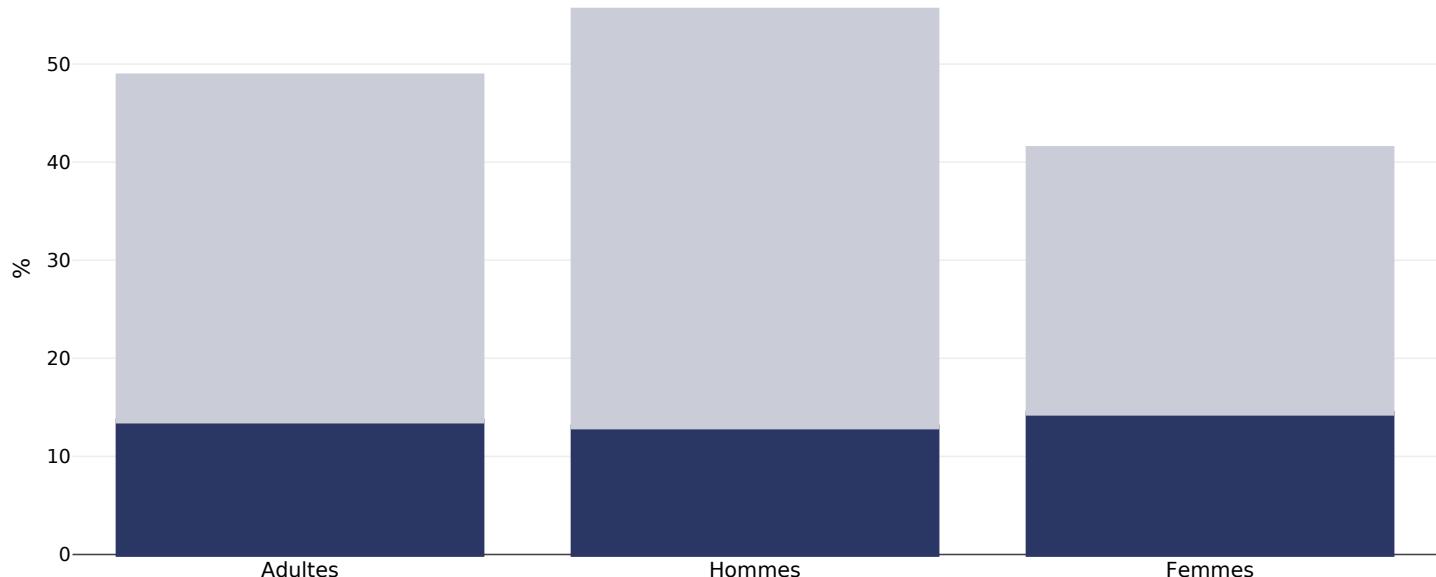
Report card Andorre



Prévalence de l'obésité

Adultes, 2017-2018

■ Obésité ■ Surpoids



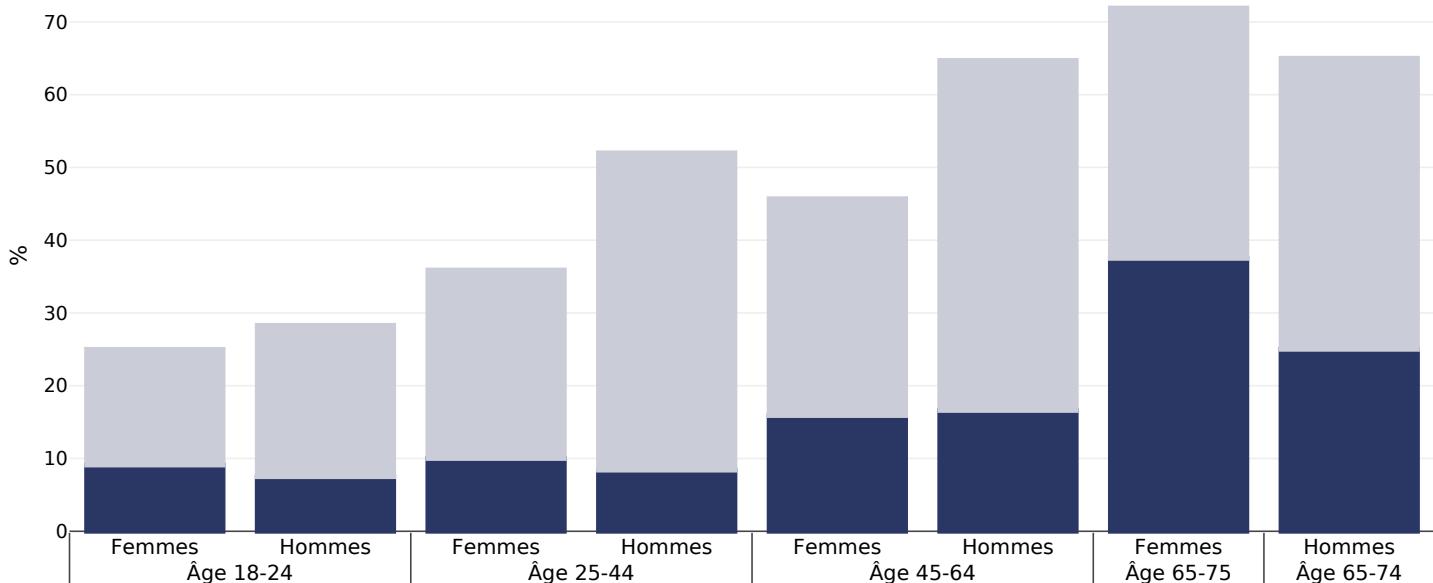
Type d'enquête:	Mesuré
Âge:	18-75
Taille de l'échantillon:	850
Région couverte:	National
Références:	2a ENQUESTA NUTRICIONAL D'ANDORRA (ENA 2017-2018). Government of Andorra. Available at https://www.govern.ad/salut/item/download/856_fffdd95ca999812abc80e030626d6f7d (last accessed 09.09.20)

Sauf indication contraire, le surpoids fait référence à un IMC compris entre 25 kg et 29,9 kg/m², l'obésité fait référence à un IMC supérieur à 30 kg/m².

Surpoids/obésité selon l'âge

Adultes, 2017-2018

■ Obésité ■ Surpoids



Type d'enquête: Mesuré

Taille de l'échantillon: 850

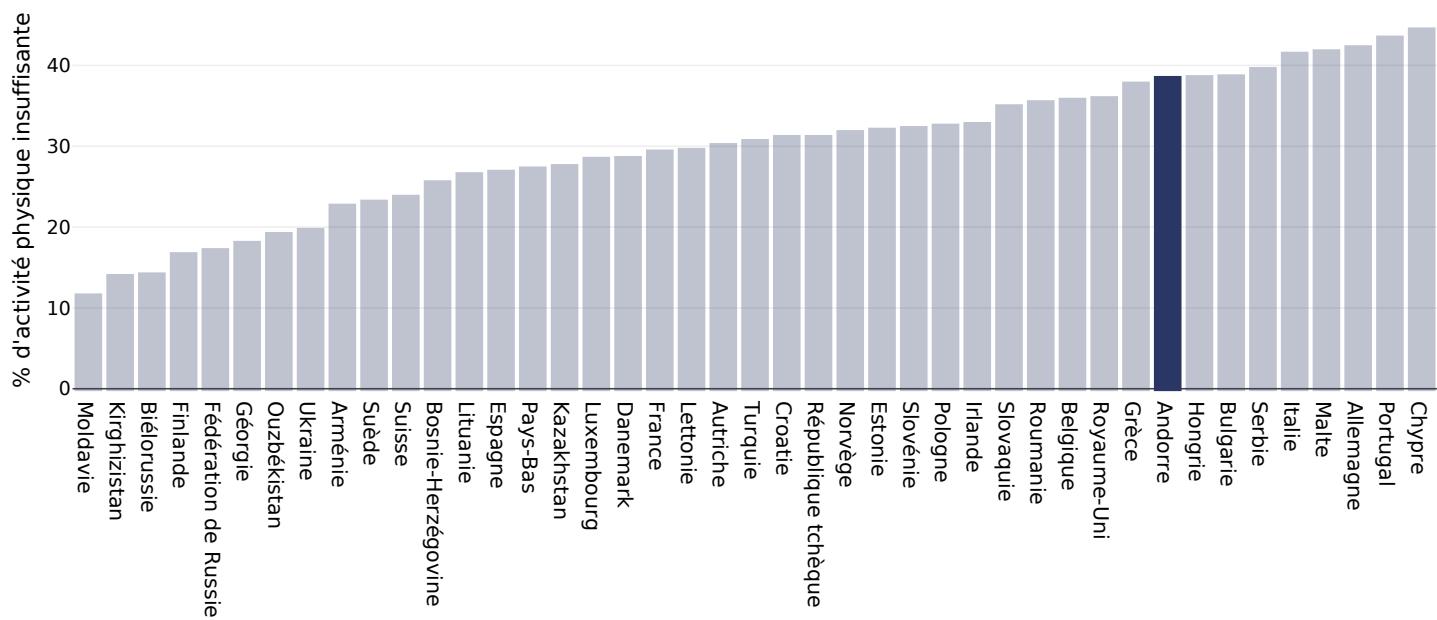
Région couverte: National

Références: 2a ENQUESTA NUTRICIONAL D'ANDORRA (ENA 2017-2018). Government of Andorra. Available at https://www.govern.ad/salut/item/download/856_fffdd95ca999812abc80e030626d6f7d (last accessed 09.09.20)

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% d'activité physique insuffisante

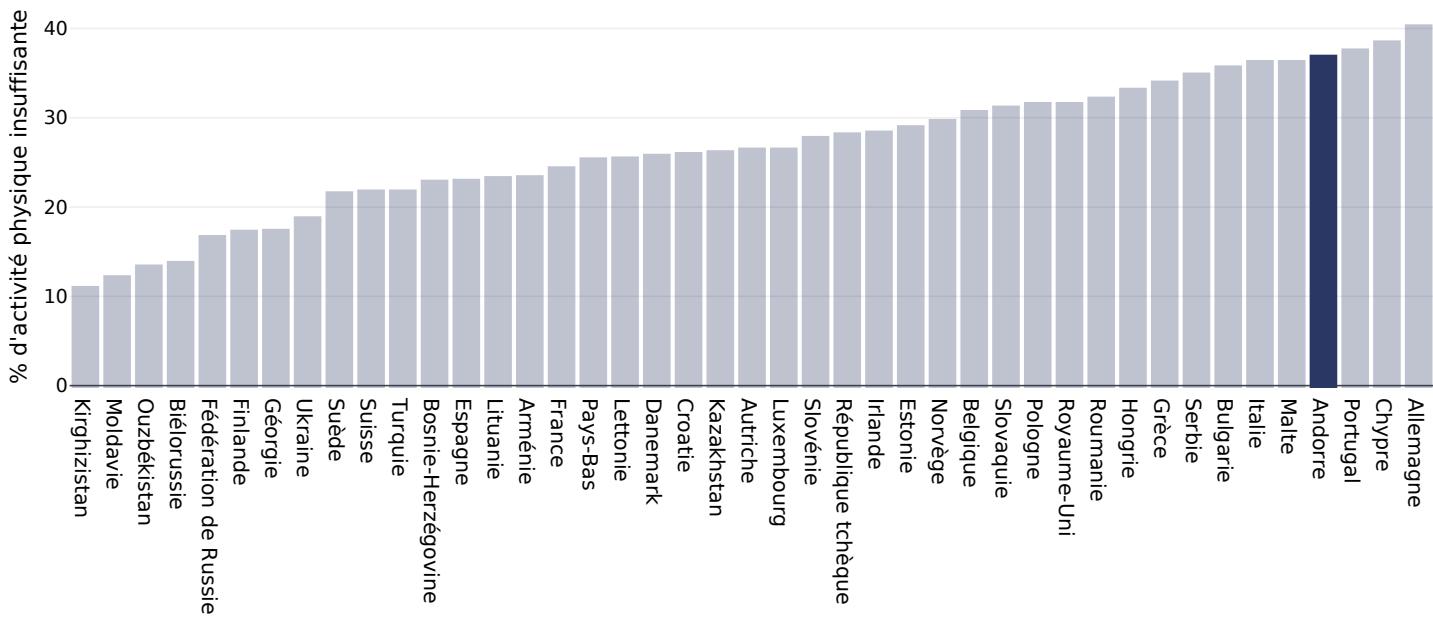
Adultes, 2016



Références:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

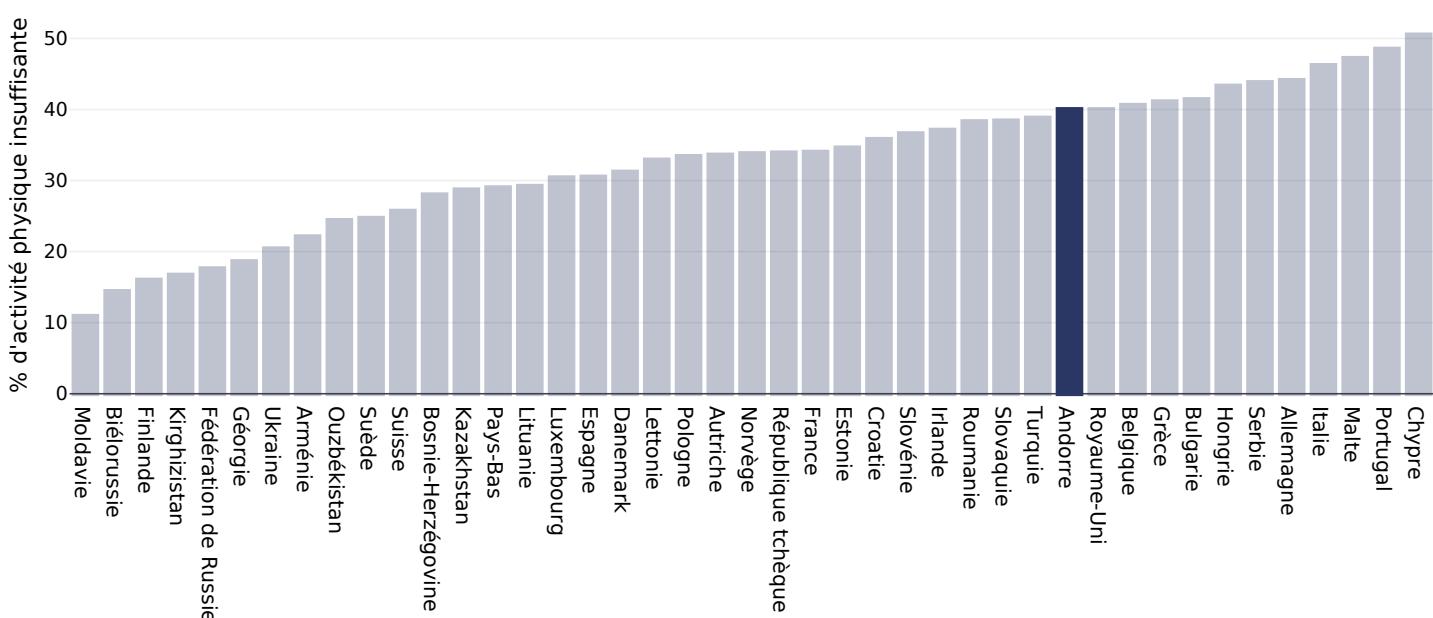
Hommes, 2016



Références:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Femmes, 2016

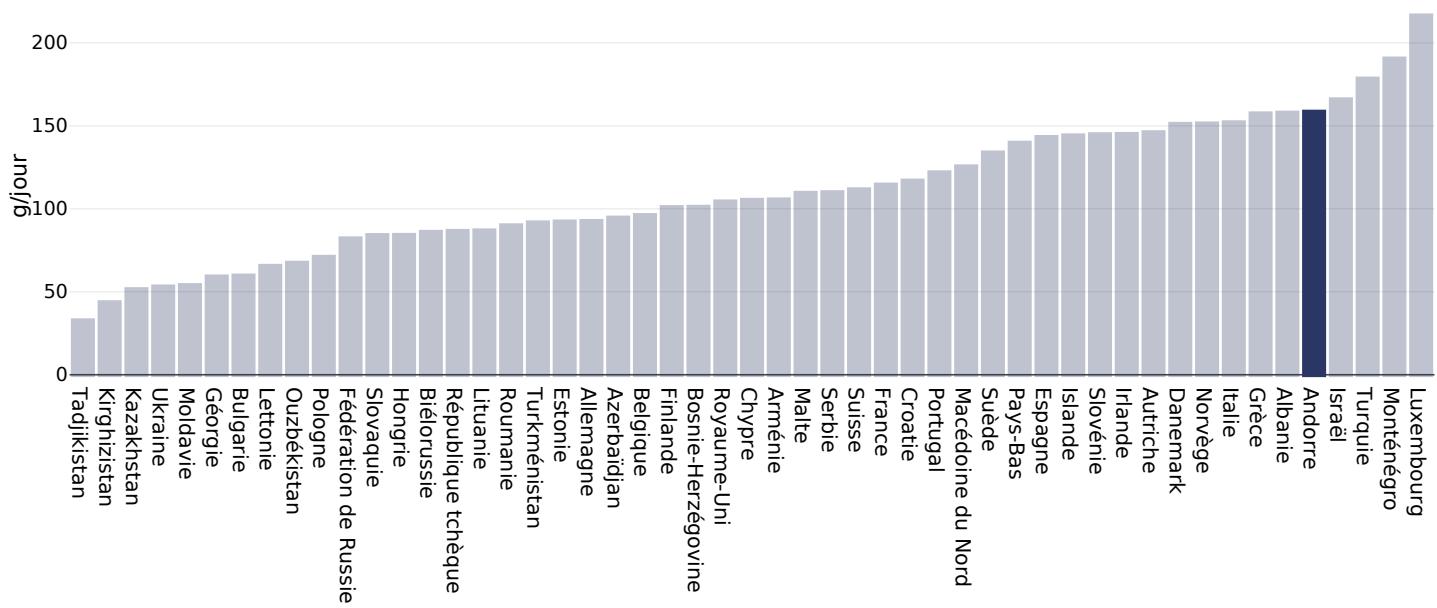


Références:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Estimated per capita fruit intake

Adultes, 2017



Type d'enquête:

Mesuré

Âge:

25+

Références:

Global Burden of Disease, the Institute for Health Metrics and Evaluation

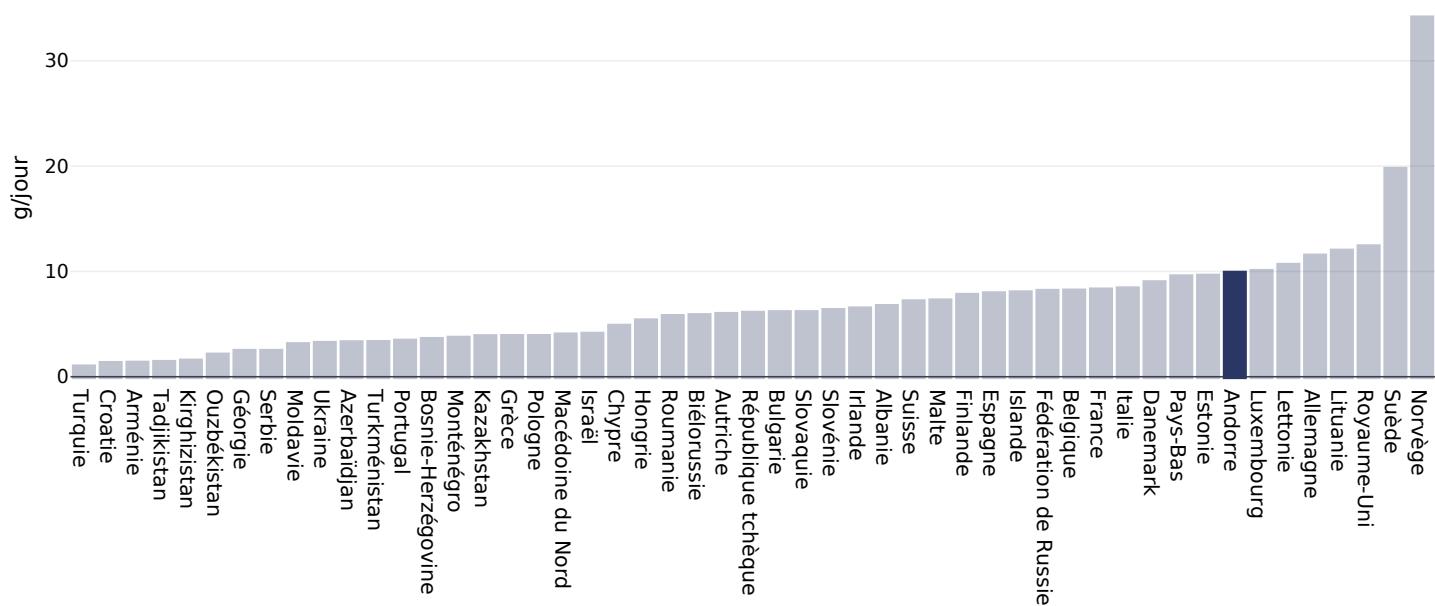
<http://ghdx.healthdata.org/>

Définitions (uniquement disponible en anglais):

Estimated per-capita fruit intake (g/day)

Consommation estimée de viande transformée par habitant

Adultes, 2017



Type d'enquête:

Mesuré

Âge:

25+

Références:

Global Burden of Disease, the Institute for Health Metrics and Evaluation

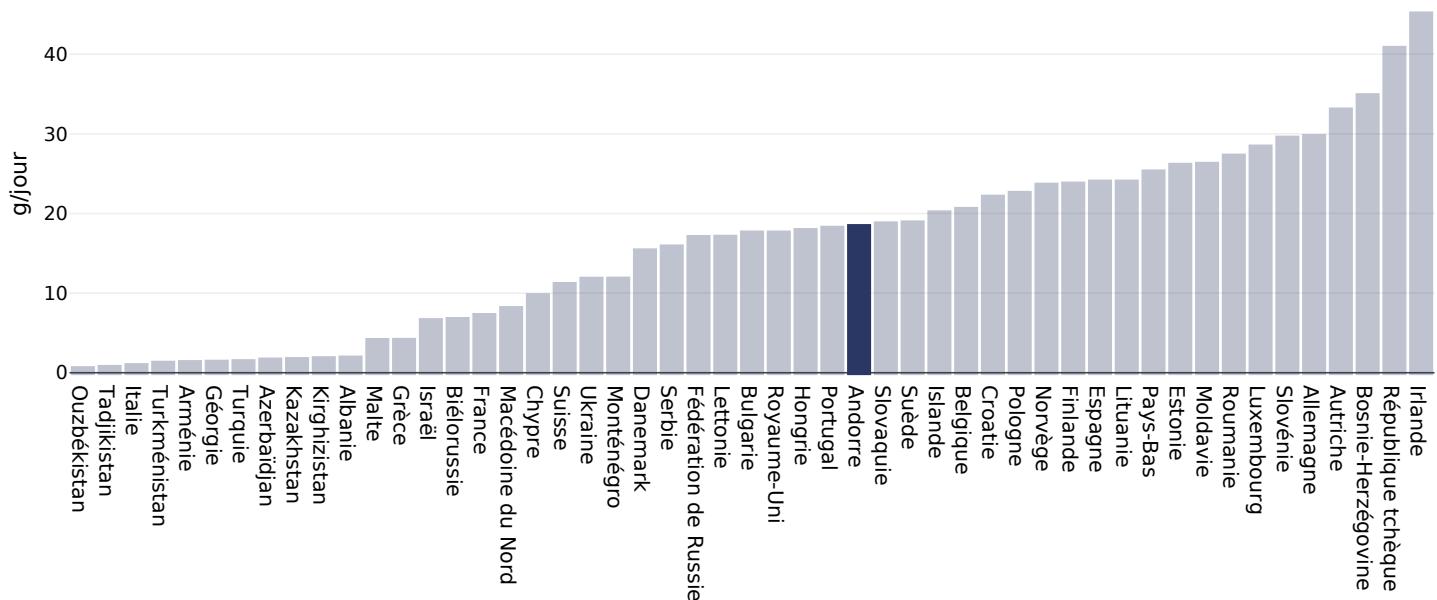
<http://ghdx.healthdata.org/>

Définitions (uniquement disponible en anglais):

Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Adultes, 2017



Type d'enquête:

Mesuré

Âge:

25+

Références:

Global Burden of Disease, the Institute for Health Metrics and Evaluation

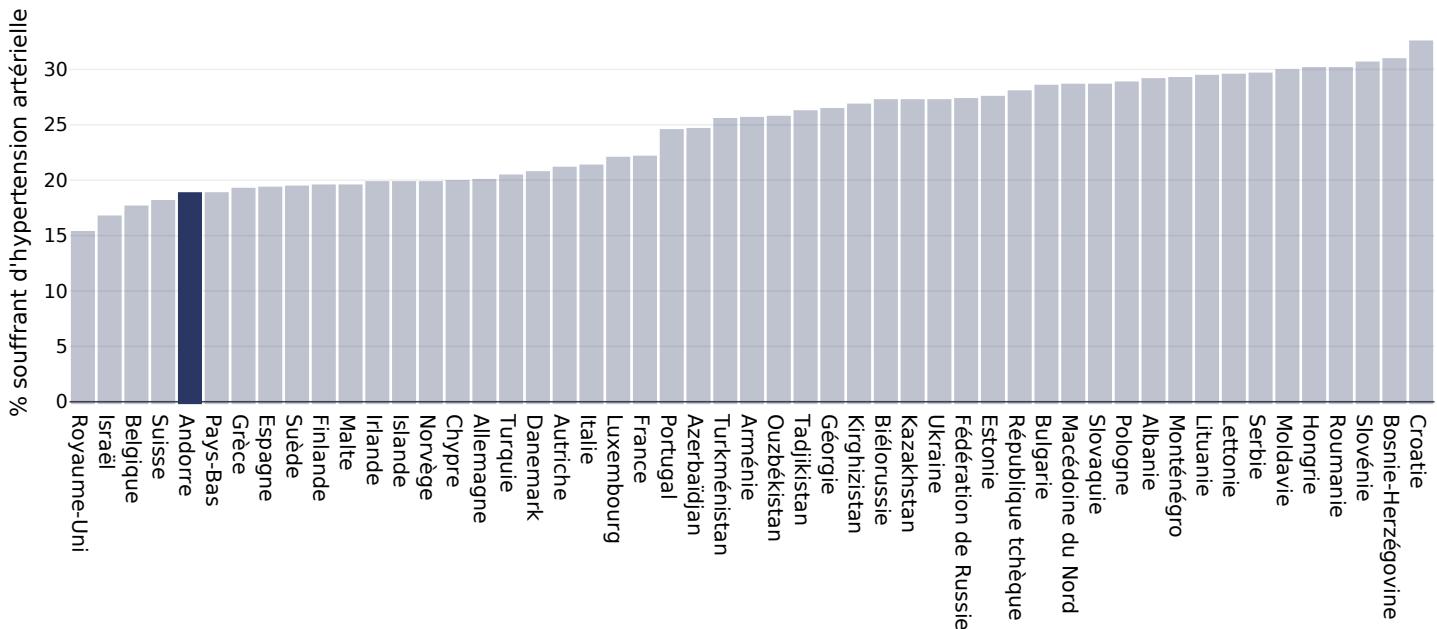
<http://ghdx.healthdata.org/>

Définitions (uniquement disponible en anglais):

Estimated per-capita whole grains intake (g/day)

Hypertension

Adultes, 2015



Références:

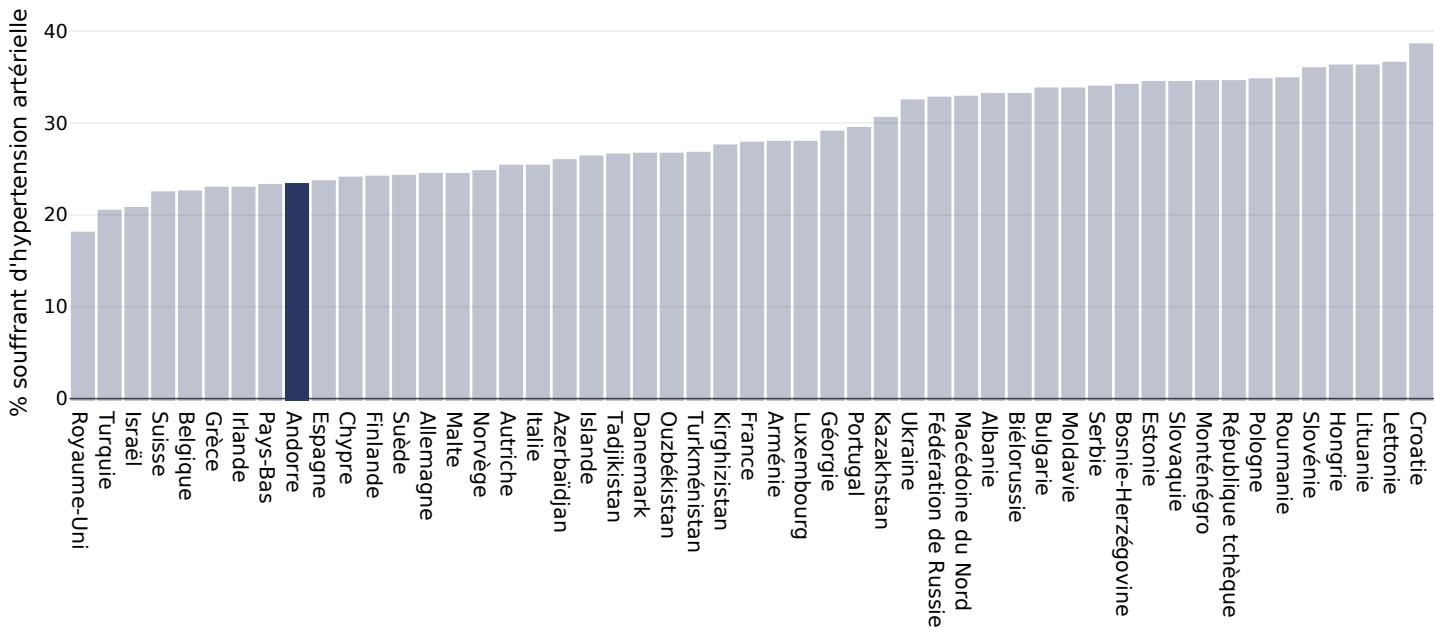
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A875?lang=en>

Définitions (uniquement disponible en anglais):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Hommes, 2015



Références:

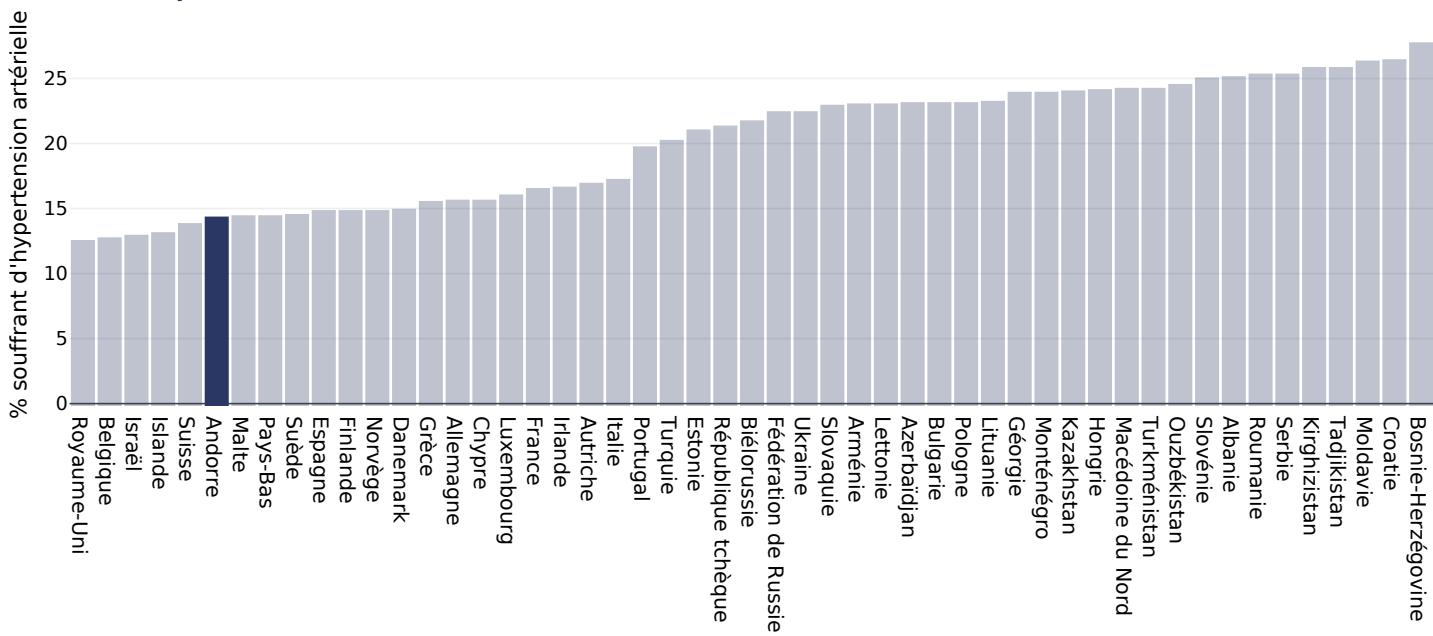
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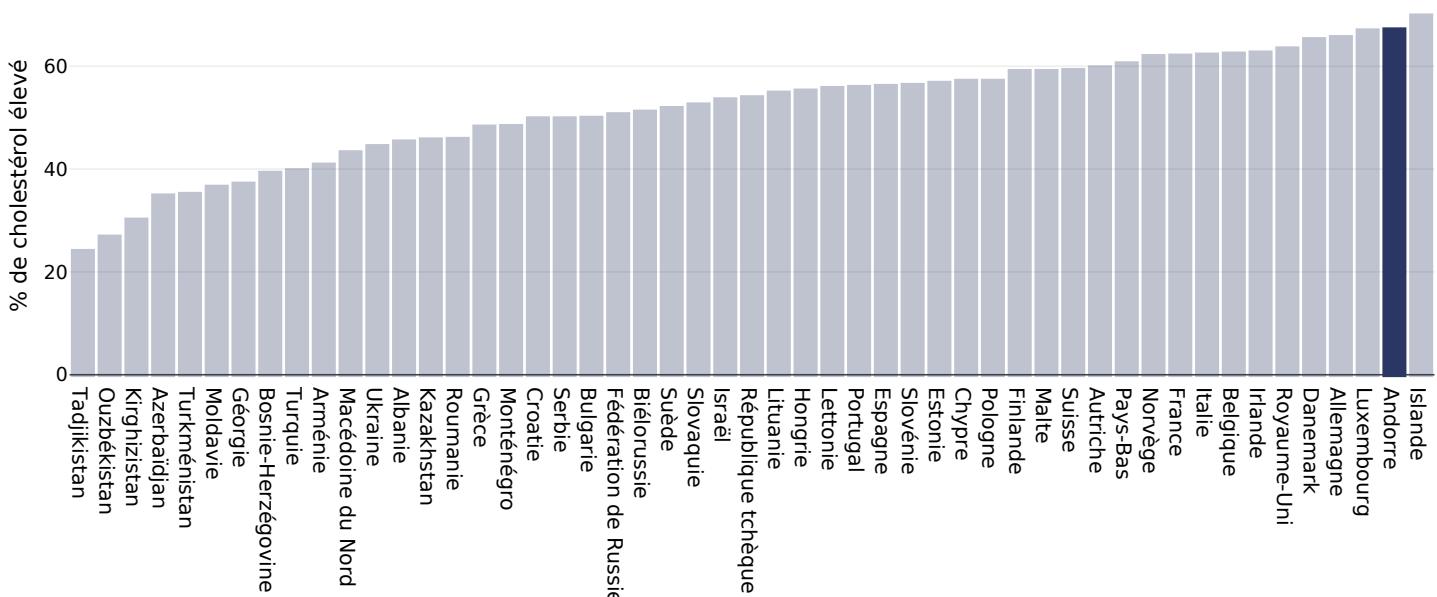
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Définitions (uniquement disponible en anglais):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Hypercholestérolémie

Adultes, 2008



Références:

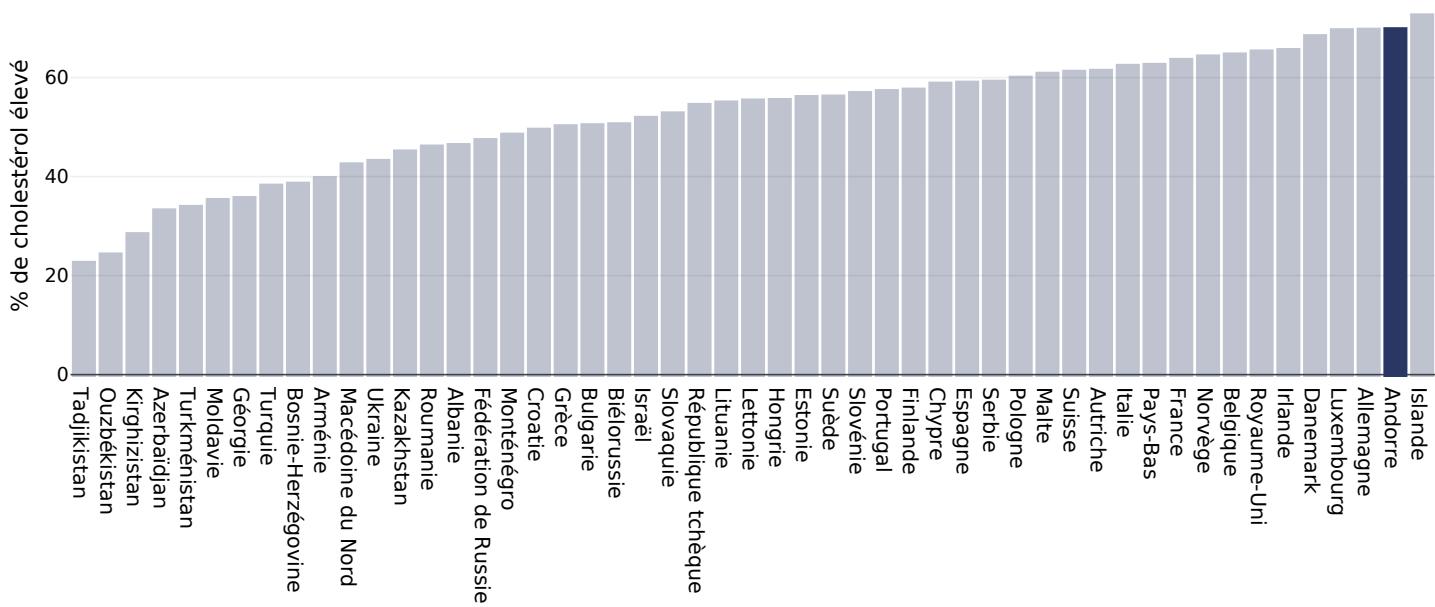
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

Définitions (uniquement disponible en anglais):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Hommes, 2008



Références:

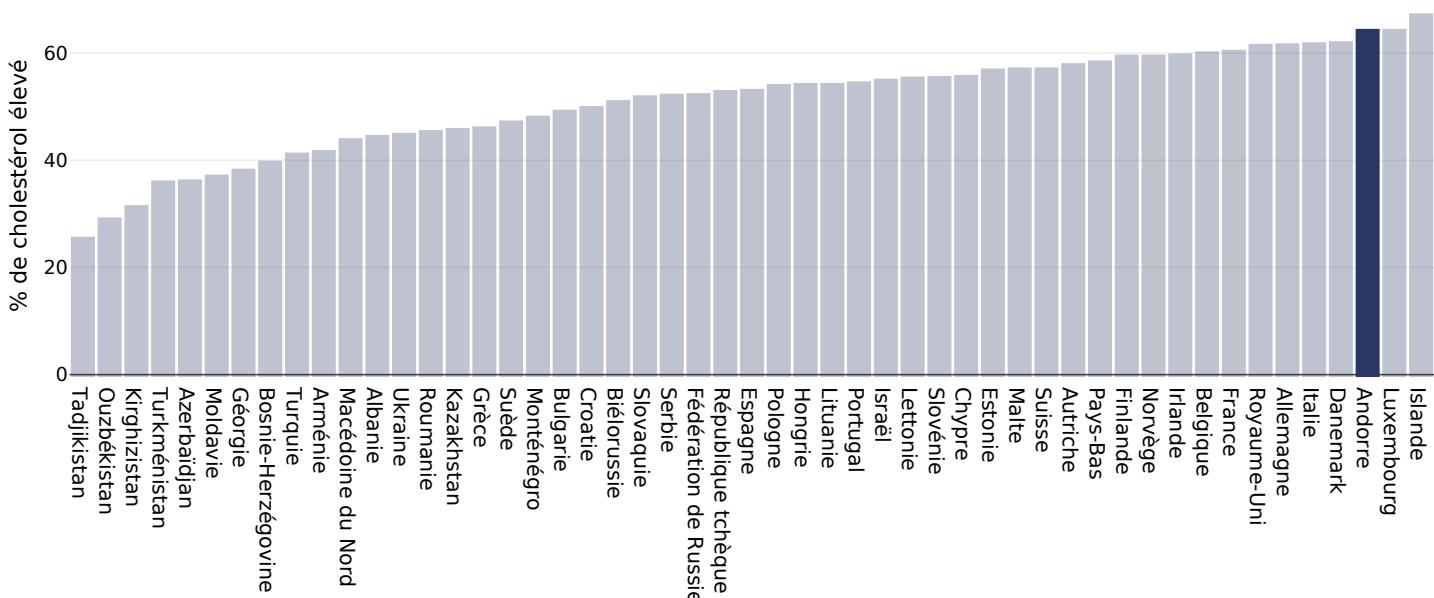
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

Définitions (uniquement disponible en anglais):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Femmes, 2008



Références:

Global Health Observatory data repository, World Health Organisation,

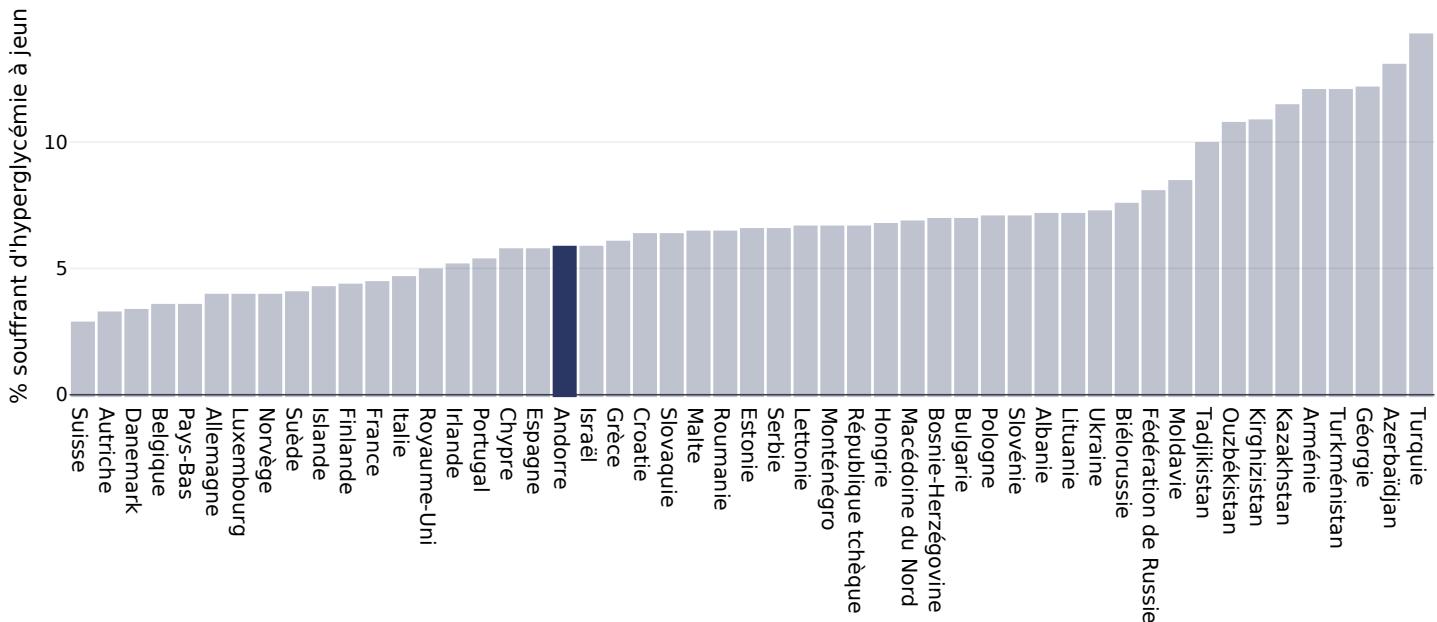
<http://apps.who.int/gho/data/node.main.A885>

Définitions (uniquement disponible en anglais):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Hyperglycémie à jeun

Hommes, 2014



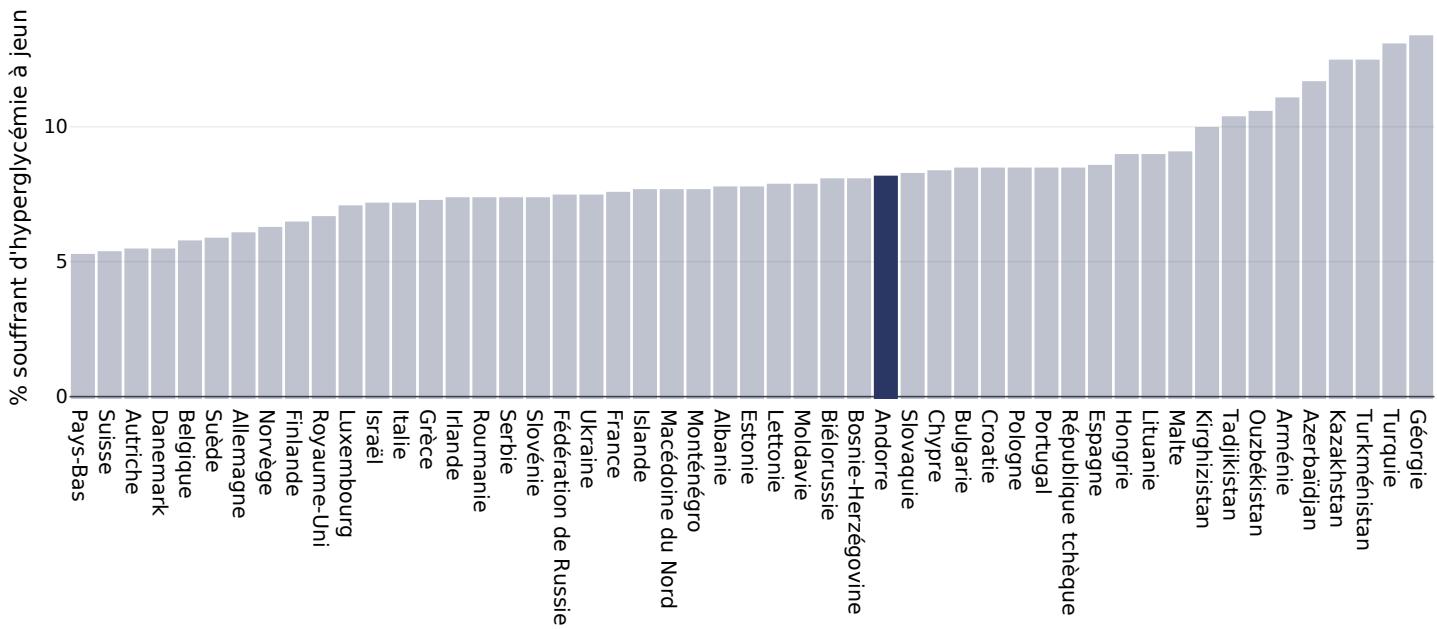
Références:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Définitions (uniquement disponible en anglais):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Femmes, 2014



Références:

Global Health Observatory data repository, World Health Organisation,

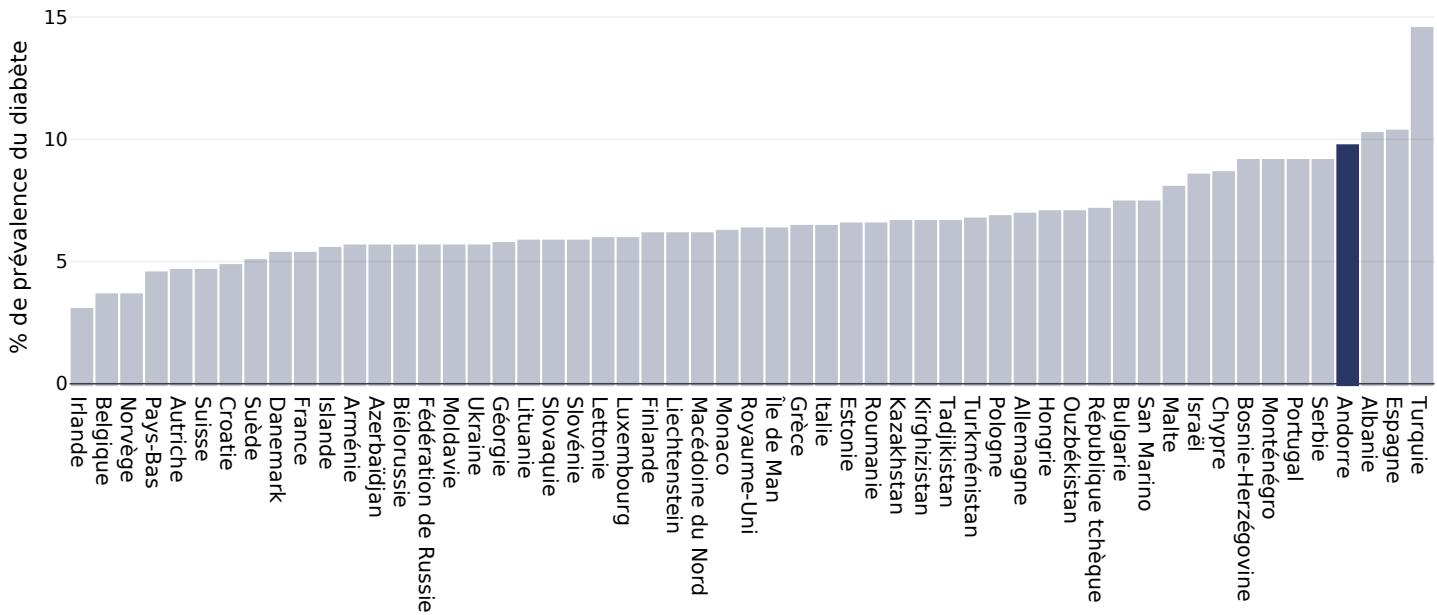
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Définitions (uniquement disponible en anglais):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Prévalence du diabète

Adultes, 2021



Âge:

20-79

Région couverte:

National

Références:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Définitions (uniquement disponible en anglais):

Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?



Front-of-package labelling?



Back-of-pack nutrition declaration?



Color coding?



Warning label?





Regulation and marketing

Are there fiscal policies on unhealthy products?

Tax on unhealthy foods?

✗

Tax on unhealthy drinks?

✗

Are there fiscal policies on healthy products?

Subsidy on fruits?

✗

Subsidy on vegetables?

✗

Subsidy on other healthy products?

✗

Mandatory limit or ban of trans fat (all settings)?

Mandatory limit of trans fats in place (all settings)?

✗

Ban on trans-fats or phos in place (all settings)?

✗

Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?

Mandatory restriction on broadcast media?

✗

Mandatory restriction on non-broadcast media?

✗

Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?

✗

Are there mandatory standards for food in schools?

✗

Are there any mandatory nutrient limits in any manufactured food products?

✗

Nutrition standards for public sector procurement?

✗



Political will and support

National obesity strategy or nutrition and physical activity national strategy?



National obesity strategy?



National childhood obesity strategy?



Comprehensive nutrition strategy?



Comprehensive physical activity strategy?



Evidence-based dietary guidelines and/or RDAs?



National target(s) on reducing obesity?



Guidelines/policy on obesity treatment?



Promotion of breastfeeding?



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?



Within 5 years?



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?



Key



Present



Present (voluntary)



Incoming



Absent



Unknown