

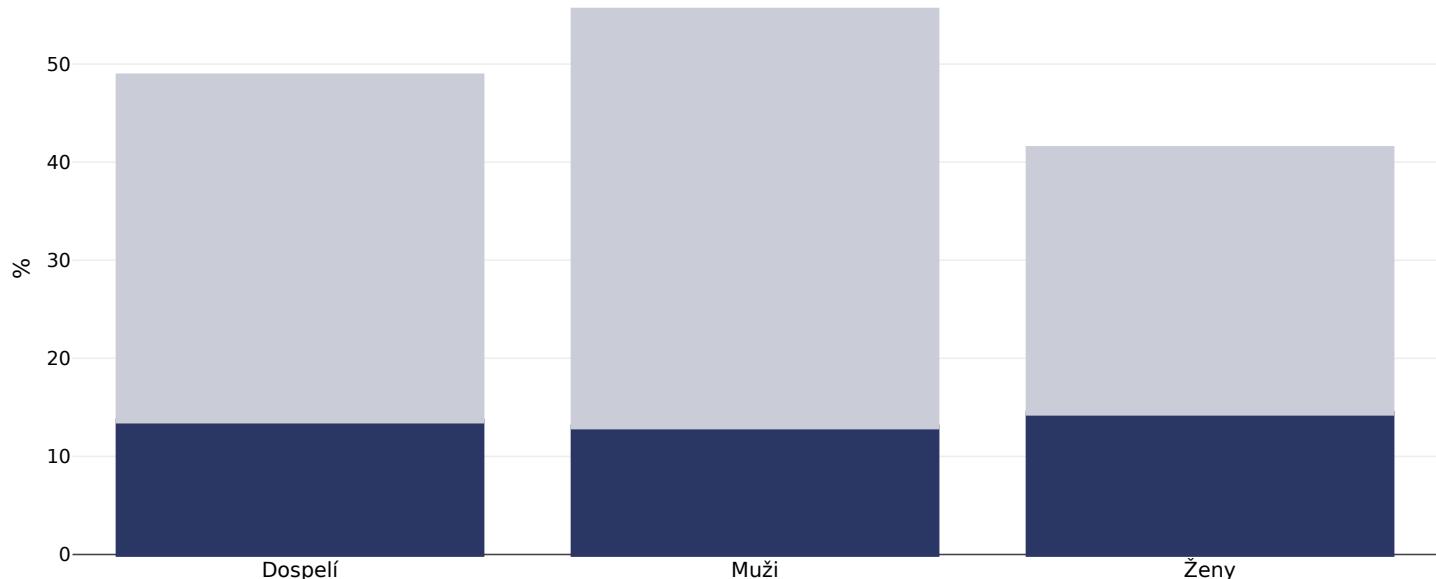
# Report card Andora



## Prevalencia obezity

Dospelí, 2017-2018

■ Obezita ■ Nadváha



Typ prieskumu:

Nameraná hodnota

Vek:

18-75

Veľkosť vzorky:

850

Dotknutá oblasť:

Národný

Odkazy:

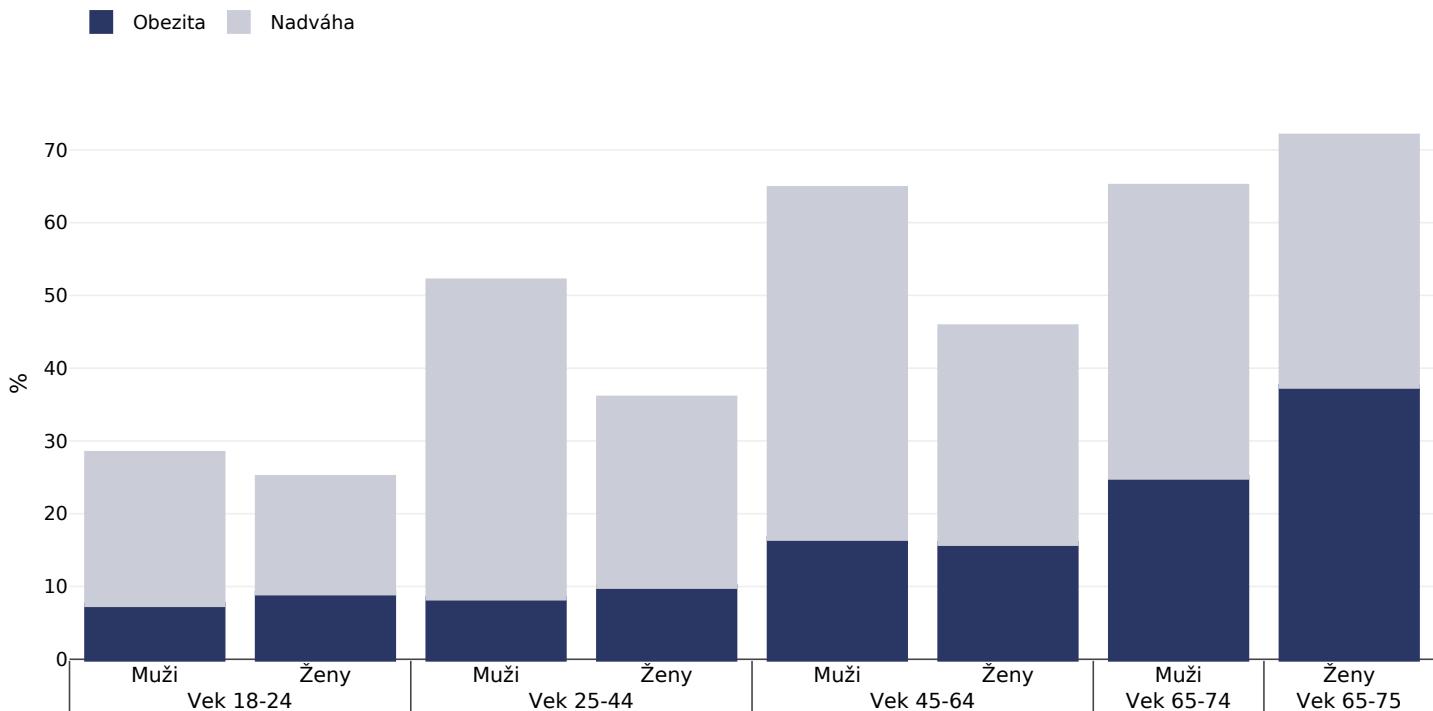
2a ENQUESTA NUTRICIONAL D'ANDORRA (ENA 2017-2018). Government of Andorra. Available at

[https://www.govern.ad/salut/item/download/856\\_fffdd95ca999812abc80e030626d6f7d](https://www.govern.ad/salut/item/download/856_fffdd95ca999812abc80e030626d6f7d) (last accessed 09.09.20)

Ak nie je uvedené inak, za nadváhu sa považuje, ak je BMI index medzi 25 kg a 29,9 kg/m<sup>2</sup> a za obezitu sa považuje, ak je BMI index vyšší ako 30 kg/m<sup>2</sup>.

## Nadváha/obezita podľa veku

Dospelí, 2017-2018



Typ prieskumu:

Nameraná hodnota

Veľkosť vzorky:

850

Dotknutá oblasť:

Národný

Odkazy:

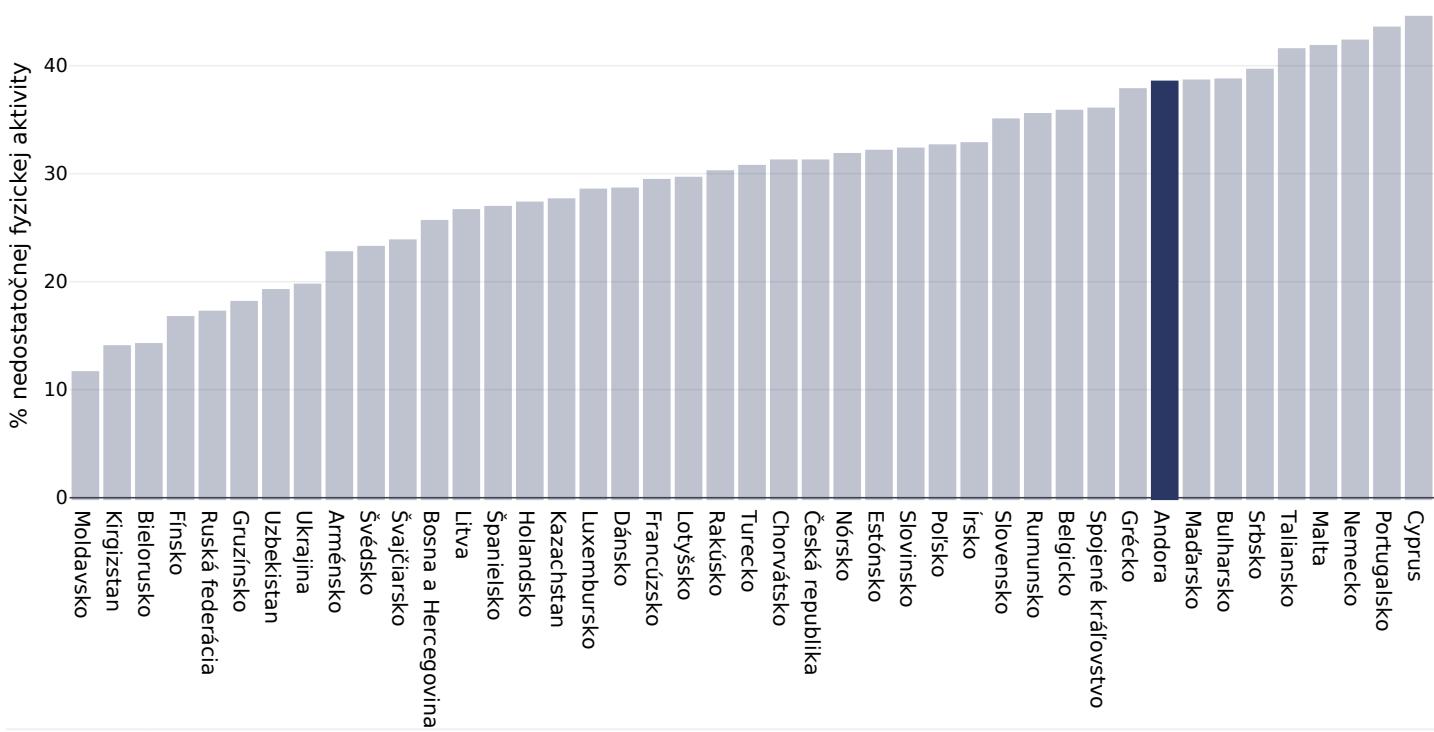
2a ENQUESTA NUTRICIONAL D'ANDORRA (ENA 2017-2018). Government of Andorra. Available at

[https://www.govern.ad/salut/item/download/856\\_fffdd95ca999812abc80e030626d6f7d](https://www.govern.ad/salut/item/download/856_fffdd95ca999812abc80e030626d6f7d) (last accessed 09.09.20)

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## Nedostatočná fyzická aktívita

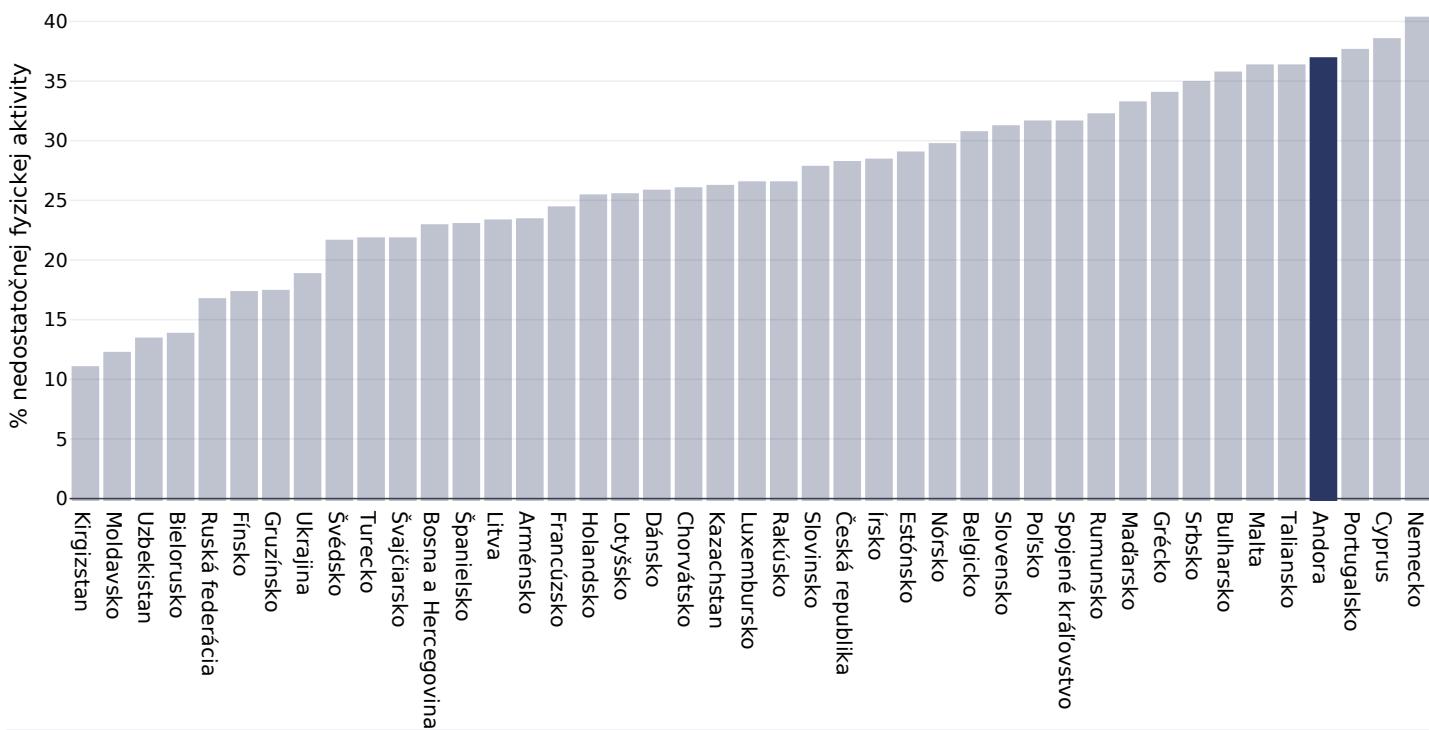
Dospelí, 2016



Odkazy:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

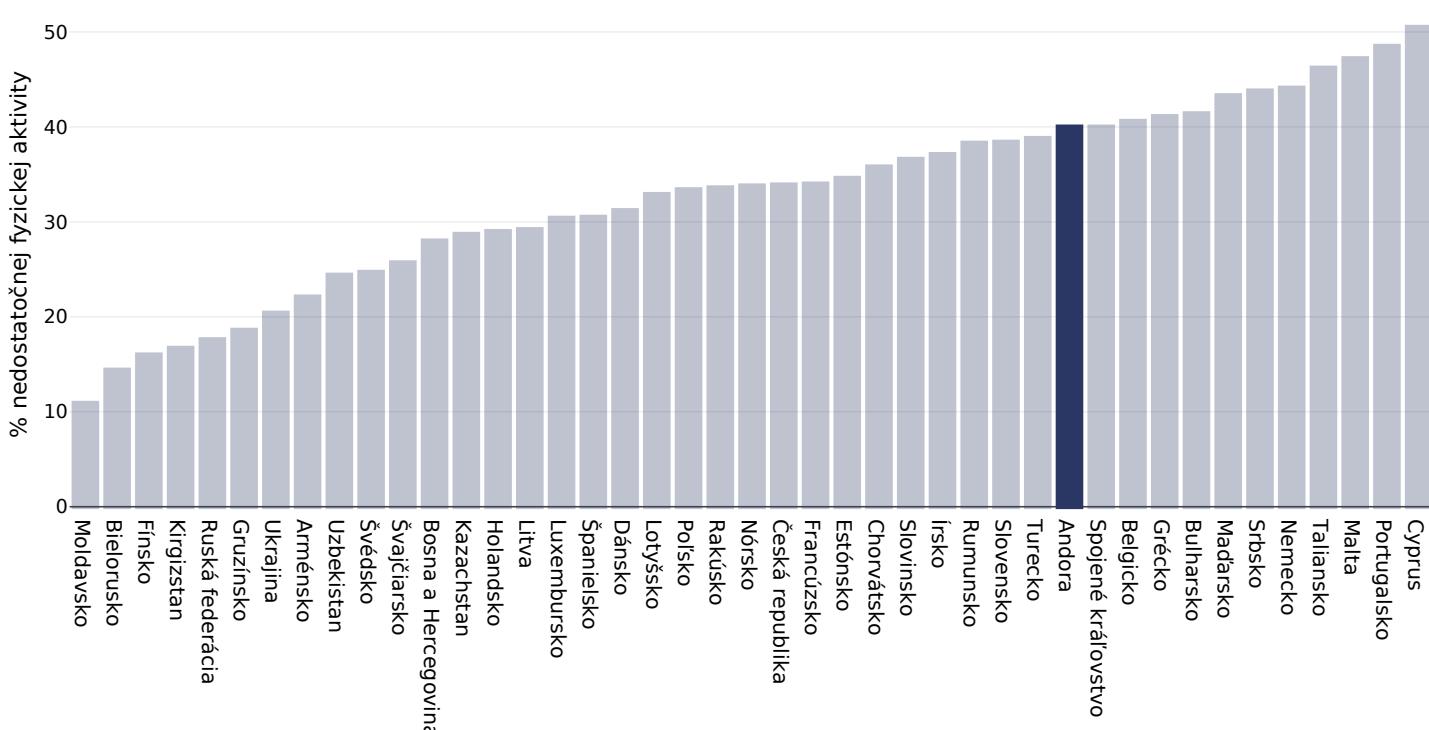
## Muži, 2016



Odkazy:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

## Ženy, 2016

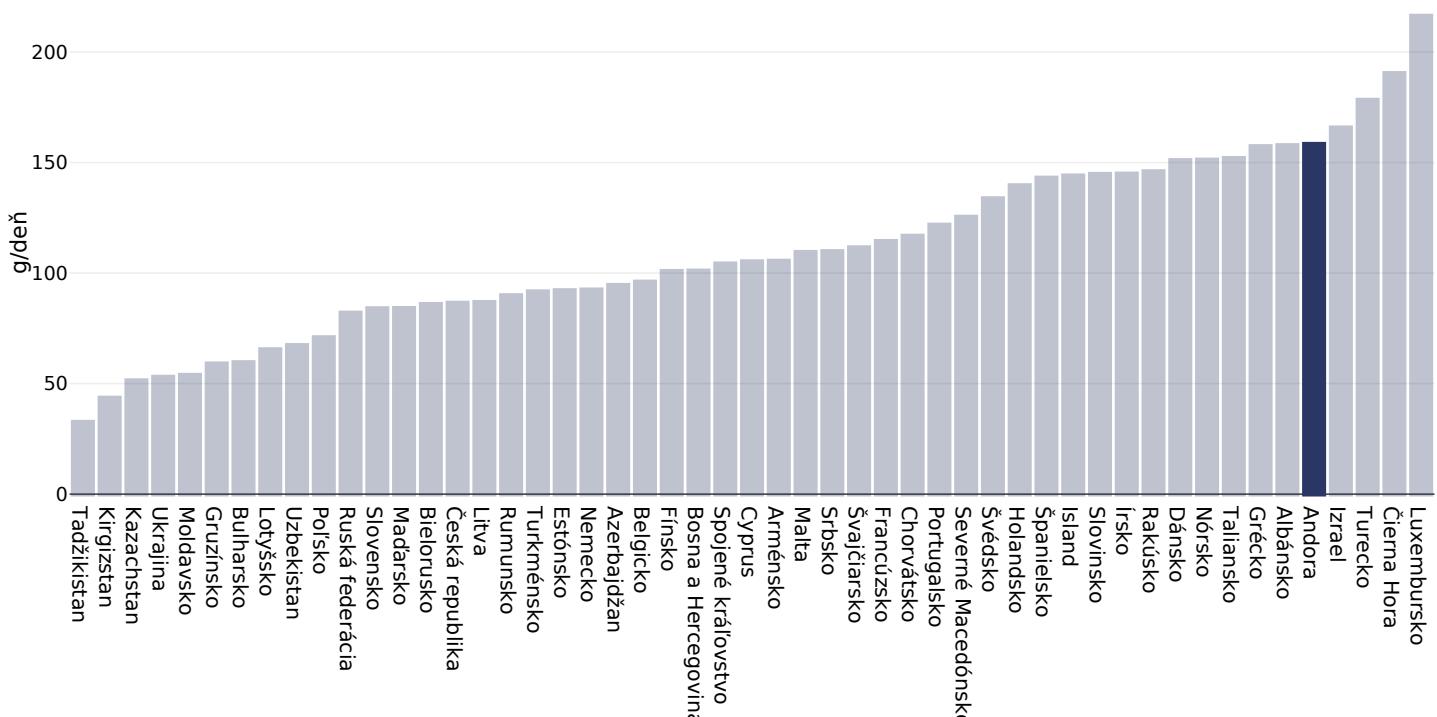


Odkazy:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

## Estimated per capita fruit intake

Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

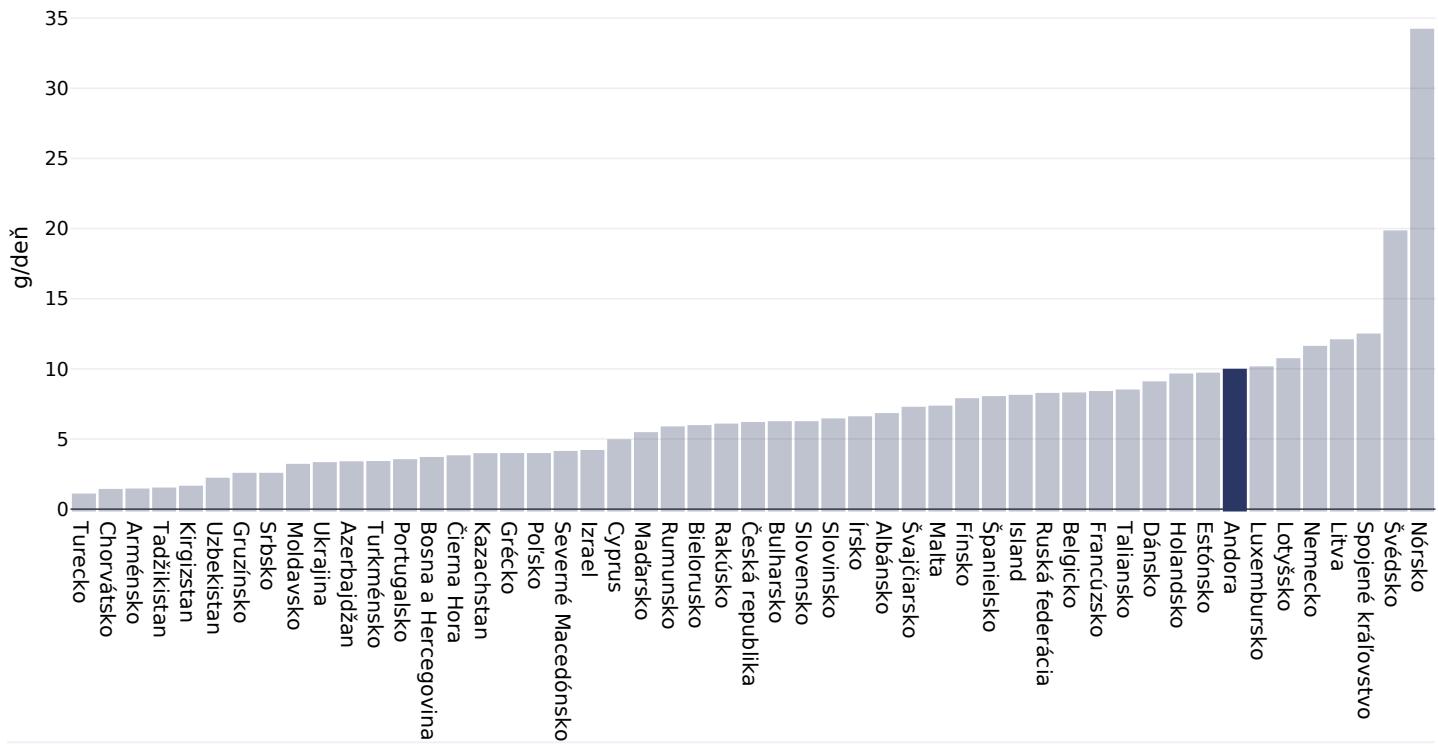
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k dispozícii iba v angličtine):

Estimated per-capita fruit intake (g/day)

## Odhadovaný príjem spracovaného mäsa na obyvateľa

Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

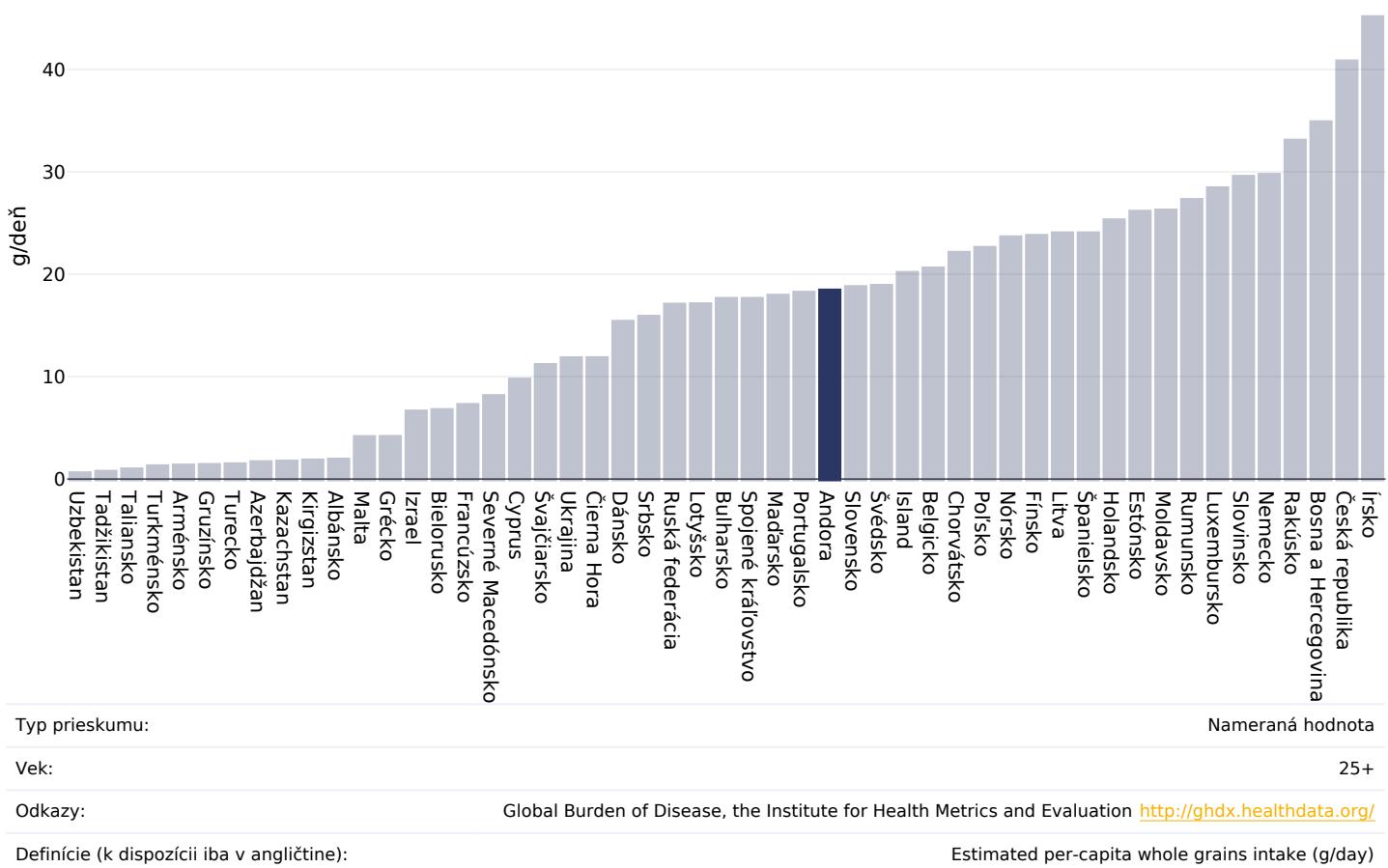
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k dispozícii iba v angličtine):

Estimated per-capita processed meat intake (g per day)

## Estimated per capita whole grains intake

Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

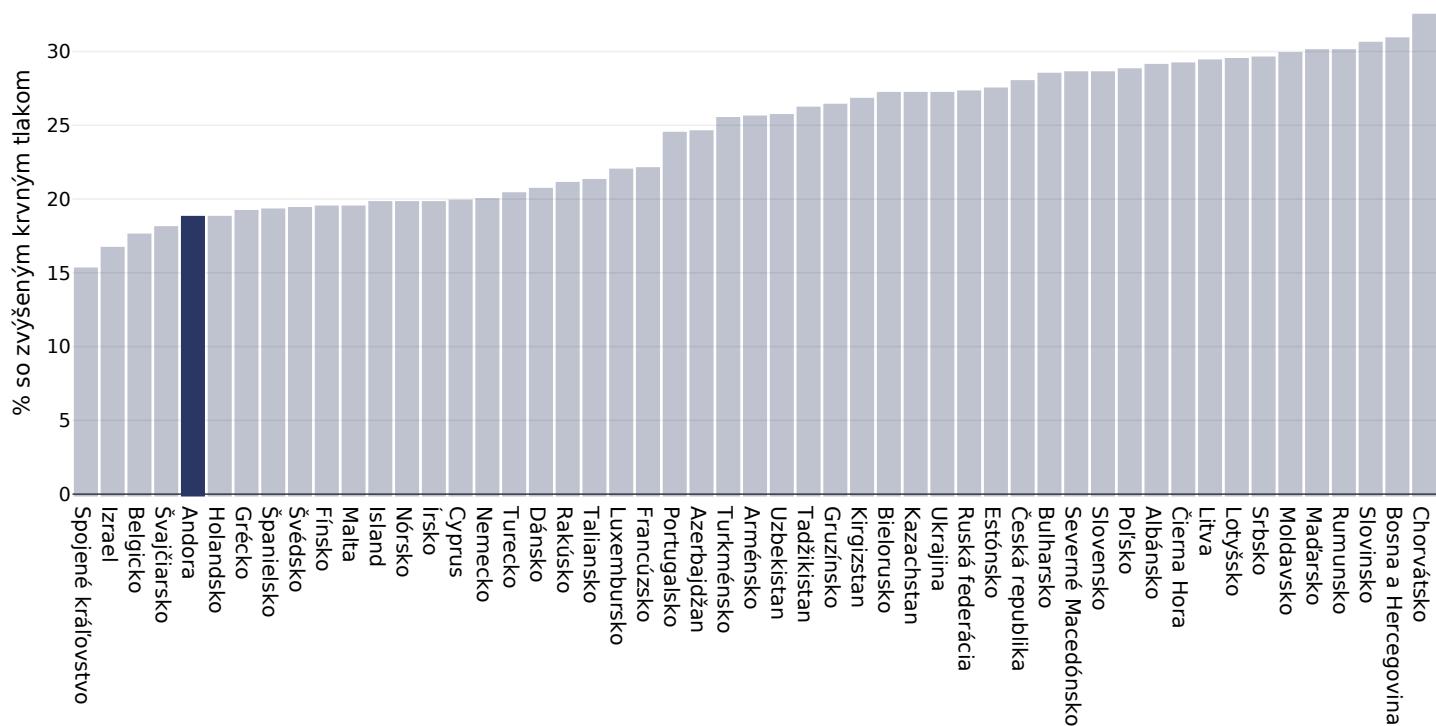
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k dispozícii iba v angličtine):

Estimated per-capita whole grains intake (g/day)

## Zvýšený krvný tlak

Dospelí, 2015



Odkazy:

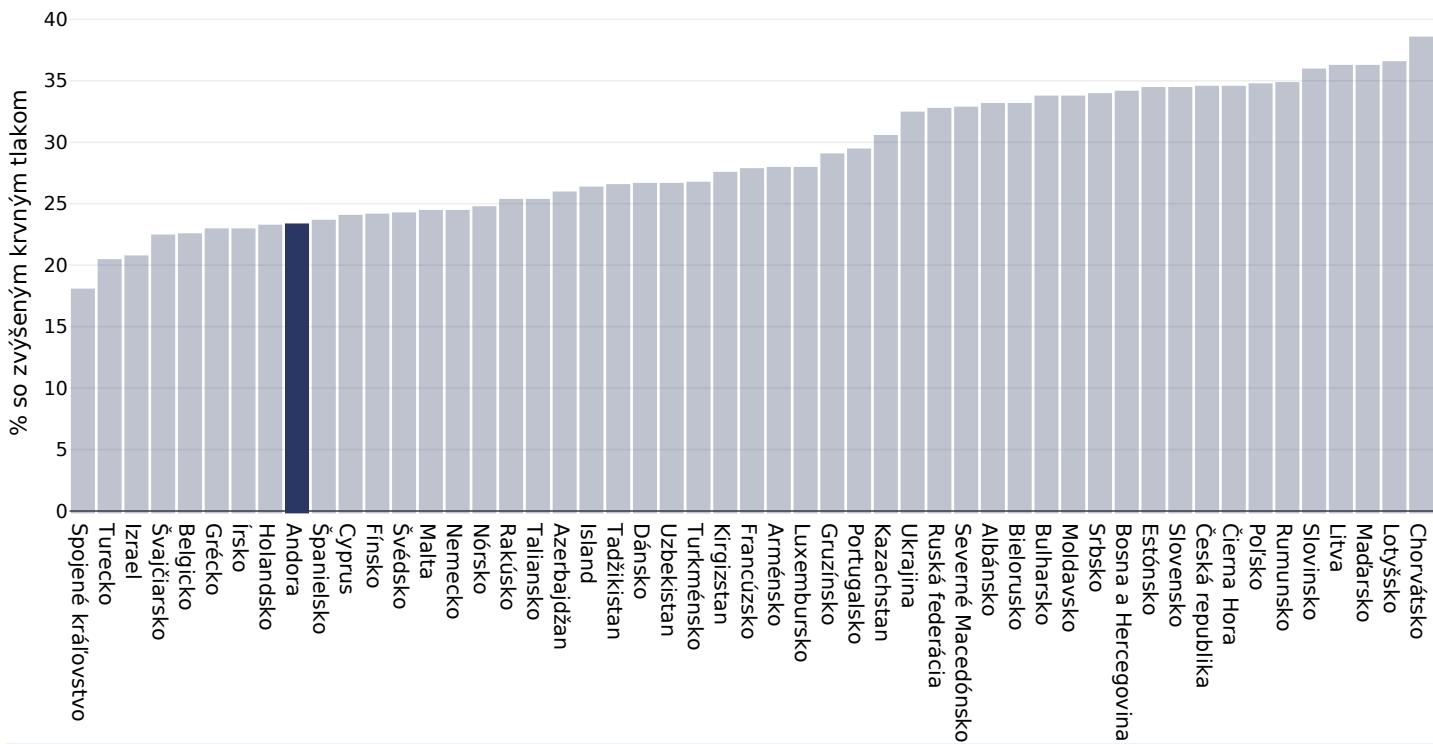
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Muži, 2015



Odkazy:

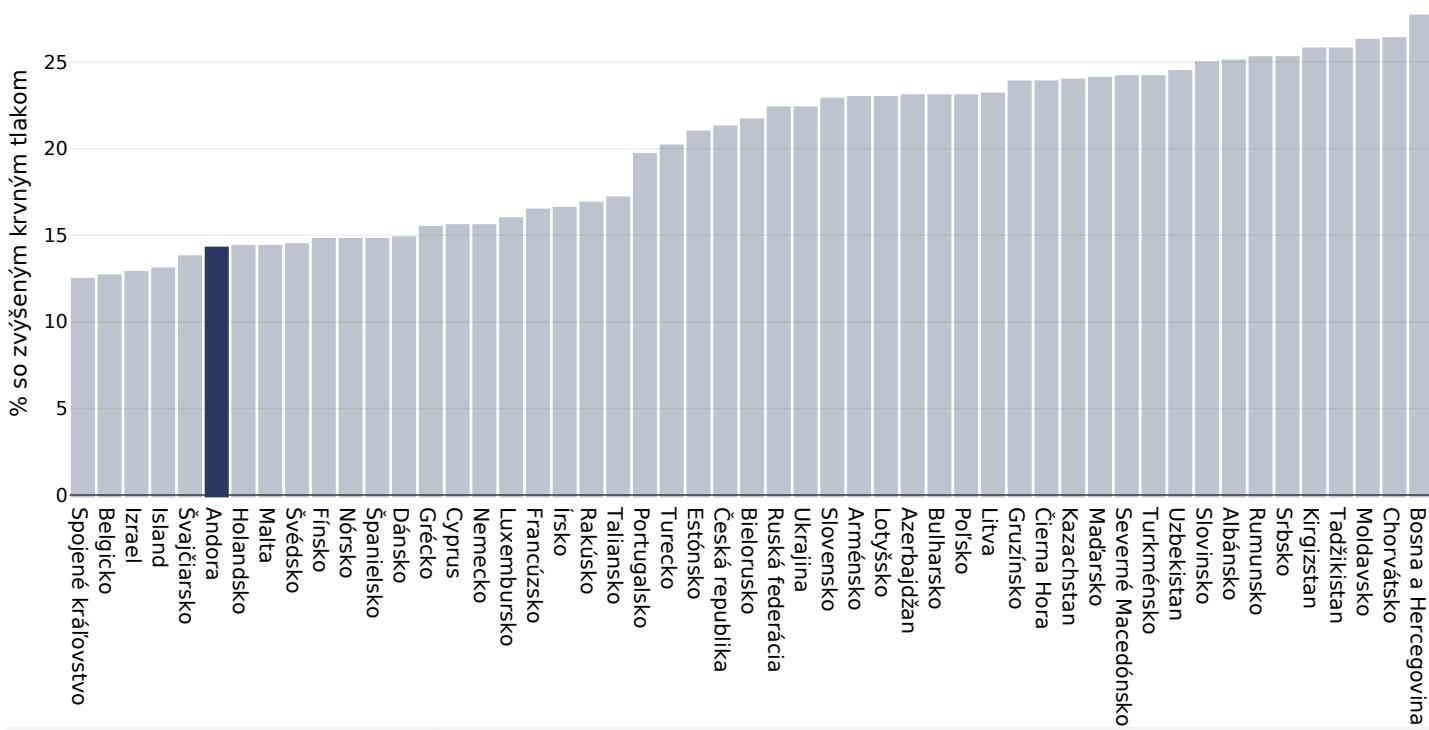
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Ženy, 2015



Odkazy:

Global Health Observatory data repository, World Health Organisation,

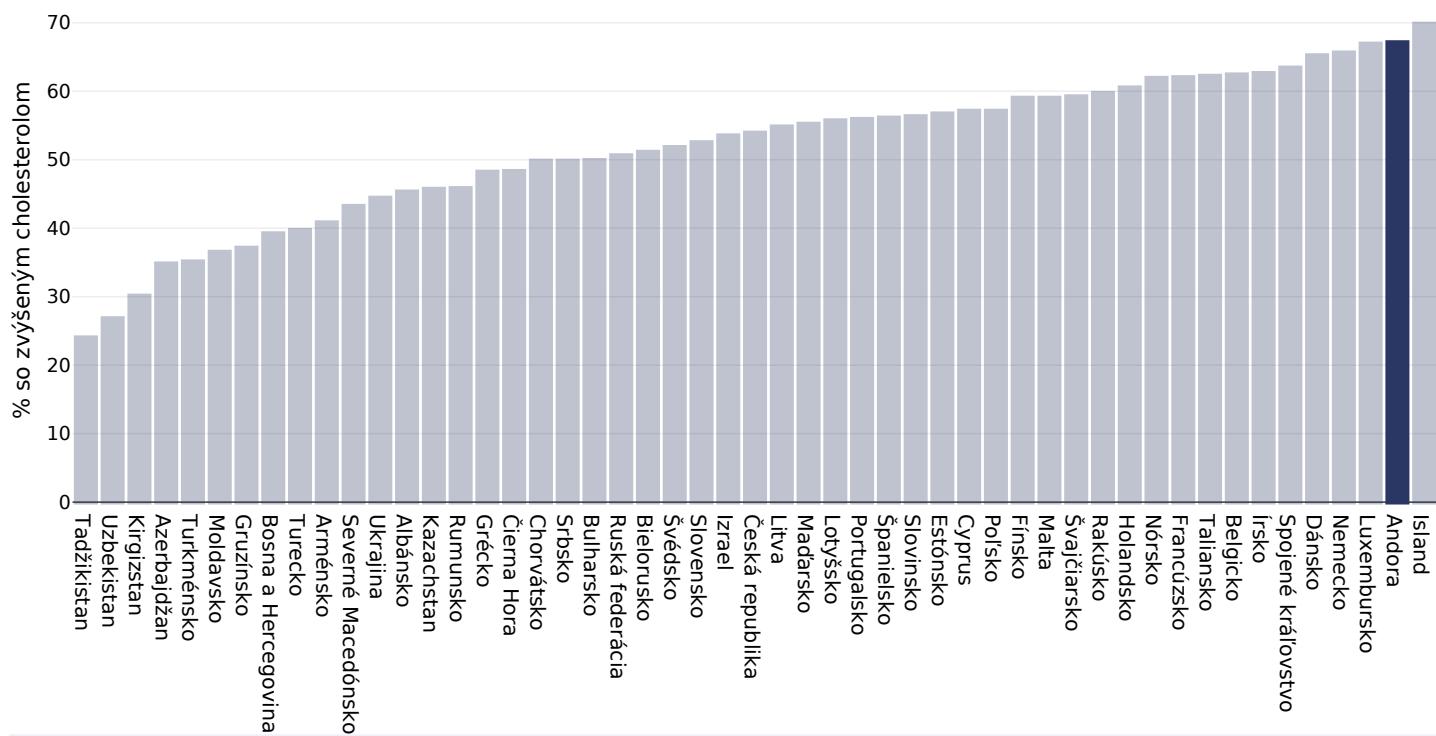
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Zvýšený cholesterol

Dospelí, 2008



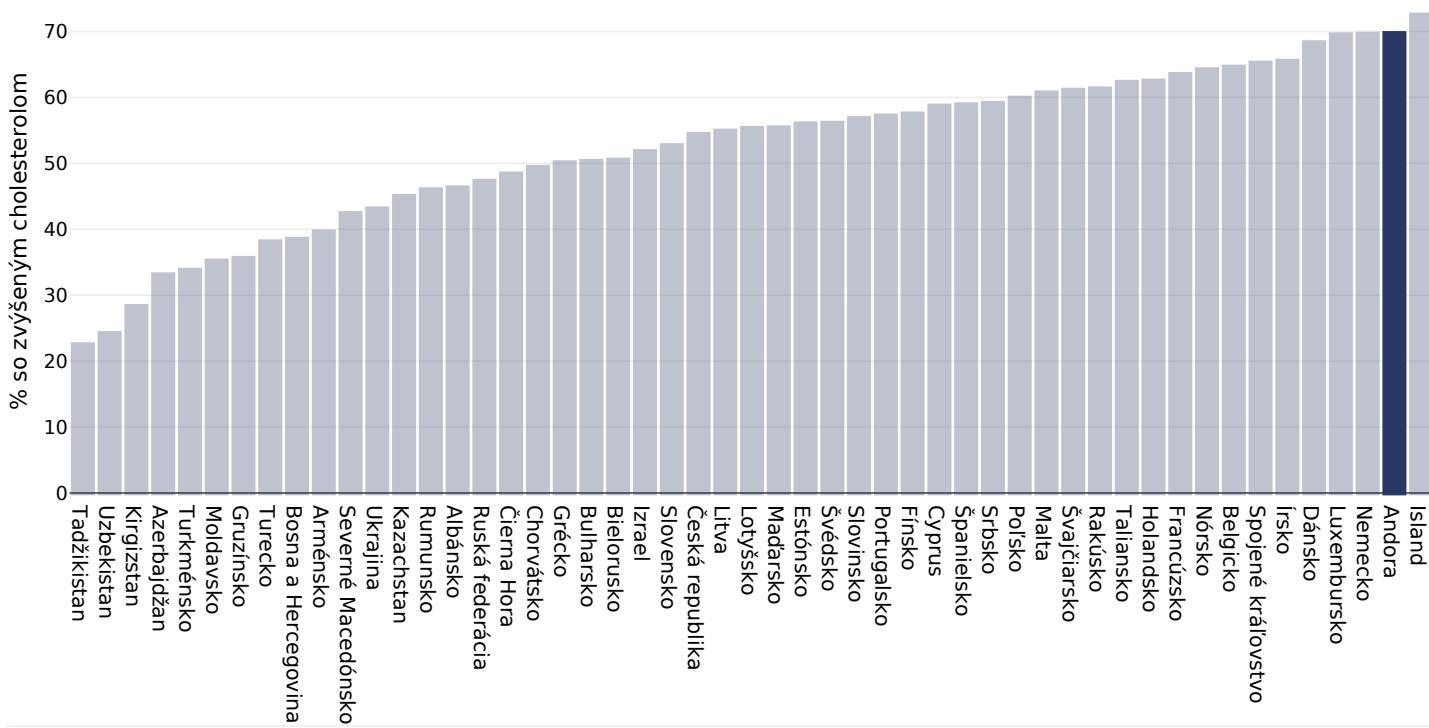
Odkazy:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A885>

Definície (k dispozícii iba v angličtine):

% Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Muži, 2008



Odkazy:

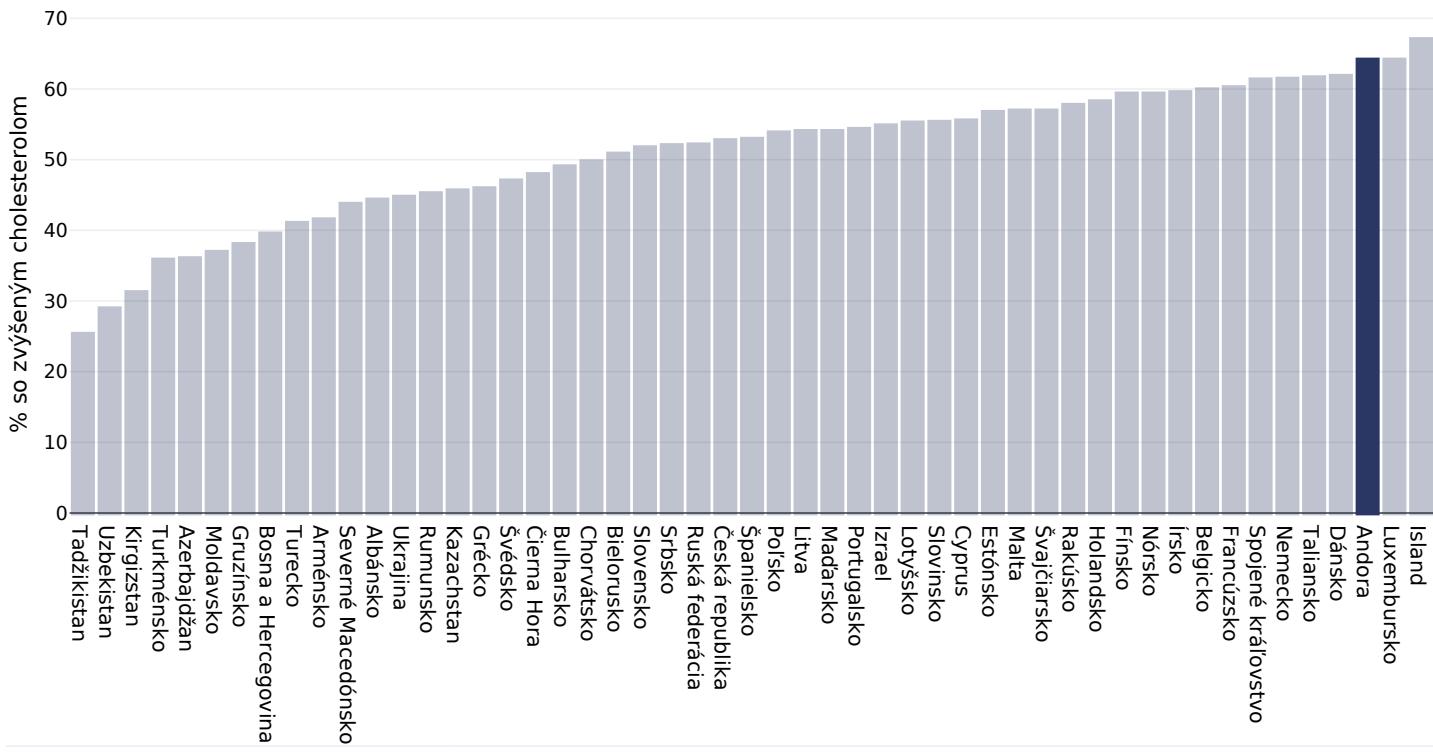
Global Health Observatory data repository, World Health Organisation,

<http://apps.who.int/gho/data/node.main.A885>

Definície (k dispozícii iba v angličtine):

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

## Ženy, 2008



Odkazy:

Global Health Observatory data repository, World Health Organisation,

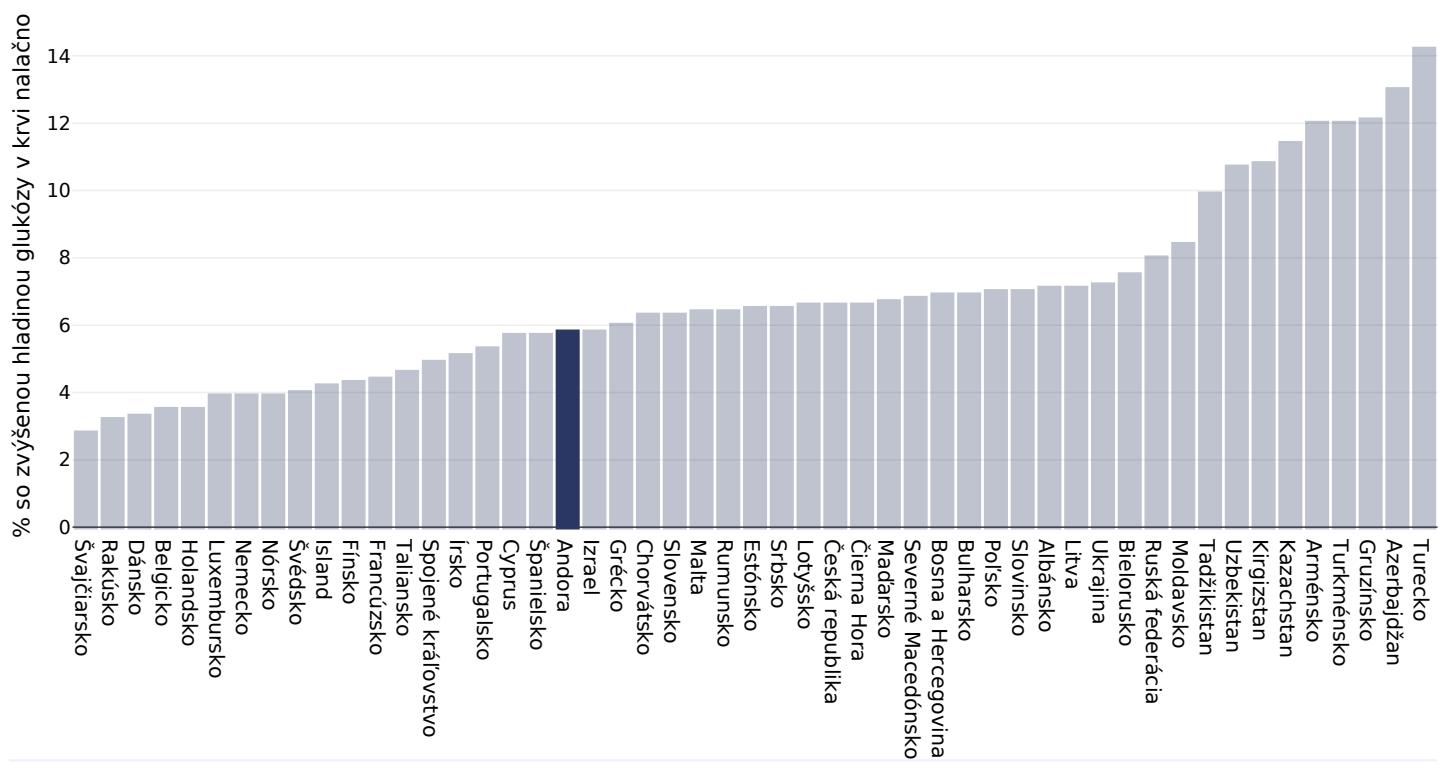
<http://apps.who.int/gho/data/node.main.A885>

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).

Definície (k dispozícii iba v angličtine):

## Zvýšená glukóza v krvi nalačno

**Muži, 2014**



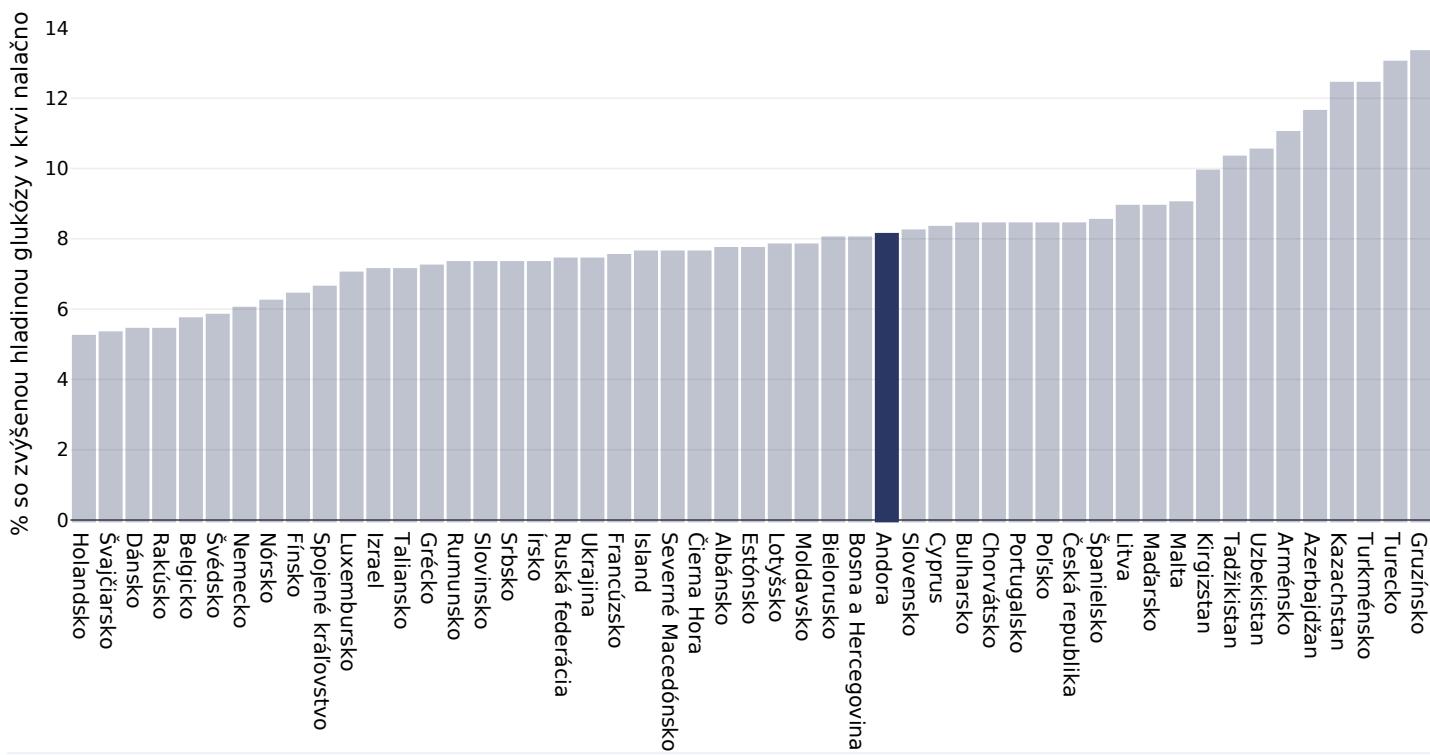
Odkazy:

Global Health Observatory data repository, World Health Organisation,  
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

## Ženy, 2014



Odkazy:

Global Health Observatory data repository, World Health Organisation,

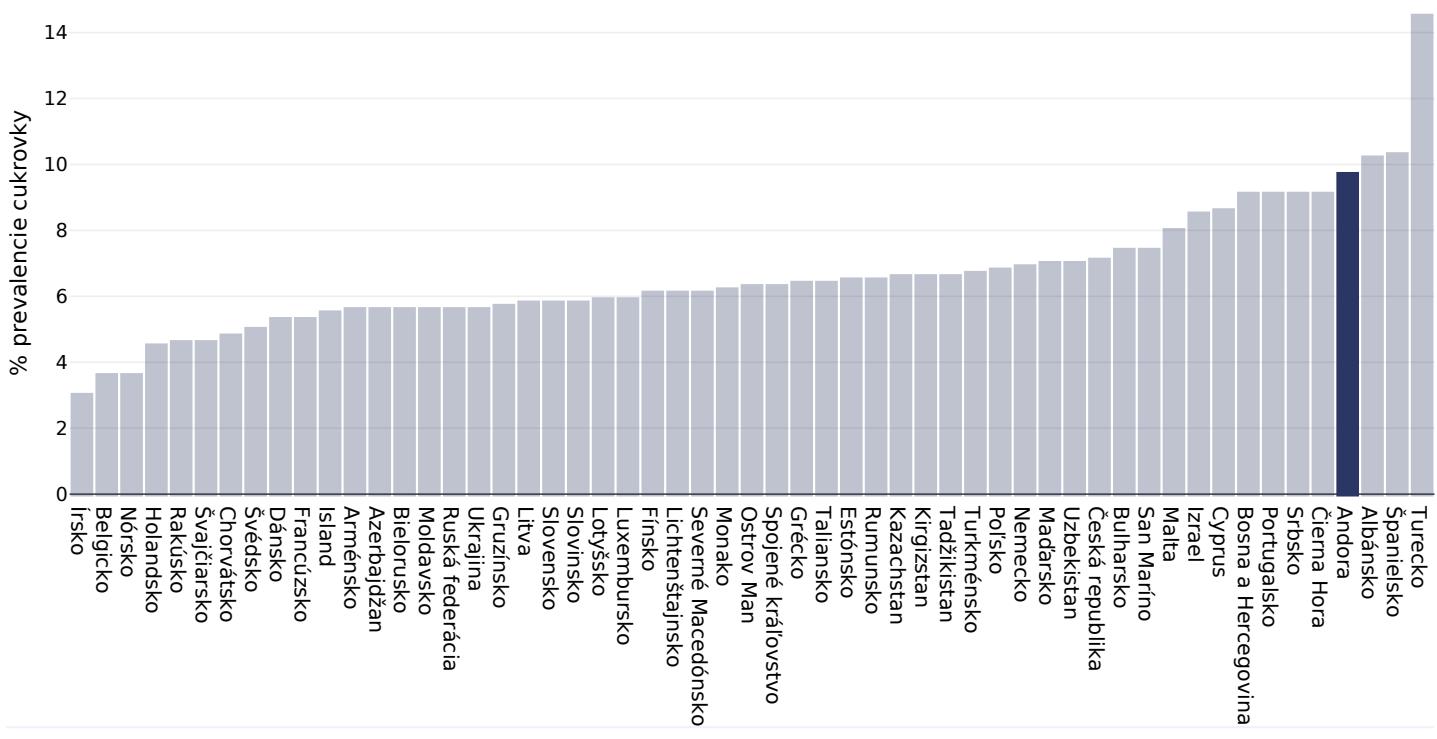
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

## Prevalencia cukrovky

Dospelí, 2021



Vek:

20-79

Dotknutá oblasť:

Národný

Odkazy:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definície (k dispozícii iba v angličtine):

Age-adjusted comparative prevalence of diabetes, %

## Contextual factors

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



### Labelling

Is there mandatory nutrition labelling?



Front-of-package labelling?



Back-of-pack nutrition declaration?



Color coding?



Warning label?





## Regulation and marketing

**Are there fiscal policies on unhealthy products?**

Tax on unhealthy foods?

✗

Tax on unhealthy drinks?

✗

**Are there fiscal policies on healthy products?**

Subsidy on fruits?

✗

Subsidy on vegetables?

✗

Subsidy on other healthy products?

✗

**Mandatory limit or ban of trans fat (all settings)?**

Mandatory limit of trans fats in place (all settings)?

✗

Ban on trans-fats or phos in place (all settings)?

✗

**Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?**

Mandatory restriction on broadcast media?

✗

Mandatory restriction on non-broadcast media?

✗

Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?

✗

**Are there mandatory standards for food in schools?**

✗

**Are there any mandatory nutrient limits in any manufactured food products?**

✗

**Nutrition standards for public sector procurement?**

✗



## Political will and support

**National obesity strategy or nutrition and physical activity national strategy?**



National obesity strategy?



National childhood obesity strategy?



Comprehensive nutrition strategy?



Comprehensive physical activity strategy?



**Evidence-based dietary guidelines and/or RDAs?**



**National target(s) on reducing obesity?**



**Guidelines/policy on obesity treatment?**



**Promotion of breastfeeding?**



## Monitoring and surveillance

**Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?**



Within 5 years?



## Governance and resource

**Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?**



## Key



Present



Present (voluntary)



Incoming



Absent



Unknown