

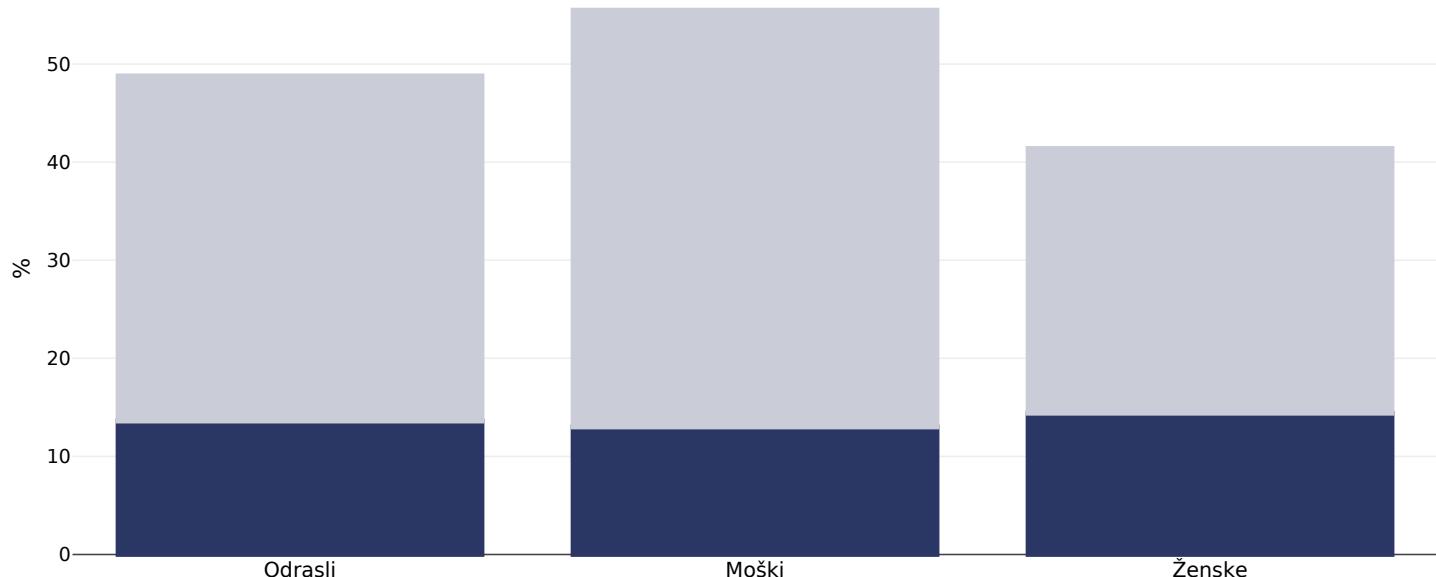
# Report card Andora



## Razširjenost debelosti

Odrasli, 2017-2018

■ Debelost ■ Prekomerna telesna teža

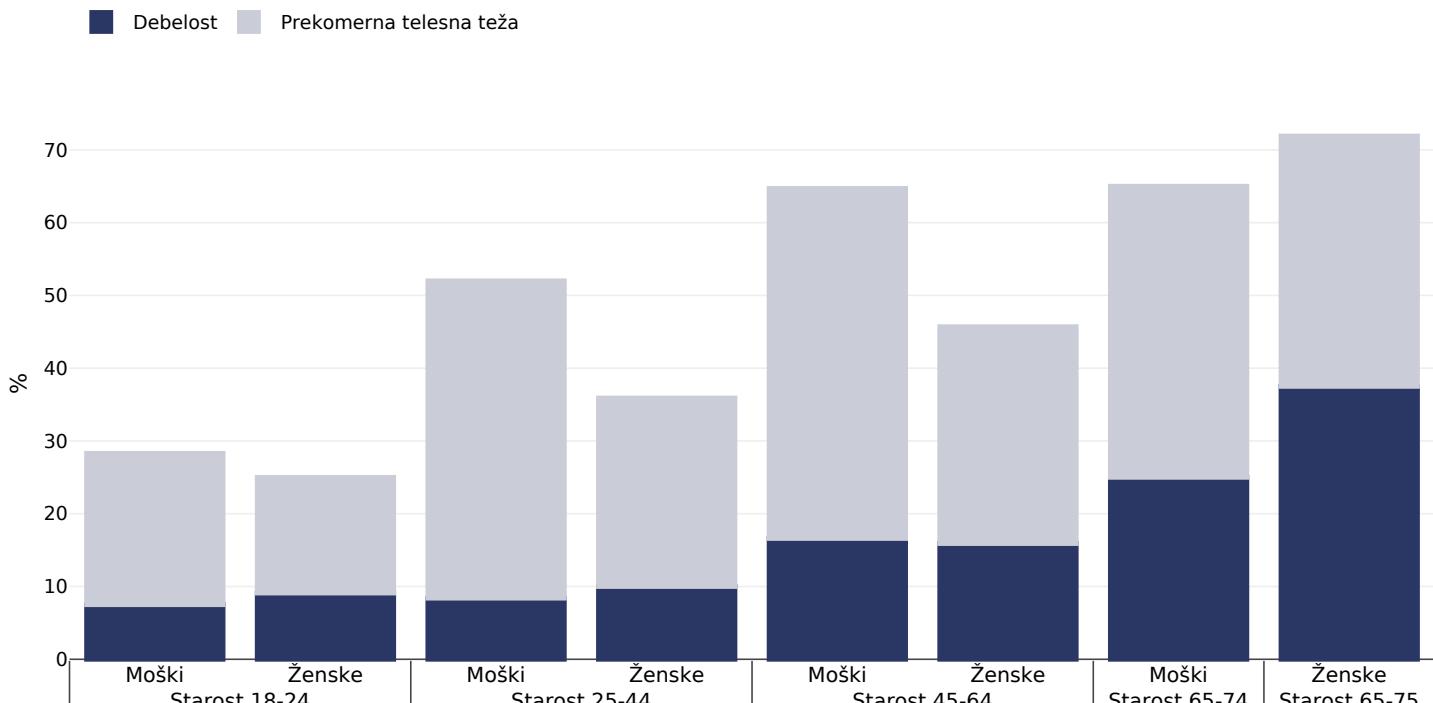


Vrsta ankete:	Izmerjeni
Starost:	18-75
Obseg vzorcev:	850
Zajeto območje:	Na državni ravni
Literatura:	2a ENQUESTA NUTRICIONAL D'ANDORRA (ENA 2017-2018). Government of Andorra. Available at <a href="https://www.govern.ad/salut/item/download/856_fffdd95ca999812abc80e030626d6f7d">https://www.govern.ad/salut/item/download/856_fffdd95ca999812abc80e030626d6f7d</a> (last accessed 09.09.20)

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m<sup>2</sup>, debelost pa na ITM, višji od 30 kg/m<sup>2</sup>.

## Prekomerna telesna teža/debelost glede na starost

Odrasli, 2017-2018



Vrsta ankete:

Izmerjeni

Obseg vzorcev:

850

Zajeto območje:

Na državni ravni

Literatura:

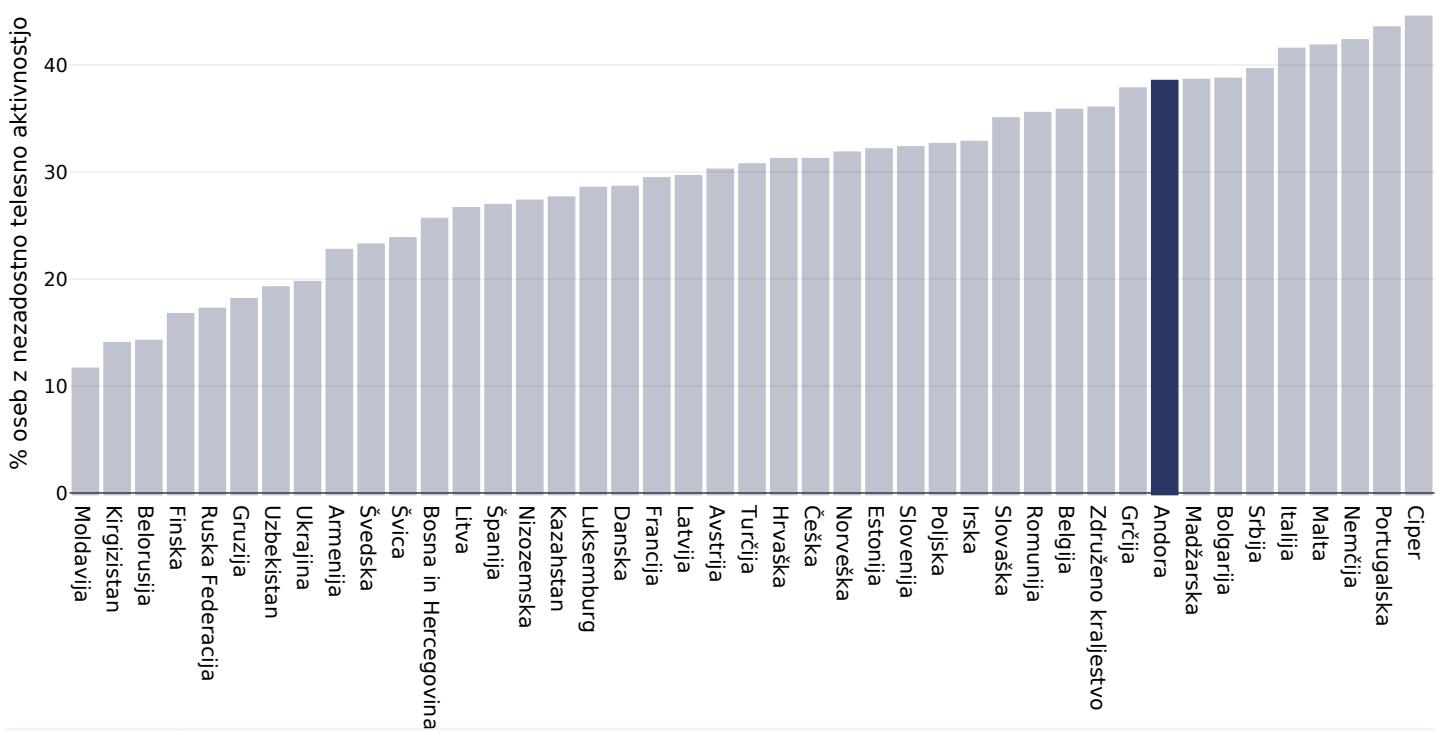
2a ENQUESTA NUTRICIONAL D'ANDORRA (ENA 2017-2018). Government of Andorra. Available at

[https://www.govern.ad/salut/item/download/856\\_fffdd95ca999812abc80e030626d6f7d](https://www.govern.ad/salut/item/download/856_fffdd95ca999812abc80e030626d6f7d) (last accessed 09.09.20)

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## Nezadostna telesna aktivnost

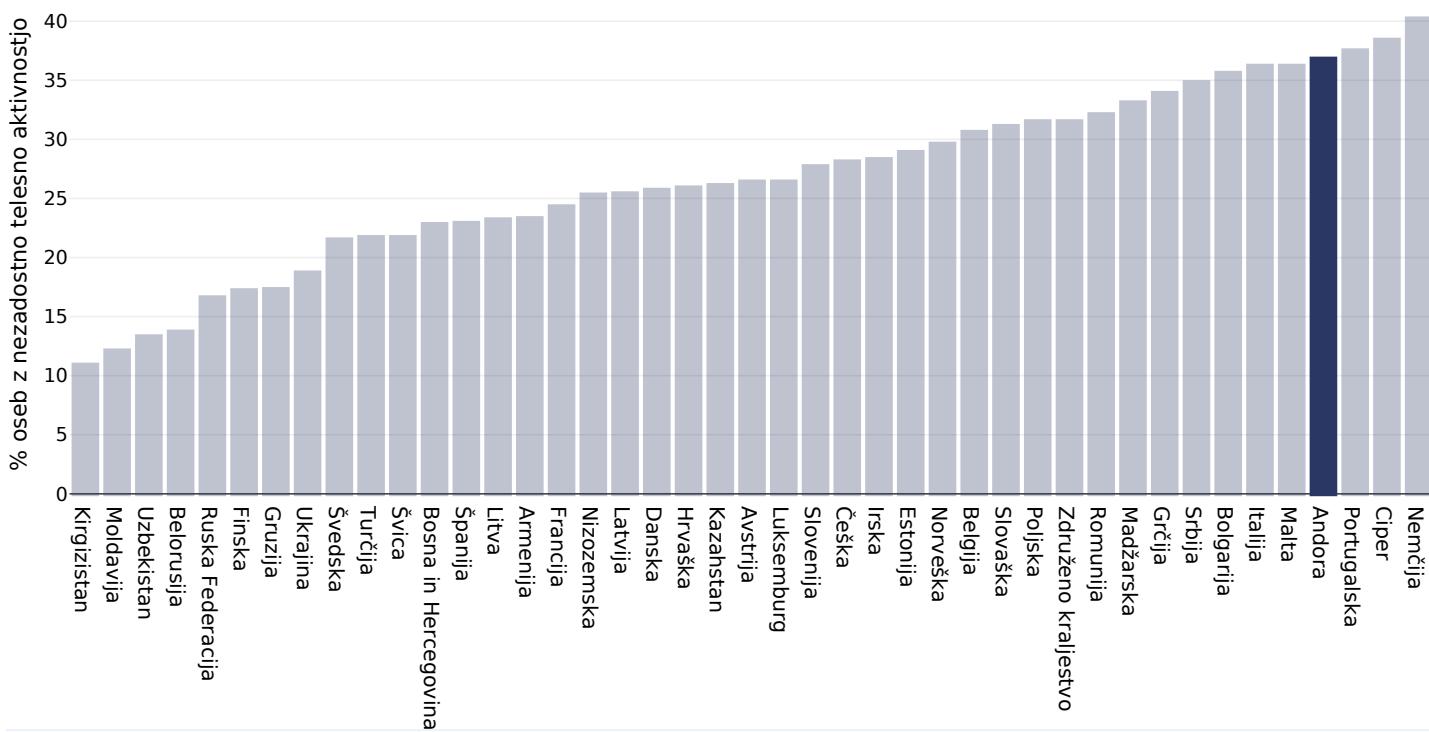
Odrasli, 2016



Literatura:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

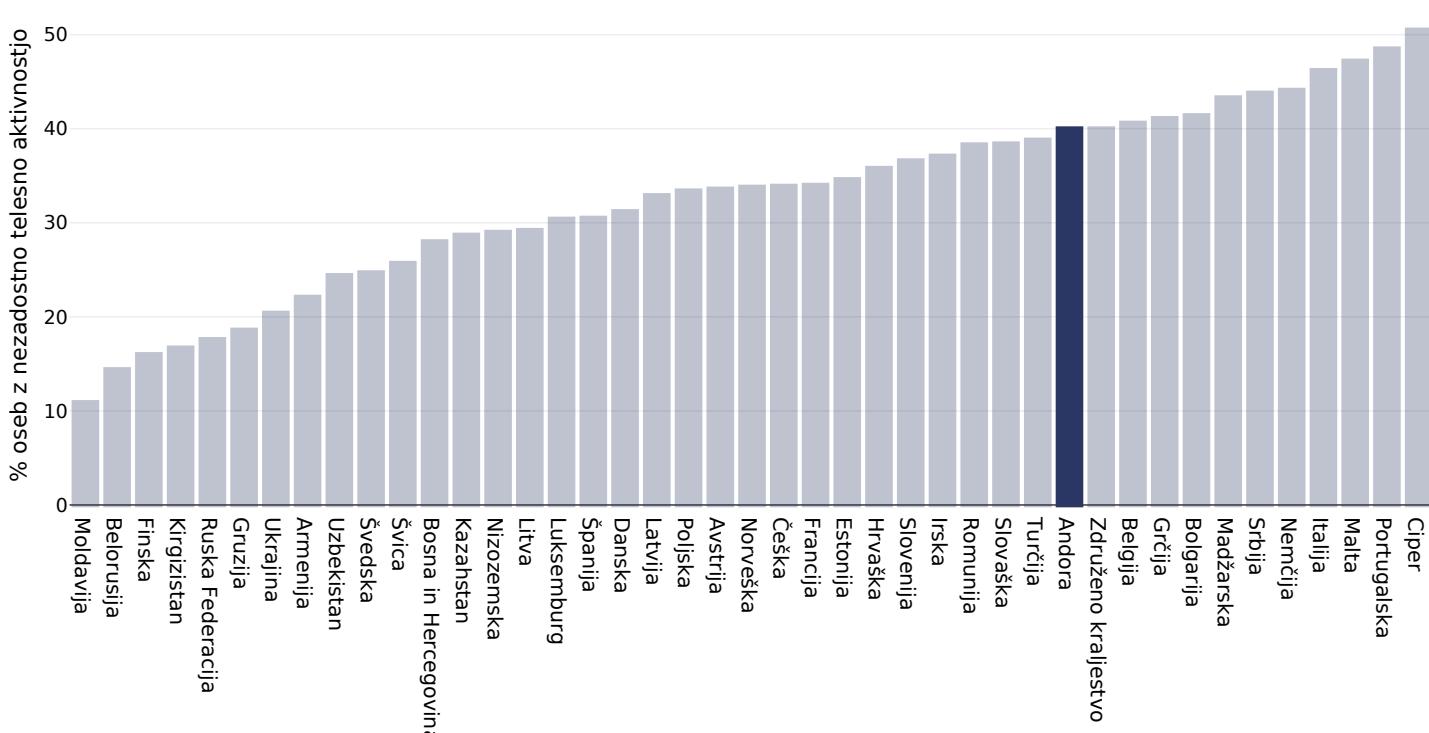
## Moški, 2016



Literatura:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

## Ženske, 2016

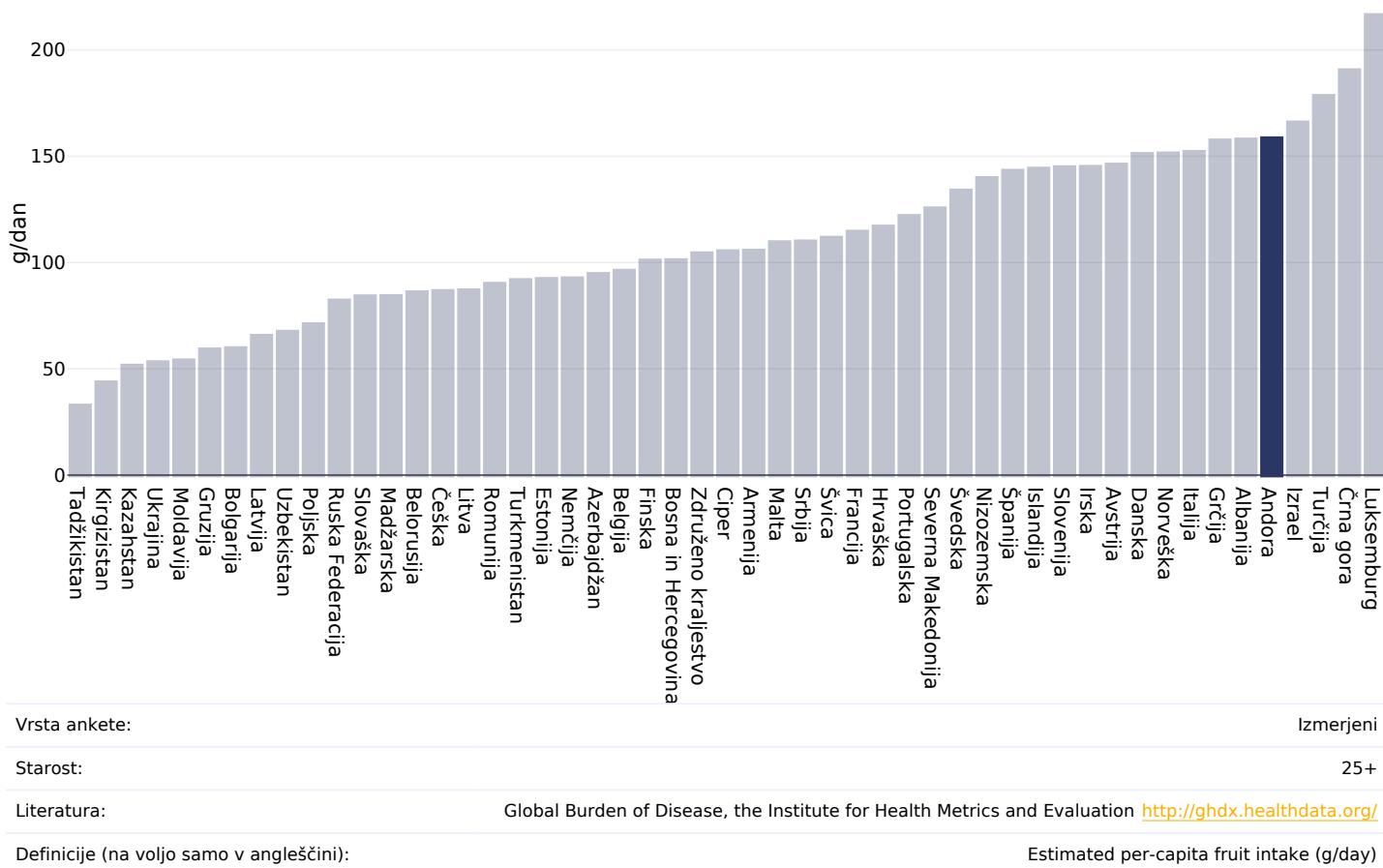


Literatura:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

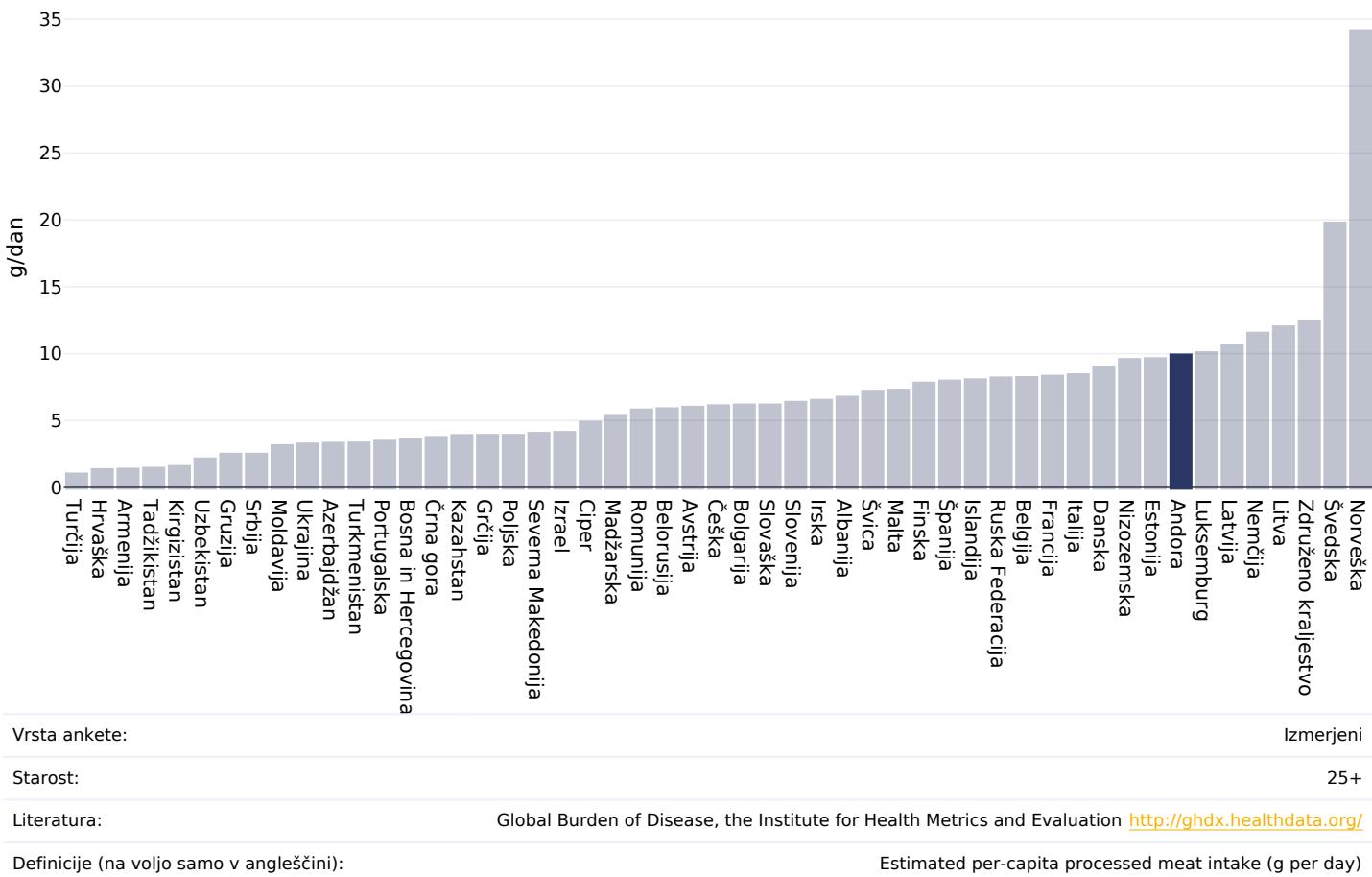
## Estimated per capita fruit intake

Odrasli, 2017



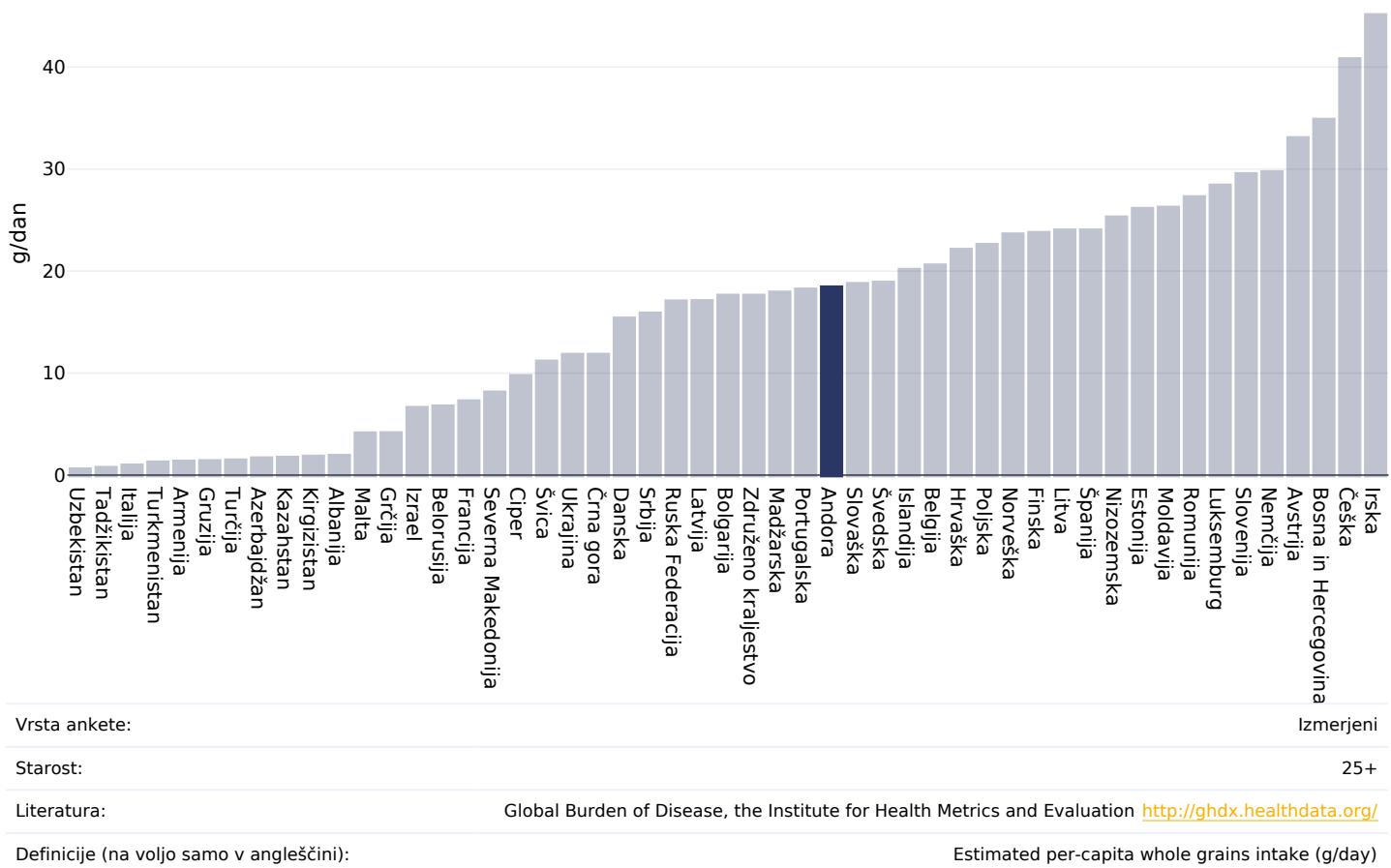
## Ocenjeni vnos predelanega mesa na prebivalca

Odrasli, 2017



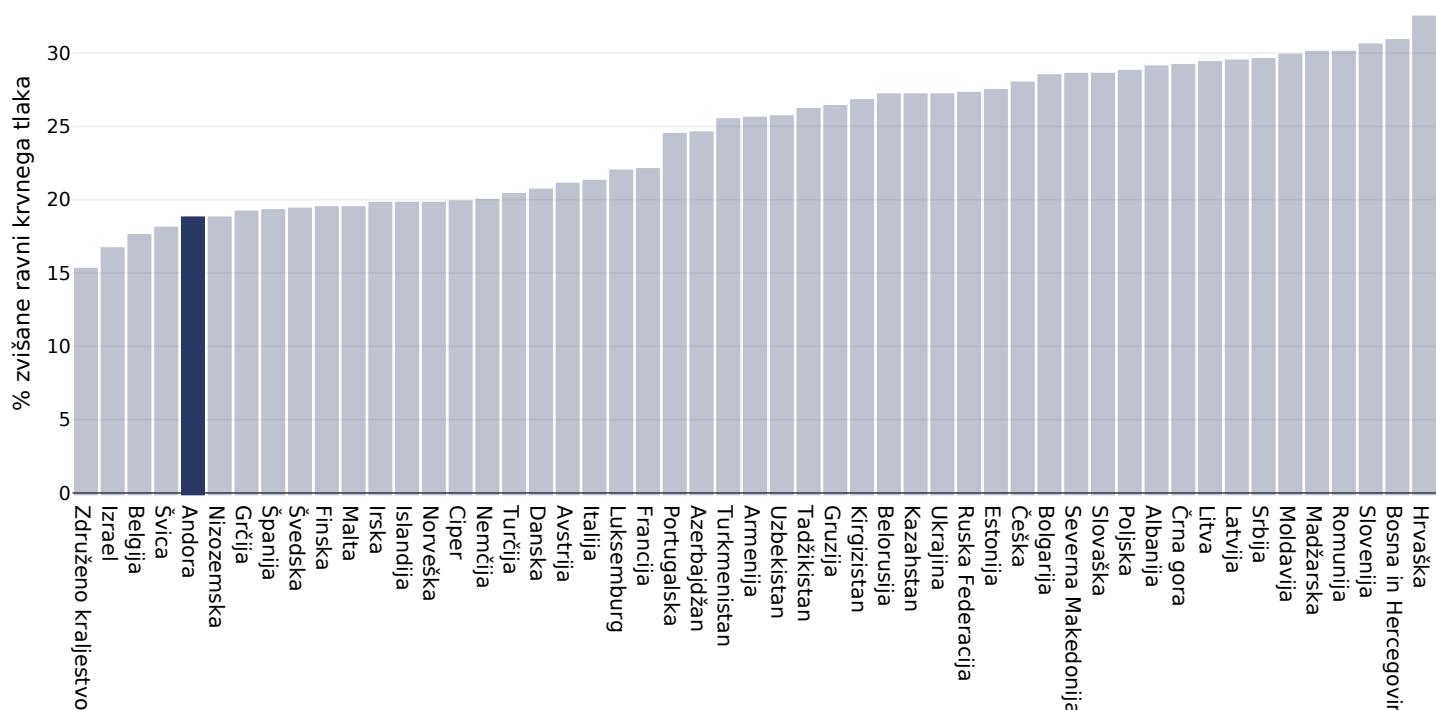
## Estimated per capita whole grains intake

Odrasli, 2017



## Zvišan krvni tlak

Odrasli, 2015



Literatura:

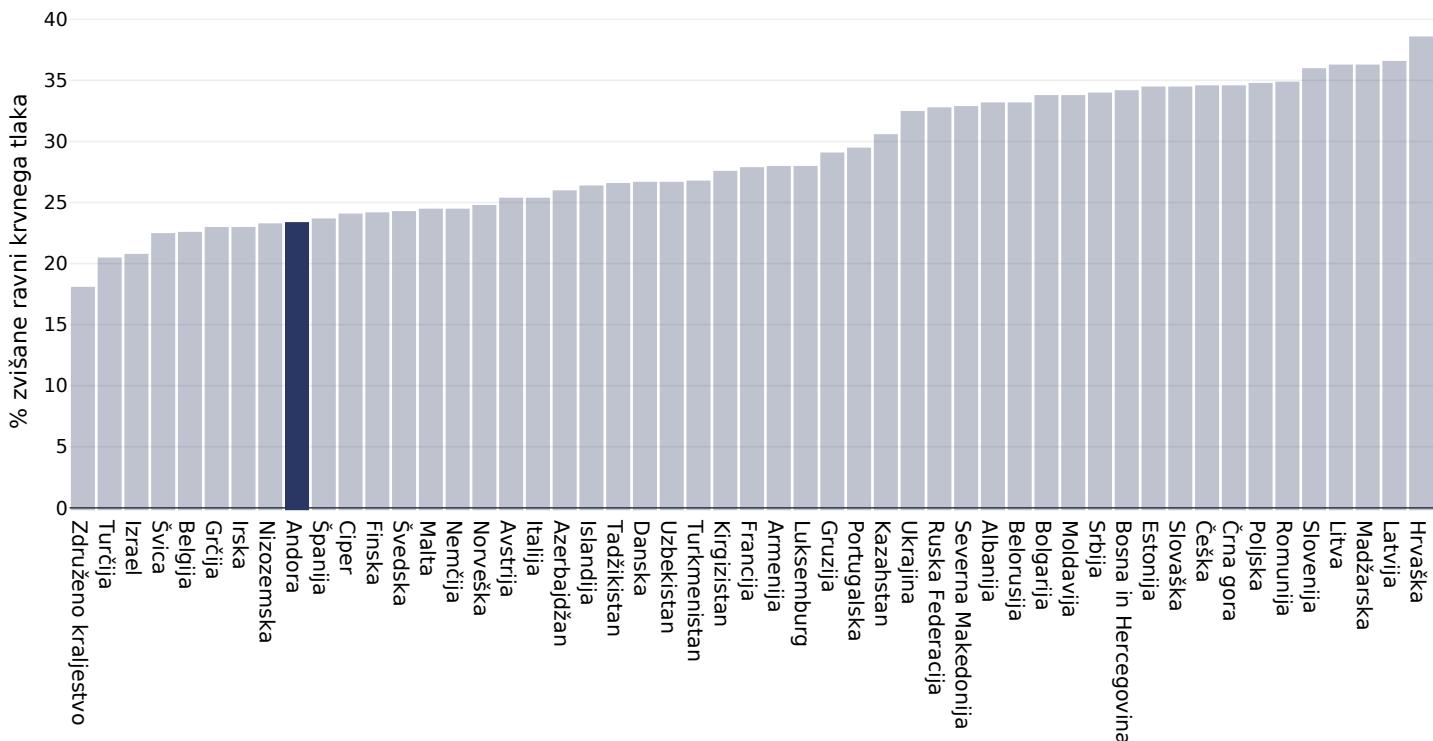
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Moški, 2015



Literatura:

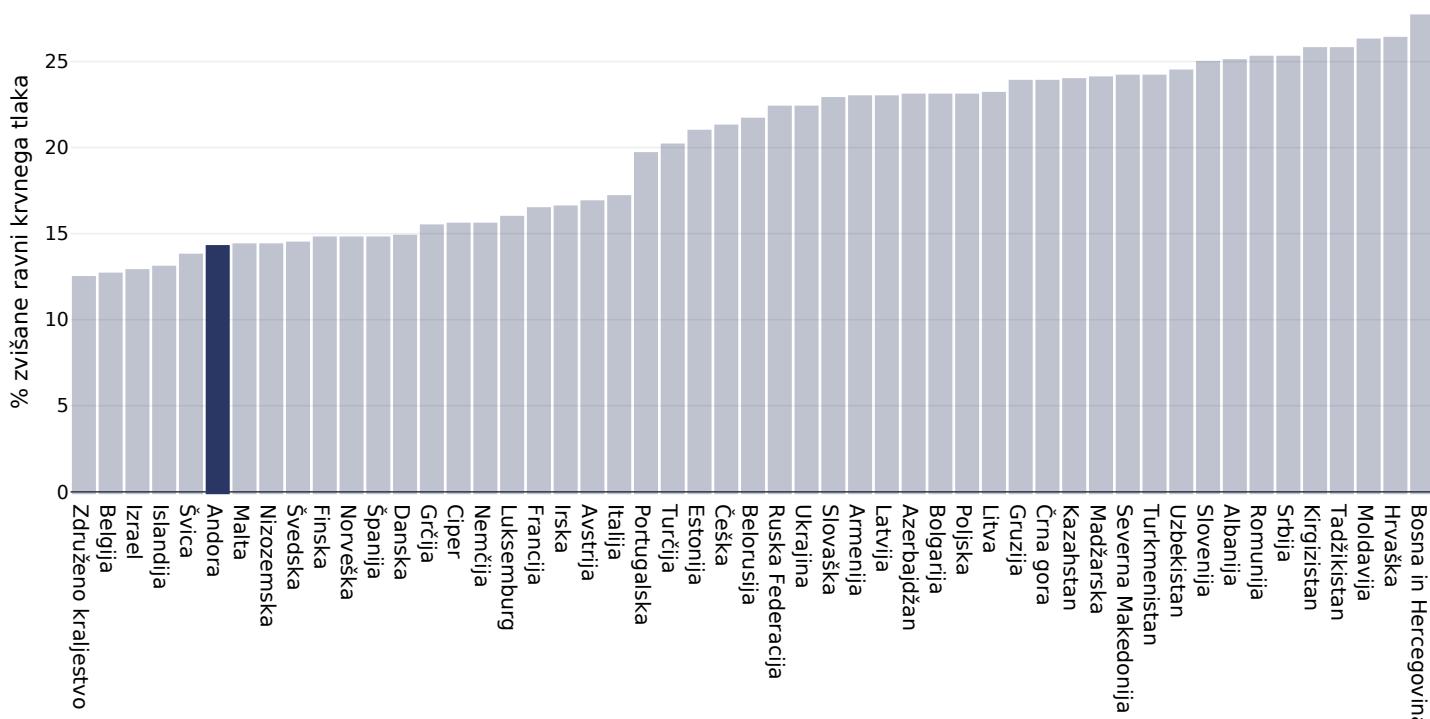
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definicije (na voljo samo v angleščini):

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Global Health Observatory data repository, World Health Organisation,

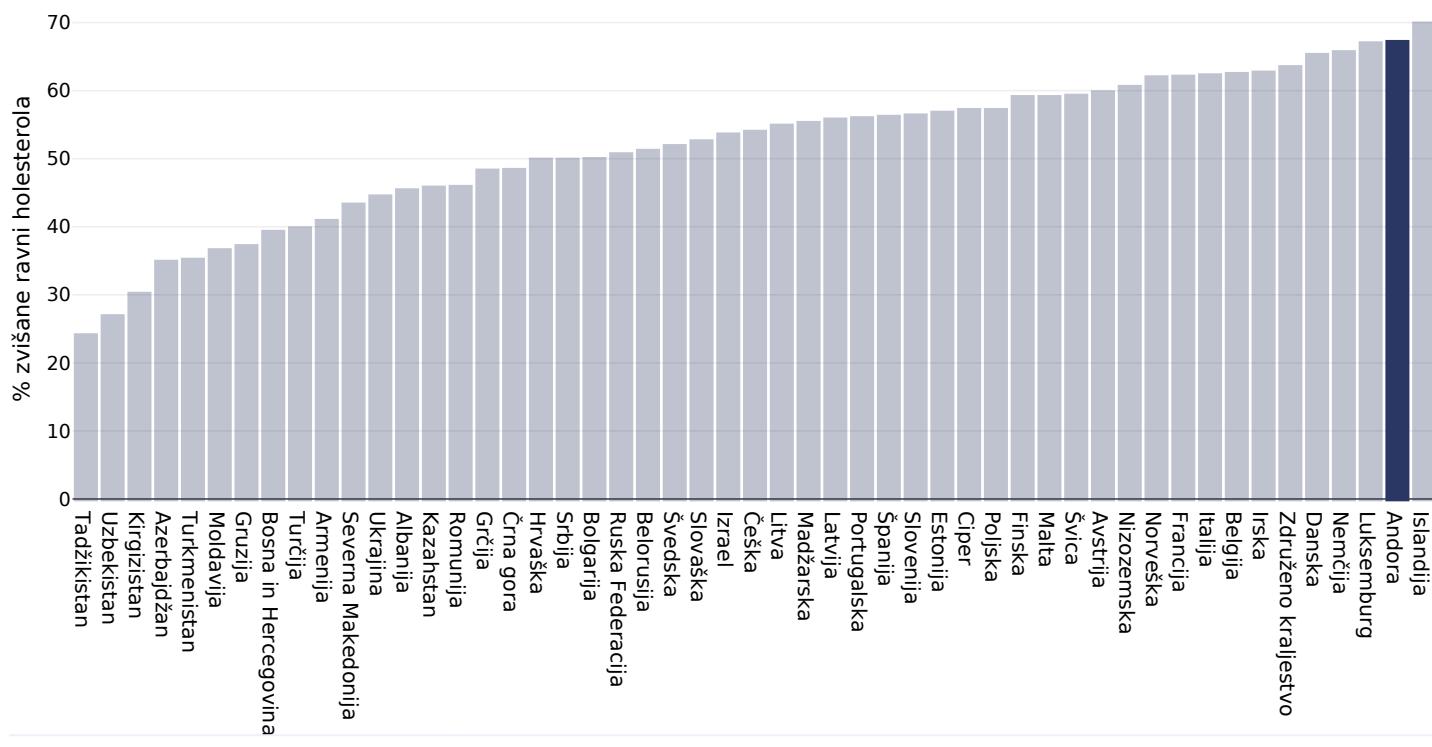
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Zvišana raven holesterola

Odrasli, 2008



Literatura:

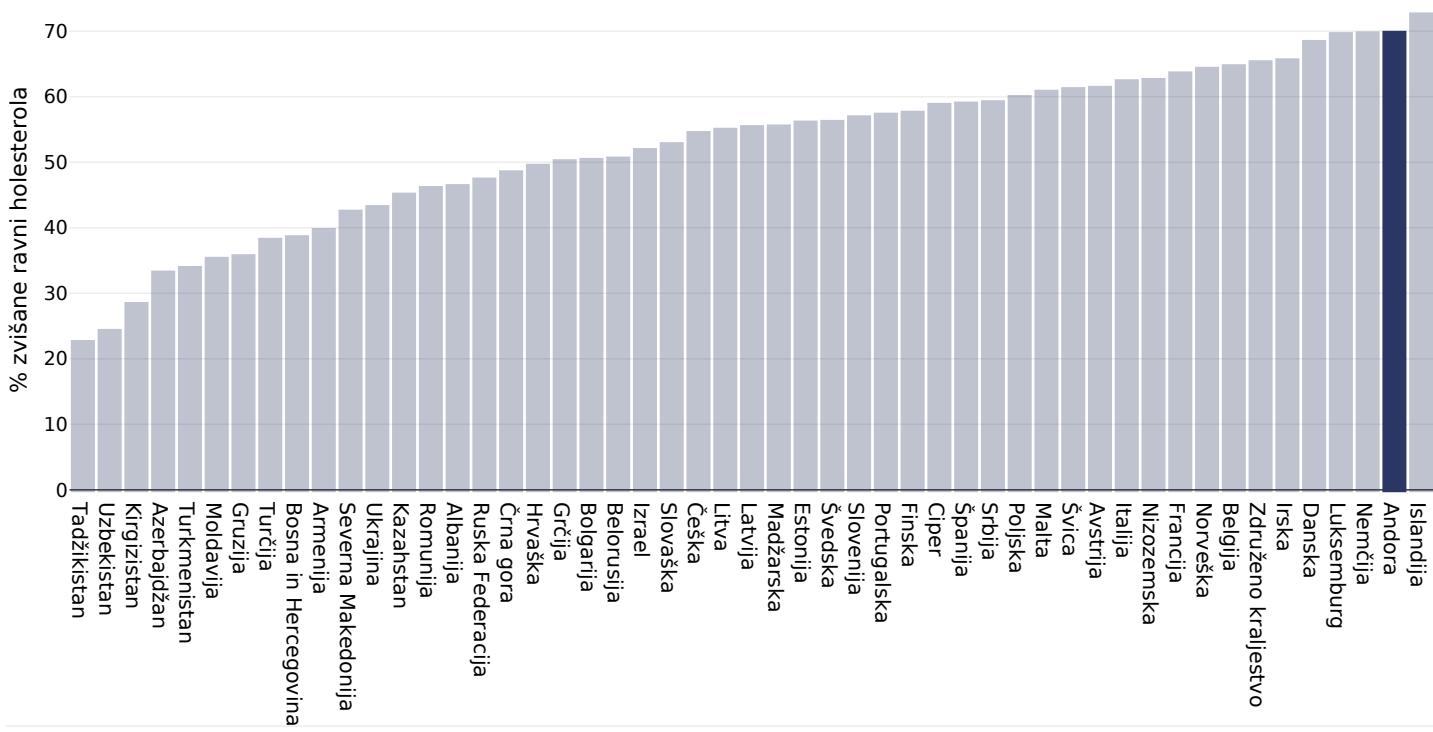
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

Definicije (na voljo samo v angleščini):

% Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Moški, 2008



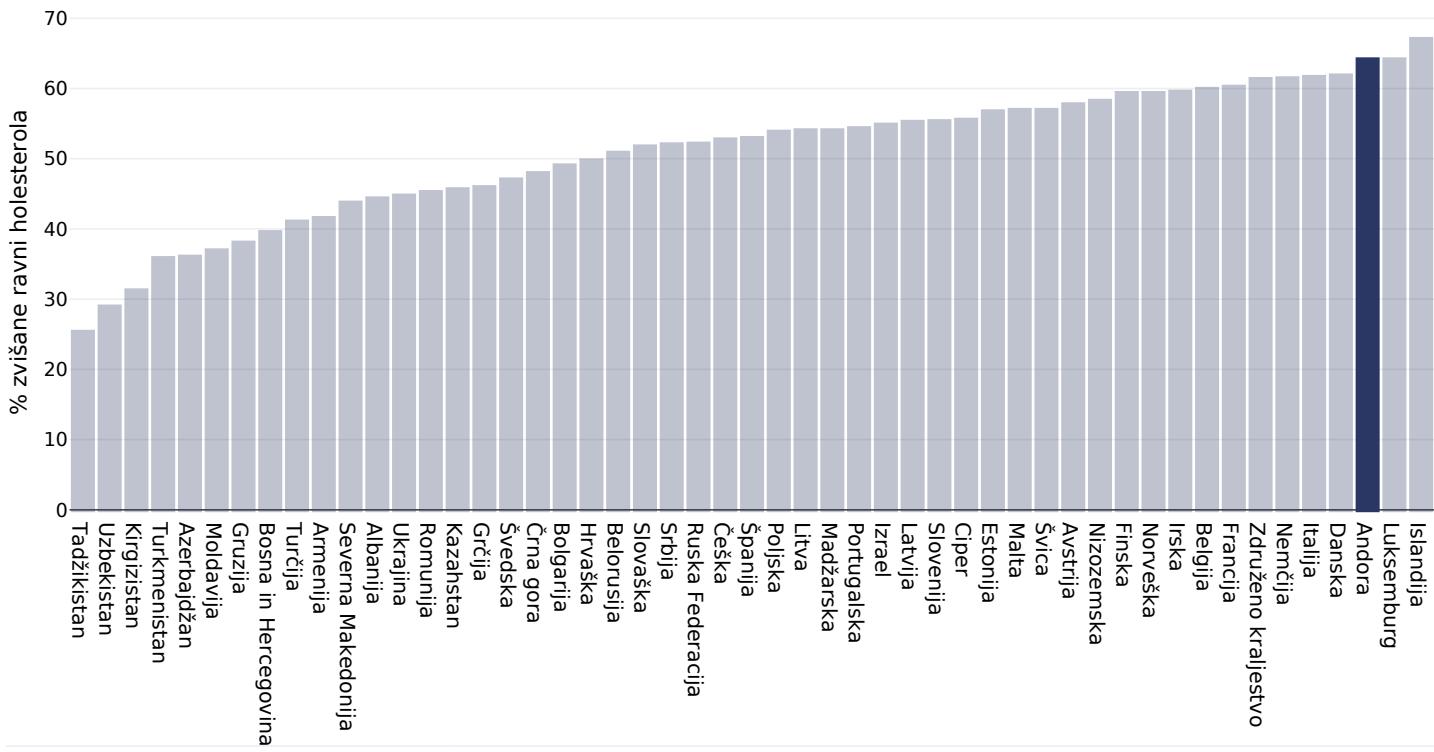
Literatura:

Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

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## Ženske, 2008



Literatura:

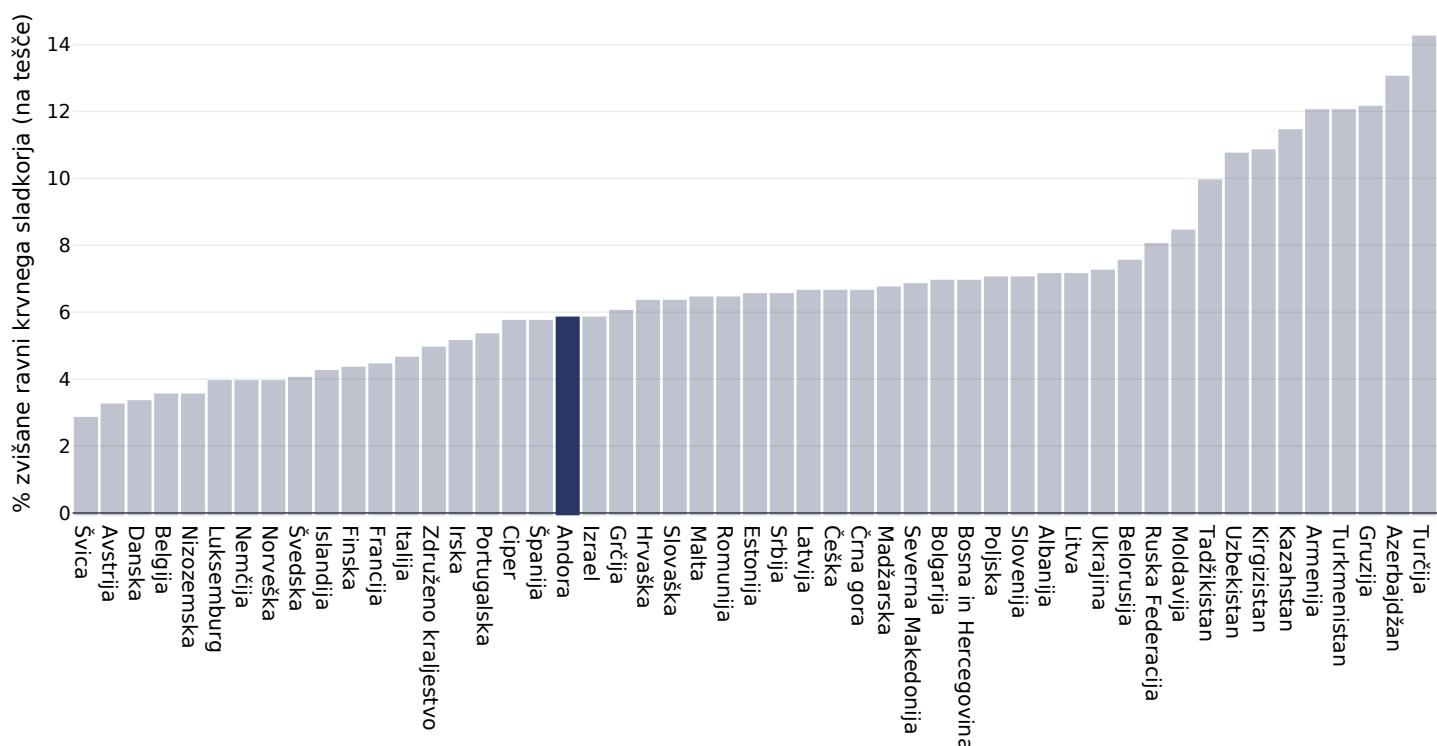
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

% Raised total cholesterol ( $\geq 5.0 \text{ mmol/L}$ ) (age-standardized estimate).

## Zvišana raven krvnega sladkorja (na tešče)

Moški, 2014



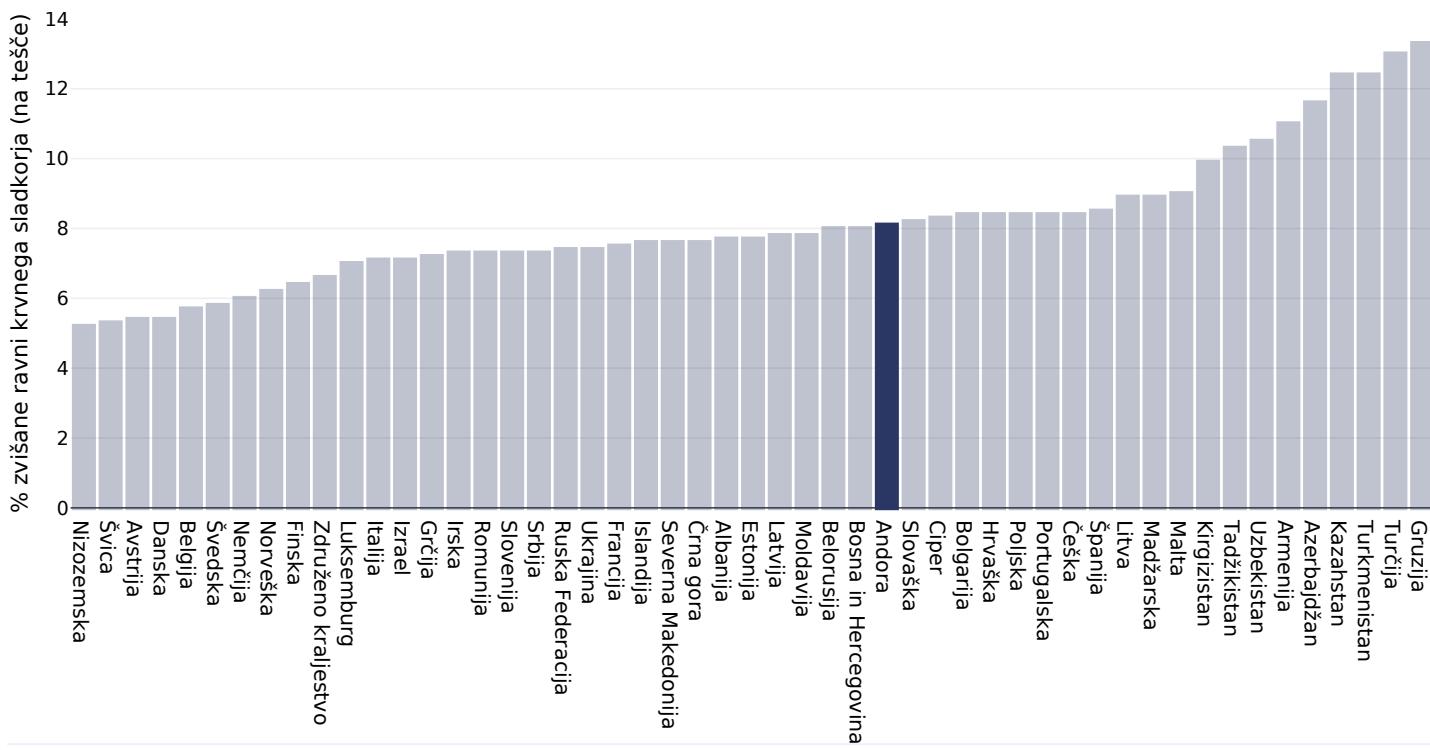
Literatura:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

## Ženske, 2014



Literatura:

Global Health Observatory data repository, World Health Organisation,

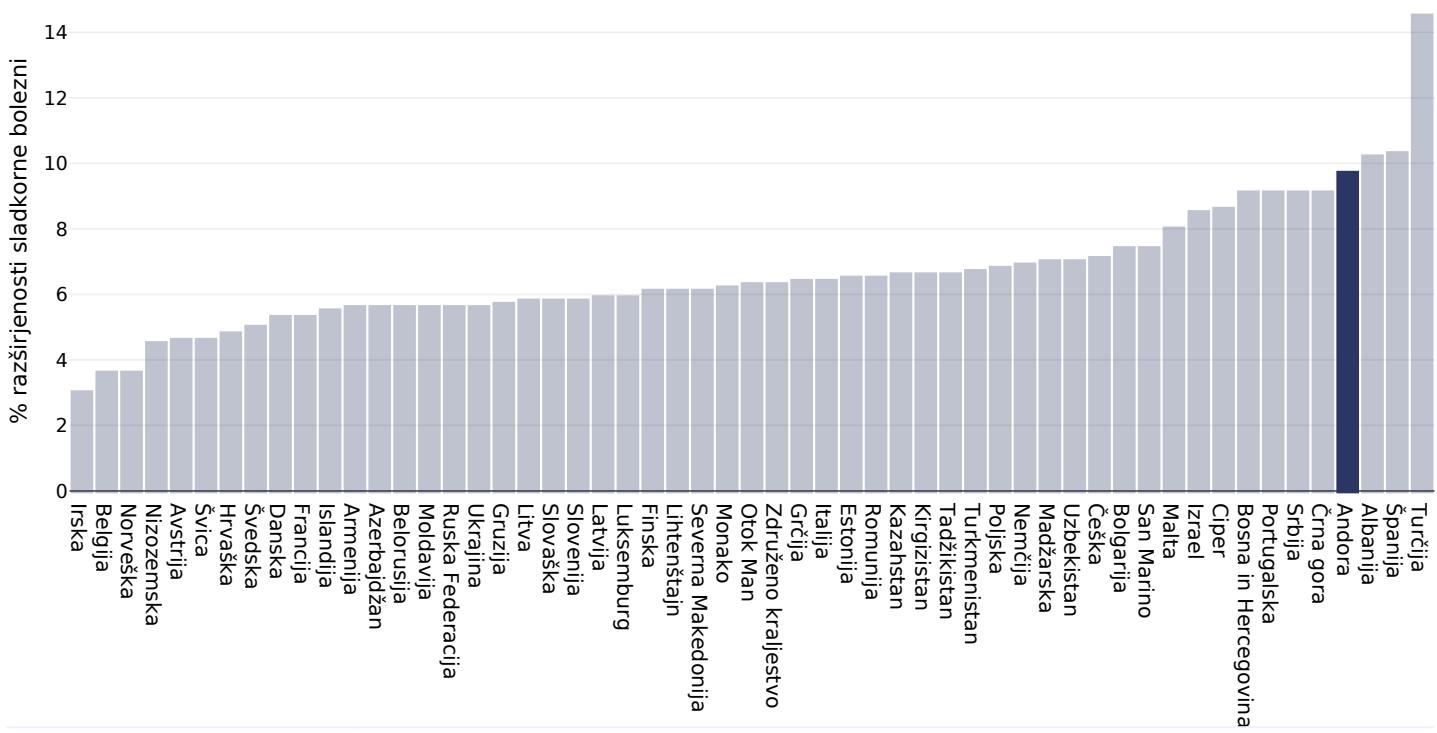
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

## Razširjenost sladkorne bolezni

Odrasli, 2021



Starost:

20-79

Zajeto območje:

Na državni ravni

Literatura:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definicije (na voljo samo v angleščini):

Age-adjusted comparative prevalence of diabetes, %

## Contextual factors

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



### Labelling

Is there mandatory nutrition labelling?



Front-of-package labelling?



Back-of-pack nutrition declaration?



Color coding?



Warning label?





## Regulation and marketing

**Are there fiscal policies on unhealthy products?**

Tax on unhealthy foods?

✗

Tax on unhealthy drinks?

✗

**Are there fiscal policies on healthy products?**

Subsidy on fruits?

✗

Subsidy on vegetables?

✗

Subsidy on other healthy products?

✗

**Mandatory limit or ban of trans fat (all settings)?**

Mandatory limit of trans fats in place (all settings)?

✗

Ban on trans-fats or phos in place (all settings)?

✗

**Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?**

Mandatory restriction on broadcast media?

✗

Mandatory restriction on non-broadcast media?

✗

Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?

✗

**Are there mandatory standards for food in schools?**

✗

**Are there any mandatory nutrient limits in any manufactured food products?**

✗

**Nutrition standards for public sector procurement?**

✗



## Political will and support

**National obesity strategy or nutrition and physical activity national strategy?**



National obesity strategy?



National childhood obesity strategy?



Comprehensive nutrition strategy?



Comprehensive physical activity strategy?



**Evidence-based dietary guidelines and/or RDAs?**



**National target(s) on reducing obesity?**



**Guidelines/policy on obesity treatment?**



**Promotion of breastfeeding?**



## Monitoring and surveillance

**Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?**



Within 5 years?



## Governance and resource

**Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?**



## Key



Present



Present (voluntary)



Incoming



Absent



Unknown